

趴趴雅思口语素材





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Part 1 新题: Staying up (确认新题)

1. Did you stay up late when you were a kid?

Not really. I mean I wanted to go to bed late sometimes, but you know when we were a kid, our parents always worried about us not getting enough sleep. So, they would remind us when it was bedtime and made sure that we really slept. However, for some special occasions, such as New Year's Eve, we could stay up a bit later.

2. What does it feel like the next morning if you stay up late?

Well, as a morning person, I have to say that if I cannot go to sleep early, the next day will feel totally wasted. I will not be able to concentrate on my studies/work and I lose my appetite. Also, in the afternoon, the exhaustion will be overwhelming for me, and I will definitely need to go to bed extra early.

3. What do you usually do when you stay up late?

Oftentimes, I stay up late because a deadline is approaching and I haven't accomplished my assigned tasks. Occasionally, I also stay up because I would like to finish the last episode of my best TV series since I'm so gripped with its storyline and simply can't leave it to the next day.

4. Do you often stay up late?

Yes, I guess I stay up late pretty often because it seems to me that things can never be finished no matter how hard I've tried. And even if I did get things done, I always want to spend some time on my own doing things like binge-watching my best TV series on Netflix.



Part 1 新题: Jewelry (确认新题)

1. Why do you think some people wear a piece of jewelry for a long time?

I guess that is probably because jewelry usually carries some special meaning and the person who wears it wants to remind themself about that regularly. For example, wedding rings are one of the things some people wear all the time, and they can remember the happy moments with their partners.

2. Do you usually buy jewelry?

Seldom. I'm not someone who is a big fan of (非常喜欢) jewelry. It seems to me that simplicity is my first principle when it comes to fashion, so chances that I buy jewelry are pretty slim (机会非常渺茫). But I totally acknowledge some people probably like to buy jewelry just because they wanna be more attractive, charming, or fashionable (时尚的).

3. What type of jewelry do you like to buy?

Among all kinds of jewelry, I like silver ones best because they show my high social status. What's more, I heard that wearing silver jewelry is good for physical health due to the silver element.

4. Do you often wear jewelry?

Not often. When I have some important meetings such as conference meetings with clients, I will choose to wear jewelry to make myself look more confident and beautiful. But in my daily life, I won't wear them because it is somewhat dangerous if you wear luxurious ones walking outside.



Part 1 新题: Art (确认新题)

1. Do you like art?

Yes, I do. I like all kinds of art. I think I got influenced by my grandfather. My grandfather is a well-known local oil painter. One of his oil paintings can be sold for a few thousand dollars. When I was young, I always watched him paint. Then gradually I fell in love with the arts. Not only paintings and drawings, I am also a big fan of musical instruments.

2. Do you like visiting art galleries?

Of course, I like visiting art galleries. My grandfather always brought me to different art galleries when I was young. Even now, sometimes I go with him to art galleries. My favorite art gallery is the Louvre in Paris, France. I have been there once, before the epidemic started, and it was breathtaking. I still remember the excitement I felt when I saw the Mona Lisa for the first time.

3. Do you want to be an artist?

Well, to be honest, although I love art, I don't think I would like to be an artist in the future. I know that my grandfather's paintings can be sold for a lot of money, but he was relatively poor when he was younger when he was a nobody. For most artists, they lead a relatively poor life. So, I don't want to be an artist.

4. Do you like modern art or traditional art?

Compared with traditional art, I prefer modern art more. Of course, this does not mean that traditional art is bad. Traditional art gives people the enjoyment of eternal beauty, and there is a reason why these beautiful treasures can be handed down through the years. But modern art gives people a stronger visual impact, which makes me feel even more impressed.



Part 1 新题: library (确认新题)

1. Do you often go to the library?

I go to the library at least three or four times a month. I find that reading greatly changes the way that I am thinking and it allows me to accept various opinions. I quite enjoy it. When reading in the library, I find myself relieved and the pressure less intense.

2. Did you go to a library when you were a kid?

When I was a kid, my mom took me to the library every weekend to finish my reading lists that covered a wide range of books. In terms of my reading habit, I should owe thanks to my mom who was keen on reading. She was a teacher and helped me make reading lists every semester throughout my school years.

3. Do Chinese kids often go to the library?

With the prevalence of the Internet, the number of the Chinese kids who go to the library to read has decreased in the past decade. Many kids choose to learn from TV programs or online reading. But there are still some kids going to the library to read because their parents think paper reading is more beneficial than online reading.



Part 1 新题: happy things (确认新题)

1. What made you happy when you were little?

There were lots of things that made me feel happy when I was young. For example, when I got my favorite dolls or toys on my birthday, I would be over the moon. Sometimes, I got good grades in math, I also felt really happy because I was not good at math. Apart from that, when I spent my summer vacation in the countryside with my grandparents and hung out with my friends in the village, I also had a lot of fun. As you can see, I had a very happy childhood.

2. What do you think will make you feel happy in the future?

Many things can make me feel happy in the future. Because of the Covid-19 pandemic in the past three years, I feel that being healthy is important, so I have decided to start some workouts like going jogging, and I believe regular exercises will make me much stronger and feel refreshed and energetic as well. In addition, now countries around the world are relaxing mask mandates and I'm really looking forward to going traveling abroad next year, and I feel kinda thrilled as I'm thinking of this.

3. Is there anything that has made you feel happy lately?

Yes, I just enjoyed my Chinese New Year vacation with my family and friends, and I was super happy. See, we have a whole week off for the holiday. For the first couple of days, I spent some quality time with my family members, sitting down, chatting, and having family dinners. Later, I went traveling with my family to Hangzhou and spent a really nice time there.

4. When do you feel happy at work? Why?

I would really be happy if I make some achievements at work. I like challenging things and don't wanna do routine work only. So, whenever I get out of my comfort zone and face challenges at work, I feel very thrilled and will become even happier when I handle the challenges smoothly.

5. Do you feel happy when buying new things?

Definitely. Who doesn't? I think most people love shopping because it means we are able to afford the things we want, and it's a really joyful journey. New shoes, new iPhones, new outfits, I'm even happy right now imagining getting all those new things.

6. Do you think people are happy when buying new things?

Why not? In most cases, buying new things is joyful because it means we are able to afford the things we want to purchase. But things would be very different if we were buying a new house because that means we have loans to pay, and that could be quite stressful.



Part 1 新题: t-shirts (确认新题)

1. Do you like wearing T-shirts?

It depends. Of course, I won't wear T-shirts in the winter, especially when it is really cold. But I have to say that t-shirts really are my favorite clothes in summer and I can wear them throughout the summer. T-shirts are comfortable and more importantly, they can go with everything so you can wear them with all your clothes like jeans or skirts, and it makes you look good.

2. Do you like T-shirts with pictures or prints?

No, actually I don't like t-shirts with pictures or prints because it looks so fancy, and that is not really my style. I prefer t-shirts in plain colors like pure white, grey, black etc. and it is OK if there are some small simple patterns such as flowers, cats, the English alphabet, etc. I believe that t-shirts without fancy pictures or prints make me look smart and they easily match my outfits.

3. Do you think older people who wear T-shirts are fashionable?

No, I don't think so. Today, t-shirts are common items in people's wardrobes. Not only the younger generation, but also the elderly prefers to wear them, and I guess it is because t-shirts are comfortable to wear and, as I said previously, they can go with everything, so more and more older people choose to wear t-shirts. I don't deny that wearing t-shirts doesn't make the elderly look fashionable, but I just don't think they choose t-shirts simply for looking fashionable.

4. How often do you wear T-shirts?

Every day. Many would think that the frequency of wearing T-shirt very much depends on the season. But you know, nowadays, shopping malls and offices have their heating on, and it's actually quite hot in there. So I wear the t-shirt under my sweater and coat, and if I feel too hot, I will take off my other layers.

5. Would you buy T-shirts as souvenirs on vacation?

Definitely, I think it's quite a good way to keep track of the places I've been to. You know, you really enjoy quality time on vacation, and when you wear the t-shirt again, you kinda get the mood back with it. Also, the t-shirt can be quite stylish if you choose the right one. Sometimes, I even buy t-shirts on vacation as presents for my family and friends.



Part 1 新题: keys (确认新题)

1. Do you always bring a lot of keys with you?

No, I don't bring any keys with me now, because I don't use them anymore. My apartment uses code lock, so I just have to remember the password. When I arrive at my work place, there is still no need for keys, because I use a swipe card to open doors and clock on. In my opinion, keys are becoming old–fashioned and are fading out of people's lives.

2. Have you ever lost your keys?

Yes, I lost my key when I was in high school. When I left my school and headed home, I realized I had lost the key to my bike. I spent a long time looking for it but failed to find it. It was a long ride from my school to my home, and I didn't bring any money with me. As a result, I asked my friend for help and to take me to my home with his bike.

3. Do you often forget the keys and lock yourself out?

No, I guess not, probably because I'm slightly OCD (强迫症) when I go out. I mean I would check my keys, phones, or things like that several times before going out. So, you know I can't be locked out apart from the exception that I'm just not behaving like myself for some reason (某种原因,不在状态).

4. Do you think it's a good idea to leave your keys with a neighbour?

Unfortunately, no. Even if we are on rather friendly terms (关系相当友好), I don't think that I would leave them my house keys. I would say that trusting someone is too risky these days. Currently, I'm living alone, so I would rather ask my parents to keep it than leave my neighbors the spare keys whenever I go away.



Part 1 新题: weekends (确认新题)

1. Do you like weekends?

Yes, of course, because weekends mean two days of vacation, and I can get some rest. Normally, I go to school every day and study hard from Monday to Friday. However, on weekends, I can go to the park or watch a movie with my friends, and let off some steam. Although weekends mean more homework for me, I still enjoy this precious time.

2. What did you do last weekend?

I went to my grandparents' house and enjoyed a family reunion there. It was last Saturday, it was my grandma's birthday so my parents and I went to her home early in the morning. I ordered a birthday cake shaped like a peach, symbolizing health and longevity. After arriving at her home, we cooked a big meal together and had lots of fun.

3. What do you usually do on weekends? Do you study or work?

Well, at the moment I am working, so I have a lot of time for myself on the weekends. Normally I will just hang out with some friends and do some grocery shopping. Sometimes there will be some special occasions, such as a friend's wedding or a party, and I will also put them into my weekend schedule.

4. Do you make plans for your weekends?

Definitely, I think even if we do not have actual work or study to do over the weekends, I don't want to waste time. Making plans can be a very effective way to make our life more productive and rewarding. That is why I always schedule different activities for Saturdays and Sundays. If I don't, I will probably end up lying in bed all day, which I don't really want.



Part 1 新题: music (确认新题)

1. What music do you like?

Among all kinds of music, I enjoy classical music the most. I believe classical music has a calming effect and it's absolutely timeless. Whenever I feel stressed or irritated, I put on earphones and listen to classical music. The wondrous sound of string music and wind music can heal me and make me peaceful.

2. Do you often listen to one type of music?

No, I like to explore different types of music, because I'm open to more possibilities. In my spare time, I tend to listen to classical music to help myself calm down. However, when I want some excitement, I would turn to pop music or even rock music to let off steam. Also,, to have more topics to talk about with my friends, I also listen to the newest popular music.

3. What music do your friends like? Do you enjoy the same type of music?

To be honest, I reckon that my friends like a variety of music. I see that sometimes they listen to rock and roll, sometimes it's just jazz and occasionally they will listen to country music. For me, I actually enjoy a very different type of music, I really like blues because it really makes me feel relaxed and calm.

4. Which singer or musician would you like to see in person?

Honestly, I would really like to meet Ed Sheeran in person because I think the lyrics in the music he produces are really inspiring and heart-touching. Also, I am a guitar player and I really want to talk to him about playing musical instruments and composing songs. I believe that by talking to him, I would be able to appreciate his music even more.

5. What's the most popular type of music where you live?

Well, for where I live, I guess k-pop music is probably what you hear everywhere in the neighborhood. Because there are a lot of students and young people living in this area, and now Korean culture is extremely trendy in China, the majority of students like their music and listen to it all the time.

6. What music do you dislike?

For me, I really prefer those quiet and soothing songs, even the ones without any lyrics. So loud music like heavy metal and rock and roll might not be my cup of tea. I guess that is probably because I see listening to music as a way of relaxation and I do not want very loud noises hovering in my head.



Part 1 新题: chocolate (确认新题)

1. Do you like eating chocolate? Why/why not?

Yes, I absolutely love eating chocolate. I like its special flavor, which combines sweetness and bitterness. I remember when I was in elementary school, my mother would buy me chocolate bars as bonuses each time I got a satisfactory grade. For me, chocolate is more than a tasty treat. It's also a symbol of achievement.

2. What's your favorite flavor?

My favorite flavor is dark chocolate because there is less sugar and cream in it. Compared to other types of chocolate, dark chocolate is healthier, and it contains a key compound that prevents heart disease. Some people may think dark chocolate is too bitter, but for me, it is a tasty, healthy snack.

3. Do you think it is good to use chocolate as gifts to others?

Yes, I think chocolate would be a fantastic gift for others because it has universal appeal. Everybody loves chocolate and chocolate products. Besides, there are tons of different flavors to select from, such as white chocolate, nut chocolate, and dark chocolate...one could always find a perfect flavor for themself. Besides, chocolate shows love. Sending people chocolate is like showing them your fondness, so it's particularly suitable to be a present.

4. How often do you eat chocolate?

Well, it depends on the type of chocolate. I have this habit of eating a small chunk of dark chocolate every day, as it is said to be healthy and can keep us energetic. However, for milk chocolate or white chocolate, which contains a lot of sugar, I barely eat it, because I want to keep my diet healthy.

5. Did you often eat chocolate when you were a kid?

Unfortunately, no. When I was little, my parents did not allow me to eat too much chocolate as it could rot my teeth and make me lose my appetite for other healthy food. I only got to eat some sweets, including chocolate, for special occasions, such as my birthday and other people's weddings.

6. Why do you think chocolate is popular around the world?

Personally, I reckon that the popularity of chocolate comes from the fact that it has a lot of varieties. If you prefer something sweet there is white chocolate and milk chocolate, but if you prefer something, let's say, a bit bitter and healthier, you can always go for a dark chocolate.



Part 1 新题: schools (确认新题)

1. Do you go to a good school?

Well, the school that I go to is not a well-known one, but it's quite nice. It's located in the city suburbs where there are lots of plants and rocky roads. It's especially beautiful when it rains lightly. The teachers are easygoing and caring. So, overall, I think it is a good school.

2. What changes would you like to see in your school?

Honestly, I'm pretty satisfied with my school. If I have to name some changes, I guess they could try and improve the school's exposure in the media, cause lots of people aren't even familiar with the name of my school. Yeah, what a pity!

3. Where do you go to school?

Well, actually, I went to school in my hometown in a small city, which was located in the southern part of China. The school was situated on top of a little hill, and it was surrounded by fences and walls. In our school, we had around 200 students and there were not many teachers.

4. Do you like your current learning atmosphere?

Yes. I enjoy the atmosphere my school creates. First of all, the school enrolled (招生) plenty of talented and smart students. Surrounded by them, I feel very energetic and inspired all the time. Besides, we have a comparatively relaxed academic environment that allows students to challenge themselves and make innovations.

5. What are the difference between your school and other schools?

I think the curriculum (课程) of my school doesn't follow the traditional one compared to others. Here we have Tai Chi (太极拳), swimming, career planning, etc. It's very considerate of my school to care for students' mental health and future development in this way.

6. Is there anything you want to change about your school?

Of course, nothing is perfect. I think the teacher in my school could be more involved in students' learning experiences. Even though we are already college students, we still need a lifelong mentor to keep our company, who can inspire us when necessary and help us tackle some detailed academic problems.



Part 1 新题: small businesses(确认新题)

1. Do you know many small businesses?

Yes, as a matter of fact, I do know a lot of small businesses. For example, the milk tea shops around the street corner are my favorite small businesses. On top of that, all the street stands which serve amazing food are also my favorite. I find that small businesses are closer to our lives than big companies, and they bring more convenience to us.

2. Do you prefer buying things in big companies or small businesses?

Well, it depends. When I buy expensive products like a TV or a vacuum, I would go for big companies because they represent 'quality' for me, whereas for small businesses, I would only buy small or cheap products there. I don't mean that the quality of small businesses is not good, but big companies normally offer better customer service and after–sales service. It would be much easier for me to purchase expensive products from them.

3. Have you ever worked in small businesses?

Yeah, of course. My first internship was in a small-scale private company with less than 50 people. What impressed me most there was its comfortable and relaxed working atmosphere. But generally speaking, I would like to take up a job in a big company (在一家大公司工作). You know big corporations are more reputable and prestigious than small ones, and they can also provide satisfactory welfare benefits (福利) along with other perks (额外待遇).

4. Have you ever thought about starting your own business?

Yes, I have given it some thought. I would like to start a bakery. I really like people, so I would love to be of service to them. I'm such a sucker for baking (特别喜欢烘焙). I am sure that I would want to try all sorts of dishes to present to my customers. But the most obvious reason is probably that I don't like working for a boss. What I mean to say is that I want to be independent and make my own decisions.



Part 1 新题: Outer space and stars (确认新题)

1. Have you ever learnt about outer space and stars?

Yes, I have. Geography is a subject in China's compulsory education, and astronomy interlinks with the geographical phenomena on earth. So basically, everyone will have to learn something about Cosmos and the stars. I know what planets compose the solar system and how the moon would affect the tide. It's interesting to see how things so far from you could affect your life.

2. Do you like science fiction movies? Why?

I do. A number of the most distinguished films in the film industry set their background on space travel . I surely enjoy an exciting journey into space with the movie characters. One of my favorite movies is Interstellar by Christopher Nolan. Sometimes I wish I could travel in space in real life.

3. Do you want to go into outer space in the future?

Well, I am negative about the commercial availability of space travel in my lifetime. But if the chance is real, I would certainly give it a go. Outer space is full of mystery, and discovering the unknown is always something worth human effort. Let's just hope for rapid technological advancement.

4. Do you want to know more about outer space?

Yeah, you know when I was a kid, I always wanted to see what the Earth looked like from far away, or whether there would be aliens on other planets. All these things sound pretty interesting for someone like me who really wants to explore the unknown in the solar system (太阳系), or even the whole universe. However, the way I've learnt about outer space is kinda limited to sci-fi movies, documentaries, and some famous books.



Part 1 Doing sports

1. What sports do you like?

Well, to be honest, I'm not much of a sports person generally. I'm only really interested in certain ball games, especially tennis. I guess that's because I was sent to a tennis academy to play tennis when I was like seven or eight years old. Though I still like the game, I'm not very good nowadays.

2. Where did you learn how to do this sport?

Well, as I already mentioned, I attended a tennis academy when I was younger. Before that, my father used to take me to the community stadium to play all sorts of ball games. He taught me the very basic skills in numerous sports, but found I was best at tennis so that's why I had to attend tennis lessons.

3. Did you do any sports when you were young?

Definitely. My parents believed that children should stay outside for as long as possible. I was never allowed to watch TV or play video games when I was a kid. Instead, I was taught many sorts of sports, like swimming, roller–skating and various ball games.

4. Do you think young people need more exercise?

I'm afraid that yes, I do think children and adolescents need to participate more in sports. I mean, their school lives just emphasize studying, so young children are forced to read books all the time, or take online classes. It's rare to even see a kid without glasses nowadays which just shows how little they get out.



Part 1 Names

1. Does your name have any special meaning?

(eg: Boxu Li李博旭) Yes, my great-grandpa gave me this name, because he had high expectations of me, "Bo" means knowledge and "Xu" means sunshine, he wanted me to be as positive and optimistic as the sun, he also hoped I could be knowledgeable and well-educated when I grew up.

2. How would you choose names for your next generation?

Well, choosing the name for the next generation is quite a serious and vital issue. First, I will take my parents' names into consideration, which shows heritage. Second, the name should have a good meaning and contain the best wishes from parents. Third, the traditional culture is an important and useful reference for naming.

3. Are there any differences between how the Chinese name their children now and in the past?

Of course, there is a huge difference between how the Chinese name their children now compared to the past. Chinese people used to name their children after some major events, like the country's establishment or the war to resist U. S. aggression and aid Korea. But now, people tend to choose some meaningful names for the next generation to express their best wishes.

4. Does anyone in your family have the same name as you?

Nope. In China, it is really weird to have the very same name as someone else in the family. It would be confusing when calling out a name. Parents will have different wishes for their kids, so they will give different meaningful names to their children. Besides, China's rich traditional culture gives people great choices to refer to when choosing the name for the next generation.

5. Are there any names that are more popular than others in China?

Surprisingly there is no specific name that is very popular in China, even though it has a population of over 1 billion people, but, I have noticed that if a newborn baby is a boy, some parents like to call them "Wei" or "Qiang", because these words mean "great and strong", and for girls, "Li" and "Ling" is more popular, which mean "clever and pretty".



Part 1 Birthdays

1. What do you usually do on your birthday?

I have a tradition on my birthday that I do not accept presents. Instead, I ask my friends to write me a handwritten letter. Preferably delivered by postal service, even when it's possible to meet in person. Then on my birthday I have a small gathering with my friends and read the letters I have received. I love the romanticism of emotions carried by ink.

2. What did you do on your birthday when you were young?

When I was young, I would invite a lot of my friends to my house to celebrate together. I would have a huge birthday cake with a tiger on it, for I was born in the "year of the tiger" according to the Chinese lunar calendar. My parents would sometimes invite some clowns to do some performances for me.

3. Do you think it is important for you to celebrate your birthday?

Yes, I do. Not only because my birthday is a day that is really worthwhile remembering, but also because it is a good opportunity for me to enjoy a big party with my best friends. In Chinese traditional culture, birthdays are quite important for those who are over fifty. So I think it is important for me to host grand birthday parties in my fifties, sixties, seventies, and so on.

4. Whose birthday do you think is the most important to celebrate in China?

I believe the celebration of a birthday is the celebration of someone's achievements and virtues. In China, thousands of years ago, there was a historical figure whose influences permeated the whole of Eastern Asia. His name was Confucius, a great teacher and philosopher. I still remember ceremonies we held to celebrate his birthday when I was at High School. His wisdom, Confucius School and his philosophies are world renowned, for this reason I think his birthday is the most important for us to celebrate in China.



Part 1 Weather

1. What's the weather like where you live?

I live in the Northern part of China. The weather in my hometown is typically cold and dry in winter, and hot and humid in summer. Spring is a good time for travel in my hometown because the climate is much milder than in winter and summer. While it's true that spring can be rainy, you won't find the extreme temperatures, and therefore sightseeing can be much more enjoyable.

2. Do you prefer cold or hot weather?

Personally, I prefer cold weather. I can't bear the feeling of being surrounded by heat waves as soon as I step out of the room in summer. I also hate the ever-present mosquitoes in hot weather. On the contrary, I shiver when I walk in the open air during cold weather, but I love the feeling of being wrapped up in warm clothes.

3. Do you prefer dry or wet weather?

If I were to choose between the two, I would probably go with dry weather. I think wet weather makes people feel hot and humid and sometimes even a bit depressed. People generally feel more comfortable with Low humidity. Most importantly, if wet days continue for a long time, that damp black mould will begin to grow.

4. Are you in the habit of checking the weather forecast? When/How often?

Yeah, you bet. Whenever I make travel plans I check the local weather forecast and then I arrange my itinerary accordingly. No one wants bad weather to ruin a long-awaited trip. Generally speaking, sunny days are best for hanging out, outdoors, and on rainy days, I'd rather stay indoors, enjoying a romantic movie starring my favorite actors, so I check the weather regularly so I can plan my days,

5. What do you think are the effects of climate change in recent years?

I think the impact you can see in recent years is an increase in natural disasters and extreme weather. For example, this year and last, many places experienced high temperatures, and some places even experienced the highest temperature ever recorded. Wildfires and floods have also occurred in many parts of Europe, Australia and America. These are the effects of climate changes in recent years.

6. Would you like to visit other cities/countries that have different climates from where you live?

Why not? I live in central China, but I have always wanted to visit tropical cities and countries, such as Thailand, Singapore and The Maldives. I have seen a lot of pictures of these places online and I have friends who have actually been there. They said that the climate is different from the climate here. They are hot all year round with little precipitation, and there's an abundance of tropical vibes, so I'd like to visit these places



they sound beautiful.



Part 1 Morning time

1. Do you like getting up early in the morning?

I like to get up early. I usually wake up automatically between 6 and 7 in the morning, and rarely wake up after 9. Waking up early makes me feel that I have extra time in the day. For example, after I get up in the morning, I drink a cup of coffee, eat breakfast and sometimes even exercise, all before nine o'clock. This means I have time to do more things than those people who get up later.

2. What do you usually do in the morning?

Usually when I open my eyes in the morning, I don't get up right away. I'll check my phone in bed, reply to last night's messages, check the weather forecast and the day's itinerary. After about ten minutes I get up and make myself a cup of coffee. I love freshly ground coffee to start my day. After coffee, I take a shower, wash my hair, then make breakfast at home.

3. What did you do in the morning when you were little? Why?

When it wasn't a school day, let's say on a Saturday or Sunday, I always woke up asking for breakfast. My grandmother taught me the importance of breakfast when I was a child, and this habit has influenced me to this day. Then, after breakfast, I would go out to play with my friends or watch some cartoons at home. If I had to go to school, I would go straight to school after breakfast.

4. Are there any differences between what you do in the morning now and what you did in the past?

Apart from having to go to school at eight in the morning when I was a child, there really isn't much difference. I've never been a sleeper since I was a kid, so I get up at a fixed time. Of course, the breakfast I ate when I was a child was usually prepared by my parents or grandparents. Now I live by myself, and I cook it myself.

5. Do you spend your mornings doing the same things on both weekends and weekdays? Why or why not?

What I do on weekend mornings is different from what I do in the mornings during the week. I'm still a student, so Monday to Friday mornings I get up at 7 am to go to class. But I don't have classes on weekends, so I don't need to get up early. Usually I go for a run on Saturdays, and then I spend the rest of the morning in the library. On Sundays, I usually sleep in late.



Part 1 Housework and cooking

1. Do you do some cooking/help your family cook at home now?

In the past, I only knew how to make some simple snacks. I could only help do some easy work such as chopping vegetables or clearing up. During the quarantine period, my father taught me how to cook some new dishes. Although the first time I cooked, it took me a long time, and I almost scalded myself in panic. But fortunately, the finished dishes were palatable.

2. Do you think your home is clean and tidy?

In my eyes I feel my home is clean and tidy, but in my mother's eyes my home is dirty and messy. She comes to my apartment one day a week to help me clean up, just mopping the floor and dusting the furniture. My mom always complains that I have a messy house, but I don't agree. I wash the dishes immediately after every meal and my clothes are always neatly folded.

3. Did you do any household chores when you were young?

Of course. When I was a child, my parents taught me how to maintain a clean and tidy living environment by myself. My mother would urge me to make my bed and wash my own clothes every day, as well as dust my desk and sweep the floor regularly. I remember my father would allow me to help clean the chandeliers and wash the curtains during end-of-year cleaning time.

4. Do you have breakfast at home everyday?

Most of the time I eat breakfast before I leave home. Not only does eating breakfast on time help boost my metabolism and keep me energized, but I also enjoy cooking and sitting down by the table to eat breakfast to start my day off. But occasionally, when I'm late I run out of time in the morning. In those cases, I have to grab a sandwich at the convenience store for a quick meal.

5. Do you want to learn how to cook well?

Yes, I've always wanted to learn how to cook well. I cook my food using online resources, like recipes and videos, but it can be quite difficult for me sometimes. I have an excellent teacher, my mother, so I sometimes ask for her advice. Also, I've been hoping to attend a cooking class at the bakery.

6. What housework do you like or dislike doing?

Frankly speaking, I dislike all kinds of housework! If I have to choose, the one I dislike most, I would have to say cleaning the dishes after a meal. I like cooking a lot and I usually use different plates and bowls when preparing. So after I cook, there will be various kitchen utensils waiting for me to wash. It is annoying sometimes.



Part 1 Technology

1. What technology do you often use, computers or cellphones?

Personally speaking, I often use a mobile phone. As I am a keen traveler, it is convenient and efficient for me to text my friends or parents on my mobile phone during any trip. Without mobile phones, it would almost be impossible to for me to communicate with people.

2. What electronic devices have you bought lately?

I have bought various kinds of electronic products recently, I bought a laptop and a Bluetooth headset which allow me to watch movies or short video clips in places such as libraries and cafés while not disturbing others. I believe these devices have been an integral part of my life.

3. Is there any technology you want to buy?

I would like to buy a new TV with a bigger screen for my home, though it may be quite expensive for me. Given that I am a lazy person, watching TV is an ideal way for me to unwind at home. What's more, a TV with a larger screen also makes it possible for me to invite all my friends to watch our favorite TV series and have a discussion about it together, which is interesting and relaxing.

4. Is technology important in your life?

Yes! Technology means a lot to me. One of the benefits of technology is that I can research things online, I can find the best products, restaurants, and travel information all at the best prices, it can really help lower my cost of living. I can't imagine how I would find those great restaurants when I travel without those smart recommendation apps, they always know exactly what I am looking for.

5. Is there any technology you don't like?

To be honest, I don't really like the current AI technology. I'll give you an example why. I have noticed that every time I discuss something with a friend, whether it's a movie, a product or a holiday, on that same day, I get advertisements for those exact things. It feels very scary. AI is infiltrating everyone's lives, and taking away our privacy.

6. What do you think are the trends in technology today compared to when you were young?

I think technology is more advanced now. When I was a kid, it was nice to have a tape player that could play music, but none of the tape players could automatically rewind. No one uses tape machines anymore, and songs can be heard instantly on the Internet. Also, driverless cars, and smart furniture, these technologies are very advanced, even futuristic.



Part 1 Puzzles

1. Did you do puzzles in your childhood?

Yes I did, if my memory is correct. Since I am not a people person, I usually spent my spare time alone with puzzles as it was an interesting way to kill time, and stop me from being bored.

2. When do you do puzzles, during a trip or when you feel bored?

I prefer doing puzzles during a trip, this is when I can get bored, given that the time spent on the road is always long. I like to do them in order, this also gets rid of boredom and tiredness. If I didn't do puzzles during a trip, things would be very dull.

3. Do you like doing word puzzles or number puzzles? Which is more difficult for you?

I prefer to do number puzzles rather than word puzzles because they are more difficult to play, word puzzles often come in the form of crosswords, yet number puzzles come in different forms. My favorite type of number puzzle is Sudoku. I started to play it at a very young age because it does not require much mathematical knowledge but is challenging nonetheless.

4. Do you think it is good for old people to do puzzles?

Yes, I think it is good for old people to do puzzles because doing a puzzle exercises the area of the brain that stores memories. A person has to remember pieces they've seen before when putting a puzzle together. Strengthening and exercising short–term memory is especially important for older adults because it helps them keep their minds sharp.



Part 1 Social media

1. Do you or your friends like using social media?

Well, I have to admit that I'm among those addicted to social networking apps. On average, I use them for nearly 4 hours every single day. I use them to communicate with my friends, my teachers and even my family, I also rely on them to reach new friends who share the same hobbies as me.

2. Do you think you or your friends use too much social media?

In a way yes, but social media has become an essential part of our everyday lives, especially with the effects of COVID-19. Most of my friends are now isolated at home and can only work from home. Social media is an ideal way for us to communicate and connect with each other without meeting face to face. Lately, I guess we have spent the majority of our time on it.

3. Do you want to work in social media? Why or why not?

Yes, the benefits brought by working in social media are countless. For me, as a person with a strong sense of family, the biggest advantage would be the flexible working hours, no strict 9–5 schedule, that would allow me to enjoy the company of my parents at home and feel less stressful in the fast–paced society.

4. What's the most popular social media platform in China? Why?

I think one of the most popular social media platforms in China now is Douyin which is similar to Tik Tok, the difference is that the latter serves the overseas market while the former is mainly used in China. It is characterized by short videos that cover a wide range of subjects from astronomy to daily trivialities so that users can choose any topic that they are interested in, which, I think, is one of the reasons why it is so popular in China.



Part 1 Geography

1. Do you like geography?

I like geography very much because I have been crazy about traveling since my school days. As far as I am concerned, geography is not only about mapping the world but also means storytelling and exploring. By learning geography, I am able to connect the story to a certain place on earth, which brings me joy and excitement. All in all, geography helps people know the world better.

2. Have you ever studied geography at school?

Yes, geography is a required course in junior and senior high school. We need to learn about different countries, continents, climates and terrain on seven continents and five oceans. This class gave me my first impression of countries around the world, but I was not good at learning Geography, so, I didn't choose it as one of my college entrance exams.

3. Are you good at reading a map?

The answer is definitely yes, I am very good at reading maps because I take an interest in geography. I always take on the role of guide during trips with my friends. Although maps are being used less these days, because they are gradually being replaced by GPS, I still continue collecting important or interesting maps I come across on my travels, which are my record of exploring the world.

4. Would you visit a country because of its geographical location?

Well, I would say so. After learning about the different climates and terrain of countries in the world, I was amazed by the marvelous creation of nature. It's hard to satisfy my curiosity and to appreciate such beautiful scenery just from the pictures. So, I do have the urge to travel to those countries. For example, Brazil is famous for its tropical rainforest. It would be exciting to explore it, wouldn't it?



Part 1 Snacks

1. What snacks do you like to eat?

I love spicy snacks, such as boneless chicken feet, which are very popular these days. My family also love spicy food, so my mother often has some at home. Now that I'm working, it's my turn to buy snacks. Besides spicy snacks, I also like to eat chips and cakes. I often go for afternoon tea with my family on weekends and enjoy eating some pastries.

2. Did you often eat snacks when you were young?

Yes, I must confess I did. I was so crazy about snacks when I was in high school. As you know, high school students are under extreme pressure and follow an intensive schedule due to the college entrance examination, and they must have something that can help them take a break and get more energy. For me, snacks were my treat in those gloomy days. So I ate a load of snacks whenever I felt tired from studying or revising.

3. When do you usually eat snacks now?

Actually, I seldom eat snacks now. I want to keep in shape, so snacks will ruin my diet. But, it is really hard not to eat snacks while watching Netflix. Although I do eat snacks while watching TV, I try to choose some healthy, low-calorie, and non-fried snacks.

4. Do you think it is healthy for you to eat snacks?

Obvious eating snacks frequently, is an unhealthy habit. First, snacks bring extra calories which will lead to obesity. It is unhealthy to be overweight. Additionally, eating too many snacks makes me lose my appetite, then I can't eat regular meals. Plus, snacks often contain some unhealthy food additives, which may have a bad effect on my body.



Part 1 Writing

1. Do you write a lot?

Yes, I do. Writing is something I will do throughout my life. I write essays for my diploma, e-mails for my work, and various correspondence for my friends and family. Communication cannot always happen in reality so we write down our ideas. I also write for myself. I write my own literature and keep a diary to preserve cherishable memories and inspirations.

2. What do you like to write? Why?

I love writing letters. I write letters to my friends, my lover, and my family. I think often, for me, feelings and all heartfelt words may not be easily expressed verbally. So writing them down in a letter is a method that helps me to communicate. Furthermore, I find talking is a process where your words may not be revised or withdrawn. I prefer to write with contemplation to avoid misunderstanding.

3. Do you think the things you write would change?

Of course I do. For example, I no longer write compositions in the style of Chinese Gaokao but recently I am writing a lot of IELTS practice papers. Writing is a means of communication, and as our objectives change, the things we write will change accordingly. Also, the forms of my writings change as well. I used to write with pen and paper, only because I didn't have access to electronic devices, but now I usually type my words or write with my Apple Pencil.

4. Do you prefer typing or handwriting when you are writing?

I prefer typing. I think people generally type much more now. Written information being exchanged between our relatives, colleagues and so on is time-consuming, whereas typed electronic documents are faster and more convenient. But, I do believe handwritten letters and correspondence are of special value and still have their place.



Part 1 Singing

1. Do you like singing? Why or why not?

Absolutely! Although I'm not a professional singer and not very talented in that respect, I'm still very into singing, especially when I'm taking a shower. The echo of my voice in the shower cubicle always sounds better than elsewhere, so I often hum to myself in the bathroom with my Bluetooth speaker on.

2. Have you ever learnt how to sing?

No, not really. Throughout my school years, I never really had one proper music class. The schools I went to only focused on the academic aspects. Singing was really not a priority for the school, so I never had the chance to learn how to sing.

3. Who do you want to sing for?

Ah, that's a tricky question for me. Normally I only sing to myself, 'cause I'm such a terrible singer. But perhaps I can sing for my parents on their birthdays. They certainly wouldn't laugh at my bad singing, but they are the only people I would sing for, 'cause I love them so much.

4. Do you think singing can bring happiness to people?

Perhaps. I have a lot of friends who enjoy singing! They pay to go to KTVs to sing. They throw themselves into music and seem to be completely involved in their singing. So I think singing must bring them pleasure and comfort in some ways. Yeah, so they must find some sort of happiness in singing.



Part 1 The area you live in

1. Do you know any of your neighbors?

Well, since I've only just moved into a new apartment, I am not familiar with any of my neighbors yet. Not only that, but I leave the apartment early in the morning and return late at night, so I don't really have chance to get to know them either.

2. Do you like the area that you live in?

Of course, yes! There are so many aspects in this area that take my fancy. The climate of it is perfect for me, although the winter is a bit freezing. And the modernism there is what attracts me most. Living in this place, I feel that I can always keep up with the times.

3. What changes have been made to the area recently?

Well, a lot of changes are taking place nowadays in my city. I can see more and more skyscrapers have been built and the public transportation system is becoming more diversified and completed. But for me, the most fantastic change is that there is greater diversity in restaurants! Now I can taste genuine foreign food in my city. How marvelous it is!

4. Do you know any famous people in your area?

Actually yes! I am aware that a lot of movie stars come from where I live. I feel very proud every time I see them in a fantastic film. Also, there are some poets and writers who are living in the area that I come from. So, I suppose my city is an artistic and poetic area.

5. Where do you like to go in that area?

The sports stadium next to the building I live in, is where I would like to go frequently. The stadium is not very spacious but well-equipped with plenty of sports facilities. Also, there is an indoor swimming pool with a small number of people so I can swim whenever I want. That's really awesome!



Part 1 Public Transportation

1. What kind of public transportation do you usually take?

When it comes to commuting in metropolitan cities, I usually take the subway because it is one of the fastest, most comfortable, and reliable forms of public transportation there is. They only stop at a limited number of locations, and there is no congestion. Buses, on the other hand, are slower, less comfortable, stop at lots of stations, and are often caught up in congested traffic.

2. When do you usually take public transportation, in your everyday life or when you are travelling?

I take public transportation in everyday life because it is one of the most sustainable forms of transport available to me. Less fuel burned per person means better air quality for cities. In addition, more people riding on buses, trains, and other public systems mean there are fewer vehicles on the road to cause traffic congestion.

3. Do most people prefer public transportation in your country?

Yes. In Shanghai there are over ten million people on average taking the metro every day. China also has the longest high-speed railway in the world, which is also a popular choice for Chinese people. One has to admit that a private flight or even just a private car is unaffordable for the majority of our society.

4. Did you take transportation when you were a kid?

Only with my parents. After all, public transportation is a bit dangerous for a kid, with so many strangers and some relatively complex instruments on the vehicles. But when I started middle school I travelled there by bus. Many of my classmates live nearby, and we would accompany each other.

5. Will there be more people taking public transportation in the future?

I think in the future people will use public transport more. First of all, people are more aware of the importance of environmental protection and the harm caused by private cars. With this awareness, people will be more inclined to protect the environment and use public transport. Furthermore, the cost of traveling on public transport is far less than the cost of private transport. It's cheap and convenient, so more people will choose public transportation.



Part 1 Work or study

1. What technology do you use when you study?

Well, I normally use my iPad for online lessons. You see, I've signed up for many online lectures because I like to use my spare time to increase my knowledge. I also use the Kindle for reading which helps me to learn more about various topics and broaden my horizons.

2. Who helps you the most? And how?

My mother is always there for me. Whenever I need help, she's the first one to provide it. She paid for my English training fees when I first entered college. It was a big sum of money at the time. That training course has helped me a lot since then.

3. Do you prefer to study in the mornings or in the afternoons?

I wish I was a morning person because I'm actually more productive in the morning. However, it's so difficult for me to rise early in the morning, so I have to arrange most of my study plans in the afternoons. I'm so used to this study schedule now.

4. (Possibly)Are you looking forward to working?

Yes, absolutely. I am working part time at the moment. I like to make my own money because it gives me freedom. I'm looking forward to my graduation when I can have a proper job, make a decent income and enjoy being able to manage my own money.

5. Is it very interesting?

Learning another language is not only an interesting experience but also a challenging one. It's full of fun when it comes to American and British humor. With excellent English, you can watch English TV series and movies without subtitles. But on the other hand, it requires substantial amount of patience to remember a wide range of vocabulary and to use it in the appropriate situation.

6. Do you like your subject?(Why?/Why not?)

Yes, of course I do. I would say I love the major I'm studying because learning another language is never simply about the grammar or the words themselves. It's more about the cultural background, serving as a way for communication and passing on the wisdom of humanity from generation to generation.

7. Why did you choose to study that subject?/Why did you choose to study those subjects?

Well, finance wasn't my primary choice. To be honest, I was convinced by my parents that it was the most worthwhile subject to learn. Perhaps they were right. What I've learned has helped me a great deal in real life. I think I can think more rationally nowadays about any financial decisions I make.



8. What subject(s) are you studying?

The main subjects I'm studying at the moment are financial management, micro-economics, statistics and audition. Apart from these major ones, I also have to go to classes like Chinese literature, politics and English. I only study these because they contribute to my GPA.

9. (Possibly) Do you miss being a student?

Yes and no. I miss the worry-free time as a student. Studying hard was my mission. I didn't have to worry about rent, office affairs, work productivity and so on. However, when I didn't have the freedom to make financial decisions, I had to discuss almost every financial matter with my parents. That's the part I don't miss.

10. Is your work interesting?

It's not particularly exciting, but it's very practical. You know, finance is related to almost every aspect of our life. Also, it's a hot major in the job market. With financial knowledge, I could at least find a decent job and live a reasonable life.

11. Do you like your job?

I'm very fond of my job. Actually, teaching is more of a career instead of a job to me. As a child, I always dreamed of being a teacher, standing on the stage in front of the school. I love embracing my students every day and passing on the knowledge I have accumulated over the years. I've always had this feeling that as long as I stay with my students, I will always be energetic and passionate.

12. Why did you choose to do that type of work (or, that job)?

There's no doubt that teachers play an important role in students' lives. Back in my school days, I was lucky to encounter many excellent teachers who've had a profound influence on me. Their passion for teaching and patience for caring inspired me to be a teacher myself. With this idea in mind, I chose to study English at university with the aim of becoming an English teacher.

13. What work do you do?

I'm working as a teacher at XXX high school/ training organization right now. Usually I teach English lessons four days a week. Correcting my students' homework and other assignments is an essential part of my job. I also spend time taking care of and playing with the students outside the classroom.



Part 1 Hometown

1. What's your hometown famous for?

My hometown is well known for Hula Tang, which is a kind of spicy soup that we like to have for breakfast. It's made of potato noodles, peanuts, tofu and black mushrooms. In the holidays, people from neighboring cities and towns drive for hours just to experience our local Hula flavor.

2. Did you learn about the history of your hometown at school?

Actually, not really. In history class, the teacher only focused on textbooks. We were asked to memorize the historical events of the world and of our country, but nobody taught us about our hometown. Perhaps it's too small to be mentioned.

3. Do you think you will continue living there for a long time?

Good question! I imagine I will. You see, I spend most of the year living in the city, because my work is in the city. However, I have plans to go back home someday in the future. When I've made enough money to retire, I will move back to my hometown.

4. Is there anything you dislike about it?

Well, if I have to name one, then it's the poor job prospects. Since it's only a small town, the government doesn't have any plans to invest in it. Compared to big cities, it has poor infrastructure and transportation facilities, so there aren't many promising jobs there.

5. What do you like about your hometown?

Well, the most attractive thing about my hometown is that it has a number of scenic spots, like the West Lake, and Lingyin Temple. People of various age groups can enjoy or entertain themselves when they visit the West Lake. Retired people usually sing opera near that area.

6. Do you like living there?

Of course. I made many friends while I was growing up. Most of them settled down in my hometown. I like to hang out with them. Also, my family all live in my hometown. If I live there, I can spend time with my parents too. Above all, I enjoy the great scenery back home.

7. Do you like your hometown?

Definitely. I often tell my city friends about my hometown. The greenery, the nature, the sweet people, and the quiet evenings have captured me deep inside. I've traveled to many places, but I believe my hometown has the best to offer, at least to me.

8. How long have you been living there?

I lived there until I turned 18. I left my hometown for university but in the past few years I have traveled back to my hometown at least twice a year to spend holidays. To me, it's



always the best place to be.

9. Please describe your hometown a little.

Well, it's a small town where the weather is mild. There's no major public transport facilities like a train station or airport, however, the roads are solid and lead to all directions. Traveling is easy if you have a vehicle. Most importantly, people there are very nice and modest.

10. Is your hometown a big city or a small place?

My hometown is a small town. It has a small population so there's not even a train station, but it's quite a livable place. It isn't busy or crowded like a big city. People can manage their lives at a slow pace. Life is pretty enjoyable in a small town.

11. Where would you like to live?

Ideally, I would be able to afford an apartment in the city that I'm working in now, and a town house in my hometown. I'll live in the city during the weekdays and travel back to my hometown to spend the weekends and holidays.

12. Do you plan to continue living there?

I plan to buy a house in my hometown when I can afford it, and quite likely, I will travel back and forth between my hometown and the city that I'm living in now. That's because even though my hometown is beautiful, it doesn't have the kind of jobs that I am interested in.

13. Where's your hometown?

I come from a small town in the middle of the country. It's an agricultural town so the scenery is pretty stunning with plenty of trees and bushes lining both sides of the streets. The buildings aren't very tall like in big cities, and people are quite nice, so it's a very lovely place.



Part 1 Home/Accommodation

1. What kind of house or flat do you want to live in in the future?

If I could afford it, I would buy a house close to the city center of Beijing. I plan to live and work in Beijing for a couple of years, and the company I want to work for is located in the very center of the city, so I really don't want to travel hours to get to work every day.

2. What's your favorite room in your apartment or house?

Well, to tell the truth, my favorite room is the bathroom. My parents always nag at me for spending too much time in there, but I only get to enjoy some peace and quiet when I'm in the bathroom!

3. What makes you feel pleasant in your home?

I can take off my makeup and wear whatever I feel comfortable in at home. Home is the only place I feel completely free and can be whatever I like to be. So yeah, it's this freedom that makes me feel pleasant. It makes home an appealing place for me.

4. Do you think it is important to live in a comfortable environment?

Of course it is important to live comfortably. A pleasant environment can put you in a good mood. It can also increase your sleep quality, which is critical to your health and well-being. So if we can, we should always strive to make our living environment comfortable.

5. What can you see outside the window?

There are three big windows in my unit. The living room window looks out onto the garden which is full of flowers and bushes. The window views are the best, though! The two bedroom windows both look out onto a big tree in the neighbor's yard.

6. Do you live in a house or a flat?

I live in a unit. It's almost like a house, but not as spacious. The bedrooms in my unit aren't very big, but they are quite comfy. The living room is big enough for me to cater for a group of guests. It also has a small garden where I can grow my favorite plants.

7. What part of your home do you like the most?

I'm a nature person, so of course, I like the garden the most. Over the last two years, I have planted tulips, roses and lilies in my garden. I surround the flowers with green bushes. Also, I built a stone path so I can walk in it without getting muddy on rainy days.

8. Please describe the room you live in.

My bedroom is not very big. I only have a bed, a dresser and a closet in it. But it gets plenty of sunshine during the day, and it's pretty quiet at night. Outside the bedroom window, there's a big tree standing tall. I like to wake up to the greenery every morning.

9. Do you prefer living in a house or a flat?



A house is definitely a better option than a flat, if you can afford it. To me, living in a flat means I'm practically isolated and encased in a boxed room box in the sky. The only merit that a flat offers me is that it's cheap to live in. I would feel more comfortable and safe living in a house.

10. Are the transport facilities to your home very good?

Yes, absolutely. In fact, the train station is just five minutes' walk from home. And if I want to take the bus, the bus stop is even closer — about two minutes away on foot. There's also a subway station at the end of the street, which is what I use most often.

11. What do you usually do in your house/flat/room?

If I'm free, I like to do some cleaning. You know, I cater for rental guests occasionally, so I have to make sure my place is clean and comfy. I also work in the garden, perhaps twice a week, to get rid of the weeds and water the plants.

12. Which room does your family spend most of the time in?

When my family come to stay with me, we spend most of the time in the living room, where there's a big window. Since the window is right next to the garden, the view is the best! We sit there with a cup of tea while looking at green bushes and colorful flowers.

13. Can you describe the place where you live?

Like I mentioned earlier, my unit is located in the busy area of the city, close to the city center actually, so there's plenty of convenient public transport such as buses, trains, subways, you name it! Inside the unit, I have two bedrooms. For someone who lives alone, that's enough.

14. (If you answer you haven't lived there long) What's the difference between where you are living now and where you have lived in the past?

I used to live in an apartment in a tall building. I could overlook the city but there was no nature or greenery nearby. However, in my current unit, I have my own garden where I can grow things and enjoy the sunshine in the warm afternoons. I like this unit much better.

15. Do you plan to live there for a long time?

Well, so far I'm quite happy with it. You see, the rent is not too expensive and it's located in the busy area of the city where the public transportation is great! If the unit owner agrees, I don't mind signing another three—year rental contract.

16. How long have you lived there?

Roughly two years. I rented the place when I first arrived in the city. I signed the rental contract with the unit owner for three years. That way, I don't have to worry about the rent increasing, because the contract says that the rent will stay the same within the contract period.

17. Who do you live with?



I rent the place by myself, but quite often, I have family and friends come over to stay the night, especially during holidays and weekends. I also have one room listed on a rental website to make extra money. So occasionally, I have rental guests too.

18. What kind of housing/accommodation do you live in?

Well, I live in a unit which has a small garden in the front yard. It's not very spacious but it's comfy enough. It has two bedrooms, a living room, a kitchen and a bathroom. We get plenty of light during the day.



Part 2 & Part 3 新题:空气糟糕之地(疑似新题)

Part 2 北京的沙尘暴

Describe a place you visited where the air was polluted You should say:
Where the place is
When you visited there
Why the air was not good
And explain how you felt about the place

去年,我在北京上学遇到了沙尘暴,空气污染十分严重,影响正常生活,我感觉身体很不舒服。

Speaking of air pollution, many would think about heavy traffic, industrial pollution, or other anthropogenic sources. However, there are also natural processes that create air pollution— such as sulfur and chlorine gases from volcanic activity, smoke and ash from wildfires, dust storms, and biological decay.

I experienced a sandstorm for the first time in my life last year in Beijing. Choking sand and dust were everywhere due to a winter sandstorm. I can still remember the statistics released by the authoritative department, saying that the air quality index of PM10 — particles of pollution that are less than 10 micrometers in diameter and can enter through the nose and travel to the lungs — hit 999, meaning it exceeded the top of the scale, far beyond the point deemed hazardous to health. To translate this number into the real–life experience, I felt like I was thrown into the dark of night, the wind was howling in my ears, and it felt like someone was repeatedly throwing a shovel full of fine sand in my face. The sandstorm turned the skies an eerie shade of orange. Apart from Beijing, the sandstorms also hit northern Hebei and Shanxi provinces, western Gansu, and central and western Inner Mongolia. According to specialists, the frequency and severity of sandstorms were partly due to drought, growing population pressure, and poor progress in revegetation, which caused rapid desertification of land in the north and northwest. As a result, China has initiated a series of reforestation and ecological projects, and installed satellites to monitor sandstorms and alert weather agencies ahead of time.

Part 3

1. In what ways can air pollution be reduced effectively?

First of all, the government needs to make strong policies to curb air pollution. For example, those factories that emit poisonous gases should be shut down.

Also, everyone needs to take some action. We should use public transport as much as possible. Facts and figures don't lie — our transportation needs produce 30% of all carbon dioxide gas emissions. We can use public buses instead of using private cars or vehicles.



Furthermore, we should use recyclable products. Reusing, reducing and recycling helps with cutting down solid waste generation.

2. Is there more pollution now than in the past?

Yes, pollution problems have become more serious nowadays. I think one of the major causes is industrialization. Since people started to use machinery, they had to burn lots of oil to power them. During the process of gasoline burning, harmful gas is released into the atmosphere causing serious air pollution. Another cause is overpopulation. There are more than 8 billion people on earth and the whole amount of resources is limited. As a result, human activities cause too much pollution for the planet to bear. For example, people cut down forests to make places for farming, which reduces the earth's ability to purify the polluted air, resulting in more severe air problems.

3. Do you think the city is cleaner or dirtier than the countryside? Why?

I think the city is dirtier than the countryside. There are two reasons. Firstly, there are many vehicles in the city, which keep emitting a large amount of exhaust fumes, including greenhouse gases and toxic gases. In contrast, there are fewer people in the countryside and they don't need so many cars for transportation, so the air in the countryside is cleaner. Secondly, the countryside contains more trees and plants, which can purify the air. Plants can absorb harmful gas and turn it into nutrients. Compared to the city, the rural area enjoys many more green resources, which makes it cleaner than the urban areas.

4. What can factories and power plants do to reduce pollutants?

The first way is to upgrade their equipment and develop technologies to make their factories more environmentally friendly. In the past, oil produced in China was low quality and contained many impure substances in it. As a result, when it burned, it released more toxic gas than good oil. Once the technology has been improved, the final product can be more efficient and thus more greener. The second way to reduce pollutants is to clarify the sewage before it's discharged into rivers and lakes. It may cost the power plants more money, but in the long run, it can greatly benefit the whole environment.

5. Do you think many companies have been forced to reduce pollutants?

No, I think many companies voluntarily reduce their pollutants because they're willing to take social responsibility for it. As China has become more advanced and Chinese people are more educated on this subject now, we understand the importance of environmental protection. The old way of resource consumption cannot contribute to sustainable development, and many Chinese companies are fully aware of that motto. Besides, China's environmental regulation is becoming stricter. To ensure their businesses' legitimacy, they will follow close to the line of the government and insist on pollution control. They are also well informed that a company that destroys the environment will also be despised by its consumer and consequently lose the market.



6. Do you think the wind has any effect on pollution? How?

Yes, especially with regard to air pollution. Wind can blow the toxic gas in the air and bring new fresh air, and therefore disperse the mist. For example, in Beijing, haze frequently appears during the winter. Once it shows up, the air becomes dusty and people start coughing. Since the air doesn't circulate, the haze can last for several days. However, a heavy wind will blow the bad air away and bring the blue sky back. The same thing applies to indoor pollution as well. After the construction and painting of a new house, people don't move in immediately because of the bad ingredient in the paint. Usually, people open the windows and let some wind in. After about a month, they can move in and enjoy their new home.



Part 2 & Part 3 新题: 让你骄傲的事(疑似新题)

Part 2 做志愿者

Describe something you did that made you feel proud You should say:
What it was
How you did it
How difficult you had
How you dealt with the difficulty
And explain why you felt proud of it

让我感到骄傲自豪的事可能是我在陕西历史博物馆做了三年的志愿者。当时我的大学导师向我推荐了这个志愿者工作。出于对历史文物的兴趣热爱,我进行了报名申请。但凡报名者均需参加考核,面对试题复杂且考试通过率低的挑战,我并没有畏畏缩缩,而是全力以赴、认真准备,最终过五关斩六将成功通过考试。回想当时付出的诸多努力,一切都很值得。这个志愿者经历让我不仅了解到渊博的历史知识,同时也让我感受到个人的价值所在,对此感到非常自豪。

I have worked as a volunteer for three years at Shaanxi History Museum and that is something I feel proud of. It all started when I was a sophomore (大二学生), and one day our advisor told us that Shaanxi History Museum needed (需要) a large number of volunteers. She said if we were interested in antiques (文物,古物), it would be a great opportunity to learn. I was thrilled (非常兴奋的) to hear about the news because Shaanxi History Museum is widely known for its treasures. Nothing would be more exciting than seeing these treasures in person (nothing would be...than...没有什么比……更……). So I signed up (报名).

The first thing I needed to do is to memorize the interpretation scripts (解释文本). I had to be very familiar with the history and techniques (工艺) of each antique. It could be a real conundrum (难题) for an outsider (外行) like me. Thus I spent a whole week studying it. Luckily, I successfully passed the examination. Then I was trained for a month and gained a deeper understanding of each antique exhibited (呈列) and prepared for all possible questions that visitors might pose (提出). In the end, I became the very lucky few and stayed in the museum as a volunteer interpreter. Only one in ten applicants passed all the tests. The low passing rate shows the toughness of the whole training process. I'm glad I didn't give up no matter how much work I needed to prepare for becoming a volunteer. Now I can say it was worth all the hard work.

Since then I have served more than a hundred visitors. I felt extremely proud when they listened wholeheartedly to my introduction. I was happy to think that I might have provoked their interest (激发他们的兴趣) in history. My own life has also changed because of this experience. I am now fascinated by the profound history of antiques and I will continue to



work hard in this field.

Part 3

1. Which are more important, personal goals or work goals?

I believe work goals are more important for individuals because, in my opinion, the greatest sense of achievement always comes from work. By setting work goals, someone can improve their position and social class step by step. They will gain control of their life and organize their daily routine in a good manner. With their career improving, they will earn more money and a social reputation, which will also help them win people's respect and admiration. Therefore, they will see a great leap in their personal life as well, because as someone who is working harder, they are likely to enter a new community with higher levels.

2. Have your life goals changed since your childhood?

Yes, I have always set new life goals as I grow up. When I was a kid, all I wanted was to have more vacations and go to different places to entertain myself. As I became older and more mature, I realized although vacations and entertainment were important for relaxation, they cannot help people achieve true happiness or self-realization. To become a better self, one needs to abandon the temptation of leisure time and spend more time studying and improving himself. Yes, it may be difficult to do so sometime, but hardworking will finally repay you and give you good rewards.

3. Does everyone set goals for themselves?

No, not really. Some people believe it is important to enjoy the moment, so they tend to give up on setting goals and do things flexibly. However, others believe they should live their life to the fullest and make good use of every minute to maximize their efficiency. I take the latter one as my life motto. In my opinion, everyone should have a goal for themselves. It can be a short–term goal or a goal for the far future. What matters is to constantly remind themself that they have something to do rather than fall into the trap of nihilism.

4. What kinds of rewards are important at work?

In my opinion, the most important thing about working is to get financial rewards. All in all, the main aim of working is to make a living, and decent pay is indispensable. If a job is easy and has low requirements, it probably won't pay much, which consequently causes many problems in life, such as poor living standards and anxiety. Besides, financial rewards are highly motivating and can cause significant performance improvements. People who get high salaries are more willing to devote themselves to work and improve themselves, so monetary rewards are better than other types of appreciation.

5. Do you think material rewards are more important than other rewards at work?

Yes, I do. I prefer material rewards to other paybacks, such as social positions or a sense of fulfillment. In my opinion, financial rewards are the most important thing anyone needs



to obtain from work because everyone needs enough money to make a living before they can consider other things like social status. Indeed, some jobs are less rewarding but make more contributions to society, such as social workers or teachers. They may be respected by other people, but they still suffer from living on a tight budget and cannot always buy the things they want. Therefore, I prefer tangible rewards.

6. What makes people feel proud of themselves?

I believe people who constantly take up the challenge to better themselves are more likely to be proud of themselves. The most dynamic driving force of people is self-fulfillment. If someone is not satisfied with their current state, they will seek ways to improve it. Through consistent hard work and long-term practice, they may be able to achieve a whole new level, which will give them a huge sense of happiness. As a result, they will tend to constantly exceed themself and finally become a well-rounded person. At that time, they will believe in themself and have a strong ego.



Part 2 & Part 3 新题:好消息 (疑似新题)

Part 2 好友考试过关

Describe a piece of good news that you heard about someone you are familiar with You should say:

What it was
When you heard it
How you knew it
And explain how you felt about it

我的好朋友告诉我了一个好消息,他学校的英语通过了。对一般人不难,但他作为美术特长生,在文化课上相对薄弱。他通过自学,为这个考试付出了很多的努力,我发自内心的为他感到高兴。

A few days ago, in the middle of the night!, out of nowhere (出乎意料的, surprisingly, unexpectedly)! I received a call from my high school best friend, XXX, who! broke to me (告诉, released, told)! the news that he had just passed the English entrance examination for a graduate school. It wasn't a pleasant thing to get awakened from a good night's sleep, but the moment I heard the news, it was like being struck by lightening that I suddenly jumped out of the bed and cheered with him over the phone.

It may not be! a big deal(大事)! for others to pass the graduate school entrance examination for English, but for my friend, I knew it meant a lot. As a student with art specialties, XXX my friend, started to learn oil painting when he was quite young and through his hard work, he was admitted to a university with very! favorable conditions (优惠政策, special treatment)!. Although he! excels (表现出色,卓越)! in the field of art, it is exactly because he spent so much time and effort in painting, that his academic performance was not that satisfactory. But in order to! pursue (追求,寻找)! further studies in the field of art and become a true master, he had to start! from scratch (从零开始, start from the beginning)! to learn all the academic subjects, especially English. He diligently self-learned English day and night.

As his best friend, I know how much effort he has put into this! endeavor (努力, attempt)!. Therefore, truly there were no words that could describe my feeling when he told me the news—be it relieved or thrilled, it was the best news to me.

Part 3

1. How does social media help people access information?

Social media has become an important information resource nowadays, even though it is not always reliable. You see, a lot of people would share useful information on their social media and expect their friends or followers to benefit from their sharing. Take me as an example, when I see something interesting, I like to put the link on my social media for my



friends to see it too! Then we could all give comments and start a discussion about it. It's fun! Besides, some social media apps automatically recommend hot news to users nowadays. People can easily access new information.

2. What kind of good news do people often share in the community?

Well, a community is a small but friendly environment that neighbors create together. It's a typical social circle and within it, people know and interact with one another on a daily basis. So the kind of good news they share with each other is often about their family and close friends. For example, all community members would know if a family has a big event coming up, like a wedding, or a child's graduation ceremony, etc. Such good news spreads fast in the community, and people often give red envelopes to congratulate these lucky families.

3. Do most people like to share good news with others?

Yeah, I suppose so. People like to share their news with others, whether it's good news or bad. But in fact, I think in real life, most people tend to spread their good news with others, rather than their bad news. After all, the good news will help them win people's admiration, or even envy sometimes. Well, as humans, we enjoy being envied, don't we? Take me as an example, if I have just passed a very difficult exam, I would boast about it to my friends and family. You know, my goal is not to share the good news, but to tell people that I'm hardworking and smart!

4. Do people like to hear good news from their friends?

I assume most people would like to hear good news from their friends, if they truly care about them. I mean, not all people know how to maintain friendships. We don't always treat our friends properly. Some people may hang out with certain friends often, but that doesn't mean they wish them the best. On the contrary, often they don't care what happens to their so-called friends. But if we truly care about our friends, of course, we would want to hear good news from them. I have a couple of good friends. Each and every time I receive their good news, I sincerely feel excited for them!

5. Is it good to share something on social media?

From my point of view, there are many benefits of sharing something on social media. First of all, considering that people are getting increasingly pressured, chatting with friends and sharing something interesting online is an easy and relaxing way for them to fill up their spare time and let off steam. However, there are still some potential dangers, and the leakage of information is one of the major concerns. Considering the increasing number of well–trained hackers and viruses, people's privacy would be exposed to danger.

6. Should the media only publish good news?

Personally speaking, both good and bad news should be published. First of all, citizens have the freedom and right to know things happening around them. What's more, by knowing bad news, people can know better how to change their behaviors positively and



make the world a better place. For example, governments are supposed to convey information about environmental deterioration, otherwise, citizens are less likely to attach great importance to it and finally engage in protecting the earth with practical action.



Part 2 & Part 3 新题: 爱豆的电影角色 (疑似新题)

Part 2 安妮海瑟薇

Describe a film character played by an actor or actress whom you admire You should say:
Who this actor/actress is
When you saw the film
What the character was like in this film
And explain why you admire this actor/actress

我想谈谈由我最喜欢的女明星安妮海瑟薇主演的《穿prada的女王》这部广为人知的电影。影片讲述了一个由安妮海瑟薇饰演的刚离开校门的女大学生,进入了一家顶级时尚杂志社当主编助理的故事。尽管是2006年上映的旧电影,我却看了好多次。

我从这部影片中看到了导演想要传达的含义——无论是prada手袋傍身,还是破洞牛仔裤相随, 遵从内心的召唤并且不忘初心,才不会迷失自我,被虚荣的欲望所侵蚀。

被安妮海瑟薇所吸引是因为她在她的成名作《公主日记》中令人惊艳的美貌,让我过目不忘。

I'd like to talk about a famous movie called The Devil Wears Prada starring(领衔主演) my favorite actress Anne Hathaway. The film tells the story of a female college student, played by Anne Hathaway, who just left school and entered a top fashion magazine as an assistant editor. She was confused at the beginning of her career but found the root of the problem and finally became an excellent fashion talent. Although it is an old movie released in 2006, I have watched it many times when I feel exhausted from the stress of work or confused about the meaning of my job.

Although it was a popcorn movie, I saw many meanings that the director wanted to convey from this movie, including the workplace, the material desire, and the choice from the heart. The movie contains the most ordinary life philosophy. Also, Heroine Andrea's words saying, "Same Andy, better clothes" expresses the most flawless answer. That is, whether wearing a Prada handbag or ripped jeans, always remember to follow the call of the heart so that you will not be eroded by(被侵蚀) vanity fair (名利场).

Speaking of Anne Hathaway, she was initially attracted to me because of her stunning(惊艳的) beauty in the Princess Diaries, the movie which made her famous. Her white skin and raven cruel hair(乌黑的卷发) are captivating(迷人的), but her bright eyes especially while smiling boost her allure(增添她的魅力).

Part 3

1. What can children learn from acting?

From my point of view, children can learn a lot from acting. Many interpersonal skills can be acquired as they cooperate and coordinate with directors and other actors during the process. What's more, due to the fact that in most cases it takes them a long time to practice in order to perform well, their stamina and patience can be improved too. Most



importantly, they are likely to become more confident, especially when they are under great pressure, as they learn to always stay strong, even in the face of negative comments.

2. Why do children like special costumes?

From my point of view, children tend to do so for different reasons. First of all, considering that children are always curious about everything, when seeing something they haven't seen before, such as special costumes, they are likely to show their interest in them. Secondly, children are always attention—craving. When wearing some special costumes, they can arouse the attention of others.

3. What are the differences between actors\actresses who earn much and those who earn little?

There are many differences between the two. For example, better paid actors and actresses always have better acting skills. As a result, their number of fans is higher, and they get more attention from the public, compared with those who earn less. However, as a consequence, the richer ones are always more pressured to perform better, and if they perform badly, they are more likely to get more negative comments from the public.

4. What are the differences between acting in the theatre and in film?

As far as I am concerned, there are many differences between them. When acting in the theatre, actors and actresses only have one chance to perform their best on the stage, and their emotions can be conveyed to the audience in a very direct, personal way. However, film actors and actresses have many chances to perform their best. Their acting can be recorded over and over and edited to choose the best overall performance in a more controlled way, making the performance less personal.

5. Are actors or actresses very interested in their work? Why?

Personally speaking, I believe that most actors and actresses are very interested in their work because it's a demanding job to act in a film. Actors and actresses have to make great efforts to present a good film to the audience. If they were not interested in their work, it would be extremely hard to stick to the job. However, a few actors and actresses might be less responsive to their work. But it's quite normal because it's the same case as people in other industries.

6. Is being a professional actor or actress a good career?

I think it mostly depends on whether actors or actresses could get a sense of achievement from this profession. Many people think it is a good career because it's well-paid and it provides actors and actresses with opportunities to experience a different life. But other people don't agree with it the reason that actors and actresses are always too busy to spend time with family. As far as I'm concerned, the answer might vary from person to person, but as long as actors and actresses are happy to do this job, it is a good career.



Part 2 & Part 3 受到表扬

Part 2 主动帮助邻居奶奶受到表扬

Describe a time you received positive feedback You should say: What you did Who gave you the feedback Why he/she gave you positive feedback And explain how you felt about it

我家邻居是一个孤寡老人,一双儿女常年在国外务工。她自己80多岁的年龄,要独自做饭、打扫卫生、去医院看病。去年放暑假得知她摔了一跤,走路不方便了。我便主动帮助她买菜和做饭。后来她好了,给邻居们大大夸奖我乐于助人,心肠好,让我觉得挺不好意思的。小区委员会还专门为此给我发了奖章。

I want to talk about when I helped an old lady living next door and received praise from my neighbors in the building. I was even given a prize medal because of this.

So this old lady has a son and a daughter who both work overseas (老太太的一儿一女都在国外工作). The only support the children can provide is financial support. She is well over 80 years old and she has to cook her meals, clean the house and go to the doctor for regular checks(去医院体检) all by herself. Dealing with these chores all alone can be a big challenge even for young people, not to mention an old lady. In fact, last summer, she had a big fall and broke her ankle. I felt deep sympathy for her (我非常同情她), so I offered to look after her during the summer. I helped her buy her groceries and prepare her food — three meals a day. It was almost like a proper job for me, except with no pay. Whenever I was free, I would sit down and talk to her. She told me so many interesting stories, and I would share my stories with her as well. I have to admit, she has a good way of telling them (她讲故事真有一套!).

After a couple of months, her ankle recovered and it was time for me to go back to school. She thanked me with some small gifts. Then she went out to speak highly of me to the neighbors. Since then, I have received praise wherever I go. The neighbors all praised me for my kindness and helpfulness. To be honest, being the center of people's attention made me a little overwhelmed.

Part 3

1. Do children need encouragement as they grow up? Why or why not?

Well, I believe encouragement is critical for every child no matter what their age or stage in life is. I mean, growing up is a mixture of happiness and pain. There are certainly many obstacles along the way. Children constantly need help and support from their parents,



friends or teachers. Encouragement is always the best kind of support we can offer, because it helps build the child's character and give the child confidence. Otherwise, if they only receive negative feedback from the ones that are closest to them, they might feel discouraged and become reluctant to try new things, which is very unhelpful for their development.

2. Do you think positive feedback is more useful than negative feedback?

Absolutely. I am a believer of positive psychology, actually. Whether we try to convince people or talk sense into them, it's always more useful and productive if we communicate in a positive way. That's because positive feedback not only makes us feel good, but also helps build our confidence. Negative feedback, on the other hand, can diminish our confidence, and lead us to doubt ourselves. In other words, we are social animals that need to feel accepted and approved by others.

3. Which kind of feedback do people tend to believe, positive feedback or negative feedback?

Personally, I like to hear and tend to believe positive feedback. I mean, who doesn't like to be praised and complimented? However, this isn't always the case. There are times when I get false compliments from others. People sometimes say nice things not because of what I've done, but because they are nice people. I fully acknowledge that. As for negative feedback, I receive that too. But for some reason, I tend to ignore it. I think some people say mean things only because they are in a bad mood. That's none of my business.

4. Do you think public recognition is important for people nowadays?

I think some people like to be exposed in public, whereas others don't. For those who are high profile and like to show themselves off, they probably would try their best to promote their self-image and get recognized by the public. You know, public exposure can bring a lot of benefits to people. Once you are famous, you can take advantage of your fame and make money out of it. However, some people like quiet lifestyles. They don't wish to be bothered by others. Therefore, public recognition will have no use for them.

5. Do you think those who have received public recognition should take on more social responsibilities?

I believe so, yes. Being recognized by many people brings great advantages. Public figures can tap into these advantages and achieve a lot more in life to satisfy their personal needs. In return, they should be careful about how they conduct themselves. What they say and do can influence the public and have a great effect on society, so they need to build a positive image of themselves, and try to engage in charitable and social events to influence their followers to do the same.



Part 2 & Part 3 新题: 和别人一起做的事(疑似新题)

Part 2 打牌

Describe something that you did with someone/a group of people You should say:
What it was
Who you did it with
How long it took you to do this
And explain why you did it together

逢年过节,我们欢聚一堂,打牌算是一种竞技项目,非常受人欢迎,老人平时难得热闹,大家坐在一起玩一下可以缓解老人的孤独,并且可以增添一点乐趣,所以逢年过节,我们经常会去爷爷奶奶家玩,用这个项目把大家聚在一起,联络下感情。

In China, the elderly do not really have many forms of entertainment. However, playing cards is one of them, and is a traditional activity which interests me very much. And frankly speaking, my grandpa is the opponent who I respect the most.

Whenever our family members gather together for holiday meals (节日聚餐), card games are always played. Card games are considered to be competitive pursuits which means that to win you have to have a sharp mind and accumulate enough experience. Luck is an important factor too. You never know who will win until the declaration of the result (宣布结果), which is the reason why they are so popular among all ages.

I especially like to play cards with my grandpa. He is a famous player in the neighborhood, with a sharp mind and precise observation, so playing with him is more like a battle of wits and courage (智慧和勇气的较量). Our games are always exciting and gripping. There are some other reasons why I enjoy doing this with my grandpa. Since the elderly rarely have moments of excitement involving lots of people, card games can be a good way to relieve their loneliness (缓解他的孤独) and have some fun. So, during festivals, we all go to my grandpa's home and spend most of the day playing cards with him.

And you know, everyone is busy these days with their own lives, but card games can bring people together and strengthen their bonds (加深我们的感情). I don't know if there's any other activities that have the same effect.

Part 3

1. How do you get along with your neighbors?

For me, my neighbors and I are merely acquaintances, so I just say hello to my neighbor



whenever we meet in the elevator, or in the community when walking the dog. We exchanged the WeChat, so sometimes we also interact with each other online. My neighbor is older than me and has been living in the community for decades. Sometimes, I reach out to him when I don't know where to eat, and he will recommend some special restaurants to me. Every time I asked him for help, I would prepare a small gift as an appreciation. And we both keep areas of our property presentable.

2. How do neighbors help each other?

As an old saying goes, a good neighbor certainly can be better than a faraway relative. Neighbors live next to us and when there's an emergency, it's quicker to turn to neighbors for help. For instance, once I got a fever and there was no medicine available. Luckily, I asked my neighbor for help who offered me an antipyretic and some vitamin pills. I also assisted my neighbors when they were in difficulty. Once they forgot to bring the key and were locked outside their home. Fortunately, the two balconies connect with each other, and they managed to get back home by climbing from my balcony to theirs.

3. Do you think neighbors help each other more often in the countryside than in the city?

I think it depends. In the past, I believed that neighbors in the countryside help each other more often because they knew each other better. Many families live in the countryside for generations, so neighbors may also be friends who grow up together. They help take care of each other's houses and children. However, neighbors in the city rarely greet each other. Those living next to your apartment may be renters who only stay here temporarily for a month or two. Therefore, we don't count on neighbors when living in the city. Nevertheless, when COVID came, we live in the city also relied on neighbors to share medicine and food during the lockdown. So I think it depends on different communities and circumstances.

4. How do children learn to cooperate with each other?

Cooperation means a joint effort—a give—and—take that is mutually satisfying. Most children learn to cooperate at school when they need to collaborate with classmates on team projects or get along with each other during breaks. For instance, when assigning the task of making a poster together in a group of five, children learn to allocate tasks of painting, writing, and designing to different team members and together make a masterpiece as a group. During class breaks, they play games with each other and learn to shoulder different responsibilities. They take turns playing hide and seek or rope jumping. It is processed like this that helps children learn to cooperate with each other.

5. Do you think parents should teach children how to cooperate with others? How?

Yes. The ability to cooperate is an important piece of a well-balanced life. Toddlers, in particular, are very self-centered — which is the natural result of having lived a life where their needs are anticipated and met by the adults around them. Learning to consider others and balancing someone else's needs against their own is a new concept for young children and requires development through patience and practice. As a result, parents



should help their children learn to understand the value of accommodating others' requests and encourage them to cooperate. For instance, they can do chores together and praise cooperation. When a conflict broke out between their children and others, parents can encourage communication and let them express their thoughts, in turn, to solve the problem together.

6. Do you think it's important for children to learn about cooperation?

Definitely yes. Working with others is essential to academic, social, and personal success. Cooperation demonstrates the ability to work effectively and respectfully with diverse people or teams, make compromises, build consensus in decision–making, assume shared responsibility for collaborative work, and value the opinions and contributions of individual team members. Teaching children the art of cooperation makes them realise the importance and value of teamwork, develop trust with others, enhance empathy, and imbibe social skills. It teaches them the value of listening to others and showing patience during a conflict. Learning to cooperate help children understand teamwork, builds trust with others, increases empathy, promotes pro–social skills, forms healthy relationships, and gives them a sense of belongingness.



Part 2 & Part 3 户外活动

Part 2 攀岩 (rock climbing)

Describe an outdoor activity you recently did in a new place You should say:
Where and when you went there
What the activity was
Whether you asked for help with the activity
And explain why you attended the activity

从今年夏天开始,我喜欢上了攀岩这项活动,并参加了社区的一个户外拓展俱乐部。 是我的好朋友介绍我加入的这个免费俱乐部,作为第一次攀岩的人,教练给我选择了坡度适中的攀岩墙,开始前我向教练和伙伴们咨询了很多问题,在他们的鼓励下,我尝试了很多次。终于,我成功爬到了最上面。听到了下面大家的欢呼声和一些鼓励的掌声,当时我非常有成就感。参加攀岩活动让我有机会远离手机和电脑,拥有更健康的生活方式。

Last summer I got the chance to take a rock-climbing lesson for the first time when I attended an outdoor sports club in my community.

My friend introduced me to the club and said that people who like rock climbing come here for fun. As a beginner, the coach recommended the easiest route where the stones were very dense and the slope was moderate (适合的).

Before getting started, I asked the coach a number of questions, but during my first attempt, it didn't take long before I fell off the wall. The coach helped me off the ground (放下来) and gave me some suggestions. He repeated what he said at the start, which was to make more use of my legs, rather than relying too heavily on my arms. Shortly afterwards(过了不久), I tried again, but the result was the same. However, after a few more attempts, I finally managed to climb to the top of the wall. I cannot tell you how satisfied I was when I heard the cheers and applause from the ground below. I was very proud of myself.

Rock climbing has brought me much more than I had expected, and it has helped me to coordinate my body to work out a way to climb up. At the same time, it has helped me keep a healthy lifestyle and spend less time on electronic devices (电子产品)!

Part 3

1. What outdoor activities are popular in China?

From what I can tell, skiing and diving have become more prevalent (流行趋势) in recent years. People are obsessed with the feeling of excitement when skiing at high speed from top to bottom and the feeling of freshness when exploring the underwater world (句式对



称). With the improvement of living standards, people are putting more and more emphasis on physical and mental relaxation, so it is no wonder outdoor activities are becoming a big hit.

2. Are those people who like dangerous activities more likely to be successful?

Statistically, I'm not sure about the answer to this question. However, generally speaking, people who are keen on extreme activities are often willing or even eager to take risks. Such kind of bravery will benefit entrepreneurs and help them achieve success. For instance, they are less likely to be deterred by the fear of failure, and they tend to succeed in grasping opportunities. However, I don't think risk-taking alone can guarantee success. Entrepreneurs are considered risk takers. Those without the wisdom of risk calculation might need to manage their losses. People tend to regard risk-taking as a symbol of entrepreneurship, simply because we are left susceptible to survivorship bias.

3. Do you think it's better for people to change jobs when there is a chance to do so?

I think the answer to this question depends on each situation. If the new opportunity outweighs your current position from each and every perspective, say, you can earn more money, work fewer hours and enjoy more reputation, then of course, the answer is to change jobs. However, in most cases, new opportunities also bring new risks. For instance, a senior position in a private company may offer you higher pay, but you will need to bear the risk of unemployment if the company goes bankrupt. In such cases, I think one needs to weigh up the pros and cons of both. It's never easy to make a decision, but I would recommend a change of job if you feel bored doing your current work, despite the potential challenges posed by a new position.

4. Should young people try as many new activities as possible?

As long as trying new activities doesn't bring about too much financial burden, then I consider it a good idea for young people to do so. First of all, young people generally don't have much life experience. They can only really explore their potential through sports, music, art, and other skills by practicing on their own. As a result, trying all kinds of new activities is an effective way for them to better understand themselves. Through this process, they can better identify themselves and even carve out out a future path for their career development. Besides, during the process of learning different skills, young people can meet different peers and expand their social circles, and the friends they make doing such activities are more likely to share similar values and lifestyles. As a result, it's worthwhile accumulating these experiences.



Part 2 & Part 3 发小

Part 2 一起打游戏的朋友

Describe a friend from your childhood You should say: Who he/she is Where you met each other What you often did together And explain what made you like him/her

我童年的朋友,我们是在游戏里认识的,因为我们的网名一模一样,觉得很有缘,所以我们约定每周同一时间上线,打几局游戏。他的游戏打得很好。虽然他只是我在游戏中的认识的朋友,但是我们却没有任何的距离的隔阂,无话不谈。

A childhood friend of mine is my web friend called Peter, I knew him on the internet, I still remember when I was a primary school student, an online game called CrossFire was extremely popular among teenagers. It's a game that offers a platform(平台) for users to have fun as well as make friends. I created an account(开了个账号) in Cross Fire and Played games every weekend.

All the players in the game were divided into groups(被分成几组) so that they can battle(对抗), I remember one time Peter and I were assigned in the same group randomly(被随机分在一组). I noticed that we got the same nickname which was Spiderman, so I talked to him when the game was over. After having some nice chat with him, I found we had not only got the same nick name(小名) but also much more common interest such as playing football and table tennis. So we always have something to talk about.

Since then, I play games with him together almost every weekend. After getting acquainted with(与某人混熟) him, we actually met each other in an online competition, just to cheer for our favorite team. I enjoy talking to him because it's just easier to communicate and it's easy for us to be on the same page.(价值观相近).

I am so grateful to have a game buddy like Peter, someone's always there to help me and bring me happiness, I think he is the person who made my childhood colorful and meaningful. Until now, I still keep in touch with him and we grab a drink(喝一杯) together from time to time.

Part 3

1. Do you still keep in touch with your friends from childhood? Why or why not?

Yes, I still keep in touch with my best friend from elementary school. We have known each other for 20 years. How time flies! We didn't go to the same school after graduating from



elementary school, and I left our hometown when I went to college. But I would ask her out when I came home during winter or summer vacation. No matter how long we have not seen each other, whenever we get together, we still have so much to share, and we burst out laughing when we reminisce about the happy times of the past. We lead quite different lives, but I think those good memories will always connect us.

2. How important is childhood friendship to children?

Childhood friendship is essential for kids. I mean, everyone needs close friends right? And this is particularly true for children. As well as bringing numerous social benefits, spending time with friends is fun and exciting for children. Friendships support children's well-being and can help them handle different social situations. For example, by forming friendships with their contemporaries children can learn social skills like sharing and taking turns. Moreover, through interactions with friends, children learn how to negotiate, compromise, and cooperate with others. How lonely would I be if I did not have friends to play with or to talk with?

3. What do you think of communicating via social media?

Social media means a lot to me and I can't imagine my life without it. I use social media to get the latest news and interact with my friends. Sometimes, I can also learn something that I would never get to know by reading a book on social media. Whenever I finish my work at the end of the day, I always log on to social media to check what's new in the world and what my friends are up to, I think it's the best way way to stay connected to the world.

4. Do you use a lot of emojis online?

No, I rarely use emoticons. I have to admit that in many cases emojis are a great way to break the ice, get closer to newly-met friends and present a friendly image. However, I find that collecting and finding the right emoji for a conversation is actually quite exhausting and makes communication inefficient. So gradually I started to use fewer emojis, and some of my friends laughed at me and said I didn't look like a young person at all because being skilled at using emojis is somehow a symbol of Generation Z.

5. Do you think online communication through social media will replace face-to-face communication?

No, I'm afraid that I cannot agree with that. Social media does have an advantage over traditional face—to—face communication in terms of immediacy, but I think there is so much information that cannot be conveyed through the internet. For instance, the atmosphere, the tone of voice, and the subconscious micro—expressions, etc. And those are where the charm of offline communication lies. In my personal experience, since I am not good at using emojis, many of my colleagues feel that I am more serious when they talk with me online. So in my opinion, online social media will not replace face—to—face communication.



Part 2 & Part 3 让你自豪的照片

Part 2 和朋友出去野餐时的照片

Describe a photo you took that you are proud of You should say:
When you took it
Where you took it
What is in the photo
And explain why you are proud of it

这是四年前在北京的颐和园,我与朋友野餐时拍下的照片。此时正值九月,一向气候不太宜人的北京也迎来了最好的季节。气候凉爽,又不至于太冷,我便与三五好友相约去颐和园秋游野餐。颐和园附近有很多合适野餐的草坪,我们便找了个合适的便于欣赏湖景的地方坐下来。铺上桌布,摆好零食,甚至还仔细地摆布了好一阵,以确保在照片中能达到最佳的构图和色彩搭配。以此为背景,我们精心设计了好几个拍照的pose,然后我拍下了一张完美的照片。上传到社交媒体后这张照片获得了大量的关注和点赞,让我十分自豪。

When it comes to a photo that I am proud of, I'd like to talk about one I took of my friends and me. It was taken four years ago at the summer palace when we were picnicking there.

It was in early autumn, around September I think. Beijing is never a city that can boast(吹嘘、夸耀) pleasant weather but in autumn it is so nice to be there. The temperature was good and it was not too dry. My friends and I couldn't afford to(无法承担得起,此处引申为"不能错过") miss the nice weather so we decided to go for a picnic in the summer palace. There were many empty spaces around that were suitable for picnicking, and we found the perfect spot where we had spectacular(景色很好的、壮丽的) views of the lake. We set the tablecloth, took out all the food from the basket, and carefully arranged everything so that it would all look good in the picture, in terms of both composition and color arrangement(构图与色彩), and used it as the background for our selfie. We also practiced pulling a few poses until we were all happy with the final product.

What's more, after uploading it to social media, we got so many likes — over a hundred, in fact! People were also saying nice things about our picnic. So, you can imagine, as the one who took this picture, I was very satisfied.

Part 3

1. Why do some people like to record important things with photos?

Well, it is probably because photographs can give people a more intuitive feeling. Excellent photos can often make people feel the emotions in the scene. For example, family photos can make people feel the happiness of a family reunion. Besides, compared to words, photos contain much more information. They show details like people's personality and



expressions, which might take hundreds of words to describe. With these advantages, I believe that people tend to record important things with photos to save precious moments.

2. What can people learn from historical photographs?

I consider historical photographs to be of great value. For historians, historical photos are very important research materials. They can use them to study major historical events and examine the costumes and customs of people in the past. For example, there are many historical photos that evidence the trace of the Japanese aggression beginning in the 1930s. All Chinese people can learn a great lesson from such photos. Also, many photos of the Qing Royal family give us a more intuitive sense of history.

3. Is taking photos the best way to remember things?

Yes, I would say so. You see, there are many people who are fond of taking photos every day to record their lives. Whenever they look back at them, they can easily recall the feelings and emotions of those moments, such as a fancy meal they enjoyed or an excellent play they watched. All the details come pouring back once they view the photos. They also remind people of the small things in daily life, not only the memorable moments. Thanks to smartphones, we can take photos at any time, so this is why I believe that taking photos is the best way to remember things.

4. Which is better, taking photos or keeping a diary?

Well, it is really hard to say which is better, because I think they serve different purposes. Taking photos is more like objectively recording moments in time. A camera only captures a scene without any words, feelings or emotions. Instead, keeping a diary is not only about recording what happened, but also about including your personal thoughts and feelings and your subjective opinions, like how you feel about somebody or your judgment on something. Diaries have a stronger personal identity than photos. There will be little distinction between different people's photos of the same scene, while different people's diaries of the same event could be quite different. As for me, I prefer pictures. Taking photos is much easier and more convenient than keeping a diary. You can just pick up your phone and take a photo at any time. Sitting in front of the table to write a diary is too exhausting for me.



Part 2 & Part 3 喜欢的节目

Part 2 《奔跑吧兄弟》

Describe a program you like to watch You should say: What it is What it is about Who you watch it with And explain why you like to watch it

《奔跑吧第二季》是浙江卫视制作推出的户外竞技真人秀节目,节目由七位明星固定主持。我在 电视上的广告里看到了这个节目的宣传,都是大家喜欢的明星成员,成员们的表现个个有亮点, 而且传递出了不放弃、敢突破的正能量,得到观众点赞。这是一个国民综艺,我们全家人都非常 喜欢这个节目,所以我们会一起看这个节目一起欢笑

I love watching "Keep Running". Previously known as "Running Man", or "Hurry Up, Brother", it is a Chinese variety show broadcast on the Zhejiang Television Station. It is a spin-off from the popular original South Korean variety show "Running Man" by SBS.

The host team consists of famous actors, actresses, and gag men. Each episode (期) has a different theme and a storyline. The MCs and guests are divided into two different teams to play games. There are many games played by the MCs and guests that often contribute to their results for the final mission. The team that wins the final mission will receive a prize.

Watching this TV show is a good choice for spending time with my family. Over bowls of steaming homemade popcorn and cups of everyone's favorite beverages, we can laugh and enjoy each other's company without ever leaving the house. We all have different favorite members. As for me, my favorite member is Deng Chao, a famous actor. But Every member does really well. They show their personalities and the spirit of never giving up (永不放弃的精神). Also, they are not afraid of challenges. My family always cheers on (为......欢呼) their performance while watching.

I like this outdoor sports reality show. I like the cast members, as well as the interesting games. The games in this show know no barriers or any other conventional (常见的) limitation. Watching this show, you feel like you are playing games and completing the challenges with them, too.

Part 3

1. What programs do people like to watch in your country?

At the moment, talent shows and reality shows are the most prevalent. I think it's mainly



because they are interactive and engaging. These shows often involve the audience by asking them to vote in a ballot. When the audience gets to pick their favourite candidate, the show turns into something personal and they are quite likely to follow them to the end. But apart from these ones, TV dramas are also well–liked in China, especially the historical fantasies. People watch them and can sort of relate them to real history. It often creates room for discussion when there are differences between the real thing and the fantasy.

2. Do people in your country like to watch foreign TV programs?

Yes. South Korean TV shows are very popular in China. Influenced by the K-pop culture, many K-pop fans are also crazy about the Korean TV shows that their idols participate in. In the past 20 years, many Korean TV shows have built a good reputation in China and have even been remade by Chinese TV stations. For example, Running Man and Heart Signal have all been remade by Chinese entertainment giants, which received positive feedback. From my perspective, the Korean entertainment industry is so developed that their TV shows are of high quality and creativity. If the Chinese entertainment industry can learn more from them, we can enjoy more interesting and attractive TV shows in Chinese.

3. What's the benefit of letting kids watch animal videos than visiting zoos?

In my opinion, there are three advantages. First, watching animal videos is safer. When children visit zoos, they may get lost or hurt by wild animals. Second, it takes less energy for parents to watch their kids. Visiting zoos requires many steps: buying tickets, driving, walking... It can be exhausting for parents. Compared with that, letting kids watch videos is much more simple and much less effort. The last reason is that watching videos is more affordable than visiting zoos. There are lots of free videos on a video platform like Youtube. Some zoos even have 24–hour live broadcasting of animals, which is more convenient.

4. Do teachers play videos in class in your country?

Yes, they do. Most of the time, teachers use video to complement their classes. For example, if a chemistry teacher wants to teach his students an experiment, he can show a video of this experiment to the students. It is more direct than describing their reactions to them. Besides, it saves money because the teacher doesn't have to perform his or her own experiment. In some cases, teachers play videos to students to let them relax. In primary schools, teachers will play cartoon videos to their students in self–study class after an important exam to help them wind down.



Part 2 & Part 3 运动场所

Part 2 家附近的健身房

Describe a popular place for sports (e.g. a stadium) that you've been to You should say:
Where it is
When you went there
What you did there
And explain how you felt about this place

我经常会去我们家附近的健身房健身。对于我来说,健身就是应该在专业的地方,在健身房,我可以接触到专业的设备,接受专门的指导,保障了运动的效率和安全,所以我选择在健身房进行运动。我一般会在每天早上七点,也就是健身房刚开门的时候去健身,因为早上的人比较少,而到了傍晚的时候,这里会被下班放学的人们所包围。我一般会先在跑步机上跑五公里,然后再做一些器械力量锻炼,有时我也会游泳,以次来开启元气满满的一天。我在这家健身房办了年卡,因为我对这里的地理位置,设施都比较满意,希望我可以坚持下去继续锻炼,让我的年卡发挥作用。

When it comes to popular places for sports, the first place that comes to mind is a gym near my home. I normally go to that gym to work out. For me, fitness is something that should be done in a professional setting. At the gym, I have access to professional equipment, and receive specialized instruction(接受专业指导), which guarantees the efficiency and safety of the exercises, so I choose to do my exercises at the gym. The gym is located two intersections away from our neighborhood, and I usually walk or sometimes bike there.

Because of its reasonable prices, convenient location, and great facilities, this gym is popular in the neighborhood, especially on weekends when it is often packed with people(人满为患). I usually go to the gym at 7 am every morning, right after the gym opens, because there are relatively few people in the morning, while in the evening, the place would be surrounded by people who are off from work or school(下班或放学).

In the gym, I also have my own set routine. I usually run five kilometers on the treadmill as a warm-up(跑五公里热身), then I will do some strength workouts, and sometimes I swim in the pool on the first floor to start my day.

I bought an annual card at this gym, as I'm quite satisfied with the location, the facilities, and I enjoy doing sports there. Hopefully I can stick with it and keep working out to make my annual membership worthwhile.



Part 3

1. Do young people like to do sports?

I think most of today's young people still like to do sports, but not as much as the previous generation. With the abundance of entertainment options for young people in today's society, sports is just one of the many ways to spend their leisure time. The progress of technology has allowed young people to achieve fitness without leaving home, changing the way young people exercise. For example, the fitness ring game and L Keng Hong's online workouts have brought about a change in the way the younger generation do sports and exercise.

2. What are the benefits of sports for children?

For children, there are many benefits to doing sports. They are at a critical period of physical and mental development, and doing sports can contribute to their physical and mental health. For example, running can enhance a child's cardiorespiratory function; the long jump can develop a child's strength; soccer, basketball, and other team sports can cultivate a child's teamwork ability, rock climbing and other extreme sports can foster a child's courage. Parents should encourage their children to do more sports and exercise, but under the supervision and guidance of parents to avoid possible dangers.

3. Is it necessary to build public sports spaces?

I think it is vital to build public sports spaces. For one thing, people are limited to the kinds of sports they can do on their own, with no equipment. Public sports spaces, provide people with the venue and resources to do this. They make it possible for everyone to take part in sports that are otherwise difficult to do on their own, such as basketball and soccer. This encourages national fitness, enriches the recreational life of citizens, and facilitates the development of physical and mental health of the general public. In addition, public sports facilities are relatively standardized and safe, reducing the risk of injury and accidents.

4. What do you think of companies donating sports venues for poor children?

I think it is a good deed for a company to donate sports venues for poor children. When we talk about underprivileged children, the first thing that comes to our mind is the donation of books and clothes, which are more closely related to their studies and basic welfare, but we tend to overlook the fact that they also need physical and health education. Underprivileged children often don't have access to, a safe playground, a running track, or a soccer pitch. Sport and fitness are essential factors for childrens growth. We should pay attention to the sports needs of poorer children, encourage them to be physically fit, and promote their physical and mental development.



Part 2 & Part 3 收钱

Part 2 学习进步奖励

Describe a time when you received money as a gift You should say:
When it happened
Who gave you money
Why he/she gave you money
And explain how you used the money

我的高中对学习成绩非常重视。不仅成绩优秀的人可以拿到奖学金,而且有进步的同学也会有奖励,在我高二时,我的学习成绩有非常大的进步,学校给了我一笔钱作为激励,我给自己开了一张卡存这笔钱。我一直没有花,每当想到它我就记起努力学习的过去,充满勇气。

My high school attaches great importance to students' academic performance学业表现. Not only do the excellent students who score in the top 10 in the whole grade or the top 3 in the class can get the scholarship award, the students who have made progress in their scores could also get the award as an encouragement for better performance in the future.

When I was in the second year of high school, I made great progress in my studies. I ranked the 20排名th among the 50 students in my class in the mid term exam in the first semester, and in the final exam of the same semester, I was tenth in my class, which was amazing progress. The school gave me a sum of money as an incentive激励, encouraging me to work harder and to be more diligent.

Though the bonus was not a large sum of money, it means a lot to me. It embodies 体现the recognition认可 of my hard work, and the encouragement from the school and teachers. Therefore, when I received the bonus, I opened a bank account银行开户to save it for myself, hoping to make persistent efforts再接再厉 and to save more bonuses in the future.

Even now, I still have it saved in that account. I never spent the money. Whenever I thought about it, I remembered my hard work in the past, which fills me with courage when facing difficulties.

Part 3

1. Why do people rarely use cash now?

The first and perhaps most important reason for people to go cashless, is the great convenience that it brings to us. If you consider paying someone through traditional means, you would either have to take many trips to the bank or bring a stack of money in



your bag. But if you use digital money, say via Wechat, you only need to scan a payment code. Another good reason is that going cashless can help avoid losing cash and reducing robbery, therefore keeping us safer. If people don't have their wallets on them, there's no way for others to steal their tangible money.

2. When do children begin to comprehend the value of money?

From my own experience, I had a sense of what money was for when I was about 4 years old. I would ask my grandma for 5jiao to buy a lollipop, but did not dare to ask for more. I could easily distinguish the difference among the various bills and understood their values. I recently found out that my neice understood money at an earlier age than I did. When she was 3 years old, she understood that the cashier scanned a code on a cell phone, then she could take her snacks home. How technology has changed our lives!

3. Should parents reward children with money?

I think this depends on the situation. I am not in favor of rewarding children with money for doing chores, because I think it will distort their perception of family duty and mislead them. But I heard an impressive case of rewarding a kid with money in a good way. After watching a documentary about children suffering with cancer, my niece Lily wanted to raise some money to help them. My aunt made a deal with her, she agreed to pay her 2 yuan every time she got an A for homework. At the end of the semester, Lily had raised 200 yuan and donated it to a charity program aiming to help poor kids who cannot afford their medical bills. I think she must have learned a lot from those 200 yuan.

4. Is it necessary to teach children to save money?

In my opinion, teaching children to save money is necessary. They need to learn basic financial skills from an early age. In primary class we can use questions such as: If you save 2 yuan every day, will you have enough money to buy the toy you like after a month? This teaches that if you save money you can by something that you really want. As they get older, understanding finances is vital, being able to organize income and expenditure, and being able to plan, manage and control their money as is crucial when they enter the working world.



Part 2 & Part 3 向旅游者推荐你国家的一个地方

Part 2 北京环球影城

Describe a place in your country or a part of your country that you would recommend to visitors

You should say:

What it is

Where it is

What people can do there

And explain why you would recommend it to visitors

位于首都郊区的北京环球度假区值得一游。游客走进主题乐园时,将被许多电影场景包围。比如,可以亲眼看看哈利波特世界和霍格沃茨城堡。其他的,例如功夫熊猫居住的小镇也很精彩。我强烈建议参观,因为可以体验电影世界、享受故事情节。此外,中西元素的混合产生化学反应,使得它不同于其他乐园。我希望更多的人可以来到这里,手持魔杖,体验功夫。

The Universal Beijing Resort, located in the suburbs of the capital city, opened to the public last September, which coincided with (重合) the Mid-Autumn Festival. .

If you go there, you will find yourself surrounded by many unforgettable movie scenes as you walk through differently-themed lands. The world of Harry Potter is magical, and I honestly believe that anyone who has read the Harry Potter series must see for themselves the magical World and Hogwarts Castle. Other movie-themed worlds will generate just as much excitement. For example, the Valley of Peace is the small town where Panda Po, the hero of Kung Fu Panda, lives. Visitors will go on a Kung Fu adventure with Po and fight against Tian Sha on a unique flume ride and join Kung Fu Panda's journey as a dragon warrior.

I highly recommend everyone visiting Universal Beijing Resort if they get the chance. This is because it is so exciting to experience mock ups of (复制品,翻版) famous movie worlds and enjoy wonderful adventures with customized storylines. People will find themselves immersed in multi-sensory story-driven experiences. Not only that, but Chinese cultural elements have also been added in consideration of (考虑到) the needs and preferences of Chinese visitors. The mixture of Chinese and western elements produces genuine chemistry (产生了化学反应), which I think makes it quite unique compared to similar theme parks around the world. I wish more people, not only Chinese, but also foreign visitors can come to this attraction and experience the wonder of learning Kung Fu while simultaneously holding a magic wand!

Part 3

1. Is it important to take photos while traveling?



Well, I won't don't think the photographs we take are an important thing during the trip, but they do help us to remember our trip. The significance of travel is to experience the local customs of different regions. If you want to take a good photo, you need to consider the light, the angle, and a lot of things, which will distract you from feeling about the beautiful scenery around you. Although it can't be denied that taking photos is a good way to record a trip, I still argue that it is not an important and essential part of the trip.

2. Can you trust other people's travel journals on the Internet?

If the travel journals were published on reliable platforms, I think I can trust them. And the majority of travel journals on the Internet do offer a good guide as the authors wrote to document the experience they had during the trip. Personally, I think reading other people's travel journals online is the best way to save money. One can find cheap flights, stay in hostels or budget hotels, and cook your own food instead of eating out based on the experience of other people. Moreover, it can help you discover the hidden gems of your destination that you might not have noticed otherwise.

3. What factors affect how people feel about travel?

I think the top factor affecting how people feel about travel is bad weather. Research evidence suggests that bad weather can lead to planned journeys being rescheduled, rerouted, or canceled. The consequences of these shifts in daily travel choices can include increases in traffic congestion and accidents, travel delays, mental stress, and general travel dissatisfaction. In other words, bad weather will lead people to feel less satisfied with their travel. In addition to weather, stress also plays a part in affecting how people feel about travel. In my case. A stressful outgoing trip to the destination will undoubtedly ruin my leisure mood.

4. Will you go to a foreign country to travel because of the distinct landscape?

Yes, I will go to a foreign country to travel because of the distinct landscape. Because that is the beauty of travel. As diverse as it is, it makes it unique. I was introduced to traveling at a young age. When I travel I truly feel alive. I feel like I'm living my life and doing things I would otherwise regret not having done. It keeps me alive on a psychological level letting my senses take it all in. Travel keeps me awake. It teaches me to be careful, to always be prepared for the unexpected, and never to walk around with closed or tired eyes.



Part 2 & Part 3 学到的重要事情

Part 2 人际交往能力

Describe an important thing you have learned (not at school or college)
You should say:
What it was
When you learned it
How you learned it
And explain why it was important

我觉得这世界上最难学的是人际交往技能。小时候我是个不爱讲话的孩子,喜欢独处。读大学的时候我发现人脉太少,于是我主动帮助他们,积极参与到集体活动中,要把别人的需求放在自己的需求之上,才能赢得别人的好感和尊重。这几年的努力没有白费,我交到了一些非常知心的朋友。

I want to talk about my interpersonal skills which have taken me years to acquire. Well, not that I want to be a smooth operator on all occasions, but I used to be so taciturn.(并不是说 我想变得四面玲珑,但是我过去实在是太沉默寡言了。) I was pretty introverted and spent most of my time alone, though I never felt lonely because I had family around me. But then there were the college years. I had to travel to a foreign city where I knew no one and my family was far away; I was so anxious during the first few weeks because I was so lonely. I couldn't even get along with my roommates! In any group activities, I was the odd one out.(任何集体活动,我都融不进去) Each time I called home, I felt like crying. That's when I decided to change. My parents advised me to voluntarily help others. In their words, people don't really refuse good intentions from others. Offering help would be a good start to winning over friends. It did help, but then I ended up being officious.(这个方法的确有用,但是却把自己显得爱管闲事) I was very frustrated and felt a bit hurt. But that taught me a good lesson – there's a balance in any relationship. Don't cross the line.

Last year, I bought the book How to influence people and gain friends by the famous relationship expert Dale Carnegie.(去年,我买了人际交往大师戴尔卡内基的《人性的弱点》这本书。) For the first time, I reflected on my speaking manner and realized that I talked too much about myself in a conversation. You know, people are interested in themselves, so if you want to win them over, let them talk about themselves. This is one Golden Rule that I learned from that book. I know that I'm still a long way from being a popular person. The interpersonal skills are indeed the most challenging ones and take the longest time to learn!

Part 3

1. What can children learn from parents?

I would say basically everything. I think the influence of our parents goes a long to



determining the kind of character children will grow up with. Family is the place where children socialize for the first time, and their homelife sets the tone for their future behavior. As well as physical skills such as walking and speaking, children learn social and emotional skills from their parents such as how to speak, love, and how to empathize and discriminate good from bad. Ever since I was a child, I have kept my pairs of socks in a ball to save on space, just as my mom did. My parents taught me all these little things in my life, and they made me who I am.

2. Do you think some children are well-behaved because they are influenced by their parents?

Of course. And I believe this is just common sense. Psychological studies have established that children who grow up in an unhealthy family dynamic or a broken home are much more likely to develop mental disorders later in life. For instance, indifferent parents may raise hysterical children because these kids believe that they have to get on one's nerves in order to get attention. Also, children cannot act in a way that hasn't been modelled for them . Therefore they will only develop polite habits like holding the door for others if people have held the door for them before. They would eat quietly only if they always have dinner at a well–mannered table. So I do believe only well–behaved parents can raise well–behaved children.

3. Is it necessary for adults to learn new things?

I think there is this pervasive anxiety in society. People are prone to believe that unless we constantly work and try hard we will soon be left behind. If we don't learn new things throughout our lifetime we will soon become ignorant. But I think such ideas are just the result of over–competition. After the phase of learning to get their diploma or degree adults generally only learn for practical objectives like studying towards a professional certificate to get a better paying job. And I don't think this is necessary. What is necessary is keeping an open mind.

4. How can people learn new things?

People learn from their mistakes. If you want to learn new things, you have to be willing to get your hands dirty. Practice and make mistakes, then with reflection, you can improve your skills and gain more knowledge about it. Maybe this sounds a little bit cliche, but what stops us from learning more and getting better is being afraid of making mistakes. So long as no serious consequences are caused, practice and making mistakes are the best way to learn new things. And you will see how eventually you would make fewer and fewer mistakes and master whatever you learn.



Part 2 & Part 3 新题: 喜欢做的日常事务(疑似新题)

Part 2 步行

Describe your daily routine that you enjoy You should say: What it is Where and when you do it Who you do it with And explain why you enjoy it

我喜欢每天走三千米,一般我是习惯早上和我妹妹一起在卧室里进行这项运动,有时候妈妈也会加入我们。这个运动很方便,而且好处很多:减脂塑形、帮助睡眠、让我更加精力充沛和健康。即使我很忙,我也会抽出时间来做这项运动。

The daily routine I'd like to talk about is doing a 3-kilometer inside walk with my sister. She has a walk-at-home app and she recommended it to me. I used to go for a morning walk, but I could not go when it was too hot, too cold or raining outside, so eventually, my routine was broken.

I have been doing this walk daily for nearly one year. I got the app on my phone and it's easy to use. Since it's easy to do, sometimes, my mom also joins us, and then we do it in our living room as it is very spacious(宽敞的).

I enjoy it because it gives me the feeling that I am doing something for my body. I used to be a little bit overweight, but now I have lost around 5 kg, and my body shape also looks and feels much better. Previously, I used to feel tired, but now I feel much more energetic and healthier. I also suffered from insomnia(失眠) and would toss and turn(翻来覆去) in bed for a long time before I fell asleep. Now, I am asleep within minutes as soon as my head hits the pillow(头沾枕头).

This daily routine can be done any time of the day, but I still prefer to start my day with it in the morning. Sometimes, if I'm quite busy with my studies, I would do it in the afternoon or evening when I'm available.

Part 3

1. Should children have study routines?

Yes, I think they should. Having certain study routines will help children develop good learning habits, which should benefit them for life. As the saying goes: the child is the father to the man. The character that we form as children stays with us into our adult life.



Therefore, parents need to make sure their children have learning routines. Once they form this pattern of behavior, they will initiatively study by themselves in their spare time. As a result, it will save much time and energy for the parents from having to supervise their children. In turn, their children will also grow up to be well-rounded people.

2. What are the advantages of children having a routine at school?

Firstly, children can learn to become more organized and make good use of their time more efficiently. If children have a routine at school, they'll know what to do for a certain period and generally develop their living habits, such as getting up and going to bed on time. It's useful for them to cultivate good and healthy customs. Secondly, it's easier for the teachers to supervise them and ensure their safety. It's not easy to take care of so many kids at school without certain rules. Therefore, teachers need to make sure all students act according to the same pattern. For example, everyone should do morning reading in the classroom so that the teacher can register who hasn't come to class.

3. How do people's routines differ on weekdays and weekends?

On weekdays, people tend to have rather tight schedules and many routines. Most people go to work or have class on weekdays, so they are busier and have more things to deal with. There may not be much time for them to take a break and enjoy something they like. After a tiring day, after going home, people are likely to go straight to sleep, which leaves them less time for entertainment. On weekends, people may want to relax and have flexible schedules and routines. Because they've worked hard during the weekdays, they may go to the nearby park for a walk, invite their friends to see a movie, or have a date with their loved ones. Therefore, routines on weekends are much more colorful.

4. Does having a routine make kids feel more secure at school?

When speaking of kids' sense of security at school, it counts on many factors like the responsibility of teachers, arrangement of activities, facilities and infrastructure of schools, and so on, and the arrangement of school routine is one of the major factors as considering that kids are always curious and less self-disciplined, appropriate routine designed for kids could instruct them to do things in a relatively safer way, to get rid of accidents.

5. What daily routines do people have at home?

From my point of view, different people have different daily routines at home. For example, most young people, considering that the Internet and electronic devices have become an integral part of people, they would spend a large amount of their time playing computer games or chitchatting on social media with their friends. For adults, due to the outbreak of Covid–19, working from home is becoming more pervasive than before, so they would also lead a sedentary lifestyle at home typing and working at home today.

6. What are the differences between people's daily routines now and in the last 15 years?

There are many differences between the lifestyle of people now and that of people 15



years ago. For example, in the past, considering that the Internet has not been well-established, people are likely to chill out by hanging out with friends, climbing mountains, and so on. What's more, in the past, people are always leading a traditional 9–5 life. However, with the development of technology, most things could be done on the computer or mobile phone today, which is much more time-saving and labor-saving. Nowadays, with the introduction of offsite work, people could have a more flexible timetable, while a sedentary lifestyle would be harmful for people's physical condition.



Part 2 & Part 3 失约

Part 2 电影

Describe a time when you forgot/missed an appointment You should say:
What the appointment was for
Who you made it with
Why you forgot it/missed it
And explain how you felt about the experience

七夕的时候,我邀请我女朋友去学校附近的电影院看电影。因为项目进度的原因,我老板强制要求我加班。那天,当我准备下班时,我老板告诉我有一个重要任务需要当天完成.我很惊讶,因为这个任务的截止日期应该是下周。我老板对这个临时通知表示歉意。我把这个情况告诉我女朋友,她说她愿意等我。但是,我直到晚上十点才完成工作。我那天心情很糟糕,因为我知道我应该在那天多花时间陪我女朋友。毕业后,我忙于工作,很少有时间陪伴我的挚爱。我很后悔,但是我只能通过给女朋友买好看的礼物来弥补。

I invited my girlfriend to watch a movie on Chinese Valentine's Day in a theater near my school.

However, my boss forced me to work overtime because he was worried about the project's progress. On that day, just before I was about to leave from work, my boss came to me and told me that I needed to finish the important task that day. I was so surprised because the deadline(截止日期) was supposed to be next week. The boss said he was sorry because it was indeed a short notice(临时通知).

I told my girlfriend about this and she said she could wait for me. However, I didn't finish my work until 10pm that day and by that time the movie was about to end.

I felt so bad because I knew I should've spent the time with my girlfriend on that day. After graduation, I was too busy with work(忙于做某事), and I seldom have time to spend with loved ones. I was so regretful, however, I could only compensate(弥补) my girlfriend by buying her a beautiful gift.

At that time, I was concerned that my girlfriend might be angry, but she said she understood and bought the tickets for the next movie and I was deeply moved(深受感动) by this.

Part 3

1. How do people who are busy remember things they need to do?

I think most people have a calendar to record their itinerary, or they have a secretary and



other staff to help them arrange and record their appointments. For example company leaders or busy sales staff record upcoming meetings or things they need to do on a calendar on their computer. I think this is actually a very good habit, because in this way, not only will you not forget any important appointment, but it will also make your life more organized. Of course, some people have very good memories and they don't need a calendar. These people can keep all their busy schedules in their heads.

2. Do you think people should remember family history?

I think it's very necessary to remember our family history. With the infinite extension of future life, the memory of the human brain will decrease, which means the deeds of our ancestors will be forgotten. In this case, if the thoughts and deeds of our ancestors are not converted into words and recorded, the historical memory of the ancestors will be lost, and they will completely disappear from the earth. As a result the family history is lost and that family will lose its cultural roots and history. Therefore, it is important to remember family history.

3. If someone doesn't like whom they are going to meet, they may deliberately miss their appointments. Is that true? Why or why not?

I think it may be true. Because they don't want to waste time and energy on someone whom they don't like, they tend to forget the appointment to avoid awkwardness. But for me, deliberately forgetting an appointment is a bit rude. Getting stood up at a meeting isn't an experience anyone enjoys. It's selfish and egotistical. Not only are you putting your pleasures before someone else's feelings, but you're also showing zero consideration for their time. Honestly, if I faced the situation of meeting with someone that I don't like, I would find a polite excuse to cancel the meeting beforehand.

4. Which is more important, a work-related appointment or an appointment with a friend? Why?

For me, an appointment with a friend is more important. This is because work-related appointments are stressful, whereas hanging out with friends boosts your happiness and reduces your stress. Developing and maintaining good friendships takes effort. The enjoyment and comfort friendship can provide, however, makes the investment worthwhile. Truth be told, I don't like work-related appointments because they take up my leisure time. Jobs are like modern-day slavery. We are paid just enough to live and not more. Over time everyone is getting fired and being replaced by younger, cheaper, more temporary versions of you.

5. Is there anything that cannot be planned?

The best of life serves no plans or programs. Most of the time we just get carried away, letting things happen by themselves. To my mind, the most un-plannable thing in life is finding true love. Finding true love and getting married are like apples and oranges. You can get married to a so-called proper mate through a blind-date arranged by parents, but you can only find a soulmate with your mind open. We could say that life is a wonderful



cluster of coincidences where true love can hide in any and every corner. However, not everyone can be so receptive to see it.

6. What kind of things do people need to plan carefully?

Making plans for trivial things may be unnecessary, but for big events, a plan is definitely a necessity. Our lives are like patterns woven with events, large or small. When it comes to events such as wedding ceremonies, a thoughtful plan way ahead of time would help to avoid potential problems. Mishaps are unavoidable, while a string of them could lead to catastrophic results, which the ceremonies can't afford. After all, weddings happen only once in most people's lives, and you hope to hold it as the sweetest memory in your life. That's why we should plan it as carefully as we can.



Part 2 & Part 3 新题: 他城的短暂停留(疑似新题)

Part 2 北京

Describe another city you would like to stay for a short time You should say:
Where the city is
Why you want to go there
Whom you will go there with
What you will do there
And explain why you will stay there just for a short time

我想要说说北京,中国的首都。首先我认为这是一个适合所有人的城市,因为无论是奢华的餐厅还是路边小吃这里都有。其次,这是中国的文化历史古都,通过参观博物馆,我可以学习到许多古人的智慧。但是考虑到空气质量以及污染,我还是觉得这里不适合久居。

When it comes to the place I want to stay only for a short time, the first one that pops up in my mind is Beijing, which is the capital city of China. To be honest, I haven't been there before, but if there's any chance, I would like to visit there with my friends for many reasons.

One interesting thing is that Shanghai has something for everyone. People can not only have a fancy life by flushing(挥霍) money into luxurious restaurants and grand shopping malls, but also discover a hole-in-the-wall(简陋的) restaurant which offers tasty beverages(饮料) and snacks. As a result, it is a dream city where everyone wants to spend their vacation.

Most importantly, it is a city with colorful history. Ranging from the completion of the Great Wall to the establishment of China, there are countless history affairs happening in this legendary(传奇的) city. Due to the development of railways and airplanes, it is easier for me to travel there with my friends to learn the wisdom and the spirits passed down from our ancestors. I believe by visiting different museums and attractions, we could learn a lot in this historic city.

However, it is unlikely for me to stay in Beijing for long time considering the pollution and the air quality there. During the process of boosting the economy, air pollution issues have long been reported in Beijing. As a result, I would only travel there for brief learning, instead of staying there for a long time.

Part 3

1. Why are historical cities popular?

I think people appreciate historical cities for two reasons: their unique stories and their cultural heritages. Firstly, a historical city always reminds us of what happened there in the



past. There are lots of artworks and buildings to teach us about the historical event. For example, in Zunyi City, there is a Zunyi Conference Memorial Hall, displaying all kinds of cultural relics and information about the Zunyi Conference, which is of great significance to the Communist Party of China. Secondly, people enjoy trips to historical cities, because they have ancient architecture and information which can help people to learn about ancient times and places, such as the Forbidden City in Beijing.

2. Why do places with historical sites develop tourism industry more actively?

In my opinion, that's because historical sites are a strong motivation for tourists. For visitors, the most attractive thing is to appreciate the essence of a culture and its antique architecture. Therefore, cities that already have historical sites have the advantageous condition. They don't have to rack their brains to think of something appealing for visitors. All they have to do is to organize and maintain historical sites well and promote them to the public. In contrast, cities without cultural heritage don't know if their tourist attraction will be welcomed by the public, so they may hesitate to take a move in tourism.

3. Do you think tourists may come across bad things in other cities?

Yes, they may. Firstly, they may be caught in travel scams in a foreign country, and consequently lose some money, or even be physically hurt. Many local people in tourist cities make a living by cheating tourists, such as those taxi drivers who overcharge foreigners, or car renters who secretly damage their cars and ask you to pay compensation. In some cities lack of law and order, tourists may even get robbed or even trafficked by criminals. Secondly, people may meet with acclimatization problems in tourist cities, especially in a foreign country. Because they are not accustomed to local foods or climates, they may be sick and in low spirits, which will prevent them from enjoying the trip.

4. Do most people like planned traveling?

Yes, I think so. For most people, traveling is fairly expensive and therefore needs adequate consideration. Planning a trip enables people to make the best use of their limited time and money and enjoy their journey to the fullest. For example, if someone makes a plan before a trip, he will know which restaurant to go to, and thus save more sightseeing time and avoid the possibility to be overcharged. In contrast, if someone doesn't plan his trip, he may hesitate to decide his route, and eventually spend more time wandering what to do or just staying in the hotel to play games, just like what he would do in his own home.

5. Why is the noise pollution worse in tourism cities than in other cities?

I think there is more noise pollution in tourism cities because they have more people there, and host more entertainment activities, which, in turn creates more noise than normal cities. Tourism cities will welcome thousands of people during the peak season, which brings more potential noise sources. When visitors take part in events and ceremonies, they will cheer and shout, and consequently generate noise. The local government in tourist cities tends not to forbid those events, they encourage entertainment activities to



boost revenue. When the whole city relies on tourism to make an income, there is no need to tone the noise down. After all, it is a symbol of the city's vibrancy.

6. Why do many people like to travel abroad?

I believe there are various kinds of reasons, such as broadening their outlooks, escaping the reality of their home countries and even keeping up with the Joneses. Broadening their viewpoints would be the main reason. People can experience foreign cultures and appreciate interesting buildings when they pay a visit to foreign countries. For example, foreigners would have better understanding of Chinese Kung Fu if they travelled to China.



Part 2 & Part 3 新题: 教他人做事(疑似新题)

Part 2 骑自行车

Describe a time when you taught a friend/relative something You should say:
Who you taught
What you taught
What the result was
And explain how you felt about the experience

周末的时候,学弟突然给我发了条微信说希望我教他骑自行车,我想正好没事,就答应了。 在教的过程中,动作的讲解相对来说还算比较容易,但是如何根据他身体情况来让他理解骑自行 车的窍门让我费了一点力。不过最终他还是学会了,以后我们就可以一起出去骑行啦。

Well, speaking of a teaching experience, I'd like to share this with you.

Being able to ride a bike can really make our lives easier, especially nowadays when bike sharing (共享单车) is prevalent. Last weekend, my younger brother, Simon, envious of the freedom a bicycle brings, asked me to teach him how to ride. At the time I had nothing else to do, so I said yes without hesitation (毫不犹豫).

First, we needed a comfortable place far from traffic, which was hard to find in Shanghai. But soon it occurred to me that the sports ground on our campus would be the ideal location. Second, I told him to test the brakes (测试刹车) and adjust the bike seat so he could stop himself with his feet before falling. These basics were easy to teach. However, by sharp contrast (形成鲜明的对比), it was a tough job teaching him how to get started and keep balance. So, at first, I had to follow him, holding the rear of the bike while also encouraging him. He was a little bit timid, and it took quite a while for him to keep balance and steer the bike in different directions, but he finally managed to do it, under the quidance of his brilliant instructor!

In my view, this teaching experience was quite rewarding, because now Simon and I can go on bike trips together.

Part 3

1. Do you think 'showing' is a better way than 'telling' in education?

Yes, I do. It is much better to 'show' details in a lively, engaging way rather than simply telling them. People are visual animals. They are generally more impressed by an action or a picture than by words and voice. For example, I once taught my nephew how to play hopscotch (跳房子). He didn't understand me when I told him the rules. So I drew the game on the ground and started to play. He soon found it interesting and began to imitate me.



He was a quick learner. Within 5 minutes, he could play it without instruction. You see, the visual demonstration is better than the verbal presentation.

2. Do people in your country like to watch videos to learn something?

Of course. You know TikTok originated in China, so here, making videos to spread information is quite prominent. On Chinese Tiktok and Douyin, there are many influencers (博主) who upload videos about introducing a book, or a scientific theory, and the number of views is high, people like to learn stuff through watching, rather than reading from a book. They also feel a sense of satisfaction after watching, because they get the idea that they acquire a lot of knowledge by using very little time and energy.

3. What practical skills can young people teach old people?

Many people believe that young people have nothing to teach older people. Of course, older people have more experience and knowledge than us. However, that does not mean young people have nothing to teach them. Nowadays, with the development of technology, young people learn anything through means of mass communication and we can teach the elderly again. The computer is one good example. Two years ago, my mom did not know how to use a computer. I had to teach her a lot and now, she can use the computer easily or surf the web without my direction. Also, Young people have more time, and sharp brains, they are creative and flexible, and they can learn and do any things with all their enthusiasm. For example, we now have e-mail, messengers, webcams, and so on. It is so difficult for the elderly to be familiar with these gadgets and we can teach them how to use them.

4. What skills can young people teach old people besides technology?

I think young people can teach old people to be open-minded. Young people are more tolerant and open-minded. This not only applies to how they choose friends but also to how they learn. Young kids don't choose friends based on background, political views, career choices, or education. Also, younger generations are eager to learn and absorb knowledge no matter how daunting it might seem. Unfortunately, as we get older, we tend to become more set in both our ways and our ideas. While these new things might seem scary or difficult, young people can teach the elderly to keep an open mind and get excited to develop new skills or learn something new.

5. How can young people teach old people skills

Patience is really important, and we can start with simple settings when it comes to technological skills. For instance, we can show them how to set secure passwords and download a password manager app on their devices so they don't have to remember all the passwords to log in. It might start with a FaceTime or Messenger call while you are in the same building but in separate rooms. Or, help them choose their favorite photo, or take a selfie, for their social media profile picture. Another useful strategy is to write key steps down. We can provide a notebook where the elderly can log passwords and usernames, the URLs of their most useful websites, and details on how to use their apps.



If they get lost or forget how to do something, they can jog their memory from their own handwriting.

6. How can we know what to do when we want to learn something new?

The best learning materials vary based on the skill you want to develop. Therefore, when we decide to learn something new, it is great to first gather any materials we need and track down a few reliable and available sources to learn. This includes textbooks, online video tutorials, podcasts, blog posts, and movies. We can do an online search for sources and check the local library for helpful books. For example, there are plenty of available resources if one wants to master drawing. Then, just find books on drawing techniques at the library, look up video tutorials, or read a variety of how–to blogs online. In this process, it is crucial to take new sources of information instead of reading a single how–to guide, because using different learning styles to practice a skill can be even more helpful than using one method.



Part 2 & Part 3 争论

Part 2 因饮食习惯不同争论

Describe a disagreement you had with someone You should say:
Who you had the disagreement with
What the disagreement was
What happened
And explain how you felt about it

我与一个朋友因为饮食习惯而产生的争论给我留下很深的影响。上周我和一位朋友一起吃早餐时,来自南方的我和来自北方的B因为豆腐脑的吃法发生争论。我认为豆腐脑应该是甜的,而B却坚持豆腐脑应该是咸味的。我和B因为这个问题一直互不相让,互相嫌弃对方的品味。虽然我和B仍然认为自己的方式更为好吃,但我们最终决定尝试彼此的口味,最后发现其实对方的选择也并非不能接受,从而这个矛盾得以解决。这个争论的背后是长期的传统饮食文化差异,我认为我和B在争论过后更能摒弃之前的偏见,勇敢尝试新的事物或许会带来更多不同的体验。

A disagreement on eating habits between my friend and I has left a deep impression on me(给我留下深刻印象).

Last week I had breakfast with my friend B. B is from Northern China, while I am from the South. We had a disagreement over uncongealed tofu, which is a traditional, special snack in China, made from soybeans. I believed that bean curd jelly should be sweet and eaten with sugar, but my friend B insisted that it should be salty, and eaten with soy sauce. B and I couldn't agree and we looked down upon each other's taste.

The bean curd jelly was getting cold, so I came up with a solution(伴随状语, 独立主格结构). I divided it into two parts and made them into different flavors, sweet and salty respectively. After that, I insisted that B should try the sweet part, and I would try the salty one. It was at that time that(就在这个时候) the contradiction was finally resolved. Although B and I still thought that the piece we tried was less delicious than our favorite flavor, we admitted that it was acceptable. Because of the geographical differences, different eating habits have been formed, causing people in the South and the North to have different tastes in bean curd jelly. What's behind this dispute(主语从句) is a long-term, traditional dietary cultural difference. I think B and I have abandoned our prejudice after the disagreement. After all, bravely trying new things may bring more different, but special experiences.

Part 3

1. What do you do if you disagree with someone?

Well, it actually happens a lot nowadays as we all have different values due to different



upbringings. Usually, I will determine what kind of disagreement it is. If it is something really essential that touches my personal principles, I will probably hold onto my opinions and agree to disagree. However, if it is something trivial, such as where to get dinner or what to do on a night out, I am happy to listen to others'ideas, if they are reasonable. After all, it is good to compromise a little.

2. How can we stop an argument from escalating into a fight?

To be honest, the ability to control a disagreement so that it doesn't develop into a fight is quite important in socialization. I believe that the most important thing we need to do to prevent that from happening is make sure that both sides know that it is just a difference of opinion, and nothing personal, so both people should seek to solve the problem maturely. To reach that understanding, we need to listen actively when the other person is talking and try to make sense of their opinions. In this way, an argument can be dealt with properly without harming the relationship of the two people.

3. Who do you think should teach children to respect their teachers?

Definitely the parents. Respect is a fundamental element in interpersonal communication and parents are the ones who spend the most time with their children. Children trust their parents and they want to make them proud of them, so it is best if the parents teach and show children how to be respectful to their teachers. I guess, though, that even if schools and society try as hard as they can to teach children the importance of respecting their teachers, the cooperation of parents is still necessary, otherwise, children won't learn to be polite to their teachers.

4. What disagreements do parents and children usually have?

I suppose that there might be some disagreements between the two generations regarding what the children need and what the children want. I mean, most parents work hard to make sure their children get what they really need, while children sometimes only focus on what they really want, and are unable to see what benefits them in the long term. For example, parents may think it is necessary to develop certain skills that their children can use in the future, such as playing a musical instrument. However, children might just want to go outside and play instead. In this case, they may argue with their parents, claiming that they do not show enough understanding.



Part 2 & Part 3 新题:聚会上遇到的人(疑似新题)

Part 2 俱乐部聚会

Describe a person you met at a party who you enjoyed talking with You should say:
What party it was
Who the person is
What you talked about
And explain why you enjoyed talking with him/her

这位朋友Remy是我在学校系内俱乐部聚会上认识的。此时刚刚开学,我还没有完全安定好,在这边也没有特别多的朋友,因此听说系内要举办聚会时我便想一定要抓住这个机会认识新朋友。聚会本身没有什么特殊之处,也就是玩玩游戏,放放音乐。我正感觉百无聊赖想要先走,这时Remy与我搭上了话,原来他也刚刚开学,没有认识什么朋友。这时我提到他的名字Remy和美食总动员中的小米是同名,他惊喜地说自己也很喜欢迪士尼的动画。于是我们几乎是把迪士尼的动画电影历数了一遍,并感到非常开心能够找到有共同语言的朋友。

I met a friend called Remy at a party held by my department at college. It was the start of the new semester and the orientation week(迎新周) wasn't doing the good I had anticipated. I was still trying to settle down and because I was new there as a freshman, I didn't have any friends. Therefore, when I heard that there was going to be a party at the department, I thought to myself that I really need to take the chance to meet new friends. To my disappointment(让我失望的是), the party was not so interesting, and it was basically just some board games and some boring music, and everyone seemed to be in groups, so I found it hard to blend in(融入).

Feeling bored, I wanted to go home at first, but at this point, Remy introduced himself before I left. It was the same situation for him — a new semester for a freshman and not knowing anyone there. The name Remy rang a bell(有印象) because he shared a name with the mouse chief in Ratatouille, a Disney animation movie. He was more than surprised to learn that I knew the mouse chief also goes by the name Remy, and that I shared his love for Disney movies. I then decided to stay and we went through every Disney production together and had a quality time with each other. For me, it was a joy to talk to someone who could speak the same language as me.

Part 3

1. On what occasions would people be willing to get to know new people?

I can come up with two occasions. The first one is when someone enters a new environment. For example, when someone has enrolled in college and meets his new classmates. He would want to know more about them because he has just started his college life and doesn't have any friends yet. He would quickly expand his social circle until



he has two to three intimate friends. Secondly, when someone is not satisfied with his current situation, he will meet more people and make new friends. Why is that? If he thinks he needs a promotion or he wants a new job, he will need to get to know more people who can give him these opportunities, such as headhunters or HR people, etc.

2. Where can people go to meet new people?

Firstly, a party is a great place to get to know new people because usually many strangers go to a party, and they all go there to have fun and meet new friends. Therefore, if you approach them to chat with them, they won't be annoyed or irritated. They will cheerfully answer your questions and ask you to play with them because a party is a natural place to meet someone. In addition, I think the workplace is also a great place to get to know new people. In the workplace, you always have to do new tasks and cooperate with colleagues from different departments. During the process of co—working, you may do some small talks with your colleague just to be polite, and end up finding that you have similar interests and become good friends.

3. How do people start a conversation?

Generally speaking, a smile would be a great way to start a conversation. When you approach someone, they may not know your intention and be suspicious about what you're doing. At that time, a smile would be useful because it lets them know that you're trying to be nice. As a result, they will be happier to chat with you. In addition, I think people also start a conversation by asking questions. When you ask someone a question, they have to give you some kind of response whether they want to answer your question or not. On most occasions, a kind person would be happy to offer you some information and then you can ask deeper questions or have a small talk with them, and thereby have a pleasant conversation.

4. Is it difficult for Chinese people to communicate with people from other countries?

Yes, I believe it is difficult. Firstly, there is a language barrier. Generally speaking, the Chinese language is one of the hardest languages around the world to learn. It normally takes many years for foreign people to speak Chinese well, let alone chat with locals. Meanwhile, the popularity of English in China is not that great. Chinese people are still not comfortable communicating with each other in English, so they are reluctant to talk to foreigners. Secondly, there is a cultural barrier. Because China is one of the few socialist countries in the world, foreign people, especially people from western developed countries, may have stereotypes or misunderstandings of Chinese people, which makes them harder to communicate with.

5. Why are some people unwilling to have conversations with other people?

One of the possible answers is that they are shy. There are a group of people who are called "social phobics", meaning that they are terrified about communicating with other people, especially strangers. For them, it's better to stay at home alone and read some books rather than go to a party and meet people. In addition, people may not want to have



conversations with other people when they are emotional. For example, when someone loses a family member or a loved one, they might say "leave me alone" when people try to talk to them because they don't have the energy to talk to other people and they want to deal with their feelings by themself.

6. Is it difficult for adults to talk to children?

Yes, I believe sometimes it is. Although adults have much more life experience than children, it's hard for children to listen to them or understand them very well, because they are in completely different positions. For example, a father wants to talk with his son and tells him not to eat too much sweet food. The father believes it's better for his son's health and wants him to grow healthy. However, from the son's perspective, he thinks his father is just preaching at him and doesn't want him to be happy. As a result, the son may get frustrated and the father may get angry. It takes time and patience for adults to communicate effectively with their children.



Part 2 & Part 3 新题: 有趣的老人(疑似新题)

Part 2 体育老师

Describe an interesting old person you met
You should say:
Who this person is
When/where you met this person
What you did with this person
And explain why you think this person is interesting

我的小学体育老师给我是我见过最有趣的人,他除了在体育领域很擅长之外,他同时是一个浪漫的人。他喜欢唱歌跳舞,甚至是弹钢琴,难怪他富有魅力。除此之外,他还是一个书虫,他的书架上都摆满了各式各样的书,同时他也会常常跟我讨论书中的情节和人物,所以他是我见过最有趣的人之一。

When speaking of an interesting old person I have met, the first one that pops up in my mind is the house of Gary. Gary was my PE teacher in primary school, and he decided to retire several years ago. As a sports lover, I would always go to him to learn more about the basic rules of basketball and football, and gradually, I became attracted to his talents and charisma.

To begin with, despite his excellence in his field, Gary is also a real renaissance man(浪漫的人) He is good at singing, dancing and even playing the piano. That is why I find him so charismatic(有魅力的). As a music fan, Leo has a black piano in his dining room and even a room for his vinyl record(黑胶唱片) collections. Every time I visit his house, there is always nice music which is so calming that I can escape from the bustling city(逃离城市喧嚣). What's more, Gary is a bookworm (爱读书的人). Although people always hold stereotypes towards PE teachers that they don't read, Gary is a big literature fan. He keeps a variety of books on his bookshelves, ranging from traditional Chinese literature to western history. Most of the time, he would share his favorite with me and always discuss his feeling towards the roles and plots with me on WeChat.

In conclusion, Gary is a versatile and romantic person, and that's why he is one of the most interesting people I have ever met.

Part 3

1. What can old people teach young people?

Old people can teach young people life experiences and wisdom. Their life experiences are richer and more vast than that of young people. Learning from those experiences can help young people make the right decisions for their lives. People make mistakes, which teach them life lessons. Old people can share their wisdom to young people so they can avoid



making the same mistakes.

2. Do you think old people and young people can share interests?

From my perspective, old people can share the same interest as young people. Everyone needs interesting activities to relax to in their spare time, and those activities are alike. For example, a lot of people, whether they are young or not, like watching TV, because it helps them relax, it's fun, and you can also gain new knowledge. In addition, people, young and old like dancing and singing. There are a lot of interests that old and young people can share.

3. Is it easy for young people and old people to make friends with each other?

It depends. Some people make friends just because they have a common interest with each other regardless of age. They don't think age is an important factor in terms of making friends. When they encounter someone like-minded, they are quite willing to talk with each other, share interesting things, and then gradually become friends. However, some people tend to believe that making friends with people not of the same age, is something improper and would make them feel uncomfortable. Plus, the age gap also means that people of different ages could not understand each other sometimes, and that also hinders them from making friends with those that have a huge age gap with them.

4. Are there benefits when one person is interested in another person? Why?

Well, I think so. When you are interested in another person, you are more likely to talk to him or her and want to know more about them. In this way, you may be motivated to do something unexpected and step out of your comfort zone in order to be close to this person. I think you will notice this kind of change especially when you have a crush on someone else, then you always want to do something to attract his or her attention. When you get some positive response, you may be encouraged to do more. So I believe that there are some benefits.

5. Do you think people are more selfish or self-centered now than in the past?

That's a tricky question. I guess my answer is no because actually being selfish or not is more closely related to one's character instead to changing times. Moreover, nowadays, we are living in a modern and shared world, where people are increasingly tightly knit. An increasing number of people go to college and we are educated to be open–minded and harmonious with others. You can also see that there are more and more people taking part in volunteering activities and willing to give hand when someone is in need. So actually people now care more about others than before.

6. What benefits can people get if they are self-centered?

From my perspective, being self-centered is not a good thing when it comes to human relationships. Since when you are egocentric and always put your own interests first, people around you would feel uncomfortable. As I think of it now, maybe the best thing they can get from this behavior is that they would get things they want or care about more



easily, and be quite satisfied with what they have. But the sad thing is that they might not have friends in the long term because no one wants to be friends with someone who is self-centered and always believes that the world should spin around him or her.



Part 2 & Part 3 塑料废品

Part 2 音乐节

Describe a time when you saw a lot of plastic waste (e.g. in a park, on the beach etc.) You should say:

Where and when you saw the plastic waste
Why there was a lot of plastic waste
What you did after you saw it
And explain what your thoughts were about this

几年前去音乐节结束后有很多塑料垃圾,因为参加的人把很多食品包装丢在那里。很遗憾,我什么都没做,只是内心有点为清洁人员担忧,他们的工作量很大。我觉得民众意识还需提升,这需要更多公众宣传和管理。

A few years ago, I went to a music festival in a suburban area of Beijing. More than 4,000 music fans and hippies gathered there for what would become a spectacular weekend of music and revelry(狂欢作乐). But unfortunately, it ended with another enduring legacy — mountains of rubbish. Piles of bottles, beer cans, discarded sleeping bags, broken tents, plastic sheeting, newspapers and human waste were abandoned and trampled into the mud (踩在泥地).

I was quite worried about the mess, but I felt that there was nothing I could do about it, because there were just so much of it. There were literally mountains of plastic waste. So all I could do was just leave the festival, making sure to take away all of my personal garbage.

On my way home, I pondered over (思考) the issue of rubbish at music festivals. The sight of all that plastic garbage along with thousands of abandoned tents littering the pasture has also dented (伤害) the environmental credentials of many other festivals. There's really a long way to go in raising the public's awareness of environmental protection. At the same time, there should also be some institutional changes. For instance, the government could demand the replacement of disposable(一次性的) plastic cups and bottles with reusable ones. For example, I'm pretty sure that since 2019, the organizers of the Glastonbury music festival in the UK have banned the sale of plastic water bottles. More than a million water bottles were previously sold at Glastonbury in 2017, so the cutting down of plastic waste from that policy is significant. In this way, we can better enjoy the music without harming the environment.

Part 3

1. Do you think we should use plastic products?

Well, I guess it is very controversial nowadays, since plastic items are everywhere in our



daily life. I would probably say yes, we should continue using them but also think of ways of recycling them. For example, when we have a plastic bag, which is very light and handy, maybe we should use it multiple times instead of discarding it after a single use. Plastic is one of the most influential inventions in the world it has made our life so much easier, but it's not been so good for our environment. I suppose as long as we use and dispose of them wisely, by recycling as much as we can, it shouldn't be a problem.

2. How can we reduce our use of plastic?

To be honest, we can always find alternatives for plastic items. Before the invention of plastic, people had been using environmentally–friendly materials to make their products. For instance, we can now use a fabric bag as a substitute to replace a plastic one. Also, another way to use plastic less is to use the same item a number of times. Take a plastic bottle as an example: we can refill it, and use it several times then maybe make a small plant pot out of it in the end.

3. What kinds of plastic waste are often seen in your country?

Cigarette butts,— with filters containing tiny plastic fibers, are the most common type of plastic waste found in my country. Cigarette butts are a particular problem, because smokers do not regard them as litter and often throw them away in drains, which empty into rivers, causing pollution. Food wrappers, plastic bottles, bottle caps, grocery bags, straws, and stirrers are the next most common items. Many of us use these products every day, without even thinking about where they might end up. But things can change. The public are now more aware of the scale of plastic pollution in the environment.

4. Why do people like to use plastic products?

People like to use plastic products, or synthetic polymers because they have lots of benefits. They are easily shaped into almost any object, and are generally easier to work with than other materials. They have useful properties such as being waterproof, gasproof, and are semi-permeable. They can be thermally resistant so they can keep things hot or cold for longer than other materials. They can be firm or flexible allowing you to make hose pipes as easily as coffee cups. They are also electrically resistant, so can be used to insulate wires. All in all, plastic products are very versatile.



Part 2 & Part 3 新题: 迟到 (疑似新题)

Part 2 生病错过讨论

Describe a time when you missed or were late for a meeting You should say:
When it happened
What happened
Why you missed/were late for it
And explain how you felt about this experience

期末考试前我们的学习小组有一个讨论会议,是针对期末考试备考的。但是我因为生病错过,当时心里觉得特别惋惜,因为那个会议可以帮助我理清思路,备考期末考试。好在最后考试发挥得还不错,让我心里好受了一些。

I want to talk about when I missed a group study meeting which was held before my final exam last semester.

There are eight people in my study group and we organized this study group voluntarily(我们自发组织了这个学习小组). Our group meets up twice a month to discuss in more detail the theories we learn in class and to try and integrate these theories into our school assignments(把课堂上学习的理论运用到我们的作业中). We also exchange ideas with one another, which is actually the main purpose of our meetings(会议的精华部分). Since our major is journalism, we need to read up—to—date information on a daily basis, because it's important to form our own opinions from thousands of news stories in papers, websites and magazines. All of these sources ensure our group meetings are relevant to each one of us.

So, normally, I do not miss any of these meetings, but just before our final exam, I caught the flu. My throat was hurting like hell and I had this terrible headache that I couldn't even crawl out of bed (我无法从床上爬起来). Even so, I felt deep regret for missing it. As you know, final exams are never easy, but for some reason, all the teachers team up to rack their brains over how they can make the final exam even harder. Thinking that I was going to miss the meeting made me feel even worse. Luckily, I eventually did OK in the exam. I didn't pass all the subjects with flying colors, but I didn't fail any of them either. (虽然不是高分通过,但也没有挂科) That gave me huge relief!

Part 3

1. Are you a punctual person?

Generally speaking, I am punctual on most occasions because I think punctuality is the basic rule in interpersonal communication and it shows my respect for others. To avoid being late, I usually set out 15 minutes in advance in case I come across any accidents.



But to be honest, when I was a kid, I was unaware of the importance of being punctual, I learned it from several experiences. So I think it is important to teach kids to be on time for school and appointments.

2. Do you think it is important to be on time?

The answer is definitely yes. I think it is essential to be on time. Firstly, when you make an appointment with other people, being on time shows your respect to your counterpart. Secondly, being punctual helps people save a lot of time. Nobody likes to spend time waiting for others. So being on time not only makes us appear more polite but also brings us more opportunities, especially in formal cases.

3. Do you always avoid being late?

Since I have always been a punctual person, I like to try many ways to avoid being late. Here are some practical tips that I often use. First of all, I put forward my watch by five minutes so that I can always have some extra time. Secondly, when I have an appointment, I head out about 15 minutes earlier to avoid being late due to any unforeseen accidents. If it's unavoidable, I suggest that one should inform other people in advance.

4. Why are people often late for meetings or appointments?

In terms of being late for meetings or appointments, I believe that the main reasons might be as follows. Firstly, people who are often late are always bad at arranging the time and making plans. Just as the old saying goes that hurry brings worry. Making plans in advance will help us save a lot of time. Secondly, it's because people lack the awareness of being punctual. Once they attach no importance to punctuality, they are likely to be late very often.

5. Are people in your country often late for meetings?

I think it differs from person to person. Generally, based on my knowledge, people who work in business and professional areas are less likely to be late because meetings are often critical to their business, so being late might be very risky. But on some less formal occasions, people are more likely to be late because meetings are less important. In my opinion, whether the meeting is important or not, being on time should be the first rule that everyone should obey.

6. Do you think people are born with time management skills or they can develop them?

In my opinion, no one is born productive. Being more productive is a skill we can develop. So it's important for us to stay positive and be open to continuing to learn, grow and improve. To manage our time better, we first need to know our most productive time. We should use our most productive time to do our most productive work. Then, we should identify our priorities before the week or the day starts, especially when we are tempted to waste time on a lot of social media like Facebook or WeChat nowadays. All these skills need to be learned and practiced in everyday life. They are certainly not natural gifts.



Part 2 & Part 3 新题: 想学的技能(确认新题)

Part 2 摄影

Describe something you would like to learn in the future You should say:
What it is
How you would like to learn it
Where you would like to learn it
Why you would like to learn it
And explain whether it's difficult to learn it

我想学摄影,因为我一直对这个话题很有兴趣。我有个朋友是摄影师,他开了一个工作室,所以我想我就从他那里学吧。我不想把这个作为我的职业,所以我可能只是周末的时候去他那里接受他的指导,还可以学PS什么的。 我喜欢旅游,也喜欢把旅途的美景记录下来,所以我想学习摄影。我觉得摄影应该不难吧,毕竟只是按下快门而已。

I want to study photography because I have always been interested in this topic.

I started saving money when I was in college, and finally managed to(成功做...) save enough for an entry-level(入门级) camera and lens a year ago. I have a friend who is a photographer, and I bought my camera on his recommendation(在他的推荐下). He has a photography studio in my city, which has been in operation(运营) for three years, and the business is very good. I have also seen his work, which is beautiful from my point of view. So, I guess I'll just learn from him.

I don't want to make photography my career, so I'll probably just go to him on the weekends to get his instruction and learn Photoshop or something along the way. His colleague is also a very good photographer, and I can also learn a lot from him.

As for the reasons why I would like to learn photography, that's because I like to travel, and I have traveled to several countries before the epidemic(疫情). I like to record the beautiful scenery of the journey so that I can update my memories(更新我的回忆) at any time in the future. I think this is a very romantic thing.

For me, photography should not be difficult, after all, it is just pressing the shutter(毕竟只是按下快门而已). But I think Photoshop is more difficult. After all, it is professional software. If you want to learn it systematically, you must put the effort in.

Part 3

1. What's the most popular thing to learn nowadays?

I suppose driving is one of the skills that would appear on most people's learning lists.



Most people want to own their private vehicles, no matter their ages. So it brings them convenience in everyday life. If you go to any driving school, you are very likely to see a long queue waiting to get in the coach's car to learn how to drive. Honestly, my grandmother, who is 66 years old, just signed up for driving lessons earlier this month! She is determined to get her own car so she could realize her dream of touring around the country.

2. At what age should children start making their own decisions? Why?

Personally speaking, I think children should be allowed to make their own decisions from as soon as they are able to make any decisions, like at two years old maybe? You see, some adults assume that children know nothing and aren't capable of making any reasonable judgments in real life. But perhaps if they observe children closely enough, they would notice that children are mini—adults with independent minds. Even if they haven't got the necessary life skills, they know fairly well what they want. I bet they want to be taken seriously. So we should allow them the right to make their own decisions, even if it could be silly sometimes.

3. What makes young people choose a major, income or interest?

Well, to be honest, I think both income and interest are very important when it comes to choosing a major. In today's society, young people can easily get information about literally any major they want to know about. But having said that, even though young people are idealistic, they are often influenced by their parents, relatives or teachers who are realistic. These people judge a major by its future prospects, or in other words, future income. Most young people like to seek advice from their superiors, so eventually, their decisions are often based on the major's economic worth, rather than their own interests.

4. Do young people take their parents' advice on choosing a major?

Of course they do! Young people's parents are often the best and most reliable consultants when it comes to choosing their university major. One reason is that parents often know better. Well, at least, children believe that their parents know better and are able to offer helpful tips because parents have more social experience. They can guide their children towards studying a promising major that could enable them to have a bright and secure future. Another important reason here is that parents support young people's university education, so they have a say in their children's decisions. Sometimes children simply have to obey their parents to get financial support.

5. Besides their parents, who else would people take advice from?

Well, teachers can be a reliable information source for young people as well. Most teachers know their students' advantages and disadvantages. They can help students make a match between the major itself and the student's personal strengths. Also, teachers often give constructive advice to help students see the pros and cons of certain majors. Apart from teachers, there are many specialist major choosing institutes nowadays. They make it a business to help young people analyze their own strengths and



weaknesses, and then offer possible solutions to these teenage customers.

6. Why do some people prefer to study alone?

For those people who like to study alone, the most common reason is that they may be sensitive to the learning environment. You see, if they study with other people, they can be easily affected by their behavior or any noise that other people may make. When they have to deal with these distractions constantly, it impairs their studying productivity. So of course, the better solution is to study alone. Another reason could be that some people simply developed the habit of studying alone. When it's become a habit, you're better off just following it because it allows you to study more effectively.

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Part 2 & Part 3 认识的不同文化的人

Part 2 Mark

Describe a person you know who is from a different culture You should say:
Who he/she is
Where he/she is from
How you know him/her
And explain how you feel about him/her

有一回,我们去吃酸菜鱼,MARK吼了一声,STOP,然后紧接着他叫服务员,正当我们一脸懵逼的时候,他和服务员说到,这个菜肯定是隔夜的吧,为什么是酸的啊,吃了肯定会生病的!我们顿时哄堂大笑,哈哈

When describing a person who can speak a foreign language, I would like to share this person with you.

Well his name is Mark and he is from the United States of America. Mark was sent to China by the headquarter to supervise the work here. So he is one of my bosses.

I remember one time, when Mark just arrived here, we took him out(带他出去) to have dinner. We ordered pickled fish(酸菜鱼) as it is one of the most famous foods locally(本地的). After being served(上菜之后), we were ready to start eating, suddenly, Mark shouted loudly: "Stop!". Then, he called the waiter over(叫过来) immediately without asking us. While we were at a loss(不知所措), Mark said to the waiter: "This dish is certainly not fresh, do not lie to us. You have to get us a new one, because this has a sour(酸的) flavor, anyone who eats this will definitely be sick.".

We suddenly laughed and realized what was happening. The thing was, Mark never had pickled fish(酸菜鱼) before and pickled fish is supposed to(应该是) taste sour. Therefore, we apologized to the waiter and then explained to him immediately. That was so funny and interesting.

Mark went back to the United States of America last month, however, we still communicate(交流) online and send emails to each other every week. I wish that I could go to the United States of America to pay him a visit(拜访他) in the future. I believe that he will be very surprised when he sees me in the United States of America.

Therefore, this is the person who can speak a foreign language that I would like to share with you.



Part 3

1. Where and how can we get to know people from different cultures better?

Well, I think the Internet is a handy tool when it comes to getting to know foreigners. We can make friends on the Internet with people from many different cultures. And since it's online, most of us somehow feel that we are protected in the virtual environment, so we shoot all sorts of questions to people, including personal ones, and usually, people answer them straightforwardly. Besides, we can also get to know foreigners in certain entertainment avenues, such as bars or clubs. When people are relaxed, they are more likely to lay their guard down.

2. What are the advantages and disadvantages of cultural diversity?

Cultural differences can be interesting, but they can also cause confusion or even frustration at times. On the bright side, people are often curious about those who come from a different culture. It's interesting to see people with completely different lifestyles and values. It broadens our horizons and enriches our experiences. However, on the downside of it, because of different cultural conventions, when dealing with foreigners, we may offend them out of ignorance. Besides, since people from different cultures speak different languages, misunderstandings often occur, which could potentially ruin friendships.

3. How can traditional cultures and other cultures coexist?

I think the only way to solve a culture clash is through learning. We have to be open—minded to new things. This world is evolving so quickly. More and more people are taking international trips to get to know different cultures and to meet people from different cultures. We need to update our knowledge in order to follow this trend. Whether it's us traveling to other countries, or people from other countries traveling to experience our culture, we should learn to respect differences, rather than judge them. To achieve that, we need to keep learning.

4. Which Chinese traditions are disappearing?

In ancient China, fireworks and firecrackers were used to expel 'Nian', a monster mixed between a dragon and a Kirin. Fireworks are a traditional symbol of happiness and luck for the Chinese, and are used a lot during festivals to celebrate or commemorate special events. Traditionally each household strives to be first to set off fireworks at midnight, on the first day of Chinese New Year. However, the custom of setting off fireworks during the Spring Festival is restricted and sometimes prohibited, due to the widespread pollution and destruction of the environment. So this tradition has all but fizzled out except in very rural 'kampungs'.



Part 2 & Part 3 克服困难终成功

Part 2 爬山

Describe a difficult thing you did and succeeded You should say:
What it was
How you overcame the difficulties
Whether you got help
And explain how you felt after you succeeded

暑假时和妈妈去爬山,还没到半山就爬不动了。我坐在地上喘气,一边喝水一边说想要放弃。但是妈妈一直劝说我,并告诉我山上的风景更美丽。正好旁边有个残疾人,他拄着拐杖居然也在爬山,我觉得很羞愧。于是我振作起来,克服疲惫,没有接受帮助。虽然走走停停,但是还是成功登顶。到了山顶的那一刻,我觉得爬山经历的一切身体上的困难都被精神上的喜悦所替代了。

During the summer vacation, my mother and I went hiking. We went to a small local hill, which is not that high at only 2, 000 meters above sea level(海平面上). However, I had always disliked outdoor activities, and the intensity(强度) of mountain climbing was quite extreme for me. So, even before I was halfway up the mountain(半山腰), I just couldn't continue anymore.

I sat on the ground panting(喘气), drinking water and wanting to give up. I even got mad at my mom, blaming her for taking me up the mountain in summer. But my mother didn't give up and kept persuading me to continue, telling me that the scenery at the top was so beautiful. If I couldn't overcome my difficulties and reach the top of the mountain, how could I see the beautiful scenery? While she was talking, a disabled man passed us who was climbing on crutches(拄着拐杖). Immediately, I felt ashamed.

So, I perked up. My body still felt very tired but I overcame my physical exhaustion(身体的 疲惫) because I wanted to see the scenery at the top, while also prove to myself that I could do it. I didn't ask for any help, and despite having to stop and start, I finally managed to reach the summit(山顶).

The moment I reached the top of the mountain, all the physical difficulties of the climb were instantly replaced by spiritual joy(我觉得爬山经历的一切身体上的困难都被精神上的喜悦所替代了).

Part 3

1. Should people set goals for themselves?

Yes, I think they should. I hold that goal setting is the first step toward successful goal achievement. It marks your first point towards success and it is when you switch from



living passively to being an active creator of your life. Besides, setting goals will help to navigate your life. Take me as an example, I was not sure about what to do after my graduation and wasted so much time on campus. But one of my roommates decided to go abroad to pursue a master's degree in their first year in college, so she planned her study schedule well and got commendably prepared for her future life abroad. I learned a lot from her.

2. How would you define success?

In my perspective, success is a relative term and everyone could have his/her own definition. Personally speaking, I think you are successful if do something and you feel you have done it well. However the definition of success is totally dependent on your own standards and concept of success. It could be applied to life in general or to individual tasks in life. For instance, I clapped my hands for my 1-year-old niece when she successfully took her first step in her life as well as congratulated my classmate when he gets his research essay published. In a word, I define success as people achieving their personal goals, whatever they may be.

3. How do we judge whether young people are successful nowadays?

It is an interesting question. When we are talking about success, we think about wealth, fame, and high social status. Indeed, we can't deny these generally acknowledged standards. But I'm sure that everyone has his own interpretation of success as I do. Personally, I believe that for young people, it is not about what one does, but about what one tries to do. Hence, I reckon that a young person is successful when he believes he is driven by his dream life and he is on the right track to the exact destination. Basically, we can easily tell from his face whether he is confident or feels not sure what to do.

4. Are successful people often lonely?

No, I do not think so. Most of us have heard the saying that the path to success is extremely lonely, but I have a different perspective. When we read the biographies and memoirs about those people who started great careers, it is undeniable that they all have gone through dark days. However, if we take a close look, we will find that those people who are successful tend to be successful as they know when to delegate, when to seek the expertise of someone who has better skills in an area than them and when to ask for help. In a word, I think successful people are always getting support from others, they just cannot be lonely.



Part 2 & Part 3 新题: 特殊的一餐(疑似新题)

Part 2 去韩国旅行和朋友吃韩国烤肉

Describe an unusual meal you had You should say:
When you had it
Where you had it
Whom you had it with
And explain why it was unusual

在韩国当地的烧烤餐馆,和当地同学和我的朋友,吃了眼里脊牛肉(包着生菜蘸酱吃),我对吃到了最地道的韩国料理感到很幸运,很感激韩国朋友

My friend and I travelled to Korea last month, and we were brought into a local Korean BBQ restaurant with the recommendation from a common friend, currently studying there.

We enjoyed the food there, such as eye fillet beef, which was supposed to have with the wrapping lettuce (牛肉包着生菜吃), and it also came with a specially made sauce, chilly sauce. We had to say we never tried anything like this before, the fat just matched perfectly with plain lettuce. Even though, we had trouble understanding what the waiters said, we still ordered right. (点菜点的好).

I felt like it was the best and the most special Korean cuisine I ever had, and I felt extremely lucky to have my friends around, who took us to the real place which did not charge us high (不特别贵). It was more worthwhile than having a tourist guide who usually took us to the expensive but not local places, being raped with a terribly high price and not experiencing the right food, (被要价很高却不好吃).

Part 3

1. What fast food is there in your country?

In China, we have Lanzhou noodles with beef on the top, fried rice and dumplings (饺子), etc. This food is served in a quick way, while the taste is good as well. It's like, all kinds of restaurants that you see in China town can be found everywhere in this country itself, no matter if you are in a shopping mall or a food court. Besides, western fast food is also common here, such as KFC, MacDonalds and Burger King (汉堡王), which are frequently seen on the street. So in China, you can have plenty of choices if you want to eat alone and eat quickly.

2. Do people eat fast food at home?

Of course. At home, people often order food deliveries on Chinese apps to save time and money. Hamburgers, noodles and rice with chicken are their top choices. I think the



number of times we order fast food is much more than the times we eat out or cook by ourselves. You know, time is everything for young people. Once they realize the convenience of ordering fast food through apps, plus the food on it can be cheap, they get used to it. To the contrary, they may value the nutrition (营养) of food less.

3. Why do people choose to eat out instead of ordering takeout?

From my perspective, I choose to eat out for several reasons. Firstly, I have the feeling that food is more delicious when eating it at a restaurant compared to takeouts because it is still hot and fresh. Meanwhile, the flavour of the food might be different when it is a takeaway. For example, the soup could be spilled by accident. More importantly, people enjoy the experience of eating out. In China, eating at a restaurant fulfils social functions. You can meet your friends and families here, and eating can naturally connect you guys through communication. On special occasions, like festivals or anniversaries, you can also feel the joyful atmosphere outside.

4. Do people in your country socialize in restaurants? Why?

Yes, as I mentioned just now, a restaurant is an important place for people to build and make connections with other people. My parents always say "Today is a big day. Let's go out and have a feast (盛宴)" on certain occasions like spring festivals or someone's birthday. And the restaurant is the place where family or friend reunions take place. People talk about old stories and new things over food. I think it's a beautiful thing that food can bring people together. We can place our orders, take pictures and then ultimately get our attention back to each other through a meal.

5. Do people in your country value food culture?

Yes, definitely. I have to say, China has the richest and the most profound food culture in the world, let alone (更不用说) the fact that we have over 10 thousand years of history. China has more than 30 administrative regions (行政区域), and each has its own features of cooking. For example, in my hometown Chongqing, in the center of China geographically, we like to put peppers (辣椒) in every cuisine (菜肴), and spicy hot pot is one of our most famous dishes. Based on such a deep food culture, China made several documentaries like, "China on the tip of the tongue". I suggest you watch it if you want to know more about our culture.

6. What are the advantages and disadvantages of eating in restaurants?

From my point of view, there are many advantages to eating in restaurants. First of all, eating in restaurants, customers could enjoy the atmosphere inside. Especially considering that people today are always leading a busy lifestyle when eating in restaurants, especially some western restaurants, the peaceful atmosphere could help them loosen up and pursue inner peace. However eat–in has some drawbacks as well because the price is always higher than takeaway food as tips should always be paid. What's more, considering the outbreak of COVID–19, it is much more convenient and safer to eat takeaway food, compared with eating in the restaurant.



Part 2 & Part 3 喜欢看的电影

Part 2 疯狂动物城

Describe a movie you watched recently and would like to watch again You should say:
What type of movie it was
What it was about
Where you watched it
And explain why you would like to watch it again

这我不得不提迪斯尼的《疯狂动物城》。这是一部老少皆宜的动画片。上个月,我和朋友在网上看了这部电影。我喜欢这部电影的原因是作为一部动画片,它将一些政治色彩的观念融入到卡通人物当中,并且将其制作得非常诙谐有趣。动物城是一个任何动物都可以和谐共处的大都市,它影射了当代世界各个种族的人都可以生活在一个国家。其中树懒的情节尤其好笑。这么有趣但是又让人思考的电影,真的值得我再次观看。

I have to mention a Disney film named Zootopia. Last month, I watched it on the Internet at home with my friend. I would say that this is a cartoon for all ages(老少皆宜的).

Zootopia" is based on the word "Utopia" (乌托邦), an ideal country created in the mind of Plato (柏拉图). The modern mammal metropolis (哺乳动物大都市) of Zootopia is a city like no other. Comprised of habitat neighborhoods (居住社区), it's a melting pot (熔炉 指类似美国的多文化国家社区) of animals from every environment living together in a place where no matter what you are, from the biggest elephant to the smallest shrew (树鼩), you can be anything. One of the characters, a sloth (树懒) named Flash who worked in the bank, really entertained me. His extremely slow movement made us laugh so hard.

I think Disney struck success again with a fantastic foray(突击) into the deep and relevant subject matter. It taught children that "anyone can be anything" and brought topics like racial equality, corruption and propaganda (腐败和宣传运动) onto a platform children can comprehend. I feel these actually are the reasons why I want to watch it again: the movie is super interesting and it makes us think about our society.

Part 3

1. Where do people normally watch movies?

I would say people usually watch movies at the movie theater because of its big screen and realistic sound. But due to the ongoing covid–19 pandemic, going to the cinema is strictly banned at the moment. However, thanks to the Internet and digital devices like laptops, tablets, and smartphones, people can watch movies online at home, or just about anywhere, as long as they have access to the Internet. Speaking of this, there are also some great websites and apps where people can choose to watch films for very little cost



per month. For example, sites like Netflix and Amazon Prime are full of movies and TV series for people to watch.

2. What are the differences between watching movies at home and at the cinema?

Firstly, the atmosphere is quite different. When you watch a movie at home, you can take a break anytime you want. However, at the cinema, the movie is shown continuously without any break. Secondly, at home, you can control the volume as you like, but this cannot be done at the cinema. What's more, when people go to watch a movie, it means money spent and time cost, because it's not free of charge. You have to buy the tickets, get some snacks and beverages, and perhaps even pay for parking.

3. Are actors and actresses important to movies?

I believe actors and actresses play a vital role in movies. Movies provide audiences with entertainment, and actors use their skills to represent the characters portrayed in the story. Without their understanding of plots and characters, what is portrayed in the movie might be too abstract for people to understand. It is the fantastic performances of actors and actresses that help the audience understand and follow what is happening on screen. Just take Harry Potter and Katniss Everdeen as examples. These characters are remembered by the audience mainly because of the acting skills of Daniel Ratcliffe and Jennifer Lawrence.

4. Why are there fewer people going to the cinema to watch movies?

I would say that this is largely because of the pandemic. Since the arrival of Covid-19, many recreational activities have been banned across China. In addition to that, due to new technologies and rich resources online, people can enjoy good films without leaving home. They can watch movies online on their computers and mobiles, and they can even download and then watch these films on the bus or train, which is really convenient. And compared with buying tickets and finding parking spaces that come with watching a movie at the cinema, watching online costs less.



Part 2 & Part 3 新题: 常用网站(疑似新题)

Part 2 谷歌

Describe a website you often visit You should say: How you found ou about it What it is about How often you visit it And explain why you often visit it

谷歌是世界上最大的搜索引擎,我每天都在用,喜欢谷歌的原因是我几乎可以在上面找到任何想要知道的东西,并且推送都十分精准。

Well, talking about a website I often visit, it would definitely (确定地 certainly) be Google. I remember the first time I used Google was 5 years ago when I was looking for some information on the internet.

It is the largest search engine in the world and it is used by millions of people almost every second. Basically I can search for anything that I want using Google. In the era (时代 time) of the Internet, there is hardly anything I can think of that does not exist online. And Google has the superpower to filter (过滤 choose) and select a host of (大量的 many) information available on any website. We only need to type in the keywords and within a second, it displays everything we want.

I use Google almost every day. I can search for academic articles which I need for my projects or assignments without going to the library and flipping through (翻阅 read) all those thick, heavy books. I can search for fun videos and movies when I need to kill some time (俚语消磨时间 pass time). I can find locations using Google Maps which not only shows how to get to the places but also has their exact street view, which is so amazing that I cannot miss the place because I have literally "seen" the place!

Another reason I like to use this site is that Google summarizes search results and gives suggestions. Sometimes when I have no idea about what I should put as keywords, Google provides the most popular keywords that other users have inputted recently and this can really save a lot of trouble. Google is of great value (有用的 useful) since it can be used in almost every aspect of my life, especially in the current context (俚语在目前的情形下) of globalization.

Part 3

1. What are the most popular and least popular apps in China?

The most popular app in China is WeChat, a multifunctional app that combines online



messaging, social media, online payments, etc. At first, it was only an instant messaging app where you could share your daily life in Moments with your friends. Now, as it develops and expands its functions, it has become more and more convenient and popular. In my opinion, the worst app in China is Ofo, a bike-sharing app. Ofo was extremely popular in China several years ago, and I also paid a 100 yuan deposit to register an Ofo account. However, its business model has been proven to be unsustainable and now it's going bankrupt. I still can't get my deposit back on this app, same for hundreds of thousands of Chinese people. Therefore, I think it's the worst app ever.

2. What's the difference between the internet and television?

Compared to the TV, the internet is more convenient and interactive. Firstly, you can get access to the internet almost anytime you want, especially in urban areas. With a mobile phone, you can browse any information or news you're interested in. There are few boundaries on the internet. However, you can only select TV programs on a limited number of TV channels, and you can't watch TV outdoors except under some special circumstances. Secondly, TV is more like a one–way street, while the internet is free for everyone to express their ideas. On TV, you can only accept the producer's opinions. If you disagree, there is no way to express your opinion. However, on the internet, you can post comments and discuss them with other people.

3. Why do some people like to read the news on the internet instead of getting it from TV? First of all, people can get access to the internet more easily. With a mobile phone, you

can access the internet almost anytime, especially in urban areas. However, most people only watch TV in their homes, so they don't have much time to get the news from the TV. Secondly, information on the internet spreads faster than on TV. It takes time to produce a TV program to broadcast news, but sending a message online almost takes no time at all. Lastly, people can discuss the news with other people on the internet. Many news websites have commentary sections, where you can post your views and discuss them with other people. However, you can't interact with the host on TV.

4. Are libraeies still necessary? Why?

Yes, I think it is. Although e-reading is very popular and has become the dominant trend in reading now, I still believe we need the library, because it's a symbol of culture and knowledge. The library is not only a storage for paper books but also a place to collect information and a place for self-study. Though many e-books are accessible on the internet, some e-books, especially academic periodicals can only be obtained through the library. In this way, the library is public property that can't be replaced. Besides, there is no place like a library that offers people a free and quiet place to read and study. Without the library, our life will be so dull and of no aspiration to knowledge.

5. What kind of people still go to the library to read and study?

The largest group is the students. They usually go to the library on weekends to do their homework. Younger, elementary school students are sent to the library by their parents to



kill time by themselves and learn something useful. College students mainly go to the library before their final examination or because they have essays to finish. In addition, people who are preparing for important tests go to the library to study because the library offers them a quiet environment to maintain their concentration. Last but not least, book lovers always go to the library. This reason is simple; they love reading books and the library is like heaven for them.

6. What are the differences between old people and young people when they use the internet?

Firstly, compared with teenagers, older generations use the internet less for socializing and entertainment and more as a tool for information searches, emailing and buying products. There are so many functions and types of entertainment on the internet that old people can hardly manage to learn them. Therefore, they mainly use it for making and receiving calls. In addition, older internet users are more likely than younger ones to look online for health information. Older people are more concerned about their health, so they will constantly browse the internet for related information. Finally, older people are less likely to purchase things online because some of them are suspicious of making digital payments and consider them to be scams.



Part 2 & Part 3 侍花弄果之人

And explain why he/she enjoys growing plants

Part 2 李子柒爱种菜

Describe a person you know who loves to grow plants (e.g. vegetables/fruits/flowers etc.) You should say:
Who this person is
What he/she grows
Where he/she grows them

提到爱种菜的人,我想到了中国的网络名人李子柒。她是一名美食短视频创作者,但与其他同类博主不同,她拍摄的美食视频都是用她自己种植的瓜果蔬菜。她在拍摄时,会先拍摄她种植采摘的过程,然后才是烹饪。她主要在她乡下家中的菜园里种菜,各种各样的蔬菜瓜果品种繁多。对她来说,亲手种植可以让她贴近自然,回归质朴的乡村生活,还原美食的纯正滋味。

Speaking of people who love to grow plants, I have in mind the Chinese Internet celebrity Li Ziqi. She has at least 10 million followers on each of her accounts, across all of the major Chinese mainstream social media platforms(主流社交媒体平台), with over 50 million followers on Chinese TikTok alone. She mainly shoots short videos about food, but unlike other similar short video creators, she shoots food videos with fruits and vegetables that she grows herself. When she makes her videos, she films the process of planting and picking as well as the process of cooking of course.

She mainly grows a variety of vegetables and flowers in her garden at home in the countryside. For her, growing with her own hands allows her to get close to nature, return to a rustic country lifestyle(回归质朴的乡村生活), and restore the original taste of food.

In Li Ziqi's videos, she grows vegetables, makes wine, rides horses and arranges flowers(插花) in her idyllic garden. Amazingly, her vegetable garden is a constant source of delicious food all year round. There seem to be endless vegetables to eat, and fresh fruit can be picked in all seasons. When people enjoy her videos, they are not only watching her elegant posture when she cooks, but are also experiencing the beautiful rural lifestyle in an immersive way(沉浸式体验美丽的田园生活). Li Ziqi represents a slow way of living, which has not only affected Chinese people, but has also spread overseas, giving people an insight into the beauty of traditional Chinese rural life.

Part 3

1. Are there many people growing their own vegetables now?

As a hobby, many people do grow their own vegetables these days, even if they live in cities and don't have fields. It has become very popular now to grow vegetables on the balcony, or in other small spaces. Many people use their balconies to grow green peppers,



tomatoes and other vegetables that do not require land. But many of these are grown for fun and fresh food, not for sale. For example, I have mini tomatoes, peppers, mint and zucchini growing on my balcony. Every time its harvest season, I share my produce with my neighbors. I have found that the vegetables I grow myself taste better than the ones bought in the supermarket.

2. Do you think it's good to let kids learn how to plant?

Yes, I think it's good to let kids learn how to plant because gardening is a healthy, fun activity for children. While learning how to plant, children can spot the differences between different plants, in terms of color and size, smell different scents, and hear the sounds of different insects. Interacting with their surroundings. Nature is a great setting to encourage your children to engage in the learning process. Playing with soil, digging, planting, watering, and pulling out weeds stimulate movements of the body, particularly arms and hands. These activities help with the development of motor skills, and through their own experiences, children learn what is difficult and what is easy, small or big, smooth or rough, cold or warm, dry or wet.

3. What do you think of the job as a farmer?

Although this is not a good job for young people nowadays, farmers provide an indispensable occupation for society. Unfortunately in China, the hard work of farmers is not rewarded with a good income. First of all, the price of grain is low. Second, their harvest is very dependent on the weather. Farmers also have to deal with a range of extreme weather events such as drought and floods which can lead to the total destruction of their crops. Indeed due to climate change, many farmers in China have been left with no income at all this year. But for a country, food is a very important resource and an important tool to ensure people's livelihood. Therefore, the work of farmers is important, but it has not received enough attention from young people.

4. What are the differences between traditional and modern agriculture?

Traditional farming makes use of traditional and age-old agriculture equipment, whereas modern farming makes use of modern equipment. Technology-intensive farming methods are used in modern farming. Traditional farming may yield less, but in the past the quality and purity of the food were much higher. In contrast, although modern farming methods produce a far greater yield the quality has declined due to the overuse of modern and technological equipment. Another important difference between traditional farming and modern farming is that traditional farming needs a great amount of labor, whereas modern farming does not since the machines take care of everything.



Part 2 & Part 3 新题: 放松的地方(疑似新题)

Part 2 客厅

Describe your favorite place in your house where you can relax You should say:
Where it is
What it is like
What you enjoy doing there
And explain why you feel relaxed at this place

我最喜欢我家的客厅,面积大,设计简约,沙发特别舒服。最重要的是,我是个好客的人,我家的客厅经常招待客人。我特别喜欢在客厅和客人们天南地北地聊天。那是我最放松地时刻。

I want to talk about the big living room in my house. That's the room I especially like to stay in. You know, our house used to be a three-bedroom house with a small living room, but then my father did some renovations on the house. (我爸爸对房子进行了一些翻新). The year I went to college, he knocked down a wall and turned one of the bedrooms into part of the living room. Suddenly, our home had a new look!

My mother hung some pictures created by famous artists on the wall, which instantly elevated the place's artistic atmosphere. (我妈妈悬挂了一些著名艺术家的化作,客厅的艺术氛围瞬间提升了). Well, to be honest, my mother is kind of an artist herself, so she has great artistic taste. She also invited the best local interior designer to help design the living room. They created a simple but modern style of interior design(简约风的室内装修), but also a very comfortable one. I especially like my mother's pick of the sofa, which is amazingly grand in design but also super soft. (大气又舒服) It feels almost like you are riding a cloud when you sink into it. Besides that, there are also a couple of antique furniture pieces passed down through the family. They depict our big family's history. Whenever I sit on the sofa looking at these pieces, I feel a sense of belonging(归属感).

The most important reason for loving the living room though is that my parents and I like to invite relatives or friends over. I enjoy sitting in the living room chatting with people. Exchanging ideas with them always relaxes me and makes me feel content.

Part 3

1. Where do people spend most of their time in their home?

I believe people spend most of their time in their bedrooms. A bedroom can be both a place to rest, and a place to entertain themselves. According to statistics, on average, people spend 8 hours per day sleeping, which accounts for one-third of the whole day. As well as this, people spend lots of time studying or playing video games in their bedrooms. Nowadays, urban people tend to live in small apartments, which don't have enough space



for a home office. As a result, people put computers on a table beside their beds, which in turn increases their time in the bedroom.

2. Do you think there should be classes for training young people and children how to relax?

Yes, it sounds like a great idea. I believe young people and children need to learn how to let off steam when they feel stressed. It's beneficial for their long-term development and mental health. Nowadays, teenagers and kids are overwhelmed by heavy academic pressures. They have lots of homework to finish, and consequently have limited time for leisure on weekends. As a result, many children and youngsters suffer from anxiety and depression. If there were classes and tutors to help them relax, and adjust their mental states, they will grow up healthily, and enjoy a much brighter future.

3. Why is it difficult for some people to relax?

From my own perspective, there are many reasons behind it. First of all, their spare time is less than before. Considering that people now are living in an increasingly competitive and fast–paced society, people would spend a large amount of their time working in the office. As a result, the time for relaxation would be less. Secondly, due to the fact that the spending of people is skyrocketing, people would always save every penny in their pockets. Consequently, it is much more difficult for people to travel or eat out to relax, as it would be expensive.

4. What are the benefits of doing exercise?

From my point of view, there are many advantages of exercising. First of all, it could improve people's physical condition. It is easy to notice that people today are getting busier before. What's more, with the influence of Covid–19, many people are grounded at home. As a result, a sedentary lifestyle is led by more people. With the help of exercising such as jogging and cycling, people could get rid of some physical illnesses. What's more, doing exercise regularly could help people boost their mood. By breathing fresh air and the fragrance of flowers outside, people could pursue inner peace by doing some outdoor exercise. Most importantly, doing some team sports could also provide people with the chance to make friends with some common grounds, which is an ideal way to expand people's social circle.

5. Do people in your country exercise after work?

I guess yes. First, considering the working pressure, exercising is an ideal way for people to loosen up and chill out after work. For example, it is likely for people to do exercises like jogging or biking in nearby parks to breathe fresh air, which could boost their mood and escape from bustling city life. What's more, due to the fact that people today are attaching much more importance to their health, they would do some exercise to get rid of a sedentary lifestyle. Most importantly, by doing team sports like football or basketball with friends or colleagues, they could strengthen their bond and make friends with the same common ground during the process.



6. Which is more important, mental relaxation or physical relaxation?

From my point of view, both are important for people today. First of all, due to the influence of COVID-19, people are always grounded at home and even work from home. As a result, more and more people are leading a sedentary lifestyle. To mitigate the situation, it is of great significance for people to do some exercise to relax their bodies and improve their physical condition. However, mental health is also important as people today are getting much busier than before. For example, their working hour is increasing at an unprecedented speed, and to meet the deadline, people are complaining that they are overburdened. In order to escape from the bustling city and pursue inner peace, people would do some outdoor exercises like kicking a football in the nearby park or jogging around the pond to relax their minds and boost their mood. In conclusion, both physical and mental relaxation can not be emphasized more today.



Part 2 & Part 3 时尚人士

Part 2 我妈妈

Describe a person who is fashionable You should say: Who he/she is What job he/she does What kind of clothes he/she wears And explain why he/she likes fashion

我妈妈是我认识的最时尚的人。她的工作与时尚没有关系,因为她是一名幼儿园的老师。我妈妈喜欢穿的衣服都是比较复杂的,有鲜艳印花的服装,比如长连衣裙等等。妈妈特别喜欢时尚,即使是冬天也不会用厚厚的衣服把自己裹起来,相反,她宁愿忍受寒冷,也要在大衣里穿美美的长裙。妈妈从小就喜欢时尚,有明星梦,家里也买了很多时尚杂志。我想这跟她的妈妈也有关系吧,毕竟我的外婆也是一个时尚达人。

My mom is the most stylish person I know. She is a kindergarten teacher and has been doing this job for almost 30 years. She started as an ordinary kindergarten teacher and is now working as a manager, but she has never changed her place of work. I think it can be said that(可以说) her work has nothing to do with fashion.

But in my mind, my mom has always been a very stylish person. She likes to wear clothes with complex designs and bright prints(设计比较复杂的,有鲜艳印花的). For example, in summer, she will wear brightly colored long dresses, and in autumn, she enjoys wearing long woolen dresses and bright shirts. My mom likes fashion and doesn't wrap herself in thick clothes even in winter(即使是冬天也不会用厚厚的衣服把自己裹起来). Instead, she would rather endure the cold(忍受寒冷) and wear a beautiful long dress under her jacket. She not only loves fashion herself, but also dresses me up(给我打扮)! Ever since I was a kid, I've had endless skirts, and even now I'm influenced by her as I also wear bright prints.

She has loved fashion ever since she was a child. Her childhood dream was to be an actress so that she could wear beautiful and fashionable clothes every day. From as early as I can remember, my family has subscribed to(订阅了) many fashion magazines. I think this has something to do with my grandmother, who is also a fashionable old lady.

Part 3

1. Do you think online shopping will replace in-store shopping in the future?

No, I don't think so. Although online shopping has had some negative effects on in-store shopping, it can never replace it. And I think there are two reasons for this. Firstly, people have to wait a certain amount of time when they shop online. Therefore, online shopping doesn't have the advantage when urgency is needed. For example, if you spill coffee on



your shirt, there is no way you can wait two or three days for a new one bought online. You will have to go to a store. Secondly, sometimes people just enjoy the atmosphere at big stores and malls, or they might go shopping just to kill time. Online shopping cannot offer this entertainment to customers.

2. Why is fashion very important to some people?

As far as I'm concerned, fashion provides both commercial and emotional value to people. For the former, fashion-savvy people can make a living through their unique fashion sense, and the best of them can even start a great career. For the latter, they feel happy and relieved while consuming fashionable products. Taking my friend Lily as a great example, she must have every must-have item of each season. She told me that she becomes more confident when she's in a skinny vest with lots of holes, which I will just never understand! For these people, fashion plays an integral part in their life.

3. Are older people as fashionable as young people?

No, I don't think so. In many aspects of fashion, older people cannot be compared to younger people. Firstly, older people are, in general, not as tolerant and open-minded as young people, so they tend not to embrace new fashion trends. They may deem new trends as a betrayal of the current situation and take exception to them. Secondly, young people have more access to information about fashion, because they use social media and the internet much more. Therefore, they can keep up with the trends, whereas most older people have no idea what's going on in the fashion world.

4. Are women more fashionable than men?

Yes, I believe that, in general, women are more fashionable than men. Admittedly, it's not fair to say that all women are more fashionable, but there is a tendency for women to be more interested in fashion. I believe two reasons make women more fashionable than men. Firstly, women tend to care more about their appearance, and they will spend more time browsing the latest fashion trends and accessories. Secondly, women are more willing consumers in the fashion industry. According to statistics, the consumption ability of women is far greater than that of men, which means women tend to spend more money on fashion items.

5. Are you a person who likes to follow fashion?

No, I'm not a fashion person. I'm not interested in following new trends and being up-to-date. I think there are more important things to pursue than your appearance. Keeping up with new trends requires lots of time and energy. If I save those times, I could be more productive in my work or do something I really enjoy, such as hiking or working out. I also cannot understand some of the so-called "fashion" nowadays, new fashion styles can be really dramatic and not suitable for daily life. Therefore, I'd rather stay with simple and neat styles.



Part 2 & Part 3 新题:第一天上学(疑似新题)

Part 2 第一天上大学

Describe the first day you went to school that you remember You should say:
Where the school was
How you went there
What happened that day
And how you felt on that day

我的大学在离我的家乡很远的上海。我需要坐四个小时的高铁才能到学校。由于父母不放心我一个人去外地上学,开学第一天,我的爸爸妈妈就一起坐着高铁送我来上学。我还记得第一天上大学的忐忑心情。作为新生的我初入校园,很懵懂。刚到校园时,我领着父母参观了我的大学,我将来要生活四年的地方。他们骄傲地拉着我和校门口的大招牌合影。我们一起吃了饭庆祝我作为大学生的一天

The first day of school always signifies a new beginning, symbolizing the start of a new phase of life. For me, the first day of college has particular relevance. Unlike middle school and high school, my university is far away from my hometown, so I had to take a four-hour high-speed train ride to get to school. Since my parents didn't feel comfortable with me going to the university alone, on the first day of school, my mom and dad took the train together to send me. I still remember how apprehensive I felt on the first day of college. As a freshman, I was very clueless, and everything both good and bad seemed to be staged in one scene without a script. When I first arrived on campus, I took my parents on a tour of my university, the place where I would live for the next four years. They proudly took a picture of me with the big sign at the front gate. We also had dinner together to celebrate my day as a college student. At night, however, after seeing my parents off, I lay in my dorm room and lost sleep, not knowing what awaited me tomorrow. I didn't know if I could still adapt to the environment and achieve my goals in college in an unfamiliar environment, away from the blessing of my parents. I think this is the first lesson that college has taught me, that we should be responsible for our own life. I hope I can spend my four years in college in a fulfilling way, and stick to myself.

Part 3

1. What are the reasons for job change?

Well, in modern society, people have more career choices. We can easily turn to other job possibilities if we are not satisfied with our work. But generally, people change jobs because they want to look for better career prospects or professional growth. Also, if changing jobs means we could increase our income, I bet a lot of people would not mind changing jobs either. After all, what we do is directly relevant to our income, in another word, our living quality is up to our professions. So it's totally understandable that we



change jobs to look for better working conditions and higher positions in the company.

2. Are big companies better than small companies? Why?

Yeah, normally speaking, I believe that working in big companies is better than working in small companies. You see, large companies can offer their employees more because they have more resources. For example, large companies generally offer higher salaries and bonuses. They can also kick in more for the employer's share of insurance and may be more likely to contribute to other perks. Also, employees are more likely to gain professional growth if working in a big company, because big companies usually deal with more business, then they set up more sectors and positions for employees.

3. What are the advantages and disadvantages coming along with changing jobs?

When we change jobs, the first challenge we need to deal with is adapting to a new working environment. Different companies have different cultures. Getting familiar with a new culture isn't always easy, you know. But having said that, there's also the positive side of changing jobs. For example, we get to meet new coworkers. This would expand our social circle for sure. Also, new jobs provide us with opportunities to learn about new working techniques, and therefore, gain improvement in work. This can increase the likelihood of us owning a successful career in the future.

4. What would parents prepare for their kids when they first go to school?

Well, once the family has decided to send their children to school, the first thing parents normally do would be to take them to go shopping for school suppliers. You know, the normal routine would be to buy a good schoolbag, shoes, books, and stationery too. Then apart from shopping, there is a lot of talking that parents need to do to help their children get ready for school. For example, parents should talk to their children about what to expect and encourage their children to share any concerns that they might have and address them together.

5. How do children socialize with each other?

Social interaction helps young children to start to develop their sense of self, and also start to learn what others expect from them. Sharing, setting boundaries, and problemsolving all come from socializing and interacting. Normally, children socialize with others by playing games. By playing with other children, they learn skills that stick with them their whole life. For example, while playing, they would share snacks or toys with others and communicate with their playmates verbally. Also, young children would inevitably encounter conflicts since they are egocentric by nature, so they must learn to compromise too.

6. Is socialization important for children?

Yeah, absolutely. It's important to start socialization with other children at a young age because children learn and practice social skills through socializing with their playmates. Apart from benefits like learning to share, set boundaries and initiate problem—solving skills, children also learn to have empathy for other people; recognize when their friends



are sad or mad, or even happy! Kids eventually will start to use these skills at home with their parents, siblings, or even pets. Such skills will benefit young children's overall development, including their social development and mental development.



Part 2 & Part 3 分享

Part 2 分享电视剧

Describe something you had to share with others You should say:
What it was
Who you shared it with
Why you had to share it with others
And explain how you felt about it

我喜欢跟朋友分享好看的剧。比如最近在热播的苍兰决,我看上头后很快安利给了我的闺蜜们。 我喜欢跟朋友分享好看的剧是因为(1)可以增加更多的共同话题,增进友谊,(2)是可以让追剧的 过程变得更有趣,毕竟就像俗话说的,独乐乐不如众乐乐。

Oftentimes, I like to share my favorite TV shows with my best friend. Recently, I told her about a Chinese television series called Love Between a Fairy and a Devil, which has been trending on iQiYi, one of China's leading online video platforms.

At the outset (起初), I thought it was just an ordinary romantic Xianxia drama repeating the same tired cliches about a female protagonist falling in love with a well-respected immortal in heaven. But later I found out that this time in Love Between a Fairy and a Devil, the well-respected immortal, the actions of whom are mandated by (被…授权) the rule of law in heaven, can no longer win the heart of (赢得…的芳心) the female protagonist. Instead, the unruly devil, which is usually depicted as the biggest villain in the Xianxia genre, becomes the one that is capable of proving and fulfilling his love no matter what (不管发生什么).

It's a storyline that has really refreshed (使...焕然一新) the genre by subverting its clichés. So without hesitation, I shared this fantastic TV drama with my best friend and explained to her why it's so appealing. Turns out she liked it very much too.

The reason why I like to share dramas with friends is that sharing can grow and enrich our relationship as it's the perfect excuse to strike up a conversation with (与...沟通) somebody. In addition, the fact that someone can feel the same way as you and you can laugh together makes watching more thrilling and interesting.

Part 3

1. Do you think kids like to share? Why or why not?

I find that a majority of toddlers don't like to share and most parents have been put in an uncomfortable situation where their child refuses to share a toy with another child in the playground or during a playdate. I think that the reason for this is that during the early



formative years, kids are learning how to meet their own needs. The concepts of sharing, lending, and borrowing are too complex for young kids to understand. In other words, toddlers have not yet developed empathy and cannot see things from another child's perspective.

2. How can parents teach their children to share?

Because the concepts of sharing, lending, and borrowing are too complex for young kids to understand, forcing children to share can be counterproductive. This approach does not teach the social skills that parents want toddlers to learn; instead, it may actually increase how often our toddlers throw a tantrum. Instead, parents can use positive reinforcement, i. e. give kids rewards for sharing a toy with friends on a playdate. Meanwhile, teachers can reinforce this lesson at school using stickers, a snack for the class, or small toys. When the kid sees that sharing can be fun, he or she'll be more likely to do it on her own.

3. What do you think is the benefit of sharing for children?

Sharing is an important tool in any child's emotional toolkit. This social skill helps a child to understand that they aren't the center of the universe and that others have needs and wants, that we should take into consideration. The notion also helps a kid to build empathy and trust between them and others. As a result, they're able to make and keep friendships, take turns, and learn how to get along. Sharing also teaches children how to compromise and negotiate, as well as cope with disappointment. This learning is one of the basics of reciprocity i. e. when we give, we also receive.

4. Is there anything that parents would persuade children to share with others?

I think the best time for parents to persuade children to share their toys is with others during a playdate. The reason why parents should persuade instead of forcing their children to share is that for kids, their toys are their precious possessions. Children develop feelings for their toys and some things become too special for them to share. They care about them. They are emotionally connected to them. Forcing them to share a toy when they are not ready to do so makes them feel powerless. It also steals them the right to decide about their things.



Part 2 & Part 3 新题: 童年喜欢的活动(疑似新题)

Part 2 骑自行车

Describe an activity you enjoyed your free time when you were young You should say:
What it was
Where you did it
Who you did it with
And explain why you enjoyed it

5岁时,叔叔送了我辆自行车作为生日礼物。父亲教我骑车,发现我一直毫无进步,于是他松手,让我摔了一跤。我发现没有我想象的痛,不再害怕,后来学会骑车。那段经历,不仅教会我骑自行车,更建立了我和父亲之间的好关系。

I would like to talk about an interesting event in my childhood—the time when my dad taught me to ride a bike.

When I was 5 years old, my uncle Mike, bought me a green bicycle as a birthday gift. After! admiring(欣赏)! the beautiful new bike for a day, I turned to my father and asked: "Could you please teach me how to ride the bike?" and my dad nodded. It was a sunny day when dad carried the green bike into a big open area. He helped me to sit on the bike and encouraged me to pedal forwards. At first, I was a little worried about falling, so I rode very slowly with the support of my father. Nearly half a day later, I was still riding as slow as a snail and could not keep my balance. Dad was confused and asked me: "Why haven't you made any progress?" "I'm afraid," I answered. "I don't want to fall and hurt myself."! Shortly after my response(话音刚落)!, my dad set me free, and without his assistance, I, of course, fell. Instead of crying, I discovered, it was not as painful as I had thought. From then on, I became braver and braver and rode quicker and quicker! No pain, no gain. (付出就有收获)! Ultimately, I did it. I learned how to ride my bike and I could say that I had never before been that happy because I succeeded through my efforts.

Even today, I still remember the moment when my father taught me how to ride using his special method. From this experience, I not only learned how to keep my balance and how to ride a bicycle but more importantly, my dad and I also built a closer relationship.

Part 3

1. Can most people balance work and life in China?

No, at least I can't, nor can the people around me. In China, the job market is quite competitive and stressful. We have a saying called 996, referring to people who work from 9 am to 9 pm, 6 days a week. As you know, Elon Musk (马斯克) has put more workload on his employees since he took over Twitter. But I think the pressure he has posed is far less



than employees suffer in China. With such a heavy workload, I don't think many people can balance work and personal life very easily. Because almost 90% of their life is about work, there is little time for them to think about indulgence and fun.

2. What activities do children and adults do nowadays?

Well, as the restrictions of the pandemic have loosened, more families are starting to go out and have fun. The most popular activity I think is skiing. Since the Winter Olympic Games (冬奥会) last year, sports economy has started to prevail (流行). Many ice rinks (滑冰场) have opened in shopping malls and public parks. Some families are not satisfied with those artificial scenarios, so they even go skiing on the mountain in the suburbs. Maybe those parents want their children to appreciate nature, and feel the authentic joy of sports.

3. Do adults and children have enough time for leisure activities nowadays?

I think their time for leisure activities is decreasing. Adults have to balance work and everyday life. If they are working in a big company, it's hard for them to spare time for leisure activities. Children, certainly have pressure from school. As I well know, the amount of homework is increasing, and the tests are getting more difficult. Peer pressure is also a big issue in children's lives these days. Educational resources are not scarce anymore, and parents now enroll their children in several extracurricular tutorials (课外辅导) and interest classes. Hence, children lack spare time to enjoy leisure activities.

4. Is it important to have a break during work or study?

Of course. Taking a pause to relax while working or doing homework is quite essential because it gives your brain the chance to rest and recover, leading to a boost in everything from your productivity to your happiness. We all know that human beings are not robots and we can't work around the clock. If we forgo adequate rest, our bodies would be overreaching where fatigue increases and performance suffers. Thus, we need to have more rest, listen to relaxing music or just have a cup of coffee when we feel tired from work, and I believe it will help us get tasks done more quickly and efficiently.

5. What sports do young people like to do now?

There are many popular youth sports nowadays. People, especially the younger generation are taking a liking to camp these days due to the covid–19 pandemic and the lockdown restriction. On top of that, youngsters are also interested in playing tennis, soccer, and basketball, you just name it, and as for that thrill–seeker, extreme sports such as bungee jumping, sky diving, and skating are quite fascinating. By the way, aerobics like jogging and practicing yoga are quite popular among young people as well since these sports are easy to do, don't need any equipment, and are good for health, people can do it anytime anywhere.

6. Are there more activities for young people now than 20 years ago?

I think so. Two decades ago, living conditions are not as good as now and most people were still struggling to make money to scrape a living or supporting family. They seldom



have time or money for activities that entertain themselves. Plus, nowadays young people can not only enjoy indoor or outdoor activities, but they can also have fun online since the Internet is quite common now like watching TV or playing games. If they are not worried about money and time, they can even go traveling abroad, doing something like sightseeing, playing beach volleyball, diving or scuba diving, and so on.



Part 2 & Part 3 常去的熟人之家

Part 2 外婆在乡下的房子

Describe the home of someone you know well and that you often visit You should say:
Whose home it is
How often you go there
What it is like
And explain how you feel about the home

我觉得是我外婆在乡下的房子,因为我跟父母住在一起,所以只有在特殊的节日比如春节的时候 去,大概一年两次到三次。那是一栋砖房,前面有一个小花园,我奶奶在里面种了很多菜。我觉 得这可能是一种新奇的体验,因为我不怎么到乡下去。

I would probably say it's my grandma's cottage(田舍) in the country. Since I've been living with my parents in the city all these years, the chances are rare(机会少) that I get to visit her house, unless it's on a special occasion or festival, for example, Spring Festival or Mid-Autumn Festival, about twice in a year.

It is a house built of bricks(砖建起来的房子), with a small garden in the front, which is used for keeping rabbits and dogs. The interior decoration(内部装潢) is rather simple: the wallpaper is white and there isn't much furniture inside. I suppose it's probably because my grandma lives there alone.

In the very beginning, I found it irritating going there since we had to drive such a long-distance(长途开车) to finally reach the village she lives in, and sometimes I even got car sick(晕车). However, when I actually got there, my irritation was replaced by curiosity(被好奇代替). Since I hardly went to the countryside, everything was absolutely new to me. It's somewhere thoroughly different from the city, with wild and domesticated animals(驯养动物) everywhere. Walking on the road, I saw cows, sheep and even squirrels in the trees. My grandma would make us dinner using fully organic ingredients(有机食材), all grown by her. She was always overwhelmingly(难以想象的) happy whenever she saw me, I suppose it's probably because we didn't see each other often. And, as the years pass by, I think I now understand this sentiment, and the relationship between family members.

Part 3

1. What are the differences between buildings in the city and in the countryside?

In my opinion, there are various differences between buildings in the city and in the countryside. In the city, considering the limited land, the size of houses is always small. What's more, in order to improve the land utilization rate, buildings in cities, in particular in the metropolis, are always taller than buildings in the countryside. In contrast, the



countryside has less traffic and a smaller population, which means the living environment of those living in the countryside is always better. Surrounded by trees and flowers, residents can enjoy the rustic charm and picturesque scenery at home which allows them to have a peaceful mindset.

2. Do you prefer to live in the city or in the countryside?

Between the two options, my preference is the latter one. Firstly, the environment of the countryside is much more tranquil and serene. Especially when I am fidgety and grumpy, walking in the countryside allows me to escape from the hustle and bustle of city life. Besides, family activities like picnicking and barbecues are all available and accessible there which grants me the chance to enjoy each other's company. Without any doubt, the ties between family members can then be boosted. In conclusion, that's the reason why I am really into life in the countryside.

3. What safety risks are there in residential buildings in cities? Is it expensive to decorate a house or an apartment in the place where you live?

From my own perspective, people living in buildings in cities are likely to be exposed to many troubles. Considering that the crime rate is increasing in the cities and many buildings are not equipped with updated anti-theft systems such as security windows and anti-theft locks, many residential buildings are prone to theft or robberies. As far as I am concerned, it depends on different factors such as the economic situation of residents, their preferred decoration style, the size of the house, and so on. As a result, it really depends on the circumstances.

4. Is it expensive to decorate a house or an apartment in the place where you live?

Actually, when speaking of the cost of decoration, it depends on many factors such as the choice of furniture, tile, paint, cement, and even the structure of the house. However, to some extent, the location of the apartments has little influence on the decoration expenditure. If people use brand material to decorate, it is likely to be expensive, otherwise, I don't think so.



Part 2 & Part 3 新题: 感兴趣的历史时期(疑似新题)

Part 2 文艺复兴

Describe a historical period you would like to know more You should say:
When it happened
What you are interested in
What you have known
And explain why you would like to know more

文艺复兴是指发生在14世纪到16世纪的一场反映新兴资产阶级要求的欧洲思想文化运动。 文艺复兴之所以如此出名,与在这段时间所涌现的一批杰出的艺术家和艺术作品是分不开的。 我从小就很喜欢艺术,尤其是达芬奇的作品,所以才会从书里去了解这段知识。

The Renaissance was a European ideological and cultural movement(思想文化运动) that reflected the demands of the emerging bourgeoisie(新兴的资产阶级) from the fourteenth century to sixteenth century.

The Renaissance first started in various cities of Italy, and then expanded to Western Europe. It reached its peak(顶峰) in the sixteenth century and brought about a period of science and art revolution, which was the prelude(序幕) of modern European history. To be honest, it is regarded as the demarcation line(分界线) between medieval times(中古时代) and modern times. The Renaissance is one of the three major ideological emancipation movements(思想解放运动) in Western Europe.

From my perspective, the Renaissance is known well by us(著名) because of a number of prominent artists(杰出的艺术家), such as Michelangelo, Da Vinci and so on, and remarkable works of art(优秀的艺术作品) that emerged during this period. Their works, after hundreds of years, are still praised and spoken highly of(至今为人们所称道).

I was fond of(喜欢) art at an early age, especially the works of Da Vinci, and that's why I am so interested in this special historical period and learnt a lot about the period from related books.

Part 3

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1. Should everyone know history?

Yes, I believe we should all learn history. Firstly, we can have a better understanding of our culture, who we are, and where we come from. For example, students will be proud of their culture and civilization after learning about the glorious history of China's Tang Dynasty. It



will also be easier for them to comprehend the ancient poems written during the Tang Dynasty period. Moreover, we can learn lessons from the past, which will help us to thrive in the future. As the saying goes, we should regard history as a mirror. If we do, we can avoid the mistakes made in the past, be prepared for what will come next, and deal with problems when we encounter them.

2. In what ways can children learn history?

First and foremost, children can learn history in class. In China, history is one of the college entrance examination subjects. Many elementary and middle school students also select history as their electives to fulfill their interests in historical events, and the rise and fall of ancient empires. In addition, children also learn history from their parents and grandparents. During family gatherings or festivals, parents love talking about historical events with their children. Some grandparents may even have participated in a war when they were young, and they would like to share these unique experiences with their grandchildren. In this process, children acquire history knowledge very fast because listening to stories is more interesting than reading textbooks.

3. What are the differences between learning history from books and videos?

Compared with learning history from books, learning from videos is more interesting and it helps us to memorize information. Firstly, the video consists of images and sounds, which makes its content more intriguing and easy for children to learn. Children and teenagers are at an active stage in their lives, and it's hard for them to stay focused to read a book. However, watching videos is much more appealing. Students can memorize historical events more easily via video, because video tells a vivid story. Compared to video, books are kind of boring. Many students can't remember what they read in their history textbooks yesterday, but they can still talk about the TV drama of historical events they watched last week, because the images and sounds helped them.

4. Is it difficult to protect and preserve historic buildings?

Yes, I believe it's very challenging. One reason is that ancient buildings are very delicate and may easily crumble. Many historic buildings are fragile and not solid anymore. Natural disasters, like earthquakes and tornados can easily damage them. Historic buildings may also encounter problems created by humans. Real estate developers may long for this land to build mansions and apartments on, and they support tearing down the old buildings. Some people also think the government shouldn't spend lots of their taxes on some old buildings.

5. Who should be responsible for protecting historic buildings?

I think both the government and the public should take responsibility to protect historic buildings. Historic buildings represent historical events and have rich cultural meanings, they are valuable cultural heritages that should be passed on to the next generation. The government is the only body of people who can organize, and enforce, their protection and preservation, consisting of regular maintenance and repair. As they are public properties,



ancient buildings should be protected by every citizen. For example, visitors should behave responsibly when going sightseeing in historic buildings. They should not damage the walls of the buildings, and should not use camera flash when they take photos of ancient wall paintings.

6. Who should pay for the preservation of historic buildings?

The government should pay for the preservation of historic buildings. Why is that? By its very nature, ancient buildings are public property, which should be taken care of by the public authority. The government can collect money through tax revenue from citizens, and pool all money together to pay for this huge program. Without the government, no individual or company could take on the responsibility of protecting ancient buildings, because it's sure to be a destined loss. The maintenance and repair would cost a fortune, and it's hard to make a profit from it. Therefore, only the government should take on this responsibility.



Part 2 & Part 3 信息搜索

Part 2 撰写论文

Describe a time when you needed to search for information You should say:
What information you needed to search for
When you searched for it
Where you searched for it
And explain why you needed to search for it

大学期间,教授要求写一篇关于政治哲学的论文,为了写好这边论文,需要理解很多哲学家的思想。于是我决定去图书馆找一些哲学家的著作来寻找相关的信息。在阅读了很多的哲学家的著作后,我决定写关于公民不服从的文章。最终花了我很长时间完成,也获得了一个好成绩。

During my college years, I wrote a bunch of theses, among which there is one I will never forget, simply because I spent so much time and energy searching information for it.

In my junior year(大三), my professor of politics asked us to write a paper about political philosophy as the final assessment. Philosophers' thoughts are always so elusive(难以捉摸, 难以抓住) that it would have been very difficult to write a paper expressing my opinion without compiling sufficient knowledge and information. After sitting in front of the computer for three days to no avail(一筹莫展), I decided to search for some information to help. So, I went to the library as it had a series of philosophers' works. I borrowed several books like Rousseau's The Social Contract, Socrates' The Republic, plus many others. I fully committed myself to(全心投入) reading for about two weeks until I finally came up with a topic for my thesis, which was civil disobedience. Once I decided the title, I had to carry out even more reading, so much so, that I became a resident of the library, searching for different philosophers' ideas about civil disobedience. It took me 3 months to write the thesis and over half of that time was actually just searching for information. Actually, this was the most time–consuming assignment of my college life, but thanks to my hard work, I got a quite satisfying mark at the end of the semester.

Part 3

1. How can people search for information nowadays?

Well, usually people go online to search for information. The Internet offers all sorts of resources such as websites, blogs and forums. You can get information in many different forms including video, text or even voice. Most importantly, most information on the Internet is free, so it's a popular way for people to gather information. Apart from the Internet, some people like to read the local newspaper, where they are likely to find local news. Usually, it's senior citizens who prefer reading them.



2. What information can people get from television?

Television offers us a vast amount of information, for sure. For one, you get commercial ads. Most major manufacturers like to use television to promote their newest products, so by watching TV, the audience gets an idea of the new trends in this day and age. Also, there are different channels on TV, including news, series, documentaries and talk shows, so if you often watch TV, you are likely to receive basic information about all walks of life. It is a powerful tool for us to get new information.

3. Do you think libraries are still important in the digital age?

Personally, I think the function of libraries will never be replaced by the Internet. You see, it's true that the Internet is a great assistance to us. It helps us with study, work, entertainment and even relationships, so some people may falsely adopt the idea that books are no longer useful. But in fact, today's libraries are modern too! You can find paper books as well as digital resources in them. They not only work as a powerful resource of information, but provide us with a fantastic place to sit quietly and read. In that sense, libraries are still important.

4. Has the development of the Internet had any impact on disadvantaged people?

Absolutely. The Internet is becoming more and more powerful these days. It is more than just a tool for us to find information now. In fact, you can conduct business on it! It has improved people's living quality too, especially those who are disadvantaged. For example, instead of going to the bank, you can sit at home and do your banking nowadays. It offers such great convenience to those who are disabled. Besides, with more and more jobs moving online, disadvantaged people, who used to be jobless, can make a living and live a decent life now.



Part 2 & Part 3 新题: 科技产品 (疑似新题)

Part 2 洗碗机

Describe a piece of technology that you feel difficult to use You should say:
When you got it
What you got it for
How often you use it
And explain how you feel about it

我家有个洗碗机,我大概买了有三四年了。买的时候觉得洗碗机可以解放双手,也合理分配家务,所以特别兴奋,可是现在特别后悔,因为这个洗碗机非常难使用。理论上洗碗机应该是每顿饭,或者是每天晚上使用的,可是洗碗机配套的清洁用品挺贵的,再加上不一定每天都能攒那么多脏碗,所以我大概两到三天用一次。但是这样带来的问题就是洗碗机会变臭,可是每天使用又不划算,还有大一点的锅以及木制的餐具都没法放进去。所以我现在觉得这个产品挺无用的。

I have a dishwasher at home, and I've had it for about three or four years. When I bought it, I felt that it could free my hands, distributing the housework more reasonably (合理分配 家务) and reducing the burden on(减轻...的负担) me to do it all myself, so I was very excited. But now I regret it very much because this particular dishwasher is very difficult to use.

Theoretically, it should be used for every meal, or put on every night, to ensure(这样可以确保) that the dirty dishes inside will not breed bacteria (滋生细菌). However, the tablets for the dishwasher are very expensive. In addition, once a wash is started, it takes two to three hours to finish, so the cost of washing the dishes is quite high.

I'm busy with work, so I don't eat at home at noon, and sometimes I just eat a bowl of instant noodles(方便面) at night. As a result, I use my dishwasher every two to three days. But the problem with this is that the dishwasher starts to stink because the dirty dishes sit and ferment (发酵) inside, which I think is really unhygienic. But it's not cost-effective to use it every day, so it stresses me out. Another problem with it is that larger pots and wooden tableware(餐具) can't be put in, so, in addition to using the dishwasher, sometimes I have to wash the large pots and wooden tableware by hand. It makes me feel that it was useless to spend so much money on buying such a large machine that takes up a lot of space(占据了很多空间) and doesn't make my life easier.

So now I'm left wondering if I should throw it out.

Part 3

1. What technology do people currently use?



Definitely a mobile phone. One cannot go out on a street without a mobile phone. Nowadays, everything is digitalized and people cannot live without a device to connect to the internet. People use a phone to pay, communicate. We have all kinds of applications on mobile phones to enable that. When you get on public transport, you pay with the digital transportation card on your phone. You pay with the online payment application when you are in a shopping mall. And when you wanna talk with someone, you type in information on applications like WeChat and Whatsapp.

2. Why do big companies introduce new products frequently?

Firstly, they are business companies, so they have their commercial purpose, which is to make money as much as possible, so they invent and introduce new products frequently for people to purchase. Secondly, it is a competitive market nowadays, so to catch up with their competitors, companies have to keep up and have their products up to date. Thirdly, I think technology companies especially, want to make progress and improve consumers' life quality, so they keep on inventing new things.

3. Why are people so keen on buying iPhones even though they haven't changed much from one to the next?

That's because Apple is doing great in its brand marketing. It creates an image that a new iPhone is the coolest and the most edge-cutting product, and whoever has it is a cool person who is leading the trend and enjoying the highest technology product. So naturally, people will follow the trend and buy a new iPhone.

Besides, iPhone improves its camera, system, and applications every time, so people can actually have some new technology things to explore. And sometimes, it can also come out in different colors, and that's another reason why people would like to purchase it.

4. Why do technology companies keep upgrading their products?

Firstly, they keep upgrading their products to draw in new customers and make a profit. For example, Apple upgrades its cell phone every year to make sure they consistently earn money from consumers. Secondly, they launch new functions which are aimed at people's current needs. For example, after the breakout of COVID-19, almost all map software in China was upgraded with a new function to help people find the nearest nucleic acid testing booth because everyone needs this service, there is a huge demand for it. Lastly, they solve bugs found in the previous version of their product. Many software companies upgrade their software because they identify bugs and want to fix them.

5. What changes has the development of technology brought about in our lives?

There are too many changes brought to our lives by technology. It can be said that many technologies have far-reaching effects. Take the internet as an example. Before the internet, it was impossible to think about communicating with someone in another country. At that time, people spend much time writing letters or sending out telegrams to convey their messages. Now, with the internet, you can get access to anything that happened across the globe. People are truly becoming closer and closer thanks to the internet.



Moreover, the invention of the internet creates many more jobs which helps more people make a living. Many people work remotely in their own homes, which saves much time and energy.

6. Does the development of technology affect the way we study? How?

Yes, of course. I believe the development of technology significantly changes the way we study. Firstly, we turn to computers and tablets, or even cell phones to make notes, instead of notebooks. With the development of technology, more and more people equip themselves with smartphones and laptops, to access study information. They are getting used to taking network classes and uploading their notes to their blogs. Secondly, it makes people lazy, more reluctant to organize their own thoughts and discover new ideas. Why is that? Nowadays, you can find notes on any subject for any grade on the internet. Everything is already organized for you. You just have to download them, without having to research yourself.



Part 2 & Part 3 漂亮物品

Part 2 妈妈做的裙子

Describe an object that you think is beautiful You should say:
What it is
Where you saw it
What it looks like
And explain why you think it is beautiful

我妈妈喜欢裁缝活,我12岁生日那年,她给我做了一件裙子,超级漂亮,我至今还保留在衣柜里。裙子是纯棉的布料,米白色的,上面有许多向日葵小花。这种花形非常经典,即便现在还有很多裙子是用的这种花形。妈妈在裙摆地方上了一圈蕾丝花边,腰间有一个腰带。裙子的前面还有两个大口袋。我觉得这个裙子的每一个细节都很美。

I'm going to talk about a pretty dress my mother made for my 12th birthday, almost ten years ago. Of course, it doesn't fit me anymore. But I still keep it in my closet.

Well, my mother has always been interested in tailoring. It's where her passion lies. As far as I can remember, she spent most of her spare time sitting in front of the sewing machine(缝纫机) when I was a kid. Even as an amateur(业余裁缝), she often did such a great job making clothes! I mean, she's just so creative! She has a sharp eye for fashion. The dress she designed and made for me had a classic style. What I think is the most beautiful part is definitely the design! I tell you, classic designs are timeless!(经典设计永不过时).

The dress is made of 100% cotton. It's beige(米白色)), with lots of small sunflowers printed here and there. The flower pattern is a classic, that is still printed on a lot of garments today, including designs by brands like Uniqlo and H&M. But the highlight of the dress is the white lace circled round the skirt. I think the lace is a really clever design idea(我觉得蕾丝边是个设计加分项, it instantly makes the dress look more expensive. To finish off the look, the dress has a belt around its waist. I think the beauty of this dress lies in the details.

Part 3

1. Do you think there are more beautiful things now than in the past? Why or Why not?

I think there were more beautiful things in the past because the environment back then was more alive, moving, and reproductive. Nowadays, industrialization has led to dramatic habitat destruction in China. Forests are cut down for their lumber, and ecosystems are destroyed to create roads, strip mines, and gravel pits. Destroying these habitats upsets local ecosystems and leads to plant and animal extinction as many species are unable to



relocate or adapt to their new surroundings. As a result, I feel that nature now is more or less deprived of its vibrancy and beauty.

2. What beautiful scenery spots are there in your country?

One of China's most renowned beautiful scenery spots is Guilin city. Situated in Southern China, Guilin is like a glittering pearl on a green carpet, the scenery there has been praised as the "top landscape in the world". It is renowned for its Karst landscape, exquisite mountains, wired caves, and especially the limpid Li River that runs from downtown to Yangshuo County. These things all mix together to form a giant elegant Chinese painting. In addition, the grand beauty of the rice fields in Longsheng County will make one's Guilin tour more unforgettable. Guilin is definitely ranked first on the most beautiful places in China list.

3. Where do you think people usually come into contact with beautiful things?

I think people usually come into contact with beautiful things in nature. Everywhere Nature is beautiful in one way or the other. The beauty of Nature has been a source of inspiration and delight to mankind. It is an endless source of joy. Dew drops on the green grass look like pearls. Sunrise is a lovely scene of Nature. The chirping of birds in trees has special music of its own. In Spring, Nature is at her best. Blooming flowers of different hues fill the air with fragrance. The beauty of Nature soothes our eyes, gladdens our hearts and ennobles our souls.

4. Why do you think people create beautiful things?

I think people desire to create beautiful things because when we create beautiful things or witness beautiful things, we feel deep joy, invigorated power, hope, and a renewed optimism for life. Generally speaking, what we perceive as 'ugly' depresses us. Nietzsche's notion of why people travel abroad to Italy, create epic homes, and make gardens is to try to remove all forms of ugliness from their eyes. Of course, beauty is in the eye of the beholder, so our goal isn't to make everything beautiful for the masses and to please everybody. No — instead the goal is to create beautiful artworks which look beautiful to us — beautiful artworks which bring us deep pleasure and joy!



Part 2 & Part 3 新题: 投诉 (确认新题)

Part 2 投诉电商商家

Describe a complaint that you were satisfied with the result.
You should say:
Who you complained to
What you complained about
When it happened
And explain why you were satisfied with the result

上个月的时候,我在网上买了一本书,当我去拆包裹的时候发现是个空包裹,我询问店里的客服,客服回复说去问下仓库那边,过了一个小时还没回我,当时我就很着急,那本书我是用来准备考试的,所以我就向平台投诉了这件事,店家用顺丰给我补发一本,1天就收到了。

I'm gonna talk about an online complaint that I made about an online shop. It happened only last month. I ordered a book online and normally the delivery in China takes two to three days. So I was expecting it to come in three days. But I waited for about a week for the delivery to arrive! And guess what? When it did arrive, it was empty! Can you believe it? I needed that book urgently. It was a crucial reference book to an exam (它是我考试的一个重要参考书) that I was going to take in a week. So I got really upset with the whole thing.

Then, I checked with the online sales assistants to see if they could do something about it, but the sales assistant was so arrogant!(客服特别傲慢) She left a message asking me to wait a moment. I didn't realize by a moment, she meant an hour! I kept messaging her asking what's going on. No response! Finally I decided to take it to the website service center(最终我不得不要求网站客服介入). The website staff took it seriously and contacted the shop right away. About ten minutes later I got a phone call from the online shop apologizing for their mistakes, and they promised to send me another book, using the fastest delivery service in the country. And they would pay for the delivery fee.

Well, that was really the best solution at the time, I suppose. So I accepted their offer. The book arrived just the next day! Overall, it didn't delay me too much.

Part 3

1. When are people more likely to make complaints?

People make complaints in different situations when they feel like they are unsatisfied with things like service or products. For example, when they go to a popular restaurant that they always want to go. But as they arrived at the restaurant, they found that no waiters wait on them, the environment was terrible and then they wait for a long time and finally got a table, the food was a nightmare. Under such circumstances, I mean poor service, terrible food, and bad dining experience would irritate customers undoubtedly, and it is



hardly surprising if they make a complaint to the restaurant.

2. What do people often complain about?

As I just said, most people often complain about the poor service and poor attitude from someone like a waiter in a restaurant or the owner of a shop, or low-quality products they bought. This is quite understandable since people pay a lot of money so they should enjoy the same service as well. If the service and products do not match the money they spend, they have a reason to make a complaint and ask for recompense. But some people are just grumpy and they get angry for things not happening as they expected, then they just complain about it.

3. Which one is better when making a complaint, by talking or by writing?

It depends. As far as I am concerned, minor complaints are best communicated in person or on the phone, talking directly to the one concerned, so we can make what we want to say fast and clear, and more importantly, we can get a quick response with a quick solution. However, as for more serious things like claims, writing or making complaints by email are delivered as formal letters to lay down a paper trail in case they need to be used as evidence in a lawsuit. Plus, sometimes, what we write can be helpful records for future use and getting recompense.

4. Who are more likely to make complaints, older people or younger people?

I believe younger people are more likely to make complaints than older people. The youngsters are more clear about how to use complaints to protect their legitimate rights as well as interest. When they are unsatisfied with the product they bought or the service they received, they would definitely make a complaint about it and ask for a refund or compensation. However, older people are more mature and conservative and tend to deal with things in a gentle way. To them, it's quite embarrassing to have a fight with someone else just for poor service or waiting for a long time.

5. How would you react if you received a poor service at a restaurant?

I'm not a person who easily loses my temper, so when I received terrible service, I would tell the waiter or waitress who waits on me. If he or she can realize the problem and apologize to me, I would just let it go and still enjoy my meal. But if they ignore me and do nothing about it, I would ask to see their manager and then make a complaint. Since I pay money for the food and the service, then there is nothing wrong to enjoy commensurate service. So this is something I guess I would do if I received bad service in a restaurant.

6. How do people often respond to poor customer service?

Most people would be irritated and then make a complaint about it I guess. Since poor customer service is really terrible and can easily ruin my day. Complaints at least are the most direct and quick way to deal with this issue. On top of that, some people would lose their temper and ask to see the manager and ask for a refund or compensation. Plus, nowadays, the Internet plays an important role in cyber surveillance, some people would



choose to take a video and post it online so that millions of Internet users can see how terrible the service is so that they won't choose to go to the shop or restaurant later.



Part 2 & Part 3 糟糕购物

Part 2 预售衣服却无法发货

Describe a problem you had while shopping online or in a store You should say:
When it happened
What you bought
What problem you had
And explain how you felt about the experience

我想分享一次我在线上购买衣服的经历。

去年我在线上一家人气很高的原创设计师品牌店里购买了衣服。这家店的衣服都采取分批预售的方式。尽管对这种销售模式有颇多不满,但经不住被款式吸引我还是购买了一件预售15天的衣服。 然而一个月后店家告诉我这件衣服由于面料不足无法制作,因此要求我退款。这令我感到十分生 气,感觉自己白费了功夫。对此店家也没有任何赔偿,这次经验让我再也不想买预售的衣服了。

I would like to share a bad experience I had when buying clothes online.

Last year I bought clothes online from a popular designer brand store. Since the store is not sure about the number of orders they are going to receive, they do not hold a stock of any items, and only order from the supplier in quantities of high numbers, this means they have to wait until they have enough purchases to warrant the order. This has resulted in customers having to wait, up to a month, for some products after they have made their payment.

Although I didn't like this sales model, I couldn't resist placing an order for a unique dress that had caught my eye. When I placed the order and made the payment successfully, I was told it would take 15 working days for it to arrive, yet a month later my dress still hadn't been delivered. I decided to contact the customer service department for advice. However, I was informed that the dress could not be sold due to the lack of fabric, which sounded absurd(听上去荒谬) to me.

I felt like it was such a waste of time, I had been charged in advance and waited all this time for nothing.

Although I got my money refunded, there was no extra compensation from the store for the inconvenience. I think this is a common occurrence for them. This experience has put me off buying from this store in the future.

Part 3

1. What kind of customer service do you think is good?



Well, I think the core of good service is doing what you can to go above and beyond to ensure customers are happy and feel special. By that definition, we should always put the customers first. Their needs and wants should be the business's number one priority. For example, if you run a shop, you should have your staff available for customer questions and respond promptly, even if it's negative feedback. Customers should never feel neglected or disrespected. That's the secret to having them keep coming back. And the business will be able to build a good name on top of the quality service they provide.

2. What are the differences between shopping online and in-store?

The main difference between online shopping and traditional shopping is that online shopping is very convenient as you can shop anytime, anywhere while traditional shopping can be time-consuming, but allows you to actually see and touch the products you are buying. Another difference is the risk between shopping at stores and shopping online. The risk of shopping at stores is less than that of shopping online. You get to see the products in person so that you are unlikely to be disappointed by the products that you've purchased. People who have purchased a product on the Internet may be more likely to be disappointed with their purchase.

3. What problems do customers often have while shopping?

The most common problem faced by customers in online shopping is that there is no guarantee of a product's quality. With most e-commerce websites acting as aggregators for sellers to sell their products, more fraudulent sellers are registering on these websites and selling low-quality or faux products in the place of original and branded products. Another problem faced in online shopping is issues with delivery and logistics. Products are often lost or damaged while in transit. Besides, transportation could be slow due to weather or road issues. This can make the customers feel insecure when shopping online.

4. What do you think customers should do when there are problems with the products bought online?

Well, it depends on what kind of problems you are facing. If you've bought products of poor quality, you can just arrange a return on the company website. In the case of logistic issues, such as not getting your delivery on time you could use the order tracking system or maybe make a phone call to the delivery company to check what's gone wrong. However, sometimes, you have to deal with unscrupulous shop owners who are only after money and provide poor service to you. In these circumstances, you could contact the website management team, and ask for their help to solve the dispute.



Part 2 & Part 3 新题:居住地发展(疑似新题)

Part 2 电影院

Describe a new development in the area where you live (e.g.shopping mall, park...)
You should say:
What the development is
When/where you noticed it
How long it took to complete it
And explain how you feel about it

提到新开发的项目这个话题,我想分享一下我们家附近新开的一家电影院。这家电影院的规模并不大,也没有什么先进的IMAX技术,但这家电影院的特别之处在于它是一家由政府出资建设的公益电影院。因为它的门面并不大,所以我也是最近在和朋友探索我们这附近的街区时才注意到它,尽管它已经运营了三个多月了。我觉得这座电影院的存在非常有意义,丰富了周边需要人群的精神文化生活。

Speaking of new developments, I'd like to share about a new movie theater that opened near our home. This cinema is not very large, nor does it have any advanced IMAX technology, but what makes it special is that it's a government-funded public-interest cinema.

Because it doesn't have a big frontage, I only recently noticed it while exploring our neighborhood with friends, even though it has been operating for more than three months. My grandma said it took about six months to build, and that both the elderly and children from the neighborhood like to go there to watch movies in their free time. It offers discounted tickets for both the elderly and children you see, and often shows free revolutionary movies to promote patriotic education. Moreover, it's equipped with a special movie room for the blind. I think you may have the same question as me, how can blind people watch movies? To understand, I paid a visit to the special movie room for them.

It wasn't a big room, less than 100 square meters I'd say, with an ordinary projector hanging from the ceiling. There were three volunteers standing next to the screen, staring at the screen and holding a microphone, describing the content of the movie for the visually impaired audience. What a good idea! I think the existence of this cinema is very meaningful and enriches the cultural life of people with special needs in the neighborhood, which can only be a good thing.

Part 3

1. What transportation do you use the most?

Personally speaking, I prefer the subway. First of all, it's punctual. Today's traffic is always heavy, especially in the city, resulting in delays. Secondly, taking the subway is economical.



I am not rich, I can't afford to take taxis to school every day. I need to save every penny I earn. Most importantly, it is convenient for me to take the subway, as it only takes me a few steps to get to the nearest station. As a result, I tend to take the subway most often.

2. Is public transportation popular in China?

As far as I am concerned, the answer is yes. First of all, it is punctual and fast. People often waste a lot of time caught up in traffic congestion, this is why taking public transportation is becoming increasingly popular. Secondly, due to people living in a high-consumption society, it is much more cost-effective to choose to travel by public transport. Consequently, this makes public transport very popular in China.

3. What can be improved in public transport services?

From my point of view, many things can be improved. First, more vehicles should be introduced. As more and more people choose public transportation, many of them complain about its comfort, as it becomes very crowded, especially during peak hours. Secondly, more stations should be built, especially in some rural villages. It is worth noting that even in some third–tier cities in China, there are no subway stations. It is conceivable, that if more stations were built, people's daily lives would be much more convenient and time–saving.

4. What leisure facilities can be used by people of all ages?

Personally speaking, I think television is suitable for people of all ages. First, with the help of television, people have the ability to watch exciting football matches together at home, which is an ideal way to let off steam and improve relationships. Secondly, considering the restrictions of Covid–19, when people were grounded at home. By watching their favorite program, they could fill in their lockdown time in an interesting way, otherwise, people could have felt bored and isolated.

5. Do you think young people in your country like to go to the cinema?

In my opinion, I think young people do like to go to the cinema. Watching movies gives them the chance to chill out, especially considering that they are now living in a fast–paced and increasingly competitive society. If they don't go to the cinema, they might get bored sitting doing nothing at home. Many people enjoy watching movies on the big screen with their friends. When chatting with friends about the plot of the movie, their bond strengthens making the experience even better.

6. How is the subway system developing in your country?

Oh, wow. The subway system is developing fast in China! The government has invested tons of money in building the public subway system, because the major cities in China are facing severe traffic problems. People's income is getting higher and higher, and these days most people can easily afford private vehicles. So the roads have become incredibly busy. It takes ages to travel from home to work in some big cities, like Beijing or Shanghai. The best way to solve this is to provide a convenient and reliable public transport system.



In metropolitan cities, the underground traveling system is the most economical and practical solution. Nowadays you can find a subway system in almost every big city.



Part 2 & Part 3 印象深刻的英语课

Part 2 口语课

Describe an impressive English lesson you had and enjoyed You should say:
What it was about
When you had it
What the teacher did
And why you enjoyed the lesson

我最喜欢的一节英语课是我大三在一家英语培训机构上的口语课。老师搬了一台摄像机来给大家上课,然后一个个点名,随机提出问题,这节课让我印象深刻,它让我意识到口语练习可能发生在更随机的情况下,我需要增强自己的快速反应能力。

When it comes to this topic, my favourite English lesson comes to my mind. It was an oral lesson I had in an English training institution when I was a junior.

I can still remember what went on in that special class. The moment our teacher took out a camera, we were all pleasantly surprised (十分惊讶). We looked at each other and didn't know what to expect. Mr Smith then took attendance and posed his question to us one by one. We all had only thirty seconds to get prepared before he recorded a video of each of us giving our answer. It was a little stressful as we knew we'd be on tape, it felt almost like sitting in front of a row of judges or something.

After the recordings were finished, we got to watch them and find out how we performed on camera. Each of us couldn't help (情不自禁) but laugh while watching our own video. It was quite a unique experience. It was obvious that some of us spoke too fast due to nerves, while others were speechless for a few seconds and then were overcome with embarrassment (陷入尴尬).

This lesson impressed me a lot. Before it, I'd write down sentences and memorise all of them before our English-speaking lessons. It seemed that I was able to speak fluently and accurately, but it was actually just something I'd prepared. However, this class made me realise that I needed to be prepared for more random situations (更随机的情况下) and in order to improve my oral English, it was better to practice quick responses to unexpected questions. I found that speaking in front of a camera and then watching it back again, is a great way to practice this skill.

Part 3

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1. Why do people learn foreign languages?

There are a host of reasons. Some people do it as part of their education path, while some



people do it for work. Still more people do it just as a hobby. For example, as students, we study English in school in order to get into a better university in the college entrance examination, or to study abroad. Some people need to work with foreign companies, such as companies in Britain, France or Germany, then they will learn English, French or German for work reasons. Some are learning languages purely as a hobby. For example, many of my friends like Korea and Japan, so they are learning Korean and Japanese by themselves or by taking classes outside.

2. What makes a good foreign language teacher?

I think a good foreign language teacher needs to be able to arouse the interest of their students. Many language teachers are helping their students' study language as part of a professional course, or for an academic exam. A good teacher would ensure that students do not merely study for exams, but instill a love of that language in their students. I think this is the most difficult element, because most foreign language teachers are only trying to get students to get a higher score in the exam, but these students may not be able to communicate with the locals after they go abroad. Only when a good teacher has mobilized students' enthusiasm for learning will they truly appreciate a language and learn the culture behind it, rather than just studying for an exam.

3. Do you think grammar is important when learning foreign languages?

I think it depends on what your purpose of learning the language is. Grammar is very important if the purpose of the study is for exams. An essay with lots of grammatical errors will not get a high score in the test, and it will be difficult to get the reading questions right if you don't understand grammar. However, if the purpose of learning is to communicate, I don't think grammar will play an important role. People learn from mistakes. Grammar doesn't play a big role in daily communication. Even if the wrong grammar is used, the other party can understand the meaning of the words. If you are afraid to speak up because you are afraid of grammatical mistakes, it is a real loss.

4. Is it interesting to be a foreign language teacher? Why or why not?

I think it is interesting to be a foreign language teacher. First of all, knowing a foreign language is a very interesting thing. Foreign language teachers can watch foreign films without any barriers, read foreign newspapers and periodicals, and communicate with foreigners without language barriers. In the eyes of students like me, these are really amazing skills. Second, teaching is also a fun job. Most foreign language teachers come into contact with young people, which can help keep them young at heart. So I think being a foreign language teacher is a very interesting profession.



Part 2 & Part 3 新题: 收到想要礼物(疑似新题)

Part 2 空气炸锅

Describe a gift you got
You should say:
What it was
When you received it
Who gave it to you
And explain why you wanted it so much

去年冬天我妈妈给我买了我一直想要的空气炸锅。我一直很想要一个空气炸锅,因为这是一个可以快速做饭又可以让饮食很健康的工具。因为我一直在控制饮食,我在网上看到很多食谱都是用空气炸锅做的,就很想要,但因为比较贵,就没有买。没想到妈妈买给了我,我感到很高兴。

My family has bought me a lot of things, but they are often things I don't need. However, last winter my mother bought me an item that I particularly (特别地, 尤其地) needed.; an air fryer.

At that time, I wanted an air fryer because it is a tool that can save time when cooking and make healthy food, as I was aware that unlike other cooking methods (烹饪方式), you do not need any oil in an air fryer. Also, it doesn't take any time to pre-heat like an oven does. I have always wanted to keep my diet healthy and clean, and I saw on social media that with an air fryer, you can cook a rich variety of food (种类繁多的食物). However, I didn't buy one because they were above my budget (超出我的预算). One day, when I was resting at home, my mom came back with a giant box. She asked me to go over and give her a hand. As soon as I took over the box, I saw the words on it saying "Air Fryer"! I was thrilled (激动的) and opened the box. Then I saw a brand-new air fryer lying inside! I asked my mom why she had gotten it and said she saw that I had been looking at recipes with an air fryer for a long time and she thought it would be a good investment for not just me but the whole family, so she got the latest model (最新版). For the whole winter, I was learning to cook different things with it, and I think I have made good use of it.

Part 3

1. Should employees have their own goals?

Yes, I think they should. Humans are creative beings, they like to dream. Research has proven that autonomy increases the level of happiness. If employees are set goals that have nothing to do with them, they will lose motivation and feel bad about work. Hence, employees should have their own goals. It is ok to have a work–connected goal or not, the point is that the employee should have ownership and be passionate about it.

In my personal view, goal setting is a way to take a step back from everyday tasks and evaluate if everything that you do is actually worth doing, does it create value for the



organization, and does it help to reach the organization's long-term goals. The process will help you to optimize your work as well as be a better person.

2. How should bosses reward employees?

Rewarding employees when they do a great job, or when company goals are met makes them feel appreciated and important. Employees are more likely to be happier in a positive work environment and produce better work. I have several ideas about rewarding employees effectively.

First, bosses could let employees work from home. If they are getting the work done, it shouldn't matter where they are doing it from. Offer this option on a Monday or Friday that way they are able to relax over the weekend and concentrate hard for the rest of the week in the office. Second, let them leave early or come in late. A flexible schedule leads to higher productivity. Third, send out gift cards. Giving these to employees to celebrate personal successes, birthdays, employment anniversaries, or simply stepping up to the plate in a great time of need, this is a very personal way to say thank you.

3. What kinds of gifts do young people like to receive as rewards?

As one of the young people myself, I would say that I am really picky about gifts as rewards. From my perspective, I hold that good gifts do boost the overall productivity and output of the organization but bad gifts will backfire. For example, I hate to be rewarded with a team trip. Because I do not want to spend my precious leisure time with colleagues and my boss.

However, some gifts are applauded by young people. First, more time off. The cheapest but most effective gift is to let young employees have more time to relax. Second, salary increments. This one needs no explanation. Third, sponsor educational programs for young employees. Rewarding employees by investing in their future, particularly in their professional and personal development, can be very beneficial to the organization as well as to the employee himself.

4. How should children spend their allowance money?

Well, one of the main benefits of paying kids an allowance is that it can help them to gain firsthand experience with making and managing money. But most children would spend their pocket money on outings with friends and digital devices. And in fact, some children even throw their money into computer games, to buy game equipment. So it's important for parents to guide their children to spend money wisely. For example, parents can help children make a financial plan. Children should learn to separate items that they need and items that they want. They must recognize the difference between 'need' and 'want'.

5. Why do people like shopping more now than in the past?

I think online shopping contributes a lot to people's frequent shopping nowadays. You could do online shopping anytime, anywhere. All you need is a phone connected to the Internet! While shopping is so easy, of course, people do it more frequently. However, in the past, you had to go to a physical store for shopping. And in most places, shops were



only set up in the city. If you live in the village, you may not be able to travel to the city very often, which made shopping difficult. Another reason is that people work under heavy pressure nowadays, and shopping can be a great way for them to relax.

6. Do you think shopping is good for a country's economy?

Of course, shopping helps improve a country's economy. What we buy is counted as consumption and it directly adds to the GDP of our country. And GDP is the metric of the size of the economy. In another word, the economy is majorly based on consumption. If we don't do shopping, the factories and companies would not be able to pay their employees or expand their business. Money flow would be cut off. Then the consequence, of course, is that people would lose jobs. Society would have to face conflicts and chaos, or even revolutions. The economy would stagnate. This would be a disaster for the country.



Part 2 & Part 3 有趣小说/故事

Part 2 小王子

Describe a story or novel you have read that you found interesting You should say:
When you read it
What it was about
Who wrote it
And explain why it was interesting

我觉得《小王子》的故事非常有趣。这本书由圣·埃克苏佩里所写,讲述了来自b612星球的小王子宇宙旅行的故事。我印象深刻的是,小王子的故事开始于一幅画。读这本书时我18岁,第一次离开家离开父母去外地上大学,开始接受自己真正的成为了一名大人。这时候读《小王子》,发现他见尽人生百态,仍然能够保存童心,勇于信任人,并对天地万物有一份温柔的感受和温厚的感情。我认为这本书很有趣也正是因为这本书在我受挫的刚独立的时候给了我力量,提醒我做一个不忘初心的大人。

I find the novel The Little Prince very interesting. The book, written by Saint Exupery, tells the story of a little prince from planet B612 who travels through space. The author said that "The Little Prince" is a book written for a child who has become an adult. What impressed me most was that the story began with a painting. When the author dreamed of being an artist in his childhood, he drew a painting like a hat and asked adults if they were afraid of it. The grown—ups said there was nothing to be afraid of, but the author replied by explaining that it was not a hat but a snake that devours(吞) elephants. This time the adults understood, but they began to suggest that the author should not draw snakes but learn more literature, maths, geography, and so on. This is the world of grown—ups, always needing to explain and always advising others how they should behave, instead of looking at people and things with appreciation (欣赏).

I first read this book when I was 18 when I left home for the first time and when I was away from my parents at college, beginning to accept myself as an adult. After reading it, I found that the little prince had seen everything in life, but he was still able to preserve his childlike innocence (保存童心), still had the courage to trust people, and still had a gentle and warm feeling for everything in the world. I think this book is interesting because it gave me strength when I was frustrated and reminded me to be an adult while also not forgetting how I started out(不忘初心).

Part 3

1. How does technology help people tell stories?

Technology can help us tell stories in many ways. For example, through computer modeling, people can create a visual experience of Hollywood sci-fi blockbusters, allowing



the audience to better experience the scenes in the story, and even restore various magical characters and scenery in the story that cannot be found on earth. Almost every type of film and video now relies on various technological software for editing, the purpose is to better explain the whole story and make the audience more involved in it. I heard that scientists are working on a new technology that allows people to smell and taste the food on the other side of the screen when they see the text, pictures or videos of the food.

2. Do you prefer to read e-books or printed books?

Personally, I prefer to read e-books. First of all, e-books are very convenient to carry. Traditional books are generally heavy and thick, especially some of the classics. This makes it very inconvenient to carry them around. Now I only need a Kindle, or just download a mobile phone software to read a large number of books, which is very convenient to carry around. Second, e-books are cheap, usually less than one-tenth the price of regular books. Sometimes when you run into a promotion, you can even get it for free. I think it's a good deal and also exposes me to a wider range of topics. So I prefer to read e-books.

3. Why are mystery novels so popular nowadays?

The content of mystery novels is mainly suspenseful and intended to bring readers a sense of "unbelievable" mystery. In particular, detective fiction is one of the most popular types of mystery fiction. I think the reason people like mystery novels is that they are generally very gripping. A large number of unanswered questions and plot twists add to the desire to uncover the mystery. Also, a lot of people have heard lots of weird stories in real life, but these stories often don't have a reasonable explanation. But the novel gives us the space to open our eyes, and imagining oneself as a detective in the novel is also a great experience.

4. What kinds of novels are suitable for a film adaptation?

As far as I am concerned, I think that movies adapted from romance novels will be the most popular with the public. Through the chemistry between the actors helped by the carefully selected background music, the audience can connect with the emotions of the protagonists and follow the character development. Another type of novel that can translate to the silver screen is sci-fi. Since movies have a stronger visual impact than novels, I think science fiction works well when transferred to movies as well. Take the movie Dune, which was a big hit a while ago, as an example, with the help of the complicated story setting and magnificent scenes, the movie allows the audience to have an immersive experience and a better understanding of the story itself.

5. What kinds of stories do children like?

I think children like different novel themes at different times of their development. Children go through different stages in their love of literature. At first they may just be interested in kids' books, but as they get older they may get into more sophisticated literature. Small kids generally like fairy tales, such as Grimm's fairy tales, Harry Potter, and other classics.



Junior high school and high school students may prefer youth novels, the content of which is mainly about love. As they get older some students may prefer to read classics, such as the works of Hugo or other great writers. So I think every child's preferences are different.



Part 2 & Part 3 新题: 嘈杂地 (疑似新题)

Part 2 火车站

Describe a noisy place you have been to You should say: What it is When you went there What you did there And explain why you feel it's a noisy place

我要描述的是我家乡的火车站,那是全国的一个交通枢纽。大约一个月之前,我去火车站接我的 朋友,上千的乘客、来往的火车,还有乘客的交谈声和他们的行李,这些都让火车站变得嘈杂无比。

Living in a rather densely populated(人口密集的) country like China, dealing with some kind of noise is a daily thing. Of course, some places can be noisier than others, and today, I would like to talk about a transport hub(交通枢纽), the train station in my hometown.

The train station was one of the biggest in my country. It could hold about 50 trains at any given time and be very easy for a person to get confused if he or she didn't know the proper platform number for the train. By the way, the train station also connects with the rest of the country.

Anyway, I had visited some other train stations that were full of noise several times in the past, but when I visited this station about a month ago in order to pick up one of my friends from another city, the noise was even more deafening, probably because there were some major schedule debacles.

Of course, the train station was already noisy enough with thousands of passengers, either arriving at the station or departing from(离开) it. On top of that(除此之外), the sounds of the moving trains made the noisy situation even worse. Then, there were also the sounds of the conversation of thousands of passengers along with their luggage-carrying trolleys.

When I was in the station, I felt like I was about to lose my hearing(失去听力). I even felt like shouting at the people and asking them to stop talking just for a minute, but I knew very well that it was not going to work because waving goodbye to their loved ones or meeting them with joy and happiness was more important to them at that point.

Part 3

1. Do you think it is good for children to make noise?

Well, personally, I think it's so impolite that children make noise. The noise makes the



environment unbearable for adults if you know what I mean. But having said that, for children, it's probably a good thing to be allowed to make noise. They are at the age to explore new things and react just the way they naturally would. For example, most children would scream at their top voice if they see something exciting, like beautiful fireworks in the sky. After all, we can't ask children to always behave by the rules.

2. Should children not be allowed to make noise under any circumstances?

Yes, definitely. Children are members of society, so they must learn to obey social rules. There can be exceptional occasions when children should be allowed to be themselves, but there are also certain circumstances where they should be taught to keep quiet. For example, if they are visiting an elderly patient with their parents, they should not make any noise that bothers the patient, but instead learn to create a quiet and nice environment for the elderly.

3. What kinds of noises are there in our life?

I divide noises into two groups: one is made by humans and the other is caused by machines. The former includes screaming and crying out of strong emotions. For example, there is a lot of noise in the stadium hall during the World Cup, because football fans are extremely excited to see their team score. Of course, when their team loses, they still make big noises out of grief. The latter one is made by machines, such as a loud hair dryer, an electric drill or a big hammer smashing on the wall while you are lying in on a Sunday morning.

4. Which is exposed to more noise, the city or the countryside?

I think there is more noise in the city. Compared with the countryside, the city has more sources of noise and less room for people living here. On the one hand, many people or machines may become a source of noise in the big city. For example, different vehicles always crowd the city streets during peak traffic, which cause disturbing noises and bothers city people's daily lives. On the other hand, the price of estate property in cities is much higher than that of the countryside. Therefore, people have to live in smaller apartments or even share an apartment with other people. Inevitably, more people cause more noise.

5. How do people usually respond to noises in your country?

When faced with noises around them, people tend to first feel anxious and angry, and then try to solve the problem or at least tone it down a little bit. Of course, no one in the world likes noises, so their immediate reaction would be to feel irritated. Then, people try to find where this noise is coming from, and find a way to deal with it. If the noise comes from people around them, such as loud talking or snoring, they will go up to them and try to negotiate. If the noise comes from a machine, like a broken air conditioner, they will fix it as soon as possible to solve the problem at the source of the noise.

6. How can people consider people's feelings when they're chatting in public?



In my opinion, people should have social etiquette and be polite in public places. They can improve in this regard from two perspectives. On one hand, they should constantly remind themselves that polite people should tone down their voices in a public place, such as a coffee house or a library. They should avoid dramatic expressions and body language and not disturb other people's conversations. On the other hand, they have the responsibility to correct their companion's behaviors when their partners behave badly. For example, if someone is chatting with his friend in a train carriage late at night, and his friend keeps talking loudly, the man should inform his friend of his bad behavior and make him stop doing it.



Part 2 & Part 3 决意等待

Part 2 等日出

Describe a time you made a decision to wait for something You should say:
When it happened
What you waited for
Why you made the decision to wait
And explain how you felt while waiting

疫情爆发前,我和男朋友一起去了峨眉山。早就听说峨眉山的日出是中国最美的日出,于是我和男朋友决定晚上去登顶,这样才能赶上早上看日出。可是我们没有经验,并不知道其实提前两个小时登山就可以了。我们半夜就上去了,坐在寒风里等了好几个小时,就为了看这著名的日出。终于,我们等到了日出,果然非常美,我一点也没后悔一整夜等待的决定。

In the summer before the outbreak of the pandemic(疫情爆发), my boyfriend and I went to Mount Emei in Sichuan.

I have long heard that(我早就听说) the sunrise on Mount Emei is the most beautiful sunrise in China. In order to see this wonderful view, my boyfriend and I decided to go to the summit at night so that we could catch the sunrise in the morning.

Before we went there, I remember hearing a great description of the mountain: "The sky before dawn is wonderful. Gradually, wisps of red clouds float on the horizon(地平线上飘起缕缕红霞), supporting two or three colorful clouds with golden rims(有金边的), and a glorious(美丽的) day was about to come. As the sun rises, the sky is full of morning glow. Mount Emei seems to be gradually covered with a golden cloak from head to toe(从头到脚)." After hearing these words describing the beauty of Emei, why should I not make the decision to wait?

Our hotel was halfway up the mountain(半山腰). In fact, we would only need to leave a couple of hours before sunrise, so there was no need to wait on the mountain all through the night, but we still decided to do it. We sat in the cold wind and waited for hours, inexperienced and not even dressed appropriately, just to wait for the famous sunrise, hoping it is worth what we had been through. Finally, we saw it and it was absolutely beautiful. What shocked me the most was that my boyfriend also proposed to me! Of course, I said yes and he is now my husband. I didn't regret the decision to wait all night!

Part 3

1. What do people in your country often do while waiting?

I think the most common thing Chinese people do while waiting is to play with their



phones. Some people will chat with their friends, while others will make phone calls to their family members. Other people may choose to browse the web or news, or use their mobile phones to play games. Before the popularity of mobile phones, like my grandparents' time, when waiting, they usually just chatted with the people next to them, or brought a book to read. There are almost no people chatting with strangers nowadays, or reading a book while waiting, because everyone is immersed in the world of their phones.

2. Why do some people like a slow-paced life?

I think it's because of character. Some people just like a quiet life and don't like being busy and getting their life rhythm disrupted. For example, many yoga masters in India live in uninhabited suburbs or even in the mountains. These people like the slow pace of life, and they think it's the only way they can listen to their inner voice. Others may find that a slow–paced life can bring them inner peace after a busy study or work. This allows them to get in touch with their true self. For example, many young people now choose to move from busy big cities to the slow–paced countryside to find inner peace.

3. Is being patient good for people? Why or why not?

I think it is important to be patient. First, we have to learn to be patient with others. People are equal in personality, but people are different in thinking and behavior, and patience is an indispensable quality to understanding and respecting others. Second, we have to learn to be patient with ourselves. For example, many people will wonder why they find themselves unable to learn things after starting work. In fact, it is not because things have become more complicated, or people have become stupid, but because they have lost the patience to learn.

4. Are people less patient now than people in the past? Why or why not?

I agree with this. I think the patience of modern people is indeed dwindling. I think the fundamental reason for this is that the pace of life has accelerated, and people have become hurried and impatient with others and themselves. For example, people used to spend half a day writing a love letter with a quill pen to their distant lover. But nowadays people don't have the patience to do these romantic things. A text message costs only thirty seconds, and a phone call costs only five minutes. Everyone's life is occupied by the busy rhythm of life, and the skill of patience has largely been lost.

5. Do people in your country like to take public transportation?

I think the vast majority of Chinese still choose to travel by public transport. First of all, the public transportation systems in large and small cities in China are very complete, and it is very convenient to use public transportation to travel. Whether it is to other cities or to the countryside, there are convenient and fast public transport links. Second, now that oil prices are soaring, many people feel that driving has become a burden. If there is no emergency or special needs, everyone would choose public transportation to save some money.



Part 2 & Part 3 新题: 想要一起学习/工作的人(疑似新题)

Part 2 lisa

Describe a person you have met who you want to work/study with You should say:
Who this person is
How you met this person
How long you have known him/her
And explain why you want to work/study with him/her

我特别想和我的一个同学Lisa将来一起工作。我们脾气很合得来,而且我发现她勤奋努力,善于思考。我们曾经合作完成过多项小组任务。我希望以后毕业找工作的时候,我们两个能找同一家公司,或者一起创业。相信我们的合作会让我们两个都收获颇丰。

I really want to work with my classmate Lisa one day. Lisa and I have been classmates for three years, but I only recently noticed that she can make a great study and work partner. We became teammates by random chance to complete some assignments.(我们在一次偶然的机会中成了一起完成作业的伙伴) She's easygoing, diligent, patient and most importantly, she always thinks out of the box. (她很有创意).

While we were teaming up to solve problems, she generated some creative ideas that enlightened me! Thanks to her, our assignments got great results and we both received positive feedback from the professor. In fact, since our first cooperation, I have been deliberately looking for opportunities to study with her. (自从第一次合作之后,我总在刻意找机会和她一起学习) She's so inspiring and I learned a great deal from her, both in the way of thinking and in the aspect of basic knowledge of our major.

In order to thank her, I offered multiple times to treat her to a nice dinner. But each time we dine out, she insisted that we go Dutch(但每次吃饭,她都要求我们AA). She made it clear that as a study partner, I didn't owe her anything. It was a reciprocal partnership for both of us(对我们双方来说是互惠伙伴关系). Wow, what a smart girl!

We will graduate next year. I hope to become co-workers with her. We could join the same company, or even start our own business as partners. I have already mentioned my thoughts to her once or twice, she seemed quite interested. Well, anyways, from my perspective, we could achieve a lot if we worked together.

Part 3

1. Why should children be kind to their classmates?



I think, generally speaking, people should be kind to everyone they meet since that would make everyone's life easier. So the first reason why children should be kind to their classmates is, this is what's supposed to be done. Imagine people you study with every day are rude and unfriendly, do you even want to go to the classroom? Another important reason is we don't want to see bullies happen in school right? No matter physical or mental. If children could be kind to their classmates who may have different opinions or different backgrounds, the school would be a nice place to study in.

2. Can children choose their deskmate?

I think yes. Choosing a deskmate is just like choosing a team member, a project partner, or a friend, which is an important task that children would learn how to do, maybe later in their lives. The important thing here is not, do children have the right to choose deskmates themselves or not. What truly matters is, we should let children know that we would need to work with all kinds of people in our lives. Sometimes we can choose who we want to work with but sometimes we can't. Sometimes our team members or partners are nice people to work with but sometimes they are not. The important thing is how to get along with different people, especially when they are those you have to spend a long time with.

3. What matters most about a colleague's personality?

For me, the most important personality traits of an ideal colleague include integrity and responsibility. I expect my colleagues to be honest so they don't mess up with facts, data or any other important things. I also expect my colleagues to be responsible so that every task can be delivered on time, with good quality, so we can nail the projects as an efficient team. Besides this, I would say curiosity or the willingness to learn new stuff is also a valued quality because it's impossible for people to know everything or be good at everything at work, but if they are willing to learn then things it will be much easier.

4. Are good colleagues important at work?

Yes. According to my experience, good colleagues are very important at work. For working people, a very large portion of their time in a day will be spent in the workplace with colleagues. Usually, we don't work in isolation; we work in a team. We finish a project with our colleagues; we communicate with them about details in a task; sometimes we need to solve problems together, and we chat with them during small breaks or lunchtime. Imagine if our colleagues were jerks who didn't do their work or weren't friendly, work would be torture. So good colleagues are important.

5. What kind of people are popular at work?

I guess responsible and kind people would be popular at work. We all want people we work with to be responsible so everything could stay on track, and we want them to be kind so communication could be easy and efficient. In other words, people who do their jobs perfectly and who are easy to get along with would be popular at work. Besides these, I guess smart and knowledgeable people would be popular too because they can make work easier. People with a great sense of humor would also be popular; fun people could make



work a more pleasant thing so we might like them as well.

6. Are knowledgeable people popular at work?

It depends. If they are arrogant and like bragging about things they know, I don't think they would be popular at work. Usually knowledgeable and modest people who don't show-off are popular. These people know a lot; so their knowledge can help their colleagues solve tricky problems. At the same time, they know that there's a lot out there that they don't know; they know there are people who are even more knowledgeable than they are so there's no reason not to be modest. These knowledgeable and nice people would usually be popular at work.



Part 2 & Part 3 激励你做有趣事情的人

Part 2 妈妈-徒步

Describe a person who inspired you to do something interesting You should say:
Who he/she is
How you know him/her
What interesting thing you did
And explain how he/she inspired you

我妈妈一直是一个徒步爱好者,每逢周末都要出去登山。最开始因为我年纪小,带着不方便。等我长大后,我妈周末都会强硬地带我出去爬山。最开始我心里有一万个不情愿,慢慢地等身体适应了,我也爱上了爬山。爬山真的是一件很有趣的事,不仅因为它能锻炼身体,还因为征服高山能带来成就感。

My mom loves climbing and hiking. She has a bunch of friends to go climbing and hiking with every week. When I was little, it was a bit inconvenient and dangerous to take me with her. But once I was at middle school, my mom would sign me up for hiking activities every weekend.

At first, I felt tired, and exhausted, and wanted to quit. But she inspired me to stick with it and focus on the views, and the scenery along the way. After a while, my body did get used to it.

Now, I can say climbing is the only sport that has kept me engaged(能坚持下来) for a long time. It requires a very high level of focus(精神高度集中). Your mind is on your body and the piece of wall you are on, and nothing else matters. For me, it's like a kind of meditation, it makes my mind go from work mode, where I'm trying to plan and juggle(同时应付多个任务) a dozen different things, to a Zen-like mode, where I concentrate on just one single thing.

Also, I realize every time I climb that life is beautiful and I just need to enjoy every moment of it. In climbing, I've also discovered that I'm healthy enough to overcome all the challenges along the trail, be it physical pain, cold or hot weather, lack of food or water, and so on.

Moreover, I've realized that in this life we are all just walking up the mountain and we can sing as we climb or we can complain about our sore feet(脚酸) and whichever we choose we've still got to do the hike. So I decided a long time ago that singing made a lot more sense.



Part 3

1. What qualities make someone a role model?

Self-reliance, self-confidence, hard work, tolerance, respect for others, honesty, courage, etc. are all qualities that role models should possess. The power of role models is inexhaustible. They inspire the people around them, to develop the same qualities. The advancement of society requires healthy and worthy role models to lead, and social development also requires role models to promote. Of course, it is unlikely that any individual will be in possession of all these qualities. After all, no one is perfect, but I think that as long as this person has some of these qualities, he can be a role model for everyone.

2. Why should children learn from role models?

Well, children are naturally fast learners. They observe adults and pick up their behaviors as well as language quickly. If they are surrounded by people who are ill-bred or have bad manners, they may end up behaving just like these people. That's why we should always try to encourage our children to be around those who have good qualities, such as being kind, easygoing, self-disciplined and generous. These people can make great role models for children. If children have the chance to learn from them, they are likely to become excellent grown-ups too!

3. Who can influence children more, teachers or parents?

Honestly, I think both teachers and parents can have a great influence on children. But if I have to compare them, I would say that parents probably have a greater effect on children's development. You see, parents are the first and most important people in a child's life. They taught their children how to speak, how to walk, and how to behave politely. So before going to school, children are actually already educated to a certain extent. Also, because parents provide their children with financial support, they can make a lot of decisions for their children while the teachers aren't able to.

4. What kind of international news inspires people?

Well, I like news that promotes innovative people and novel ideas, whether it's about technology or fashion design. For example, I especially like to watch news about the CEO of Tesla, Elon Musk. This guy is so smart and creative! He generates great ideas that can help improve our living standards, such as electric vehicles and space travel. Also, I like western music. So any news about the mainstream western music industry can inspire me! Music artists such as Taylor Swift, Lady Gaga and Miley Cyrus are not only creative in music, but also bold in real life! I get inspired by their news!



Part 2 & Part 3 新题:不喜欢的广告(疑似新题)

Part 2 网络刷单

Describe an advertisement you don't like
You should say:
Where and when you first saw it
What the advertisement was for
What you could see in the advertisement
And explain why you did not like the advertisement

这种广告很多,基本上每天都能在各种网络平台上看到,我都不记得我第一次是在哪里看到的了。这种广告主要是招聘网络刷单员的。这种广告主要是配一个在家里躺着,或者拿着手机大笑的人的图,然后说网络兼职刷单,只需要在家躺着,轻松日赚xxx元。我不喜欢这个广告是因为刷单本身就是违法行为,任何要求垫资的刷单都是诈骗。这种广告就不应该出现在我们的生活里,尤其是青少年的生活里。

There are many advertisements these days for click farming(网络刷单). Click farmers are an organized group of low-paid workers employed to click on particular parts of web pages, especially approval buttons on social media, as a way of making businesses seem popular. We can see them on various online platforms every single day, but I don't remember where or when I saw it for the first time.

Click farming adverts are mainly designed to recruit online farmers. They usually feature a person lying on their sofa or bed at home, playing with a mobile phone, or a person laughing while holding a mobile phone, with some money symbols next to it. Next to the picture, there is usually text saying "Click farming, just lie at home, and easily earn xxx Yuan a day" or "Online part—time job, no need for any investment, just a mobile phone, easy to earn xxx Yuan a day". The content of these adverts is usually very simple and straightforward, mainly relying on the amount of money that can be made to attract young people, especially ones who are a little naïve.

What I don't like about these adverts is that click farming itself is illegal. In fact, any click farm that asks for money is for sure a scam(诈骗). When we see these kind of adverts, we should immediately report the contact information to the police. I think they should not appear in our lives, especially the lives of teenagers, because they don't know enough about society, and they can easily fall into the trap of(掉入…的陷阱) click farming online.

Part 3

1. What are the most advertised products in your country?

I think most advertisements in China are about cosmetics. Firstly, the market of cosmetics is highly competitive and has a large number of consumers. There are thousands of brands



in China, sparing no effort to develop new products and sell their products. Therefore, they need to consistently create different ads to promote sales. Secondly, advertisement is the best way for cosmetics to win over new customers. For example, if a brand wants to sell its new lipstick, it has to show it to potential customers as much as possible. Visual advertisement is the best way to convey its color and design. Therefore, all cosmetic companies have to create a large number of advertisements to promote their products.

2. Which one is more effective, newspaper advertising or online advertising?

In my opinion, online advertising is much more effective nowadays. Firstly, advertisers can select their customers precisely thanks to the assistance of big data. For example, in Google Ads, you can select what types of people you want to see your ads. If you want to promote cosmetics, you can choose young females as your potential customer. If you sell cigarettes and liquors, you'd better make sure middle–aged men see your ads. In contrast, you cannot control who will read the newspaper and see your advertisement. Therefore, the conversion rate of newspaper ads is much lower than that of online ads.

3. What are the benefits of advertising?

First of all, from the perspective of sellers, by advertising, customers could gain more information about their products' advantageous functions provided. It is imaginable that after knowing the shining points of certain products, it is much more likely for customers to spend their money impulsively, which could boost their sales. Customers could benefit from advertisements as it is easier for them to purchase quality products by knowing more details about them, especially after careful comparison. Without advertising, it would be a waste of time, money, and even labor.

4. What do you think of celebrity endorsements in advertising?

From my point of view, I believe the endorsement of celebrities in advertising can be beneficial for both customers and sellers. First of all, from the perspective of customers, considering the development of the economy, it is much more likely for customers to choose quality products, instead of cheaper ones with worse quality and service. As a result, due to the fact the commodity endorsed by celebrities are often of better quality, simply choosing these products, would be much more time—saving for customers. At the same time, the sales could be boosted at the same time, which could stimulate the economy of the company.

5. Does advertising encourage us to buy things we don't need?

From my point of view, it is true to some extent. Although advertisers claim that in some cases, people tend to choose the right quality products according to what a commercial introduces, especially after careful comparison, it is far from helpful most of the time. Considering that people are living in a profit—driven world, in order to earn more money to stimulate the economy of the company, the information in a commercial could be harmful since almost all kinds of advertisements exaggerate their merits and conceal their demerits. As a result, one of the aims of advertising could be encouraging us to buy more



things we don't need.

6. What role does social media play in advertising?

From my point of view, social media could play many roles in advertising. First of all, it could boost the sharing of advertisements. For example, when people want to share useful information in advertisements with their friends or relatives, they would do it through social media such as WeChat or TikTok, as it is straightforward and practical. What's more, it could help advertisements expose to potential customers. It is easy to notice that browsing social media has become an integral part of our daily lives. As a result, as more advertisements are shown on social media, it is easier for people to know different products and then make a purchase.



Part 2串题 积极的改变/节约时间的方法、改变

Describe a positive change that you made in your life You should say:
What the change was
Why you did it
Who you did it with
And explain how you feel about the change

Describe a way/change that helps you save a lot of time You should say
What it is
How you implement it
How difficult it is
And explain how you feel about the way/change

我在工作中总是有大量的数据需要处理,因此我决定在下班后自学python编程,正巧我弟弟是这方面的专家,遇到的问题他都能帮我解答。虽然这个过程并不轻松,我每天都学到很晚,但通过一个月的学习,我掌握了初步的数据分析技能,这项技能大大帮我提高了工作效率,帮助我节约了很多时间。

I'm an accountant for a large web company, so there's always a lot of data to deal with at work. Although Excel software and other accounting-specific software are very professional and convenient, I always feel that editing a large amount of data is a waste of time. So, I've always wanted to learn a programming language myself to deal with the massive amounts of data that are repeated at work(处理工作中重复的大量数据).

After researching various programming languages on the Internet, I came across(得知) a language called python. Python is a high-level, interpreted, general-purpose programming language(高级的,解释性的,通用的编程语言). I found that although python is not the simplest or most basic programming language, it is the most suitable for my needs(对我的需求来说却是最贴合的). So, I decided to teach myself python programming in the evenings after work. It happens that(碰巧) my brother is an expert in this field. His major in college is computer programming, so he can help me answer any questions I encounter.

To be honest, this process of learning python was not easy, especially for a computer language novice(新手) like me. I studied late every night, but after a month of study, I mastered the initial data analysis skills(我掌握了初步的数据分析技能) and applied these skills to my work. Now I find that this skill has greatly improved my productivity and saved me a lot of time, and I am very fortunate that I have adopted this method.



Part 2串题 帮助小孩/一次非常忙碌的经历

Describe a time when you helped a child You should say: When it was How you helped him/her Why you helped him/her And how you felt about it

Describe a time you were very busy
You should say:
When it happened
Where you were
What you did
And explain why you were busy

最近一次很忙的经历是我帮我的侄女做手工作业。上周我侄女要完成一个手抄报,她请我给她帮忙。她带上纸和笔来到我家,让我帮她画插图。但是过程中她总是不满意,让我修改了很多次, 其间我还要为我们俩做午饭,我往返于厨房和客厅,感到分身乏术。所幸最终我们还是完成了任 务,但我真是累死了。

The last time I was very busy was when I helped my niece with her homework. You know, I am a college student and have not done manual work for many years, so it was indeed a big challenge for me.

Last week my niece was doing a manuscript and she asked me to help her. My niece is only in the second grade of primary school, and she can't even write a lot of Chinese characters(汉字), so it is indeed a big challenge for her to complete the manuscript. After listening to her request, although I hadn't done a handwritten newspaper for a long time, I still agreed to help her. So, she came to my house with paper and pens and asked me to help her with the illustrations.

I swear, I really tried my best. After all, I'm not a painting major(毕竟我不是学画画专业的), so of course, my painting level is not as good as a professional. Therefore, in the process of painting, she was always dissatisfied, so I made many revisions(让我反复修改了很多次). To be honest, I was a little impatient at the end of the drawing, but looking at my little niece's face, I still couldn't get mad at her. In the meantime, I had to cook lunch for the two of us, and she specifically said she wanted to eat a certain dish. So, I went back and forth(来来回回) between the kitchen and the living room, feeling overwhelmed(感到分身乏术). During dinner, she accidentally spilled vegetables on a painting that I had finally finished, and I was really angry. Luckily, we got the job done in the end, but I was so exhausted.



Part 2串题 帮助集中注意力的方法/改变世界的发明

Describe something you do that can help you concentrate on work/study You should say:
What it is
How it helps you concentrate
When you do it
And explain how you feel about it

Describe an invention that has changed the world in a positive way You should say:
What it is
What benefits it has brought
How it influences people of different ages
And explain how it changed people's lives

耳机是一项改变世界的发明,它不仅能隔绝噪音,同时能让人们沉浸在音乐中。因此在我忙碌的时候,我总是习惯戴上耳机,听一听舒缓的音乐来帮助我平静下来,使我能够将注意力集中在工作上。现代社会中特别是年轻人变得逐渐依赖耳机,已经成为了现代人享受生活的必要工具之一。

In my opinion, headphones are a world-changing invention(改变世界的发明) and one of the tools I use the most to help me focus. Not only does it block out noise(隔绝噪音), but it also allows people to immerse themselves in(沉浸在...里) music to soothe themself and calm down(舒缓平静).

I've had this habit since I was in high school. Whenever I'm busy, I always wear headphones and listen to soothing music to help calm me down and allow me to focus on my studies or work. What I especially like is all kinds of piano music, not the rock music or pop music that most young people like. I think piano music can elicit soothing emotions and let me find a little peace in the complicated study and work(让我在繁杂的学习和工作中找到一丝平静). I think that in modern society, young people especially are becoming increasingly dependent on headphones. Everywhere on the street, you can see many people with a pair of headphones or wireless earphones plugged into their ears(塞进耳朵里). Even if some people don't play music in their headphones, they wear them to avoid unnecessary contact with strangers. Not only young people like to do this, I see many middle-aged people also carry headphones with them. I don't see many older people with headphones because I think they still prefer old-fashioned radios. I think headphones have become one of the necessary tools for modern people to enjoy life and to concentrate on work or study.



Part 2串题 失约/争论

Describe a time when you forgot/missed an appointment You should say:
What the appointment was for
Who you made it with
Why you forgot it/missed it
And explain how you felt about the experience

Describe a disagreement you had with someone You should say:
Who you had the disagreement with
What the disagreement was
What happened
And explain how you felt about it

我已经收到了心仪offer,因为之前是海投,所以又收到了新面试邀请,我却没去。对象责怪我不守约定、不再看看机会,我认为已经收到了满意offer就没必要去,因此引发了争论。

I started looking for a job as soon as I graduated from college last year. I had no work experience and I didn't know enough about myself, so I sent my resume to almost every company I had heard of. After sending them all out, I was invited for an interview by COMPANY A, who offered me a job.

Unfortunately, because I had sent out so many resumes, I also received an interview invitation(面试邀请) from COMPANY B after receiving the offer from COMPANY A. I had a decision to make, but I thought to myself "Why not? It might lead to another opportunity". I therefore agreed to the invitation. What I didn't expect was COMPANY A urging me(催促我) to start work as soon as possible, otherwise they would retract(默认) their offer. I was only young and inexperienced, so I thought that the best thing to do was to start work at company A.

However, the day I started work was also the day of the interview at COMPANY B, so I had to inform COMPANY B that I could not attend. It was not an easy decision to make, and my boyfriend said that since I had agreed to the interview, I should have attended it, or at least informed them earlier that I could not go. He also said that I should have gone to the interview in case it was a better opportunity, but I was satisfied that I had received a satisfactory offer from COMPANY A and that there was no need to go to company B. For this reason, my boyfriend and I quarreled. However, I did not regret my decision, because I am very satisfied with my job at COMPANY A, and I also informed company B well in advance(提前). My boyfriend might disagree, buy I don't think I did anything wrong.



Part 2串题 喜欢一起聊天的朋友/学习、工作中的积极建议

Describe a friend you like to talk with You should say Who he/she is What you like to talk about Why you like to talk with her And explain how you feel about him/her

Describe an occasion when someone gave you positive advice or suggestions about your work/study

You should say:

Who the person is

What he/she said

How the advice/suggestion affected you

And explain how you felt about the advice/suggestion

我想说我的朋友Nancy,她是我大学同专业的同学,我在工作上遇到困难的时候总喜欢跟她聊聊,她也总是给我提出很多有用的建议,我超感谢她。我刚进入职场的时候,觉得工作上手起来很困难,她告诉我可以每天列个表格来追踪我的工作进度,照做之后果然我的工作效率快速提高,我真的太爱她了。

This topic reminds me of my friend Nancy. She was my classmate in the same major in college. We lived in the same dormitory for four years, and we were best friends in college. Now that we both work, we are still best friends even though we are not in the same city, and we are in touch(保持联系) almost every day.

Nancy is a very patient and very smart person. I often feel like she is a teacher, or a big sister who is much older than me, because she always has so much life experience to share with me. I always like to chat with her when I encounter difficulties(遇到困难) at work, and she always gives me a lot of useful suggestions. I am very grateful for her. I remember when I first entered the workplace, and because I was unfamiliar with the job, I always felt that it was difficult to get started. I wasn't very productive at that time because I was always overwhelmed by all sorts of little tasks(被各种各样的小事情所耽搁). My leader even criticized me a few times for this, which made me very frustrated(沮丧). I told Nancy about it, and even though she was just starting work at the time, she immediately advised me on(在…问题上提出建议) my problems. She told me that I could make a daily table to track my progress(追踪工作进度), and that I could also sort tasks by importance(按照任务的重要程度进行排序), so, I knew exactly what I should do first and what I could do later.



After doing what she said, I found that my work efficiency increased rapidly, and the enthusiasm for my work came back(工作的热情又回来了). I really love her so much.



Part 2串题 侍花弄果之人/激励你做有趣事情的人

Describe a person who inspired you to do something interesting You should say:
Who he/she is
How you know him/her
What interesting thing you did
And explain how he/she inspired you

Describe a person you know who loves to grow plants (e.g. vegetables/fruits/flowers etc.) You should say:

Who this person is
What he/she grows
Where he/she grows them
And explain why he/she enjoys growing plants

我奶奶非常喜欢种花草,她住在一楼,家里有一个大院子,里面总是种满了美丽的花和新鲜的蔬菜水果,比如玫瑰,橘子树等等。事实上,她院子里的橘子树也是我和她一起种下的,不过这颗树还非常小,估计还要好几年才能真正长大结果。我奶奶每次都激励我跟她一起种植物。她说她很享受植物从小苗长大的过程,就像她看着我从一个小婴儿长成了大孩子。她也希望我通过种植物,感受到生命的不易和美丽。

My grandma really likes to grow all kinds of flowers and vegetables. I think it might have something to do with her experience when she was younger. She lived in the countryside for a while when she was young, and at that time she grew vegetables and fruits. Although she lives in the city now, she still misses the time when she was young. Fortunately, her home on the ground floor has a large yard so she can continue her planting passion. My grandma always plants beautiful flowers and fresh vegetables and fruits in the yard, such as roses, orange trees and so on.

In fact, the orange tree was planted by both of us a year ago. However, the tree is still very small, and it is estimated that(估计) it will take several years to really grow and bear fruit (结果). The vegetables that she has grown in her yard this year, such as green peppers, tomatoes and mint, were also planted by the two of us. It was super interesting. It's autumn now and we've already harvested quite a few green peppers and tomatoes.

My grandma always inspires me to grow plants with her. She said that, first of all, it is difficult to buy natural vegetables and fruits without pesticides(农药) in the city. If you grow your own, you can eat natural and organic food(有机食物), which is good for your health. Second, she enjoys the process of growing plants from seedlings(植物从小苗长大的过程), and in her words, it is like she has watched me grow from a baby to an adult. She hopes that by growing plants together, I will be able to appreciate the difficulty and reward



of taking care of life.



Part 2串题 喜欢看的电影/有趣小说或故事

Describe a story or novel you have read that you found interesting You should say:
When you read it
What it was about
Who wrote it
And explain why it was interesting

Describe a movie you watched recently and would like to watch again You should say:
What type of movie it was
What it was about
Where you watched it
And explain why you would like to watch it again

我上个月在家看了一部电影叫"了不起的盖茨比"。这是由巴兹·鲁赫曼执导的爱情剧情片。这其实是由1925年的一部小说改编的电影,当然这部小说我在大概五年前读过,作者是Francis Scott Key Fitzgerald。这个故事主要就是讲美国上层社会有钱人的冷酷残忍和居心险恶。我认为这个故事对现在人的启发非常大,美国梦"从一开始落地生根,一直是美利坚民族的理想与追求,它本该具有强大的生命力,却何以会走向了幻灭。当金钱代表一切的时候,理想还重要吗?这些迷思值得我再看一遍这个电影,再读一次这部小说。

I watched a movie at home last month called "The Great Gatsby". It's a romantic drama(爱情剧情片) directed by Baz Luhrman starring(由...出演) Leonardo DiCaprio. This movie is actually based on a novel written in 1925 by Francis Scott Key Fitzgerald, which I read about five years ago. I thought the novel was very interesting, so I decided to watch the movie.

The story of the film is mainly about the unrecognized writer Nick Calloway who is deeply fascinated by the high-class world(上流世界) and its love, lies and fantasy. He saw everything in this world and decided to write a heart-wrenching(让人心痛的) story about unforgettable love and an undying dream(不灭的梦想). Of course, the content of the original novel is slightly different from the movie, but they both reflect the struggles of the era at the time, and satirize(讽刺) the cruelty and sinister intentions(冷酷残忍和居心险恶) of the wealthy upper classes(上层社会) in the United States.

The advent of The Great Gatsby established Fitzgerald's place in the history of modern American literature(现代美国文学史). The novel also ranks second in the 100 best novels of all time selected by the American Academic Authority(美国学术界权威). The film also won the 86th Academy Award(奥斯卡金像奖) in 2014. I think this story is very inspiring for people today. The famous "American Dream" took root (落地生根) from the very beginning,



and it has always been the pursuit of the American people. Do ideals matter when money is everything? These topics are one of the reasons why it is worth watching the movie and reading the novel again.



Part 2串题 保健方式/想参加的比赛

Describe something you do to keep fit and healthy You should say:
What it is
When you do it
Who you do it with
And explain why you think this method is important

Describe a contest/competition you would like to participate in You should say:
What the contest/competition is about
Where the contest/competition will take place
When it will be held
And explain why you would like to participate in it

跑步是我锻炼身体的方式之一,我工作日的早上都会跑三公里再去上班/上学,有时候我妈妈会和我一起。我觉得跑步真的提高了我的免疫力,因为我最近一年都没有感冒。我计划今年10月参加我们市每年都会举办的马拉松比赛,我想看看能不能通过比赛认识更多同好,交一些新朋友。

I love exercising very much, and running is one of my favorite ways to exercise. I had a serious illness when I was in middle school, and ever since, I haven't been in good health . Later, after I went to college, many people around me would get up in the morning or go to the playground to run after dinner. Gradually, I also developed the habit of(养成了…的习惯) running. Now, I run three kilometers in the morning on weekdays before going to work/school. Since last year, my mom has also joined my "running team", so sometimes my mom will go for a morning run with me.

I feel like running has really boosted my immunity(提高了我的免疫力). I said that I wasn't very well after middle school due to illness, but since I started running, I feel my body is starting to get better little by little. Especially since last year, I haven't even had a cold, I certainly give the credit to running(这个功劳归功于跑步). Now that running has been integrated into(融入…) my life, I want to prove my ability through some competitions. I plan to join the marathon that our city runs(举办) every year this October. As usual, this marathon is 20 kilometers, just along the river in the city and through the park to the end. I used to see runners participating in this race often on TV, but I never participated myself. But now I have a lot of confidence in my body and stamina(耐力). I don't expect myself to take first place(的第一名), but I want to see if I can meet more people who like to run through the competition, so as to make some new friends with common hobbies.



Part 2串题 有趣的邻居/受欢迎的名人

Describe a neighbor you are interested in You should say:
Who he/she is
How you knew him/her
What you do together
And explain why you are interested in him/her

Describe a popular well-known person in your country You should say:
Who this person is
What he/she has done
Why he/she is popular
And explain how you feel about this person

我想说说住在我们小区里的张老师,她是我们小区的"明星",听说她在很多年前就被评为了"全国优秀教师",我在报纸上还看到了关于她的报道,也经常看到很多她以前的学生来拜访她。现在她退休了,在小区里义务开办了科学兴趣小组,带小朋友们一起做小发明,我假期里有时候会去当她的助手,因为我很想了解一个优秀的科学教师是怎么上课的,她的激情和智慧也确实了我很多启发。

I want to talk about Teacher Zhang who lives in my community. I heard that she was named "National Excellent Teacher(全国优秀教师)" before . I remember reading about her in the newspaper three years ago. The report mainly talked about her teaching career and also described her life after retirement. Originally, I didn't know that she was the Teacher Zhang that lived in my community. Later, when I saw her downstairs, I realized that she was the "celebrity" reported in the newspaper.

Now I often see many of her former students visit her, especially on Teacher's Day and Chinese New Year. There are many of her students, and some of them have become top leaders in our city. They bring a lot of gifts and fruits every time they come to see her, and Teacher Zhang is always happy to see her former students. Now she is retired, but Teacher Zhang is not idle (没闲下来). She set up a science interest group(开办了科学兴趣小组) in the community, and helps children make small inventions together. This interest class is free, as long as children can come to participate. There are many children who sign up(报名), and there are about dozens of people in each class. My own dream is to be an excellent teacher in the future, so I sometimes go to be her assistant during the holidays, because I really want to know how a good science teacher teaches. Her classes are very interesting, her life is lively and attractive, and children like her very much. Teacher Zhang's passion and wisdom have indeed inspired me a lot(激情和智慧确实给了我很多启发) and made me yearn for the teaching profession even more(让我对教师的职业更向



往了).



Part 2串题 新题: 历史时期/不喜欢的广告/投诉

历史时期

Describe a historical period you would like to know more You should say:
When it happened
What you are interested in
What you have known
And why you would like to know more

.不喜欢的广告

Describe an advertisement you don't like You should say:
Where and when you first saw it
What type of advertisement it is
What product or service it advertises
And explain why you don't like it

投诉

Describe a time when you made a complaint and were satisfied with the result You should say:
When it happened
Who you complained to
What you complained about
And explain why you were satisfied with the result

我对中国明朝的历史有浓厚的兴趣,明朝从公元1368年到1633年,长达200多年的统治,诞生了很多文化瑰宝。马面裙就是从明朝开始流行开来的,从去年开始马面裙再次流行了起来,这样的服装风格也代表了很多明朝当时的生活,所以我想对此了解更多。但是也正因为马面裙再度爆火,上个月淘宝给我推送了一个广告,点开链接就是马面裙,这个广告里图片拍摄地很精美,但当我买回来以后才发现实物和图片严重不符。所以我向淘宝客服投诉了这家商店,淘宝第一时间帮我处理了,并且及时退货退款,也对商家作出了警示。这个投诉处理让我很满意,

I love reading history books, which gives me a chance to throw my mind back to ancient times. I take great interest in the history of the Ming dynasty in China, which dates from 1368AD to 1633 AD. During the over two hundred years of rule, there were many cultural treasures(文化珍宝) that spread across the world. I especially love the horse face skirt that first went viral(流行) during the Ming dynasty in China. At that time, people in different classes were required to wear those skirts in different fabrics(面料) accordingly. For example, noblewomen(贵族) could wear skirts made of silk while poor women could not, or, more specifically, they couldn't afford them. From my perspective, clothes show the climate, fashion trends, and people's aesthetic(审美) during a certain time, so I would like



to know more about horse face skirts.

Recently, this kind of skirt has become fashionable again, many young ladies wear them to either show their good body shape or show pride e in Chinese traditional culture. Many brands and stores began to sell such skirts. Last month I received a pop advertisement(弹窗广告) where a beautiful girl wore a horse face skirt with a unique pattern. I was attracted by the picture so I bought one from that online store. However, I felt upset upon receiving the package. The skirt was nothing like the picture in the advertisement. Both the fabric and artwork were terrible. Having been annoyed, I complained about the terrible product with the customer service on Taobao, the largest online shopping mall in China. To my satisfaction, the service dealt with my complaint very soon, they not only returned the money to me but also gave a warning to that store. I was relieved because that meant other consumers might not face the same problem as me. To be honest, I don't like such unreal(不真实的) advertisements, because they mislead people to spend money on things that they might not need.



Part 2串题 新题: 想学的技能/想要一起学习工作的 人/喜欢的日常事务

想学的技能

Describe something you would like to learn in the future You should say:

What it is

What it is
How you would like to learn it
Where you would like to learn it
Why you would like to learn it
And explain whether it's difficult to learn it

17.想要一起学习/工作的人

Describe a person you have met who you want to work/study with You should say:
Who this person is
How you met this person
How long you have known him/her
And explain why you want to work/study with him/her

18.喜欢的日常事务

Describe a daily routine that you enjoy You should say: What it is Where and when you do it Who you do it with And explain why you enjoy it

今年年底之前我一定要学会的一项技能就是开车,这次我打算约上最好的朋友Eva一起报名驾校,在驾校里学车可不是一件轻松的事情,因为要打卡坚持练习并且通过四科考试才能顺利拿到驾驶证。我和Eva从幼儿园时期就在一个班,我们已经认识快二十年了,我们一起做了很多事情,她是个非常自律的人,而我有时候会偷懒,所以有她的监督我才能坚持到驾校去学车。我和Eva现在每天都要到体育馆去跑步,这个习惯已经坚持快两年了,每次夜跑结束我们都感觉非常放松,睡眠质量也提高了。

I am determined to(下定决心做...) get my driving license by the end of the year because driving has become a basic skill for almost everyone in recent years. In the past, I spent almost every holiday traveling and hanging around, so I still couldn't drive after my graduation from college, which brought me a lot of inconveniences(不便之处). Therefore, my friend Eva and I are planning to take the driving license test at the driving training center.



However, it is not easy to pass the test because it includes four courses. We have to schedule an appointment(预约) ten days in advance for each course. Only after learning the theory and getting to know the main parts of the car, could we take the exam. We will be required to stay at the training center for at least three hours a day to make sure we have enough credits(学时).

Eva and I have known each other since kindergarten, and we have been intimate(亲密的) friends for about twenty years. We have done many things together such as traveling, learning English, and so forth. Eva is a self-disciplined(自律的) person while I am lazy sometimes. So, I would like to learn to drive with her, too. We run in the gym every night, and Eva has kept me company for two years. This good habit helps me get into good sleeping habits and improves my sleep quality. However, the gym is far from where we live, so it takes us a long time to wait for the bus. Hopefully, we can pass the driving test very soon, and then the distance will not be a problem anymore.



Part 2串题 新题:第一天上学/迟到

第一天上学

Describe the first day you went to school that you remember You should say:
How you went there
What happened that day
Where the school was
And how you felt on that day

迟到

Describe a time when you missed or were late for a meeting You should say:
When it happened
What happened
Why you missed/were late for it
And explain how you felt about this experience

上小学的第一天给我留下了很深刻的印象,我的小学离我家只有三十分钟的路程,但我却在第一天因为堵车迟到,这实在是个糟糕的体验。我和我爸虽然出门很早,但我们却选择了乘坐出租车,然后我们便堵在了路上,当我到学校时,我甚至错过了欢迎仪式,所有同学都在盯着我,老师也警告我下次不能迟到了,这是在是个尴尬的经历。最后我出门都会选择地铁。

The first day at my primary school left the deepest impression on me. My primary school was not near our apartment, and usually it would take about 30 minutes to get there. However, on the first day, I was late since we got stuck in some heavy traffic, and I was criticized by my teacher, which was quite a bad experience(糟糕的经历).

If my memory is correct, my dad and I got up and left home early, but we mistakenly chose to take a taxi over using the subway, since we thought it would be the fastest way to get there. However, soon after entering the taxi, we found ourselves in a bumper—to—bumper jam(堵车) and the traffic moved at a snail's pace(如乌龟一般爬行). We were very frustrated, since it was impossible for us to do anything about it, and the only thing we could do was to wait in the taxi. Eventually we arrived at school, but I was late for my first day and I even missed the whole welcome meeting held by the headmaster. The moment I got into the classroom, all my classmates were staring at me, which was really embarrassing. What's more, my teacher also warned me not to be late next time.

From the experience, I learned a lesson, which is to use the underground metro to avoid inner city traffic congestion.



Part 2串题 新题: 有趣的老人/好消息

有趣的老人

Describe an interesting old person you met You should say: Who this person is When/where you met this person What you did with this person And explain why you think this person is interesting

好消息

Describe a piece of good news that you heard about someone you are know well You should say:
What it was
When you heard it
How you knew it
And explain how you felt about it

Mike是我的邻居,他现在已经70多岁了,虽然我们又巨大的年龄差,但他是我最好的朋友,他常常会在我遇到困难的时候给予帮助。但是他几年前被诊断出了癌症,我当时十分为他担心,但他却一直保持的乐观,最近我陪他去医院诊断,但结果出人意料,他竟然战胜了病魔,他的精神和对待困难的态度也是我欣赏崇拜他的原因。

I have known my neighbor Mike for many years, and we always invite each other to our houses as a guest. The more I contact him, the more I know him. He is now over 70 years old, and despite the huge generation gap(代沟), he is one of my best friends. After graduating from university, Mike started his career in a multinational company(跨国公司). After working as a financial specialist(财政专员) for decades, he decided to set up his own company, and finally retired several years ago.

Due to his rich experience of studying and working, he is always my go-to person. I usually visit his house for help when I come across bottlenecks(瓶颈). Currently, I am confused about my major selection and future path, and he always give me the right direction based on his rich experience. It is also worth noting that he is patient and gentle no matter what happens, he will always be my loyal company.

However, it was devastating(惊人的) that he got cancer several years ago. However, compared with my worries, he was optimistic about it, and he told me confidently that he would overcome this illness. Recently, I went to the hospital with him for diagnosis, but the result was surprising and cheering; Mike finally beat cancer! I was amazed by Mike's spirit and optimism(乐观) towards illness and difficulties. That's why he is one of the most admirable people to me.



Part 2串题 激励你做有趣事情的人/受到表扬

Describe a person who inspired you to do something interesting You should say:
Who he/she is
How you know him/her
What interesting thing you did
And explain how he/she inspired you

Describe a time you received positive feedback You should say: What you did Who gave you the feedback Why he/she gave you the positive feedback And explain how you felt about it

我朋友是一个热衷于志愿服务的人,哪怕再忙也要抽出时间去参加各种各样的志愿者活动,他告诉我人生的意义不在于索取,而在于奉献。在他的影响下,我报名了学校的下乡支教活动,和孩子们相处了两个月,虽然条件很艰苦,但是我很快乐。最后离开时,我们受到了当地乡亲们的高度赞扬,同时我也被孩子们对知识的渴望所感动,有机会我一定还会再去。

I have a friend who's very keen on getting involved in public services. Over the years, he has organized and been engaged in hundreds of public events. In his words, the meaning of life lies in serving others, rather than taking from others (人生的意义不在于索取,而在于奉献。). Watching him actively volunteer in different sorts of charity activities has also inspired me to take on more social responsibilities.

So, last summer I signed up to go to the west region of China to help relieve the shortage of teachers there (去年夏天,我报名参加了西部支教活动). I worked there for two months. Actually, it was quite an interesting experience in a nice little village. People were very friendly and down to earth. Most importantly, the children were modest and had a strong yearning for knowledge and learning about the outside world(孩子们很质朴,并且对知识和了解外界有强烈的渴望). This yearning drove me to give my best to this job. Whenever possible, I would sit down with the children and share with them interesting stories from the city. You know, these children had never stepped out of their local area. Their hometown doesn't even have proper roads for cars to travel on. I felt deep sympathy for people living there. In fact, I also got along very well with the villagers and I taught some of them how to read.

After a couple of months, it was time to leave. Everyone in the village came to say goodbye. They gave me big warm hugs to show their gratitude. The school even wrote a post to praise me for my good work! I was totally overwhelmed! (我受宠若惊) What a wonderful experience!



Part 2串题 让你自豪的照片/收钱/侍花弄果之人

Describe a photo you took that you are proud of You should say:
When you took it
Where you took it
What is in the photo
And explain why you are proud of it

Describe a time when you received money as a gift You should say:
When it happened
Who gave you money
Why he/she gave you money
And explain how you used the money

And explain why he/she enjoys growing plants

Describe a person you know who loves to grow plants (e.g. vegetables/fruits/flowers etc.) You should say:
Who this person is
What he/she grows
Where he/she grows them

奶奶喜欢种植物,做插花;我拍下她做插花的照片,很有艺术性,投稿到摄影报刊上被登在头版, 我非常自豪;奶奶很高兴,夸我有天赋,赏给我一笔钱,支持我买最新的摄影设备。

My grandma is a person who grows a lot of plants and flowers. She lives on the ground floor, so she has a big yard to grow things. My grandma has planted a variety of beautiful flowers in the yard, such as roses, gardenia(栀子花), begonia(海棠花) and so on. Every year in spring, her garden is always very beautiful. In addition to having a beautiful garden, another reason why she likes to grow flowers is that she likes to arrange them(插花). For this reason, she attends a flower arrangement class. As the oldest student in the class, she always gets a lot of praise(收获到很多掌声).

I like photography very much. I often take my SLR camera(单反相机) to all corners of the city to find inspiration(寻找灵感). About six months ago, I went to the flower arrangement class with my grandma. In the class, I took a picture of her arranging flowers. This photo is very artistic(艺术性), and coupled with(再加上) the bright flowers in the background, it is a very beautiful photo. She encouraged me to submit it to the local newspaper, so I did so, without expecting much. However, the photo was on the front page 3 months later! I am very proud of myself, and my grandma is always boasting(夸赞) about how talented I am.



There was another surprise about two weeks ago when my grandma gave me some money to help me buy the latest photography equipment, so I bought a new lens(镜头) with the money last week. I plan to join her again at the flower arrangement class next week so I can take more beautiful pictures.



Part 2串题 新题:聚会上遇到的人/不寻常的一餐/爱豆的电影角色

聚会上遇到的人

Describe a person you met at a party who you enjoyed talking with You should say:
What party it was
Who the person is
What you talked about
And explain why you enjoy it

不寻常的一餐

Describe an unusual meal you had You should say: When you had it Where you had it Whom you had it with And explain why it was unusual

爱豆的电影角色

Describe a film character played by an actor or actress whom you admire You should say:
Who this actor/actress is
When you saw the film
What the character was like in this film
And explain why you admire this actor/actress

摄影是我的一项业余爱好,去年夏天,我和好朋友一起参加他哥哥的生日聚会,有幸认识了一位非常棒的摄影师,聚会上我们坐在一起吃饭,简单介绍自己后我向他请教了几个摄影方面的问题,他给我提供了非常有价值的技术参考,还告诉我如何调节相机的参数,但当得知他曾经参与过一档节目的拍摄时,我更是万分激动,因为我最喜欢的演员刘亦菲也参加过那个节目,刘亦菲是出了名的好看,她皮肤白皙,身材高挑,五官精致,出演过很多电视剧和电影我非常喜欢她。

I have been obsessed with(痴迷于) photography for several years and I just bought a new Single-lens-reflex(单反) last year. My friend invited me to go to his brother's birthday party in a hotel last summer because his brother was also a photographer. To my great delight, I could now know another excellent photographer who had been working for over 10 years. We had dinner together that night where I learned some important skills on how to shoot from various angles. After a short introduction, he showed me how to adjust the parameters(调节参数) to adapt to different distances. Listening to his words was better than 10 years of self-teaching. So that party and dinner were extremely unusual for me.



I felt even more excited after learning that he used to participate in the shooting for a TV program that my favorite actress Liu Yifei presented(出席) too. She is one of the most famous young actresses in China now. She has been given the moniker(外号) 'Fairy Sister' due to her ethereal(神圣的) and purified(纯净的) appearance. She is also pale and slim, which makes her look just like her English name 'Crystal'. She starred in the movie named Hua Mulan which gained her good fame and popularity in both China and America. Hua Mulan was also the character that I liked most because she was brave enough to battle in the war. I like her not only because of her good performance in movies but also because of her attitude towards life. Although she is so charming in appearance, she still keeps learning new skills and takes every shoot seriously.



Part 2串题 新题: 常用网站/科技产品/教他人做事

常用网站

Describe a website you often visit You should say: How you found it What it is about How often you visit it And explain why you often visit it

科技产品

Describe a piece of technology that you feel difficult to use You should say:
When you got it
What you got it for
How often you use it
And explain how you feel about it

教他人做事

Describe a time when you taught a friend/relative something You should say:
Who you taught
What/how you taught
What the result was
And explain how you felt about the experience

智能化的家居真的可以给生活增添很多幸福,我朋友推荐我到小米商城的网站去看看,我上个月买了一个扫地机器人用来打扫卫生,但说实话,我第一次使用扫地机器人的时候却遇到了麻烦,我按照说明书操作了但是它就是不动,跟客服沟通后发现是由于一个零件没有组装好,我按照说明安装好以后发现它真的很实用。上周我又给奶奶家买了一个,收到货检查无误后我边手把手教奶奶去用,还告诉她如果卡主了该怎么处理,奶奶学的非常认真,昨天打电话告诉我她已经可以熟练地使用了,我觉得很开心,这也算我给奶奶分担了一些力所能及的事情。

The evolution(演化、发展) of smart homes has brought many technology products into our life. Last month, one of my friends recommended that I should have a look at Xiaomi's online store website. I logged in and found many practical things among which was a robot cleaner I was interested in. Comparing the price and properties(性能) with other stores, I decided to buy one to help me clean the floor on this website. Now I look through the website almost every week to check if there is something useful.

To be frank, I found it hard to operate the robot cleaner when I first used it. I got it last month and I read the instructions carefully but it still didn't work. After asking the



customer service for help, I knew there was a spare part(零件) missing. I managed to fix it according to the instructions. It worked smoothly(顺利的、平滑地) and I found it facilitated many matters(省了很多事). Now I use it almost every day.

So, I bought another one for my granny last week. She showed great interest in it, so I taught her how to use it step by step. Then I recorded a short video to show the operation in case she might forget. Yesterday I heard from my mom that my granny could use the robot cleaner very well. I felt relieved(欣慰的) about that because it helped her with housework.



Part 2串题 新题: 收到想要的礼物/童年喜欢的活动/ 让你骄傲的事

收到想要物品
Describe a gift you got
You should say:
What it was
When you received it
Who gave it to you
And explain why you wanted it so much

童年喜欢的运动

Describe a sport you enjoyed when you were young You should say:
What it was
Where you did it
Who you did it with
And explain why you enjoyed it

让你骄傲的事

Describe something you did that made you feel proud You should say:
What it was
How you did it
What difficult you had
How you dealt with the difficulty
And explain why you felt proud of it

我在今年过生日的时候收到了朋友的礼物,是一个家用麦克风。我很早之前就想要一个麦克风,因为从小就很喜欢唱歌,但因为唱歌容易跑调、且缺乏练习,很少有在人前表演的机会。有了家用麦克风后,我利用闲暇时间坚持练习,唱歌渐入佳境,我对自己的进步感到很骄傲。平时还可以请朋友来家唱歌,别提多有趣了。

On my birthday this year, I got a gift from one of my best friends, Anna. It is a wireless Bluetooth machine for karaoke singing and allows me to play pre-recorded(录制好的) music I can sing along to. I have wanted it so much because singing karaoke is a physical activity I've enjoyed since I was a child. Notably, karaoke's image had shifted from that of a schlocky(低俗) activity laced with(充满) irony to a heartfelt event that permeated(随处可见) city nightlife in China. While watching a film or the TV with family and friends is good entertainment, karaoke is better because I can sing my heart out(随心歌唱), perform duets, and maybe even add dance moves. For me, it has become a place where I can put my own



spin on my favorite songs to become a part of the art I love. Yet, admittedly, I am not a good singer. That's why I'm too scared to sing in front of others. Luckily, having a karaoke machine at home with easy access(随时使用) for whenever I want to get it out means I can practice singing regularly. After months of practice, I overcame my singing shyness and feel proud of myself. The laughter and singing that takes place with the help of the karaoke machine have led to lasting memories of having a good time with my loved ones. Karaoke is also an excellent platform for making new friends and creating relationships on a mutual love of singing as, it has been found by researchers that singing is good at bonding(变亲密) people who don't know each other very well.



Part 2串题 分享/喜欢的节目

Describe something you had to share with others You should say:
What it was
Who you shared it with
Why you had to share it with others
And explain how you felt about it

Describe a program you like to watch You should say: What it is What it is about Who you watch it with And explain why you like to watch it

我特别喜欢看"隐姓亿万富翁"这个节目. 这主要讲述的就是美国亿万富翁 Glenn Stearns 接受挑战,真实再现如何从贫穷汉到价值百万公司的总裁。Glenn 在节目中隐去自己的姓氏,用仅有的 100 美元和一辆卡车开始,在 90 天的时间完成任务,真的非常励志。我朋友那个时候正好处于人生的低谷,于是我跟我朋友分享了这个节目。看了这个真人秀后,她也振作起来准备学习Glenn Stearns的励志。我们经常一起看。我很喜欢这个秀,除了非常励志外,我觉得也能给我很多启发和鼓励。

I especially like watching the show "Undercover Billionaire". This show premiered(首播) in 2019 and tells the story of American billionaire Glenn Stearns who accepted the challenge of the producers to show the audience how to go from nothing to the CEO of a million–dollar company.

Glenn withheld(隐去) his surname on the show and started with just a small truck and \$100 in cash, but by the end, he became the president of a million-dollar company. The whole show is really inspiring. For example, Glenn tells us the difference between how the poor and the rich think, the difference between the way they do things, and the art of speaking(说话艺术).

My friend Lily was at a low point in her life(处于人生的低谷) at the end of 2019. She broke up with her boyfriend who she had dated for five years, she couldn't go home because of the pandemic(疫情), and she also lost her job. At that time, she stayed in her rented house all day, and not only did she not find a new job, she even started to alienate(疏远) me. So, I thought I would tell her about this show in the hope that through its inspirational story, she would be able to get through the dark time in her life(度过人生中黑暗的时刻).

After watching the reality show, Lily was really inspired. She perked up and was ready to



learn Glenn Stearns' inspirational lessons. We often watch this show together because, in addition to it being very inspirational, it also gives me a lot of encouragement.



Part 2串题 认识的不同文化的人/时尚人士/发小

Describe a person you know who is from a different culture You should say:
Who he/she is
Where he/she is from
How you know him/her
And explain how you feel about him/her

Describe a person who likes to dress fashionable/well You should say:
Who he/she is
What job he/she does
What kind of clothes he/she wears
And explain why he/she likes fashion

Describe a friend from your childhood You should say: Who he/she is Where you met each other What you often did together And explain what made you like him/her

我的发小是一个美国人。因为父母工作的变动,她六岁的时候跟父母来到了中国。受她父母的影响,她也是一个非常时尚的人。现在她是一个时尚杂志的编辑,我们经常约着一起喝咖啡和逛街。 虽然她在中国长大,但是她的穿衣打扮都非常美式她喜欢年轻美国女孩喜欢的东西,比如超短裙, 靴子,彩色的假发和长长的美甲。我非常喜欢她,我们虽然来自不同的文化背景,但是我们的价值观非常相似。

I have an American friend called Lily who I have known since childhood. Because of her parents' jobs, she came to China when she was six years old. We went to the same elementary and junior high school, and although we went to different high schools and universities, it didn't stop us from staying being best friends.

Lily's mother is an editor for Vogue China, and her father is an executive of a fashion brand. Influenced by(受...影响) her parents, Lily is also a very stylish person. In fact, she also works as an editor of a fashion magazine, and we often meet for coffee and to go shopping. Pretty much every time I go shopping with her, she buys a few sets of clothes(几套搭配的衣服) and jewelry to match. I think spending time with her has had an influence on me because I am a lot more fashionable than before.

Although Lily grew up in China, her clothing style is very American: casual, sexy but very



trendy. She loves things that young American girls love, like miniskirts, boots, colorful wigs(假发) and manicures(美甲). She has long nails which are beautiful, but I've never quite understood it. Wouldn't such long nails get in the way? Lily's figure is very good, and I think it may be because her family all work in the fashion industry, so they pay great attention to taking care of their figure(她非常注重身材管理). The clothes that young American girls wear show off their body shape very well, so Lily looks very good in them.

Although we come from different cultural backgrounds, our values are very similar(我们的价值观非常相似). We both love shopping, fashion and movies, and we've known each other since childhood, so we've always been best friends.



Part 2串题 糟糕购物/决意等待

Describe a problem you had while shopping online or in a store You should say:
When it happened
What you bought
What problem you had
And explain how you felt about the experience

Describe a time you made a decision to wait for something You should say:
When it happened
What you waited for
Why you made the decision to wait
And explain how you felt while waiting

大概半年前我想买一台电脑,为明年要写的毕业论文做准备。选了很久后,我终于决定买某个品牌的最新款电脑。在网上下了订单后我开始兴奋又焦急地等待。没想到电脑还没到,商家就联系了我。原来商家寄来了错误的型号,这是上一个批次的电脑。但是为了表达歉意,商家给了我一个非常好的优惠,并让我收到电脑后退给他们就行。于是我决定等这个错误的电脑送来。送来后我发现这个电脑其实性能也不错,加上优惠其实非常划算,性价比很高。于是我就决定留下这台电脑。现在使用了半年了,我对自己决定很满意,也对这次消费经历感到满意。

About six months ago, I wanted to buy a computer to prepare for my graduation thesis(毕业论文) that was coming up. There are so many brands and models of computer on the market, and my budget was not very high, so I asked some friends for their opinions and referred to many online guides(参考了很多网上的指南). After a long time considering all the options, I finally decided to buy the latest brand XX computer.

After making the decision, I immediately placed my order(下单) online and started to wait excitedly and anxiously. Unexpectedly, before the computer arrived, the seller contacted me. It turned out that(原来是) the he had sent me the wrong model. As an apology and compensation(补偿) for the inconvenience, the seller offered me a discount on the incorrect order. He also said that if I was not happy with that, I could return the wrong computer when it arrived and he would then ship my correct order. It was frustrating, but I had no choice but to wait for the incorrect order to arrive.

After it was delivered, I found that it actually performed very well, and the discount that the merchant agreed to give me was very generous. Plus, I didn't want to wait another 2 weeks for my original order, so I decided to keep this one. I've been using it for six months now, and I'm very satisfied with my decision. I was also satisfied with the seller's customer service.



Part 2串题 运动场所/向旅游者推荐你国家的一个地方

Describe a popular place for sports (e.g. a stadium)
You should say:
Where it is
When you went there
What you did there
And explain how you felt about this place

Describe a place in your country that you would recommend to visitors You should say:
What it is
Where it is
What people can do there
And explain why you would recommend it to visitors

我去过的,同时也推荐所有旅游者都去的一个地方是水立方。这是北京的一个标志性建筑,同时也是2008年北京奥运会的运动场馆。我是2008年奥运会去的,非常有幸去里面观看了一场游泳比赛。现在水立方对所有人都开放了,所以任何人都可以进去参观和锻炼。我非常喜欢这里,也很赞同它向公众开放的这个观点。人们可以在里面感受到奥运健儿的身姿,同时还可以锻炼身体,所以我非常推荐大家去这里旅游参观。

One place I've been to, and that I also recommend to travelers, is the Water Cube(水立方) at the National Aquatics Center(国家游泳中心). This is an iconic(标志性的) building in Beijing, located in the Beijing Olympic Park, and was the venue for the swimming events at the 2008 Olympic Games. During the games, 25 world records(打破25项世界纪录) were broken inside the Water Cube. After the Olympic Games, half of the interior of the Water Cube was transformed into(被改造成) a leisure park.

I went to the Water Cube in 2008 because I was very fortunate to have had a ticket to one of the swimming events. Nowadays, the Water Cube is not just a place for swimming competitions, but it's also open to the public, which means anyone can visit it and exercise inside. The entrance fee is relatively cheap. I remember that it only costs 30 RMB per visit and 50 RMB for swimming. If you live around the Water Cube, you can also get a season pass or an annual pass(季票和年票). For such an Olympic-standard national-level arena(奥运标准的国家级赛场), the price is very cheap.

I really like it there and fully support the idea to open it to the public. First of all, the Water Cube is one of the most famous and iconic buildings in China, and anyone who travels to Beijing should visit and experience this huge stand-alone building(单体建筑). Tourists can



get a sense of the history that was made at the 2008 Beijing Olympic Games and exercise at the same time, so I highly recommend tourists visiting here.



Part 2串题 丢东西的经历/惊喜之事

Describe an occasion that you lost something You should say:
What you lost
When and where you lost it
What you did to find it
And explain how you felt about it

Describe something that surprised you You should say: what it is How you found out about it What you did And explain whether it made you happy

我想分享最近我的手机差点不见的故事。上周我打车去市中心的商场,但是下车后我突然发现我的手机好像落在车上了。我给我的手机打电话试图联系司机,没想到接电话的却是我的一个朋友,原来我刚下车不久,他就上了同一辆车,当天晚上他就把手机给我送回来了。我觉得这件事真是太巧合了,同时我也觉得手机能够失而复得我实在太幸运了。

Speaking of which, I have a hilarious yet magical thing to share with you, and this is the story of the recent "lost and found" of my phone.

Last week I went to the mall with my high school classmates to watch a movie, so on Sunday I took a taxi to the mall in the city center. I vividly remember(清晰地记得) that I was texting with my friends on my phone while in the car, but when I got out of the car, I suddenly realized that my phone was gone. I was very anxious at that time, because not only was the contact information of my friends on there, but also many precious photos were on my phone. I was afraid that if the phone was lost, these precious things would be gone(手机掉了之后,这些宝贵的东西就会不见了). So, I immediately recalled where the phone had been dropped. I realized that my phone seemed to be in the taxi. So, I immediately walked into a coffee shop, explained the situation to the clerk, and asked him to lend me his cell phone. I called my cell phone to try to contact the driver. The call was connected, but it was not the driver who answered(不是司机接的电话). To my great surprise, the person who answered the phone was another friend of mine. It turned out that(原来是) shortly after I got out of the car, he got into the same taxi and found a mobile phone in the back seat. My friend gave me the phone that night.

I think it's such a coincidence, and at the same time I think I'm so lucky and happy to have my phone back.



Part 2串题 新题: 他城的短暂停留/嘈杂地/和别人一 起做的事

他城的短暂停留

Describe another city you would like to stay for a short time You should say:
Where the city is
Why you want to go there
Whom you will go there with
What you will do there
And explain why you will stay there just for a short time

嘈杂地

Describe a noisy place you have been to You should say: What it is When you went there What you did there And explain why you feel it's a noisy place

和别人一起做的事

Describe something that you did with someone/a group of people You should say:
What it was
Who you did it with
How long it took you to do this
And explain why you did it together

如果提到喧嚣却又吸引人的城市,我想曼谷必须榜上有名。曼谷是泰国的首都,也是泰国最大的城市。那里是度假者的天堂,去泰国航线多,物价低,还可以享受美食比如去网红杜拉拉水上市场打卡等,也正因此,曼谷是一座很喧嚣的城市。但是由于假期时间有限,我们只能在签证时间内短期自由行。我上一次去曼谷自由行是2018年夏天,我和好闺蜜一起在那儿待了5天,我们参观了曼谷最有名的几处建筑,看了人妖表演,买了很多美妆用品。相比一个人出行,两个人的深度自由行更加舒适,因为我们不仅可以分享美景和快乐,还能分摊旅途的费用。

Speaking of another city where I'd like to stay for a short time, it must be Bangkok. It is the capital city of Thailand that combines noisy places with modern elements(结合了喧闹和现代元素). I would like to travel there for a few days because of the convenient flight, beautiful beaches, delicious snacks, and attractive prices. With the lifting (取消) of epidemic restrictions, my friend and I have decided to travel there a second time this summer. We have made a very detailed plan including visiting famous places like the



Grand Palace and the Jade Buddha Temple, going to the Pattaya Floating Market, and riding an elephant in the forest. But because of our limited time, we will only stay there for about five days.

Bangkok is noisy because it attracts many tourists every year. My friend and I went there in the summer of 2018 when there was no pandemic(疫情). We stayed there for five days. The trip was unforgettable because we hadn't made concrete(具体的) travel plans, we just went around and stopped at what we found interesting. We also made friends with some local people, they told us interesting stories and local customs which were very fascinating. Besides, we visited the most famous scenic spots and watched the well–known Ladyman Show. As girls, we could not miss going to duty–free stores for shopping. I enjoyed traveling with my friend because we could not only share the beautiful scenery and pleasure but also could share the expense(花费), which was quite money–saving, to be honest.



Part 2串题 庆祝过的活动/花费甚少的外出日

Describe an important event you celebrated You should say:
What the event was
When it happened
Who attended the event
And explain how you feel about the event

Describe a special day out that cost you little money/didn't cost you much You should say:
When was the day
Where you went
How much you spent
And explain how you feel about the day

我想分享的是我的家乡在去年端午节的时候举办的赛龙舟活动,我们全家都去了。活动在我们家 附近的一个码头举行,我们和别的家庭组成一个参赛队伍,最终我们取得了第三名的成绩,获得 了一个粽子礼盒。我们全家都特别开心,因为活动不仅没有收取任何费用,我们还带了礼物回家。

What I want to share is the dragon boat race held in my hometown during the Dragon Boat Festival last year. The Dragon Boat Festival, the Spring Festival, the Ching Ming Festival and the Mid-Autumn Festival are known as the four traditional Chinese festivals. The Dragon Boat Festival has a big influence all over the world(在世界上影响广泛), and some countries and regions in the world also have activities to celebrate the Dragon Boat Festival. Every year on the fifth day of the fifth lunar month(农历), China celebrates this Festival.

During the Dragon Boat Festival last year, my whole family went to the dragon boat race in my city. The event was held at a marina(码头) near our house, and everyone could sign up for the competition(报名参加比赛), with prizes for the top three(前三名还有奖品可以拿). My family and other families formed a team. To be honest, this was the first time my family had participated in a dragon boat race. My family and I had never rowed before, so I was very excited. I thought we would not win the prize , but as long as everyone participated happily it would be worth it. To my surprise, the other family we teamed with(和我们一起组队的另一个家庭) played this game every year , so they were very experienced. In the end, we got the third place and got a zongzi gift box. This was really beyond our expectations(出乎我们的意料). Our whole family had a great time because not only was there no charge for the event, but we also brought gifts home.



Part 2串题 学到的重要事情/克服困难终成功/户外活动

Describe an important thing you have learned (not at school or college)
You should say:
What it was
When you learned it
How you learned it
And explain why it was important

Describe a difficult thing you did and succeeded You should say:
What it was
How you overcame the difficulties
Whether you got help
And explain how you felt after you succeeded

Describe an outdoor activity you recently did in a new place You should say:
Where and when you went there
What the activity was
Whether you asked for help with the activity
And explain why you attended the activity

上个月我和我的男朋友一起去黄山,这是中国最著名的一座高山。我男朋友工作一直特别忙,上个月好不容易有假期,就邀请我一起去爬山。但我平时是一个不锻炼的人,所以还没爬到半山腰我就爬不动,开始打退堂鼓了。这时,我的男朋友一直鼓励我,并告诉我只有到了山顶才能看到真正的风景。于是我咬牙继续坚持,并没有向男朋友寻求帮助。我爬一会儿休息一会儿,终于在几个小时后到了山顶。山上的美景治愈了身体的疲惫,当我成功登顶的时候我感到非常高兴。通过这件事我学到了持之以恒,坚持的力量。

I went to Huangshan Mountain with my boyfriend last month. Located in Huangshan City, Anhui Province, Huangshan Mountain is the most famous mountain in China. It was announced by the State Council(国务院) as a key national–level scenic spot(首批国家级重点风景名胜区), and was also included in the "World Cultural and Natural Heritage List"(世界文化与自然遗产名录) as well as the World Geo-park(世界地质公园) list by UNESCO(联合国教科文组织). My boyfriend had been very busy with his work, but he finally had a vacation last month, so he invited me to climb the mountain.

To be honest, I'm not really into exercise. I think the most exercise I do every day is walking from home to the subway station. So, before I was even halfway up the



mountain(半山腰), I couldn't climb anymore, and I wanted to give up. My boyfriend kept encouraging me and told me that if I persevered, I could see the spectacular scenery when I reached the top of the mountain, so I continued. On the way up, my boyfriend asked me if I needed any help, but I declined his offer. The reason I did so was because I wanted to use my own strength to reach the top.

I climbed for a while and rested for a while until I finally reached the top a few hours later. When I got there, the beauty of the mountain immediately eased my exhaustion(山上的美景治愈了我身体的疲惫) and I was so happy that I had made it all the way. This experience was also very educational for me, as I learned the rewards of perseverance(持之以恒的魅力) and the power of persistence(坚持的力量). This will be helpful for the rest of my life.



Part 2串题 重要的河流/安静的地方

Describe an important river/lake in your country You should say:
Where it is located
How big/long it is
What it looks like
And explain why it is important

Describe a quiet place
You should say:
Where it is
How you knew it
How often you go there
What you do there
And explain how you feel about the place

我想说的是青海湖,它坐落在青藏高原上,面积超过4000平方公里,像一块宝石镶嵌在高原之上。它风景秀美,也是一个重要的生态区,许多鸟类和动物的生存都依赖于它。我去旅游的时候曾在青海湖旁住过一晚,晚上的时候我和朋友裹着被子在客栈的露台上看星星,四周安静得只有风声,世界上好像只剩下星星、湖水和我们,我永远也忘不了这一晚的青海湖。

I would say Qinghai Lake, which is very quiet, but one of the most important lakes in China. Qinghai Lake is located in the northeastern part of the Qinghai-Tibet Plateau(青藏高原) in Qinghai Province, China. It is the largest lake and the largest saltwater lake(咸水湖) in China. Qinghai Lake covers an area of(占地面积达…) more than 4, 000 square kilometers and is surrounded by mountains, like a gem set on the plateau(像一块宝石镶嵌在高原之上). It has beautiful scenery and is also an important ecological area(生态区). The survival of many birds and animals depends on it. For example, there are more than 100, 000 migratory birds(候鸟) inhabiting(栖息) it in spring and summer, and the fish resources are also very rich.

When I traveled to Qinghai two years ago, I stayed by Qinghai Lake for one night, but that night made me fall in love with this quiet lake completely. In the evening, my friends and I were wrapped in quilts(裹着棉被) and stared at the stars on the terrace of the inn. I am a person who grew up in the city. From my impression(在我的印象里), there were not many stars in the sky since I was a child. So, when I saw the sky full of stars in Qinghai Lake, I was so surprised that I opened my mouth and didn't even dare to breathe(不敢呼吸), for fear of destroying this beautiful thing(生怕破坏了这美好的一切). All around me was so quiet, there was only the sound of the wind, and it seemed that only the stars, the lake and us were left in the world. The beauty of the entire starry sky and the silent lake took my breath away. I will never forget Qinghai Lake that night.



Part 2串题 新题:居住地发展/空气糟糕之地/放松的地方

居住地发展

Describe a new development in the area where you live (e.g.shopping mall, park...) You should say:

What the development is
When/where you noticed it
How long it took to complete it
And explain how you feel about it

空气糟糕之地

Describe a place you visited where the air was polluted You should say:
Where the place is
When you visited there
Why the air was not good
And explain how you felt about the place

放松的地方

Describe your favorite place in your house where you can relax You should say:
Where it is
What it is like
What you enjoy doing there
And explain why you feel relaxed at this place

我所居住的城市近年来新建了很多带状公园,我去年春天就发现绿化明显好多了,街道两侧以及很多原来的裸露空地上都被绿植覆盖,还有不同形状的花卉展摆。据说建设这些带状公园用了半年时间,我非常喜欢这项新的发展,因为带状公园由于遍布在道路两侧和城市中间,所以随处都可以欣赏到,等车的时候都觉得风景好多了。这个新的发展也让城市变得更加绿色宜居,,我的卧室有个小阳台,从阳台上正好能看到马路两侧的公园和绿植,非常养眼和舒服,我空闲时候喜欢冲一杯咖啡坐在阳台上对着那些绿植发呆,真的很放松。

In the past two years, great changes have taken place in my city. Last year I noticed in spring that there were many plants and grass along the streets. Especially in those deserted(废弃的) parks and spaces which have been covered with green grass and flowers of various kinds, many citizens are attracted to take pictures and exercise there. It's said that it took half a year for the government to make this new development which was called linear parks(带状公园). Being different from common parks, linear parks are scattered(散布) along the streets so people can appreciate the green view while driving or waiting for



the bus. So, I like this new development very much. It makes sense in improving people's health and happiness.

Besides, these linear parks have greatly improved the air quality in the city. In the past, due to the factories located in the downtown area, the air was polluted so heavily that we often suffered from air pollution. I went there last year, to find that the grassland around the factories was also damaged by polluted water and other waste, which has been a big concern to many citizens. However, it has been improved a lot with large areas of green. Factories that produced polluted waste have been forced to move to remote places.

Personally speaking, this kind of new development benefited me quite a lot because I could see one of the linear parks along the road from my balcony(阳台). The balcony is the best place in my house to relax because it is just next to my bedroom, there is a comfortable sofa and an all—white table. I enjoy sitting on the sofa on the balcony over a cup of coffee, without doing anything. The green view makes me comfortable and relaxed.



Part 2串题 交通拥堵/用手机做重要事情

Describe a time when you were stuck in a traffic jam You should say: When it happened Where you were stuck What you did while waiting And explain how you felt in the traffic jam

Describe a time you used your cellphone to do something important You should say:
What happened
When it happened
How important the cellphone was
And explain how you felt about the experience

去年的国庆节我出去旅游了,在回家的高速路上发生了严重的堵车,结果这个时候我的上司突然给我安排了一项紧急的工作,让我快速完成。但我出门的时候并没有带笔记本电脑,无奈之下,我只能用手机开始工作,幸亏手机上的办公软件还算好用,我有惊无险地按时完成了工作。如果没有堵在路上,我可能反而腾不出手来完成工作,算是因祸得福了。

I have worked very hard for the past few years without a vacation. So last year's National Day, I arranged a family reunion (久违的) with the whole family. We didn't go very far, just drove to the capital city in my province(省会城市) and spent six days there. On the last morning of the National Day holiday, we drove home. To my surprise, there was a serious traffic jam on the highway home. If I remember correctly, there had been a serious crash on the highway ahead of us. One of the trucks rolled over(側翻) and it blocked the entire highway, making it impossible for all traffic to pass.

Just as we were doing nothing on the motorway, my boss suddenly assigned me an urgent job(安排了一个紧急工作) that I had to do quickly, and needed to submit to a client within two hours. But I didn't take my laptop with me when I went out, because I didn't expect my boss to arrange work for me between vacations. In desperation(无奈之下), I could only use my mobile phone to start work. Fortunately, the office software on the mobile phone was easy to use, and I also remembered all the data and materials at work, so I completed the work on time without any mistakes . Looking back now(现在回想起来), it was a blessing in disguise(因祸得福) that if I hadn't been stuck in the road, I might have had no time to do my work.



Part 2串题 塑料废品/漂亮物品/常去的熟人之家

Describe a time when you saw a lot of plastic waste (e.g. in a park, on the beach etc.) You should say:

Where and when you saw the plastic waste
Why there was a lot of plastic waste
What you did after you saw it
And explain what your thoughts were about this

Describe an object that you think is beautiful You should say:
What it is
Where you saw it
What it looks like
And explain why you think it is beautiful

Describe the home of someone you know well and that you often visit You should say:
Whose home it is
How often you go there
What it is like
And explain how you feel about the home

我的好朋友的父亲是一个艺术家,他最擅长的就是变废为宝。他家里总是有很多的塑料垃圾,比如瓶子什么的,但是他总是能把这些塑料垃圾变成艺术品。比如我最喜欢的就是一个用塑料瓶和塑料袋制作的老鹰,栩栩如生,就像一只真正的老鹰模型一样,特别漂亮。我大概每个月都会去朋友家,去看看他的父亲有没有新的作品,我很喜欢他家,虽然他家看起来很乱,每次我都想帮他把这些塑料垃圾收拾干净,但是一想到他父亲能把这些垃圾变废为宝,就觉得很神奇。

My good friend's father is an artist who is very famous in our local area and has gradually become famous in China. What he does best is turn waste into wonderful works of art(变废为宝). In other words, there is always a lot of plastic waste in his house, such as bottles, bags and packaging, because he goes to the recycling plant(垃圾回收厂) to collect clean plastic and bring it home with him. But this garbage is not garbage to him, it is his art form, and he has always been able to turn plastic waste into art through his magical hands and mind.

My favorite creation of his is an eagle made of plastic bottles and bags, which is very lifelike(栩栩如生), just like a real model of an eagle, and very beautiful. He said that the eagle was influenced by National Geographic(受到了国家地理杂志的影响), and that he wants to convey through this work the idea(传达...的思想) that humans should live in harmony with nature (人类应该和大自然和谐相处). I heard from my friend that his father's



most expensive work of art was sold for hundreds of thousands of yuan, which really surprised me.

I go to my friend's house about once a month, sometimes to play with him, but more often to see if his father has created any new works of art. I like his house a lot, even though it looks messy, just like a small recycling plant. Every time I go there, I want to help him clean up all the plastic, but then I am reminded of all the ways his father can turn it into treasure and the meaning it has for people.



Part 2串题 未来想一起共事的家人/传统产品

Describe a family member who you want to work with in the future You should say:
Who he/she is
Whether you worked together before?
What kind of work you would like to do with him/her
And explain how you feel about this family member

Describe a traditional product in your country You should say: What it is When you tried this product for the first time What it is made of And explain how you feel about it

茶是中国的特色饮品,是用干茶叶泡水制成,我的妈妈就在经营一个茶园。小时候我第一次尝试喝茶时,并没有立即爱上它的味道,但随着我年龄的增长,我越来越喜欢喝茶,也对其背后的茶文化越来越感兴趣,因此我也经常帮妈妈的忙,并尝试自己做茶。我非常敬佩我妈妈一丝不苟的工作态度,希望将来我能够和她一起继续将这个茶园经营下去,越做越好。

Tea is a special drink in China. It refers to(指的是) a drink made from the leaves of the tea tree. It is mostly brewed in boiling water to drink. It can be added to food for seasoning(加入食物中调味), and can also be used in traditional Chinese medicine. Tea culture originated in(起源于) China. It is generally believed that the tea tree originated in Sichuan or Yunnan, and historically it was the main sold crop(经济作物) in humid and hilly areas(湿润丘陵地区) such as southern China. Today, tea trees are widely planted in countries all over the world.

My mother also runs a tea garden. The tea garden in my family is not very big, so it is not a very famous brand. Usually, my mother takes care of the tea garden. We only need to hire some temporary workers(临时工) when picking tea leaves. When I first tried drinking tea as a child, I didn't immediately fall in love with the taste, because I thought tea leaves were bitter, and I didn't understand why adults would like to drink such bitter water. But as I got older, I became more and more fond of drinking tea and became more and more interested in the tea culture behind it. Tea is very good for health. The caffeine(咖啡因) in tea can excite the central nervous system(兴奋中枢神经系统), help people boost their spirits(振奋精神), eliminate fatigue(消除疲劳) and improve work efficiency. In addition, tea has the effect of inhibiting arteriosclerosis(抑制动脉硬化) and is antibacterial(抗菌). I often do my mom a favor and try to make my own tea. I admire my mother's meticulous work attitude(一丝不苟的工作态度) very much. I hope that I can continue to run this tea garden with her in the future and make it better and better.



Part 2串题 印象深刻的英语课/信息搜索

Describe an impressive English lesson you had and enjoyed You should say:
What it was about
When you had it
What the teacher did
And why you enjoyed the lesson

Describe a time when you needed to search for information You should say:
What information you needed to search for
When you searched for it
Where you searched for it
And explain why you needed to search for it

我记得刚上高中的时候,我们学校来了一个外教。他的教学方法和传统的中式教学很不一样,他喜欢让我们自己查询信息,写报告然后做演讲。我记得第一节课的时候,他让我们在网上查中美两国的文化差异,并在一周后做演讲给全班听。于是我们分成了几个小组,按不同的方向每个人都需要查信息。我家里有电脑,所以周末的时候就在家里完成了。这个授课方式我觉得很新颖,同时我认为效果非常好。我不但学习到了检索信息的能力,还通过这个方式学到了文化差异,做演讲也让我有勇气大声讲英语。我非常享受那次课程。

I remember in high school when a new foreign teacher from America, called Sam, came to our school. This was my first time taking a foreign teacher's class, and I felt both excited and energized(充满了新鲜感). Sam's teaching method was very different from traditional Chinese teaching. Traditional Chinese teaching is mainly based on books(以书本为主) and learning grammar and vocabulary, because teachers expect students to get a good score in exams. But Sam wanted us to do research projects, write reports and give presentations in front of the class.

I remember in one of his classes when he asked us to research the cultural differences between China and the United States on the Internet, and prepare a presentation for the whole class a week later. So, at Sam's request(在Sam的要求下), we divided into small groups and everyone looked up information on different topics. I had a computer at home so I did my research at home on the weekend.

I think his teaching methods were very innovative and effective. Not only did I develop the ability to retrieve information(检索信息), which will undoubtedly be very helpful for me when I study abroad and write dissertations in the future, but I also discovered many cultural differences. At the same time, giving speeches allowed me to overcome my shyness(克服了自己的羞怯) and gave me the courage to speak English in front of people. I thoroughly



enjoyed his classes.

