**Clothing** （衣服）

知识点：

**1. 几种主要着装风格：**

- **Casual: 休闲风 （典型类型的衣服 jeans, t-shirts, and sneakers 牛仔裤、T恤、板鞋）**
  **I like casual style when it comes to everyday looks.**

- **Smart Casual: 休闲正装 （典型类型的衣服 button-up shirts, blouses, polo shirts, dress pants）**
  **I like smart casual clothes. They're a step up from casual, but not that too formal.**

- **Business/Work: 职业风**

- **Formal: 正式场合，比如婚礼、上流活动（典型类型的衣服 suits, evening dresses, and dress shoes 西服套装、晚礼服、正装鞋）**

- **Bohemian: 波西米亚，有很多花花图案、自然的布料、长裙流苏的那种**

- **Athleisure: 休闲运动风，穿 Lululemon 配 Ugg boots 和皮夹克的那一伙儿 （典型类型的衣服 yoga pants, sneakers）**

- **Vintage/Retro: 复古风 1920s-1980s 之间都属于复古风格**
  **Flapper style （20 年代低腰线连衣裙），polka dots 波点, bright florals 明艳花朵造型**

- **Country/Western: 西部乡村风（典型类型的衣服 cowboy boots, denim jeans, plaid shirts 牛仔帽、牛仔裤、格子衬衣）**

- **Minimalist: 极简主义的**
  **Minimalistic style focuses on simplicity, neutral colors, clean lines, and a "less is more" philosophy in clothing choices.**

**2. 衣服有关的词汇表达：**

- 上衣:tops（统称）

衬衫、汗衫:shirt ； 女士衬衫：blouse； 运动卫衣：sweatshirt； T 恤：T-shirt； 抹胸上衣：tube top; 露肩的：off-shoulder； 泡泡袖：puff-sleeve； 喇叭袖：flare-sleeve； 喇叭牛仔裤/裤：flare jeans/pants; 荷叶边的：ruffled； ruffled skirt 荷叶边半裙； 蕾丝的：lace; 线衣毛衣：sweater; 羊绒毛衣：cashmere sweater; 夹克衫：jacket; 外套:coat; 冬天大衣：winter coat； 套装： suit ；帽衫：hoodie; 衣橱 wardrobe

- 裤子:pants; 运动裤:sweat pants; 牛仔裤: jeans; 短裤: shorts; 裙子：skirt； 连衣裙: dress；晚礼服：evening dress
- 颜色：

dark colour 深色, light colour 浅色, bright colour 亮色, warm colour 暖色, cool colour 冷色, neon colour: 荧光色

- **Red looks great <u>on</u> you! 红色在你身上很好看**
- **You look great <u>in</u> this colour! 你穿这个颜色真好看！You look stunning in this dress! 你穿这个裙子真好看！**
- **Yellow is not my colour. 黄色不适合我。Green is totally my colour. 绿色绝对是我的颜色。**
- **This high-rise（高腰的） dress <u>shows/ highlights/accentuates</u> my body shape. 这件高腰连衣裙很显我的身形**
- **暴露的衣服：exposing/ revealing/ provocative clothes; 保守的衣服：modest clothes**
- **lose-fit 宽松的；slim-fit: 修身的； tight 紧身的**
- **It has some <u>wear and tear</u>. 有一些些磨损**
- **The cut of the jacket is super flattering. 夹克的剪裁非常衬托人**

- **It has a really cool matte finish（亚光质地），not shiny at all（一点儿不油亮亮）.**

**1. What kind of clothes do you like to wear?**

① **Casual：** I tend to <u>go with（选择）</u> a <u>comfy and casual style（舒适休闲风格）</u>. Jeans and a t-shirt are always my <u>go-to options（首选）</u> on a daily basis. I also love <u>hoodies</u> and <u>sweatshirts（帽衫和卫衣）</u> as well. They can keep me warm on those chilly days. And, when it comes to <u>shoes/footwear（鞋子）</u>, I'm <u>a big fan of sneakers（板鞋的粉丝）</u>. I've got probably 10 pairs of sneakers.（细节）

② **Smart-casual：** I usually go for a <u>smart casual（休闲正装）</u> style. At work, I need to interact with my clients and colleagues every day, so it's essential for me to <u>make a good impression（留下好印象）</u> by looking <u>professional and presentable（看起来专业又体面）</u>. But I love <u>comfy clothes</u> at the same time. So I often find myself <u>in this situation where</u>（在这样一种情况里） I need to <u>strike a balance between looking polished and feeling comfortable（在穿的华丽和感觉舒服之间找到平衡）</u>. That's why this style is a perfect fit for me / it suits my lifestyle so well.（还想加细节？+ I normally wear <u>dark jeans</u> paired with <u>a bottom-up shirt</u> and sneakers/ dress pants paired with a blouse（女式衬衣）. This outfit would <u>give off a professional vibe（散发一种职业感十足的气场）</u> without making me look too formal）.（原因，细节）

③ **Athleisure：** There is this new trend called athleisure, which is totally my style（有这么一种新流行趋势叫做休闲运动风，完全是我的菜）. I'm almost all the time in <u>yoga pants</u> or <u>comfortable leggings（打底裤）</u>, really comfortable t-shirts and sneakers. When it's cold, sometimes I pair my outfit with a leather jacket and UGG boots. I just love this style so much. I

work out a lot, almost every day. So this style can help me <u>transition from workouts to casual outings（简单外出）</u> seamlessly（无缝地）. （细节，原因）

**2. Do you prefer to wear comfortable and casual clothes or smart clothes?**

和上题重复

**3. Do you like wearing T-shirts?**

① Yes! T-shirts are my <u>go-to piece of clothing</u>（首选的衣服单品）/ choice when I just want to feel relaxed and comfortable. They are <u>comfortable, casual,</u> and <u>easy to wear</u>（穿起来很简单方便）. And also, I feel that they can be <u>dressed up or down</u>（可华丽亦可简朴）depending on the occasion. They can <u>go with a variety of other items</u>（跟其他单品也很好搭配）, like jeans, dress pants, blazers, and long skirts. For me, they are my favourite <u>wardrobe staples/ wardrobe basics</u>（衣橱里的基本款）that can be paired with a lot of items. （原因）

（不用都说，挑选局部内容来说）

② I'm <u>not a massive fan of</u> T-shirts（我不是太喜欢 T 恤）. I find them too casual or informal for certain occasions（我感觉它们在有些场合显得太休闲、不正式）. Besides, usually t-shirts don't <u>flatter my figure</u>（突出我的身材优势）. I prefer blouses（女式衬衫）/shirts. （原因）

③ I do, but I'm <u>picky</u>（挑剔）<u>when it comes to</u> wearing t-shirts. I prefer those <u>plain and simple</u> ones in <u>solid colours</u>（单色实色）. They are more <u>elegant and mature-looking</u>（看起来成熟）. I don't like t-shirts that are <u>visually busy</u>, like with a lot of different colours, or graphics, or texts. I find those ones to be a little <u>childish</u>, and not <u>"me",</u> you know. （原因）

**4. Do you spend a lot of time choosing clothes?**

①Yes I do spend quite some time choosing my outfits everyday and sometimes <u>it might take me forever</u>（可能会花我很久时间）. When I

managed to pick a great outfit for the day, I feel very confident when communicating to my clients and coworkers. <u>But I have to admit</u>（不得不承认）, there are moments when I feel guilty for taking up so much time on it. I mean, I know that there are more important things in life. （转折）

② Not really, I'm a super casual person, more of a <u>"grab and go" type</u>（抓起衣服就走型）. I put one my leggings or yoga pants, and t-shirts, and <u>I'm good to go</u>（准备好了，完事儿）! Spending too much time on choosing outfits <u>isn't my thing</u>（不是我喜欢干的事）. I'd rather use that time to do some other things like, working out. （原因）