《高级听力》 礼物篇 《人生的四大阶段》

第四章

STAGE FOUR: _____
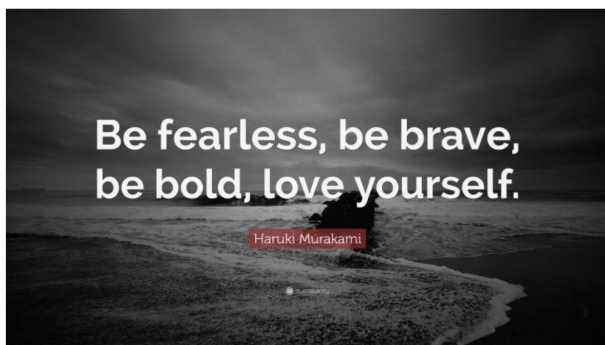
People ____ into Stage Four having spent somewhere around _____ investing themselves in what they believed was _____.（疑问词 what 引导的名词性从句，做介词 in 的宾语。**不懂的同学，百度"疑问词引导的名词性从句"，学习这个听力高频语法考点**） They did great things, _____, _____ everything they have, maybe started a family or a___ or a _____ or _____ or ____, and now they're done（口语表达，不用学，大意：他们没啥别的新鲜事要做了）. They_____ the age where their energy and _____ no longer allow them to _____ any_____.

The goal of Stage Four then becomes _____ a legacy as much as simply making sure that legacy _____. **（not A as much as B，大意：与其说是 A，还不如说是 B；不是 A，而是 B）.**

This could be something as simple as _____ and _____ their (now _____) children and living vicariously(代理地/间接地，雅思听力目前不用背) through them. It could mean _____ and work to a protégé（门生/受提携的后辈） or **apprentice 学徒/徒弟**. It could also mean becoming more_____ to _____ in a society that they_____.

Stage Four is important **psychologically 心理上地** because it makes the ever-growing _____ of one's own mortality 生命的有限性 more bearable 可以容忍的（此句大意：**心理上，第四阶段是很重要的，因为大家越来越认识到并逐步接受这个结论--自己的生命一定会终结的**）. As humans, we have a _____ to feel as though _____. This meaning (这里省略定语从句的 that) we _____is literally 实际上 our_____the incomprehensibility 无法理解性 of this life and the inevitability 无法避免性 of _____（此句大意：**我们不断追求生命的意义，实际上我们追求的"意义"，就是我们在心理上用来对抗生命中无法理解的问题及不可避免的死亡的手段**）. To ____ that meaning, or to _____, or to slowly feel as though the world has _____, is to _____凝视 oblivion(被摧毁/被遗忘，雅思听力目前不用背) in the face and let it _____(消耗) you _____.**最后一句大意：放弃追寻生活的意义、慢慢感受到被世界抛弃，会让你逐渐被遗忘，意志也一点点地消磨殆尽。**

Be fearless, be brave,
be bold, love yourself.
Haruki Murakami

SUMMARY 四个阶段的总结

To move beyond Stage One, you _____ that you will _____ for everybody all the time, and therefore you must _____.

To move beyond Stage Two, you must accept that you will _____, and therefore you must _____.

To move beyond Stage Three, you must _____, and therefore you must _____ to helping others _____ you _____.

To move beyond Stage Four, you must realize that _____, and that the _____, no matter_____, no matter _____, no matter _____, will eventually dissipate 消散/消失 too.

_____ 生生不息，无需太多执念❤.