

# 安小雅 雅思口语素材

第四套 Part2  
(简单版串联)  
适合上班族使用

## 关于素材使用方法和答疑

客服的微信提供素材售后服务，有疑问都可以在微信上询问哦！在微信通讯录搜：安小雅。即可找到客服~

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公众号会在每场考试后发布考试答案回忆，还有最新考试资讯，雅思技巧等等福利哦！

详尽的使用方法请看店主发的使用说明哦。不看后悔一辈子。

## 串联版 Part2 目录以及使用说明

串联版 Part2 指的是一篇范文回答多个话题。具体分类看看以下目录就知道了。但是有些话题问的方向不一样，如果用同一篇范文来回答的话会有跑题嫌疑。所以有些串联的话题我们还是写了 2-3 篇范文，根据问题的问法稍作了一些修改。但是大体上的内容和思路都是一致的~

## 如果我觉得素材有错怎么办？

我们的素材都是经过店主和外教一起编写和检查过的哦！您可以放心！

其实外国人在生活中有一些常用的口头上的表达，看起来很奇怪但实际并没有错的，国内老师也不会懂这些。所以呀！如果你觉得素材有错，我们是非常欢迎您来询问我们滴！千万不要觉得不好意思哦！下面举两个例子：

“Anna is two years my elder.” 安娜比我大两岁。“She is four months my younger” 她比我小四个月。

这是一种比较现代的说法，当然我们平时都会讲 “Anna is two years older than me” 和 “She is four months younger than me.” 但其实外国人都会用前者多一些的。

“the majority of the girls were content discussing about how handsome or how affluent their boyfriends were.” 女孩子们都在热烈地讨论他们的男朋友有多帅。

这是现代英语的另一个特征，就是外国人在口头上都常常会省略掉介词。这里就把 were content with discussing 的 with 去掉了。这在口语上是完全没问题的，但大家在写作中就尽量要避免哦。

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## (一) 魔戒

### 01-02: 读过的有趣书籍或故事 & 想再看一次的电影

Describe a novel or a story you have read that you thought was particularly interesting. Some instructions you can follow: Why you read the novel story What the novel/story was about How long it took you to read it And explain why you thought this novel/story was so interesting.	Describe a film/movie you enjoyed and would like to see again. Some instructions you can follow: What the film/movie was When and where you saw the film/movie What the film/movie was about And explain why you would like to see this film/movie again.
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#### 《读过的有趣书籍或故事》

A book that had a huge impression on me from a very young age is *The Lord of the Rings*. *The Lord of the Rings* is a trilogy, but the book that I find the most exciting is the first book, *The Fellowship of the Ring*.

*The Fellowship of the Ring* is a very famous fantasy novel. Its plot follows a mismatched group of people who are thrust into an adventure to save the world. The two main characters, Sam and Frodo, must destroy an evil ring to defeat the enemy. My dad bought me this book when I was a young child. He was a big fan of fantasy literature and read Tolkien when he was a teenager. Thus, he was very excited to share this experience with me.

I believe I read this book in only three to four days. The plot is highly interesting, full of fantasy and wild imagination. Every time I read, I was immersed in the story, as if I was on an adventure with the protagonist. It is a novel that inspires courage, strength, and dedication. It also taught me the importance of true friendship, as well as to have love and respect for those for whom you care deeply.

Not only was the narrative interesting, but it was also a bonding experience between my dad and me. It is a memory I cherish deeply. Furthermore, I can tell it brought such elation to my father to see his child loving something he also loves dearly.

有一本书从很小的时候就给我留下了深刻的印象，那就是《指环王》。《指环王》是一个三部曲，但对我影响最大的是第一部《魔戒再现》。

《魔戒再现》是一部非常出名的奇幻小说，讲述了一群不般配的人为了拯救世界而冒险的故事。两个主要角色，山姆和佛罗多，必须摧毁一个邪恶的戒指来打败邪恶。当我还是个小孩子的时候，我父亲给我买了这本书。我父亲非常喜欢奇幻文学，十几岁的时候就读托尔金的小说。所以，他很高兴能和我分享这段经历。

印象中我只用了三四天就看完了这本小说。我认为这本书非常有趣，它的情节充满了奇幻色彩和天马行空的想象力。每次阅读我都沉浸在剧情中，仿佛和主人公一起冒险。这是一部激发勇气、力量和奉献精神的小说。它也教会了我真正的友谊的重要性，以及爱和尊重那些你深深关心的人。

这本书不仅剧情很有趣，也是我和爸爸之间微妙的传承，这是我非常珍惜的一段记忆，此外，我发现，当他看到自己的孩子喜欢上自己也很喜欢的东西时，他感到非常高兴。

### 《想再看一次的电影》

A film that had a huge impression on me from a very young age is *Lord of the Rings*. *Lord of the Rings* is a trilogy but the film that had the greatest impact on me is the first film *The Fellowship of the Ring*.

*The Fellowship of the Ring* is a fantasy film based on the novels of J. R. R. Tolkien, the plot follows a mismatched group of people who are thrust into an adventure to save the world. The two main characters, Sam and Frodo, must destroy an evil ring to defeat the enemy. I watched this when I was a young child in the cinema with my father. My father was a big fan of fantasy literature and read the Tolkien novels when he was a teenager. Thus, he was very excited to share this experience with me.

I think that the film is highly educational as the plot follows the intense struggle of the main characters to overcome a monumental feat. It is a novel that inspires courage, strength, and dedication. It also taught me the importance of true friendship as well as to have love and respect for those for whom you care deeply.

I am eager to watch it again with my dad to review the childhood memories. Furthermore, I can tell it brought such elation to my father to see his child loving something he also loves dearly.

中文思路：

有一部电影从很小的时候就给我留下了深刻的印象，那就是《指环王》。《指环王》是一个三部曲，但对我影响最大的电影是第一部《魔戒再现》。

《魔戒再现》是根据托尔金的小说改编的奇幻电影，剧情讲述了一群不般配的人为了拯救世界而冒险的故事。两个主要角色，山姆和佛罗多，必须摧毁一个邪恶的戒指来打败邪恶。当我还是个小孩子的时候，我和父亲在电影院看了这部电影。我父亲非常喜欢奇幻文学，十几岁的时候就读托尔金的小说。所以，他很高兴能和我分享这段经历。

我认为这部电影具有很强的教育意义，因为它的情节是围绕着主要角色为克服一项壮举而进行的激烈斗争展开的。这是一部激发勇气、力量和奉献精神的小说。它也教会了我真正的友谊的重要性，以及爱和尊重那些你深深关心的人。

我很想和爸爸一起再看一遍这部电影，重温小时候美好的时光。此外，我可以告诉我的父亲，自己的孩子喜欢上自己也很喜欢的东西。

## (二) 新东方直播

### 03-04: 喜欢的节目 & 享受的一节英语课

Describe a programme that you enjoyed very much (e.g. on TV or the internet). Some instructions you can follow: What the programme was about Where you watched this programme Who you watched it with And explain why you enjoyed this programme so much.	Describe an English lesson that you really enjoyed. Some instructions you can follow: Where the lesson took place What the lesson was about What the teacher did And explain why you enjoyed this lesson so much.
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#### 《喜欢的节目》

Recently, I have gotten into an online live-streaming program. That is, an online shopping live stream program hosted by English training giant New Oriental. In my spare time, I stay home alone in the evening and watch the program on my phone.

Many years ago, TV shopping shows were just about TV hosts selling stuff. But in this program, senior English teachers act as the host and do live commerce. It's a new model of learning English while buying products.

I have never thought that a TV shopping show would be so much fun. In the program, these teachers are teaching English while being the hosts. They not only introduce products in English, but also write the relevant words on a blackboard to help explain. For example, the first time I watched the program, I learned some terms for steak, such as sirloin, rib eye, and filet.

And also, the teachers told us their childhood stories and life experiences in English. I feel as if I am taking free English classes. This program is so interesting, and I wish more people knew about it.

最近，我迷恋上一档网络直播节目，那就是由著名的教育机构新东方创办的网络购物直播。在我有空的时候，我会一个人呆在家里，在手机上看这个节目。

很多年前，电视购物节目只是电视台主持人在卖东西，而我喜欢的这一档节目则是由资深的英语老师直播带货。它开创了一个全新的模式，那就是边买东西还能边学英语。

我从没想过一个电视购物节目竟然如此的有趣。在节目里，这些英语老师们既充当了主持人的角色，同时也是一位英语老师。他们不仅用英语来介绍商品特征，同时还会把一些相关的英语词汇写在小黑板上进行讲解。比如，我第一次看这个节目，我就学会了几种牛排的说法，例如，西冷，肉眼和菲力。

于此同时，新东方的老师们还用英语给大家分享他们小时候的故事和生活中的体会。这让我觉得我简直是在免费上他们的英语课！要知道他们平时的课程可是很贵的！这档节目真的太有趣了，我希望有更多的人能知道它！



### 《享受的一节英语课》

Recently, I have gotten into an online live-streaming program. This program is the most interesting English class I have had recently. In my spare time, I stay home alone in the evening and watch the program on my phone.

Many years ago, TV shopping shows were just about TV hosts selling stuff. But in this program, senior English teachers act as the host and do live commerce. It's a new model of learning English while buying products.

In the program, these teachers are teaching English while being the hosts. They not only introduce products in English, but also write the relevant words on a blackboard to help explain. For example, the first time I attend this lesson, I learned some terms for steak, such as sirloin, rib eye, and filet.

And also, the teachers told us their childhood stories and life experiences in English. I feel as if I am taking free English classes. This special teaching method makes me feel that learning English is no longer boring.

中文思路：

最近，我迷恋上一档网络直播节目。这档节目是我最近上过的最有趣的英语课。在我有空的晚上，我会一个人呆在家里，在手机上看这个节目。

很多年前，电视购物节目只是电视台主持人在卖东西，而我喜欢的这一档节目则是由资深的英语老师直播带货。它开创了一个全新的模式，那就是边买东西还能边学英语。

在节目里，这些英语老师们既充当了主持人的角色，同时也是一位英语老师。他们不仅用英语来介绍商品特征，同时还会把一些相关的英语词汇写在小黑板上进行讲解。比如，我第一次上课，我就学会了几种牛排的说法，例如，西冷，肉眼和菲力。安娜雅思。

于此同时，新东方的老师们还用英语给大家分享他们小时候的故事和生活中的体会。这让我觉得我简直是在免费上他们的英语课！这种特殊的上课方式，让我觉得学英并不枯燥。



## (三) 公司附近的运动场

### 05-06: 受欢迎的运动场& 去过的一个户外活动场所

Describe a popular place for playing sport (e.g. a stadium, a sports centre) that you know about. Some instructions you can follow: Where this place for playing sport is How you know about this place Whether you have visited this place And explain why you think this place for playing sport is popular.	Describe a place you went to do an outdoor activity. Some instructions you can follow: Where you went and when What outdoor activity you did at this place Why you did this outdoor activity And explain how you felt about doing the outdoor activity at this place.
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#### 《受欢迎的运动场》

I like to play badminton at the stadium near my workplace in my spare time. It's the most popular sports place in the area. It's close to many office buildings, and badminton games held by industry associations at the end of each year are held there.

The stadium is very famous, and I learned about it from my colleague some time ago. Last week, I played badminton there. It is a large outdoor stadium with 10 or so badminton courts. I can always find partners to play me.

The stadium is the largest multi-purpose stadium in the neighborhood. Aside from my favorite badminton court, there are also basketball and track courts. There is even a small children's entertainment area at the edge of the stadium. People of all ages can find a place for their own activities here.

I have been to other badminton courts, but most of them are old and of poor quality. This court has good facilities and level surfaces. There is also a store next to it people can buy drinks from. It's an outdoor area, so you cannot play in bad weather, but all in all, many people enjoy playing badminton here.

每当我有空的时候，我都喜欢去我们公司附近的体育场打羽毛球。这个体育场是我们这个区域最受欢迎的运动场地。它不仅距离各个写字楼很近，每年年底行业协会举办的羽毛球比赛也会在这里进行。

我很早就从同事那里知道了这个体育场，因为它还挺有名气的。上周我刚刚去那里打过羽毛球。这是一个很大的户外体育场，里面有好多个羽毛球场，可能有十个以上。在那里我总能快速找到和我一起打羽毛球的伙伴。

这个体育场是附近最大的多功能的体育场。除了我最喜欢的羽毛球场。这里还有篮球场和田径场。在体育场的边上甚至有一个小型的儿童娱乐区。不论是什么年龄段的人都能够在这里找到适合自己的活动。我去过其他的一些羽毛球场，它们大多都又旧又破。而这个羽毛球场设施维护的很好，地面平整。场地旁边还有一个很大的便利店，方便人们去买饮料。虽然这里是室外的受到天气条件的限制，但是总的来说，这里还是非常受欢迎的。

### 《去过的一个户外活动场所》

I like to play badminton at the stadium near my company in my spare time. It's the most popular sports place in the area. It's close to many office buildings, and badminton games held by industry associations at the end of each year are held there.

The stadium is very famous, and I learned about it from my colleague early on. Last week, I played badminton there. This is a large outdoor stadium with 10 or more badminton courts. I can always find partners to play me. I am a big fan of outdoor sports. As I am getting older, my back often hurts. Doing exercise can help relieve my pain. Besides, it also makes me look younger and more energetic.

I love playing badminton. It's a fun sport which is not too intense. And there is no risk of overworking or hurting myself. And also, I just need to find one partner to play badminton with. I have been to other badminton courts, but most of them are old and not good. This court has good facilities and level surfaces. There is also a store next to it, people can buy drinks there. It's an outdoor area, so you cannot come to play in bad weather. But all in all, it's fun to play badminton here.

每当我有空的时候，我都喜欢去我们公司附近的体育场打羽毛球。这个体育场是我们这个区域最受欢迎的运动场地。它不仅距离各个写字楼很近，每年年底行业协会举办的羽毛球比赛也会在这里进行。

我很早就从同事那里知道了这个体育场，因为它还挺有名气的。上周我刚刚去那里打过羽毛球。这是一个很大的户外体育场，里面有好多个羽毛球场，可能有十个以上。在那里我总能快速找到和我一起打羽毛球的伙伴。我是个喜欢户外运动的人。随着年龄的增长，我经常觉得腰酸背痛，运动能有效的缓解我身体的疼痛。除此之外还能让我看起来更加年轻和有活力。

我喜欢打羽毛球，因为这是一项有趣的运动，同时它对身体要求不高，没有过度劳累或伤害自己的风险。另外，羽毛球对人数的要求很低，我只需要寻找一个伙伴就够了。我去过其他的一些羽毛球场，它们大多都又旧又破。而这个羽毛球场的设施维护的很好，地面平整。场地旁边还有一个很大的便利店，方便人们去买饮料。虽然这里是室外的，经常受到天气条件的限制。但是总的来说。这里打羽毛球是很开心的。

## (四) 网购查不到物流

### 07-09: 需要寻找信息的时刻& 决定等待的时刻& 购物时发生的问题

Describe a time when you had to find some information. What kind of information you had to find Where you looked for the information How much you enjoyed looking for the information And explain why you needed the information.	Describe a time when you made a decision to wait for something. Some instructions you can follow: What you decided to wait for What you did while you were waiting How you felt while you were waiting And explain why deciding to wait was a good/bad decision.	Describe a problem you had when you bought something in a shop/store or online. Some instructions you can follow: What you bought Where and when you bought it What problem you had with it And explain how you felt about having this problem.
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#### 《需要寻找信息的时刻》

Recently, my company paid me a quarterly bonus, so I thought I'd get a new phone to treat myself. After comparing some options, I finally settled on the latest iPhone. So, I placed an order at Pinduoduo.com, because for the same product it offered the best price when compared to other retailers.

Never did I expect that I would not receive it even several days after shipping. I tried to reach out to the seller but never got any reply. Then I decided to search for the shipping information myself, only to find out that it had stopped at a transit station. So, I continue my search online for the contact information of that transit station. The staff there told me that the package seemed to be lost and that they were still trying to find it in the warehouse.

To be honest, I don't like searching for information at all, because it's very boring. But I had to in this case because the seller didn't solve the problem at all and Pinduoduo only gave some very official replies. If I want to receive my phone as soon as possible, I can only search for the relevant information by myself and communicate with the postal service. I believe it was totally a mistake to buy a phone at Pinduoduo. Sure, it was indeed a bargain, but the after-sales service was so lousy that I will never buy anything there again.

不久前公司发了我的季度奖金，于是我想换一部新手机来慰劳下自己。经过了一段时间的比对，我最终决定买一款最新的 iPhone，于是我就在拼多多下单了。因为同样的产品，拼多多是最便宜的。

没想到在发货好几天后，我依旧没收到。我试图联系卖家，但卖家一直没回复我。于是我决定自己寻找快递信息。我查到我的快递停留在了一个中转站，于是我在网上继续搜索那家中转站的联系方式，那边的工作人员告诉我快递疑似丢失，他们还在仓库里面找。

说实话我一点也不喜欢搜索信息，因为这是一件非常枯燥乏味的事。但是拼多多的客服实在是太不负责任了，他们完全不解决问题，只会给出一些很官方的回复。如果我想快点收到我的手机，只能自己搜索相关信息，然后和快递沟通。我认为我在拼多多上买手机的决定是彻头彻尾的错误。虽说它的价格是便宜的，但售后服务实在是太差了，我再也不会上面买东西了。

## 《决定等待的时刻》

My company recently paid me a quarterly bonus, so I thought I'd get a new phone to treat myself. I finally settled on the latest iPhone after some comparison. So, I placed an order at Pinduoduo.com because for the same product compared to other retailers it offered the best price.

Never did I expect that I would not receive it even after several days of shipping. I tried to reach out to the seller but never got any reply. I got so outraged that all I wanted to do at that moment was to get a refund. But then it came to me that the price might be the lowest one I could ever have. So, I decided to wait it out after some thinking.

The wait was excruciating and I was worried about my phone every day. Then I decided to search for the shipping information myself, only to find out that it had stopped at a transit station. So, I continued my search online for the contact information of that transit station. The staff there told me that the package seemed to be lost and that they were still trying to look for it in the warehouse.

Fortunately, after maybe three or four days, I received my phone to my surprise. Granted, the decision to wait was a good one, yet I believe it was totally a mistake to buy a phone at Pinduoduo.

中文思路：

不久前公司发了我的季度奖金，于是我想换一部新手机来慰劳下自己。经过了一段时间的比对，我最终决定买一款最新的 iPhone，于是我就在拼多多下单了。因为同样的产品，拼多多是最便宜的。

没想到在发货好几天后，我依旧没收到。我试图联系卖家，但卖家一直没回复我。我非常生气，那一刻我只想申请退款。但我又想到，这家店的价格是我能找到的最低价。我思考了一阵，决定再等等看。

等待是令人煎熬的，我每天都在担心我的手机。于是我决定自己寻找快递信息。我查到我的快递停留在了一个中转站，于是我在网上继续搜索那家中转站的联系方式，那边的工作人员告诉我快递疑似丢失，他们还在仓库里面找。

庆幸的是，大概过了三四天，我竟然收到了我的手机。虽说我决定等待的决定是对的，但我认为我在拼多多上买手机的决定是彻头彻尾的错误。虽说它的价格是便宜的，但售后服务实在是太差了，我再也不会上面买东西了。



## 《购物时发生的问题》

Well, I had a terrible shopping experience not too long ago. My company paid me a quarterly bonus at that time, so I thought I'd get a new phone to treat myself. Finally, I settled on the latest iPhone after some comparison, so I placed an order at Pinduoduo.com. Because for the same product compared to other retailers it offered the best price.

Never did I expect that I would not receive it even after several days of shipping. I tried to reach out to the seller but never got any reply. Then I decided to search for the shipping information myself, only to find out that it had stopped at a transit station. So, I continue my search online for the contact information of that transit station, and the staff there told me that the package seemed to be lost, while they were still trying to look for it in the warehouse.

I got so outraged that all I wanted to do at that moment was to get a refund. But then it came to me that the price might be the lowest one I could ever have. So, I decided to wait it out after some thinking. Fortunately, after maybe three or four days, I received my phone to my surprise. Granted, the decision to wait was a good one, yet I believe it was totally a mistake to buy a phone at phone at Pinduoduo.

Sure, it was indeed a bargain, but the after-sales service was so lousy that I will never buy anything there again.

中文思路：不久前我经历了一次糟心的购物体验。那时候公司发了我的季度奖金，于是我想换一部新手机来慰劳下自己。经过了一段时间的比对，我最终决定买一款最新的 iPhone，于是我就在拼多多下单了。因为同样的产品，拼多多是最便宜的。

没想到在发货好几天后，我依旧没收到。我试图联系卖家，但卖家一直没回复我。于是我决定自己寻找快递信息。我查到我的快递停留在了一个中转站，于是我在网上继续搜索那家中转站的联系方式，那边的工作人员告诉我快递疑似丢失，他们还在仓库里面找。

我非常生气，那一刻我只想申请退款。但我又想到，这家店的价格是我能找到的最低价。我思考了一阵，决定再等等看。庆幸的是，大概过了三四天，我竟然收到了我的手机。虽说我决定等待的决定是对的，但我认为我在拼多多上买手机的决定是彻头彻尾的错误。虽说它的价格是便宜的，但售后服务实在是太差了，我再也不会上面买东西了。

## (五) 接待外国客户

### 10-11: 与其他文化的人共度时光& 完成的难事

Describe someone from another culture (e.g. a friend, a teacher) who you enjoy spending time with. Some instructions you can follow: Who this person is What his/her cultural background is When and where you met this person And explain why you enjoy spending time with this person from another culture.	Describe a time when you succeeded in doing something that was difficult. Some instructions you can follow: What you succeeded in doing Why it was difficult to do How much help you needed And explain how you felt when you succeeded in doing this difficult thing.
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#### 《与其他文化的人共度时光》

I can still recall the day not so long ago when an American client visited our company. The client's name was Mike. He was an all-American middle-aged man who spoke English as well as the American films.

The task of receiving him was assigned to me by my boss. To be honest, though I had been practicing English recently, my level of fluency was still limited to some simple dialogues like shopping and getting directions when traveling abroad. Since no mistakes were allowed on such formal occasions, I felt quite nervous.

On that day, Mr. Mike arrived to our company on time. All I could do was take the client to the conference room and ask him to have a seat, and then in my broken English, I briefed him about the general situation of our company. To my great relief, (maybe he noticed my nervousness) he didn't even ask me any questions about the business! Just some simple inquiries about places to eat nearby.

Chatting with foreigners, actually, is not as difficult as it seems because they are friendly. With some basic English and maybe a few gestures, you can clearly express yourself. I really enjoyed this experience. Compared to some annoyed Chinese clients, it made me feel at ease and happy to chat with Mike.

我还记得不久前的一天，我们公司来了一个美国客户。这位客户叫 Mike，是一个纯正的美国中年男人，英语说的就像教科书里面一样好。

领导将接待他的任务分配给了我。说实话，虽然我最近一直在学英语，但是我还没有在正式场合接待过外国人。我的英语能力仅限于出国旅游时的一些简单对话，比如买东西和问路。而正式场合则不允许出错，所以我还是非常紧张的。

那天下午，mike 如约来到了我们公司。我只能硬着头皮把他带到会议室坐下，然后用我蹩脚的英语向他介绍了我们公司的大致情况。令我感到欣慰的是，他似乎看出了我的紧张，因此他没有问我业务上的问题！只是简单地问了一下附近有什么吃饭的地方。

现在回想起来，其实跟外国人聊天并不是一件可怕的事情。他们真的非常友好和宽容。一些蹩脚的英语，再加上一些手势就足以让他们理解你想要表达的意思。比起一些挑剔的中国客户，和 mike 相处让我感到轻松和愉快。

### 《完成的难事》

I can still recall the day not so long ago when an American client visited our company. The task of receiving him was assigned to me by the manager, and fortunately, I succeeded in this tough job.

To be honest, though I have been practicing English recently, my level of fluency is still limited to some simple dialogues like shopping and getting directions when traveling abroad. Since no mistakes were allowed on such formal occasions, I felt quite nervous.

I was going to ask a colleague who speaks good English to join me in this task that day. However, I realized that everyone had their own work to do, and no one would be able to do me a favor. All I could do was take the client to the conference room and ask him to have a seat, and then in my broken English, I briefed him about the general situation of our company. To my great relief, he didn't even ask me any questions about the business! Just some simple inquiries about places to eat nearby. It was probably for only about ten minutes that I talked to him before my manager showed up. And then their formal meeting started.

Chatting with foreigners, actually, is not as difficult as it seems. With some basic English and maybe a few gestures, you can clearly express yourself. I really enjoyed this experience. Not only was it fun, but also it made me feel confident in my English learning ability.

中文思路：

我还记得不久前的一天，我们公司来了一个美国客户。领导将接待他们的任务分配给了我，幸运的是我成功的完成了这个困难的任务。

说实话，虽然我最近一直在学英语，但我的英语能力仅限于出国旅游时的一些简单对话，比如买东西和问路。而正式场合则不允许出错，所以我还是非常紧张的。

那天，我原本想找个英语好的同事和我一起完成这个任务。但是我发现每个人都有自己的工作，没有人可以帮助我。我只能硬着头皮把他带到会议室坐下，然后用我蹩脚的英语向他介绍了我们公司的大致情况。令我感到欣慰的是，他们没有问我业务上的问题！只是简单地问了一下附近有什么吃饭的地方。我大概只跟他聊了十几分钟，我的领导就过来了。然后他们就开始了正式的会议。

其实跟外国人聊天并没有想象中困难。一些简单的英语，再加上一些手势就足以让他们理解你想要表达的意思。我非常享受这段经历，它不仅有趣，而且还给了我学好英语的信心。



## (单独话题)

### 12: 喜欢打扮的人

Describe a person you know who enjoys dressing well.

Some instructions you can follow:

Who the person is

What job/studies the person does

What sort of clothes the person wears

And explain why you think this person enjoys dressing well.

Anna was the first person I got to know since joining the company and she also happens to be my direct manager. As far as I can remember, she is always properly dressed.

Anna and I work in financial securities. Anna spends most of her time processing data which means she does not deal with clients face to face. Still, she wears professional attire every day and keeps her hair perfectly combed all the time.

Anna is the undisputed queen of professional dressing in our department. I used to equate professional clothing with a white blouse, pants and a pair of black high heels, the kind of look that tended to make people mistake me for a real estate agent. But seeing the way Anna dresses, I know I couldn't have been more wrong. Outdated ladies' suits are never her choice. Instead, she prefers stylish, solid-color blouses and dark skirts. In fall and winter, she will also put on a silk scarf or wool shawl. Every article of Anna's clothing is exquisite and chic.

I believe Anna has taken such great care in dressing for work out of professional necessity because no one likes to be colleagues with a scruffy person. If she shows up for work one day in a T-shirt and jeans, her subordinates would consider it unprofessional. By dressing well, Anna is conveying to others her attitude towards life and work, and that is to be conscientious, be rational and be serious.

中文思路:

Anna 是我在公司入职后第一个认识的人，同时也是我的直属领导。在我的印象中，她的穿着总是非常得体。

我和 anna 都从事证券相关的工作。大多数时间，她都在后台处理数据，不会直接面对客户，但她依然每天都穿着非常正式的职业装，头发看起来也没有一丝凌乱。

Anna 是我们部门公认的最会打扮的人。一开始我对职业装的理解就是白衬衣搭配西裤，再穿上一对黑色高跟鞋。但这样子总让人觉得我是房产中介。然而 anna 颠覆了我的观点。她从来不穿那种过时的女士西服，她喜欢有设计感的纯色衬衣，搭配深色的裙子。如果到了秋冬季节，他还会搭配丝巾或者羊毛披肩。她的每一件衣服都很精致且有设计感。

我认为 anna 之所以花了很多心思在穿衣打扮上，是因为职业的需要。没有人喜欢和一个邋遢的人成为同事。如果有一天 anna 穿着 T 恤和牛仔裤来上班，那他的属下都会认为她很不专业。他用精致的服饰向其他人传达了她的生活态度和工作态度。那就是认真和理性。不论是对工作，还是生活，她都会严谨的对待。

## 13: 忘记约定的时刻

Describe a time when you forgot an appointment (e.g. a doctor's appointment or meeting a friend).

Some instructions you can follow:

When and where the appointment was

Why you forgot the appointment

What happened after you forgot the appointment

And explain how you felt about forgetting the appointment.

Not long ago, I was confined at home for two weeks because of the pandemic. While working remotely during this period, I caused myself quite a big problem by forgetting about an important video conference.

The conference on the Tencent Meeting platform was scheduled for a Wednesday morning. But since I had worked late and gone to bed without even washing up the night before, the video call had completely slipped my mind. The next morning, I was woken up by a call from a colleague who kindly reminded me that it was already past the meeting's scheduled start time and that the managers were getting impatient waiting for me to get online. My mind went blank for a moment. I then jumped out of bed and logged in to the conference only to find myself disheveled and still in pajamas. In fact, since working from home my work-life balance had been thrown out of whack and I had been feeling a bit overwhelmed. Staying at home all the time was also not conducive to my mental health. I regretted the incident so much that I was feeling down the entire day. I was afraid I might have left a bad impression on the managers and made my colleague think of me as unreliable.

中文思路:

不久前，因为疫情的原因，我被迫居家办公了两周。就在这期间，我忘记了一次重要的视频会议，这给我带来了不小的麻烦。

那是原定于周三早上在腾讯会议 app 上进行的一场视频会议。因为前一天晚上加班到很晚，工作结束后我甚至没有洗脸就睡觉了。完全忘记了原本约定好的会议。第二天早上，当我还在睡梦中的时候，我被同事的电话铃声吵醒了，她好心的提醒我会议已经开始了，而我还没有上线。领导们等待的很不耐烦。我的大脑空白了片刻，我立刻从床上弹起来打开电脑。尴尬的是视频中只有我头发凌乱，还穿着睡衣。

事实上，居家办公以后，我的工作和生活完全搅在了一起。这搞得我有些手忙脚乱。每天待在家里，导致我整个人精神状态不佳。这件事让我非常后悔，事实上后来的一整天我的情绪都非常低落。我想我可能给领导留下了非常不好的印象。同事们也会觉得我是个不靠谱的人。

## 14: 户外看到塑料污染的时刻

Describe a time when you saw a lot of plastic waste in a natural environment (e.g. a park, a beach, a river).

Some instructions you can follow:

When and where you saw this plastic waste

How you think this plastic waste got there

Why you noticed it

And explain how you felt about seeing plastic waste in this natural environment.

Lately, the riverside park near our house has been hosting night fairs every weekend. Except for a few stalls that sell handicrafts, most are there selling drinks and snacks, from lemon tea to hamburgers to barbecued food. The park is bursting at the seams during the events as they are very popular among young people.

As the night fairs have become an internet sensation, I went to one of them last weekend. While I was looking for a place to throw away some garbage, I was surprised to find that all the trash cans were filled to the brim with plastic cups and bowls. There was even garbage scattered on the grass next to the trash cans. The mixture of plastic waste and food residues was a real eyesore. While the organizer had made many trash cans available, they were not nearly enough considering the traffic the event generated and the waste it produced in a single night. If the garbage was not cleaned up in time, it would cause environmental pollution.

As a matter of fact, I am a very environmentally conscious person and it pained me to see plastic waste dumped on the lawn. The night fairs were meant to boost the local economy but have ended up taking a huge environmental toll on the park. I think the organizer must take responsibility and not allow the issue to go on by actively seeking solutions to it.

中文思路:

最近，我们家附近的江边公园里，每到周末都会举办大型的夜市。夜市除了少数摊位售卖手工艺品，大部分摊位都售卖各种小吃。比如柠檬茶，汉堡，烧烤等等。这个夜市在年轻人中非常受欢迎，每次举办的时候都人山人海。

上周末我也去了这个网红夜市，在我到处寻找垃圾桶的时候，我惊讶的发现这里所有的垃圾桶都被塑料杯子和碗堆满了。由于垃圾桶已经塞不下了，很多垃圾被直接丢在垃圾桶旁边的草地上，塑料垃圾混合着一些食物残渣，看起来非常碍眼。虽然主办方提供了很多垃圾桶。然而这里的游客太多，大量的小吃摊位一晚上就会产生大量的塑料垃圾。这些垃圾没有被及时清理，就会造成环境污染。

事实上，我是个很注重环保的人。看到塑料垃圾被随意丢弃在草坪上，我感到非常痛心。夜市的本意是为了活跃经济，但是却给公园的环境带来的巨大的负担。我想主办方应该对此负责，他们应该积极寻找解决办法，而不是任由自然环境被破坏。

## 15: 印象深刻的童年朋友

Describe a friend from childhood who you remember very well.

Some instructions you can follow:

Who the friend is

How you met him/her

What you used to do together

And explain why you remember this childhood friend so well.

Speaking of the person who impressed me most during my childhood, it has to be my desk mate Anna. I am very lucky to have met such a lovely desk mate.

Anna was the most beautiful girl in our school. She had white skin and big eyes, as if she was a porcelain doll. I found her beautiful from the first time I set eyes on her. Her desk mate was always envied by all the boys in the class. Every year our teacher would re-arrange the seating plan, and I became her desk mate in grade six.

People usually think that good-looking girls are likely to be arrogant, but Anna was really quite easy to get along with. Although she was not so good at her studies, she was very cheerful and liked to laugh. We also shared a hobby; the game of Mole World. To be honest about how I felt about her, I have to admit that I wanted to be as beautiful as she was.

What impressed me most about Anna was, of course, her beauty. I don't know how beautiful she is now, but she was really pretty when she was a kid. At that time, I thought she had the potential to be a movie star. Not only that, but she had a gift for dancing, and always attracted people's attention when there was a school play. Perhaps I was unconsciously a little attracted to Anna. Being good-looking is really an enviable trait after all.

中文思路:

谈到童年印象最深的人,那一定是我的同桌 anna 了。我不知用了多少运气才遇到这么可爱的同桌。

Anna 是我们全校最漂亮的女生,雪白的皮肤,大大的眼睛,长的就像芭比娃娃一样好看,从开学的第一天我就注意到她了。安娜的同桌总遭到全班所有男生的妒忌。每年开学班主任都会重新排座位,就这么奇妙的,六年级的时候,我成为了那个幸运儿。安娜 雅思。

通常大家都认为长的好看的女生大概率会很高傲,但 anna 还是很好相处的。她虽然成绩一般般,但是很开朗,很喜欢笑。我们还有个共同的爱好,就是打摩尔庄园。那时候我们常常一起打游戏。我对她的感觉,就是喜欢,更多的是羡慕,如果我也能长那么好看就好了。

Anna 留给我最深刻的印象当然是漂亮。虽然我不知道她现在是什么样子,但是她小时候真的很好看。我一度觉得她会成为明星。不仅如此她还会舞蹈,每当学校有演出她总是最吸引目光的那个。虽然我是个女孩子,都会不自觉的被 anna 吸引,长的好看真的个让人羡慕的特质。



## 16: 美丽的物品

Describe an object that you think is very beautiful.

Some instructions you can follow:

What the object is

Where you first saw the object

What it looks like

And explain how you feel about this beautiful object.

I received a diamond ring from my boyfriend for my birthday last year, which came as a real pleasant surprise. It was a beautiful ring. The moment I put it on, I understood why women love diamond rings so much: they sparkle.

The first time I laid my eyes on the ring was at a mall. My boyfriend and I were out shopping and when we stopped by a jewelry store, the ring immediately caught my eye. It was beautifully shaped with one diamond surrounded by a circle of smaller ones and it looked like a flower in full bloom. Under the light in the store, the diamonds sparkled in different colors from different angles and the presence of those smaller stones made the ring look big and shiny. I learned from the shop assistant that the ring would cost several thousand yuan. It was not as costly as I had imagined, but I thought about my financial circumstances and decided to leave without it.

I have been taking great care of my diamond ring and only wear it on important occasions. It is not only because it is pretty, but also because it is a symbol of the love from my boyfriend, who told me that he would buy me a bigger and more expensive diamond ring when he proposes to me. As a matter of fact, I am already looking forward to it. I guess women are born to be attracted to shiny objects.

中文思路:

去年生日的时候，我收到了男朋友送我的钻戒，这让我感到非常惊喜。这枚钻戒真的很美。带上钻戒的那一刻，我才开始理解为什么女人都喜欢钻石。因为它实在是太闪耀了。

我第一次见到这枚钻戒是在商场里，那天我和男朋友一起逛街。路过珠宝店的时候，我就被这枚钻戒吸引了。它的造型很精美，中间有一颗稍大一点的钻石，周围镶嵌了一圈小钻石。看起来就像一朵盛开的花。在店铺里灯光的照耀下，钻石从不同角度折射出各种颜色的光芒。因为周围那一圈小钻石的存在，整个钻戒看起来很大很闪。我问了下服务员价格，大概几千元。并没有我想象中那么贵，但我想了想自己的信用卡账单。最后还是离开了商场。

之后我一直小心的收藏着这枚钻戒，只有在一些重要场合才会拿出来带。不仅仅因为这枚钻戒很漂亮。更因为它代表了男朋友的心意。男朋友还告诉我，以后向我求婚的时候会买一枚更大更贵的钻戒。事实上，我已经开始期待了，女人天生对闪闪发光的东西没什么抵抗力。

## 17: 别人的家

Describe the home of somebody who you know well.

Some instructions you can follow:

Whose home this is

How often you go there

What this home looks like

And explain how you feel about this person's home.

Speaking of this, my aunt's house instantly comes to mind. Since we are very close, my parents and I visit my aunt almost once a month.

My aunt just had her second child earlier this year and since then, her house has taken on a whole new look, which is striking. It's a big house with four rooms and it used to seem clean and spacious. But recently, the living room looks so cramped with baby products everywhere. My aunt not only bought new furniture for the baby but also got rid of the tea table and used the space to set up a fenced and padded area for the baby to play in. Besides, she has turned the guest room into a storeroom and filled it with strollers of different sizes and a mountain of packages and diapers.

Not only that, but there are also baby cries coming from my aunt's house almost every half hour which makes me very anxious. To be honest, I liked my aunt's house the way it was. Nowadays, it is simply too messy for my taste. At my age, it is just beyond me how big a change a child can bring to a family and their house.

中文思路:

谈到这个话题,我第一个想起我姑姑的家。因为我们是很要好的亲戚,几乎每个月我的父母都会带我去姑姑家做客。

之所以我对姑姑家印象深刻,是因为姑姑今年刚生了二胎,她们家自从有了小宝宝,一切都变得不一样了。姑姑家面积很大,有足足四个房间。之前她家非常宽敞和整洁。但是最近一段时间,她的客厅显得有些杂乱,到处都堆满了婴儿用品。她不仅为宝宝添置了一些新的家具,姑姑甚至把客厅的茶几丢掉了,换成了婴儿围栏和软垫,方便小宝宝玩耍。除此之外,客房也已经变成了储物间。里面放着几台不同尺寸的婴儿推车,还有堆积如山的快递和尿布。

不仅如此,她家几乎每过半小时就会传来婴儿的哭声,哭声会让我变得非常焦虑。事实上,我更喜欢姑姑家以前的样子。现在杂乱的样子让我难以接受。作为一个年轻人,我实在无法理解为什么生孩子会对一个人的家产生如此大的变化

## 18: 拍过的一张满意的照片

Describe a photo you took that you are proud of.

Some instructions you can follow:

Who or what was in your photo

When you took the photo

Why you took it

And explain why you are proud of this photo you took.

I recently took a set of photos of my dog. I think every one of them looks great and of course I picked my favorite and set it as my phone's screensaver.

Last month, I took my dog to the park on a beautiful weekend and asked my boyfriend to join and help me. My boyfriend would play with the dog and I would be taking pictures. After a while, I realized my job was harder than I had thought because the pet couldn't understand my instructions. Instead of cooperating with me, he just ran around on the lawn to his heart's content. So, it took quite some time for me to get a picture that I was satisfied with. Then, the dog happened to be looking into the camera and I happened to have captured the moment. Thus was born a picture I was proud of. In the picture, the dog was smiling and running against the background of sunshine, blue skies and green grass that looked like a nice painting.

Since my dog is already ten years old, I had always wanted to have some formal photos taken of him to keep for later. I consulted some pet photo studios but their charges were exorbitant. That was why I had decided to take matters into my own hands. The reason I am so proud of the photo I am talking about is that I managed to record a beautiful moment of my dog at a low cost. To me, the picture could not have been better.

中文思路:

不久前，我给我们家的狗拍了一组写真照。我认为每一张都很好看，当然我还是挑了最喜欢的一张设置成了我的手机屏保。

上个月，我挑了一个天气很好的周末，带狗狗来到了公园。我还叫上了我的男朋友帮忙。他负责和小狗玩，而我负责拍照。我拍了一会儿才发现，宠物摄影之所以难，是因为小狗听不懂人话，无法配合摄影师拍照。它只会开心的在草坪上跑来跑去。过了非常长的一段时间后，我才拍出了让我满意的照片。那时候小狗的眼神刚好看向镜头，我也抓拍到了这个的瞬间。一张我引以为豪的照片就这样产生了。照片里小狗微笑着在草坪上奔跑，那天阳光很好，蓝色的天空加上绿色的草地，背景美的就像一幅油画。

我家的狗狗已经十岁了，一直以来，我都想给它拍一些正式的照片留作纪念。我咨询过一些宠物照相馆，他们的收费实在是太贵了。所以我决定自动手。我之所以为这张照片骄傲，是因为我用很低的成本，就记录下了关于狗狗的美好瞬间。而且在我眼里，这张照片的水平完全不输给专业的摄影师。



## 19: 与某人意见不合的时刻

Describe a time when you disagreed with somebody about something.

Some instructions you can follow:

Who you disagreed with

What you disagreed about

What the result of this disagreement was

And explain how you felt about disagreeing with this person.

My memory was brought back to a Friday, which should have been beautiful, but turned out to be ruined by a disagreement with my boss. On that very day, I had finished all the work and was ready for a date with my boyfriend at a Michelin-starred restaurant.

Everything was going well before my phone rang over dinner. Unexpectedly, my boss called and asked me bluntly to go back to the office to work overtime and settle a business plan.

I was a little angry, as his attitude was hard to take. In addition, I was off work trying to maintain a balanced personal life with my boyfriend. Be that as it may, I minced my words, saying that I was heading home by high-speed train and that I was unlikely to return to the office. However, my boss went so far as to say he could send me an electronic version. I couldn't help saying that I couldn't work on weekends without the laptop, which happened to be not around. There was silence for a while and then he hung up.

When I got home afterward, I began to feel regretful. Behaving like that was definitely not smart at all. I grabbed the phone and made a call to my boss, saying that I could make time to settle the work the next day. That was a lesson for me. Never, ever turn your boss down without thought, even though he is going too far, or the opinions differ. Just suck it up.

中文思路:

我记得不久前，我跟我的上司有一次意见不合的经历。我清楚的记得那是一个美好的周五，我已经完成了所有工作，期待着下班后跟我的男朋友一起去一家米其林餐厅约会。

本来一切都很美好，可当我和男朋友正在吃饭的时候，我的上司给我打了个电话。在听到电话铃的时候我就感觉不妙。果不其然，他用很不客气的语气命令我回办公室完成一份商业计划书。

我当时非常生气。因为周五下班后的时间就是我的个人时间，而且我正在跟我男朋友进行一场美妙的约会。我委婉地说我回家的高铁上，没法完成。但我上司竟然说他可以发电子版给我。我实在没办法了，只能说我没带电脑周末无法工作。他沉默了片刻就把电话挂了。

晚上回到家后，我开始后悔了。如此对待自己的上司不是一个聪明人应该做的事。于是我立刻联系我的领导，告诉他明天我可以抽空完成工作。这对我来说是一次教训，以后最好不要直接拒绝上司的无理要求，即使我不同意他的观点，也只能尽量忍耐。

## 20: 收到钱作为礼物

Describe a time when someone gave you some money as a gift.

Some instructions you can follow:

Who gave you the money

Why they gave it to you

What you did with it

And explain how you felt about receiving this money.

I received 88 yuan in Hong Bao (red envelopes containing cash as gifts or bonuses) from my boss during the Lunar New Year this year. Although the amount was small, it still made me very happy since 8 is a lucky number in China as it symbolizes money and wealth.

In our country, it is customary for employers to give employees Hong Bao on their first day of work after the Lunar New Year break and our boss follows that tradition. For businesses, giving staff Hong Bao is not only an expression of their new year wishes to everyone, but also a great way for them to build team cohesion.

To be honest, I would typically feel exhausted and overwhelmed on my first day at work after a long Lunar New Year holiday. That is because I would normally have been travelling around during the break and would have just returned to the city. Besides, it would take me some time to adjust to work after having been off for so long. Receiving Hong Bao at such a juncture would certainly buoy everyone's spirit.

I had a nice lunch and a cup of milk tea the day I received my Hong Bao and immediately felt less tired. I think the giving and receiving of Hong Bao at work is a necessary ritual and bosses who know better would always prepare Hong Bao for their staff because it would warm their hearts. Of course, it would make me even happier if my boss could be more generous by putting more money in my Hong Bao next year.

中文思路:

今年过年的时候, 我收到了我的老板给我的红包。里面有 88 元。8 在中国是一个幸运的数字, 象征着金钱和富有。虽然钱不多, 但收到红包我还是非常开心的。

在中国, 新年发开工红包是一种传统习俗。每年春节后第一天上班, 老板都会给我们公司的每个人准备红包。这不仅表达了公司对每个人的新年祝福, 同时也是增加集体凝聚力的一种方式。

说实话, 漫长的新年假期, 回到公司上班的我通常是疲惫的和茫然的。因为我在假期一直在旅行, 才刚刚回到城市里。另外这么多天没上班了, 我一时半会还不能适应上班的节奏。这时候我们老板给我们每人发个红包, 这就让我们都提起精神来了。

收到钱的那天中午, 我吃了一顿丰盛的午餐, 还买了一杯奶茶。第一天上班的疲惫感也因此减轻了不少。我认为开工红包是非常必要的, 聪明的老板都会为自己的员工准备红包。这是一种暖心的行为。当然, 如果明年老板能够大方一点, 给红包里多放一些钱, 我会更加开心。

## 21: 分享某物的时刻

Describe a time when you had to share something with another person or other people

Some instructions you can follow:

What you had to share

Who you had to share with

Why you had to share

And explain how you felt about sharing something with another person other people.

One afternoon a few months ago, I ran into Anna, a colleague of mine, in front of our company building after work. It was raining heavily that day, but I didn't have an umbrella with me and was desperately trying to hail a cab from the curb. It seemed that she noticed my situation and came over, kindly offering to share her umbrella with me, as she happened to have one with her.

It was already dark at that time and more, and more people were leaving work. I figured it wouldn't be a good idea to keep waiting like that, so I thanked her nicely and decided to walk with her to the nearest subway station under her umbrella. It's always hard to get a taxi in CBD during rush hour, let alone on a rainy day, but her umbrella was so big that it could shelter the two of us perfectly.

Except for knowing each other's names, we previously barely had any interaction because we didn't work in the same department. So, I was so grateful for this unexpected kindness, and we both got more familiar with one another as a result. Indeed, it was an act of great generosity that Anna was willing to share her umbrella with me, and I have made a new friend out of this whole thing. If she should ever need a favor from me in the future, I shall certainly do whatever possible for her.

中文思路:

几个月前的一个下午，我下班后在公司门口遇到了我的同事 **anna**。那天的雨下的很大，我忘了带伞，正在路边着急地尝试拦下一台出租车。她应该是看出了我的困境，很热心的走过来问我是否需要分享一把伞，因为她刚好带了伞。

那时候天已经黑了，公司的人也越来越少，我觉得这么等下去也不是办法。于是我非常开心地向她道谢，决定跟她一起撑伞走到最近的地铁站。要知道上下班高峰期在 CBD 打车本身就是很困难的，况且今天还是下雨天。她的伞很大，完全可以遮住两个人。

我们两个并不在一个部门工作，除了知道对方的名字，几乎没什么交集。我对这份突如其来的帮助显得非常感激。经过这次事件后，我们两个也熟悉了不少。

Anna 愿意跟我分享一把雨伞，这是非常热心的行为。这件事让我收获了一个新朋友。在以后的工作中，一旦她有需要我帮忙的地方，我肯定会尽我所能地帮她。

## 22: 会推荐给游客的我国某处地方

Describe a part of your country that you would recommend to visitors.

Some instructions you can follow:

Which part of your country you would recommend

How you know about this part of your country

Whether many visitors go there

And explain why you would recommend this part of your country to visitors.

There are so many famous spots in China, and Sanya is my favourite among them. I would like to recommend it to visitors.

Sanya is a tropical island with some of the finest beaches, clearest seas and best hotels in China. I often see videos about Sanya on Tik Tok.

The climate in Sanya is perfect, which is its most fascinating feature. The temperature there is above 30 degrees almost all year round. It is unusual because it is very cold in the north of our country during the winter, but in Sanya it stays sunny and beautiful. Visitors can do lots of fun activities. They can go for walks along the beach, eat at lovely restaurants, and even go diving since Sanya is famous for its diving.

Visitors are able to observe lots of beautiful fish and coral reefs close up, which is a very impressive sight. Atlantis Water World, a very famous water park, is also worth a try. It has many thrilling and interesting water games. From another perspective, Sanya has one very definite drawback. That is, there are so many tourists during the holidays that people have to wait in long lines wherever they go.

中文思路:

中国有非常多著名的景点，但我最喜欢的还是三亚。我想把它推荐给其他想要度假的游客。

三亚是一个热带岛屿，拥有全中国最细腻的沙滩，最清澈的大海和最棒的酒店。我经常在抖音上看到有关三亚的视频。

三亚最吸引人的就是他独特的气候，那里的温度几乎常年在 30 度以上。这对很多人来说是与众不同的。北方的冬天很冷，但三亚阳光明媚又美丽。在那里，游客们可以做很多有趣的活动。他们可以沿着海滩散步，在优美的海景餐厅吃饭，甚至可以去潜水，因为三亚以潜水而闻名。游客们可以近距离观察到美丽的鱼和珊瑚礁，这是非常令人印象深刻的。亚特兰蒂斯水世界也是不能错过的，那是一个非常出名的水上乐园。拥有众多惊险刺激的水上项目。要说三亚有什么缺点，那就是节假日游客太多，不论去哪里都需要排很久的队。



## 23: 校外学习的某种重要东西

Describe something important that you learned, not in school or college.

Some instructions you can follow:

What you learned

How you learned it

How easy/difficult it was to learn

And explain why learning this was important to you.

As important as they are, social skills are what I need to learn outside school. In fact, social skills encompass a lot, which, in my opinion, includes the ability to get along with people, to communicate with superiors and colleagues, and to have some self-discipline in our manners.

The school days are simple, excluding conflicts of interest or hierarchical relationships. Since I started working, I've found that there's still a lot more to learn outside school. For example, how should I greet my colleagues and superiors on my first workday? What tone should I use when reporting to the superiors? Socializing is difficult to learn without teachers. But all I need to do is observe and follow suit once I can tell what is proper.

Overall, socializing is complex and important as well, and nothing is optimum for it. One will certainly be annoying if he is incompetent socially. Worse still, he may not be recognized by his superiors. Therefore, it matters for the new hand, me included.

社交能力是我在校外学习的重要能力。其实这是一个广泛的概念，在我看来，社交能力包括了在社会上与人相处的能力，跟上司和同事沟通的能力和言谈举止的自我约束。

在学校上学的日子总是很单纯的，不会有利益冲突和上下级的关系。但自从我开始工作之后，我发现我需要学习的事情还很多。比如，我上班的第一天，遇到同事或者上司，我该如何打招呼。亦或者我应用何种语气跟上司汇报工作。学习社交是非常困难的一件事，这种事情没有人曾经教过我。我唯有观察周遭的同事是怎么做的，然后向他们学习。同时，我还需要甄别这些做法是否恰当。

总的来说，社交是一项非常复杂而且重要的能力，而且它并没有最优的答案。如果一个人不具备适当的社交能力，他不仅会被同事排斥，工作还可能不被上司认可。所以这项技能对于我这个职场新人来说真的是太重要了。

## 24: 喜欢种植的人

Describe a person you know who enjoys growing plants (e.g. flowers, vegetables, fruit trees).

Some instructions you can follow:

How you know this person

What plants this person enjoys growing

Where this person grows plants

And explain why you think this person enjoys growing these plants.

My boss, Anna, is a person who cares for plants. I've acquainted myself with her since my first workday. In our company, ordinary employees like me have no fixed office and must instead pick random positions in the public area. For Managers and those above, they have their own offices, and so does my superior, Anna. What interests me is that she has planted a lot of leafy plants in her office.

Plants in small pots standing upright and several flower stands are on her table. Flowers are blooming in a riot of colour. I cannot even name the flower types as a non-enthusiast.

Anna cleans and maintains the plants every day, and waters them occasionally with a watering can. I think she loves and enjoys growing plants. The other day I asked her how to develop a habit like her. For her, she said, cultivating plants in her spare time is a good way of coping with stress. When she is fatigued and distressed, tending the green plants can help her to relax a bit. Above all, these plants are very beautiful and pleasing to the eye.

我看得出来，我的上司 Anna 是一个喜欢种植物的人。从我入职的第一天起我就认识她了。在我们公司里，像我一样的普通员工是没有固定位置的，在公共区域内可以随便坐。但经理级别以上的人，都有自己固定的办公室。我的上司 Anna 就在她的办公室里种了很多绿植。

她的办公桌上放了几个架子，而架子上都摆满了各种植物。她种的都是小盆小盆的花。因为我不擅长植物，具体我也说不出来她养的是什么品种的植物。我记得有几盆是带颜色的花，有一些就是纯绿色的各种形态的植物。

Anna 每天都会摆弄她的植物，时不时会拿出喷壶给它们浇水。我觉得她是喜欢种植的，并且很享受这项爱好。有一次我问她为什么喜欢这些植物，她告诉我在工作之余养一些植物有利于舒缓压力。当自己觉得疲惫或者苦恼的时候，摆弄一下植物可以让自己放松一些。最重要的是这些小植物很好看，放在桌子上就很让人赏心悦目。

## 25: 鼓励你做有趣事情的人

Describe a person who inspired you to do something interesting.

Some instructions you can follow:

Who the person is

What interesting thing you did

How this person inspired you to do this thing

And explain how you felt after this person inspired you to do something interesting.

I used to think baking was such a specialized skill that I would never have the free time to learn. That was until recently, when my good friend Anna took me to a great baking shop called ABC cooking. In this shop, Anna and I got the chance to design our own cake. During the process, a professional teacher was there to help guide us through everything. She taught me how to make a cake base with flour and how to whip the cream. I also acquired some professional baking knowledge, such as how to choose suitable flour, the methods used for different mixing techniques, and so on. I followed the teacher's instructions step by step, and finally, I made a perfect cheesecake in about two hours.

At first, I held on to my idea that this kind of baking class would be frivolous and that I wouldn't learn anything practical from it. It was Anna, however, who kept urging me to give it a try. She sourced a lot of reviews online about the store and kept telling me how well the class would work out for me. Well, it turns out that Anna was totally right after all. And she really knows me well as a good friend, because I am more than satisfied with the class. I believe there is nothing more stress relieving than baking with my bestie on the weekends, as compared to, say, just hanging out and watching movies.

以前,我总我觉得烘焙是一项非常专业的技能,我是没有空闲时间去学习的。直到不久前,我的好朋友anna带我去了一家很棒的烘培体验馆,叫做ABC cooking。在店里,我和anna将有机会每人制作一款完全属于自己的蛋糕。制作过程中,有一位专业的老师全程指导我们。她告诉我如何用面粉制作蛋糕坯,如何打发奶油。我还学到了一些专业的烘培知识,比如怎么选择面粉,搅拌的手法有什么要求等等。我跟着老师一步一步操作,大约两个小时的时间,我做出了一款超完美的芝士蛋糕。安娜雅思。

一开始我坚持认为这种烘焙体验课并不专业,学不到什么有用的知识,是anna一直劝我来试试。她在网上搜集了很多关于这家店的评价,并且一直告诉我这个课程有多么适合我。事实证明anna是对的,最为好朋友她真的非常了解我。这个课程令我非常满意。相比逛街和看电影,在周末的时候和好朋友一起来做蛋糕,我相信没有比这更解压的事情了。



## (一) 做饭机器人

### 26-27: 难用的科技产品（新题）& 不寻常的一顿饭（新题）

Describe a piece of technology that you find difficult to use. Some instructions you can follow: What you use it for When you got it How often you need to use it And explain why you find this piece of technology difficult to use.	Describe a time when you had an unusual meal. Some instructions you can follow: When you had this meal Who was with you Where you had this meal And explain what was unusual about this meal.
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#### 《难用的科技产品》

A few months ago, I bought a smart cooker from JD.com. I can't cook so I count on it to help me make delicious food. But it is just too hard to use.

I still remember that it was a weekend, I was so happy and ready to cook for myself as soon as I received it. I downloaded the app and did everything it told me to, such as getting the ingredients from the market, chopping the meat and vegetables into tiny equal size pieces, and then putting the ingredients and seasonings together into the pot according to the order of operations. At this time, it automatically heated and stir-fried. And the dish was ready in just over ten minutes.

After that, I found that the smart robot cooker is not as easy as advertised. It takes at least ten minutes to cook a dish. If I want to cook more dishes, it will be very time-consuming. What's worse, every time I finish my meal, I have to take it apart and clean it. The advertised automatic self-cleaning option cannot clean the pot thoroughly. It cannot adjust the number of dishes intelligently either. I can only put in fixed and classified ingredients, and I have to follow the recipe. I may have used it less than 10 times before I stopped using it. Although it can assist users in cooking, it is rather time-consuming and dumb to use. It was not the best experience for me. I regret buying it very much.

中文思路:

几个月前，我在京东买了一个智能炒菜机器人。不会做饭的我，希望它能帮助我做出可口的饭菜。但它实在是太难用了。

我还记得那是一个周末，我刚收到它就兴高采烈地准备在家给自己做一顿饭。我按照 app 的提示，去市场买了做饭需要的食材。然后把肉和菜切成固定重量的小块，接着按照操作步骤把食材和调味料一起放进锅中。这时候机器人就会自动地加热和翻炒。十几分钟后，一盘菜就炒好了。

做完之后我发现，炒菜机器人完全不像广告宣传的那么好用。它炒一道菜至少需要十分钟时间，如果我要多做几个菜，这将非常耗时。另外每次做完饭，我都得把它拆开清洗。广告中宣传的自动清洁，根本无法把锅彻底的清洗干净。于此同时，机器人不能智能调整菜量，只能严格按照食谱要求投入固定分类的原材料。我可能一共用了不到 10 次，就再没有用过这个炒菜机器人了。虽然它的确能辅助用户炒菜，但它缓慢的炒菜速度和愚蠢的使用方法真的很影响使用体验。我非常后悔购买这个产品。

### 《不寻常的一顿饭》

A few months ago, I bought a smart robot cooker from JD.com. I can't cook so I count on it to help me make delicious food.

I still remember that it was a weekend, I was so happy and ready to cook for myself as soon as I received it. I downloaded the app and did everything it told me to, such as getting the ingredients from the market, chopping the meat and vegetables into tiny equal size pieces, and then putting the ingredients and seasonings together into the pot according to the order of operations. At this time, it automatically heated and stir-fried. And the dish was ready in just over ten minutes. To my surprise, this meal tasted very delicious.

However, it was still an unusual meal for me. Although I ate it at home alone, I felt very satisfied. I have lived by myself after graduation. I cannot and do not cook. More often than not, I eat in a restaurant or order takeout. That was the first meal I made for myself. It was a great achievement for me to turn the ingredients into delicious food by myself. It boosted my confidence. I would love to cook for my parents in the future if I have the chance. I think that will make them very happy.

中文思路：

几个月前，我在京东买了一个智能炒菜机器人。不会做饭的我，希望它能帮助我做出可口的饭菜。

我还记得那是一个周末，我刚收到它就兴高采烈地准备在家给自己做一顿饭。我按照 app 的提示，去市场买了做饭需要的食材。然后把肉和菜切成固定重量的小块，接着按照操作步骤把食材和调味料一起放进锅中。这时候机器人就会自动地加热和翻炒。十几分钟后，一盘菜就炒好了。而且不得不说，这个智能炒菜机器人做出来的菜味道还不错。

这对我来说是不同寻常的一顿饭，虽然是我一个人在家吃的，但我感到非常满足。工作后我就自己住了，因为我对做饭这件事一窍不通，所以每天我都是在餐馆吃饭或者叫外卖。这是我给自己做的第一顿饭。能自己亲手把食材变成可口的饭菜，是一件让我很有成就感的事。这次的成功给了我很大的信心。今后如果有机会的话，我想请我的父母试试我做的饭菜，我想他们一定会非常开心。

## (二) Boss

### 28-29: 见过的有趣老人（新题）& 喜欢一起工作/学习的人（新题）

Describe an interesting old person you have met. Some instructions you can follow: How you met him/her Who the person is What kind of person he/she is And explain why you think this old person is interesting.	Describe a person who you enjoyed working or studying with. Some instructions you can follow: Who this person is How long you worked or studied together What work or studies you did together And explain why you enjoyed working or studying with this person.
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#### 《见过的有趣老人》

Mike, my colleague, is the most interesting old person I have ever met. I knew him the first day I started working. He is the director of my department. I think I met him during the interview but we didn't know each other back then.

Speaking of superiors at work, most of my friends around me felt disappointed with theirs. Maybe I'm fortunate to know such an excellent superior as Mike in the workplace. Although nearly 50 years old, he is quite a funny guy without any rigidity or stubbornness commonly found in people of his age. He often invites the entire department to dinners and plays video games with young male colleagues. He once agreed to dance at the annual meeting if we completed the performance requirement of the year.

A humorous boss creates a more harmonious working atmosphere and employees are more willing to express their feelings. I remember one time when we were all working hard, Mike suddenly showed up with a grimace mask, which created laughter among us. I really like him and feel relaxed getting along with him. He never shows any detachment as a boss and most importantly, he is an interesting person.

中文思路：

Mike 是我的同事，他也是一个非常有趣的老家伙。我从第一天上班的时候就认识他了。他是我的部门主管。如果我没记错的话，入职面试的时候我也见过他，只不过那时候我们彼此并不认识。

谈起单位的领导，我身边的大多数朋友都会表示厌恶。我可能是为数不多的幸运儿，能够在职场上认识 mike 这样好的领导。他虽然已经快 50 岁了，但是整个人非常幽默，完全没有大多数老人家的死板和固执。他经常请整个部门的人一起吃大餐。他甚至会 and 部门里年轻的男同事一起打游戏。他曾答应我们，如果我们完成了年度的业绩要求，他就会在年会上跳舞。安娜雅思。

风趣幽默的上司能让工作气氛更加和谐，员工们也更愿意表达自己的心声。记得有一次，我们大家都在埋头苦干的时候，mike 带着一个鬼脸面具突然出现在我们中间，引得我们哄笑一场。我真的很喜欢这个上司，和他相处觉得很自然，他没有任何领导的架子，最重要的是他是个有趣的人。

### 《喜欢一起工作学习的人》

Mike is my colleague. I knew him the first day I started working. He is the director of my department. I think I met him during the interview but we didn't know each other back then. If my memory serves me correctly, we have been working for three years.

Speaking of superiors at work, most of my friends around me felt disappointed with theirs. Maybe I'm fortunate to know such an excellent superior as Mike in the workplace. I like to work with him very much. Our team has successfully completed many projects under his leadership. He always encouraged me when I first entered the company and walked me to every office to know more people. He often invites the entire department to dinners and plays video games with young male colleagues. He once agreed to dance at the annual meeting if we completed the performance requirement of the year.

A humorous boss creates a more harmonious working atmosphere and employees are more willing to express their feelings. I feel relaxed getting along with him and really like to work with him. He never shows any detachment as a boss and most importantly, he is an interesting person.

中文思路：

Mike 是我的同事，我从第一天上班的时候就认识他了。他是我的部门主管。如果我没记错的话，入职面试的时候我也见过他，只不过那时候我们彼此并不认识。仔细算算我们已经一起工作三年了。

谈起单位的领导，我身边的大多数朋友都会表示厌恶。我可能是为数不多的幸运儿，能够在职场上遇到 mike 这样好的领导。我非常喜欢和他一起工作。他带领我们团队完成了不少优秀的项目。在我刚入职的时候，他经常鼓励我，带我到每个办公室溜达，让我接触更多的人。他经常请整个部门的人一起吃大餐。他甚至会 and 部门里年轻的男同事一起打游戏。他曾答应我们，如果我们完成了年度的业绩要求，他就会在年会上跳舞。

风趣幽默的上司能让工作气氛更加和谐，员工们也更愿意表达自己的心声。和 mike 一起工作很少让我感到压力。我真的很喜欢这个上司，和他相处觉得很自然，他没有任何领导的架子，最重要的是他是个有趣的人。



## (三) 公园散步

### 30-31: 一个享受的生活习惯（新题）& 年轻时的空闲活动（新题）

Describe a routine you have in your life that you enjoy. Some instructions you can follow: What the routine is When and why you started to follow this routine How easy it is to follow And explain why you enjoy having this routine in your daily life.	Describe an activity you enjoyed doing in your free time when you were younger. You should say: What free-time activity you did Where you did this activity Who you did it with And explain why you enjoyed doing this activity in your free time when you were younger.
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#### 《一个享受的生活习惯》

One of my daily routines is to go jogging in the Donghu Park. It is not too far from where I live so I do not have to travel far to see the lovely park. It is never crowded in the park and cars and motor bikes are not allowed to enter. So, it is very safe and relaxing to jog there. Because of this I visit the park at least twice a week.

I have maintained this weekly routine since I moved here after graduation. I did slack off at the beginning, but when I stuck to this routine for a few days, it became very easy as I got used to it. I just had to set aside an hour or two on weekends.

I like visiting the park because it is a place where I can get away from the crowds and hectic lifestyle of Guangzhou. Doing aerobic exercise several times a week not only keeps my body healthy, but also helps relieve my work stress. I find it is very enjoyable to be surrounded by beautiful nature. A lot of green plants light up my mood immediately. When I jog in the park with earphones, my mind is completely focused on jogging and all my worries are temporarily forgotten. Maybe jogging consumes all my extra energy, I always sleep very well after doing it. I believe jogging is a daily habit that I enjoy and will persist.

中文思路:

我的一个日常习惯是去东湖公园慢跑。东湖公园离我住的地方不远，我可以很方便的到达那里。公园里的人不多，而且没有汽车和自行车。在那里跑步是非常安全和放松的。正因如此，我每周至少会去两次。

自从我毕业后搬到这里居住，我就一直保持着这个日常习惯。刚开始运动的时候我的确有些懈怠，一段时间后当我习惯了，一切就变得非常容易，我只要在下班后抽出一两个小时就可以了。

我喜欢去公园慢跑，因为那里是一个让我可以远离人群和繁忙生活的地方。每周几次的有氧运动，不仅让我的身体保持健康，也有助于舒缓我的工作压力。我发现被美丽的大自然包围是很愉快的。大量的绿色植物会让我的心情一下子明朗起来。当我带上耳机在公园里慢跑的时候，我的思想就会完全集中在跑步这件事情上，所有的烦恼也会暂时性的被忘记。大概是因为运动消耗了多余的体力，每次跑步后我都会睡的特别好。我想慢跑是我非常喜欢并且会一直坚持下去的日常习惯。安娜雅 思。

### 《年轻时的空闲活动》

When I was younger, I often went jogging in the Donghu Park when I had time. It is not too far from where I live so I do not have to travel far to see the lovely park. It is never crowded in the park and cars and motor bikes are not allowed to enter. So, it is very safe and relaxing to jog there.

I usually perform this activity by myself. Jogging is something that requires no participation of others. I often meet other joggers in the park yet we never get to know each other.

I like visiting the park because it is a place where I can get away from the crowds and hectic lifestyle of Guangzhou. Doing aerobic exercise several times a week not only keeps my body healthy, but also helps relieve my work stress. I find it is very enjoyable to be surrounded by beautiful nature. A lot of green plants light up my mood immediately. When I jog in the park with earphones, my mind is completely focused on jogging and all my worries are temporarily forgotten. Maybe jogging consumes all my extra energy, I always sleep very well after doing it.

I haven't run in Donghu Park for a long time as I have become increasingly busy in recent years. As I grow older, I don't seem to be as energetic as when I was young.

中文思路：

年轻的时候，我在空闲时间经常去东湖公园慢跑。东湖公园离我住的地方不远，我可以很方便的到达那里。公园里的人不多，而且没有汽车和自行车。在那里跑步是非常安全和放松的。

这项活动通常都是我一个人完成，跑步是一个不需要他人参与的运动。我在公园里经常会遇到其他慢跑的人，但是我们彼此之间并不认识。

我喜欢去公园慢跑，因为那里是一个让我可以远离人群和繁忙生活的地方。每周几次的有氧运动，不仅让我的身体保持健康，也有助于舒缓我的工作压力。我发现被美丽的大自然包围是很愉快的。大量的绿色植物会让我的心情一下子明朗起来。当我带上耳机在公园里慢跑的时候，我的思想就会完全集中在跑步这件事情上，所有的烦恼也会暂时性的被忘记。大概是因为运动消耗了多余的体力，每次跑步后我都会睡的特别好。这几年随着我的工作越来越忙，我已经很久没有去东湖公园跑步了。随着年纪增长，我似乎没有年轻时那样精力旺盛了。

## (四) 夜爬华山

### 32-33: 跟别人一起做事的经历（新题）& 完成的骄傲事情（新题）

Describe something you did with one or more people (e.g. an activity, a piece of work). Some instructions you can follow: What you did Who you did it with How long it took And explain how you felt about doing something with one or more people.	Describe something you achieved that you are proud of. Some instructions you can follow: What you achieved How you did it How difficult it was to do And explain why you are proud of this achievement.
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#### 《跟别人一起做事的经历》

It's still fresh in my memory that in my younger days, I once did something to be proud of with my friend Mike. We climbed on foot to the top of Mount Hua, one of the highest mountains in China. Visitors there can go up the mountain in two different ways: ride the cable car or go backpacking.

We opted to go mountaineering almost without hesitation back then. It was partly because of the youthful arrogance that impelled us to push the envelope. The other reason was that we planned to start off at night and reach the mountaintop at dawn just in time for the splendid view of the sunrise. After making up our minds, we quickly got everything ready—bread, water, and warm clothes—and started our journey at 9 pm.

It was a thrilling adventure along Mountain Hua's steep, narrow staircases. The darkness of night added to the danger of it, where one slip and you could fall to your death. We helped each other as we stumbled up the stairs with great caution and stopped to catch our breath and drink water from time to time. After 9 hours of trekking, we finally set foot on the peak and got to admire the beauty of the sunrise.

As I recalled, it was Mike's company that enabled me to achieve it. We kept supporting and encouraging one another all the way. I was on the point of giving up a couple of times, but when I spotted Mike's receding figure ahead, I decided to move on. Eventually, I managed to accomplish this feat which is an impossible task for many people.

中文思路:

我还记得我年轻的时候跟我的好朋友 Mike 做过一件令我感到骄傲的事情，我们徒步爬上了华山山顶。华山是中国最高的山峰之一。游客上山有两种途径，一是坐缆车，二就是徒步上山。

那时候我们毫不犹豫地选择徒步爬山。一方面是因为年轻气盛，想挑战自己的极限，另一方面是因为晚上开始徒步上山，刚好可以在日出前登顶，观赏华山的日出美景。于是我们买了面包和水，准备好了厚衣服，在晚上 9 点开始了我们的登山之旅。

华山的步道台阶又陡又窄非常危险。而且晚上光线昏暗，一不小心可能会摔下去。我们小心翼翼的互相搀扶着上山，累了就停下来休息喝水。最终，我们花费了 9 个小时爬上了山顶，看到了著名的华山日出。

现在回想起来，幸亏有 Mike 跟我一起，我才能成功爬上华山。我们一路互相帮助，互相鼓励。有很多



次我都想放弃了，但是看到前方 Mike 的身影，我最终还是坚持了下来，完成了一件很多人做不到的事。我太为自己骄傲了。

### 《完成的骄傲事情》

It's still fresh in my memory that in my younger days, I once did something to be proud of with my friend Mike. We climbed on foot to the top of Mount Hua, one of the highest mountains in China. Visitors there can go up the mountain in two different ways: ride the cable car or go backpacking.

We opted to go mountaineering almost without hesitation back then. It was partly because of the youthful arrogance that impelled us to push the envelope. The other reason was that we planned to start off at night and reach the mountaintop at dawn just in time for the splendid view of the sunrise. After making up our minds, we quickly got everything ready—bread, water, and warm clothes—and started our journey at 9 pm.

In fact, reaching the summit is very difficult to achieve. It was a thrilling adventure along Mountain Hua's steep, narrow staircases. The darkness of night added to the danger of it, where one slip and you could fall to your death. We helped each other as we stumbled up the stairs with great caution and stopped to catch our breath and drink water from time to time. After 9 hours of trekking, we finally set foot on the peak and got to admire the beauty of the sunrise.

I used to enjoy a lot of adventures and challenges when I was younger. Once getting over something really challenging, I would always feel like I'm invincible. Even to this day, I'm still feeling proud of having conquered the hardships of Mount Hua. It's definitely something that some would never be able to complete in their life, a wonderful memory that I will never forget.

中文思路：

我还记得我年轻的时候跟我的好朋友 Mike 做过一件令我感到骄傲的事情，我们徒步爬上了华山山顶。华山是中国最高的山峰之一。游客上山有两种途径，一是坐缆车，二就是徒步上山。

那时候我们毫不犹豫地选择徒步爬山。一方面是因为年轻气盛，想挑战自己的极限，另一方面是因为晚上开始徒步上山，刚好可以在日出前登顶，观赏华山的日出美景。于是我们买了面包和水，准备好了厚衣服，在晚上 9 点开始了我们的登山之旅。

事实上这件事情非常困难。华山的步道台阶又陡又窄非常危险。而且晚上光线昏暗，一不小心可能会摔下去。我们小心翼翼的互相搀扶着上山，累了就停下来休息喝水。最终，我们花费了 9 个小时爬上了山顶，看到了著名的华山日出。

年轻的时候，我总是喜欢冒险和挑战。成功的完成挑战会让我觉得自己无所不能。因此直到今天，我都为自己徒步爬上华山而骄傲。因为这是一件很多人做不到的事，也是一段可以回忆很久的经历。

## (五) 去公园放炮

### 34-35: 去过的一个空气不好的地方 (新题) & 去过的一个嘈杂地方 (新题)

Describe a place you went to where the air was not clean. Some instructions you can follow: Where the place was When and Why you went there Why the air was not clean And explain how you felt about being in a place where the air was not clean.	Describe a place you went to that was very noisy. Some instructions you can follow: Where this place was What you did there Why it was very noisy And explain how you felt about this place being so noisy.
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#### 《去过的一个空气不好的地方》

It is a tradition to set off fireworks during Chinese New Year. This year, on Lunar New Year's Eve, my family and I bought a lot of fireworks to set off in the park near my place. Generally speaking, fireworks are banned in city parks, but people still sneak into places with large empty space to do that.

When I arrived at the park, there were some people there already. I saw bursts of color in the sky, and heard fireworks exploding constantly. We were so excited that we quickly took out the fireworks we bought.

The fireworks were really beautiful, but I have to admit that the air quality in the park became very bad because of the fireworks. It was filled with smoke from fireworks. I could obviously smell the gunpowder. After a while, I could not help but coughing. I quickly put on a mask to feel better.

In recent years, in order to fight air pollution, major cities in China have banned fireworks one after another. But I think the Spring Festival without fireworks is incomplete. Although the air in the park was very bad, I was still impressed that day. When I was a child, I used to set off fireworks with my parents during the Spring Festival. Only when we hear the explosion of fireworks, can Chinese people really celebrate the Spring Festival.

中文思路:

春节放烟花是中国的一项传统习俗。今年大年三十的晚上,我和家人买了很多烟花准备去我家附近的公园燃放。一般来说城市里是不允许放炮的,但人们还是会偷偷地去人烟稀少,空旷的地方放烟花。

当我去到公园时,里面已经有一些人了。天空中不断有彩色的烟花炸开,烟花爆炸的响声不断传进我的耳朵里。我们都兴奋极了,赶紧拿出我们买的烟花。

那天的烟花真的很美,但不得不承认由于燃放烟花,公园里的空气变得非常糟糕。空气中弥漫着烟花爆炸后产生的烟雾。我甚至可以闻到明显的火药味。一段时间后,我不由自主的开始咳嗽,我赶紧把口罩带上,这才舒服一些。

近几年为了控制空气污染,中国的大城市都陆续禁止市民燃放烟花。但我认为不放烟花的春节是不完整的。虽然公园的空气很不好,但那天还是令我印象深刻。小时候我都会在春节和父母一起放炮,只有听

到了烟花哔哩吧啦的爆炸声，中国人才算是真正的过年了。

### 《去过的一个嘈杂的地方》

It is a tradition to set off fireworks during Chinese New Year. This year, on Lunar New Year's Eve, my family and I bought a lot of fireworks to set off in the park near my place. Generally speaking, fireworks are banned in city parks, but people still sneak into places with large empty space to do that.

When I arrived at the park, there were some people there already. I saw bursts of color in the sky, and heard fireworks exploding constantly. We were so excited that we quickly took out the fireworks we bought.

Before long, more and more people came to set off fireworks. The whole park echoed with the explosion of fireworks. What we got were small ones. Normally they just glow and will not make much noise. But a group next to us brought a lot of big fireworks, they made such a long and loud noise when they exploded. Sometimes I could not help but cover my ears.

In recent years, in order to fight air pollution, major cities in China have banned fireworks one after another. But I think the Spring Festival without fireworks is incomplete. Although it was very noisy, I was still impressed that day. When I was a child, I used to set off fireworks with my parents during the Spring Festival. Only when we hear the explosion of fireworks, can Chinese people really celebrate the Spring Festival.

中文思路：

春节放烟花是中国的一项传统习俗。今年大年三十的晚上，我和家人买了很多烟花准备去我家附近的公园燃放。一般来说城市里是不允许放炮的，但人们还是会偷偷地去人烟稀少，空旷的地方放烟花。

当我去到公园时，里面已经有一些人了。天空中不断有彩色的烟花炸开，烟花爆炸的响声不断传进我的耳朵里。我们都兴奋极了，赶紧拿出我们买的烟花。

没过多久，来放烟花的人越来越多。整个公园都回荡着烟花的爆炸声。我们买的都是一些小型的烟花，它们通常只会发光，并不会有很大的声音。但我们旁边的一群人，带来了超多大型烟花，它们爆炸时会发出长时间的，巨大的响声。有时候我甚至忍不住捂住自己的耳朵。

近几年为了控制空气污染，中国的大城市都陆续禁止市民燃放烟花。但我认为不放烟花的春节是不完整的。虽然公园里的放炮声太嘈杂了，但那天还是令我印象深刻。小时候我都会在春节和父母一起放炮，只有听到了烟花哔哩吧啦的爆炸声，中国人才算是真正的过年了。

## (六) 小区划停车位

### 36-37: 住所附近的变化 (新题) & 投诉并得到满意结果 (新题)

Describe a recent development which has improved the area where you live Some instructions you can follow: What the new development is What was there before this development How long it took to complete And explain how it has improved the area where you live.	Describe a time you made a complaint about something and were satisfied with the result. Some instructions you can follow: Who you complained to Is it easy to complain What you complained about And explain why you were satisfied with the result of the complaint.
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#### 《住所附近的变化》

I live in an old block of flats downtown which has been built for many years. There's no underground parking lot around the place and only a few parking spaces are available. As a result, finding somewhere to place my car has been one of the biggest difficulties in my daily life.

Much to my delight, this issue has been properly attended to recently. The government set up a lot more roadside parking spaces in the neighborhood. To avoid obstructing traffic, these areas allow no parking in the daytime and are free to use after 9 pm.

In fact, designating these zones only took two days of work. It was no huge undertaking as all that the workers needed to do was mark out the boundaries with white paint. This small task, though, has greatly improved the lives of those living nearby. In the past, I usually failed to find any place for my car when I returned home late. In that case, I would have to leave my car in the parking lot of the nearest mall and pay a lot of money for it. The other option was to park on the street risking a heavy fine for violating traffic regulations. Thankfully, things are different now. I no longer need to worry about finding an empty parking space, and I don't even need to pay anything as long as I leave early enough. It's really a great convenience!

中文思路:

我们家住市中心的老小区里面，这里已经盖好很多年了，小区里没有地下停车场，地面的车位又十分有限。因此停车成为了我生活中最大的难题。

令我感到高兴的是，停车难的问题最近得到了很好的解决。政府在我们小区附近的马路上，增加了很多路边停车位。为了不阻碍交通，这里白天是禁止停车的。而晚上9点后，停车位可以免费使用。

车位的划定大概只用了两天的时间。事实上这并不麻烦，工人们只需要用白色油漆在马路边上画出相应的位置就完成了。这一点小小的改变，对周边居民生活的改善却是巨大的。以前只要我回家稍微晚一些，小区里的停车位就会被占满。这时我只能不情愿的把车停在旁边的商场里，并且支付昂贵的停车费。如果我把车停在路边，可能因为违反交通规则而面临巨额的交通罚款。而现在一切都不一样了，路边的停车位非常充足，只要我及时离开，我甚至不需要支付停车费，这实在是太方便了。



### 《投诉并得到满意结果》

I live in an old block of flats downtown which has been built for many years. There's no underground parking lot around the place and only a few parking spaces are available. As a result, finding somewhere to place my car has been one of the biggest difficulties in my daily life.

Much to my delight, this issue has been properly attended to recently. After several complaints to the street office from me and the residents of my community, the government set up a lot more roadside parking spaces in the neighborhood. To avoid obstructing traffic, these areas allow no parking in the daytime and are free to use after 9 pm.

In fact, it is not a piece of cake to complain to the government. It only took two days to designate these zones. But it's been a problem for a long time, and I've been complaining about it for years, and I've even sought help from the news media. Of course, the result was very satisfying.

This small task, though, has greatly improved the lives of those living nearby. In the past, I usually failed to find any place for my car when I returned home late. In that case, I would have to leave my car in the parking lot of the nearest mall and pay a lot of money for it. The other option was to park on the street risking a heavy fine for violating traffic regulations. Thankfully, things are different now. I no longer need to worry about finding an empty parking space, and I don't even need to pay anything as long as I leave early enough. It's really a great convenience!

中文思路：

我们家住在市中心的老小区里面，这里已经盖好很多年了，小区里没有地下停车场，地面的车位又十分有限。因此停车成为了我生活中最大的难题。

令我感到高兴的是，停车难的问题最近得到了很好的解决。在我联合小区的居民多次向街道办投诉之后，政府在我们小区附近的马路上，增加了很多路边停车位。为了不阻碍交通，这里白天是禁止停车的。而晚上9点后，停车位可以免费使用。

事实上，向政府投诉并不容易。车位的划定大概只用了两天的时间。但这个问题已经存在很久了，这几年我都在不间断的投诉，甚至寻求过新闻媒体的帮助。当然最后的结果非常令我满意。

这一点小小的改变，对周边居民生活的改善却是巨大的。以前只要我回家稍微晚一些，小区里的停车位就会被占满。这时我只能不情愿的把车停在旁边的商场里，并且支付昂贵的停车费。如果我把车停在路边，可能因为违反交通规则而面临巨额的交通罚款。而现在一切都不一样了，路边的停车位非常充足，只要我及时离开，我甚至不需要支付停车费，这实在是太方便了。



## (七) 跟保留旧题串的

### 38: 迟到 (新题)

Describe a time when you were late for something important

Some instructions you can follow:

When and where it happened

What you were late for

Why you were late

And explain how you felt about being late for this important thing.

Not long ago, I was confined at home for two weeks because of the pandemic. While working remotely during this period, I caused myself quite a big problem by forgetting about an important video conference.

The conference on the Tencent Meeting platform was scheduled for a Wednesday morning. But since I had worked late and gone to bed without even washing up the night before, the video call had completely slipped my mind. The next morning, I was woken up by a call from a colleague who kindly reminded me that it was already past the meeting's scheduled start time and that the managers were getting impatient waiting for me to get online. My mind went blank for a moment. I then jumped out of bed and logged in to the conference only to find myself disheveled and still in pajamas. In fact, since working from home my work-life balance had been thrown out of whack and I had been feeling a bit overwhelmed. Staying at home all the time was also not conducive to my mental health. I regretted the incident so much that I was feeling down the entire day. I was afraid I might have left a bad impression on the managers and made my colleague think of me as unreliable.

中文思路:

不久前, 因为疫情的原因, 我被迫居家办公了两周。就在这期间, 我忘记了一次重要的视频会议, 这给我带来了不小的麻烦。

那是原定于周三早上在腾讯会议 app 上进行的一场视频会议。因为前一天晚上加班到很晚, 工作结束后我甚至没有洗脸就睡觉了。完全忘记了原本约定好的会议。第二天早上, 当我还在睡梦中的时候, 我被同事的电话铃声吵醒了, 她好心的提醒我会议已经开始了, 而我还没有上线。领导们等待的很不耐烦。我的大脑空白了片刻, 我立刻从床上弹起来打开电脑。尴尬的是视频中只有我头发凌乱, 还穿着睡衣。

事实上, 居家办公以后, 我的工作和生活完全搅在了一起。这搞得我有些手忙脚乱。每天待在家里, 导致我整个人精神状态不佳。这件事让我非常后悔, 事实上后来的一整天我的情绪都非常低落。我想我可能给领导留下了非常不好的印象。同事们也会觉得我是个不靠谱的人。

### 39: 想短暂停留的城市（新题）

Describe a city you would like to visit for only a short time.

Some instructions you can follow:

Where the city is

Who you would visit the city with

What you would like to do there

And explain why you would like to visit this city for only a short time.

There are so many famous spots in China, and Sanya is my favourite among them. I would like to go there for a short trip. Sanya is a tropical island with some of the finest beaches, clearest seas and best hotels in south China. I often see videos about Sanya on Tik Tok.

If I can, I will choose to go with my good friend or boyfriend. Compared with traveling with my parents, I feel more relaxed and happier with my peers. My parents always get up early when traveling. I really cannot stand it. Most Chinese people love sightseeing and scenic-spots-visiting when traveling, but for me, I do not like that at all. There are just too many people in those famous scenic spots. I prefer to stay in a comfortable five-star hotel, sleep till I wake up naturally and then enjoy a rich breakfast.

We can go for walks along the beach, eat at lovely restaurants, and even go diving since Sanya is famous for its diving. Atlantis Water World, a very famous water park, is also worth a try. It has many thrilling and interesting water games. Unfortunately, I do not have enough annual leave. My stay in Sanya would be very short. Of course, the price is also a very important reason for this. Hotel prices in Sanya are just too expensive. If I stayed for a long time, it would completely exceed my budget.

中文思路:

中国有非常多著名的景点，但我最喜欢的还是三亚。我很想抽空去三亚进行短期旅行。三亚是位于中国南端的一个热带岛屿，拥有全中国最细腻的沙滩，最清澈的大海和最棒的酒店。我经常在抖音上看到有关三亚的视频。

如果可以的话，我会选择我的好朋友或者男朋友一起去。比起和父母出游，和同龄人在一起会让我感到放松和愉快。我的父母去旅行总是很早起床，这让我无法接受。大多数的中国人旅行是一定要参观景点的，但我一点也不喜欢这样的旅行方式。相比在著名景点看人山人海，我倾向于选择一座设舒适的五星级酒店，睡到自然醒然后再享受一顿丰盛的早餐。

我们可以沿着海滩散步，在优美的海景餐厅吃饭，甚至可以去潜水，因为三亚以潜水而闻名。亚特兰蒂斯水世界也是不能错过的，那是一个非常出名的水上乐园。拥有众多惊险刺激的水上项目。遗憾的是我的假期实在是太少了，因此我只能在三亚停留很短的时间。当然还有一个很重要的原因，三亚的酒店价格太贵了，如果呆很长一段时间，这会完全超出我的预算。

## (八) 单独话题

### 40: 以后想学习的事情 (新题)

Describe something you would like to study in the future.

Some instructions you can follow:

What you would like to study

Where you would like to study

How easy or difficult it would be to study this

And explain why you would like to study this in the future.

The science of psychology has always fascinated me, and I've been meaning to find time for its learning.

It's been quite a while since I entered the workforce after graduation. I've been very busy with work lately, and it seems unlikely that I'll make time to take courses. I suppose I could just watch a few psychology-related video clips on the subway during my commute, or read some books on the subject at weekends. Both would be very effective ways to learn something new.

My actual plan is to grasp some basic concepts of psychology which may improve my people skills at work, so I don't think it'll be too difficult a thing for me to learn. After all, I'm not working for an M.A. in psychology, nor will I engage in any related industries. If I ever have any questions, it won't be hard for me to find an answer with the help of search engines.

I believe psychology is very helpful in today's world. Some elementary knowledge of it could be of great significance in the workplace, making it easier for me to handle my relations with clients and colleagues. In a business negotiation, for example, I may work out how a client is feeling by studying his or her expressions and motions based on which I'll decide what to say or do. A sufficient understanding of the human mind will also increase my chances of enjoying office harmony.

中文思路:

我一直以来都对心理学特别感兴趣，我以后想抽出时间来学习它。

毕业后，我已经工作了一段时间。现在我的工作很忙，所以我大概率抽不出时间去进行专业的学习。我想我可以在坐地铁通勤的时候看看有关心理学的短视频，亦或者在周末的空闲时间在家里阅读心理学相关的书籍。这都是很有效的学习方式。

事实上，我想学习的是心理学的一些基本知识，以便我在工作中更好的处理在人际关系。所以我认为这并不是一件困难的事情。毕竟我不是要攻读心理学的硕士，以后也不会从事相关的工作。如果我遇到了不懂的问题，搜索引擎将会是我的好帮手。

我认为在当今的社会里心理学是非常有用的一个学科。一些基本的心里学知识将在工作中发挥巨大的作用，帮助我更好的处理自己和客户或者同事之间的关系。比如在商务谈判中，我可以通过表情和动作判断客户的心理状态，及时调整谈判策略。适当的心里学知识也能让我与同事相处的更融洽。

## 41: 家里舒服的某处地方（新题）

Describe the part of your home where you most enjoy relaxing.

Some instructions you can follow:

What part of your home this is

When you usually relax there

How you relax there

And explain why you find this part of your home a good place to relax in.

My place is a duplex in the city center. I did all the decorations. What I enjoy most is the bathroom. It is also the most relaxing place.

It is a full bathroom, with a shower, a sink, a bathtub and a toilet. Whenever I get home tired, I love to relax in the bathtub. Even for a longer period of time off like the weekends or holidays, I still love taking a relaxing bath.

I am very fond of bath bombs. They make bath time more fun. When you drop a bath bomb into the tub, it will dissolve and release a burst of bubbles or colors. Of course, I also love adding essential oil to my bath, its fragrance can help me relax quickly. I can be on my phone when I take the bath or play some music. These are things that make me happy.

I think my bathroom is a good place for relaxation. The spa is usually very expensive. I can enjoy it at home with very little money. Whenever I lay in the bathtub, I feel as if all the pressures and worries had gone, and I can feel peaceful and content for the time being. Normally I sleep better after taking a bath, and I feel joy in my body. The bathroom is a magic place to calm anxiety.

中文思路:

我的家位于市中心的一座复式公寓，家里的一切都是我自己亲手布置的。其中我最喜欢，也是最令我放松的地方就是我的浴室。安娜雅思。

我的浴室除了常规的淋浴间，还有一个很大的浴缸。每当我疲惫的回到家，我都喜欢在浴缸里泡澡。到了周末和节假日，当我有很长一段空闲时间，泡澡也是我很喜欢的放松方式。

我喜欢买各种各样的沐浴球，这些东西让泡澡变得更有乐趣。它们有的会释放出很多泡泡，有的会让浴缸里的水变成彩色。当然精油也是必不可少的，精油的香气能让我的精神迅速放松下来。泡澡的同时我还会玩手机或者听音乐，这些都是令我感到开心的事。

我认为我的浴室是个放松的好地方，Spa 馆通常是很昂贵的，在家里我可以用很少的钱享受到这一切。每当我躺在浴缸里，所有的压力和烦恼仿佛都不存在了，我可以得到短暂的安静和惬意。泡澡后我通常会睡得更好，我的身体和精神都感到前所未有的愉快。浴室是一个能消除焦虑的神奇地点。



## 42: 想了解更多的历史（新题）

Describe a period in history that you would like to learn more about.

Some instructions you can follow:

When this period in history was

How you first became interested in this period in history

What you already know about this period in history

And explain why you would like to learn more about this period.

*The Romance of the Three Kingdoms* is a very famous novel in China. I first read it when I was still in elementary school. Since all its wars and friendships were set in the Three Kingdoms period, it explains my desire to know more about that chapter in history.

The masterpiece captivates readers with its colorful characters and legendary events. I was impressed by the brotherhood among Liu Bei, Guan Yu and Zhang Fei, but even more so by the resourcefulness of Zhuge Liang. As a matter of fact, this literature is the only reason I became interested in its historical setting.

From what I read, the Three Kingdoms period was an era of never-ending conflicts. The nation was divided into three states, Wei, Shu and Wu. They fought with each other constantly until Wei won out and united the country.

The book described in great detail what unfolded on and off the battlefields. As a child, I always thought it was a full and honest account of the past. But I discovered later that the history as the author told it had in fact not been entirely true. Zhuge Liang, for example, was more adept at managing internal affairs than conducting warfare. Also, since the work was written from Shu's perspective, all the personalities of that kingdom were portrayed in a more positive light than they deserved. As a result, I would like to find out the real stories of those days and see the historical figures (Zhuge Liang and Liu Bei included,) as the flesh and blood they were.

中文思路:

《三国演义》是中国非常著名的一本小说，我在小学的时候就看过这本书。这部小说描述了三国时期的战争与友情。因此，三国时期是我想了解更多的一段历史。

我对三国时期产生兴趣完全是因为这本小说，书里的人物性格和历史事件非常吸引人。刘备关羽张飞三人之间真挚的友谊令我感动，诸葛亮的足智多谋更是令我钦佩不已。

我印象中的三国时期是一个战争连绵的时代。当时天下被分为三部分，魏蜀吴三个国家不断地在打仗。最后魏国获得胜利，统一了全国。

小时候，我一直以为《三国演义》完整地阐述了历史，因为书里描述的历史事件和战争非常详细。但长大后我才发现，原来真正的三国时期并不完全跟小说一致。比如诸葛亮其实并不擅长打仗，他更擅长的是管理内政。同时，这本小说是以蜀国的角度写的，蜀国的人物都是非常积极正面的。但事实上似乎并非如此。所以我想了解这段时期真正的历史，去了解这些诸葛亮，刘备实际上是怎么样的一个人。



### 43: 不喜欢的广告（新题）

Describe an advertisement you have seen that you did not like.

Some instructions you can follow:

Where and when you saw this advertisement

What it was for

What you could see in the advertisement

And explain why you did not like it.

About four or five years ago, I came across a campaign of false advertising while shopping in a mall. I had just moved to a new place and was looking to buy an air conditioner. That's when I was drawn to the slogan promoting air conditioners made by Midea. It proudly declared: "we consume as little as one kilowatt of electricity a night".

The commercial was displayed over and over again on the LED screen at the entrance of the mall. What struck me the most was the product's claim to being energy efficient. I had always had the impression that running an air conditioner required a lot of electricity. If the ad was true, putting on a Midea air conditioner for one night would cost a mere 50 cents. That could mean a monthly saving of several hundred yuan compared with having one from another brand. I was deeply impressed by the promotion and made a purchase soon afterwards.

After a while, I was dismayed to discover that the machine did not live up to its promise. There was no noticeable reduction in my electricity bill during the summer time. And many users had shared similar observations online. Midea eventually clarified their advertisement. According to them, the "one kilowatt of electricity a night" result could only be achieved when certain conditions were met. Among other things, the room had to be less than eight square meters in size and the outside temperature must not exceed 25 degrees Celsius.

I found Midea's practice really irritating. It was sheer deceit on their part, plain and simple. Promotions are meant to increase brand awareness and sales of products, but false advertising can be ultimately self-defeating. I, for one, would never buy a Midea air conditioner ever again.

中文思路:

我记得那大概是四五年前，我在商场里看到一个虚假宣传的广告，那就是美的空调的标语“每晚一度电”。那时候我刚搬新家，正准备买空调。

这个广告在商场门口的LED屏幕上循环播放着，我印象最深的就是关于省电的介绍。在我的认知里，空调是非常耗电的。如果真如广告所说那样，美的空调每晚只会花费使用者5毛钱。这样每个月我都可以节约上百元的电费。我当时就心动了，不久后我购买了一台美的空调。

使用后我发现美的空调并不像广告说的那样，夏天的时候我家的电费还是跟以前差不多。我上网搜索后发现有好多人遇到了和我相同的问题。后来美的品牌出来澄清，说每晚一度电是在符合特定条件下才能做到的，比如房间必须小于8平米，室外气温不得超过25度。

我太讨厌这条虚假广告了，这完全就是在欺骗消费者。厂家做广告无非是为了增加品牌知名度和产品销量，但这样虚假的宣传只会适得其反。至少我今后再也不会购买美的的空调了。

淘宝店铺 & 微信公众号：安小雅  
知识产权登记号：黔作登字-2022-A-00545011

## 44: 常用网站（新题）

Describe a website that you use regularly.

Some instructions you can follow:

What the website is

How often you use it

How you found out about this website

And explain why you use this website regularly.

iQIYI is the website I use most often. It is also one of the most popular video platforms among the young in China. There, I can find many of my favorite video sources, including movies, TV series and variety shows. In fact, I have been a user of the site for quite a few years. I hardly watch TV nowadays. Instead, I choose to browse all the contents I am interested in on the video streaming service.

I am a big fan of TV dramas. When I've got the time, I watch them on iQIYI almost daily. Even if I'm busy with work, I would still find time to watch them at least once or twice a week. To me, indulging in those programs is a great way to relax.

I can't remember who introduced me to iQIYI since it dates back to my high school days. It was most probably the girl who sat next to me in class and shared the same passion with me.

There are many reasons that account for my love for iQIYI. Unlike TV which has a fixed schedule for its programs, the site allows me the freedom to enjoy whatever I want whenever I want it. It also outperforms its competitors with better quality TV series. It boasts exclusive rights to broadcast many of this year's hit dramas. Last but not least, its membership plan gives me the option to skip commercials that could run for 60 seconds apiece.

中文思路:

安娜雅思。爱奇艺是我最常使用的网站，也是中国最受年轻人欢迎的视频网站之一。在这个网站上，我可以找到很多我喜欢的视频资源，包括电影，电视剧和综艺节目。事实上我已经使用这个网站很多年了。现在我几乎不看电视，我遇到感兴趣的视频都会选择在爱奇艺网站上观看。

我是个很喜欢看电视剧的人。有空的时候，我几乎每天都会打开爱奇艺观看视频。如果工作很忙，我一周至少也会看 1-2 次，我觉得看电视剧是一个很好的放松方式。

我从高中时期就开始使用这个视频网站了，所以我已经不记得是谁介绍给我的。大概率会是我的同桌，因为她也很喜欢看电视剧。

我喜欢爱奇艺是因为电视台的每个节目都有固定的播放时间，而在这个网站上看视频是不受时间限制的。相比其他网站，爱奇艺播出的电视剧通常质量更高。今年的很多热播剧都是在爱奇艺独家播出的。当然还有一个很重要的原因是，我有这个网站的视频会员，这样我就可以跳过每个视频前长达一分钟的广告。

## 45: 开学的第一天 (新题)

Describe something you remember about your first day at a new school.

Some instructions you can follow:

Where the it was

What you remember well

How you felt about your first day at the school

And explain why you remember this about your first day at the new school.

It's been four years since I graduated college and joined the workforce. Many memories of being a student have faded. But when it comes to my first days at school, I still vividly remember that of my university time.

Our institute was situated in Yangpu District, Shanghai. It was not far from the city center and surrounded by lots of large malls and supermarkets. It was also easily accessible by bus or by subway, which meant I could get anywhere I wanted with ease and speed.

On the first day, I was truly and utterly amazed by where I was. It was rare to find a university campus in a downtown area and my experience had prepared me for a site in a remote suburb. For someone who loved shopping and dining, the school location had come as real pleasant surprise.

As a freshman, every aspect of college life was new and exciting for me. I moved into a dormitory for the first time in my life and met a few lovely roommates. I watched with interest activities hosted by various school societies. Such events were intended to welcome new entrants both to the school and to the diverse clubs. Seeing the colorful booths of those associations, I couldn't wait to join and become part of their communities.

Details of the first day at university are still fresh in my mind for two reasons. One, they were not that long ago after all. Two, and more importantly, becoming a college student held special significance for me as it was the official mark of my coming-of-age.

中文思路:

毕业后我已经工作 4 年了, 我对于学校的记忆很多都已经模糊不清了。谈起新学校的第一天, 我至今还记得的是大学开学的那一天。

我的大学位于上海市杨浦区, 学校离市中心不远, 周围有很多大型的商场和超市。除此之外, 学校的交通也很便利, 搭乘公交和地铁, 我可以快速到达任何我想去的地方。

开学那天, 我对学校最深的印象就是, 这里真的太繁华了。市中心的大学是很少见的, 我印象中的大学应该位于偏远的郊区。我是个喜欢逛街和美食的人, 新学校给了我很大的惊喜。

大学开学的第一天, 我对身边的一切都感到好奇。在这之前, 我从来没有住过宿舍。我迎来了我的第一次集体生活并认识了几个可爱的舍友。除此之外, 各个社团都在校园里举办了欢迎新同学的活动, 以此来吸引新学生的加入。看着不同社团五彩缤纷的展台, 我迫不及待的想要加入他们。

我毕业没几年, 因此我依然清楚的记得大学第一天的很多细节。另外, 大学生活是与众不同的, 上大学也是一个人成年的标志。



## 46: 教朋友或亲戚的时刻 (新题)

Describe a time when you were teaching a friend or a relative to do something.

Some instructions you can follow:

Who you taught

What you taught him/her to do

How easy it was to teach him/her

And explain how you felt about teaching this friend/relative.

Years ago, when I went home for vacation, my dad asked me to teach him how to use WeChat. Although he used WeChat very often, he knew nothing other than how to send voice messages.

Dad won some money from a mahjong game with his friends and his friends sent the money to his WeChat account. He was very happy to show me how much he had won, but he didn't know how to withdraw the money to his bank account, which made him very upset.

I used his phone to teach him how to use WeChat wallet step by step. Then he wouldn't have to take cash with him when he went shopping. Dad seemed to understand quickly, but on the next day when he went out, he completely forgot what I had taught him. In order to strengthen my father's memory, I wrote down the detailed operation steps with words and pictures. Now if he forgets, he can check it out at anytime, anywhere. I could feel that my father was very happy and satisfied about what I had taught him.

At this time, I suddenly realized that my dad was old and it was difficult for him to learn new things. Also, he often forgot the things he just learned. I should be much more patient to teach him, just as he took pains to teach me when I was a child. When I am free, I should spend more time with my parents which would make them happy and satisfied.

中文思路:

上次放假回家的时候, 爸爸让我教他使用微信。虽然平时他也会用微信, 但除了发送语音消息, 其他功能他一无所知。

不久前爸爸和朋友打麻将赢了钱, 存在了微信钱包中。他很开心的跟我炫耀自己赢了钱, 但他并不会提现到银行卡, 也不会付款, 这让他非常苦恼。

我用他的手机一步一步的教他, 教他使用微信钱包。这样他出门买东西就在也用不着带现金了。爸爸似乎很快明白了, 但是第二天出门, 他把昨晚我教他的完全忘记了。又打电话问我怎么操作。为了让爸爸记住怎么使用, 我用文字和图片写清楚了详细的操作步骤, 并且用微信发给他。如果他忘记了可以随时拿出来查看。等到他熟悉了就再也不会忘记了。我能感受到爸爸非常开心和满足。

教我爸爸学习新事物是一件很难的事, 他的记忆力并不好, 学会之后又会很快忘记。这次经历让我突然感受到爸爸已经老了, 这个时候我应该多一点耐心去教他, 就像小时候他不厌其烦的教我一样。当我有空的时候, 也应该多陪陪父母, 简单的一些付出他们就会非常满足。



## 47: 派对里交谈甚欢的人（新题）

Describe a person who you enjoyed talking to at a party.

Some instructions you can follow:

Who the person was

When and where the party was

What you talked about

And explain why you enjoyed talking to this person at the party.

It was in December of last year, the company I work for held a grand annual meeting at the Grand Hyatt Hotel. At the party, I met an interesting friend, and we had a nice conversation. He is my colleague Michael. We know each other's names, but we only greet each other when we meet at work, we are not that familiar to be honest, because we are not in the same department.

We just sat next to each other at the annual meeting. To break the ice, we started chatting. I told him that I wanted to get a new phone since the old one I had been using for years. He started to share with me the specific differences between different phone brands. For example, Xiaomi can charge very fast and Huawei has good cameras. I told him about my usage habit, he recommended several that may be suitable for me.

It was a pleasant conversation. I was grateful for his advice. He is such a nice man and easy to talk to. It is always wonderful to talk with such people. Later on, we added each other on WeChat. We have now become very good friends. We often have lunch together when we are not busy. I am very happy to make such a lovely friend in the company through that opportunity.

中文思路:

那是去年的 12 月底，我们公司在君悦酒店举办了一场盛大的公司年会。派对上，我遇见了一位有趣的朋友，跟他交谈甚欢。他叫 Michael，是我的同事。我们互相知道对方的名字，平时在单位撞见会打招呼，但因为我们两个不是一个部门的，事实上我们并不熟悉。

年会上我们刚好坐在隔壁，为了缓解尴尬的气氛，我和 Michael 闲聊了起来。我跟他提到我的手机用了好几年了，我很想换一部新手机。没想到他很热情的开始给我分析不同品牌的手机具体区别，比如小米的某款手机充电特别快，华为的手机摄像功能很好等等。我跟他说了一下我的使用习惯，最后他给我推荐了几款适合我的手机。

这次谈话很愉快。一方面我很感谢他给了我很多有用的建议。另一方面是因为他非常平易近人，语气动作不会给人压迫感。跟这样的人聊天是一件使人愉悦的事情。后来我们互相加了微信，现在我们两个已经成为了很好的朋友，工作不忙的时候经常一起吃中午饭。我很开心通过这次机会能让我在公司里遇到这样一位可爱的朋友。

## 48: 收到想要的东西（新题）

Describe a time when someone gave you something that you really wanted.

Some instructions you can follow:

Who this person was

What this person gave you

Why you wanted this thing

And explain how you felt when you got this thing.

On Valentine's Day this year, I received a huge bouquet of roses from my boyfriend. I couldn't have been happier with the gift since it was something I had always been looking forward to.

My boyfriend and I have known each other for a long time. He is a dull person, anti-romantic even. For him, a practical present makes a good present.

On that special day every year in the past, I couldn't help but feel incredibly envious seeing the flowers and other gifts my colleagues received. For that matter, I even had a big fight with my boyfriend the last time around.

I came to the office as usual on the morning of this Valentine's Day. And to my surprise, there was a bunch of beautiful roses lying on my desk. I thought it might have been misplaced by a coworker. I could not believe the gift was for me until I noticed the card next to it. I can't even begin to tell you how utterly happy and touched I was at that very moment. To many girls, roses are the symbol of romance. For too long, I had been yearning for such a gift for such a special occasion. And now, finally, my boyfriend got me.

I immediately sent a message to my boyfriend, telling him how delighted and moved I was. The roses truly made my day. I hope my boyfriend will send me flowers for every festival in the future.

中文思路:

今年的情人节，我收到了一份期待已久的礼物。我男朋友送了我一束超大的玫瑰花，这实在是太让我开心了。

我和男朋友已经认识很久了，他是个有点木讷的人，甚至有些不懂浪漫。他总说礼物一定要有用处才行。

每年情人节的时候，看到办公室的同事收到鲜花和礼物，我经常羡慕不已。去年因为这件事情，我还和男朋友大吵一架。

情人节的早上，我和往常一样来到办公室，然后我惊奇的发现我的办公桌上放着很漂亮的一束玫瑰花，起初我以为是同事放错了，直到看到桌上的卡片，我才相信这份礼物是给我的。那一刻我真的又开心又感动，对于许多女生来说，玫瑰即代表浪漫，我希望有一个特殊的礼物能够纪念这个特殊的日子，我男朋友终于明白我想要的是怎么了。

我立刻发信息给男朋友，向他分享了我的喜悦和感动。这束鲜花让我足足开心了一整天。我希望在今后的每个节日，都能收到男朋友送的鲜花作为礼物。

## 49: 喜欢的演员（新题）

Describe an actor who you admire for playing a particular character in a film/movie.

Some instructions you can follow:

Who the actor is

Where and when you watched this person

What kind of character this person played

And explain why you admire the actor for playing this character in a film/movie.

Jackie Chan is one of my favorite actors. He is from Hong Kong and has been featured in many action movies. To many, especially those of an older generation, Chan needs no introduction. He had already made a name for himself when I was a student. I might have got to know him from the news or a commercial, although I can't remember clearly.

I was impressed by his performance in "Who Am I?". In the movie he starred in, Chan played a cop with a strong sense of justice and a daring spirit. To catch criminals, he oftentimes had to put his own safety aside. The most memorable scene came when he slid against the glass wall of the near vertical façade of a building in Rotterdam all the way down from the top to the ground. And it was done without any protective measures in place.

That was but one of many such difficult and risky moves Chan put on for his audience. It's important to note that Chan did all those stunts himself, not through a stunt double. And for that, he has my deepest admiration. Thrilling and entertaining at the same time, the film is one for the whole family to enjoy. Chan has certainly dazzled and amused me with his adrenalin-pumping actions and laugh-inducing acts. It's safe to say that everyone who has watched the movie liked Chan's character because he was just such a charming guy.

中文思路：

成龙是我非常喜欢的一名演员。他来自香港，出演了非常多的动作片。我相信很多人都认识他，尤其是年纪相对大一些的人。我记得我还是个学生的时候就知道了成龙这个明星了。我应该是在新闻或者广告里知道他的，具体我也记不清了。

他主演的电影“我是谁”给我留下了深刻的印象。他在电影里扮演了一个正义感十足，身手矫健的警察。为了抓捕罪犯，他甚至不顾及自己的安全。我印象最深刻的场景是，他在无安全措施的情况下，顺着接近垂直的鹿特丹大楼的玻璃外墙，从楼顶直接滑到地面。

成龙在这部电影里上演了很多高难度的危险动作，而且全部都是他真人出演，没有使用替身。这种敬业的精神让我感到钦佩。与此同时，他扮演的角色集动作和搞笑于一体，特别适合全家人一起看。我会一边惊讶于他动作的危险程度，同时被他的杂耍般的表演逗得哈哈大笑。我相信每个看过这部电影的人都会喜欢成龙扮演的警察，因为他实在是太有魅力了。

## 50: 别人的好消息（新题）

Describe a time when you heard good news about someone you know well.

Some instructions you can follow:

Who the person is

What the good news was

When and how you heard the good news

And explain how you felt when you heard the good news about this person.

Last week I received a piece of incredible news from WeChat moments.

I was working in the company, during my lunch break I sat around with a few of my friends. We were all talking and relaxing during our time off. I happened to scroll through social media and I saw the latest status posted by my bestie Anna. I remembered her telling me not long ago that she was pregnant. Time flew by and her baby had been born.

Though she lived quite far away, we had a good relationship with each other. I immediately sent her a message to check if everything was okay. Soon, I received a message which was written by Anna's husband. He told me Anna just delivered a baby boy and everything is good. I was so excited with the news that I jumped up and down with joy. The news was so important to me because it is always an amazing thing when there is a new member of your friend's family brought into the world.

I told my colleagues around me the good news and they were happy for Anna too. It was such an important and joyous occasion. I cannot wait to see Anna's baby!

中文思路:

上周，我在刷社交软件的时候得知了一个令人兴奋的好消息。那时候我在公司，午休时间我和几个朋友在一起。当时我们正在聊天，我习惯性的打开手机查看朋友圈，这时我看到了我闺蜜 anna 发的最新状态。我清晰的记得不久前她告诉我她怀孕了。没想到时间过得这么快，现在她的宝宝已经出生了。

Anna 虽然住得很远，但是我们的感情非常好。看到她发的朋友圈，我非常急切地给 anna 发了一条信息，好奇地想知道是否一切都好。很快我收到了 anna 的回信，是她老公代替她回复的。他告诉我 anna 刚刚生了一个男孩，孩子和妈妈都很平安。听到这个消息我非常激动，高兴得跳了起来。这个消息对我来说很重要，因为当好朋友的家里有一个新成员来到这个世界时，这总是一件令人惊奇的事情。

我把这个好消息分享给了我的同事，他们都认为这是一件值得高兴的事。这是一个如此重要和欢乐的时刻。我已经等不及要去看我的小侄子了！