

## 直播课 Day 5

今日摘要：

1. Part2 迷思
2. 总体答题思路
3. 语言组织技巧
4. 具体每一段落展开思路
5. 人物类、经历类和事物类话题素材解析

一、 关于 P2 的几点迷思。(课前预习，day5 大礼包 附件1 必看)

### 二、P2 总体答题思路

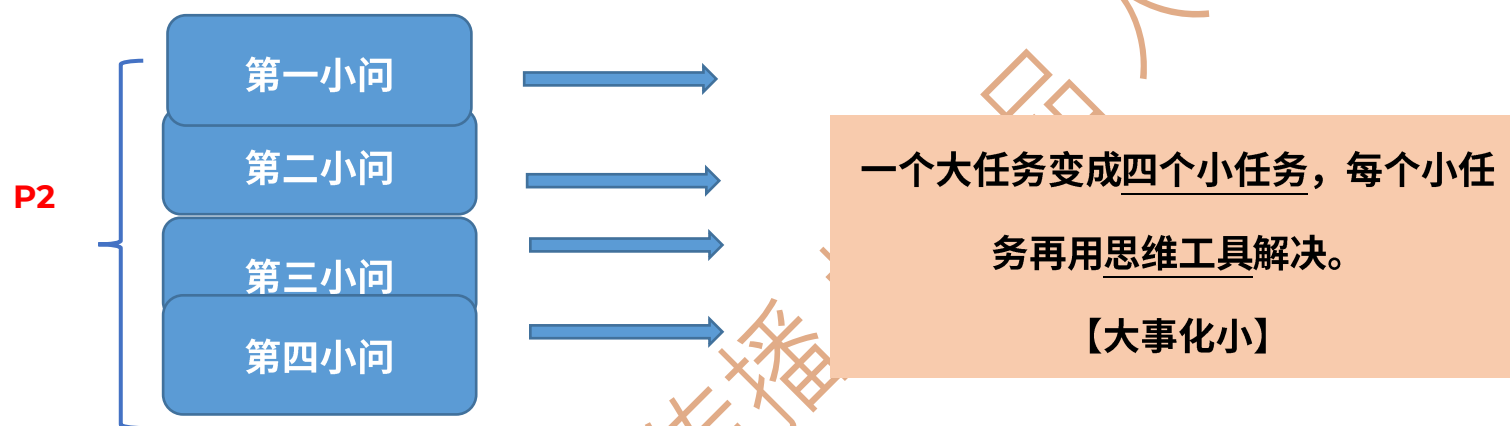
1. 按照故事顺序来自然展开
2. 四转大法 (适合“干燥”的话题)

既，结合 cue card 上四个小问进行逐一回答。

注意：无须四问都覆盖；更无须按照顺序回答。

选择方法 2 的几点原因：

- 逻辑结构清晰，考官听着很舒服
- 避免自己忘记要说什么，避免无话可说
- 简化工作，同时真实性提高很多



### 三、具体语言组织技巧：提示语，方便考官理解内容，非常重要

#### 1. 开头（开门见山最好，不要铺垫他人/这个社会的大背景）：

Ok, so...I'd like to / I'm gonna talk about ....

**I'd like to tell you about...**

**I'd like to share (with you) the story of...**

**I'd like to share with you a story happened last year.**

也可以直接: **So, last year, ...** (经历题)

## **2. 中间段开头:**

**As for...+名词/问句/动名词;**

**In terms of... 就.....而言; Regarding...; talking about...;**

**The reason why...is that...; To answer the question of...;**

**Moving on to...;**

**Finally, +以上开头...**

**Anyway, ...** (用于转话题) 用一次差不多了

当然你也不一定非要强制性使用以上开头方式。记得避免特别生硬的效果。“去痕迹”贯穿始终。

## **3. 结尾:**

**So yeah, that was/is the story/ experience/ the person/ the time/ the place...., thanks for listening/ thank you (for your time).**

**That's pretty much everything/ the story/ it, thank you!**

**四、每一段展开思路 （前四天的 p1+p3 联合打法都可以借鉴）**

**1. WH 法：**

例如：

**As for where this restaurant is, it's located in the south of my city (地点) , not far from the city centre. I always go to this restaurant with my parents, on weekends, on birthdays, or on some special occasions, like traditional festivals or my parents' wedding anniversary. It's got a really nice and inviting environment, and the food is amazing. It's our favorite spot in the city.**

**2. 阐述原因 + 分层展开**

**We did ... because...**

**The reason why ... is that...**

例如:

-The reason why I want to grasp cooking skills is that I'm planning to study in the UK this year, and I want to be able to feed myself when I'm there. Growing up as the only child in my family, my parents have been spoiling me (宠爱) so much to the point that I've never cooked in my life. All I know about cooking is making instant noodles (泡面) and ordering takeout (点外卖).

- And moving on the reasons why I liked her so much, well, number one, she was so comfortable to be with (相处起来很舒服). She was the most down-to-earth (接地气), chill (放松的, 松弛的) and easy-going (随和的) person. I felt like I didn't need to change who I am when I was with her (我和她在一起的时候不需要改变我是谁). I felt very relaxed and at ease (放心) when she was around. And number two, she and I were very similar. We were like mind-twins (思想上的双胞胎), on the same wavelength (一个波长频道上). We really thought alike (想法相似), and we got each other's jokes (懂彼此的笑点). Talking to her was like the easiest thing on earth (和她聊天就像是世界上最简单的事情). And finally, she was a kind and generous person. She had a heart of gold (金子般的心). She was the kind of person that I could count on (我能指望得上的人).

### 3. 列举、举例子、讲故事（通过故事表述某个人物的性格或者某个事物的属性）

例如：

（故事法）She was the kind of person that I could count on（我能指望得上的人）. I remember one time（举例子，有一次），my mom went on a business trip（出差），and I didn't have my snacks for school as she was the one who prepared it. So, Wei got extra snacks for me every day for two weeks. I was very touched by that gesture（举措、姿态）.

（具体讲故事还是要短小，“人物题”里面通过具体例子展现性格特色，篇幅不宜太大，否则就变成了“事件题”）

### 4. 思维分层（尤其用在最后一问，很好上手）

我们先来看看 P2 的最后一问都长什么样。

You should say:

How you felt about it? How you like it? Why it is important?

Explain why you....（感受、观点类）

如果前三小问没有太多的可说的，可以在最后一问的回答上大做文章。

### 具体展开思路:

#### ① 具体感受: 细节描述内心戏, 也可以讲述原因 (罗列)

例如: I felt very moved and loved when I received the gift. **First**, I could tell that my boyfriend must have spent a lot of time and effort making this gift. I really appreciated his romantic gesture. For me, a handmade gift like this is so much better than a gift bought from the store. It's not about the price tag, but about the love and thought behind the gift. **And then**, nowadays people are losing their patience for making DIY gifts, because it's too time-consuming and energy-consuming. Therefore, in a time like this, my boyfriend's romantic gift seemed to be even more precious and rare.

#### ② 具体的感受: 学到了很多 (客观分析都学到了什么) (罗列)

例如: **First**, I learned public speaking skills and PowerPoint slide skills from her. Her PowerPoint design was simple, professional, and powerful. And her presentation skills blew me away. **And then**, I paid a lot of attention to the way she communicated with our team members. She really inspired me with her strong interpersonal skills. I learned how to be a better communicator in teamwork. **And finally**, I saw a lot of perseverance in her. She never gave up on making things better and improving the quality of the outcome. She was a perfectionist.

③ 具体的感受：想法、状态的改变：before this experience, I thought....after this, I thought....I changed my mind. (时间分层)

例如：Before I started doing yoga, I used to be so out of shape (体能状态很差). I was overweight, feeling tired all day long, and couldn't concentrate well. I forgot things easily... I'm in such good shape now. I'm physically stronger. I lost probably 15 pounds. I don't feel exhausted any more. My concentration is great. I'm not a scatterbrain anymore. And Yoga really can lighten up my mood. I feel so much lighter and brighter. I'm in such a better space right now. For me, yoga is magical. (时间分层)

④ 具体的感受：对未来的展望 From this experience, I realize that... I think I would... in the future. 现在想到了什么，决定未来要改变什么 (时间分层，现在 VS 未来)

⑤ 分情况展开：Sometimes, ...; sometimes, ...有时候.....有时候..... (分情况讨论)

In terms of what I would normally do in that cafe, well, when I have an exam coming up, I will go there on my own and throw myself into the task. Sometimes I even spend all night there, pull an all-nighter and hit the books. This café opens 24/7, which is really good; sometimes when I'm in a social mode, I will meet up with my friends at the café, you know, just while away the time, enjoy some nice coffee and kick back (放松，扯淡).



⑥ 分群体： 有时候和 XX 人.....有时候和 XX 人 (分群体)

例如： In terms of what I normally do in that cafe, well, sometimes I go there by myself, just to spend some quality time with myself/take some “me” time. The café has an outdoor patio, sometimes I'll sit on the patio, sipping my coffee, and watching the world go by. Sometimes I visit this place with a couple of friends. We will sit at a corner, catch up with each other, and gossip about all kinds of things. It's our favorite spot for meetups.

⑦ 大众的看法，对比我的看法：

例如： As a matter of fact, she's famous for writing her love stories into her music. Some people hate it because they think it's over-sharing (过度分享) . I personally love it because that's just who she is. She's open, down-to-earth and honest like that. I actually appreciate her transparency. (主流观点 VS 自己观点)

(这不就是思维分层法么? !是的!!)

【人物题】答题要点：

1. 不需要提长相（除非像是“一个好看的人”那样，和长相关系密切的主题）；
2. “四转大法”是最简单的答题结构，越是没可说的时候越是要充分利用题卡。
3. 人物题主题细节各不相同，重复率比较高的小问分别是：

① Who this person is

② How you got to know this person

\*展开思路:

- 这个人是谁，往往会在第一段开门见山就介绍，如：

Today, I'd like to talk about XXX, he/she was my classmate back in university/ is my cousin, and we've known each other for many years/ since forever.

- 之后，可以介绍两个人的交情，展开思路之一，如：

女生: We were really close back in the days. At that time, we spent every day together. We were like twins/sisters, inseparable. She was there when I was pouring my eyes out after a bad breakup. I was there for her when she was going through the darkest time in her life. We had an amazingly strong connection/bond.

男生: We were like brothers, inseparable. I remember we spent so much time together after school, shooting some hoops, joking/clowning around on the street, playing pool in bars. We really enjoyed each other's company.

- 如果有相识的特别故事，也可以介绍一下，尤其是能突显当事人性格的细节：

We met each other in university. The first time I saw her, I saw bright colours. She's the kind of person who's not

**afraid of trying bold colours**, even sometimes it might be a little over the top. I remember she was wearing neon yellow, bright orange and green, and the colour contrast (撞色) really made her stand out from the crowd (鹤立鸡群).

(如果是名人，还可以介绍你当时接触其作品时的感受)

The first time when I heard Billie Eilish, I was driving my car and listening to the radio. And then suddenly her song came out. It captured/grabbed my attention, and touched my heart. Her voice is very unique, a little husky (沙哑), a little sad. I liked the beautiful melody and lyrics of the song. I felt that I could relate to her lyrics.

### ③ What this person is like (这是一个什么样的人，性格特色)

\*展开思路：要挑选针对主题的内容来说，而不是想哪儿说哪儿，无用信息满天飞。

### ④ How you feel about this person

\*展开思路：最后一问最好办了，借鉴之前说到的思维分层法展开方式。不赘述。

**Describe a person who inspired you to do something interesting (激励你做有趣事情的人)**

**You should say:**

Who he/ she is  
How you knew him/her  
What interesting thing you did  
And explain how he/she inspired you to do something interesting

可以是某个有趣的人启发你也去做了有趣的事，可以是小事比如潜水、蹦极、滑雪、上台表演，也可以是人生事件，出国上学、辞职、跨国搬家。

知识点：

启发他人的人的形容词：

- Inspirational/ inspiring adj.启发人心的
- Motivational adj.给人提供动力的

In life, we always want to find someone who is motivational enough to keep us engaged, and we can use them as a great way to stay motivated.

- Source of inspiration 启发的来源

My mom has been a true source of inspiration for me over the past few years. Without her, I wouldn't be here.

- Motivator n.给人带来动力的人

You're a motivator for all those who can't speak for themselves, and I truly admire that spirit.

- **Mentor n.** 同上。人生导师，启发着。（也值得是研究生博士生导师）

**You've been the best mentor I could ever ask for, and I hope you never forget me!**

- **Muse n.** 缪斯，灵感来源

**He is my muse, and I look up to him and everything he does.**

- **Role model** 榜样

So, today I want to talk about my cousin. She is a few years older than me, and she has always been my source of inspiration. I look up to (仰视) her a lot.

We've been best friends since very little. And when we were little, she was always the braver one (更勇敢的那个), the daredevil (冒险鬼). She was never afraid of taking risks. For example, she loves sports, including extreme sports (极限运动). So, she is good at skateboarding, skiing, surfing, all kinds of cool sports. And she was the reason why I went Bungee jumping (蹦极). She's truly motivational and inspirational for me.

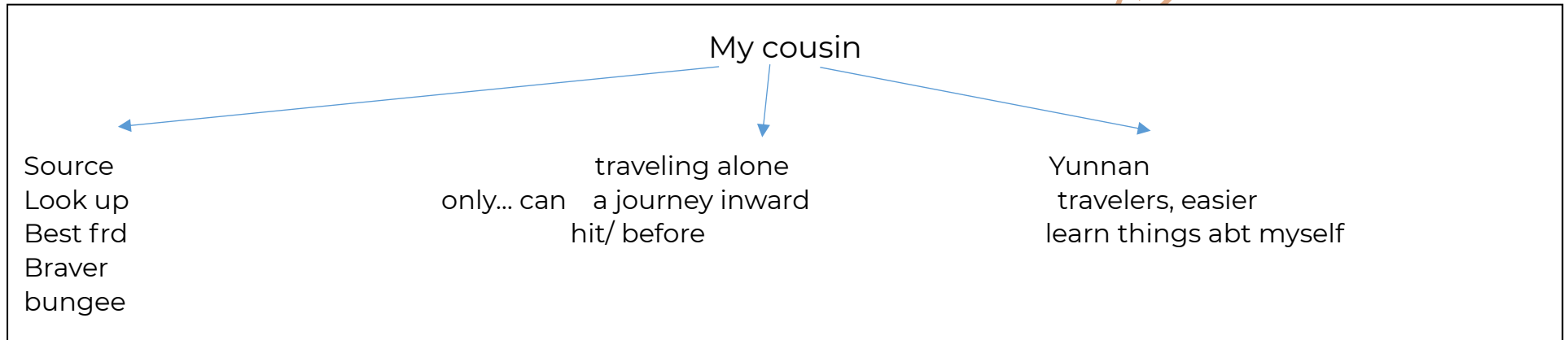
And, one thing she inspired me to do which was truly interesting and brave was, traveling alone. So, my cousin travels by herself from time to time, and one time, she told me that "Only when you are on the road alone, can

you truly learn things about yourself. Traveling is also a journey inward. (内在方向的精神世界旅行) ” That speech really hit me (打击点击到我) . I never saw it that way. Traveling for me, was always about being with family and friends, and going to places. But the way she put it was so cool (她当时的形容方式真的很酷) . And that’s why I decided to go on a trip on my own/take a solo trip!

I went to Yunnan Province alone, and spent 1 month there. During that time, I talked to so many people. Travelers like me, local people, so many of them. I found it easier to make friends with people when I traveled alone, as I was lonelier, more desperate and thereby braver. And through those conversations and interactions, I did learn more about myself. I learned things I enjoyed talking about and didn’t enjoy talking about. What kind of people I liked and disliked. My cousin was right, it WAS a journey inward.

So, yeh, that’s my cousin, and that was the interesting thing I did thanks to her. Thank you!

o.o o.t.o



**Describe an interesting old person you have met (有趣的老人)**

**You should say:**

**Who this person is**

**When/where you met this person**

**What you did with this person**

**And explain why you think this person is interesting**

**思路：可以写在“陌生人晚餐 party”上认识了一个老人。充分运用第一篇人物题素材。**

**Ok, so, today I'd like to talk about an interesting old person that I met at a special dinner party, and it was called "dinner with strangers".**

At the dinner party, I met a lot of people. Naturally I started talking to people who were sitting next to me. The lady who sat on my left side was a very friendly person. She was in her late 50s (快六十岁), and she was very outgoing and extroverted, very easy to talk to.

She was a professional traveler (职业旅行家) (that sounds like a very interesting job), and she had traveled to more than 40 different countries by the time we met. I asked a lot of questions about her experiences of full-time being on the road (全职在路上). And she shared with me a lot of fascinating stories. She was indeed a great story teller (很会说故事的人). I was so engaged (听故事时被深深吸引).

I really enjoyed the conversation with her. I think she was indeed a very unique and interesting person. I fell in love with her personality. She was very open, chatty and charismatic, at the same time, very knowledgeable with the world (对全世界的知识很博学多闻).

And on top of that, she was a very artistic and talented person. She was really good at water color painting (水彩画). Years ago, she actually hosted her personal art show (开办了自己的艺术个展) in a local gallery. How cool is that?! And she told me that recently she had been taking classes to learn oil painting (油画). She told me that she would never stop learning. I just admire her spirit. She is the kind of person who never gives up on learning new things and becoming better. It's so rare to see this kind of quality on older people. But this lady is definitely



a fighter (勇士). And that's why I adore her!

So, yeh, that's the person I met. Thank you!

【经历题】答题：

1.大结构展开思路：

①可以不用四转大法的方式来解构回答。

真实发生的故事，在脑海中按照故事的发展顺序来真实讲述就好。只要包含到四小问的关键信息点就好 (who, when, where, what..)

简单开头第一段之后，可以说：So, the story was, many years ago...之后顺序介绍

(之后会有示范)

②依然按照四转大法来分层展开,不赘述。

2.具体每段展开思路：

①故事也可以有背景故事，background story,如：

(工作学习中的建议) I was in a "party mode" every day (每天都是派对模式) , and I didn't want to put any effort into

my studies. I felt that I had a burn-out in high school when I was preparing for the college entrance exam (高考). So, in the first year in university, I didn't try at all, and then my grades were terrible (分数都很糟糕) in the second year. I freaked out (吓坏了), didn't know what to do. I felt very clueless (没有头绪) and helpless. Eventually, I turned to (求助于) my father for some advice.

② 万能“回忆录”口吻:

I was doing...and suddenly XXXX happened.

如，社交媒体趣事:

One day I was just scrolling on my phone on a social media app, and I saw someone doing social eating live stream on his account. I was very intrigued, so I clicked on it.

③ 思维分层法里的时间点分层法非常适用:

经历某事之前怎么想，之后怎么想，改变是什么。

**Describe a time when you missed or were late for an important meeting/event (迟到)**

**You should say:**

**When it happened**

**What happened**

**Why you missed /were late for it**  
**And explain how you felt about this experience**

-思路:上个季度新题“失约 appointment”里的表达可以套用。但是 meeting 表示“会议”或者“和朋友家人的见面”。Appointment 则是往往一对一的更正式的见面、咨询、干正事儿。比如 dental appointment. 所以要修改一下做的事情的主题。

-知识点:

形容很丢三落四的人:

- forgetful 健忘的

My dad is such a forgetful person. He's always looking for his car keys.

- unmindful 不注意的; mindful 是注意的
- absent-minded 大脑不在场, 表示很心不在焉的

I'm sorry, I'm a little absent-minded today. What did you say?

- distracted 被分散注意力的

I'm always distracted, and that's why I keep losing things.

Why are you so distracted today? What has got into you? 你吃错药了?

- disorganized 没有组织条理性的, 乱七八糟的

- **scatterbrain** 名词·表示头脑乱七八糟的人

**I'm such a scatterbrain. I always leave my bag behind.**

- **always loses things** 总是丢东西: **She always loses her things.**
- **forget things easily** 总是忘东西

**I'm the kind of person who forgets things easily.**

- **messy** 乱糟糟的

**I'm such a messy person.  
My life is a mess.**

**I remember one time I was late for an important meeting with my professor, and that was a super embarrassing experience.**

**It was several years ago. At that time, I was planning on publishing a paper (发表一篇论文), so I needed some professional opinions on my draft (草稿). I contacted my university professor, Dr. Li, to arrange a meeting in order to get some guidance on the paper. It took a little bit back and forth (来来回回) in the email before I got a YES (邮件里来来回回不少次才换来了一个 yes) from Dr. Li, as he was a very busy person. However, eventually I**

**screwed it up (搞砸了) . I forgot about it! I'm blushing (脸红) now even by just thinking about it (现在想想都在脸红) . How could I forgot it?!**

**Normally, I'm not a super forgetful person. I mean, sometimes I get a little distracted but I'm a responsible person in general. I almost never missed those important appointments, meetings or events. But the reason why I completely forgot about that meeting and ended up being super late was that, I didn't set the reminder on my phone.**

**That same month, I was extra busy with my studies and the paper I was working on. I was completely snowed under with all the work (巨忙。被工作埋在雪下) . Therefore, I wasn't mindful enough to set a reminder in the first place (第一时间) when I received the confirmation email from Dr. Li. And then of course, I would miss the meeting. I'm not a computer!**

**On that day, I almost jumped out of my skin (吓到诧异到灵魂出窍) when getting a phone call from the professor, asking where I was. "Oh shoot!!!" I said to myself. I made up an excuse saying that I was stuck in traffic (堵在路上) . And I rushed out of my dormitory and ran like the wind (跑得像风) . I was still catching my breath (上气不接下气) by the time I arrived at his office. I was 40 mins late...I was feeling so bad the whole time. I hate wasting people's time, especially an important person like my professor.**

So yeh, that was the story. Thank you!

**Describe a complaint that you made and you were satisfied with the result (投诉经历)**

**You should say:**

**When it happened**

**Who you complained to**

**What you complained about**

**And explain why you were satisfied with the result**

-思路： 这道题可以和上个季度“糟糕的购物经历”合并准备。因为购物体验糟糕，进而投诉。 内容要做调整。

-知识点：

1. 关于投诉：

- **make a complaint** 投诉
- **complain** 本身作为动词也指抱怨、发牢骚、吐槽某人某事

**She's a complainer.** 她是一个抱怨鬼 **or** **She's a whinner.**

- **complain about** 就某事进行投诉/ 也有就某事进行牢骚抱怨的意思，看语境

**The person that I want to complain about is my supervisor.** 我想要投诉的对象是我的上司。

- **file a complaint** 投诉。 **file** 相比 **make** 是更正式的表达。呈交投诉状
- It was worth my time (值得花时间) **to make the complaint**. 这个投诉是值得花费时间的
- **Solution** 解决方案

**I called Human Recourse and told them the solution I wanted.**

- **supporting document** 支持文件 (证据)

**I gathered all the supporting documents as evidence.**

- 发怒、失望、沮丧: **mad, upset, disappointed, furious** (超级怒), **infuriated** (超级怒), **irritated** (超级怒+烦)
- **make a fuss** 发怒
- **have a beef with** 和.....结梁子

## 2. 关于在线购物的一些表达:

- **come across a website** 偶遇一个网站
- **click on the website** 点击了网站
- **leave the website** 离开网站

- **order** 下订单
- **confirmation email** 下单确认邮件
- **parcel/package** 包裹
- **branded clothes** 有牌子的衣服
- **looks nothing like the picture.** 一点都不像照片里的

**This shirt looks nothing like the picture on the retailer's website.**

- **The quality of fabric is so disappointing.** 布料的质量很令人失望
- **The shirt is stiff and uncomfortable.** 衬衫很硬很不舒服
- **receive the wrong thing** 收到错误的商品
- **receive the wrong size** 收到错误的尺寸
- **shipping fee** 运费
- **free shipping** 免运费
- **true to size** 尺码很正



**Clothes on that website are all true to size.**

- **ask for a refund. 申请退款**
- **return 寄回**
- **ask for an exchange. 申请换货**
- **review 客户评价**
- **customer service 客服**

**That retailer's official website has really poor customer service.**

- **customer service representative 客服代表**

So, I consider myself an expert on online shopping (我把自己视为在线购物的小专家) . But even an expert like me could get burned (吃亏、上当、受损、受骗) sometimes. And last time when it happened, I made a complaint.

(get burned 也有在恋爱里受伤的意思。I got burned so many times in relationships. 另外 get burned out 是工作上透支、燃烧殆尽、累觉不爱的状态)

It was a month ago. I came across an online clothing shop that seemed legit (正规的) . The prices were incredible.

It was like a steal (便宜得跟偷来的似的)! And what was even better was that it was free shipping! I love websites with a free shipping policy! So, I ordered a bunch of clothes.

The package arrived at my door in two days, which made me very happy. I tore the package open (tear sth. open 撕开) with my bare hands (不用工具, 纯粹用手撕). And I started to try the clothes on. However, I was very disappointed.

All of the clothes were of poor quality. The clothes were stiff and uncomfortable. The fabric looked and felt cheap (布料看着和摸着很廉价). They look nothing like the pictures online. And the pants were not true to size at all. I mean I usually wear size L, and I couldn't fit in their size L at all.

I was infuriated (气极了) and I called their customer service, threatening them by saying that I wanted to file a formal complaint to the Consumer Rights Association in China. The customer service representative freaked out (吓坏了) and asked me what solution I expected. I told them I wanted a full refund (全额退款) and they immediately said yes. Eventually I got all my money back. I was satisfied with the result.

This experience told me that I needed to be more careful when shopping online. It's not always a good experience. So yeh, that was the story, thank you!

总结:

## Part2 考点（得分点）：

1. 结构清晰（题示语的作用）
2. 相应的话题语料（collocations, phrasal verbs, idiomatic expressions, natural English...）
3. 时态准确性
4. 可懂性
5. 切题（最忌讳半天无法切入正题，算作跑题）