

观点 1: Well, normally people **wear uniforms** in the workplace.

原因: This normally shows that the company has **a strict dress code** and employees are well-trained.

举例: For example, **uniformed staff** may understand how to communicate with clients **in a friendly manner**.

观点 2: Also, it is necessary to **dress formally in formal settings**.

原因: When people **dress up**, it'll **present a professional image**.

举例: People who **wear formal dresses** would be more conscious of their images; they **attend meetings on time** and communicate with others **in a formal way**.

对比: In contrast, people who **dress casually** may not pay attention to **social rules and business etiquette**, and other people may feel uncomfortable.

文化和价值次话题 3: 注重事业和工作, 还是注重家庭生活和劳逸结合

这也是雅思作文和口语频繁考查的话题。为什么现在大家那么忙? 为什么现在大家很少和家人聚在一起? 为什么现在大家喜欢自己住? 为什么大家晚婚? 为什么家庭越来越小? 等等。

主要原因就是现代人非常看重工作, 工作时间变长, 压力增大, 而花在家庭上的时间越来越少。

百搭观点

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|----------------------|-----------------------|
| A 物价飞涨 | B 城市生活费用很高 |
| C 大家现在喜欢买奢侈品, 变得很物质 | D 失业率高 |
| E 经济波动大 | F 人们对个人成就的追求提升了 |
| G 电话和网络让人们在下班时间也可以工作 | H 缺乏时间管理能力, 而且还经常犯拖延症 |
- 都导致人们越来越忙, 工作时间变长, 忘记了家庭生活。

Stress 的相关词伙

- | | |
|--|--------------------------------|
| 1. economic pressure 经济压力 | 2. financial difficulties 经济困难 |
| 3. combine work and family commitments 协调好工作和家庭之间的关系 | |
| 4. work commitments 工作投入 | 5. a tight schedule 时间很紧 |
| 6. find time 找到时间 | |
| 7. put a severe strain on 对……施加更大的压力 | |
| 8. reduce stress 减少压力 | 9. cope with stress 应付压力 |
| 10. a source of stress 压力的来源 | 11. feel stressed 感到压力 |
| 12. feel relaxed 感到轻松 | |

口语 Part 3 练习题目

Why do many people today fail to achieve a work-life balance?

STEP 1: 大家先看着中文思路自己回答一次;

STEP 2: 然后使用词伙再回答一次。