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With the increased quality of living standard and the advancement of technology, many people today have longer lives than before. While this may cause some problems, and society need to takes some measures to solve these problems.

Population has increased rapidly, while governments have to spend more money in taking care of elder and do not have enough money for economy. People can gain pension after retirement. Because of this, governments have difficulty in financing items to improve economy. For example, many young adults do not have access to further education, because governments lack money to fund education and some researches. This would reduce the productions and compromise competitiveness of a county's products, having a negative effect on economy.

With the increasing proportion of elder, the demand of hospital services will rise as they are likely to suffer some diseases with ages, such as heart disease and memory decay. As a result, governments have to build more medical facilities and rest houses to look after these elderly people, helping them solve medical problems. In this way, other age groups are not able to acquire convincing medical services.

Governments can do two things to solve these problems. Firstly, governments can raise statutory retirement age so that people need to work until 70, and therefore, they can be self-sufficient instead of relying on pensions from

governments. Furthermore, governments should develop people's habits of saving money. Thus, elderly people can afford part of medical fees and accommodations, thereby reducing the burden of society.

In conclusion, ageing populations can bring challenges for countries, governments should encourage people to delay retirement.