

## 直播 Day 6 (结课日)

今日摘要:

Part2 经历题、事物题和地点题。

**Describe something that you did with someone/a group of people (和别人一起做的事)**

**You should say:**

**What it was**

**Who you did it with**

**How long it took you to do this**

**And explain why you did it together**

思路：这道题完全可以参照“不同寻常的一餐”，陌生人一起吃饭，或者和朋友去墨西哥餐厅，都可以。思路非常宽!!! 和伴侣约会，参加婚礼，办 party，任何只要不是自己一个人干的事情！

So, not long ago, about two or three months ago, I went to my best friend's house warming party, and we celebrated this special moment together.

My best friend Jessica recently has moved out from her parents' place, and moved into an apartment. I'm so

happy for her, as that's definitely a new chapter in life (生命力新的一个章节) . And that's why we need to celebrate!

Jessica threw a little house warming party in her new place. She invited all her close friends over. We were all together, about 5-6 people? Something like that. Not a very big crowd. I mean, A, the apartment is very small. It can't fit too many people at the same time; and B, Jessica is a very low key, very private person, so she didn't want everybody to know about this.

At the party, I had a whale of a time! We had some drinks, ate some pizza, played some party games, and later we danced a little. Jessica's new place is tiny but it has everything, and it's super cozy (超级温馨) . That's why I felt like home, very relaxed.

I felt happy for my best friend. Maybe a little jealous (有点小嫉妒) as I'm still living with my parents. But jealous in a good way. I want the same thing to happen to me. I want this independence as well. So yeh, that was the house warming party I went to. Thank you!

**Describe something you did that made you feel proud (让你骄傲的事)**

**You should say:**

What it was

How you did it

What difficulty/difficulties you had

How you dealt with the difficulty

And explain why you felt proud of it

思路：很多这个季度的主题都可以拿来用。“教他人做事请”成功后，很骄傲；和别人一般办了惊喜派对，很骄傲；投诉成功的经历，令你很骄傲；“未来想要学习的技能”可以改编成已经学会的技能；.....

这里新增一个减肥有关的素材：

A few years ago, I successfully lost 15 pounds and I felt very proud of myself. (具体数字可以变化)

A few years back, I was dying to/desperate to (非常渴望) lose some weight/ slim down/shed weight (减肥的几种说法) and get back in shape (恢复体能). At that time, I was pretty over-weight and depressed. I was fed up with (受够了) with myself.

I tried two times. First time, I tried to go on a diet, but it didn't work out. I mean, I DID lose some weight/shed a few pounds in the beginning, but once I stopped the diet, my weight just bounced back (反弹). And I had to go back to square one (从头开始).

Then I realized, in order to lose weight and get in shape, I needed to pay attention to both diet and exercise. I mean, there is no cutting corners when it comes to losing weight (在减肥这件事上没有捷径). I needed to give 100% (全力以赴), my blood, sweat and tears (血汗泪都要撒). So, I started going to the gym on a regular basis, and at

the same time, I cut down on (减少) carbs and sugar (碳水和糖) . It was so hard to say no to carbs and sugar, as I loved them. But I didn't quit. I didn't throw in the towel (=放弃) .

Three months later, I was a whole new person (全新的人, 大变样) . And now I'm still working out regularly to maintain the result. I'm so proud of myself. I feel that I can achieve anything as long as I set my mind to it (只要下定决心) . Thank you!

**Describe a time when you saw a lot of plastic waste (e.g. in a park, on the beach, etc) (看见很多塑料废品的场合)**

**You should say:**

Where and when you saw the plastic waste

Why there was a lot of plastic waste

What you did after you saw them

And explain what your thoughts were about this

So, I want to talk about the time when I went to a park and saw a lot of plastic trash.

It was about a year and a half ago, during spring time. I went to a big park called Yuyuantan. This park is famous for its cherry blossoms (樱花) . Every year in spring, they have a big cherry-blossom festival where there are food

trucks for people to see the blossoms and enjoy some nice food and drinks. The idea sounds really good, but the reality is not so good.

Last time when I was there, I didn't enjoy the experience at all. **First**, it was jam-packed (特别挤). I could hardly move my feet. It was like the whole world was there (感觉像是全世界的人都去了). I saw not just cherry blossoms, but also an ocean of people (人山人海), which wasn't cool at all. **And then**, I saw trash everywhere. Plastic packaging (塑料包装), bags, bottles, and paper napkins. The whole park was littered with plastic waste and food garbage. It looked so dirty and messy.

In terms of what I did, well, I wish I could tell you that I picked up all the litter, nice stories like that, but I can't (我倒是希望可以告诉你好听的故事, 比如我把所有垃圾都捡起来了, 但是我并没有). I didn't do anything, as it was too much garbage. But I made sure that I didn't throw any trash to the ground.

I felt very sad and angry to see things like this right in front of my very eyes (就在我眼前发生). **I find it very selfish to litter in public.** I'm shocked to see that people don't have the basic decency (起码的素质礼貌) to hold their trash until seeing a trash bin. It adds more work to city cleaners, and it ruins the view (这种行为给清洁工带来更多工作, 也会毁坏了景色). Especially in my city, you can find trash bins everywhere. So, it's even worse when people

just litter like that. I really wish that there will be harsher penalties in the future to solve things like this (我希望将来可以有更严厉的处罚来解决这样的问题)。

Thank you!

**Describe a time when you made a decision to wait for something (决意等待)**

**You should say:**

**When it happened**

**What you waited for**

**Why you made the decision**

**And explain how you felt about the decision**

后面的 **part3** 主题都是在说 **patience** 耐心相关的话题, **part2** 我们也可以朝着这个方向去。可以是等待一个产品发布(预定+等待); 可以是等明星演唱会售票; 可以是决定理智消费, 在购物车里躺两天再说; 可以是等待某个网红小吃店开门; 可以是为了一个重大的人生决定进行观望+等待; 可以是等待合适时机去宣布某事、表达自己观点、看法、意见; 等待合适自己的感情; 等待存钱存到可以出去旅行.....

在这里如果说等待“某人”, 不太合适, 因为题干明确说了 “wait for SOMETHING”。

So, today I want to talk about a time when I decided to wait to buy a very expensive dress/shirt (男孩女孩内容可

以调整)。

It was about a month ago, I was browsing around at the mall aimlessly (漫无目的地) . And then, I saw a very beautiful/(cool) dress/(shirt) in one of the stores. It was totally my style (完全是我的风格) , very elegant but effortless at the same time (既优雅又毫不费力的感觉) . I tried it on, and it looked SO good on me. It was like it had my name on it (写着我的名字) . I checked the price tag (价签) , and it was very very pricey, like, over-the-top pricey (过分的贵了) . I thought about it, and I decided to sleep on it, and not to rush my decision of buying it.

**The reason why** I decided to control my impulse was that I wanted to make a change. I used to be a big spender. I would swipe my card left and right, like there was no tomorrow (介绍过去的花钱习惯) . But I wanted to make a change, and stop this impulsive buying behavior (冲动消费的习惯) . I decided to give myself a waiting period before each purchase, and to see if I really really needed that item. So, I slept on it. And the next day, I asked myself, do I still need that dress/shirt? And the answer was, no, not really. I had plenty of clothes in my closet. I could have saved that money for something bigger and more meaningful, like a trip or something.

**Finally, in terms of** my feeling about this decision, well, I felt very proud of myself, or course. I controlled my impulse. I cultivated an attitude of patience. And I believe that patience is like a muscle memory (肌肉记忆) , the

more you practice it, the more patient you will be. I'm practicing this new muscle, and I hope I can really make a change soon.

**【事物题】答题要点：**

四小问是最简单的答题结构，越是没可说的时候越是要充分利用题卡。

人物题、事物题和地点题最适合四转大法，容易出现无话可说的现象。

**高频小问：**

**① What it is/was**

展开思路：开门见山回答；可以解释原因（为什么你选择这个事物来介绍）；也可以介绍该事物在社会上的普及度（比如水上运动、极限运动.....大群体的接受度，也是你想要尝试的原因）

**② when/where you do/did it.....**

展开思路：WH 法、分情况讨论、分群体讨论、阐述原因，等，都适用。

**③ 最后一问：思维分层，总结+升华**



\*选题的重要性:

原则: 标新立异?

有的说。能说什么、会说什么,就说什么。(贴近生活,贴近当代,贴近自己)

武汉黄鹤楼 VS 我们学校图书馆

明星名人 VS 身边人

空调(单一功能) VS 手机/网络(多功能,便于分层)

**Describe a historical period/moment that you would like to learn more about (感兴趣的历史时期)**

**You should say:**

**What you are interested in**

**When it happened**

**What you know about it**

**And why you would like to learn more**

思路: 宝宝们可以选择一个著名的历史遗迹,然后围绕着该历史遗迹去展开对于其对应的历史时期的好奇。比如埃及金字塔,是如何

被建立起来的。很多人都说是外星人建立的,因为太宏大,4500 年前的施工能力,是如何把这个宏大的建筑建立起来的。找一个具

体的切入点，不一定要深入贯穿整个历史时期，也可以是一个 **moment**。讲一场战争也可以，看到了战争纪录片，可以就其中某个历史人物，进行探讨。

So, the other day (前几天) , I watched a documentary (纪录片) , and it was about the Egypt's pyramids. And after seeing that documentary, I became very interested in that time.

To be honest, I don't even know the name of that period. I'm not a history person/ lover, sometimes I feel that I'm very ignorant about world history. And that's why I told myself after seeing the documentary, I should dig/delve into (进一步挖掘，表示更深入学习、研究) that time.

From that documentary, I learned that Giza (吉萨，地区) , in Egypt, was the place where the Egypt's pyramids were built. They were built more than 4,500 years ago as monumental tombs (纪念性陵墓) where ancient queens and pharaohs (法老 /'feə.rəʊ/) were buried (被埋) .

Pharaoh Khufu (胡夫法老) started the first pyramid project around 2500 B.C. (公元前) . His Great Pyramid is the largest in Giza. According to the documentary, they used 2.3 million stone blocks (石块) , and each block weighed 2 tons (每块石块都是 2 吨重) . Can you believe that? ...what a formidable project (多么巨大艰难、令人心生



敬畏的工程啊) ?! I can't imagine how ancient Egyptians built that project 4,500 years ago. Even with today's cranes (吊车) and other construction equipment, building a pyramid as big as that would be a dreadful (可怕的) challenge.

That's why there's some conspiracy theory (阴谋论) saying that the pyramids were actually built by aliens (说金字塔是外星人建的) ! Which I kind of understand where it comes from (我能理解为什么有这样的说法) . But anyway (不管怎样) ...

That's why I want to learn more about it. I know that researchers already have discovered some ramp system (斜坡系统, 用来拉拽大石头) 4,500 years ago that was used to haul/drag (托、拽) the stones out of the quarry (采石场) . But I can't imagine how exactly. Therefore, I'm going to do some research about that. So, yeh, that's the historical period I'd like to know more about. Thank you!

**Describe an advertisement you don't like (不喜欢的广告)**

**You should say:**

**Where and when you first saw it**

**What type of ad it is**

**What product or service it advertises  
And explain why you don't like it**

**So, the ad that I'm going to talk about today is an online advertisement.**

**The first time I saw it was a few months ago on a website. And then, I kept seeing it everywhere. On mobile apps, on different online platforms. It's like, once I see it, I can't unsee it. It's everywhere (就感觉是，一旦看到了，就无法看不到这个广告。它无处不在) .**

**So, it's an online video ad about a skincare product (护肤产品) ; the cream is called "time traveler". The ad claims that this cream can remove all the wrinkles on your face like an iron (能像熨斗一样移除所有脸上的皱纹) , so that you can literally go back in time (回到过去) , and have more youthful skin (更年轻的皮肤) .**

**I've been hating this ad since the first time I saw it, and the reasons are: first, I hate the jingle (主题曲) . It's so tacky and tasteless (恶俗且没品位) . It's loud and piercing (很吵) . It gives me a headache (让我头疼) . And then, the testimonials (用户推荐) in this ad are actors and actresses that are hired to pretend to be the real customers. They're so fake to the point that it gives me the creeps each time I see it (每次看到用户推荐的片段都浑身起鸡皮疙瘩) .**

They're so awkward-looking (看起来很尴尬) . And there's no such thing as acting skills in the ad (广告中毫无演技可言) . I hate fake advertising (虚假广告) . **And finally**, I can't put up with (忍受不了) all the exaggerated claims (夸张功效) . It's over the top (太过了) ! Traveling back in time?! No wrinkles at all?! That sounds like a lie. When an advertisement is saying all the impossible things, when it claims that it can go against gravity (和地心引力做对抗) , it's untrustworthy.

Anyway, I will NEVER buy anything from this brand. They lost me at the first second in that lousy (极差的) ad (他们在那个极其差劲的广告的第一秒就失去了我) . Thank you!

**Describe an activity you enjoyed in your free time when you were young (童年喜欢的活动)**

**You should say:**

What it was

Where you did it

Who you did it with

And explain why you enjoyed it

思路：这样的题选择比较宽泛的主题会比较好说。比如看书、跑步、看电影。这样一来，在哪里做，可以多地点回答。在客厅、自己房间、图书馆、公园； 和谁做也可以多测层次回答。自己一个人、和家人、和朋友。比较容易。

Funny enough (有意思的是), now I don't work out very often anymore, but when I was little, I used to love running!  
也可以讲 **reading**

In terms of where I ran, I used to live nearby a university, so I would run in that university in the track and field (田径场) . **Sometimes** I ran in the morning. I really enjoyed listening to birds chirping in the tree (听树上的鸟叫) and the morning breeze touching my face and my hair (早晨的清风拂面以及触摸我的头发) . That was the best way to go about my day (开始我的一天) /start my day. **Sometimes** I ran in the evening. It was a different feeling when it was dark. I couldn't really see everything, but I could hear people passing by me (超过我) . **Sometimes** I ran on the street around my neighbourhood. I enjoyed watching people busy walking on the street. It felt like a movie (看着人来人往, 就像看电影) . **Sometimes** when the weather was nasty (天气很糟糕) , I would run at home, on the treadmill (跑步机) . I didn't enjoy running on treadmill as much as running outside. But it was better than nothing (有比没有强) .

Moving on to who I ran with, well, **sometimes** just myself. I enjoyed running alone. It was like meditation (冥想) for me. I focused fully on myself and my breaths. I could clear my mind (清空我的思绪) /unplug (拔掉插头, 放空) during this process. It was indeed a stress reliever (减压器). And **some other times** I would run with my parents. They were also very into running. So, we would run together and spend some quality time together (高质量陪伴时间). I really enjoyed it as well. It was a great way to bond with them (和他们拉近距离).

That's the childhood activity I'd like to share with you today. Thank you!

**Describe a piece of good news that you heard about someone you know well (好消息)**

**You should say:**

What it was

When you heard it

How you knew it

And explain how you felt about it

**-思路: 这个消息可以是 ①朋友或家人找到好工作 ②朋友或家人结婚、为人父母 ③朋友或家人要出国上学 ④朋友或家人乔迁新居**

I still remember how surprised and thrilled I was when my best friend told me that she was going to get married (结婚). It was indeed the best news for me.

My best friend Si and her boyfriend at that time (well, now he's her husband) had been dating each other (恋爱约会) for about 2 years. They were the sweetest couple in the world, and I'd always known that they would tie the knot (结婚) at some point, sooner or later (早晚的事儿). But to be honest I didn't expect it to be that soon, as we were still very young at that time. (背景故事)

In terms of when I heard the news, well, I remember, it was two years ago, in June. Si called me saying that she wanted to see me and announce something very big (宣布一件大事儿). I got goosebumps (起了鸡皮疙瘩) when I got that phone call. She was very good at keeping me in suspense (卖关子). I got very intrigued/curious. By the time I saw the sneaky smile (坏笑) on her face, I was dying to know what was going on. And then, she said, "Guess what, you're going to be my maid of honor! (主伴娘)"

I was speechless for a few seconds, and then I managed to process the information in my head, and started to feel the joy all over my body. It was indescribable (不可形容的). My heart was overwhelmed with euphoria (狂喜). I felt so happy and thrilled to witness my best friend's most important life event, and I felt very honored to be the maid of honor at her wedding.



It was greatest news I've ever received. Thank you!

**Describe a website you often visit (常用网站)**

**You should say:**

How you found it

What it is about

How often you visit it?

And explain why you often visit it

The website I often visit is Bilibili. It's an online video-sharing platform in China, and it focuses on longer and in-depth (有深度的) videos, so it's kind of like the Chinese version of YouTube (中国版本的油管). It's especially popular among young people.

In terms of how I found it, well, I got to know this website about 5 years ago from a friend. She told me that this platform was awesome, and there were thousands of videos, ranging from Vlogs to video tutorials to educational videos (ranging from...to...从...到...). I was very intrigued (很好奇), as before this website, there never had been a website like this in China. Bilibili is all-encompassing (包罗万象的). It has something for everybody when it comes to video content (视频内容).

I visit bilibili very often, like almost every day. I also have the bilibili app downloaded on my phone so that I can have easy access to all the videos.

**Sometimes** I use this website to search product reviews (产品评测) . When I have questions and doubts towards certain product, or when I'm indecisive between two different brands, I'll watch product review videos to acquire more information and help me make a decision. As I mentioned earlier, videos are usually much longer on bilibili, like 10-20 mins long, therefore I can find some really detail-oriented in-depth videos that can provide me with a lot of useful information, which I LOVE.

**And sometimes**, I go to this website to watch educational videos (教育类视频) for self-education (自学) . Bilibili is like a wonderful treasure box (宝藏箱) that is full of free self-education videos. Anything you want to learn, you will find related videos there. For example, last year during the pandemic, I was self-studying baking on bilibili. It was so much fun, AND didn't cost me a penny (一分钱没花) !

**What else, and sometimes**, I just watch some light-hearted (轻松的) videos like vlogs or unboxing videos (拆箱视频) to while away my time (打发时光) . When I feel bored, or when I'm putting on makeup, I'll always click on some videos, nothing serious, just to get distracted.

This website and its app are all very user-friendly and almost ad-free, which is another reason why I use it all the time.

So yeh, that's the website I'd like to share with you today, thank you!

**Describe a program you like to watch (喜欢看的电视节目)**

**You should say:**

**What it is**

**What it is about**

**Who you watch it with**

**And explain why you like to watch it**

**知识点:**

**主要的节目种类 Types of TV shows/genres:**

**sitcom:** 情景喜剧; **soap opera:** 肥皂剧; **cartoon:** 动画; **documentary:** 纪录片;

**sports show:** 体育节目; **travel show:** 旅游节目; **children's show:** 儿童节目;

**TV-series:** 美剧英剧连续剧 (一集一集那种); **news show:** 新闻;

**reality show:** 真人秀; **talk show:** 脱口秀; **comedy show:** 喜剧类节目;

**dating show** 婚恋约会节目; **trivia show/game show** 答题闯关赢大奖那一类

(trivia 表示那种冷门类的小知识, 犄角旮旯里的知识)

- **TV host** 电视主持人

- **TV anchor** 电视主播（一般是新闻类节目）
- **host a show**: 主持一档节目(host v.)
- **contestant** 参赛选手
- **get hooked on a show/ be obsessed with/ be addicted to/ be crazy about the show**: 为了这个节目痴迷成瘾
- **binge-watch**: 刷剧（狂看无节制）
- **season**: 电视剧的每个季度
- **episode**: 电视剧的每一集

**I'm now on episode 10, season 5. （第五季第十集）**

- **line** 台词
- **scene** 场景
- **prop** 道具

**素材一:**

So, today I'd like to share with you my favourite trivia game show in China, called "Who's still standing?" 一站到底。

Basically, the TV host would ask all kinds of trivia questions, and the contestants that answer the questions wrong would fall through a trap door right beneath them. And the winner would get all kinds of prizes and rewards. You know, a typical game show.

It had been such a popular show in China until 2021, the show stopped airing (停播) due to Covid-19. Which was a shame (这一点很遗憾), but anyway, I used to be a huge fan of this show, and so were my parents. My whole family loved the show. It was on JiangsuTV channel. Every Thursday and Friday night, my parents and I would sit in front of the TV and watch the show together.

The reasons why I loved this show were, first, I learned a lot through watching it. I got to learn so many things that I wouldn't be able to learn from school. Some of the questions were so random (随机) and bizarre (怪异). It was really informative and educational. And then, at the same time, it was entertaining, as the TV host was very funny and witty (诙谐). And also, seeing those contestants falling down and just disappeared was very fun. I always laughed when I saw that happen. And finally, each time when I watched this show with my parents, we really enjoyed each other's company (享受彼此陪伴) and the quality family time (高质量家庭时光) together. It was like our little schedule every week. That was something really beautiful to have.

So yeh, that's the show I'd like to talk about today. Thank you!

## 素材二：

So, I'm a die-hard fan (死忠粉、骨灰粉) of Friends.

It's one of the most classic American TV series (可以讲别的美剧). The whole show is about 6 friends who live together in downtown Manhattan. The show, 10 seasons, 240 episodes, is about their everyday life (日常生活). Their jobs, friendships, romantic relationships (恋爱), adventures and challenges in life in adulthood (成人世界的). Every episode is an independent story; in every episode you can learn something about love, friendship, and life.

I used to watch Friends with my roommate Jessica. She was the one who introduced me to this show. And thanks to her, I fell in love with this show. Now I don't live with her anymore. I'm living by myself. Still from time to time, I will turn on the TV, choose one episode and just rewatch it. (时间分层)

The reasons why I like this show so much are, **first**, it was my first English TV series. I learned so much English through watching it. I learned all the idiomatic expressions. I learned all the jokes and western sense of humour. This show is a bridge that connects my world to English world. **And then**, because I've watched it over and over

again, so many times, it's become something so familiar and soothing (安抚人心的) for me. I know every line, every scene, every facial expression, even every prop, every piece of furniture in that show. Watching it is like revisiting an old friend; it can calm me down and lift my mood. **What else**, I'm very jealous of the friendships in Friends. I wish I could have friends who are that interesting, kind and loyal in my life. This show gives me hope. And it's like a breath of fresh air in my life.

So, yeh, that's my favourite show. Thank you!

**Describe a movie you watched recently and would like to watch again (喜欢的电影)**

**You should say:**

What type of movie it was

Where you watched it

What it was about

And explain why you would like to watch it again

Recently, I watched a comedy (喜剧) called "Eurovision Song Contest", and really enjoyed watching it.

I watched it at home, with several friends. At first, it was just a random choice by one of my friends, and later, the movie got more and more interesting, so we ended up finishing the whole movie. We all had a good laugh

(笑得很开心) and liked it a lot.

(故事的情节，用一般现在时来讲述。因为故事是虚构架空的，没有时间性。)

The comedy talks about the story of two aspiring (有抱负有理想的) musicians, Lars and Sigrit. And one day, they are given the opportunity to represent their country, Iceland, at the world's biggest song competition, called Eurovision Song Contest. So, they fight really hard for the opportunity, and prove to everyone that they have real talent and deserve true respect. (如果讲别的电影，可以 Google 海外的影评介绍，然后转化成简单的口语风格，不能逐

字照搬。也别花大量时间讲情节，很容易显得很假很照搬)

When the movie started, within just a few minutes, I was already cracking up (大笑), and that laughing continued on throughout the whole movie. The movie was hilarious and hearty (走心的) /heart-warming. I loved every minute of it (每一分钟我都爱). The two main characters Lars and Sigrit in the movie are both very naïve and goofy (天真无邪). They behave like two giant kids. That's why people don't take them seriously, that's why they need to prove themselves. And somehow (不知怎么的), they reminded me of myself. I'm also a child-like adult (像孩子一样的成年人) who fights alone in this world, trying to prove myself to everybody else (一个人在这个世界孤军奋战，想要向世人证明自己) .



That's why I'd like to watch this movie twice. It was an entertaining movie, and at the same time, it **resonated with me on a personal level.** It was **positive and uplifting.**

Thank you!

### 地点题:

**Describe your favourite place in your house where you can relax (放松的地方)**

**You should say:**

**Where it is**

**What it is like**

**What you enjoy doing there**

**And explain why you feel relaxed at this place**

-思路: 可以讲一个 the reading corner/nook (读书角, 不一定是一个完整的房间, 也可以是一个局部空间), the sun room (阳光房), the bedroom (卧室), the living room (客厅), the kitchen (厨房, 如果你享受做饭), the study (书房), the home theatre (家庭影院), the gym (健身房), even the bathroom. 比较好讲的是一个可以干多件事儿的地方, 比如客厅既  
可以看电视, 也可以听音乐、看书、会客; 浴室可以泡澡、敷面膜、护肤 (不过这个比较难说, 也不太适合男生)。

-知识点:

- **my own space** 我自己的空间
- **man cave** 专门属于男人的那种拿来玩儿游戏、健身、抽烟喝酒的空间，“男人的洞穴”。在欧美国家，一家人住在 **house** 里，往往地下室会被做成 **man cave**。家里的男主人会呆在这个空间里，自娱自乐，自由自在
- **girl cave/ lady cave/ woman cave** 这几年新出来的词，对应 **man cave**
- **This room suits my needs.** 这个房间满足我的需求
- **This room is dedicated to my own pursuits.** 这个房间专门的作用就是满足我的追求
- **time alone** 独自的时间

**I really enjoy my time alone in this room.**

- **take some “me” time** 花点时间陪自己
- **This room is filled with essence of thing I enjoy, from movies and books, to music and art.** 这间房间充满了我喜欢的事物的精髓
- **light-filled/ bright** 阳光明亮的
- **cozy/ comfortable** 温馨舒适的

- **welcoming/ inviting** 舒适亲切的

The room feels welcoming and inviting. 这个房间很舒适亲切

- **multifunctional/ versatile** 多功能的房间
- **a retreat corner** 一个让精神得到疗愈的角落
- **my sanctuary** 我的圣殿，心灵的避难所
- **calming/ therapeutic** 令人平静的、有疗愈效果的
- **tranquil/ soothing** 同上，令人平静的、安抚人心的

(住宿舍宝宝们可以说这是我和父母的家.)

My home is not very spacious, and my favourite place in my home is my living room.

It's such a welcoming and inviting (舒适又亲切) space, filled with natural light (充满日光), super cozy and comfortable (温馨且舒适), AND versatile (多功能的) at the same time. I love it. And I spend most of my time in that room. It's like my man cave/ girl cave. Haha!

In my living room, there's a big 70 inch smart TV (70 英寸智能电视), and I've got home audio system (家庭音响系

统) next to the TV. As a movie freak (电影发烧友), I watch a lot of movies, so all the equipment definitely suits my needs (满足我的需求). I have a giant and comfy couch in the living room. It's an L-shape couch (转角沙发), big enough for me to lie in it and binge watch (刷剧) TV shows or movies. My couch is so comfy that it's turning me into a couch potato (沙发土豆, 表示躺在沙发上的懒人。我的沙发太舒服了, 把我逼成一个葛优瘫的懒人).

This living room is also the place where I read as it has the best natural light. I have a reading corner/nook in the room with a beautiful yellow fabric armchair and a reading lamp. I spend a lot of time snuggling up (蜷缩) with a good book in that chair, reading and enjoying my time alone.

Finally, I've had so many parties and get-togethers (小型聚会) in this room. It holds so many beautiful memories. My friends and I have spent so much time sitting in the couch and chitchatting (叽叽喳喳闲聊), talking about jobs, boyfriends and life, and all that jazz (诸如此类的话题) ...

I love my living room. It's like my cozy retreat where I put up my feet (放松) and just unplug (拔掉插销, 忘掉一切). In today's high-speed, high-tech world, being able to reduce stress and promote mental health are so important for me. That's why I love my little calming living room. It's a true sanctuary (心灵的避难所) to me.

**So, that's the room, thank you.**

**Describe the home of someone you know well and that you often visit (常去的熟人之家)**

**You should say:**

**Whose home it is**

**How often you go there**

**What it is like**

**And explain how you feel about the home**

好朋友的家、亲戚的家、对象的家.....甚至客户的家

知识点:

① 形容 home 的一些表达:

- 尺寸: big, large, huge, spacious, small, tiny,...
- 样貌: beautiful, gorgeous, stunning, lovely, cute, tasteful, shabby chic ...ugly, shabby (破旧的), broken, abandoned, awful-looking (看起来丑的不行), old, hideous (可怕的), tasteless (没品味的), graceless (粗野的)
- 采光: light-filled, bright,...dark, dim

- 舒适度: comfortable, cozy (温馨的), homely (宾至如归的), inviting (吸引人的, 亲和的) ...uncomfortable, uninviting, unpleasant

② 如何夸一个 home:

- room layout (房间布局); interior layout; the layout of the apartment  
The apartment has the best interior layout.
- Functional 功能性很高, purposeful 充满目的的设计, thoughtful 考虑周全, precise 很精准
- There's a lot of consideration in this home. You can see the whole subtlety in here.  
这个家内部每个细节都有所考量。你能看到整体的精细微妙之处。
- There's a lot in the details. Everything is so precise.  
这里细节很多。一切设计都是那么精准。
- Every part and every corner of this home is so purposeful.  
每一个部分每一个角落都充满着目的性设计。
- I love how warm and inviting (温暖又亲和的) this home is.  
我喜欢这个家的温暖与亲和
- Every part of this apartment is perfectly arranged.  
这个公寓的每个部分都是完美地分布着。

- You can see the beauty of simplicity in this house, you will understand the meaning of less is more.  
在这栋房子里你能看到简约之美。你能明白少即是多的含义。

③ 如何吐槽一个 home:

- I could smell dust and age when I entered the house. 我一进屋子就闻到了灰尘和年代感。
- The stairs are sagging and broken. 楼梯都破旧下垂着。
- The room is jam-packed with furniture and things. 房间里塞满了东西
- The house is so tacky (俗气的) and tasteless (没有品位的) .
- It is too much/ over the top. 太过了
- The paint colour in the living room is awful-looking, the walls are patchy, like they have some skin problems. 客厅里的墙漆颜色太难看了，象是有皮肤病一样。
- It's not attractive to look at. 令人不忍直视。
- The orientation of the house is really bad. 房子的朝向很不好。

I love my aunt's home. She's a very tasteful person. That's why her home is beautiful, elegant and unique.

In terms of how often I go to her place, well, not very often now since I'm studying in another city. At present,

probably once or twice per year, prior to it, I went to her home at least once per month, as my mom and my aunt are very close to each other. So, I'm very familiar with that apartment.

As for what her apartment is like, well, **first**, it is a very spacious place, with four bedrooms, one giant living room, three washrooms, and an open-concept kitchen linked to the dining area (一个连接餐区的开放式厨房). Lots of living space (生活空间) and storage space (储藏空间). **And then**, the orientation (朝向) of the apartment **couldn't be better** (不能再好了). Most of the rooms in that apartment are filled with natural light. Therefore, it feels warm and cozy (温馨的) everywhere. **Moreover**, the interior layout (布局) is purposeful, precise and functional. For example, the master bedroom (主卧) has full privacy and quietness as it's at the end of the hall way (走道的尽头). And the big living room is facing the main street so that you can enjoy the nice street view through the big windows, and at the same time, the room can absorb all kinds of sounds from the street. **And what else**, the best part about my aunt's apartment is the interior design (室内设计). My aunt is a successful business woman, which means she's very wealthy. And on top of that, she has the best taste (品位绝佳). Therefore, her home is full of taste. It's not one of those super flashy (肤浅闪亮的), ornate (华丽的) and tacky (俗气的) rich people's home. Actually, on the contrary, you can see the beauty of simplicity (简约之美) in her home, you will understand the meaning of less is more. She doesn't use a lot of things in her home just to show off. The home



has a minimalist look (极简的风格) to it, but it doesn't appear boring, cold or stark (刻板的、荒凉的). It feels warm and inviting (有亲切感的). And at the same time, it's rich-looking (看起来贵贵的). Haha! I guess, that's because there's a lot of attention-to-detail (细节之上).

So yeh, that's my aunt's home. I really love it. And I wish one day my home will be like that, sincerely. Thank you!

结课啦!! 感谢大家对 Tara 大课堂的支持, 你们都是最棒的学生! 接下来有任何问题、打卡作业, 请来微信联系。

如有任何对课程的建议和意见, 欢迎沟通!

1. 欢迎分享上课心得+总结

2. “报分操守”: 尽量完整的成绩单, 什么考场, 学了多久, 涨分多少。