

Friends (朋友)

知识点:

- a strong sense of community and belonging 一份强烈的团体感和归属感
- support one another 相互支持
- share tears and laughter 分享眼泪与欢笑
- spending time with friends
- hang out with friends
- meet up with friends

(以上三种表达都很常见,但是注意不要说 ~~play with friends~~)

- keep each other company 陪伴彼此
- enjoy each other's company 享受彼此的陪伴
- kill the time/ while away the time 打发时间
- think alike/ be on the same wave length 想法一致、在一个频道上
- get each other 读懂彼此
- therapeutic 治愈的
- essential for mental health 对于心理健康很重要
- emotional support and companionship 心理支持与陪伴
- I feel so grateful for ...感到感恩
- ...mean the whole world to me ...对我意味着全世界
- I can't live without... 没有...我活不了

I can't live without my friends. They mean the whole world to me!

- choose quality over quantity 质大于量
- I'd prefer only having a few close friends (少数亲近的朋友) rather than a large group of acquaintances (一大堆认识的人) .
- a people person 喜欢人群的人
- a social butterfly 交际花

- **a sociable person 善于交际的人**

1. How important are friends to you?

① Oh yes, 100%! For me, friends are so incredibly important. They provide me with a strong sense of community and belonging (一份强烈的团体感和归属感) . We support one another (相互) , and share tears and laughter (分享眼泪与欢笑) together. I really enjoy spending time with my friends.

Those moments are so therapeutic (治愈的) and essential for my mental health (心理健康) . (原因)

② Yes, I love all my friends and they mean the whole world to me (他们对我意味着全世界) . My friends provide me with emotional support and companionship (心理支持与陪伴) . We always do things together, and try new experiences together. We learn and grow together. I feel so grateful for those relationships I have, and I know that we will always be there for each other no matter what (无论如何我们都会永远支持彼此) . (原因)

③ Well, I appreciate the value of friendship, but many times, I find that I'm more productive and fulfilled when I am on my own. Yes, friendship is important, but I would always choose my own personal growth over friendship. Especially at this stage in my life (人生的当前阶段) , I'm focusing on my career path, and I value my personal time a lot. Therefore, I choose quality over quantity (质大于量) when it comes to friendship. I'd prefer only having a few close friends (少数亲近的朋友) rather than a large group of acquaintances (一大堆认识的人) . (原因)

④ Well, friendship is really important, but at this stage in my life, as a new mother (作为一个新手妈妈) , I have to choose my baby and my family over friends. I haven't seen my friends for quite a while as I don't even have the time to practice self-care (自我照料) . But before I got married and built

my own family, I used to be such a people person (喜欢人群的人), a social butterfly (交际花), and I loved hanging out with my friends. (时间分层)

2. Do you often go out with your friends?

① Oh yeh, a lot! I can't live without my besties! We see each other all the time. I love spending time with them, whether it's going out for dinner, go to the mall for shopping, watching a movie or just hanging out, doing nothing much but chitchatting (不做什么正经事就是聊聊天). It's always so nice to see them, to keep each other company. My friends really get me (特别懂我), and we really think alike/ are on the same wavelength, so we have endless things to talk about. (原因, 细节)

② Not very often, but once in a while, we will see each other and catch up with each other's lives (互通有无). The thing is, my friends and I are all very busy with our own career, this is the main focus in our lives, so we can't afford to hang out all the time like we used to (我们没有办法像以前那样频繁聚会了). But it doesn't mean that (并不意味着) we don't care about each other anymore. We still love each other, and we have very deep and meaningful conversations when we meet up. The quality of our communication is incredible. We just choose quality over quantity. (原因)

③ No, not really. Like I said, I don't even have the time for myself, let alone for my friends. However, I wish I could be able to spend quality time with my close friends. I'm hoping that one day, when my baby is older, I would have more time for myself and my friends. I really look forward to that day. (先抑后扬)

④ No, like I said, I don't need a lot of friends, and I enjoy solitude (独处时光) / my time alone so much. I consider myself more of a loner (独行侠). I build my own happiness based on the books I've read, the movies I've watched, and the conversations I've had with myself in my head. I see my close friends probably once or twice per month. (原因)

3. Where do you often meet each other?

① Oh there is this cozy coffee shop that my friends and I usually meet up at. It's located at the city centre and it looks stunning inside. We love the comfortable atmosphere and the delicious coffees there. It's the perfect place to catch up with one another and just chat over a cup of coffee, you know. It's our regular meeting spot (固定聚点) in the city. (细节)

② It depends on our mood, I guess. Sometimes, we want to be healthy and outdoors, we will hike up a mountain and have a picnic there; and sometimes if we are in the mood of shopping, we will go to the mall together; and sometimes if we just want to sit down and have a heart-to-heart conversation (走心的对话), we'll go to a cozy and quiet coffee shop, and chat over a cup of coffee. (分情况)

③ Usually at my place as I have a big apartment, and I don't enjoy going out that much. I have a nice coffee machine at home, so I can treat my friends to a cup of delicious coffee and enjoy the peaceful atmosphere at home. (原因, 细节)

也可以说是某个朋友家

4. What do you usually do with your friends?

和上题很重复