

2024 年 1-4 月雅思口语 Part2 保留题目参考资料

(第 2 套故事<共五套>)

感谢小伙伴使用雅思过过过口语素材！

在您使用过程中，有以下几点注意事项，请您在复习中留意：

1. 提供素材的目的是启发思路、短期高效积累可用的地道口语表达。在编写素材时，我们的原则是接地气、符合大众生活情境。但是，任何素材无法完美适合所有人，因此建议练习中结合自身实际情况做素材调整，达到更高效复习的状态。
2. 请搭配咱们发的《练习方法说明书》来使用素材，不建议逐字逐句背诵。
3. 生活中没有相关经历时，可以参考素材给你的启发来“编故事”。记住咱们家的雅思考官常说的——考试中 “You can lie! The examiner does not know you and you do not know the examiner, so if you want to make your stories better... you can!”
4. 2023 年 9-12 月 Part2 共有 50 个题。如有变动会群内或私信通知，请您关注群公告或私信消息。
5. 文中黄色高亮的内容，是高分地道表达；译文里的下划线是指与其他素材有重复的内容。
6. Part2 题卡四小问不是必须回答的。如果准备 Part2 时，有自己想说的内容，不必在意是否和四小问内容完全一致，只要和主 Topic 相关即可；
7. 口语素材编写经过三轮审核校对，有很多地道的口语表达或许以前没有见过，但不是错误。

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主题 1: 摄影+单反相机

Describe a photo that makes you feel happy

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

When and where you took the photo

What the photo is like

How often you watch the photo

And explain why it makes you feel happy

1. 让你开心的照片(新题)

When talking about pictures that make me happy, I remember one great shot that I took. Actually, as an amateur photographer, I won a prize for a photo I took. It was a few years back but that picture has stayed with me ever since.

At the time, I was obsessed with DSLR cameras. So I signed up for an elective photography course at my school. Later, my school held a photography contest for students. I thought I had learned a lot by then, so I signed up for the contest. The theme of the competition was photographing natural landscapes. I chose to take photos of the birds by the lake. I still remember I went to the lake on a Sunday morning, and I got a really great shot of dozens of birds taking off from the lake.

In the photo, you can see dozens of seagulls all flying up from the lake at the same time. It was a beautiful moment as they flew against the sun. I waited patiently for over three hours, trying different angles to get the perfect shot.

Then I submitted the photo to the school and not long after, I received a phone call saying I won third place. I was over the moon! I had the photo printed and put it in my living room to show my achievement. Looking back, it was undoubtedly hard work, but I'm really proud of what I did.

译文:

谈到让我开心的照片, 我记得有一张我拍过的很棒的照片。实际上, 作为一名业余摄影师, 我曾因拍过的一张照片而获奖。虽然那是几年前的事情, 但那张照片我一直留着。

那时候我一直都特别痴迷于单反相机。我就报名参加了我们学校的摄影选修课。不久后, 我们学校举办了一个摄影比赛。我觉得我那时候学到不少东西, 所以就报名参赛了。摄影主题是拍摄自然景观。我选择了拍摄湖边的飞鸟。我还记得我在一个周日早上去了湖边, 拍到了一个特别棒的几十只鸟都刚从湖面起飞的场景。

在照片中, 你可以看到几十只海鸥同时从湖面上飞起。它们在逆光下飞翔, 那真是一个美丽的瞬间。我耐心等待了三个多小时, 尝试不同的角度, 才拍到这张完美的照片。

然后我把这张照片提交给了学校, 不久之后, 我接到学校的电话, 说我获得了第三名。我特别开心! 我把照片洗出来, 挂在客厅里来展示我的成就。回头来看, 毫无疑问, 那时候我付出了辛苦的努力, 但我为自己所做的感到非常自豪。

下划线表示与其他题目内容有重叠; 黄色高亮是高分地道表达, 在译文中也已相应高亮出来。

Describe an occasion when you waited a long time for a nice thing

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When it happened

What the nice thing was

Why you waited for a long time

And explain how you felt about the experience

2. 等待美好发生(新题)

As an amateur photographer, a few years back I won a prize for a photo I took. But what really left a mark on me was that I had to wait for a whole three hours to get that shot.

At the time, I was obsessed with DSLR cameras. So I signed up for an elective photography course at my school. Later, my school held a photography contest for students. I thought I had learned a lot by then, so I signed up for the contest. The theme of the competition was photographing natural landscapes. I chose to take photos of the birds by the lake. I still remember I went to the lake on a Sunday morning, and I got a really great shot of dozens of birds taking off from the lake.

In the photo, you can see dozens of seagulls all flying up from the lake at the same time. It was a beautiful moment as they flew against the sun. I waited patiently for over three hours, trying different angles to get the perfect shot.

Waiting for those three hours felt long, but I was excited because I knew something great was going to happen. Later, I submitted the photo to the school and not long after, I received a phone call saying I won third place. I was over the moon! You know, waiting for a long time was undoubtedly hard work, but I'm really proud of what I did.

译文:

作为一名业余摄影师，几年前我曾因拍过的一张照片而获奖。不过真正让我难忘的是，我等整整三个小时才拍到那张照片。

那时候我一直都特别痴迷于单反相机。我就报名参加了我们学校的摄影选修课。不久后，我们学校举办了一个摄影比赛。我觉得我那时候学到不少东西，所以就报名参赛了。摄影主题是拍摄自然景观。我选择了拍摄湖边的飞鸟。我还记得我在一个周日早上去了湖边，拍到了一个特别棒的几十只鸟都刚从湖面起飞的场景。

在照片中，你可以看到几十只海鸥同时从湖面上飞起。它们在逆光下飞翔，那真是一个美丽的瞬间。我耐心等待了三个多小时，尝试不同的角度，才拍到这张完美的照片。

等待那三个小时感觉很漫长，但我非常兴奋，因为我知道一定会发生一些美好的事情。后来，我把这张照片提交给了学校，不久之后，我接到学校的电话，说我获得了第三名。我特别开心！你知道，虽然等待很长时间确实很辛苦，但我为自己所做的感到非常自豪。

划线表示与其他题目内容有重叠；黄色高亮是高分地道表达，在译文中也已相应高亮出来。

Describe a painting

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When you first saw this painting

What the painting is about

Who the painter is

And explain how you feel about this painting

3. 一副画(新题)

I'd like to talk about a painting my younger brother created. A few years back, as an art student, he won a prize for one of his paintings.

Actually my brother has always been obsessed with painting. So he got into a good art college when he went to university. Later, his school held a painting contest for students. He thought he had learned a lot by then, so he **signed up for the contest**. The theme of the competition was painting **natural landscapes**. He chose to paint the birds by the lake. I remember going with him to the lake on a Sunday morning, and he got a really great shot of dozens of birds taking off from the lake.

In the photo, you can see dozens of seagulls all **flying up from the lake** at the same time. It was a beautiful moment as they **flew against the sun**. **Using that photo as a guide**, my brother spent nearly two weeks creating an oil painting. Honestly, in my opinion, the final result was even better than the photo. The angles and lighting were **spot on**.

Later, he submitted the painting to the school and **not long after**, he received a phone call saying **he won third place**. He was **over the moon**! He hung the painting in his living room to show his achievement. Looking back, it was undoubtedly hard work, but I'm really proud of what he did.

译文:

我想说的是我弟创作的一幅画。几年前，作为一名艺术学生，他因创作的一幅画获过奖。事实上，我弟一直痴迷于绘画。所以，他上大学时进了一所很好的艺术学院。后来，学校为学生举办了一场绘画比赛。他觉得自己那时已经学到了很多，所以毫不犹豫地**报名参赛**了。比赛的主题是画**自然风景**。他选择了画湖边的鸟。我记得有一个星期天早上，我和他一起去了湖边，他拍到了数十只鸟从湖中起飞的精彩瞬间。

在照片中，你可以看到几十只海鸥同时**从湖面上飞起**。它们**在逆光下飞翔**，那真是一个美丽的瞬间。**以那张照片作为参考**，我弟弟花了将近两周的时间画了一幅油画。说真的，在我看来，最终的作品甚至比照片更好看。画面的角度和光线都美的**恰到好处（准确无误）**。

后来，他把这幅画提交给了学校，**不久之后**，他接到学校电话通知他**获得了第三名**。他当时**特别开心**！他把这幅画挂在客厅里，**以展示他的成就**。回头来看，毫无疑问，那时候我弟付出了辛苦的努力，但我真的为他所做的感到骄傲。

下划线表示与其他题目内容有重叠；黄色高亮是高分地道表达，在译文中也已相应高亮出来。

Describe a time that changed your life in good ways

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When it was

Who you were with

What happened

And explain why it changed your life in good ways

4. 改变你人生的一段时期/好的人生变化 (新题)

As a photography lover, my journey into photography has been truly rewarding. It definitely **enriches my spiritual life** and also **boosts my happiness**.

My fascination with cameras began during my early days in college. At the time, I became obsessed with learning how to take photos with **a single-lens reflex camera**. Luckily, our school offered an elective photography course. But everyone was required to bring their own camera to class. So I did a lot of research and found that most **decent** cameras would cost me 5000 to 10,000 yuan. The one I intended to buy was 6000 yuan. Eventually, I made up my mind and **broke the bank for it**.

Looking back, it was totally worth it. I spent about six months taking that elective class, and I learned a ton of basic theories of photography, like **composition, lighting and timing**. Now, I know how to **adjust the camera's mode and exposure level** to suit different environments and brightness levels.

Although **that was just scratching the surface**, using my DSLR camera for photography has become an essential part of my life. It brings me so much joy and fulfillment. Plus, because I learned photography, I've got more options for my future job. You know, when I become a professional photographer, I'll have the power to tell fascinating stories and make people feel something special through my photos. What's more, I might be able to travel wherever I want without having to do a 9 to 5 job. I'm really happy that **I'm one step closer to my dream**.

译文:

作为一位摄影爱好者，我学习摄影的过程真的让我得到了非常多的回报。它帮助我**丰富了自己的精神生活**，并且**提升了我的幸福感**。

我最开始接触摄像机是在刚上大学时候。那时候我一直都特别痴迷于**单反相机**。幸运的是，我们学校开设了摄影选修课。但是，学校要求每人都带自己的相机。于是我做了很多研究，发现大部分**好一点的**相机价位都在 5000 到 1 万。我看中的一款相机要 6000 多块。最终，我还是一咬牙一跺脚“倾家荡产”买下了它。

回想起来，买这个相机绝对是值得的。我花了大约半年时间上那门选修课，学到了摄影的许多基本理论，比如**构图、灯光和时间的选择**。现在我会了如何**调整相机的模式和曝光水平**，以适应不同的环境和亮度水平。

尽管**这只是冰山一角(只是皮毛)**，但现在，摄影已经成为我生活中不可或缺的一部分。它带给了我非常多的乐趣和满足感。另外，因为我学了摄影，让我在未来的工作中有了更多的选择。你知道的，如果做了摄影师，我就可以通过照片去讲述有意思的故事，让人们感受到独特的情感。而且，我或许可以实现旅行自由，而不必做一份朝九晚五的工作。我真的很高兴**我离自己的梦想更近了一步**。

划线表示与其他题目内容有重叠：黄色高亮是高分地道表达，在译文中也已相应高亮出来。

Describe a good advertisement that you think is useful

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

Where you can see it

What it shows

Why you think it is useful

And explain how you feel about it

5. 有用的广告(新题)

As a photography lover, I once found a really helpful ad about DSLR cameras.

At the time, I became obsessed with learning how to take photos with a single-lens reflex camera. Luckily, our school offered an elective photography course. But everyone was required to bring their own camera to class. So I did a lot of research and found that high-tech products are super expensive. Most decent cameras would cost me 5000 to 10,000 yuan.

I was quite uncertain about which camera to go for. Then, one day, as I was scrolling through Taobao, I came across a recommended advertisement. In the video, there was a girl skateboarding at the beach and taking selfies with a Sony camera. The ad explained how to adjust the camera's mode and exposure level to suit different environments and brightness levels. As a beginner, this information was extremely valuable to me. So, this ad got my attention and successfully convinced me to check out the store. Since the reviews were positive, I decided to make the purchase.

I found this ad incredibly useful because it provided exactly what I needed to know. It wasn't just visually appealing; it actually gave the most important information that people like me need. That's a big deal. By the way, I'm seriously impressed with today's technology. It can predict products and services I might like based on my past searches and preferences. This is incredibly convenient and time-saving when I'm searching for things.

译文:

作为一个摄影爱好者, 我曾经发现了一个关于单反相机的非常有帮助的广告。

那时候, 我正痴迷于学习用单反相机拍照。幸运的是, 我们学校开设了摄影选修课。但是, 学校要求每人都带自己的相机。所以我做了很多研究, 发现那些高科技产品都非常贵, 好一点的相机价位都在 5000 到 1 万。

我对要选择哪台相机相当不确定。然后, 有一天, 当我刷淘宝时, 我看到了一个淘宝自动推荐的广告。在视频中, 有一个女孩在海滩上玩滑板, 并用索尼相机自拍。广告里还解释了如何调整相机的模式和曝光水平, 以适应不同的环境和亮度水平。作为一个摄影初学者, 这些信息对我来说非常有价值。所以, 这则广告引起了我的注意, 并成功地说服我去逛了这家店。因为店家的评论都是正面的, 所以我决定购买了那款相机。

我发现这则广告非常有用, 是因为它讲到了我需要知道的一切。它不仅仅是视觉上很吸引人, 而且广告提供了像我这样的人最需要的信息。这是最重要的。顺便说一下, 现在的技术发展真的是让我惊到了。它可以根据我的历史搜索和偏好来预测我可能喜欢的产品和服务。这让我搜索东西也变得非常方便和省时。

下划线表示与其他题目内容有重叠; 黄色高亮是高分地道表达, 在译文中也已相应高亮出来。

Describe a science subject (Biology, Robotics, etc.) that you are interested in

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

Which subject it is

When and where you came to know this subject

How you got information about this subject

And explain why you are interested in this subject

6. 感兴趣的科学领域(新题)

One scientific field that's always fascinated me is **data analysis**. I think it's super useful for our world today.

I first realized how important it is when I was in college. At the time, I became obsessed with learning how to take photos with **a single-lens reflex camera**. Luckily, our school offered an elective photography course. But everyone was required to bring their own camera to class. So I did a lot of research on Taobao, the online shopping site, and I found that **high-tech products** are super expensive. Most **decent** cameras would cost me 5000 to 10,000 yuan.

I was quite uncertain about which camera to go for. Then, one day, as I was **scrolling through Taobao**, I came across a recommended advertisement. It showed the exact camera I wanted. So, this ad **got my attention** and successfully convinced me to check out the store. Since **the reviews were positive**, I decided to make the purchase.

So, I'm seriously impressed with today's technology. It can predict products and services I might like based on my past searches and preferences. This is incredibly convenient and **time-saving** when I'm searching for things. I'm super curious about how those data scientists do their thing, analyzing data to figure out what people like. I know it involves math and statistics, but I really want to learn more about how they do it. And **I've got high hopes that** these scientists will keep making society better and more innovative.

译文:

一个一直让我很感兴趣的科学领域是**数据分析**。我认为它对我们今天的社会非常有用。

我第一次意识到数据分析的重要性是在大学时期。那时候, 我正痴迷于学习用**单反相机**拍照。幸运的是, 我们学校开设了摄影选修课。但是, 学校要求每人都带自己的相机。所以我做了很多研究, 发现那些**高科技产品**都非常贵, **好一点的**相机价位都在 5000 到 1 万。

我对要选择哪台相机感到相当不确定。然后, 有一天, 当我**刷淘宝**时, 我看到了一个推荐的广告。广告展示的就是我特别想要的相机。所以, 这则广告很快**引起了我的注意**, 并成功地说服我去逛了这家店。因为**店家的评论都是正面的**, 所以我决定购买了那款相机。

所以你看, 现在的技术发展真的是让我惊到了。它可以根据我的历史搜索和偏好来预测我可能喜欢的产品和服务。这让我搜索东西也变得非常方便和**省时**。我对于那些数据科学家是如何做到的这一点, 如何通过分析数据来了解人们的喜好, 非常感兴趣。我知道这涉及到数学和统计学, 但我真的很想要了解他们是如何做到的。我也对这些数据科学家可以继续为社会带来更多改进和创新**充满了期待**。

下划线表示与其他题目内容有重叠; 黄色高亮是高分地道表达, 在译文中也已相应高亮出来。

Describe a piece of good advice that you gave to someone

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who you gave the advice to

What the advice was

Why you gave the advice

And explain how he / she followed your advice

7. 给他人的好建议(新题)

Once, my younger brother couldn't decide if buying an expensive DSLR camera was worth it. I offered him some advice that helped him decide.

At the time, he **was obsessed with** learning how to take photos with **a single-lens reflex camera**. Luckily, his school offers an elective photography course. But everyone was required to bring their own camera to class, which meant he had to buy a DSLR camera. He did a lot of research and found that most **decent** cameras would cost him 5000 to 10,000 yuan. The one he intended to buy was 6000 yuan. **As a student with no income**, buying this camera meant he would have to **scrimp and save for months**. So he hesitated for a long time.

Later when I was catching up with him, I learned that **he was bummed out about the situation**. Then I gave him solid advice. I told him that you'll never regret spending money on your hobby. I said he could even **make a living out of photography**.

From that perspective, he suddenly felt that the money spent on the camera wasn't such a big deal. So, eventually, he made up his mind and **broke the bank** for that camera. **It turned out to be the right call**. Even though **he hasn't gone pro yet**, he shoots way better pictures than before. Now, he's excited about becoming a photographer in the future, and I'm glad that my advice **played a part in** helping him make that choice.

译文：

有一次，我弟因为不确定是否要购买一台昂贵的单反相机而犹豫不决。我给了他一些建议，帮助他做出了决定。

那时候，他正**痴迷于**学习用**单反相机**拍照。幸运的是，他们学校开设了摄影选修课。但是，学校要求每人都带自己的相机。这意味着他必须买一个单反。他做了很多研究，发现大部分**好一点的**相机价位都在 5000 到 1 万。他看中的一款相机 6000 多块。**作为一个没什么零花钱的学生**，如果他买了，意味着要**省吃俭用好几个月**。所以他犹豫了很久。

后来，当我和他闲聊时，我知道了他**因为这个事情一直很犹豫**。然后我就给了他一些建议。我说**为自己的兴趣爱好买单，永远不会觉得后悔**。而且，我说他**未来甚至可以靠摄影谋生**。

从这个角度出发，我弟突然就觉得买相机的钱也不算什么了。所以，最终，他一咬牙一跺脚**“倾家荡产”买下了那款相机**。**事实证明，那是正确的决定**，虽然他**还没有成为职业摄影师**，但是**他拍的照片也确实比以前好多了**。而且，他对未来成为摄影师感到兴奋，而我很高兴我的建议在帮助他做出这个选择方面**起到了一定的作用**。

划线表示与其他题目内容有重叠；黄色高亮是高分地道表达，在译文中也已相应高亮出来。

Describe a time when you had a problem with using the computer

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

When it happened

Where it happened

Why the computer couldn't work

And explain how you solved the problem at last

8. 电脑出现故障(新题)

About 3 or 4 years ago, I had to **reinstall my computer's system**. **Here's what happened**. At the time, I was obsessed with DSLR cameras. So I signed up for **an elective photography course** at my school. Later, my school held a photography contest for students. The theme of the competition was photographing **natural landscapes**. I chose to take photos of the birds by the lake. I still remember I went to the lake on a Sunday morning, and I got a really great shot of dozens of birds taking off from the lake.

I was planning to submit the photo to the school. Unfortunately, when I tried to transfer photos from my camera to my computer, **it couldn't read the camera's memory card**. **With a looming photo deadline**, I had to use my friend's computer to submit them. **The very next day**, I took my computer to a repair shop, and the technician told me that the only solution was to reinstall the computer's software. Since my warranty had already expired, I had to **shell out** 100 yuan to get it fixed.

But fortunately, the photo I took won a prize. You know, I submitted the photo to the school and **not long after**, I received a phone call saying I **won third place**. I was **over the moon**! It felt like the money I spent on fixing my computer was totally worth it, and that's why I remember this whole incident very well.

译文:

大概三四年前, 我不得不**重新安装我的电脑系统**。**事情是这样的**, 那时候我一直都特别痴迷于单反相机。我就报名参加了我们学校的**摄影选修课**。不久后, 我们学校举办了一个摄影比赛。摄影主题是拍摄**自然景观**。我选择了拍摄湖边的飞鸟。我还记得我在一个周日早上去了湖边, 拍到了一个特别棒的几十只鸟都刚从湖面起飞的场景。

当时我计划将这张照片提交给学校。不幸的是, 当我打算把照片从相机传到电脑上时, **电脑无法读取相机的存储卡**。**在照片提交截止日期很快就要到了的时候**, 我不得不用朋友的电脑提交照片。**紧接着第二天**, 我就把电脑送到了修理店, 师傅告诉我唯一的解决方案是**重新安装电脑**。由于我电脑保修期已经过了, 我不得不**支付了** 100 元来修复它。

但幸运的是, 我拍摄的照片获了奖。我把照片提交给学校, **不久之后**, 我就接到电话通知我**获得了第三名**。我**特别开心**! 当时觉得我花在修电脑上的钱完全值得(全回来了), 这就是为什么我能清楚的记得整个事情。

划线表示与其他题目内容有重叠; 黄色高亮是高分地道表达, 在译文中也已相应高亮出来。

Describe a bad service you received in a restaurant / shop

You should say : (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

When and where it happened

What happened

How it was solved

And explain how you felt about the experience

9. 糟糕的服务(新题)

About 3 or 4 years ago, I had to **reinstall my computer's system** at the computer shop's service department. It was the worst service ever. **Here's what happened**: At the time, I was obsessed with DSLR cameras. So I signed up for **an elective photography course** at my school. Later, my school held a photography contest for students. The theme of the competition was photographing **natural landscapes**. I chose to take photos of the birds by the lake. I still remember I went to the lake on a Sunday morning, and I got a really great shot of dozens of birds taking off from the lake.

I was planning to submit the photo to the school. Unfortunately, when I tried to transfer photos from my camera to my computer, **it couldn't read the camera's memory card**.

So, **the very next day**, I took my computer for **after-sales repair**. To my surprise, the technician blamed my old camera and said I should buy a new one with Bluetooth instead of **fixing the computer's card slot**. His rude comment really shocked me, and I complained about his service. Finally, their manager came over and told me that the only solution was to reinstall the computer's software. Since my warranty had already expired, I had to **shell out** 100 yuan to get it fixed.

So, even though **the shop messed up**, they didn't say sorry. Plus, I had to pay to fix the problem, which made me very mad. It was **for sure** the worst service I ever got.

译文:

大概三四年前,我不得不在电脑售后部**重新安装我的电脑系统**。那是我遇到最差的服务。**事情是这样的**,那时候我一直都特别痴迷于单反相机。我就报名参加了我们学校的**摄影选修课**。不久后,我们学校举办了一个摄影比赛。摄影主题是拍摄**自然景观**。我选择了拍摄湖边的飞鸟。我还记得我在一个周日早上去了湖边,拍到了一个特别棒的几十只鸟都刚从湖面起飞的场景。

当时我计划将这张照片提交给学校。不幸的是,当我打算把照片从相机传到电脑上时,**电脑无法读取相机的存储卡**。

所以**紧接着第二天**,我就把电脑送到了**售后维修部**,让我惊讶的是,那个技术员责怪起了我的相机,说我应该买一台带蓝牙的新相机,而不是去**修复电脑的卡槽**。他的无礼言辞真的让我大吃一惊,我投诉了他的服务。最后,他们经理过来告诉我说**唯一的解决方案是重新安装电脑**。由于我电脑保修期已经过了,我不得不**支付**了100元来修复它。

所以,尽管**是他们店自己的错**,可他们并没有道歉。而且,我还不得不为解决问题而付费,这让我非常生气。这**绝对**是我曾经经历过的最糟糕的服务。

主题 2: 开宠物店的老大爷/同学

Describe an interesting person that you have not met in person and would like to know more about

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

Who this person is

How you knew him / her

What interesting things he / she has done

And explain what you would like to know more about him / her

10. 想见的有趣的人(新题)

I'd like to meet the owner of a pet cat store. It's a well-known shop in our city, and since I have three cats, I've been following it on social media.

The store owner is an elderly gentleman. He has a weird sense of style. I remember seeing a picture of him wearing a long coat in bright red and a leopard print blouse. He is definitely the highlight of a crowd. I'd never seen an old man dressed like this before. So it gave me the impression that he is a very unique person. I knew his store would be something special too.

And indeed it is! Many people online mention how innovative this shop is. The shop provides a social environment for cats. It's a place where pet owners and their furry companions can come together, interact, and have a great time. Plus, it's said that if you ever need any help or advice for your cats, the shop owner is always there for you. And he even hosts a free weekly session where he shares awesome pet care tips.

So, knowing all of this makes me think the shop owner is such a cool old man, and I really look up to him. I know I'll definitely swing by his shop sometime in the future. I have tons of questions to ask him, and I'm sure he'll provide some truly unique answers. I also genuinely hope his shop thrives and becomes even more successful in the future.

译文:

我想见的是一家宠物猫店的老板。这是我们城市一家很有名气的店, 而且因为我有三只猫, 所以我一直在社交媒体上关注他们家店。

这家店的店主是个老人。他穿衣风格很特别。我记得有一次看到过网上一张他的照片, 他穿着一件鲜红色的长外套和一件豹纹衬衫。他绝对是人群中的亮点。我从没见过别的老人打扮成这样的。所以他给我的印象就是这一定是个很独特的人。而他的店也一定与众不同。

事实上确实如此! 很多网友都说这家店很有创意。店里给猫咪提供了一个社交环境, 各家宠物主人和他们毛茸茸的小伙伴们都可以来这里交流互动, 度过一段美好的时光。同时, 如果对于猫咪, 你有任何需要帮助或建议的地方, 店主总是会愿意主动帮你。而且每周他还会提供一次免费的分享宠物护理技巧的课。

所以, 了解到这一切让我觉得这位店主是一个很酷的老人, 我很敬佩他。我知道我将来肯定会找机会去他的店里逛逛。我有很多问题想要问他, 我相信他会给我一些很独特的答案。我也真心希望他的店能火, 未来能做的越来越成功。

下划线表示与其他题目内容有重叠: 黄色高亮是高分地道表达, 在译文中也已相应高亮出来。

Describe a person who always has interesting ideas or opinions

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who this person is

What this person does

How you knew him / her

And explain why you think his / her ideas or opinions are interesting

11. 想法有趣的人(新题)

I'd like to talk about the owner of a pet cat store. It's a well-known shop in our city, and since I have three cats, I've been following it on social media.

I find the store owner to be quite an interesting person. He is an elderly gentleman. And he always lives life on his own terms. For example, he has a weird sense of style. I remember seeing a picture of him wearing a long coat in bright red and a leopard print blouse. He is definitely the highlight of a crowd. I'd never seen an old man dressed like this before. So it gave me the impression that he is a very unique person. I knew his store would be something special too.

And indeed it is! Many people online mention how innovative this shop is. They provide a social environment for cats. It's a place where pet owners and their furry companions can come together, interact, and have a great time. Plus, if you ever need any help or advice for your cats, the shop owner is always there for you. And he even hosts a free weekly session where he shares awesome pet care tips. You know, this isn't common in other stores, so it made me think highly of the owner's ideas.

Anyway, I think the owner is such a cool old man, and I really look up to him. I genuinely hope his shop thrives and becomes even more successful in the future.

译文:

我想说的是一位宠物猫店的老板。这是我们城市一家很有名气的店，而且因为我有三只猫，所以我一直在社交媒体上关注他们家店。

我觉得店主是一个相当有趣的人。他是一位老人，是个很有个性的人。比如，他穿衣风格很特别。我记得有一次看到过网上一张他的照片，他穿着一件鲜红色的长外套和一件豹纹衬衫。他绝对是人群中的亮点。我从没见过别的老人打扮成这样的。所以他给我的印象就是这一定是个很独特的人。而他的店也一定与众不同。

事实上确实如此！很多网友都说这家店很有创意。店里给猫咪提供了一个社交环境，各家宠物主人和他们毛茸茸的小伙伴们都可以来这里交流互动，度过一段美好的时光。同时，如果对于猫咪，你有任何需要帮助或建议的地方，店主总是会愿意主动帮你。而且每周他还会提供一次免费的分享宠物护理技巧的课。你知道，我以前从没在其他宠物店看到过这样的经营方式，所以这让我非常欣赏店主的创意。

总之，我认为店主是一个非常酷的老人，我很敬佩他。我也真心希望他的店能火，未来能做的越来越成功。

划线表示与其他题目内容有重叠；黄色高亮是高分地道表达，在译文中也已相应高亮出来。

Describe a successful businessperson you know (e. g. running a family business)

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who this person is

How you knew him / her

What business he / she does

And explain why he / she is successful

12. 成功的商人(新题)

I'd like to talk about the owner of a pet cat store. It's a well-known shop in our city, and since I have three cats, I've been following it on social media.

I think the owner is savvy in business because his shop is quite innovative. For example, the shop provides a social environment for cats. It's a place where pet owners and their furry companions can come together, interact, and have a great time. Plus, if you ever need any help or advice for your cats, the shop owner is always there for you. And he even hosts a free weekly session where he shares awesome pet care tips. You know, this isn't common in other stores, so it made me think highly of the owner's ideas.

Plus, the shop owner is skilled at self-promotion. He is an elderly gentleman, and he has a weird sense of style. He often takes selfies and posts them online. I remember seeing a picture of him wearing a long coat in bright red and a leopard print blouse. He was definitely the highlight of a crowd. I'd never seen an old man dressed like this before. So it gave me the impression that he is a very unique person. You know, this has actually made a lot of people like and follow him online.

So I think the store owner is such a cool and creative old man. I really look up to him. And I genuinely hope his shop thrives and becomes even more successful in the future.

译文：

我想要说的是一个宠物猫店的老板。那是我们这个城市的一家很有名气的店，而且因为我有三只猫，所以我一直在社交媒体上关注他们家店。

我觉得店老板是一位很成功的商人，是因为这家店很有创意。他们给猫咪提供了一个社交环境，各家宠物主人和他们毛茸茸的小伙伴们都可以来这里交流互动，度过一段美好的时光。同时，如果对于猫咪，你有任何需要帮助或建议的地方，店主总是会愿意主动帮你。而且每周他还会提供一次免费的分享宠物护理技巧的课。我以前从没在其他宠物店看到过这样的经营方式，所以我很欣赏老板的创意。

此外，店老板也很擅长自我宣传。他是一位老人，穿衣风格很特别。所以他经常自拍并发在网上。我记得有一张照片是他穿着一件鲜红色的长外套和一件豹纹衬衫。他绝对是人群中的亮点。我从没见过别的老人打扮成这样的。所以他给我的印象就是这一定是个很独特的人。你知道，他也因此赚到了很多流量粉。

所以，我觉得店主真的是个很酷的、很有创意的老人，我很敬佩他。我也真心希望未来他的店能做的越来越成功。

划线表示与其他题目内容有重叠；黄色高亮是高分地道表达，在译文中也已相应高亮出来。

Describe someone you studied with is successful in his/her life

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who this person is

Where and when you studied together

In what area this person has been very successful

And explain why you think this person is successful in his/her life

13. 成功的同学(新题)

I'd like to talk about one of my high school classmates who now owns a cat store. It's a well-known shop in our city, so I think he's one of the most successful people I know from school.

He opened the store about two years ago, and it's quite innovative. For example, the shop provides a social environment for cats. It's a place where pet owners and **their furry companions** can come together, interact, and have a great time. Plus, if you ever need any help or advice for your cats, my classmate is always there for you. And he even **hosts a free weekly session** where he shares awesome pet care tips. You know, this isn't common in other stores, so it made me **think highly of** his ideas.

To be honest, **back in school**, we weren't super close. But he was well-known because he has **a weird sense of style**. I remember a graduation photo where he wore a long coat in bright red and **a leopard print blouse**. He was definitely the highlight of a crowd. I'd never seen other students dress like this before. So it's pretty clear that he is a very unique person. **It's no surprise** he came up with such a special store idea.

Anyway, I'm happy to see my old classmate doing well with his business. He's such a cool and creative person. I really **look up to him**. I genuinely **hope his shop thrives** and becomes even more successful in the future.

译文：

我想谈谈我的一位高中同学，他现在拥有一家宠物猫店。这是我们城市很有名气的一家店，所以我认为他是我认识的最成功的一个同学。

他大约两年前开了这家店，而且做的非常有创意。比如，店里给猫咪提供了一个社交环境，各家宠物主人和**他们毛茸茸的小伙伴们**都可以来这里交流互动，度过一段美好的时光。同时，如果对于猫咪，你有任何需要帮助或建议的地方，我同学总是会愿意主动帮你。而且每周他还会**提供一次免费的分享宠物护理技巧的课**。我以前从没在其他宠物店看到过这样的经营方式，所以我**很欣赏**我同学的创意。

说实话，**在学校的时候**，我们并没有特别熟。但他那时候因为**穿衣风格很特别**，学校里很多人都认识他。我记得在毕业照里，**他穿着一件鲜红色的长外套和一件豹纹衬衫**。他绝对是人群中的亮点。我从没见过别的学生打扮成这样的。所以很明显他是一个非常独特的人。**这也就不奇怪**为什么他能想出这样一个特别的店铺的点子。

总之，我很高兴看到我的老同学在事业上取得了成功。他是一个非常酷和有创意的人。我**很敬佩他**。我也真心**希望他的店能火**，未来能做的越来越成功。

划线表示与其他题目内容有重叠；黄色高亮是高分地道表达，在译文中也已相应高亮出来。如有任何语

Describe a foreigner who speaks Chinese(your native language) well

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

Who this person is

Where he / she is from

How he / she learns Chinese

And explain why he can speak Chinese well

14. 汉语很好的外国人 (新题)

I'd like to talk about the owner of a pet cat store. He's an older man who has lived in China for a long time, but **he originally comes from Japan**. His store is very well-known in our city, mostly because he speaks Chinese fluently.

I have three cats, so I've been **following him on social media**. In his store, if you ever need any help or advice for your cats, the shop owner is always there for you. And he even **hosts a free weekly session** where he shares awesome pet care tips. You know, I've watched some of his videos, and even though he's Japanese, **his Chinese is on point**, so he can chat with customers easily.

Besides, he's **well-versed in Chinese culture**. Once I saw a picture of him wearing a long coat in bright red and **a leopard print blouse**. He was definitely the highlight of a crowd. I'd never seen an old foreigner dressed like this before. He explained on social media that these styles are trendy in China; I think he might even have a better understanding of Chinese fashion than I do!

It's said that he moved to China 30 years ago, started a business, married, and settled here. Knowing all this about him, I think he's such a cool old man, and I really **look up to him**. And, of course, I genuinely **hope his shop thrives** and becomes even more successful in the future.

译文:

我想谈谈一家宠物猫店的老板。店主是个在中国生活很久, 但却是**来自日本的**老人。他的店在我们城市很有名气, 主要是因为他比本人能讲一口流利的中文。

我有三只猫, 所以我一直**在社交媒体上关注他的店**。在他的店里, 如果对于猫咪, 你有任何需要帮助或建议的地方, 店主本人总是会愿意主动帮你。而且每周他还会**提供一次免费的分享宠物护理技巧的课**。我看过一些他的视频, 虽然他是日本人, **中文说的极好**, 完全可以无障碍与客户交流。

而且他还是个**中国通 (对中国文化很了解)**。我记得见到过一张他穿着一件鲜红色的长外套和一件**豹纹衬衫**的照片。他绝对是人群中的亮点。我以前从没见过别的老外打扮成这样的。他在社交媒体上说, 这类元素在中国很流行。我觉得他懂得比我都多!

据说他在 30 多年前就来到中国创业, 然后娶妻生子, 留在了这里。了解到这些, 让我觉得店主真的是个很酷的老外, 我**很敬佩他**。当然我也真心**希望他的店能火**, 未来能做的越来越成功。

下划线表示与其他题目内容有重叠; 黄色高亮是高分地道表达, 在译文中也已相应高亮出来。

主题 3: 昆明翠湖公园+翠湖端午龙舟赛

Describe a place in your country that you think is interesting

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

Where it is

How you knew it

What special features it has

And explain why you think it is interesting

15. 有趣/吸引你的地方(新题)

One place in our country that I'm really drawn to is Kunming, the capital of Yunnan Province. Since I live in the north, Kunming is pretty far south for me. But I really like the climate there. I think a sunny day with a mild temperature around twenty Celsius is always the best. As far as I know, Kunming has good weather like this all year round. So, I really hope to experience it for myself.

If possible, I'll pay a visit to the famous Green Lake there in January. A friend of mine in Kunming said that watching birds is a must in winter. There will be tons of mallards and seagulls passing by on the water. It would be breathtaking seeing so many birds taking off from the water. You know, it's impossible to see such a fantastic view in the north. Plus, there is a rowing race there every year. I saw it on TV before. Once it began, dozens of boats moved on the water with drum beats and loud encouragement. And every boat was moving fast like a fish in water. It was so exciting. I really want to be there and see it for myself.

Besides all that, Kunming is also a city where many ethnic minorities live, so the cultural diversity there is amazing. You can eat so many different ethnic cuisines there. So I bet I'll try all the local specialties if I go. Honestly, I can't wait for my travel plans to come together soon.

译文:

除了第一句, 所有内容与 23 题“想去的遥远的地方”一致。

划线表示与其他题目内容有重叠; 黄色高亮是高分地道表达, 在译文中也已相应高亮出来。

Describe a beautiful city

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Where the city is

How you knew the city

What buildings the city has

And explain what it is famous for

16. 美丽的城市(新题)

One beautiful city I'd like to talk about is Kunming, the capital of Yunnan Province. My dad once took us on an unforgettable road trip to Kunming.

Since I live in the north, Kunming is pretty far south for me. But I really like the climate there. I think a sunny day with a mild temperature around twenty Celsius is always the best. As far as I know, Kunming has good weather like this all year round. This consistent climate means that there are always flowers in bloom. When we visited in January, the city was literally covered in blossoms. My parents and I were completely blown away by the beauty of it all.

Plus, we also paid a visit to the famous Green Lake. A friend of mine in Kunming said that watching birds is a must in winter. I was lucky enough to see tons of mallards and seagulls passing by on the water. It was breathtaking seeing so many birds taking off from the water. You know, it's impossible to see such a fantastic view in the north.

Besides all that, Kunming is also a city where many ethnic minorities live, so the cultural diversity there is amazing. You can also see many buildings with unique architectural styles influenced by these ethnic groups. All of these elements combine to make Kunming a beautiful city. So, this trip left me with wonderful memories, and it also made my entire family fall in love with Kunming.

译文：

我想要说的一个美丽的城市，是我们国家的昆明，云南的省会城市。我爸有一次开车带我们全家去那里进行了一次令人难忘的汽车旅行。

我一直生活在北方，所以昆明对我来说是非常靠南的一个地方。但我很喜欢那里的气候。我认为一个阳光明媚、温度是 20 摄氏度的温和的日子是最好的。据我所知，昆明一年四季都有这样的好天气。也正因此，让昆明一年四季都鲜花不败。我们去的时候是一月，但城市里依然一片花的海洋，我和我爸妈都被美得惊呆了。

另外，我们还参观了昆明著名的翠湖。我在昆明的一个朋友说，冬天去那里看鸟是必须要做的一件事。果然，在那里我看到有好多绿头鸭还有海鸥从水面上经过。能看到这么多鸟从水里起飞是一件很壮观的事。你知道在北方是完全看不到这些的。

除了上面说的这些，昆明还是一个拥有很多少数民族的地方，所以那里的文化多样性是很惊人的。在那里你还可以看到很多有少数民族元素的非常独特的建筑风格。所有这些，都构成了美丽的昆明，所以这次旅行给我留下了很美好的回忆，也让我们全家都爱上了昆明。

下划线表示与其他题目内容有重叠；黄色高亮是高分地道表达，在译文中也已相应高亮出来。

Describe a park or a garden in your city

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When you often go there

Where it is

Who you often go there with

And explain what it is like/why you like it

17. 公园/花园(新题)

I'd like to talk about a well-known park in my hometown. It's Green Lake Park. My hometown is Kunming, the capital of Yunnan Province. Green Lake Park is a large and popular park in our city, and it's a favorite among tourists.

Actually, almost everyone in our country knows about the park. Watching birds in the park is a must in winter. There are tons of mallards and seagulls passing by on the water. It is breathtaking seeing so many birds taking off from the water. You know, it's impossible to see such a fantastic view in the north.

What makes this park particularly special to me is that they hold dragon boat races every year during the Dragon Boat Festival. These races are pretty similar to kayak races. Once the race begins, dozens of boats move on the water with drum beats and loud encouragement. And every boat is moving fast like a fish in water. It's so exciting. Children often chase the boats on the shore, while adults sit in the packed stands, cheering loudly to support the rowers. It can get quite hot being squeezed together in the summer, but the joy and excitement of the race make it totally worth it!

Of course, this park also has some other fun things to do, but these two things I mentioned are what make it different from regular parks. So, that's why Green Lake Park in my hometown is my favorite place.

译文:

我想要说的是我家乡的一个很有名的公园，叫翠湖公园。我的家乡在昆明，云南的省会城市。翠湖公园是我们城市里的一个很大的很受欢迎的公园，也是游客最多的公园。

说到翠湖公园，几乎全国人民都知道，冬天去那里看鸟是必须要做的一件事。在那里会有好多绿头鸭还有海鸥从水面上经过。能看到这么多鸟从水里起飞是一件很壮观的事。你知道在中国很多北方城市是完全看不到这些的。

对我来说这座公园还有一个特别的地方是，每年端午节的时候，都会在这个公园举办龙舟赛，你也可以把它理解为是皮划艇比赛。比赛一开始，就有几十艘船在水面上划动，鼓声震耳欲聋。所有的船都像水中的鱼一样快速移动。场面非常刺激。小孩子们经常在湖边追着船跑，大人们会坐在水泄不通的观众席，大声的为船员们鼓劲加油。虽然大夏天挤在一起很热，但大家都享受比赛带来的欢乐和紧张氛围。

当然，公园里还有其他有趣的事情可以做，但我说的这两项是区别于普通公园最大的地方。所以这就是我为什么喜欢这个公园的原因。

划线表示与其他题目内容有重叠；黄色高亮是高分地道表达，在译文中也已相应高亮出来。

Describe an exciting activity you did with others.

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

What you did

Where and when you did this

Who you shared the activity with

And explain why this activity was new or exciting for you.

18. 和他人做过的刺激的活动(新题)

Speaking of thrilling group activities, the first one that comes to mind is the dragon boat race I joined last year during the Dragon Boat Festival. Dragon Boat Festival has various legends about its origin. One story goes that it started as a way to honor the dragon god. So, the race serves as a grand ceremony where participants compete in rowing boats, aiming to bring good fortune and a prosperous harvest. It's a way to show respect to the dragon god.

Last year, I got to be on my school's ten-person team for the dragon boat race. Once the race began, dozens of boats moved on the water with drum beats and loud encouragement. And every boat was moving fast like a fish in water. It was so exciting. The race track was 300 meters long, and we rowed as hard as we could. I felt like I'd never used my muscles so much before!

After the race, I was completely exhausted. It was definitely the most physically challenging thing I've ever done. Actually, we didn't do great in the race, but being a part of it was a lot of fun. You know, since it's a once-a-year thing, lots of people join in. You might even have your family or friends taking part. So there's a huge crowd watching, and that gets you amped up. So, even though it was tiring, the joy and excitement of the race made it totally worth it! It was definitely an unforgettable experience.

译文:

说到和他人做过的刺激的活动，我首先想到的是去年端午节我参加过的龙舟赛。关于端午节，它的起源有很多不同的传说，但有一种说法是，它最初是为了纪念龙神。因此，龙舟赛是一个重要的仪式，参与者在赛艇上比赛，旨在带来好运和丰收。而这是对龙王表达敬意的一种方式。

去年，我有幸成为学校龙舟比赛的十人队伍的一员。龙舟赛一开始，我们队就和其他几十艘船在水面上划动，鼓声震耳欲聋。所有的船都像水中的鱼一样快速移动。场面非常刺激。赛道总共 300 米，我们几个人拼了命的使劲往前划，我觉得我这辈子所有的力气都用到那时候了（从没用过那么多力气）。

那天活动结束后，我整个人都累瘫了，那绝对是我做过的最累的活动。事实上，那次比赛我们表现的不是很好，但我还是非常开心有那次参与机会。你知道，因为这场比赛一年只有一次机会，所以比赛围观的群众都非常多。而这样的场面就很容易让你觉得无比兴奋。所以尽管很累，但我非常享受比赛带来的欢乐和紧张氛围。对我来说这是一个很难忘的体验。

下划线表示与其他题目内容有重叠；黄色高亮是高分地道表达，在译文中也已相应高亮出来。如有任何语法词汇方面的问题，请在雅思过过过淘宝店铺售后微信中联系 Penny 老师解答。

Describe an activity that made you feel tired

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When it happened

Where it took place

What the activity was

And explain why it made you feel tired

19. 让你觉得很累的活动(新题)

Speaking of activities that really wore me out, **the first one that comes to mind** is the **dragon boat race** I joined last year during the Dragon Boat Festival. Dragon Boat Festival has various legends about its origin. **One story goes that it started as a way to honor the dragon god**. So, the race serves as a grand ceremony where participants compete in rowing boats, aiming to **bring good fortune and a prosperous harvest**. It's a way to show respect to the dragon god.

Last year, I got to be on my school's ten-person team for the dragon boat race. Once the race began, dozens of boats moved on the water **with drum beats and loud encouragement**. And every boat was moving fast like a fish in water. It was so exciting. The race track was 300 meters long, and we rowed as hard as we could. I **felt like I'd never used my muscles so much** before!

After the race, I was completely exhausted. It was definitely **the most physically challenging thing** I've ever done. Actually, we didn't do great in the race, but being a part of it was a lot of fun. You know, since it's **a once-a-year thing**, lots of people join in. You might even have your family or friends taking part. So there's a huge crowd watching, and that **gets you amped up**. So, even though it was tiring, the joy and excitement of the race made it totally worth it! It was definitely an unforgettable experience.

译文：

除了第一句，其余内容全部与第 32 题“和他人做过的刺激的活动”一致。

划线表示与其他题目内容有重叠；黄色高亮是高分地道表达，在译文中也已相应高亮出来。

Describe a party that you enjoyed

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When and where the party was held

Who attended the party

What you did in the party

And explain why you enjoyed this party

20. 喜欢的聚会(新题)

I'd like to talk about a fun family gathering we had a few months ago during the Dragon Boat Festival. My parents and my uncle had a special plan. We went to a nearby lake to watch the Dragon Boat race and **try paddling a boat**. It was a memorable day for all of us!

The dragon boat race is a traditional event during our country's Dragon Boat Festival in June. Once the race began, dozens of boats moved on the water **with drum beats and loud encouragement**. And every boat was moving fast like a fish in water. It was so exciting. Our whole family watched from the stands, and my little nephew was so **pumped**. He chased the boats on the shore, and cheered loudly to support the rowers. **He was absolutely thrilled!**

After the race, we had a BBQ by the lake. Everyone brought their grills and **a mix of meats**, and we had a big meal together. Besides, my nephew and I went kayaking. It was his first time paddling a boat. I told him to **stay seated**, but he got so excited that he stood up, stomped his feet, and even sang loudly. So, we both lost our balance and fell into the water! Thankfully, it wasn't deep, and we **had life jackets on**, so everything was fine.

Anyway, even though we **had a little mishap** that day, the gathering was filled with enjoyable activities. Plus, it's a special memory for us since it was our largest family gathering **since the pandemic began**.

译文：

我想要说的是我和家人在几个月前端午节时的家庭聚会。我爸妈和叔叔决定组织一次特别的家庭聚会，所以我们去了翠湖湖边看龙舟赛，还**体验了划船**，那天对我们来说是非常难忘的一天。

龙舟赛呢，是我们国家 6 月端午节时候一项传统的活动。比赛一开始，就有几十艘船在水面上划动，**鼓声震耳欲聋**。所有的船都像水中的鱼一样快速移动。场面非常刺激。我们全家都去了看台上观看。尤其是我小外甥，是第一次去看，**特别激动**，在湖边追着船跑，还大声的为船员们鼓劲加油，**把他开心坏了!**

看完比赛后，我们去了湖边烤肉，大家带了烧烤炉和**各种肉**，美美的吃了一顿。而且我还和小外甥体验了皮划艇的活动。那是他第一次划船。我告诉了他**坐船上别动**，但是他实在太兴奋了，竟然站在船上跺着脚唱歌...很快，我俩都把握不了平衡了，俩人一起翻船掉水里了!还好水浅，我们都**穿着救生衣**，所以也没出事。

总之，尽管那天**遇到了一点小意外**，那次聚会还是活动很丰富，很好玩。另外，那也是**疫情后**我们家最大的一次聚会，所以对我们家来说非常难忘。

划线表示与其他题目内容有重叠；黄色高亮是高分地道表达，在译文中也已相应高亮出来。

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Describe a sportsperson you admire

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who he / she is

What you know about him / her

What he / she is like in real life

What achievement he / she has made

And explain why you admire him / her

21. 敬佩的运动员(新题)

I'm not a big sports fan, so I don't know many athletes. But there's a friend of my uncle's who's really good at Dragon Boat racing, and I admire him a lot. You know, Dragon Boat racing is actually a traditional event during our country's Dragon Boat Festival in June. The race serves as a grand ceremony where participants compete in rowing boats, aiming to bring good fortune and a prosperous harvest.

Now, this traditional Dragon Boat race is even in the Olympics. Once the race begins, dozens of boats move on the water with drum beats and loud encouragement. And every boat is moving fast like a fish in water. It's so exciting.

Anyway, the Dragon Boat racer I'm talking about is almost 40 years old. Since he's a friend of my uncle, we follow his races every year. He joined the provincial Dragon Boat team more than ten years ago. Now, he's the captain of the provincial Dragon Boat team. He's participated in tons of races, both in our country and abroad. He even traveled to Toronto for an international Dragon Boat race, where his team managed to come in second.

Even though he's not as young as he used to be, he still loves the sport and keeps going. Some people might think he won't do as well as he gets older, but he always says, "never say never". He keeps working hard and stays dedicated to the sport he loves, and that's something I really admire.

译文:

我对运动不感兴趣，所以知道的运动员很少。不过一个我舅舅的朋友非常擅长龙舟赛，我很敬佩他。你知道，龙舟赛是我们国家 6 月端午节时候一项传统的活动。它是一个重要的仪式，参与者在赛艇上比赛，旨在带来好运和丰收。

现在这个传统龙舟赛已经成为了奥运项目。比赛一开始，就会有几十艘船在水面上划动，鼓声震耳欲聋。所有的船都像水中的鱼一样快速移动。场面非常刺激。

而我说的这位龙舟运动员，事实上是一位大龄运动员，今年已经快 40 岁了。因为他是我舅舅的朋友，所以我们每年都看他的比赛。他从大概 10 多年前开始加入省里的龙舟队。现在这位叔叔已经成为省队的龙舟队队长了。而且他参加了很多国内甚至国际的龙舟赛。他还去过多伦多参加国际龙舟赛，并且带领全队拿到亚军的好成绩。

尽管他不再像以前一样年轻，但他依然热爱这项运动并始终坚持不懈。有些人可能认为随着年龄增长，他的表现会逐渐下降，但他总是说：“永不言败”。他坚持不懈地努力，对自己热爱的运动保持着执着的精神，是我非常钦佩的品质。

划线表示与其他题目内容有重叠；黄色高亮是高分地道表达，在译文中也已相应高亮出来。

主题 4: 做课堂报告

22. 工作/学习中克服困难而骄傲(新题)

Describe a difficult task that you completed at work/study that you felt proud of

You should say:

What the task was

How you completed it

Why this task was very difficult

And explain why you were proud of the completion of the task.

I'd like to talk about my experience of **making my first presentation** in college, which was a real challenge for me because I've always struggled with social anxiety. **Here's the thing:** when I was a freshman, I took a course in history. During one class, the teacher asked us to have a discussion on history and culture. He **divided the class into groups**, and asked each group to make a presentation one week later.

At that time, we had just entered college and didn't know each other. So, when we **were assigned to a group**, we were shy and didn't know how to start the group project. Then, the teacher randomly picked me to represent our group as the speaker.

I was nervous since I had never spoken in front of a big audience before. But I had to **push myself to be brave**. Thankfully, my groupmates were incredibly supportive. Around the deadline, they helped me organize a number of **mock presentations**.

Honestly, I was super worried about **blanking out** and **making a fool of myself in front of everyone**. So, when I was alone, I still practiced that speech many times. Finally, I did a great job presenting that day, and the attentive audience boosted my confidence. In the end, our teacher **complimented me on it**. So, looking back, **that first presentation holds a special place in my memory**. I've always been a bit of a shy person, so I'm really proud of myself for being brave and doing that presentation.

译文:

我想说的是大学时候**我第一次做课堂报告**的经历。那是对我这个社恐来说相当难的一件事。**事情是这样的**,我在大一时,曾经上过一段时间历史课。有一次历史老师组织大家针对历史文化进行讨论,并且**给全班分了组**,要求一周后每一组都做小组汇报。

那时候我们都刚进大学校门没多久,彼此还不是很熟悉,所以一开始**被分到一个组**的时候,我们都有点害羞,也不知道该怎么做课堂报告。然后,老师就随机选择了我来代表我们小组发言。

我非常紧张,因为在那之前我从来没有面对大众发言过。但没办法,我**必须硬着头皮上了**。不过好在我的小伙伴们都很努力的帮助了我。临到交作业前,他们还和我一起做了好几次**模拟做课堂报告的训练**。

老实说,我非常担心**脑袋空白忘词**导致**当众出丑**,所以在课下我自己也卡着时间模拟了非常多次。最终我那天的报告做的非常好,看到大家在仔细地听,我也越说越有信心了。最后,老师也**给予了我极大的肯定**,所以,现在回想起来,**那次演讲我很难忘**。我从小就很害羞,所以我真的为自己勇敢地做了那个演讲而感到骄傲。

黄色高亮是高分地道表达,在译文中也已相应高亮出来。

主题 5: 课堂禁止用手机

Describe a rule that is important in your school or at work

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

What the rule is about

What happens when people break the rule

Why you think it is an important rule

And explain how you felt about this rule.

23. 学校/工作中的重要规则(新题)

Well, there's an important rule at my school. No phones are allowed during class. Before each class, students must **hand in their phones to the teacher**, and they can only get them back after the class ends.

I'm not exactly sure when this rule started, but I think **it popped up** when everyone started using smartphones at school. The reason for this rule is pretty simple. You know, when students use their phones during class, it makes things tough for our teachers. Many students would be **scrolling through their phones** during lessons, **getting sidetracked**, and not paying attention to what the teacher's saying. To make class time more productive, the school made this rule. If a student is caught with their phone during class, whether they're playing games or if it rings, the teacher **takes it away**, and they can only get it back at the end of the semester.

It's undoubtedly a strict school rule, but honestly, I think it's important. Most students, including me, **have a hard time controlling our phone use**. While phones can be useful, we often waste time on TikTok or social media instead of paying attention. So, this rule **was put in place to create a better learning environment**. It helps us develop better study habits and become more attentive and disciplined. From my personal experience, this rule helped me get used to not having a phone not only in class but also in other situations. So, it's a rule I **genuinely** appreciate and support.

译文:

我们学校有一条重要的校规, 就是在上课时不允许用手机。每节课开始前, 学生都要**把手机交给老师**, 只有下课后才能拿回来。

我不太确定这个规定是什么时候开始的, 但我觉得可能是大家开始在学校使用智能手机的时候**就有了(就出现了)**。有这个规定的原因很简单, 你知道, 当学生在课堂上使用手机时, 会让老师的教学变得很困难。许多学生会在课堂上**刷手机**, **注意力不集中**, 不认真听老师讲课。为了让上课更高效, 学校就制定了这个规定。如果学生在课堂上被发现使用手机, 无论是玩游戏还是手机响了, 老师都会**没收手机**, 只有在学期结束后才能取回。

虽然这个规定很严格, 但老实说, 我觉得它很有必要。因为大多数学生, 包括我在内, **都很难自控手机的使用**。虽然手机很有用, 但我们经常会在刷抖音或社交媒体上浪费时间, 而不是认真听课。所以, 这个规矩是**为了创造更好的学习氛围**, 帮助我们养成更好的学习习惯, 变得更加专心和有纪律。从我的亲身经历来看, 这个规定不仅帮助我在课堂上不用手机, 还让我在其他场合也能不过分依赖手机。所以, 我**真的/(非常)**很支持和认可这个规定。

色高亮是高分地道表达, 在译文中也已相应高亮出来。

主题 6: 大厨爸爸

Describe a person who enjoys cooking for others

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

Who this person is

What he / she likes to cook

Who he/she cooks for

And explain why this person enjoys cooking

24. 喜欢烹饪的人(新题)

I'd like to talk about my dad. He's the undisputed favorite cook in our family, and we all love his food.

For as long as I can remember, my dad has been the head chef in our home. He's always the busiest person in the kitchen. During holidays and special occasions, my dad often invites relatives and friends over. He always takes charge of the kitchen, working tirelessly all day to prepare a variety of delicious dishes for everyone.

My dad has quite a few specialties, including sweet and sour fish and braised pork ribs. Even with simple dishes, his versions are always better than others'. For example, when he makes stir-fried shredded potatoes, he's really good at cutting the potatoes into tiny pieces. It's not an exaggeration to say that his knife skills put him in the same league as top chefs. Another example is his egg custard, which is as tempting as jelly. So, when relatives and friends come over, they eagerly look forward to tasting the dishes my dad prepares. I've always felt particularly proud of this.

For my dad, cooking is an incredibly enjoyable activity. He loves cooking for others. How can I put it? Well, it's like creating a beautiful painting that you want to share with others. He regards cooking as a form of craftsmanship, and the ability to share it with others brings him immense satisfaction. Actually, I think being passionate about cooking brings happiness, not only to him but also to our whole family.

译文:

我想要说的是我爸。他是我们全家公认的最喜欢做饭, 并且做饭最好吃的人。

从我记事起我爸就是我们家的大厨, 厨房里最忙碌的就是他。节假日我爸经常会请亲戚朋友到家里做客, 他亲自下厨, 忙活一整天, 给大家做很多好吃的。

我爸有很多擅长的菜, 比如糖醋鱼, 红烧排骨。即使是很简单的菜, 我爸做的也比其他人好。比如炒土豆丝, 他的土豆丝切的特别好, 不夸张的说, 他的刀工堪比饭店顶级大厨; 还有鸡蛋羹, 我爸做的就像果冻一样诱人。所以来我家做客的亲戚朋友, 最期待的就是吃到我爸做的饭, 我总是因此感到特别自豪。

对我爸来说, 做饭是一件非常享受的事情。他非常喜欢做饭给别人吃。怎么说呢, 这就像是画了一幅漂亮的画, 会想要展示给其他人看一样。他把做饭看作是做工艺品, 能分享给他人对他来说具有极大的成就感。事实上, 我觉得我爸对做饭的热情, 不只带给了他幸福, 也让我们家里所有人都感到幸福。

黄色高亮是高分地道表达, 在译文中也已相应高亮出来。

主题 7: 唐朝

Describe a period in history which you are interested in

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

When it was

What happened

How you first learned about it

And explain why you are interested in this period of history

25. 感兴趣的历史时期(新题)

The Tang Dynasty is probably my favorite historical period. Honestly, I don't like history and I found history classes at school boring. But I like to watch a TV program called *National Treasure* (《国家宝藏》). It's produced by CCTV to introduce Chinese culture and history. One episode of this program was about our country's Tang Dynasty, which is very intriguing for me.

The program is very creative. They invite famous actors to portray historical figures and introduce related historical periods or historical relics. I remember one of the episodes where many celebrities wore Tang Dynasty clothing on the catwalk. They looked like they were coming out of the Mogao Grottoes murals. A historian explained the clothes on them. From the episode, I learned how powerful our country was during the Tang Dynasty, and how easy life was at that time. People in the Tang dynasty were very confident, independent and proud.

That episode made me jealous of the life of people in the Tang Dynasty. It also made me more curious about our history. I couldn't help thinking why that dynasty was so rich, and whether the prosperous Tang Dynasty was as good as the present day. I also wonder if we could still learn a lot from the Tang Dynasty, both politically and culturally. I believe there have been many studies in this field, but I've never paid attention to them before. If I have time, I will find out more. I think this is what history is for. Young generations can always benefit from history and learn something valuable.

译文:

唐朝可能是我最感兴趣的一个历史时期。老实说,我一般对历史不感兴趣,我觉得在学校上历史课就很枯燥。但是我非常喜欢一个节目叫《国家宝藏》。它是我们国家央视制作的介绍中国历史和文化的节目。在这个节目里,有一期介绍了我们国家唐朝的历史文化,完全把我吸引住了。

节目的形式很新颖,他们会邀请有名的演员来出演各种历史人物,介绍相关历史时期或历史文物。我记得有一期节目邀请了很多明星穿着唐朝服饰走时装秀。他们就像是从莫高窟壁画里走出来的一样。专家很仔细地解释了那些服饰。从那期节目我了解到我们国家唐朝时期国力有多么雄厚,而且那个时候的人们生活的多么的悠闲自得。唐代的人们都非常的自信、独立和骄傲。

那期节目让我很羡慕唐朝人的生活,所以也让我对唐代更加好奇。我会情不自禁地去想为什么那个朝代可以如此发达,以及是否现在能和盛唐时期媲美。我也会想,无论是从政治方面,还是从文化方面,我们现在是否依然可以从唐朝学到很多。我相信已经有很多这方面的研究了,只是我以前从没有关注过。如果有时间,我会多了解一些。我觉得这或许就是历史的意义,年轻一代总是可以从中受益,学到一些有价值的东西。

下划线表示与其他题目内容有重叠;黄色高亮是高分地道表达,在译文中也已相应高亮出来。