

## Tara 老师的口语文本+音频资料

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### 旅行交通

#### 1. 交通模式

##### ① drive: to travel by car

We usually drive to Shanghai during Chinese New Year.

Today I drove to work, but I prefer to use public transport.

##### ② cycle: to travel by bicycle/bike

I generally cycle to school every day.

Cycling is really good for you.

注意:

\*动感单车一般喜欢用 spin 这个词, 和 cycle 区分。Spinning class 或者 spin class 或者 indoor cycling class, 指的是动感单车课。

I go to spin class at the gym.

Spinning is a really good way to lose weight.

\*问别人是否会骑车, 该是: Can you ride a bike? 而不是 Can you cycle?

##### ③ fly: to travel by plane

I always choose to fly when it comes to traveling internationally.

She flew all the way from Beijing to London to meet him.

It took more than two hours to get there by plane.

**The flight** took more than two hours.

It's **a two-hour flight** from X to Y.

④ **ride**: to sit on a horse, bicycle or motorbike and control it as it moves along

I love riding horses.

I love horseback riding.

Peter rides his bike to school every day.

⑤ **take**: to travel by sitting on the vehicle

I took the bus to school.

Jessica takes the subway this morning.

She took the train to go to Beijing.

⑥ **sail**: to travel by boat or ship

They spent their holiday sailing around the northern islands.

⑦ **go on foot**=walk

⑧ 上下车:

You **get on** and **get off** a bus, train, plane, bike, boat, etc. 因为你要往上踏一步才能上车

Hop on/hop off

You **get in** and **get out** of a car, or taxi. 私家车比较小，只需要钻进钻出就好。

## 2. 拓展表达:

① **to commute/a commute** 上下班、上下学通勤

I commute to work by car.

My everyday commute normally takes me 2 hours in total.

② **bus route** 公交线路

I take 102 bus route every day.

③ a bus lane 公交车道

Don't drive in the bus lane!

④ a single or a return (ticket) : 单程票、往返票

⑤ traffic jam: 交通堵塞

I'm now stuck in a traffic jam.

The main road is congested.

Bumper to bumper: 走走停停的车流

The eight o'clock traffic was bumper to bumper.

3. 相关俚语:

① I have lost my train of thought

表示: 忘了要说什么了, 和前面的内容续不上了

② That ship has sailed

表示: 已经错失机遇了

③ throw sb. under the bus

把责任转嫁给别人

It's not my fault. Don't throw me under the bus!

④ jump on the bandwagon

表示: 随大流, 跟风的行为

4. 当地旅行过程中

- visit the landmarks/ historical sites(attractions)
- try/explore the local restaurants/food
- Maybe just spend a whole day in a local café, watching the world go by, and enjoying the time in another city.
- I'd like to go to the local museums, and soak up the culture.
- I enjoy talking to the locals, not just basic things, like ordering the food, trying to get direction, or greeting each other, but something more meaningful, like the history, the cultural differences, things like that.
- I love traveling on a budget (穷游) . It's cheap, it's fun, and you will have a better chance of making new friends when you need to share the room with other travelers.
- I really enjoy a luxury holiday(vacation) as long as I can afford it. I work very hard during the year, and I save a lot. So, when it comes to traveling and holidays, I don't want to go low-profile, I just want to spend the money I make and enjoy my holiday.
- I like traveling with my friends. We can share the hotel room and all kinds of fees, and meanwhile, enjoy each other's company and take care of each other. Traveling alone is too lonely and dangerous.
- I like seeing the world by myself, and enjoy the time being alone. Traveling alone can help you explore your inner world. After the trip, you will not only know the world better, but also know yourself better.

## 5. 形容旅行城市的词汇

-Overrated/Underrated: 过誉的、被低估的

I really think Lijiang is overrated. It's too touristy.

-Touristy: 商业化游客化的

-Lively/vibrant/exciting: 很有活力的

-Scenic: 风景优美的

-Secluded: 与世隔绝的 (褒义)

“We say that an area is secluded if it's isolated or away from too many other people, especially tourists and travelers. So, if you're looking for a secluded town to spend a weekend, it's probably because you need some quiet time away from noise, people, or the hustle and bustle of the city. And because it might not be very lively or offer much to do, a secluded town or village tends to be better for traveling on a budget.”

-Unspoiled: 天然未开发的

“If you're a traveler looking for an unspoiled place to visit, it means you're looking for a place with a lot of nature, and you're not interested in a city with a lot of urban development. If you like to take photos, you probably love an unspoiled landscape that feels untouched by people.”

She's looking for an unspoiled area where she can connect with nature.

-Hectic/bustling/busy: 繁忙喧嚣的 (往往指的是大城市)

休闲娱乐 打发无聊时间

What are leisure activities?

Things that you do in you free/spare time, when you are not working/studying.

① kill time 打发时间

I normally go to the bars to kill time after work.

② hang around 四处转悠 打发时间

I normally hang around the bars in my free time.

③ pass the time

We played games to pass the time on the bus.

④ amuse oneself

It's not that easy to amuse oneself during holidays especially when you don't have a lot of money.

⑤ kick back with sb.

I love going to a local bar, kicking back with friends and enjoying the appetizing food and cold drinks.

⑥ while(消磨消遣 v.) away the time (注意 比较文邹邹, 偏老旧, 可以只看不记)

I had 10 hours to wait in London, so I whiled away the time browsing around the city.

We used to while away the hours on rainy days drawing pictures.

Outdoor activity/ indoor activity/ physical activity

I'm very outdoorsy. / I'm an outdoor person. 我很喜欢户外。

I'm very indoorsy and homey./ I'm an indoor person. 我很宅的。

I'm a couch potato.

I like/ enjoy/ love/ prefer doing...

I'm into doing...

I'm keen on doing...

**I'm passionate about doing...**

**Go to the movies (看电影) ; Check Facebook (翻看脸书) ; Watch Youtube videos (看油管视频) ; Surf the web (上网) ; Check the news (查看新闻) ; Watch soap operas (看电视剧) ; Play video games (打游戏) ; Spend time with family (陪伴家人) ; Play an instrument (弹乐器) ; Play with your children (陪孩子玩儿) ; Go out with your children (带孩子出去) ; Listen to music (听音乐) ; Go dancing (去跳舞) ; Go to the park (去公园) ; Go to the gym (去健身) ; Go to concerts (去音乐会) ; Play a sport (体育锻炼) ; Go shopping (去逛街) ; Go out for a coffee (出去喝一杯咖啡) ; Hang out with friends (和朋友见面) ;**

**更多:**

**cook, knit, garden(have a green thumb), paint/draw, sing, read, hike, jog, (do/practise) yoga, photography, bake (have a sweet tooth), play pool, play board games, go bowling,...**