

How much TV do you watch?

Um... not that much, to be honest with you. I mean, I occasionally watch a sports game on TV, if it's a team that I like, but um... that's pretty much it! You know, most things now I just watch on my laptop or iPad.

that's pretty much it - 差不多

2. What's your favourite TV program?

I'm not really that sure, but off the top of my head, I'd say it's probably Kuaile Da Benying, which I guess you could translate as Happy Camp. And it's basically a kind of entertainment show where they invite celebrities on and play games and stuff with them. And I suppose the reason I like it so much is that it always makes me laugh whenever I watch it.

off the top of my head - 不经过仔细思考

3. Did you watch much TV when you were a child?

No I wouldn't say I did, because I spent most of the time either doing homework or playing with my friends. And my parents kind of discouraged me from watching it as well, cos they didn't think it was good for me.

Or:

Yeah, I did watch a fair amount, mainly cartoons! And I guess it's because I didn't have any brothers or sisters to play with at home, so there wasn't that much to do apart from watch TV.

A fair amount – quite a lot

4. What types of programs did you watch when you were a child?

I suppose it was mainly just cartoons, so I was no different from any other child in this respect. You know, as a child, cartoons are the most fun programs to watch and also the easiest to understand, and that's really why I watched them the most.

In this respect - in this aspect (在这方面)

5. Do you think television has changed in the past few decades?

Um...yeah, I would say that it's changed quite a lot. I mean, to begin with, in the past, there used to be only a limited variety of programs, whereas nowadays, there is a much wider range of things on TV, such as talent shows, dating shows and stuff like that. So that's one thing, and another obvious change is that TV programs nowadays are pretty much all in colour, whereas in the past they used to all be in black and white. So yeah it's changed quite a bit.

Quite a bit = quite a lot

6. Has television changed your life in any way?

Yeah, I suppose it has, mainly in terms of the entertainment it's provided. In other words, the programs I've watched have brought quite a lot of enjoyment to me. And so without TV, I guess my life wouldn't have been as fun.