

Describe a park or a garden in your city (你所在城市的公园或花园)

You should say:

How often you go there

Where it is

Who you often go there with

What it is like

And explain why you like to visit it

上题中很多表达都能用上

知识点:

- 原生态的地方: **secluded, unspoiled, hidden place**
- 没什么人知道的宝藏: **hidden gem**
- 安静宁静的地方:

Quiet, tranquil, peaceful, serene place

- **get away from the hustle and bustle**
- **get away from the tight schedules and hurdles in life**
- **It's a place where I can blow off the steam and unwind.**
- **It's a place where I can feel cozy and at ease.**
- **It's a place where I can be me (做自己) .**
- **It's my healing retreat.** 我治疗自己的休息场所。
- **a getaway:** 一个可以逃离的地方, 引申为可以远离现实、旅行放松的地方

动词词组: **get away**

- **my spot:** 我爱的地点。 **"This park is my favorite spot in the city."**
- **It is the place where I take my morning walks every day.**
- **People can do all kinds of things in this park.**
- **This park has many different areas, and they're all suited to different age groups.**
- **Sometimes I just sit on a bench in the park, and watch the world go by (看人来人往) .**

- There're a lot of hidden spots/ secret attractions (隐藏景点) in this area.
- It's just far enough from the hustle and bustle of the city that allows you to loosen up a bit, but it's also close enough to appreciate the incredible beauty of the city skyline.

So, today I want to talk about this park called XXX. It's like a little piece of heaven on the outskirts of my city (我城市郊区的一片小天堂), just a short drive away from my home.

I go there pretty often, every once in a while (每隔一段时间). Whenever I feel stressed out (压力山大) and burned out (被烧光了热忱) from work/school, I'll go to this park. Fortunately, this park's not a very popular destination (不是一个特别受欢迎的地点), maybe due to its location. But in my eyes, it's totally a hidden gem (宝藏) in the city, a secluded place that not many people know about. It's my personal sanctuary (个人的心灵救赎地), a peaceful and serene spot where I can get away from the hustle and bustle of daily life.

It's a very beautiful park, filled with trees, greenery and blooming flowers (充满了树木、绿植和盛开的鲜花), and you can see walking trails that wind their way through the park (步行道在整个公园中绵延舒展). There's a large lake at the center, teeming with ducks (充满了鸭子) and some other water birds (水鸟).

In terms who I go there with, sometimes, I go there just myself with a good book, and I'll find a quiet spot, spending several hours there, reading and chilling; Sometimes I'll even take a nap under a tree (在树下打盹), enjoying the breeze on my face and the coolness from the shade (享受脸上的清风和树荫的凉爽). And sometimes I go with my friends. We'll get into the woods (走进树林), doing a picnic under the tree (树下野餐) and kicking back (打发时光).

That's why I love this place. It's my go-to park (首选公园) for relaxation. The chirping of birds (鸟叫声), the gentle whisper of leaves (树叶的轻柔低语), and the scent of flowers (花香), they all create a soothing atmosphere (打造了一个安抚人心的氛围). Whether I want to clear my head (清空大脑——), enjoy quality time with my family, or simply immerse myself in nature (让自己沉浸在自然中), this park has it all (这个公园什么都有). It's like my secret retreat where I can find my inner peace again (是能让让我再次找到心灵的平静的秘密场地).

Part3:

1. Do young people like to go to parks?

It really depends on the individual and also where they live. In places where there are beautiful parks and green spaces (绿色空间), like my city, there are plenty of young people who enjoy going to the park. For example, like I said, my friends and I love going to that park every now and then (每隔一段时间), to get away from our daily lives and our screens (远离日常生活和手机、电脑屏幕), soak up the sun and get some fresh air (晒太阳透透气), listen to birds chirping (听鸟叫), just get close to nature (接近大自然). But there're also some other young people who aren't nature lovers (大自然爱好者) or they live in big cities where there aren't many green spaces. Instead, they hang out at local cafes or shopping malls. (分群体)

2. What do old people like to do in parks?

Old people normally go to the park to get some exercise done (to stay physically active (保持生理上的积极性)). It's not anything intense, more like a gentle workout, like take a leisurely stroll (闲情漫步散散步), practice Tai Chi (练太极), meanwhile soak up the sun (晒晒太阳). And also, parks can

be a great place for them to socialize and make new friends. That's why you always see old people sitting on the benches (坐在长凳上), chatting or play chess. Sometimes old people can be quite lonely. They need each other to while away the time/ kill the time (打发时间). (并列罗列)

3. What benefits can park spring to a society?

First of all, parks can clean up the air (净化空气); they offer greenery and fresh air (提供绿植和干净空气) for the city, the concrete jungle (钢筋混凝土的丛林), if you will (你可以这么说). And then, they are places where people can exercise, play, enjoy family time and bond. That's why I think every community should have a park because parks bring people together (把人团结在一起). Whether you are young or old, you can always find a spot and find something to do in a park. You can go for a jog (去慢跑), take a nap under the tree (在树下打盹), have picnics (野餐), or practise photography (练习摄影). Parks definitely contribute to the well-being and happiness in our society. (并列罗列)

4. What are the benefits of going to the park for young people and old people?

结合前面两道题的答案来回答

5. Why do some people like planting flowers?

First of all, flowers are beautiful and colorful, they can make a person's home or garden a visually pleasant place (视觉上宜人的地方). They are decorative for the surroundings (对环境有装饰作用). And then more importantly, planning flowers is a therapeutic leisure activity (治愈的休闲活动) for many people. you need to take care of the flowers, watering and nurturing them, and then you need to be patiently waiting for the moment when they bloom, it's a very satisfying experience and journey. And moreover, for many people, they have nothing better to do (别无他事可做). They are retired at home or they don't need to work, taking care of

plants can be something fun for them to get distracted and kill time (分心+打发时间)。(并列罗列)

6. Would you say people should help maintain public parks and gardens?

Yes of course! It's a no-brainer (想都不用想) . People should definitely chip in/ pitch in/ join in (共同加入、齐心协力) to maintain the cleanliness and beauty of public parks and gardens. We're all benefiting from it. We can't be selfish here. Imagine, if people just go to the park, enjoy the space and leave, without doing anything to maintain the park. They litter everywhere (到处乱扔垃圾) , tug flowers and plants (用力拉扯花花草草) , then the park would deteriorate (恶化) and become messy and dirty very soon. And nobody would want that, right? (原因+反向假设)

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