

注意：99句练习的目的是帮助大家提升语感、词汇、句型、发音等，并非是在考场上必须原句使用。在考试中，如果某个词、句型、句子自然脱口而出，很好。但是，不要逼迫自己必须说某个背过的句子。有时，在不合适的地方说出某个句子，反倒会导致整体回答很奇怪。

## 超王牌句型

### 1.

#### ➤ what I think is that ...

1. **What I think is that** as Chinese people become wealthier and wealthier, we tend to travel more and more.
2. **What I think is that** being trustworthy is the most important quality in a friend.
3. **What I think is that** being a good listener is key to making others like you.

as 随着  
wealthy=rich=affluent 富裕的  
tend to 常常，往往  
trustworthy 值得信赖的  
key to sth/doing sth ...的关键

### 2.

#### ➤ what I like (the most) about sth is that ...

4. **What I like about** living in the city **is that** I can have easy access to places like malls, cinemas and amusement parks.
5. **What some people like about** growing plants **is that** it's a form of escapism for them.
6. **What I like the most about** my parents **is that** they never fail to offer me good advice.

have easy access to ... 容易获得/使用...  
amusement park 游乐园  
form of escapism 消遣方式，逃避现实的方式  
never fail to do sth 总是会...

### 3.

#### ➤ what's great about sth is that ...

7. **What's great about** working from home **is that** people can save valuable time that would otherwise be spent on commuting.
8. **What's great about** festivals **is that** they give us opportunities to meet up with friends and relatives that we haven't seen for some time.
9. **What's great about** being young **is that** we're not afraid to make mistakes; we can always learn and improve.

*work from home* 在家里工作  
*valuable* 有价值的, 宝贵的  
*otherwise* 不然的话  
*commute n./v.* 通勤/乘坐交通工具上下班

#### 4.

➤ ***I don't suppose I could go a day without sth*** 我一天都不能没有...

10. ***I don't suppose I could go a day without*** reading a few pages of a book.  
11. Cooking is therapeutic for me; ***I don't suppose I could go a day without*** spending some time in my kitchen.  
12. The Internet is part and parcel of my life now; ***I don't suppose I could go a day without*** it.

*therapeutic* 治愈的, 令人放松的  
*part and parcel of ...* ...的重要组成部分

#### 5.

➤ ***there's no doubt/denying that ...*** 毋庸置疑/不可否认

13. ***There's no denying that*** young people tend to follow the latest trends more than their parents or grandparents.  
14. ***There's no doubt that*** speaking English fluently in this day and age gives us a leg up in the job market.  
15. ***There's no doubt that*** no one likes bossy managers. We hate them, even if we don't say anything.  
16. ***There's no denying that*** Chinese people generally live a faster pace of life than people from many other countries.

*follow the latest trends* 赶时髦  
*fluently* 流利地  
*in this day and age* 在当今  
*give sb a leg up* 让某人有优势  
*bossy* 爱发号施令的, 好指挥人的  
*pace of life* 生活节奏

#### 6.

➤ ***it's important/necessary/difficult ... (for sb) to ...***

17. ***It's incredibly important for*** students ***to*** learn about environmental protection at school seeing as our environment is in jeopardy now.  
18. Life was hard back in the day; ***it was extremely difficult for*** my grandparents ***to*** make ends meet.  
19. ***It's necessary for*** parents ***to*** encourage children to engage in physical activity from a young age.

20. **It's difficult to** learn anything without motivation, so we need to ask ourselves why we want to learn something before taking it up.

*incredibly* 难以置信地, 非常  
*seeing as* 鉴于, 由于  
*in jeopardy* 处于危险状态  
*back in the day* 在曾经  
*make ends meet* 收支相抵, 有钱花  
*engage in ...* 参加...  
*physical activity* 运动活动  
*from a young age* 从很小的年纪  
*motivation* 动力  
*take up sth, take sth up* 开始做...

## 7.

➤ **it's not uncommon for sb to do sth** 表示普遍

21. It's not uncommon for children to be distracted by video games and not pay enough attention to their studies.
22. It's not uncommon for adults to look back on their childhoods and think that they were happier then.
23. It's not uncommon for youngsters to consider themselves global citizens with globalization in full swing.

*be distracted* 被干扰, 使分心  
*pay attention to ...* 关注...  
*look back on ...* 回顾, 回看...  
*global citizen* 世界公民  
*globalization* 全球化  
*in full swing* 如火如荼地进行

## 8.

➤ **whenever .../no matter when ...** 无论何时...

➤ **wherever .../no matter where ...** 无论何地...

24. **No matter where** you go, you can see people reading on their electronic devices. Paper books seem to be behind the times now.
25. **No matter when** you go to the Great Wall, you will find that it's overcrowded.
26. **Whenever** you drive somewhere, you will most likely be stuck in traffic for a while. Our traffic is a nightmare.
27. We are bombarded with advertisements every day now; **wherever you go**, you see tons of them.

*electronic device* 电子产品

*behind the times* 过时  
*overcrowded* 超级拥挤的  
*most likely* 很可能  
*be stuck in traffic* 堵在路上  
*nightmare* 噩梦  
*be bombarded with ...* 面对大量的...  
*tons of ...* 很多...

## 9.

### ➤ **sth is considered (to be) ...被认为...**

28. Time management ***is considered to be*** one of the most important skills that we need to learn today.
29. Being a civil servant has always ***been considered to be*** a job that provides security for life. This perception is gradually changing though.
30. In China, Art ***is considered*** a less important subject than math, Chinese and English.
31. Jiaozi, also known as Chinese dumplings, ***is considered*** the most important food in Chinese culture.

*time management* 时间管理  
*civil servant* 公务员  
*security* (工作) 安全感  
*perception* 看法  
*gradually* 逐渐  
*though* 但是 (放在句尾)

## 10.

### ➤ **sth plays a crucial/vital/an essential role in ... ...在...中扮演重要角色**

32. Food ***plays a crucial role in*** many events. It's always at the core of social interactions.
33. Eating a balanced diet ***plays a vital role in*** trying to live a healthy life.
34. Exams ***play an essential role in*** our education system. This has to change.

*event* 活动  
*at the core of ...* 在...的中心位置  
*social interaction* 社交互动  
*a balanced diet* 平衡的饮食

## 11.

### ➤ **I can't emphasize enough the importance of sth 强调重要性**

35. ***I can't emphasize enough the importance of*** team sports for children; they allow children to take exercise and learn teamwork at the same time.
36. ***I can't emphasize enough the importance of*** reading; we always have to acquire new

knowledge and improve ourselves.

37. **I can't emphasize enough the importance of** honesty. You know what they say, "Honesty is the best policy".

*allow sb to do sth* 使...能够...

*acquire knowledge* 获得/学习知识

*you know what they say* 用来引出谚语

*Honesty is the best policy* 诚实为上策

## 12.

➤ **have a positive/negative/adverse effect/impact on sth** 对...产生积极/消极/不利影响

38. Watching or reading too much negative news certainly **has a negative impact on** people; they will likely think that the world is full of bad people and their lives are in danger too.

39. Generally, the computer has **had a positive effect on** our society. After all, our life is a lot more convenient than before.

40. Toy weapons can **have an adverse effect on** children and might encourage them to be more violent.

41. Having poorly trained waiters and waitresses absolutely **has an adverse effect on** the reputation of a restaurant.

*likely* 可能

*in danger* 有危险, 在危险中

*after all* 毕竟

*violent* 有暴力倾向的

*poorly trained* 没有培训好的

*reputation* 名声, 声望

## 13.

➤ **take its toll on ...对...产生严重后果/有危害**

42. It's okay if we stay up very late once in a while, but if we're always sleep-deprived, it will absolutely **take its toll on** our health.

43. We have developed so fast with no regard for the environment. Now our past actions are beginning to **take its toll**.

44. Playing video games too much will **take its toll on** students' academic performance.

*stay up late* 熬夜到很晚

*once in a while* 偶尔, 有时

*sleep-deprived* 睡眠匮乏的

*with no regard for ...* 不顾...

*past actions* 过去的行为

*academic performance* 学习, 学习表现

14.

➤ **bring ... closer together** 拉近...的距离

45. One advantage of traveling is that it brings family members or friends closer together.
46. I think music brings people from all over the world closer together; we may speak different languages, but we all understand music.
47. Doing housework with our family members brings us closer together. It's indeed a good bonding opportunity.
48. Our trip to Thailand helped to bring us closer together; my family became more tight-knit after the trip.

*a bonding opportunity* 一个促进感情的机会  
*tight-knit* 紧密的

15.

➤ **so that .../in order to ...** 表示目的

49. Most people like to live near bus stations or subway stations so that getting around a city is not too much trouble.
50. It's wise to seek advice from others so that we can make informed decisions.
51. Some young people volunteer to work overtime in order to earn more money. I hope they don't get too burned out because of this.
52. In order to motivate children to study harder, some parents give them money as a reward. I don't like this approach.

*get around ...* 到处去...  
*wise* 智慧的  
*seek advice* 寻求建议  
*make informed decisions* 做出明智的决定  
*volunteer* 自愿  
*work overtime* 加班  
*burned out* 精疲力竭的  
*motivate sb* 激励...  
*approach* 方法

16.

➤ **get a better understanding of sth/give sb a better understanding of sth** 更多地了解...

53. Learning history allows us to get a better understanding of who we are and where we come from.
54. Traveling is educational; we can get a better understanding of other cultures, traditions and lifestyles.
55. This book gives people a better understanding of how Chinese culture is different from that of the west.

56. This website is fascinating; it gives me a better understanding of how a trend starts and spreads.

*educational* 有教育意义的  
*fascinating* 精彩的, 有吸引力的  
*trend* 流行趋势

17.

➤ **have no choice but to do sth 不得不...**

57. From time to time, if I have a deadline to meet, I just have no choice but to stay up very late.

58. I usually take the bus to work, but sometimes, if there's a heavy downpour and it's hard for me to walk to the bus station, I just have no choice but to call a cab.

59. Most students don't like learning history. They have no choice but to pay attention in class simply in order to do well on the exam.

*from time to time* 偶尔, 有时  
*meet a deadline* 在截止日期前做完工作  
*a heavy downpour* 倾盆大雨  
*cab=taxi*  
*on the exam=in the exam*

18.

➤ **... have/has ... over the last ... years/decades**

60. People in China have placed more and more emphasis on environmental protection over the last ten years.

61. My hometown has changed significantly over the last two decades.

62. I have read three books over the last month and I've shared them all with my friends.

*place emphasis on ...* 强调..., 认为...很重要

19.

➤ **... is becoming increasingly/more and more ...**

63. Chinese people are becoming increasingly fashion-conscious and you can see this trend through the large number of trendy-looking people on the streets.

64. The job market is becoming more and more competitive and it's increasingly hard for university graduates to secure high-paying jobs.

65. Collecting antiques is becoming increasingly popular now, especially with the younger generation.

*fashion-conscious* 注重时尚的  
*trendy-looking* 看起来时尚的

*competitive* 充满竞争的  
*university graduates* 大学毕业生  
*secure a job* 成功获得一份工作  
*high-paying* 高薪的  
*antique* 古董

20.

➤ **there will probably/definitely be ... who/which/that/doing ...**

66. **There will probably be** more and more people in the future **who** will just give virtual gifts to others, without even seeing each other in person.
67. **There will definitely be** fewer and fewer people **who** will still consider TV as their main source of information.
68. **There will probably be** some parks **floating** in the sky for people to hang out at as space on the ground will be more and more limited.

*virtual* 虚拟的  
*in person* 当面  
*source of information* 信息来源  
*float v.* 飘浮  
*hang out at/in a park* 在一个公园里待着/玩  
*as* 因为, 由于

21.

➤ **raise people's awareness of ... 提升人们对于...的认识/意识**

69. The first step to resolving the problem of climate change is to **raise people's awareness of** the gravity of it.
70. People read less and less now, and it's becoming increasingly difficult for us to tell right from wrong. We have to **raise people's awareness of** this problem.
71. I think it's crucial that we try to **raise parents' awareness of** the importance of spending time with their children.

*the first step to sth/doing sth ...* 的第一步  
*resolve the problem* 解决问题  
*gravity* 严重性  
*tell right from wrong* 明辨是非