

重点高中单词

1. staff

/stɑ:f/

阅

听

N. 员工

- **记忆法:**
 - 区分stuff (东西; /stʌf/)
- **考法:**
 - 集合名词: All our **staff** wear different coloured shirts
 - stuff=thing, 只不过不可数: the amount of **stuff** (东西的数量)
 - let my brothers use any of my **stuff**
- **拓展:**
 - 口语加分表达: I like that kind of **stuff**.

2. absence

/ 'æbsəns /

阅

N. (缺席) ; 不存在

• 记忆法:

• 考法:

- the absence of bedrock (基岩)
- skyscrapers (摩天大楼) are absent

• 拓展:

- 写作加分表达: Children can't get good education. → Children suffer from the absence of decent education.
- (Sb不能得到Sth → Sb suffer from the absence of Sth)

3. address

/ ə'dres /

阅

听

N. 地址 V. 处理（并解决）

• 记忆法：

• 考法：

- Email Address
- Complaints have been addressed.
- （写作评语） This is a high-level response which fully addresses the task.

• 拓展：

4. agriculture

/ 'ægrɪkʌltʃə(r) /

阅

听

N. 农业

- **记忆法:**
 - agri和acre (英亩; /^leɪkə(r)/) 同根: 土地
- **考法:**
 - 会拼写
- **拓展:**
 - agriculture和cultivate (耕种; 培养) 同根
 - 写作加分表达: This cultivates student's various capabilities.
 - 剑桥大学网页 (图)

🔍 cultivate

Search

Search powered by Funnelback

★ Shortlist (0)

🕒 History

🌐 All Results (1,496)

📄 Website (1,496)

🔗 Social Media (0)

📅 Events (0)

Refine your results

FORMAT

pdf	166
text/html	26
pptx	1
doc	1

1 - 10 of 1,496 search results for cultivate

Sort: Relevance ▾

Limit: 10 ▾

Free resources for early years professionals identify 'common...

<https://news.educ.cam.ac.uk/free-resources-early-%20years-common-elements>

Search site. Faculty of Education News. Free resources for early years professionals identify 'common elements' that **cultivate** essential cognitive and social-emotional skills.

5. assistant

/ ə'sɪstənt /

听

N. 助理

- **记忆法:**
 - 和assist同根
- **考法:**
 - Administrative **assistant** (行政助理)
- **拓展:**
 - 简历英文 (图)
 - I helped to organize the activities. → **Assisted** in activity organization.

5. assist

N. 助理

• 记忆法:

• 考法:

• 拓展:

• 和

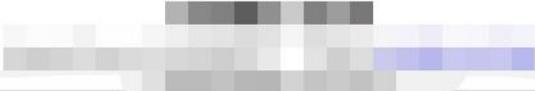
• Adm

• 简历

• I hel



上海财经大学 MBA 项目招生办公室



Objective
Banking Industry

Education Background
2005.9 ~ 2009.6 **Shanghai Institute of Foreign Trade (SIFT) Shanghai, China**
Bachelor of Arts degree in law (B.A.), expected 2009
Major Courses: International Economic Law, International Finance, Accounting, Marketing etc

Professional Experience
2008.1 ~ 2008.2 **Bank of China, Shanghai ZhongDa Branch (Internship)**
• Good working knowledge of banking practice, communicating with customers

2007.7 ~ 2007.8 **United Securities Co., Ltd, Shanghai west Changqiang Road Sales Department**
[Associate Investment Manager]
• Learned skills in market analyzing and professional sales techniques
• Successfully developed some potential customers for the company

2006.9 ~ 2007.4 **Daylight (China) Co., Ltd [Sales Representative]**
• Established a work team and led discussion in meetings when needed
• Mastered knowledge of the products and finally rank 2nd among the entire community

2006.7 ~ 2006.8 **Shanghai Horizon Market Research Co., Ltd [Researcher]**
• Successfully arranged and conducted phone and indoor interviews across the city
• Worked with different teams and finished questionnaires seriously

Extracurricular Activities
2006.9 ~ 2008.6 **Human Resources Services Company of SIFT [Marketing Manager]**
• Totally provided 20 positions for schoolmates; invited 8 enterprises to take part in annual school recruitment; established the original human resources database

2007.7 ~ 2007.8 **Summer Special Olympic Games in 2007 [Volunteer]**
• Charity sale in Yu Garden bilingually and promote sales of items successfully

2006.9 ~ 2007.6 **English Club [Vice President]**
• Coordinated affairs of the society including raising funds from corporate sponsors for our society; organized English Corner, educational lectures and outdoor practice

2006.3 ~ 2006.12 **Students' Entrepreneurship Center (Marketing Department) [Assistant]**
• Researched materials of competition, government policies, social factor concerning starting one's own business; focused on marketing plans

Honors and scholarships
• **Academic:** National Scholarship, 1st Scholarship (once, 1 student/semester) in 2007-2008
Scholarship for Outstanding Students, 3rd Scholarship (twice, top 10%) in 2006-2007
Excellent Individual of Summer Practice and 2nd Place for Social Articles in 2006-2007
• **Social:** Excellent Marketing Manager in Human Resources Services Company of SIFT
Excellent Individual of Honor of Work for Study in 2006-2007
Excellent Representative in Sports, Law School in 2007-2008

Certificates and Skills

ted in activity organization.

6. contribute to

/ kən'trɪbjʊ:t tu /

阅

听

导致

• 记忆法:

• 考法:

中性短语:

- contribute to better performance
- contribute to urban heat

• 拓展:

- to是介词, 后面加【名词】
- contribute to urban heat = contribute to making the city hotter

7. custom

/ 'kʌstəm /

阅

N. 风俗

- **记忆法:**
 - 区分customer (顾客)
 - custom: (习惯性的) 光顾
 - 区分costume (服装; /'kɒstju:m/; cosplay)
- **考法:**
 - local **custom** (当地风俗)
 - **customer** service (顾客服务)
 - people in **costume** (穿着 (特定) 服装的人)
- **拓展:**

8. determined

/ dɪ'tɜːmɪnd /

阅

听

Adj. 意志坚定的

- **记忆法:**
 - 来自determine (决定)
- **考法:**
 - He is a **determined** young man.
 - 区分: be determined by (由...决定)
- **拓展:**

9. develop

/dɪ'veləp/

阅

听

V. 发展；（房地产）开发

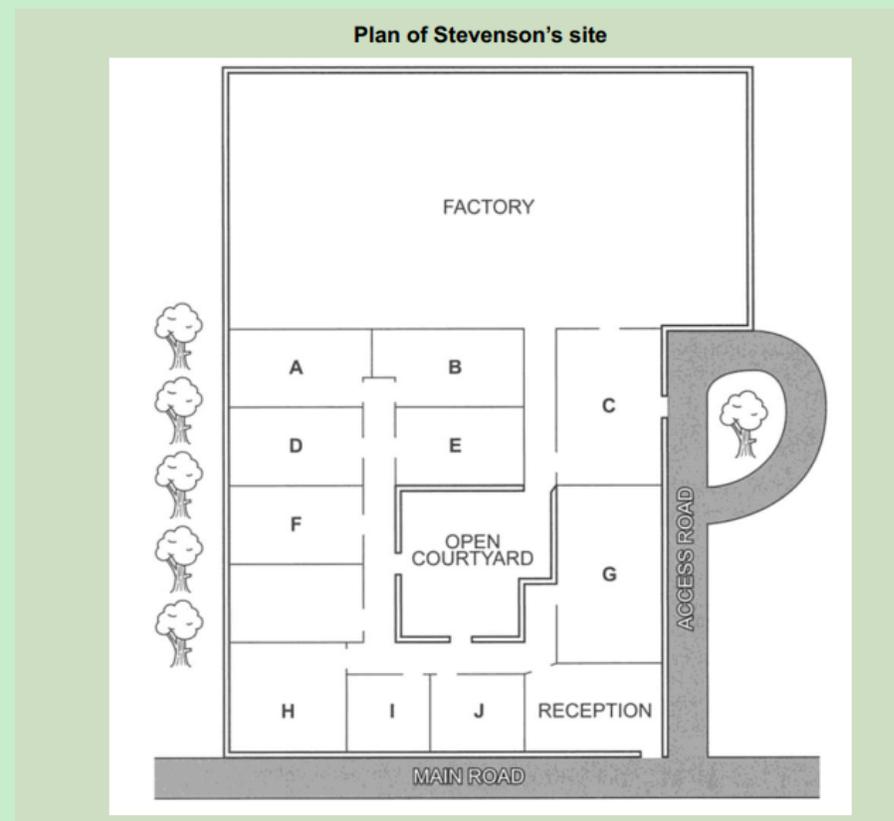
• 记忆法：

• 考法：

- development of both sites (场地)
- 图

• 拓展：

- developing country (发展中国家)
- developed country (发达国家)



10. consequence

/'kɒnsɪkwəns /

阅

听

N. (不好的) 后果

• 记忆法:

• 考法:

- terrible consequences
- unexpected consequences
- These enhancements (提升) are not without consequences.

• 拓展:

- 写作加分表达: As a consequence/Consequently, 句子.

11. direction

/ də'rekʃ(ə)n /

阅

听

N. 1) 方向; 2) 指令

• 记忆法:

- 考法:
- in the opposite **direction**
 - make something simple without being given any **direction**

- 拓展:
- 指令: instruction

12. manage

/ 'mænidʒ /

阅

听

V. 1) 设法 (搞定) ; 2) 管理;

• 记忆法:

• 考法:

- (说了一大堆需求之后) Could you manage that?
- manage a company

• 拓展:

- stock management (库存管理)
- Communications Manager (公关经理)

13. position

/ pə'zɪʃ(ə)n /

阅

听

N. 1) 姿势; 2) 职位

• 记忆法:

• 考法:

- standing positions
- This is a position for a receptionist (接待员) .

• 拓展:

- 写作评语: This response presents a clear position. (立场)

14. secretary

/ 'sekɹət(ə)ri /

听

N. 秘书

- **记忆法:**
 - 和secret (秘密) 同根
- **考法:**
 - 注意读音
- **拓展:**
 - **Secretary** of State: 美国的国务卿
 - **Secretary** General: 联合国秘书长
 - General **Secretary**: 中国共产党的总书记

15. shortcoming

/ 'ʃɔ:tkʌmɪŋ /

阅

V. 缺点

• 记忆法:

• 考法: • human shortcomings

In many countries, people are now living longer than ever before. Some people say an ageing population creates problems for governments. Other people think there are benefits if society has more elderly people.

To what extent do the advantages of having an ageing population outweigh the disadvantages?

• 拓展:

- 【利弊类写作题目】加分表达
- 开头段表态: I think the advantages outweigh the disadvantages. → I argue that the benefits surpass the potential shortcomings.

16. attend

/ ə'tend/

阅

听

V. 参加

- **记忆法:**
 - tend的趋向性; 或: 结合attention
- **考法:**
 - attend meetings
 - attending high school
- **拓展:**

17. case

/ keɪs /

阅

听

N. 1) 情况; 2) 案例

• 记忆法:

• 考法:

- - If this is the case, ...
- - That is still the case today.
- - Why might this be the case? (作文题目)
- - A case study

• 拓展:

- 图
- 图

The Light Ink Expression in Chinese Calligraphy

A Case Study of Wen ZhengMing's Calligraph Work



18. curious

/ 'kjʊəriəs /

阅

Adj. 不寻常的

- 记忆法:
- 考法:
 - this curious document
- 拓展:

19. employ

/ ɪm'plɔɪ /

阅

听

V. 使用

• 记忆法:

• 考法: • employ a technique (技术)

• 拓展: • employee: 雇员
• employer: 老板

20. encourage

/ ɪn 'kʌrɪdʒ /

阅

听

V. 促进

• 记忆法:

• 考法: • encourage grass growth

• 拓展:

21. fortune

/'fɔ:tʃu:n/

阅

听

N. 1) 运气; 2) 财富

• 记忆法:

• 考法: • inherit (继承) a fortune

• 拓展: • 写作高分表达: Students should not only think about money. → Fortune should not be the sole consideration for students.



Fortuna福尔图娜

22. fuel

/'fju:əl/

阅

听

N. 燃料 V. 刺激 (导致)

• 记忆法:

• 考法:

- Much of the forest destruction (破坏) is fuelled by the cultivation (耕种) of the country's staple crop (主要粮食作物).

• 拓展:

- 写作高分表达: Fortunate should not be the sole consideration for students. However, students can indeed be fueled by financial encouragement.

23. obtain

/ əb'teɪn /

阅

N. 获得

- **记忆法:**
 - 结合gain (V. 获得)
- **考法:**
 - obtain the island
- **拓展:**
 - obtain和gain都是写作中【get】的7分+的替换:
 - get good money in work → obtain/gain decent (体面的) payment

24. overlook

/ ,əʊvə'lu:k /

阅

听

V. 1) 眺望; 2) 忽略

- **记忆法:**
 - “over” : 在...上面
- **考法:**
 - overlook the Calf of Man (一个景点名字)
 - overlook the impact (影响)
- **拓展:**

25. substitute

/'sʌbstɪtju:t /

阅

N. 替代物

- **记忆法:**
 - sub: 在...下面; stit: 和stand同根
 - substitute: 在下面站着, 随时准备 (取代XX)
- **考法:**
 - These **substitutes** are cheaper.
- **拓展:**

口语Part3高分表达:

 - 考官: Do you think XX is important for the young generation?
 - 我: It's very important. Actually, I think there is **no substitute for** XX.

26. discriminate

/ dɪˌskrɪmɪˈneɪʃn /

阅

V. 1) 歧视; 2) 区分

• 记忆法:

• 考法: • discriminate between A and B

• 拓展:

27. professional

/ prə'feʃən(ə)l /

阅

听

N. 专家 Adj. 1) 专业的; 2) 和职业相关的

• 记忆法:

- 考法:
- professionals, such as doctors and engineers
 - professional interests

- 拓展:
- profession: 职业=occupation

28. secure

/ sɪ'kjʊə(r) /

阅

听

Adj. 安全的 V. 使...安全

• 记忆法:

- 考法:
- a secure future
 - secure your booking (预定)

- 拓展:
- 口语Part3高分表达:
- 考官: Do you think XX is important for the young generation?
 - 我: It's very important. Actually, it gives us a sense of security.

29. competitive

/ kəm'petətɪv /

阅

听

Adj. 1) 竞争激烈的; 2) 具有竞争力的; 3) 好胜的

• 记忆法:

- 考法:
- a competitive job market
 - a very competitive salary
 - a competitive attitude

• 拓展:

30. decline

/ dɪ'klaɪn /

阅

听

V. 下降 N. 下降

• 记忆法:

• 考法:

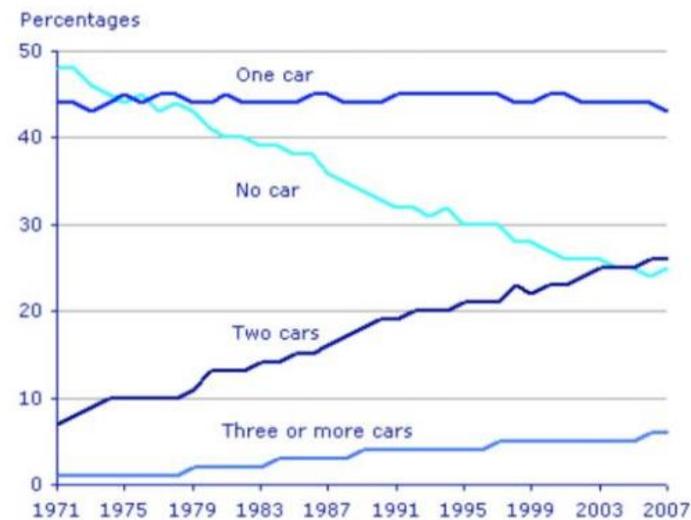
- decline and extinction (灭绝)
- be in decline
- be on the decline

• 拓展:

- 也是雅思小作文【必备词汇】
- 图

Line graph: Car ownership

The graph below gives information about car ownership in Britain from 1971 to 2007.



Households with regular use of a car, Great Britain

31. devise

/ dɪ'vaɪz/

阅

V. 设计

- **记忆法:** • 结合device (N. 设备)
- **考法:** • devise a way
• devise a method
- **拓展:** • 写作里可以替换【design】

32. agency

/ 'eɪdʒənsi /

听

N. 中介

• 记忆法:

• 考法: • Job Agency

• 拓展: • Employment Agency
• Recruitment (招募) Agency

33. decade

/'dekeɪd /

阅

听

N. 十年

• 记忆法:

- 考法:
- a decade ago
 - two decades ago
 - decades ago

• 拓展:

34. bother to do

/ 'bɒðə(r) /

阅

听

费力做某事

• 记忆法:

• 考法:

- People no longer **bothered to** clear away the grass.
- In that case, I won' t even **bother to** look.

• 拓展:

口语Part3加分表达:

- 考官: Do you think it's necessary to do XX?
- 我: No, I don't think so. I mean, **why bother**? Because...

35. hollow

/ 'hɒləʊ /

阅

Adj. (中部) 空的

- 记忆法:
- 考法:
 - hollow bamboo
- 拓展:

36. valid

/'vælɪd /

阅

Adj. 成立的，正确的

• 记忆法： • 和value同根

• 考法：
• valid definitions
• valid ideas

Some people say that advertising is extremely successful at persuading us to buy things. Other people think that advertising is so common that we no longer pay attention to it.

Discuss both these views and give your own opinion.

• 拓展：写作的【两种看法类题型】高分表达：

• 图

• While the former view sounds **valid**, I argue that in most cases, the latter one makes more sense. (开头段的表态句)

37. invade

/ in'veɪd /

阅

V. 入侵

- **记忆法:**
 - 词根vad表示: 走
- **考法:**
 - invade Scotland
- **拓展:**
 - invader (N. 入侵者)
 - evade (V. 逃跑)

38. religious

/ rɪ'liʤəs /

阅

听

Adj. 宗教的

- **记忆法:**
 - 结合religion (N. 宗教)
- **考法:**
 - **religious** conviction (信仰)
- **拓展:**
 - 【写作+口语】外能句式:
 - People from different regional, **religious**, and cultural backgrounds may differ vastly on this issue. However, I argue that...

39. adapt

/ ə'dæpt /

阅

听

V. 1) (使) 适应; 2) 改编

- **记忆法:**
 - 区分adopt (采用)
- **考法:**
 - adapt to future challenges
 - are adapted to the extreme conditions
 - The novel has been adapted for theatre and cinema.
- **拓展:**
 - adaptation (改变; 改编)

40. book

/bʊk/

听

V. 预定

• 记忆法:

- **考法:**
 - We' ve **booked** a band.

• 拓展:

41. beat

/ bi:t/

阅

听

V. 1) 击败; 2) 先于 (某人做某事)

• 记忆法:

• 考法:

- They **beat** other players.
- nothing **beats** the taste of freshly picked mushrooms
- **beating** other ships by a month

• 拓展:

42. capital

/ 'kæpɪt(ə)l /

阅

听

N. 1) 首都; 2) 资本

- **记忆法:**
 - 来自词根cap (头)
 - cap作为单词: 帽子
- **考法:**
 - financial **capital**
- **拓展:**
 - capitalism (资本主义), 听力中考察【拼写】

43. course

/ kɔ:rs /

阅

听

N. 1) 课程; 2) 过程; 3) 一道菜

• 记忆法:

• 考法:

- training courses
- Wen Jiabao...has read it more than one hundred times over the course of his life.
- main courses

• 拓展:

- Of course的course是什么意思?

44. concerned

/kən'sɜ:nd/

阅

听

Adj. 1) 关心的; 2) 担心的

• 记忆法:

• 考法:

- As far as I am concerned, ...
- As far as literature was concerned, ...
- Women were very concerned about pickpockets (扒手) .

• 拓展:

- concern (N. 关心; 担心) : climate change concerns

45. deliver

/dɪ'livə(r) /

阅

听

V. 1) 发送（消息、快递等）； 2) 发表（课程、演讲、表演等）
3) 实现； 4) 生育； 5) 解放

• 记忆法：

• 考法：

- sorting out (整理) all the deliveries (快递)
- deliver unhappy news
- the actors' delivery
- deliver a speech
- the vehicles that will deliver future mobility
- deliver economic growth
- helping a sheep deliver a lamb
- They delivered humankind.

• 拓展：

deliver ☆ ⋮

英 /dɪ'livə(r)/ 美 /dɪ'livər/ 全球(英国)

简明 牛津 新牛津 韦氏 柯林斯 例句 百科

v. 投递，运送；履行，兑现；交付，移交；发表，宣布；接生，分娩；解救，拯救；投掷，击打；（法官或法庭）宣布（判决）；拉（选票）；发行，发布（计算机程序）；处理

46. expect

/ ɪk'spekt /

阅

听

V. 1) 期待; 2) 预料

• 记忆法:

- 考法:
- expect sb to do sth
 - You' d expect that..... (听力)
 - unexpected outcomes
 - As expected...

• 拓展:

47. free

/fri:/

阅

听

Adj. 不含有XX的

• 记忆法:

- 考法:
- keep the beach free of litter
 - free of error

• 拓展:

48. fixed

/ fɪkst /

阅

Adj. 固定的

• 记忆法:

- 考法:
- The number of jobs is fixed.
 - Intelligence is not fixed.

• 拓展:

49. fitness

/ 'fɪtnəs /

阅

听

N. 健康/健壮程度

• 记忆法:

- 考法:
 - Physical **fitness** is required
 - **fitness** area

• 拓展:

50. head

/ hed /

听

V. 朝着...方向走

• 记忆法:

- 考法:
 - where the satellite is heading next

- 拓展:
 - heading (N. 标题)
 - 图

Choose the correct heading for each paragraph from the list of headings below.

Write the correct number, i–viii, in boxes 14–20 on your answer sheet.

List of Headings

- i A period in cold conditions before the technology is assessed
- ii Marketing issues lead to failure
- iii Good and bad aspects of steam technology are passed on
- iv A possible solution to the issues of today
- v Further improvements lead to commercial orders
- vi Positive publicity at last for this quiet, clean, fast vehicle
- vii A disappointing outcome for customers
- viii A better option than the steam car arises

51. jam

/ dʒæm/

阅

听

N. 1) 果酱; 2) 交通堵塞

• 记忆法:

• 考法:

- the place to go to buy gifts, books, our own jams
- traffic jams

• 拓展:

- traffic jams=traffic congestion

52. lesson

/'les(ə)n/

阅

听

N. 1) 课程; 2) 教训

• 记忆法:

- 考法:
- literature lessons
 - So what lessons can be learned?

• 拓展:

53. manner

/ 'mænə(r) /

阅

听

N. 1) 态度; 2) 种类; 3) 方式

• 记忆法:

• 考法:

- all **manner** of species (manner=kind)
- in a biased **manner** (manner=way)

• 拓展: 

53. manner

N. 1) 态度; 2) 种类

• 记忆法:

• 考法:

- all manner
- in a biased

• 拓展:

- 图



阅

听

54. miss

/ mɪs /

阅

听

V. 错过

• 记忆法:

• 考法:

- ...there' s a big sign on the door, you can't miss it
- The target...could be missed.

• 拓展:

55. order

/ 'ɔ:də(r) /

阅

N. 订单

• 记忆法:

• 考法:

- commercial orders

• 拓展:

- disordered (Adj. 杂乱无章的)

56. parking

/ 'pɑ:kɪŋ/

听

N. 停车；停车位

• 记忆法：

• 考法： • p-a-r-k-i-n-g

• 拓展：

57. passage

/ 'pæsiɪdʒ/

阅

听

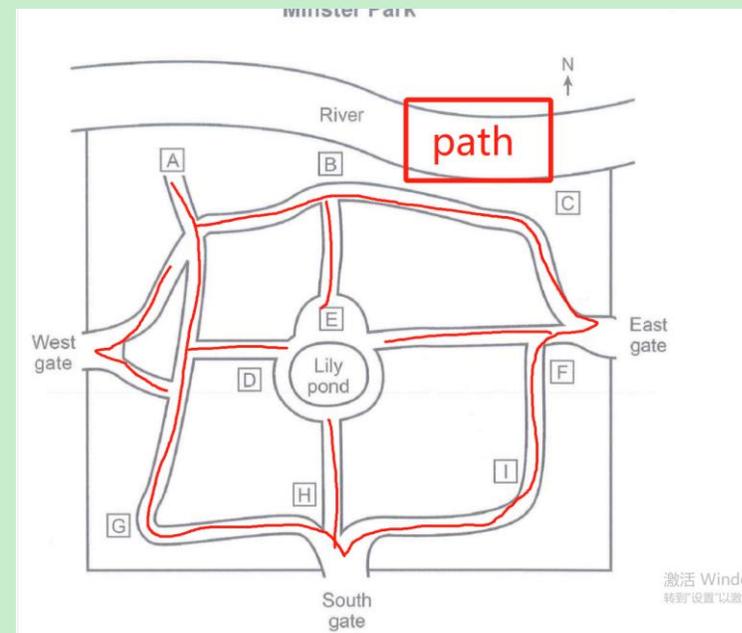
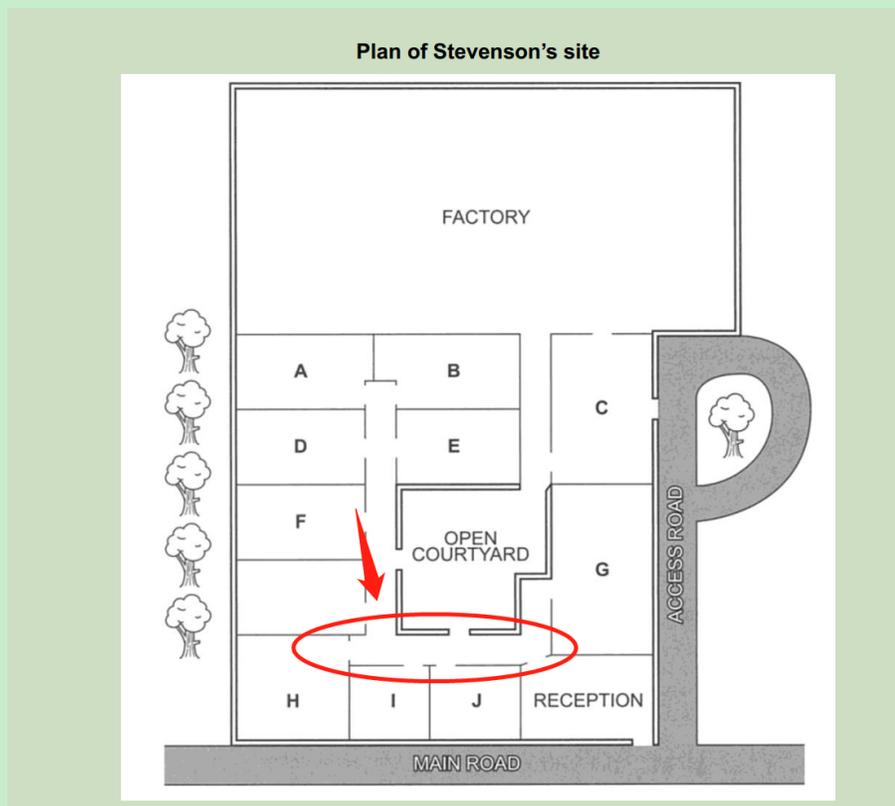
N. 过道

• 记忆法:

• 考法:

• 拓展:

- 雅思听力中和【路、通道】相关的词: passage/corridor (/ 'kɒrɪdɔ:(r)/) ; road; way; path (/pɑ:θ/)



58. plant

/ pla:nt/

阅

听

N. 工厂

• 记忆法:

- **考法:**
 - coal **plant** (煤矿厂)

- **拓展:**
 - 【工厂】和【工场】的区别?
 - 几个概念: 大工厂 (factory) ; 手工工场 (workshop) ; 工业革命 (Industrial Revolution)

59. pretty

/ 'prɪti/

阅

听

Adv. 非常

• 记忆法:

- 考法:
- (laws are) pretty strict
 - pretty well (副词修饰副词? ?)

• 拓展:

60. right

/raɪt /

听

N. 右边 Adv. 正好（在XX方位）

• 记忆法：

• 考法：

- the door is on your right
- This is right next to reception（接待处）.
- It's right on your left.

• 拓展：

61. perform

/ pə'fɔ:m /

阅

V. 1) 执行 (任务) ; 2) 表现

• 记忆法:

• 考法:

- machines **perform** highly specialised tasks
- Praising ability actually made the students **perform** worse.

• 拓展:

- machines will be able to **outperform** humans (超越)

62. raise

/ reɪz/

阅

听

V. 提升sth

• 记忆法:

• 考法:

写作中区分rise:

- People **raise** the price.
- The price rises.

• 拓展:

- raise-raised-raised
- rise-rose-risen

63. run

/ rʌn /

阅

听

V. 运行、管理

• 记忆法:

• 考法:

- Training is **run** by experienced volunteers.ok
- a family-**run** company

• 拓展:

- We should **run through** the presentation quickly. (快速过一遍)
- in the long **run**=in the long term (长期来看)

64. serve

/ sɜːv/

阅

听

V. 为XX提供（食宿等）

• 记忆法：

• 考法：

- The cafe continues to **serve** drinks.
- Beer would be **served** in the hotel.

• 拓展：

- serve as（充当）= is
- This may **serve** as a distraction（分心的事物） to readers

65. spare

/ speə(r) /

阅

听

Adj. 备用的 V. 吝啬

• 记忆法:

• 考法: • bring spare clothes

• 拓展: • spare no effort / expense to do sth: 不遗余力（钱）做某事

66. study

/ 'stʌdi /

阅

听

V. 研究 N. 研究

• 记忆法:

- 考法:
- a study about XX
 - This book studies XX

- 拓展:
- = research (V & N)

67. should

/ ʃʊd; ʃəd /

阅

听

MODAL. (表示推测的) 应该

• 记忆法:

• 考法:

- This **should** be enough.
- 区分: You **should** get up early.

• 拓展:

- 表假设: If you **should** have any question, please contact me.
(上面这个句子经常倒装: **Should** you have any question, please contact me.)

68. effect

/ ɪ'fekt /

阅

听

N. 影响

- **记忆法:**
 - 区分affect (V. 影响)
- **考法:**
 - The **effects** lasted so long.
 - the **effect** on livestock (牲口)
- **拓展:**

69. up to

/ ʌp tu /

阅

听

多达... (+数字)

• 记忆法:

• 考法: • is up to 50 tons

• 拓展: • 注意up的读音

70. suffer from / 'sʌfə(r) frəm /

阅

听

遭受到...

• 记忆法:

• 考法: • Wheat and rice **suffer from** a rise in temperatures.
这句话到底什么意思?

• 拓展: • 写作加分表达: Children can't get good education. → Children suffer from **the absence of** decent education.
• (Sb不能得到Sth → Sb suffer from **the absence of** Sth)

71. benefit from

/ 'benɪfɪt frəm/

阅

听

从XX当中受惠

• 记忆法:

• 考法:

- people who benefit from AI.
- People will eventually benefit.

• 拓展:

- benefit (N. 好处) : a potential benefit

72. involve

/ ɪn'vɒlv /

阅

听

V. 包含

• 记忆法:

• 考法:

- Our experiment **involves** humans.
- This work **involves** making daily notes.

• 拓展:

口语加分表达:

- 考官: Do you want to do XXX?
- 我: I don't want to do that. → No, I don't want to get **involved** in something like that.

73. approve

/ ə'pru:v /

阅

听

V. 同意

- **记忆法:**
 - 结合prove (证明)
 - approve: (官方证明XX的正确性之后) 同意
- **考法:**
 - The government officially **approved** it.
- **拓展:**
 - **approval** of sth

74. routine

/ ru: 'ti:n /

阅

听

N. 1) 习惯; 2) (演出中的) 一套动作

• 记忆法:

• 考法:

- He didn' t give them as a matter of routine, just when necessary.
- The dance involves different steps and routines.

• 拓展:

- Elephants were routinely knocking down fences around the park.

重点四级单词

75. alter

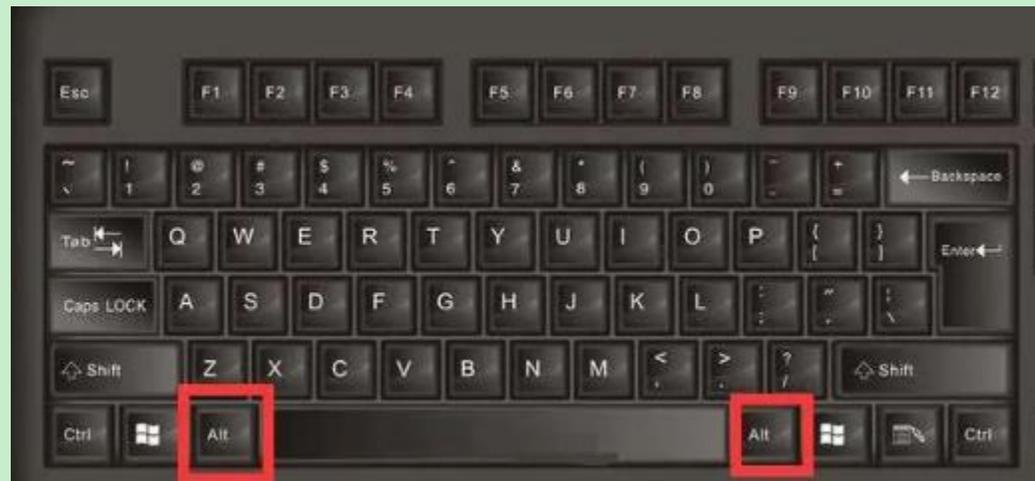
/ 'ɔ:ltə(r) /

阅

听

V. 改变

- 记忆法：
 - 图
- 考法：
 - when fashion **altered**...



- 拓展：
 - 口语Part3部分的【缓兵之计的高级表达】
 - 考官：Do you think...?
 - 我：ohmmm.....the situation might **alter** over time and societies, but I guess at least in China...

76. dispose

/ dɪ'spəʊz /

阅

听

V. 处理掉

- **记忆法:**
 - dis: 分散; pose: 放置
- **考法:**
 - The wolf runs on ahead and **disposes** of the grandmother.
 - Some garbage has been **disposed** of irresponsibly.
- **拓展:**

77. consume

/ kən'sju:m /

阅

听

V. 1) 食用; 2) 花费

• 记忆法:

• 考法:

- the most **consumed** vegetable
- each move **consumes** time and fuel

• 拓展:

- **consumer** (N. 消费者=customer)
- time-**consuming** (Adj. 花费时间的)

78. split

/ split /

阅

听

V. 分开

• 记忆法:

• 考法:

- This husk (外壳) **splits** into two halves.
- What about **splitting** the presentation into two?

• 拓展:

79. slide

/ slaid /

听

N. 幻灯片 (PPT)

• 记忆法:

• 考法:

- Then we can decide what slides we need.

• 拓展:

80. bacteria

/ bæk' tɪəriə /

阅

N. 细菌

- **记忆法:**
 - 区分viruses (病毒; /¹vaɪərəsɪz/)
- **考法:**
 - with the help of **bacteria**
- **拓展:**

81. breed

/ bri:d /

阅

听

N. (动物的) 种类 V. 养殖 (动植物)

• 记忆法:

• 考法:

- a new breed
- breed fish
- breed crops

• 拓展:

- captive breeding (圈养养殖)

82. budget

/ 'bʌdʒɪt /

阅

听

N. 预算 V. 做预算

• 记忆法:

• 考法:

- a limited budget
- We' ve budgeted up to £500 for accommodation (住宿) .

• 拓展:

- 区分revenue (收入)

83. candidate

/ 'kændɪdət /

阅

听

N. 申请者，候选人

• 记忆法：

- **考法：**
 - All **candidates** must have training experience.

- **拓展：**
 - **candidate**: 考生
 - 图

SPEAKING

PART 1

The examiner asks the **candidate** about him/herself, his/her home, work or studies and other familiar topics.

84. transform

/ træns'fɔ:m /

阅

听

V. 转换

- **记忆法:**
 - transportation: trans (转换)
- **考法:**
 - transform fear into caution (谨慎)
 - transform the city
- **拓展:**

85. transmit

/ trænz'mɪt /

阅

听

V. 传播（信息；疾病等）

- **记忆法：**
 - mit: 运送
 - 如: emission (释放) ; mission (任务)
- **考法：**
 - transmit information
 - transmit a disease known as BSE
- **拓展：**

86. transplant

/ træn's'plɑ:nt /

阅

听

V. 移植

- **记忆法:**
 - trans: 转移; plant: 种植
- **考法:**
 - transplant nutmeg seedlings to plantations (把肉豆蔻幼苗移植到种植园)
- **拓展:**
 - 器官移植: organ transplant

87. shift

/ʃɪft/

阅

V. 1) 移动; 2) 改变

N. 1) 移动; 2) 改变; 3) 轮班

• 记忆法: 图

• 考法:

- marked (标志着) a shift away from the traditional watermills (水磨坊)
- shifts in seasons
- began to shift
- a late shift

• 拓展:



88. vary

/ 'veəri /

阅

听

V. 改变

• 记忆法:

- **考法:**
 - It can vary greatly from one person to another.

- **拓展:**
 - 口语Part3万能句型:
 - 考官: 【任何问题】
 - 我: It can vary greatly from one person to another, but I think...

89. vanish

/ 'væniʃ /

阅

听

V. 消失

- **记忆法:**
 - 词根van: “空”
 - 如: vain (徒劳的)
- **考法:**
 - As the ice **vanished**...
- **拓展:**
 - 口语Part3【举自己例子时候的】万能句型:
 - 考官: 【任何问题】
 - 我: Take me as an example: although the memory is **vanishing**, but I still remember....

90. swallow

/ 'swɒləʊ /

阅

V. 吞下

• 记忆法:

- **考法:**
 - The wolf **swallows** up the grandmother.

• 拓展:

91. mild

/ maɪld /

阅

听

Adj. 温和的（形容人或物）

- **记忆法：**
 - 结合wild（狂野的）
- **考法：**
 - mild winters
 - milder soaps for bathing
- **拓展：**
 - mildly insulting（具有侮辱性的） nicknames

92. accelerate

/ ək'seləreɪt /

阅

V. (使) 加速

• 记忆法:

- **考法:**
 - accelerate the breeding of crops
 - progress could accelerate

- **拓展:** 写作【万能理由】之一: 刺激经济
 - This could accelerate economic progress. (【口语Part3】也可用)

93. boundary

/ 'baʊndri /

阅

听

N. 界限 (抽象or具体皆可)

• 记忆法:

• 考法:

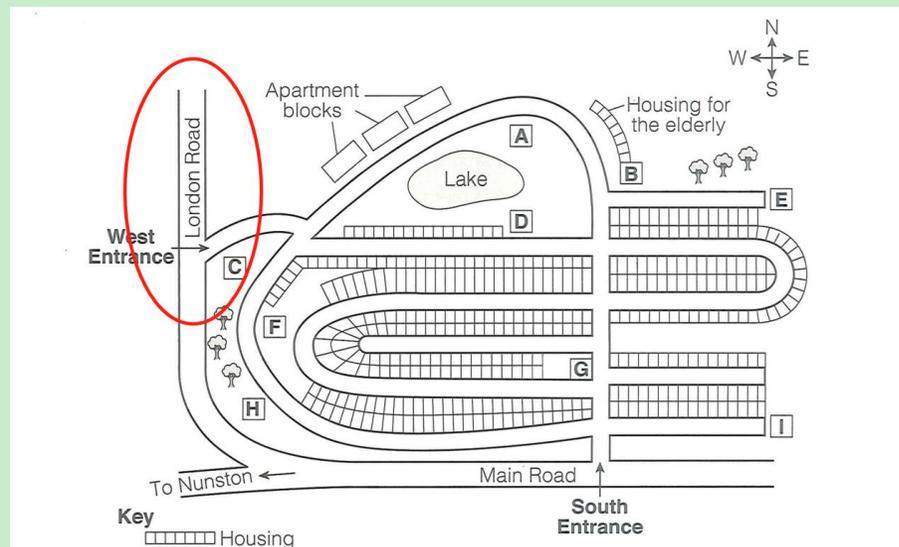
- Another **boundary** is formed by London Road.

• 拓展:

口语Part3涉及【人际关系】时的经典理由: 边界感

- 考官: Will you...?

- 我: I won't do that because of the sense of **boundary** between people.



94. extinct

/ ɪk'stɪŋkt /

阅

听

Adj. 灭绝的

- **记忆法:**
 - 结合instinct (直觉)
 - tinct: 源自“根”的含义
- **考法:**
 - extinct species
 - The thylacine (袋狼) went extinct.
- **拓展:**
 - extinction (N. 灭绝)

95. extraordinary / ɪk'strɔ:d(ə)n(ə)ri / 阅

Adj. 极好的

- **记忆法:**
 - extra: 超过; ordinary: 平凡的
- **考法:**
 - an extraordinary idea
- **拓展:** 写作中用于替换【very】的高分词:
 - The effect will be very good. → The effect will be extraordinarily beneficial.

96. agent

/ 'eɪdʒənt /

阅

听

N. 1) (中介的) 代理人; 2) 剂

• 记忆法:

Name of agent: Becky 1

• 考法:

- 图
- preservative agent (防腐剂)

• 拓展:

97. appeal

/ ə'pi:l /

阅

听

V. 吸引; N. 吸引力

• 记忆法:

- 考法:
- it **appeals** to young people
 - enduring (持续的) **appeal**

- 拓展:
- **appealing** (Adj. 具有吸引力的)
 - This book **appeals** to me./ This book attracts me. (正确)
 - I am attracted to/by this book. (正确)
 - I am **appealed** to by this book. (错误)

98. stimulate

/ 'stimjuleɪt /

阅

V. 刺激

• 记忆法:

• 考法:

- stimulate new ideas

• 拓展:

写作【万能理由】之一：刺激经济

- This will accelerate/stimulate economic progress. (【口语Part3】也可用)

99. acquire

/ ə'kwaɪə(r) /

阅

V. 获得（知识、技能等）

- **记忆法：**
 - 词根quire: “要”（结合require）
- **考法：**
 - acquire knowledge
 - acquire new skills
- **拓展：**

写作【7分+表达】之“有利于学生学习”

 - This is good for students' studying. → This benefits students' acquisition of knowledge. （【口语Part3】也可用）

100. accomplish

/ ə'kʌmpɪʃ /

阅

V. 完成

- **记忆法:**
 - 结合complete
- **考法:**
 - accomplish the task
- **拓展:**
 - accomplished: 有成就的
 - accomplishment: 成就
 - the sense of accomplishment: 成就感

101. network

/ 'netwɜ:k /

阅

听

N. 网（一样的事物，抽象or具体）

• 记忆法：

• 考法：

- network in your brain (神经网络)
- an intricate (复杂的) network of paths (道路的网)
- international trade networks (国际贸易网)
- social networking (人际关系网)

• 拓展：

- 口语Part3【人际关系】类经典理由：有利于人脉发展
- It helps us to promote our networking.

102. tide

/ taɪd /

阅

N. 潮汐

- **记忆法:**
 - 区分tidy (整洁的)
- **考法:**
 - at low **tide**
- **拓展:**
 - 口语Part3【万能模板】之【我偏不人云亦云】
 - 考官: Do you agree that...?
 - 我: I know a lot of people will say..., but I just don't agree with **the tide of opinion** (主流看法). I think...

103. trace

/ treɪs /

阅

V. 追溯 N. 蛛丝马迹

• 记忆法:

- 考法:
- XX can be traced back to 500 years ago.
 - Traces can be found in...

- 拓展:
- 口语Part3【万能模板】之【回顾历史, 案例颇多】
- 考官: 【任何问题】
 - 我: Tracing back in the history, there were a lot of examples...

104. preserve

/ pri'zɜ:v /

阅

听

V. 保护

• 记忆法:

• 考法:

- preserve wildlife

• 拓展:

- 关联词: conservation (N. 环境保护)
- reserve (N. 自然保护区)

105. abuse

/ ə'bjʊ:s /

阅

听

V & N. 1) 滥用; 2) 虐待

- **记忆法:**
 - ab: “不正确”
- **考法:**
 - abuses of power
 - child abuse
- **拓展:**

106. academic / ,ækə'demɪk /

阅

听

Adj. 学术的 N. 学者

• 记忆法:

- 考法:
- academic achievement
 - There is agreement among academics about...

- 拓展:
- 注意读音
 - academy: 1) 专科院校; 2) 学会 (Chinese Academy of Sciences in Beijing)
 - 图

听

IELTS

ACADEMIC

剑桥雅思官方真题集

WITH ANSWERS

18

学术类

图

107. barrier

/ 'bæriə(r) /

阅

听

N. 障碍

• 记忆法:

• 考法:

- ...there are no barriers to participation
- There are still barriers to overcome...

• 拓展:

- 图
- 图

108. cargo

/ 'kɑ:gəʊ /

阅

N. 货物

- **记忆法:**
 - 词根car: 运输
- **考法:**
 - transport lots of cargo
 - cargo ship
- **拓展:**

109. vessel

/ 'ves(ə)l /

阅

N. 船

• 记忆法:

• 考法: • stone vessel

• 拓展: • N. 2) 植物的导管; 3) 器皿

110. vertical

/ 'vɜ:tɪk(ə)l /

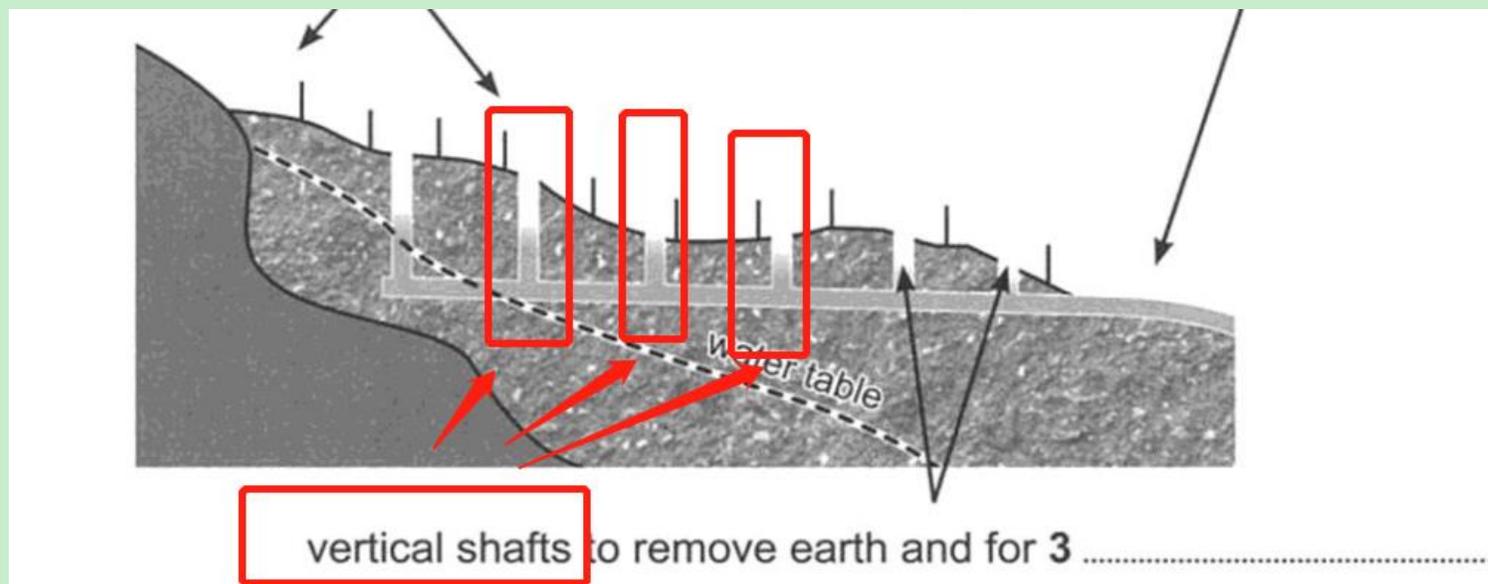
阅

Adj. 垂直的

• **记忆法:** • 结合horizontal (Adj. 水平的; /,hɒrɪ'zɒnt(ə)l/)

• **考法:** • vertical shafts (竖井·矿业术语)

• **拓展:** • 图



111. obscure

/ əb' skjuə(r) /

阅

Adj. 不明确的

• 记忆法:

• 考法: • The origin of XX remains **obscure**...

• 拓展: • 写作和口语中, 是【unclear】的【7分+替换词】
• It is unclear that...
• It **remains obscure** that...

112. extent

/ ɪk'stɛnt /

阅

听

N. 程度

• 记忆法:

• **考法:** • Another thing is the **extent** to which technology influences us.

• **拓展:** • 写作+口语高频短语: to some **extent**=to some degree
• 图

The most important aim of science should be to improve people's lives.

To what extent do you agree or disagree with this statement?

113. exterior

/ ɪk'stɪəriə(r) /

阅

听

N. 外部

- **记忆法:**
 - ex: 外部
- **考法:**
 - a light-green exterior
 - the exterior of a building
- **拓展:**
 - 内部: interior

114. external

/ ɪk'stɜːn(ə)l /

阅

听

Adj. 外部的

- **记忆法:**
 - ex: 外部
- **考法:**
 - ...external events cannot be controlled
 - external buildings
- **拓展:**
 - 内部的: internal

115. delay

/ dɪ'leɪ /

阅

听

V & N. 延迟

• 记忆法:

- **考法:**
 - ...there was a **delay** of five years before that happened
 - People will want to **delay** retiring...

- **拓展:**
 - 图

115 delay

V & N

• 记忆

• 考法

• 拓展

阅

听

DESTINATION	FLIGHT	GATE	REMARKS
BERLIN	LH543	09	: DELAYED
NEW YORK	AA978	28	: CANCELLED
TORONTO	AC902	11	: CANCELLED
MADRID	IB342	15	: CANCELLED

115 delay 115 延迟 115 延误 115 推迟 115 耽搁 115 耽误 115 阻碍 115 妨碍 115 阻碍 115 妨碍 115 阻碍 115 妨碍

116. decay

/ dɪ'keɪ /

阅

V. 腐败

• 记忆法:

• 考法: • plants die and decay

• 拓展:

117. route

/ ru:t /

阅

听

N. 路线 (抽象 or 具体)

- **记忆法:**
 - 和road同根; 或者结合: routine (N. 习惯; 老路)
- **考法:**
 - trade routes
 - routes to the moral high ground
- **拓展:** 写作和口语中, 是【way】的【7分+替换词】:
 - the route to success

118. sake

/ seɪk /

阅

听

N. 好处

- 记忆法:
- 考法:
 - For safety' s sake...
- 拓展:

119. satellite

/ 'sætəlaɪt /

阅

听

N. 卫星

• 记忆法:

- 考法:
 - launch (发送) satellites

- 拓展:
 - constellation of satellites
 - constellation (N. 1) 星系; 2) 具有相似特征的事物 / ɪˌkɒnstəˈleɪʃ(ə)n/

120. scale

/ skeɪl /

阅

听

N. 规模

• 记忆法:

• 考法: • on a large **scale**

• 拓展:

121. tedious

/ 'ti:diəs /

阅

Adj. 无聊的

- 记忆法:
- 考法:
 - tedious tasks
- 拓展:
 - 写作和口语中, 是【boring】的【7分+替换词】

122. tendency / 'tendənsi /

阅

听

N. 倾向

- **记忆法:**
 - 结合tend (倾向)
- **考法:**
 - a deep-rooted human **tendency**
- **拓展:**

多贬义, 所以这个句子是错的:

 - Students will have the **tendency** to study harder.
→ Students will tend to study harder.

122. tendency

/ 'tendənsi /

阅

听

tendency

英 / 'tendənsi/

美 / 'tendənsi/

全球(英国)

简明

牛津

新牛津

韦氏

柯林斯

例句

百科

tendency

/ 'tendənsi/

★★★★☆

CET4 TEM4

1. N-COUNT A **tendency** is a worrying or unpleasant habit or action that keeps occurring. 倾向

- ...the government's tendency to secrecy in recent years.
...近年来政府的保密倾向。

→ Students will tend to study harder.

123. ultimate

/ 'ʌltɪmət /

阅

听

Adj. 最终的

• 记忆法:

• 考法:

- The public has the **ultimate** responsibility.
- you' ve got to make the **ultimate** choices...
- **ultimately**, they didn' t achieve anything...

• 拓展:

口语加分表达:

- It's our duty to do... → It's our **ultimate** responsibility to do...

124. undergo

/ ,ʌndə'gəʊ /

阅

听

V. 经历

• 记忆法:

• 考法:

- Our candidates have to undergo a security check with the police...
- undergo extreme conditions

• 拓展:

125. abundant / ə'bʌndənt /

阅

Adj. 大量的

- 记忆法:
- 考法:
 - food became abundant again
 - abundant pigeon
- 拓展:
 - 写作中, 是【a lot of】的【7分+替换词】

休

126. adopt

/ ə'ɒpt /

阅

听

V. 采取

- **记忆法:** • 区分adapt (适应)
- **考法:** • **adopt** the proposal (提议)
- **拓展:** • **adoption** (N. 采取)

127. casual

/ 'kæʒuəl /

听

Adj. 随意的

- **记忆法:**
 - 结合usual
- **考法:**
 - casual clothes
- **拓展:**
 - 区分causal (Adj. 因果的; 来自cause)
 - causal relationship: 因果关系

128. trap

/ træp /

阅

V. 1) 捕捉; 2) 困住 (某人/某物)

• 记忆法:

- 考法:
- a filter (筛子) to trap particles (粒子)
 - be trapped on a little island

• 拓展:

129. vacancy

/ 'veɪkənsɪ /

听

N. 职位空缺

- **记忆法:**
 - 词根van: “空” (结合vain)
- **考法:**
 - There is also a **vacancy** for a tree technician.
- **拓展:**
 - =position (职位)

130. vacuum

/ 'vækju:m /

阅

听

N. 真空

- **记忆法:**
 - 结合vacancy (空缺)
- **考法:**
 - a special vacuum cleaning system
- **拓展:**

写作【建议类文章】万能句式之【此建议虽好, 但也不能凭空起作用】

 - Although this suggestion sounds appealing, it can not come into effect in vacuum.

131. excessive / ɪk'sesɪv /

阅

Adj. 过量的

- **记忆法:**
 - 结合exceed (V. 超过)
- **考法:**
 - excessive expense
 - excessive sweating (ended up with wet hair)
- **拓展:**
 - excessively ≠ very
 - very = considerably = vastly

132. expenditure

/ ɪk'spendɪtʃə(r) /

阅

N. 花费

- **记忆法:**
 - 结合expensive (昂贵的)
- **考法:**
 - total expenditure
- **拓展:**
 - =expense

133. expand

/ ɪk'spænd /

阅

听

V. 扩大

• 记忆法:

• 考法:

- Trade networks were **expanding**...
- we' ve **expanded** the premises (营业基地) considerably.

• 拓展:

- expansion (N. 扩大)
- extend (V. 扩大)

134. estate

/ ɪ 'steɪt /

阅

听

N. 1) 房地产; 2) 庄园

• 记忆法:

- 考法:
- real estate agencies
 - The estate was owned by a very wealthy man...

- 拓展:
- estate developer (房地产开发商)

135. individual / ,ɪndɪˈvɪdʒuəl /

阅

听

N. 个人 Adj. 单个的

- **记忆法:**
 - 词根divid同divide
- **考法:**
 - each individual
 - individual words
 - it' s much easier than ringing up individual companies
- **拓展:**

136. grant

/ grɑ:nt /

阅

听

V. 给与

- **记忆法:** • 结合take sth. for granted (认为XX是理所当然的)
- **考法:** • Planning permission has been **granted** for development of both sites.
- **拓展:** • 【学业+职业必备词】: **grant** (N. 拨款)

137. immigrant

/ 'ɪmɪgrənt /

阅

听

N. 移民

- **记忆法:** • 来自migrate: 迁徙 (/maɪ'greɪt/)
- **考法:** • **immigrants** from the European continent
- **拓展:**

138. grand

/ grænd /

阅

听

Adj. 宏伟的

- **记忆法:**
 - grandfather
- **考法:**
 - These **grand**, impressive tributes (礼品)
 - a magnificent **grand** piano: 宏伟的三角钢琴
- **拓展:**

139. acknowledge

/ ək'noʊlɪdʒ /

阅

V. 承认

• 记忆法:

- **考法:**
 - It is generally **acknowledged** that...
 - (同时也是【作文】加分句型)

- **拓展:**
 - 感谢
 - 图

139. acknowledge

/ ək'noʊlɪdʒ /

阅

V. 承认

Acknowledgements

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- 拓展：
 - 感谢
 - 图

140. calculated

/ 'kælkjuleɪtɪd /

阅

Adj. 有计划的

- **记忆法:**
 - 结合calculate (计算)
- **考法:**
 - a **calculated** move
 - We have to take some **calculated** risks.
- **拓展:**

141. optimistic

/ ˌɒptɪˈmɪstɪk /

阅

听

Adj. 乐观的 (形容人 or 物)

• 记忆法:

• 考法: • The future of work is really optimistic

• 拓展: • 怎么拼?
• pessimistic怎么拼?

142. export

/ ɪk'spɔ:t; 'eksɔ:t /

阅

V & N. 出口

- 记忆法：
- 考法：
 - export markets
 - exported nutmeg
- 拓展：
 - 进口: import

143. victim

/ 'vɪktɪm /

阅

N. 受害者

• 记忆法:

- 考法:
 - The **victim** is a boy.

• 拓展:

144. offend

/ ə'fend /

阅

V. 侵犯

• 记忆法:

- **考法:**
 - offend our sense of justice

- **拓展:**
 - I felt so **offended** 什么意思?
 - 区分defend (捍卫)

145. interfere

/ ,ɪntə'fɪə(r) /

阅

听

V. 干扰

- **记忆法:** • 结合前缀inter: 在中间
- **考法:** • interfere with growth
- **拓展:**

146. radical

/ 'rædɪk(ə)l /

阅

听

Adj. 1) 根本的; 2) 激进的

• **记忆法:** • 词根rad: “根” (同root)

• **考法:**

- radical changes
- radical solutions
- radical urban designs

• **拓展:** 写作【建议类】题目的经典句式之【听起来激进, 但其实好处颇多】

- While this suggestion sounds radical, it will bring various practical benefits.

147. wonder

/ 'wʌndə(r) /

阅

听

V. 感到好奇 N. 奇迹

- **记忆法:**
 - 结合wonderful
- **考法:**
 - You may be **wondering**.....
 - a place of **wonder**
- **拓展:**

148. isolated

/ 'aɪsəleɪtɪd /

阅

听

Adj. 1) 与世隔绝的; 2) 单独的

- **记忆法:**
 - 和island同根
- **考法:**
 - **isolated** from the outside world
 - **isolated** words
- **拓展:**

口语part3【人际关系类】经典理由是【人是群居动物】

 - We are gregarious; I mean, no one is **isolated** from others, so...
 - gregarious: 群居的 (/grɪ'geəriəs/)

149. issue

/ 'ɪʃuː /

阅

听

N. 1) 话题; 2) (需要解决的) 问题

- **记忆法:**
 - 区分tissue: N. 1) 纸巾; 2) 动植物的身体组织
- **考法:**
 - Let's discuss the next **issue** in our presentation.
 - Another **issue** that worries the government is...
- **拓展:**

150. adequate / 'ædɪkwət /

阅

Adj. 足够的（数量 or 质量上）

- **记忆法：**
 - 和equal同根。“和（需要的数量）一样多”：足够的
- **考法：**
 - be **adequately** paid
 - an **adequate** impression
- **拓展：**

151. ban

/ bæn /

阅

听

V. 禁止

- **记忆法:**
 - 结合bar (阻止)
- **考法:**
 - Dogs are **banned** from the beach.
 - This practice will soon be **banned**.
- **拓展:**
 - 图

151. ban

/ bæŋ /

阅

听

Microsoft Bing Sign in 26 Filter

ALL **IMAGES** VIDEOS

4 Banned Stamp Vector (PNG Transparent, SVG) | OnlyGFX.com

Is Asbestos Banned? - Risk Removal

Grunge banned label PSD - PSDstamps

Someone is Falsely Telling Conservatives That They Are "BANNED" From ...

Banned Logo Png - Fraud Alert Stamp Png Transparent PNG - 800x470 ...

Round banned stamp PSD - PSDstamps

UK bans Apple Watch from cabinet meetings

The Gentle Way by Tom Moore

Four more apprenticeship providers banned from new starts

4 Banned Stamp Vector (PNG Transparent, SVG) | OnlyGFX.com

152. capture

/ 'kæptʃə(r) /

阅

听

V & N. 1) (摄影) 抓取; 2) 追捕

• 记忆法:

- 考法:
- capture the clouds
 - capture imagination [固] (引人遐想)
 - a huge sum (金额) for his capture

• 拓展:

153. valley

/ 'væli /

阅

听

N. 山谷

• 记忆法:

• 考法: • The farm was in a valley and they had a breed called Suffolks.

• 拓展: • 图

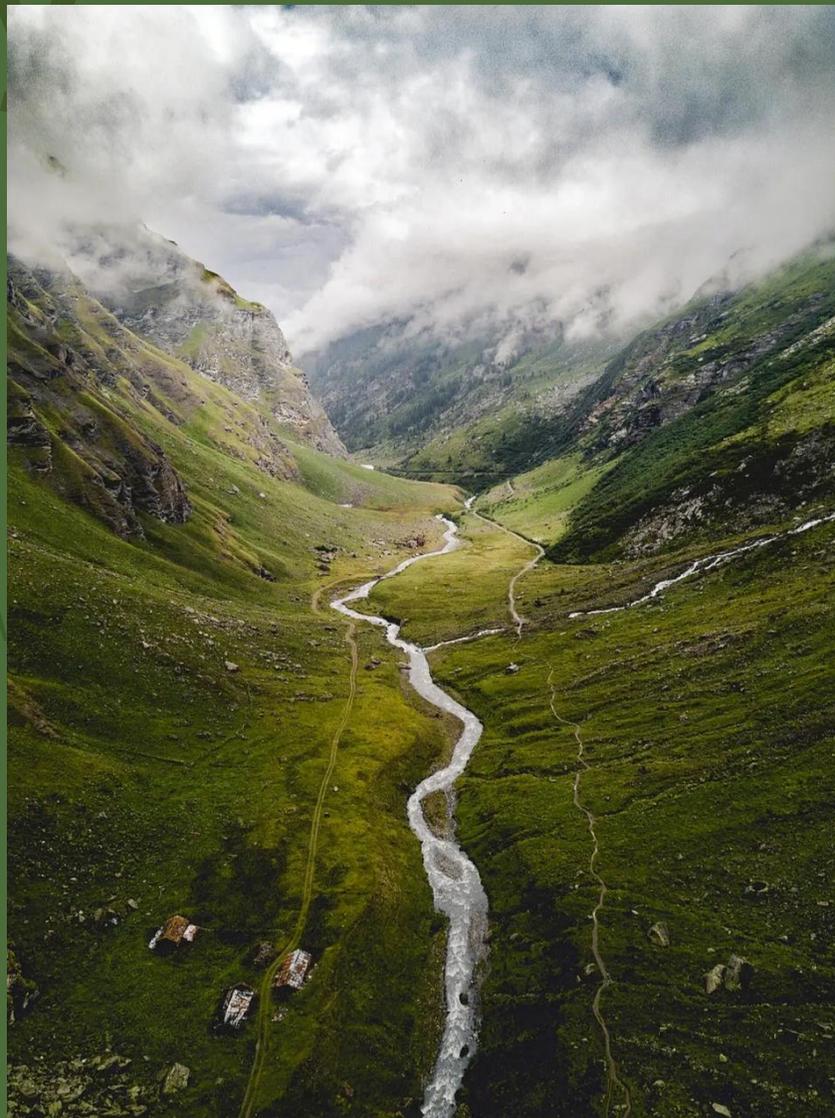
153. valley

N. 山谷

• 记忆法:

• 考法: • The farm

• 拓展: • 图



阅

听

ed called Suffolks.

154. consistent

/ kən'sɪstənt /

阅

听

Adj. 1) 一致的; 2) 持续的

• 记忆法:

- 考法:
- The results were consistent.
 - be tracked consistently

- 拓展:
- 【口语写作】万能素材之【这个观点虽不是主流，但其实很有道理】
- This perspective may not be consistent with the tide of opinion, it makes sense because...

155. exploit

/ ɪk'splɔɪt /

阅

V. 1) 开发利用; 2) 剥削

• 记忆法:

- 考法:
- The trees are good at exploiting water.
 - exploiting precious resources

• 拓展:

156. explosion / ɪk'spləʊʒ(ə)n /

阅

听

N. 1) 爆炸; 2) (爆炸性的) 增长

- **记忆法:**
 - 和applaud (鼓掌) 同根
- **考法:**
 - lead to **explosions**
 - an **explosion** in advertising
- **拓展:**

157. carve

/ kɑ:v /

阅

听

V. 雕刻

• 记忆法:

- **考法:**
 - with his name **carved** on it
 - be **carved** out of wood

- **拓展:**
 - carving (N. 雕刻的作品)

158. remote

/ rɪ'məʊt /

阅

听

Adj. 遥远的

• **记忆法:** • 结合remote (N. 遥控)

• **考法:** • remote areas

• **拓展:** 写作中替代【at all】的9分表达:

• This perspective is not valid at all. → This perspective is not remotely valid.



159. object

/ 'ɒbdʒɪkt; əb'dʒekt /

阅

听

N. 物品

• 记忆法:

- 考法:
 - human-made **objects**

- 拓展:
 - 同义词: item
 - 区分: objectivity (客观性) ; subject (学科)

160. subject

/ 'sʌbdʒɪkt /

阅

听

N. 1) 学科; 2) (创作的) 主题; 3) (研究等的) 对象

• 记忆法:

- 考法:
- He started carving a variety of subjects in stone.
 - the subject of scholarly research

• 拓展:

161. remove

/ rɪ'mu:v /

阅

听

V. 移动，移除

- 记忆法：
- 考法：
 - remove an object from a photo
- 拓展：
 - removal (N. 移动)

162. render

/ 'rendə(r) /

阅

V. 使得

- **记忆法:**
 - make的高级说法
- **考法:**
 - ..., rendering near-Earth space unusable
- **拓展:**
 - 用法局限: render+sth+adj

163. precaution

/ prɪ'kɔːʃ(ə)n /

阅

N. 警告，提醒

- **记忆法：**
 - 结合caution (N. 小心)
- **考法：**
 - all the warnings and precautions
- **拓展：**

164. identify

/ aɪ'dentɪfaɪ /

阅

听

V. 1) 识别出; 2) 自我认同为XX

• 记忆法:

- 考法:
- identify the reason for the haze (雾霭)
 - people who identify as druids (一种宗教成员)

- 拓展:
- identification (N. 识别; 【需要会拼写】)

165. poverty

/ 'pɒvəti /

阅

听

N. 贫穷

• 记忆法:

- 考法:
 - a world out of poverty

• 拓展:

- 需要会拼写
- 写作加分表达之【贫穷困苦的世界】: a world suffering from poverty, disease, hunger, and injustice

166. resistant

/ rɪ'zɪstənt /

阅

听

Adj. 对XX有抵抗力的

- **记忆法:**
 - 词根sis: 站立 (stand)
- **考法:**
 - be more **resistant** to diseases
- **拓展:**
 - **resist** (V. 能够抵抗)
 - **resistance** (N. 抵抗力)

167. resolve

/ rɪ'zɒlv /

阅

V. 解决

- **记忆法:**
 - 结合solve
- **考法:**
 - resolve these problems
 - resolve uncertainty
- **拓展:**
 - unresolved conflict

168. stem

/ stem /

阅

听

N. (植物的) 茎; V. 来源于



• 记忆法:

• 考法:

- healthy stems
- Play should stem from the child's own desire.

• 拓展:

- 同义词: trunk (树干; 【需要会拼写】)

169. produce

/ prə'dju:s /

阅

听

N. 农产品

• 记忆法:

- 考法:
- grow enough produce
- export their produce

• 拓展:

170. coach

/ kəʊtʃ /

听

N. 马车; V. 坐马车去...

• 记忆法:

• 考法:

- take the coach to the small town
- then coach to Castletown

• 拓展:

- N. 经济舱
- 商务舱: business class
- 头等舱: first class



171. code

/ kəʊd /

阅

N. 1) 密码; 2) 道德准则; 3) 行为规范

V. 加密

• 记忆法: • 结合 postcode (邮政编码)

• 考法: • moral code
• a formal dress code
• the coded text

• 拓展: • 图

RESOURCE BANK

You can access the Listening test audio files, example Speaking test video, answer keys with extra explanations, additional sample Writing answers by scanning the QR code*.



172. advertisement

阅

听

/ əd'vɜ:tɪsmənt /

N. 广告

• 记忆法:

- **考法:**
 - He placed an advertisement in the business newspaper.

- **拓展:**
 - 注意美式发音为: / ɪædvər' taɪzmənt /
 - advertise (V. 打广告)

173. examine

/ ɪg'zæmɪn /

阅

听

V. (学术上地) 审查

• 记忆法:

- 考法:
 - He **examined** a drop of water...

- 拓展:
 - examiner: 考官
 - 同义词: study; research; investigate

174. encounter

/ ɪn'kaʊntə(r) /

阅

V. 遇到

- **记忆法:**
 - en: “进入” ; counter: “相反”
- **考法:**
 - builders **encountered** geological problems
 - **encountered** obstacles
- **拓展:**

175. scan

/ skæən /

阅

听

V. 1) 快速浏览; 2) 扫描

• 记忆法:

• 考法:

- scan the article
- scan the photos

• 拓展:

- 图

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176. significant

/ sig'ni:fikənt /

阅

听

Adj. 1) 重要的; 2) 显著的

• 记忆法:

- 考法:
- the more significant benefits
 - a significant number of people

• 拓展:

177. subsequent

/ 'sʌbsɪkwənt /

阅

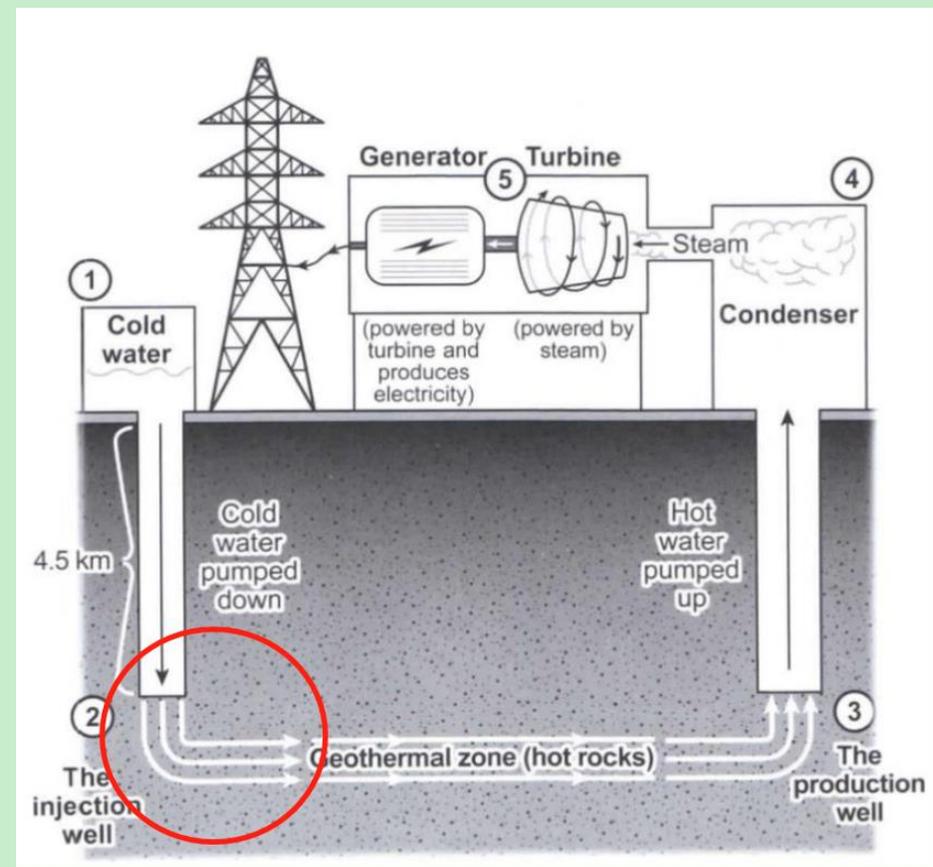
Adj. 随后的

- **记忆法:** • 词根sequen: “序列、顺序” (联想consequence)

- **考法:** • In all subsequent years,...

• 拓展:

- 小作文【流程图】里加分表达, 替换【then】
- Subsequently, cold water enters the geothermal zone.



178. virtue

/ 'vɜ:tʃu: /

阅

听

N. 美德

• 记忆法:

• 考法: • the road to happiness is virtue

• 拓展: • virtue and vice: 善与恶, 是【good and bad】的8分表达

179. virtual

/ 'vɜ:tʃuəl /

阅

Adj. 1) 虚拟的; 2) 几乎的

• 记忆法:

• 考法:

- Virtual Reality
- drive the engine in virtual silence

• 拓展:

- virtual和virtue (美德) 有联系吗?

180. orient/orientate

阅 听

/ 'ɔ:riənt / / 'ɔ:riəntɪt /

V. 1) 使认识方向; 2) 让XX的方向朝着...

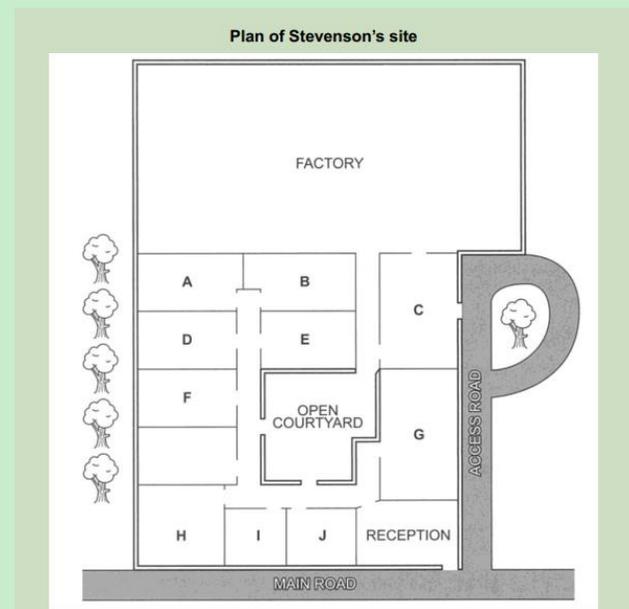
• 记忆法:

- 考法:
- ...now I'll briefly help you to orientate yourselves around the site.
 - job-oriented training

- 拓展:
- 【面试】加分表达: “我目前以学业/职业为重心”
- I am currently academy/career-oriented.
 - 图

中文名 新东方集团

外文名 New Oriental Education & Technology Group



181. proportion / prə'pɔːʃ(ə)n /

阅

听

N. 比例

- **记忆法:**
 - 词根port和part同根
- **考法:**
 - a small **proportion** of the plant food
- **拓展:**
 - 写作里面的高频替换表达: percentage=**proportion**=ratio

182. target

/ 'tɑ:ɡɪt /

阅

听

N. 目标; V. 把目标定为...

• **记忆法:**

- **考法:**
 - appropriate learning **targets**
 - **target** between 5% and 10%

• **拓展:**

183. portable

/ 'pɔ:təb(ə)l /

阅

听

N. 便携的

• **记忆法:** • transport: port (搬运)

• **考法:** • a portable device
• portable music equipment

• **拓展:**

184. likelihood

/ 'laɪklihʊd /

阅

N. 可能性

- **记忆法:**
 - 来自likely (可能的), 而不是like (喜欢)
- **考法:**
 - lessening the **likelihood** that floods will occur
- **拓展:**

185. collision

/ kə'liʒ(ə)n /

阅

听

N. 碰撞

- **记忆法:**
 - 结合collide (V. 碰撞)
- **考法:**
 - avoid potential collisions
- **拓展:** 写作口语高分表达之【文化冲突】
 - While this issue may bring about collision among different cultures, I argue that...

186. inevitable

/ in'evɪtəb(ə)l /

阅

听

Adj. 不可避免的

• 记忆法:

• 考法: • inevitable changes

• 拓展: • =unavoidable
• 写作中作为【always】的7+替换词:

This idea is always right. → This perspective is inevitably valid.

187. navigation

/ ,nævɪ'geɪʃ(ə)n /

阅

听

N. (海上) 航行

- **记忆法:**
 - 结合navy (N. 海军; /¹neɪvi/)
- **考法:**
 - 《Roman shipbuilding and navigation 》
- **拓展:**

188. previous

/ 'pri:vɪəs /

阅

听

Adj. 之前的

- **记忆法:** • pre: 在...前
- **考法:** • previous events
 • the previous owners
- **拓展:** • 美剧、英剧开头常听到的两个单词:

Previously On

189. provision / prə'vɪʒ(ə)n /

阅

听

N. 1) 提供; 2) 规定

• 记忆法:

- 考法:
- the provision of water
 - provision for tree protection

• 拓展:

190. pursue

/ pə'sju: /

阅

听

V. 1) 追求; 2) 追赶

• 记忆法:

- 考法:
- pursue a career in literature
 - be pursued by a hunter

• 拓展: 申请文书必备表达之【深造】

- That's why I want to go on with my studies at Columbia University.
- That's the reason for my future academic pursuit at Columbia University.

191. deserve

/ dɪ'zɜːv /

阅

V. 应该得到

- **记忆法:**
 - 结合serve: 服务
- **考法:**
 - Their achievements **deserve** greater recognition (认可) .
- **拓展:**
 - 口语【描述自己的悲惨经历后】的加分表达
 - I totally **deserved** it, and I've learned my lesson.

192. scratch

/ skrætʃ /

阅

听

V & N. 1) 挠; 2) 划下 (字或图画)

• 记忆法:

• 考法:

- scratch your head
- scratch the surface of
- creating pictures from scratch

• 拓展:

- 口语加分表达之【从零开始做某事】
- I learned to do sth from scratch.



193. genius

/ 'dʒiːniəs /

阅

听

N. 天才

• 记忆法:

• 考法:

- People first referred to Leonardo da Vinci as a **genius**

• 拓展:

- 区分: genuine (/'dʒenjuɪn/ Adj. 1) 真正的; 2) 真诚的)

194. insure

/ ɪn'ʃʊə(r) /

听

V. 给XX上保险

- **记忆法:** • 结合 “make sure”
- **考法:** • We are **insured** to provide care for 70 children.
- **拓展:** • **insurance** (N. 保险 /ɪn'ʃʊərəns/)

195. nevertheless / ,nevəðə'les /

阅

Adv. 然而 (=however)

• 记忆法:

• 考法: • 句子A. Nevertheless, 句子B.

• 拓展: • 错误用法: 句子A, nevertheless, 句子B.

196. neutral

/ 'nju:trəl /

阅

Adj. 中性的

- 记忆法:
- 考法:
 - neutral feelings
- 拓展:

197. spot

/ spɒt /

阅

听

N. 地点; V. 发现

• 记忆法:

• 考法:

- stood in the same spot
- a very isolated spot
- You have to make an on-the-spot change.
- word-spotting

• 拓展:

198. medium

/ 'mi:diəm /

阅

N. 媒介; Adj. 中等的

• 记忆法:

- 考法:
- a growing **medium** for plants, such as soil or water
 - digital **medium**
 - a **medium** size

- 拓展:
- 是**media**的单数形式

199. automation

/ ,ɔ:tə'meɪʃ(ə)n /

阅

N. 自动化

• 记忆法:

• 考法: • vehicle automation

• 拓展: • automatic (Adj. 自动化的)

200. AI (Artificial Intelligence)

N. 人工智能

/ ,ɑ:tɪfɪj(ə)l ɪn'telɪdʒəns /

阅

- **记忆法:** • **artificial:** 人工的; **intelligence:** 智能
- **考法:**
- **拓展:**

201. competent

/ 'kɒmpɪtənt /

阅

Adj. 有能力的 (=qualified)

- 记忆法:
- 考法:
 - competent employees
- 拓展:
 - 区分competitive (Adj. 好胜的)
 - 图

- 9 **Expert user** – Has fully operational command of the language: appropriate, accurate and fluent with complete understanding.
- 8 **Very good user** – Has fully operational command of the language with only occasional unsystematic inaccuracies and inappropriacies. Misunderstandings may occur in unfamiliar situations. Handles complex detailed argumentation well.
- 7 **Good user** – Has operational command of the language, though with occasional inaccuracies, inappropriacies and misunderstandings in some situations. Generally handles complex language well and understands detailed reasoning.
- 6 **Competent user** – Has generally effective command of the language despite some inaccuracies, inappropriacies and misunderstandings. Can use and understand fairly complex language, particularly in familiar situations.
- 5 **Modest user** – Has partial command of the language, coping with overall meaning in most situations, though is likely to make many mistakes. Should be able to handle basic communication in own field.

202. distribute

/ dɪ'strɪbjʊt /

阅

V. 分发

- **记忆法:**
 - dis: “分散” ; tribu: “给” (结合contribute)
- **考法:**
 - distribute bikes all over the city
 - distribute the water
- **拓展:**

203. disturb

/ dɪ'stɜːb /

阅

听

V. 扰乱

- **记忆法:**
 - turb: “搅动” (同turn)
- **考法:**
 - disturb wildlife
- **拓展:**
 - disturbance (N. 扰乱)
 - undisturbed (Adj. 不被打扰的)
 - disturbing (Adj. 打扰的, 扰乱人心的)

204. infer

/ ɪn'fɜ:(r) /

阅

V. 推断，猜测

• 记忆法：

• 考法：

- Scientists **inferred** that...

• 拓展：

- inference (N. 推断，猜测 /¹ɪnfə'rens/)

205. integrate

/ 'ɪntɪɡreɪt /

阅

V. 合并

- **记忆法:**
 - combine的升级版
- **考法:**
 - be **integrated** with nature
 - **integrate** the two worlds
- **拓展:**

口语part3经典理由之【理想与现实的差距】

 - 考官: Do you think it's possible that...?
 - 我: I think it's really hard. I mean, we are always trying to **integrate** the two worlds, the world we expect, and the world in reality, but it's not very easy...

206. superior

/ su:'piəriə(r) /

阅

听

Adj. 更优秀的

- **记忆法:**
 - 结合 “super”
- **考法:**
 - Machines will be **superior** to humans.
- **拓展:**
 - 更差的: inferior
 - 写作中替换: is better/worse than → is **superior**/inferior to

207. moisture

/ 'mɔɪstʃə(r) /

阅

听

N. 湿气

- **记忆法:**
 - 来自moist (Adj. 湿润的)
- **考法:**
 - there' s plenty of **moisture** in the soil
 - absorbs **moisture** from the air
- **拓展:**
 - 需要会拼写

208. promote / prə'məʊt /

阅

听

V. 1) 提拔; 2) 宣传、推广; 3) 促进

• 记忆法:

- 考法:
- if they like you, it' s likely you' ll be promoted quite quickly.
 - promote our company
 - promote this mutually beneficial (双向受益的) relationship

- 拓展:
- 写作里作为【is good for】的7分替换词
- This is good for our working development.
 - This promotes our occupational development.

209. region

/ 'ri:dʒən /

阅

听

N. 地域

• 记忆法:

- 考法:
 - be found in various regions

- 拓展: 写作口语中替换【area】的7分表达
 - rural areas → rural regions

210. regulate

/ 'regjuleɪt /

阅

听

V. 管理

• 记忆法:

- **考法:**
 - regulate the flow of traffic
 - regulate the temperature
 - regulate her emotions

- **拓展:** 口语part3经典理由之【我能控制的只有我自己】
 - 考官: Do you think it's possible that...?
 - 我: It's really hard, I think. I mean, I can't control the external events, but I can always regulate myself, my emotions, my behaviors...

211. register

/ 'redʒɪstə(r) /

阅

听

V. 登记

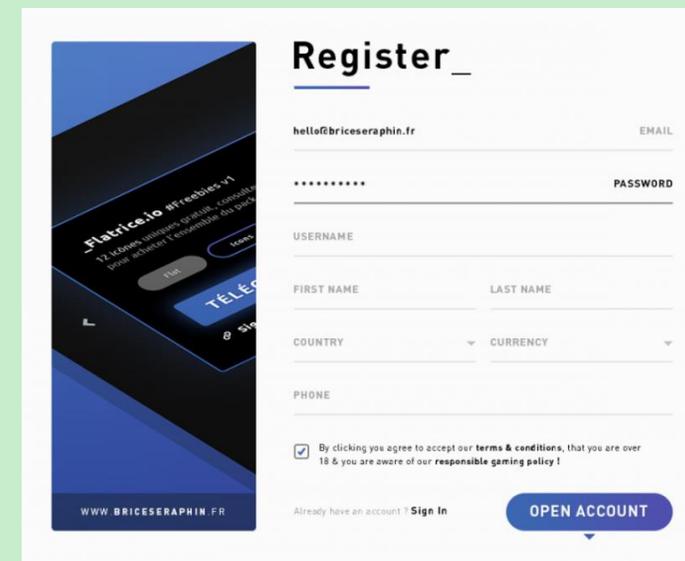
• 记忆法:

• 考法:

- We now do have 70 children **registered** with us...
- You could **register** for the two-day program

• 拓展:

- 注册: **register**
- 登录: log in
- 登出: log out



The image shows a registration form for 'Briceraphin'. On the left, there is a smartphone displaying a social media post for 'F1abrice.io #F1abrice-v1'. The main form is titled 'Register_' and includes the following fields: EMAIL (with the address 'hello@briceseraphin.fr'), PASSWORD (represented by dots), USERNAME, FIRST NAME, LAST NAME, COUNTRY (with a dropdown arrow), CURRENCY (with a dropdown arrow), and PHONE. At the bottom, there is a checkbox for terms and conditions, a 'Sign In' link for existing users, and an 'OPEN ACCOUNT' button.

212. stable

/ 'steɪb(ə)l /

阅

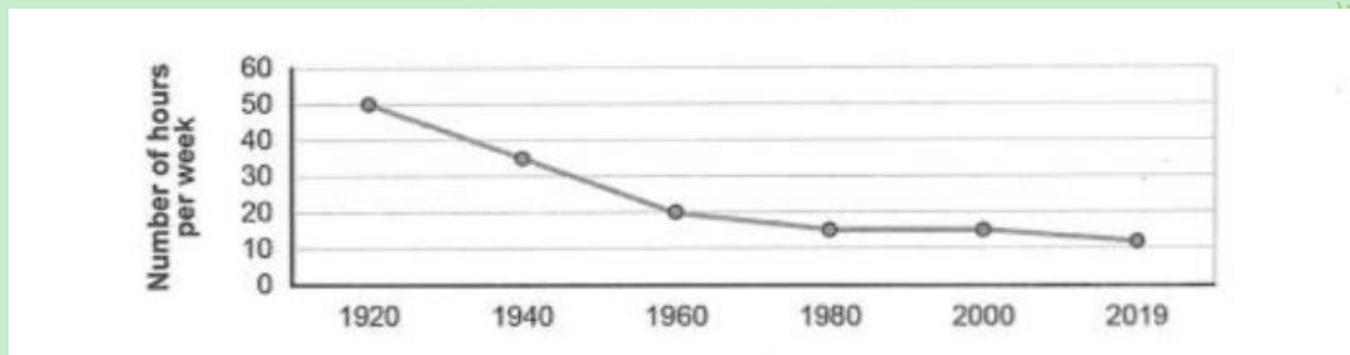
听

Adj. 稳定的; N. 马厩

• **记忆法:** • 同学贡献记忆法: table (桌子), 放在桌子上, 所以稳

• **考法:**

- The horses no longer live in the **stables**.
- **stable** population



• **拓展:** 【小作文】中描述【稳定】趋势

- The period between 1980 and 2000 saw a relatively **stable** trend, with no obvious fluctuation (波动) .
- 图

213. sophisticated / sə'fɪstɪkeɪtɪd /

阅

Adj. 1) 复杂精巧的; 2) 成熟的

• 记忆法:

• 考法: • sophisticated tools

• 拓展: • 在口语中, 试想老外夸你【情商爆表】时, 你的反应
• 图

To improve the response, it would be helpful to set out the opinion at the start, for added continuity of the position.

Vocabulary is natural and sophisticated [stifle their initial curiosity | Gaining an in-depth, specialist knowledge | detrimental to their studies] without errors.

214. variable

/ 'veəriəb(ə)l /

阅

听

Adj. 多变的; N. 变量

• 记忆法:

• 考法:

- variable temperatures
- calculate the correlation (关系) between two variables

• 拓展:

- 区分: various (多样的)

215. promising

/ 'prɒmɪsɪŋ /

阅

听

Adj. 有希望的

• 记忆法:

• 考法: • a promising future

• 拓展: • <反>灰暗的未来: a bleak future 【听】

216. prospect

/ 'prɒspekt /

阅

听

N. 前景

- **记忆法:**
 - pro: “向前” ; spect: “看” (spectator观众)
- **考法:**
 - the **prospect** of bringing extinct animals back to life captures imaginations
- **拓展:**

217. maintain

/ meɪn'teɪn /

阅

听

V. 1) 维修保养; 2) 保持; 3) 认为

• 记忆法:

• 考法:

- maintain the roads
- The cars are easy to maintain...
- maintain a high standard of cleanliness
- Other scientists maintain that...

• 拓展:

写作中【I think】的7分替换:

- I maintain/argue/claim that...

218. retain

/ rɪ'teɪn /

阅

听

V. 保有

• 记忆法:

• 考法:

- (brain) retain more information
- retain a sense of independence
- retain staff

• 拓展:

口语写作万能理由之【这是我们这代人共有的记忆】

- This counts as the memory retained by our generation.

219. discipline

/ 'disəplɪn /

阅

听

N. 1) 学科; 2) (自我) 约束

• 记忆法:

- 考法:
- an emerging discipline
 - loyalty, self-sacrifice and discipline

- 拓展:
- 【面试】加分表达之【自我约束能力强】
- I am highly self-disciplined + 细节

220. domestic / də'mestɪk /

阅

听

Adj. 1) 国内的; 2) 家庭内部的; 3) 驯养的

• 记忆法:

• 考法:

- gross (总共的) domestic product
- domestic appliances such as fridges
- domestic cleaning
- animals, both wild and domestic

• 拓展:

- domesticate (V. 驯化 (动植物) /də'mestɪkeɪt/)

221. constant

/ 'kɒnstənt /

阅

听

Adj. 持续的

- **记忆法:**
 - 词根stan和stand同根
- **考法:**
 - a constant supply (供给) of water
 - be in constant use
- **拓展:**

222. cliff

/ klɪf /

阅

听

N. 悬崖

• 记忆法:

• 考法: • top of the cliff

• 拓展: • 图



223. authority

/ ɔ: 'θɒrəti /

阅

听

N. 1) 权威; 2) 权威人士

• 记忆法:

- 考法:
 - moral authority
 - professional authority

- 拓展:
 - 【面试or申请时】的可贵品质之【挑战权威】
 - I dare to challenge the so-called authority, and am willing to take some calculated risk.

224. audio

/ 'ɔ:diəʊ /

阅

听

Adj. 跟听觉相关的

• 记忆法:

• 考法: • audio guide

• 拓展: • 图

• 图

RESOURCE BANK

You can access the Listening test **audio** files, example Speaking test video, answer keys with extra explanations, additional sample Writing answers by scanning the QR code*.



Audioscripts

PART 1

PETER: Hello?

JAN: Oh hello. My name's Jan. Are you the right person to talk to about the Buckworth Conservation Group?

PETER: Yes, I'm Peter. I'm the secretary.

JAN: Good. I've just moved to this area, and I'm interested in getting involved. I was in a similar group where I used to live. Could you tell me something about your activities, please?

PETER: Of course. Well, we have a mixture of regular activities and special events. One of the regular ones is trying to keep the beach free of litter. A few of us spend a couple of hours a month on it, and it's awful how much there is to clear. I wish people would be more responsible and take it home with them.

225. community

/ kə'mju:nəti /

阅

听

N. 1) 社区（及居民）； 2) 一个团体

- **记忆法：**
 - 和common同根
- **考法：**
 - Community Centre
 - academic community
 - scientific community
- **拓展：**
 - 【面试or申请】加分理由之【我属于你们这个团体】
 - I have a strong sense of belonging here; I mean, I feel I am connected to your community.

226. commitment / kə'mɪtmənt /

阅

听

N. 承诺 (投入时间、经历等)

- **记忆法:**
 - 来自commit (V. 投入)
- **考法:**
 - company' s commitment to protecting the environment
 - a huge time commitment
- **拓展:**
 - 区分committee (N. 委员会) 和community

227. commission / kə'mɪʃ(ə)n /

阅

听

N. 1) 委员会; 2) 任务; V. 委托 (专业人士做某事)

- **记忆法:**
 - 结合mission (N. 任务)
- **考法:**
 - Royal Commission
 - offered Moore a commission for a sculpture
 - Charles II commissioned the artist John Michael Wright to paint...
- **拓展:**

228. distinguish

/ dɪ'stɪŋɡwɪʃ /

阅

V. 区分

- **记忆法:**
 - 词根sting: “刺, 做标记”
- **考法:**
 - be hard to distinguish
 - distinguish A from B
- **拓展:**
 - distinguishing (Adj. 具有区分度的)

229. facility

/ fə'sɪləti /

阅

听

N. 设施

• 记忆法:

• 考法: • new facility

• 拓展: • 图
• 图



230. faculty

/ 'fæk(ə)lti /

阅

N. 1) 教职员工; 2) (身体机能方面的) 能力

- **记忆法:**
 - 区分facility (N. 设施)
- **考法:**
 - Cambridge University' s **Faculty** of Economics
 - the **faculty** of smell

- **拓展:**
 - 图



231. moral

/ 'mɒrəl /

阅

听

Adj. 有道德的

• 记忆法:

- 考法:
- moral ideal (理想型), such as justice
 - moral high ground
 - make moral decisions

• 拓展:

232. prominent

/ 'prɒmɪnənt /

阅

Adj. 杰出的

• 记忆法:

- 考法:
- prominent Renaissance (文艺复兴 /'rɛnəsəns/) men
 - the prominent historian

- 拓展:
- 写作中【列举名人时】可附加的万能词汇:
- Just as the prominent scientist/artistic/politician says, ...

233. substance

/ 'sʌbstəns /

阅

听

N. 事物

• 记忆法:

• 考法:

- make a **substance** called 'soap'
- Concrete is the second most used **substance**

• 拓展:

- 是写作中替换【thing】的7分+表达

234. substantial

/ səb 'stænf(ə)l /

阅

听

Adj. 1) 巨大的（需结合上下文理解）； 2) 丰盛的

• 记忆法：

• 考法：

- substantial funding
- such substantial journeys
- At 5 p.m. children are given something more substantial, such as pasta

• 拓展：

写作中替换【many】的8分表达：

- a substantial number/amount of

235. prompt

/ prompt /

阅

听

V. 1) 导致; 2) 激励; Adj. 迅速的; N. 提示

• 记忆法:

• 考法:

- Automation may prompt other changes in vehicle manufacture
- his nature prompted him to investigate the substance
- A prompt response is required.

• 拓展:



Speaking

This test takes between 11 and 14 minutes and is conducted by a trained examiner. There are three parts:

Part 1

The candidate and the examiner introduce themselves. Candidates then answer general questions about themselves, their home/family, their job/studies, their interests and a wide range of similar familiar topic areas. This part lasts between four and five minutes.

Part 2

The candidate is given a task card with prompts and is asked to talk on a particular topic. The candidate has one minute to prepare and they can make some notes if they wish, before speaking for between one and two minutes. The examiner then asks one or two questions on the same topic.

236. version

/ 'vɜːʃ(ə)n /

阅

听

N. 版本

• 记忆法:

- **考法:** watch different **versions** of *Romeo and Juliet*

- **拓展:** 【人物类】万能口语母稿:
 - Douyin, the Chinese **version** of Youtube... (不是vision)

237. waist

/ weɪst /

阅

听

N. 腰

• 记忆法:

• 考法:

- 需要会拼写

• 拓展:

口语【运动锻炼类题目】的万能理由之:

- 【想要减掉赘肉】: I want to get rid of my love handles/muffin top.
- 【想要有腹肌】: I want some abs.



238. yield

/ ji:lɪd /

阅

听

N. 产量; V. 1) 生产; 2) 屈服

• 记忆法:

• 考法:

- crop yields
- that might yield terrible consequences
- yield to difficulty

• 拓展:

239. advocate

/ 'ædvəkeɪt /

阅

听

V. 支持; N. 支持者

- **记忆法:**
 - 词根voc同voice (V. 发声)
- **考法:**
 - advocate this radical policy
 - advocates of this radical policy
- **拓展:**

240. strategy

/ 'strætədʒi /

阅

听

N. 策略

- **记忆法:**
 - 区分tragedy (N. 悲剧)
- **考法:**
 - advocating this strategy
- **拓展:**
 - strategic (Adj. 有策略性的; /strə'ti:dʒɪk/)

241. tension

/ tens /

阅

听

N. 1) 紧张关系; 2) (戏剧、感情等的) 张力

• 记忆法:

• 考法:

- tension between teenagers and their parents
- emotional tension

• 拓展:

- tense (Adj. 紧张的) : tense relationship

242. intense

/ ɪn'tens /

阅

听

Adj. 剧烈的（声音、工作量等）

• 记忆法：

- 考法：
- intense noise
 - intense workouts

- 拓展：
- 写作中用于替换【very】的
- 7分词汇：considerably
 - 8分词汇：intensely (be intensely interested in)

243. comparable / 'kɒmpərəb(ə)l /

阅

Adj. 类似的

- **记忆法:** • 相当于similar
- **考法:** • an alternative that has so many **comparable** benefits
- **拓展:**

244. statistic

/ stə'tɪstɪk /

阅

听

N. 1) 数据; 2) 统计学 (statistics)

• 记忆法:

• 考法:

- I think I' m coping well with **statistics**.

• 拓展:

- **statistical** (Adj. 跟数据/统计相关的)
- 小作文中的高分替换: numbers=**statistics**=data

Sales of Fairtrade-labelled coffee and bananas (1999 & 2004)

Coffee	1999 (millions of euros)	2004 (millions of euros)
UK	1.5	20
Switzerland	3	6
Denmark	1.8	2
Belgium	1	1.7
Sweden	0.8	1

Bananas	1999 (millions of euros)	2004 (millions of euros)
Switzerland	15	47
UK	1	5.5
Belgium	0.6	4
Sweden	1.8	1
Denmark	2	0.9

245. entitle

/ in'taɪt(ə)l /

阅

听

V. 1) 给XX命名; 2) 给某人权利

• 记忆法:

• 考法:

- the theme was **entitled** 'Domestic Life'
- Gold membership **entitles** you to free entry at all clubs
- Only royalty were **entitled** to have clothes made of silk (丝绸) .

• 拓展:

- 口语写作万能理由之【这是人的基本权利】
- This is basic human right.
- Everyone should be **entitled** to this.

246. release

/ rɪ'liːs /

阅

听

V. 1) 释放; 2) 解放; 3) 发布

• 记忆法:

• 考法:

- releases hormones (荷尔蒙)
- releases us from the stress of a fast-paced life
- A film version was also released in 2012.

• 拓展:

- 写作中大家常举的【苹果公司发布新iphone】
- 错误表达: For example, the apple company will have new iphone every year.
- 正确表达: For example, the Apple company will release new Iphone/iphones annually.

247. transparent / træns'pærənt /

阅

Adj. 1) 透明的; 2) 简单的

- **记忆法:**
 - 可以结合apparent (Adj. 明显的)
- **考法:**
 - transparent walls
 - make AI technologies more trustworthy and transparent
- **拓展:**

248. exaggerate

/ ɪg'zædʒəreɪt /

阅

V. 夸大

• 记忆法:

• 考法:

- The risk has been exaggerated.
- The benefits of are exaggerated.

• 拓展:

【建议类】写作题目万能理由之【好处/坏处被夸大了】

- The benefits/drawbacks have been exaggerated.

249. shrink

/ ʃrɪŋk /

阅

听

V. 缩小

• 记忆法:

- 考法:
 - shrinking ice
 - shrinking population

• 拓展:

250. suburb

/ 'sʌbɜːb /

阅

听

N. 城市的郊区

• 记忆法:

• 考法: • quiet suburb

• 拓展: • 区分urban、suburb、rural area

251. wealthy

wealthy

阅

听

N. 财富

• 记忆法:

- **考法:**
 - **wealthy** merchants (商人)

- **拓展:**
 - **【wealth】** 是口语写作中 **【money】** 的7分替换表达

252. attach

/ ə'tætʃ /

阅

听

V. 绑定

• 记忆法:

- **考法:**
 - a car that' s **attached** to a balloon

- **拓展:** 写作中【认为XX很重要的】7分+表达:
 - Sb thinks Sth is important.
 - Sb **attaches** great importance to Sth.

253. profitable

/ 'prɒfɪtəb(ə)l /

阅

听

Adj. 盈利的

- **记忆法:** • 来自profit (N. 利润)
- **考法:** • profitable pottery (陶瓷) businesses
- **拓展:**

254. slope

/ sləʊp /

阅

听

N. 坡

• 记忆法:

• 考法: • a steep (陡峭的) slope

• 拓展:

Slope Calculator - Find the Slope of a Line - Inch Calculator

How to Find the Slope of a Line Using Two Points: 14 Steps

slope_gradient

steep slope;): Photos, Diagrams & Topos : SummitPost

255. reinforce

/ ,ri:ɪn'fɔ:s /

阅

听

V. 巩固

- **记忆法:**
 - 根源意思来自force (力量)
- **考法:**
 - be used to **reinforce** concrete
 - a development that was **reinforced**
- **拓展:**
 - 口语Part3【人际关系类题目】万能理由之【加深绑定】
 - 考官: Do you think it's necessary to...?
 - 我: Definitely. It helps to **reinforce** the bonding between people.

256. reject

/ rɪ'dʒekt /

阅

听

V. 反对

- **记忆法:**
 - re: “反过去” ; ject: “扔” (project: 项目)
- **考法:**
 - **reject** the idea
 - The proposal was **rejected**.
- **拓展:**
 - **rejection** (N. 反对)

257. dump

/ dʌmp /

阅

听

V. 倒掉，处理掉

• 记忆法：

• 考法： • dump old fridges in the countryside

• 拓展： • 区分dumb (Adj. 愚蠢的)

258. decorate

/ 'dekəreɪt /

听

V. 装修

• 记忆法:

- **考法:** • decorate his kitchen

- **拓展:** • 记住拼写
- decoration (N. 装修; 也需要记住拼写)

259. principle / 'prɪnsəp(ə)l /

阅

听

N. 原则

- **记忆法:** • 区分principal (Adj. 最重要的)
- **考法:** • moral principles
- **拓展:** • principled (Adj. 有原则的)

260. prior

/ 'praɪə(r) /

阅

Adj. 之前的

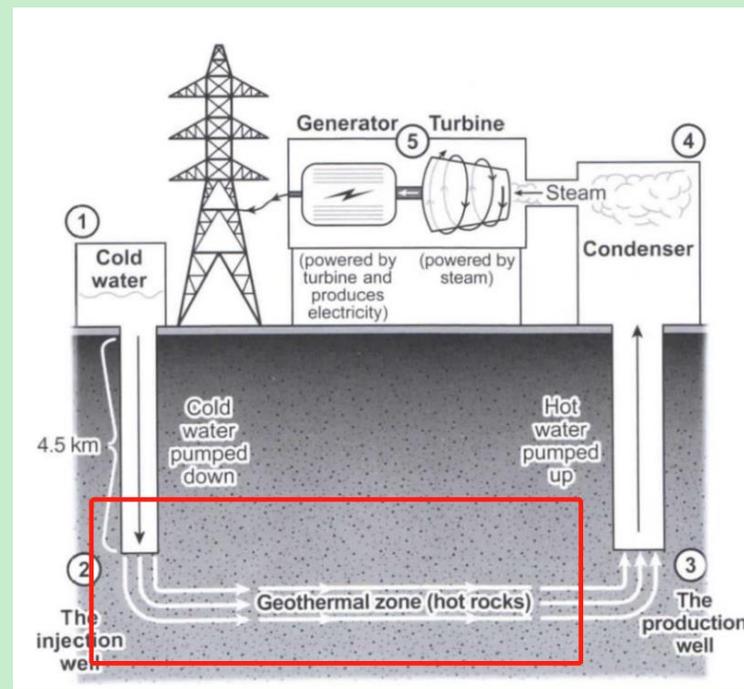
• 记忆法:

• 考法: • prior experience

• 拓展:

【prior to】是小作文【流程图】中【before】的7分+表达

• Before/Prior to entering the geothermal zone, cold water is pumped down from the surface.



261. priority

/ praɪ'ɒrəti /

阅

听

N. 优先项

- **记忆法:**
 - 来自prior (Adj. 之前的)
- **考法:**
 - your main **priority** will be...
- **拓展:** 写作中表达【认为XX很重要】的7分+表达
 - Sb attaches great importance to Sth.
 - Sb gives **priority** to Sth.

262. prohibit

/ prə'hibit /

阅

听

V. 阻止

• 记忆法:

- **考法:**
 - The lighting of fires is strictly **prohibited**.

- **拓展:** 写作口语中【价格贵】的8分+表达:
 - The price is very high.
 - The price is **prohibitively** high

263. remarkable

/ rɪ'mɑ:kəb(ə)l /

阅

听

Adj. 极好的

- **记忆法:**
 - 根本意思来自mark (V. 做记号)
- **考法:**
 - It is remarkable that...
- **拓展:**
 - 阅读和听力中, 听到【remarkable/remarkably】要小心了, 后面可能会出题。

264. repetition

/ ,repə'tɪʃ(ə)n /

阅

听

N. 重复

- **记忆法:**
 - 来自repeat (V. 重复)
- **考法:**
 - the **repetition** of success
- **拓展:**
 - 口语中谈到【学英语】这件事的必备表达:
 - **repetition** of practice and labor (辛苦)

265. undertake

/ ,ʌndə'teɪk /

阅

V. 承担

• 记忆法:

• 考法:

- undertake tasks

• 拓展:

- undertake to do sth: 承担起做某事的责任
- 7分同替: shoulder the responsibility for sth

266. obstacle

/ 'ɒbstək(ə)l /

阅

听

N. 1) 障碍; 2) 障碍物

- **记忆法:**
 - ob: “对立” ; sta: 同stand
- **考法:**
 - removing **obstacles**
 - identify **obstacles** as opportunity
- **拓展:**
 - 写作口语中【difficulty】的7分+替换
 - 需要会拼写

267. opponent / ə'pəʊnənt /

阅

听

N.反对者

- **记忆法:** • 联想opposite
- **考法:** • defeat the **opponent**
- **拓展:** • <反>proponent (N. 支持者)

268. orchestra / 'ɔ:kɪstrə /

听

N. 管弦乐队

- 记忆法：
- 考法：
 - 需要会拼写
- 拓展：

269. seminar

/ 'seminɑ:(r) /

阅

听

N. 研讨会

• 记忆法:

• 考法:

- That **seminar** yesterday on automation was really good.

• 拓展:



270. approximately / ə'prɒksɪmətli /

阅

听

Adv. 大约地

- **记忆法:** • 区分appropriate
- **考法:** • approximately+数字=about+数字
- **拓展:** • 写作中大家常犯的错: approximate 30%

271. arbitrary

/ 'ɑ:bitrəri /

阅

Adj. 随机的

• 记忆法:

• 考法: random, arbitrary or accidental mutations (突变) of ideas

• 拓展:

272. architect

/ 'ɑ:kɪtekt /

阅

N. 建筑师

- **记忆法:**
 - 可以结合arch (拱门)
- **考法:**
- **拓展:**
 - **architecture** (N. 建筑学)



273. geology

/ dʒi'ɒlədʒi /

阅

听

N. 地质学

- **记忆法:**
 - 结合geography
- **考法:**
 - 记住是【学科名】就行
- **拓展:**

274. geometry / dʒi'ɒmətri /

阅

听

N. 几何学

• 记忆法:

• 考法: • 记住是【学科名】就行拓展

• 拓展:

275. entertain

/ ,entə'teɪn /

阅

听

V. 款待

- **记忆法:** • 结合entertainment (N. 娱乐)
- **考法:** • entertain his guest
- **拓展:**

276. entry

/ 'entri /

阅

听

N. 1) 进入许可; 2) 录入

- **记忆法:**
 - 区分entrance (N. 入口)
- **考法:**
 - keep **entry** to the museum free
 - data **entry**
- **拓展:**

277. resume

/ rɪ'zju:m /; /'rezjumeɪ/

阅

听

V. 继续进行; N. 简历

• 记忆法:

- 考法:
- allow plant growth to resume
 - Please bring your resume with you.

• 拓展:

278. presume

/prɪ'zju:m/

阅

听

V. 猜想

- **记忆法:** 区分resume
- **考法:**
 - I **presume** you have your resume with you?
 - It was **presumed** to have died out.
- **拓展:** **presumably** (Adv. 也许 /prɪ'zju:məbli/)

279. severely

/ sɪ'viəli /

阅

听

Adv. 严重地

- **记忆法:**
 - 区分serve (V. 提供餐食)
- **考法:**
 - was severely punished
 - severely injure themselves
- **拓展:**

280. simplify

/ 'sɪmplɪfaɪ /

阅

听

V. 简化

- **记忆法:**
 - 来自simple
- **考法:**
 - They have the drawback of **simplifying** reality in the process.
- **拓展:**

写作【建议类题目】经典理由之【这个建议听上去很对，但其实实施没那么简单】

 - While this recommendation sounds appealing, it has the drawback of **simplifying** reality in the process.

281. temporary

/ 'tempərəri /

阅

听

Adj. 短期的

• 记忆法:

• 考法:

- temporary staff
- most temporary jobs aren't advertised.

• 拓展:

口语写作经典句式之【做A的快乐转瞬即逝，而做B的愉悦历久弥新】

- While the joy of doing XX is temporary, the pleasure from doing XX lasts forever/ is enduring (持续的).

282. contemporary

/ kən'temp(ə)rəri /

阅

听

Adj. 当代的

- **记忆法:** • 区分temporary (暂时的)
- **考法:** • contemporary cities
- **拓展:**

283. massive

/ 'mæsi:v /

阅

听

Adj. 巨大的

• 记忆法:

- 考法:
- massive stones
 - massive database (数据库)

• 拓展:

284. maximum / 'mæksɪmə /

阅

听

Adj. 最大的

- **记忆法:** • “男友力Max” ; Iphone 15 Pro Max
- **考法:** • the maximum speed
- **拓展:** • <反> minimum (Adj. 最小的) : the minimum size



285. retail

/ 'ri:teɪl /

阅

听

N. 零售业

• 记忆法:

• 考法: • a job in **retail**

• 拓展: • <反> wholesale (N. 批发)

286. restrict

/ rɪ'strɪkt /

阅

听

V. 限制

- 记忆法:
- 考法:
 - restrict plant growth
- 拓展:
 - restriction (N. 限制)

287. sponsor

/ 'spɒnsə(r) /

阅

听

N. 赞助商

• 记忆法:

• **考法:** persuade them to be a sponsor

• **拓展:** 区分spouse (N. 配偶 /spaʊs/)

288. triumph

/ 'traɪʌmf /

阅

听

N. 胜利

• **记忆法:** • 来源于古希腊语thriambos (凯旋式)

• **考法:** • achieve their greatest triumphs

• **拓展:**



289. undergraduate

阅

听

/ ,ʌndə'grædʒuət /

N. 本科生

• 记忆法:

- 考法:
 - undergraduate learning courses

- 拓展:
 - postgraduate (N. 研究生; 博士生)



290. universal

/ ,ju:nɪ'vɜ:s(ə)l /

阅

听

Adj. 被广泛使用、承认、存在的

- **记忆法:**
 - 和universe同根
- **考法:**
 - Concrete is a **universal** commodity (商品) .
 - Laughter is **universal** across all human cultures

• **拓展:**



291. viable

/ 'vaɪəb(ə)l /

阅

Adj. 可行的

- **记忆法:** • 和way同根
- **考法:** • a **viable** solution
- **拓展:** • via (Prep. 通过) : via this method=by/through this method

292. appoint

/ ə'pɔɪnt /

阅

听

V. 1) 约定; 2) 任命

• 记忆法:

- 考法:
- making appointments
 - Although he wanted to study sculpture, no teacher was appointed.

• 拓展:

293. approach

/ ə'prəʊtʃ /

阅

听

N. 方式; V. 迫近

• 记忆法:

- 考法:
- past and present **approaches** to building
 - The deadline is **approaching**.
 - **approach** the destination

• 拓展:

294. counterpart

/ 'kaʊntəpɑ:t /

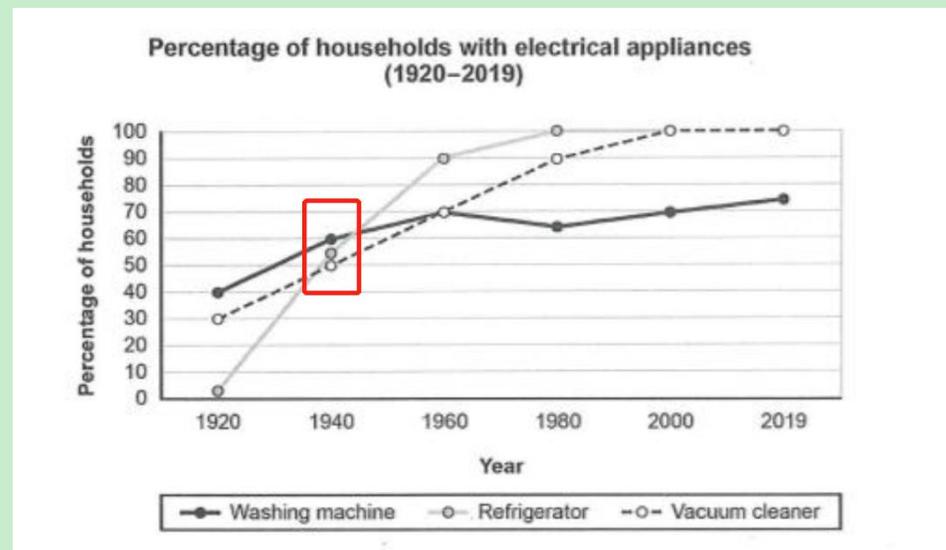
阅

N. 对照物

- **记忆法:** counter: “对立的” ; part: “部分”

- **考法:**

- **拓展:**
 - The figure for washing machines in 1940 was nearly the same as its two counterparts in the same year.



295. equivalent

/ ɪ'kwɪvələnt /

阅

Adj. 相等的; N. 对照物

• 记忆法:

• 考法:

- be **equivalent** to + 数字/事物
- Rivers used to be the **equivalent** of today' s motorways (高速公路) .

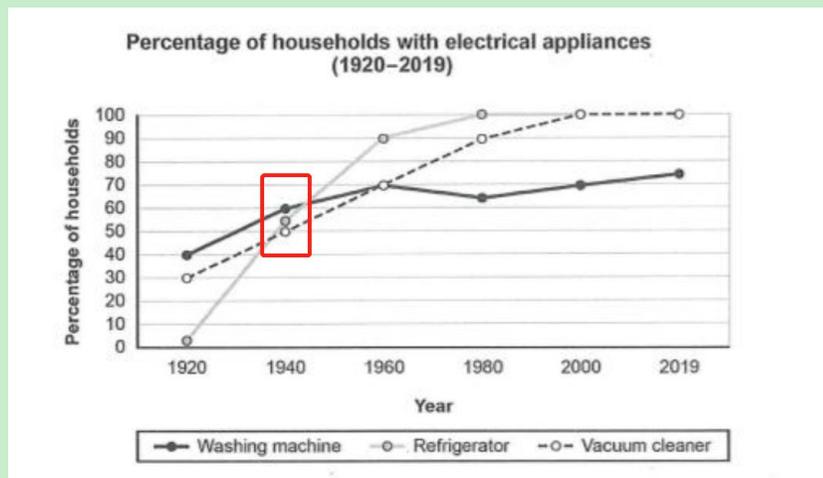
• 拓展:

- 小作文中的7分+加分词汇

The percentage for washing machines in 1940 was **equivalent** to 60%.

- 小作文中的8分+加分词汇

The figure for washing machines in 1940 was nearly the same as its two **equivalents** in the same year.



296. erect

/ ɪ'rekt /

阅

听

V. 竖立

- **记忆法:**
 - 和correct同根 (rect: “直”)
- **考法:**
 - Notices have been **erected**.
- **拓展:**

297. fertile

/ 'fɜ:təɪl /

阅

Adj. 1) 肥沃的; 2) 能结果的

• 记忆法:

• 考法:

- fertile soil
- fertile seeds

• 拓展:

- fertilizer (N. 肥料)

298. grateful

/ 'grɛɪtʃ(ə)l /

阅

听

Adj. 感谢的

• 记忆法:

• 考法: • Local people may have another reason to be grateful to their bats.

• 拓展: • gratitude (N. 感谢)

299. interpret

/ ɪn'tɜːprət /

阅

听

V. 解读

• 记忆法:

- **考法:**
 - Shakespeare's plays can be **interpreted** in many ways

- **拓展:**
 - **interpretation** (N. 解读)
 - translate (V. 笔译) vs **interpret** (V. 口语)

300. modify

/ 'mɒdɪfaɪ /

阅

听

V. 修改

- **记忆法:**
 - 和mode (N. 模式) 同根
- **考法:**
 - **modify** the gene in tomatoes
 - **modify** an algorithm (算法)
- **拓展:**

301. applicant

/ 'æplɪkənt /

阅

听

N. 申请者

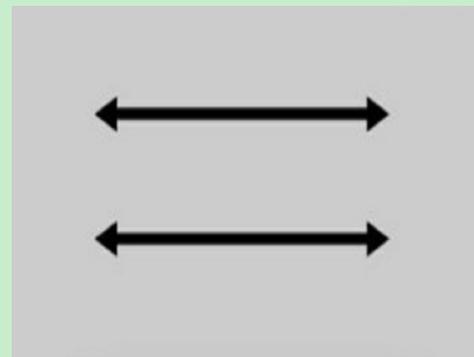
- **记忆法:**
 - 来自apply (V. 申请)
- **考法:**
 - potential applicant
- **拓展:**
 - 申请某个学校: apply for + 学校
 - 区分appliance (N. 家用电器)

302. parallel

/ 'pærəlel /

阅

N. 类似的事物; Adj. 同时发生的



- **记忆法:**
 - 本来指的是“平行线”
- **考法:**
 - This has **parallels** in history.
 - be **parallel** to their scientific notebooks
- **拓展:**

303. recession

/ rɪˈseɪʃ(ə)n /

阅

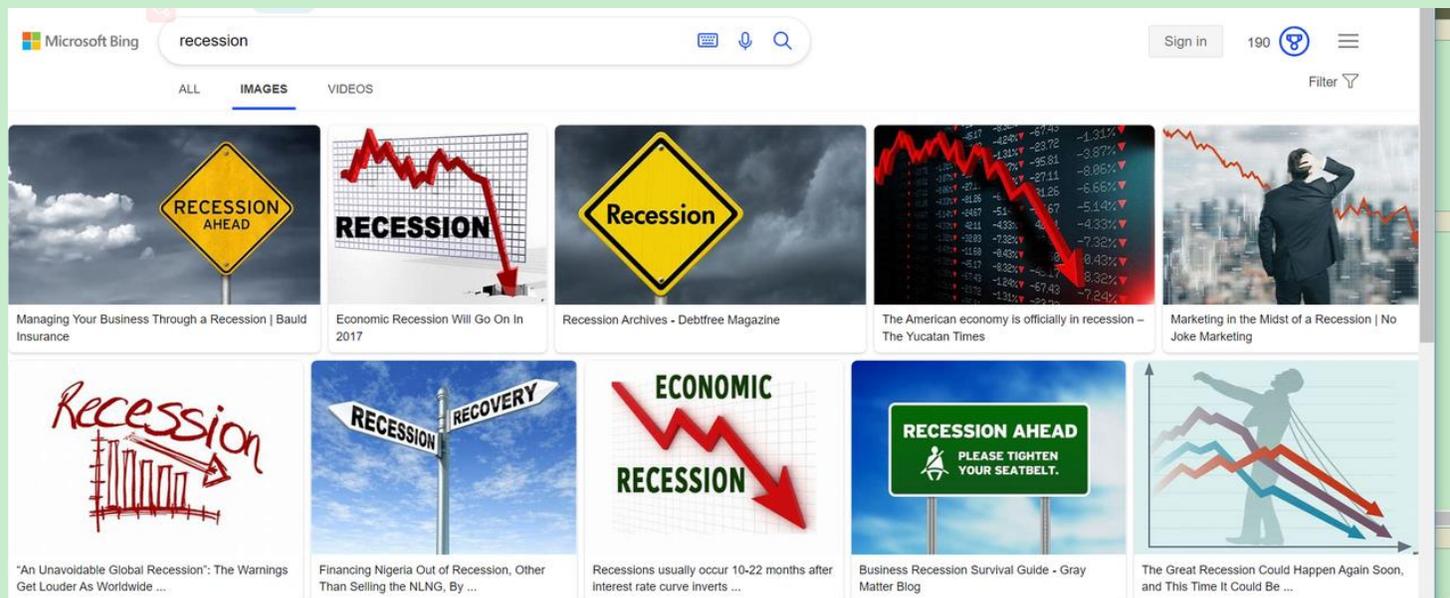
听

N. 衰退

• 记忆法:

• 考法: • economic recession

• 拓展:



304. peak

/ pi:k /

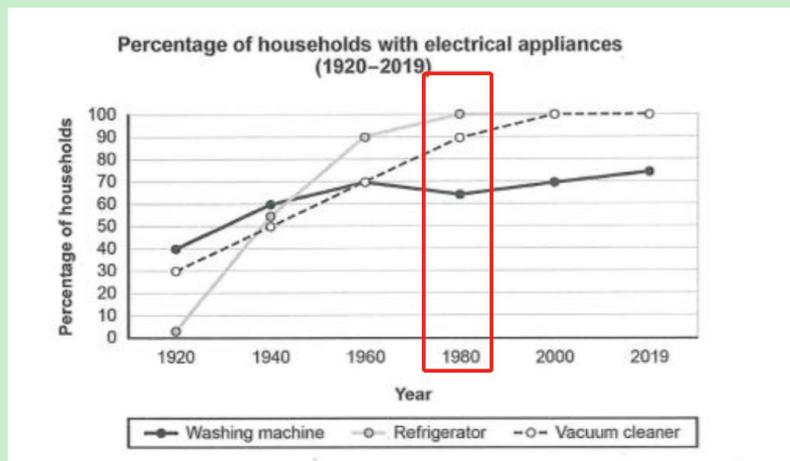
阅

听

N. 1) 山顶; 2) 顶点; 3) 峰值

• 记忆法:

• 考法: • the **peak** of a recent economic recession



• 拓展: • The percentage of refrigerators reached its **peak** (100%) in 1980.

305. reluctant

/ rɪ'lʌktənt /

阅

Adj. 不情愿的

- **记忆法:**
 - 我学生时代的词汇书：“驴拉可疼”
- **考法:**
 - People are so **reluctant** to trust AI.
- **拓展:** 写作中【don't want to】的8分表达
 - This is especially good for the students who don't want to study.
 - This especially benefits those **reluctant** to study.

306. relevant

/ 'reləvənt /

阅

听

Adj. 1) 相关的; 2) 重要的

• 记忆法:

• 考法: • His ideas are also relevant to today' s world

• 拓展:

Write about the following topic:

In the future all cars, buses and trucks will be driverless. The only people travelling inside these vehicles will be passengers.

Do you think the advantages of driverless vehicles outweigh the disadvantages?

Give reasons for your answer and include any relevant examples from your own knowledge or experience.

307. relief

/ rɪ'liːf /

阅

听

N. 1) 缓解; 2) 如释重负

• 记忆法:

- 考法:
- relief from anxiety
 - What a relief!

• 拓展:

308. rescue

/ 'reskju: /

阅

听

N. 拯救

• 记忆法:

- **考法:**
 - a woodcutter (樵夫) hears her cries and comes to her **rescue**
 - 《Bats to the rescue》

• 拓展:

309. variation / ,veəri'eɪʃ(ə)n /

阅 听

N. 1) 差别; 2) 变体

- **记忆法:** • 来自vary (V. 变化) ; 区分variable (多变的; 变量) 和various (多样的)

- **考法:**
 - Variation in intelligence (智力) begins at birth.
 - The same story has global variations.

- **拓展:**



310. vehicle

/ 'vi:əkl /

阅

听

N. 1) 交通工具; 2) 手段

- **记忆法:**
 - ve其实和way同源
- **考法:**
 - build model **vehicles**
 - It' s not just a **vehicle** for making children feel good.
- **拓展:** 写作中【way】的8分替换词:
 - It's a way to make students have better grades.
 - It serves as a **vehicle** for improving students' academic performances.

311. delicate

/ 'delɪkət /

阅

听

Adj. 精美的

- **记忆法:**
 - 和delicious同根
- **考法:**
 - delicate embroidery (刺绣)
 - delicate art
- **拓展:**

312. evolve

/ ɪ'vɒlʊ /

阅

听

V. 进化

• 记忆法:

• 考法:

- how an idea took shape and evolved
- These animals and plants have evolved.

• 拓展:

- evolution (N. 进化)

313. guarantee

/ ,gærən'ti: /

阅

听

V. 保障

• 记忆法:

- **考法:**
 - new policies that **guarantee** full employment

- **拓展:**
 - 写作中的8分词汇, 但需要【会拼写】

314. modest

/ 'mɒdɪst /

阅

Adj. 1) 谦虚的; 2) (数字) 小的; (程度) 低的

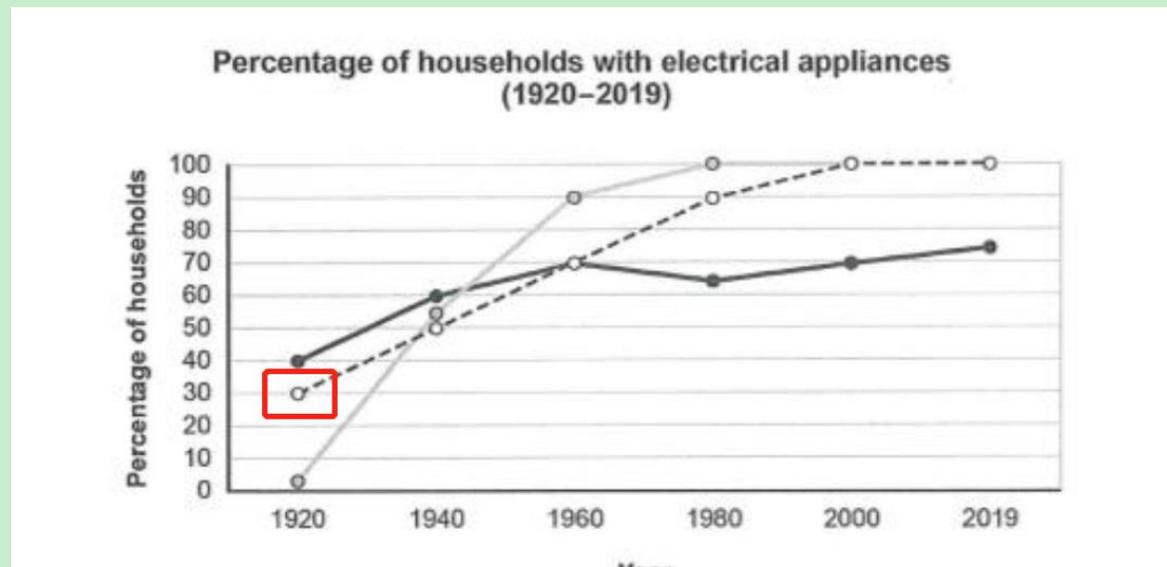
• 记忆法:

• 考法:

- a modest number
- modest fame

• 拓展: 写作中替换【small】的8分词汇

• The percentage for refrigerators in 1920 was relatively modest: 30%.



315. orbit

/ 'ɔ:bit /

阅

听

N. 轨道

• 记忆法:

• 考法: • Orbit around the planet

• 拓展:



316. particle

/ 'pɑ:tɪk(ə)l /

阅

听

N. 粒子

- **记忆法:**
 - 区分article和passage
- **考法:**
 - a very simple filter (筛子) to trap (过滤) particles
- **拓展:**

317. respond

/ rɪ'spɒnd /

阅

听

V. 对XX作出回应

• 记忆法:

- **考法:**
 - How does the author **respond** to his opponent in the third paragraph?

• 拓展:

- response (N. 回应)
- 写作7分表达: in **response** to sth (作为对XX的回应)
- In **response** to the competitive market, companies utilize various advertising methods.

318. sensitive

/ 'sensətɪv /

阅

Adj. 敏感的

• 记忆法:

• 考法:

- Supply chains are sensitive to public pressure.

• 拓展:

319. trial

/ 'traɪəl /

阅

听

V & N. 试验

• 记忆法:

- **考法:**
 - **trial** this cutting-edge (前沿的) technology
 - a process of **trial** and error

• 拓展:

320. apparently

/ ə'pærəntli /

阅

听

Adv. 明显地

- **记忆法:** • 和appear同根
- **考法:** • **Apparently**, 句子.
- **拓展:**

321. deposit

/ dɪ'pɒzɪt /

阅

听

N. 1) 定金; 2) 沉积物

- **记忆法:**
 - pos: 同pose (V. 放置)
- **考法:**
 - We need some **deposit** to secure your booking.
 - **deposit** of animal fat
- **拓展:**

322. derive

/ dɪ'raɪv /

阅

听

V. 1) 提取; 2) 来源于

- **记忆法:**
 - rive和river同根
- **考法:**
 - Palm oil is **derived** from palm trees.
 - Palm oil **derives** from palm trees.
- **拓展:**

323. descendant

/ dɪ'sendənt /

阅

听

N. 1) 后代; 2) 派生物

• 记忆法:

• 考法:

- The house was sold by his descendants.
- modern evolutionary theory is a descendant of Darwin's theory of natural selection

• 拓展:

324. mission

/ 'mɪʃ(ə)n /

阅

听

N. 任务

- **记忆法:**
 - 词根mis: “送”, 同emission
- **考法:**
 - He is on a mission.
- **拓展:**
 - 口语中替换【difficult】的7分+词汇:
 - It's really hard; I mean, it's mission impossible/an impossible mission.

325. note

/ nəʊt /

阅

听

N. 笔记; V. 1) 注意到; 2) 指出

• **记忆法:**

- **考法:**
- It is rarely **noted** that...
 - Scientists **note** that...

• **拓展:**

326. reveal

/ rɪ'vi:l /

阅

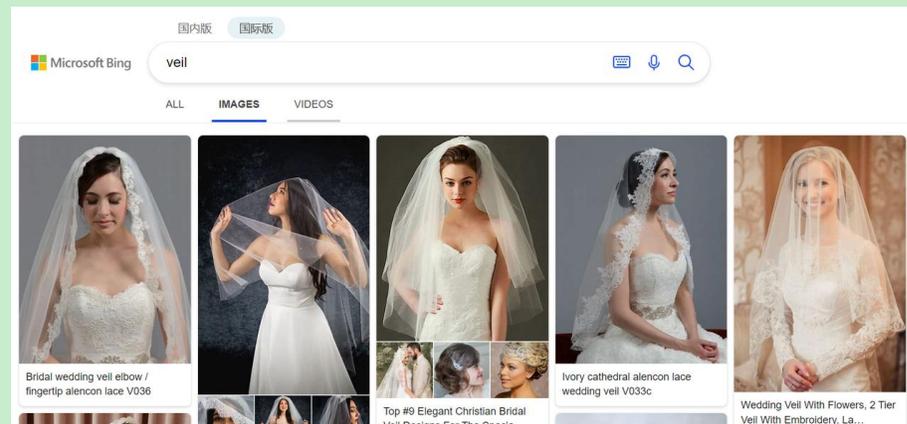
听

V. 揭示

- **记忆法:** • veal来自veil (N. 面纱)

- **考法:** • They never **revealed** the exact location of the source.

- **拓展:** • 写作中【批评其他观点】的万能高分句子:
While this perspective sounds appealing, a close examination **reveals** that...



327. shelter

/ 'ʃeltə(r) /

阅

听

N. 庇护 (处)

• 记忆法:

• 考法:

- it gives shelter to creatures like birds
- 庇护: 不可数
- 庇护处: 可数

• 拓展:

- 口语中用于【升华一个对你很重要的东西】
- It' s not just a book; it gives shelter to my heart and soul.

328. vital

/ 'vaɪt(ə)l /

阅

听

Adj. 至关重要

- **记忆法:**
 - 和vitamin (/ˈvɪtəˌmɪn/) 同根
- **考法:**
 - It performs a **vital** role.
- **拓展:**
 - 口语中展现【词汇精准掌握度】的表达:
It's important, I mean, maybe very important: it's **vital**.

328. vital

/ 'vaɪt(ə)l /

阅

听

vital ☆ ⋮

英 / 'vaɪt(ə)l / 🔊

美 / 'vaɪt(ə)l / 🔊

全球(美国) 🔊 ▶

简明

牛津

新牛津

韦氏

柯林斯

例句

百科

vital / 'vaɪtəl / ★★☆☆☆ | CET4 TEM4

1. ADJ If you say that something is **vital**, you mean that it is necessary or very important. 至关重要的

- The port is vital to supply relief to millions of drought victims.
这个港口至关重要，给数百万旱灾民提供救济物资。

329. urban

/ 'ʊ: bən /

阅

听

N. 城市的

• 记忆法:

• 考法: • Urban farming

• 拓展: • suburban: 城郊的; rural regions: 农村的

330. urge

/ ɜːdʒ /

阅

V. 敦促（殷勤希望、强烈要求）

• 记忆法：

• 考法： • I **urge** readers to...

• 拓展： • **urgent** (Adj. 紧急的)

331. whereas

/ ,weər'æz /

阅

听

Conj. 然而

• 记忆法:

• 考法:

- The people dancing in a group were happier, **whereas** those dancing alone were not.

• 拓展:

- = while

332. exceed

/ ɪk'si:d /

阅

听

V. 超过

- 记忆法:
- 考法:
 - the needs **exceed** the supply
- 拓展:
 - **excessively** (Adv. 太...)

333. exclusive

/ ɪk'skluːsɪv /

阅

Adj. 唯一的

- **记忆法:**
 - 结合include
- **考法:**
 - the Arabs were the **exclusive** importers...
- **拓展:**
 - 口语中【兴趣类话题】的8分表达之【只对XX感兴趣】
 - I am interested in XX, **exclusively**.

334. fleet

/ fli:t /

阅

N. 舰队

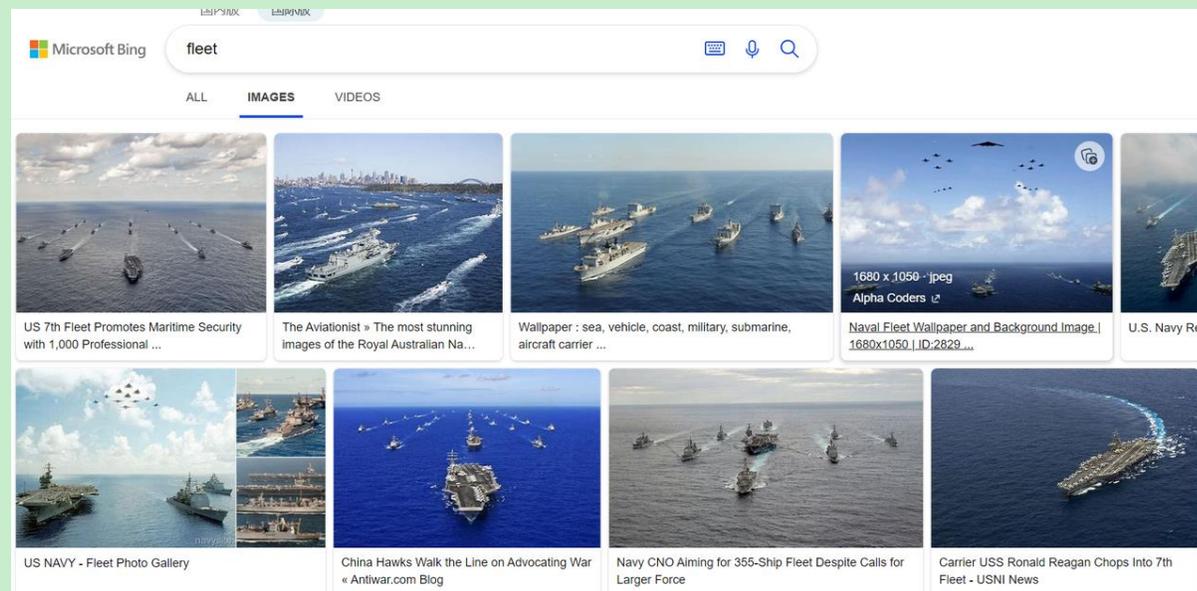
• 记忆法:

• 考法: • a fleet of vessels (船只)

• 拓展:

• **fleeting** (Adj. 飞逝的)

• 口语用于感叹【时光飞快】的8分表达: Time flies! → **Fleeting** time!



335. flexible

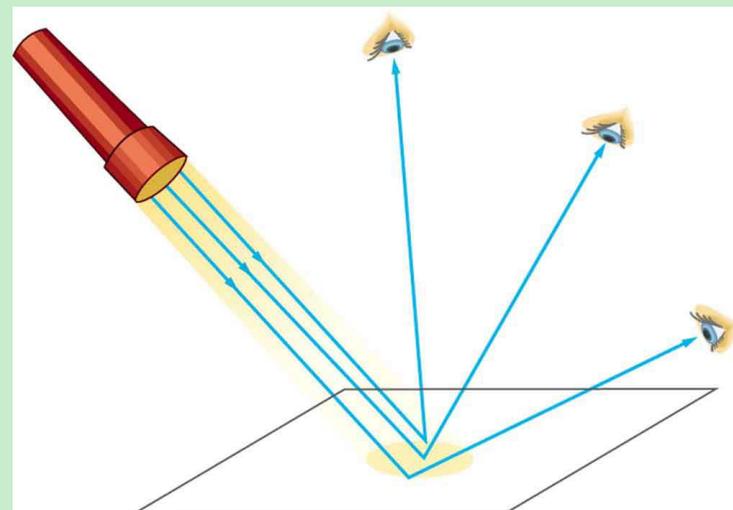
/ 'fleksəb(ə)l /

阅

听

Adj. 灵活的

- **记忆法:** • fle: 折, 弯 (结合reflect: V. 反射)
- **考法:** • a flexible plan
- **拓展:**



336. flock

/ flɒk /

阅

听

N. 一群（动物）； V. （人群）蜂拥

- **记忆法：**
 - 来自folk（人民）
- **考法：**
 - a flock of birds
 - customers flocked to the department stores（百货公司）
- **拓展：**
 - folklore（N. 民间传说）

337. incident

/ 'ɪnsɪdənt /

阅

N. 事件

- **记忆法:**
 - 结合accident (事故)
- **考法:**
 - Participants then discussed the **incident** with their partner.
- **拓展:**
 - 口语中替换【thing】的7分表达

338. index

/ 'Indeks /

阅

听

N. 索引

• 记忆法:

• 考法: index card (索引卡片)

• 拓展:



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339. infect

/ ɪn'fekt /

阅

听

V. 感染

• 记忆法:

- **考法:**
 - a disease that **infects** 400 million people

- **拓展:**
 - **infection** (N. 感染)
 - 写作口语中【influence】的7分替换词
 - I was considerably **infected** by my teacher.

340. infinite

/ 'ɪnfɪnət /

阅

Adj. 无限的

- **记忆法:** • fini: 和finish同根
- **考法:** • an infinite variety of
- **拓展:**

341. inhabitant

/ ɪnˈhæbɪtənt /

阅

听

N. 居民

- **记忆法:**
 - 结合habit: 习惯 (性地呆在一个地方)
- **考法:**
 - local inhabitants
- **拓展:**
 - inhabit (V. 在某个地方定居 /ɪnˈhæbɪt/) : inhabit the area

342. joint

/ dʒɔɪnt /

阅

听

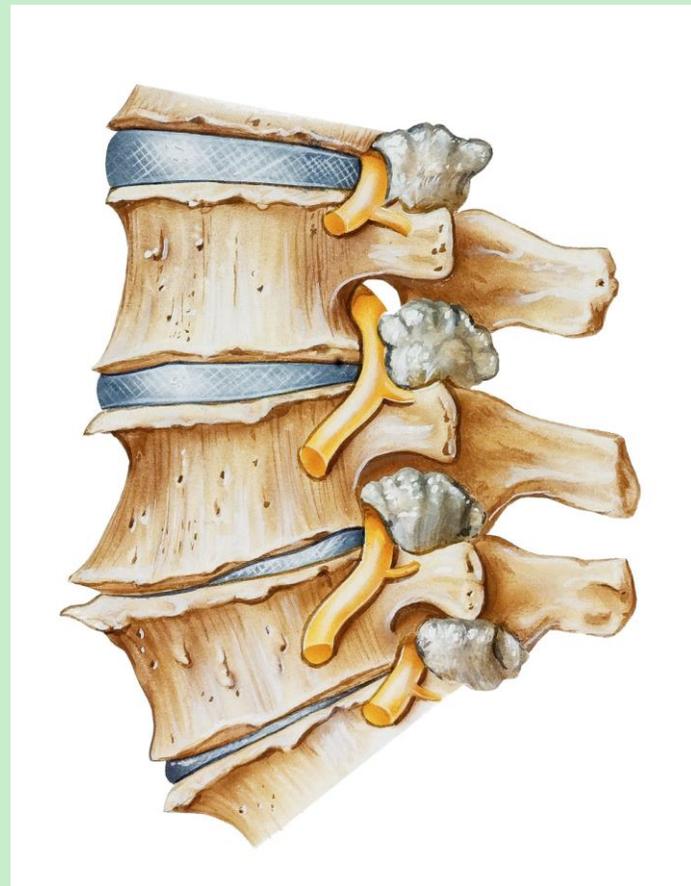
N. 关节; Adj. 联合的

• 记忆法:

• 考法:

- knee joint
- joint account holder

• 拓展:



343. junior

/ 'dʒuːniə(r) /

阅

听

Adj. 1) 初级的; 2) 年轻的

• 记忆法:

- 考法:
- junior chief (厨师)
 - junior class for 4-year-olds

- 拓展:
- senior (Adj. 1) 高级的; 2) 年老的)
 - 大一【freshman】; 大二【sophomore】; 大三【junior】; 大四【senior】
 - 本科生【undergraduate】; 研究生博士生【graduate/postgraduate】

344. launch

/ ɒ:ntʃ /

阅

听

V. 发射

• 记忆法:

• 考法: • launch satellites

• 拓展:



345. luxury

/ 'lʌkʃəri /

阅

听

N. 奢侈 (品)

• 记忆法:

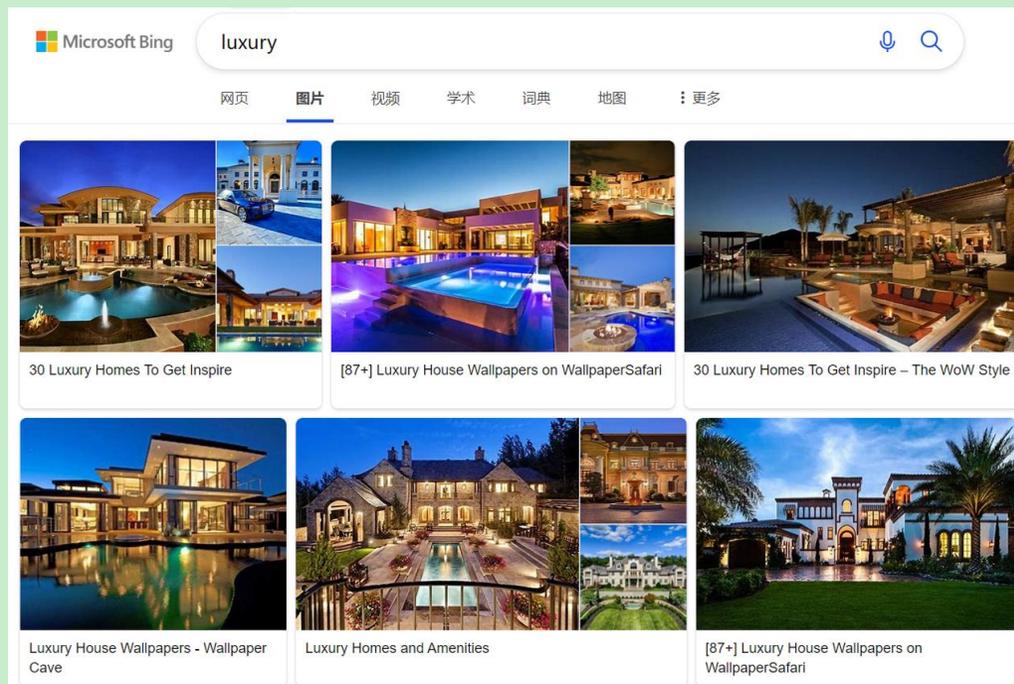
• 考法: • a **luxury** item (物件)

• 拓展:

• **luxurious** (Adj. 奢侈的, 豪华的 /lʌg'zʊəriəs/)

• 口语中表达【不经常做某事】的7分+表达:

Travelling is a **luxury** for me now: I can't do that anymore.



346. manual

/ 'mænjuəl /

阅

听

Adj. 手动的; N. 手册

- **记忆法:**
 - 词根man: 手 (结合manage: 管理)
- **考法:**
 - Do you want a **manual**?
 - operate it **manually**
- **拓展:**



347. manufacture / ,mænju'fæktʃə(r) /

阅

听

V & N. (用机器大量) 生产

- **记忆法:**
 - 词根man: 手
- **考法:**
 - car manufacture
- **拓展:**

348. marine

/ mə'ri:n /

阅

Adj. 海洋的

• 记忆法:

• 考法: • marine biologist

• 拓展:

349. mutual

/ 'mju:tʃuəl /

阅

Adj. 互相的

• 记忆法:

• 考法: • that can be mutually beneficial or mutually destructive (破坏的)

• 拓展: 口语Part3【人际关系题目】中表达【这是双向的】

- 考官: Do you think the senior staff should teach the junior staff?
- 我: Actually, I think it's a mutual thing.

350. novel

/ 'nɒv(ə)l /

阅

听

N. 小说; Adj. 创新的

• 记忆法:

• 考法: • a novel way of fundraising

• 拓展: • 写作中用于替换【new、creative】的7分+词汇

351. innovate

/ 'ɪnəveɪt /

阅

听

V. 创新

- **记忆法:**
 - 和novel同根
- **考法:**
 - Company that don't innovate will fail.
- **拓展:**
 - innovation (N. 创新)
 - innovative (Adj. 创新的)

352. neglect

/ nɪ'glect /

阅

V & N. 忽略

• 记忆法:

- **考法:**
 - Some studies have **neglected** to include important factors.

- **拓展:**
 - 写作【建议类】题目中的经典理由之【优点很多，缺点也不容忽视】
 - While this suggestion sounds appealing, its drawbacks should not be **neglected**.

353. original

/ ə'ri:dʒən(ə)l /

阅

听

Adj. 1) 本来的; 2) 原创的

- **记忆法:**
 - 来自origin (N. 起源)
- **考法:**
 - The park was **originally** established as...
 - an **original** idea
- **拓展:**
 - = novel=innovative

354. oval

/ 'əʊv(ə)l /

阅

听

Adj. 椭圆的

• 记忆法:

• 考法: • oval leaves

• 拓展: • 圆的【round】; 方的【square】; 三角形的【triangular】;
• 环形的【ring/circular】; 条纹状的【stripe】



355. outset

/ 'aʊtset /

阅

N. 开端

- **记忆法:**
 - 结合短语: set out to do sth (开始做某事)
- **考法:**
 - from the outset
 - At the outset of the new millennium (千年; /mɪˈleniəm/)
- **拓展:**
 - 写作口语中替换【beginning】的7分+词汇

356. current

/ 'kʌrənt /

阅

听

Adj. 现在的

• 记忆法:

• 考法: • the **current** owner of the house

• 拓展: • **currency** (N. 货币)
• 口语写作中用于替换【now】的7分+词汇
• **Currently**, I don't have the time.

357. presumably / prɪ'zju:məbli /

阅

听

Adv. 可能地

- **记忆法:**
 - 区分resume (V. 继续进行; N. 简历)
 - 结合presume (V. 猜想)
- **考法:**
 - Presumably, some students and lecturers will come?
- **拓展:**
 - 写作口语中替换【maybe】的7分+词汇

358. prevail

/ pri'veil /

阅

V. 盛行

- **记忆法:**
 - 词根vail: 同value
- **考法:**
 - the prevailing theory
- **拓展:**
 - prevalent (Adj. 流行的)
 - 写作口语中替换【become popular】的7分+词汇
 - It thus prevailed/became prevalent among the younger generation.

359. recreation / ,ri:kri'eɪʃn; ,rekri'eɪʃən /

阅

听

N. 娱乐

- 记忆法:
- 考法:
 - recreation ground
- 拓展:
 - recreational (Adj. 娱乐性的)

360. recruit

/ rɪ'krʊ:t /

阅

听

V. 招募

• 记忆法:

• 考法: • recruit new staff

• 拓展:

361. rival

/ 'raɪv(ə)l /

阅

听

N. 对手

• 记忆法:

- **考法:**
 - outrun (超过) his **rivals**

- **拓展:**
 - rivalry (N. 竞争 /'raɪv(ə)lri/) : sibling **rivalry** (兄弟姐妹之争)
 - 词源很有意思

362. skim

/ skim /

阅

听

V. 略读

- **记忆法:**
 - 来源于skim【冲浪】的意思
- **考法:**
 - skim the article
- **拓展:**



363. textile

/ 'tekstaɪl /

阅

听

N. 纺织业

• 记忆法:

- 考法:
 - the **textile** industry

• 拓展: **【textile】**的关联词:

- Industrial Revolution; factory; machines; steam; coal

364. tropical

/ 'trɒpɪk(ə)l /

阅

听

Adj. 热带的

- 记忆法:
- 考法: • tropical forest
- 拓展:



365. label

/ 'leɪb(ə)l /

阅

听

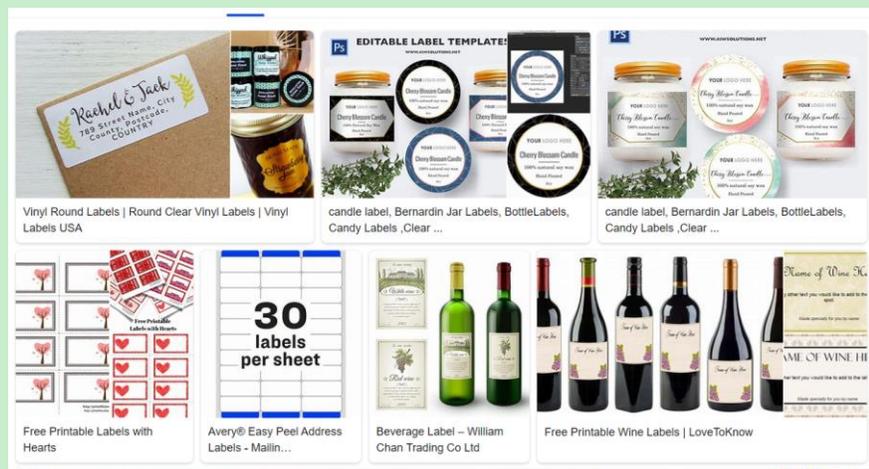
V. 贴标签; N. 标签

• 记忆法:

• 考法:

• calorie counts of food on the **label**

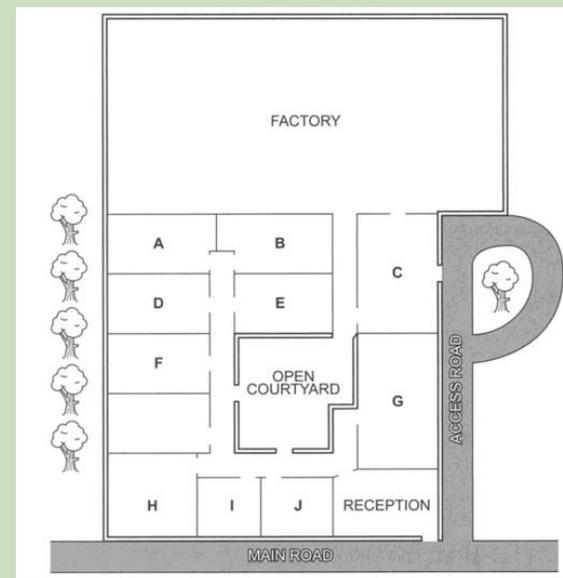
• 拓展:



Label the map below.

Write the correct letter, A-J, next to Questions 15-20.

Plan of Stevenson's site



- 15 coffee room
- 16 warehouse
- 17 staff canteen
- 18 meeting room
- 19 human resources
- 20 boardroom

366. merchant

/ 'mɜ:tʃənt /

阅

听

N. 商人

- **记忆法:**
 - 和market同根
- **考法:**
 - merchant associations
- **拓展:**
 - 关联词: merchandise (商品; /^l'mɜ:tʃəndaɪs/); commercial (商业的; /kə^l'mɜ:ʃ(ə)l/)

367. merely

/ 'mɪəli /

阅

Adv. 只不过是

• 记忆法:

• 考法: • This is merely a prediction, but not a fact.

• 拓展: • mere (Adj. 只不过是)
• This is a mere prediction, but not a fact.

368. numerous

/ 'nju:mərəs /

阅

听

Adj. 大量的

- **记忆法:**
 - 来自number
- **考法:**
 - numerous people
- **拓展:**
 - 写作口语中替换【many】的7分+表达

369. impartial

/ ɪm'pɑːʃ(ə)l /

阅

听

Adj. 公正的

- **记忆法:**
 - 来自part: 部分
- **考法:**
 - an impartial view
- **拓展:**
 - partial (Adj. 1) 部分的; 2) 偏心的)

370. passport

/ 'pɑ:spɔ:t /

听

N. 护照

- 记忆法：
 - 区分visa (N. 签证)

- 考法：

- 拓展：



372. ridiculous

/ rɪ'dɪkjələs /

阅

听

Adj. 可笑的

• 记忆法:

• 考法: • Make somebody look ridiculous

• 拓展:

- 美剧英剧必备词汇
- 口语【表达对某一事物的深切不认同】

I don't think it makes sense; actually, I think it's ridiculous.

373. withstand

/ wɪð'stænd /

阅

听

V. 经受住

- **记忆法:**
 - 结合stand (站立)
- **考法:**
 - withstand the passage (流逝) of time
- **拓展:**
 - 口语【表达某一经历历久弥新】
This memory withstands the passage of time.

374. witness

/ 'wɪtnəs /

阅

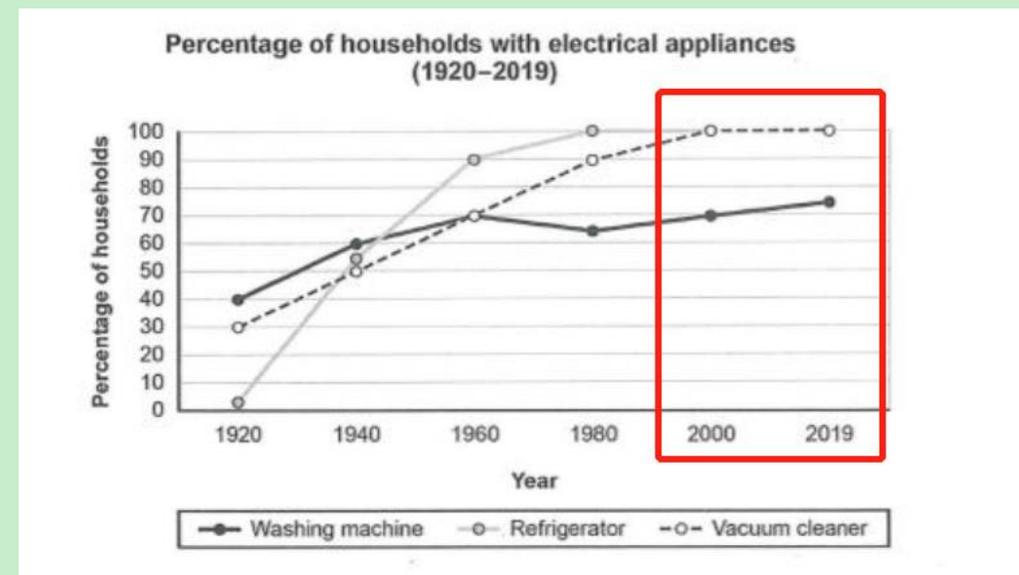
听

V. 目睹

• 记忆法:

• 考法: • It has been **witnessed** that...

• 拓展: • 【小作文】中的经典加分谓语动词:
The last decade for vacuum cleaners **witnessed** no obvious change.



375. solar

/ 'səʊlə(r) /

阅

听

Adj. 跟太阳（能）相关的

• **记忆法:** • 和sun同根

• **考法:** • solar energy

• **拓展:** • 相关词汇:
solar panels (板子) ; recycled energy; environmentally friendly



376. submit

/ səb'mɪt /

阅

听

V. 递交

• 记忆法:

• 考法:

- he **submitted** a plan to Parliament (议会)
- All our instructors (辅导员) have to **submit** a reference (推荐信)

• 拓展:

377. timber

/ 'tɪmbə(r) /

阅

N. 木材

• 记忆法:

• 考法:

- high-quality timber

• 拓展:

- 关联词: log (N. 原木) ; wood (木头) ; wooden (木头的)

378. tissue

/ 'tɪʃuː /

阅

听

N. 1) 动植物的细胞组织; 2) 纸巾

- **记忆法:** • 区分issue (N. 1) 话题; 2) 需要解决的问题)
- **考法:** • the only remaining **tissue**
- **拓展:**



379. drift

/ drift /

阅

听

N & V. 1) 漂移; 2) 飘移

• 记忆法:

- 考法:
- the theory of continental drift
 - volcanic ash drifted so fast

• 拓展:

380. durable

/ 'djʊərəb(ə)l /

阅

听

Adj. 耐用的

- **记忆法:**
 - 和during同根
- **考法:**
 - durable materials
- **拓展:**
 - enduring (Adj. 历久弥新的) : an enduring friendship

381. legislation

/ ,ledʒɪs 'leɪʃn /

阅

听

N. 立法

- **记忆法:**
 - 和legal同根
- **考法:**
 - the latest **legislation** on farming practices
- **拓展:**

382. leisure

/ 'leɪʒə(r) /

阅

听

Adj. 休闲的; N. 休闲

• 记忆法:

• 考法:

- leisure time
- a future of work and leisure

• 拓展:

- 口语中表达【兴趣爱好】时的7分+表达: In my leisure time, I would like to...

383. elaborate

/ ɪˈlæbərət /

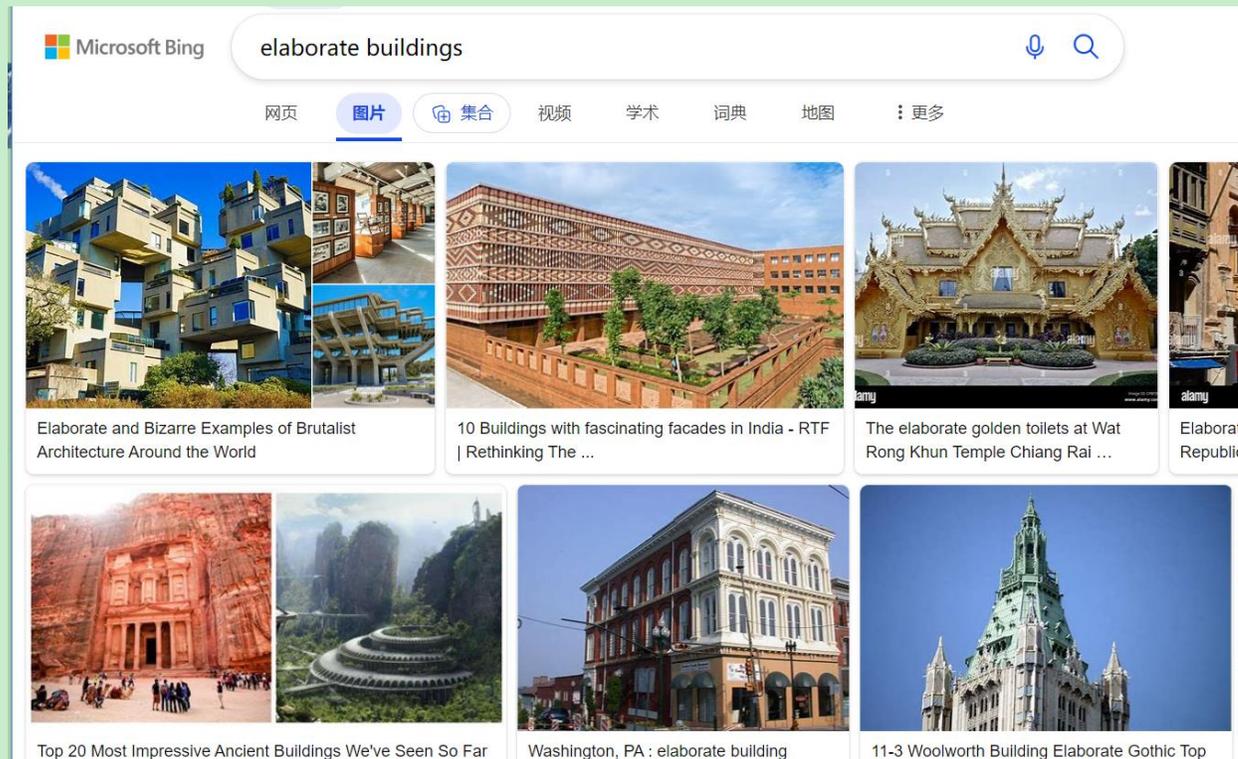
阅

Adj. 1) 结构复杂精巧的; 2) (计划等) 周密的

• 记忆法: • 结合labor: 辛苦

• 考法: • elaborate buildings
• elaborate plans

• 拓展: • 国外读书【最常听到老师说的短语之一】:
Can you elaborate on the details? (V. 详细说明)



384. volcano

/ vɒl'keɪnəʊ /

阅

听

N. 火山

• 记忆法:

• 考法: • volcano ashes

• 拓展: • dormant (冬眠的) volcanoes; active volcanoes; eruption (爆发)

385. volume

/ 'vɒljʊ:m /

阅

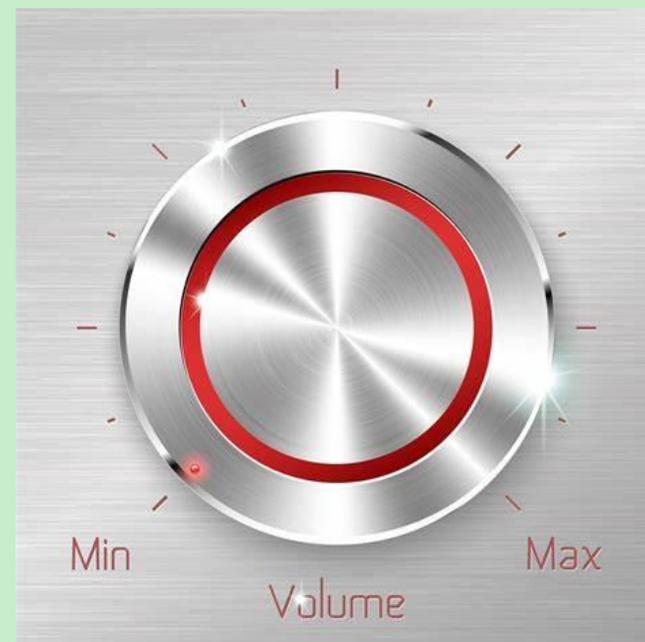
N. 1) 音量; 2) 总量; 3) 卷册

• 记忆法:

• 考法:

- Music cannot be played at high volume.
- the sheer (数量大的) volumes of information
- the first volume of his autobiography (自传)

• 拓展:



386. faulty

/ 'fɔ:lti /

阅

听

Adj. 错误的

- **记忆法:**
 - 来自fault
 - 区分faculty (N. 1) 教职员工; 2) 感官能力)
- **考法:**
 - faulty thinking
- **拓展:**
 - 是口语写作中【wrong】的7分+替换
 - While this suggestion sounds appealing, it is fundamentally faulty.

387. gap

/ gæp /

阅

听

N. 1) 缺口; 2) 差距

• 记忆法:

- 考法:
- a gap in clothes
 - a gap between two generations

- 拓展:
- 口语写作常用表达之【代沟】: the gap between two generations

388. liable

/ 'laɪəb(ə)l /

阅

Adj. 1) 需要负责的; 2) 有...倾向的

• 记忆法:

• 考法:

- be legally liable for the loss
- be liable to make hasty (仓促的) decisions

• 拓展:

- 写作中【某人可能做某事】的8分表达
- They may make hasty decisions.
- They are liable to make hasty decisions.

389. liberty

/ 'libəti /

阅

听

N. 1) 自由; 2) 人身自由

• 记忆法:

• 考法: • loss of liberty

• 拓展:



390. motivate

/ 'məʊtɪveɪt /

阅

听

V. 激励

- **记忆法:**
 - 来自motive (N. 动机)
- **考法:**
 - are **motivated** by pleasure
- **拓展:**
 - motivation (N. 动力)
 - 写作中【encourage sb to do sth】的7分+替换: **motivate** sb to do sth

391. generate

/ 'dʒenəreɪt /

阅

听

V. 产生

- **记忆法:**
 - 和gene同根
- **考法:**
 - generate income
 - generate debris (残骸)
 - generate noise
 - generate power
- **拓展:**
 - 【建议类】写作题目的经典表达【产生好/不好的影响】
This suggestion is liable to generate beneficial/destructive consequences.

392. gasoline

/ 'gæsəli:n /

阅

听

N. 汽油

- **记忆法:** • 是gas的正式说法 (1) 瓦斯; 2) 汽油)
- **考法:** • fuels, such as gasoline
- **拓展:** • fuel (燃料) ; coal (煤) ; steam (蒸汽) ; power (能源) ; wood (木头)

393. germ

/ dʒɜ:m /

阅

听

N. 病菌

• 记忆法:

• 考法: • kill germs

• 拓展: • bacteria (细菌) ; virus (病毒)

394. extract

/ 'ekstrækt; ɪk'strækt /

阅

听

V. 1) 提取; N. 选段

• 记忆法:

- **考法:**
 - an **extract** from Shakespeare's Romeo and Juliet
 - **extract** oil from the leaves

• 拓展:

395. mineral

/ 'mɪnərəl /

阅

N. 1) 矿; 2) 矿物质

• 记忆法:

• 考法: • vitamins and minerals

• 拓展: • mine (N. 矿石; V. 挖矿 /maɪn/)
• mineral extraction

396. gesture

/ 'dʒestʃə(r) /

阅

听

N. 1) 手势; 2) 行为

• 记忆法:

• 考法:

- using gestures to convey meaning
- He served the poor kids food, which was an extraordinary gesture

• 拓展:

397. household

/ 'haʊshəʊld /

阅

听

N. 家庭; Adj. 家庭的

• **记忆法:**

- **考法:**
- he puts her in charge of the household
 - household cleaning

• **拓展:**

398. hint

/ hint /

阅

听

V & N. 暗示

• 记忆法:

• 考法:

- This is the only **hint**.
- New research **hinted at** the possibility that...

• 拓展:

399. highlight

/ 'haɪlaɪt /

阅

听

V. 强调

• 记忆法:

• 考法: • highlight the existence of a problem

• 拓展:

400. justify

/ 'dʒʌstɪfaɪ /

阅

听

V. 合理化

- **记忆法:**
 - 来自just (Adj. 正义的)
- **考法:**
 - justify an opinion about an issue
- **拓展:**
 - 口语写作中【举例】时的7分+表达:
To justify my argument, I would use XX as an example: ...

401. shepherd / 'ʃepəd /

阅

听

N. 牧羊人

- **记忆法:**
 - shep: 来自sheep; herd: 人
- **考法:**
- **拓展:**
 - herd: 普罗大众 (略带贬义)
 - I am an independent individual; I will not follow the herd.

402. deliberately

/ dɪ'libərətli /

阅

Adv. 故意地

- **记忆法:**
 - 结合liber: 自由 (liberty)
- **考法:**
 - Either **deliberately** or by accident.
- **拓展:**

403. destructive

/ dɪ'strʌktɪv /

阅

听

Adj. 具有破坏性的

- **记忆法:**
 - 结合destroy
- **考法:**
 - destructive effect
- **拓展:**
 - 【建议类】写作题目的经典表达【产生好/不好的影响】
This suggestion is liable to generate beneficial/destructive consequences.

404. catastrophic / ,kætə'strɒfɪk /

阅

听

Adj. 灾难性的

- **记忆法:**
 - 来自名词catastrophe (N. 灾难 /kə'tæstrəfi/)
- **考法:**
 - safeguard humanity (人类) against catastrophe
- **拓展:**
 - catastrophe是【disaster】的8分替换词
 - 词源很有意思

405. starvation

/ sta:'veɪʃ(ə)n /

阅

听

N. 饥荒

- **记忆法:**
 - 来自starve (V. 饥饿)
- **考法:**
 - die of **starvation**
- **拓展:**
 - 雅思阅读听力中的【天灾人祸】
 - flood (洪水) ; drought (干旱) ; disease (疾病) ; plague (瘟疫) ; **starvation** (饥荒) ; earthquake (地震) ; volcanic eruption (火山爆发) ; war/warfare (战争) ;

406. striking

/ 'straɪkɪŋ /

阅

Adj. 惊人的

- **记忆法:** • 来自strike (V. 击打)
- **考法:** • a **striking** new exhibition
- **拓展:** • 写作口语中替换【surprising】的7分+表达: **striking**; astonishing; stunning

407. lie

/ laɪ /

阅

听

V. 存在于

• 记忆法:

- **考法:**
 - The problem **lies** in the absence of concrete evidence.

• 拓展:

408. strength

/ streŋθ /

阅

听

N. 长处

• 记忆法:

- **考法:**
 - the **strength** of concrete and steel (钢铁)

- **拓展:**
 - 写作【建议类】文章中表示【好处 vs 坏处】的词:
 - 好处: **strength**; benefit; advantage
 - 坏处: drawback; shortcoming; disadvantage

409. await

/ ə'weɪt /

阅

V. 等待

- **记忆法:** • = wait for
- **考法:** • The customers are **awaiting** the deliveries.
- **拓展:**

重点四级单词

-The END-

410. construction

/ kən'strʌkʃn /

阅

听

N. 建造

- **记忆法:**
 - 词根struc, 同structure
- **考法:**
 - construction of road
- **拓展:**
 - =building
 - construct (V. 建造) =build

411. rapidly

/ 'ræpɪdli /

阅

听

Adv. 快速地

• 记忆法:

• 考法:

- chance for rapid promotion
- grew rapidly

• 拓展:

- 写作口语中替换【quickly】的7分+表达

412. affect

/ ə'fekt /

阅

听

V. 影响

- **记忆法:**
 - 区分effect (N. 影响)
- **考法:**
 - 本身是中性词，需要添加【副词】确定其褒贬
 - negatively/positively **affect** the students
- **拓展:**
 - 写作口语中替换【influence】的7分+表达

413. feedback

/ 'fi:dbæk /

阅

听

N. 反馈

- **记忆法:** • feed+back和“反馈”的一一对应
- **考法:** • gaining instant feedback on sth
- **拓展:**

415. reduce

/ rɪ'djuːs /

阅

听

V. 减少

- **记忆法:**
 - 注意其两种读音
- **考法:**
 - reduce staff turnover (流动)
 - reduce obesity (肥胖症)
- **拓展:**
 - reduction (N. 减少)

416. complicated / 'kɒmplɪkeɪtɪd /

阅

听

Adj. 复杂的

- **记忆法:** • 词根pli表示: 折 (implicate: 招致; explicate: 说明)
- **考法:** • the relationship is **complicated**
- **拓展:** • <近> complex (Adj. 复杂的)

417. controversial / ,kɒntreɪ'vɜ:ʃ(ə)l /

阅

听

Adj. 具有争议的

• 记忆法:

• 考法: • The study yielded **controversial** results.

• 拓展: • **controversy** (N. 争议)

418. feature

/ 'fi:tʃə(r) /

阅

听

N. 特征; V. 以XX为特征

- **记忆法:**
 - 区分figure (数据)
- **考法:**
 - the main feature
 - It features something created by students.
- **拓展:**

419. in advance

/ ɪn əd'vɑːns /

阅

听

提前

• 记忆法:

• 考法: • You should arrange that about a week **in advance**

• 拓展:

420. possess

/ pə'zɛs /

阅

听

V. 拥有

• 记忆法:

• **考法:** • Human beings **possess** various emotions.

• **拓展:** • **possession** (N. 所有物)

421. regarding / rɪ'gɑ:dɪŋ /

阅

Prep. 关于

• 记忆法:

• 考法: • A recommendation regarding satellites is widely ignored.

• 拓展: • = concerning = in terms of

422. roughly

/ 'rʌfli /

阅

听

Adv. 大约

- **记忆法:**
 - 来自rough (Adj. 粗糙的) : a rough surface
- **考法:**
 - roughly 100 massive stones
- **拓展:**
 - = approximately = or so (approximately 100 = 100 or so)

423. thick

/ θɪk /

阅

听

Adj. 1) 厚实的; 2) 浓稠的

• 记忆法:

• 考法:

- thick walls
- Honey is thick.

• 拓展:



424. assess

/ ə'ses /

阅

听

V. 评价

- **记忆法:**
 - 区分asset (N. 财产 /'æset/)
- **考法:**
 - evaluate and **assess** the situation
- **拓展:**
 - self-**assessment**: 自我评价
 - risk **assessment**: 风险评估

425. branch

/ bra:ntʃ /

阅

听

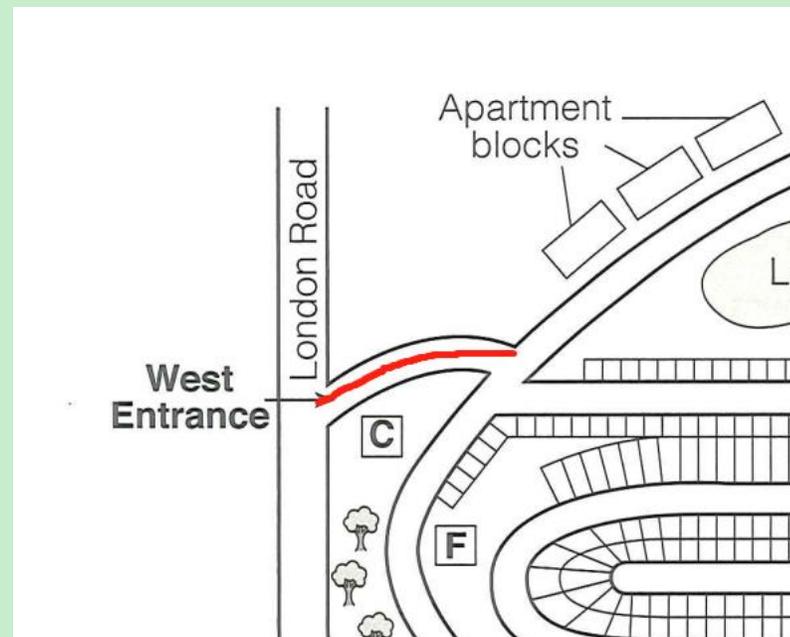
N. 1) 枝干; 2) 分店; V. 分岔出去

• 记忆法:

• 考法:

- a leafy **branch**
- the job at the City Road **branch**
- the road that **branches** off from London Road

• 拓展:



426. character / 'kærəktə(r) /

阅

听

N. 角色

• 记忆法:

• 考法: • the **characters** in his novel

• 拓展: • 区分characteristic (N. 特征)

427. contract

/ 'kɒntrækt; kən'trækt /

阅

听

N. 合同; V. 缩小

• 记忆法:

- 考法:
- negotiate (协商) a contract
 - contracting ice

• 拓展:

428. criterion

/ krai'tiəriən /

阅

听

N. 标准

• 记忆法:

• **考法:** • An important **criterion** is fulfilled.

• **拓展:** • <复> criteria

429. demonstrate

/ 'demənstreɪt /

阅

听

V. 1) 证明; 2) 演示

- **记忆法:**
 - 其实和monster同根
- **考法:**
 - The study demonstrates that...
- **拓展:**
 - demonstration (演示) 和 presentation (展示)



430. dozens of

/'dʌznz ɒv/

阅

听

很多

- **记忆法:**
 - dozen: 12个/一打
- **考法:**
 - dozens of pupils (学生)
- **拓展:**



431. edible

/ 'edəb(ə)l /

阅

听

Adj. 可食用的

- **记忆法:**
 - ed和eat同根
- **考法:**
 - **edible** mushrooms
- **拓展:**
 - <反>: inedible; poisonous; deadly (致命的)

432. elderly

/ 'eldəli /

阅

听

Adj. 年老的; N. 老人

- 记忆法:
- 考法:
 - housing for the elderly
- 拓展:
 - 是比old people更礼貌的说法

433. fragile

/ 'frædʒaɪl /

阅

听

Adj. 脆弱的

• 记忆法:

• 考法: • fragile ecosystems

• 拓展: • 结合fragment (N. 碎片) ; fraction (N. 分数)

434. implement

/ 'ɪmplɪment /

阅

听

V. 实施

• 记忆法:

- **考法:**
 - **implement** a teaching method

• 拓展:

- **implementation** (N. 实施)
- 写作【建议类】题目中经典理由之【这个建议虽然很好，但很难实施】
- While this policy sounds appealing, its **implementation** may come across various obstacles.

435. implication / ˌɪmplɪˈkeɪʃn /

阅

听

N. (深远的) 影响

- **记忆法:**
 - 来自pli: 折 (implicate: 牵连)
- **考法:**
 - This has important **implications** for farmers.
- **拓展:**
 - imply (V. 暗示) 的名词也是**implication**
 - 写作【建议类】题目中经典理由之【会产生深远影响】
 - This policy may generate far-reaching **implications**.

436. investigate

/ ɪn'vestɪgeɪt /

阅

听

V. 研究

- **记忆法:**
 - 拉丁文investigare表示: 脚印
- **考法:**
 - investigate the unknown
- **拓展:**
 - = study=research = examine

437. solely

/ 'səʊli /

阅

听

Adv. 只

• 记忆法:

• 考法: • The emphasis is placed **solely** on efficiency.

• 拓展: • = merely

438. straightforward

阅

听

/ ,streɪt'fɔ:wəd /

Adj. 简单的

• 记忆法:

• 考法:

- It wasn't a straightforward birth, but I managed.
- The implementation is not straightforward.

• 拓展:

- 口语中常用意思之【直截了当的】
- I am quite straightforward; I mean, I won't do things in a round-about way.

439. visible

/ 'vɪzəb(ə)l /

阅

听

Adj. 能够被看见的

- **记忆法:**
 - vis和video同根
- **考法:**
 - inscriptions (铭文) that are still **visible** today
 - **Invisible** to the naked eye...
- **拓展:**
 - <反> **invisible**

440. accessible

/ ək'sesəb(ə)l /

阅

听

Adj. 1) 可以得到的; 2) 可以到达的; 3) 好懂的

- **记忆法:**
 - 来自access (N. 途径)
- **考法:**
 - accessible resources
 - The destination is accessible.
 - accessible knowledge
- **拓展:**
 - have (no) access to sth: (没) 有得到XX的途径

441. be suited to

/ bi 'su:tɪd tu /

阅

听

适合

• 记忆法:

• 考法:

- They **were suited to** teaching.
- Employees **are suited to** their jobs.

• 拓展:

- suit (N. 正装)

442. beneath

/ bɪ'niːθ /

阅

听

Prep. 在XX下面

- 记忆法：
- 考法：
 - beneath the main road
 - beneath their clothes
- 拓展：
 - = below=under=underneath

443. consist of

/kən'sɪst ɒv/

阅

听

包含

• 记忆法:

- **考法:**
 - the whole constellations **consists of** thousands of satellites

- **拓展:**
 - = be comprised of
 - the whole constellation is comprised of thousands of satellites

444. conventional / kən'venʃən(ə)l /

阅

听

Adj. 传统的

- **记忆法:** • 来自convention (N. 传统)
- **考法:** • **conventional** career path
- **拓展:** • **unconventional** = innovative

445. cyclist

/ 'saɪklist /

阅

听

N. 骑自行车的人

- **记忆法:** • 来自cycle (V. 骑自行车)
- **考法:** • lanes (车道) for **cyclists**
- **拓展:** • pedestrian (行人) ; commuters (通勤者) ; drivers=motorist (汽车驾驶者)

446. dense

/ dens /

阅

听

Adj. 1) 厚密的; 2) 难懂的

• 记忆法:

• 考法:

- dense leaves
- dense clouds
- dense texts

• 拓展:

- 口语写作中替换【difficult to understand】的8分+表达
- 考官: Do you like reading novels?
- 我: Yeah, but I don't like the dense ones, the ones that are difficult to understand.



447. department

/ di'pɑ:tmənt /

阅

听

N. 1) (公司的某个) 部门; 2) (大学的某个) 系;

• 记忆法:

• 考法:

- Human resources department
- literature department

• 拓展:

- Department Stores (百货商店)

448. disrupt

/ dɪs'rʌpt /

阅

听

V. 扰乱

• 记忆法:

- **考法:** • disrupt their classmates' learning

• 拓展:

- disruptive (Adj. 引起混乱的)
- 口语中表示【淘气的】8分表达:
- 考官: Were you a good student when you were in primary school?
- 我: Not really, I used to be kinda naughty, even disruptive sometimes.

449. enormous

/ɪˈnɔːməs/

阅

听

Adj. 巨大的（抽象或者具体的）

• 记忆法：

- 考法：
- enormous new machines
 - hold enormous interest

- 拓展：
- 写作口语中替换【big/great】的7分+词汇：
 - I have great interest in...
 - I hold enormous interest in...

450. etc.

/,et 'setərə/

阅

听

等等

- **记忆法:**
 - 注意读音
- **考法:**
 - A, B, etc.
- **拓展:**

451. garment

/ 'gɑ:mənt /

阅

听

N. 衣服 (总称)

• 记忆法:

• 考法: • knitted (手织的) **garments**

• 拓展:

452. indigenous

/ ɪnˈdɪdʒənəs /

阅

听

Adj. 本地的

- **记忆法:** • di谐音“地”
- **考法:** • indigenous bats
• indigenous people
- **拓展:** • = native = local

453. initially

/ ɪˈniʃəli /

阅

听

Adv. 最初地

• 记忆法:

- **考法:**
 - **Initially**, you will be given something simple to do.

- **拓展:**
 - = in the beginning = at the first place
 - **initiate** (V. 启动)
 - **initiative** (N. 1) 主动性; 2) 措施)

454. intellectual

/ ,ɪntəˈlektʃuəl /

阅

听

Adj. 和智力相关的; N. 知识分子

• 记忆法:

• 考法:

- intellectual tests
- intellectual humility (谦逊)

• 拓展:

- 区分intelligent (Adj. 聪明的)

455. intelligence

/ ɪn'telɪdʒəns /

阅

听

N. 1) 智力; 2) 情报

- **记忆法:** • 来自intelligent (Adj. 聪明的)
- **考法:** • Artificial Intelligence
• military intelligence
- **拓展:**

456. introduce

/ ,ɪntrə'djuːs /

阅

听

V. 引入

• 记忆法:

• 考法: • introduce new legislation

• 拓展:

457. item

/ 'aɪtəm /

阅

听

N. 物品

• 记忆法:

• 考法:

- a luxury **item**

• 拓展:

- = object
- 是口语写作中【thing (具体)】的7分+替换

458. maintenance

/ 'meɪntənəns /

阅

听

N. 维护（保养）

• 记忆法：

• 考法：

- maintenance of roads
- park maintenance
- maintenance of our database

• 拓展：

- maintain (V. 1) 维护保养； 2) 认为)

459. mammal

/ 'mæm(ə)l /

阅

听

N. 哺乳动物

• 记忆法:

• 考法: • mammal such as bats

• 拓展:

460. mark

/ mɑ:k /

阅

听

N. 记号; V. 打分

• 记忆法:

• 考法:

- left their mark
- I got marked down for the self-assessment as well.

• 拓展:

- landmark (N. 地标)
- remarkably (Adv. 值得注意地)

461. measure

/ 'meɪʒə(r) /

阅

听

N. 措施; V. 测量

• **记忆法:**

• **考法:**

- legal **measures**
- when you objectively **measure** the amount of walking...

• **拓展:**

- = scheme = initiative = policy

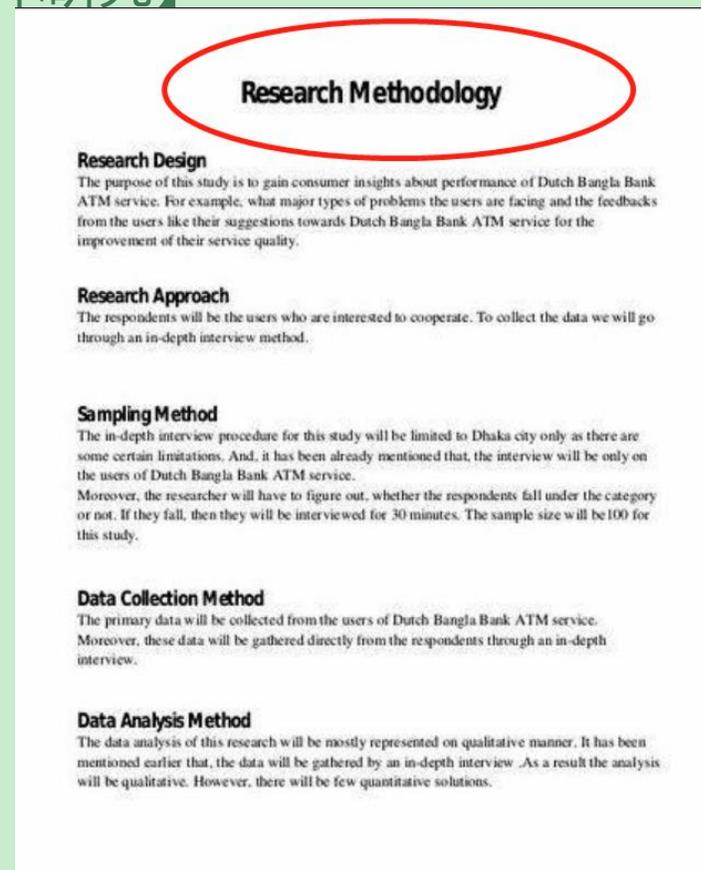
462. methodology / ,meθə'dɒlədʒi /

阅

听

N. 方法论

- **记忆法:** • 是method的学术化说法, 但只适用于【学术研究】
- **考法:** • faulty research methodology
- **拓展:** • = rationale (/ ,ræʃə'nal:l /)



463. multiple

/ 'mʌltɪp(ə)l /

阅

听

Adj. 多个的

- **记忆法:**
 - 词根multi: “多”
 - (multilingual: 会多种语言的; bilingual: 会两种语言的)
- **考法:**
 - Multiple studies show that...
- **拓展:**
 - 【多选题】: multiple choice

464. observation

/ ,ɒbzə'veɪʃ(ə)n /

阅

听

N. (学术科学研究等的) 观察

- **记忆法:** • 来自observe (V. 观察)
- **考法:** • scientific observations
- **拓展:** • field observation (田野观察?)

465. plague

/ pleɪɡ /

阅

听

N. 瘟疫; V. (像瘟疫一样) 困扰

• 记忆法:

• 考法:

- the spread of the **plague**
- The new engine design was **plagued** with serious glitches (故障).

• 拓展:

- 写作口语8分表达之【这疾病困苦的世界】
- a world **plagued** with starvation, diseases, catastrophes and injustice

466. press

/ pres /

阅

听

N. 新闻报道界

• 记忆法:

• 考法: • the reviews (评论) in the **press**

• 拓展: • 出版社:

14 15 16 17 18 19 20

34 35 36 37 38 39 40

Marker 2 Signature: _____ Marker 1 Signature: _____ Listening Total: _____

20656

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467. reference / 'refrəns /

阅

听

N. 1) 提及; 2) 推荐信

• 记忆法:

• 考法:

- the earliest surviving reference to it is from...
- Every candidate needs to submit a reference.

• 拓展:

- 【商务/学术邮件】经典套话之【我上传了PDF文档, 供您参考】
- I also submitted the PDF version for your reference (参考).

468. represent / ,reprɪ'zent /

阅

听

V. 1) 象征; 2) 表达

• 记忆法:

• 考法:

- Labyrinths (迷宫) represent a journey through life
- There may be some limited truth to this view. However, we believe that it largely misrepresents the real nature of scientific discovery.

• 拓展:

- 写作中【批评地方观点】时的7分+表达:
- There may be some limited truth to this view. However, we believe that it largely misrepresents the real nature of the 【fact】.

469. review

/ rɪ'vjuː /

阅

听

N & V. 1) 复习; 2) 评论

• 记忆法:

• 考法:

- review of previous knowledge
- a review of their performance
- online review

• 拓展:

- 论文组成成分之【Literature Review 文献综述/回顾】



470. rewarding

/ rɪ'wɔ:dɪŋ /

阅

听

Adj. 有回报的

- **记忆法:**
 - 来自reward (N. 奖励)
- **考法:**
 - a worthwhile and rewarding job with good prospects (前景)
- **拓展:**
 - 口语中表达【做某事很值得】
 - It can be worthwhile and rewarding, with good prospects.

471. species

/ 'spi:ʃi:z /

阅

听

N. (动植物的) 种类

• 记忆法:

- **考法:**
 - there are many **species** of maple trees (枫树)
 - the extinction of a **species**

• 拓展:

472. supply

/ sə'plai /

阅

听

N & V. 供给

- 记忆法:
- 考法:
 - Demands have exceeded **supplies**.
- 拓展:
 - supplement (N. 补充)

473. tackle

/ 'tæk(ə)l /

阅

听

V. 解决

• 记忆法:

• 考法: • tackle the problem

• 拓展: • = deal with = cope with = resolve = address

474. truck

/ trʌk /

听

N. 卡车

• 记忆法:

• 考法:

- cars and trucks

• 拓展:

- 注意读音
- = lorry



475. accommodation

阅

听

/ əˌkɒmə'deɪʃ(ə)n /

N. 食宿

• 记忆法:

• 考法: • provide all the accommodation

• 拓展:

476. allergy

/ 'ælədʒi /

阅

听

N. 过敏

• 记忆法:

• 考法: • food allergy

• 拓展: • be allergic to sth.

477. altogether

/ ,ɔ:ltə'geðə(r) /

阅

听

Adv. 1) 总共; 2) 完全

• 记忆法:

- 考法:
- there are about 50 of them altogether
 - omit (删除) slides altogether

• 拓展:

478. amateur

/ 'æmətə(r) /

阅

听

N. 爱好者

• 记忆法:

- 考法:
- amateur group
- English amateur scientist

• 拓展:

479. council

/ 'kaʊns(ə)l /

阅

听

N. 委员会

• 记忆法:

- 考法:
- city council
- local council

• 拓展:

480. amenity

/ ə'mi:nəti /

听

N. 便利设施

- **记忆法:** • 福利性质的facility
- **考法:** • an **amenity** provided by the city council



- **拓展:**



481. amongst

/ ə'mʌŋst /

阅

Prep. 在...之中

- **记忆法:**
 - 是among的学术化说法
- **考法:**
 - made a name for himself amongst meteorologists (气象学家)
- **拓展:**
 - while的学术化说法: whilst

482. arid

/ 'æri:d /

阅

听

Adj. 干燥的

- 记忆法:
- 考法:
 - a dry and arid region
- 拓展:
 - <反> moist (Adj. 湿润的)

483. A is associated with B

阅

听

/ ə'səʊsi'eɪtɪd; ə'səʊʃi'eɪtɪd /

A被认为和B有关

- **记忆法:**
 - 来自associate A with B (把A和B绑定在一起)
- **考法:**
 - Bats are often **associated** with disease.
- **拓展:**
 - 写作中的7分+表达: A is **associated** with B
 - 口语中的7分+表达: A has something to do with B

484. be confronted with

阅

/ bi kən'frʌntɪd wið /

面临

• 记忆法:

- **考法:**
 - be confronted with enormous disagreement

• 拓展:

- confront: 正视
- 写作口语中的8分+表达: When we are confronted with enormous obstacles, we need to confront them.

485. block

/ blɒk /

阅

听

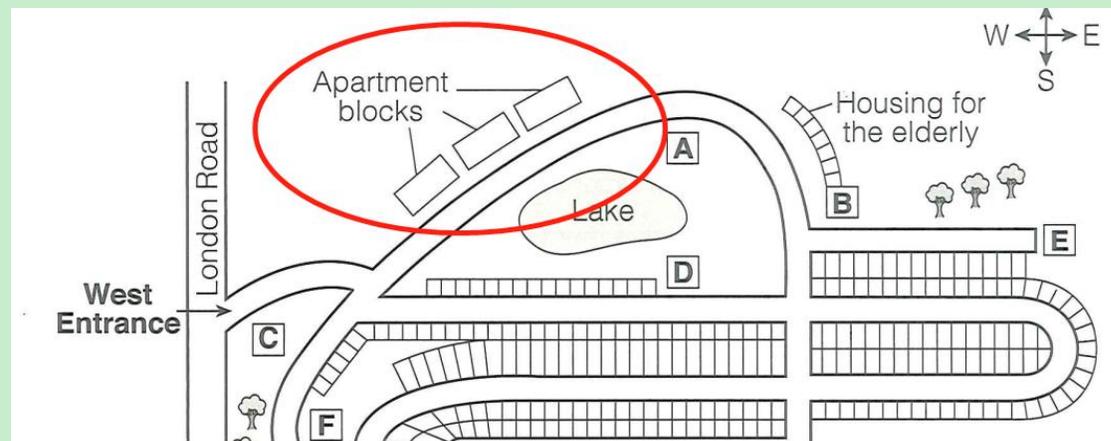
N. 1) 大块（木头、石头等）； 2) 大楼； V. 封锁

• 记忆法：

• 考法：

- blocks of stone
- We block off our road at either end.
- block the disease

• 拓展：



486. border

/ 'bɔ:də(r) /

阅

听

N. 边界; V. 接壤

• 记忆法:

- 考法:
- Borders of the unknown are being tested each day.
 - the wealthy neighborhoods border Central Park

• 拓展:

487. cognitive / 'kɒgnətɪv /

阅

听

Adj. 认知方面的

- **记忆法:** • 结合recognize (V. 识别出)
- **考法:** • cognitive ability
- **拓展:** • 口语中展示【认知能力】的百搭模板句:
 - I guess people with basic cognitive abilities would think that...

488. A coincide with B

阅

/ ,kəʊɪn'saɪd /

A和B一起发生

- **记忆法:** • 结合coincidence (N. 巧合)
- **考法:** • His success just happened to coincide with her failure.
- **拓展:**

489. compromise / 'kɒmprəmaɪz /

阅

听

N. 妥协

• 记忆法:

• 考法:

- along with **compromise** or integration of different attitudes
- a **compromise** settlement (协议)

• 拓展:

- 口语【人际交往】中经典理由之【人嘛，就是要相互妥协的咯】
- You need to confront various **compromise** or integration of different attitudes (8分+)

490. settlement

/ 'set(ə)lmənt /

阅

听

N. 1) 协议; 2) 聚居地

- **记忆法:**
 - 来自settle (V. 安定下来)
- **考法:**
 - a compromise **settlement** (协议)
 - an ancient **settlement** of Qumran
- **拓展:**

491. congestion

/ kən'dʒestʃən /

阅

听

N. 堵塞

• 记忆法:

• 考法: • traffic congestion

• 拓展: • = traffic jam

492. context

/ 'kɒntekst /

阅

听

N. (抽象的) 环境

- **记忆法:**
 - 本义: 上下文 (text: 文本)
- **考法:**
 - In an oral context...
 - Given the right context, everyone can be smart.
- **拓展:**

493. correlation

/ ,kɒrə'leɪʃ(ə)n /

阅

听

N. 联系

- **记忆法:** • 结合relation (N. 关系)
- **考法:** • calculate the **correlation** between our two variables (变量)
- **拓展:** • 是【relationship】的7分+表达

494. coverage

/ 'kʌvərɪdʒ /

阅

听

N. 1) 遮盖; 2) 报道

- **记忆法:**
 - 来自cover (V. 1) 覆盖; 2) 报道)
- **考法:**
 - produce more **coverage** for wildlife
 - unfair **coverage** in the media
- **拓展:**

495. debris

/ 'debrɪ: /

阅

听

N. 废墟

- **记忆法:**
 - bri: 同break
- **考法:**
 - space debris in orbit
 - collision debris
- **拓展:**
 - 注意读音

496. enforcement

/ ɪn'fɔːsmənt /

阅

听

N. 执行 (法律)

• 记忆法:

• **考法:** • effective law **enforcement** was introduced

• **拓展:** • enforce (V. 执行) : enforce laws

497. expertise / ,ekspɜ:'ti:z /

阅

听

N. 专业知识

- **记忆法:** • 和expert同根
- **考法:** • reaching the highest levels of expertise
- **拓展:** • 是【knowledge】的7分+的表达

498. figure

/ 'fɪgə(r) /

阅

听

N. 1) 数字; 2) 人物; 3) 图表; V. 弄清楚

• **记忆法:**

• **考法:**

- statistical figure
- historical figure
- the figure shows that...
- figure out why they are threatened

• **拓展:**

499. foliage

/ 'fəʊliɪdʒ /

阅

听

N. 叶子

- **记忆法:**
 - leave的更加学术化的说法
- **考法:**
 - dense foliage
- **拓展:**



500. force

/ fɔːs /

阅

听

N. 1) (自然界的) 力量; 2) 武力

• 记忆法:

- 考法:
- the **force** of the air
 - seize the Banda Islands by **force**

- 拓展:
- workforce (N. 劳动力)

501. generator / 'dʒenəreɪtə(r) /

阅

听

N. 发电机

- **记忆法:**
 - 来自generate (V. 发电)
- **考法:**
 - transfer power from the generator to a moving train
- **拓展:**

502. harbour

/ 'hɑ:bə(r) /

阅

听

N. 港口

• 记忆法:

• **考法:** • It looks out over the **harbour**

• **拓展:** • 需要会拼写 (harbor也可)

503. harvest

/ 'hɑ:vɪst /

阅

听

N & V. 丰收

• 记忆法:

• 考法: • agricultural harvests

• 拓展: • 写作口语中替换【succeed】的7分+表达: harvest success

504. horse-drawn

/ 'hɔ:ɪs drɔ:n /

听

Adj. 马拉的

- 记忆法：
 - draw (V. 拉动)
- 考法：
 - a horse-drawn coach (马车)
- 拓展：



505. incorporate

/ ɪn'kɔ:pəreɪt /

阅

V. 合并

• 记忆法:

• 考法:

- The false doors and the trench were **incorporated** into the complex to discourage unwanted visitors.
- false: 假的; trench: 沟渠; complex: 建筑群; discourage: 阻挠

• 拓展:

- 区分corporate (N. 公司 /'kɔ:pəreɪt/)

506. informative / ɪn'fɔ:mətɪv /

阅

Adj. 有利于增长知识的；能提供信息的

- **记忆法：**
 - 来自information
- **考法：**
 - Both chapters are **informative**.
- **拓展：**
 - informed (Adj. 有知识的)

507. insight

/ 'ɪnsaɪt /

阅

听

N. 深刻见解

- **记忆法:** • 来自sight (N. 视力)
- **考法:** • It offers unique insights into understanding...
- **拓展:** • insightful (Adj. (某人或其观点) 有见地的)

508. install

/ ɪnˈstɔːl /

阅

听

V. 安装

- 记忆法:
- 考法:
 - **install** nesting boxes for birds
- 拓展:



509. instruction

/ ɪn 'strʌkʃ(ə)n /

阅

听

N. 指令

- **记忆法:**
 - 来自instruct: 指导
- **考法:**
 - seek formal instructions
- **拓展:**
 - instructor: 指导员
 - = direction

510. intention

/ ɪn'tenʃ(ə)n /

阅

听

N. 意图

• 记忆法:

- **考法:**
 - His **intention** was to escape from the world of politics.

• 拓展:

- intend to do sth: 打算做某事
- 写作【建议类】题目经典理由之【意图不错，但实施有困难】
- The **intention** behind the suggestion is beneficial, but its implementation may come across various obstacles.

511. labour

/ 'leɪbə(r) /

阅

听

N. 劳动力

• 记忆法:

• 考法:

- labour market
- labour force
- labour migration

• 拓展:

- 需要会拼写 (= labor)

512. livestock

/ 'laɪvstɒk /

阅

听

N. 牲口

• 记忆法:

• 考法: • the effect on **livestock**

• 拓展: • 羊【goat/sheep/lamb】; 牛【cattle/cow/ox】

513. norm

/ nɔ:m /

阅

听

N. 1) 准则; 2) 常规情况

- **记忆法:**
 - 结合normal (Adj. 正常的)
- **考法:**
 - the accepted **norm**
 - Families of six or seven are the **norm** here.
- **拓展:**

514. obesity

/ əʊ'bi:səti /

阅

听

N. 肥胖症

• 记忆法:

- **考法:**
- obesity and depression (抑郁症)

- **拓展:**
- obese (Adj. 病态肥胖的)
- 口语中形容人【胖】的礼貌说法: He is kinda of big.

515. pest

/ pest /

阅

听

N. 害虫

• 记忆法:

• 考法:

- pest control
- crop pest

• 拓展:

- pesticide (N. 杀虫剂) 【需要会拼写】

516. phase

/ feɪz /

阅

听

N. 阶段

• 记忆法:

• 考法:

- the data-gathering **phase** of the project
- the third **phase** of construction

• 拓展:

- = stage

517. physician / fi'ziʃ(ə)n /

阅

听

N. 内科医生

- **记忆法:** • physical: 和身体有关的
- **考法:** • doctors and **physicians**
- **拓展:**

518. readily

/ 'redɪli /

阅

Adv. 轻易地

- 记忆法：
- 考法：
 - readily available
 - A machine can readily do the job
- 拓展：
 - 写作中替换【easily】的8分+词汇

519. regularly

/ 'regjələli /

阅

听

Adv. 定期地

• 记忆法:

• 考法: • 20 children attend our class **regularly**.

• 拓展: • regulate (V. 管理)

520. residence

/ 'rezɪdəns /

阅

听

N. 住宅

• 记忆法:

- **考法:**
 - residence for students
 - shops and residence

- **拓展:**
 - residents (N. 居民)
 - reside (V. 居住) : reside in + 地方

521. restore

/ rɪ'stɔ:(r) /

阅

听

V. 修复

• 记忆法:

- **考法:**
 - restore the rapidly disappearing habitat

- **拓展:**
 - store (V. 存储)
 - storage (N. 存储)

522. scenario

/ sə'na:riəʊ /

阅

听

N. 情况

- **记忆法:**
 - 结合scene (场景)
- **考法:**
 - Let' s consider the following scenario...
- **拓展:**
 - In this scenario = in this case = under this circumstance
 - 写作中用于替换【for example】的表达:
 - Let' s consider the following scenario...

523. session

/ 'seʃ(ə)n /

阅

听

N. 一堂课

• 记忆法:

- **考法:** • Hi everyone, in this **session** I' ll be presenting my research about

• 拓展:

524. shed light on

/ʃed laɪt ɒn/

阅

听

V. 解释

- **记忆法:**
 - shed: 播撒
- **考法:**
 - The study **sheds light on** the phenomenon that...
- **拓展:**

525. somewhat

/ 'sʌmwbət /

阅

听

Adv. 有一点

• 记忆法:

• 考法: • This version is somewhat old-fashioned.

• 拓展: • 写作口语中是【a little】的8分+表达
• This suggestion sounds a little bad.
• This suggestion sounds somewhat irrational (不理智的) .

526. spectator

/ spek'teɪtə(r) /

阅

听

N. 观众

- **记忆法:**
 - 词根spect: “看” (结合respect)
- **考法:**
 - The performance impressed the **spectators**.
- **拓展:**

527. stock

/ stɒk /

阅

听

N. 库存; V. 储存

• **记忆法:**

- **考法:**
 - maintain **stock**
 - **stock** up with food

• **拓展:**

528. sufficient / sə'fɪʃ(ə)nt /

阅

听

Adj. 充足的

• 记忆法:

• 考法:

- The index should be a sufficient guide.
- (should是什么意思?)

• 拓展:

- 写作中替代【enough】的8分+词汇:
- The educational resources are not enough in rural areas.
- The educational resources are not sufficient in rural regions.

529. supervise

/ 'su:pəvaɪz /

阅

听

V. 监督

- **记忆法:**
 - super: “在上面” ; vis: “看” (同visitor)
- **考法:**
 - Children must be supervised.
 - There' ll be supervised wild swimming.
- **拓展:**
 - 论文导师: supervisor (advisor/instructor)

530. *swiftly*

/ 'swɪftli /

阅

听

Adv. 快速地

• 记忆法:

• 考法: • These materials experience degradation (降解) relatively **swiftly**

• 拓展: • = rapidly

531. thrive

/ θraɪv /

阅

听

V. 繁荣

• 记忆法:

- **考法:** enable native species to thrive

- **拓展:**
 - 写作口语中替代【become good/better】的7分+表达:
 - The domestic economy will continue to thrive.

532. winding

/ 'waɪndɪŋ /

阅

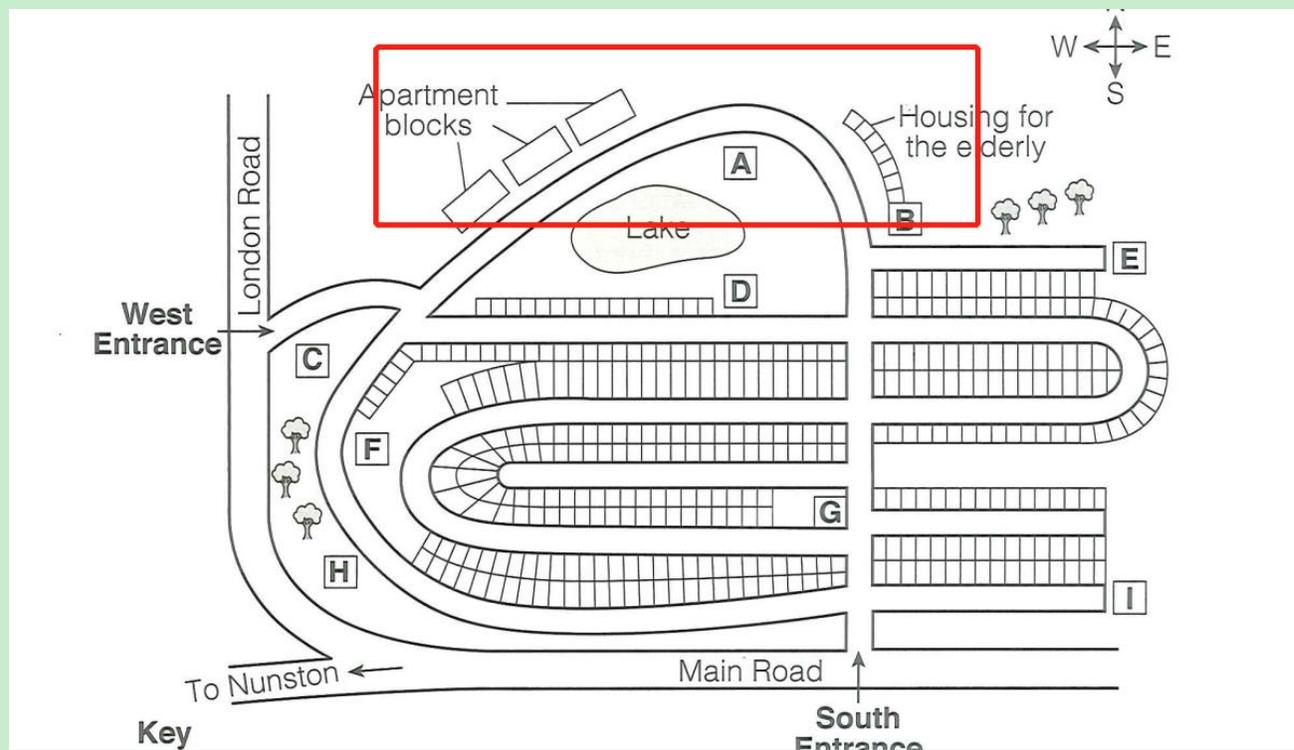
听

Adj. 弯曲的

• 记忆法: • 来自wind (V. 弯曲)

• 考法: • A winding path

• 拓展:



533. wool

/ wʊl /

阅

听

N. 羊毛

• 记忆法:

• 考法:

- be made of wool

• 拓展:

- cotton (棉花) ; string (线) ; needle (针) ; knit (V. 编织)