undoubtedly 毋庸置疑

I didn’t see this coming 我没想到会有这个

question 质疑

educational 有教育意义的

relaxing 令人放松的

enjoyable 令人愉快的

on a daily basis 每天

allow sb to do sth 使某人能够...

gain a better understanding of ... 更多地了解...

various fields/areas 不同的领域

in my case 拿我自己来说

know more about our past 更多了解我们的过去

get a sense of ... 了解...

think in a similar way 基本也是这么想的