

注意语法和逻辑，需要每空尽力，可以多次听全篇或一部分，一定尽力减少错误。  
填空词和红色词尽力背记，优先填空词。

## 《高级听力》 礼物篇 《人生的四大阶段》

### 第三章

#### STAGE THREE: \_\_\_\_\_

Once you \_\_\_\_\_ your own \_\_\_\_\_ and either \_\_\_\_\_ (that is, \_\_\_\_\_, the culinary/'kʌlɪnəri/烹饪的 arts) or \_\_\_\_\_ of certain activities (that is, \_\_\_\_\_, \_\_\_\_\_) then you are \_\_\_\_\_ with what's both <A> actually important to you, and <B> what you \_\_\_\_\_. Now it's time to make your dent in the world. (make a dent 意思是削减，这里的意思就是适度做减法，不要啥都想要)



Stage Three is the great **consolidation** 巩固 of one's life. Outgo(这里是离开的意思，雅思听力不考) the \_\_\_\_\_ who are draining (drain 使心力交瘁，这里动词，写作可以用) you and holding you back. Outgo the \_\_\_\_\_ and \_\_\_\_\_ that are a \_\_\_\_\_. Outgo the \_\_\_\_\_ that are \_\_\_\_\_ anytime soon.

Then you double down on (加倍下注于，加倍关注于) \_\_\_\_\_ and \_\_\_\_\_. You double down on the most \_\_\_\_\_ in your life. You double down on a \_\_\_\_\_ in life, whether that's \_\_\_\_\_ the \_\_\_\_\_, or to be a bitching(在此是语气词，不需要背记) \_\_\_\_\_, or to \_\_\_\_\_ in \_\_\_\_\_ or have a bunch of(口语表达，写作不要用) snotty 流鼻涕的, drooling 流口水 \_\_\_\_\_. Whatever it is, Stage Three is \_\_\_\_\_.

Stage Three is all about \_\_\_\_\_ in this life. It's all about **building your legacy**( /'legəsi/遗产/遗留下来的东西). What will you \_\_\_\_\_ behind when you're gone? What will people \_\_\_\_\_? Whether that's a \_\_\_\_\_ or \_\_\_\_\_ or an **adoring** 崇拜的/热爱的 \_\_\_\_\_, Stage Three is about \_\_\_\_\_.

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Stage Three \_\_\_\_\_ when a \_\_\_\_\_ of \_\_\_\_\_ things happen: No.1 -- you feel as though there's \_\_\_\_\_, and No.2 -- you get \_\_\_\_\_ and \_\_\_\_\_ and find that you would rather **sip** 喝 martinis 马丁尼燕尾酒 and do \_\_\_\_\_ all day.

In "\_\_\_\_\_" individuals, Stage Three generally lasts from around \_\_\_\_\_ ish-years-old until one reaches \_\_\_\_\_.

People who get **lodged** (**lodge: v. 居住/卡住; n. 屋舍, 旅馆等**) in Stage Three often do so because they \_\_\_\_\_ how to let go of their \_\_\_\_\_ and \_\_\_\_\_. This \_\_\_\_\_ to let go of the \_\_\_\_\_ and \_\_\_\_\_ they **crave** 渴求 **counteracts** 抵消 the \_\_\_\_\_ of \_\_\_\_\_ and they (这些人) will often remain \_\_\_\_\_ 奋发努力的 and \_\_\_\_\_ well into their \_\_\_\_\_ and \_\_\_\_\_. (备注: let go of 放弃)

