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第五套 Part2

(简单版非串联)

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其实外国人在生活中有一些常用的口头上的表达，看起来很奇怪但实际并没有错的，国内老师也不会懂这些。所以呀！如果你觉得素材有错，我们是非常欢迎您来询问我们滴！千万不要觉得不好意思哦！下面举两个例子：

“Anna is two years my elder.” 安娜比我大两岁。“She is four months my younger” 她比我小四个月。

这是一种比较现代的说法，当然我们平时都会讲 “ Anna is two years older than me” 和 “ She is four months younger than me.” 但其实外国人都会用前者多一些的。

“the majority of the girls were content discussing about how handsome or how affluent their boyfriends were.” 女孩子们都在热烈地讨论他们的男朋友有多帅。

这是现代英语的另一个特征，就是外国人在口头上都常常会省略掉介词。这里就把 were content with discussing 的 with 去掉了。这在口语上是完全没问题的，但大家在写作中就尽量避免哦。

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1: 喜欢穿的衣服

Describe a piece of clothing that you enjoy wearing most.

You should say:

What it looks like

How often you wear it

When and where you got it

and explain why you enjoy wearing this piece of clothing so much.

I have a particular piece of clothing which I enjoy wearing as it is very special to me. It is a woollen sweater which my grandmother knitted it for me, and so cannot be found in any old store. She knitted the sweater for me when I was a very young child. It is red with fine stitching and there are some special patterns embroidered on the sleeves.

When I was a child, the sweater was far too large for me, as my grandmother knew it would last a long time and that I would grow into it. My parents used to laugh a lot at how silly I looked with this huge sweater on. Everywhere I would walk, my sleeves would drag behind me because they were too long. I used to laugh as well, so this sweater always fills me with joy whenever I wear it. Nowadays, it fits me well and I wear it almost every day in winter until it becomes too warm to do so.

I enjoy wearing this sweater so much because it is very warm and well made by my grandmother. It has protected me from the cold for many winters, and I am sure it will continue to do so for many more to come. Furthermore, whenever I wear the sweater, I think of my grandmother whom I love very much. I think clothing is far more special when it has been given to you as a gift from a loved one, and even more special when they have made that gift themselves. My one regret is that I have put on some weight recently and the sweater doesn't fit me so well anymore.

中文思路:

我有一件特别喜欢穿的衣服，它对我来说很特别。这是一件羊毛衫，它不是买来的，是奶奶给我织的。奶奶在我很小的时候就为我织了这件毛衣，是一件织得很好的红色毛衣。袖子上还有一些特别的花纹。

当我还是个孩子的时候，这件毛衣对我来说是非常大的，因为我的祖母知道它会穿很长时间，而且我会长大。我父母过去常常嘲笑我穿这件大毛衣看起来有多傻。无论走到哪里，我的袖子总是拖在身后，因为它们太长了。我过去也经常笑，所以每当我穿这件毛衣的时候，它总是让我充满喜悦。现在它非常合身，我几乎每天冬天都穿，直到天气变得太热而不能穿为止。

我很喜欢穿这件毛衣，因为它很暖和，而且是我祖母做的。它已经保护我在许多冬天免受寒冷，我相信它在未来会继续这样。此外，每当我穿上毛衣都会想起祖母，我非常爱她。我认为当你所爱的人把衣服作为礼物送给你时，它会显得特别得多，而当他们自己亲手做了这件礼物时，它会显得更加特别。我唯一的遗憾是最近体重增加了，这件毛衣不太合身了。

2: 玩过的游戏

Describe a game you enjoyed playing when you were younger.

You should say:

What it was

Where you played it

Who you played this game with

And explain why you enjoyed playing this game.

Well, a game I just loved to play in my childhood, just so happens to be basketball. I grew up playing basketball at the school courts-when I was in junior high. I used to play every weekend with my best classmates in our school's sports stadium. Usually, we would form groups of around 12 people that wanted to play - so 5 or 6 people on each team. To make the games shorter, we liked to play "first to 20 points". Basically, this means that the first team to hit 20 points won the game. Then, we would just start again from zero, and keep going like this until our time had run out.

I love playing basketball because it's just a great way to relax, and a good workout too! I feel accomplished whenever I break through the opponent's defense or make perfect shots. Basketball is very popular, so it helps me to quickly fit into new environments. I often got familiar with my schoolmates by playing basketball at a new school.

I have been under pressure recently to graduate and further my education, and nowadays only have a little time to play basketball. But I am still keen on it and will continue playing when possible.

中文思路:

小时候我最喜欢的游戏就是篮球。篮球伴随着我长大，我经常在学校的球场上打篮球。后来上了初中，每个周末我都和我的同学去我们学校的体育馆里面打球。通常我们有 12 个人左右，所以每队有 5 到 6 个人。为了缩短比赛时间，我们定下了规则是先得到 20 分的胜利。然后，我们从 0 开始，一直这样，直到时间耗尽。

我喜欢打篮球，是因为这是一种放松的好方法，也是一种很好的锻炼方式！当我在运动场上突破对手的防守，投篮命中的时候，我会非常有成就感。同时，篮球作为一种接受度高的游戏，能帮我快速融入新环境。每当我来到新的学校，篮球这种团队游戏会让我和其他同学迅速熟悉起来。

最近几年，我已经很少打篮球了。毕业和升学的压力让我把更多精力投入到了学习中。但我始终觉得自己对于篮球的热情并没有减少，未来有机会的话，我还是会继续打球的。

3: 让你失望的电影

Describe a film you saw recently that you found disappointing.

You should say:

What kind of film it was

What it was about

Why you decided to watch this film

And explain why you found this film disappointing.

During my winter holiday, I watched the movie La La Land as my roommate Anna had recommended it to me. According to her, it was such a moving story that she burst into tears several times while watching it. I googled it and learned that the film had received a lot of Oscar nominations and won many awards. I quickly downloaded it to watch, but it came as a disappointment to me. I can't understand how Anna grew so fond of it.

La La Land is a romance movie which follows an ordinary waitress at a cafe who dreams of becoming an actress. Later, she comes across the hero of the story, and the two have good on-screen chemistry between them. However, as their relationship becomes complicated due to their personal ambitions, they ultimately go their separate ways, sacrificing their love for their dreams.

I admit that it's a touching love story, but in my opinion, it was more a musical than a movie. What disappoints me most is that it was made with too much music and dancing. The filmmakers tried to replace dialogue with dances and music in order to better express what the protagonists wanted to say. Unfortunately, this kind of art is totally beyond my comprehension. Every time the music started playing, I quickly grew bored and annoyed. La La Land might be a good movie for some, but not for me.

中文思路:

就在放寒假的时候，我在舍友 Anna 的推荐下看了《爱乐之城》。我舍友说这部电影实在是太好看太感人了，她看电影的过程中不由自主的哭了好几次。我上网查了查，发现这部电影拿了好多奥斯卡奖。于是我迅速下载了这部电影，但看完之后我对它有点失望。我不理解为什么 Anna 这么喜欢这部电影。

爱乐之城是一部爱情片，电影的女主人公是个普通的咖啡店员工，但一直尝试成为一名演员。在这个过程中她认识了男主，两个人迅速相爱了。由于爱情和梦想无法兼顾，他们最终成就了自己的梦想，但却没有走到最后。

我承认这是个动人的爱情故事，但在我看来，它更像是一部音乐剧。令我失望的点在于电影中掺杂了太多的音乐和舞蹈。这部电影尝试用舞蹈和音乐来代替语言，从而呈现出主角想表达的意思。但很遗憾，我完全不能理解这种艺术手法。每当音乐响起的时候，我就会感到无聊和厌倦。爱乐之城是一部好电影，只是不太适合我而已。

4-1: 有用的发明

Describe an invention which is very useful in your daily life.

You should say:

What it is

What you use it for

Is it easy to use

And explain why it is very useful in your daily life.

I think air conditioning is one of the world's greatest inventions. I live in the south of China, and it gets very hot in the summertime! I keep the air conditioning running for more than two-thirds of the year, or else I would easily become irritated and impatient.

The main function of the air conditioner is, of course, to cool down the room. No matter how sweltering it is outside, as long as the air conditioner is turned on, the indoor temperature will remain at about 26 degrees, which is the most suitable temperature for the human body. It is very easy to use an air conditioner. All I need to do is to press its switch, and then the temperature in the room will drop quickly.

Many of the older generations think that it is unhealthy and uncomfortable to stay long in an air-conditioned room. They probably prefer electric fans. However, many young people, myself among them, consider air-conditioning as a vital item that we couldn't live without. I can still remember that one night when the power went out and I was awakened by the heat and could not fall asleep again. The only thing I could do was to take a cold shower and stand out on the balcony for the breeze.

Nowadays, air-conditioning makes our working and living environment more comfortable. Food factories need low temperature environments to ensure the freshness of food, and to avoid affecting its shelf life. In the office, air-conditioning makes employees more efficient. Air-conditioning may seem mundane, but it is no doubt one of the most useful inventions in our daily life.

中文思路:

我认为空调是一项对世界极其有利的发明。我生活在南方，那里的夏天实在是太热了！一年超过三分之二的时间，我都需要使用它。不然我会热的无法思考。

空调的主要作用当然是降温，他能让炎热的夏天变得凉爽起来。无论外面有多热，只要打开空调，室内就会保持在 26 度，这是最适合人体的温度。空调使用起来非常方便，我只需要按下开关，大约十分钟后，屋里的温度就会立刻降下来。

很多老一辈觉得一直吹空调是不健康而且不舒服的，相比之下他们更喜欢风扇。但在我们年轻人眼里，如果离开了空调，我想我的生活将会无法继续下去。我记得有一次半夜停电，我在睡梦中被热醒，然后再也没有睡着。我只能去洗个冷水澡，然后站在阳台上吹风。

空调让我们工作，生活的环境变得更舒适。如果一间食品加工厂无法控制车间的温度，那它就无法生产出合格的食物。在办公室中，空调使得员工的工作效率更高。空调看起来再平凡不过，但不可否认它是我们生活中最有用的发明之一。

4-2: 有用的发明

Describe an invention which is very useful in your daily life.

You should say:

What it is

What you use it for

Is it easy to use

And explain why it is very useful in your daily life.

Smart phones are the most useful invention in my daily life. The availability of smart phones has fundamentally changed people's lives. When I was a kid, cellphones were just a single-function communication device with which people made phone calls to contact their relatives living far away. Today's cellphones, however, are not only a tool for communication, but more importantly, they are our mobile assistants. With a smartphone, we don't even have to carry our wallets with us anymore.

Smartphones are very intuitive to use. Even older people have also gradually accepted the conveniences brought by smartphones. My mother, for example, has learned not only how to watch videos and news coverage on her phone, but also how to make payments via WeChat with my guidance.

Smart phones are pushing the world in a more advanced direction from all angles. If you ask me what the most indispensable thing in my life is, I would unhesitatingly tell you it is my cellphone. In the old days, we had to subscribe to newspapers if we wanted to read the news, turn on the TV to watch videos, and carry a camera when we traveled. Now, the only thing we need to carry is a smart phone, because it offers all of the above in one device. Smartphones have made communications throughout the world unprecedentedly efficient, which is how they have changed it for the better.

中文翻译:

智能手机是我心目中最有用的发明。在有了智能手机之后，人们的生活发生了巨大的变化。在我小的时候，手机只是单一的通讯工具，人们用手机打电话，和远方的亲人取得联系。但现在手机不仅是通讯工具，更是我们的移动管家。有了手机甚至出门连钱包都不用带。

智能手机使用起来非常方便。即使是学习能力较差的老年人，也在逐渐接受智能手机带来的便利。比如我妈妈，在我的影响下，她现在不仅会用手机看视频和新闻，甚至还会使用微信支付。

智能手机正在全方位的让这个世界朝着更先进的方向发展。如果你要问我生活中最离不开的东西是什么，那一定是我的手机。以前我们看新闻需要订阅报纸，看视频需要打开电视，出门旅行需要携带照相机。但是现在，只需要一部智能手机，以上的所有都可以被代替。智能手机让整个世界的沟通与交流前所未有的高效，正是这个高效，改变了世界。

4-3: 有用的发明

Describe an invention which is very useful in your daily life.

You should say:

What it is

What you use it for

Is it easy to use

And explain why it is very useful in your daily life.

In my view, the automobile is the greatest invention of modern history. Its emergence has changed people's lives. Since I have had a car, I have been able to get to wherever I want to go in the shortest time possible.

My car helps me do a lot of things. If I want to take a long-distance trip on holiday, driving myself is the best option. I can drive to public parks or resorts with my family and friends. Many beautiful scenic spots are far away from the city, so they are hard to reach without a car. In addition, it can also help me transport goods. If I need to move house or go shopping in the supermarket, a car will make it easy.

Driving a car is simple so long as one has attended the necessary lessons and has been awarded their license. A significant proportion of young people put their first salary following their graduation towards the acquisition of their dream car. It is no doubt also true that some wealthy middle-aged people, such as business owners or executives, will decide to purchase a luxury car with their immense savings. This perfectly demonstrates the popular appeal of cars across different ages groups.

Cars have made my life easier and improved my quality of life. The basic function of a car is to serve as my means of transportation. Compared to public transportation, I save a lot of time by avoiding the hassle of waiting for buses or trains. Having a private car also boosts my self-image, helping me to be more confident in my daily life.

中文思路:

我认为汽车是近代史上最伟大的发明，它的出现改变了人们的生活。自从我有了汽车，我能用最短的时间到达我想去的地方。

汽车可以帮我做很多事。假如我想在假期进行一场长途旅行，自驾就是最好的选择。我可以和我的家人朋友一起，开车去郊外的公园或度假村。很多美景都在远离城市的地方，没有汽车是很难到达的。另外，汽车还可以帮助我运输货物，如果我需要搬家或者去超市采购，一辆汽车会让这件事变得非常简单。

汽车非常容易使用，我只需要取得一张合法的驾照就可以开车了。很多年轻人毕业后赚到的第一桶金，都是用来买一辆自己的梦中情车。当然，一些有实力的中年人，比如企业老板或者高管，他们会选择用很多钱买一辆豪华汽车。这足以说明汽车在不同年龄段的人群中都很受欢迎。

汽车方便了我的生活，也提高了我的生活品质，汽车最基本的功能就是作为我的代步工具，相比公共交通公路，我省去了许多倒车，等车的时间。私家车还增加了我的自信，会促进我更积极的工作。

5: 印象深刻的汽车旅行

Describe a car journey you made that you remember well.

You should say:

When it was

Who was with you

How long the journey took

and explain why you remember this car journey so well.

On a recent week, I decided to drive to Mawei Island with my family on vacation. Every one of us has been very enthusiastic about this trip because we haven't been able to travel for a long time due to the strict policy of COVID-19.

Though I just got my driver license several months ago, I had a knack for driving. It took us almost four hours to drive from Guangzhou to Mawei Island. When we looked up to the sky, we saw a rainbow, a masterpiece of rain and the sun. We stopped and took pictures along the way because it was so different from the urban scene. I think that's the fun of a car journey. We can arrange our own schedule and stop at any time to see the scenery alongside. Copyright by Anxiaoya.

In the late afternoon, we reached the top of a hill on the island and wanted to enjoy the sunset. The scene was delightful and beautiful! The sky slowly changed from blue to red then purple. I could not stop taking lots of pictures while watching the marvelous and fascinating sky. We only had one night on Mawei Island since my parents couldn't take a long vacation, but it was an unforgettable memory for us even though it was so short. We left the next afternoon.

中文思路:

不久前的周末,我决定和家人开车去马尾岛度假。因为疫情的原因,我的家人已经很久没有出去旅行了。大家都对这次旅行充满了期待。

虽然我几个月前才拿到驾照,但我已经很会开车了,从广州开车到马尾岛花了我们将近四个小时。当我们沿着公路驶向岛上的山丘时,雨停了一会儿,太阳又出来了。就在这时,我抬头看到了彩虹,这是雨和太阳的杰作。因为近些年空气污染严重,能看到彩虹真的是一件很幸运的事。我们沿途不停的停下车拍照,因为一路上有和城市截然不同的风情。我认为这就是汽车旅行的乐趣。我们可以安排自己的行程,随时停下来看看旁边的风景。

傍晚时分,我们到达了岛上的一处山顶,想要欣赏落日。景色是令人愉快和美丽的!看着天空慢慢从蓝色变成红色,再变成紫色。我一边看那奇妙而迷人的天空,一边情不自禁地拍了很多照片。因为我的父母没有很长的假期。我们在马尾岛住了一晚,第二天下午就返程了。虽然这趟旅行很短,但这是我的家人近年来难忘的记忆。

6: 新开的商店

Describe a new shop that has opened in your city.

You should say:

Where it is

What it sells

Who goes shopping there

And explain how successful you think this new shop will be.

A few months ago, a new Hema supermarket opened near my home. The supermarket is located on the lower floor of the bus terminal and near the subway station. I pass this supermarket every time I take the subway home.

This fresh food supermarket is a real hit with the young crowd. It's got all the regular supermarket items, plus a great selection of live seafood. And if you don't know how to cook, they'll even prepare it for you, so you can have a delicious seafood feast in no time. Plus, Hema has got some amazing homemade cakes and desserts that are really yummy and super affordable.

The grand opening of the Hema turned out to be quite an occasion for residents nearby. With much anticipation and expectation, they packed the spot in high spirits the entire day.

I live by the river in a suburb. Beautiful as it is, the region had long been plagued by the lack of decent places to shop and dine. A few snack bars and convenience stores were all that was available in my neighborhood. Whenever I felt the urge or had the need to buy something, I had to make inconvenient journeys by subway to shopping malls several miles away. It had also always been my mom's wish that we had a supermarket close by. Today, it is just a few minutes' walk away, and I can have whatever food I fancy sent to my door from the retailer by using one of the delivery apps if I don't feel like going outside. Needless to say, the supermarket has been a real boon to residents in the surrounding area. I assume it has to be a very prosperous and successful business.

中文思路:

几个月前，我家附近新开了一家盒马鲜生超市。这所超市位于汽车客运站的负一层，并且靠近地铁站。我每次坐地铁回家都会路过这间超市。

这是一所非常受年轻人喜爱的生鲜超市。除了普通超市的日常货品之外，它会贩售不同种类的生猛海鲜。如果你不会做饭，购买后还可以选择现场加工。不一会儿你就能享受到一桌丰盛的海鲜大餐。除此之外，盒马超市还会售卖一些自制的蛋糕和甜品，它们都非常美味，而且价格也不贵。

超市开业那天，在周边引起了巨大的轰动，人气异常火爆。周边的居民都对这间超市充满了期待。

我家住在城市郊区的江边，虽然风景优美，但是一直以来都缺少商业设施。我家楼下只有一些小吃店和小型的便利店。当我想买点什么的时候，只能坐地铁去几公里外的商场，这非常的不方便。我妈妈也一直希望我家附近能有一座大型超市。现在，我只需要步行几分钟就能到达盒马超市。不想出门的时候，我可以用外卖软件点到任何我想吃的食物。这家商店极大的提升了周边居民的幸福感。我想它的生意一定会越来越好的。

7: 印象深刻的儿时经历

Describe a happy experience you remember very well from your childhood.

You should say:

How old you were at that time

Who you were with

What happened at the time

And explain why you remember this happy experience.

When I was in primary school, I had a very close friend, Mike, who was my classmate and also my neighbor. He was only a few months younger than me — we could have almost been twins. Different from me, Mike was a very bold and interesting person. He always wanted to try new things.

During the Spring Festival, he bought a few boxes of cherry bombs, a kind of little firecracker, and invited me to come try them out with him. If my memory serves me right, this happened when I was 10 years old. As soon as we dropped a cherry bomb on the ground, it burst and made a loud noise.

I grew up as a more conformist child. My parents didn't let me play with things like cherry bombs. At first, I was a little hesitant, but at Mike's urging, I decided to go with him to a less crowded park to play with the cherry bombs. I was a bit of a wimp. After Mike demonstrated it a few times, I became good at detonating them. We had a such great time there that whole park echoed with the sound of explosions.

This memory still leaves a deep impression on me, because Mike took me to experience an exciting if a little dangerous activity. When I was little, we usually played games together, which helped me to become more outgoing and less introverted. I think it's a good change.

中文思路:

在我小学的时候，我有个关系非常好的朋友。他叫 **MIKE**，是我的同学也是我的邻居。他年纪跟我相仿，只比我小几个月。跟我不一样，**Mike** 是一个非常大胆，有趣的人。他总是想尝试新事物。

如果没有记错的话，那时候我还不到十岁。春节的时候，我跟他一起在楼下玩耍。他不知道从哪里买了几盒摔炮，偷偷地叫上我跟他一起玩。摔炮是一种非常迷你的烟花。只要你把一颗摔炮狠狠地摔在地上，它就会发出巨大的声响。

我从小是个比较循规蹈矩的孩子，父母都不让我玩摔炮。一开始我有点犹豫，但在 **Mike** 的怂恿下，我决定跟他去了一个人少的公园玩摔炮。一开始我还是有点怂，不敢丢。在 **Mike** 演示了几次后，我开始变得驾轻就熟。我们玩得非常开心，整个公园回荡着摔炮炸裂的声响。

这段经历至今让我印象深刻，因为 **Mike** 带我体验了一回刺激的但有点危险的活动。小时候我经常跟 **Mike** 玩耍，让我这个比较内向的人变得开朗和大胆了。我认为这是非常好的转变，

8: 最近搬家的人

Describe someone you know who has recently moved into his/her own accommodation

You should say:

Who this person is

Why this person moved into this accommodation

What kind of accommodation this person moved to

And explain whether you think this move was a positive change for this person.

My grandparents have recently moved into a new house, which came as delightful news to me.

For years, the old couple has lived in a shabby apartment building with no elevators. I don't know how old the building is exactly, but they have been living there for as long as I can remember. Although they have developed sentimental feelings for their old home over the years, climbing the stairs has become increasingly difficult for them as they age. Sometimes they would stay in for days at a time to avoid going up and down, and they would often have to stop for a rest after climbing every flight of stairs.

To improve their life, my father purchased a new apartment on our block last year. My grandparents moved into it after six months of renovation and decoration. The apartment isn't very large and has only two bedrooms, but it should be enough for the old couple.

I'm sure this move is a great change for my grandparents. Their quality of life has improved dramatically. The new building is equipped with elevators and decorated with beautiful gardens downstairs. Grandma no longer needs to climb the stairs with difficulty when she goes out grocery shopping. Grandpa can exercise in the gardens each morning. More importantly, as it's quite close to our house, my parents and I can visit them frequently. Obviously, Grandpa was happier after the move.

中文思路:

我的爷爷奶奶最近搬到了一所新房子住，这让我感到非常开心。淘 宝：安 小 雅。

很多年来，我的爷爷奶奶一直住在一座没有电梯的老房子里。我无法准确描述这所房子的年代，我只记得从我小的时候，他们就住在那里了。虽然他们对这所老房子有着深厚的感情，但随着爷爷奶奶的年纪越来越大，上楼梯对于他们来说变成了一件很困难的事。爷爷奶奶经常几天都不出门，因为他们每上一层楼就得休息一会，

为了让爷爷奶奶住的更舒适，去年，我爸爸在离我们家不远处买下了一间全新的公寓。经过半年的装修，爷爷奶奶终于搬到了新房子居住。这间房子不算很大，只有两个卧室，但足够他们居住了。

我认为搬家对我的爷爷奶奶来说，是一项非常积极的改变。这很大程度上提高了他们的生活质量。新房子不仅有电梯，楼下还有很漂亮的花园。奶奶出门买菜再也不用气喘吁吁的爬楼梯了，爷爷每天早上还可以去花园里锻炼。最重要的是这里离我们家很近，我的父母和我都能够经常回家。自从搬家后，我爷爷脸上的笑容越来越多了。

9: 多次阅读的书藉

Describe a book you have read more than once.

You should say:

Why you read this book

What this book was about

Whether you learnt anything from it

And explain why you have read this book more than once.

I am a big fan of reading and love all kinds of novels. Every time I read a fascinating novel, it feels like I'm following the protagonist on an adventure. Recently, I bought a set of the Adventures of Sherlock Holmes, which was introduced to me by my friends. In fact, I have already read it more than once! The book contains many separate and exciting stories. These stories are full of intrigue and suspense which is why I found the book to be so hard to put down.

The Sherlock Holmes novels are actually a large collection of stories written by Sir Arthur Conan Doyle. Holmes and Watson are famous detectives who protect England from evil. Most importantly, they protect people from the criminal mastermind, Professor Moriarty. This book not only improves my critical thinking skills, but also imparts lots of medical and scientific knowledges.

I've read Sherlock Holmes more than once, and although I already know who the killer is, the battle of wits between Sherlock and Moriarty is very exciting because they're both geniuses. Every time I read, I find new clues that I hadn't noticed before, which is very interesting to me.

I have bought many different detective novels since I was young, but the best of them all is the Sherlock Holmes series. This is because the criminal is never the person who you think it is going to be. Therefore, the conclusion is always a surprise.

中文翻译:

我喜欢读书，尤其喜欢看各类小说。每当我遇到精彩的小说，那种感觉就像我在跟着主角一起冒险。最近我买了一套《福尔摩斯合集》，这本书是我的好朋友推荐给我的。我已经读了不止一次了。这本书里有许多有趣的独立的故事。这些故事充满了神秘和悬念，简直让人爱不释手。

福尔摩斯系列小说是阿瑟·柯南道尔爵士创作的一套大型小说。福尔摩斯和华生是著名的侦探，他们保护英国免遭罪恶。最重要的是，它们保护人们免受超级恶棍 Moriarti 博士的伤害。这本书不仅增强了我的思维逻辑，还可以学习到许多化学知识和医学知识。

福尔摩斯我已经读了不止一遍了，虽然我已经知道凶手是谁，但夏洛克和莫里亚蒂之间的智慧之战非常有趣，因为他们都是天才。每次阅读我都会发现新的之前没有注意到的线索，这让我觉得非常有意思。

我看过很多侦探小说。福尔摩斯是其中最有趣的，因为罪犯从来都不是你想象中的那个人，总有出人意料的结局出现。

10: 公开发言

Describe a time when you had to give a talk to lots of people.

You should say:

Who you gave this talk to

What the talk was about

Why you gave this talk

And explain how you felt about giving the talk to lots of people.

As a student, I have to give an oral presentation almost every semester, which is a big part of my grade. My most recent presentation was for my International Economics class.

For my final assignment, and I had to find a business case that I was interested in, gather data, and make a slide show. Then, I had to present the case in class and explain why it was so successful.

So, there I was, standing in front of my classmates and teacher, talking for almost ten minutes straight. I chose to talk about KFC's "Crazy Thursday" promotion, which my classmates found really interesting. They laughed at all my jokes, and it was clear they enjoyed my speech.

This speech was a very good opportunity to present myself, and I felt very proud seeing so many people applauding me. But, in fact, I put in a lot of effort behind the scenes. From finding cases to collecting data, I worked very hard on each step. In my spare time, I would even practice in front of the mirror in my dorm room. This experience gave me a lot of confidence, and I can't wait to do even better in my next presentation.

中文思路:

作为一个学生，每个学期我几乎都要做至少一次演讲，这关系到我整个学期的考核成绩。我最近一次演讲是在不久前的国际经济学课堂上。

这次演讲是老师布置的期末作业。我需要寻找自己感兴趣的商业案例，搜集资料并且制作 PPT。最后在课堂上介绍这个案例，并向大家解释为什么它会如此成功。

那天，我面对着全班同学和老师，一个人站在讲台上讲了将近十分钟。我选择的题目是肯德基的疯狂星期四。我的同学对这个话题都十分感兴趣，台下的气氛很热烈。讲到有趣的地方，有不少同学被我逗的哈哈大笑。显然大家都很喜欢我的演讲。

我认为这次的演讲是一个非常好的展示自己的机会，看到台下那么多同学为我鼓掌的时候，我感到非常骄傲。事实上，在别人看不到的背后，我付出了非常多的努力。从寻找案例到搜集数据，每一步我都花了大量时间。空闲时间我还会在宿舍对着镜子练习。这次经历给了我很大的鼓励，我很期待自己在下一次的演讲中能表现的更好。

11: 喜欢的传统庆祝活动

Describe a traditional celebration you enjoy in your country.

You should say:

What it is

Who you celebrate with

What you do in this celebration

And explain why you enjoy this traditional celebration.

Every year on the fifteenth day of the eighth lunar month, Chinese people celebrate the Mid-Autumn Festival, a holiday that holds a special place in their hearts. On this day, the moon is especially round and bright. Most Chinese people believe that a full moon brings good luck, so they celebrate by eating mooncakes and gathering with family.

My mom believes that the whole family should get together for the Mid-Autumn Festival every year, so I always spend it with my family. She usually cooks up a feast for us, but if she's too busy with work, we'll go out for a luxurious seafood dinner, which is a special treat for the holiday. After dinner, we'll watch TV and indulge in some tasty mooncakes, which is a tradition of the Mid-Autumn Festival.

My mom looks after me really well, so I don't usually have to do much. But if she's cooking, I'll lend a hand with chopping veggies or washing up. I absolutely love the Mid-Autumn Festival because of the delicious mooncakes, especially the snow skin ones. They're only available during this time of year and they're so unique - the skin is made of glutinous rice and the filling can be anything from red bean to vanilla or durian. It's like eating ice cream, so yummy! Plus, it's an extra day off from school, which is always a bonus.

中文思路:

中秋节是中国人心中非常重要的节日之一。每年农历八月 15，月亮都会变得非常圆。大多数人中国人认为满月代表着幸运，因此在这个时候大家会开展各种各样的庆祝活动。比如吃月饼或者家庭聚餐。

我妈妈认为中秋节全家人必须要团聚，因此每年中秋节我都是和家里人一起度过的。我妈妈总会准备一桌丰盛的饭菜。如果她工作很忙的话，我们会去高档餐厅享用一顿丰盛的海鲜大餐，这是过节才有的特殊待遇。晚饭过后，我们会一边看电视一边享用美味的月饼，这也是中秋的仪式感之一。

我的妈妈非常照顾我，在这过程中，我通常不需要做什么。如果她选择做饭，我会帮她切菜或者洗碗。我喜欢中秋节，是因为我非常喜欢吃月饼，尤其是冰皮月饼。这是一种只有在中秋节才能买到的特殊食物。它的皮是用糯米制作的，内层则是各种口味的馅料，比如红豆，香草或者是榴莲。它吃起来的口感就像冰淇淋一样，非常美味。除此之外，中秋节会有一天额外的假期，不用上学的感觉实在是太好了。

12: 爱看的体育运动

Describe a sport that you enjoy watching.

You should say:

What it is

Who you usually watch this sport with

Where and when you first watched this sport

And explain why you enjoy watching this sport.

I enjoy watching figure skating as it's a very elegant sport. Unlike many traditional sports, it is not purely about speed but focuses on the competitor's poise, balance, coordination and grace. The competition is mainly based on whether athletes' movements are smooth and elegant. I often like to watch figure skating myself since I live by myself most of the time.

It was in the winter several years ago that I watched the figure skating competition for the first time. An international figure skating competition was being broadcast on TV and I was immediately captivated by the elegant movements of athletes as well as the music on the stage. The athletes were spinning and jumping on the ice like graceful dancers. From that moment on, I have always watched programs related to figure skating whenever they're on TV.

All in all, I enjoy watching figure skating competitions as it is a sport of artistic merit. Athletes combine music and their movements perfectly and bring visual and auditory enjoyment to the audience. At the same time, figure skating is full of intense competition. Athletes strive for perfection in competition, always give their best, with techniques and elegant movements that are a sight to behold. No matter on TV or in person, I enjoy every figure skating competition and always look forward to the next one.

中文思路:

我非常喜欢看花样滑冰的比赛，因为它是一项非常优雅的体育运动。花样滑冰不同于传统的体育项目，它不是一项竞速运动，而是技巧性的比赛。比赛主要是评判的运动员的动作是否流畅和优美。我通常喜欢自己一个人观看花样滑冰比赛，因为我大多数时间都是一个人住。

我第一次观看花样滑冰比赛是在几年前的冬天，当时电视正在转播一个国际性的花样滑冰比赛。我被选手们优美的动作和舞台上的音乐吸引住了。他们在冰面上旋转和跳跃，就像在跳一只优美的舞蹈。从那以后我经常关注和花样滑冰相关的节目。

总之，我喜欢观看花样滑冰比赛，因为它是一项充满艺术性的运动。运动员们能够将音乐与动作完美结合，给观众带来视觉和听觉上的享受。同时，花样滑冰比赛也充满了紧张和竞争。选手们在赛场上追求完美，努力展现自己最好的一面。他们的技巧和优雅的动作让人目不转睛。无论是在电视上还是亲临现场，每一次观看花样滑冰比赛都是一次美妙的体验，我总是期待着下一场比赛。

13-1: 理想之家

Describe your idea of a perfect house.

You should say:

Where it would be

What it would be like

How special it would be

And explain why it would be perfect for you.

My ideal house would be a large cottage in the countryside. I would like it to be surrounded by nature whilst also being conveniently close to public transportation, preferably within an hour of downtown. I would like to live with my whole family. They are very important to me, so I would need sufficient space for them in my ideal home. I would like the cottage to be very large with space for all the things which are important to me, such as clothes and toys. I would like an exquisite garden where I can plant flowers. Besides, I would want French windows in my balcony in order to make my house brighter and have a better countryside view.

The reason why I want to live in countryside is that I currently live in a very large urban city. I live a very busy and hectic life surrounded by grey concrete and imposing buildings. There is no space in the city, all the buildings are small and living spaces are tight. The fast pace of life makes me feel depressed and suffocated, so this house would be the perfect refuge away from all the negatives of the big city. This house would be able to offer me a peace and calm which I lack so dearly in the city.

中文思路:

我理想的房子是一个郊区的大别墅。我希望拥有良好的自然环境,同时也要交通方便,最好可以在一个小时内到达市中心。

我想和全家人住在一起。他们对我很重要,我非常爱他们,所以我希望在理想的家里给他们足够的空间。我希望小屋很大,这样就有足够的空间容纳所有的人和对我来说重要的东西,比如我的衣服和玩偶。我希望这座房子是有花园的。我可以在院子里种上我喜欢的花。房子一定要有很大的落地窗。大窗户可以让屋里拥有更多阳光。

我喜欢郊区是因为我现在住在一个非常大的城市。我过着非常忙碌的生活,周围是灰色的混凝土和密集的建筑。城市里没有空间,所有的建筑都很小,生活空间紧张。快速的生活节奏令我压抑和窒息。这房子会是完美的避难所,远离大城市的所有不好的东西。这所房子能给我带来城市中所缺少的宁静和安宁。

13-2: 理想之家

Describe your idea of a perfect house.

You should say:

Where it would be

What it would be like

How special it would be

And explain why it would be perfect for you.

I have always envisaged my dream home as a log cabin in the countryside. This dream began after I visited an idyllic location, Hemu, where I was deeply impressed by the tranquil and comfortable environment, as well as the delicate and secluded cabins. It is my aspiration to live in a house like that after my retirement.

My dream cabin doesn't have to be a mansion, just a place large enough for me and my husband to live in. The building should be constructed of wood and the interior decoration should be natural and understated. The house should be filled with all kinds of furniture and necessities, as well as air conditioning and heating, so that we can live comfortably throughout the seasons. My husband has a green thumb and adores growing flowers; therefore, an elaborate garden is a must. Meanwhile, our Samoyed can have his own den in the garden.

Living here, I want to cast open the door every morning to have the hallways bathed in sun and to hear the music of birds. In my spare time, I shall organize parties with my friends in the yard and enjoy delicious outdoor barbecues.

This envisaged house is perfect for me! Far removed from the hustle and bustle of the city, I can thoroughly enjoy life and embrace nature. I don't have to worry about the pressures of work anymore. Of course, I also want my home to have convenient transportation, so that I can often go downtown for shopping sprees!

我理想的家就是一个位于乡下的小木屋。之所以我喜欢这样的家，是因为我曾经去过一个美丽的地方，禾木，那里恬静舒适的环境和精致幽静的小木屋给我留下了很深的印象。我希望以后退休后能住在那样的房子里。

我梦想中的木屋不需要很大，足够我和我丈夫生活就足够了。房子应该是木头制作的，里面的装修也应该贴近自然。屋子里需要有各种家具和生活必需品，同时要有空调和暖气，这样的话不管夏天还是冬天，我们都能舒服地住在里面。我丈夫喜欢养花，一个精致的花园是必须的。同时，我们家的萨摩耶也可以在花园里拥有它自己的窝。

住在这里，我希望每天早上一打开门就能看见阳光，可以听到鸟叫的声音。空闲的时候我可以和朋友们在院子里聚会，并且享用一顿美味的户外烧烤。

这样的房子我来说是完美的！远离了城市的热闹和喧嚣，我能真正地享受生活、享受自然。我再也不需要操心令人抓狂的工作。当然，如果我也希望我家能拥有便捷的交通，这样我就能时常回市区买东西。

14: 得到错误信息的时刻

Describe an occasion when you got some incorrect information

You should say:

When it was

Where you got the information

How you found out that the information was not correct

And explain what happened when you found out that the information was not correct.

Last summer, my family planned on a trip to the beach for a vacation. The scenery by the seaside is always brilliant on bright and sunny days. We could also try all sorts of water activities. A cloudy or rainy day, however, would ruin it all. The weather, therefore, became a critically important consideration for us.

In order to get the most accurate information, I browsed through different weather websites and selected a range of dates that were forecast to be fine days on every website. Then, I booked our hotel rooms with confidence.

However, when I checked the weather report again just before the journey, I found that the previous forecast was wrong. According to the latest updates, it would be raining in the following week, including heavy rainfalls on one of our vacation days. Though annoyed about the forecasters' mistake, I could do nothing about it.

I called the hotel and asked if we could change the date of the reservation, but their reply was an unequivocal 'no'. If we didn't check in as we had booked, all the money we paid for the hotel rooms would go down the drain. In the end, we went on a disappointing trip due to the incorrect weather forecast. As it kept raining all day, the views at the seaside weren't so attractive, and we couldn't go to the beach or enjoy any water sports. When the storm came, we had to stay in the hotel rooms and watch TV the whole day. It was an unpleasant journey, to say the least.

不久前的假期，我和家人决定去海边度假。要知道天晴时的海边是风景秀丽的，我们还可以进行各种水上活动，但阴天或者下雨天会毁掉一切。所以，天气预报对我来说是非常重要的信息。

为了获取更准确的信息，我查询了几个不同的气象网站。最终我选定了合适的日子。这几天的天气在每个网站都显示晴天。于是我信心满满的预订了酒店。

出发前，当我再次打开天气预报，我发现我之前搜集到的信息是错误的。未来几天都是雨天，其中一天甚至有暴雨。我感到非常生气，但又无可奈何。

我尝试联系酒店，询问是否可以改期。但得到的答案是否定的，如果我没有按时前往，那我将损失全部的房费。最后，因为错误的天气信息，我们进行了一场不那么愉快的旅行。由于下雨，海边的景色不再美丽，同时我们也没法出海，更别说玩水上活动了。暴雨的时候，我甚至只能呆在酒店里看电视。这趟旅程真的太糟糕了。

15: 想尝试的冒险

Describe an exciting adventure you would like to go on.

You should say:

Who you would go with

Where you would go

What you would do on the adventure

And explain why you would like to go on this adventure.

I often see bungee jumping on TV and reality shows. There is no doubt that it is kind of dangerous, but a super cool extreme sport. The celebrities bungee jumping on such shows often struggle to overcome their fears, and tell the audience how great it feels to exceed their expectations of themselves. I would like to go to Macau tower and to try bungee jumping in the future.

I want to go on this adventure with my closest friends since it is the kind of sports appealing to young people. We can take part in this adventure together and encourage each other. If I choose to go with my parents, they may stop me from doing it because they will probably consider bungee jumping too dangerous.

Although I often ride the roller coasters in amusement parks, my whole body is safely fixed in the seat no matter how it rolls during the ride. However, when bungee jumping only my feet are bound, which I have never tried before, and I think it would be dangerous. Copy right by An xiao ya.

I think there is little preparation required for this activity. All I need is to invite my close friends to come with me and cheer me up. I really want to try this sport because it's really cool. Bungee jumping has always been on my list of things I have to do before 25 years old. It's a great experience to be able to see the whole city from above and then jump down. And in the process, I will overcome my fears and become stronger and braver.

中文思路:

我经常在电视里和综艺节目中看到蹦极，我感觉这是一项很酷的活动。明星们总是艰难地克服了自己的恐惧，然后告诉观众超越自我的感觉真棒。我想在未来的某个假期去澳门塔，并且尝试在那里蹦极。

我想和我的朋友一起去，因为蹦极是一项属于年轻人的运动。我们可以一起参加这项冒险并相互鼓励。如果我选择和我的父母一起去，他们有可能会阻止我，他们大概率会认为蹦极很危险。

虽然我经常在游乐场玩过山车，但是不管它怎么翻滚，我的双脚都安全的保持在车厢内，但是蹦极只把我的脚绑起来，我从来没有尝试过类似的活动。

这项活动是无法准备的，我能做的就是带上我的朋友，让他们给我鼓励。我非常想尝试这项运动是因为它很酷。我一直把蹦极列为 25 岁前必须要完成的清单之一。能在高空俯瞰整座城市，然后再跳下去，这是一种很棒的体验。而且在这个过程中，我会战胜自己的恐惧，变得更加强大和有力量。

16: 感兴趣的工作

Describe a job you think would be interesting to do.

You should say:

What it is

What skills are necessary to do the job

When you first knew this job

And explain why you think this job would be interesting to do.

If possible, I would like to be a civil servant in the future. My parents have always wanted me to find a stable job, so they of course support my choice.

My father is a civil servant and works for our local government. He knows the many advantages of being a civil servant and, as a child, he regularly used to explain the benefits of this profession. But actually, I didn't understand his words since I was too young, however, as I grew older, I realized that he had been right. To be a civil servant is really a good job.

It is not easy for me to become a civil servant. First, I need to pass a unified annual recruitment examination. The acceptance rates of popular jobs are very low, meaning that hundreds, if not thousands of people compete for one position. Good writing skills for official documents is an essential skill for every civil servant and having high emotional intelligence is also a fundamental quality that every civil servant should possess.

This job has many advantages. Apparently, its workload is relatively simple, and the job has stable working hours. Because of this, I won't have to suffer from too much work pressure, and working overtime will be rare. Besides, the greatest advantage of working as civil servants is stability. COVID-19 has put many small businesses out of business, and the threat of job losses is ever-present. If I can become a civil servant, however, I won't have to worry about unemployment, no matter what happens because being fired from a government job is highly unusual.

中文思路:

如果可以的话，我未来希望成为一名公务员。我父母也非常期待我找一份稳定的工作。

我的父亲就是一名公务员，因此从我高中开始，爸爸就经常告诉我公务员的诸多好处。比如工作稳定，福利多等等。随着我逐渐长大，我开始觉得爸爸说得很对。公务员确实是一份好工作。

想当一名公务员并不容易，通常需要经过每年统一的招录考试。很多热门职位的录取比例是非常低的。几百人竞争一个职位。良好的公文写作能力是每个公务员必备的技能，这项技能也能帮助我更加容易的通过考试。当然，高情商也是一个公务员必备的基本素质。

公务员这份工作的优点很多。它的工作内容相对简单，工作压力也小。你通常只需要做好你岗位上的需求，而且上班不需要常常加班到深夜。另外，公务员最大的优点就是稳定。新冠病毒让很多小企业倒闭，失业的威胁时刻存在着。如果能成为一名公务员，我就不必担心失业，不论发生什么，我都不会被政府解雇。

17: 乐于助人的人

Describe someone who lives in your area who often help other people.

You should say:

Who this person is

How this person helps others

How important the help is

And explain why you think this person often help other people.

So, there's this old lady in my neighborhood, Mrs. Wang. She's in her 50s, but she looks like she's got more energy than I do. Whenever she's got some free time, she volunteers at the community center, and everybody around here loves her.

My house is in a really old part of town, and the traffic is just awful. Last year, the community organized a group of volunteers to help out with traffic flow, and Mrs. Wang was one of them. Every weekend, she'd be out there at the intersection, making sure people followed the rules. If someone broke any of the traffic rules, Mrs. Wang would step in to stop them. And you know what? The traffic around here has been way better lately.

I think what she's doing is super important for the whole community. The roads around here are narrow, and there are lots of electric bikes that speed on the sidewalks. If nobody keeps an eye on them, there could be some serious accidents. Plus, it makes commuting much harder for those who live here.

I once chatted with Mrs. Wang, and she told me she's a retiree with lots of free time on her hands. She likes to help people and make the community better. And by volunteering, she's made lots of new friends who share her interests. She's really happy about that.

中文思路:

王奶奶是我的邻居。她已经 50 多岁了，但她看起来非常精力充沛。空闲的时候她喜欢去社区做义工，周围的邻居都非常喜欢她。

我家居住在市中心一个老旧的街区，这里的交通是很糟糕的。去年社区组织了一批志愿者帮忙疏导交通，王奶奶就在这其中。周末她都会在十字路口呆上一下午。如果有人不遵守交通规则，王奶奶就会出面制止他。不得不承认，最近一段时间我家附近的交通状况的确比以前变得更好了。

我认为这种帮助对于整个社区来说是非常重要的。我家附近的路很窄，经常有电动车在人行道上快速行驶。如果不加以管束，很可能造成严重的交通事故。同时也会让居民们不得不耗费更长的时间在通勤上。

我曾经和王奶奶聊天，她告诉我她是一个退休老人，拥有非常多的空闲时间。她喜欢用这些空闲时间来帮助他人，也帮助这个社区变得更好。在义工组织里她还结识了很多兴趣相投的朋友，这让她觉得非常快乐。

18: 昂贵的礼物

Describe an expensive gift you would like to give to someone.

You should say:

What gift you would like to buy

Who you would like to give it to

How long it would take to save the money

And explain why you would like to give this expensive gift to this person.

My mom loves all kinds of gold jewelry. I saw a nice bracelet in Chow Tai Fook's "Heritage" Collection, the name of which in Chinese means to pass on and inherit. If I have enough money someday, I really hope to buy one for my mom. She will be very surprised to receive such a gift.

The fact of the matter is that this bracelet is quite expensive. The price is determined according to its weight of gold, ranging from 10,000 yuan to tens of thousands of yuan. While I am still a student with no income, I reckon it would take me at least half a year to save enough money after my graduation. Besides, a student fresh out of school seldom gets a high salary, so saving money is not easy for me.

I love my mom very much. She is my elder as well as my best friend. Since I was a child, my mom has bought me a lot of gifts. At the same time, she is frugal and seldom buys herself valuable jewelry or bags. As I grew up, I bought her flowers or a cake every year for her birthday. Still, I always felt these gifts were underwhelming. I want to give my mom the best things in the world. For me, there is nothing more meaningful than saving money to buy an expensive gift for someone you care about.

我的妈妈喜欢各种黄金首饰。我知道周大福有一款“传承”系列的手镯很好看，而且这个名字在中文里代表着很美好的寓意，传递和继承。如果有一天我有足够的钱，我非常想买一个送给妈妈。我妈妈收到这份礼物，她一定会非常惊喜。

事实上，这款手镯非常昂贵，价格跟黄金的重量相关，从 1 万元到几万元不等。现在我还是个学生所以没有收入。等我毕业之后，我想我至少需要半年才能存到足够的钱。而且刚毕业的学生通常不会有很高的工资，存钱对我来说并不是一件容易的事。

我非常爱我的妈妈，她是我的长辈，也是我最好的朋友。从小到大，我的妈妈给我买了非常多的礼物。而她自己却很节省，她很少给自己买一些贵重的首饰或者包包。自从我长大之后，每年她过生日，我都会给她买鲜花或者蛋糕。但我始终觉得这些礼物太普通了。我想把这世界上最好的东西都送给我的妈妈。存钱给自己在乎的人买一份昂贵的礼物，我想没有什么比这更有意义的事了。

19: 做重要决定的时刻

Describe a time when you had to make an important decision.

You should say:

What decision you had to make

How you made the decision

Why this decision was important

And explain whether you think it was a right decision.

Actually, several years ago I made an important decision, which was to choose my dream major. It was a vital decision because it almost completely determines my future career.

Three years ago, during the summer vacation, I completed the college entrance examination and achieved a high score. When I was deciding on my major and college, my parents wished for me to choose finance as my major. Because the finance sector is reported by society to be one of the highest paying industries at present.

Originally, I agreed with my parents, because finance is a very well-paid industry. However, on the final night of submitting the application, I laid in bed unable to fall asleep because I doubted whether I had any interest in finance. Ever since my childhood, I have always disliked financial theory and mathematics. In contrast to this, I love studying chemistry and have a knack for it. Therefore, I told my parents that I wanted to select chemistry as my major instead of finance. As I expected, a serious argument ensued with my parents. They didn't support my choice, but I still stuck to it.

When we're faced with important decisions, it's crucial to listen to our family's opinion, but it's even more crucial to listen to our own heart. I am happy to choose my favorite subject chemistry as my major, as due to this I will have a joyous four years in college. Only by discovering what you are interested in, can you have a steady stream of motivation. I'm proud to have made such an excellent decision.

中文思路:

事实上，几年前我做了一个重要的决定，我在填报志愿的时候坚定的选择了自己喜欢的专业，这个决定非常重要，它直接决定了我未来会从事什么样的工作。

三年前的暑假，我刚刚参加完高考，取得了不错的成绩。在填报志愿的时候，我的父母非常希望我选择金融专业。因为这个专业是热门专业，据社会报道是目前的高薪行业之一。

一开始我同意了父母的观点，因为金融行业确实很热门。在提交志愿的最后一晚，我躺在床上怎么也睡不着。我感覺自己对金融并不感兴趣。我从小就不喜欢金融理论和数学。相对于这些，我更喜欢学习化学，而且我感覺我有着这方面的天赋。第二天一早我告诉父母我并不喜欢金融。我想选化学作为专业。不出所料，我和父母大吵了一架。他们并不支持我的观点，但是我依然坚持了自己的想法。

当我们面临一些重大的决定，家人的意见固然重要，但更重要的是听从自己内心的想法。正因为我选择了自己喜欢的专业，所以大学四年我过的非常开心。只有学习自己感兴趣的事物，才会有源源不断的动力。我很庆幸自己当年做得好决定。

20: 想尝试的水上运动

Describe a water sport you would like to try in the future.

You should say:

What it is

Where you would try it

Is it easy or difficult to do

And explain why you would like to try this water sport.

A water sport that I am desperate to try in the future is riding a banana boat. A few months ago, my cousin came to visit me and she introduced me to a water sport activity which she had tried at the week before. She told me that a banana boat is a long inflatable boat which looks like a banana and can seat several people at the same time. This boat is attached to a speed boat which will drive very fast. Everyone then holds on tight as the banana boat flies through the water. The speedboat may suddenly make a sharp turn while driving, and passengers must try their best to maintain balance otherwise they might fall into the sea.

It sounded very thrilling and exciting and I decided that I would like to try it in the future. My cousin suggested that in the next vacation I come with her to the water sports activity centre and try it there. The reason why it might be difficult is that I am the kind of person with poor balance. My cousin told me that loads of people flew off of the boat and fell into the water.

I'm really into extreme and adventurous sports, but I don't know how to surf or sail, which require some skills. That's why riding a banana boat is perfect for me, since it doesn't require any advanced techniques, but it's still super thrilling and fun. And in the hot summer, there's nothing better than going on a banana boat ride on the water!

中文思路:

我非常想尝试的水上运动是香蕉船。几个月前，我表妹来看我，她介绍了自己上周尝试过的一项水上运动。她告诉我香蕉船是一种长长的充气船，看起来像香蕉，可以同时坐几个人。这艘船与一艘速度很快的快艇相连。当香蕉船飞过水面时，每个人都紧紧抓住它。快艇在行驶中会突然转弯，这时候乘客必须尽力保持平衡，不然整个人就会掉进水里。

这听起来很刺激，我想在未来尝试它。表妹建议我下个假期和她一起去水上运动中心试试。我认为这是一个伟大的计划，我认为这项运动对我来说并不容易，因为我是个平衡性不太好的人。我表妹告诉我，很多人从船上飞下去掉进水里。

我非常喜欢刺激和极限运动，但我并不会冲浪或者帆船，这些运动都需要一定的技巧。因此香蕉船非常适合我，它不需要高超的技巧，但是它又非常刺激和有趣。在炎热的夏天，没有什么比香蕉船更好玩的水上运动了。

21: 人山人海之地

Describe a time when you went to a place where there were a lot of people.

You should say:

Who you went to this place with

What was happening in this place

Why there were so many people there

And explain how you felt about being in a place with so many people.

During the recent International Workers' Day holiday, my friend Anna and I went on a trip to Changsha. It was a happy yet grueling experience because there were too many tourists in the city.

This long-awaited trip didn't play out as I had expected from the very beginning. We were shocked as soon as we reached the city, as we had never seen a railway station so crowded before. Forcing our way to the subway station alone took us all of half an hour.

However, this was just the beginning. In the following days, we spent most of our time standing in queues. When we visited Mountain Yuelu, we waited for three full hours before we could finally take the cable car. The next day, we planned to dine at a popular restaurant, but once we arrived, we were shocked to find out that over 400 reservations had been made before us.

This was the first holiday since the end of the pandemic, so for most Chinese citizens, it was their first opportunity for traveling after three years' lockdown. As a result, all tourist sites around the nation were fully booked. And since Changsha is one of the most popular tourist destinations in China, it's no surprise that the city would be full of tourists.

Traveling with friends is undoubtedly a happy experience, but it can easily be interrupted when the destination is too crowded with tourists. Long hours of queuing left us little time for sightseeing, and even finding somewhere for dinner became an extremely difficult task. In fact, I even failed to take a few perfect selfies, as there were always too many people around me!

就在不久前的五一假期，我和我的朋友 anna 一起去了长沙旅行。事实上，这是一次快乐又痛苦的经历，因为那里的人实在是太多了。淘宝：安小雅。

这是我期待已久的旅行。但当我们到达长沙的时候，我惊呆了。我从未见过如此拥挤的火车站，我足足用了半个小时才走到了地铁站。

然而这一切只是个开始，接下来的几天，我的大部分时间都在排队中度过。我们去爬岳麓山的时候，我们等了三个小时才坐上缆车。第二天，我原本计划去一家网红餐厅吃饭，到了之后惊讶的发现前面已经排了 400 桌。

这是疫情结束后的第一个长假，对于大多数的中国人来说，人们已经三年没有出门旅行了。因此这个假期全国各地的旅游都异常火爆。长沙又是众多城市中最热门的，人多也就是一件在正常不过的事了。

虽然和朋友一起旅行是一件开心的事，但过多的游客真的是非常影响体验。长时间排队让我们没时间游玩景点，甚至连吃饭都成为一件难事。因为游客太多，我甚至没有拍出几张个人照，因为我的身边永远都挤满了人！

22: 和小孩相处的时刻

Describe a time when you spent some time with a child.

You should say:

Who the child was

Why you spent time with this child

When it was

And explain how you felt about spending time with this child.

This topic reminds me of my little nephew who is only 4 years old and is still in kindergarten. Although he is young, he is very clever and always has interesting ideas. I really like to chat with him.

I still remember the day I was asked to look after him because both my uncle and aunt needed to work overtime. At the moment I stepped into the house, he imitated a dinosaur and tried to scare me. Of course, I was not scared, but laughed a lot. I spent the whole afternoon playing with toys and games with him.

When I borrowed his watch to see what time it was, I found that the time of his watch was wrong. I told him I was going to correct the time but was stopped by him. He said every time he went to kindergarten, he put the clock forward by half an hour, so that he could pretend that he would leave the kindergarten half an hour earlier. He explained that this would make him feel less sad. I immediately burst into laughter because it was the funniest joke that I heard recently.

I don't know how he gets so many interesting ideas. His innocence and childlike humor always make me laugh, and these unique ideas make him more special. He is the most interesting child that I have ever seen and I wish he could retain that creativity when he grows up.

中文思路:

这个话题让我想起了我的小侄子，他只有 4 岁，还在读幼儿园。虽然他很小，但很聪明，总是有有趣的想法。我很喜欢和他聊天。我记得有一天我被要求照顾他，因为我的叔叔和婶婶都需要加班。我一进屋，他就模仿恐龙想吓唬我。当然我没有被吓到，而且哈哈大笑。我花了整个下午陪他玩玩具和做游戏。

当我借他的表看看现在几点时，我发现时间是错的。我告诉他我要改成正确的时间，但被他拦住了。他说，每次他去幼儿园，他都会把时钟拨快半个小时，这样他就可以假装自己提前半个小时离开幼儿园。他解释说这会让他感到不那么难过。我立刻大笑起来，因为这是我最近听到的最有趣的笑话。

我不知道他怎么会有这么多有趣的想法。他的天真无邪和孩子气的幽默总是让我发笑，这些独特的想法让他更特别。他是我见过的最有趣的孩子，我希望他长大后能保持这种创造力。

23: 有趣的邻居

Describe an interesting neighbor.

You should say:

What do he/she do

How you met this neighbor

How often you see this neighbor

And explain why you think this neighbor is interesting.

Anna is my fellow college student and my best friend on campus. She lives just next door to my room in the girls' dormitory. We have lots of common interests, so there's no stopping once the conversation starts.

We became friends not long after the new semester started. She was so enthusiastic and brought her hometown's culinary specialty to our dormitory to share with us and the others. Because we live close to each other, we often go to classes and have meals together. It's almost a guarantee that we'll see each other around before the day ends.

Anna is an outgoing and social girl who is always well informed about the latest breaking news and trends. Take, for example, the latest memes and newly opened restaurants; I bet you she'll be the first to know nine times out of ten. It's always interesting listening to whatever she has to say, and I would accredit that to her expertise in delicacies. I'm something a foodie myself, but I'm never so well-informed as she is when it comes to knowing how to locate the best restaurants in town. Anna trumps me by a mile in this respect, and never fails to surprise me with a newfound diner in some nook of the city. What's even more amazing is her knack for sniffing out discount coupons better than the finest police detection dogs, marvelously allowing us to buy two gourmet dishes for the price of one. Weekend food exploration at the newly opened online eatery is always on our menu when we're free. Whenever we have free time on the weekends, top of our list is exploring the various dishes of a newly launched online eatery. As a lover of food, it is all I ever wanted to make a friend with whom I can talk heart to heart. Anna is a blessing to my life and it is such an honor to have such a fun and kindhearted neighbor. Anna, you have no idea how much joy you've given me.

中文思路:

Anna 和我一样是一名大学生。同时她也是我最好的大学朋友，她住在我隔壁宿舍。我们有着共同的兴趣爱好，这让我们非常聊得来。

我在开学不久就认识她了，当时她很热情的拿着自己家乡的特产来我们宿舍和其他人分享。我们住的很近，经常一起上课和吃饭。我几乎每天都会见到她。

anna 是个非常开朗的人，喜欢交朋友。她总是对当下热点和潮流特别了解。最近发生了什么有趣的事，又或是哪里又开了新餐厅。他都能第一时间发现。和她聊天我总能听到很多有趣的事。最重要的是她对美食很有研究。我也喜欢美食，但我并不知道去哪里找到那些好吃的餐厅。Anna 和我完全不一样，她总能带给我惊喜，她总能发现好吃的餐厅并且分享给我。不仅如此，她还擅长于找折扣券，我们经常可以用一半的价格吃到各种美食。我们有空就会在一起讨论这周末去吃什么，最近又有哪些新开业的网红店。对于热爱美食的人，能找到一个志同道合的朋友一起分享和讨论，真的是一件非常愉快的事。Anna 给我的生活带来了乐趣。

24-1: 迷路厦门

Describe a time when you lost your way.

You should say:

When it was

Where you went

How you got lost

And explain what happened after you lost your way.

To be honest, I have a terrible sense of direction. I get lost all the time, especially when I go to a place that I have never been to.

Last vacation, I traveled to Xiamen with my roommate Lucy hoping to eat some local snacks there. We found a famous satay noodles restaurant called Wutang and we were ready to go and have a try. It was located in a small alleyway, which was difficult to find. At first, we headed out using the navigator on our cellphone, but we lost our direction.

You know, the alleyway in Xiamen was full of twists and turns. I followed the navigator's order to go straight in the Minzu Road and turn left at a corner. However, we still couldn't find it after nearly half an hour of walking. It was sad that we lost our way. It was a hot day and we were tired to the bone and hungry. At this time, Lucy decided to reconfirm the route. She turned on the navigation to make sure where we were. Soon, she found out the problem and got us back to the right way! My friend looked a little bit angry that I had let her walk so far because of my negligence. She told me I must have gone along a totally backward way!

To apologize, I bought her favorite milk tea and took a break in a shop. Then we moved on again. After about half an hour, we finally found the Wutang satay noodles!

中文思路:

说真的，我是个方向感不太好的人，出门经常会迷路，尤其是去一个没去过的地方。

上个假期，我和室友 Lucy 一起去厦门旅游，想去那里吃小吃。我们在网上找到一家著名的小吃店乌糖沙茶面，准备去尝尝。它位于一条小巷子里，很难找到。一开始，我们带着手机导航出发，但是我们迷失了方向。

厦门的路是弯弯曲曲的。我按照导航的指示，在民族路直走，在某个路口左拐。然而，走了将近半个小时，我们还是找不到它。我们迷路了，真令人伤心。天气很热，我们又累又饿。这时，Lucy 决定再确认一下路线。她打开导航以确定我们在哪里。很快，她发现了问题，并带我们回到正确的道路！Lucy 看起来有点生气，因为我的疏忽让她走了这么远。她告诉我，我一定是完全走了回头路！

为了表示抱歉，我给她买了她最喜欢的奶茶，并且在店里休息了一会儿。然后我们就再次出发了，大概过了半小时，我们终于找到了乌糖沙茶面！

24-2: 迷路泰国

Describe a time when you lost your way.

You should say:

When it was

Where you went

How you got lost

And explain what happened after you lost your way.

Last summer vacation, I took a trip to Bangkok with my good friend Anna. It was my first time going abroad.

Anna and I bought tickets and hotels online, and we set out. As soon as we got to Bangkok, we got lost. Because it was night at the time, the streets were very dark. After we got out of the subway station, we couldn't distinguish the direction. After walking for ten minutes, we felt that we had gone the wrong direction. As you know, Baidu Maps is not so helpful in foreign countries since it often locates us in a wrong position.

So, I went to a Thai local who sold pancakes on the roadside and asked for help. I took out a picture of my hotel and asked him "do you know where this hotel is?" in poor English. At that time, I was worried that he didn't know English, but to my surprise, his English was very good! He was very kind and showed me the way to the hotel. It turns out that the hotel was not far from us, but the front of the hotel was very small, which was not easy to find.

Getting lost in a foreign country is very disturbing. Fortunately, I can speak a little English. Otherwise it could have taken much longer to find the hotel.

中文思路:

去年暑假，我和好朋友 anna 一起去泰国曼谷旅行，这是我第一次出国。

安娜和我在网上买了机票和订了旅馆，然后我们就出发了。但我们一到曼谷就迷路了。当时已经天黑了，街道昏暗昏暗的。我们出了地铁站，就分不清方向了。走了十分钟，我们觉得走错了路。你知道，国内的导航软件在国外是不能用的，因为总是定位错误。

所以我找到了一个在路边卖煎饼的泰国本地人，想找他问路。我拿出旅馆的照片，用我蹩脚的英语问他“你知道这家旅馆在哪儿吗？”。起初我担心他不懂英语，但令我惊讶的是，他的英语非常好！它很快给我指明了去旅馆的路。原来酒店离我们不远，但是酒店的前面很小，不容易找到。

在外国迷路很令人不安。幸运的是，我会说一点英语，否则可能要花更多的时间才能找到旅馆。

24-3: 迷路商场迷路

Describe a time when you lost your way.

You should say:

When it was

Where you went

How you got lost

And explain what happened after you lost your way.

I have always been told I suffer from a poor sense of direction (方向感很差) and due to this it is often difficult for me to find a specific place. Just this previous weekend, my good friend Lucy asked me out to dinner at New Joy City. New Joy City is a recently opened shopping mall and what makes it even more exciting is that it is the largest shopping mall in the city.

As I had never previously ventured to this mall, I arrived to it 15 minutes ahead of schedule (比计划提早) to avoid being late. However, to my shock and dismay (诧异), the shopping mall was so vast that, though I traversed (横穿) the area several times on the fourth floor, I found it impossible to find the western restaurant which had been mentioned by Lucy. I'm accustomed to using Baidu Maps when I get lost, unfortunately it only worked in the foyer area (正门处) but didn't work further inside the building. Thus, I had to ask others for assistance. Unfortunately, as the mall had just opened, everyone I asked informed me that they knew nothing about the restaurant. Eventually, I had to visit the customer service center and ask an employee there for the location of the western restaurant. I was informed that I was currently on the fourth floor of Section B, but the restaurant that I was searching for was in Section A. It suddenly dawned (认识到) on me the reason why I had got lost, and what made it even more awful was that I was already half an hour late for the date.

The whole experience was a total waste of time and I was tardy (迟到) for my appointment. Overall, I felt utterly depressed and chagrined (懊恼) at my stupidity. This terrible day shall be a lesson to me that in the future I should meet my friend outside the mall instead of inside of it.

中文思路：(本套是高分版)

我是个方向感很差的人，寻找某个地方对我来说通常很困难。就在上周末，我的好朋友 Lucy 约我去新开业的大悦城吃饭。大悦城是不久前才开业的购物中心，也是全市最大的购物中心。

因为我从未去过这个商场，我特别提前了 15 分钟到达那里，以免自己迟到。然而这个商场实在是太大了，我费尽力气在四层转了好几圈也没有找到 Lucy 说的那家西餐厅。平时迷路我都习惯用地图导航，但是这个方法在商场里根本没用。我只能询问旁边餐厅的服务员。因为商场新开业，很多人都回答我不知道。我自己走着走着发现了客户服务中心，我立刻进去询问西餐厅的位置。我被告知所在的是 B 区四楼，而餐厅在 A 区。我这才知道自己为什么迷路，此时时间已经过去半个多小时了。

我的时间被浪费在无意义的事情上，导致约迟到。我感觉非常沮丧，为自己的愚蠢感到懊恼。以后再有类似的约会，还是在商场门口见面比较好，这样就不会发生类似的事情了。

25: 受欢迎的人

Describe a popular person you know.

You should say:

How you knew this person

Where and when you usually see this person

What type of person he/she is

and explain why you think this person is very popular.

Li Jiaqi has a lot of fans and is currently the most popular anchorman in China. I believe every young girl in China knows about him.

I do know he broadcasts on Taobao.com almost every night, but I don't know the specific time he broadcasts. He used to be an ordinary cosmetics salesman before he became an influencer. Li Jiaqi usually recommends a variety of good products in his live broadcast. When he finishes the introduction of the products, he will provide the purchasing links. Most importantly, the price he offers is very favorable, and he usually provides some additional gifts.

The reason why he is so popular is that people can buy the products they need at a lower price through his live broadcast while makeup in the mall is too expensive for most citizens. Also, Li Jiaqi often recommends products that are fair-price and of good quality, which are very suitable for common people.

He will analyze the ingredients of popular skincare products on social media and explain to fans which people are suitable to use this product. What's more, he also recommends lipsticks. Every lipstick he recommends is a super gorgeous color. I believe Li Jiaqi is a very real and hardworking man. It is exciting to witness his growing popularity.

中文思路:

李佳琦拥有非常多的粉丝，是当下全中国最火的主播。他非常受女生的欢迎，我想应该没有一个年轻女孩子不认识李佳琦。

我知道他几乎每天晚上都会在淘宝网直播，但我不是很清楚他直播的具体时间。他以前是一个普通的化妆品售货员，后来才转行成为一名主播。李佳琦在直播中通常会推荐很多好用的产品，经过一番介绍之后，他会提供产品的购买链接。最重要的是他给出价格是非常优惠的，通常还会有很多额外的赠品。

他之所以受欢迎，是因为通过他的直播间，粉丝们可以用更低的价格买到自己需要的产品。商场里的彩妆对大多数人来说太贵了。李佳琦经常会推荐一些平价又好用的产品，非常适合普通人。我认为李佳琦是个非常真实且努力的人。看到他越来越受欢迎，我为他感到开心。他会在社交媒体上认真的分析当红护肤品的成分，并且解释这个产品适合什么样的人使用。除此之外，他还会推荐口红。他推荐的每一只颜色都超级好看。

26: 未来想去的遥远地方

Describe a place which is far away that you would like to visit in the future.

You should say:

Where it is

How you would travel there

What you would do there

And explain why you would really like to visit this place.

A place I plan travel that is far away from home is Scotland. It is located in the north of United Kingdom, I would have to take an airplane to get there. And I know that it would be a very, very long flight from China to Scotland.

Scotland is a big island. I'd like to start right at the top of the island, close to Loch Ness. Maybe I could get a chance to see Nessie, the Loch Ness monster! I don't know if she really exists, but there's so much lore about her, I would just like to learn more. I'd also like to see some traditional Highland Games; I'd like to see some of their traditional sports. When I go to Ireland, I'd love to go see the cliffs overlooking the ocean. What I want is just want to be there on my own to see and hear the ocean crashing.

The reason why I'd like to go to Scotland is because there's so much history and the countryside is beautiful. I'd like to go in September because I don't think it would be as crowded with tourists.

Another reason I want to go there is because I enjoy driving along the coastline of an island. Scotland is a big island country with very long coastline. I would enjoy exploring this part of the world alone.

Finally, I think the highlight of the trip would be to meet new people and getting to practice my English skills in conversation. I think it would be a great opportunity to enjoy seeing a beautiful country and challenging my ability of travelling alone in a strange country, at the same time.

中文思路:

我计划去的一个远离家乡的地方是苏格兰。苏格兰位于英国的北部，我得坐飞机才能到那里。我知道从中国到苏格兰将是一次非常非常长的飞行。

苏格兰是一个非常大的岛屿。我想从这个岛的顶部，靠近尼斯湖的地方开始游览。也许我能有机会去看看尼斯湖水怪！我不知道她是否真的存在，但是我只是想知道更多关于她的传说。我还想看一些传统的高地游戏；我想看看他们的传统体育项目。当我去爱尔兰时，我喜欢去悬崖俯瞰大海。我想要的只是一个人坐在那里聆听大海的声音。

我想去苏格兰的原因是那里有这么多的历史和美丽的乡村。我想 9 月份去，因为我认为这个季节那里不会被游客所挤满。我想去那里的另一个原因是我喜欢沿着岛屿的海岸线开车。苏格兰是一个海岸线很长的岛国。我喜欢独自探索这个世界的这一部分。

最后，我认为这次旅行的重点是认识新朋友，并在交谈中练习我的英语技能。我想这将是一个很好的机会去欣赏一个美丽的国家，同时自我挑战，提高独自在一个陌生的国家旅行的能力。

27: 逛公园（新题）

Describe a time when you enjoyed visiting a park or a garden.

You should say:

where it was

when you went there

why you visited there

what it looked like

A park that I enjoy visiting is the Donghu Park which is not too far from where I live. This is an advantage as I do not have to travel far to see the lovely park.

Donghu Park was built many years ago, and it has always been one of the parks that locals often go to. The park is large, with pavilions, promenades, meadows and several lakes. On weekends, the park is very crowded. Many families have picnics on its grass. There are also many tourists boating on the lake. The park also has a long jogging path, and many nearby residents often jog in the park in the early morning and late afternoon.

I like visiting the park because it is a place where I can get away from the crowds and hectic lifestyle of Guangzhou. Donghu Park can be very busy, as it is a popular tourist attraction, but I know where there are quiet and serene areas. Every weekend night, I love to go there for a jog to relieve myself of all my stresses. Last weekend, I asked my friends to go jogging there. Compared to going to the gym, I find it is very enjoyable to be surrounded by beautiful nature. I can often hear the birds singing and the wind rushing through the trees.

Donghu Park is filled with my good memories, so I enjoy spending my leisure time there.

中文思路:

我最喜欢的公园是我家附近的东湖公园，它离我住的地方不远。我不用走很远就可以看到这个公园，这是一个很大的优点。

东湖公园在很多年前就建造好了，它一直是我们当地人经常去的公园之一。公园很大，里面有亭子，长廊，草地还有几个湖。周末的时候公园人很多，很多家庭会去草地上野餐，也有很多游客在湖上划船。公园里还有长长的专用慢跑道路，每天清晨和傍晚的时候，很多附近的居民都会在公园里跑步。

我喜欢参观公园，因为它是一个让我可以远离人群和繁忙生活方式的地方。东湖公园可以很热闹，因为它是一个受欢迎的旅游景点，但我知道那里有安静和宁静的地区。每到周末的晚上，我喜欢去那里慢跑。以减轻我所有的压力。上周末我就约了朋友一起去东湖公园跑步，比起健身房，我发现被美丽的大自然包围是很愉快的。我经常能听到鸟儿歌唱，风吹过树林。

东湖公园充满了美好的回忆，所以我喜欢在那里度过我的闲暇时光。

28: 喜欢烹饪的人（新题）

Describe a person who enjoys cooking for others.

You should say:

who he/she is

how you knew this person

who he/she usually cooks for

and explain why you think he/she enjoys cooking for other people.

When it comes to people who love cooking, my mom is the first person that springs to mind. She's someone who truly delights in cooking for others, and, in my opinion, one of the most enthusiastic chefs I know.

I've known my mom ever since I came into this world, and she's always been a cornerstone in my life. I mean, from the time I was just a little kid, I was totally mesmerized by her cooking prowess. She had this magical ability to take basic ingredients and whip up the most mouthwatering dishes.

Typically, it's my mom who takes charge of cooking for our family. Whenever I visit home during holidays, she ensures that my dad and I get three hearty meals a day. She goes all out to make sure they're not just good but absolutely delicious. And on top of all that, when it's a special occasion or when our family gathers, she goes the extra mile. She meticulously plans an array of dishes so that everyone gets to indulge in her special creations.

You know, the reason my mom is so passionate about cooking is because she views these everyday meals as a way to show her love and care. To her, food is way more than just fuel for our bodies; it's a symbol of warmth and affection. Whenever she's in the kitchen, preparing those meals for us, you can see the pure joy and contentment on her face. My mom genuinely relishes those moments when our family gathers around the table to share a meal because that's when we also share stories from our lives. It's these times that really fill her with a deep sense of satisfaction and happiness. Cooking, to her, isn't just a skill; it's a means of conveying her emotions and sentiments.

谈到喜欢做饭的人，我第一个想到的就是我的妈妈。她是一个享受为他人烹饪的人。我认为，妈妈是我认识的最热爱做饭的人之一。

我从出生起就认识了我妈妈，她一直是我生活中的中心人物。从小时候起，我就被她的烹饪技能所吸引，她总是能用简单的食材创造出美味的餐点。

妈妈通常为家人做饭。我放假回家的时候，每天她都会为我和爸爸准备一日三餐，她总是竭尽全力地准备美味的食物。而且，每逢特殊的节日或者家庭聚会，她更是会精心策划一系列的菜肴，以确保每个人都能品尝到她的拿手好菜。

我妈妈之所以喜欢做饭，是因为她把一日三餐作为一种表达爱和关怀的方式。她认为食物不仅是为了填饱肚子，更是一种温暖和关爱的象征。每当她为我们做饭时，她的脸上总是洋溢着幸福和满足的笑容。我妈妈非常喜欢一家人围坐在一起分享食物，因为吃饭的时候我们会互相分享生活中的趣事，这样的瞬间让她感到满足和幸福。对她而言，烹饪不仅仅是一项技能，更是一种表达情感的方式。

29: 感兴趣的地方（新题）

Describe the part of your country that you find most interesting.

You should say:

where it is

how you know about it

what people can see and do there

and explain why you find it most interesting.

Chengdu is my favorite city in our country. It is located in the southwest of China. In recent years, Chengdu has developed fast and become an internet-famous city in China.

I saw Chengdu on TV when I was very young, and it wasn't until my parents took me on a trip to Chengdu after I graduated from high school that I first went there. Chengdu is famous for pandas and hotpot. Hotpot, in particular, has become the symbol of Chengdu. There may be more than one thousand hotpot restaurants in the city, which is a good indication of people's love for hotpot.

I believe Chengdu is the most interesting city in China, where ancient and modern wonderfully blend together. Chengdu has a well-developed and prosperous city, full of opportunities. But the people of Chengdu seem to live a much slower pace of life. People of Chengdu love many kinds of leisure activities, such as playing mahjong, raising pets, and dancing. It's rare to see a Chengdu native walking quickly down the streets; slowness is the city's main theme. So, there is not as much pressure to overwork there. Additionally, Chengdu boasts the largest population of giant pandas in all of China. I often see adorable videos of pandas like Hua Hua online. Its clumsy antics are incredibly amusing. Such cute pandas give Chengdu its unique charm.

So, I think Chengdu is an interesting city, full of opportunities and delicious food and it is a very suitable place for young people to live in.

中文思路:

成都是我们国家里我最喜欢的城市。它位于中国的西南部。近年来，成都发展迅速，成为了国内的网红城市。

我很小时候就在电视上看到过成都，直到高中毕业父母带我去成都旅行，我才第一次去那里。成都以大熊猫和火锅闻名。尤其是火锅，已经成为了成都的名片。在成都可能有超过一千家火锅店，这足以见得人们对火锅的喜爱。

我认为成都是全中国最有趣的城市，古老和现代在这座城市奇妙的融合在一起。成都的经济非常发达，充满机遇。但是成都人的生活节奏非常慢。他们喜欢各种休闲娱乐活动，比如打麻将、养宠物、跳舞。你很难看到一个成都人快步行走在大街上，慢是这座城市的主旋律。因此，那里不会有太大的工作和生活压力。此外，成都拥有全中国数量最多的大熊猫。我经常在网上看到大熊猫花花的视频。它笨拙的样子实在是太有趣了。可爱的大熊猫让成都这座城市拥有了自己独特的魅力。

所以，我认为成都是一个很有趣的城市，充满了机遇和美食，非常适合年轻人居住。

30: 重要规定（新题）

Describe a rule at work or school that you think is important.

You should say:

what it is

how you knew this rule

what happens if people break it

and explain why you think this rule at work/school is important.

In high school, there was an important rule which is that we were required to wear uniforms. The purpose of this rule may be to avoid issues arising from difference in dress among students and to foster a sense of community.

School uniforms are the norm in our country. They are a requirement in almost all primary and middle schools. At the start of the school year, the teachers briefed us on the school uniform regulations and took measurements of all the students to place orders for the uniforms. Approximately two days later, I received my own school uniform. Each school has its own unique uniform style, so through the uniform, I can easily identify which school a student attends.

If a student violates this rule, they will not be allowed to enter the school. Only when they put on their uniform can they go to school normally. I don't like to wear school uniform. Generally speaking, the style of school uniform is very outdated. For example, my high school uniform jacket is a rudimentary white and green style, which is very unfashionable. Of course, from the perspective of the administrators, having students wear uniforms makes it easier for them to manage the students, which is very important for the school.

中文思路:

高中时期，我们学校有一条很重要的规定，那就是要求我们在校期间必须穿校服。目的可能就是为了避免学生之间的穿衣攀比，以及培养集体意识。

校服在我们国家非常常见，几乎所有的小学和中学都会要求学生穿校服。在开学之初，老师就告诉了大家有关校服的规定，并且登记了所有学生的尺码，用于订购校服。大概两天后，我就收到了属于我的校服。每个学校的校服款式是不一样的，因此通过校服，我可以轻易的辨别一个人是哪个学校的学生。

如果学生违反了这项规定，那他将被不允许进入学校。只有当他换上了校服，他才能正常的进入学校学习。事实上，我并不喜欢穿校服。一般来说校服的款式都很过时，比如我高中的校服上衣就是简单的白色和绿色的搭配，一点都不好看。当然，站在管理者的角度而言，穿上统一的校服能够便于他们管理学生，这对学校来说是非常重要的。

31: 感兴趣的科学领域（新题）

Describe an area of science that you are interested in

You should say:

what it is

when and where you first heard about it

how you get more information about it now

and explain why you are interested in this area of science.

An area of science I have an astute interest in is marine biology. Marine biology is the study of underwater ecosystems. Marine biology covers a large area of knowledge regarding the ocean. Marine biologists study underwater biodiversity, interactions between species in the ecosystem, and even the impact of human behaviour on the oceans. It is a very exciting subject with a wealth of topics.

I first discovered marine biology during a high school science lesson. However, marine biology is far too specialist of a subject to be taught in a school science class. Therefore, I decided to self-educate. I bought many books on marine biology and watched online classes and documentaries. It was the first time I had taken such an avid interest in learning outside of my school studies. Ever since then, I have maintained an interest in marine biology and try to stay up to date with any scientific developments. I have such a great interest in this area of science because I think the world's oceans are incredible places. There is a considerable amount we do not know about the ocean, and the mystery of the matter excites me. I also love marine animals, such as dolphins, octopus, and sharks.

I hope that perhaps at some point in my life, I will work in marine biology and ocean conservation. The ocean is a very important and vulnerable ecosystem, one that we must protect.

中文思路:

海洋生物学是我非常感兴趣的一个科学领域。海洋生物学是研究水下生态系统的学科。海洋生物学涵盖了有关海洋的大量知识。海洋生物学家研究水下生物多样性，生态系统中物种之间的相互作用，甚至人类行为对海洋的影响。这是一个非常令人兴奋的丰富话题。

我第一次发现海洋生物学是在高中的一堂科学课上。然而，海洋生物学是一门非常专业的学科，不适合在高中科学课上讲授。因此，我决定自学。我买了很多关于海洋生物学的书，观看了在线课程和纪录片。这是我第一次对校外的学习产生如此强烈的兴趣。从那时起，我一直对海洋生物学保持着兴趣，并努力跟上科学发展的步伐。我对这一科学领域非常感兴趣，因为我认为海洋是不可思议的地方。关于海洋，还有相当多的东西我们不知道，而海洋的神秘使我兴奋不已。我也喜欢海洋动物，比如海豚、章鱼和鲨鱼。

我希望在我生命中的某个时刻，我能从事海洋生物学和海洋保护方面的工作。海洋是一个非常重要而脆弱的生态系统，我们必须保护它。

32: 糟糕服务（新题）

Describe a time when you received bad service.

You should say:

where and when you received bad service

who gave you this bad service

what happened

and explain how you felt when you received this bad service.

A few weeks ago, I bought a dress online. Then, I ran into some problems. This made the shopping experience unpleasant for me.

I had seen a similar style of dress at the mall before, only the brand at the mall was expensive. I even asked the salesperson if there were some discounts. The answer was no. The next day, I was surprised to find the same style online, but it was only a third of the price of the mall. I immediately placed an order for the dress on Taobao.

After I received it, I carefully looked at the dress and it was more or less the same as the one in the mall. However, I found some problems shortly afterwards. After I washed it, the dress started to shrink and it became smaller than before. And it no longer fits. After a while, the fabric of the dress also started to become wrinkled. All this made me very unhappy. Copy right by An xiao ya.

I contacted the seller online and unfortunately, the seller did not admit his fault. The owner told me that the problem was caused by my improper maintenance. He said it was not a quality problem. The clothes that have been worn cannot be returned or exchanged. This made me very mad. From this, I understand the truth that you get what you pay for. Although the price of things online is good, the after-sales service is far worse than at the mall.

中文思路:

几个星期前，我在网上买了一件衣服。然后，我遇到了一些问题。这使我觉得这次购物经历并不愉快。

之前我有在商场看到过类似款式的衣服，只不过商场的品牌价格昂贵。我甚至询问过售货员是否有一些折扣。答案是否定的。第二天，我惊喜的在网上发现了相同的款式，然而它的售价只有商场的三分之一。我立刻在淘宝网下单购买了这件衣服。

收到货之后，我认真观察了那件衣服，它大致和商场的没有区别。然而不久后我还是发现了一些问题。在我洗过之后，衣服开始缩水，它变得比以前小，这导致它不再合身。一段时间过后，这件衣服的面料也开始变得褶皱。这一切让我非常不满。

我联系了网上的卖家，遗憾的是卖家并不承认自己的过错。老板告诉我出现这样的问题是由于我保养不当造成的，并不是衣服有质量问题。已经穿过的衣服是不能退换的。这让我非常生气。这件事让我明白了一分钱一分货的道理。网上的东西虽然价格划算，但是售后服务是远远不如商场的。

33: 电脑出问题（新题）

Describe a problem you had when using a computer.

You should say:

what it was

when and where you had this problem

how the problem was solved

and explain how you felt when you had this problem.

At the end of last semester, when I was preparing materials for my paper, my laptop suddenly broke down. No matter how I clicked the mouse, the screen didn't respond. In a hurry I had to reboot the system but it didn't work. Microsoft Word had crashed, and I couldn't open any documents. I felt a little anxious and worried that I would lose the paper I had written half of.

Although I am not majoring in computer science, I have learnt how to use computers and have often played computer games since childhood. The computer that I am using now is built by me, and I installed all of the software by myself too. So, reinstalling the system and solving the computer lag is a piece of cake to me. Then, I reinstalled my computer and recovered back the documents quickly and perfectly.

Although computer failure is not a common thing in daily life, I think it is very necessary to learn some basic knowledge of hardware and software. Fixing a computer, like driving a car, is a practical skill. After all, the computer is a necessity in everyone's life. If it is not operated properly, you may lose some important documents. So, if we can solve some basic problems by ourselves, it definitely will save us time and money.

中文思路:

上学期期末，当我正在为论文准备资料的时候，我的笔记本电脑突然死机了。不论我怎么点击鼠标，屏幕都没有反应。情急之下我只能强制重新启动。我以为这样就能解决。但重新打开电脑之后，WORD 软件坏掉了，我点开任何文件都会闪退。我感到很着急，担心自己写了一半的论文会因此丢失。

虽然我不是学计算机技术的，但是我从小就会用电脑，平常时常打游戏。我正在用的电脑也是我亲自买部件组装的。所以一般的重装系统和解决电脑卡顿对我来说都不在话下。生活中经常有朋友让我帮他修理电脑，这对我来说并不算什么难题。我很快重装了软件，文件也完好无损的保存了。问题完美的得到解决。

电脑坏掉这种事在生活中虽然不常发生，但我认为学习一些基本的软硬件知识是非常必要的。修电脑就像开汽车一样，都是很实用的技能。毕竟电脑是每个人生活中的必需品，一旦操作不当，可能会导致一些重要文件的丢失。一些小问题如果能够自己解决的话，很大程度上可以节约自己的时间和金钱。

34-1: 感兴趣的历史时期（新题）

Describe a period in history which you are interested in.

You should say:

when it was

what happened

how you first heard about it

and explain why you are interested in this period of history.

As a science student, I don't know much about history. But if there is one period of time that piques my interest, it is China's Tang Dynasty.

I was first exposed to that period in my history classes in high school. Watching and listening to the teacher describing to us with gusto all its wonders and glories, my curiosity about the golden age started to grow.

What little knowledge I possess of the Tang Dynasty comes mostly from textbooks and TV dramas. There were quite a few popular TV series set in that era. In between the love stories of the main characters, I got to learn about certain historical figures and events. What stood out for me the most was the fact that the dynasty gave the nation its only female emperor, Wu Zetian. It was nothing short of amazing for Wu to climb to the pinnacle of power and command the respect and support of her ministers at a time in history when women were considered inferior to men. During her reign, Tang China flourished economically and culturally, with Chang'an (Xi'an), the capital, leading the world as the most developed city.

Every stage of history provides a snapshot of the social and economic realities of a country at a point in time. I want to understand how the Tang Dynasty managed its economic rise and what led to its eventual decline. Only by figuring it all out can we draw lessons from the past, and that is what the study of history is all about.

中文思路:

作为一个理科生，我对历史了解的并不多。如果一定要选择一个感兴趣的，我想了解中国唐代的历史。

我第一次接触唐代历史是在高中的历史课上。当老师兴高采烈的向同学们描述唐代辉煌的历史时，我也开始对这个朝代感到好奇。

我对唐代了解一点，但不多。大多来自于历史课本和电视剧。有几部热播的电视剧都是以唐代作为背景。除了男女主角的爱情故事之外，我也学到了一些历史人物和历史知识。我印象比较深刻的是唐代产生了中国历史上唯一的女皇帝武则天。要知道在古代中国，女性是不受重视的。武则天能成为皇帝，并且被大臣们认可，是一件非常了不起的事。并且在她的治理下，唐朝的经济和文化都得到了充分发展，都城长安一度成为全世界最发达的城市。

每一段历史都反映了当时国家的社会和经济状况，我想了解唐代是如何发展经济的，后期又是如何走向衰败。我们只有了解了这些才能够从历史中总结经验教训，这是学习历史的最大意义。

34-2: 感兴趣的历史时期（新题）

Describe a period in history which you are interested in.

You should say:

when it was

what happened

how you first heard about it

and explain why you are interested in this period of history.

A historical period that I want to know more about is the mid-twentieth century, especially World War Two. I want to know more about this period as it was a devastating and horrific tragedy that occurred in the modern era and changed the face of international relations forever.

I first studied this period in my history classes at school. I was curious about the reasons why so many countries declared war on each other. There were both European and Asian theatres of war. Europe was at war against Nazi Germany whilst in Asia, China was at war with Japan.

I am very interested in this period in history as it will no doubt give me much food for thought. There is no denying that this war wreaked unprecedented havoc around the world and claimed many precious lives. But viewed objectively, wars have traditionally been catalysts for booms in industry and technological innovation. With every war, there has been a giant leap forward in the tech space. More than 70 years after its end, we are still reaping the technological rewards of the Second World War: jets, rockets, computers, and penicillin, to name just a few.

Overall, I think this period plays a very important role in human history as it totally changed the face of international relations. It sent Europe into chaos, marked the rise of America and China, and the fall of the Soviet Union, which is the reason why I want to know more about it.

中文思路:

我非常感兴趣的一个历史时期是 20 世纪中期，尤其是第二次世界大战。第二次世界大战是历史上一个具有纪念意义的时刻，它极大地改变了国际关系的面貌。

我是在学校的历史课上第一次认识这个时期的，我很好奇是什么原因，让世界上如此多的国家同时发动战争。这是一场反对法西斯政权和军国主义极权主义的战争。当时有欧洲和亚洲两大战场，欧洲和纳粹德国交战，而在亚洲，中国与日本交战。

我对这个历史时期感兴趣，因为这个过程会带给我很多思考。不可否认，这场战争给世界人民带来了前所未有的灾难，很多人因此失去了宝贵的生命。但是客观上说，战争也促进了科技的迅猛发展。人类历史上每打一次仗，科技就跳跃发展一次。二战过去已经七十多年了，但是直到今天我们还享受着众多二战带来的科技成果：喷气式飞机、火箭、计算机、青霉素等等。

总的来说，我认为这段历史非常有意义，因为大部分现代发展都受到了战争的影响。

35: 钦佩的运动员（新题）

Describe a successful sportsperson that you admire,

You should say:

who this person is

what he/she has achieved

what you know about his/her life

and explain why you admire this sportsperson.

I think a famous athlete should not only be the best in his professional field, but also has decent quality and social image. Among many domestic athletes, I believe Yao Ming is the most admirable athlete I know.

Yao Ming is a basketball player who is very tall, about 2.25 meters as I can remember. As a basketball player, being tall is the best talent he has. Moreover, Yao Ming is also extremely hard-working and thus he plays basketball very well. He entered the NBA and achieved remarkable results, conquering most American athletes and audiences. Meanwhile, he has also actively participated in competitions as a member of our national team and led the national team into the top eight of the Olympic Games.

Actually, I knew little about his personal life. What I know about is only the reports on the internet. Aside from his basketball career, Yao Ming is also a person with an incomparable sense of duty and social responsibility. He did not choose to become a coach or be idle at home after retiring, but decided to enter politics instead, and now serves as the president of China Basketball Association. He is committed to promoting the development of China's basketball. Many famous athletes choose to be decadent and waste their time after retiring but Yao Ming still harbors great ideals and aspirations, which is what I admire most. Copyright by An xiaoya.

中文思路:

我认为一个著名的运动员不单单需要在他的专业领域做到极致，而且他还需要拥有良好的品质和社会形象。在诸多的国内运动员中，我认为姚明是我所知道的最令人敬佩的运动员。

姚明是一名篮球运动员，他长得非常高，我记得大概有 2 米 25 那么高。对于一个篮球运动员来说，长得高就是他所拥有的最好的天赋。而且姚明还是一个非常努力的人，所以他的篮球打得非常好。他进入了 NBA 职业联赛，并取得了骄人的成绩，征服了大部分的美国运动员和观众。同时他还积极参加我们国家队的比赛，带领国家队进入奥运会八强。淘宝：安小雅。

我对他的生活了解不多，仅限于网上的新闻报道。除了事业，同时姚明也是一个具有无比责任心和社会责任感的人。在他退役后，他没有选择当教练员或者赋闲在家。他选择了从政，现在担任了中国篮球协会的会长，致力于推动中国篮球事业的发展。很多著名运动员在退役后都选择了颓废和虚度光阴，但姚明还有着远大的理想和抱负，这是他最令我钦佩的地方。

36: 刺激的活动（新题）

Describe a time when you did an exciting activity with other people,

You should say:

what the activity was

where you did this activity

why you did this activity

and explain how you felt about it.

I want to talk about my experience of attending Jay Chou's live performance. I have been a big fan of Jay Chou since I was very young and I have always wanted to attend a Jay performance. At the end of last year, my roommate Lucy and I finally bought tickets for Jay Chou's performance in Shanghai.

The performance was held in Shanghai, it was the first time Lucy and I had been to Shanghai, and it took us a long bus ride to arrive at the venue. We were very excited on the way to Shanghai and we became more excited when we sat down in the venue seeing thousands of fans and the shaking glow sticks!

As soon as Jay stepped on the stage, the entire audience got excited! We shouted Jay's name so loud that we could hardly hear each other. But as soon as he started to sing, the world fell into a sudden silence. Jay sang some songs that I knew well, such as "blue and white porcelain" and "a thousand miles away". The sound effect of the stadium was so good that we were astonished by it. In the end, Jay also performed his specialty, singing while playing the piano. He was so handsome!

My generation all grew up listening to Jay's songs, so I was very happy to listen to his live performance. It was an unforgettable experience. Lucy and I had made up our minds to go to his performance again in the future.

中文思路:

我想说下我参加周杰伦演唱会的经历。我喜欢周董十多年了，一直很想看一场周董的演唱会。去年年底我和我舍友 lucy 终于买到了周杰伦上海演唱会的门票，这可把我激动坏了！演唱会在上海举行，我和 lucy 做了很久的大巴才到达会场。从坐上大巴起我就很开心，直到到达会场门口，看到成群的歌迷和荧光棒，我感到无比的兴奋！

周杰伦一出场，现场就沸腾了！观众都在喊周杰伦的名字，我们几乎都听不见对方的声音。但他一开始唱歌，现场就突然安静了下来。杰伦唱起了哪些我耳熟能详的歌曲，比如《青花瓷》《千里之外》。现场的音效特别好，我们听得如痴如醉。最后杰伦还表演了他的拿手好戏，一边弹钢琴一边唱歌，他真的是太帅了！能够亲眼见到我的偶像，并且听他唱歌，这一切实在是令人感到美好又兴奋！

杰伦的歌陪伴了我们这一代人一起长大，我非常开心能现场听他的演唱会。这是一次难以忘怀的经历，我和 Lucy 都约好了下次还要在听一次他的演唱会！

37: 给他人建议（新题）

Describe a time when you gave a piece of advice to someone.

You should say:

who you gave advice to

what it was

how this person reacted to the advice

and explain whether you feel you gave this person the right advice.

A couple of weeks ago a friend of mine asked me for some advice. He was going on a first date with a girl he had met in his art class. Before going on the date, he wanted to know if I knew of any good restaurants I could recommend for them to go to. He really liked this girl and wanted to make a good first impression so I wanted to give him really good advice.

I believe every girl appreciates a romantic dining ambiance, so I recommended a very nice and romantic western restaurant to him. This is a very fancy restaurant in the centre of Beijing which serves modern and elegant food. After he searched for some basic information about the restaurant, he agreed that it was a brilliant idea. The day after his date he called me to tell me the restaurant I recommended was fantastic. They have already arranged to go on a second date, so the advice that I gave him worked really well.

I felt very proud that I was able to give good advice and help my friend in his time of need. Often it is hard to make good decisions by yourself. So, it is important to have friends who are able to help you. Luckily, I am sure that my friend would do the same for me if I need advice.

中文思路：

几个星期前，我的一个朋友问我一些建议。他要和一个美术课上认识的女孩第一次约会。在约会之前，他想知道我是否知道有什么好餐馆可以推荐给他们去。他真的很喜欢这个女孩，想给她留下一个好的第一印象，所以我想给他一些很好的建议。

我想应该没有女孩子不喜欢如此浪漫的氛围，所以我推荐了一家很浪漫的西餐厅给他。这是一家位于北京市中心的高档餐厅，供应现代优雅的食物。他了解了餐厅的基本信息后，认为这是一个聪明的建议，决定带她去那里。

约会的第二天，他打电话给我，告诉我推荐的那家餐馆棒极了。他们已经安排了第二次约会，所以我给他的建议非常有效。

我感到非常自豪，我能在我的朋友需要的时候给他提供好的建议和帮助。通常一个人很难做出好的决定。所以，有能够帮助你的朋友是很重要的。幸运的是，如果我需要建议，我相信我的朋友也会为我做同样的事情。

38: 成功的经营者的新题

Describe a person you know about who runs a successful business.

You should say:

How do you know about this person

What kind of business does he/she run

How long has the business been running

And explain why you think his/her business is successful.

There is a small local bakery not far from where I live that makes the nicest bread I have ever tasted. This bakery is very special to me because the owner Arya is a close friend of my father. I've known her a long time. Arya has long been interested in making sweets and bread. Finally, after she mastered enough bread-making skills, she opened her dream bakery.

It has been two years that she opened this bakery shop. She makes all sorts of different bread, from sourdough loaves to French baguettes. The breads she makes are beautiful and tasty, so she has gained a very good reputation in our town. It is the most popular bakery in the whole town and all the townspeople come here to buy their bread each morning. So, she is very busy every day. Since it is so popular, we really have to get down very early to get the best bread. However, I do not mind getting up early to buy their bread, because it is really worth it.

Arya's business is quite successful, she is even planning to open another bakery next year. She once told me that she has to be in the bakery to prepare the dough at 4 am in the morning. I can see she really loves her job so she devotes herself to doing her business. Arya is very conscious about the selection of materials, like flour, sugar and even eggs, and she will choose the best ingredients regardless of the cost. This may be the secret of her success.

中文思路:

我家附近有一家面包店，那里的面包是我吃过的最美味的。这家店对我来说很特别，因为老板是我父亲好朋友。我和她认识很久了。一直以来，Arya 都对制作甜品和面包非常感兴趣。终于在她学会足够的制作面包技能后，她开了这家梦想中的面包店。

这家店开业已经两年了。店铺售卖各种各样不同的面包，从酵母面包到法棍。她每天都很忙，因为她做的面包很好看，在附近很有名。经常有人慕名前来购买。这是全镇最流行的面包店，所有人一大早就来这里买面包。因为它太受欢迎了，想吃到最好的面包必须要很早起床。但我丝毫不介意早起来买面包，因为面包真的很好吃。

Arya 是一位非常成功的老板。她已经计划明年开第二家分店。此外，她曾经告诉我她经常凌晨 4 点开始准备面团。因为她真心热爱这份工作，所以并不会觉得辛苦。Arya 对于原材料的选择非常讲究，包括面粉，糖，甚至是鸡蛋，她都会不惜成本选择最好的材料。这也许就是她的成功的秘诀所在。

39: 感到累的活动（新题）

Describe a time when you felt tired after doing an activity.

You should say:

what activity you did

when and where you did this activity

why you did the activity

and explain why you felt tired after doing this activity.

I can still vividly remember that summer vacation back in my sophomore year of high school. My parents decided to take me on an adventure to climb Mount Hua which is located in Shanxi province. Many martial arts novels I've read are set there, giving Mount Hua this cool and mysterious vibe. It's famous for its steep terrain, and to enjoy the incredible views from the top, you've got to be ready for some serious climbing.

My parents are hardcore hikers. They plan hiking trips several times a year. They think hiking is the best workout ever, keeps them fit, and lets them enjoy nature's beauty. Now, I'm not the biggest fan of hiking, but they convinced me to go along.

I still remember the day we tackled Mount Hua. We kicked off our adventure around 5 in the morning. We took a cable car to get halfway up the mountain and then started our hike. If my memory serves me right, we hiked for more than four hours to reach the summit, and let me tell you, I was wiped out. On the way back down, my legs were shaking like crazy, and I had to hold on to the railing for dear life. Thankfully, I made it down in one piece. Copyright by An xiaoya.

Sports-wise, I'm not really into them, so my legs were sore for a whole week after that Mount Hua ordeal. If you ask me, I'd rather hit the swimming pool any day. Swimming's awesome; you're not at the mercy of the weather, plus it's a great way to stay fit and look good.

中文思路:

我记得高二那年的暑假，我父母带着我去爬华山。华山位于陕西省西安市。我看过的很多武侠小说都是以华山为背景，这为它增加了不少神秘的色彩。它以高耸险峻为特点，想看到峰顶的美景就必须经过长时间的攀爬。

我父母非常热衷于爬山，每年他们总会安排几次爬山活动。他们认为爬山是一种非常有益的体育运动，能强身健体的同时也能欣赏山间的美景。虽然我兴趣不大，但在他们的要求下，我还是听他们话一起去了。

我还记得爬华山的那天，我们早上 5 点左右就出发了。我们乘坐缆车到达半山腰后开始步行上山。如果我没记错的话我们足足爬了 4 个多小时才到山顶，这可把我累坏了。我清楚地记得下山的时候，我的双腿一直在抖。我只能一边紧握栏杆，一边小心翼翼地下山。幸运的是最后我还是安全地下山了。

我从小就不太喜欢运动，很少参加激烈的体育运动，所以爬完华山后我的腿疼了整整一周。相对于爬山，我更喜欢去游泳馆游泳。游泳不怕风吹日晒，还能增强体质塑造形态。

40: 中文很好的外国人（新题）

Describe a person from another culture who speaks Chinese very well.

You should say:

who he/she

which country does he/she come from

how he/she learned Chinese

and explain why you think this person speaks Chinese so well.

It's quite a coincidence, but a few weeks back, I happened to meet a foreigner who spoke Chinese incredibly well. His name is Harry, and he's a stand-up comedian. Now, not everyone can master the art of stand-up comedy in Chinese, so I was genuinely shocked to see him perform so brilliantly in that context. What really got me was how captivating his performance was.

Harry is originally of Pakistani descent, born in the UK. By a twist of fate, he came to China to pursue his university studies and ended up sticking around to work and live here. During his stand-up routines, he often shares these amusing tales about his journey to learn Chinese. When he first started college, some classmates invited him to join an "English corner." He thought it was a gathering of foreign students, but lo and behold, it was a place where locals came to learn English from him! Lucky for him, he made some great Chinese friends there. At the beginning, he could only mimic their speech, but as time went on, Harry's Chinese got better and better. Meanwhile, his friends made remarkable strides in their English skills.

Now, what I believe really sets Harry apart is his natural knack for languages. He's got this inherent talent for learning, making it a breeze for him to pick up a new language. And, of course, immersing himself in the Chinese environment for more than a decade has played a huge role in his language journey. He's got a deep understanding of Chinese culture, and to top it off, his wife is Chinese, which I'm sure has had a significant impact on his mastery of the Chinese language.

中文思路:

很碰巧，几周前我刚见过一个中文说的非常好的外国人。他是一名脱口秀演员，名叫 Harry。要知道并不是每一个中国人都能说好脱口秀，因此在这种场合见到外国人让我非常震惊。令我想不到的是，他的表演非常精彩，令我非常深刻。

Harry 是一个在英国出生的巴基斯坦人，机缘巧合之下来了中国读大学，之后就继续在中国工作生活了。他在表演中有讲述自己学中文的有趣经历。他刚上大学的时候被同学邀请去英语角，他本以为英语角是外国学生的聚会，却没想到是大家向他学习英语的地方。幸运的是在那里他认识了几个中国朋友。一开始他只会模仿他们说话，直到后来 Harry 的中文变得越来越好。同时他朋友的英文水平也有了很大的进步。

我认为他的中文说的这么好，是因为他非常有语言天分。他的学习能力天生就很强。因此很容易学会一种新的语言。当然学习语言最重要的还是环境，他来中国已经生活十几年了，非常了解中国的文化。他的妻子也是中国人。这无疑对他中文水平的提高有着巨大的帮助。

41-1: 美丽的城市（新题）

Describe a city which you think is beautiful.

You should say:

where the city is

how you know it

what it is famous for

and explain why you think this city is beautiful.

Situated on the southeastern coast of Fujian province in China, Xiamen is, in my eyes, one of the most stunning cities. My first visit to Xiamen was during the summer vacation of my freshman year, and I went there with my friend. I was deeply captivated by this beautiful city at that time. Xiamen is renowned for its charming scenery, rich history, and abundant cultural heritage.

As a coastal city, it comes with a magnificent coastline. Strolling on the beach in the evening, I could fully appreciate the interplay of the azure sea and pristine white sand, like an enchanting painting. Xiamen is also famous for Gulangyu, a UNESCO World Heritage Site, known for its European-style architecture and unique cultural atmosphere which attracts numerous tourists. Furthermore, Xiamen takes pride in its food culture, with a variety of delicious seafood and local snacks that leave a lasting impression.

The beauty of Xiamen lies not only in its natural landscapes and rich culture but also in a unique sense of tranquility and harmony. The pace of life in this city seems less hurried, and its residents prioritize their quality of life. Xiamen's streets are clean and tidy, lined with greenery, and the city is well-planned, giving a sense of comfort. In conclusion, Xiamen is a city brimming with charm and beauty. As I stroll along the shoreline or marvel at the ancient architecture, I am enveloped in the serenity and loveliness of this city.

中文思路：

厦门是我眼中最美丽的城市之一，它位于中国福建省东南沿海。我第一次去厦门是大一暑假，我和好朋友一起去那里旅游。那时我就被这座美丽的城市深深吸引住了。这座城市以其迷人的风景、悠久的历史和丰富的文化遗产而闻名于世。

厦门是个海滨城市，拥有壮丽的海岸线。傍晚时分漫步在沙滩上，我可以尽情欣赏碧蓝的大海与洁白的沙滩相互交织，仿佛一幅令人陶醉的画卷。厦门还以世界文化遗产鼓浪屿而闻名，这里的欧洲式建筑和独特的文化氛围吸引着众多游客。此外，厦门还以美食文化而自豪，各种美味的海鲜和特色小吃让人回味无穷。

厦门之所以美丽，是因为它不仅拥有自然风光和丰富的文化，还有一种独特的宁静和和谐。这座城市的节奏似乎不那么快，生活在这里的人们更注重生活品质。厦门的街道整洁干净，绿树成荫，城市规划合理，给人一种舒适的感觉。总之，厦门是一座充满魅力和美丽的城市，无论是漫步在海边，还是欣赏古老的建筑，我都能感受到这座城市的宁静之美。

41-2: 美丽的城市（新题）

Describe a city which you think is beautiful.

You should say:

where the city is

how you know it

what it is famous for

and explain why you think this city is beautiful.

I think Sydney is one of the most beautiful cities in the world. It is a coastal city on the south east coast of Australia. When I went holiday there a few years ago, I first discovered and got to know about Sydney. I love travelling and I have recently developed a keen enthusiasm for surfing, so going on holiday to Sydney seemed like the perfect way to spend my summer. Sydney is a city which is famous for its amazing weather, beautiful beaches and fantastic surfing. When I got there, I slowly started to realize that it was one of the most beautiful cities that I had ever been to.

I could never figure out which part of this city attract me so deeply, it really was not just one thing. It is not a very old city, so most of the architecture is quite modern and you can't find beautiful ancient buildings like many other beautiful cities. It was more the raw nature of the city which was so beautiful. Every day was hot and full of sunshine, the weather was so beautiful, and the strong sunlight always gave the city a beautiful and inspiring glow. The beaches were long strips of the finest, softest sand. The streets were lined with beautiful palm trees and every person that I met seemed so friendly and happy. I think the experience of Sydney was so lovely that it will always be one of the most beautiful cities in the world.

中文思路:

悉尼是世界上最美丽的城市，它是澳大利亚东南的一个沿海城市。几年前我第一次去那里度假，才开始了解它。我喜欢旅行，最近对冲浪产生了强烈的兴趣，所以去悉尼度假似乎是度过夏天的最佳方式。悉尼因宜人的气候、美丽的海滩和美妙的冲浪而闻名。淘 宝：安 小 雅。

悉尼吸引我的不止有一点。它并不古老，大部分建筑都很现代，你找不到其他城市那样的老建筑。这座城市的原始自然让我感到美丽。每一天都充满阳光，气候是如此美妙，灿烂的阳光总是给城市带来鼓舞人心的光芒。沙滩是由最好、最柔软的沙子组成的。街道两旁是美丽的棕榈树，我遇到的每个人都友好又快乐。悉尼是如此可爱，它是世界上最美丽的城市之一。

42: 聚会（新题）

Describe a time when you went to a party that you enjoyed.

You should say:

when and where the party was held

what/who the party was for

what you did at the party

and explain why you enjoyed it.

There are always some wonderful encounters in life that will bring me many surprises. I can still remember very clearly that I surprisingly met my junior high school classmate Lucy last summer vacation.

At that time, my good friend Anna was celebrating her 20th birthday and invited me to her birthday party. She invited a lot of other friends to a very crowded but nice KTV. I have to say it was a little bit dark there and I couldn't see others very clearly at first. When I was singing happily on the stage, I noticed that there was a girl who was chatting with others on the sofa. She looked very familiar but I couldn't remember her name at that moment.

After singing the song, I immediately wanted to go closer to have a look. Unexpectedly, Lucy recognized me at once and greeted me happily. I was over the moon when I found out it was really my classmate Lucy! Lucy was one of my best friends in junior high school, but it had been so long after graduation and we had lost contact with each other.

I never expected that we would both know Anna and meet each other at a party. Although I hadn't seen her for many years, Lucy was still talkative and cheerful. We shared our current life with each other and added each other on WeChat.

I enjoyed the birthday party very much because there is nothing happier than a group of young people singing together. I even met a good friend that I had lost contact with for a long time.

中文思路:

生活中总有些奇妙的相遇，会带给我很多惊喜。我至今都记得非常清楚，去年暑假我意外地撞见了我的初中同学 Lucy。

那时候，我的好朋友 anna 准备过 20 岁生日，邀请我去参加她的生日聚会。她邀请了很多朋友，然后约在了一个热闹的但还挺不错的 KTV 聚会。我不得不说房间里面有点暗，我并没看清楚其他人都是谁。当我正在舞台上开心的唱歌时，我发现沙发上有个正在和别人聊天的女孩子很面熟，她非常像我的初中同学 Lucy。

唱完歌我立刻想走进店看个清楚。没想到 lucy 一眼认出了我，她开心的给我打招呼。发现真的是她我激动的跳了起来。Lucy 是我在初中关系最好的朋友之一，只是毕业的时间太久，我们彼此断了联系。万万没想到我们竟然都认识 anna，并且在她的生日聚会上遇见了。虽然很多年没见了，但 Lucy 依然是那么健谈和开朗。我们互相分享了现在的生活，并互加了微信。

我非常喜欢这次的生日派对！因为没有什么比一群年轻人在一起唱歌更快乐的事了。甚至我还意外遇到了很久没有联系的好朋友。

43: 有益的广告（新题）

Describe an advertisement you have seen that you think is good.

You should say:

what it is for

what it shows

when and where you saw it

and explain why you think it is a piece of good advertisement.

When it comes to advertisements, I would like to talk about the public service adverts about drunk driving. Drunk driving is a terrible thing which has huge impacts on a community. It is very dangerous and people may needlessly lose their lives because of drunk driving. Therefore, drunk driving is a very important thing to prevent.

Recently my local government released a series of effective adverts to tackle the issue and they were very memorable. I first saw this AD on a big screen in a shopping mall, and then I saw the same AD on social media too. The adverts were full of facts and statistics relating to the dangers of drunk driving. I think knowledge of the risks of drunk driving is the best deterrent.

Though the adverts were very chilling and serious, I still believe they are very good public service announcements. They showed how dangerous and how harmful drunk driving can be. They showed families who had lost children to drunk driving. They showed people who had been hit by drunk drivers, and drivers who died in crashes whilst under the influence of alcohol. Even though all the people in the adverts were actors, the adverts were still shocking and very convincing. They were really effective and shortly after the advertisement campaign, people were driving a lot slower and there were less incidents of drunk driving according to the daily news. I think I will remember these adverts for the rest of my life and never drive under the influence of alcohol.

中文思路:

说到广告，我想谈谈有关醉酒驾驶的公益广告。醉酒驾驶是一件可怕的事情，它对一个社区有巨大的影响。这是非常危险的，人们可能因为酒后驾驶失去他们的生命。因此，预防酒后驾驶是非常重要的。

最近我的地方政府发布了一系列有效的广告来解决这个问题，它们令我印象深刻。我第一次见到这则广告是在商场的广告屏上，后来我在网络社交媒体也刷到了同样的广告。广告中充满了有关酒后驾驶危险的事实和统计数字。我认为了解酒后驾驶的风险是最好的威慑。

这些广告非常令人恐惧和严肃。但我认为它是一条非常好的公益广告。他们展示了酒后驾驶的危险性和危害性。它们展示了因酒后驾车而失去孩子的家庭，被醉酒司机撞到的人，以及在醉酒状态下死于车祸的司机。尽管广告中的所有人都是演员，但广告仍然令人震惊，非常有说服力。他们真的很有效，在广告活动后不久。据《每日新闻》报道，人们开车的速度要慢得多，酒后驾车的事件也少了。我想我的余生都会记住这些广告，永远不会酒后驾车。

44: 喜欢的照片（新题）

Describe a photo you have kept that makes you feel happy.

You should say:

what it shows

when and where the photo was taken

how often you look at it

and explain why this photo makes you feel happy.

I have a picture in my bedroom of my whole family. In the photo, besides my parents and me, there are also my grandparents. Our family were laughing very happily. The camera helped us preserve this cheerful moment.

It was taken 2 years ago, when we all went on a family holiday to Beijing, in China. I have a lot of fond memories of that holiday. It's funny, because you might assume the special picture I keep in my room would have been taken in front of the Forbidden City, the National Museum, or any of the many famous landmarks in Beijing; but actually, it was taken at sunset right outside a small noodle shop. The background isn't beautiful, but all of us are smiling and laughing. I don't have a lot of pictures of us all together, and those that I do have are quite formal, so it's just great to have one picture where we are all so happy.

I keep it pinned to my wall behind my desk so I will see it every time when I go back home. Every time I look at that picture it makes me remember the good times I had with my family. No matter how down I'm feeling, I can't help but smile when I look at the picture. I believe that is the love my family gives me.

中文思路:

我卧室里有一张全家福的照片。照片里除了我和父母，还有我的爷爷奶奶。我们一家人都笑得非常开心。照相机帮助我们保存了这副美好的画面。

那是两年前我们全家去北京度假时拍的。那个假期期间，我有很多美好的回忆。有趣的一点在于，因为你可能会认为我放在房间里的这张特别的照片是在故宫、国家博物馆或北京许多著名地标前拍的；但实际上，这张照片拍摄于日落时分，就在一家小面馆外面。背景并不漂亮，但我们都很开心，都笑了。我有很多非常正式的照片，但我没有很多我和家人在一起的照片，所以能有一张开心的合照真是太好了。

我把它钉在桌子后面的墙上，因此只要我回家住，我每天都会看到它。这张照片总能让我感到快乐，因为每次我看到那张照片，它都会让我想起我和家人一起度过的美好时光。无论我心情如何低落，当我看到这张照片的时候，我都忍不住会笑起来，我想这就是家人给予我内心的能量。

45: 改变人生的时期（新题）

Describe a time when something happened that changed your life in a good way.

You should say:

what happened

when and where it happened

how you felt about it

and explain how this changed your life in a good way.

I believe the Gaokao really shapes the lives of many Chinese students, and I'm no exception. I went through the Gaokao in my hometown when I was exactly 18 years old.

In China, your ability to gain admission to a reputable university through the Gaokao exam largely shapes your future prospects, especially considering that blue-collar occupations in China often offer lower salaries. I aspired to secure a high-paying job.

During that time, my family and teachers really piled on the pressure, always reminding me how crucial the Gaokao was. So, on the night before the exam, I vividly remember struggling with insomnia, barely managing to get one or two hours of sleep. It's clear that the immense pressure had a significant impact on how I performed in the exam. As a result, I didn't do as well as I usually did, and my Gaokao scores fell short of my expectations, preventing me from getting into my dream university.

However, this setback actually pushed me to study even harder and get involved in extracurricular activities. During my college years, I managed to earn scholarships, took part in meaningful social practice, and landed some fantastic internship opportunities. Failing the Gaokao didn't bring me down; instead, it lit a fire under me to aim for excellence. When I look back, that Gaokao period truly transformed my life. While I didn't make it into my dream university through the Gaokao, it sparked a competitive spirit in me, driving me to constantly challenge myself and become a better person.

中文思路:

我相信高考改变了中国大部分学生的人生，我也不例外。我是在我的家乡进行高考的，那时候我正好是18岁。

在我们国家，能不能通过高考考上一个好大学，在很大程度上决定了我今后的人生轨迹。毕竟在中国蓝领的收入是很低的。我希望找到一个好工作来获得可观的收入。

那时候，我的家人和老师们给予了我极大的压力，他们都在不断地告诉我高考有多重要。于是，在考试前一晚，我清楚地记得我失眠了，只睡了一两个小时。很明显，压力极大地影响了我的考试状态。以至于我没有发挥出日常的水平，高考成绩比我平时低了不少，没有如愿考入我梦想中的大学。

但也因为如此，不甘失败的我变得更加刻苦学习，积极参加社会活动。大学几年里，我拿过奖学金，参加了很多有意义的社会实践，也拿到很好的实习机会。高考失利并没有把我打到，反而让我变得更上进更优秀。现在回过头来看，高考这段时间真的改变了我的人生。虽然我没有通过高考进入理想的大学，但是它激发了我的好胜心，让我不断鞭策自己，也让我变成一个更加优秀的人。

46: 成功的同学（新题）

Describe someone you studied with who is successful in his/her life.

You should say:

who this person is

where you studied together

when you studied together

and explain why you think this person is successful in his/her life.

Now, let's chat about my roommate, Arya. She's a fellow student from my college days. I'll tell you, she's the cream of the crop in our class, whether you're talking about test scores or her involvement in extracurricular stuff. Arya's got her sights set on a top-notch graduate program these days, and trust me, with her skills, there's no doubt she's going to sail right through the admissions process.

Our paths first crossed during our freshman year at a well-known university where we were both working towards our bachelor's degrees. As the years rolled on, we forged a strong friendship and created countless unforgettable memories throughout our four years in college.

Right before every final exam, Arya and I would make a beeline for the library to study together. These days, with me gearing up for the IELTS exam, the two of us have practically become library regulars, studying together nearly every day. Whenever I start feeling a bit lazy, Arya's right there, pushing me and ensuring we hit the library. I can't express enough how thankful I am for her unwavering support.

Arya has always been the standout, you know? Like, she's the one everyone looks up to. Back in college, she hardly ever skipped classes and consistently aced her studies. And get this, she was super active in clubs and even organized some big extracurricular events. Those experiences didn't just make her a star academically; they also polished her leadership and social skills. As a close buddy of Arya's, I can't help but swell with pride. I've never had a single doubt that she'll land offers from her dream schools in the very near future.

中文思路:

我想谈谈我的舍友 Arya，她是我的大学同学。她是我们班最优秀的学生，无论是考试成绩还是社会实践。Arya 最近正在申请一所顶尖大学的研究生，我认为以她的实力，一定会毫无疑问的被录取。

我们相识于大一的第一学期，共同在一所著名的大学攻读本科学位。在大学的四年里，我们成为了很好的朋友，一起经历了许多难忘的时刻。淘宝：安小雅。

每次期末考试前，她都会和我一起去图书馆复习功课。最近一段时间，由于我要准备雅思考试，我们两个几乎每天都会一起复习。每当我懈怠的时候，Arya 就会强迫我和她一起去图书馆。事实上我非常感谢她对我的督促。

Arya 一直以来都是大家眼中的模范生。她在大学期间几乎没有旷课，一直保持着高水平的学术表现。此外，Arya 还积极参与了各种社团，组织了不少大型的课外活动。这些经历让他不仅在学术上取得了成功，还培养了他的领导力和社交技能。作为 Arya 的好朋友，我为她感到骄傲。我相信在不久的将来，她一定会收到自己心仪的 offer，对此我从未怀疑过。

47: 想法有趣的人（新题）

Describe a person who always has interesting ideas and opinions.

You should say:

who this person is

how you knew this person

what kind of ideas he/she has

and explain why you think this person's ideas and opinions are interesting.

This topic reminds me of my little nephew who is only 4 years old and is still in kindergarten. Although he is young, he is very clever and always has interesting ideas. I really like to chat with him. I knew him from the first day he was born.

I still remember the day I was asked to look after him because both my uncle and aunt needed to work overtime. At the moment I stepped into the house, he imitated a dinosaur and tried to scare me. Of course, I was not scared, but laughed a lot. I spent the whole afternoon playing with toys and games with him.

When I borrowed his watch to see what time it was, I found that the time of his watch was wrong. I told him I was going to correct the time but was stopped by him. He said every time he went to kindergarten, he put the clock forward by half an hour, so that he could pretend that he would leave the kindergarten half an hour earlier. He explained that this would make him feel less sad. I immediately burst into laughter because it was a very interesting idea.

I don't know how he gets so many interesting ideas. His innocence and childlike humor always make me laugh, and these are unique ideas that we adults can't think of. He is the most interesting child that I have ever seen and I wish he could retain that creativity when he grows up.

中文思路:

这个话题让我想起了我的小侄子，他只有 4 岁，还在读幼儿园。虽然他很小，但很聪明，总是有有趣的想法。我很喜欢和他聊天。从我的小侄子一出生起，我就认识他了。我记得有一天我被要求照顾他，因为我的叔叔和婶婶都需要加班。我一进屋，他就模仿恐龙想吓唬我。当然我没有被吓到，而且哈哈大笑。我花了整个下午陪他玩玩具和做游戏。

当我借他的表看看现在几点时，我发现时间是错的。我告诉他我要改成正确的时间，但被他拦住了。他说，每次他去幼儿园，他都会把时钟拨快半个小时，这样他就可以假装自己提前半个小时离开幼儿园。他解释说这会让他感到不那么难过。我立刻大笑起来，因为这个想法真的非常有趣。

我不知道他怎么会有这么多有趣的想法。他的天真无邪和孩子气的幽默总是让我发笑，这些独特的想法我们成年人无法想到的。他是我见过的最有趣的孩子，我希望他长大后能保持这种创造力。

48-1: 困难任务

Describe something difficult you did and were proud of it in your work or studies.

You should say:

what you had done

why you did this

how difficult it was

and explain why you felt so proud of yourself for doing it.

My final presentation last semester was highly valued by my teacher. She said that it was a perfect presentation. What's more, I also gained extraordinarily good academic results for the term. While achieving these final grades wasn't a walk in the park, the results make me really proud.

The final presentation was collectively carried out by our group of six. In the group, we assumed different roles with some responsible for developing PowerPoint slides and some for research. I was responsible for delivering the presentation. I started to practice my presentation two weeks in advance in order to achieve a perfect outcome. Whenever I was free, I would rehearse my presentation in front of a mirror in the dorm. Every day I would spend at least 1 hour practicing in order to be able to give the speech without the script. I memorized a few thousand words of my speech in just one week, and to be honest, it was quite challenging. Such preparation required me to sacrifice a lot of leisure time, but I believe it all paid off.

Our group was highly acclaimed by our teacher because compared with other groups, we were the most well-prepared. Our PPT slides were exquisitely designed with rich content and well-researched sources. Prior to the presentation, I'd already been confident about myself.

I felt extremely proud about getting the teacher's affirmation that we'd done a great job. This is not vanity, as we were praised because of our hard work. Most importantly, I got a great academic result thanks to my good performance.

上学期末，对于我的期末汇报，我的老师给予了高度评价。她说这是一场完美的汇报。最后我也获得了非常好的期末成绩。虽然完成这项期末成绩并不容易，但最终的结果让我很自豪。

这项期末汇报是我们小组六个人共同完成的。我们每个人都有不同的分工，有的人负责做 ppt，有的负责查找资料。而我负责演讲。为了使演讲更加完美，我提前两周就开始练习了。有空的时候我就在宿舍对着镜子不停的练。为了脱稿演讲，我每天至少都会练习一个小时。我在一周的时间内背诵了几千字的演讲稿，事实上这是一件困难的事。这样的准备让我牺牲了很多娱乐的时间，但我相信这一切都会得到回报。

最终我们小组得到了很高的评价，因为和其他人相比，我们的准备是最充分的。我们的 PPT 制作精美，内容丰富并且有充足的数据支撑。演讲前，我就对自己充满了信心。

能得到老师的肯定，我感到非常骄傲。这不是因为虚荣，而是因为老师的赞扬是对我辛勤付出的肯定。最重要的是我因此得到了一个好成绩。

48-2: 困难任务

Describe something difficult you did and be proud of it in your work or studies.

You should say:

what you had done

why you did this

how difficult it was

and explain why you felt so proud of yourself for doing it.

I can still recall the day not so long ago when an American client visited our company. The task of receiving him was assigned to me by the manager, and fortunately, I succeeded in this tough job.

To be honest, though I have been practicing English recently, my level of fluency is still limited to some simple dialogues like shopping and getting directions when traveling abroad. Since no mistakes were allowed on such formal occasions, I felt quite nervous.

I was going to ask a colleague who speaks good English to join me in this task that day. However, I realized that everyone had their own work to do, and no one would be able to do me a favor. All I could do was take the client to the conference room and ask him to have a seat, and then in my broken English, I briefed him about the general situation of our company. To my great relief, he didn't even ask me any questions about the business! Just some simple inquiries about places to eat nearby. It was probably for only about ten minutes that I talked to him before my manager showed up. And then their formal meeting started.

In fact, I believe the biggest challenge in this job was overcoming my fear and communicating with the other person in English. It wasn't easy at all, and I felt really nervous when talking to clients. Fortunately, in the end, I managed to do it, and I'm proud of myself. This experience made me feel confident in my English learning ability.

中文思路:

我还记得不久前的一天，我们公司来了一个美国客户。领导将接待他们的任务分配给了我，幸运的是我成功的完成了这个困难的任务。

说实话，虽然我最近一直在学英语，但我的英语能力仅限于出国旅游时的一些简单对话，比如买东西和问路。而正式场合则不允许出错，所以我还是非常紧张的。

那天，我原本想找个英语好的同事和我一起完成这个任务。但是我发现每个人都有自己的工作，没有人可以帮助我。我只能硬着头皮把他带到会议室坐下，然后用我蹩脚的英语向他介绍了我们公司的大致情况。令我感到欣慰的是，他们没有问我业务上的问题！只是简单地问了一下附近有什么吃饭的地方。我大概只跟他聊了十几分钟，我的领导就过来了。然后他们就开始了正式的会议。

事实上，我认为这件工作最大的难点在于我必须克服恐惧，勇敢的用英语和对方交流。这其实并不容易，面对客户让我感到非常紧张。幸运的是最后我做到了，我为自己感到骄傲。这段经历给了我学好英语的信心。

49：一幅画（新题）

Describe a painting or drawing you enjoy looking at.

You should say:

when and where you first saw it

what it was about

what you know about the person who create it

And explain why you enjoy looking at it.

I like the painting *Mona Lisa* very much because it is interesting. I believe most people should know and have seen this painting because it is a masterpiece by the famous Leonardo da Vinci. Supposed to be one of the best painters in human history, Da Vinci created many other amazing works besides *Mona Lisa*, such as *The Last Supper*.

I can't remember if I have seen this painting in my childhood, but I do remember seeing a reproduction of it in a shopping mall when I was a high school student. It attracted me as a mysterious and appealing painting at that time. Copyright by Anxiaoya.

The painting depicts a smiling middle-aged woman. She is sitting by a window with a beautiful view of mountains and rivers. I find the painting mysterious because whatever angle I take to look at it, the woman in it seems to be gazing at me. And when I get closer, I kind of feel that the smile is gone and that the woman is wearing a slightly serious face instead.

This painting is so unique and intriguing that the longer you look at it, the more mysterious you will find it. Sometimes, I even think the woman's smile in the painting is a bit scary. That's exactly why I find it interesting and am fond of looking at it.

我觉得蒙娜丽莎的微笑这幅画非常有趣，我很喜欢它。我相信绝大部分人都知道和见过这幅画，因为它实在是太有名了。这幅画的作者是大名鼎鼎的达芬奇。他应该是人类史上最杰出的几位画家之一。他不但创作的蒙娜丽莎的微笑，还有很多杰出的作品，如最后的晚餐。

我已经不记得我小时候是否见过这幅画，但我记得在我高中的时候，我在一个商场看到这幅画的复刻版，当时我就觉得这幅画非常神秘有趣。

这幅画画的是一个微笑着的中年女性。她坐在窗边，窗外是秀美的山水景色。我认为这幅画非常神秘，因为我发现无论从哪个角度看，画中的女性都似乎在凝视着我。而且当我再仔细观察时，我甚至觉得画中的女性似乎没有在微笑，神情反而有些严肃。

这幅画是独特的，耐人寻味的。看它的时间越久，你就会觉得它越神秘。有时候，我甚至觉得画中女性的笑容竟有些恐怖。而这就是我觉得它有趣的地方，所以我非常喜欢看这幅画。

50-1: 等待美好事情（新题）

Describe a time when you had to wait a long time for something nice to happen.

You should say:

what you were waiting for

how long you waited

why you had to wait

and explain how you felt when the nice thing finally happened.

Over the past year, I've been anxiously anticipating something wonderful: the hope that our school would finally lift the restriction on students' freedom to come and go as they please.

This ban was implemented in response to the COVID-19 pandemic. To safeguard the health of the students, our school enforced restrictions on our ability to freely enter and exit the campus and dormitories. We were only allowed to seek permission from teachers for essential reasons to leave. Unauthorized departures could lead to warnings or, in more severe cases, expulsion. I honestly didn't like how this limitation affected my daily life. So, I've been eagerly waiting for the day when they finally lift this ban, and we can have our freedom back.

You know, during that time, COVID-19 was spreading in different parts of China, and this restriction stuck around for over two years, with some on-and-off periods. It wasn't until last December that our school finally decided to lift it, in line with the latest national guidelines.

When we got the news, my classmates and I were absolutely thrilled! During the lockdown, our movement was restricted to the campus, and sometimes we couldn't even leave our dorms. Every day felt like a repetition of staying in a small dorm room and having the same meals in the cafeteria. You can't even imagine how much I yearned to go out, watch movies, and savor good food. It had been such a long time since I'd been on a trip. But when the ban was finally lifted, we could return to our regular studies and lives. I had been waiting for this day for a whopping three years, and it was an incredibly joyful feeling.

中文思路:

去年一整年，我都在等待一件美好的事情发生，那就是希望我们学校早日解除学生自由进出的禁令。

这个禁令是源自新冠疫情，我们学校为了学生的健康着想，禁止学生自由出入学校和宿舍。只有当学生有紧急事情，才能向老师申请外出。如果未经许可私自外出，轻则通报批评，重则取消学籍。我非常厌恶这项限制学生自由的禁令，因为它极大地限制了我生活的便利性和自由。所以我一直在等待禁令的取消。

那时候全国大多数地方都发生了严重的新冠疫情，禁令断断续续持续了两年多。直到去年 12 月，根据国家最新政策要求，我们学校才解除了这个禁令。

收到这个消息的时候，我和我的同学们都开心极了！在被禁足的日子里，我们每天只能在学校范围内活动，有时候甚至被要求不能出宿舍楼。每天我只能呆在狭小的宿舍里，在饭堂吃着重复的饭菜。天知道我有多想出去看电影和享受美食。我已经很长时间没有去周边旅游了。禁令解除后，我们终于可以恢复正常的学习和生活，为了这一天我已经期盼了三年之久，这真的太好了。

50-2: 等待美好事情（新题）

Describe a time when you had to wait a long time for something nice to happen.

You should say:

what you were waiting for

how long you waited

why you had to wait

and explain how you felt when the nice thing finally happened.

Last year, my friends and I went on a trip to the famous Mount Tai. Mount Tai, located in Shandong Province, is one of the five most famous mountains in China. Mount Tai is famous for the magnificent sunrise. I had read some poems and articles describing the sunrise on Mount Tai in books when I was young. In fact, I was so amazed by the sunrise of Mount Tai that I had waited a long time for it.

Since we were going to see the sunrise on Mount Tai, we needed to stay there for one night. On the first day, we took the cable car up the mountain to the halfway point in advance. To my surprise, unlike Mountain Hua and Mountain Huang, Mount Tai has very gentle paths. We reached the summit with little difficulty. The next morning, we got up at 5am because the sunrise was quite early and there would be a lot of people waiting there. We had to get up early to get a good place so we could appreciate the beauty of sunrise.

After we had waited for nearly one hour, the sun began to come out. At this moment I thought it was totally worth it because the sunrise on Mount Tai was really astonishing! The dark sky brightened gently and the sun seemed to appear through the clouds. The scene was so beautiful that I couldn't put it into words. It was such an amazing and unforgettable experience, and it is the perfect place to recommend to all of my friends to visit.

中文思路:

就在去年，我和我的朋友一起去了著名的泰山旅游。泰山坐落在山东省，是中国最有名的五座山峰之一。泰山以日出的壮丽景观闻名，我小时候就在书本上看到过一些描述泰山的日出的诗词文章，事实上，泰山的日出令我震撼，不枉我为此等待了很长一段时间。淘宝：安小雅。

因为我们准备看泰山的日出，所以我们需要在泰山上住一晚。我们提前一天乘坐缆车到了半山腰。出乎我的意料，泰山跟华山和黄山不一样，山路修得十分平缓。我们几乎不怎么费劲就上了峰顶。第二天早上我们 5 点就起床了，山上日出时间较早，而且人很多。我们必须早起才能在观景台占个好位置。

当我等了接近一个小时候，太阳开始慢慢出来了。我觉得这一切都是值得的，因为泰山的日出真的是太美了！黑漆漆的天空慢慢变亮，太阳貌似在云层中出现一般，这幅景色美的让我无法用语言表达。这次旅行让我非常难忘，我会向我所有的朋友推荐泰山这个完美的旅游景点！

51: 想了解的有趣陌生人（新题）

Describe an interesting person who you have never met, but would like to know more about.

You should say:

who this person is

how you heard about this person

what interesting things he/she has done

and explain why you'd like to know more about this person.

I'm into this TikTok dude named Torres. He's a real Hong Kong native, and he's not just good at English, but he speaks Mandarin and Cantonese too. The guy's pretty tall, not exactly a looker, but his smile is just so darn sunny.

I stumbled upon his TikTok vids by pure chance. That beaming smile and his fun content immediately grabbed my attention. The thing that stuck with me the most was when he hit up Harvard and did those random quizzes with the students, like a trivia showdown. They could keep going for double the cash or just take the money and run. Top prize was 160 bucks, and it made the whole thing super fun! And you won't believe it, but even Harvard students got stumped by some easy questions. Apart from that, he's got loads of cool ideas, like during the World Cup, he went up to a bunch of Brazilian fans and started yelling "Argentina's gonna win!" just to stir the pot.

In a nutshell, Torres always has some interesting takes and ideas. Every time I catch one of his videos, it puts a smile on my face. It's probably because he had an open upbringing that his thinking is so open and adaptable. I'm really eager to learn more about him 'cause I wanna be as upbeat and fun as he is. That's why he's got this huge fan following on social media, becoming a real internet sensation.

中文思路:

我在 Tiktok 上关注了一个非常有趣的英文博主，他叫 Torres。他是一个土生土长的香港人，不仅英语说的好的，还会讲普通话和广东话。他的个子很高，虽然长得不算帅气，但笑起来很阳光。

我是在偶然的情况下，在 Tiktok 里刷到他的视频的。他灿烂的笑容和有趣的视频内容立刻就吸引住了我。令我印象最深的是他去哈佛大学随机采访当地的学生，跟他们玩答题游戏。学生在答对一道题后可以选择继续挑战，赢取双倍奖金，亦或者拿钱走人。最高可以获得 160 美金的奖励，这使得这档节目非常有趣！更令我吃惊的是哈佛大学的学生也会被一些简单的小问题难倒。除此之外，他还有很多有趣的想法，比如在世界杯期间，跑去一堆巴西球迷边上大喊阿根廷必胜等等。

总之，Torres 是一个总是有着有趣观点和想法的人，每次看他的视频我都感到很开心。可能因为他从小接受了很开放的教育，所以他的思维方式独特且多变。我很想更多的了解他，因为我想成为向他一样开朗有趣的人。这让他社交平台上积累了大批粉丝，成为一个备受欢迎的网红博主。