

Charlie的28天雅思听力训练营

听力训练营 同义替换



Charlie 的 28 天雅思听力训练营 DAY 3

例题剑 7-2-4	
be of value	be of interest
impressive	struck by
impressive	sheer
size	volume
be of value	beneficial
weakness	weaker side
tactics	strategies
coach	trainer
underestimate	reluctant to make use of...
science	insights that scientists give
show	find
greater	high levels of
greater	more
youth	younger
larger	bigger
single	one
field	area
too late	much later
important	central

Charlie 的 28 天雅思听力训练营 DAY 5

Part1 填空题练习 1	
remove	delete
change	replace
Part1 填空题练习 2	
location	located
coast	beach
high season	peak time
in advance	ahead of schedule
cheaper	lower
a variety of	a list of

Charlie 的 28 天雅思听力训练营 DAY 7-8

选择题练习 1

house	home
poorly	反义 well
straight away	immediately
turn off	switch off
pleased	thrill
reduction in price	discount
reduction	deduction
difficulty	problems/cons
difficult	反义 easily
hard to	cannot
accurately	correctly
doesn' t understand	反义 easy
expensive	反义 price-friendly
unsuitable	ugly
repair	fix
leaking taps	dripping taps
ideal	efficient
movie	film
cost	price
sunny days	sun is out

选择题练习 2

previous	last year
worry about	concern
concern	frightened
forget	wouldn' t remember
encourage	fire up/inspirational
see	meet
review	look through
recommend	advise
old dissertations	previous year dissertations
difficult	反义 straightforward
extra books	15 instead of usual 10 books
collaborate	collaboration
vacation	holiday
web	internet

Charlie 的 28 天雅思听力训练营 DAY 9-10

匹配题练习 1

safety	danger, accident, risk
boot	footwear
comfortable	fit better
destination	view
film	documentary
skill	skilfully, technique
combine with	apply into
other activities	climbing

匹配题练习 2

time	deadline, due
manage time	rationalise time
review	revisit
regularly	on a regular basis
school supporting staff	librarian
teaching staff	faculty members
help	support, feedback
don' t be unrealistic	be realistic

匹配题练习 3

must	have to
booking	make a reservation
option	whether...or...
bicycles	bikes

Charlie 的 28 天雅思听力训练营 DAY 11

Part4 填空题练习 1	
as well as	both...and...
fund	donation
building	construction
reduce	prevent
increased	heavy
monitor	measure
Part4 填空题练习 2	
create	develop
growth	increase
reduce	decrease
not	inaccessible/cannot
known as	dubbed as
vacation entitlement	entitlement to vacation

Charlie 的 28 天雅思听力训练营 DAY 12

其他题型例题 1	
keep in touch with	contact
documents	passport, birth certificate, bank statement
confirm	as a confirmation of
extra	additional
fee	charges
其他题型例题 2	
grade	score
其他题型例题 3	
warning	alarm
indicator	light

Charlie 的 28 天雅思听力训练营 DAY 13

剑 14-1-1	
antique	old
address	where
approximately	about
剑 14-1-2	
check	ask
questions	not sure what to do
plans	ambitions
progress	improvements
internet	online
wear	dress
trainer	shoes
food	meals/salads/snacks
encouraged	preferable advise...to...
restrictions	...unlimited...but don't use for... depend on...
against	no/don't
剑 14-1-3	
surprise	I didn't realize that before
pollution	pollutant
climate change	global warming
money	pay
new	replace
immediately	反义 long term
coordination	work together
online	websites
visual	see
short	not too long
student	audience 学生作为观众时
example	可能对应具体人名、具体例子
剑 14-1-4	
growth in	increasing expanding
Constant source	the source is constant
every	any
floor of the ocean	ocean floor
more than	rather than..., ...
within	in
without	no

a number of	more than 2000 具体数字
affect	disturb

Charlie 的 28 天雅思听力训练营 DAY 14

剑 14-2-1	
injured	hurt
apart from 除了…之外	but
剑 14-2-2	
building	house
construct	make
sold to 卖给…	take over …来接管
entertainment	amusement
historical	different periods in the past
talking	conversation
exhibition	display
剑 14-2-3	
surprising	amazing
old	less recent
isolated	couldn't escape stay
exact	precise
extinction	extinct
interactive	…with audience…
personal	your own
opinion	viewpoint
contact	get in touch with
make notes	write down
detailed	all
check	be sure
timing	not overrun
organize clearly 整理	followed a chronological pattern 按时间顺序…
剑 14-2-4	
culture	civilization
invent	develop
ceremony	rite
B and other A e.g. apples and other fruits	A such as B e.g. fruits such as apples
to	in order to
friendly	kindly
interpret	draw conclusion
using	based on
a number of	具体数字, 比如 24
A made up of B	divide A into B

connected with	associated with
color	red
recognize	see
value	need
invent	develop
for the first time	began to...
identify	discover
movements	travel from west to east
collated	be sent to the same place 整理

Charlie 的 28 天雅思听力训练营 DAY 15

剑 14-3-1	
cost	price
per head	per person
cost	charge
rooftop	up on the roof
complimentary	free
near	not very far from
restaurant	place to eat
剑 14-3-2	
decorating	painting and wallpapering
meals	cooking
childcare	babysitting
A boosts ...	A is valuable
employment	apply for jobs
overcome	doesn't let...stop her
physical difficulties	has difficulties walking herself
communication	express and understand
independently	...themselves
escape isolation	go out
remember past time	take...back to their youth
start a new...	try...
剑 14-3-3	
around	about
invite	ask to
play	perform
listen	play a recording
discuss	talk about
A will attend...	take A to...
unhelpful	make...difficult
suggestions	say what others should do
miss...错过	hardly ever there
health problem	...breathing difficulties
problem	difficulties
not	never
mix with	interact with
student	people
剑 14-3-4	
learn	study
a great deal of	full of
include	there is

celebrate	as a celebration of
cultural diversity	the diversity of culture
composition 作曲	music
prominent	well known
festival	concert

Charlie 的 28 天雅思听力训练营 DAY 16

剑 14-4-1	
view	see
give a speech	make a speech
while	during
eating	meal
problems	go wrong
at no extra charge	included in cost of...
extra	additional
payment	charge
not available	closed
剑 14-4-2	
down	drop
beginner	have never been...before
food	sandwiches
no charge	free
have a dip	swimming
fully booked	no places left
pay extra	反义 free
in advance	it' s no good learning it until the last minutes
cast members	performers
cutlery	knives and forks
not	instead
剑 14-4-3	
interesting	fascinating
author	writer
realize	be conscious of
value	message
convey	teach
start	have a go at
surprised	amazed
how few	how many
hard	struggle with/give up
A inspire B	A is the basis of B
original	earlier
start a new genre	the first... no...had been...before
unlikely	hardly what you' d expect for
剑 14-4-4	
large	half-tonne

structures	buildings
e.g.	for instance,
create	make
better	superior
supplies	goods
or	and

Charlie 的 28 天雅思听力训练营 DAY 17

剑 15-1-1	
not...until afternoon	in the afternoon
one	a
give you	you receive
剑 15-1-2	
longer than	years...more than
most	almost any other
more	反义 small number of
cover	include
pay	fee
at short notice 随时	in advance or at the last minute
transfer	change
view	look
provide	give
ride	take
former	used to be
剑 15-1-3	
outgoing	sociable and confident make friends easily
selfish	think the world revolves around them
independent	do things for themselves
introverted	shy
co-operative	easier to get on with please and helpful
caring	nurturing look after
oldest	eldest
success	achievement
conflicting	反义 has been proved
neglect	didn't take into consideration
extra	more
stand up for	defend
tolerant	put up with
sorry	apologize
剑 15-1-4	
importance	important
give	provide
creatures	species
A provides B	B extracted from A
construction of	making...

feed on	eat
result in the growth of...	encourage...to grow...
available to	needed by
maintain the quality	反义 affect
result in	lead to
environment	provide shades

Charlie 的 28 天雅思听力训练营 DAY 18

剑 15-2-1	
called	name
healthy food	food part of a healthy lifestyle
only	just for
make	create
lead by someone	leader
剑 15-2-2	
origin	originally 反义 later
community	people living nearby
resident	local people
lead	organize
campaign	petitions/demonstrations 游行集会
mainly	most of... 反义 occasional 偶尔
grow	plant
transformation	transforming change
剑 15-2-3	
residents	people in the city
potential new students	students considering applying to study here next year
draw attention to	shock people into doing something
social problems	people live in awful condition
well-known	most people have heard of...
education	school/learn
travel	go to USA
entertainment	amusement/theatre
law	legal
wealth	fortune/rich
medicine	medical condition
women	she
life	live...living...married...
剑 15-2-4	
main priority	primarily
the supply of	resources
majority	most of
workforce	work
crop	cereal
land	field

difficult	problem
lack of	didn' t have access to
training	learn
place	area
breed	keep… set up colonies of…
particularly	especially

Charlie 的 28 天雅思听力训练营 DAY 19

剑 15-3-1	
make	produce
attend	go to
management of	manage
attention to	take care with
minimum of	at least
剑 15-3-2	
now	at the moment
close	block off
want to	need to
slowly	at under 20 km/h
most	especially
heavy traffic	busy road
complain	unhappy
like	happy to
the most important	the biggest advantages
independence	be outside without parents
community	a big extended family
surprise	what I haven' t expected
more	go up considerably
less noise pollution	quiet
剑 15-3-3	
may	perhaps
avoid	won' t do...
剑 15-3-4	
rinse off 洗	wash off
tint 染色	color
decline in	lack of
bathing	cleanliness
contribute to	major factors
outbreak 爆发	occurrence
begin	for the first time
make A from B	turn B into A
turn...into...	become
remove	no longer

Charlie 的 28 天雅思听力训练营 DAY 20

剑 15-4-1	
normal	standard
cost	price
most satisfy with	the best thing
particularly	especially
neither satisfy nor dissatisfy with	don' t have opinion
how much	the amount
剑 15-4-2	
supervise	not to leave them on their own
only for children	反义 irrespective of their age
no payment	free
close at weekends	open from Monday to Thursday, we hope to extend this to weekends
剑 15-4-3	
keep frozen	don' t melt
commercial business	sold/cost
dispose of	dump
good value for money	not expensive
impact	effect
剑 15-4-4	
measure	use as an indication
Britain	the country
improvements	developments
and	as well as
greatly	massive
happen	take place
without	not
new sources of	new types of
leading	advanced
make	create
greater	significantly
not limited to	instead of just
better	improved
bigger	larger
persuade	persuasive

Charlie 的 28 天雅思听力训练营 DAY 21

剑 16-1-1	
create	design
build	make
tallest	highest
make	design/build
build	construct
longest bridge	bridge, the longest one
short	five-minute
剑 16-1-2	
found	set up
originally	first five years
healthcare	hospital
never	no
talk	presentation
剑 16-1-3	
research resources	books and websites
change	amend
rationale	explain the basis for...
less	not to be too
specific	precise 反义 vague
possible	potential
threat	dangerous
rapid	fast
movement	motion
color	blue, red, black
childhood	when I was little
ambiguous	confused not sure about what to do
nature	natural world
continuity	never-ending cycle
life	existence
protection	carefully...doesn't hurt it
剑 16-1-4	
A because of B	B therefore A
well known	famous
not	never
view	perspective
consider as	see as
organize	put on

ideas	theories
treatment for	treat
identify...as...	turn...into...
a lot of	considerable

Charlie 的 28 天雅思听力训练营 DAY 22

剑 16-2-1	
or	and also
name	called
change	alter
within	in
not	aren' t
correctly	properly
剑 16-2-2	
private home	family home
house	home
long	considerable
queuing	wait
menus	food/cuisine
dissatisfaction	反义 like
take	bring
daily	each day
vegetarian	don' t eat meat or fish
new	going to start/will
acting	drama
剑 16-2-3	
confused	mixed up
real	actually happened
fail to	didn' t
conclusions	answer/results
guidelines	regulations
working with	involves
剑 16-2-4	
increase	more
illness	health problems
better	improve
faster	quickly
exercise	activity
lessen	reduce
sense of	feeling of
as many as	is similar to
suffer from	with

Charlie 的 28 天雅思听力训练营 DAY 23

剑 16-3-1	
First of all	First
Is required	Have to
A change of clothing	Spare clothes
Meet	Meet up
剑 16-3-2	
Flexible	Don' t want to be stuck with...
Natural environment	Rural setting/plants and trees
Disadvantage	Challenge
Weather condition	Cold and windy
Fitness	Fit
Housing	Place to live
Increasing	反义 fewer
quiet	remote
location	area
intensive	fast-paced/work hard
fun	play hard
Chance	opportunity
quickly	rapid
promotion	make their way up the career ladder
Not permanent	12-month
travel	visit
local	In the region
accommodation	cottage/estate
剑 16-3-3	
Unaware of	didn' t know
Simple	反义 hard
A large sample	So many people
The results were what he' d predicted	反义 I hadn' t thought...
Incorrect	反义 right
Unsuitable	Weren' t accurate
Hard to understand	Confusing
Recommended	Guidelines
Changes	Modification
Content	What to include
Organization	What will go where
剑 16-3-4	
Imagine	Picture
A decade ago	During the previous decade

Be expected to	Be predicted to
Disappear	Vanish
Buying	Sales pattern
More	Increase
Equipment for knitting	Knitting equipment
Give support	Be helpful
Difficulty	Hardships
Require	Need to
Money	Financial outlay
Little	Minimal
Felt rough to touch	Are rough on the skin
Area	Regional
Their own	Difference in
Look after	Watch over

Charlie 的 28 天雅思听力训练营 DAY 24

剑 16-4-1	
Available	Free
Into	Get to
Several	Plenty of
Spaces	Room
Old bridge	Bridge, it' s the oldest...
Deadline	Last day
Payment	Money
剑 16-4-2	
Main	Significant number of people...
Concern	Complain
Satisfied	反义 poor
Increasing	change in (单向替换)
Cut	reduction
train service	public transport
widened	wider
funding	budget
unsafe	dangerous
notice	get signs up
requesting	asking/telling/warning
motorists	drivers
剑 16-4-3	
Most	Main
Important	Significant
Reduce	Cut
Improve air quality	Reduce emissions on air pollution
Reduce traffic congestion	Cut the number of cars on the road
Fitness	Physical activities
Easily	Easy to use
Loads of	A large of
Bike	Cycle
Awareness	Know/understand
Surprised	Strange
Successful	Such a demand for...
More... is required	Not enough
Investment	Spent on
Well	Good
Designed	Planning
Disappointing	Shame

剑 16-4-4	
Transport	Carry
Collect	Stock up
Establish	Set up
Suggest	Appears to be
Extremely	Very
Only	Only one
Remaining	Exist/survive
Rapid	Fast
Find	Locate
Eat	Consume
Arrival	Introduction
Farming	Agriculture
Destroy	Cut down

Charlie 的 28 天雅思听力训练营 DAY 25

剑 17-1-1	
free of ...	does not have ...
I' m afraid not	no
maintain	look after ... and make sure they are in good condition
create	install
work on	take action to
attract	encourage
types	species
replace	build a new ...
walk to	reach
it is okay for...	it is suitable for
take part (in)	participate (in)
wooden	... out of wood
cost	charge
剑 17-1-2	
either side	each side
ham	meat
tuna	fish
as	why
worker	staff
right in front of .../beside	come close to
explain	give more information
剑 17-1-3	
drive	transport
a month, two weeks	length of time
travel	transport
wasn' t easy	problem
wasn' t straightforward	having difficulty ...
deliver a baby	give birth
mostly	mainly
rear	breed
require	need
particularly	specially
easy	straightforward
expected	thought
don' t know much	little is known
dissertation	study
剑 17-1-4	
a kind of	a type of

navigate	find your way
come from	derive from
a state of	a feeling of
across many cultures	Sardinia, Scandinavia, Arizona, India, Africa
large	big
centre	middle (of it)
emotional	mental
slow	reduce ... rate
wellness	medical and health
spas	fitness settings
paper XX	XX made from paper
study	research
relief	less

Charlie 的 28 天雅思听力训练营 DAY 26

剑 17-2-1	无
剑 17-2-2	
add new rooms, demolish	changes
literary people, painter, poet	artist and writer
volunteer	people
dress up	in costume
latest	new
child-sized	mini
lunch, cake	eating
tea, coffee	drinking
agriculture	farming
tool	equipment
groom, keep...clean	look after
donkey, horse, cattle, sheep	animals
buy	shopping
tour	trip
hardly ever found	rare
剑 17-2-3	
major strength	stunning, memorable, amazing
create the right atmosphere	change the mood of the quieter scenes
assume	expect
traditional	conventional
disappointed	wasted, shame
disagreement	problem
family	teenagers and their parents
demanding	challenging
moving	intensify the emotion
understand	interpret
in many ways	in different levels
剑 17-2-4	
around	approximately
still	continually
growing	increasing
quickly	fast
identify	say
complex	complicated
not...or...	neither

Charlie 的 28 天雅思听力训练营 DAY 27

剑 17-3-1	
family holidays	holidays all the family can enjoy
quite	pretty
good, nice	good quality
well-known	famous
explore	look around
local	nearby
best	favourite
approximately	about
per day	daily
剑 17-3-2	
maximum	up to
proper meal	pasta or a casserole
varied	different
help	support
parent	parental
additional fee	extra charge
request	keep asking
haven't... until now	new
剑 17-3-3	
fresh air	outdoor
most	priority
keep...within the boundary	stay
hard	not easy
photograph	snap
schedule	timetable
in the past	last year
rain	bad weather
injury	get hurt
flexible	change...timetable...
appearance	dress up
calm, panic, crazy	emotion
think ahead	think of the future
剑 17-3-4	
bury in	hide
loss of	lost
logical	understandable
fly to	migrate
kill	shot
previously...no...	first

little was known	little information
travel	journey
incapable of	impossible
huge	vast
travel across	fly over
called	known as
print	publish

Charlie 的 28 天雅思听力训练营 DAY 28

剑 17-4-1	
throughout	every
if you need	if necessary
background check	security check
customer	client
剑 17-4-2	
don' t realise	unaware
realise	aware
equally	fairly
preferential treatment	failing...equally
the amount each customer spent	the spending per customer
training, potential, prospects	career opportunities
reward, all-expenses-paid trip, vouchers	incentives and financial benefits
partners, family	relationship
as a whole, co-operative, supportive	teamwork
剑 17-4-3	
work hard	practice
fellow students	classmates
admire	think...is brilliant
cannot be happening	disbelief
fortunate, great chance	gratitude
sweat	wet hair
rubber, wooden	material
mass production	factory
get another...	replace
make their own	produce themselves
spectators	people watching
injury	damage
剑 17-4-4	
does not	without
best	perfectly
hot	boil
large quantities of	a lot of
look	appearance
produce	make

Charlie 的 28 天雅思听力训练营 考前模拟

剑 18-1-1	
cost too high	cost so much
a lack of	doesn' t have any
剑 18-1-2	
squashed	very close together
age	how old
continuous	doesn' t end, before...during...after...
online	驳斥 face to face
financial	income
commitment	dedication, give their full energy
availability	enough hours
raise money	fundraising
creativity	original, new ideas
fitness	walk for long period, uphill
nutrition	food and diet
a good memory	not forget
experience on stage	acting, performance
剑 18-1-3	
view is blocked	hard to see
next to	beside
talking	chatting
variety	whole range of
realise	think of
how much	numerous
disagree	differ
when	till the end, now 概括和具体
appearance	how she looked
money	financial reward
openly	should have hidden
negative feeling	dislike
size	big, small 概括和具体
剑 18-1-4	
greater	more
knock down	damage
from the same family	belonging to one family
park staff	park ranger
reduce	minimise
monitor	keep an eye on
and	also
reserve	home (指动物)
opportunity	prospect

a reduction in the number of	no longer an issue, give up
increase	draw

Charlie 的 28 天雅思听力训练营 考前模拟	
剑 18-2-1	
staff	employee
specification	specific requirement
a high level of	a high standard of
qualification	certificate
start	begin
organise	sort out
once a month	every four weeks
剑 18-2-2	
reason	why
select	choose
geographical feature	steep slope
local facilities	hospital, school
agricultural	farming
worker	employee
environment	natural features, trees and wildlife
cost	price
rural	countryside
剑 18-2-3	
significant	important
social	society
impact	effect
so many	the number of
contradiction	反义 consistent
health issues	headache, respiratory issues, asthma
widespread	North Africa, North America 范围之广
long-lasting	go on so long
speed	swiftly
spread	drift
more...than any other	the most
loss of life	dying
agriculture	farming
livestock	animal
poison	sickness
young people	people under 25

snowbound, ice floating	harsh winter
mortality	death
剑 18-2-4	
man	male
item	object
larger	bigger
concern about	worry
link	tie
such as	like...
under	beneath
clothes	skirts and petticoats
women' s image	image of women
detract	have a negative effect on

Charlie 的 28 天雅思听力训练营 考前模拟	
剑 18-3-1	
must	have to
wrong	wasn' t right
feedback	what I was told
剑 18-3-2	
beside	near
animals	dear, squirrel
poisonous	deadly
colour	red 概括和具体
early	morning
can' t pick all	limited amount
building	houses
leave for a period	驳斥 as soon as possible
recipes	dishes, stir fries, risottos, pasta
剑 18-3-3	
ineffective	didn' t achieve anything
understandable	I would feel the same
fall	lower
longer	反义 shorter
more	rise
efficient	productivity
go up	increase
income	earning
boring	反义 interesting

rise	growth
redundant	be at risk
剑 18-3-4	
consisting of	made up of
transmit	send
at a given time	at a particular time
make a prediction	put forward a prediction
common	shared
one	single
create	establish

Charlie 的 28 天雅思听力训练营 考前模拟	
剑 18-4-1	
location	where
reorganise	reschedule
maintain	keep
and	at the same time
剑 18-4-2	
teaching room	room for lessons
supervise...	keep...close to you
new things	a few days old
closed	can' t visit
quiz	test, answer questions
expert	specialist
student	young people on ... courses
剑 18-4-3	
follow instructions	make sure all the steps
learn	being taught something new
have fun	play
independence	work things out oneself
competitive	want to be the best
confused	don' t get what is going on, unsure
easy	反义词 difficult
calming	settle down
steps	stages
present	introduce
剑 18-4-4	
theatre	stage musical
cinema	film

overall	general
exile	leave, no return
reside	live
house	property
collapse	the end of
along with	and
furniture made of wood	wooden furniture
look out	have the view of
as well as	also
deprived	poor
donate	give