

# 安小雅 雅思口语素材

第一套 Part2

(简单版串联)

适合学生党及上班族使用

## 关于素材使用方法和答疑

客服的微信提供素材售后服务，有疑问都可以在微信上询问哦！在微信通讯录搜：安小雅。即可找到客服~

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公众号会在每场考试后发布考试答案回忆，还有最新考试资讯，雅思技巧等等福利哦！

## 雅思考官一对一

我们跟多位 10 年以上经验的资深雅思考官合作，提供口语/写作一对一私教服务，教学内容可自定义。

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## 串联版 Part2 目录以及使用说明

串联版 Part2 指的是一篇范文回答多个话题。具体分类看看以下目录就知道了。

但是有些话题问的方向不一样，如果用同一篇范文来回答的话会有跑题嫌疑。所以有些串联的话题我们还是写了 2-3 篇范文，根据问题的问法稍作了一些修改。但是大体上的内容和思路都是一致的~

翻译里标黄的部分是与其他文章相同的句子，共用的。

## 如果我觉得素材有错怎么办？

我们的素材都是经过店主和外教一起编写和检查过的哦！您可以放心！

其实外国人在生活中有一些常用的口头上的表达，看起来很奇怪但实际并没有错的，国内老师也不会懂这些。所以呀！如果你觉得素材有错，我们是非常欢迎您来询问我们滴！千万不要觉得不好意思哦！下面举两个例子：

“Anna is two years my elder.” 安娜比我大两岁。“She is four months my younger” 她比我小四个月。

这是一种比较现代的说法，当然我们平时都会讲 “Anna is two years older than me” 和 “She is four months younger than me.” 但其实外国人都都会用前者多一些的。

“the majority of the girls were content discussing about how handsome or how affluent their boyfriends were.” 女孩子们都在热烈地讨论他们的男朋友有多帅。

这是现代英语的另一个特征，就是外国人在口头上都常常会省略掉介词。这里就把 were content with discussing 的 with 去掉了。这在口语上是完全没问题的，但大家在写作中就尽量要避免哦。

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## （一）万宁旅游

这是我们的核心大素材，讲述核心就是去了一个小众的海边城市万宁旅游。

无论问到什么类型的题目，你都往这上面套用。地点可以替换为其他你所了解的小众城市，反正你说一个中国人都很少知道的地方，考官就更不知道了，然后你吹得天花乱坠都没关系~

这样的好处就是，学生们可以用一个思路应对足够多的话题。在时间有限的情况下，这样就能尽可能多地覆盖更多的话题。避免在 Part2 没话说，跟考官大眼瞪小眼。

但这样也有弊端，因为毕竟是模板套用，会略显得僵硬以及废话略多。如果准备时间有半个月以上的话，建议看其他几套 Part2 的答案。

事件类的话题，你就说在旅游期间发生的事，比如堵车，错过约定，出海旅游等等

人物类的话题，你就说在旅游中遇见的导游，或者当地的人，酒店的老板等等

物品类的话题，你就说在旅游中买的礼物，纪念品

地点类的话题，你就直接说这一个小众海边城市。

下面就是具体的串联方式介绍：

### 开头万能段：

I would like to talk about ..... During my last summer holiday, my boyfriend and I went to Wanning for a vacation. Wanning is a small seaside city with beautiful scenery and no bustling crowds. We had a wonderful time there.

我想说一下我旅游时发生的事情（遇见的人、买到的物品.....回应主题）。去年暑假的时候，我和我的男朋友去了海南万宁旅游。万宁是一个海边小城市，风景秀美，没有熙攘的人群，我们在那里度过了一个美好的假期。

### 中间论述段：

论述段不必用一个完整的故事论述，你要做的就是针对每一个小问题，回答 1-2 句话。

因为我们 Part2 的小问题是跟考试问的一模一样，所以这部分是可以提前准备的。

下面打一个比方：

## 《美丽的物品》

Describe an object that you think is very beautiful.

Some instructions you can follow:

What the object is

Where you first saw the object

What it looks like

And explain how you feel about this beautiful object.

(1) What the object is

在这次旅行中，我的男朋友给我买了一条美丽的项链。

(2) What it looks like

这是一条由很多小贝壳串成的项链。每个小贝壳的颜色形状都不一样，这使得它非常与众不同。

(3) Where you first saw the object

这是我们一起在一家当地的纪念品店买东西的时候看见的。从我看见的第一眼，我就喜欢上了它。我男朋友也很有眼色，立刻就买下来给我。

(4) And explain how you feel about this beautiful object.

我觉得这条项链非常适合在海边度假时佩戴。带上这条项链，还有太阳帽，太阳镜，碎花裙子，我感觉我就像美人鱼公主一样。男朋友给我拍的每一张照片都非常美丽。虽然这条项链只需要几十块钱，但我觉得它真的很好看。

### 结尾万能段 1（赞美）：

In a nutshell, it was a fantastic trip. I not only ....., but also enjoyed the stunning sea view and participated in the incredible water activities on offer in the city. I would travel there again if I ever have the chance.

这一趟旅行真是太棒了，我不仅……（回应主题），还欣赏到了这里绝美的海景和参加了新奇的水上活动。有机会的话我还会再来一次。

### 结尾万能段 2（转折）：

In a nutshell, it was a wonderful trip. Although ....., I not only tasted some delicious seafood, but also enjoyed the stunning sea view and participated in the incredible water activities on offer in the city. I would travel there again if I ever have the chance.

总的来说，这是一趟美好的旅程。虽然……（回应主题），但我不仅品尝到了美味的海鲜，还欣赏到了这里绝美的海景和参加了新奇的水上活动。有机会的话我还会再来一次。

完整范文：

I would like to talk about the necklace which my boyfriend bought me. During my last summer holiday, my boyfriend and I went to Wanning for a vacation. Wanning is a small seaside city with beautiful scenery and no bustling crowds. We had a wonderful time there.

During this trip, my boyfriend bought me a beautiful necklace. It was a special item made of many small shells different in color and shape. We found it when we were shopping at a local souvenir store. For me, it was “love at first sight”, and, right on cue, my boyfriend bought it for me without hesitation.

I found the accessory perfect for our holiday at the seaside. With my new necklace, sun hat, sunglasses and floral skirt, I felt like a mermaid princess and looked good in every photo my boyfriend took. It may have been cheap, but in my eyes, it was absolutely beautiful.

In a nutshell, it was a fantastic trip. I not only received a pretty necklace, but also enjoyed the stunning sea view and participated in the incredible water activities on offer in the city. I would travel there again if I ever have the chance.

我想说一下我男朋友送给我的一条项链。去年暑假的时候，我和我的男朋友去了海南万宁旅游。万宁是一个海边小城市，风景秀美，没有熙攘的人群，我们在那里度过了一个美好的假期。

在这次旅行中，我的男朋友给我买了一条美丽的项链。这是一条由很多小贝壳串成的项链。每个小贝壳的颜色形状都不一样，这使得它非常与众不同。这是我们一起去一家当地的纪念品店买东西的时候看见的。从我看见的第一眼，我就喜欢上了它。我男朋友也很有眼色，立刻就买下来给我。

我觉得这条项链非常适合在海边度假时佩戴。带上这条项链，还有太阳帽，太阳镜，碎花裙子，我感觉我就像美人鱼公主一样。男朋友给我拍的每一张照片都非常好看。虽然这条项链只需要几十块钱，但我觉得它真的很好看。

这一趟旅行真是太棒了，我不仅收到了一条美丽的项链，还欣赏到了这里绝美的海景和参加了新奇的水上活动。有机会的话我还会再来一次。

## 01-02: 得到错误信息的时刻（新题）& 迷路（新题）

Describe an occasion when you got some incorrect information You should say: When it was Where you got the information How you found out that the information was not correct And explain what happened when you found out that the information was not correct.	Describe a time when you lost your way. You should say: When it was Where you went How you got lost And explain what happened after you lost your way.
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I would like to talk about the experience of getting lost when I went on a vacation in Wanning. During my last summer holiday, my girlfriend and I went to Wanning for a holiday. Wanning is a small seaside city with beautiful scenery and no bustling crowds. We had a wonderful time there.

On our second day in Wanning, we planned to eat at a restaurant that is quite popular online. We used the Meituan app to check the route in advance since it was our first time visiting it. According to the app, it was only a half-hour walk from our hotel.

However, we couldn't find the restaurant when we arrived at the designated location. We found that the location given by the Meituan app was completely incorrect! It led us to another restaurant with a similar name. Even worse, it brought us to a filthy alleyway where we couldn't tell the direction clearly.

I remember that we were hungry, tired, and angry at that time. However, we had no choice but to calm ourselves down and continue looking for the restaurant. After repeatedly confirming the location using multiple other apps, we walked another half hour and arrived at the restaurant. It was quite a lesson for us. In the future, it would be best to always use multiple apps and repeatedly confirm the location of the destination beforehand when going to a strange, new place.

中文思路:

我想说一下我在万宁旅游时迷路（得到错误信息）的经历。去年暑假的时候，我和我的女朋友去了海南万宁旅游。万宁是一个海边小城市，风景秀美，没有熙攘的人群，我们在那里度过了一个美好的假期。

在我们到达万宁的第二天，我们准备去一家著名的网红餐厅吃饭。因为我们是第一次去这家餐厅，所以我们提前使用美团 APP 查询路线。根据它的指示，我们从酒店出发步行半小时即可到达。

但是，我们到达了地图上指定的地点后却没找到那家餐厅。根据美团 app 里的网友晒图，我们发现餐厅的定位完全是错误的！它把我们指引去了另一家名字相似的餐厅。更糟糕的是，为我们来到了一个杂乱的小巷子里，完全分不清方向。

我记得那时候我们又饿又累，非常生气。但无可奈何，只能收拾心情重新找路。在使用其他多个软件反复确认后，我们又花费了半个多小时才步行到达那家餐厅。这对我们来说是一个教训，以后在前往某个陌生地方前，最好使用多个 APP，反复确认目的地的位置。

## 03-04: 想尝试的冒险（新题）& 想尝试的水上运动（新题）

Describe an exciting adventure you would like to go on. You should say: Who you would go with Where you would go What you would do on the adventure And explain why you would like to go on this adventure.	Describe a water sport you would like to try in the future. You should say: What it is Where you would try it Is it easy or difficult to do And explain why you would like to try this water sport.
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### 《想尝试的冒险》

An adventure I am very keen to try in the future is scuba diving. Scuba diving is where you swim while wearing a wet suit connected to an oxygen tank which allows you to breathe underwater. Therefore, you can swim underwater for long durations of time in order to explore the ocean floor.

I would like to go on this adventure with my girlfriend since she's also shown much interest in it. Sanya is a wonderful place for diving as the tropical waters are warm and the entire island is surrounded by coral reefs; therefore, there are loads of beautiful fish to watch and swim with. Actually, I have never tried scuba diving. Luckily, there are highly trained scuba instructors in Sanya so there will be someone there to teach me and keep me safe. Copyright by AnXiaoYa.

The reason why I have always wanted to try scuba diving is I find ocean life extremely interesting. I think there is such a vast and beautiful array of life that can be found in the oceans. I am really excited to see bright and colourful fish as well as magnificent coral reefs. Currently, due to the effects of climate change, a lot of coral life is at risk, so I think it is important to see it while I still can. Furthermore, I have always had a passion for swimming, and scuba diving will allow me to explore swimming in a way I have never done before. Overall, scuba diving is a very unique and thrilling activity. I want to try such an exciting adventure while I am young.

中文思路：

我很想尝试的冒险是深潜。水肺潜水是你穿着潜水衣游泳，上面连着氧气罐，它可以让你在水下呼吸。这样你就可以在水下呆很长的时间去探索海底。

我想和我的女朋友一起参加这次冒险，因为她对潜水也非常感兴趣。三亚是一个潜水的好地方，因为热带水域是温暖的，整个岛屿被珊瑚礁包围，因此有很多漂亮的鱼和你一起游泳。事实上我以前从未尝试过深潜，幸运的是，三亚有训练有素的潜水教练可以教我和保障我的安全。

我一直想尝试水肺潜水的原因是因为我发现海洋非常有趣。海洋中可以找到广阔而美丽的生命。我很高兴可以看到五彩缤纷的鱼和华丽的珊瑚礁。目前，由于气候变化的影响，很多珊瑚处于危险之中，所以我认为趁我还能看到的时候去看看很重要。此外，我一直对游泳充满热情，水肺潜水可以让我以一种从未有过的方式探索游泳。总的来说，水肺潜水是一项非常独特和令人兴奋的活动。我很希望在年轻的时候多尝试这样令人兴奋的冒险。

### 《想尝试的水上运动》

A water sport I am very keen to try in the future is scuba diving. Scuba diving is where you swim while wearing a wet suit connected to an oxygen tank which allows you to breathe underwater. Therefore, you can swim underwater for long durations of time in order to explore the ocean floor. I would like to try this in Sanya. It is a wonderful place for diving as the tropical waters are warm and the entire island is surrounded by coral reefs; therefore, there are loads of beautiful fish to watch and swim with. However, I am worried because scuba diving is a difficult activity so I will have a lot to learn. Luckily, there are highly trained scuba instructors in Sanya so there will be someone there to teach me.

The reason why I have always wanted to try scuba diving is I find ocean life extremely interesting. I think there is such a vast and beautiful array of life that can be found in the oceans. I am really excited to see bright and colourful fish as well as magnificent coral reefs. Currently, due to the effects of climate change, a lot of coral life is at risk, so I think it is important to see it while I still can. Furthermore, I have always had a passion for swimming, and scuba diving will allow me to explore swimming in a way I have never done before. Overall, scuba diving is a very unique and thrilling water sport, one which I am excited to try in the future.

中文思路：

我很想尝试的水上运动是深潜。水肺潜水是你穿着潜水衣游泳，上面连着氧气罐，它可以让你在水下呼吸。这样你就可以在水下呆很长的时间去探索海底。我想在三亚试试这项活动。这是一个潜水的好地方，因为热带水域是温暖的，整个岛屿被珊瑚礁包围，因此有很多漂亮的鱼和你一起游泳。然而我很担心，因为水肺潜水是一项困难的活动，我有很多东西需要学习。幸运的是，三亚有训练有素的潜水教练教可以教我。

我一直想尝试水肺潜水的原因是因为我发现海洋非常有趣。海洋中可以找到广阔而美丽的生命。我很高兴可以看到五彩缤纷的鱼和华丽的珊瑚礁。目前，由于气候变化的影响，很多珊瑚处于危险之中，所以我认为趁我还能看到的时候去看看很重要。此外，我一直对游泳充满热情，水肺潜水可以让我以一种从未有过的方式探索游泳。总的来说，水肺潜水是一项非常独特和令人兴奋的水上运动，我很希望在未来可以尝试。

## 05-06: 想去的遥远之地（新题）& 想短暂停留的城市

Describe a place which is far away that you would like to visit in the future. You should say: Where it is How you would travel there What you would do there And explain why you would really like to visit this place.	Describe a city you would like to visit for only a short time. Some instructions you can follow: Where the city is Who you would visit the city with What you would like to do there And explain why you would like to visit this city for only a short time.
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### 《想去的遥远之地》

I want to pay a visit to Wanning which is far away from my city. It is located in Hainan province in southern China. Not long ago, I came across a post promoting tourism in Wanning. Needless to say, I was immediately drawn to the spot by its enchanting island scenery.

If I have a chance to travel to Wanning, I definitely will take a plane to Wanning because it's just too far away from my hometown. I wish to go with my boyfriend. We can walk on the beach at sunset, look for shells and take some photos. If we get tired, we can have a meal at a local seafood stall.

As far as I know, Wanning is not particularly well known so there aren't many tourists in this seaside town. But it would actually make for a nice little tourist destination with stunning beaches and breathtaking views that can rival those of Sanya; a tourism mecca. As everyone knows, it is hard for people to enjoy a tourist attraction, however spectacular it is, when it is packed with people.

Copyright by An Xiao Ya. Wanning is a small seaside city with beautiful scenery and no bustling crowds. That is the reason why I want to visit there.

我想去的一个遥远的城市是海南万宁。万宁坐落在海南省，中国的南端。之前我偶然在网上看到推荐万宁旅游的帖子。帖子里晒出了很多美丽的海岛风景，让我对这个地方产生了兴趣。

如果我以后有机会万宁旅游的话，我肯定会选择坐飞机去万宁，因为它离我家乡实在太远了。淘宝店铺：安小雅。我希望跟我的男朋友一起去。这样的话，我们可以一起在夕阳下漫步海边，可以沿着沙滩寻找各种贝壳，迎着夕阳拍照片。逛累了可以去当地的海鲜大排档吃饭。

据我所知，万宁不是一个著名的旅游景点，这里的游客并不多。但它的海滩和自然风光一点也不输著名的三亚。所以这是一个非常适合旅游的海边城市。你要知道，当游客过多的时候，无论这个地方的风景有多壮观，人们都不会感到愉悦。

万宁是一个海边小城市，风景秀美，没有熙攘的人群，这就是我想去那里旅游的原因。

## 《想短暂停留的城市》

I have always wanted to pay a short visit to Wanning, and during my last summer holiday, my boyfriend and I went to Wanning for a vacation. Wanning is a small seaside city with beautiful scenery and no bustling crowds. We had a wonderful time there.

Since it is not particularly well known, there aren't many tourists in this seaside town. But it would actually make for a nice little tourist destination with stunning beaches and breathtaking views that can rival those of Sanya; a tourism mecca. As everyone knows, it is hard for people to enjoy a tourist attraction, however spectacular it is, when it is packed with people.

If I have another chance to travel to Wanning, I wish to go with my boyfriend. We can walk on the beach at sunset, look for shells and take some photos. If we get tired, we can have a meal at the local seafood stall.

The reason why I only wanted to make my visit to Wanning a short one is because it is a small city. Although it is beautiful, there are not many activities to do for fun there. A three-day's journey was nice, but if we had stayed here for a week, we might have become a bit bored.

中文思路：

我想短暂停留的城市是海南万宁。万宁是一个海边小城市，风景秀美，没有熙攘的人群。去年暑假的时候，我和我的男朋友去了海南万宁旅游，我们在那里度过了一个美好的假期。

万宁不是一个著名的旅游景点，这里的游客并不多。但它的海滩和自然风光一点也不输著名的三亚。所以这是一个非常适合旅游的海边城市。你要知道，当游客过多的时候，无论这个地方的风景有多壮观，人们都不会感到愉悦。

如果我以后还会去万宁旅游的话，我希望跟我的男朋友一起。我们可以一起在夕阳下漫步海边，可以沿着沙滩寻找各种贝壳，迎着夕阳拍照片。逛累了可以去当地的海鲜大排档吃饭。

我只想短暂地来万宁旅游，是因为万宁是一个小城市，虽然它风景很美，但我在万宁能参加的娱乐活动并不多。我认为短短的三天足以让我满足了。如果在这里呆上一个星期的话，我们可能会觉得有点无聊！

## 07：印象深刻的汽车旅行（新题）

Describe a car journey you made that you remember well.

You should say:

When it was

Who was with you

How long the journey took

and explain why you remember this car journey so well.

I would like to talk about the experience of a car journey in which several classmates and I rented a car and traveled in Wanning. Wanning is a small seaside city with beautiful scenery and no bustling crowds. We had a wonderful 5-day holiday there.

Not long ago, I came across a post promoting tourism in Wanning. Needless to say, I was immediately drawn to the spot by its enchanting island scenery. As far as I know, Wanning is not particularly well known so there aren't many tourists in this seaside town. So, all of us agreed that going on a trip to Wanning on National Day holiday was a good idea. We chose to rent a car in Wanning because it was far more convenient and cheaper since we were four people and had lots of luggage.

It was a very impressive and memorable trip for us. For one, Wanning has stunning beaches and breathtaking views that can rival those of Sanya; a tourism mecca. For another, it didn't become overcrowded even if it was during the National Day holiday. As everyone knows, it is hard for people to enjoy a tourist attraction, however spectacular it is, when it is packed with people. What's more, we enjoyed the beautiful seaside scenery all the way and exchanged gossip freely in our car during the trip. This was an unforgettable experience for us since we are about to graduate and go to different cities.

我想说一下我去年国庆，我和几个同学正在万宁租车旅行的经历。万宁是一个海边小城市，风景秀美，没有熙攘的人群，我们在那里度过了一个5天美好的假期。

之前我偶然在网上看到推荐万宁旅游的帖子。帖子里晒出了很多美丽的海岛风景，让我对这个地方产生了兴趣。据我所知，万宁不是一个著名的旅游景点，这里的游客并不多。所以，我们都认为在国庆假期来万宁是一个避开人潮的好选择。所以我们选择租车旅行，是因为我们有四个人，行李也很多，租车会比较方便以及经济实惠。

这次假期让我们印象深刻。一方面是因为即便是国庆假期，这里的游客并不多。但它的海滩和自然风光一点也不输著名的三亚。所以这是一个非常适合旅游的海边城市。你要知道，当游客过多的时候，无论这个地方的风景有多壮观，人们都不会感到愉悦。还有就是，我们一路上边欣赏海边秀丽的景色，边在车里畅所欲言地聊天。这对于即将毕业各奔东西的我们来说是一次难忘的体验。

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## 08-09: 收到想要的东西 & 见过的有趣老人

Describe a time when someone gave you something that you really wanted. Some instructions you can follow: Who this person was What this person gave you Why you wanted this thing And explain how you felt when you got this thing.	Describe an interesting old person you have met. Some instructions you can follow: How you met him/her Who the person is What kind of person he/she is And explain why you think this old person is interesting.
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### 《收到急需品的时刻》

I would like to talk about the medicine I received during a medical emergency on my trip to Wanning. During my last summer holiday, my boyfriend and I went to Wanning for a vacation. Wanning is a small seaside city with beautiful scenery and no bustling crowds. We had a wonderful time there.

We booked a B&B for our excursion to Wanning, which was run by an older lady. After we had checked into the B&B, I suddenly began to feel a sharp pain in my stomach late at night. I tossed and turned for a long time but did not feel any better. I thought it was because of the unhygienic seafood I had eaten the night before, so my boyfriend quickly went downstairs to ask the B&B host where she could get some medicine.

The host was very considerate. She told us that she often saw customers get sick after eating something unhygienic, and she had prepared the appropriate medicine in advance. Without hesitation, she gave me some medicine that relieves stomach pain and diarrhea, and I felt much better shortly after taking it.

It is my good fortune to have met this lovely and warm-hearted lady on our trip. She was an empathetic and responsible host. Afterwards, I wrote a long recommendation post on the booking website. Best wishes for her business!

中文思路:

我想说一下我在万宁旅游时收到一些急用的药物的经历。去年暑假的时候，我和我的男朋友去了海南万宁旅游。万宁是一个海边小城市，风景秀美，没有熙攘的人群，我们在那里度过了一个美好的假期。

在万宁旅游的时候，我们预定了一家民宿入住。民宿老板是一位年纪偏大的女士。她是一个非常热情非常健谈的人。就在入住的当天深夜，我突然觉得肚子剧痛。我在床上翻来覆去了许久都没有好转。我觉得我是晚上吃的海鲜不卫生导致的。于是我女朋友就赶紧下楼询问民宿老板哪能买药。

老板很贴心，她说她的顾客经常有吃坏肚子的情况，所以她常备了对应的药。二话不说就给了我一些治疗腹痛腹泻的药。我服下后不久就感觉舒服多了。

能在旅程中遇到这位热心的女士，我觉得我很幸运。她是一个有同理心和负责的民宿老板。事后我在订房网站上给她写了一个大大的推荐帖，希望她以后生意越做越好！

### 《见过的有趣老人》

I would like to talk about an interesting old woman I met in Wanning. During my last summer holiday, my boyfriend and I went to Wanning for a vacation. Wanning is a small seaside city with beautiful scenery and no bustling crowds. We had a wonderful time there.

We booked a B&B for our journey in Wanning, which was run by an older lady. She was very enthusiastic and talkative. I found her to be very interesting.

As soon as we arrived at the B&B, she kindly introduced us to nearby attractions and affordable restaurants. She prepares local specialties for her customers' breakfast every morning, and is so talkative that every time we chat, she always has plenty to say. I could feel her passion for her B&B and life in general. From my point of view, running a B&B seems boring, because one has to do the same thing over and over again. But obviously, this old lady finds pleasure in it.

It is my good fortune to have met this lovely and interesting old lady during this trip. She recommended many great spots and restaurants to us. We had a memorable time there.

中文思路：

我想说一下我在万宁旅游时遇见的一个有趣的老人家。去年暑假的时候，我和我的男朋友去了海南万宁旅游。万宁是一个海边小城市，风景秀美，没有熙攘的人群，我们在那里度过了一个美好的假期。

在万宁旅游的时候，我们预定了一家民宿入住。民宿的老板是一位年纪偏大的女士。她是一个非常热情非常健谈的人，我觉得她非常有趣。

我们刚到酒店的时候，她就热情地给我们介绍附近的景点和性价比高的餐馆。她每天早上都会给住客做当地的特色食物当早饭。每次跟她交谈，我总觉得她有着说不完的话。而且我能感受到她对于经营旅馆以及对于生活的热爱。在我看来，经营一个旅馆是一件很无聊的事情，因为旅馆主每天都在重复做相同的事情。但这位老女士则乐在其中。

能在旅程中遇到这位有趣的女士，我觉得我很幸运。她给我们推荐的景点和餐馆都很好，我们度过了一个美好的假期。

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## 10-11: 一个空气不好的地方 & 一个嘈杂的地方

Describe a place you went to where the air was not clean. Some instructions you can follow: Where the place was When and Why you went there Why the air was not clean And explain how you felt about being in a place where the air was not clean.	Describe a place you went to that was very noisy. Some instructions you can follow: Where this place was What you did there Why it was very noisy And explain how you felt about this place being so noisy.
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### 《去过的一个空气不好的地方》

I would like to talk about a terrible restaurant that I visited in Wanning. During my last summer holiday, my boyfriend and I went to Wanning for a vacation. Wanning is a small seaside city with beautiful scenery and no bustling crowds. We had a wonderful time there.

While holidaying in Wanning, we made a dinner reservation at a famous local seafood restaurant. But when we arrived at the restaurant, we found the atmosphere to be too unpleasant. It was noisy and full of smoke, and the air quality was very poor.

The restaurant was small yet packed. Many diners smoked while talking loudly, and the waiters didn't even try to stop them. So, the restaurant was absolutely filled with smoke. Perhaps it was because all of the windows in the place were kept closed, with only the air conditioning keeping it cool. Despite its tasty food, the noisy environment of the restaurant made me feel very uncomfortable. So, we finished our meal quickly and left.

I think it's important to offer diners a quiet dining environment. The restaurant should control the number of diners and prohibit smoking, or it may fail to offer its customers a good dining experience no matter how delicious its food. Copyright by AnXiaoYa.

中文思路:

我想说一下我在万宁时去过的一个糟糕的饭馆。去年暑假的时候，我和我的男朋友去了海南万宁旅游。万宁是一个海边小城市，风景秀美，没有熙攘的人群，我们在那里度过了一个美好的假期。

在万宁的时候，我们在一家当地很出名的海鲜餐厅预约了晚餐。但当我们到达了餐厅后，我们发现这个餐厅的环境实在是太差了。不但嘈杂，而且还满屋子的烟味，空气质量非常差。

餐厅不大，但里面坐满了人。很多人边大声交谈边抽烟，服务员也不制止。与此同时，估计是因为餐厅只开了空调，没开窗，导致了满屋子烟雾缭绕。虽然这家餐厅的食物味道不错，但嘈杂的环境，糟糕的空气让我非常难受。我们迅速地用完餐就离开了。

我认为一个舒适的就餐环境对顾客来说是很重要的。这家餐厅应该控制就餐人数，禁止吸烟。不然即便它的食物再美味，顾客也得不到良好的就餐体验。

### 《去过的一个嘈杂地方》

I would like to talk about a noisy restaurant that I visited in Wanning. During my last summer holiday, my boyfriend and I went to Wanning for a vacation. Wanning is a small seaside city with beautiful scenery and no bustling crowds. We had a wonderful time there.

While holidaying in Wanning, we made a dinner reservation at a famous local seafood restaurant. But when we arrived at the restaurant, we found it very noisy. The tables in the restaurant were placed too close to each other, leaving less room for customers to walk by. I guess the owner arranged the tables in this way to accommodate more customers, but this only ensured that the small place was overcrowded with diners.

In addition, a lot of people were drinking and speaking in a loud voice in the hall. Despite its tasty food, the noisy environment of the restaurant made me feel very uncomfortable, so we finished our meal quickly and left.

I think it's important to offer diners a quiet dining environment. The restaurant should properly place its tables and control the number of diners allowed in at once, or it may fail to offer its customers a good dining experience no matter how delicious its food.

中文思路：

我想说一下我在万宁时去过的一个嘈杂的饭馆。去年暑假的时候，我和我的男朋友去了海南万宁旅游。万宁是一个海边小城市，风景秀美，没有熙攘的人群，我们在那里度过了一个美好的假期。

在万宁的时候，我们在一家当地很出名的海鲜餐厅预约了晚餐。但当我们到达了餐厅后，我们发现这个餐厅实在是太嘈杂了。我估计是餐厅老板想尽可能地让更多的人就餐，餐厅里每张桌子之间的间隔很窄，可供顾客走动的过道也很窄。这导致了小小的一个餐厅里全挤满了人。

不但如此，大厅里还有很多人在喝酒、大声交谈。虽然这家餐厅的食物味道不错，但嘈杂的环境让我非常难受。我们迅速地用完餐就离开了。

我认为一个安静的就餐环境对顾客来说是很重要的。这家餐厅应该合理布局餐桌，控制就餐人数。不然即便它的食物再美味，顾客也得不到良好的就餐体验。

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## 12: 投诉并得到满意结果

Describe a time you made a complaint about something and were satisfied with the result.

Some instructions you can follow:

Who you complained to

Is it easy to complain

What you complained about

And explain why you were satisfied with the result of the complaint.

I would like to talk about the time I made a complaint about the terrible room service at a hotel. Anna During Yasi my last summer holiday, my boyfriend and I went to Wanning for a vacation. Wanning is a small seaside city with beautiful scenery and no bustling crowds. We had a wonderful time there.

But when we checked into the hotel we had reserved in Wanning, we found that the room was too dirty. There were not only yellow stains on the pillow, but also some hairs on the quilt. And to think that we booked Sheraton; a famous five-star hotel chain!

So, I angrily called the front desk to make a complaint. A girl with a gentle voice answered the phone. I furiously informed her how dirty the room was and asked her to call housekeeping to clean it up quickly. She immediately apologized to me and upgraded us to a sea-view room free of charge.

The complaint process was simple. All it took was one call to resolve my problem. The way the hotel staff solved this problem was also satisfactory. We got to stay in a clean new room, which was not only spacious, but also had an excellent view of the seascape.

In a nutshell, it was a wonderful trip. Although we were initially given a terrible room, we ended up with a larger and cleaner room after complaining. We had a wonderful time in Wanning and I would travel there again if I ever have the chance.

中文思路:

我想说一下我投诉了糟糕的酒店客房服务的时刻。去年暑假的时候,我和我的男朋友去了海南万宁旅游。万宁是一个海边小城市,风景秀美,没有熙攘的人群,我们在那里度过了一个美好的假期。

但是,当我们入住在万宁预定的酒店时,我们发现房间实在是太脏了。不但枕头上有黄色的污渍,被子里还夹带这一些毛发。要知道我们预定的可是喜来登酒店,著名的五星级连锁酒店品牌。

于是我气急败坏地打电话去前台投诉。接电话的是一个声音很温柔的小姐姐。我怒气冲冲地告诉她房间卫生是有多差,让她迅速叫服务员来打扫干净。前台小姐姐立即向我道歉,并免费帮我们升级到看海的房间。

投诉过程很简单,我只打了一个电话就解决问题了。酒店人员的解决问题方式也很令人满意。我们住进了干净的新房间,而且房间很大,还能看海。

总的来说,这是一趟美好的旅程。虽然酒店房间很脏,但通过投诉我们还是住进了更好的更干净的房间。我们在万宁度过了一个美好的假期,有机会的话我还会再来一次。



## 13: 跟别人一起做事的经历

Describe something you did with one or more people (e.g. an activity, a piece of work).

Some instructions you can follow:

What you did

Who you did it with

How long it took

And explain how you felt about doing something with one or more people.

I would like to talk about the experience my girlfriend and I had on a bike along the seaside during a trip to Wanning. During my last summer holiday, my girlfriend and I went to Wanning for a vacation. Wanning is a small seaside city with beautiful scenery and no bustling crowds. We had a wonderful time there.

There is an Internet-famous seaside trail in Wanning, and I often flicked through its photos on Xiaohongshu. On the final afternoon of our trip there, my girlfriend and I rented a tandem bicycle. We rode along the trail for more than an hour and chatted with each other. When we were tired, we stopped to drink water and rest. It was amazing! We also took many photos along the way. Riding alongside the setting sun over the blue sea, we could take beautiful pictures at any time.

I imagine that it might be a little boring to ride a bicycle alone, because you have no partners to talk to amid the beautiful scenery. I'm not a loner, so I don't like living or traveling alone.

In a nutshell, it was a fantastic trip. I not only had a wonderful seaside bike ride, but also enjoyed the stunning sea view and participated in the incredible water activities on offer in the city. I would travel there again if I ever have the chance.

中文思路:

我想说一下我和我女朋友在万宁骑单车的经历。去年暑假的时候，我和我的男朋友去了海南万宁旅游。万宁是一个海边小城市，风景秀美，没有熙攘的人群，我们在那里度过了一个美好的假期。

万宁有一条网红的海边步道，我经常在小红书上看到相关的照片。在万宁旅游的最后一天下午，我和我男朋友租了一部双人单车，沿着这条海边步道骑了足足一个多小时。我和我男朋友边骑车边聊天，骑累了就停下来喝水休息，好不惬意。沿途我们还拍了很多照片。迎着夕阳和蓝蓝的海水，随手一拍就是一张绝美的照片。淘 宝 店 铺：安 小 雅。

如果是自己一个人骑车的话可能会有点无聊。因为虽然景色很美，但你却没有可倾诉的对象。我不是一个孤僻的人，我不喜欢单独生活或者独自旅游。

这一趟旅行真是太棒了，我们进行了一次快乐的单车游，还欣赏到了这里绝美的海景和参加了新奇的水上活动。有机会的话我还会再来一次。



## 14: 不寻常的一顿饭

Describe a time when you had an unusual meal.

Some instructions you can follow:

When you had this meal

Who was with you

Where you had this meal

And explain what was unusual about this meal.

I would like to talk about an unusual seafood meal I had in Wanning. During my last summer holiday, my boyfriend and I went to Wanning for a vacation. Wanning is a small seaside city with beautiful scenery and no bustling crowds. We had a wonderful time there.

While holidaying in Wanning, we made a dinner reservation at a famous local seafood restaurant. When we arrived at the restaurant, what took me by surprise was that, unlike any seafood restaurant that I had been to before, this establishment had a wide and unusual range of seafood choices. We saw a lot of unknown fish, palm-sized abalones, as well as a myriad of strange crabs and prawns.

In contrast to other restaurants, the seafood here was displayed pretty much the same way as at a farmer's market on the side of the road. The guests could scoop up the seafood for themselves before having it weighed and prepared in a manner of their choosing. The variety of food and the unique way of ordering were so out of ordinary that we found it all very refreshing and interesting. The cooking there also impressed us and all the seafood we ordered was super delicious.

In a nutshell, it was a fantastic trip. I not only had a wonderful seafood meal, but also enjoyed the stunning sea view and participated in the incredible water activities on offer in the city. I would travel there again if I ever have the chance.

我想说一下我在万宁吃的一顿不同寻常的海鲜晚饭的时刻。去年暑假的时候，我和我的男朋友去了海南万宁旅游。万宁是一个海边小城市，风景秀美，没有熙攘的人群，我们在那里度过了一个美好的假期。

在万宁的时候，我们在一家当地很出名的海鲜餐厅预约了晚餐。在预定的那天，我们按时到达了餐厅。出乎我意料的是，这里的海鲜种类也太多了，跟我以前去过的海鲜餐厅都不一样。我们看见了很多不知名的海鱼，还有跟巴掌一样大的鲍鱼，各种千奇百怪的螃蟹，虾。

最不同寻常的就是这里的海鲜展示方式跟菜市场一样，在路边摆一排，需要由客人自己把海鲜捞起来，然后去称斤和挑选制作方式。这家餐厅的海鲜种类和点餐方式是那么的不同寻常，让我们感到非常新奇有趣。同时，他们的烹饪水平也很高，我们点的所有海鲜都非常美味。

这一趟旅行真是太棒了，我不仅吃到了一顿海鲜大餐，还欣赏到了这里绝美的海景和参加了新奇的水上活动。有机会的话我还会再来一次。

## 15: 迟到

Describe a time when you were late for something important

Some instructions you can follow:

When and where it happened

What you were late for

Why you were late

And explain how you felt about being late for this important thing.

I would like to talk about the time I missed a reservation with a restaurant. During my last summer holiday, my boyfriend and I went to Wanning for a vacation. Wanning is a small seaside city with beautiful scenery and no bustling crowds. We had a wonderful time there.

While holidaying in Wanning, we made a dinner reservation for 6:00 pm with a famous local seafood restaurant. This restaurant is so famous that we booked almost a week in advance to get a table. So this reservation is important. But since we were having such a good time out on the sea during the day, the arrangement completely slipped our minds until we received a call from the diner.

We arrived at the dinner spot as soon as we could, but were informed that our table had been taken since it was already past 7:00 pm. It was indisputable that it was our oversight which had led to the situation in the first place, so we decided to stay and wait to be seated anew. It wasn't until about one hour later that we finally got to fill our empty stomachs. The whole experience turned out to be a valuable lesson for us: in the future, I will most definitely set a reminder on my cellphone for all upcoming appointments and events.

In a nutshell, it was a wonderful trip. Although we forgot our reservation at the restaurant, we still had a wonderful time in Wanning. I would travel there again if I ever have the chance.

我想说一下我错过了跟饭店约定的时间，迟到的时刻。去年暑假的时候，我和我的男朋友去了海南万宁旅游。万宁是一个海边小城市，风景秀美，没有熙攘的人群，我们在那里度过了一个美好的假期。

在万宁的时候，我们在一家当地很出名的海鲜餐厅预约了晚上 6 点的晚餐。这家餐厅很著名，我们几乎提前了一周预定才有位置。所以这次预定很重要。但那天我们白天出海玩了，大家都玩得很开心，以至于完全忘了我们晚上还约了晚餐的。直到餐厅的服务员给我打电话，我们才想起来。

于是我们迅速地赶到餐厅。不过那时候已经 7 点了，服务员跟我们说我们预约的位置已经让给别人了，我们需要等待一阵才能用餐。由于这是我们的疏忽，所以我们决定等待。大概过了 1 个小时，我们才吃上了晚饭。这对我们来说是一个教训，以后我一定会把预约好的或者重要的事情记录在手机里，设个闹钟提示。

总的来说，这是一趟美好的旅程。虽然我们忘记了跟饭馆的预定，但我们还是在万宁度过了一个美好的假期。有机会的话我还会再来一次。

（这篇跟《忘记约定的时刻》几乎一模一样）

## (二) 打羽毛球

这是我们第二个大素材，这个串联主题就是打羽毛球，亦或者改成自己喜欢的运动也可以。

该主题可以套用在事件类，地点类和人物类的话题上

下面是一些通用的材料，在回答不同的话题时，灵活运用以下素材即可。

### 1) 如何接触打羽毛球这项运动的，平时在哪里打，跟谁打，多久打一次

今年以来，我为了保持健康，开始每周打 2-3 次羽毛球，这是我的舍友 Anna 提议的。她经常去我们宿舍附近的羽毛球场打羽毛球的习惯，现在她都会叫上我一起去打。

Earlier in the year, I decided to play badminton 2-3 times per week in order to keep healthy. It was an idea proposed by my roommate Anna. She has been regularly playing badminton at the court near our dormitory and now she always asks me to join.

### 2) 为什么要打羽毛球，打羽毛球有什么好处

(1) 最近我的学习压力比较大，经常感到疲惫。听说运动能够释放压力，并且让人更有精神，所以我决定试一试。

I have encountered great pressure from my study recently and have been vulnerable to fatigue, and I heard that doing sports can help to let off steam and make me lively.

(2) 打羽毛球则是一项流行的体育运动。我很容易就能在学校里约上几个同学朋友一起打羽毛球。此外，羽毛球也不是一项对身体要求很高的运动。这意味着，这是一个人们更容易进行锻炼的方式，而没有过度劳累或伤害自己的风险。

Badminton is a very popular sport in our country. It is easy to find locations to play badminton and friends to compete against. It is also not a very physically demanding sport. Thus, it is an uncomplicated way for me to exercise without the risk of overexerting or injuring myself.

### 3) 对于打羽毛球这件事情，你有什么感想

自从我开始打羽毛球后，我整个人都变得更有活力了。每当我感到疲倦或缺乏激情时，只要 30 分钟的简单运动就能使我恢复活力。我现在每天都能保持一个良好的精神状态。而且自从开始运动后，我感觉我变瘦了，变得更健康了。

Since I started to play badminton, I have turned into a more vigorous person. Whenever I feel tired or lack enthusiasm, a simple 30-minute workout helps me energetic. I am able to keep a good mental state every day and I have lost weight and become healthier than before.

### 4) 要开始运动的原因

I haven't really taken any interest in sports since I was a child. I prefer to listen to music or do some reading in my room. Even though I'm in college now and have more free time, I don't get much exercise because of my laziness. Meanwhile I also enjoy all kinds of junk foods and bubble teas. In fact, I find that I've put on a lot of weight, and can't go upstairs without heavily gasping for breath. So, I want to start doing some exercise now.

我从小就不太喜欢运动，我更喜欢呆在房间里听音乐或者看书。虽然我现在上了大学，相对于高中，我有了很多自由的时间。但因为懒惰，我还是很少运动。而且我喜欢吃垃圾食品和喝高热量的奶茶。事实上，我发现我比以前胖了许多，而且上楼都会喘气了。所以我现在想开始做一些运动来保持健康了。

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## 16-17: 年轻时的空闲活动 & 一个享受的生活习惯

<p>Describe an activity you enjoyed doing in your free time when you were younger.</p> <p>Some instructions you can follow:</p> <p>What activity you did</p> <p>Who you did it with</p> <p>Where you did this activity</p> <p>And explain why you enjoyed doing this activity in your free time when you were younger.</p>	<p>Describe a routine you have in your life that you enjoy.</p> <p>Some instructions you can follow:</p> <p>What the routine is</p> <p>When and why you started to follow this routine</p> <p>How easy it is to follow</p> <p>And explain why you enjoy having this routine in your daily life.</p>
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### 《一个享受的生活习惯》

Earlier in the year, I made exercise part of my daily routine in order to keep healthy. To be more precise, I started playing badminton 3-4 times per week. It was an idea proposed by my roommate Anna. She has been regularly playing badminton at the court near our dormitory and now she always asks me to join.

I have encountered great pressure from my studies this year and have been vulnerable to fatigue. I heard that doing sports can help to let off steam and make me more energetic. Badminton is a very popular sport in our country. It is easy to find locations to play badminton and friends to compete against. It is also not a very physically demanding sport. Thus, it is an uncomplicated way for me to exercise without the risk of overexerting or injuring myself.

I have found it very easy to stick to this routine because playing badminton is fun. Besides, my roommate Anna will always ask me to play with her.

I very much enjoy following this routine. Since I started to play badminton, I have turned into a more vigorous person. Whenever I feel tired or lack enthusiasm, a simple 30-minute workout helps me to reenergise. I am able to keep a good mental state every day and I have lost weight and become healthier than before.中文思路：

今年以来，我为了保持健康，我保持了每天运动的习惯。准确来说，我每周都会打 2-3 次羽毛球。这是我的舍友 Anna 提议的。她经常去我们宿舍附近的羽毛球场打羽毛球的习惯，现在她都会叫上我一起去打。

最近我的学习压力比较大，经常感到疲惫。听说运动能够释放压力，并且让人更有精神，所以我决定试一试。打羽毛球则是一项流行的体育运动。我很容易就能在学校里约上几个同学朋友一起打羽毛球。此外，羽毛球也不是一项对身体要求很高的运动。这意味着，这是一个人们更容易进行锻炼的方式，而没有过度劳累或伤害自己的风险。

保持这个习惯是一件简单的事情，因为打羽毛球很快乐。除此之外，我的舍友 Anna 每次都会叫上我一起打。

自从我开始打羽毛球后，我整个人都变得更有活力了。每当我感到疲倦或缺乏激情时，只要 30 分钟的简单运动就能使我恢复活力。我现在每天都能保持一个良好的精神状态。而且自从开始运动后，我感觉我变瘦了，变得更健康了。

### 《年轻时的空闲活动》

A couple years ago, I made exercise part of my daily routine in my free time. To be more precise, I started playing badminton 3-4 times per week. It was an idea proposed by my roommate Anna. She has been regularly playing badminton at the court near our dormitory and now she always asks me to join.

Badminton is a very popular sport in our country. It is easy to find locations to play badminton and friends to compete against. It is also not a very physically demanding sport. Thus, it is an uncomplicated way for me to exercise without the risk of overexerting or injuring myself.

I very much enjoyed playing badminton. Since I started to play badminton, I have turned into a more vigorous person. Whenever I feel tired or lack enthusiasm, a simple 30-minute workout helps me to reenergise. I am able to keep a good mental state every day and I have lost weight and become healthier than before.

But now I am busy with my essays and an internship. I am too exhausted to make time to play badminton. I hope I can learn to balance study and daily life and make more time for leisure activities.

中文思路：

一到两年前，我在空闲的时候都会去运动。准确来说，我每周都会打 2-3 次羽毛球。这是我的舍友 Anna 提议的。她经常去我们宿舍附近的羽毛球场打羽毛球的习惯，现在她都会叫上我一起去打。

打羽毛球则是一项流行的体育运动。我很容易就能在学校里约上几个同学朋友一起打羽毛球。此外，羽毛球也不是一项对身体要求很高的运动。这意味着，这是一个人们更容易进行锻炼的方式，而没有过度劳累或伤害自己的风险。

自从我开始打羽毛球后，我整个人都变得更有活力了。每当我感到疲倦或缺乏激情时，只要 30 分钟的简单运动就能使我恢复活力。我现在每天都能保持一个良好的精神状态。而且自从开始运动后，我感觉我变瘦了，变得更健康了。

但现在繁重的学习压力和每天的实习耗尽了我的精力，我已经很久没有打羽毛球了。希望接下来我能平衡好学习和生活，抽出时间来休闲运动。

## 18-19: 别人的好消息 & 完成的骄傲事情

Describe a time when you heard good news about someone you know well. Some instructions you can follow: Who the person is What the good news was When and how you heard the good news And explain how you felt when you heard the good news about this person.	Describe something you achieved that you are proud of. Some instructions you can follow: What you achieved How you did it How difficult it was to do And explain why you are proud of this achievement.
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### 《别人的好消息》

At the beginning of this semester, I met my roommate in the dormitory whom I had not seen for a long time. I was surprised that she looked much slimmer. She had managed to lose 15 kilograms after a period of exercise and dieting, which was such excellent news! I was so astonished by her dramatic change that I couldn't wait for Anna to share how she did it.

Anna told me the moment she decided to shed some pounds was when she put on a pair of old pants one day and found that they no longer fit her. She was so anxious about it because being overweight is not only unattractive, but also a serious health risk. She then made up her mind to lose weight as quickly as possible. So, she began to regularly play sports and follow a strict, healthy diet. She frankly admitted that this was a difficult goal for her to achieve, because she is the kind of person who easily becomes fat. She seldom does exercise, and enjoys all kinds of junk foods and high calorie bubble teas.

I felt more than happy for her and was proud of what she had achieved. The process of losing weight was painful, but she still succeeded in the end. She was visibly thinner! And she became more attractive and self-confident. I am incredibly inspired by her example, and now firmly believe that as long as a person works hard, they can accomplish many seemingly impossible things. AnnaYasi.

这个学期开学的时候，我在宿舍见到了许久未见的舍友。其中 anna 的变化让我大吃一惊，她简直像变了一个人一样。Anna 说经过一段时间的运动和节食，她成功地减掉了 15 斤。这真是一个好消息。Anna 的巨大变化让我感到无比惊喜，我迫不及待的让 anna 分享她是如何做到的。淘宝店铺：安小雅。

Anna 告诉我，之前的某天早晨，当她整理换季的衣物，发现去年的裤子都变小了的时候，她开始无比焦虑。肥胖不仅难看，对健康也有很大的风险。于是在这个假期，她决定开始运动，并且严格遵循一个健康的饮食方式。Anna 一直强调减肥这件事对她来说并不容易，原因是她是个特别容易变胖的人。她很少做运动，而且她喜欢吃垃圾食品和喝高热量的奶茶。

听完 anna 的话，我发自内心的为她感到开心。减肥实在是太痛苦了，但她最终成功地减肥了！她肉眼可见的变瘦了，变得更漂亮和更自信了。这让我相信 anna 是一个有潜力的人，只要她下定决心，就没有什么事情是她做不到的。

## 《完成的骄傲事情》

This year, I successfully managed to lose some weight, which I take pride in. The moment I decided to shed some pounds came when I tried to put on a pair of old pants one day. I found that they no longer fit me, which made me so anxious.

So, considering that I was overweight, which was not only unattractive, but also a serious health risk, I made up my mind to lose weight as quickly as possible. I began to regularly play sports and follow a strict, healthy diet. To be honest, this was a difficult goal for me to achieve, because I am the kind of person who easily becomes fat. I seldom do exercise, and enjoy all kinds of junk foods and high calorie bubble teas.

I began playing badminton whenever I had time. It is easy to find locations to play badminton and friends to compete against. At the same time, I had to make proper dietary adjustments to aid me in my weight loss, such as eating fewer late-night snacks and junk food.

I have to admit, the process of losing weight was so painful that I almost gave up several times. Thanks to all my friends' encouragement and support, I succeeded in the end. I was visibly thinner! And I became more attractive and self-confident. It made me feel like I am actually a person with great potential, and that as long as I work hard, I can accomplish many seemingly impossible things.中文思路：

今年夏天，我做出了一件引以为豪的事情，那就是我成功的减重了。

某天早晨，当我整理换季的衣物，发现去年的裤子都变小了的时候，我开始无比焦虑。但是考虑到我现在真的很胖，这样不仅难看，对健康也有很大的风险。我决定开始运动，并且严格遵循一个健康的饮食方式。减肥这件事对我来说并不容易，原因是我是个特别容易变胖的人。我很少做运动，而且我喜欢吃垃圾食品和喝高热量的奶茶。

我开始尝试利用空闲时间打羽毛球。我很容易就能在学校里约上几个同学朋友一起打羽毛球。同时，我也进行适当的饮食调整来帮忙减肥，例如少吃宵夜和零食。

我不得不说减肥实在是太痛苦了，好几次我都差点坚持不下来。幸亏有朋友的鼓励和支持，我最终成功地减肥了！我肉眼可见的变瘦了，变得更漂亮和更自信了。这让我相信自己是一个有潜力的人，只要我下定决心，就没有什么事情是我做不到的。



## 20: 教朋友或亲戚的时刻

Describe a time when you were teaching a friend or a relative to do something.

Some instructions you can follow:

Who you taught

What you taught him/her to do

How easy it was to teach him/her

And explain how you felt about teaching this friend/relative.

Last summer I went to stay with my sister for a few weeks during the holidays. My sister has a young niece called Jane. One day Jane told me that she felt very bored and wanted to go out and do something. I asked her if she would like to play badminton, but she replied that she had never played it before and had no idea how to. So, I decided to teach her.

Personally, I think badminton is a very good sport to play as it is a very popular sport in China and it is therefore very easy to find places to play badminton and people to play with. So, we went to a sports centre and I began to teach her. I have to say that Jane was an extraordinarily receptive student, and seemed to have a natural talent for it. After I taught her the basic rules of badminton, she seemed to know everything and we played badminton all afternoon.

It was a lovely experience to teach my young niece this new skill. Especially since Jane told me she really loves playing badminton and also thinks it a good way to improve her studies. Since then, she has begun playing badminton with her friends every week. So, it is clearly a skill that she values. It is such a rewarding experience to pass on knowledge to people younger than you.

中文思路:

去年暑假，我去和我姐姐家里住了几个星期。我姐姐有一个小侄女叫简。有一天，简告诉我她觉得很无聊，想出去做点什么。我问她是否愿意去打羽毛球，但她告诉我她以前从未打过，也不知道怎么打。所以我决定教她。

我觉得羽毛球是一项非常好的运动，因为它在中国是一项非常受欢迎的运动，因此我们很容易找到打羽毛球的地方和人一起玩。所以我们去了一个体育中心，然后我就开始教她打羽毛球了。不得不说教她打羽毛球是一件非常简单的事情，因为她很有天赋！在我给她讲述了羽毛球的基本规则后，她一下子就学会了，然后我们就在那里打了一个下午的球。

我很开心我可以教小侄女这项新技能。我们在一起玩的时候，她玩得很开心，一直都很兴奋。从那时起，她开始每周和朋友们一起打羽毛球。所以这显然是她所看重的技能。把知识传授给你比年轻的人是一种非常值得且有益的经历。

## 21: 住所附近的变化

Describe a recent development which has improved the area where you live

Some instructions you can follow:

What the new development is

What was there before this development

How long it took to complete

And explain how it has improved the area where you live.

Several months ago, a sports stadium was built only five blocks from my home. Actually, I don't remember exactly what the land was previously used for, but if I remember correctly, it seemed to be some sort of warehouse. The stadium was under construction for about one or two years.

It was a huge all-inclusive gymnasium. The facility is meant to be state of the art, with swimming pools, gym areas and large sports courts to play games such as badminton and basketball in. This is very special because unlike private courts, which often come with very expensive membership fees, this sports centre will be open to the public at a very low price.

Before, my parents and I often played badminton in the community garden. But it is impossible to play there whenever it is a windy day. So, whenever I can no longer suffer the bad weather conditions, I can now go to that stadium to play badminton with my mum and dad!

People living nearby particularly enjoy playing sports here. Partly because the venue and equipment are new, and partly because the lights are turned on at night, which means local residents can continue to play sports outdoors even after dark. Everyone enjoys playing sports here.

中文思路:

几个月前，在离我家只有五个街区的地方修建了一所全新的体育馆。事实上，我并不确切的记得那片地之前是干什么用的，如果我没有记错的话，似乎是一片仓库。这个体育馆从有到无大概用了 1-2 年的时间吧，我也不太确定。

它是一个超大的综合性体育馆。这个设施是最先进的，有游泳池、健身房和大型的运动场地，可以打羽毛球和篮球。这是非常特别的，因为不像私人球场，往往有非常昂贵的会员费，体育中心将以很低的价格供公众使用和享受。在以前，我的家人和我只能在空地上打羽毛球，但有风的时候会把球吹飞。但体育馆开业之后，无论刮风下雨，我们都可以去打球了。

在这里运动是非常开心的，一方面是因为它的场地和设备都是非常新的，另一方面是它晚上还会开灯，充足的光线让居民们在晚上也可以在户外进行运动。人们都喜欢在体育馆运动！

## 22: 做重要决定的时刻（新题）

Describe a time when you had to make an important decision.

You should say:

What decision you had to make

How you made the decision

Why this decision was important

And explain whether you think it was a right decision.

Last year, I made an important decision to play badminton 2-3 times a week in order to lose weight.

My roommate Anna is a big fan of badminton and she plays it every week. She has often invited me to join her, but I've always refused. Last year, I decided to join Anna's badminton club. I consider it to be an important decision because trying out sports is a significant change for me.

I haven't really taken any interest in sports since I was a child. I prefer to listen to music or do some reading in my room. Even though I'm in college now and have more free time, I don't get much exercise because I'm generally lazy. At the same time, I also enjoy all kinds of junk foods and bubble teas. In fact, I've found that I've put on a lot of weight, and even walking upstairs leaves me out of breath. So, I decided to start exercising.

Since I started playing badminton, I have become a more active person. Whenever I feel tired or lack enthusiasm, a simple 30-minute workout helps me to feel more energetic. I am able to keep in a good mental state every day. I believe joining the badminton club was a really good decision since playing badminton frequently not only helped me lose some weight, but also made me more self-confident and attractive.

中文思路:

去年我做出了一个重要的决定，那就是我下定决心要开始减肥了，我决定每周打两到三次羽毛球。事实上我的舍友 anna 是个羽毛球迷，他每周都会在固定的时间打羽毛球。她曾经很多次邀请我一起去，但我都拒绝了。这次，我经过一番纠结，决定加入 anna 的羽毛球社团。这个决定是很重要的，尝试运动对我来说是一项重大的改变。

我从小就不太喜欢运动，我更喜欢呆在房间里听音乐或者看书。虽然我现在上了大学，相对于高中，我有了很多自由的时间。但因为懒惰，我还是很少运动。而且我喜欢吃垃圾食品和喝高热量的奶茶。事实上，我发现我比以前胖了许多，而且上楼都会喘气了。所以我现在想开始做一些运动来保持健康了。

自从我开始打羽毛球后，我整个人都变得更有活力了。每当我感到疲倦或缺乏激情时，只要 30 分钟的简单运动就能使我恢复活力。我现在每天都能保持一个良好的精神状态。我认为加入羽毛球社是一项非常正确的决定，运动不仅让我减轻了体重，也让我变得更自信，更有魅力了！

## 23: 爱看的体育运动（新题）

Describe a sport that you enjoy watching.

You should say:

What it is

Who you usually watch this sport with

Where and when you first watched this sport

And explain why you enjoy watching this sport.

Badminton matches are my favorite sports TV programs. I can still remember the days when I would watch it with my family as a child. Both my grandmother and mother are big fans of badminton. I'm pretty sure that it must have been at my home when I first watched a badminton game, as watching it at dinner time has become something of a ritual in my family, though I can't remember exactly how old I was back then.

Watching badminton is one of my favourite childhood memories with my family, so even after growing up, I would occasionally search for national teams' matches online and watch them on my own. I know some schoolmates who share my passion for this sport and it's always brilliant to chat with them about it. Unfortunately, there aren't many opportunities for us to gather for game-watching activities as we all have our own business to attend to. Copyright by An Xiao Ya.

Badminton is an adrenaline-pumping spectator sport. I always enjoy watching these events, especially those that our national teams attend. I never miss a badminton match at the Olympics. In some of the games, the two sides can be so equally matched that the outcome would usually be decided by whoever muffed first. The most thrilling moment is when a winner was finally declared, and I would always cheer for a magnificent smash. That's the best part of badminton for me.

羽毛球比赛是我喜欢看的体育运动之一。在我很小的时候，就经常和家里人一起看这项比赛。因为我奶奶和妈妈是疯狂的羽毛球迷。我第一次看羽毛球赛肯定是在家里，因为小时候，我们家吃饭时的必看节目就是羽毛球赛。但我已经记不清我几岁第一次看了。

小时候我经常跟家里人一起看羽毛球，长大了之后，我偶尔会自己上网看国家队的比赛。我也认识几个跟我一样喜欢羽毛球的同学，时常会跟他们聊起羽毛球。但在学校里大家聚在一起看球赛的机会不多，因为大家都有各自要忙的事情。

羽毛球是一项非常刺激和具有观赏性的体育运动，我非常喜欢看羽毛球比赛，尤其是我们国家队的比赛。每当奥运会的时候，每一场羽毛球比赛我都不会错过。一些关键性的比赛往往会非常胶着，大家拼的就是谁先犯错。决出胜负的那一刻是非常令人激动的。我每次看球都会为那些精彩的瞬间大声喝彩。这就是我喜欢看羽毛球的原因

## 24: 玩过的游戏（新题）

Describe a game you enjoyed playing when you were younger.

You should say:

What it was

Where you played it

Who you played this game with

And explain why you enjoyed playing this game.

During my childhood, my favourite game to play was badminton. Both my grandmother and mother are big fans of badminton, so they taught me how to play badminton when I was little.

Badminton is a well-liked sport in China. In my middle school days, I got to know a couple of fellow students who shared my passion for the sport. Every day after school, I would grab my racket and hurry over to a badminton court open to the public near my house. My moments of greatest joy were always when I played badminton with my friends. There were also days I would enjoy playing it with my parents. It was a good for us to bond.

I love the game as it's great fun which also does me a lot of good. It is not a very physically demanding sport. Thus, it is an uncomplicated way for me to exercise without the risk of overexerting or injuring myself. Engaging in it helps build my focus and capacity for quick decision-making. After all, it's common to lose a match because of a momentary lapse in attention.

As I said, playing badminton is one of my fondest memories from childhood. Aside from bringing me closer to my family, it was also a good way to stay healthy and a great learning opportunity. Even now, the sight of a badminton court reminds me of those brilliant moments and the joy I had.

中文思路:

羽毛球是我小时候非常喜欢的 game 之一。因为我爸爸和妈妈是疯狂的羽毛球迷。所以在我很小的时候，他们就教我打羽毛球。

羽毛球是一项在中国很受欢迎的运动。在我上初中的时候，我就认识了好几个同样喜欢打羽毛球的同学。每天下午一放学，我就会带上自己的球拍冲去我家附近的一个免费的羽毛球场打球。我喜欢和他们打羽毛球，偶尔也和我的父母打。对我们来说，这是一次很好的增进感情的活动。

我喜欢羽毛球这个游戏，因为我认为这是一件非常快乐和有益的活动。同时，羽毛球也不是一项对身体要求很高的运动。这意味着这是一个更简单的方式让我运动起来，同时没有过度劳累自己的风险。这款游戏还帮助我提高了注意力和决策能力，因为瞬间的决定对取得成功至关重要。

总之，在我年轻的时候打羽毛球是一段非常愉快的经历。它拉近了我和家人的距离，为我提供了锻炼身体的健康途径，并给我灌输了宝贵的人生经验。即使是现在，每当我看到一个羽毛球场地，它就会让我想起那些珍贵的时刻，以及我在这场精彩的比赛中所感受到的快乐。

## （三）网红博主

这是我们第三个大素材，这个串联主题就是一个网红博主，这个博主可以是教育类的，也可以是搞笑类的，具体可以根据题目要求变换。

该主题主要是用于人物类的话题上，也可以用于部分技能类的话题

下面是一些通用的材料，在回答不同的话题时，灵活运用以下素材即可。

### 1) 这人是谁

I follow a well-known influencer on Weibo who is called Anna.

我在微博上时常关注一个知名网红，她就是 Anna。

### 2) 描述长相

建议各位同学只需记住一种长相的描述，遇见任何描述长相的题目都网上套用即可。

男生：

He is quite tall, standing about 1.8 meters in height. Although his looks are quite plain, he possesses a perfectly charming and humorous personality.

他挺高的，大概有一米八的样子，虽然长相一般，但特别幽默，有人格魅力。

女生：

She is quite tall, standing about 1.7 meters in height. I have to say she is attractive and possesses a perfectly charming and humorous personality.

她身体高挑的，大概有一米七的样子。她长得很漂亮，而且特别幽默，有人格魅力。

### 3) 如何认识他/她的

I first discovered her after my roommate introduced me to her content and recommended her to me. She is very popular online and has loads of followers on her Weibo and Tiktok, including many of my classmates.

我第一次知道她是因为我室友把她推荐给我的。她在微博和抖音上有很多粉丝，很多我的同学也关注了她。

### 4) 为什么喜欢看他/她的节目？（通用理由）

Her brief videos only last a minute or two, so watching her content is an undemanding and pleasant experience. I enjoy watching her videos on my smartphone when I have time to myself in the dormitory. This way I can make the most of my day when I have time to kill.

她录的视频时长很短，往往只有一两分钟，所以每次看她的视频都是一件轻松且愉快的事情。我很喜欢一个人在宿舍用手机看她的视频。这样可以把碎片化的时间充分利用起来。

## 25: 感兴趣的工作（新题）

Describe a job you think would be interesting to do.

You should say:

What it is

What skills are necessary to do the job

When you first knew this job

And explain why you think this job would be interesting to do.

Recently, I've come across a job that really interests me, which is an English education influencer.

I frequently browse the website Bilibili.com. It is a massive and well-known website in our country. I follow several English education influencers on Bilibili.com and regularly watch their short videos. These videos are so cool, and if I could become someone like them in the future, I would be really proud of myself.

The sort of colloquial English shared by these influencers is usually something one cannot learn through textbooks alone. For example, some videos will take English phrases from movies and TV shows and explain to everyone in which situations to use them in order to sound more like native speakers. So, they have to watch lots of English films in advance. Another sort of video will present English interviews with random passers-by on some hot button issues, which means shooting and editing videos are essential skills for a good influencer.

Being an English blogger is an intriguing profession. I've heard that video bloggers with high view counts can get paid by various video platforms. To me, this seems like a great way to make some extra money on the weekends by creating and publishing videos. Plus, if my videos can help readers or get their positive feedback, I would find that to be very rewarding!

中文思路:

最近一段时间，我发现了一份非常让我感兴趣的工作，那就是成为一名英语学习博主。

我经常使用的一个网站是 B 站。B 站是一个非常大的，非常著名的视频网站。我关注了几个著名的教英语的网红博主，我基本上每周都会登录这个网站看她们的短视频。这些视频非常酷，如果未来我也能成为像他们一样的人，那我会非常为自己骄傲。

B 站上博主们分享的英语知识通常是我在书本上学不到的。比如有些博主会截取很多电影中的英文短语，告诉大家某种情境下说什么才更加地道。他们必须非常了解外国电影。除此之外，视频还会随机采访一些路人，问一些热点问题。做成英文 vlog。因此，拍摄和剪辑视频也是成为一名博主的必备技能。

英文博主是一项有趣的职业。据我所知，各个视频平台会给予浏览量大的视频博主报酬。这对我来说是一个不错的副业，因为我可以利用周末的空闲时间来制作和发布视频。另外，如果我的视频能帮助到读者或者收到他们积极的赞扬，我也会非常开心的！

## 26: 常用网站

Describe a website that you use regularly.

Some instructions you can follow:

What the website is

How often you use it

How you found out about this website

And explain why you use this website regularly.

I frequently browse the website Bilibili.com. It was my roommate Anna who first introduced it to me. Bilibili.com is a massive and well-known website in our country. It hosts all kinds of content like cartoons, TV series and funny videos.

I follow several English education influencers on Bilibili.com and regularly watch their short videos. Learning English through short video programmes is an efficient method that anyone can fit into their schedule. Such short video programmes only last a minute or two, so watching them is a quick and relaxing way to spend my free time. I myself enjoy watching them on my smartphone alone in the dormitory. This way I can enjoy whatever time I have available to myself.

The sort of colloquial English imparted by these videos is usually something one cannot learn through textbooks alone. For example, some videos will take English phrases from movies and TV shows and explain to everyone in which situations to use them in order to sound more like native speakers. Another sort of video will present English interviews with random passers-by on some hot button issues. I think the way the British answer questions is interesting, and their ideas are quite different from those of the Chinese. Watching these short video programmes in my free time really helps to improve my English level.

中文思路:

我经常使用的一个网站是 B 站。我第一次知道它是因为我舍友把它推荐给我的。B 站是一个非常大的，非常著名的视频网站。你可以在网站里找到各种动漫视频，生活趣事的视频，电视剧等等。

我关注了几个著名的教英语的网红博主，我基本上每周都会登录这个网站看她们的短视频。通过短视频来学习英语是一种高效的，不受时间空间限制的学习方法。网站上的视频时长很短，往往只有一两分钟，所以每次看她们的视频都是一件轻松且愉快的事情。我很喜欢一个人在宿舍用手机看 B 站的视频。这样可以把碎片化的时间充分利用起来。

B 站上博主们分享的英语知识通常是我在书本上学不到的。比如有些博主会截取很多电影中的英文短语，告诉大家某种情境下说什么才更加地道。除此之外，视频还会随机采访一些路人，问一些热点问题。做成英文 vlog。我觉得英国人回答问题的方式很有趣，想法也和中国人很不同。我经常在我的一些碎片化时间里看看她的视频，提升了我的英语水平。

## 27: 以后想学习的事情

Describe something you would like to study in the future.

Some instructions you can follow:

What you would like to study

Where you would like to study

How easy or difficult it would be to study this

And explain why you would like to study this in the future.

Copyright by AnXiaoYa. An understanding of the English language is a useful skill that I will definitely study towards in the future.

I like to watch English short videos on Bilibili.com to study English. Learning English through short video programmes is an efficient method that anyone can fit into their schedule. Such short video programmes only last a minute or two, so watching them is a quick and relaxing way to spend my free time. I myself enjoy watching them on my smartphone alone in the dormitory. This way I can enjoy whatever time I have available to myself.

Studying English is no easy task. Improvements are only possible in incremental steps and through continuous efforts. For one thing, I will need to build up my vocabulary by watching videos or TV dramas in English. For another thing, I must practice my spoken English through various means such as talking to native speakers. Both these endeavors call for commitment and perseverance.

As English is the most widely spoken language in the world, it is essential that I learn it, and learn it well. If I were to study abroad someday, I could find myself in an all-English environment where English is a must in the classroom and in life in general. Failure to master the language could mean that I wouldn't be able to graduate with a degree. Proficiency in English could also very well boost my prospects of career progression. These are the reasons why I want to continue learning English.

中文思路:

我以后想继续学习英语这种语言。

我会选择在 B 站看英语短视频学习英语。通过短视频来学习英语是一种高效的，不受时间空间限制的学习方法。网站上的视频时长很短，往往只有一两分钟，所以每次看她们的视频都是一件轻松且愉快的事情。我很喜欢一个人在宿舍用手机看 B 站的视频。这样可以把碎片化的时间充分利用起来。

学习英语不是一件简单的事情，需要长时间的学习和积累。一方面我需要通过看英语视频或者电视剧来积累词汇，另一方面我需要多开口练习，亦或者跟英语母语者谈话。这都是需要花费时间的，而且需要持之以恒。

英语是世界上应用最广泛的语言，学好英语是非常重要的。我日后想出国留学，那我面对的就是一个全英语的环境，上课，书籍和日常生活都需要用到英语。如果我没有学好英语，我可能无法顺利毕业。在我以后的工作中，精通英语大概率会让我获取更多的升职机会。这些都是我想继续学习英语的理由。

## （四）放烟花

### 28-29：和小孩相处的时刻（新题）& 印象深刻的儿时经历（新题）

Describe a time when you spent some time with a child. You should say: Who the child was Why you spent time with this child When it was And explain how you felt about spending time with this child.	Describe a happy experience you remember very well from your childhood. You should say: How old you were at that time Who you were with What happened at the time And explain why you remember this happy experience.
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My cousin once burned her own hair when we set off fireworks during a Spring Festival. The memory is still fresh in my mind though it occurred in our childhood days.

She was a few years younger than me and had only just started school back then. On that New Year's Eve, our parents were staying at home and watching the Spring Festival gala after dinner. Meanwhile, my cousin and I headed for a nearby park to set off fireworks. We bought a large pack of fireworks with our lucky money, which contained all types including skyrockets, Catherine wheels, and the most common handheld sparklers.

We walked for a long while and covered a good deal of ground before finally reaching the park. Soon, the place was filled with the crackling of fireworks and our happy laughter. But then, something unexpected happened. As my cousin wore very long hair, it suddenly caught fire when she was lighting firecrackers. The flame spread quickly along her hair, which greatly startled me. Fortunately, the fire went out in a moment without hurting my cousin. We exchanged a surprised glance and then both burst out laughing. The experience stuck in my mind because, out of our childish ignorance, we took it not as a dangerous incident, but as a funny event at the time. Of course, as I grew older, I realized just how dangerous it was and would always take care to avoid similar things from happening when setting off fireworks.

我至今还记得小时候的某个春节，我跟我表妹去放烟花，她一不小心把自己头发烧着了的经历。

我表妹比我小几岁，才刚上小学。那年过年，吃完饭后大人们都在家看春晚，我和我表妹就去附近的公园里放烟花了。我们用压岁钱买了足足一大袋烟花，包括各种不同的品种。有快速飞上天空的烟花，也有会在地上转圈的。当然还有最常见的拿在手上会持续发光的烟花。

我们走了好长一段路，终于来到了一个空旷的公园。不一会，公园里充满着我们的笑声和烟花的爆炸声。但令我意外的事情发生了，由于表妹的头发很长，她在点燃爆竹的时候不小心把自己的头发点着了，火苗顺着她的头发迅速的向上蔓延！这可把我吓了一跳。万幸的是火及时灭了，表妹也没有受伤。之后我们两个看着彼此，哈哈大笑了起来。这段经历让我印象非常深刻，小时候的我们很天真，不觉得这是一件危险的事，竟然觉得非常有趣。当然，现在放烟花的时候，我都非常留神，避免类似事情再次发生。

### 30: 喜欢的传统庆祝活动（新题）

Describe a traditional celebration you enjoy in your country.

You should say:

What it is

Who you celebrate with

What you do in this celebration

And explain why you enjoy this traditional celebration.

Fireworks have always been the best part of the Spring Festival for me. It is one of our nation's traditional rituals to celebrate the new year. In ancient times, people believed such activity helped scare away Nian, a legendary monster from folklore. To this day, many still keep the faith that setting off fireworks brings good luck.

I usually set off fireworks with my cousin. She was a few years younger than me, and her family lived just around the block. Normally, Dad would prepare a large pack of fireworks of all sorts before the festival. Then, on New Year's Eve, my cousin and I would set them all off. There happened to be a large park nearby, which was a perfect place for launching fireworks.

It was always a delight to watch fireworks, and I found it to be an exhilarating experience. There are many types of fireworks including skyrockets, Catherine wheels, and common, handheld sparklers. We would usually compete to see who was able to send fireworks higher up into the sky, or who could hold sparklers while taking selfies. The fireworks lit up the night sky with flashes of light in a variety of colors and forms, which was a feast for the eyes.

I love fireworks, not only due to their splendid aesthetics, but also because such rituals make me think about the upcoming new year. Nothing is better than staying with loved ones and lighting off fireworks while celebrating the arrival of a new year.

每年春节，我最喜欢的活动就是放烟花了。放烟花是我们国家春节的传统庆祝活动之一。古时候，中国人认为放烟花可以驱赶怪兽，到了现在，我们依然相信在春节放烟花可以为自己带来好运。

我经常和我的表妹一起放烟花。她们家就住在我家附近，她比我小几岁。一般每年的春节前夕，我爸爸都会提前买上各式各样的一大袋烟花。到了除夕夜，我和我表妹就会去附近的公园放烟花。公园很空旷，非常适合放烟花。

放烟花是一种令人兴奋的，非常具有观赏性的活动。烟花有非常多的种类，有快速飞上天空的烟花，也有会在地上转圈的。当然最常见的还是拿在手上会持续发光的烟花。我们常常会比谁的烟花飞的最高，也会拿着手持烟花一起拍照留念。烟花绽放时会发出五颜六色的光，还会形成不同形状的图案，非常非常好看。

我喜欢放烟花，不单单是因为烟花很好看，更是因为烟花这种传统的庆祝活动会提醒我新年将要来临了。没有什么比和最亲近的家人在一起放烟花，并且一起期待新年来临更浪漫的事了。

## (五) 零食店

### 31-32: 新开的商店（新题）& 人山人海之地（新题）

Describe a new shop that has opened in your city. You should say: Where it is What it sells Who goes shopping there And explain how successful you think this new shop will be.	Describe a time when you went to a place where there were a lot of people. You should say: Who you went to this place with What was happening in this place Why there were so many people there And explain how you felt about being in a place with so many people.
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#### 《新开的商店》

Recently, my roommate Anna and I went for a weekend stroll. Along the way, I spotted a new snack shop that had opened up on the high street near our school. It's called "Busy Snacks", and as the name suggests, it sells all kinds of snacks, including nuts, candies, drinks, and chips. It's situated right on the main drag for students heading to and from classes, between the academic building and the living area. It's a new shop, but it's already become a hit with the student crowd - they come here to pick up whatever they need.

I would bet almost all college students love snacking, especially the ladies. I know I can't live without my cola and potato chips. This new snack shop in our university town is gonna be a hit, I can feel it! They're offering some awesome opening promotions, so it's definitely worth checking out. I've been there a few times already and it's always packed with people. I really like it because they have a huge selection of snacks, including some of the trendier ones that are hard to find elsewhere. Plus, the prices are really cheap - I can get a big bag of snacks for just a few bucks. It's a great option for students because of the affordable prices and convenient location.

中文思路：

不久前的一个周末，我和舍友 anna 出门闲逛，我发现我们学校附近的商业街新开了一家零食超市。这家店叫零食很忙，顾名思义，它出售各种各样的零食，包括坚果，糖果，饮料和膨化食品。它位于教学楼和生活区中间的商业街上，这是学生们上下课的必经之路。因此在这买东西的主要是周围的学生。虽然这家店铺刚刚开业，显然它在学生中很受欢迎。

几乎所有的大学生都很爱吃零食，尤其是女生。对我来说，可乐和薯片是生活中不可或缺的物品。我已经可以预料到这家店会非常成功，因为它是我们大学城第一家大型的零食商店，最近还在搞开业的优惠活动。我已经去那里买了好几次东西了，每次都人山人海。我很喜欢这家商店，因为它的零食种类非常多，一些难买的网红零食我都能在那找到。更重要的是和普通超市相比，这里的零食很便宜。我只需要花几十块钱就可以买满满一大袋零食。实惠的价格和便利的地理位置使它成为学生的一个有吸引力的选择。

## 《人山人海之地》

Recently, my roommate Anna and I went for a weekend stroll. Along the way, I spotted a new snack shop that had opened up on the high street near our school. The store was having a grand opening sale where we could get a bottle of Starbucks coffee for just one buck extra with any purchase. We were immediately drawn to this offer and decided to check it out.

The store is called "Busy Snacks", and as the name suggests, it sells all kinds of snacks, including nuts, candies, drinks, and chips. It has a huge selection of snacks, including some of the trendier ones that are hard to find elsewhere. Plus, the prices are really cheap - I can get a big bag of snacks for just a few bucks. Though it is a new shop, there is a sea of people in it. Apparently, it's already become a hit with the student crowd

On the day it opened, it was packed! Students were queuing up outside the door, making us wait much longer than anticipated. I wished I hadn't come on the opening day, since the promotions were going to last for a week. Inside the store, it was so crowded that it was hard to move around. We managed to get some of our favorite snacks, but the shopping experience was really awful.

中文思路：

不久前的一个周末，我和舍友 anna 出门闲逛，我发现我们学校附近的商业街新开了一家零食超市。那天这家店铺正在做开业的优惠活动，任意消费后再加一块钱就可以买到一瓶星巴克的咖啡。我们立刻就被这个活动吸引了。

这家店叫零食很忙，顾名思义，它出售各种各样的零食，包括坚果，糖果，饮料和膨化食品。它的零食种类非常多，一些难买的网红零食我都能在那找到。更重要的是和普通超市相比，这里的零食很便宜。我我 Anna 花了几十块钱就买了满满一大袋零食。虽然这家店铺刚刚开业，但此刻里面人山人海。显然它在学生中很受欢迎。

它开业那天实在是太火爆了。来蹭优惠活动的同学在门口大排长队，以至于我们花费了远超我们预计的时间。我感觉我完全没必要在它开业的第一天来买，开业的优惠活动将会持续一周。如此多的顾客让我们在商店里寸步难行。虽然我们买到了心仪的零食，但此次购物体验是非常糟糕的。

## (六) 存钱买 AJ

### 33-34: 昂贵的礼物（新题）& 喜欢穿的衣服（新题）

Describe an expensive gift you would like to give to someone. You should say: What gift you would like to buy Who you would like to give it to How long it would take to save the money And explain why you would like to give this expensive gift to this person.	Describe a piece of clothing that you enjoy wearing most. You should say: What it looks like How often you wear it When and where you got it and explain why you enjoy wearing this piece of clothing so much.
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#### 《昂贵的礼物》

So, my boyfriend is this huge sneakerhead, and he loves collecting all kinds of sneakers. Lately, AJ sneakers have become a symbol of fashion, and owning a unique pair of AJ sneakers is what most guys are chasing after. If I had enough money, I would love to surprise him with a limited-edition pair of AJ sneakers. Copyright by An Xiao Ya.

But, let's be real, they're usually quite expensive, ranging from 1,000 to 2,000 yuan. As a student, I don't have a lot of disposable income every month, so I think I'll have to save up for two to three months before I can afford a pair of AJ sneakers for him. Maybe I'll wait for the end-of-year sale and buy them online for him then.

You know, I've noticed that my boyfriend has always been a fan of the AJ series of sneakers. He's been wearing a pair of AJ's for a while now, but they're getting pretty worn out. I remember one time I saw him put a certain pair of shoes in his Taobao shopping cart, but he didn't end up buying them. I'm pretty sure those were the ones he really liked. They're black and red, with a big Nike swoosh on the side and a Jordan logo on the back, which is the trademark of the AJ sneakers. I think they look super cool and totally on-trend.

I'm so lucky to have a boyfriend who's always so thoughtful and treats me so well, even getting me gifts on special occasions. So, I'm excited to save up some money for a few months and surprise him with these shoes on his birthday. I'm sure he'll be over the moon when he gets this present!

中文思路:

我的男朋友是个狂热的球鞋爱好者，他喜欢收藏各种各样的球鞋。最近几年来，AJ 球鞋成为了时尚的象征。拥有一双与众不同的 AJ 球鞋是大多数男孩的追求。如果我有足够的钱，我希望能送他一双限量版的 aj 球鞋。

但 AJ 球鞋通常都比较昂贵，基本上都得一千到两千元。我还是学生，每个月生活费不多。我觉得我需要存两到三个月的钱才能买一双 AJ。我可能会选择在年底打折的时候在网上给他买一双。

我知道他一直都喜欢 AJ 系列的球鞋。他现在穿的就是一双 AJ，但已经穿很久了。有一次我看见他把某双鞋放入了淘宝的购物车里，但没买。我相信这就是他喜欢的那一双。这双鞋是黑红配色，鞋的侧面有一个大大的对勾，鞋的后侧还有一个乔丹的头像，这是 AJ 球鞋的标志。我觉得这双鞋很好看，非常潮。

男朋友平时很照顾我的感受，对我很好，逢年过节也会送礼物给我。所以我很乐意存几个月的钱，在他

生日时给她一个惊喜。我相信他收到这个礼物时一定会很开心的。

### 《喜欢穿的衣服》

My new AJ sneaker are my favorite piece of clothing. They're black and red, with a big Nike swoosh on the side and a Jordan logo on the back, which is the trademark of the AJ sneakers. I think they look super cool and totally on-trend.

They are a birthday gift from my boyfriend this year. Apparently, he knows I have always been a fan of the AJ series of sneakers. I have been wearing a pair of AJ's for the past couple years, but they're getting pretty worn out. I remember one time he saw me put a certain pair of shoes in my Taobao shopping cart, but I didn't end up buying them. To my surprise, I received them as a gift on my birthday this year.

I wear them almost half the week because they not only look great but also go well with my outfits. Plus, I always wear them every time I go on dates with my boyfriend.

I am a huge sneakerhead and loves collecting all kinds of sneakers. Lately, AJ sneakers have become a symbol of fashion, and I have been chasing after a unique pair of my own. I really love these sneakers in particular because they are a very rare limited edition. What's even more important is that they were a gift from my boyfriend.

中文思路：

谈到我最喜欢的衣服，我想一定是我的新 aj 球鞋。这双鞋是黑红配色，鞋的侧面有一个大大的对勾，鞋的后侧还有一个乔丹的头像，这是 AJ 球鞋的标志。我觉得这双鞋很好看，非常潮。

这双鞋是我男朋友去年送给我的生日礼物，他知道我一直都喜欢 AJ 系列的球鞋。我现在穿的就是一双 AJ，但已经穿很久了。有一次他看见我把某双鞋放入了淘宝的购物车里，但没买。结果我在生日的时候就收到了这份礼物，这绝对是一个巨大的惊喜。

我每周几乎有一半的时间都会穿这双鞋，因为它不仅好看，而且很好搭配衣服。除此之外，每次和男朋友约会的时候也会穿它。

我是个狂热的球鞋爱好者，我喜欢收藏各种各样的球鞋。最近几年来，AJ 球鞋成为了时尚的象征。拥有一双与众不同的 AJ 球鞋是我的追求。我非常喜欢这双球鞋，因为它是限量版的非常稀有。更重要的是，这双鞋是我男朋友送给我的，和其他的球鞋相比，它对我来说是十分特别的。

## (七) 有趣的新同学

### 35-36: 最近搬家的人（新题）& 有趣的邻居（新题）

Describe someone you know who has recently moved into his/her own accommodation You should say: Who this person is Why this person moved into this accommodation What kind of accommodation this person moved to And explain whether you think this move was a positive change for this person.	Describe an interesting neighbor. You should say: What do he/she do How you met this neighbor How often you see this neighbor And explain why you think this neighbor is interesting.
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#### 《最近搬家的人》

I met a new friend, Aya, several months ago. Aya initially majored in mathematics but transferred to finance this semester. Then, she moved into the dormitory next door, and we became neighbors. She is a cheerful girl who always actively greets me when we meet in the corridor.

Her dormitory shares the same layout as mine. It accommodates four students and four loft beds with desks and wardrobes sitting in the four corners of the room. Each dormitory is equipped with an independent balcony where the bathroom can be found.

I think the dormitory change has affected her in a positive way. Aya had told me that she is not good at mathematics, and it is painful for her to learn. Since she transferred to finance, she has always been in a good state and gets along well with all her classmates. Recently she bought a real set of Mahjong and even a foldable mahjong table. Ever since then, Aya's dorm has become the most cheerful place on the floor. She invites girls all over the dorm to play at 7 every evening. Over time, everybody has come to enjoy going to Aya's to play mahjong. Every time I pass by her door, I hear the cheerful voices of mahjong players. Apparently, she leads a happy and cheerful life now.

几个月前，我认识了一个新朋友，她叫 Aya。Aya 本来是数学专业的，但因为这个学期她申请换成跟我一样的金融学专业，所以她就换到了我隔壁的宿舍。我们成为了邻居。她是个非常开朗的人。每次在楼道遇见，她都会主动给我打招呼。

她的宿舍跟我宿舍一模一样，是个四人间。淘宝店铺：安小雅。房间的四个角落分布着四张架子床，床在上面，下面是书桌和衣柜。每间宿舍都会有个独立的小阳台，阳台上有洗手间和浴室。

我认为搬宿舍对她来说是一个积极的改变，ava 曾经告诉我她并不擅长数学，学数学对她来说非常痛苦。自她把专业换成了她喜欢的金融学，她整个人都变得阳光起来。她搬进来后很快就跟附近的同学打成一片。最近她买了一副麻将和一个可折叠的麻将桌，并且经常叫我过去一起玩。自此以后，Aya 的宿舍成为了整层楼最热闹的地方。每天晚上 7 点，Aya 就会准时在宿舍号召周围的同学过来打麻将。每当我从她门口经过，都会听到里面传来麻将的声音。显然，Aya 现在的生活非常充实和开心。

## 《有趣的邻居》

I feel that I have to talk about my friend Anna, who is an interesting person. In addition, she has also made my life more enjoyable.

Anna is one of my classmates who lives next to my dorm. I've known her ever since we started school. She is a cheerful girl who always actively greets me when we meet in the corridor. We see each other every day since we often take classes together. The reason I find her so much fun is that she does not toe the line - she always has some novel ideas and puts them into action.

For example, she recently bought a set of mahjong, one of the most popular leisure games in China, and invited me to play with her. When my roommates and I still played mahjong on cellphones, she bought a set of real Mahjong and even a foldable mahjong table. Ever since then, Anna's dorm has become the most cheerful place on the floor. Anna would invite girls in the dorm to play at 7 every evening. Over time, everybody came to enjoy going there to play mahjong. Every time I pass by her door, I would hear the cheerful voices of mahjong players.

Apart from that, she is passionate about food and drama series, and often recommends some of the best snack stores and shows to me. Being with her is always an enjoyable experience full of pleasant surprises.

中文思路：

我必须要谈谈我的朋友 anna，她是个有趣的人。同时，她也让我的生活变得更加有趣。

Anna 是我的同班同学，住在我的隔壁宿舍。刚开学的时候我就认识她了，她很开朗，每次在楼道遇见，他都会主动给我打招呼。我们经常一起上课，所以每天都会见面。我之所以觉得她有趣，是因为她不是一个循规蹈矩的人，她总会有一些新奇的想法，并且会马上付诸行动。

麻将是中国人的休闲游戏之一，最近她买了一副麻将。并且经常叫我过去一起玩。当我和我的舍友还在用手机玩麻将游戏的时候，她买了一副真实的麻将，甚至还买了一个可折叠的麻将桌。自此以后，anna 的宿舍成为了整层楼最热闹的地方。每天晚上 7 点，Anna 就会准时在宿舍号召周围的同学过来打麻将。久而久之，大家都喜欢去她们宿舍玩麻将。每当我从她门口经过，都会听到里面传来麻将的声音。

除此之外，她还热爱美食和看连续剧，她经常会向我推荐一些好吃的小吃店和好看的电视剧。跟她在一起总是充满了快乐和惊喜。

## (八) 智能家居

### 37-38: 有用的发明（新题）& 理想之家（新题）

Describe an invention which is very useful in your daily life. You should say: What it is What you use it for Is it easy to use And explain why it is very useful in your daily life.	Describe your idea of a perfect house. You should say: Where it would be What it would be like How special it would be And explain why it would be perfect for you.
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#### 《有用的发明》

I think smart home systems are one of the most useful inventions out there. They've totally changed the way we live our lives. Basically, it's like having all the switches for your household appliances in one app. You can set them to turn on or off at certain times, which is really handy. It might not sound like much, but trust me, it's a game-changer! Copyright by AnXiaoYa.

A year ago, we installed a whole-house smart system in our home. It was really easy to set up and now when I come home and open the door, all the lights and curtains turn on automatically. The air conditioner is also connected to the system, so the temperature is always comfortable and cool, adjusting based on sunrise and sunset, as well as real-time temperature. I can also use voice commands to turn on the TV or start the robot vacuum. The door lock is smart too, so I can open the door with the app on my phone without needing keys.

I totally agree that smart home systems are an awesome and practical invention. They make my life so much easier, allowing me to control most of my household appliances with just my voice or phone while I'm still in bed. It's so user-friendly, especially for us lazy people. Technology really does change our lives!

我觉得智能家居系统是日常生活中最有用的发明之一，它让我们的生活方式发生了极大改变。智能家居系统其实就是把家里所有电器的开关集合到一个 APP 中。人们可以通过设置，让特定的电器在特定时间开启或者关闭。我知道这听起来平平无奇，但事实上它非常好用！

一年前，我们家就安装了全屋的智能系统。它使用起来非常容易，只需要在安装时设定好相应的程序。在我回家开门的那一刻，家里的灯和窗帘全都会自动开启。同时家里永远是温度适宜的，凉快的。因为空调也接入了智能系统，会自动根据日出日落，实时气温来调节家里的温度。另外，我可以通过语言指令打开电视或者启动扫地机器人等等。同时门锁也是智能的。我可以通过手机上的 APP 打开家门，再也不需要携带钥匙了。

我认为智能家居系统是一项伟大且实用的发明，因为它让我的生活变得更便利了。我只需躺在床上，就可以通过声音或手机操控家里的大部分家电。这对懒人来说实在是太友好了，真是科技改变生活！

## 《理想之家》

So, the house that I have in mind is a large flat located in the city. I don't want it to be in the city center because that area is just too crowded. However, I do want it to have good options for public transport and plenty of commercial amenities nearby.

I really love big flats because they look so modern and stylish compared to house shares.-My flat would need to have plenty of space so I can fit all my stuff. Of course, big windows and good natural lighting are a must, because sunshine just makes me feel so relaxed and happy. Moreover, there should be-a whole-house smart system installed in my home. When I come home and open the door, I want all the lights and curtains turn on automatically. The air conditioner would be connected to the system as well, so that the temperature is always comfortable and cool, adjusting based on sunrise and sunset, as well as real-time temperature. I would also like to be able to use voice commands to turn on the TV or start the robot vacuum. A smart lock on the door would also be great, so that I can open the door with the app on my phone without needing keys.

I believe most young people would appreciate this sort of modern home design. Living in such a house, I would be able to control most of my household appliances with just my voice or phone while I'm still in bed. It's so user-friendly, especially for us lazy people. Technology really does change our lives!

中文思路：

我心目中理想的房子，应该是位于市区的一套大平层。它最好不要在市中心，是因那里实在是太拥挤了。但我希望它交通方便，周边最好有完善的商业设施。

我喜欢大平层，是因为比起别墅，它看起来更现代也更时尚。它的面积要足够大，这样我就有足够的空间摆放任何我喜欢的东西。我希望这套房子有很大的窗户和良好的采光，阳光会让我感到心情舒畅。其次，它应该安装了全屋的智能系统。在我回家开门的那一刻，家里的灯和窗帘全都会自动开启。同时家里永远是温度适宜的，凉快的。因为空调也接入了智能系统，会自动根据日出日落，实时气温来调节家里的温度。另外，我可以通过语言指令打开电视或者启动扫地机器人等等。同时门锁也是智能的。我可以通过手机上的 APP 打开家门，再也不需要携带钥匙了。

我想没有年轻人会不喜欢这样现代化的房屋。如果我住在里面，我只需躺在床上，就可以通过声音或手机操控家里的大部分家电。这对懒人来说实在是太友好了，真是科技改变生活！

## (九) 成龙

### 39-40: 受欢迎的人（新题）& 喜欢的演员

Describe a popular person you know. You should say: How you knew this person Where and when you usually see this person What type of person he/she is And explain why you think this person is very popular.	Describe an actor who you admire for playing a particular character in a film/movie. Some instructions you can follow: Who the actor is Where and when you watched this person What kind of character this person played And explain why you admire the actor for playing this character in a film/movie.
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#### 《受欢迎的人》

Jackie Chan is a very popular actor and is also one of my favorites. He is from Hong Kong and has been featured in many action movies. To many, especially those of the older generation, Chan needs no introduction. He had already made a name for himself when I was still a student. I might have got to know him from the news or a commercial, although I can't remember clearly.

He now regularly participates in charity work while continuing to make movies. I often see him in the news, but I have never had the chance to see him in person.

Many of us really love Jackie Chan because he's a seriously dedicated actor. Even as he ages, he takes on more intense and exciting action scenes in movies, and still manages to pull them off brilliantly. Thrilling and entertaining at the same time, his films are for the whole family to enjoy. Chan has certainly dazzled and amused me with his adrenaline-pumping actions and hilarious comedy. It's safe to say that everyone who has watched one of his movies liked Chan's character because he's just such a charming guy.

Jackie Chan is a legendary figure in the Chinese film industry, his influence reaching far beyond China and having a huge global impact. He and his films are widely acclaimed all over the world, not just for their entertainment value, but also for their role in cultural exchange.

成龙是我非常喜欢的一名演员，同时他也是一位非常受欢迎的演员。他来自香港，出演了非常多的动作片。我相信很多人都认识他，尤其是年纪相对大一些的人。我记得我还是个学生的时候就知道了成龙这个明星了。我应该是在新闻或者广告里知道他的，具体我也记不清了。

他现在经常参加公益活动，也在继续拍电影。我经常在新闻中看到，但我没有机会亲眼看见他。

我们很多人都非常喜欢成龙，因为他是一个认真且敬业的演员。即使他年纪大了，电影中有高难度且非常惊险的动作，他也能非常出色的完成。与此同时，他扮演的角色集动作和搞笑于一体，特别适合全家人一起看。我会一边惊讶于他动作的危险程度，同时被他的杂耍般的表演逗得哈哈大笑。我相信每个看过成龙主演的电影的人都会喜欢成龙扮演的角色，因为他实在是太有魅力了。

成龙是中国电影界的传奇人物。它的影响不仅限于中国，而是在世界范围内产生广泛的影响。他的电影作品在世界范围内也广受赞誉。他的电影作品不仅仅是一部电影，更是一种文化的传播与交流。

## 《喜欢的演员》

Jackie Chan is one of my favorite actors. He is from Hong Kong and has been featured in many action movies. To many, especially those of an older generation, Chan needs no introduction. He had already made a name for himself when I was a student. I might have got to know him from the news or a commercial, although I can't remember clearly.

I was impressed by his performance in "Who Am I?". In the movie he starred in, Chan played a cop with a strong sense of justice and a daring spirit. To catch criminals, he oftentimes had to put his own safety aside. The most memorable scene came when he slid against the glass wall of the near vertical façade of a building in Rotterdam all the way down from the top to the ground. And it was done without any protective measures in place.

That was but one of many such difficult and risky moves Chan put on for his audience. It's important to note that Chan did all those stunts himself, not through a stunt double. And for that, he has my deepest admiration. Thrilling and entertaining at the same time, the film is one for the whole family to enjoy. Chan has certainly dazzled and amused me with his adrenalin-pumping actions and laugh-inducing acts. It's safe to say that everyone who has watched the movie liked Chan's character because he was just such a charming guy.

中文思路：

成龙是我非常喜欢的一名演员。他来自香港，出演了非常多的动作片。我相信很多人都认识他，尤其是年纪相对大一些的人。我记得我还是个学生的时候就知道了成龙这个明星了。我应该是在新闻或者广告里知道他的，具体我也记不清了。

他主演的电影“我是谁”给我留下了深刻的印象。他在电影里扮演了一个正义感十足，身手矫健的警察。为了抓捕罪犯，他甚至不顾及自己的安全。我印象最深刻的场景是，他在无安全措施的情况下，顺着接近垂直的鹿特丹大楼的玻璃外墙，从楼顶直接滑到地面。

成龙在这部电影里上演了很多高难度的危险动作，而且全部都是他真人出演，没有使用替身。这种敬业的精神让我感到钦佩。与此同时，他扮演的角色集动作和搞笑于一体，特别适合全家人一起看。我会一边惊讶于他动作的危险程度，同时被他的杂耍般的表演逗得哈哈大笑。我相信每个看过这部电影的人都会喜欢成龙扮演的警察，因为他实在是太有魅力了。

## (十) 发小

### 41-42: 乐于助人的人（新题）& 喜欢一起工作/学习的人

Describe someone who lives in your area who often help other people. You should say: Who this person is How this person helps others How important the help is And explain why you think this person often help other people.	Describe a person who you enjoyed working or studying with. Some instructions you can follow: Who this person is How long you worked or studied together What work or studies you did together And explain why you enjoyed working or studying with this person.
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#### 《乐于助人的人》

I have a very close friend, Michael. I got to know Michael pretty well when we were little since he lived close by. Later, when we were in high school, we became classmates, and studied together for three years. It was pleasant to study with him, not only because we had known each other for so long, but also because he is a very helpful person.

Whenever I encountered difficulties, he was always there to help me. At the same time, he was always ready to help others, which saw him enjoy great popularity in class. Many of my classmates would often want to consult him, and we occasionally had to queue up to ask questions!

I used to wonder if his free time was occupied too much by the requests of others. He always answered, "No". In his mind, it was a great honor and pleasure to help others, and was very much inspired when explaining the questions to others. Friends are those who offer you a helping hand whenever you encounter difficulties. In return, when Michael comes across difficulties, others always have a great willingness to help him.

I am lucky to have known him in senior high. I do admire his quality of being helpful to others. It is always the case that people who are helpful to others make many close friends!

中文思路:

我有个关系非常要好的朋友，他的名字是 Michael。我们两家住的很近，小时候我们经常会在一起玩耍。后来上了高中，我们成为了同班同学。我们一起学习了三年时间。跟他一起学习是一件妙事，不单单是因为我们认识了很久，而是因为他是个人非常乐于助人的人。

每当我有不会的问题，他总是很耐心的解答我的疑惑。Michael 把自己的学习经验分享给我，这使我的数学成绩有了提高。同时，他也非常乐意帮助其他同学，所以他在班级里非常受欢迎。找他问问题的人太多了，以至于我们偶尔还需要排队问问题！

我曾经问过他会不会觉得经常帮助别人占用了他太多的私人时间，他说并不会。他觉得能帮助到别人是一件值得骄傲和开心的事情。给别人讲题的过程也让他自己得到了不少启发。而且更多时候朋友之间是互相帮助，当 Michael 遇到困难的时候，大家也非常乐意帮助他。

能在高中结识他这样的朋友是我的幸运。这种乐于助人的品质非常值得我学习。因为乐于助人的人总能

交到很多知心朋友！

### 《喜欢一起工作学习的人》

My cousin Michael and I were classmates in high school. Since he lived close by, I got to know Michael pretty well when we were little.

When we were young, we often played together. Later, when we were in high school, we became classmates, and studied together for three years. It was pleasant to study with him not only because we had known each other for so long, but also because he is the smartest, most earnest person I have ever met. He played around a lot, but also had good grades, and was commended all the time by the teachers. Whenever I encountered difficulties, he was always there to help me.

I was very much a careless student and often gave wrong answers in exams because I had failed to read the questions closely. Michael shared his academic experience with me, which greatly improved my math. Besides this, Michael was always punctual at school. He arrived early for group activities and never broke our appointments. These qualities are hard to find in children and I rarely saw them in my other classmates or friends.

All in all, Michael is a truly worthy friend whom I very much enjoyed studying with. I have learned so much from him.

中文思路：

我有个关系非常要好的表弟，他的名字是 Michael。我们不仅是高中同班同学，还是表兄弟。我们两家住的很近，所以我在很小的时候就认识他了。

小时候我们经常会在一起玩耍，后来上了高中，我们成为了同班同学。我们一起学习了三年时间。跟他一起学习是一件妙事，不单单是因为我们认识了很久，而是因为他是我见过最聪明和认真的人。他虽然贪玩，但是学习成绩很好，经常受到老师的表扬。每当我有不会的问题，他总是很耐心的解答我的疑惑。

因为我本身是一个粗心大意的人，考试的时候总是因为不认真审题而丢分。Michael 把自己的学习经验分享给我，这使我的数学成绩有了提高。除此之外，他上学时从不迟到早退，每当有集体活动时，他总会提前一阵子到。我跟他约好的事情他从来都不会忘记。这些习惯对于一个小孩子来说是很难得的，我在其他同学和朋友身上很少见到。

总的来说我认为他是一个非常靠谱的朋友，跟他一起学习让我很享受。

## (十一) 三国演义

### 43-44: 多次阅读的书籍（新题）& 想了解更多的历史

Describe a book you have read more than once. You should say: Why you read this book What this book was about Whether you learnt anything from it And explain why you have read this book more than once.	Describe a period in history that you would like to learn more about. Some instructions you can follow: When this period in history was How you first became interested in this period in history What you already know about this period in history And explain why you would like to learn more about this period.
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#### 《多次阅读的书籍》

*The Romance of the Three Kingdoms* is a very famous Chinese novel. I first read it when I was still in elementary school. It was my Chinese teacher who recommended it to me. Actually, I have read it a few times since childhood.

The novel is about the wars and alliances of the Three Kingdoms period. The Three Kingdoms period was an era of never-ending conflicts. The nation was divided into three states, Wei, Shu and Wu. They fought with each other constantly until Wei won out and united the country. This novel combines true historical events with the author's imagination. This masterpiece captivates readers with its colorful characters and legendary events. I was impressed by the brotherhood among Liu Bei, Guan Yu and Zhang Fei, but even more so by the resourcefulness of Zhuge Liang.

When I was young, I was intrigued by the plot when reading this novel. I couldn't fully understand it as a child and read it roughly, overlooking a lot of important content. When I read it again after growing up, I discovered many plot points that I didn't notice before or had entirely forgotten. Meanwhile, I was deeply impressed by the narratives and strategies presented in the novel. I believe everyone will have a different understanding when reading a book and one can find new interpretations by reading it multiple times.

中文思路:

《三国演义》是中国非常著名的一本小说。在老师的推荐下，我在小学的时候就看过这本书。事实上，从小时候算起，我已经看过很多次了

这部小说描述了三国时期的战争与友情。三国时期是一个战争连绵的时代。当时天下被分为三部分，魏蜀吴三个国家不断地在打仗。最后魏国获得胜利，统一了全国。这本小说里既有真实的历史故事，又加入了作者的想象。书里的人物性格和历史事件非常吸引人。刘备关羽张飞三人之间真挚的友谊令我感动，诸葛亮的足智多谋更是令我钦佩不已。

小时候，我看这本小说更多的是被故事情节吸引。小孩子的理解能力是有限的，那时候我只是粗略地阅读，忽略了很多重要内容。长大后再次阅读时，我发现了很多之前没关注，或者已经遗忘了的情节。同时，小说里的计谋与策略给我留下了深刻的印象。我认为每个人读书，都会读出不一样的理解。而多次阅读更会产生更多的体会。

## 《想了解更多的历史》

*The Romance of the Three Kingdoms* is a very famous novel in China. I first read it when I was still in elementary school. Since all its wars and friendships were set in the Three Kingdoms period, it explains my desire to know more about that chapter in history.

The masterpiece captivates readers with its colorful characters and legendary events. I was impressed by the brotherhood among Liu Bei, Guan Yu and Zhang Fei, but even more so by the resourcefulness of Zhuge Liang. As a matter of fact, this literature is the only reason I became interested in its historical setting.

From what I read, the Three Kingdoms period was an era of never-ending conflicts. The nation was divided into three states, Wei, Shu and Wu. They fought with each other constantly until Wei won out and united the country.

The book described in great detail what unfolded on and off the battlefields. As a child, I always thought it was a full and honest account of the past. But I discovered later that the history as the author told it had in fact not been entirely true. Zhuge Liang, for example, was more adept at managing internal affairs than conducting warfare. Also, since the work was written from Shu's perspective, all the personalities of that kingdom were portrayed in a more positive light than they deserved. As a result, I would like to find out the real stories of those days and see the historical figures (Zhuge Liang and Liu Bei included,) as the flesh and blood they were.

中文思路：

《三国演义》是中国非常著名的一本小说，我在小学的时候就看过这本书。这部小说描述了三国时期的战争与友情。因此，三国时期是我想了解更多的一段历史。

我对三国时期产生兴趣完全是因为这本小说，书里的人物性格和历史事件非常吸引人。刘备关羽张飞三人之间真挚的友谊令我感动，诸葛亮的足智多谋更是令我钦佩不已。

我印象中的三国时期是一个战争连绵的时代。当时天下被分为三部分，魏蜀吴三个国家不断地在打仗。最后魏国获得胜利，统一了全国。

小时候，我一直以为《三国演义》完整地阐述了历史，因为书里描述的历史事件和战争非常详细。但长大后我才发现，原来真正的三国时期并不完全跟小说一致。比如诸葛亮其实并不擅长打仗，他更擅长的是管理内政。同时，这本小说是以蜀国的角度写的，蜀国的人物都是非常积极正面的。但事实上似乎并非如此。所以我想了解这段时期真正的历史，去了解这些诸葛亮，刘备实际上是怎么样的一个人。

## 45: 公开发言的时刻（新题）

Describe a time when you had to give a talk to lots of people.

You should say:

Who you gave this talk to

What the talk was about

Why you gave this talk

And explain how you felt about giving the talk to lots of people.

I vividly recall my Chinese language teacher organizing a special event in high school. Each of us had to take turns giving a five-minute presentation introducing our favorite book to our fellow classmates. Being a shy person, I had never tried public speaking before, so this was a really memorable experience for me.

I spent a long time thinking about what to say. Eventually, I found some ideas while searching online and decided to talk about the novel "Romance of the Three Kingdoms." The history, as the author told it, had in fact not been entirely true. Zhuge Liang, for example, was more adept at managing internal affairs than conducting warfare. Also, since the work was written from Shu's perspective, all the personalities of that kingdom were portrayed in a more positive light than they deserved.

I put in a lot of effort to get my script ready. The night before my presentation, I rehearsed in front of the mirror at home. To my amazement, the presentation went off without a hitch the following day. I was pleasantly surprised to find that speaking in front of a crowd wasn't as intimidating as I had anticipated. All I had to do was present the material I had prepared. Furthermore, my classmates were really engaged in what I had to say. Even though "Romance of the Three Kingdoms" is a renowned Chinese novel, most people don't realize that its plot is made up!

中文思路:

我记得在我高中的时候，我的语文老师组织了一次特别的活动。全班所有同学需要轮流上台演讲五分钟，内容是向其他同学介绍自己最喜欢的一本书。我是个腼腆的人，从小就没试过公开发言。因此这是一次印象深刻的经历。

对于发言内容，我思考了很长一段时间。后来在网上搜索的时候逐渐有了思路。我的演讲内容是关于小说三国演义的，历史上的三国时期其实并不完全跟小说《三国演义》一致。比如诸葛亮其实并不擅长打仗，他更擅长的是管理内政。同时，这本小说是以蜀国的角度写的，蜀国的人物都是非常积极正面的。但事实上并非如此。

我花了好长时间整理我的发言稿。在上台演讲的前一晚，我还在家对着镜子练习。没想到第二天的演讲出乎意料地顺利。其实在一群人面前演讲并不是一件难事，我只需要把我准备的材料说出来就行。同时，同学们对我讲的内容也很感兴趣。因为《三国演义》是中国非常著名的一本小说，但是大多数人都不知道它的情节是虚构的！

## (十二) 投影仪

### 46-47: 家里舒服的某处地方 & 难用的科技产品

Describe the part of your home where you most enjoy relaxing. Some instructions you can follow: What part of your home this is When you usually relax there How you relax there And explain why you find this part of your home an good place to relax in.	Describe a piece of technology that you find difficult to use. Some instructions you can follow: What you use it for When you got it How often you need to use it And explain why you find this piece of technology difficult to use.
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#### 《家里舒服的某处地方》

My bedroom is the most relaxing place of my childhood home. I like my bedroom because it is a space that belongs to me entirely.

I am attending a college far away from my hometown, so I only get to return home during winter and summer vacations. Copyright by An Xiao Ya. Most of my time at home, I like to spend in my bedroom. My bedroom is spacious, with large French windows and decent lighting. Whenever I'm staying in my bedroom, I can sleep until I wake up naturally and then lie in bed to check my smartphone. I like to sit by the window and bask in the sun when the weather is fine. Besides, I like watching TV shows very much, so I especially enjoy staying at home. I can lie comfortably in my bed, eat snacks and watch TV on the projector my mother bought for me last year as my birthday gift. I installed it on one of my bedroom walls.

I live in a dormitory most of the time. Besides me, I have three roommates, so I am not free to do whatever I like. If I want to watch TV, I must wear headphones. When we get up in the morning, we will all scramble to be the first to use the bathroom. Although my roommates are very kind, it is a bit of an inconvenience. However, staying in my bedroom, I can do whatever I want without worrying about disturbing others, which makes me feel comfortable and relaxed.

中文思路:

我的卧室是我们家里最令人放松的地方。我喜欢我的卧室，因为这里是完全属于我一个人的空间。

我在外地上大学，只有在寒暑假的时候才能回到家，宅在家的大部分时间，我都会选择呆在卧室里。我的卧室面积很大，拥有大面积的落地窗和很好的光线。呆在卧室的时候，我可以睡到自然醒，然后躺在床上玩手机。天气好的时候我喜欢坐在窗边晒太阳。除此之外，我是个非常喜欢看电视剧的人，所以我特别享受呆在家的时候，我可以舒舒服服地躺在我的床上，边吃着零食边用投影仪看电视剧。投影仪是去年我妈妈作为生日礼物买给我的。我把它挂在了我卧室的一边墙上。

大多数的时间我都住在宿舍里，除了我之外我还有三位室友。我并不能自由的做自己喜欢做的事。如果我想看电视剧，我必须戴上耳机。早上起床的时候大家还会抢着用洗手间。虽然我的舍友都很善良，但总有一些不方便的地方。当我呆在我自己卧室的时候，我可以做任何我想做的事而不必担心打扰到别人。这让我觉得非常自在和放松。

## 《难用的科技产品》

Last year, my mother bought a projector for me as a birthday present. I installed it up on my bedroom wall and use it a lot. But it doesn't work all that well. I am a big TV fan. I enjoy staying at home, because I can lie comfortably in bed, eating snacks and watching TV. At first, I used the projector almost daily.

However, the good times didn't last long. Over the next six months, my projector began to encounter errors. Although I love the big screen, I don't think it is a particularly well-made product. Recently, the projector has broken down twice. Either it has no sound, or I can't turn it on. Having it repaired each time takes at least a week. The maintenance is free, but the frequent failures annoy me. I am worried that I will have to pay for the expensive repairs after the warranty period. At the same time, every time I turn on the projector, I have to watch an advertisement for half a minute no matter how I set it up, which makes me very irritable.

This projector does not function well, but buying a new one would cost a lot. It is a real dilemma.

中文思路：

我家的投影仪是一个我经常用，但的确不好用的科技产品。投影仪是去年我妈妈作为生日礼物买给我的。我把它挂在了我卧室的墙上。我是个非常喜欢看电视剧的人，所以我特别享受呆在家的时候，我可以舒服服地躺在我的床上，边吃着零食边用投影仪看电视剧。一开始，我几乎每天都会使用它。

然而好景不长，在之后的半年时间里，我的投影仪开始出现故障。虽然我很喜欢大屏幕，但我不认为这是一个优秀的产品。最近，它已经坏了两次了。不是没有声音，就是无法开机。每次送去维修都要花费至少一周时间。虽说维修是免费的，但经常性失灵真的很让人烦躁。我很担心过了保修期之后，我需要承担昂贵的修理费。同时，每次我打开投影仪的时候，我都得看一段几十秒的广告。无论我如何设置都不能跳过这段广告。这也让我非常暴躁。

重新买一个投影仪得花不少钱。但这台投影仪用着又很麻烦。这真的令人感到进退两难。

## (十三) 开学遇新同学

### 48-49: 开学的第一天 & 派对里交谈甚欢的人

Describe something you remember about your first day at a new school. Some instructions you can follow: Where the it was What you remember well How you felt about your first day at the school And explain why you remember this about your first day at the new school.	Describe a person who you enjoyed talking to at a party. Some instructions you can follow: Who the person was When and where the party was What you talked about And explain why you enjoyed talking to this person at the party.
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#### 《开学的第一天》

I still remember meeting my roommate on the first day of university. We hit it off immediately and became good friends thereafter.

Our campus is near the student village, far from downtown. I checked into my new dormitory after I completed the admission procedures on the first day and my roommate Anna helped clean up for everyone before they arrived. I was deeply impressed by her cordiality.

I had never lived in a dormitory before going to university. It was a novel experience to live with several other people for the next four years. I was even a little nervous when first meeting them. I didn't know what to say. To my surprise, everyone was very talkative and friendly. When we had dinner, we talked about everything from our lives before university to our dreams for the future and dating prospects as if we had been friends for years. We enjoyed talking so much that we forgot the time until the restaurant owner told us that they were closing. My unease and anxiety about the new school disappeared completely with our laughter.

My first day at university is still a beautiful memory for me as I not only became a college student but also made some of my closest friends that day. Copyright by An Xiao Ya.

中文思路:

我至今记得我大学开学的第一天，那天我认识了我的新舍友，我们兴趣相投交谈甚欢，成为了非常要好的朋友。

我们学校在离市区很远的大学城。开学第一天的下午，我办完入学手续后就入住了我的新宿舍。我的舍友 anna 在大家到达宿舍之前，就已经帮所有人打扫了为生。她的友善给我留下了深刻的印象。

上大学前，我从来没有住过宿舍。要在大学四年跟其他几个舍友住在一起，对我来说是一件很新奇的事情。刚见面时我甚至有点紧张，不知道该怎么跟她们搭话。令我没想到的是大家都很健谈，很友善。晚上吃饭时，我们就像打开了话匣子一样，从以前的生活，聊到自己的梦想，还聊到自己的择偶要求。我们聊得太嗨了以至于忘了时间，餐厅老板都过来告诉我们他们要打烊了。我对新学校的陌生和不安，也在我们的笑声中消失不见了。

开学的第一天对我来说是一段美好的回忆。因为这一天，我不仅成为了大学生，还认识了我生命中最重要的好朋友。

## 《派对里交谈甚欢的人》

I still remember the time I met a new friend, Anna, during a student union party while I was in college. We hit it off immediately and became good friends thereafter.

The party was organized by our college last semester. It was held in a western restaurant near our school and students from different colleges could attend it. I was nervous at first because I hardly knew anyone. I wanted to make new friends through this opportunity but I didn't know how.

To my surprise, everyone was very talkative and friendly. We talked about everything from our lives before university to our dreams for the future and dating prospects as if we had been friends for years. We enjoyed talking so much that we forgot the time until the restaurant owner told us that they were closing. My unease and anxiety about the new school disappeared completely with our laughter.

I am typically quite a nervous person and strange environments usually makes me anxious. Anna's appearance at the party quickly calmed my nerves. Although our two personalities are quite different, we had a lot to talk about because we have similar life experiences. Anna is very charming and chatting with her makes me feel comfortable and relaxed.

中文思路：

我至今还记得在大学生活里，我在一次联谊派对中认识了一个新朋友 Anna，我们兴趣相投交谈甚欢，成为了非常要好的朋友。

这次联谊派对是上个学期我们学院组织的。不同学院的同学都可以参加，地点选在我们学校附近的一个西餐厅。一开始我很紧张，因为我几乎不认识其他人，我很想通过这次机会认识新朋友，但不知道该怎么跟她们搭话。

令我没想到的是大家都很健谈，很友善。Anna 主动和我打招呼，并且和我聊了起来。我们就像打开了话匣子一样，从以前的生活，聊到自己的梦想，还聊到自己的择偶要求。我们聊得太嗨了以至于忘了时间，餐厅老板都过来告诉我们他们要打烊了。我对这次聚会的陌生和不安，也在我们的笑声中消失不见了。

生活中我是个容易紧张的人，陌生的环境通常会使我焦虑。聚会上 anna 的出现，恰好使我紧张的情绪迅速平静下来。虽然我们两个的性格不同，但相似的生活经历让我们有说不完的话。anna 是个非常有魅力的人，和她聊天让我感到舒适和放松。

# 单独话题

## 50：不喜欢的广告

Describe an advertisement you have seen that you did not like.

Some instructions you can follow:

Where and when you saw this advertisement

What it was for

What you could see in the advertisement

And explain why you did not like it.

I really hate one particular ad on Pinduoduo. I saw it when my mother texted it to me several weeks ago. She had asked me to download Pinduoduo onto my phone and clicked a referral link in the process. I know many of you must have been introduced to this same ad in this way. It's annoying beyond description!

Pinduoduo is a popular shopping App in China. All users will see this ad when they open the App for the first time. According to the ad, you'll have a chance of winning a ¥300 reward for inviting your friends to click this link. It's actually a means to entice its users into recommending Pinduoduo to those around them.

The fact is, it's no easy task to win the money. When you first click the link and get to the page, it'll tell you that you've completed 99% of the whole process. This gives you the impression that you can easily claim the reward after inviting a friend to click the link. But the page won't show you how many friends you need to invite. Unfortunately, you may need to invite more than 50 friends to click the link so that you can claim the reward!

In my opinion, this is nothing less than a big con, but my elders are keen on it. For some reason though, the market regulators haven't done anything about it yet!

中文思路：

我非常讨厌拼多多的一则广告。我大约是几周前看见的这个广告，是我妈妈发给我的。她让我下载拼多多 app，并且帮他点击某个链接。我相信很多人都知道这个广告，因为它实在是太令人讨厌了

拼多多是一个非常流行的购物 APP，所有用户第一次打开 APP 都会看到这个广告。广告里写着，只要你邀请好友帮忙点击这个广告，你就很有概率获取 300 块钱现金。这则广告主要是为了宣传拼多多这个 app。

事实上，人们要想获得这 300 块钱奖励并不容易。你点击链接进入宣传页面后，页面就会显示你已经完成了 99% 的进度。这让人觉得只要再邀请一个好友点击即可获取奖励！但是，这个页面不会告诉你还需要多少次的点击。事实上你可能需要邀请 50 个以上的好友才能完成任务！

我认为这个广告妥妥的是欺诈行径，我身边的很多长辈都热衷于此。不知为何市场监管部门至今还置之不理！

## 51: 最近令你失望的电影（新题）

Describe a film you saw recently that you found disappointing.

You should say:

What kind of film it was

What it was about

Why you decided to watch this film

And explain why you found this film disappointing.

I recently watched a romance movie called "Love After Love" on iQiyi. It's based on a novel by Eileen Chang, but I have to say I was disappointed.

The movie tells the story of Ge Weilong, a female student studying in Hong Kong who has nowhere to turn but to her aunt Mrs. Leung. As time passes, she finds herself drawn to the luxurious lifestyle and develops an unrequited love for a man. In order to support him, she sells herself, only to be cruelly abandoned in the end.

I'm a huge fan of Eileen Chang, and I love the original novel, so when I saw the stunning trailer, I was really excited to watch the movie! But after watching it, I was really let down. The plot was so disjointed and nonsensical that I couldn't concentrate on it, so I just ended up fiddling with my phone instead.

Moreover, the chemistry between the two leads felt unnatural and unconvincing. They seemed to be just going through the motions, without any real emotional bond. The director was trying to create an artistic vibe, but it didn't quite work.

Overall, "Love After Love" did not meet my expectations. Although I appreciate the director of this movie, I have to admit that it's really a bad film.

中文思路:

最近，我在爱奇艺网站上看了一部名为《第一炉香》的爱情电影，这部电影改编自著名作家张爱玲的同名小说。不幸的是，我觉得它很令人失望。

这部电影讲述的是女学生葛薇龙求学香港，无处可去只能投靠姑母梁太太。淘宝店铺：安小雅。后来她渐渐喜欢上了奢靡的生活，还爱上了一个不爱自己的男人，出卖自己去养他，最终却遭到了无情的抛弃。

我决定看这部电影，因为我是作家张爱玲的超级粉丝。我喜欢第一炉香的原著小说。这部电影的预告片也拍的非常唯美和吸引人。然而，看完之后，我感到很失望。它给人的感觉非常混乱和没有逻辑。我在看电影的时候，一直忍不住在玩手机，电影的剧情完全没办法吸引我。

此外，两位主角之间的化学反应感觉是被迫的，难以令人信服。他们似乎是在走过场，他们之间没有真正的情感联系。导演似乎是想拍出一种文艺的氛围，然而这种尝试是失败的。

总的来说，《第一炉香》并没有达到我的期望。虽然我很欣赏这部电影的导演，但是不得不承认这真的是一部烂片。