

2024 年 1-4 月雅思口语 Part2 考题保留题目参考资料 (第四套故事<共五套>)

感谢小伙伴使用雅思淘宝店铺口语素材！

在您使用过程中，有以下几点注意事项，请您在复习中留意：

1. 提供素材的目的是启发思路、短期高效积累可用的地道口语表达。在编写素材时，我们的原则是接地气、符合大众生活情境。但是，任何素材无法完美适合所有人，因此建议练习中结合自身实际情况做素材调整，达到更高效复习的状态。
2. 请搭配咱们发的《练习方法说明书》来使用素材，不建议逐字逐句背诵。
3. 生活中没有相关经历时，可以参考素材给你的启发来“编故事”。记住咱们家的雅思考官常说的——考试中“You can lie! The examiner does not know you and you do not know the examiner, so if you want to make your stories better... you can!”
4. 2023 年 9-12 月 Part2 共 50 个题。第四套故事无串题（五套素材不同故事的简介请参考故事索引）。
5. Part2 题卡四小问不是必须回答的。如果准备 Part2 时，有自己想说的内容，不必在意是否和四小问内容完全一致，只要和主 Topic 相关即可；
6. 口语素材编写经过三轮审核校对，有很多地道的口语表达或许以前没有见过，但不是错误。

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事件类

Describe an occasion when you waited a long time for a nice thing

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When it happened

What the nice thing was

Why you waited for a long time

And explain how you felt about the experience

1. 等待美好发生 (9-12 月新题)

One time that I waited for something special is when I waited to buy the last Harry Potter book when it was **released**. I remember going to the bookstore with my sister and my cousin, who also loved Harry Potter. The store opened at 7 but we arrived at 6 to **line up** since we knew that it would be busy. When we got there we saw about 20 people **already in line ahead of us**.

Actually, I started reading the Harry Potter books when I was about 9 years old, and the last book was released when I was 13. I loved these books because the story was so complex and **the characters were very believable**. I eventually convinced my cousin and my sister that they should read the books before watching the movie. My sister didn't like to read much so **she took a lot of convincing**. Finally, they read all the books and we were **eagerly awaiting** the release of the last book.

We decided to line up at the bookstore rather than order the book online because we thought it would be more special, and we were right. People came to the bookstore **dressed as their favourite characters**! We **didn't go all out with costumes**, but we did all wear **witch hats** and my sister even **drew a scar on her forehead** to look like the main character. It was one of the most exciting and happiest experiences of my life, and I'm so glad I got to share it with my family.

译文:

我唯一一次等待特别的事情是购买最新版本的《哈利·波特》，那是在这本书**发行**的时候。记得我是和妹妹、表弟一起去的书店，他们也喜欢《哈利·波特》。书店早上七点开门，我们六点就去**排队**了，因为我们知道会有很多人。当我们到那里时，我们看到已经有大约 20 人**排在我们前面**。

实际上，我大约 9 岁的时候开始读《哈利·波特》，13 岁的时候最后一本书出版了。我喜欢这些书，因为故事情节非常复杂，**角色也非常真实**。最终，我成功说服了我的表弟和妹妹先看书然后再看电影。我妹妹不太喜欢阅读，所以我**费了很大劲才说服她**。最后，他们都读完了所有的书，我们**迫不及待地等待着**最后一本书的出版发行。

我们决定在书店排队，而不是在网上预定。因为我们认为在书店排队会更特别，我们的决定是对的。人们**打扮成他们最喜欢的角色**来到了书店！我们**没有穿电影角色们的服装**，但我们都戴着**巫师帽**，我妹妹甚至**在额头上画了一个伤疤**，模仿主角的样子。这是我生命中最令人兴奋和快乐的经历之一，很高兴能与家人共度。

Describe a photo that makes you feel happy

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When and where you took the photo

What the photo is like

How often you watch the photo

And explain why it makes you feel happy

2. 让你开心的照片 (9-12 月新题)

I took a photo a couple of years ago during a weekend getaway with my friends to a cabin in the mountains. The photo was captured on a sunny morning, right outside our cabin's wooden porch. In the picture, my friends and I are sitting on a row of wooden chairs, all wearing cozy sweaters, with steaming mugs of hot cocoa in our hands. The backdrop is a breathtaking view of snow-covered peaks, bathed in the warm glow of the morning sun.

I don't look at this photo as often as I'd like, but it's saved in a special album on my phone, and I revisit it whenever I need a mood boost or a reminder of a fantastic time. The combination of the beautiful mountain scenery, the genuine smiles on my friends' faces, and the comfort of that hot cocoa just fills me with a sense of warmth and happiness. It encapsulates a perfect moment of relaxation, friendship, and the simple joys of life.

This photo makes me feel happy because it reminds me of the incredible bond I share with my friends, the beauty of nature, and the importance of taking time to unwind and appreciate life's small pleasures. Whenever I look at it, I can't help but smile and feel a surge of gratitude for the wonderful experiences and people in my life. It's a visual reminder that happiness often lies in the little moments we share with loved ones in beautiful places.

译文:

几年前我拍过一张照片，那时我和朋友们一起去山里的小木屋过周末。照片是在一个阳光明媚的早晨拍的，就在小木屋的木门廊外面。照片中我和朋友们坐在一排木椅上，我们都穿着舒适的毛衣，手里拿着热腾腾的可可。背景是沐浴在早晨温暖阳光下的美不胜收的雪山。

我并不经常看这张照片，但我把它保存在手机的一个特别的相册里。每当需要调整心情或者想起那些美好时光时，我就会翻出来瞧瞧。美丽的山景、朋友们真挚的笑容，再加上那杯热可可的温暖，这些结合起来总能让我感受到一股温馨和幸福。这张照片包含了一个极棒的轻松时刻，友情，和生活的小乐趣。

这张照片让我感到快乐，它让我想起我和朋友们之间特别的情谊，大自然的美丽，放松的重要性还有享受生活的小乐趣。每次看到它，我都情不自禁地笑起来，对生命中的美好经历和人充满感恩之情。这是一个视觉上的提醒，幸福往往就在于和亲朋好友在美丽的地方共度的那些小时光里。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a party that you enjoyed

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When and where the party was held

Who attended the party

What you did in the party

And explain why you enjoyed this party

3. 喜欢的聚会 (9-12 月新题)

One of the most enjoyable parties that I attended was my best friend's birthday celebration last summer. The party took place in late June at her family's lakeside cabin, which is about **two hours north of the city**. Ten of our close friends attended the birthday weekend. It was very special because some of these friends traveled from very far away to attend, so it was great to see them all again.

The party **had a casual and laid-back vibe** with a camping theme. We set up tents, **built a bonfire**, and enjoyed a barbecue and **s'mores**. We also wanted to **take advantage of the great weather**, so we took some kayaks and canoes out for a ride around the lake, then went for a hike. When it started to get dark, we **headed back to** the cabin and started a campfire. Then, of course, it was time for ghost stories around the fire.

What made this party so enjoyable was the relaxed atmosphere. There were **no elaborate decorations or formalities**—just a group of friends **enjoying each other's company in nature**. I find that as I grow up, I value these moments more and more, since it is so easy to **get lost in the business of everyday life** and forget to relax and enjoy the little things. This party forced us all to **take a break from the chaos of work and city life**, and to slow down instead.

译文：

我参加过的最有趣的派对之一是去年夏天我最好朋友的生日聚会。这个派对是六月下旬在她家湖边小木屋举办的，**这里在市区以北约两个小时车程**。我们的十个好朋友参加了周末的生日聚会。这个派对特别之处在于，有些朋友从很远的地方赶来，真的很开心能再次见到他们。

聚会以露营为主题，**气氛轻松随意**。我们搭起帐篷，**生起篝火**，**吃了**烧烤和**棉花糖**。我们也想**利用这个好天气**，所以划着皮划艇和独木舟绕湖转了一圈，然后去徒步。天开始变暗时，我们**回到了**小木屋并生了篝火。然后，当然就是坐在篝火旁讲鬼故事的时间了。

轻松的氛围使得这个派对很有趣。**没有繁琐的装饰或正式的礼仪**，只是一群朋友**在大自然中享受彼此的陪伴**。我发现随着年龄的增长，我越来越珍惜这些时刻，因为我们很容易**迷失在日常的忙碌中**，忘记了去放松和享受生活中的点滴乐趣。这个聚会让我们都暂时**远离繁忙的工作和都市生活**，放慢了脚步。

色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a piece of good advice that you gave to someone

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who you gave the advice to

What the advice was

Why you gave the advice

And explain how he / she followed your advice

4. 给他人的好建议 (9-12 月新题)

Honestly, I've given suggestions to others **a ton of times** in my life. But one time I can think of right now is the time I gave my friend Tom a piece of advice.

It was about a year ago. When we were hanging out at a mall, he mentioned that he was really frustrated about work. I was surprised because he often says he loves his job of being a programmer at a big company. I asked him what was going on and he said he **was promoted to be** a team leader of a project, which **was supposed to be** good. But he had to make the team **work overtime** very often for the project. So lot of the members were pretty **passive aggressive** to him, which caused the project to be **behind schedule**.

I genuinely **felt really sorry for** him because I've experienced a similar situation before. So I told him that all of the conflicts actually **derived from** the tight schedule. I suggested that he should **stand up for** himself and his team members and talk with his boss about having a less stressful deadline. Otherwise, the whole team would **burn out**. I even helped him **plan out** how he should present the problem to his boss.

The next week when we met again, he told me happily that my advice worked and his boss agreed to **postpone the deadline**. So the team chemistry was improved a lot as well. I was **over the moon** that my advice could help him out.

译文:

说实话，我一生中给别人提过**很多次**建议。现在能立刻想到的是我给我的朋友汤姆提的一次建议。

大约是一年前的事了。当时我们在一个商场里闲逛，他说他对工作感到非常沮丧。我有点惊讶，因为他经常说喜欢在一家大公司做程序员。我问他怎么了，他说他**被晋升**为一个项目的团队负责人，这**本应该**是好事。但他为了这个项目经常让团队**加班**。所以很多成员对他**不满，消极怠工**，导致项目**进度落后**。

我真的很**为他感到难过**，因为我以前也经历过类似的情况。所以我告诉他，其实所有的冲突都**源于**紧张的日程安排。我建议他应该为自己和团队成员**挺身而出**，与老板谈谈，争取一个不那么紧张的截止日期。否则，整个团队都会**筋疲力尽**。我甚至帮他**规划**了应该如何向老板提出这个问题。

下周我们再次见面时，他高兴地告诉我，我的建议奏效了。老板同意了**推迟截止日期**，所以团队的默契也大大提高了。由于我的建议帮助他摆脱了困境，我感到**欣喜若狂**。

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黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe an activity that made you feel tired

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When it happened

Where it took place

What the activity was

And explain why it made you feel tired

5. 让你觉得很累的活动 (9-12 月新题)

When it comes to activities that **leave me feeling incredibly tired**, the first thing that comes to mind is the time I helped my parents clean their new house. My parents are getting older now, and they decided to trade the top floor for a ground-floor place. So, they purchased a ground-floor apartment last year. When we got their new house, I wanted to **hire pros to clean it**, but my parents thought it was too pricey, so I ended up having to **roll up my sleeves** and clean it with them.

The new house needed **a whole lot of cleaning**. There were glass surfaces to **be wiped down**, floors to be swept, toilets and bathtubs to **scrub**, and even the dust on the ceiling needed some serious attention. There was so much to do. My parents and I gathered up all the cleaning gear we needed and **kicked things off** at 9 in the morning, continuing until 9 at night. Once we'd **finished the cleaning marathon**, I was completely wiped out. It felt like I'd never done that much physical labor in my life. But my parents, they were **unfazed**, didn't seem tired at all.

The next morning, I couldn't even get out of bed because **my entire body was aching**. **No exaggeration**, my arms were shaking when I tried to pick stuff up. My parents teased me about needing more exercise, and they're probably right. But the next time there's a family clean-up day, I will undoubtedly hire professionals.

译文:

说到**让我感到很累**的活动，我首先想到的是帮父母打扫他们新房的那次。现在我父母的年纪很大了，他们决定将高层的房子换成一楼的。所以去年他们买了一套一楼的公寓。到了新房后，我想**雇专业人员来打扫**，但父母觉得太贵了，最终我只能**卷起袖子**和他们一起打扫。

新房子需要**彻底的清洁**。玻璃表面要**擦拭**，地板要扫，厕所和浴缸要**刷**，甚至天花板上的灰尘都需要认真清理。要做的事情太多了。我和父母拿着所有能用到的清洁工具，从早上9点**开始**，一直干到晚上9点。一**完成这次清洁任务**，我就彻底筋疲力尽了。像是我一辈子都没做过那么多体力活一样。但是我的父母**并不苦恼**，似乎也不累。

第二天早上，我都没法下床，**全身都疼痛得不行**。**真不夸张**，我尝试取东西的时候，胳膊都在颤抖。我父母取笑我需要多锻炼，他们可能是对的。但下次家庭大扫除的时候，我一定要雇专业人员。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a period of time that changed your life in good ways

You should say:

When it was

Who you were with

What happened

And explain why it changed your life

6. 改变你人生的一段时期（9-12月新题）

One **pivotal** period that significantly changed my life in many positive ways was my college years, specifically from my freshman to senior year. **I think many young adults around the world would agree with this answer**, since people do most of their growing up in college, while still acting like kids. College was a transformative experience **to say the least**, and the people I met played a crucial role in shaping who I am today.

Throughout those years, I **underwent personal growth and development**, both academically and socially. I was exposed to a wide range of subjects and ideas that **expanded my horizons** and challenged my perspectives. My professors and mentors provided guidance and encouragement, helping me discover my passions and career aspirations. Socially, I met my friends for life. One of my first-year roommates and I got our own student house for years 2-4 with two other friends, and we have been close ever since. One girl I met **in my master's program** is my closest friend today, even though we now live in different cities.

This period changed my life in several ways. Firstly, it helped me develop a strong sense of independence and **self-reliance**. Living away from home and managing my responsibilities taught me valuable life skills. Secondly, the diverse and inclusive environment of college **expanded my worldview** and **fostered empathy and understanding for** people from different backgrounds and cultures. Lastly, the friends I made in college have continued to impact my life in a positive way.

译文:

一个对我生活产生积极影响的**关键**时期是我的大学适合时候，具体来说是从大一到大四。**我认为世界各地的很多年轻人都会同意这个答案**，因为人们大部分的成长都发生在大学时期，那时候还像孩子一样。**至少可以说**，大学是一段变革性的经历，那时候我遇到的人对于塑造如今的我起到了至关重要的作用。

这些年来，无论是在学术上还是在社交上，我都**经历了个人的成长和发展**。我接触了广泛的学科和思想，**拓宽了我的视野**，不断质疑形成了如今的观点。我的教授和导师为我提供了指导和鼓励，帮助我发现了自己的兴趣和理想职业。在社交方面，我结识了终生的朋友。在大二到大四的时候，我和一个大一室友同其他两个朋友一起租了一间学生公寓，从那时起我们的关系就一直很好。**我在硕士课程中**认识的一个女孩成了如今我关系最好的朋友，尽管我们现在住在不同的城市。

这段时期在几个方面改变了我的生活。首先，它培养了我很强的独立和**自力更生的意识**。远离家乡，自己管理自己，教会了我宝贵的生活技能。其次，多元和包容的大学环境**丰富了我的世界观**，培养了我**对来自不同背景和文化的人的同理心和理解**。最后，我在大学里结交的朋友一直以积极的方式影响着我的生活。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a difficult task that you completed at work/study that you felt proud of

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

What the task was

How you completed it

Why this task was very difficult

And explain why you were proud of the completion of the task.

7. 工作/学习中克服困难而骄傲 (9-12 月新题)

When it comes to a difficult task I completed at work, the first one that comes up is figuring out a vacation schedule. Usually a higher-up would handle this kind of thing, but my boss was swamped and asked me to help her with scheduling everyone's time off. I thought it would be a piece of cake, but it actually turned out to be pretty challenging.

First of all, people feel very strongly about their vacation time. They don't want to compromise their plans for anyone else. If they happen to want to take the same days off as someone else, they can become pretty passionate about getting their way.

The main challenge was letting people choose their vacation time in a way that felt fair. I decided to base it off of seniority. The people who had worked at the company the longest got to choose time off first. I also prioritized people with families, since it can be hard for parents to take their days off at the same time. People were mostly fine with this situation, but I did have some younger coworkers argue with me about my system.

Even though they were putting pressure on me, I stuck to my guns. I arranged it as fairly as I could, and then I made sure that nobody's vacation time overlapped. I'm proud of myself for not giving in to people's demands and using my people skills to make sure everyone felt heard.

译文：

说到在工作中完成的一项困难任务，我首先想到的是制定假期计划。通常，这种事情应该由上级来处理。但我的老板很忙，让我替她安排大家的休假时间。我以为这很容易，但实际上相当具有挑战性。

首先，人们对自己的休假时间非常敏感，他们不愿意因为别人而妥协。如果碰巧和其他人同时休假，他们会变得非常坚决从而满足自己的休假时间。

主要的挑战是让人们公平的选择休假时间。我决定以资历为依据，在公司工作时间最长的人首先选择休假时间。我还优先考虑了有家庭的人，因为父母同时休假可能会比较困难。大多数人对这种安排感到满意，但还有一些年轻的同事对我的方法提出了异议。

尽管他们给我施加压力，但我坚持自己的原则。我尽量公平地安排，确保人们的休假时间不重叠。我没有妥协于大家的要求，而是运用我的人际交往技巧确保了解了每个人的需求，我为自己感到自豪。



黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a time when you had a problem with using the computer

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When it happened

Where it happened

Why the computer couldn't work

And explain how you solved the problem at last

8. 电脑出现故障 (9-12 月新题)

One frustrating experience I had with my computer was during my last semester of college. It happened on a chilly November evening, right in the heart of midterm season. I was at home in my small apartment, trying to finish up a research paper due the next day. I had been working on it for hours, and suddenly, my computer just froze. I was stuck staring at a frozen screen, panic creeping in as I realized I hadn't saved my work in a while. I usually saved my work every ten minutes, so this was the worst possible time for my computer to stop working.

The problem seemed to be a sudden software glitch that made my computer unresponsive. I tried to restart it, but it wouldn't budge. My heart sank as I thought about the hours of work I might lose. After some initial frustration and anxiety, I took a deep breath and decided to troubleshoot. I searched online for solutions using my phone and followed step-by-step guides to perform a hard reset on my computer.

After a nerve-wracking few minutes, it finally came back to life. Thankfully, I hadn't lost too much progress, but I learned a valuable lesson about the importance of saving my work regularly. It was a stressful experience, but it taught me to be more cautious and prepared when working on important assignments using my computer. I'm just lucky that I was able to find a solution so quickly.

译文：

在大学的最后一个学期，我有过一次和电脑有关的沮丧经历。那是在十一月的一个寒冷傍晚，正值期中考试时期。我在小公寓里，想要完成第二天要交的一篇研究论文。我已经连续写了好几个小时，突然，我的电脑死机了。我呆呆地盯着一动不动的屏幕，当我意识到我有一段时间没有保存我的文件之后，我开始恐慌。通常我会每十分钟保存一次，所以现在是电脑死机的最糟糕的时候。

问题可能是由于突然出现的软件故障导致了电脑死机。我试着重新启动，但电脑毫无反应。想到可能丢失了几个小时的成果，我心都凉了。在经历了最初的沮丧和焦虑之后，我开始深呼吸并决定解决这个故障。我用手机在网上搜索解决方案，并按照教程一步一步将电脑强制重启。

经过紧张的几分钟后，电脑终于恢复了。幸运的是，我没有丢失太多的成果。但得到了一个宝贵的教训，那就是定期保存文件是很重要的。这是一次非常紧张的经历，它教会了我在使用电脑处理重要任务时要更加谨慎并且应该备份。对我来说很幸运，这么快就找到了解决办法。

色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a bad service you received in a restaurant / shop

You should say : (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When and where it happened

What happened

How it was solved

And explain how you felt about the experience

9. 糟糕的服务 (9-12 月新题)

I had a disappointing experience at a restaurant about six months ago. It was a Friday night, and my sister and I decided to try out a new Mexican restaurant. The place was buzzing with excitement, and we were looking forward to a great meal. Unfortunately, the experience went south as soon as we walked in.

The trouble began when we were seated. The restaurant was packed, and it seemed like they were understaffed. It took forever for a server to come to our table, and when they did, it was clear they were overwhelmed with how busy it was. We placed our orders, but it took an unusually long time for the food to arrive. When it finally did, it was cold, and my sister's order was completely wrong. We tried to get the server's attention to address the issues, but they were nowhere to be found.

Frustrated and hungry, we eventually managed to flag down a different server who seemed more attentive. They apologized for the mix-up, took our incorrect order back to the kitchen, and promised to bring us the correct dishes. While they did resolve the issue by bringing us the right food, the overall experience left a sour taste in our mouths, and not just from the guacamole.

I think with any new restaurant, there are some growing pains, so my sister and I tried not to be too upset about the situation. Maybe we will go back when they have had more time to work out the kinks.

译文：

大约六个月前，我在一家餐厅有过一次令人失望的经历。那是一个星期五的晚上，我和妹妹决定去一家新开的墨西哥餐馆尝尝。这家餐馆非常热闹，我们期待着享用一顿美味的晚餐。不幸的是，一走进去就感觉越来越差。

我们刚坐下，问题就出现了。餐厅座无虚席，而餐厅似乎人手不够。服务员要很长时间才到我们桌子旁，当他们来的时候，显然是忙得不可开交。我们点了菜之后过了很长时间才端上桌。菜终于上来了但是是凉的，并且完全搞错了妹妹的订单。我们想找服务员来解决问题，但根本找不到。

我们又沮丧又饥饿，最后想办法叫来了一位细心的服务员。他们为此向我们道歉，把错误的食物拿回了厨房，并承诺给我们送来正确的菜。虽然他们送上了正确的食物，但整体的经历给我们留下了不愉快的回忆，这不仅仅是牛油果酱的问题。

我认为任何新开的餐厅，都会出现一些问题，我和妹妹尽量去包容这种现象。等这家餐厅有时间解决问题之后，我们再去尝试一下。

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黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

事物类

Describe a good advertisement that you think is useful

You should say: (注: 四小问是帮助扩展思路的线索, 但不是必须完全按照四小问回答)

Where you can see it

What it shows

Why you think it is useful

And explain how you feel about it

10. 有用的广告 (9-12 月新题)

One good advertisement that I find useful is the "Dumb Ways to Die" campaign by Metro Trains in Australia. You can often see this advertisement on various social media platforms. The advertisement features a catchy and humorous animated video that showcases various cute characters engaging in risky and dangerous activities, leading to comically disastrous consequences. The purpose of the campaign is to promote railway safety.

I believe this advertisement is incredibly useful because it effectively conveys a serious message about railway safety in an engaging and memorable way, rather than in a boring way. Instead of resorting to scare tactics, it uses humor to capture the viewers' attention. It illustrates the potentially fatal consequences of reckless behavior around trains in order to emphasize the importance of safety. The ad campaign successfully creates awareness and encourages viewers to be cautious and responsible around railway tracks. If you compare it to other rail safety ad campaigns around the world, such as London's simple "Please mind the gap between the train and the platform", you can see that it is much more interesting for viewers.

I have a positive feeling about this advertisement because it manages to make a serious and critical message accessible and engaging, which is no easy task. It serves as a reminder that advertising can be a powerful tool not only to promote products but also to educate and promote safety. I admire the skilled marketing team who came up with this great idea, and who saw it through to completion.

译文:

我发现一个有用的广告是澳大利亚 Metro Trains 的“傻瓜式死亡”广告系列。你能够经常在各种社交媒体上看到这个广告。广告以一个引人入胜、幽默有趣的动画视频为特色,展示了各种可爱的角色从事危险活动,引发了滑稽的灾难性后果。这一系列广告的目的是宣传铁路安全。

这个广告非常有用,它以引人入胜和令人难忘的方式宣传了铁路安全的重要性,而不是以一种无聊的方式。它没有采取恐吓手法,而是用幽默吸引了观众的注意力。为了强调安全的重要性,这个广告阐述了在火车周围进行鲁莽行为的潜在的致命后果。该系列广告成功地提高了人们的意识,促进观众在铁路轨道周围保持谨慎和负责任的态度。如果将其与世界上其他铁路安全系列广告进行对比,例如伦敦简单的“请注意火车和站台之间的间隙”,你会发现这个广告对观众来说更加有趣。

我觉得这个广告很正能量,它成功地将一个严肃而重要的信息变得易于理解和引人入胜,这绝非易事。它提醒人们,广告不仅可以用来推广产品,还可以用来教育和宣传安全。我钦佩这个熟练的营销团队,他们提出了这个伟大的想法,并将其变成了现实。

黄色高亮都是高分地道表达,在译文中也已相应高亮出来。

Describe a painting

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When you first saw this painting

What the painting is about

Who the painter is

And explain how you feel about this painting

11. 一副画 (9-12 月新题)

One memorable painting that **has left a lasting impression on me** is "Starry Night" by Vincent van Gogh. I first encountered this iconic piece in a high school art class when we were studying famous painters. The painting depicts **a tranquil night scene** with a small village, a **cypress** tree, and a swirling, star-filled sky, all done in Van Gogh's easily recognizable style with **bold brush strokes** and **sharp colors**.

Van Gogh is a Dutch **Post-Impressionist** artist who is equally known for his art as for his struggles with mental illness. When I was in school, kids referred to him as "the painter who cut off his ear when he was upset." This is such a restrictive vision of Van Gogh, who was **so much more than his struggles**. He was never famous in his lifetime, but is today one of the most well-known and **revered** artists of all time.

Personally, I **feel a deep connection to** "Starry Night." The painting's beauty lies not only in its artistic brilliance **but also in the emotional depth it conveys**. It's a representation of Van Gogh's own struggles with mental health, and the swirling stars and tumultuous sky can be seen as a reflection of his **inner turmoil**. This painting reminds me that art can be a powerful means of expressing one's emotions and experiences. I even have a print of it hung up in my office, so I can see it every day.

译文：

有一幅画**给我留下了深刻的印象**，那就是梵高的《星空》。我第一次看到这幅标志性的作品是在高中美术课上，当时我们正在学习著名的画家。这幅画描绘了一个**宁静的夜景**，有一个小村庄、一棵**柏树**和一个旋转的、满是星星的天空。能够轻松辨别出这些画属于梵高的风格，是梵高使用**大胆的笔触和鲜明的色彩**完成的。

梵高是一位荷兰**后印象派**画家，其艺术作品和其与精神疾病的斗争都同样为人熟知。当我上学时，同学们称他为“生气时割耳朵的画家”。对梵高的这种看法太狭隘了，他**远不止于他的这些斗争**。他在一生中从未出名，但如今是历史上最著名和**受尊敬**的艺术家之一。

就我个人而言，我与《星空》之间有着**深厚的情感联系**。这幅画的美不仅在于其艺术的辉煌，**还在于它传达的情感深度**。它是梵高与心理健康斗争的表现，漩涡般的星星和翻腾的天空可以被视为他**内心痛苦的**反映。这幅画让我想起了艺术可以是表达情感和经历的强大手段。我甚至在我的办公室挂了一张它的印刷品，这样我每天都可以看到这幅画。

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黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a rule that is important in your school or at work

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

What the rule is about

What happens when people break the rule

Why you think it is an important rule

And explain how you felt about this rule.

12. 学校/工作中的重要规则 (9-12 月新题)

One crucial rule in my school is **the dress code policy**. This rule governs the attire students are allowed to wear to maintain a safe and productive learning environment. The dress code specifies acceptable clothing choices, such as no offensive or **revealing** clothing, no hats or hoods inside the school building, and no clothing with **inappropriate slogans or graphics**. This rule aims to foster a sense of professionalism, **minimize distractions**, and promote a respectful atmosphere.

The dress code policy is imposed by the school administration, including the principal and teachers. They are responsible for communicating and enforcing the guidelines throughout the school year. When students violate the dress code, the consequences can vary. Typically, **they are given a warning** and asked to change into appropriate attire. Repeated violations may result in more severe penalties, such as **detention or suspension**. **To my knowledge**, no one at my school has actually been suspended for not wearing the dress code, but students are often asked to change clothes.

Personally, **I have mixed feelings about** the dress code rule. While I understand the importance of maintaining a focused and respectful learning environment, I also believe that students should have some freedom of expression through their clothing. It can be frustrating when **minor dress code infractions** lead to punishments, especially when not all teachers are consistent about enforcing these rules. However, I do recognize the need for guidelines to **strike a balance between** individual expression and maintaining a suitable atmosphere for education.

译文：

我们学校的其中一个重要规定就是**着装要求**。这条规则规定了学生被允许穿着的服装，以维护一个安全和有利于学习的环境。着装要求规定了可以穿去学校的着装选择，比如不能穿无礼的或**暴露的**衣物，不能在学校教学楼内戴帽子或兜帽，也不能穿印有**不适当标语或图形**的衣物。这个规则旨在培养职业意识，**最大限度地降低干扰**，增强互相尊重的氛围。

着装规定政策是由学校行政部门，包括校长和老师强制执行的。他们负责在整个学年内传达和执行这些准则。当学生违反着装规定时，后果各不相同。通常情况下，**学生会被警告**，并被要求换上得体的服装。多次违反规定可能会导致更严重的惩罚，**比如拘留或停学**。**据我所知**，在我的学校里，没有人因为不遵守着装规定而被停学，但学生们经常被要求更换衣服。

就我个人而言，**我对**着装规定的**感觉很复杂**。虽然我理解维护一个专注和尊敬的学习环境的重要性，但我也认为学生应该有一些着装上的自由。当由于**轻微的着装违规**导致惩罚时，尤其不是所有老师都一致执行这些规定时，这可能会令人沮丧。然而，我确实认识到有必要制定规则，**在**个人表达和维持适当的教育氛围**之间找到平衡**。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe an exciting activity you did with others.

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

What you did

Where and when you did this

Who you shared the activity with

And explain why this activity was new or exciting for you.

13. 和他人做过的刺激的活动（9-12月新题）

One exciting activity I recently enjoyed with friends was a white-water rafting adventure. We embarked on this thrilling journey during a summer weekend getaway to a remote river location. The group consisted of a mix of my closest friends, all seeking a break from our routine lives and a shot of adrenaline.

Anyway, white-water rafting was a new and exciting experience for me, but I would be lying if I said I wasn't nervous the entire time. I've done loads of hiking and swimming, but nothing as risky as white-water rafting. As a group, we navigated through the rushing rapids, each of us paddling vigorously to steer the raft and avoid obstacles. Sharing this experience with a few of my closest friends was really great, and it gave us all a chance to let loose after days filled with work-related stress.

The excitement we felt was not only because of the rafting itself; it was also because we were all reminded of the importance of stepping out of our comfort zones, embracing new experiences, and spending more time with each other. It was an exhilarating activity that left us with unforgettable memories and a desire to seek out more thrilling adventures in the future. I don't think I'll be doing anything quite as exciting as bungee jumping or cave diving anytime soon, but the white water rafting definitely proved to me that I could if I set my mind to it.

译文：

最近和朋友们一起参加了一项刺激的活动---漂流探险。在夏天的一个周末我们去了一个偏僻的河边度假，开始了这段激动人心的旅行。和我关系最好的朋友们都参与了这项活动，大家都想打破常规，寻找一些刺激。

对我来说漂流是一次全新的令人兴奋的经历，但说不紧张是假的。我参加过很多徒步旅行和游泳，但都没有漂流这么冒险。作为一个团队，我们在湍急的急流中航行，每个人都用力地划桨来操控筏子以避开障碍物。和朋友们参加这个活动真的很棒，这给了我们在工作压力下放松的机会。

我们感到兴奋，不仅仅是因为漂流本身；还因为我们都意识到了走出舒适区、拥抱新体验以及花更多时间彼此相处的重要性。这是一项令人兴奋的活动，给我们留下了难忘的回忆，也让我们期待以后会有更多刺激的活动。短时间内我不会再去做像蹦极和洞穴潜水这样刺激的事情，但漂流确实向我证明了，只要我下定决心，我就可以做到。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a science subject (Biology, Robotics, etc.) that you are interested in

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Which subject it is

When and where you came to know this subject

How you got information about this subject

And explain why you are interested in this subject

14. 感兴趣的科学领域（9-12月新题）

Well, one science subject that has always **piqued my interest** is **neuroscience**. I first came across this fascinating field during my high school biology class. We **had a section on** the nervous system, and I was super interested in the way that the brain and nervous system control every aspect of our thoughts, emotions, and actions. **It's kind of insane to think that** this system runs completely independently, **outside of our control**, yet it's so important.

I gained more information about neuroscience by reading books by renowned neuroscientists, and watching documentaries that **delve into brain-related topics**. I even took some elective courses in neuroscience during my undergraduate studies, which allowed me to learn more about it. These courses covered topics ranging from brain structure and function to neurobiology and **cognitive psychology**.

What draws me to neuroscience is the profound understanding it provides about the human brain and how it shapes our thoughts, behaviors, and experiences. It's incredible to explore the mysteries of consciousness, memory, and perception, and **how they relate to various neurological conditions**. **Another motivator is a personal one** - my great grandmother **suffered from Alzheimer's**, and now so does my grandma. It is such a **devastating** disease that scientists still don't understand or know how to cure, so I thought studying neuroscience might **give me more insight into it**. I didn't learn enough to really understand this complex disease, but I enjoyed my brief study of neuroscience nonetheless.

译文：

有一门科学一直**让我感兴趣**，那就是**神经科学**。在高中生物课上，我第一次接触到了这个有趣的领域。我们**学习了**有关神经网络的部分，我对大脑和神经网络如何控制我们的思想、情感和行为方式非常感兴趣。这个系统完全独立运行而**不受我们的控制**，但却还是如此重要，**真是令人难以置信**。

通过阅读著名神经科学家的书籍，观看**深入探讨与大脑相关的主题**的纪录片，我了解了更多有关神经科学的信息。在本科阶段，我选修了一些神经科学的课程，这让我对神经科学有了更多的了解。这些课程涵盖了从大脑结构和功能到神经生物学和**认知心理学**等各种主题。

神经科学吸引我的地方在于它是如何塑造我们的思想、行为和经历，以及它提供了对人类大脑的深刻理解。能够探索意识、记忆和感知以及**与各种神经系统疾病之间相联系的方式**都是很令人震惊的。**另一个动力是由于个人原因** - 我的曾祖母患有老年痴呆，现在我奶奶也得了这个病。这是一种**灾难性**的疾病，科学家仍然不了解或者说不知道如何去治疗，我觉得研究神经科学可能会让我**对这种病有更多了解**。虽然我没有学到足够的知识来真正了解这种复杂的疾病，但我还是很喜欢简要的研究神经科学。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a period in history which you are interested in

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When it was

What happened

How you first learned about it

And explain why you are interested in this period of history

15. 感兴趣的历史时期（9-12月新题）

One historical period I would like to know more about is the French Revolution in the late 1700s. I have always loved history, and this is one time period that I find I'm always able to learn something new about.

I first learned about the French Revolution during my senior world history class. In a nutshell, there was a lot of poverty in France during the eighteenth century because one of the previous kings, Louis XIV, wasted a lot of the kingdom's money on building the *Palace of Versailles* and purchasing expensive crown jewels. So, there was very little wealth left over for the common people. This all came to a head in the year 1789, when the countrymen assembled as revolutionaries and freed all of the inhabitants of the Bastille prison in Paris. This event is known as the fall of the Bastille, which started the revolution.

Many people were executed throughout the revolution by guillotine, which was a gruesome way to die, including King Louis XVI and his wife, the Queen. I would like to know more about what happened after these executions, and how France came to be the strong democracy that it is today after the revolution. My knowledge ends at the execution of the Queen, so I would love to know more about this period in history. There's a lot to learn about since it is a very fascinating time period, and it may even give us a better understanding of modern life.

译文：

我想多了解一些的历史时期是18世纪末的法国大革命时期。我一直很喜欢历史，而这个时期，是一个我发现总能学到点新东西的时期。

我第一次了解法国大革命是在我大四的世界历史课上。长话短说，18世纪的法国非常贫穷，因为之前的一位国王路易十四(Louis XIV)浪费了大量钱财来建造凡尔赛宫(Palace of Versailles)和购买昂贵的王室珠宝。所以留给普通人的财富非常少。这一切在1789年达到了高潮，当时法国人作为革命者聚集在一起，他们释放了巴黎巴士底狱的所有囚犯。这一事件被称为巴士底狱沦陷（攻占巴士地狱），因此引发了革命。

在革命期间，许多人被送往了断头台，这是一种很可怕的死法，包括国王路易十六和他的妻子，也就是王后也是这样死的。我很想知道更多关于这些处决后发生的事情，以及法国是如何在革命后成为今天这样强大的民主国家的。我的知识仅仅止于女王被处决，所以我想了解更多关于这段历史的知识。因为这是一段非常具有吸引力的时期，所以有很多东西需要学习，它甚至可以帮助我们更好地理解现代生活。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

地点类

Describe a place in your country that you think is interesting

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Where it is

How you knew it

What special features it has

And explain why you think it is interesting

16. 有趣/吸引你的地方 (9-12 月新题)

Well, I'd like to talk about a unique city next to Hong Kong. It's called Macau. It's one of the two cities that **runs a capitalist system** in China. More importantly, it's the most entertaining city in China. People also **refer to it as the Oriental Las Vegas**. It fits the city properly because it's the only Chinese city that allows gambling. **If memory serves correctly**, last July, I took a plane to Macau with my parents. We stayed in that small city for **an entire week**.

In fact, it's a place I had planned to visit **for ages**. The city **came with glowing recommendations from** my best friend Lisa, who was there before. Because of that, when my parents planned the next family trip, I insisted on going there **without a second thought**.

Anyway, it's a fun city for sure. The buildings and entertainment facilities there are **stunning**, especially the **casinos**. We visited the biggest casino there, and the decorations and **layout inside** look magnificent. The hotels there are **stylish** too; the one we stayed at even has a giant swimming pool on the roof.

The main reason I think this is an interesting place is that Macau is **truly** a city that exists for entertainment and tourism. Even if you don't like gambling, you can still **have a blast** there. **If possible**, I would love to visit there again next year during the holidays.

译文:

我想谈谈澳门，这个挨着香港的独特的城市。澳门是中国**实行资本主义制度**的两个城市之一。更重要的是，它是中国最具娱乐性的城市。人们还**称其为东方的拉斯维加斯**。这个称呼非常贴切，因为澳门是中国唯一允许赌博的城市。**如果我没记错的话**，去年七月我和父母一起坐飞机去了澳门，我们在那个小小城市呆了**整整一周**。

事实上，这是我**计划了很久**的一次旅行。我最好的朋友丽莎(Li sa)以前去过澳门，她**极力向我推荐**这座城市。因此，当父母计划下一次家庭旅行时，我**毫不犹豫地**坚持去澳门。

不管怎样，这一定是一个有趣的城市。这里的建筑和娱乐设施**令人惊叹**，尤其是**赌场**。我们参观了那里最大的赌场，**里面的**装饰和**布局**很壮观。那里的酒店也**非常时尚**；我们酒店的屋顶甚至有一个巨大的游泳池。

这个地方很有趣，主要原因是澳门是一个**真正的**娱乐和旅游城市。即使你不喜欢赌博，你在那里也可以**玩得很开心**。**如果可能的话**，我很想明年假期再去一次。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a beautiful city

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Where the city is

How you knew the city

What buildings the city has

And explain what it is famous for

17. 美丽的城市 (9-12 月新题)

In my opinion, one of the most beautiful cities in the world is Barcelona. It's in Spain, right on the northeast coast, overlooking the Mediterranean Sea. I first visited Barcelona as a chaperone on a school trip five years ago. It had this reputation for being a vibrant, artsy, and beachy city, so myself and the students couldn't wait to check it out. Since then, I have been back to visit several times on my own or with friends.

One thing that blew me away in Barcelona was the architecture. You get the feeling that you are in the middle of an art museum in the heart of the city, with the iconic Sagrada Familia basilica and Park Guell, designed by Gaudi. The basilica is indescribably beautiful, and is even more spectacular inside when the sun hits the stained glass. Park Guell is beautiful as well, and very colorful. It was a big hit with the students.

In addition to its beauty, Barcelona is famous for its laid-back yet energetic vibe. The food scene is incredible, from tapas bars to fresh seafood by the beach. The nightlife is impressive as well, with beach clubs and late-night fiestas. There is also Barcelona Football Club, which many tourists pay a visit to for a tour or to catch a game. Overall, Barcelona is this perfect mix of culture, art, food, and fun, and it's a place that's just got this incredible energy that's hard to put into words.

译文:

在我看来，巴塞罗那是世界上最美丽的城市之一。它位于西班牙的东北海岸，俯瞰地中海。五年前，在一次学校旅行中，我作为陪同人员第一次参观了巴塞罗那。这座城市以充满活力、有艺术氛围以及沿海而闻名，我和学生们都迫不及待得要去看看。在那以后，我还自己或者与朋友一起去了几次。

对于巴塞罗那，令我印象深刻的一点是建筑。你会有一种置身在城市中心的艺术博物馆的感觉，有标志性的圣家堂和高迪设计的奎尔公园。这座大教堂美的难以形容，当阳光照在彩色玻璃上时，内部更加壮观。奎尔公园也非常漂亮，色彩丰富。学生们非常喜欢这个地方。

除了美丽，巴塞罗那还以悠闲而充满活力的氛围而闻名。这里的美食也让人不敢相信，从小吃酒吧到海边的海鲜应有尽有。夜生活也令人印象深刻，有海滩俱乐部和深夜派对。此外，还有巴塞罗那足球俱乐部，许多游客前来参观或观看比赛。总的来说，巴塞罗那是文化、艺术、美食和娱乐的完美融合，这个地方有着难以言表的活力。

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色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a park or a garden in your city

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

When you often go there

Where it is

Who you often go there with

And explain what it is like/why you like it

18. 公园/花园 (9-12 月新题)

One of my favorite places in my city is Riverside Park. Located along the banks of the river that runs through our city, Riverside Park offers a perfect escape from the hustle and bustle of urban life. It's a serene and picturesque spot that I frequently visit to reconnect with nature. I often go there alone or with friends, whether for a leisurely stroll, a picnic, or simply to hang out by the riverbanks.

Riverside Park has it all - walking paths, beautiful flowers, and a variety of trees that provide ample shade during the scorching summers. The park's proximity to the river creates a calm atmosphere. There are also benches strategically placed along the riverfront, making it an ideal spot to sit, chat, and watch the boats pass by. Personally, I enjoy the park's natural beauty and the opportunity it provides to disconnect from screens and city noise.

It's a place where I can enjoy the simple pleasure of being outdoors. I can clear my mind, exercise, or just enjoy a good book under the shade of a tree. No matter what I do there, I always feel very relaxed. Anyway, Riverside Park is truly a gem in my city, offering a slice of nature that provides a welcome respite from the urban chaos, and that's why I keep going back. I hope we'll have more parks like this in the future, so people can have more spots to relax and unwind.

译文：

在我的城市，我最喜欢的地方之一是滨江公园。滨江公园坐落在城市的河流沿岸，为人们提供了一个完美的避世之地，远离了都市的喧嚣。这是一个宁静并且风景如画的地方，我经常去那里接触大自然。我常常独自一人或与朋友一起去，悠闲散步，野餐，或者在河岸边闲逛。

滨江公园拥有一切 - 人行道、美丽的花朵以及在炎热夏日提供了充足阴凉的各种树木。公园靠近河流，营造出一种宁静的氛围。河边摆放了一些长椅，使其成了一个理想的聊天、观看船只的地方。就我个人而言，我喜欢公园的自然美景，以及它提供的远离屏幕和城市噪音的机会。

这是一个可以享受户外活动的地方。我可以清空自己的思绪、锻炼身体，或者只是在树荫下欣赏一本好书。无论我在那里做什么，都会感到非常放松。总之，滨江公园真的是我们城市的一颗瑰宝，它提供了一片自然风光，让我在城市的混乱中得到了一个宁静的天堂，这也是我一直去那里的原因。希望将来我们会有更多这样的公园，这样人们有更多的地方可以放松和减压。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

人物类

Describe a foreigner who speaks Chinese well

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who this person is

Where he / she is from

How he / she learns Chinese

And explain why he can speak Chinese well

19. 汉语很好的外国人 (9-12 月新题)

One person I know who speaks Chinese well is my new colleague, Ava. Ava moved to China last year, and **she is originally from Vancouver, Canada**. As I got to know her better, I learned that Ava had always wanted to move abroad for work, so when an opportunity came for her office to transfer her to Beijing, **she thought it was fate**. She prepared to move and **leave her friends and family behind** for a new start across the world.

Ava had always loved Chinese culture, so she was very excited to **explore the country** and learn the language. In Vancouver, she had many Chinese friends growing up, and spent a lot of time with their families. Now, she learns Chinese mainly through experience by speaking and interacting with us, you know, her coworkers. However, in order to **enhance her learning**, she also takes Chinese language lessons twice a week at a local school.

Ava speaks Chinese well because she is a **linguist**; she already speaks several other languages including English, Japanese, and Arabic, so learning another language is not too difficult for her. She is one of the smartest people I know, so **it makes sense that** she finds it very easy to learn languages. I think she does study a lot at home in order to remember new words, but overall she speaks Chinese very well already. We often go out for dinner or events, and she can **speak Chinese with very little difficulty**. I'm **seriously envious of her language talents!**

译文:

我认识的一个中文说很好的人是我的新同事 Ava。Ava 去年搬到了中国，**她来自加拿大的温哥华**。随着我对她的进一步了解，我知道 Ava 一直想去国外工作，当公司给她提供去北京的工作机会时，**她觉得这就是命中注定**。她搬家，**离开了朋友和家人**，跨越了半个地球开始新的工作。

Ava 一直很喜欢中国文化，她非常兴奋的去**探索中国**并学习汉语。在温哥华时，她在成长过程中交了很多中国朋友，并且经常和他们的家人待在一起。现在，她主要通过与我们(也就是他的同事)交流来学习中文。然而为了**提高学习效果**，她每周还在当地的学校上两次中文课。

Ava 中文说的很好，是因为她是一名**语言学家**；她会说几种语言，包括英语、日语和阿拉伯语，学习一门语言对她来说并不太难。她是我认识的最聪明的人之一，所以**不难理解**她可以很轻松地学会汉语。为了记住新单词，她在家经常学习。但总的来说，她已经说得很流利了。我们经常出去吃饭或参加活动，**她能毫不费力的用中文交流**。我**真的很羡慕她的语言天赋!**

色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a person who enjoys cooking for others

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who this person is

What he / she likes to cook

Who he/she cooks for

And explain why this person enjoys cooking

20. 喜欢烹饪的人 (9-12 月新题)

One of my close friends, Sarah, is someone who absolutely loves to cook for others. She's the kind of person who finds joy in preparing delicious meals and sharing them with friends and family. Sarah has a busy job as a lawyer, but whenever she gets any free time, you'll find her in the kitchen. She enjoys whipping up a variety of dishes, but her specialty lies in making mouthwatering pasta dishes. Her homemade pasta sauces are a legend among our circle of friends, and her lasagna is an absolute crowd-pleaser.

Sarah's favorite dish to cook is a simple macaroni and cheese pasta bake. It might sound pretty Western, but she says it is her favorite because her uncle used to make it for family dinners, and Sarah was very close with her uncle. It sounds simple enough, but you'd be surprised to learn just how many steps go into a mac and cheese bake, from the roux to the seasonings to the topping of tomatoes and crispy breadcrumbs. It takes a while, but she always loves making it. I think what makes Sarah so good at cooking is her unwavering passion for it. She's always experimenting with new recipes, ingredients, and techniques, constantly seeking to improve her culinary skills. Whether it's a cozy dinner at home or a large gathering, she puts in the effort to create a memorable dining experience for everyone. Her attention to detail and dedication to creative recipes shine through in every dish she makes.

译文:

我的好朋友 Sarah 非常喜欢给别人做饭。她能够在准备美味佳肴并与朋友和家人分享的过程中找到快乐。Sarah 是一名律师，工作很忙。但只要她空下来，你就会有在厨房看到她。她喜欢做各种各样的菜，但她的特长是制作令人垂涎的意大利面。她自制的意大利面酱在我们朋友圈中是一个传奇，并且大家绝对都会喜欢她的千层面。

Sarah 最喜欢做的是简单的通心粉和烤奶酪意面。听起来可能很西式，但她说她最喜欢这些，因为她叔叔以前常常在家庭聚餐做这道菜，而 Sarah 与她叔叔关系非常好。这听起来很简单，但你会惊讶地发现这需要很多步骤，从做面条到调味料到最后加上番茄和酥脆的面包糠。虽然需要花一些时间，但她总是喜欢做这道菜。

我认为对烹饪毫不动摇的热爱是 Sarah 喜欢烹饪的原因。她总是尝试新的食谱、原料和技巧，不断提高自己的烹饪水平。无论是在温馨的家庭晚餐还是在大型聚会上，她都会努力为每个人创造一个难忘的用餐体验。在她做的每道菜中都能看出她的注重细节和对于创新食谱的执着。

■ ■ ■

色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe an interesting person that you have not met in person and would like to know more about

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who this person is

How you knew him / her

What interesting things he / she has done

And explain what you would like to know more about him / her

21. 想见的有趣的人 (9-12 月新题)

One fascinating individual I've never met in person but I'm eager to know more about is Elon Musk. I first learned about him in a documentary, but I think the first time I paid attention to him was when he gave his child a very unique name, **which was all over the news**. Elon Musk is **a visionary entrepreneur and innovator** known for his role in founding and leading several **groundbreaking** companies. He co-founded PayPal, founded SpaceX, and is the CEO of Tesla, Inc. **We discussed him at length** in one of the entrepreneurship courses I took in university.

One of the most interesting things Musk has done is to lead the first private company to successfully launch rockets into space, with SpaceX even sending astronauts to the International Space Station. His other company, Tesla, has **revolutionized** the electric vehicle industry, **pushing for sustainable transportation solutions**. Furthermore, Musk has proposed ideas like the **Hyperloop**, a high-speed transportation system, and Neuralink, a company aiming to merge the human brain with AI.

I would love to learn more about Elon Musk's thought processes, and how he manages his time and energy to run multiple big companies at once. His ability to tackle complex problems and **drive innovation** is something I admire. Honestly, there aren't too many people out there like him. **On top of all that**, I think understanding more about his **long-term vision for humanity** and his thoughts on the future of technology and space exploration would be truly fascinating.

译文：

有一个我虽然没有亲自见过，但却迫不及待地想要了解更多的非常有意思的人，那就是伊隆·马斯克。我第一次听说他是在一部纪录片中，但我第一次真正注意到他是他给他的孩子起了一个非常独特的名字，**当时一度成为了新闻的焦点**。伊隆·马斯克是一位**有远见的企业家和创新者**，以创办和领导多家**具有突破性的公司**而闻名。他是 PayPal 的创始人之一，创办了 SpaceX，并担任特斯拉公司的首席执行官。**我们曾经**在大学的一门创业课程中**详细讨论过他**。

马斯克做的最引人注目的事情之一是领导第一家私营公司成功的将火箭发射到太空，SpaceX 甚至将宇航员送到了国际空间站。他的另一家公司特斯拉已经**彻底改革了**电动汽车行业，**推动了可持续性的交通解决方案**。此外，马斯克提出了一些创意，比如超级高铁 **Hyperloop**，以及 Neuralink--一家旨在将人脑与人工智能结合的公司。

我很想了解更多关于伊隆·马斯克的思考过程，以及他如何管理自己的时间和精力来同时经营多家大公司。我非常钦佩他解决复杂问题和**推动创新**的能力。老实说，像他这样的人并不多。**最重要的是**，我认为真正令人着迷的是更多地了解他**对人类的长远愿景**以及他对未来科技和太空探索的想法。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a successful businessperson you know (e. g. running a family business)

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who this person is

How you knew him / her

What business he / she does

And explain why he / she is successful

22. 成功的商人 (9-12 月新题)

One very successful business person I know is my uncle, John. I've known him for as long as I can remember since he is my mother's brother. John runs a family-owned bakery business that has been in our family for three generations. The bakery specializes in artisanal bread and pastries, and it has become a beloved institution in my hometown.

What makes John truly successful in his business is his unwavering commitment to quality and tradition. He has inherited not only the bakery itself but also the time-tested recipes and techniques passed down through the generations. John's dedication to preserving the authenticity of the products while adapting to modern tastes and trends has set his bakery apart. And he's crazy about the details, from finding the best ingredients to keeping the bakery squeaky clean. Actually, a bunch of us cousins have worked there for a while, figuring out how everything works.

I think that my uncle's customer-centric approach has played a significant role in his success. He has cultivated a strong relationship with our community by actively participating in events, sponsoring charity drives, and engaging with customers on social media. His warm and friendly demeanor has made the bakery not just a place to buy bread but a cherished gathering spot for friends and families. I really look up to my uncle; he's a source of pride for our whole family, and I hope his business keeps getting better and better.

译文：

我叔叔约翰是我认识的一位非常成功的商人。我从小就认识他了，因为他是我妈妈的哥哥。约翰经营着一家家族企业的面包店，这家面包店已经传承了三代。这家面包店专门制作手工面包和糕点，已经成为了家乡人喜爱的面包店。

约翰对质量和传统的坚持是他在生意中取得成功的原因。他继承的不仅仅是面包店，还有代代相传的食谱和技术。约翰致力于保持产品的可靠性，同时又适应了现代口味和趋势，这使他的面包店脱颖而出。他对细节要求极高，从寻找最好的食材到保持面包店的整洁。事实上，我们几个堂兄妹已经在那里工作了一段时间，搞清楚了一切是如何运作的。

我认为叔叔以客户为中心的方法在他的成功中发挥了重要作用。他通过积极参与活动、赞助慈善活动以及在社交媒体上与客户互动，与我们社区建立了紧密的关系。他热情友好的态度使面包店不仅仅是购买面包的地方，还成为了朋友和家人喜爱的聚会场所。我真的非常敬佩我的叔叔；他是我们家族的骄傲，我希望他的生意会越来越好。

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色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a person who always has interesting ideas or opinions

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who this person is

What this person does

How you knew him / her

And explain why you think his / her ideas or opinions are interesting

23. 想法有趣的人 (9-12 月新题)

One person I can think of who always has super interesting ideas and opinions is my friend Alex. Alex works as a tech analyst, and we met through mutual friends a few years ago. He worked with my good friend Felicia, so I met him at her birthday party. We hit it off because we realized we both loved the show Doctor Who. Since then, we've become close friends, and I always look forward to our conversations.

What makes Alex's ideas so fascinating is his knack for thinking outside the box. Whether it's discussing the latest advancements in artificial intelligence or pondering the future of space travel, he has this unique way of looking at things from angles I would never even consider. His job in tech gives him a deep insight into emerging technologies and trends, and he's always connecting the dots between different fields, like science, ethics, and business.

One of the things I admire about Alex's ideas is that they're not just theoretical; he's all about practicality. He's got this uncanny ability to take complex concepts and break them down into something relatable and actionable. It's like he's got a road map for the future, and he's happy to share it. Talking to him often leaves me feeling inspired and with a fresh perspective on things. Plus, his ideas have led to some really cool projects and side gigs we've worked on together, which is just another benefit to his interesting ideas.

译文：

我的朋友亚历克斯是我能想到的有超级有趣的想法和观点的人。亚历克斯是一名技术分析师，我们几年前通过共同朋友认识。他和我好朋友费利西亚一起工作，我在费利西亚的生日派对上认识了他。我们很合得来，因为我们都喜欢看《神秘博士》。从那以后，我们成了关系很好的朋友，我总是想和他聊天。

亚历克斯的想法之所以如此吸引人，是因为他善于跳出思维定势。无论是讨论人工智能的最新进展还是思考太空旅行的未来，他都有一种独特的方式，从我从未考虑过的角度看待事物。他在科技领域的工作使他对新兴技术和趋势有着深刻的了解，他总是将不同领域，如科学、伦理和商业联系在一起。

我钦佩亚历克斯的思维是由于它们不仅仅是理论性的，而是强调实用性。他有一种非凡的能力，可以将复杂的概念分解成相关的和可操作的东西。就好像他有一张未来的路线图，并且他很高兴分享这张路线图。和他聊天常常让我受到激励，对于看待事物有了新的视角。此外，他的想法已经让我们一起开展了非常好的项目和兼职，这是他有趣的想法的另一个好处。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe someone you studied with who is successful in his/her life

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who this person is

Where and when you studied together

In what area this person has been very successful

And explain why you think this person is successful in his/her life

24. 成功的同学 (9-12 月新题)

One person I studied with who I would say has become very successful is my friend Maya. We both studied to become teachers at a university a few hours away from our hometown. This was nearly 6 years ago now. Maya **stood out from the crowd even back then**. We were in the same classes, sharing our enthusiasm for teaching and our desire to make a difference in students' lives.

Fast forward a few years, and Maya is now a highly successful educator and school principal. She **has made a significant impact in** her community through her dedication and passion for teaching. She uses innovative teaching methods and **is committed to** creating a positive learning environment for her students.

What sets Maya apart is her **unwavering commitment to** her students and her innate ability to connect with them. She truly cares about their growth and well-being, not just academically, but also emotionally and socially. Maya is also an excellent communicator, always willing to listen and adapt her teaching methods to **suit her students' needs**. Her leadership skills and genuine love for teaching have undoubtedly played a significant role in her success as a principal and educator. I think **it would be hard to boil down her success to just one thing**, but perhaps **the fact that she is stubborn to a fault helps**; she is able to get the best for her students because she doesn't give up.

译文:

有一个和我一起学习的同学，可以说她已经非常成功了，她就是玛雅。我们在离家几个小时车程的一所大学学习，都想成为一名教师。这是大约 6 年前的事了，**玛雅在那时就脱颖而出**。我们在同一个班，分享我们对教学的热情和对改变学生生活的渴望。

几年过去了，玛雅现在是一名非常成功的教育家和校长。她对教育的奉献和热情，让她在社区里**产生了很大的影响**。她使用创新的教学方法，**致力于**为学生创造积极的学习环境。

玛雅与众不同的原因在于她对学生**坚定不移的承诺**，以及她与生俱来的与学生沟通的能力。她真正关心他们的成长和幸福，不仅在学业上，还在情感和社交方面。玛雅还是一位出色的沟通者，总是愿意倾听，并调整教学方法以**适应学生的需求**。她的领导才能和对教学的真诚热爱无疑在她作为校长和教育工作者的成功中发挥了重要作用。我认为**很难把她的成功归结为一件事**，但也许**她的固执己见有助于她的成功**；她能够为她的学生争取到最好的，因为她不轻易放弃。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。

Describe a sportsperson you admire

You should say: (注：四小问是帮助扩展思路的线索，但不是必须完全按照四小问回答)

Who he / she is

What you know about him / her

What he / she is like in real life

What achievement he / she has made

And explain why you admire him / her

25. 敬佩的运动员 (9-12 月新题)

One sportsperson I truly admire is Serena Williams, a tennis legend known for her unparalleled achievements in the sport. Serena Williams is a professional tennis player from the United States who has dominated the tennis world for over two decades. I have followed her career closely, watching her rise to stardom and witnessing her numerous accomplishments. I remember watching her matches on TV when I was growing up, and I still love to watch them now.

Anyway, Serena Williams is not only a fierce competitor on the tennis court but also an inspiring and down-to-earth individual in real life. Despite her incredible success, she remains grounded and approachable. She has used her platform to advocate for gender equality and social justice issues, which I find commendable. Off the court, she is a dedicated mother and a strong role model for aspiring athletes, showing that determination and hard work can lead to extraordinary achievements.

One of Serena Williams' most remarkable achievements is her record-breaking 23 Grand Slam singles titles, making her one of the most successful tennis players in history. Her determination during challenging matches has always left a lasting impression on me. I think Serena Williams is not only a sports icon but also a symbol of perseverance, empowerment, and excellence, which is why I deeply admire her. I myself have never been very athletic due to my complete lack of coordination, but I still appreciate Serena's talent and how she inspires women and girls everywhere.

译文：

塞雷娜·威廉姆斯(Serena Williams)是我非常钦佩的一位运动员，她是网球界的传奇人物，以在网球中无人能及的成就而闻名。威廉姆斯是一名来自美国的职业网球选手，二十多年来一直统领着网球界。我密切关注着她的职业生涯，看着她成为明星，见证了她的无数的成就。我记得小时候就在电视上看她的比赛，现在仍然喜欢看。

无论如何，威廉姆斯不仅是网球场上的激烈竞争对手，在现实生活中也是一个鼓舞人心、脚踏实地的人。尽管她取得了惊人的成功，但她仍然很接地气、平易近人。她利用自己的平台倡导性别平等和社会正义问题，这是值得称赞的。在场外，她是一位尽职尽责的母亲，也是有抱负的运动员的榜样，她证明了有决心和努力可以取得非凡的成就。

威廉姆斯最引人注目的成就之一是她创下了 23 个大满贯单打冠军记录，这使她成为了历史上最成功的网球选手之一。她在激烈比赛中的毅力给我留下了深刻的印象。我认为威廉姆斯不仅是一位体育偶像，还是坚韧、力量和卓越的象征，这也是我非常佩服她的原因。由于缺乏协调性，我从来不长运动，但我仍然欣赏威廉姆斯的才能以及她是如何激励着各地的女性和女孩们。

黄色高亮都是高分地道表达，在译文中也已相应高亮出来。