

Describe a sportsperson you admire (钦佩的的运动员)

You should say:

Who he/she is

How you knew him/her

What he/she is like in real life

What he/she has achieved

And explain why you admire him/her

知识点:

- **Sportsperson= athlete**
- **运动员的其他说法**
也可以具体叫做: swimmer, basketball player, football player, tennis player, high diver, gymnast, track and field athlete (田径运动员), high jumper...
- **gold medalist 金牌获得者**
- **world champion 世界冠军**
- **most accomplished athlete 最有成就的运动员**
- **event 在体育界表示“比赛项目”**
Before Liu Xiang, no Chinese athlete had even won a gold medal in an Olympics sprint event (冲刺短跑项目).
- **He/she is a famous football player, and some would say he's the best football player in the world.**
- **He started his career in...**
- **He's won numerous trophies over the course of his career.**
- **He's broken many world records.**
- **He made headlines last month. 上报纸头条**
- **He's story of perseverance is what touches me the most.**
他坚韧不屈的故事是最打动我的地方.
- **have a number of injuries: 多次受伤**

- **level of performance:** 运动表现水平

After a number of injuries, his level of performance began to drop.

- **determination/ a go-getter attitude** 拥有钢铁般的决心

The best athletes are the ones who have the steely determination (钢铁般的决心) to win.

- **emotional maturity** 情绪稳定成熟

Apart from talent, a sportsperson needs to master the art of emotional maturity in the face of defeat and pressure (在失败和压力面前) .

- **presence of mind** 气定神闲

The presence of mind when facing challenges is required to be an athlete.

- **competitiveness** 好胜心

On the field, the athletes show extreme competitiveness.

- 其他形容运动员的词:

Fit 健硕的, tall 高的, muscular 肌肉很多的, energetic 有活力的, quick 快速的, gifted 有天赋的, confident 自信的, humble 谦虚的, committed 有承诺的...

Today I want to talk about Liu Xiang. He's a "super-mega-famous" (超级无敌有名) athlete in China. He's a gold medalist, a world champion, in 110-meter hurdles (跨栏) .

I knew him from the 2004 Athens Olympics (Athens 雅典的发音/æθənz/).

Before that, nobody knew him. So, it was a total big surprise when we saw him striking the gold medal on TV. He was like an underdog (黑马) .

Liu Xiang got famous overnight (一夜成名) literally.

I still remember how emotional he was when he won. He wrapped himself up with our national flag (用我们的国旗把自己包裹起来) and just kept

running on the field. When he got on the medal podium (颁奖台), he almost jumped onto it like a pony (像一只小马驹一样跳上颁奖台) because of the excitement. He was so happy and so emotional at the same time. And that moment was unforgettable for us audience as well. Because before him, no Chinese athlete had ever won a gold medal in an Olympics hurdling event. He was the first one!

I admire him so much. Not just me, everybody in China adores him. We call him “a man who can fly” because how fast he runs. He’s not only super quick, but also a very determined, committed, and strong-minded person. He definitely has the go-getter attitude. I know that he started his career as a high jumper (跳高运动员). But later he switched to hurdling as he found himself much more gifted in this field. He trained hard, fought hard, and eventually became a legend (成为传奇).

That’s why he’s my hero. Thank you!

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