

2024 年 1-4 月雅思口语 Part2 考题保留题目参考资料

（第三套故事<共五套>）

感谢小伙伴使用雅思过过过口语素材！

在您使用过程中，有以下几点注意事项，请您在复习中留意：

1. 提供素材的目的是启发思路、短期高效积累可用的地道口语表达。在编写素材时，我们的原则是接地气、符合大众生活情境。但是，任何素材无法完美适合所有人，因此建议练习中结合自身实际情况做素材调整，达到更高效复习的状态。
2. 请搭配咱们发的《练习方法说明书》来使用素材，不建议逐字逐句背诵。针对练习方法有疑问，请随时联系售后 Penny 根据个人情况来解答；
3. 生活中没有相关经历时，可以参考素材给你的启发来“编故事”。记住咱们家的雅思考官常说的——考试中 “You can lie! The examiner does not know you and you do not know the examiner, so if you want to make your stories better... you can!”
4. 2023 年 9-12 月 Part2 共 50 个题。第三套故事无串题（五套素材不同故事的简介请参考故事索引）。
5. Part2 题卡四小问不是必须回答的。如果准备 Part2 时，有自己想说的内容，不必在意是否和四小问内容完全一致，只要和主 Topic 相关即可；
6. 口语素材编写经过三轮审核校对，有很多地道的口语表达或许以前没有见过，但不是错误。

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事件类

Describe an occasion when you waited a long time for a nice thing

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When it happened

What the nice thing was

Why you waited for a long time

And explain how you felt about the experience

1. 等待美好发生 (9-12 月新题)

I'm going to talk about the time I waited to go on vacation. Since I'm relatively new at my job, I don't have enough seniority to pick my vacation days. I had to wait until the end of the year to go on a trip. Actually I had planned to go to a seaside town for a short trip. My friends agreed to come along. However, due to the company's policies, I had to wait for nearly half a year. Honestly, I was super impatient. But on the bright side, it was nice to have the time to save up.

When it finally came time for the trip, I was over the moon. I was so excited to spend a few days with my friends. We spent one entire day just lounging around on the beach. It made us feel like a million bucks. Since I had spent months saving up for the trip, I also splurged on some nice souvenirs for all of us. Plus, I treated everyone to a fancy dinner at the end of the trip.

It was an amazing experience. I think that waiting so long made it all the more special. Granted, part of me was worried that the trip wouldn't live up to my expectations. I had a lot of time to build it up in my head. But all in all, I did almost everything I had been looking forward to, and I felt grateful that I got to go on such a fun trip with my friends.

译文：

我要说说我等待去度假的那段时间。因为我在工作上相对是个新手，没太多资历有权去选择假期。所以我得等到年底才能去旅行。我其实是计划去一个海边小镇短暂的度过几天假期，我的朋友们也同意一起去。但是，由于公司政策的原因，我等了将近半年。老实说，我当时真的是超级不耐烦。不过好的一面是，我留出了足够多的时间给旅游存钱。

终于到了出发那天的时候，我高兴坏了。我迫不及待要和朋友们一起度过几天。我们有一整天都懒散地躺在沙滩上，感觉超棒。因为我花了几个月时间攒钱，所以我也大方地（大手大脚挥霍）买了些漂亮的纪念品给大家。另外，我还在旅行结束时请大家享受了一顿豪华晚餐。

那真是一次令人难忘的经历。我觉得等了这么久让假期变得更特别了。当然，我也有点担心这次旅行会不会达不到自己的期望。因为有很多时间去构想，所以我在脑海里把它捧得太高了（想的太好了）。但总的来说，我几乎做了所有我一直期待的事情，我觉得很幸运能和朋友们一起享受这么有趣的旅行。

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黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a photo that makes you feel happy

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

When and where you took the photo

What the photo is like

How often you watch the photo

And explain why it makes you feel happy

2. 让你开心的照片 (9-12 月新题)

I'm going to talk about a beautiful photo of a sunset that I took not too long ago. If memory serves correctly, I took this picture a few weeks ago. The weather that day was fantastic. My friends and I decided to take a day trip to a nearby beach. We spent most of the day swimming and relaxing on the shore. Then, as the sun was setting, I got my phone out and took a few pictures. I had to crouch low to get the right angle, but I thought it was worth it for the chance to take a good photo.

I wasn't expecting the photos to turn out very well. After all, pictures rarely do these kinds of sights justice. But when I looked at them the next day, I was pleasantly surprised to find that they were breathtaking. One of them in particular caught the light just right. The sky literally looked like it was on fire. It was so amazing.

I quickly shared the photo with my friends. They all agreed that it was a great photo. They encouraged me to post it on social media, which I did. It got a ton of likes and comments. I felt really good about it.

This photo left a deep impression on me. I'm proud of it because the composition and the lighting look really great. It's clear that I took it at just the right angle, which makes me feel accomplished. I'm so glad I could capture such a beautiful sight.

译文:

我要讲的是不久前我拍到的一张美丽的日落照片。如果没记错的话, 这张照片是我几周前拍的。那天的天气非常好。我和朋友们决定去附近海滩一日游。我们大部分时间都在游泳和放松。然后, 当太阳落山时, 我拿出手机拍了几张照片。我不得不蹲下以找到不错的拍照角度, 但我认为这是值得的, 因为我有机会拍到一张好照片。雅思过过过淘宝店铺原创

我没想到照片拍得这么好。毕竟, 照片很少能准确地描绘出这类美景。但当我第二天再看它们时, 我惊喜地发现照片拍的很棒。其中有一张捕捉到的光线特别好。天空看起来就像着火了一样, 太神奇了。

我很快把照片分享给了我的朋友们。他们都认为这是一张很棒的照片。他们鼓励我把它发到社交媒体上, 我照做了。那张照片得到了大量的赞和评论, 我感觉非常开心。雅思过过过淘宝店铺原创

那张照片让我印象很深, 我为拍到这张照片感到很骄傲, 因为它的构图和灯光看起来都很棒。很明显, 我拍摄的角度刚刚好, 这让我感觉很有成就感。我很高兴能捕捉到如此美丽的景色。

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黄色高亮都是高分地道表达, 在译文中也已相应高亮出来。

Describe a party that you enjoyed

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When and where the party was held

Who attended the party

What you did in the party

And explain why you enjoyed this party

3. 喜欢的聚会 (9-12 月新题)

I'm going to talk about a birthday party for one of my friends. **If memory serves correctly**, this happened a couple months ago. One of my oldest friends, Jane, was getting ready to turn 30, which is **a significant milestone in China**. She's quite into parties, so she planned a big one for herself. She invited tons of people and **went all out with the decorations**. She even ordered some beautiful flower arrangements that **made the whole thing feel very fancy**.

The party was held on the roof of Jane's apartment. It was so cool because it offered a beautiful view of the city. It was especially breathtaking once it got dark because you could see all the city lights. Jane also **had a great playlist**, so it really felt like we were in a movie. Everything was so nice.

Plus, the food was amazing. Jane provided lots of appetizers, all of which were pretty **mouth-watering**. Of course, she also had a big cake for dessert. We lit some candles and sang to her for her birthday. **She had the biggest grin on her face**. I was glad that she was so happy.

As for why I enjoyed the party, well, first of all, it was my first time attending a party on a rooftop, which was a unique experience. Also, because of the pandemic, **it had been a while** since I had seen many of these friends. At Jane's party, we **got to cut loose** and have a good time together. It was definitely a memorable time.

译文：

我要说说我一个朋友的生日派对。**如果记得没错**，这事是几个月前发生的了。我的一个老朋友，Jane，正好要迎来她的 30 岁生日，这**在中国可是个重要的里程碑**。她挺喜欢办派对的，所以她自己策划了一个盛大的生日派对。她邀请了一大堆人，还**精心布置了场地**。她甚至订了些漂亮的花束，**让整个派对感觉很高级**。

派对在 Jane 的公寓楼顶举行的。非常酷，因为那里可以欣赏到城市美丽的景色。尤其是在天黑以后，能看到整个城市的灯光，真是令人惊叹。Jane 还**挑选了很多很棒的歌曲**，让我感觉就像是在电影里一样，一切都很美好。

而且，食物都太好吃了。Jane 准备了很多开胃小吃，每一道都**令人垂涎三尺**。当然，她还准备了一个大蛋糕作为甜点。我们点燃蜡烛，为她唱了生日歌。**她脸上露出了最灿烂的笑容**。我很高兴她能这么开心。

至于我为什么喜欢这个派对，首先，这是我第一次参加在屋顶举行的派对，是非常独特的体验。而且由于疫情的影响，**我已经有一段时间**没有见到这么多老朋友了。在 Jane 的派对上，我们**尽情的放松**，一起愉快地度过了一段时间，那绝对是很难忘的时光。

色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a piece of good advice that you gave to someone

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who you gave the advice to

What the advice was

Why you gave the advice

And explain how he / she followed your advice

4. 给他人的好建议 (9-12 月新题)

My friend **broke up with** her boyfriend recently and she was **devastated**. The thing is, my friend is a really nice and kind-hearted person. The boyfriends that she usually picks **aren't that great**, unfortunately.

Anyways, around **the middle of last summer**, my friend **came up to me for some advice**. She wanted to know what she was doing wrong when it came to choosing guys, and she said that she didn't want her heart broken again. I **felt really bad for her**, but I thought it was time to **speak up** and **give her some wisdom**.

I told my friend that she was a lovely person and that she should love and respect herself. I told her that she needed to **make herself some boundaries**, to choose what she wanted in a guy and **what was a deal-breaker for her**, and then stick to that list. I told her that if she didn't show others how much she respected herself and what her values were, other people **were bound to take advantage of** that and hurt her feelings.

I think my friend really needed to hear those words. She **took my advice to heart**, and the next time a guy approached her she didn't immediately **jump into a relationship**. Instead, she formed healthy boundaries and she showed the world how she respected herself by being **assertive**, confident and strong when interacting with others. Now, she is in a really healthy relationship with a very nice boy. I'm just glad to see her happy. It really **lifts my spirits**.

译文：

我朋友最近和她男朋友**分手了**，她**伤心得不行**。问题是，我朋友真的是一个非常好心善良的人，可她挑的男朋友通常都**不太咋地（不太好）**，真的是很不幸。

在**去年夏天六七月的时候**，我朋友**找我聊了聊**，寻求建议，她想知道自己在挑选男生方面到底做错了什么，她说她不想再这么伤心下去了。**我真的很心疼她**，但我觉得是时候**说出来**，**给她点建议**了。

我告诉我朋友，她很可爱，应该先爱自己，尊重自己。我告诉她，她需要**为自己设定一些底线**，明确自己对一个男人到底想要什么，以及**什么是不能容忍的**，然后坚守这些规则底线。我告诉她，如果她不向别人展示她有多尊重自己，以及她的价值观是什么，别人**肯定会利用**这一点伤害她的感情。

我觉得我朋友真的需要听到这些话。**她把我的建议放在了心上**，之后有男生接近她时，她没有**立刻去陷入一段感情中**。相反，她设定了一个更健康的界限，通过在与他人互动时表现出自己的**坚定**、自信和坚强，向世界展示了她对自己的尊重。现在，她和一个非常好的男孩保持着一段非常健康的关系。看到她现在很幸福，我很高兴，这真的**让我也觉得精神振奋**。

色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe an activity that made you feel tired

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

When it happened

Where it took place

What the activity was

And explain why it made you feel tired

5. 让你觉得很累的活动 (9-12 月新题)

When it comes to an activity that made me feel tired, I'm going to talk about the time I went on a hike with my friends. I'm not the most physically active person, but when they suggested it, I thought it would be fun. The problem is that my friends are in way better shape than I am. So when they said it would be an easy hike, what they meant is that it would be an easy hike according to their standards. But for me, it was definitely not a walk in the park.

The hike happened a few weeks ago. We got up super early so that we could see the sunrise. Actually I was already tired when we got to the trail. Then we had to hike up a big hill. It was only supposed to take two hours, but I was so out of breath that I had to keep taking breaks. I could tell that my two friends were a little impatient, so I told them they could go ahead without me. So for the last part of it, I was basically hiking alone.

We did make it to the summit in time for the sunrise, and I loved the view. But I was completely winded. Thankfully, going downhill was way easier. When I got home, I crashed on the couch and took a long nap. I was so exhausted, not only from waking up early but also because of how physically demanding the hike was.

译文:

说到让我感到累的活动, 我要说的是我和朋友一起去远足的那次。我并不是个特别活跃好动的人, 但当他们提出这个建议时, 我觉得应该会挺有趣。问题是, 我的朋友们比我身体素质强多了。所以当他们说这会是一次很轻松的远足时, 他们的意思是按照他们的标准来说是轻松的。但对我来说, 绝对不是很容易的事。

那次远足是几周前的事了。我们早早起床, 以便能看到日出。实际上, 当我们到达登山道时, 我已经感到疲惫不堪了。然后, 我们还不得不爬上一个大山坡。本来计划只需要两个小时, 但我气喘吁吁, 不得不一直休息。我能感觉到我的两位朋友有点不耐烦, 所以我告诉他们可以先走, 不用等我。所以在最后一部分的路, 我基本上是独自一人徒步往上走的。

我们终于赶在日出时登上了山顶, 我非常喜欢那个景色。但我真的筋疲力尽。幸运的是, 下山要容易得多。当我回到家, 我就倒在沙发上, 睡了个长觉。我太疲惫了, 不仅因为那天起得早, 还因为那次远足真的花费了很大的体力。

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黄色高亮都是高分地道表达, 在译文中也已相应高亮出来。

Describe a period of time that changed your life

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When it was

Who you were with

What happened

And explain why it changed your life

6. 改变你人生的一段时期 (9-12 月新题)

When it comes to a period of time that changed my life, **the first one that comes to mind is** my first year of university. Not only was I living away from home for the first time, but I also had to figure out how to do things on my own. **It was a really big adjustment for me.**

When I came to university, I was a pretty immature kid. **I wasn't prepared for the challenges of living on my own.** For example, I **blew through a ton of money** because I kept ordering out instead of dining in the campus cafeteria. I had to learn **how to responsibly budget** very quickly. I also had to take better care of my living space. I couldn't afford to be lazy anymore, because if I **let the mess collect**, it totally ruined the atmosphere of my dorm.

Besides, that's the year that I met my best friend. We happened to live close to each other in the campus residence. So we **ran into each other** all the time. Eventually, we struck up a conversation and really **hit it off**. Now, I consider her one of the most important people in my life.

Anyways, that year definitely changed me for the better. Without that experience, I would still be **a sheltered person** with no idea how to handle things on their own. Even though it was a difficult period of my life, I'm grateful for all the lessons I learned.

译文：

说到改变我生活的一段时间，**我首先想到的是**我大一的那一年。那一年，不仅是我第一次离开家，还得学着独立去做事，**对我来说真的**是一个巨大的挑战。

刚上大学的时候，我还是一个相当不成熟的孩子。**我对独立生活的挑战毫无准备**。比如说，**我把一大笔钱都花在了**买外卖上，而不是在校园食堂吃饭。我不得不迅速学会**如何负责任地规划我的开支**。我还得更好地收拾好自己的住处，因为我再也不能偷懒了，如果**房间乱七八糟**，会完全破坏我宿舍的氛围。

而且，那一年我认识了我最好的朋友。我们碰巧住得离彼此很近，所以**经常碰面**。后来，我们开始聊天，**彼此都感觉非常投缘**。现在，我把她视为我生活中最重要的人之一。

总之，那一年绝对让我变得更好了。如果没有那段经历，我可能仍然是一个不懂得如何独立处理事务的**需要受他人呵护的人**。尽管那段时间是我生活中很困难的一段时期，但我很感激我所学到的一切。

色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a difficult task that you completed at work/study that you felt proud of

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

What the task was

How you completed it

Why this task was very difficult

And explain why you were proud of the completion of the task.

7. 工作/学习中克服困难而骄傲 (9-12 月新题)

I'm going to talk about the time I had to memorize several difficult concepts for an exam in my biology class. This was during my first year of university. It was **an introductory course**, which meant that it covered tons of different areas in the field. It was my first time studying this subject, so I was immediately overwhelmed. But I knew that **if I stuck to it and stayed on track, I could handle it**.

I did pretty well throughout the semester, so **to secure a top grade** I just had to **ace the final exam**. The final exam was worth half of our grade, so **the pressure was on**. I was pretty stressed, but I wanted to do my best. So for two weeks, I dedicated all my time to making flashcards and memorizing every term I might need to know for the exam. I'm pretty sure I had over one hundred cards!

I had a couple different strategies that helped me with the task. For one, I studied with my friends. We quizzed each other, which was not only fun but also helped us memorize the terms more easily. I also gave myself little rewards. For every ten terms I memorized, **I got myself a little treat like bubble tea**. That definitely **worked as an incentive**.

Finally, I managed to **get a near-perfect score on the exam**! So even though it was super hard, I feel good about all the hard work I did.

译文：

我要谈谈我曾经为了一门生物课的考试而必须记住许多难懂的概念的经历。那是我大学的第一年。上的课是生物的**入门课程**，意味着它涵盖了该领域的许多不同知识。这是我第一次学习这门科目，所以我很快就感到不知所措。但我知道，**如果我坚持下去，走到正轨上，我能够能处理好它**。

在整个学期里，我表现得都相当不错，所以**为了确保能获得最高分**，我只需要**在期末考试中表现出色**。期末考试占了我们成绩的一半，所以**压力很大**。我相当紧张，但我想尽力而为。因此，有两个星期，我把所有的时间都用来制作卡片，记住了考试可能需要知道的每一个术语。我相当肯定我有一百多张卡片！

我用了几种不同的策略来帮助我完成任务。首先，我和朋友一起学习。我们互相提问，这不仅有趣，还帮助我们更容易记住这些术语。我还给了自己一些小奖励。每记住十个术语，**我就给自己一个小奖励，比如珍珠奶茶**。这绝对**起到了激励作用**。

最终，我**在考试中几乎取得了满分**！所以即使那是一件很辛苦的事，但我对自己付出的努力感到很满意。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a time when you had a problem with using the computer

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When it happened

Where it happened

Why the computer couldn't work

And explain how you solved the problem at last

8. 电脑出现故障 (9-12 月新题)

I'm going to talk about the time my computer kept shutting down. **If memory serves correctly**, this happened a year ago. At the time, I was studying for a really important test. My computer had all my notes on it, so **it was definitely a necessity**. But to my surprise, it kept randomly shutting down. I was so confused. I was also really frustrated because my notes wouldn't save when the computer shut down by itself.

I'm not the most tech-savvy person. I tried restarting it, but the issue kept happening. At the time, I was living away from home. So I couldn't get my parents to look at it for me. Finally, I brought my computer to a tech repair store. They checked it out and told me that I would have to replace the battery. Even though **I was charging it like normal**, it just wasn't working. I was so stressed about having to get a new battery. Replacing a battery isn't exactly cheap. But it was cheaper than buying a whole new computer. So **I forked over the cash and hoped for the best**.

A week later, **my computer was just like new**. The new battery was working great, and I didn't have any more issues with it. I even managed to **pass my test with flying colours**. Still, I'm really annoyed that my computer had that issue. It cost me a lot of time and money to fix. **Computers can be so touchy sometimes**.

译文：

我要跟你们聊一下我电脑有次总是自动关机的事儿。**如果我没记错的话**，这大概是一年前的事了。当时，我正在备考一场非常重要的考试。我的电脑上有我所有的笔记，所以**这电脑绝对是必不可少的**。但令我吃惊的是，它老是随机地自动关机。我当时真是一头雾水，而且非常恼火，因为电脑自动关机时我的笔记就不会保存。

我不是很懂技术的人。我尝试过重启它，但问题依然存在。当时，我住在离家很远的地方，所以没法让我父母帮我看。最后，我把电脑带到了一个技术维修店。他们检查了一下，告诉我说我得换电池。尽管**我一直按照正常方法充电**，但电池就是没法用了。对于要买一个新电池，我觉得很有压力，毕竟换电池可不便宜。但这总比买一台全新电脑要便宜，所以**我还是掏了钱，抱着最好的期望**。

一周后，**我的电脑就焕然一新了**。新电池效果很好，再也没有出现问题。我甚至**考试取得了很好的成绩**。但我还是非常恼火电脑会出问题，修理它花了我不少时间和金钱，**我觉得电脑有时真是挺娇气的**。

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黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a bad service you received in a restaurant / shop

You should say : (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

When and where it happened

What happened

How it was solved

And explain how you felt about the experience

9. 糟糕的服务 (9-12 月新题)

I'm going to talk about the time I went to an Italian restaurant and got really bad service. If memory serves correctly, this happened a few weeks ago. I was celebrating my friend's birthday with her and her family. All we wanted was a nice night out, but it turned out to be a complete mess.

Things started off on the wrong note when it took ages for the waiter to take our order. He brought us our drinks, but he didn't come back to let us order food for over twenty minutes. We were getting pretty impatient, but everyone kept their cool. But the next problem was that he brought my friend the wrong dish. She gently corrected him, but he argued with her and told her it was the right one. After an annoying back and forth, he finally gave up and apologized for mixing it up. But he totally had a bad attitude about it.

Our group was not very impressed with his service. But later, when he brought us the bill, he gave my friend a genuine apology. He told her that the kitchen had been mixing up a lot of orders that night and that he was really stressed. He offered her a free dessert for her birthday, which was a sweet way to make up for it.

As for how I feel about it, I'm annoyed that the waiter took his stress out on my friend. But I'm glad he brought her a dessert. That definitely helped.

译文:

我要说说我上次去意大利餐厅遭遇超烂服务的经历。如果我没记错的话, 这是几周前的事了。那天我和朋友一家去庆祝她的生日, 本来只是想度过一个愉快的晚上, 结果变成了一场彻底的灾难。

事情在一开始就出现了问题。服务员花了很长时间才给我们点菜。他给我们端来了饮料, 但过了二十多分钟他才回来让我们点餐。我们都开始不耐烦了, 但大家还是保持了冷静。但接下来的问题是, 他给我朋友上错菜了。我朋友很温柔地指出了问题, 但他却和我朋友争论起来了, 非说自己是正确的。经过一番烦人的争执, 他最终认错了, 为弄错订单道歉了, 但态度真的很差劲。

我们所有人都对他的服务非常不满意。但后来, 结账的时候, 他向我朋友真诚地道了歉。他告诉我朋友, 厨房那天晚上搞错了很多订单, 他当时真的很紧张。他还为她的生日提供了一个免费的甜点, 这是一个甜蜜的弥补。

至于我的感受, 我对那位服务员把自己的压力撒在我朋友身上感到很生气。但我很高兴他给她带来了一份甜点, 那确实有所帮助。

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色高亮都是高分地道表达, 在译文中也已相应高亮出来。

事物类

Describe a good advertisement that you think is useful

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

Where you can see it

What it shows

Why you think it is useful

And explain how you feel about it

10. 有用的广告 (9-12 月新题)

When it comes to a good advertisement that I think is useful, **the first one that comes to mind** is an anti-smoking ad that I saw a few years ago. Even though I saw it that long ago, it's still **stuck in my mind**. That proves it's an effective ad.

I saw it on a website while I was **scrolling through**. The ad shows an old woman in front of a birthday cake with candles. She has a cigarette in her mouth that **she's about to light**. The woman looks like she's in her seventies or eighties, but the number on the cake is forty-two. It makes you **think for a second**. Basically, **the point of the ad** is that **smoking ages you**. In case you miss the message, there's text at the bottom of the ad that says "Smoking causes premature ageing." Then there's a picture of **a nicotine patch**, which is the product being advertised. Those patches are sold to help people get over their craving for cigarettes.

I think this is a really useful ad because it makes people think about the long-term dangers of smoking. Sometimes anti-smoking ads can be gross because they'll show diseased lungs and stuff like that. But this **subtle kind of ad** not only **catches your attention**, but also reminds you of the bad side effects of smoking.

As for how I feel about it, I think this kind of advertising is important. I really like how smart and effective it is.

译文:

说到我认为有用的好广告, **我首先想到的是**几年前看到的一则反吸烟广告。尽管我是很久之前看到的, 但**至今仍然铭记在我的脑海中**, 这足以证明它是一则有效的广告。

当时我正在**浏览**一个网站, 突然看到了这则广告。广告中有一位老妇人站在一个插着蜡烛的生日蛋糕前面, 嘴里叼着一支**即将点燃的**香烟。这位妇人看起来七八十岁, 但蛋糕上的数字却是四十二。这就会**让你停下来思考了一下**。**广告的主要观点**就是**吸烟会让你变老**。以防你错过这个信息, 广告底部还有一行字写着: “吸烟导致过早衰老。” 然后还有一张**尼古丁贴**的图片, 这就是广告宣传的产品。这些贴片是用来帮助人们克服对香烟的渴望的。

我认为这是一则非常有用的广告, 因为它会让人们思考吸烟所带来的长期危害。有时候, 反吸烟广告可能会很恶心, 因为它们会展示坏掉的肺部之类的东西。但这种**隐晦的广告**不仅**引起了你的注意**, 还提醒你吸烟的不良副作用。

至于我对它的感觉, 我认为这种广告非常重要。我真的很喜欢它介绍产品聪明的方式, 以及其所带来的有效性。

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色高亮都是高分地道表达, 在译文中也已相应高亮出来。

Describe a painting

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When you first saw this painting

What the painting is about

Who the painter is

And explain how you feel about this painting

11. 一副画 (9-12 月新题)

When it comes to paintings, the first one that comes to mind is actually a painting that my younger sister made. She's a really talented artist. Even though she hasn't even graduated high school yet, she has such a passion for art. I'm sure it'll take her far in life.

Anyways, she created this particular painting as a present for our parents on their anniversary. It's of our old house's living room – you know, the couch, the TV, and even our coffee table with fruit on it. The details are all spot-on. She also managed to give the painting a sense of warmth that really invites the viewer in. This was an especially thoughtful gift because we actually had to move out of our family home when we left for a bigger city. So we all miss the old home. But seeing it in this painting makes us feel like it's still there waiting for us.

I never thought still-life paintings were that interesting. But when it's a painting of a place that has a lot of sentimental value, it just makes the painting all the more incredible. Honestly, I'm jealous that my parents get to keep the painting. I would love it if my sister could make another painting like that for me.

All in all, I really like the painting. It not only captures a place that is special to my family, but it also looks stunning. It shows just how talented my sister is, which makes it extra valuable.

译文：

说到画作，我首先想到的其实是我妹妹画的一幅画。她真的是个很有才华的艺术家。尽管她还没从高中毕业，但她对艺术有着非常强烈的热情。我相信这会让她在人生道路上走得更远。

她之前为给我们父母庆祝结婚纪念日创作了这幅很特别的画。画的是我们以前旧家的客厅，画上有我们以前家里的那张沙发、电视，甚至还有放着水果的茶几。每一个细节都画得非常到位。她还成功地让这幅画散发出一种很温馨的感觉，真的让人觉得很想进入这个场景中。这是一份特别贴心的礼物，因为我们实际上是因为搬到一个更大的城市而不得不离开以前的家。所以大家都很想念旧家。而看到这幅画，就觉得好像那个家还在那里等着我们。

我从没觉得静物画有多么有趣。但当这幅画描绘的是一个有很多情感价值的地方时，它就变得非常不可思议。老实说，我真的很羡慕我的父母能够留存着这幅画。我希望我妹也能再为我画一幅类似的作品。

总的来说，我真的很喜欢这幅画。它不仅画出了对我家庭来说非常特别的一个地方，而且看上去也非常漂亮。这更显示了我妹妹有多么有才华，也让这幅画变得更加珍贵。

色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a rule that is important in your school or at work

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

What the rule is about

What happens when people break the rule

Why you think it is an important rule

And explain how you felt about this rule.

12. 学校/工作中的重要规则 (9-12月新题)

When it comes to an important rule in my company, the first one that comes to mind is that people with the most seniority get to choose their vacation days first. Of course, this rule isn't popular with the employees who just joined. I remember that when I first started at my company, I was frustrated because I got to pick my vacation days last. All the good holidays were already booked off by people ahead of me. But since I've had this job for a few years now, I really like getting more of an advantage.

As far as I know, this rule was imposed by our boss way before I started working there. He decided that it was only fair that the people who had worked there the longest got to have the most benefits. Even though I didn't like the rule at first, I'm a big fan now that it works in my favor. I think it makes a lot of sense. The newbies shouldn't get first dibs on valuable vacation time. They might end up quitting so it would be a waste. But the people who have actually committed a lot of time to this job are less likely to leave.

This rule helps everyone at work by giving us a reliable system to pick vacation days. Instead of a chaotic free for all, we get a turn to pick vacation. It's a system based on seniority but in the end, I do think it is the fairest option.

译文：

谈到我公司的一个重要规定，我首先想到的就是资历最老的人可以最先选择他们的休假日。当然，这个规定并不受刚刚加入公司的员工欢迎。我记得当我刚开始在公司工作的时候，因为我是最后挑选休假日的，我就感到非常沮丧。所有好的假期都已经被我前面的人预订掉了。但是，现在我已经在这份工作上工作了几年，我真的很喜欢这种能获得更多优势的感觉。

据我所知，这个规定是在我开始在这里工作之前（老早之前）由我们老板制定的。他认为，只有工作时间最长的人才才有资格享受最多的福利，这才是公平的。虽然我起初不喜欢这个规定，但现在它对我有利，我真的很喜欢它。我认为这是有道理的。新人不应该首先（优先）选择宝贵的休假时间。他们可能最终会辞职，那将是一种浪费。但是那些实际上已经投入了大量时间在这份工作上的人，离开的可能性较小。

这个规则通过为我们提供一个可靠的制度来选择休假日，帮助了工作中的每个人。与混乱的自由选择不同，我们有机会轮流选择休假。虽然这是一个基于资历来选择的系统，但最终，我认为这是最公平的选择。

色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe an exciting activity you did with others.

You should say: （注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答）

What you did

Where and when you did this

Who you shared the activity with

And explain why this activity was new or exciting for you.

13. 和他人做过的刺激的活动（9-12月新题）

I recently tried skydiving for the first time. I did the skydive while I was on vacation in Dubai last April. The experience was a graduation gift from my boyfriend, and he surprised me with it while we were on holiday.

The sky dive took place overlooking the famous Palm Jumeirah Island, which is a cluster of artificial islands on Dubai's shoreline. The view from above while parachuting down was amazing! It was a tandem jump which means I was strapped on to an instructor. There was also a camera jumper who recorded the whole thing on a video. My boyfriend had done the jump previously, so he waited for me at the bottom and watched me float down. The instructor deployed the parachute and took care of all the safety protocol, so I didn't have much to do besides enjoy the ride.

The most thrilling part was the initial jump out of the plane and the free-fall at 120 miles per hour. I was surprised at how cold the air was at the beginning of the jump and at the force of the wind on my face and hair. Once the parachute was open though, it was smooth sailing until we touched down.

Anyway, jumping out of a plane is probably the scariest and most exciting activity I've ever tried. I'm proud of myself for facing my fears and going for it despite my nerves. Now I have an amazing memory from my trip to Dubai that I'll cherish for a lifetime.

译文：

最近，我第一次尝试了跳伞。去年四月，我在迪拜度假时体验了跳伞这个活动。这次经历是我男朋友送我的毕业礼物，他在我们度假的时候给了我一个惊喜。

跳伞活动发生在俯瞰著名的棕榈岛（Palm Jumeirah Island）上，这是迪拜海岸线上的一组人工岛屿。在降落伞下降的过程中俯瞰的景色令人惊叹！这是一次双人跳伞，意味着我被固定在一个教练身上。还有一个摄像员记录了整个过程。看着我慢慢下降。教练展开了降落伞，并负责所有的安全规程，所以除了享受这次旅程外，我没有太多事情要做。

最刺激的部分是最初跳出飞机，然后以每小时 120 英里的速度自由落体。我惊讶于起跳时的冷空气，惊讶于风吹在我脸上和头发上的力量。不过，降落伞一打开后，在我们着陆之前，一切都很顺利。

总之，跳伞可能是我尝试过的最恐怖和最令人兴奋的活动。我为能够面对恐惧并尝试一下而感到自豪，尽管当时我很紧张。现在，我在迪拜之行中留下了一段令人难忘的美好回忆，我会珍藏一辈子。

色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a science subject (Biology, Robotics, etc.) that you are interested in

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

Which subject it is

When and where you came to know this subject

How you got information about this subject

And explain why you are interested in this subject

14. 感兴趣的科学领域 (9-12 月新题)

When it comes to a science subject that **fascinates me**, the first one that **comes to mind** is biology. I'm **specifically interested in** human biology, although I've heard marine biology is pretty neat as well. There are just so many interesting things to learn about the human body. If you've ever had a cold or any other kind of sickness, you quickly learn just how delicate they can be. Learning about the various systems of the body and **how they all work in harmony** sounds pretty cool to me.

If memory serves correctly, **my first encounter with biology** was during high school. In science class, we had a unit on biology, meaning that we learned about the basics for a few weeks. We didn't get to focus on it all semester though. So, **it piqued my curiosity** but I didn't get the chance to study it further. When I went to university, I **took an introductory course in biology**. It was really challenging, but it was also very interesting.

I think that biology is one of the most important subjects you could study. It teaches you all about how life on Earth works. **That obviously has tons of applications**. If you want to learn how to cure diseases or how to improve the body, then you have to be a master in biology. The study of biology can literally save lives. I'm so interested to see **what innovations biologists will come up with in the future**.

译文:

说到**我最着迷的**科学学科, **我首先想到的就是**生物学。**我尤其感兴趣的是**人体生物学, 虽然我听说海洋生物学也挺有趣的。人体有太多有趣的东西可以学习了。如果你曾经感冒或患过其他疾病, 你会很快了解到它们有多么脆弱。**学习人体各个系统如何协调工作**听起来对我来说相当酷。

如果我记得没错的话, **我第一次接触生物学是**在高中。在科学课上, 我们学了几周的生物学基础知识。但我们并没有整个学期都学这个。所以, **它激起了我的好奇心**, 但我没有机会深入研究。当我上大学时, 我**选修了一门生物学入门课程**。这门课程非常具有挑战性, 但也非常有趣。

我认为生物学是你可以学习的最重要的学科之一。它会教你关于地球上生命如何运作的一切。**这显然能用在很多不同的地方**。如果你想学习如何治愈疾病, 或如何改善身体素质, 那么你必须成为一名生物学大师。生物学的研究可以拯救生命。我非常期待看到**生物学家们接下来会有什么样的创新**。

黄色高亮都是高分地道表达, 在译文中也已相应高亮出来。

You should say: （注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答）

And explain why you are interested in this period of history

地点类

Describe a place in your country that you think is interesting

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Where it is

How you knew it

What special features it has

And explain why you think it is interesting

16. 有趣/吸引你的地方 (9-12 月新题)

When it comes to an interesting place in China, the first one I can think of is **the Forbidden City**. It's a **royal palace** where many emperors of China and their wives lived **hundreds of years ago**. It's located in Beijing, the capital of China. Basically, everyone visiting Beijing goes there to **check out** how amazing this royal palace is.

I've been there twice now. I visited there the first time with my parents when I was just about ten or eleven years old. And I went there again **a couple years ago** when my friends and I took a trip to Beijing. Even though I toured the Forbidden City twice, I might have only seen about half of the palace. It's **enormous**!

Most visitors go there just to **tour the royal palace**. They can see the rooms and buildings where the royals used to live, and tour guides also tell you some impressive real stories that happened there.

I was impressed by this **spectacular** palace every time I visited. When you stand in front of the buildings, it's easy to imagine what **an extravagant lifestyle** those royals had. At least it really **piqued my curiosity** whenever I visited there. And it's so big that you won't see the whole palace even if you walk there for a whole day. After all, it's the largest palace in the world! I really hope I can **go there for a third time** one day.

译文:

说起中国有趣的地方，我首先想到的是**故宫**。这是一座**皇宫**，**数百年前**许多中国皇帝和皇后曾在这里居住过。它位于中国的首都北京。基本上，每个来北京的人都会**去看看**这座皇宫有多么的令人惊叹。

我到现在已经去过两次了。第一次是我大约十一岁的时候，和父母一起去的。还有一次是**几年前**，我和朋友们一起去北京旅游时再次前往的。尽管我参观了故宫两次，但可能只看到了大约一半的宫殿。它**实在太大了**！

大多数游客去那里只是**为了参观皇宫**。他们可以看到皇室曾经居住的房间和建筑，导游也会告诉你一些在那里发生的令人印象深刻的真实故事。

每次我去参观这座**壮丽的**宫殿，都给我留下了深刻的印象。当你站在建筑物前面时，很容易想象出那些皇室的**奢华生活**。至少每次我去那里都**激发了我的好奇心**。而且它实在太大了，即使你在那里走上一整天，也看不完整个宫殿。毕竟，它是世界上最大的宫殿！我真的希望有一天能再**去感受第三次**。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a beautiful city

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Where the city is

How you knew the city

What buildings the city has

And explain what it is famous for

17. 美丽的城市 (9-12 月新题)

When it comes to a beautiful city, the first one that comes to mind is Toronto. It's a major city in Canada. I've only visited once, but it really stuck with me. If memory serves correctly, I went there a few years ago to visit a friend from university.

I really enjoyed seeing the sights. Toronto is a very metropolitan city. There are tons of beautiful skyscrapers. If you see them at night, it looks magical. But there are also a lot of green spaces. We went to some parks in the city, which were full of beautiful trees and open clearings. We also saw so many cute dogs, which was definitely a highlight for me.

The most interesting part of the city is a place called Toronto Island. You have to take a ferry there from downtown. It's a pretty short ride across the water. When you arrive at the island, you can take different paths to get around. There's a petting zoo and some rides for kids, which really surprised me. There are also a few different beaches where you can enjoy the nice, refreshing water. My friend and I spent the entire day there. I totally got sunburned, but it was worth it.

Toronto is probably most famous for the CN Tower, as well as the Blue Jays and their big aquarium. I really loved the mix of manmade structures and natural spaces. I think it makes the city a really beautiful and memorable place.

译文：

说到美丽的城市，我首先想到的就是多伦多。它是加拿大的一个大城市。我只去过一次，但它给我留下了深刻的印象。如果我记得没错的话，那是几年前我去看朋友的时候去的，他是我大学的同学。

我真的很享受参观这座城市。多伦多是一个非常都市化的城市。有许多美丽的摩天大楼。如果你在夜晚看它们，会觉得像是魔法般的美丽。但这里也有很多绿地。我们去了城市里的一些公园，那里有美丽的树木和开阔的空地。我们还看到了很多可爱的狗狗，这绝对是我喜欢的部分。

这座城市最有趣的地方是一个叫做多伦多群岛的地方。你得从市区坐渡轮去那里。跨越水面的渡程相当短。当你到达岛上时，可以选择不同的路径四处走走。那个岛上有一个宠物动物园和一些适合孩子的游乐设施，这让我非常惊讶。还有几个不同的沙滩，你可以在那里享受清凉的水。我的朋友和我在那里度过了整整一天。我都被晒伤了，但这一切都是值得的。

多伦多最著名的可能是加拿大国家电视塔 (CN Tower)，以及蓝鸟队和他们的大型水族馆。我很喜欢城市中人造结构和自然空间的融合。我觉得这让这座城市变得非常美丽和令人难忘。(Copyrights to 雅思过过过淘宝店铺)

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a park or a garden in your city

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When you often go there

Where it is

Who you often go there with

And explain what it is like/why you like it

18. 公园/花园 (9-12 月新题)

I'm going to describe a park in the downtown area of my city. If memory serves correctly, it just opened to the public a few months ago. I love going there for walks with my dog.

It's a bit of an unusual location. Normally you expect parks to be located far away from the city centre. But there was some open space in the city core that they repurposed as a public park. There are lots of trees there, as well as a big green space in the middle that people let their dogs run around in. I also see lots of kids there playing catch or hide and seek. It's a great spot for the community. It's also nice to have a bit of nature in the heart of the city

I usually go there with friends when we've got some free time, mostly on weekends. I bring my dog and let him play with the other dogs there. Then my friends and I debrief on whatever's going on in our lives. It's a really nice way to relax after a long day of work. Sometimes, I like going to the park by myself. It's important to have some quiet time as well.

The park itself is a really lovely space. Even though it's often crowded, it's nice to breathe some fresh air and enjoy the environment. Plus, I find it really fun to people-watch. Overall, it's nice to have a place for people to gather that isn't all concrete. I really love this park.

译文：

我想要介绍一下我们市中心的一个公园。没记错的话，这个公园是几个月前才对外开放的。我非常喜欢带我的狗去那里散步。

公园的位置稍稍有点儿特别。一般来说，公园大部分都建在离市区比较远的地方，但因为我们的市中心有一些空地，所以被重新规划为了公园。公园里有很多树，中间还有一大片绿地可以让狗狗们跑来跑去。我还经常看到有小孩在那里玩接球或者捉迷藏的游戏。这真是个适合社区聚集的好地方。在城市中心有这么一片绿地也真的很不错。

我通常在空闲时间，尤其是周末，会和朋友一起去那里。我会带着我的狗，让他和其他狗子们玩。然后我和朋友就在那里闲聊一下最近都发生了什么事，这真是忙碌一天后让人能放松一下的好方式。有时候，我也很喜欢一个人去公园，有一些安静的独处时间也是很重要的。

这个公园真的是个很棒的地方。尽管来这里的人很多，但能呼吸到新鲜空气，享受一下大自然真是太好了。而且，我觉得看人来人往的也挺有意思的。总的来说，有这样一个不全是水泥钢筋组成的能让人聚集的地方真是太好了。我非常喜欢这个公园。雅思过过过淘宝店铺原创 (Copyrights to 雅思过过过淘宝店铺)

色高亮都是高分地道表达，在译文中也已相应高亮出来。

人物类

Describe a foreigner who speaks Chinese well

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who this person is

Where he / she is from

How he / she learns Chinese

And explain why he can speak Chinese well

19. 汉语很好的外国人 (9-12 月新题)

I'm going to talk about my friend Jack. **If memory serves correctly**, I've known Jack for about three years. I first met him through a friend. In fact, he was dating my friend Lisa. I met him at **a party that Lisa was throwing**. He made a great first impression. The thing that impressed me most was that he spoke fluent Chinese. I was pretty surprised, since Lisa had told me he's from Canada and he doesn't come from a Chinese family.

I asked why he could speak the language so well. He told me that when he was in university, he became close friends with **a Chinese exchange student**. That friend taught him some of the basics of Chinese, which **sparked an interest in learning the language properly**. So he actually came to China for a few years and **improved his skills pretty drastically**. Now, he's very **proficient at** Chinese. He almost sounds like a local!

I think it's really cool that Jack decided to dedicate so much time to learning Chinese. After all, it's not an easy language for foreigners to master. There are so many **different tones** that you have to remember. It's hard if you grow up speaking a language like English, which doesn't really have different tones. I wish that more foreigners would **take an interest in** learning Chinese, or at least in learning other languages. It helps you make very cool connections. And **in Jack's case**, it can even help you find love with someone who speaks that language!

译文:

我要说说我的朋友 Jack。**如果我没记错的话**，我认识 Jack 已经大约有三年的时间了。我最初是通过一个朋友认识他的。事实上，他当时正在和我朋友 Lisa 约会。我是在 **Lisa 举办的一次派对上** 认识他的。他给我留下了很深的印象。最让我印象深刻的是他说一口流利的中文。当时我非常惊讶，因为 Lisa 告诉我他来自加拿大，家里也没有中文背景。

我问他为什么中文说得这么好。他告诉我，大学时他交了 **一个中国的交换生朋友**，那个朋友教了他一些中文的基础知识，**激发了他对认真学习中文的兴趣**。所以他实际上来中国待了几年，**语言水平有了飞跃性的提高**。现在，他**非常擅长**中文表达，几乎听起来像个本地人！

我觉得 Jack 决定花这么多时间学中文真的很酷。毕竟，对外国人来说，学好中文并不容易。中文有那么多**不同的声调**需要记住，如果你从小说英语这种没有不同声调的语言长大，学中文会很难。我希望更多外国人能**对学习中文或者至少学习其他语言感兴趣**。学习语言可以帮助你建立很多有趣的关系。而**在 Jack 的例子中（像 Jack 这样的）**，甚至可以帮助你找到会说那种语言的爱人！

色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a person who enjoys cooking for others

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

Who this person is

What he / she likes to cook

Who he/she cooks for

And explain why this person enjoys cooking

20. 喜欢烹饪的人 (9-12 月新题)

I'm going to talk about my friend James. James is an amazing cook. Even though he's a young person like me, **he's mastered a bunch of different techniques**. I think he might even consider getting professional training. He would definitely succeed if he wanted to do a course or something.

Anyways, James is **a very hospitable person**. I met him **through a mutual friend at a party**. He had brought a ton of **delicious appetizers**. When I asked him about them, I was pleasantly surprised to learn that he had made them himself.

Since we met, he's invited me over lots of times. Whenever we hang out, he always makes us something amazing to eat. He really likes cooking noodle dishes. One time, he made **a cold noodle dish that absolutely blew me away**. I didn't expect to like cold noodles, but the way he prepared them was fantastic.

I believe he's such a good cook because he's really into cooking. He mentioned that he loves watching various cooking videos and picking up new and unique cooking methods. Additionally, **he cooks from the heart**. He even asks about the preferences of the people he's cooking for. If you really like spicy food, he'll find a way to incorporate spice into the recipe. **That attention to detail makes him stand out as a cook**. I think that if he were to ever open his own restaurant, **it would be packed every night**. He's definitely **destined for culinary success**.

译文:

我要聊一聊我的朋友 James。James 是一个了不起的厨师。尽管他和我一样还年轻, 但**他已经精通了许多不同的烹饪技巧**。我觉得他甚至可以考虑接受专业培训。如果他想要参加烹饪课程或类似的培训, 他肯定会成功。

总之, James 是**一个非常好客的人**。我是**通过一个共同的朋友在一个派对上**认识他的。他带来了一大堆**美味的开胃菜**。当我聊到这些菜的时候, 我惊喜地发现都是他自己做的。

自从我们认识以来, 他经常邀请我去他家。每次我们一起玩, 他总是为我们做一些超级美味的东西。他特别喜欢做面食。有一次, 他做了**一道凉面**, **简直让我惊艳不已**。我从没想过我会喜欢上吃凉面, 但他的烹饪方法真是太棒了。

我认为他是一个非常出色的厨师, 主要是因为他对烹饪非常热爱。他提到他喜欢看各种各样的烹饪视频, 学习新的独特的烹饪方法。此外, **他是用心做菜的**。他甚至会询问他要烹饪给的人的口味偏好。如果你喜欢辣食, 他会想办法在菜肴中加入辣味。**这种注重细节的态度使他能烹饪上脱颖而出**。我认为如果他有一天开自己的餐厅, **那里一定每天都会座无虚席**。他绝对是**注定要在烹饪领域取得成功的**。

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黄色高亮都是高分地道表达, 在译文中也已相应高亮出来。

Describe an interesting person that you have not met in person and would like to know more about

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

Who this person is

How you knew him / her

What interesting things he / she has done

And explain what you would like to know more about him / her

21. 想见的有趣的人 (9-12 月新题)

I'm going to talk about my friend's sister. I've been dying to meet her for years now. If I remember right, I first heard about her at my friend's birthday party. His sister wasn't there, but he told me that we would get along really well. It turned out that she couldn't be there because she was travelling for work. She has a consulting job that sends her all over the world. So it's nearly impossible to meet up with her since she's rarely in the same place as me.

I'm really curious to know what she's like in person. According to my friend, she's one of the smartest people you could ever meet. She's very ambitious and focused, which is how she got such a cool job at a relatively young age. Outside of work, she has lots of cool hobbies. For example, she's an expert scuba diver. She got her certification on a work trip and has gone on lots of amazing scuba diving expeditions since then. She's super well-travelled, so I bet she has a bunch of great travel stories to tell.

I'd really like to meet her, not only because she's my friend's sister but also because I think I could learn a lot from her. I want to have a job with the kind of perks that she has. So if she could mentor me, then maybe I could find myself on the same career path as her. Hopefully our paths will cross soon.

译文:

我要说说我朋友的妹妹。多年来我一直想要见到她。如果我没记错的话, 我第一次听说她, 是在我朋友的生日派对上。他妹妹当时不在, 但他告诉我, 我们俩会合得来。结果她没法参加派对, 因为她一直在外面出差。她从事咨询工作, 总是到世界各地跑。所以几乎不可能碰上她, 因为她很少和我在一个地方。

我真的好奇她的真实情况。据我朋友说, 她是你能遇到的最聪明的人之一。她非常有野心, 也很专注, 这也是她在相对年轻的年纪就能找到这么酷的工作的原因。工作之外, 她还有很多很酷的兴趣爱好。比如, 她是个潜水高手。她在一次出差中拿到了潜水证书, 然后就参加了很多令人惊叹的潜水探险。她游历了很多地方, 所以我敢打赌她一定有一大堆精彩的旅行故事可以分享。

我真的很想认识她, 不仅仅因为她是她朋友的妹妹, 还因为我觉得我能从她身上学到很多东西。我想要一个像她那样拥有诸多好处的工作。如果她能指导我, 也许我能走上和她一样的职业道路。希望我们的人生轨迹能尽快交汇。

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黄色高亮都是高分地道表达, 在译文中也已相应高亮出来。

Describe a successful businessperson you know (e. g. running a family business)

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who this person is

How you knew him / her

What business he / she does

And explain why he / she is successful

22. 成功的商人 (9-12 月新题)

When it comes to a successful businessperson I know, **the first person who comes to mind is** my friend Lei. Even though she's a young person like me, she's actually doing quite well for herself. I first met Lei when we were in high school together. For as long as I've known her, she's always been very driven and ambitious. So when she told me that she had started **a dog-walking business**, I was surprised but **I had total faith in her**.

If memory serves correctly, she first opened her own business three years ago. I didn't know that there was **such a big customer base** for this kind of thing. But she **established a pretty big client base** within a few months. There are lots of people in our city who own dogs, but don't always have the time to walk them properly. For example, some people work long hours at their job and can't get home in time to walk their dog when it needs to go out. So Lei will walk their dog for them, which **saves them a lot of worry and stress**.

Lei's business **boomed through word of mouth**. Her customers recommended her services to their friends because of how friendly and efficient she is. Lei will take a group of dogs to a park and let them run around and socialize with other dogs. That way, they get lots of exercise and they have fun with each other. I think she's successful because she works hard and **has followed her passion for animals**.

译文：

说到我认识的一个成功的商人，**我脑海里首先浮现的就是**我的朋友雷。尽管她和我一样年轻，但她实际上过得相当不错。我第一次遇到雷是在我们一起上高中的时候。在我认识她的所有时间里，她一直都非常有抱负和进取心。所以当她说她已经开始了自己的**遛狗的生意**时，我很吃惊，但**我对她完全有信心**。

如果没记错的话，她是三年前开始经营自己的生意的。我不知道这种生意会**有那么多的客户群体**。但她在几个月内**建立了一个相当大的客户群**。我们城市有很多人养狗，但并不总是有时间来好好遛它们。例如，有些人需要工作很长时间，无法及时回家遛狗。所以雷会替他们遛狗，这为他们**省去了很多烦恼和压力**。

雷的生意**通过口碑传开了**。她的客户因为她的友好和工作高效而把她推荐给了周围的朋友。雷会带一群狗去公园，让它们四处跑跑，和其他狗社交。这样，它们既锻炼了身体，又和其他狗可以玩得很开心。我认为她之所以成功，是因为她勤奋工作，并一直**在追随自己对动物的热情**。

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黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a person who always has interesting ideas or opinions

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who this person is

What this person does

How you knew him / her

And explain why you think his / her ideas or opinions are interesting

23. 想法有趣的人 (9-12 月新题)

The first person that comes to mind for me is Wim Hof who is also known as “The Iceman”. He's well known for his ability to withstand cold temperatures. If you learn more about him, you'll see he has many unusual ideas to test how much people can do. He's broken 26 world-records and all of them are related to snow and ice. Some of his records include the longest swim under ice, the fastest barefoot half-marathon on ice, and the longest full-body exposure to ice. He thinks being in cold often, deep breathing, and meditation are good for health. .

The first time I heard about him was on a podcast 3 years ago. It caught my attention, so I decided to read his book called *The Wim Hof Method* and watch some documentaries about him

I think his unique ideas come from his brave and adventurous nature. He definitely has an interesting and original approach to health and fitness, but his methods are controversial. Even though some people have experienced health benefits from practicing his methods, some people have fainted and even died while practicing. Even Wim Hof himself nearly died during a swim under ice. He wasn't wearing goggles and his eyes froze. Then he passed out under the water and had to be rescued. That just goes to show you that we should be cautious about fully believing his creative ideas. Personally, I hate the cold, so you won't catch me experimenting with cold exposure therapy any time soon!

译文：

我脑海里首先想到的是威姆·霍夫，他也被称为“冰人”。他以能够忍受严寒而闻名。如果你了解更多关于他的事情，你会发现他有很多奇怪的想法，来测试人能做到什么程度。他打破了 26 项世界纪录，所有这些纪录都与雪和冰有关。其中一些纪录包括在冰下最长时间的游泳、在冰上最快的赤脚半程马拉松和最长时间全身暴露在冰中。他认为经常暴露在寒冷的空气中、深呼吸和冥想对健康有益。

我第一次听说他是在 3 年前的一档播客上。这引起了我的注意，所以我决定读他的书《威姆·霍夫方法》并观看了一些关于他的纪录片。

我认为他独特的想法源于他勇敢和冒险的天性。他确实对保持健康和健身有着有趣和独创的方法，但他的方法也备受争议。尽管有些人通过实践他的方法获得了益处，但也有人是在实践过程中晕倒甚至死亡。甚至威姆·霍夫自己在冰下游泳时也差点丧命。他没有戴护目镜，结果他的眼睛被冻住了。然后他在水下昏倒，不得不被救起。这其实表明我们应该谨慎地对待他的创意思想。就我个人而言，我讨厌寒冷，所以你不会在短时间内看到我进行寒冷暴露疗法的实验！

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黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe someone you studied with is successful in his/her life

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who this person is

Where and when you studied together

In what area this person has been very successful

And explain why you think this person is successful in his/her life

24. 成功的同学 (9-12 月新题)

I'm going to talk about a friend from university who got an amazing job in education. **If memory serves me right**, I met her in my second year. We happened to sit next to each other in class. She **struck up a conversation with me** and we **hit it off right away**. Ever since then, we've been close friends.

She's been passionate about teaching ever since I met her. She really wants to make a difference in kids' lives, which I think is super admirable. It's important for people to **be genuinely excited and dedicated to their work** when it comes to educating the next generation. Even though we were in different programs, we **had a few classes in common** so I got to witness how hardworking and focused she is. I always knew she was going to go far.

Not long after we graduated, she got a job in a high school. In addition to teaching some classes, she also helps develop the curriculum for certain programs. That means that she **plays a big part in** what students will learn in their classes. Not only is she making a difference with the students she teaches directly, but she's also helping other students **get the most out of their education**.

I consider her to be really successful because it's pretty hard to get a job in education so soon after graduating. It's because she's **so driven and has pursued this career with a single-minded focus**. I'm so proud of her for achieving her dream.

译文：

我要谈谈大学时认识的一个朋友，她在教育领域找到了一份了不起的工作。**如果我没记错的话**，我在大二的时候认识了她。我们碰巧在课上坐的位置挨在一起。她**主动跟我聊了起来**，我们**一下子就打成一片了**。从那时起，我们就成了亲近的朋友。

她从我认识她开始，就一直对教育充满着热情。她真的想要在孩子们的生活中有所作为，我觉得这真的很令人钦佩。当涉及到培养下一代的时候，人们**真诚地对工作充满热情和投入**是非常重要的。尽管我们在不同的专业，但我们**有一些共同的课程**，所以我有机会亲眼见证她是多么努力和专注。我一直都知道她一定可以走得很远。

我们毕业后不久，她到了一所高中找到了一份工作。除了教一些课程，她还帮助制定了某些项目的课程大纲。这意味着她在学生将在课堂上学到什么东西这方面，**发挥着重要作用**。她不仅对她直接教的学生产生了影响，而且还帮助其他学生从他们的教育中**获得了最大的收益**。

我认为她非常成功，因为在毕业后不久就能找到教育方面的工作并不容易。这是因为她**非常有进取心，一心一意地追求着这个职业**。我为她最终实现了她的梦想感到非常自豪。

色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a sportsperson you admire

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who he / she is

What you know about him / her

What he / she is like in real life

What achievement he / she has made

And explain why you admire him / her

25. 敬佩的运动员 (9-12 月新题)

I'd like to talk about one of my idols, **Stephen Curry**. He is one of the most famous basketball players in the world. I got to know him about ten years ago when he **was just drafted as a rookie player** in the NBA. At the time, basketball had just **sparked my interest** and become my favorite sport. I basically watched NBA games every weekend. And Stephen Curry's games could always **catch my attention**.

Honestly, he's played really well since his first season and has grown to **be an elite player** in a very short time. Plus, he is a **natural** when it comes to **shooting a basketball and scoring**. Many NBA players and fans even call him the greatest shooter **of all time**.

Actually before he got famous in this sport, many people, including the professionals in the field, **looked down on him** because he was very thin and not tall enough. But he never gives up. Instead, he trains **day in and day out**. Eventually, he proved himself in the best league of basketball. He's a living legend that managed to succeed as an **underdog**.

What I admire about him is his **grit**. If I ever got to meet him, I would ask him to **take a selfie with me**, and **brag** about that for the rest of my life. I also have a few questions to ask him, like how do you train yourself or how many championships do you aim to win. I bet he will have good answers for them.

译文:

我想谈谈我的偶像之一，**斯蒂芬·库里 (Stephen Curry)**。他是世界上最著名的篮球运动员之一。我大约是在十年前认识他的，当时他刚刚**被 NBA 选中成为了一名新秀球员**。那时，篮球刚刚**引起了我的兴趣**，并成为了我最喜欢的运动。基本上，我每个周末都会看 NBA 比赛。而斯蒂芬·库里的比赛总是能**引起我的注意**。

老实说，自从他的第一个赛季以来，他就表现得非常出色，并在很短的时间内**成长为了一名精英球员**。而且，他在**投篮和得分**方面**天赋异禀**。许多 NBA 球员和球迷甚至称他为**史上最伟大的射手**。

实际上，在他在这个运动中变得著名之前，包括该领域的专业人士在内，许多人都**看不起他**，因为他身材很瘦，个子不够高。但他从不放弃。相反，他**每天都在训练**。最终，他在篮球最高水平的联赛中证明了自己。他是一个活生生的传奇，他以一个**失败者**的身份取得了成功。

我非常钦佩他的**毅力**。如果我有机会见到他，我会**请他和我自拍**，并且会为此**吹嘘**一辈子。我还有一些问题想问他，比如你是如何训练自己的，或者你的目标是赢得多少个冠军。我敢打赌他会有很好的回答。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。