

# 安小雅 雅思口语素材

第四套 Part2  
(简单版串联)  
适合上班族使用

## 关于素材使用方法和答疑

客服的微信提供素材售后服务，有疑问都可以在微信上询问哦！在微信通讯录搜：安小雅。即可找到客服~

店主开通的福利微信公众号：安小雅

公众号会在每场考试后发布考试答案回忆，还有最新考试资讯，雅思技巧等等福利哦！

## 雅思考官一对一

我们跟多位 10 年以上经验的资深雅思考官合作，提供口语/写作一对一私教服务，教学内容可自定义。

行业金字塔尖师资水平，有意请联系微信客服。

## 串联版 Part2 目录以及使用说明

串联版 Part2 指的是一篇范文回答多个话题。具体分类看看以下目录就知道了。但是有些话题问的方向不一样，如果用同一篇范文来回答的话会有跑题嫌疑。所以有些串联的话题我们还是写了 2-3 篇范文，根据问题的问法稍作了一些修改。但是大体上的内容和思路都是一致的~

## 如果我觉得素材有错怎么办？

我们的素材都是经过店主和外教一起编写和检查过的哦！您可以放心！

其实外国人在生活中有一些常用的口头上的表达，看起来很奇怪但实际并没有错的，国内老师也不会懂这些。所以呀！如果你觉得素材有错，我们是非常欢迎您来询问我们滴！千万不要觉得不好意思哦！下面举两个例子：

“Anna is two years my elder.” 安娜比我大两岁。“She is four months my younger” 她比我小四个月。

这是一种比较现代的说法，当然我们平时都会讲 “Anna is two years older than me” 和 “She is four months younger than me.” 但其实外国人都都会用前者多一些的。

“the majority of the girls were content discussing about how handsome or how affluent their boyfriends were.” 女孩子们都在热烈地讨论他们的男朋友有多帅。

这是现代英语的另一个特征，就是外国人在口头上都常常会省略掉介词。这里就把 were content with discussing 的 with 去掉了。这在口语上是完全没问题的，但大家在写作中就尽量要避免哦。

## 新题更新说明：

Part2 所有话题已更新完毕，一共 51 个话题。

答案会陆续更新，该套答案大约 5 月 20-25 日更新完毕

更新进度留意群公告通知即可。

黄色：答案是初版，仍需外教检查

蓝色：外教已初步检查，需等待录音和二次检查

绿色：最终版答案，不会再改

## 目录

1: 喜欢穿的衣服（新题） .....	6
2: 童年游戏（新题） .....	6
3: 让你失望的电影（新题） .....	6
4: 有用的发明（新题） .....	6
5: 印象深刻的汽车旅行（新题） .....	6
6: 新开的商店（新题） .....	6
7: 童年趣事（新题） .....	7
8: 最近搬家的人（新题） .....	7
9: 多次阅读的书藉（新题） .....	7
10: 公开发言（新题） .....	7
11: 喜欢的传统庆祝活动（新题） .....	7
12: 爱看的体育运动（新题） .....	8
13: 理想之家（新题） .....	8
14: 得到错误信息的时刻（新题） .....	8
15: 想尝试的冒险（新题） .....	8
16: 有趣的工作（新题） .....	8
17: 乐于助人的人（新题） .....	9

18: 昂贵的礼物（新题） .....	9
19: 重要的决定（新题） .....	9
20: 想尝试的水上运动（新题）香蕉船.....	9
21: 人山人海之地（新题）长沙.....	9
22: 和小孩相处的时刻（新题） .....	9
23: 有趣的邻居（新题） .....	10
24: 迷路（新题） .....	10
25: 受欢迎的人（新题） .....	10
26: 未来想去的遥远地方（新题） .....	10
（一）做饭机器人.....	11
27-28: 难用的科技产品 & 不寻常的一顿饭.....	11
（二）Boss.....	13
29-30: 见过的有趣老人 & 喜欢一起工作/学习的人 .....	13
（三）公园散步.....	15
31-32: 一个享受的生活习惯 & 年轻时的空闲活动 .....	15
（四）夜爬华山.....	17
33-34: 跟别人一起做事的经历 & 完成的骄傲事情 .....	17
（五）去公园放炮.....	19
35-36: 去过的一个空气不好的地方 & 去过的一个嘈杂地方 .....	19
（六）小区划停车位.....	21
37-38: 住所附近的变化 & 投诉并得到满意结果.....	21
（七）单独话题.....	23
39: 迟到.....	23
40: 以后想学习的事情.....	24
41: 家里舒服的某处地方.....	25
42: 想了解更多的历史.....	26
43: 不喜欢的广告.....	27
44: 常用网站.....	28
45: 开学的第一天.....	29
46: 教朋友或亲戚的时刻.....	30

47: 派对里交谈甚欢的人.....	31
48: 收到想要的东西.....	32
49: 喜欢的演员.....	33
50: 别人的好消息.....	34
51: 想短暂停留的城市.....	35

淘宝店铺 & 微信公众号：安小雅  
知识产权登记号：黔作登字-2022-A-00545011

## 1: 喜欢穿的衣服（新题）

Describe a piece of clothing you wear most often

You should say:

What it is

How often you wear it

What it is like

And explain why you enjoy wearing it

## 2: 童年游戏（新题）

Describe a game that you played in your childhood

You should say:

What the game was

When you played it

Who you played it with

And explain how you felt about the game

## 3: 让你失望的电影（新题）

Describe a movie you watched recently that you felt disappointed about

You should say:

When it was

What it was about

Why you decided to watch it

And explain why you felt disappointed about it

## 4: 有用的发明（新题）

Describe an invention which is very useful in your daily life.

You should say:

What it is

What you use it for

Is it easy to use

And explain why it is very useful in your daily life.

## 5: 印象深刻的汽车旅行（新题）

Describe a car journey you made that you remember well.

You should say:

When it was

Who was with you

How long the journey took

and explain why you remember this car journey so well.

## 6: 新开的商店（新题）

Describe a new shop that recently opened in your city/town

You should say:  
Where the shop is  
What it sells  
What kinds of people usually go to this shop  
And explain how successful you think it will be in the future

## 7: 童年趣事（新题）

Describe an enjoyable experience in your childhood  
You should say:  
When and where you had this experience  
Who you were with  
What you did  
How you felt about it

## 8: 最近搬家的人（新题）

Describe someone who has recently moved into his/her new home/accommodation  
You should say:  
Who this person is  
Why this person moved into his/her new home  
What kind of home/accommodation this person moved to  
And explain whether you think this move was a positive change for this person.

## 9: 多次阅读的书藉（新题）

Describe a book you have read more than once.  
You should say:  
Why you read this book  
What this book was about  
Whether you learnt anything from it  
And explain why you have read this book more than once.

## 10: 公开发言（新题）

Describe a speech experience that you had  
You should say:  
Who you gave the speech to  
What the speech was about  
Why you gave the speech  
And explain how you felt about the speech

## 11: 喜欢的传统庆祝活动（新题）

Describe a traditional celebration you enjoy in your country.  
You should say:  
What it is  
Who you celebrate with  
What you do in this celebration

And explain why you enjoy this traditional celebration.

## 12: 爱看的体育运动（新题）

Describe a sports program you like to watch

You should say:

What it is

When you first watch it

Who you like to watch this program with

And explain why you like to watch this program

## 13: 理想之家（新题）

Describe your idea of a perfect house.

You should say:

Where it would be

What it would be like

How special it would be

And explain why it would be perfect for you.

## 14: 得到错误信息的时刻（新题）

Describe an occasion when you got incorrect information

You should say:

When you got it

How you got it

How you found it was incorrect

And how you felt about it

## 15: 想尝试的冒险（新题）

Describe an adventure you would like to take in the future

You should say:

What the adventure is

Where you would go

Who you would be with

And explain why you would like to take the adventure

## 16: 有趣的工作（新题）

Describe a job that you think is interesting

You should say:

What it is

How you knew it

What skills it requires

And explain why you think it is interesting



## 17: 乐于助人的人（新题）

Describe a person who likes to help others

You should say:

Who the person is

What help did the person offer

Why does the person like to help others

And explain how you feel about that person

## 18: 昂贵的礼物（新题）

Describe an expensive gift you would like to give to someone.

You should say:

What gift you would like to buy

Who you would like to give it to

How long it would take to save the money

And explain why you would like to give this expensive gift to this person.

## 19: 重要的决定（新题）

Describe an important decision you made

You should say:

What decision you had to make

How you made the decision

Why this decision was important

And explain whether you think it was a right decision.

## 20: 想尝试的水上运动（新题）香蕉船

Describe a water sport you would like to try.

You should say:

What the water sport is

Where you would try it

Whether it would be easy or difficult to do

And explain why you would like to try this water sport.

## 21: 人山人海之地（新题）长沙

Describe a time when you went to a place where there were a lot of people.

You should say:

What was happening in this place

Who you went to this place with

Why there were so many people there

And explain how you felt about being in a place with so many people.

## 22: 和小孩相处的时刻（新题）

Describe an occasion when you spent time with a young child

You should say:  
Who this child was  
When you spent time with this child  
What you did together  
And how you felt about it

## 23: 有趣的邻居（新题）

Describe an interesting neighbor.  
You should say:  
What do he/she do  
How you met this neighbor  
How often you see this neighbor  
And explain why you think this neighbor is interesting.

## 24: 迷路（新题）

Describe an occasion when you got lost  
You should say:  
Where you were  
What happened  
How you felt  
And explain how you found your way

## 25: 受欢迎的人（新题）

Describe a popular person  
You should say:  
Who this person is  
What he or she is like  
Why you think this person is popular  
How this person influences the public

## 26: 未来想去的遥远地方（新题）

Describe a place away from your home and you want to visit in the future  
You should say:  
Where you would like to go  
When you would like to go  
Who you want to go with  
And explain why you want to visit the place

## (一) 做饭机器人

### 27-28: 难用的科技产品 & 不寻常的一顿饭

Describe a piece of technology that you find difficult to use. Some instructions you can follow: What you use it for When you got it How often you need to use it And explain why you find this piece of technology difficult to use.	Describe a time when you had an unusual meal. Some instructions you can follow: When you had this meal Who was with you Where you had this meal And explain what was unusual about this meal.
--	--

#### 《难用的科技产品》

A few months ago, I bought a smart cooker from JD.com. I can't cook so I count on it to help me make delicious food. But it is just too hard to use.

I still remember that it was a weekend, I was so happy and ready to cook for myself as soon as I received it. I downloaded the app and did everything it told me to, such as getting the ingredients from the market, chopping the meat and vegetables into tiny equal size pieces, and then putting the ingredients and seasonings together into the pot according to the order of operations. At this time, it automatically heated and stir-fried. And the dish was ready in just over ten minutes.

After that, I found that the smart robot cooker is not as easy as advertised. It takes at least ten minutes to cook a dish. If I want to cook more dishes, it will be very time-consuming. What's worse, every time I finish my meal, I have to take it apart and clean it. The advertised automatic self-cleaning option cannot clean the pot thoroughly. It cannot adjust the number of dishes intelligently either. I can only put in fixed and classified ingredients, and I have to follow the recipe. I may have used it less than 10 times before I stopped using it. Although it can assist users in cooking, it is rather time-consuming and dumb to use. It was not the best experience for me. I regret buying it very much.

中文思路:

几个月前，我在京东买了一个智能炒菜机器人。不会做饭的我，希望它能帮助我做出可口的饭菜。但它实在是太难用了。

我还记得那是一个周末，我刚收到它就兴高采烈地准备在家给自己做一顿饭。我按照 app 的提示，去市场买了做饭需要的食材。然后把肉和菜切成固定重量的小块，接着按照操作步骤把食材和调味料一起放进锅中。这时候机器人就会自动地加热和翻炒。十几分钟后，一盘菜就炒好了。

做完之后我发现，炒菜机器人完全不像广告宣传的那么好用。它炒一道菜至少需要十分钟时间，如果我要多做几个菜，这将非常耗时。另外每次做完饭，我都得把它拆开清洗。广告中宣传的自动清洁，根本无法把锅彻底的清洗干净。于此同时，机器人不能智能调整菜量，只能严格按照食谱要求投入固定分类的原材料。我可能一共用了不到 10 次，就再没有用过这个炒菜机器人了。虽然它的确能辅助用户炒菜，但它缓慢的炒菜速度和愚蠢的使用方法真的很影响使用体验。我非常后悔购买这个产品。

### 《不寻常的一顿饭》

A few months ago, I bought a smart robot cooker from JD.com. I can't cook so I count on it to help me make delicious food.

I still remember that it was a weekend, I was so happy and ready to cook for myself as soon as I received it. I downloaded the app and did everything it told me to, such as getting the ingredients from the market, chopping the meat and vegetables into tiny equal size pieces, and then putting the ingredients and seasonings together into the pot according to the order of operations. At this time, it automatically heated and stir-fried. And the dish was ready in just over ten minutes. To my surprise, this meal tasted very delicious.

However, it was still an unusual meal for me. Although I ate it at home alone, I felt very satisfied. I have lived by myself after graduation. I cannot and do not cook. More often than not, I eat in a restaurant or order takeout. That was the first meal I made for myself. It was a great achievement for me to turn the ingredients into delicious food by myself. It boosted my confidence. I would love to cook for my parents in the future if I have the chance. I think that will make them very happy.

中文思路：

几个月前，我在京东买了一个智能炒菜机器人。不会做饭的我，希望它能帮助我做出可口的饭菜。

我还记得那是一个周末，我刚收到它就兴高采烈地准备在家给自己做一顿饭。我按照 app 的提示，去市场买了做饭需要的食材。然后把肉和菜切成固定重量的小块，接着按照操作步骤把食材和调味料一起放进锅中。这时候机器人就会自动地加热和翻炒。十几分钟后，一盘菜就炒好了。而且不得不说，这个智能炒菜机器人做出来的菜味道还不错。

这对我来说是不同寻常的一顿饭，虽然是我一个人在家吃的，但我感到非常满足。工作后我就自己住了，因为我对做饭这件事一窍不通，所以每天我都是在餐馆吃饭或者叫外卖。这是我给自己做的第一顿饭。能自己亲手把食材变成可口的饭菜，是一件让我很有成就感的事。这次的成功给了我很大的信心。今后如果有机会的话，我想请我的父母试试我做的饭菜，我想他们一定会非常开心。

## (二) Boss

### 29-30: 见过的有趣老人 & 喜欢一起工作/学习的人

Describe an interesting old person you have met. Some instructions you can follow: How you met him/her Who the person is What kind of person he/she is And explain why you think this old person is interesting.	Describe a person who you enjoyed working or studying with. Some instructions you can follow: Who this person is How long you worked or studied together What work or studies you did together And explain why you enjoyed working or studying with this person.
---	---

#### 《见过的有趣老人》

Mike, my colleague, is the most interesting old person I have ever met. I knew him the first day I started working. He is the director of my department. I think I met him during the interview but we didn't know each other back then.

Speaking of superiors at work, most of my friends around me felt disappointed with theirs. Maybe I'm fortunate to know such an excellent superior as Mike in the workplace. Although nearly 50 years old, he is quite a funny guy without any rigidity or stubbornness commonly found in people of his age. He often invites the entire department to dinners and plays video games with young male colleagues. He once agreed to dance at the annual meeting if we completed the performance requirement of the year.

A humorous boss creates a more harmonious working atmosphere and employees are more willing to express their feelings. I remember one time when we were all working hard, Mike suddenly showed up with a grimace mask, which created laughter among us. I really like him and feel relaxed getting along with him. He never shows any detachment as a boss and most importantly, he is an interesting person.

中文思路:

Mike 是我的同事，他也是一个非常有趣的老家伙。我从第一天上班的时候就认识他了。他是我的部门主管。如果我没记错的话，入职面试的时候我也见过他，只不过那时候我们彼此并不认识。

谈起单位的领导，我身边的大多数朋友都会表示厌恶。我可能是为数不多的幸运儿，能够在职场上认识 mike 这样好的领导。他虽然已经快 50 岁了，但是整个人非常幽默，完全没有大多数老人家的死板和固执。他经常请整个部门的人一起吃大餐。他甚至会 and 部门里年轻的男同事一起打游戏。他曾答应我们，如果我们完成了年度的业绩要求，他就会在年会上跳舞。

风趣幽默的上司能让工作气氛更加和谐，员工们也更愿意表达自己的心声。记得有一次，我们大家都在埋头苦干的时候，mike 带着一个鬼脸面具突然出现在我们中间，引得我们哄笑一场。我真的很喜欢这个上司，和他相处觉得很自然，他没有任何领导的架子，最重要的是他是个有趣的人。



## 《喜欢一起工作学习的人》

Mike is my colleague. I knew him the first day I started working. He is the director of my department. I think I met him during the interview but we didn't know each other back then. If my memory serves me correctly, we have been working for three years.

Speaking of superiors at work, most of my friends around me felt disappointed with theirs. Maybe I'm fortunate to know such an excellent superior as Mike in the workplace. I like to work with him very much. Our team has successfully completed many projects under his leadership. He always encouraged me when I first entered the company and walked me to every office to know more people. He often invites the entire department to dinners and plays video games with young male colleagues. He once agreed to dance at the annual meeting if we completed the performance requirement of the year.

A humorous boss creates a more harmonious working atmosphere and employees are more willing to express their feelings. I feel relaxed getting along with him and really like to work with him. He never shows any detachment as a boss and most importantly, he is an interesting person.

中文思路：

Mike 是我的同事，我从第一天上班的时候就认识他了。他是我的部门主管。如果我没记错的话，入职面试的时候我也见过他，只不过那时候我们彼此并不认识。仔细算算我们已经一起工作三年了。

谈起单位的领导，我身边的大多数朋友都会表示厌恶。我可能是为数不多的幸运儿，能够在职场上遇到 mike 这样好的领导。我非常喜欢和他一起工作。他带领我们团队完成了不少优秀的项目。在我刚入职的时候，他经常鼓励我，带我到每个办公室溜达，让我接触更多的人。他经常请整个部门的人一起吃大餐。他甚至会 and 部门里年轻的男同事一起打游戏。他曾答应我们，如果我们完成了年度的业绩要求，他就会在年会上跳舞。

风趣幽默的上司能让工作气氛更加和谐，员工们也更愿意表达自己的心声。和 mike 一起工作很少让我感到压力。我真的很喜欢这个上司，和他相处觉得很自然，他没有任何领导的架子，最重要的是他是个有趣的人。

## (三) 公园散步

### 31-32: 一个享受的生活习惯 & 年轻时的空闲活动

Describe a routine you have in your life that you enjoy. Some instructions you can follow: What the routine is When and why you started to follow this routine How easy it is to follow And explain why you enjoy having this routine in your daily life.	Describe an activity you enjoyed doing in your free time when you were younger. You should say: What free-time activity you did Where you did this activity Who you did it with And explain why you enjoyed doing this activity in your free time when you were younger.
--	---

#### 《一个享受的生活习惯》

One of my daily routines is to go jogging in the Donghu Park. It is not too far from where I live so I do not have to travel far to see the lovely park. It is never crowded in the park and cars and motor bikes are not allowed to enter. So, it is very safe and relaxing to jog there. Because of this I visit the park at least twice a week.

I have maintained this weekly routine since I moved here after graduation. I did slack off at the beginning, but when I stuck to this routine for a few days, it became very easy as I got used to it. I just had to set aside an hour or two on weekends.

I like visiting the park because it is a place where I can get away from the crowds and hectic lifestyle of Guangzhou. Doing aerobic exercise several times a week not only keeps my body healthy, but also helps relieve my work stress. I find it is very enjoyable to be surrounded by beautiful nature. A lot of green plants light up my mood immediately. When I jog in the park with earphones, my mind is completely focused on jogging and all my worries are temporarily forgotten. Maybe jogging consumes all my extra energy, I always sleep very well after doing it. I believe jogging is a daily habit that I enjoy and will persist.

中文思路:

我的一个日常习惯是去东湖公园慢跑。东湖公园离我住的地方不远，我可以很方便的到达那里。公园里的人不多，而且没有汽车和自行车。在那里跑步是非常安全和放松的。正因如此，我每周至少会去两次。

自从我毕业后搬到这里居住，我就一直保持着这个日常习惯。刚开始运动的时候我的确有些懈怠，一段时间后当我习惯了，一切就变得非常容易，我只要在下班后抽出一两个小时就可以了。

我喜欢去公园慢跑，因为那里是一个让我可以远离人群和繁忙生活的地方。每周几次的有氧运动，不仅让我的身体保持健康，也有助于舒缓我的工作压力。我发现被美丽的大自然包围是很愉快的。大量的绿色植物会让我的心情一下子明朗起来。当我带上耳机在公园里慢跑的时候，我的思想就会完全集中在跑步这件事情上，所有的烦恼也会暂时性的被忘记。大概是因为运动消耗了多余的体力，每次跑步后我都会睡的特别好。我想慢跑是我非常喜欢并且会一直坚持下去的日常习惯。

### 《年轻时的空闲活动》

When I was younger, I often went jogging in the Donghu Park when I had time. It is not too far from where I live so I do not have to travel far to see the lovely park. It is never crowded in the park and cars and motor bikes are not allowed to enter. So, it is very safe and relaxing to jog there.

I usually perform this activity by myself. Jogging is something that requires no participation of others. I often meet other joggers in the park yet we never get to know each other.

I like visiting the park because it is a place where I can get away from the crowds and hectic lifestyle of Guangzhou. Doing aerobic exercise several times a week not only keeps my body healthy, but also helps relieve my work stress. I find it is very enjoyable to be surrounded by beautiful nature. A lot of green plants light up my mood immediately. When I jog in the park with earphones, my mind is completely focused on jogging and all my worries are temporarily forgotten. Maybe jogging consumes all my extra energy, I always sleep very well after doing it.

I haven't run in Donghu Park for a long time as I have become increasingly busy in recent years. As I grow older, I don't seem to be as energetic as when I was young.

中文思路：

年轻的时候，我在空闲时间经常去东湖公园慢跑。东湖公园离我住的地方不远，我可以很方便的到达那里。公园里的人不多，而且没有汽车和自行车。在那里跑步是非常安全和放松的。

这项活动通常都是我一个人完成，跑步是一个不需要他人参与的运动。我在公园里经常会遇到其他慢跑的人，但是我们彼此之间并不认识。

我喜欢去公园慢跑，因为那里是一个让我可以远离人群和繁忙生活的地方。每周几次的有氧运动，不仅让我的身体保持健康，也有助于舒缓我的工作压力。我发现被美丽的大自然包围是很愉快的。大量的绿色植物会让我的心情一下子明朗起来。当我带上耳机在公园里慢跑的时候，我的思想就会完全集中在跑步这件事情上，所有的烦恼也会暂时性的被忘记。大概是因为运动消耗了多余的体力，每次跑步后我都会睡的特别好。这几年随着我的工作越来越忙，我已经很久没有去东湖公园跑步了。随着年纪增长，我似乎没有年轻时那样精力旺盛了。



## (四) 夜爬华山

### 33-34: 跟别人一起做事的经历 & 完成的骄傲事情

Describe something you did with one or more people (e.g. an activity, a piece of work). Some instructions you can follow: What you did Who you did it with How long it took And explain how you felt about doing something with one or more people.	Describe something you achieved that you are proud of. Some instructions you can follow: What you achieved How you did it How difficult it was to do And explain why you are proud of this achievement.
--	--

#### 《跟别人一起做事的经历》

It's still fresh in my memory that in my younger days, I once did something to be proud of with my friend Mike. We climbed on foot to the top of Mount Hua, one of the highest mountains in China. Visitors there can go up the mountain in two different ways: ride the cable car or go backpacking.

We opted to go mountaineering almost without hesitation back then. It was partly because of the youthful arrogance that impelled us to push the envelope. The other reason was that we planned to start off at night and reach the mountaintop at dawn just in time for the splendid view of the sunrise. After making up our minds, we quickly got everything ready—bread, water, and warm clothes—and started our journey at 9 pm.

It was a thrilling adventure along Mountain Hua's steep, narrow staircases. The darkness of night added to the danger of it, where one slip and you could fall to your death. We helped each other as we stumbled up the stairs with great caution and stopped to catch our breath and drink water from time to time. After 9 hours of trekking, we finally set foot on the peak and got to admire the beauty of the sunrise.

As I recalled, it was Mike's company that enabled me to achieve it. We kept supporting and encouraging one another all the way. I was on the point of giving up a couple of times, but when I spotted Mike's receding figure ahead, I decided to move on. Eventually, I managed to accomplish this feat which is an impossible task for many people.

中文思路:

我还记得我年轻的时候跟我的好朋友 Mike 做过一件令我感到骄傲的事情，我们徒步爬上了华山山顶。华山是中国最高的山峰之一。游客上山有两种途径，一是坐缆车，二就是徒步上山。

那时候我们毫不犹豫地选择徒步爬山。一方面是因为年轻气盛，想挑战自己的极限，另一方面是因为晚上开始徒步上山，刚好可以在日出前登顶，观赏华山的日出美景。于是我们买了面包和水，准备好了厚衣服，在晚上 9 点开始了我们的登山之旅。

华山的步道台阶又陡又窄非常危险。而且晚上光线昏暗，一不小心可能会摔下去。我们小心翼翼的互相搀扶着上山，累了就停下来休息喝水。最终，我们花费了 9 个小时爬上了山顶，看到了著名的华山日出。

现在回想起来，幸亏有 Mike 跟我一起，我才能成功爬上华山。我们一路互相帮助，互相鼓励。有很多

次我都想放弃了，但是看到前方 Mike 的身影，我最终还是坚持了下来，完成了一件很多人做不到的事。我太为自己骄傲了。

### 《完成的骄傲事情》

It's still fresh in my memory that in my younger days, I once did something to be proud of with my friend Mike. We climbed on foot to the top of Mount Hua, one of the highest mountains in China. Visitors there can go up the mountain in two different ways: ride the cable car or go backpacking.

We opted to go mountaineering almost without hesitation back then. It was partly because of the youthful arrogance that impelled us to push the envelope. The other reason was that we planned to start off at night and reach the mountaintop at dawn just in time for the splendid view of the sunrise. After making up our minds, we quickly got everything ready—bread, water, and warm clothes—and started our journey at 9 pm.

In fact, reaching the summit is very difficult to achieve. It was a thrilling adventure along Mountain Hua's steep, narrow staircases. The darkness of night added to the danger of it, where one slip and you could fall to your death. We helped each other as we stumbled up the stairs with great caution and stopped to catch our breath and drink water from time to time. After 9 hours of trekking, we finally set foot on the peak and got to admire the beauty of the sunrise.

I used to enjoy a lot of adventures and challenges when I was younger. Once getting over something really challenging, I would always feel like I'm invincible. Even to this day, I'm still feeling proud of having conquered the hardships of Mount Hua. It's definitely something that some would never be able to complete in their life, a wonderful memory that I will never forget.

中文思路：

我还记得我年轻的时候跟我的好朋友 Mike 做过一件令我感到骄傲的事情，我们徒步爬上了华山山顶。华山是中国最高的山峰之一。游客上山有两种途径，一是坐缆车，二就是徒步上山。

那时候我们毫不犹豫地选择徒步爬山。一方面是因为年轻气盛，想挑战自己的极限，另一方面是因为晚上开始徒步上山，刚好可以在日出前登顶，观赏华山的日出美景。于是我们买了面包和水，准备好了厚衣服，在晚上 9 点开始了我们的登山之旅。

事实上这件事情非常困难。华山的步道台阶又陡又窄非常危险。而且晚上光线昏暗，一不小心可能会摔下去。我们小心翼翼的互相搀扶着上山，累了就停下来休息喝水。最终，我们花费了 9 个小时爬上了山顶，看到了著名的华山日出。

年轻的时候，我总是喜欢冒险和挑战。成功的完成挑战会让我觉得自己无所不能。因此直到今天，我都为自己徒步爬上华山而骄傲。因为这是一件很多人做不到的事，也是一段可以回忆很久的经历。

## (五) 去公园放炮

### 35-36: 去过的一个空气不好的地方 & 去过的一个嘈杂地方

Describe a place you went to where the air was not clean. Some instructions you can follow: Where the place was When and Why you went there Why the air was not clean And explain how you felt about being in a place where the air was not clean.	Describe a place you went to that was very noisy. Some instructions you can follow: Where this place was What you did there Why it was very noisy And explain how you felt about this place being so noisy.
---	--

#### 《去过的一个空气不好的地方》

It is a tradition to set off fireworks during Chinese New Year. This year, on Lunar New Year's Eve, my family and I bought a lot of fireworks to set off in the park near my place. Generally speaking, fireworks are banned in city parks, but people still sneak into places with large empty space to do that.

When I arrived at the park, there were some people there already. I saw bursts of color in the sky, and heard fireworks exploding constantly. We were so excited that we quickly took out the fireworks we bought.

The fireworks were really beautiful, but I have to admit that the air quality in the park became very bad because of the fireworks. It was filled with smoke from fireworks. I could obviously smell the gunpowder. After a while, I could not help but coughing. I quickly put on a mask to feel better.

In recent years, in order to fight air pollution, major cities in China have banned fireworks one after another. But I think the Spring Festival without fireworks is incomplete. Although the air in the park was very bad, I was still impressed that day. When I was a child, I used to set off fireworks with my parents during the Spring Festival. Only when we hear the explosion of fireworks, can Chinese people really celebrate the Spring Festival.

中文思路:

春节放烟花是中国的一项传统习俗。今年大年三十的晚上，我和家人买了很多烟花准备去我家附近的公园燃放。一般来说城市里是不允许放炮的，但人们还是会偷偷地去人烟稀少，空旷的地方放烟花。

当我去到公园时，里面已经有一些人了。天空中不断有彩色的烟花炸开，烟花爆炸的响声不断传进我的耳朵里。我们都兴奋极了，赶紧拿出我们买的烟花。

那天的烟花真的很美，但不得不承认由于燃放烟花，公园里的空气变得非常糟糕。空气中弥漫着烟花爆炸后产生的烟雾。我甚至可以闻到明显的火药味。一段时间后，我不由自主的开始咳嗽，我赶紧把口罩带上，这才舒服一些。

近几年为了控制空气污染，中国的大城市都陆续禁止市民燃放烟花。但我认为不放烟花的春节是不完整的。虽然公园的空气很不好，但那天还是令我印象深刻。小时候我都会在春节和父母一起放炮，只有听到了烟花哔哩吧啦的爆炸声，中国人才算是真正的过年了。

### 《去过的一个嘈杂的地方》

It is a tradition to set off fireworks during Chinese New Year. This year, on Lunar New Year's Eve, my family and I bought a lot of fireworks to set off in the park near my place. Generally speaking, fireworks are banned in city parks, but people still sneak into places with large empty space to do that.

When I arrived at the park, there were some people there already. I saw bursts of color in the sky, and heard fireworks exploding constantly. We were so excited that we quickly took out the fireworks we bought.

Before long, more and more people came to set off fireworks. The whole park echoed with the explosion of fireworks. What we got were small ones. Normally they just glow and will not make much noise. But a group next to us brought a lot of big fireworks, they made such a long and loud noise when they exploded. Sometimes I could not help but cover my ears.

In recent years, in order to fight air pollution, major cities in China have banned fireworks one after another. But I think the Spring Festival without fireworks is incomplete. Although it was very noisy, I was still impressed that day. When I was a child, I used to set off fireworks with my parents during the Spring Festival. Only when we hear the explosion of fireworks, can Chinese people really celebrate the Spring Festival.

中文思路：

春节放烟花是中国的一项传统习俗。今年大年三十的晚上，我和家人买了很多烟花准备去我家附近的公园燃放。一般来说城市里是不允许放炮的，但人们还是会偷偷地去人烟稀少，空旷的地方放烟花。

当我去到公园时，里面已经有一些人了。天空中不断有彩色的烟花炸开，烟花爆炸的响声不断传进我的耳朵里。我们都兴奋极了，赶紧拿出我们买的烟花。

没过多久，来放烟花的人越来越多。整个公园都回荡着烟花的爆炸声。我们买的都是一些小型的烟花，它们通常只会发光，并不会有很大的声音。但我们旁边的一群人，带来了超多大型烟花，它们爆炸时会发出长时间的，巨大的响声。有时候我甚至忍不住捂住自己的耳朵。

近几年为了控制空气污染，中国的大城市都陆续禁止市民燃放烟花。但我认为不放烟花的春节是不完整的。虽然公园里的放炮声太嘈杂了，但那天还是令我印象深刻。小时候我都会在春节和父母一起放炮，只有听到了烟花哔哩吧啦的爆炸声，中国人才算是真正的过年了。



## (六) 小区划停车位

### 37-38: 住所附近的变化 & 投诉并得到满意结果

Describe a recent development which has improved the area where you live Some instructions you can follow: What the new development is What was there before this development How long it took to complete And explain how it has improved the area where you live.	Describe a time you made a complaint about something and were satisfied with the result. Some instructions you can follow: Who you complained to Is it easy to complain What you complained about And explain why you were satisfied with the result of the complaint.
--	---

#### 《住所附近的变化》

I live in an old block of flats downtown which has been built for many years. There's no underground parking lot around the place and only a few parking spaces are available. As a result, finding somewhere to place my car has been one of the biggest difficulties in my daily life.

Much to my delight, this issue has been properly attended to recently. The government set up a lot more roadside parking spaces in the neighborhood. To avoid obstructing traffic, these areas allow no parking in the daytime and are free to use after 9 pm.

In fact, designating these zones only took two days of work. It was no huge undertaking as all that the workers needed to do was mark out the boundaries with white paint. This small task, though, has greatly improved the lives of those living nearby. In the past, I usually failed to find any place for my car when I returned home late. In that case, I would have to leave my car in the parking lot of the nearest mall and pay a lot of money for it. The other option was to park on the street risking a heavy fine for violating traffic regulations. Thankfully, things are different now. I no longer need to worry about finding an empty parking space, and I don't even need to pay anything as long as I leave early enough. It's really a great convenience!

中文思路:

我们家住在市中心的老小区里面，这里已经盖好很多年了，小区里没有地下停车场，地面的车位又十分有限。因此停车成为了我生活中最大的难题。

令我感到高兴的是，停车难的问题最近得到了很好的解决。政府在我们小区附近的马路上，增加了很多路边停车位。为了不阻碍交通，这里白天是禁止停车的。而晚上9点后，停车位可以免费使用。

车位的划定大概只用了两天的时间。事实上这并不麻烦，工人们只需要用白色油漆在马路边上画出相应的位置就完成了。这一点小小的改变，对周边居民生活的改善却是巨大的。以前只要我回家稍微晚一些，小区里的停车位就会被占满。这时我只能不情愿的把车停在旁边的商场里，并且支付昂贵的停车费。如果我把车停在路边，可能因为违反交通规则而面临巨额的交通罚款。而现在一切都不一样了，路边的停车位非常充足，只要我及时离开，我甚至不需要支付停车费，这实在是太方便了。

### 《投诉并得到满意结果》

I live in an old block of flats downtown which has been built for many years. There's no underground parking lot around the place and only a few parking spaces are available. As a result, finding somewhere to place my car has been one of the biggest difficulties in my daily life.

Much to my delight, this issue has been properly attended to recently. After several complaints to the street office from me and the residents of my community, the government set up a lot more roadside parking spaces in the neighborhood. To avoid obstructing traffic, these areas allow no parking in the daytime and are free to use after 9 pm.

In fact, it is not a piece of cake to complain to the government. It only took two days to designate these zones. But it's been a problem for a long time, and I've been complaining about it for years, and I've even sought help from the news media. Of course, the result was very satisfying.

This small task, though, has greatly improved the lives of those living nearby. In the past, I usually failed to find any place for my car when I returned home late. In that case, I would have to leave my car in the parking lot of the nearest mall and pay a lot of money for it. The other option was to park on the street risking a heavy fine for violating traffic regulations. Thankfully, things are different now. I no longer need to worry about finding an empty parking space, and I don't even need to pay anything as long as I leave early enough. It's really a great convenience!

中文思路：

我们家住在市中心的老小区里面，这里已经盖好很多年了，小区里没有地下停车场，地面的车位又十分有限。因此停车成为了我生活中最大的难题。

令我感到高兴的是，停车难的问题最近得到了很好的解决。在我联合小区的居民多次向街道办投诉之后，政府在我们小区附近的马路上，增加了很多路边停车位。为了不阻碍交通，这里白天是禁止停车的。而晚上 9 点后，停车位可以免费使用。

事实上，向政府投诉并不容易。车位的划定大概只用了两天的时间。但这个问题已经存在很久了，这几年我都在不间断的投诉，甚至寻求过新闻媒体的帮助。当然最后的结果非常令我满意。

这一点小小的改变，对周边居民生活的改善却是巨大的。以前只要我回家稍微晚一些，小区里的停车位就会被占满。这时我只能不情愿的把车停在旁边的商场里，并且支付昂贵的停车费。如果我把车停在路边，可能因为违反交通规则而面临巨额的交通罚款。而现在一切都不一样了，路边的停车位非常充足，只要我及时离开，我甚至不需要支付停车费，这实在是太方便了。

## (七) 单独话题

### 39: 迟到

Describe a time when you were late for something important

Some instructions you can follow:

When and where it happened

What you were late for

Why you were late

And explain how you felt about being late for this important thing.

Not long ago, I was confined at home for two weeks because of the pandemic. While working remotely during this period, I caused myself quite a big problem by forgetting about an important video conference.

The conference on the Tencent Meeting platform was scheduled for a Wednesday morning. But since I had worked late and gone to bed without even washing up the night before, the video call had completely slipped my mind. The next morning, I was woken up by a call from a colleague who kindly reminded me that it was already past the meeting's scheduled start time and that the managers were getting impatient waiting for me to get online. My mind went blank for a moment. I then jumped out of bed and logged in to the conference only to find myself disheveled and still in pajamas. In fact, since working from home my work-life balance had been thrown out of whack and I had been feeling a bit overwhelmed. Staying at home all the time was also not conducive to my mental health. I regretted the incident so much that I was feeling down the entire day. I was afraid I might have left a bad impression on the managers and made my colleague think of me as unreliable.

中文思路:

不久前，因为疫情的原因，我被迫居家办公了两周。就在这期间，我忘记了一次重要的视频会议，这给我带来了不小的麻烦。

那是原定于周三早上在腾讯会议 app 上进行的一场视频会议。因为前一天晚上加班到很晚，工作结束后我甚至没有洗脸就睡觉了。完全忘记了原本约定好的会议。第二天早上，当我还在睡梦中的时候，我被同事的电话铃声吵醒了，她好心的提醒我会议已经开始了，而我还没有上线。领导们等待的很不耐烦。我的大脑空白了片刻，我立刻从床上弹起来打开电脑。尴尬的是视频中只有我头发凌乱，还穿着睡衣。

事实上，居家办公以后，我的工作和生活完全搅在了一起。这搞得我有些手忙脚乱。每天待在家里，导致我整个人精神状态不佳。这件事让我非常后悔，事实上后来的一整天我的情绪都非常低落。我想我可能给领导留下了非常不好的印象。同事们也会觉得我是个不靠谱的人。

## 40: 以后想学习的事情

Describe something you would like to study in the future.

Some instructions you can follow:

What you would like to study

Where you would like to study

How easy or difficult it would be to study this

And explain why you would like to study this in the future.

The science of psychology has always fascinated me, and I've been meaning to find time for its learning.

It's been quite a while since I entered the workforce after graduation. I've been very busy with work lately, and it seems unlikely that I'll make time to take courses. I suppose I could just watch a few psychology-related video clips on the subway during my commute, or read some books on the subject at weekends. Both would be very effective ways to learn something new.

My actual plan is to grasp some basic concepts of psychology which may improve my people skills at work, so I don't think it'll be too difficult a thing for me to learn. After all, I'm not working for an M.A. in psychology, nor will I engage in any related industries. If I ever have any questions, it won't be hard for me to find an answer with the help of search engines.

I believe psychology is very helpful in today's world. Some elementary knowledge of it could be of great significance in the workplace, making it easier for me to handle my relations with clients and colleagues. In a business negotiation, for example, I may work out how a client is feeling by studying his or her expressions and motions based on which I'll decide what to say or do. A sufficient understanding of the human mind will also increase my chances of enjoying office harmony.

中文思路:

我一直以来都对心理学特别感兴趣，我以后想抽出时间来学习它。

毕业后，我已经工作了一段时间。现在我的工作很忙，所以我大概率抽不出时间去进行专业的学习。我想我可以在坐地铁通勤的时候看看有关心理学的短视频，亦或者在周末的空闲时间在家里阅读心理学相关的书籍。这都是很有效的学习方式。

事实上，我想学习的是心理学的一些基本知识，以便我在工作中更好的处理在人际关系。所以我认为这并不是一件困难的事情。毕竟我不是要攻读心理学的硕士，以后也不会从事相关的工作。如果我遇到了难懂的问题，搜索引擎将会是我的好帮手。

我认为在当今的社会里心理学是非常有用的一个学科。一些基本的心里学知识将在工作中发挥巨大的作用，帮助我更好的处理自己和客户或者同事之间的关系。比如在商务谈判中，我可以通过表情和动作判断客户的心理状态，及时调整谈判策略。适当的心里学知识也能让我与同事相处的更融洽。



## 41: 家里舒服的某处地方

Describe the part of your home where you most enjoy relaxing.

Some instructions you can follow:

What part of your home this is

When you usually relax there

How you relax there

And explain why you find this part of your home a good place to relax in.

My place is a duplex in the city center. I did all the decorations. What I enjoy most is the bathroom. It is also the most relaxing place.

It is a full bathroom, with a shower, a sink, a bathtub and a toilet. Whenever I get home tired, I love to relax in the bathtub. Even for a longer period of time off like the weekends or holidays, I still love taking a relaxing bath.

I am very fond of bath bombs. They make bath time more fun. When you drop a bath bomb into the tub, it will dissolve and release a burst of bubbles or colors. Of course, I also love adding essential oil to my bath, its fragrance can help me relax quickly. I can be on my phone when I take the bath or play some music. These are things that make me happy.

I think my bathroom is a good place for relaxation. The spa is usually very expensive. I can enjoy it at home with very little money. Whenever I lay in the bathtub, I feel as if all the pressures and worries had gone, and I can feel peaceful and content for the time being. Normally I sleep better after taking a bath, and I feel joy in my body. The bathroom is a magic place to calm anxiety.

中文思路:

我的家位于市中心的一座复式公寓，家里的一切都是我自己亲手布置的。其中我最喜欢，也是最令我放松的地方就是我的浴室。

我的浴室除了常规的淋浴间，还有一个很大的浴缸。每当我疲惫的回到家，我都喜欢在浴缸里泡澡。到了周末和节假日，当我有很长一段空闲时间，泡澡也是我很喜欢的放松方式。

我喜欢买各种各样的沐浴球，这些东西让泡澡变得更有乐趣。它们有的会释放出很多泡泡，有的会让浴缸里的水变成彩色。当然精油也是必不可少的，精油的香气能让我的精神迅速放松下来。泡澡的同时我还会玩手机或者听音乐，这些都是令我感到开心的事。

我认为我的浴室是个放松的好地方，Spa 馆通常是很昂贵的，在家里我可以用很少的钱享受到这一切。每当我躺在浴缸里，所有的压力和烦恼仿佛都不存在了，我可以得到短暂的安静和惬意。泡澡后我通常会睡得更好，我的身体和精神都感到前所未有的愉快。浴室是一个能消除焦虑的神奇地点。

## 42: 想了解更多的历史

Describe a period in history that you would like to learn more about.

Some instructions you can follow:

When this period in history was

How you first became interested in this period in history

What you already know about this period in history

And explain why you would like to learn more about this period.

*The Romance of the Three Kingdoms* is a very famous novel in China. I first read it when I was still in elementary school. Since all its wars and friendships were set in the Three Kingdoms period, it explains my desire to know more about that chapter in history.

The masterpiece captivates readers with its colorful characters and legendary events. I was impressed by the brotherhood among Liu Bei, Guan Yu and Zhang Fei, but even more so by the resourcefulness of Zhuge Liang. As a matter of fact, this literature is the only reason I became interested in its historical setting.

From what I read, the Three Kingdoms period was an era of never-ending conflicts. The nation was divided into three states, Wei, Shu and Wu. They fought with each other constantly until Wei won out and united the country.

The book described in great detail what unfolded on and off the battlefields. As a child, I always thought it was a full and honest account of the past. But I discovered later that the history as the author told it had in fact not been entirely true. Zhuge Liang, for example, was more adept at managing internal affairs than conducting warfare. Also, since the work was written from Shu's perspective, all the personalities of that kingdom were portrayed in a more positive light than they deserved. As a result, I would like to find out the real stories of those days and see the historical figures (Zhuge Liang and Liu Bei included,) as the flesh and blood they were.

中文思路:

《三国演义》是中国非常著名的一本小说，我在小学的时候就看过这本书。这部小说描述了三国时期的战争与友情。因此，三国时期是我想了解更多的一段历史。

我对三国时期产生兴趣完全是因为这本小说，书里的人物性格和历史事件非常吸引人。刘备关羽张飞三人之间真挚的友谊令我感动，诸葛亮的足智多谋更是令我钦佩不已。

我印象中的三国时期是一个战争连绵的时代。当时天下被分为三部分，魏蜀吴三个国家不断地在打仗。最后魏国获得胜利，统一了全国。

小时候，我一直以为《三国演义》完整地阐述了历史，因为书里描述的历史事件和战争非常详细。但长大后我才发现，原来真正的三国时期并不完全跟小说一致。比如诸葛亮其实并不擅长打仗，他更擅长的是管理内政。同时，这本小说是以蜀国的角度写的，蜀国的人物都是非常积极正面的。但事实上似乎并非如此。所以我想了解这段时期真正的历史，去了解这些诸葛亮，刘备实际上是怎么样的一个人。

## 43: 不喜欢的广告

Describe an advertisement you have seen that you did not like.

Some instructions you can follow:

Where and when you saw this advertisement

What it was for

What you could see in the advertisement

And explain why you did not like it.

About four or five years ago, I came across a campaign of false advertising while shopping in a mall. I had just moved to a new place and was looking to buy an air conditioner. That's when I was drawn to the slogan promoting air conditioners made by Midea. It proudly declared: "we consume as little as one kilowatt of electricity a night".

The commercial was displayed over and over again on the LED screen at the entrance of the mall. What struck me the most was the product's claim to being energy efficient. I had always had the impression that running an air conditioner required a lot of electricity. If the ad was true, putting on a Midea air conditioner for one night would cost a mere 50 cents. That could mean a monthly saving of several hundred yuan compared with having one from another brand. I was deeply impressed by the promotion and made a purchase soon afterwards.

After a while, I was dismayed to discover that the machine did not live up to its promise. There was no noticeable reduction in my electricity bill during the summer time. And many users had shared similar observations online. Midea eventually clarified their advertisement. According to them, the "one kilowatt of electricity a night" result could only be achieved when certain conditions were met. Among other things, the room had to be less than eight square meters in size and the outside temperature must not exceed 25 degrees Celsius.

I found Midea's practice really irritating. It was sheer deceit on their part, plain and simple. Promotions are meant to increase brand awareness and sales of products, but false advertising can be ultimately self-defeating. I, for one, would never buy a Midea air conditioner ever again.

中文思路:

我记得那大概是四五年前，我在商场里看到一个虚假宣传的广告，那就是美的空调的标语“每晚一度电”。那时候我刚搬新家，正准备买空调。

这个广告在商场门口的LED屏幕上循环播放着，我印象最深的就是关于省电的介绍。在我的认知里，空调是非常耗电的。如果真如广告所说那样，美的空调每晚只会花费使用者5毛钱。这样每个月我都可以节约上百元的电费。我当时就心动了，不久后我购买了一台美的空调。

使用后我发现美的空调并不像广告说的那样，夏天的时候我家的电费还是跟以前差不多。我上网搜索后发现有好多人遇到了和我相同的问题。后来美的品牌出来澄清，说每晚一度电是在符合特定条件下才能做到的，比如房间必须小于8平米，室外气温不得超过25度。

我太讨厌这条虚假广告了，这完全就是在欺骗消费者。厂家做广告无非是为了增加品牌知名度和产品销量，但这样虚假的宣传只会适得其反。至少我今后再也不会购买美的的空调了。

## 44: 常用网站

Describe a website that you use regularly.

Some instructions you can follow:

What the website is

How often you use it

How you found out about this website

And explain why you use this website regularly.

iQIYI is the website I use most often. It is also one of the most popular video platforms among the young in China. There, I can find many of my favorite video sources, including movies, TV series and variety shows. In fact, I have been a user of the site for quite a few years. I hardly watch TV nowadays. Instead, I choose to browse all the contents I am interested in on the video streaming service.

I am a big fan of TV dramas. When I've got the time, I watch them on iQIYI almost daily. Even if I'm busy with work, I would still find time to watch them at least once or twice a week. To me, indulging in those programs is a great way to relax.

I can't remember who introduced me to iQIYI since it dates back to my high school days. It was most probably the girl who sat next to me in class and shared the same passion with me.

There are many reasons that account for my love for iQIYI. Unlike TV which has a fixed schedule for its programs, the site allows me the freedom to enjoy whatever I want whenever I want it. It also outperforms its competitors with better quality TV series. It boasts exclusive rights to broadcast many of this year's hit dramas. Last but not least, its membership plan gives me the option to skip commercials that could run for 60 seconds apiece.

中文思路:

爱奇艺是我最常使用的网站，也是中国最受年轻人欢迎的视频网站之一。在这个网站上，我可以找到很多我喜欢的视频资源，包括电影，电视剧和综艺节目。事实上我已经使用这个网站很多年了。现在我几乎不看电视，我遇到感兴趣的视频都会选择在爱奇艺网站上观看。

我是个很喜欢看电视剧的人。有空的时候，我几乎每天都会打开爱奇艺观看视频。如果工作很忙，我一周至少也会看 1-2 次，我觉得看电视剧是一个很好的放松方式。

我从高中时期就开始使用这个视频网站了，所以我已经不记得是谁介绍给我的。大概率会是我的同桌，因为她也很喜欢看电视剧。

我喜欢爱奇艺是因为电视台的每个节目都有固定的播放时间，而在这个网站上看视频是不受时间限制的。相比其他网站，爱奇艺播出的电视剧通常质量更高。今年的很多热播剧都是在爱奇艺独家播出的。当然还有一个很重要的原因是，我有这个网站的视频会员，这样我就可以跳过每个视频前长达一分钟的广告。



## 45: 开学的第一天

Describe something you remember about your first day at a new school.

Some instructions you can follow:

Where the it was

What you remember well

How you felt about your first day at the school

And explain why you remember this about your first day at the new school.

It's been four years since I graduated college and joined the workforce. Many memories of being a student have faded. But when it comes to my first days at school, I still vividly remember that of my university time.

Our institute was situated in Yangpu District, Shanghai. It was not far from the city center and surrounded by lots of large malls and supermarkets. It was also easily accessible by bus or by subway, which meant I could get anywhere I wanted with ease and speed.

On the first day, I was truly and utterly amazed by where I was. It was rare to find a university campus in a downtown area and my experience had prepared me for a site in a remote suburb. For someone who loved shopping and dining, the school location had come as real pleasant surprise.

As a freshman, every aspect of college life was new and exciting for me. I moved into a dormitory for the first time in my life and met a few lovely roommates. I watched with interest activities hosted by various school societies. Such events were intended to welcome new entrants both to the school and to the diverse clubs. Seeing the colorful booths of those associations, I couldn't wait to join and become part of their communities.

Details of the first day at university are still fresh in my mind for two reasons. One, they were not that long ago after all. Two, and more importantly, becoming a college student held special significance for me as it was the official mark of my coming-of-age.

中文思路:

毕业后我已经工作 4 年了，我对于学校的记忆很多都已经模糊不清了。谈起新学校的第一天，我至今还记得的是大学开学的那一天。

我的大学位于上海市杨浦区，学校离市中心不远，周围有很多大型的商场和超市。除此之外，学校的交通也很便利，搭乘公交和地铁，我可以快速到达任何我想去的地方。

开学那天，我对学校最深的印象就是，这里真的太繁华了。市中心的大学是很少见的，我印象中的大学应该位于偏远的郊区。我是个喜欢逛街和美食的人，新学校给了我很大的惊喜。

大学开学的第一天，我对身边的一切都感到好奇。在这之前，我从来没有住过宿舍。我迎来了我的第一次集体生活并认识了几个可爱的舍友。除此之外，各个社团都在校园里举办了欢迎新同学的活动，以此来吸引新学生的加入。看着不同社团五彩缤纷的展台，我迫不及待的想要加入他们。

我毕业没几年，因此我依然清楚的记得大学第一天的很多细节。另外，大学生活是与众不同的，上大学也是一个人成年的标志。

## 46: 教朋友或亲戚的时刻

Describe a time when you were teaching a friend or a relative to do something.

Some instructions you can follow:

Who you taught

What you taught him/her to do

How easy it was to teach him/her

And explain how you felt about teaching this friend/relative.

Years ago, when I went home for vacation, my dad asked me to teach him how to use WeChat. Although he used WeChat very often, he knew nothing other than how to send voice messages.

Dad won some money from a mahjong game with his friends and his friends sent the money to his WeChat account. He was very happy to show me how much he had won, but he didn't know how to withdraw the money to his bank account, which made him very upset.

I used his phone to teach him how to use WeChat wallet step by step. Then he wouldn't have to take cash with him when he went shopping. Dad seemed to understand quickly, but on the next day when he went out, he completely forgot what I had taught him. In order to strengthen my father's memory, I wrote down the detailed operation steps with words and pictures. Now if he forgets, he can check it out at anytime, anywhere. I could feel that my father was very happy and satisfied about what I had taught him.

At this time, I suddenly realized that my dad was old and it was difficult for him to learn new things. Also, he often forgot the things he just learned. I should be much more patient to teach him, just as he took pains to teach me when I was a child. When I am free, I should spend more time with my parents which would make them happy and satisfied.

中文思路:

上次放假回家的时候，爸爸让我教他使用微信。虽然平时他也会用微信，但除了发送语音消息，其他功能他一无所知。

不久前爸爸和朋友打麻将赢了钱，存在了微信钱包中。他很开心的跟我炫耀自己赢了钱，但他并不会提现到银行卡，也不会付款，这让他非常苦恼。

我用他的手机一步一步的教他，教他使用微信钱包。这样他出门买东西就不用带着带现金了。爸爸似乎很快明白了，但是第二天出门，他把昨晚我教他的完全忘记了。又打电话问我怎么操作。为了让爸爸记住怎么使用，我用文字和图片写清楚了详细的操作步骤，并且用微信发给他。如果他忘记了可以随时拿出来查看。等到他熟悉了就再也不会忘记了。我能感受到爸爸非常开心和满足。

教我爸爸学习新事物是一件很难的事，他的记忆力并不好，学会之后又会很快忘记。这次经历让我突然感受到爸爸已经老了，这个时候我应该多一点耐心去教他，就像小时候他不厌其烦的教我一样。当我有空的时候，也应该多陪陪父母，简单的一些付出他们就会非常满足。

## 47：派对里交谈甚欢的人

Describe a person who you enjoyed talking to at a party.

Some instructions you can follow:

Who the person was

When and where the party was

What you talked about

And explain why you enjoyed talking to this person at the party.

It was in December of last year, the company I work for held a grand annual meeting at the Grand Hyatt Hotel. At the party, I met an interesting friend, and we had a nice conversation. He is my colleague Michael. We know each other's names, but we only greet each other when we meet at work, we are not that familiar to be honest, because we are not in the same department.

We just sat next to each other at the annual meeting. To break the ice, we started chatting. I told him that I wanted to get a new phone since the old one I had been using for years. He started to share with me the specific differences between different phone brands. For example, Xiaomi can charge very fast and Huawei has good cameras. I told him about my usage habit, he recommended several that may be suitable for me.

It was a pleasant conversation. I was grateful for his advice. He is such a nice man and easy to talk to. It is always wonderful to talk with such people. Later on, we added each other on WeChat. We have now become very good friends. We often have lunch together when we are not busy. I am very happy to make such a lovely friend in the company through that opportunity.

中文思路：

那是去年的 12 月底，我们公司在君悦酒店举办了一场盛大的公司年会。派对上，我遇见了一位有趣的朋友，跟他交谈甚欢。他叫 Michael，是我的同事。我们互相知道对方的名字，平时在单位撞见会打招呼，但因为我们两个不是一个部门的，事实上我们并不熟悉。

年会上我们刚好坐在隔壁，为了缓解尴尬的气氛，我和 Michael 闲聊了起来。我跟他提到我的手机用了好几年了，我很想换一部新手机。没想到他很热情的开始给我分析不同品牌的手机具体区别，比如小米的某款手机充电特别快，华为的手机摄像功能很好等等。我跟他说了一下我的使用习惯，最后他给我推荐了几款适合我的手机。

这次谈话很愉快。一方面我很感谢他给了我很多有用的建议。另一方面是因为他非常平易近人，语气动作不会给人压迫感。跟这样的人聊天是一件使人愉悦的事情。后来我们互相加了微信，现在我们两个已经成为了很好的朋友，工作不忙的时候经常一起吃中午饭。我很开心通过这次机会能让我在公司里遇到这样一位可爱的朋友。

## 48: 收到想要的东西

Describe a time when someone gave you something that you really wanted.

Some instructions you can follow:

Who this person was

What this person gave you

Why you wanted this thing

And explain how you felt when you got this thing.

On Valentine's Day this year, I received a huge bouquet of roses from my boyfriend. I couldn't have been happier with the gift since it was something I had always been looking forward to.

My boyfriend and I have known each other for a long time. He is a dull person, anti-romantic even. For him, a practical present makes a good present.

On that special day every year in the past, I couldn't help but feel incredibly envious seeing the flowers and other gifts my colleagues received. For that matter, I even had a big fight with my boyfriend the last time around.

I came to the office as usual on the morning of this Valentine's Day. And to my surprise, there was a bunch of beautiful roses lying on my desk. I thought it might have been misplaced by a coworker. I could not believe the gift was for me until I noticed the card next to it. I can't even begin to tell you how utterly happy and touched I was at that very moment. To many girls, roses are the symbol of romance. For too long, I had been yearning for such a gift for such a special occasion. And now, finally, my boyfriend got me.

I immediately sent a message to my boyfriend, telling him how delighted and moved I was. The roses truly made my day. I hope my boyfriend will send me flowers for every festival in the future.

中文思路:

今年的情人节，我收到了一份期待已久的礼物。我男朋友送了我一束超大的玫瑰花，这实在是太让我开心了。

我和男朋友已经认识很久了，他是个有点木讷的人，甚至有些不懂浪漫。他总说礼物一定要有用处才行。

每年情人节的时候，看到办公室的同事收到鲜花和礼物，我经常羡慕不已。去年因为这件事情，我还和男朋友大吵一架。

情人节的早上，我和往常一样来到办公室，然后我惊奇的发现我的办公桌上放着很漂亮的一束玫瑰花，起初我以为是同事放错了，直到看到桌上的卡片，我才相信这份礼物是给我的。那一刻我真的又开心又感动，对于许多女生来说，玫瑰即代表浪漫，我希望有一个特殊的礼物能够纪念这个特殊的日子，我男朋友终于明白我想要的是怎么了。

我立刻发信息给男朋友，向他分享了我的喜悦和感动。这束鲜花让我足足开心了一整天。我希望在今后的每个节日，都能收到男朋友送的鲜花作为礼物。



## 49: 喜欢的演员

Describe an actor who you admire for playing a particular character in a film/movie.

Some instructions you can follow:

Who the actor is

Where and when you watched this person

What kind of character this person played

And explain why you admire the actor for playing this character in a film/movie.

Jackie Chan is one of my favorite actors. He is from Hong Kong and has been featured in many action movies. To many, especially those of an older generation, Chan needs no introduction. He had already made a name for himself when I was a student. I might have got to know him from the news or a commercial, although I can't remember clearly.

I was impressed by his performance in "Who Am I?". In the movie he starred in, Chan played a cop with a strong sense of justice and a daring spirit. To catch criminals, he oftentimes had to put his own safety aside. The most memorable scene came when he slid against the glass wall of the near vertical façade of a building in Rotterdam all the way down from the top to the ground. And it was done without any protective measures in place.

That was but one of many such difficult and risky moves Chan put on for his audience. It's important to note that Chan did all those stunts himself, not through a stunt double. And for that, he has my deepest admiration. Thrilling and entertaining at the same time, the film is one for the whole family to enjoy. Chan has certainly dazzled and amused me with his adrenalin-pumping actions and laugh-inducing acts. It's safe to say that everyone who has watched the movie liked Chan's character because he was just such a charming guy.

中文思路:

成龙是我非常喜欢的一名演员。他来自香港，出演了非常多的动作片。我相信很多人都认识他，尤其是年纪相对大一些的人。我记得我还是个学生的时候就知道了成龙这个明星了。我应该是在新闻或者广告里知道他的，具体我也记不清了。

他主演的电影“我是谁”给我留下了深刻的印象。他在电影里扮演了一个正义感十足，身手矫健的警察。为了抓捕罪犯，他甚至不顾及自己的安全。我印象最深刻的场景是，他在无安全措施的情况下，顺着接近垂直的鹿特丹大楼的玻璃外墙，从楼顶直接滑到地面。

成龙在这部电影里上演了很多高难度的危险动作，而且全部都是他真人出演，没有使用替身。这种敬业的精神让我感到钦佩。与此同时，他扮演的角色集动作和搞笑于一体，特别适合全家人一起看。我会一边惊讶于他动作的危险程度，同时被他的杂耍般的表演逗得哈哈大笑。我相信每个看过这部电影的人都会喜欢成龙扮演的警察，因为他实在是太有魅力了。

## 50: 别人的好消息

Describe a time when you heard good news about someone you know well.

Some instructions you can follow:

Who the person is

What the good news was

When and how you heard the good news

And explain how you felt when you heard the good news about this person.

Last week I received a piece of incredible news from WeChat moments.

I was working in the company, during my lunch break I sat around with a few of my friends. We were all talking and relaxing during our time off. I happened to scroll through social media and I saw the latest status posted by my bestie Anna. I remembered her telling me not long ago that she was pregnant. Time flew by and her baby had been born.

Though she lived quite far away, we had a good relationship with each other. I immediately sent her a message to check if everything was okay. Soon, I received a message which was written by Anna's husband. He told me Anna just delivered a baby boy and everything is good. I was so excited with the news that I jumped up and down with joy. The news was so important to me because it is always an amazing thing when there is a new member of your friend's family brought into the world.

I told my colleagues around me the good news and they were happy for Anna too. It was such an important and joyous occasion. I cannot wait to see Anna's baby!

中文思路:

上周，我在刷社交软件的时候得知了一个令人兴奋的好消息。那时候我在公司，午休时间我和几个朋友在一起。当时我们正在聊天，我习惯性的打开手机查看朋友圈，这时我看到了我闺蜜 anna 发的最新状态。我清晰的记得不久前她告诉我她怀孕了。没想到时间过得这么快，现在她的宝宝已经出生了。

Anna 虽然住得很远，但是我们的感情非常好。看到她发的朋友圈，我非常急切地给 anna 发了一条信息，好奇地想知道是否一切都好。很快我收到了 anna 的回信，是她老公代替她回复的。他告诉我 anna 刚刚生了一个男孩，孩子和妈妈都很平安。听到这个消息我非常激动，高兴得跳了起来。这个消息对我来说很重要，因为当好朋友的家里有一个新成员来到这个世界时，这总是一件令人惊奇的事情。

我把这个好消息分享给了我的同事，他们都认为这是一件值得高兴的事。这是一个如此重要和欢乐的时刻。我已经等不及要去看我的小侄子了！

## 51: 想短暂停留的城市

Describe a city you would like to visit for only a short time.

Some instructions you can follow:

Where the city is

Who you would visit the city with

What you would like to do there

And explain why you would like to visit this city for only a short time.

There are so many famous spots in China, and Sanya is my favourite among them. I would like to go there for a short trip. Sanya is a tropical island with some of the finest beaches, clearest seas and best hotels in south China. I often see videos about Sanya on Tik Tok.

If I can, I will choose to go with my good friend or boyfriend. Compared with traveling with my parents, I feel more relaxed and happier with my peers. My parents always get up early when traveling. I really cannot stand it. Most Chinese people love sightseeing and scenic-spots-visiting when traveling, but for me, I do not like that at all. There are just too many people in those famous scenic spots. I prefer to stay in a comfortable five-star hotel, sleep till I wake up naturally and then enjoy a rich breakfast.

We can go for walks along the beach, eat at lovely restaurants, and even go diving since Sanya is famous for its diving. Atlantis Water World, a very famous water park, is also worth a try. It has many thrilling and interesting water games. Unfortunately, I do not have enough annual leave. My stay in Sanya would be very short. Of course, the price is also a very important reason for this. Hotel prices in Sanya are just too expensive. If I stayed for a long time, it would completely exceed my budget.

中文思路:

中国有非常多著名的景点，但我最喜欢的还是三亚。我很想抽空去三亚进行短期旅行。三亚是位于中国南端的一个热带岛屿，拥有全中国最细腻的沙滩，最清澈的大海和最棒的酒店。我经常在抖音上看到有关三亚的视频。

如果可以的话，我会选择我的好朋友或者男朋友一起去。比起和父母出游，和同龄人在一起会让我感到放松和愉快。我的父母去旅行总是很早起床，这让我无法接受。大多数的中国人旅行是一定要参观景点的，但我一点也不喜欢这样的旅行方式。相比在著名景点看人山人海，我倾向于选择一座设舒适的五星级酒店，睡到自然醒然后再享受一顿丰盛的早餐。

我们可以沿着海滩散步，在优美的海景餐厅吃饭，甚至可以去潜水，因为三亚以潜水而闻名。亚特兰蒂斯水世界也是不能错过的，那是一个非常出名的水上乐园。拥有众多惊险刺激的水上项目。遗憾的是我的假期实在是太少了，因此我只能在三亚停留很短的时间。当然还有一个很重要的原因，三亚的酒店价格太贵了，如果呆很长一段时间，这会完全超出我的预算。