

直播课 Day 5

今日摘要：

1. Part2 迷思
2. 总体答题思路
3. 语言组织技巧
4. 具体每一段落展开思路
5. 人物类、经历类和事物类话题素材解析

一、 关于 P2 的几点迷思。（课前预习，day5 大礼包 附件1 必看）

二、P2 总体答题思路

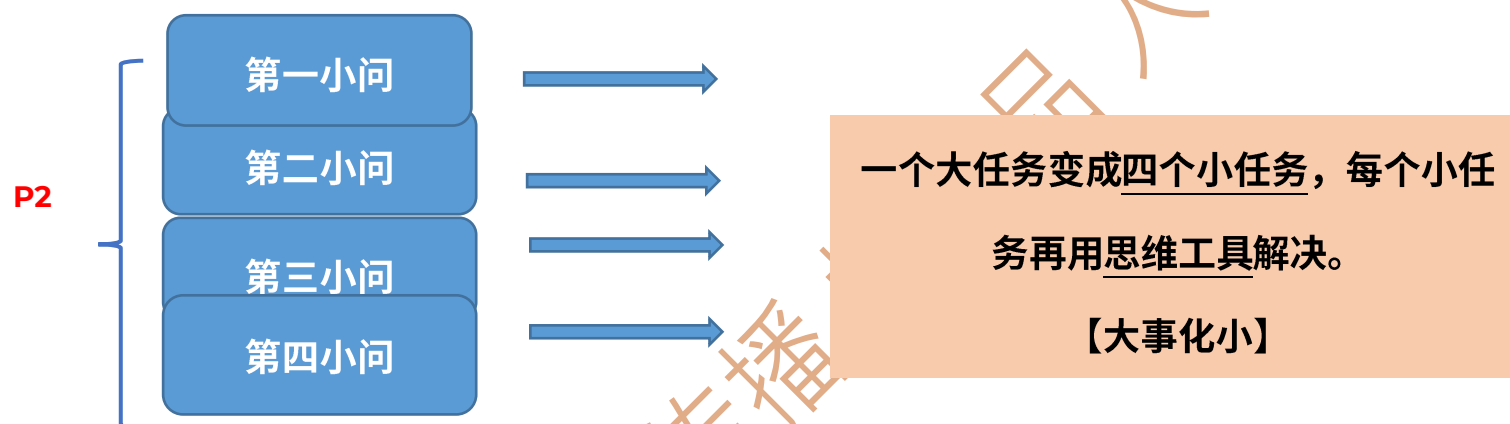
1. 按照故事顺序来自然展开
2. 四转大法 （适合“干燥”的话题）

既，结合 cue card 上四个小问进行逐一回答。

注意：无须四问都覆盖；更无须按照顺序回答。

选择方法 2 的几点原因：

- 逻辑结构清晰，考官听着很舒服
- 避免自己忘记要说什么，避免无话可说
- 简化工作，同时真实性提高很多



三、具体语言组织技巧：提示语，方便考官理解内容，非常重要

1. 开头（开门见山最好，不要铺垫他人/这个社会的大背景）：

Ok, so...I'd like to / I'm gonna talk about

I'd like to tell you about...

I'd like to share (with you) the story of...

I'd like to share (with you) a story happened last year.

(语法结构: share sth. with sb./ share with sb. sth.)

也可以直接: So, last year, ... (经历题)

2. 中间段开头:

As for/ as to...+名词/问句/动名词;

In terms of... 就.....而言; Regarding/ in(with) regard to...; Talking about...;

The reason why...is that...; To answer the question of...;

Moving on to...;

Finally, +以上开头...

Anyway, ... (用于转话题) 用一次差不多了

当然你也不一定非要强制性使用以上开头方式。记得避免特别生硬的效果。“去痕迹”贯穿始终。

3. 结尾:

So yeah, that was/is the story/ experience/ the person/ the time/ the place...., thanks for listening/ thank you (for your time).

That's pretty much everything/ the story/ it, thank you!

四、每一段展开思路（前四天的 p1+p3 联合打法都可以借鉴）

1. WH 法:

例如:

As for where this restaurant is, it's located in the south of my city (地点), not far from the city centre. I always go to this restaurant with my parents, on weekends, on birthdays, or on some special occasions, like traditional festivals or my parents' wedding anniversary. It's got a really nice and inviting environment, and the food is amazing. It's our favorite spot in the city.

2. 阐述原因 + 分层展开

We did ... because...

The reason why ... is that...

例如:

-The reason why I want to grasp cooking skills is that I'm planning to study in the UK this year, and I want to be able to feed myself when I'm there. Growing up as the only child in my family, my parents have been spoiling me (宠爱) so much to the point that I've never cooked in my life. All I know about cooking is making instant noodles (泡面) and ordering takeout (点外卖).

- And moving on to the reasons why I liked her so much, well, number one, she was so comfortable to be with (相处起来很舒服). She was the most down-to-earth (接地气), chill (放松的, 松弛的) and easy-going (随和的) person. I felt like I didn't need to change who I was when I was with her (我和她在一起的时候不需要改变我是谁). I felt very relaxed and at ease (放心) when she was around. And number two, she and I were very similar. We were like mind-twins (思想上的双胞胎), on the same wavelength (一个波长频道上). We really thought alike (想法相似), and we got each other's jokes (懂彼此的笑点). Talking to her was like the easiest thing on earth (和她聊天就像是世界上最简单的事情). And finally, she was a kind and generous person. She had a heart of gold (金子般的心). She was the kind of person that I could count on (我能指望得上的人).

3. 列举、举例子、讲故事（通过故事表述某个人物的性格或者某个事物的属性）

例如：

My best friend Jing is such a good friend. She's super supportive and trusting. Last year, I went through a really bad breakup (很糟糕的分手). I was in a very dark place/spot (在黑暗里), and bawling/pouring my eyes out every day. And, she was there for me the whole time, comforting me and cheering me up. She was the person who helped me pull myself together eventually and went back on track. I really want to express my appreciation and gratitude of having her in my life, and I've been seeking chances to do it.

（具体讲故事还是要短小，“人物题”里面通过具体例子展现性格特色，篇幅不宜太大，否则就变成了“事件题”）

4. 思维分层（尤其用在最后一问，很好上手）

我们先来看看 P2 的最后一问都长什么样。

You should say:

How you felt about it? How you like it? Why it is important?

Explain why you....（感受、观点类）

如果前三小问没有太多的可说的，可以在最后一问的回答上大做文章。

具体展开思路:

① 具体感受: 细节描述内心戏, 也可以讲述原因 (罗列)

例如: I felt very moved and loved when I received the gift. **First**, I could tell that my boyfriend must have spent a lot of time and effort making this gift. I really appreciated his romantic gesture. For me, a handmade gift like this is so much better than a gift bought from the store. It's not about the price tag, but the thought and effort he put into making me feel special that made it the best gift ever. **And then**, nowadays people are losing their patience for making DIY gifts, because it's too time-consuming and energy-consuming. Therefore, in a time like this, my boyfriend's romantic gift seemed to be even more precious and rare.

② 具体的感受: 学到了很多 (客观分析都学到了什么) (罗列)

例如: **First**, I learned public speaking skills and PowerPoint slide skills from her. Her PowerPoint design was simple, professional, and powerful. And her presentation skills blew me away. **And then**, I paid a lot of attention to the way she communicated with our team members. She really inspired me with her strong interpersonal skills. I learned how to be a better communicator in teamwork. **And finally**, I saw a lot of perseverance in her. She never gave up on making things better and improving the quality of the outcome. She was a perfectionist (完美主义者).

③ 具体的感受: 想法、状态的改变: before this experience, I thought....after this, I thought....I changed my mind. (时间分层)

例如: Before I started doing yoga, I used to be so out of shape (体能状态很差) . I was overweight, feeling tired all day long, and couldn't keep concentrated at all. My attention span was as short as a goldfish and I forgot things easily...and then I started doing yoga. In the beginning, I felt like I was in hell as I was the most inflexible person in the world. My body was so stiff. But I didn't throw in the towel. Instead, I kept trying. And gradually I saw changes. I became better and better, and now, I'm in such good shape. I'm physically stronger and more flexible. I can pull off all the yoga poses without any problem. I've lost probably 15 pounds. I don't feel exhausted any more. My concentration is great. I'm not a scatterbrain anymore. And Yoga really can lighten up my mood. I feel so much lighter and brighter. I'm in such a better space right now. For me, yoga is magical. (时间分层)

④ 具体的感受: 对未来的展望 From this experience, I realize that... I think I would... in the future. 现在想到了什么, 决定未来要改变什么 (时间分层, 现在 VS 未来)

(yoga 主题) I feel that yoga has unlocked my potential in the physical world. Now I'm looking forward to trying more things, such as Pilates, Zumba and kick boxing. Life is so short, I don't want to live with FOMO (the fear of missing out).

⑤ 分情况展开: Sometimes, ...; sometimes, ...有时候.....有时候..... (分情况讨论)

In terms of what I would normally do in that cafe, well, when I have an exam coming up, I will go there on my own and throw myself into the task. Sometimes I even spend all night there, pull an all-nighter and hit the books. This café opens

24/7, which is really good; sometimes when I'm in a social mode, I will meet up with my friends at the café, you know, just while away the time/ kill the time, enjoy some nice coffee and kick back (放松, 扯淡).

⑥ 分群体: 有时候和 XX 人.....有时候和 XX 人 (分群体)

例如: In terms of what I normally do in that cafe, well, sometimes I go there by myself, just to spend some quality time with myself/take some "me" time. The café has an outdoor patio, sometimes I'll sit on the patio, sipping my coffee, and watching the world go by. Sometimes I visit this place with a couple of friends. We will sit at a corner, catch up with each other, and gossip about all kinds of things. It's our favorite spot for meetups.

⑦ 大众的看法, 对比我的看法:

例如: As a matter of fact, she's famous for writing her love stories into her music. Some people hate it because they think it's over-sharing (过度分享). I personally love it because that's just who she is. She's open, down-to-earth and honest like that. I actually appreciate her transparency. (主流观点 VS 自己观点)

(这不就是思维分层法么? !是的!!)

【人物题】答题要点:

1. 不需要提长相 (除非像是“一个好看的人”那样, 和长相关系密切的主题);
2. “四转大法”是最简单的答题结构, 越是没可说的时候越是要充分利用题卡。

3. 人物主题细节各不相同，重复率比较高的小问分别是：

① Who this person is

② How you got to know this person

*展开思路：

- 这个人是谁，往往会在第一段开门见山就介绍，如：

Today, I'd like to talk about XXX, he/she was my classmate back in university/ is my cousin, and we've known each other for many years/ since forever.

- 之后，可以介绍两个人的交情，展开思路之一，如：

女生：We were really close back in the days. At that time, we spent every day together. We were like twins/sisters, inseparable. She was there when I was pouring my eyes out after a bad breakup. I was there for her when she was going through the darkest time in her life. We had an amazingly strong connection/bond.

男生：We were like brothers, inseparable. I remember we spent so much time together after school, shooting some hoops, joking/clowning around on the street, playing pool in bars. We really enjoyed each other's company.

- 如果有相识的特别故事，也可以介绍一下，尤其是能突显当事人性格的细节：

We met each other in university. The first time I saw her, I saw bright colours. She's the kind of person who's not afraid of trying bold colours, even sometimes it might be a little over the top. I remember she was wearing neon yellow, bright orange and green, and the colour contrast (撞色) really made her stand out from the crowd (鹤立鸡群).

(如果是名人，还可以介绍你当时接触其作品时的感受)

The first time when I heard Billie Eilish, I was driving my car and listening to the radio. And then suddenly her song came out. It captured/grabbed my attention, and touched my heart. I liked the beautiful melody and lyrics of the song. I felt that I could relate to her lyrics. And I liked her voice as well. Her voice is very unique, a little husky (沙哑), a little sad.

③ What this person is like (这是一个什么样的人，性格特色)

*展开思路：要挑选针对主题的内容来说，而不是想哪儿说哪儿，无用信息满天飞。

④ How you feel about this person

*展开思路：最后一问最好办了，借鉴之前说到的思维分层法展开方式。不赘述。

本季度人物题合并素材建议：

1. 钦佩的体育运动员， 感兴趣的名人 （体育明星）
2. 中文说的好的老外，想法多点子正的有趣的人，没见过但感兴趣的人
3. 成功的商人，一起工作或学习过的成功人士 (?)
4. 帮助他人的人，受欢迎的人，喜欢做饭的人(?)
5. 认识的人搬到新家，一群人聚会（暖房派对）

Describe a foreigner who speaks Chinese well （中文说得好的老外）

You should say:

Who this person is

Where this person is from

How this person learns Chinese

And explain why they can speak Chinese so well

So today I want to talk about my English teacher Mike, he's originally from the US, but he's been living in China for quite some time（颇有一段时间了） now. It's pretty amazing how well he speaks Chinese.

One time, he shared with me his journey of learning Chinese（他的学中文之旅），and I found his journey into mastering

Chinese to be quite different. He didn't start learning Chinese until he came to China for work. After he moved to China, he took classes, practiced with locals, and even made a ton of Chinese friends (交了一大堆中国朋友) who were more than happy to help him practice.

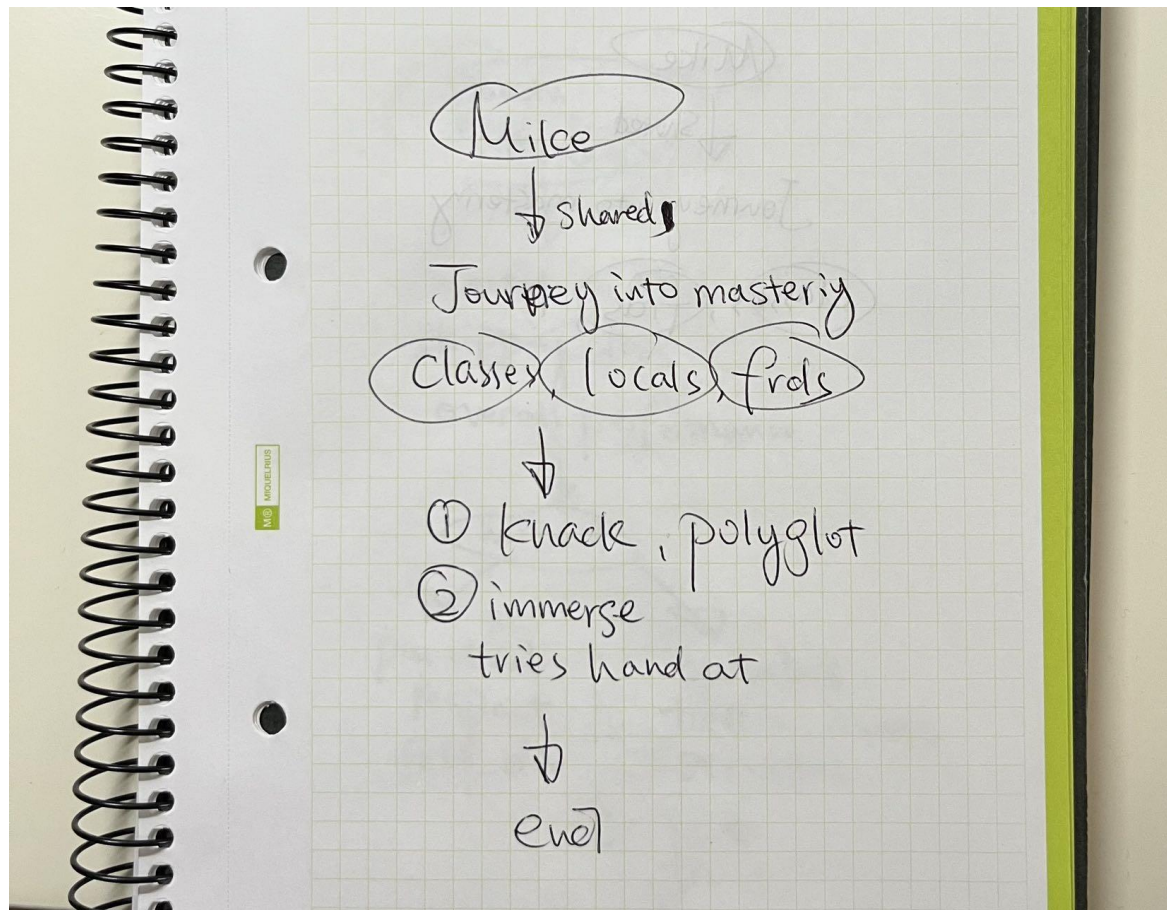
And moving on to why Mike's so good at Chinese? Well, I think the first thing is, he's got some talent for languages. He has a knack for (有天赋) learning a new language. For example, he's also fluent in Spanish, Italian and French, a true polyglot (会四到五种语言及以上的语言大神), so to speak (所谓的). And moreover, he genuinely loves China and Chinese culture.

He immerses himself in the local way of life, celebrates Chinese festivals, and even tries his hand at (try one's hand at...上手尝试) cooking Chinese dishes.

[He knows a lot about China. His other students and I call him the “Mr. Know-it-all (百事通先生, 什么都知道) of China”. Sometimes I feel that he even knows China more than us. When he shares with us his experiences in China or his opinions about Chinese culture, it really provides us with different angles/perspectives to see our own country. And recently, he married a Chinese girl, officially became a Chinese husband. We all feel very happy for him and his wife.]

So, yeh, that's my English teacher Mike.

练习方式 (lego 法, 看着关键词练习)



Describe a person who always has interesting ideas or plans (想法有趣或者点子很多的人)

You should say:

Who this person is

What this person does

How you knew this person

And explain why you think this person's ideas or opinions are interesting

注意：不要过分强调他中文好，这样太明显串题

So today I want to talk about my English teacher Mike, he's originally from the US, but he's been living in China for quite some time (颇有一段时间了) now.

So, Mike is a very fun, outgoing and down-to-earth (接地气) person. He is so easy to talk to (很好聊) and very fun to be with (很有趣). He is like a joker (爱开玩笑的人) with endless jokes. He's the kind of person who can always think outside the box (想法点子很多). He's with endless ideas when it comes to teaching, super original.

For example, in order to ignite/evoke our passion (点亮我们的热情) for English, sometimes he arranges English skits/plays (组织英语小短剧、戏剧) for us to take part in. We all put on costumes, go on stage and perform in English. And then, he also organizes lip-sync music competitions (对口型歌曲大赛). He lets us choose our favorite English songs and lip-sync the song. And what's more, he invented a 'show and tell' section in his English classes. So, basically, every time in his class, before he starts teaching, he gives 10 mins to one student to go on stage, and give a 10-min speech in English in front

everybody. That is something really fun and challenging to do. And that section really has pushed many students out of their comfort zones. (以上三个例子可以只用一到两个)

I find Mike so interesting. Not only because he's a creative teacher, but also because he knows a lot about China. We call him the "Mr. Know-it-all (百事通先生, 什么都知道) of China". Sometimes I feel that he even knows China more than us. When he shares with us his experiences in China or his opinions about Chinese culture, it really provides us with different angles/perspectives to see our own country. And recently, he married a Chinese girl, officially became a Chinese husband. We all feel very happy for him and his wife.

So Yeh, that's my teacher Mike. Thank you!

Describe a person who enjoys cooking for others (喜欢做饭的人)

You should say:

Who this person is

What he or she likes to cook

Who he or she cooks for,

And explain why he or she enjoys cooking

知识点:

- **Signature dish:** 拿手菜
- 好吃的几种表达:

Delicious, scrumptious, incredible, amazing, SO GOOD, out of this world, better than those top-notch restaurants

- **Cook up a storm:** 带着能量和热情大做一场盛宴

Rob was in the kitchen cooking up a storm.

- **The real deal:** 最好吃正宗的美味（也指某人、某物特别一流水平）

This Italian restaurant is the real deal. Their pasta tastes just like it does in Italy.

- **Hit the spot:** 形容好吃的食物特别令人满足，正中下怀

After a long hike, a hot bowl of soup really hit the spot.

- **A party in your mouth:** 美食的不同滋味在嘴里开 party

The blend of spices in this curry creates a real party in your mouth.

- **Nurturing our souls:** 滋润灵魂

Grandma's chicken soup always feels like it's nurturing our souls, especially when we're sick.

- **Spice things up:** 增加佐料，提升风味（也指在生活里给一些事情增加趣味）

Let's spice things up with some chili flakes to give this pasta a kick.

- **Follow a recipe to a T:** 一步一步严格跟着菜谱走

When baking a cake, it's essential to follow the recipe to a T to get the perfect result.

- **Whip something up:** 快速利索地准备一顿饭

I can whip up a delicious omelet in no time for a quick breakfast.

So, the first person comes to my mind is my grandmother (第一个想到的是我的祖母). She has this incredible knack for (非常有天赋于做某事) cooking and making everybody happy with her food. She's the real deal in the kitchen.

My grandma mainly cooks Chinese cuisines. Oh man, she has so many signature dishes (拿手菜) : from soup (烫) to stew (炖菜) , from noodles to dumplings (饺子) . Her duck soup is my favorite. It is legendary (传奇的) , out of this world (美味无边际) . It tastes even better than those top-notch restaurants (比餐馆都好吃) . I'm not even kidding (我没开玩笑) . The flavors of ginger (生姜) , garlic (大蒜) , and soy sauce (酱油) dancing together: it's like a party in your mouth (嘴里的 party) . Especially when I feel cold and sick, her warm and tasty duck soup can always lighten up my mood (点亮我的心情) and hit the spot (正中下怀, 给予我满足) . (高光)

She loves cooking for her family, especially her grandchildren. My cousins and I all loved her food when we were little. We still do. It's a shame that (很遗憾) we don't visit her that often anymore these days (如今) . But from time to time, we see her on holidays and someone's birthday. She still offers to cook up a storm (大烧特烧) for us, even at the age of 80.

Moving on to the reason why she loves cooking, well, it's not just about satisfying our stomachs; it's also about nurturing

our souls (滋养灵魂) . She is and always will be the caregiver (照料者) in our big family. And She always puts family first (家庭第一) . Cooking is her way of showing love (是她展示爱的方式) . I mean, when you've had a long day (漫长一天过后) , and you walk into her kitchen, the smell of the food will make you forget everything.

So, yeh, that's my grandma. Thank you for your time.

【经历题】答题:

1.大结构展开思路:

①可以不用四转大法的方式来解构回答。

真实发生的故事，在脑海中按照故事的发展顺序来真实讲述就好。只要包含到四小问的关键信息点就好 (who, when, where, what..)

简单开头第一段之后，可以说: So, the story was, many years ago...之后顺序介绍

(之后会有示范)

②依然按照四转大法来分层展开,不赘述。

2.具体每段展开思路:

①故事也可以有背景故事, back story (to set the stage 交代背景),如:

(工作学习中的建议) I was in a “party mode” every day (每天都是派对模式), and I didn't want to put any effort into my studies. I felt that I had a burn-out in high school when I was preparing for the college entrance exam (高考). So, in the first year in university, I didn't try at all, and then my grades were terrible (分数都很糟糕) in the second year. I freaked out (吓坏了), didn't know what to do. I felt very clueless (没有头绪) and helpless. Eventually, I turned to (求助于) my father for some advice.

② 万能“回忆录”口吻:

I was doing...and suddenly XXXX happened.

“One day I was walking on the street, eating my ice-cream, minding my own business, and then suddenly, a man came up to me, saying that I stole his money!”

③ 思维分层法里的时间分层法非常适用:

经历某事之前怎么想, 之后怎么想, 改变是什么。

Describe a bad service you received in a restaurant or shop (一次糟糕的服务)

You should say:

When and where it happened

What happened

How it was solved

And explain how you felt about the experience

So, about a year ago, my family and I had a "not-so-great" experience (不是太好的经历) at a posh (华丽的) French restaurant in our city.

It was on my mom's birthday, a day that was supposed to be filled with joy and celebration (本该是充满欢声笑语的一天). We decided to treat her to a special dinner (请她吃饭) at a fancy French restaurant that is famous on social media.

When we arrived, there was a lot of people, and all the servers were very occupied (很忙). We waited for about 45 mins until finally got a table. Our server came to us, and by that time, we were still very excited and in high spirits (情绪很高).

But the server had this a very annoyed and arrogant face (很嫌弃又傲慢的脸) right from the start. He barely greeted us with a smile (几乎没有笑脸相迎), and when we asked about the specials, he just shrugged (耸耸肩) and said, "They change every day." Which was very shocking as he was supposed to be the one who helped us to order.

We placed the order, and later guess what (你猜怎么着), he brought the wrong dishes to our table (菜端错了). When we

politely pointed out the mistake (指出问题), his response was incredibly rude. He said, "Well, I can't remember every order, you know." Can you believe it?? We didn't want to let one server ruin our mood (毁掉心情) for the night, so we stayed, instead of leaving.

However, as the evening went on, the server's indifference went on and on as well. He rarely checked on us (几乎不管我们), 0 attentive (一点都不关注我们), and when he did, he was all the time rolling his eyes (翻白眼) and got annoyed by our requests for water refills or extra napkins (蓄水和多给额外纸巾). I get it, he was busy. But that was a fancy and expensive restaurant. Being friendly and patient should be the bare minimum (最基本的、及格线的要求), right?

Eventually, we couldn't put up with (受不了) his bad attitude. So, we asked to speak to the manager. The manager was apologetic and even offered us a complimentary dessert (免费赠与的甜点) as an apology for the terrible experience.

I felt terrible about the experience. Not just me, my parents as well. We felt ignored, belittled and mistreated (感到被忽视、轻视和错误对待). It should be a happy and special day. But everything was ruined by one bad server. I guess, **not everyone can be a server.**

So yeh, that was the story, thank you.

国外的餐饮文化和国内有所区别。一晚上有一个专门负责你的服务员，你的一切需求都跟这一个人说（因此切忌挥手大喊一声“服务员儿!”）。一个好的服务员会三不五时来查看顾客，主动询问菜好不好吃，还要不要添水等，根本不需要顾客自己主动要求。

Describe a car journey you had （汽车旅行）

You should say:

Where you went

What you did

Who you had the car journey with

And explain how you felt about the journey

素材一：

Ok, today, I'd like to share with you my experience of driving on a road trip for the first time（第一次汽车旅行）.

A few summers ago（几个夏天以前=几年以前）, my friend and I decided to take a road trip around the east coast of China.

We rented a car（租了一辆车） and took turns（轮流） driving so that we could both enjoy the sights and avoid getting too tired. It was my first time driving on a long road trip. To be honest, in the beginning, I was a little nervous and shaky（颤抖）

的) , but gradually, I felt more at ease (感到更放松) and more excited for the adventure ahead.

Our journey started in Shanghai, and we made our way up the coast (一路沿着海岸线前行) towards Qingdao. We took the scenic route, and stopped at various spots along the way (一路上), including beaches, famous cities, and quaint towns (可爱的小镇). I remember feeling a sense of freedom and exhilaration as we drove along the winding roads and enjoying the gentle breeze (清风) touching our faces and hair.

One of the most memorable moments of the trip was when we visited Mount Tai, in Shandong Province. We hiked up the mountain (爬山) and we also visited some ancient temples, and then later, we watched the stunning sunrise views from the top of the mountain. I remember feeling so proud of myself for successfully driving all the way from Shanghai to that point. (高光)

Overall, the road trip was a fantastic experience. It allowed me to experience the thrill of driving (驾驶的乐趣和刺激感) and see some of the most brehtaking views in China. Secondly, it was also a great bonding experience with my friend, as we shared many laughs and memories on the road.

So yeh, that was the story, thank you.

素材二:

Ok, so today I want to talk about a road trip I took with my family when I was young, which ended up with me getting car sick (晕车).

When I was a child, my family and I went on a road trip in China during the summer. We were driving to visit my grandparents who lived in a rural area (农村) in China. I remember being very excited for the trip because I loved spending time with my family and exploring new places.

However, as soon as we hit the road, I started to feel a bit queasy (想吐的) / nauseous (恶心想吐的) / funny (怪怪的). At first, I thought it was just a passing feeling (很快会过去), but it only got worse and worse as the trip went on. I tried to distract myself by talking to my parents, playing games, and listening to music, but nothing seemed to help. The roads were winding (蜿蜒曲折) and bumpy (凹凸不平), and also the gasoline smell of the car made me feel terrible.

As we drove further and further away from the city and into the countryside, I began to feel worse and worse. I felt dizzy, nauseous, and very uncomfortable. I begged my parents to stop the car and let me out, but we were in the middle of nowhere (荒无人烟的地区) and there was nowhere to go. I tried to stay calm, but I was struggling to keep it together (保持镇定).

Eventually, I threw up/vomited/puked (吐) in a plastic bag in the car. It was so disgusting that my parents were even gagging (呕吐前的作呕状, 还有很多其他意思, 比如笑料、使窒息) hearing me vomiting. It was contagious (会传染的), I guess, haha!

Ever since then, I haven't been a big fan of road trips, especially those really long drives. I prefer to take a flight or a train 1000 times more than going on a road trip, haha! So yeah, that was the story, thank you!

总结:

Part2 考点 (得分点):

1. 切题 (最忌讳半天无法切入正题, 算作跑题)
2. 易懂性 (背景铺垫清楚了)
3. 结构清晰 (题示语的作用)
4. 相应的话题语料 (collocations, phrasal verbs, idiomatic expressions, natural English...)
5. 时态准确性