

安小雅 雅思口语素材

第三套 Part2
(简单版非串联)
适合学生党使用

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其实外国人在生活中有一些常用的口头上的表达，看起来很奇怪但实际并没有错的，国内老师也不会懂这些。所以呀！如果你觉得素材有错，我们是非常欢迎您来询问我们滴！千万不要觉得不好意思哦！下面举两个例子：

“Anna is two years my elder.” 安娜比我大两岁。“She is four months my younger” 她比我小四个月。

这是一种比较现代的说法，当然我们平时都会讲 “Anna is two years older than me” 和 “She is four months younger than me.” 但其实外国人都会用前者多一些的。

“the majority of the girls were content discussing about how handsome or how affluent their boyfriends were.” 女孩子们都在热烈地讨论他们的男朋友有多帅。

这是现代英语的另一个特征，就是外国人在口头上都常常会省略掉介词。这里就把 were content with discussing 的 with 去掉了。这在口语上是完全没问题的，但大家在写作中就尽量要避免哦。

目录

1: 一个享受的生活习惯（新题）	5
2: 年轻时的空闲活动（新题）通用版.....	6
2: 年轻时的空闲活动（新题）女生版.....	7
3: 投诉并得到满意结果（新题）	8
4: 不寻常的一顿饭（新题）	9
5: 迟到（新题）	10
6: 想了解更多的历史（新题）	11
7: 以后想学习的事情（新题）	12
8: 住所附近的变化（新题）	13
9: 别人的好消息（新题）	14
10: 见过的有趣老人（新题）	15
11: 去过的一个嘈杂地方（新题）	16
12: 完成的骄傲事情（新题）	17
13: 不喜欢的广告（新题）	18
14: 喜欢一起工作/学习的人（新题）	19
15: 常用网站（新题）	20
16: 开学的第一天（新题）	21
17: 想短暂停留的城市（新题）	22
18: 教朋友或亲戚的时刻（新题）	23
19: 派对里交谈甚欢的人（新题）	24
20: 收到急需品的时刻（新题）	25
21: 跟别人一起做事的经历（新题）	26
22: 喜欢的演员（新题）	27
23: 去过的一个空气不好的地方（新题）	28
24: 难用的科技产品（新题）	29
25: 家里舒服的某处地方（新题）	30

26: 喜欢打扮的人.....	31
27: 忘记约定的时刻.....	32
28: 户外看到塑料污染的时刻.....	33
29: 印象深刻的童年朋友.....	34
30: 美丽的物品.....	35
31: 与其他文化的人共度时光.....	36
32: 朋友的家.....	37
33: 想再看一次的电影.....	38
34: 拍过的一张满意的照片.....	39
35: 读过的有趣书籍或故事.....	40
36: 与某人意见不合的时刻.....	41
37: 需要寻找信息的时刻.....	42
38: 享受的一节英语课.....	43
39: 完成的难事.....	44
40: 收到钱作为礼物.....	45
41: 分享某物的时刻.....	46
42: 喜欢的节目.....	47
43: 会推荐给游客的我国某处地方.....	48
44: 校外学习的某种重要东西.....	49
45: 喜欢种植的人.....	50
46: 受欢迎的运动场.....	51
47: 鼓励你做有趣事情的人.....	52
48: 决定等待的时刻.....	53
49: 去过的一个户外活动场所.....	54
50: 购物时发生的问题.....	55

1: 一个享受的生活习惯（新题）

Describe a routine you have in your life that you enjoy.

Some instructions you can follow:

What the routine is

When and why you started to follow this routine

How easy it is to follow

And explain why you enjoy having this routine in your daily life.

Usually, I go to the library to do some reading when I am alone. It has been an essential part of my life. The first time that I visited the library was when my roommate Anna took me there. I find there are no other places on campus quieter and more suitable for study than the library.

As a matter of fact, almost every Saturday afternoon, I love to go there and read for a while. If I feel bored, I will also go to library to do some reading. While reading in the library, my mindset is the most placid and calm.

It is very easy to follow this routine. Thus, whenever I want to concentrate on my studies or do some reading, I will go there. There are four people in our dormitory, so it is usually noisy. My roommates often talk or play games in the dormitory which makes it hard for me to concentrate. A quiet place can help me significantly to study more efficiently. Besides, when I don't have to study, I like to go to the library to read all kinds of interesting books. It is free for students to borrow books. I especially enjoy literature and history books. When I am immersed in the story, all my troubles seem to disappear.

I'm a very easily distracted person, and the library really gives me the perfect environment to focus on what I want to do. I feel completely comfortable and relaxed in the library.

通常，当我一个人的时候，我喜欢去图书馆看书。这习惯已经成为我生活中不可缺少的一部分。第一次去图书馆是我的舍友 Anna 带我去的，从那以后我就喜欢上了图书馆。我发现在校园里，没有比图书馆更安静，更适合学习的地方了。

事实上，几乎每个星期六下午，我都喜欢去那里读一会儿书。平时如果我感到无聊，也会去图书馆看看。在图书馆看书的时候，我的心态是最平和和平静的。

去图书馆这个习惯，对我而言遵循起来非常容易。每当我想专注于学习的时候，我都会去图书馆。我们宿舍住了四个人，宿舍通常很嘈杂，我的舍友经常会在宿舍说话或者打游戏。这些声音让我很难集中注意力。安静的地方能让我的学习效率显著提升。另外，在不用复习的时候，我喜欢去图书馆看各种有趣的课外书。学生借阅图书是免费的。我尤其喜欢文学和历史类的书籍。当我沉浸在故事情节中，所有的烦恼似乎都不存在了。

我是个很容易被干扰的人，图书馆真的给了我一个完美的环境，让我能专注于我想做的事情。这里让我感到自由和放松。

2: 年轻时的空闲活动（新题）通用版

Describe an activity you enjoyed doing in your free time when you were younger.

You should say:

What free-time activity you did

Where you did this activity

Who you did it with

And explain why you enjoyed doing this activity in your free time when you were younger.

Flying a kite is a leisure activity that I loved doing when I was a child. The first time I encountered real kites was in primary school when a teacher taught us how to make simple ones using white paper, wooden sticks, and string.

I remember when I was very small, my grandfather would take me to fly kites in the park. It was the most interesting activity that I looked forward to doing at that time. But back then, I was too young to fly a kite by myself. Every time, my grandfather would launch the kite into the air first, and then I would run around holding the end of the string. Whenever my grandpa took me to fly kites, I would be as happy as a clam all day long!

When I was young, I always had unlimited energy to play games. I couldn't stand to stay at home and do nothing, so I always liked to pester my elders to take me out. Time flies by, I have not flown a kite for a long time now, partly because I am busy with my studies, and partly because there are so many new toys and entertainment products now. On weekends, I prefer to lie at home watching TV or playing video games.

中文思路:

放风筝是我小时候非常喜欢的娱乐活动。我记得小学的时候老师就教过我们自制风筝，那是我第一次接触它。在课堂上，老师教我们用白纸，木棍和绳子做成简易的风筝。

我记得在我很小的时候，爷爷总会带我去公园里放风筝。那是一段美好的回忆。也是我每周最期待的时刻。对于那时候的我来说，能让手里的风筝在天空中飞起来是一件非常不可思议的活动。但那时候我年纪太小，不会自己放风筝。每次都是我爷爷先把风筝放飞到空中，然后我再抓着绳子的一端到处乱跑。只要我爷爷带我去放风筝，我都能开心一整天！

当我年轻的时候，我总是有无限的精力和体力。待在家里会使我感到非常无聊，因此我总喜欢缠着长辈带我出去玩。随着年龄的增长，我已经很久没有放风筝了，一方面是因为学生生活比较忙，另一方面是因为现在新潮的玩具和娱乐方式太多了。周末的时候我更倾向于躺在家里看电视或者打游戏。

2: 年轻时的空闲活动（新题）女生版

Describe an activity you enjoyed doing in your free time when you were younger.

Some instructions you can follow:

What activity you did

Who you did it with

Where you did this activity

And explain why you enjoyed doing this activity in your free time when you were younger.

The Barbie doll was almost every girl's favorite toy in childhood, including me. To this day, I still like Barbie dolls very much.

In my memory, the first time I played with a Barbie doll was in primary school. I did well in the final exam, so my mother bought one for me. The most fun thing about Barbie dolls is that you can easily dress them in different clothes, pants and shoes. For example, you can add a skirt and high heels on her or give her beach pants and slippers.

I often exchanged different clothes for it, and I also liked to braid Barbie's hair. Unfortunately, its hair would lose a lot of threads every time I braided it. And I also used to make clothes for them with paper towels and would draw my favorite patterns on the clothes. Ordinarily, I played at home alone. At the weekend, I would play with my friend with our own dolls, one as the mother and the other as the daughter. It was much more interesting than playing alone.

Playing with the Barbie doll is a beautiful memory from my childhood. When I was alone, I could play with the Barbie doll for a long time, and I did not feel lonely at all. Unfortunately, Barbie dolls were expensive. My mother only bought one for me when I was a child. Now I still like Barbie dolls very much. If I can earn a lot of money when I start working, I hope to buy a cabinet for my family and put a lot of Barbie dolls in it.

中文思路:

芭比娃娃几乎是每个女孩子小时候最喜欢的玩具，当然也包括我。直到现在我依然很喜欢芭比娃娃。

记忆中我第一次玩芭比娃娃应该是小学的时候。因为我期末考试考得很好，我妈妈买了一个芭比娃娃送给我。芭比娃娃最好玩的地方在于你可以随意给它们穿不一样的衣服，裤子和鞋。比如可以给她穿裙子和高跟鞋，也可以给她穿上沙滩裤和拖鞋。

我经常给它换不同的衣服。淘宝店铺：安小雅留学。我还喜欢给芭比编头发，可惜她们的头发不经折磨，编一次就掉好多头发。我还曾经拿纸巾给她们做衣服，在衣服上画自己喜欢的图案。平时我只能一个人在家玩，到了周末的时候，我会和朋友一起用各自的娃娃过家家，一个人演妈妈一个人演女儿。这可比一个人玩有趣多了。

芭比娃娃是我童年的美好回忆。当我一个人的时候，我能和娃娃玩很久很久，一点也不觉得孤单。可惜芭比娃娃很贵，小时候妈妈也只给我买过一个。现在我还是很喜欢芭比娃娃，如果我工作以后能赚很多钱，我希望给家里买一个展示柜，然后给里面放很多芭比娃娃。

3: 投诉并得到满意结果（新题）

Describe a time you made a complaint about something and were satisfied with the result.

Some instructions you can follow:

Who you complained to

Is it easy to complain

What you complained about

And explain why you were satisfied with the result of the complaint.

Not long ago, I bought a brand-new laptop on JD.com, the online shopping platform of Jingdong, an e-commerce giant in China. And I was enraged to find out while window shopping on the site that the same product was several hundred yuan cheaper than what it was, not even a week since I received mine.

I immediately called Jingdong's customer service, hoping that I could recoup at least some of my losses. The girl on the phone was nice and polite. She asked for my order number and verified my purchase details. After about two minutes, she apologized for the inconvenience and advised that I could get a full refund of the price difference by simply applying for it via the Jingdong app.

It had been a truly smooth and pleasant shopping experience. Contrary to my expectations, making the complaint, which took less than ten minutes, turned out to be an easy process. After the call, I submitted my request via the app as per the instructions and received the refund that very afternoon. I've got to say that I couldn't have been more pleased with the outcome. Had I purchased the laptop at Computer City or anywhere else, getting a refund might have been rather difficult. JD.com has proven itself a highly trustworthy shopping site and I am happy to recommend it to my family and friends.

中文思路:

不久前，我在京东网上购买了一台全新的笔记本电脑。就在我收到电脑还不到一周的时候，某天我无意中点开网页，发现同样的产品竟然比我购买的时候便宜了好几百元，那一刻我感到非常生气。

我立刻拨打了京东的客服电话，希望能挽回一些损失。接待我的是一个态度很好的女生，她询问了我的订单号，并且核对了我的购买信息。大约两分钟之后，她向我表达了歉意，并且告诉我我可以自己在京东 app 上面申请，网站将会把差价全额退还给我。

我认为这是一次非常顺利且愉快的购物体验。我本以为投诉过程会很麻烦，没想到竟然如此简单。全程不过花费了十分钟。挂断电话后，我按照客服的指导在 app 上提交了申请，当天下午我就收到了退款。我不得不承认这个结果让我非常满意。如果我在电脑城或者其他地方购买这台笔记本电脑，商家也许并不会如此爽快的答应退款。京东网是一家非常值得信赖的购物网站，我很乐意把它分享给我的家人和朋友。

4: 不寻常的一顿饭（新题）

Describe a time when you had an unusual meal.

Some instructions you can follow:

When you had this meal

Who was with you

Where you had this meal

And explain what was unusual about this meal.

On my birthday this year, my boyfriend (girlfriend) and I had a wonderful time enjoying an exceptional dinner.

It was at a fancy restaurant in an upscale mall downtown which also happened to serve one of the most expensive buffets in our city. Truth be told, I had always been intrigued by that place, which explained why I was particularly looking forward to the treat there from my boyfriend. And boy, was I about to be dazzled by what was to come. Not only was the dining hall richly decorated, but there were also live piano performances to entertain the guests. Since my boyfriend made a point of reserving a window table, our meal came with the added benefit of a charming, panoramic view of the CBD in all its night-time glory.

For me, it was a dining experience like no other. For one thing, I have rarely had the luxury of having pricey meals at such a high-end restaurant. Having gotten used to the noisy environment of the school cafeteria where I mostly ate, the quiet and graceful manners of the waiters and waitresses actually made me a bit uneasy. For another, there was a great variety of food on offer, including salmon, sea urchins and foie gras, dishes I seldom, if ever, got to taste.

The evening could not have turned out any better. My boyfriend and I chatted and feasted until quite late. And there was even a small complimentary cake to take home. What a memorable, special dinner it was.

中文思路:

今年我过生日的时候，我和我的男（女）朋友享受了一顿不同寻常的晚餐。我认为那是一次非常美妙的体验。

男朋友带我去了一家高级餐厅，它也是我们市最贵的自助餐之一，它位于市中心的一家高档商场里。事实上，我一直对这家餐厅非常感兴趣，因此对这顿晚餐特别期待。到达餐厅后，眼前的一切都让我感到满意。餐厅不仅装修得富丽堂皇，甚至有人现场演奏钢琴。男朋友还特地预订的窗边的位置，透过玻璃窗，城市 CBD 的景色尽收眼底。

这顿饭对我来说是特别的。一方面是因为平常我都是在学校饭堂吃饭，很少去这么贵的餐厅。与饭堂嘈杂相比，这里安静的用餐环境，服务员礼貌的态度让我竟有一丝局促不安。另一方面，这里的菜品种类非常丰富，有很多我平时很少吃的品种，比如三文鱼，海胆和鹅肝。

这一切实在是太美好了，我和男朋友一边吃饭一边聊天，直到很晚才离开。临走的时候，餐厅还赠送了我一个小蛋糕。这顿特别的晚餐令我非常难忘。

5: 迟到（新题）

Describe a time when you were late for something important

Some instructions you can follow:

When and where it happened

What you were late for

Why you were late

And explain how you felt about being late for this important thing.

Not too long ago, I made a terrible mistake which was that I was late for the first day of my part-time job. But fortunately, I learned a lesson from it.

I work as a part-time tutor for a junior-high-school-student in my spare time while I'm at university. I had done a lot of preparation in order to do a good job as a tutor, I was hoping to leave a good impression on both student and parents.

Although I attached great importance to this part-time job, I unexpectedly confused the date of the part-time job and set a wrong clock! On that morning, while I was sleeping like a dog, my roommate shook me awake and told me the time was 9 o'clock. I immediately started awake, grabbed my bag and went out.

I had no time for breakfast and ran as fast as I could to the metro station. Since I was in such a rush, I ended up getting on the completely wrong subway! I felt incredibly foolish and was quite dismayed when I realized I would have to exit the carriage and find a subway going the opposite direction. By the time I reached the student's home, I was half an hour late! Though the parents didn't blame me, I still felt ashamed and a sense of guilt.

After that day, I would confirm what I had to do the next day before sleeping and never leave in a rush so that I would not make such a terrible mistake again.

中文思路:

不久前，我犯了一个灾难性的错误，我在工作的第一天迟到了。但幸运的是，我从中吸取了教训。

在大学期间，我利用课余时间给初中生做兼职家教。为了做好这份家教工作我看了很多书，我希望能给学生和家长都留下一个好印象。这对我来说很重要。

虽然我很重视这份兼职，但是我竟然在兼职开始的第一天，糊涂地定错了闹钟的时间！那天早上，正当我睡得迷迷糊糊的时候，我的舍友把我摇醒。告诉我现在已经是早上九点了。我立刻就清醒过来，随便收拾了一下就出门了。

我顾不上吃早饭，并且一路跑到地铁站。因为太匆忙了，我最终乘坐了完全错误的地铁！我觉得自己非常愚蠢，当我意识到我必须离开车厢去找另一个方向的地铁时，我感到非常沮丧。当我到达的时候，我已经迟到了半个小时！虽然家长并没有怪我，但我觉得非常惭愧。从那以后，我每天睡前都会确认我第二天需要做的事情，从不匆忙出门，这样我就不会再犯这样可怕的错误了。

（这个话题其实也可以跟约定的时刻串起来）

6: 想了解更多历史（新题）

Describe a period in history that you would like to learn more about.

Some instructions you can follow:

When this period in history was

How you first became interested in this period in history

What you already know about this period in history

And explain why you would like to learn more about this period.

As a science student, I don't know much about history. But if there is one period of time that piques my interest, it is China's Tang Dynasty.

I was first exposed to that period in my history classes in high school. Watching and listening to the teacher describing to us with gusto all its wonders and glories, my curiosity about the golden age started to grow.

What little knowledge I possess of the Tang Dynasty comes mostly from textbooks and TV dramas. There were quite a few popular TV series set in that era. In between the love stories of the main characters, I got to learn about certain historical figures and events. What stood out for me the most was the fact that the dynasty gave the nation its only female emperor, Wu Zetian. It was nothing short of amazing for Wu to climb to the pinnacle of power and command the respect and support of her ministers at a time in history when women were considered inferior to men. During her reign, Tang China flourished economically and culturally, with Chang'an (Xi'an), the capital, leading the world as the most developed city.

Every stage of history provides a snapshot of the social and economic realities of a country at a point in time. I want to understand how the Tang Dynasty managed its economic rise and what led to its eventual decline. Only by figuring it all out can we draw lessons from the past, and that is what the study of history is all about.

中文思路：

作为一个理科生，我对历史了解的并不多。淘宝店铺：安小雅留学。如果一定要选择一个感兴趣的，我了解中国唐代的历史。

我第一次接触唐代历史是在高中的历史课上。当老师兴高采烈的向同学们描述唐代辉煌的历史时，我也开始对这个朝代感到好奇。

我对唐代了解一点，但不多。大多来自于历史课本和电视剧。有几部热播的电视剧都是以唐代作为背景。除了男女主角的爱情故事之外，我也学到了一些历史人物和历史知识。我印象比较深刻的是唐代产生了中国历史上唯一的女皇帝武则天。要知道在古代中国，女性是不受重视的。武则天能成为皇帝，并且被大臣们认可，是一件非常了不起的事。并且在她的治理下，唐朝的经济和文化都得到了充分发展，都城长安一度成为全世界最发达的城市。

每一段历史都反映了当时国家的社会和经济状况，我了解唐代是如何发展经济的，后期又是如何走向衰败。我们只有了解了这些才能够从历史中总结经验教训，这是学习历史的最大意义。

7: 以后想学习的事情（新题）

Describe something you would like to study in the future.

Some instructions you can follow:

What you would like to study

Where you would like to study

How easy or difficult it would be to study this

And explain why you would like to study this in the future.

I want to talk about studying French, which is a complicated and romantic language. French is the official language of many regions and organizations. Because of its strict characteristics, formal and important documents, such as the legal provisions, are written in French. My teacher once told me that the United Nations has set English as its first speaking language, but French as its first written language.

I watched a foreign film last year, when I heard the characters in the film speaking French. I was touched by the beautiful voice. It makes me feel very elegant to speak and hear this language, so I want to learn French. I have learned some conversational phrases from the movie, but in order to learn it in a proper way, I chose a course at my campus this semester to learn French from the beginning.

I think French is one of the most difficult languages in the world because the pronunciation of French and the use of oral muscles is completely different from that of English. Some nasal and lingual sounds, in particular, are big challenges for me. But I believe there is no shortcut to language learning except listening, speaking, and practicing more. I'm looking forward to mastering this language well one day so that I can read some original books and watch French movies.

中文思路:

我想谈谈学习法语，这是一门复杂而又浪漫的语言。法语是许多区域和组织的官方语言。由于它非常严谨，正式且重要的法律条文等都是用法语书写的。我曾经听老师说过，联合国将英语作为第一交流用语，而将法语作为第一书面用语。

我去年看了一部外国电影，当我听到电影里的人物说法语的时候，我被这美妙的声音打动了。法语让我觉得非常优雅，所以我想学习法语。我从电影里学到了一些会话短语，但是为了用更适当的方法学习它，这学期我在学校选修了法语课程，希望能从头学起。

我想学习法语应该很难，法语的发音与口腔肌肉的使用方式与英语完全不同。尤其是一些鼻音和舌音，对中国人来说是一个巨大的挑战。但我相信语言学习没有捷径可走，无非就是多听多说多练。我很期待有一天能学好法语，然后去看一些原版的书籍和电影。

8: 住所附近的变化（新题）

Describe a recent development which has improved the area where you live

Some instructions you can follow:

What the new development is

What was there before this development

How long it took to complete

And explain how it has improved the area where you live.

A few months ago, a shopping mall opened its doors close to where I live. It is a large commercial center that caters to customers' shopping, dining, and other needs, and one, I must say, that has made my life a whole lot easier.

In fact, I don't exactly remember what used to occupy the land where the brand-new mega structure now stands. It seemed to have been a sprawling warehouse if my memory serves me correctly. The lot was fenced off when the construction of the mall began. And it took around a year for the work to be completed, during which time noise from the site was clearly audible when I was at home on weekends. The grand opening of the mall turned out to be quite an occasion for residents nearby. With much anticipation and expectation, they packed the spot in high spirits the entire business day.

I live by the river in a suburb. Beautiful as it is, the region had long been plagued by the lack of decent places to shop and dine. A few snack bars and convenience stores were all that was available in my neighborhood. Whenever I felt the urge or had the need to go shopping, I had to make inconvenient journeys by subway to shopping malls several miles away. It had also always been my mom's wish that we had a supermarket close by. Today, the mall is just a few minutes' walk away. And I can have whatever food I fancy sent to my door from the facility by using one of the delivery apps if I don't feel like going outside. Needless to say, the mall has been a real boon to residents in the surrounding area.

中文思路:

几个月前，我家附近新开了一家购物广场。这是一所集购物，餐饮，超市于一体的大型商业中心。不得不说这给我的生活带来了极大的便利。

事实上，我并不确切的记得那片地之前是干什么用的，如果我没有记错的话，似乎是一片仓库。后来那里就被围起来施工了，周末我在家里甚至可以听到施工的噪音。大约用了一年的时间，商场才逐渐成型。商场开业那天，在周边引起了巨大的轰动，人气异常火爆。周边的居民都对这座商场充满了期待。

我家住在城市郊区的江边，虽然风景优美，但是一直以来都缺少商业设施。我家楼下只有一些小吃店和小型的便利店。当我想逛街的时候，只能坐地铁去几公里外的商场，这非常的不方便。我妈妈也一直希望我家附近能有一座大型超市。现在，我只需要步行几分钟就能到达商场。不想出门的时候，我可以用外卖软件点到任何我想吃的食物。这座商场极大的提升了周边居民的幸福感。

9: 别人的好消息（新题）

Describe a time when you heard good news about someone you know well.

Some instructions you can follow:

Who the person is

What the good news was

When and how you heard the good news

And explain how you felt when you heard the good news about this person.

One afternoon in June this year, I received a call from my brother while I was getting ready to go to class as usual. He told me that his college entrance exam results were out and that he had been accepted to Sun Yat-sen University.

I could hardly believe my ears when I heard the news. After repeated assurances from my brother that this was not a prank, I couldn't help but start jumping up and down and screaming in excitement, leading my roommates to believe that I had just gone crazy.

It had been quite a while since I was thrilled by such unreservedly good tidings. My brother and I grew up together and, since he was four years my junior, he had always been a child in my eyes. He was He was a fun-loving boy and never excelled academically. And for that, he had been on the receiving end of many complaints from our parents. Thus, it came as a real surprise to everyone in my family that my brother should have performed so well in the potentially life-changing exam. I was so utterly happy for my brother the moment he delivered the news on the phone, happier than when I myself got admitted to the university, that I couldn't wait to rush home and congratulate him face to face. Afterward, I gave my brother a big hongbao, a red envelope with gift money inside, as there is no better way for the Chinese to express their best wishes to others.

With hard work and a bit of luck, everyone can be a miracle worker someday.

中文思路:

今年六月一个下午，当我和往常一样准备去上课时，我接到了弟弟的电话。他告诉我他的高考成绩出来了，他被中山大学录取了。

听到这个消息的时候，我简直不能相信自己的耳朵。我再三和他确定他不是在开玩笑后，我兴奋的跳了起来。我忍不住在宿舍开始尖叫，以至于我的舍友都认为我疯了。

这对我来说无疑是一个天大的好消息，我已经很久没有这么激动了。我的弟弟比我小4岁，我们两个从小一起长大。在我的印象中，弟弟一直是个小孩子。他从小就很贪玩，因此学习成绩一直平平无奇，我的父母为了弟弟的成绩没少抱怨。他能在高考中发挥的这么好，是我们全家都没有预料到的。接到他电话的那一刻，我比我考上大学的时候还要开心，恨不得立刻飞奔回家恭喜他。之后，我给弟弟发了一个大红包。这是中国人用来表达祝福最好的方式。

有时候，自己的努力加上一点运气，就会有意想不到的结果出现。

10: 见过的有趣老人（新题）

Describe an interesting old person you have met.

Some instructions you can follow:

How you met him/her

Who the person is

What kind of person he/she is

And explain why you think this old person is interesting.

My neighbor Roy is a very interesting old man. We live in the same building. We occasional bump into each other and have a conversation. I have known him for quite some time now, I think we first met about a year and a half ago. Although there is a large age gap between us, I enjoy talking to him.

I find Roy is such an interesting man because when he was young, he used to be a travelling actor. He was part of a theatre group which would travel all over the country and perform traditional and modern plays in all sorts of different theatres. Therefore, whenever we see each other in this café, I always ask him to tell me a story from that period of his life. He tells me the most interesting tales about strange cities that are far away and the even stranger people he met. Or he tells me stories about the wild and absurd plays. The plays are written by modern playwrights, so I always desire to listen to him. What's more his stories are always filled with such imaginative characters and beautiful places. At times, I am not sure whether he is telling the complete truth, but I do not mind, because the stories are so interesting and diverse. I am very happy I know my friend Roy.

中文思路:

我的邻居罗伊是一位非常有趣的老人。我们住在同一栋楼，因此我们经常撞见并一起聊天。我认识他已经有一段时间了，我们第一次见面大概是一年半前。虽然我们的年纪差距很大，但我很喜欢和他聊天。

我发现罗伊是一个很有趣的人，他年轻的时候曾是一名旅行演员。他是某个剧团的成员，这个剧团要在全国各地，各种不同的剧院演出传统和现代戏剧。每当我们在咖啡馆遇到彼此，我总是请他给我讲他这段时间的经历。他会给我讲关于遥远陌生的城市和他遇到的陌生人的有趣故事。或者他会给我讲一些荒诞不经的戏剧。这些剧本是由现代剧作家写的，我总是想要听他讲故事。他的故事总是充满了有创造力的人物和美丽的地方。有时我不确定他说的是真是假，但这并不重要，因为故事是那么有趣和多样。我很高兴认识我的朋友罗伊。

11: 去过的一个嘈杂地方（新题）

Describe a place you went to that was very noisy.

Some instructions you can follow:

Where this place was

What you did there

Why it was very noisy

And explain how you felt about this place being so noisy.

As is known to all, square dance is a unique activity in China, which many old people like to take part in. This is because they think it is a convenient method of exercise without the risk of overexerting or injuring themselves. However, it is definitely a terrible experience for the residents living nearby.

Every night after dinner, there are always a group of old people dancing in the square near my home. They turn on loud music through speakers and then begin to dance. Whether I happen to pass by or stand on the balcony of my home, I can hear their music playing loudly. Their favorite song to play is "The Coolest Ethnic Trend." It's a very upbeat, rhythmic piece of music. Every night, at the same time, this song plays. For one thing, the music is terrible. For another, if I hear it every day, no matter how good the music is, I definitely won't enjoy it.

I completely can't bear the noise that comes from the square. That group of old people dance for almost two hours every day. What's even worse is that there are occasionally several groups of people who turn on different kinds of music at the same time! I think I can't consider it to be music, but rather a kind of noise. I once went to the community office to complain about their behavior, but because they were so enthusiastic about it, the community office had no choice but to persuade them to lower the volume of their music.

中文思路:

众所周知，广场舞是中国特有的一种运动，很多老人家都喜欢参加，他们认为这样可以锻炼身体。淘宝店铺：安小雅留学。然而这对于住在附近的住户来说，绝对是一项不好的经历。

每天晚上吃完饭，我们家楼下的广场上总有一群阿姨在跳舞。他们用很大的喇叭大声的播放音乐，并且随着音乐跳舞。不论我是恰巧经过，还是站在家里的阳台上，都能听到它们播放的音乐声。他们最喜欢的播放歌曲一定是『最炫民族风』。这是一首很欢快，节奏感很强的音乐。每天晚上这首歌都会准时响起。一方面，他们播放的音乐很难听。另一方面，再好听的音乐，如果每天都放一遍，我一定会非常讨厌那首歌。

我非常不喜欢小区里的广场，噪音让我非常崩溃。他们每天都会跳将近两个小时。更糟糕的是，有时会有几批不同的人在同一时间播不同的音乐！我不能称之为音乐，而是一种噪音。我曾经去过社区办投诉她们的行为，但是因为她们对此非常热衷，社区办也没有办法，只能劝说她们降低一下音乐的音量。

12: 完成的骄傲事情（新题）

Describe something you achieved that you are proud of.

Some instructions you can follow:

What you achieved

How you did it

How difficult it was to do

And explain why you are proud of this achievement.

When it comes to describing something I was very proud of, I would like to talk about the first-class scholarship of our university which I earned last year.

Last year I tried to win the first-class scholarship. It is based on the academic performance of each semester, and the students whose average score are in the top ten of the whole grade are awarded a scholarship of 2,000 yuan. If I win the scholarship, I can travel to other cities during the next vacation.

It is an arduous process to earn the scholarship. I devoted myself to studying and trying to get better scores in every examination. I also took part in lots of social activities in my free time. Until one day at noon, my roommate Lucy told me that the scholarship list had been announced and I made it!

This scholarship makes me very excited and satisfied. It means my whole year's effort was paid back. I shared the good news with my family and friends. My parents said that they were proud of me. The praise from friends and parents made me feel that my efforts were rewarding. I love the feeling of winning awards and will continue to concentrate on study this year. I hope I can earn scholarships again.

中文思路:

谈到骄傲的时刻，我想谈谈我获得奖学金的事，这足以让我开心了好久。去年，我试图获得我们学校的一等奖学金。一等奖学金以每学期的学习成绩为基础，平均在年级前十的学生可获得 2000 元的奖学金。这对一个学生来说是一大笔钱!! 如果我能获得奖学金，我可以用这笔钱和朋友一起去其他城市旅行。

获得奖学金是一个艰苦的过程。我全身心地投入到学习中，努力在每次考试中取得更好的分数。我还用课余时间参加了很多社会实践活动。直到我的室友 lucy 告诉我奖学金名单公布了，里面有我。

这份奖学金让我感到非常兴奋和满足，不仅因为这笔钱可以买很多我喜欢的东西，还是对我这一年努力的肯定。兴奋之余，我把这个好消息分享给了我的家人和朋友，爸爸妈妈说以我为骄傲，朋友和亲人的赞美都让我觉得我的努力没有白费。我想今年我会继续努力的，我很喜欢得奖的感觉，我希望能继续获得奖学金。

13: 不喜欢的广告（新题）

Describe an advertisement you have seen that you did not like.

Some instructions you can follow:

Where and when you saw this advertisement

What it was for

What you could see in the advertisement

And explain why you did not like it.

It was around last year that all the elevators in our neighborhood were installed with advertising screens. And since then, I have been subjected to ad attacks every time I go in and out of the buildings. Among my least favorite ads was one by KFC.

The commercial was, of course, meant to increase awareness of and promote special offers from the fast-food giant. I don't quite remember the video content, which might have been images of burgers and fried chickens. But I will never forget the voice-over. As if on repeat, the clip kept blaring the phrase "Crazy Thursday, Two for ¥9.90" over and over again. The speed with which the words were uttered, coupled with the jarring music in the background, gave me the impression of a monk chanting fast in my ear, which was really irritating.

With TV, I can switch to another channel if there is a commercial I don't like. In the case of the elevator ad by KFC, however, that was not an option. I'd be exposed to it as long as I needed to take the elevator. And I found that not particularly pleasant. Besides, I have a suspicion that the promotion had not been truthful. I have been to a KFC restaurant on Thursdays. The "Two for ¥9.90" fried chicken featured in the ad was nowhere to be seen, and practically every item that was supposed to be on sale was sold out. For these reasons, I do not take a liking to KFC. If I feel like having fast food, I'd be more inclined to go with McDonald's.

中文思路:

大概是去年，我们家小区的所有电梯，都被安上了广告屏幕。从那以后每次我乘坐电梯，都会被迫看广告。其中我最不喜欢的，就是肯德基的广告。

这则广告当然是为了宣传肯德基的品牌的以及优惠活动。它的画面我印象不深，大概是肯德基的汉堡和炸鸡的一些视频。但这条广告的声音我绝对忘不掉，它一直在重复疯狂星期四，两份九块九这句话，就像一部复读机一样。广告的语速很快，配上聒噪的音乐。就像一个和尚在我的耳旁快速念经，听起来令人烦躁。

看电视的时候如果我遇到不喜欢的广告，我可以选择换台。而肯德基的电梯广告是我无法选择的。只要我需要乘坐电梯，那我得被迫看这条广告。我很不喜欢这种方式。此外，我觉得肯德基完全是在虚假宣传，我曾经在周四去过肯德基，根本没有看到广告里九块九的炸鸡，有优惠的产品基本都显示已售完。我对肯德基实在没什么好印象，如果我要吃快餐，我更倾向于选择麦当劳。

14: 喜欢一起工作/学习的人（新题）

Describe a person who you enjoyed working or studying with.

Some instructions you can follow:

Who this person is

How long you worked or studied together

What work or studies you did together

And explain why you enjoyed working or studying with this person.

I am more than happy to work with my cousin, Mike. He's only a few months younger than me. He looks kind of chubby, but you shouldn't judge a book by its cover. He is highly intelligent yet carries himself with humility.

We've known each other since we were kids, but it wasn't until high school that we got to be classmates for the entire three years. Since we were very close, we would do every group assignment together. We even entered a municipal innovation competition as a team. While we failed to bring home any trophy, it was a memorable experience nevertheless. A far better student than I, cousin Mike was among the top three scorers in the class in almost every exam. And my mom is full of praise for Mike every time we have a big family get-together.

As I've mentioned before, his humility and amiability would make him the perfect partner when studying, unlike those more arrogant people out there. I've always admired modest and friendly people, and those characteristics are what you can expect from my cousin. He is one of those humble and friendly people. He is never one to brag about his achievements, and always tries his best to help out. For me, he made a resourceful teacher and a reliable friend, that's why I think having a good partner like him is a wonderful experience.

中文思路:

我很喜欢和我的表弟 mike 一起学习，我表弟年纪跟我相仿，只比我小几个月。他看起来胖胖的，但人不可貌相。他非常聪明，同时还很谦虚

我们两个从小就认识了，直到高中才成为同班同学。我们一起学习了三年时间。因为我们两个关系很好，所以每次小组作业，我们都会一起完成。我们还组队参加过市级的创新大赛，虽然没能获奖，但是这段经历给我留下了深刻的印象。Mike 的成绩比我好很多，他几乎每次考试都能排在班级的前三名。每到过节全家一起聚餐的时候，我的妈妈都会对表弟赞不绝口。

我喜欢跟他一起学习的原因是他是个谦虚的，很好相处的人。我一直以来都很厌恶那些傲慢自大的人。相反，我很欣赏谦虚的，为人友善的人。我的表弟就是这样的一个人。他从不自夸，从不把自己的成就挂在嘴边。无论谁向他问问题，他都会虚心地尽其所能解答。淘宝店铺，他是我的良师益友安小，雅跟他一起学习是一件愉悦的，高效的事情。

15: 常用网站（新题）

Describe a website that you use regularly.

Some instructions you can follow:

What the website is

How often you use it

How you found out about this website

And explain why you use this website regularly.

The website I use most often in my spare time is Taobao.com, the largest online shopping site in China today. It offers not only daily necessities but also some hard-to-come-by niche collectables.

I have a habit of visiting the site every day, even if just to window shop. I enjoy browsing the recommended items as I find the process liberating, just like shopping in a mall. And occasionally, when I stumble upon something that is both to my liking and within my budget, I place an order without hesitation.

If my memory serves me well, the website was recommended to me by a friend when I was in junior high and it has become part of my life ever since. I am so used to getting everything I need from the site that my world would be turned upside down should it no longer exist one day.

Thanks to the convenience of online shopping, I rarely ever go to malls these days. With a click of the mouse on Taobao.com, I can have my orders delivered to my door. The best part is, you can often find great deals on the shopping site. I can sometimes get the same product for half the price I would have been charged at a brick-and-mortar store. And you can expect even more discounts on major holidays and festivals such as Singles' Day, or Double Eleven as it is known here in China.

中文思路：

生活中我最常用的网站就是淘宝网。它是当今中国最大的线上购物网站。淘宝网不仅有日常的生活必需品，一些小众收藏品也可以在网站上买到。

我每天都会习惯性的打开淘宝网，即使我并不想购物。我喜欢浏览淘宝网的商品推荐，这个过程就像逛商场一样，让我觉得非常解压。偶尔我也会在里面发现自己的喜欢的商品，如果商品价格是我所能承受的，我就会毫不犹豫的买下它。

如果我没有记错的话，淘宝网是我上初中的时候，我的朋友推荐给我的。从那以后这个网站就变成了我生活的一部分。我习惯在这个网站上购买一切我所需要的物品。如果有一天这个网站不存在了，我的生活将会变得无比糟糕。

网购实在是太方便了，以至于我现在很少逛街。我只需要在淘宝上点击下单，快递就会把我买的商品直接送到我家。最重要的是，同样的产品，淘宝网上经常会有优惠。有时候我只需要用一半的价格，就可以买到和商场一样的东西。如果遇到一些重大节日，比如双十一，淘宝网的优惠就更多了。

16: 开学的第一天（新题）

Describe something you remember about your first day at a new school.

Some instructions you can follow:

Where the it was

What you remember well

How you felt about your first day at the school

And explain why you remember this about your first day at the new school.

My high school holds my most cherished memories in life so far, and as such, I still remember my first day there.

It just so happened that, the year I was supposed to start, the school moved its campus from the city center to a faraway place in the suburb. Given its remoteness, the site couldn't be reached by subway and every single journey for me would mean a long and tedious bus ride.

My very first and deepest impression of the school was the utter desolation of its surroundings. Grand and shiny as the new campus was, there were no commercial establishments nearby. All that was there were wastelands and villages waiting to be developed in the country's urbanization drive. I would be lying if I didn't say I was a bit disappointed.

After a visit to the campus, however, my mood took a turn for the better. In addition to a classroom building one would normally expect, the institute came equipped with an indoor gymnasium and its own library, facilities that were traditionally considered luxuries for a high school. Seeing so many unfamiliar faces in such an unfamiliar environment, however, I couldn't help but feel nervous and uneasy. And it wasn't until I recognized and rejoined a couple of classmates from junior high that my mind was finally put at ease.

I spent the next three happy years at the school. I had the joy of witnessing not only my own rapid growth in the company of an ever-expanding army of friends but also the steady rise of the area around the campus, with a land of nothing transformed into a mega shopping center. While those years may have been long gone, I will always miss my first day of high school.

中文思路:

高中时期一直是最怀念的一段时光，我至今记得第一天开学的情景。

我上高中的那一年，我们学校恰好搬到了新校区。本来位于市中心的学校，搬到了很远的郊区。那里甚至没有通地铁，我每次都要坐很长时间的公交车才能到学校。

报道那天，我印象最深的就是学校周边真的很荒凉。虽然我们的校园又大又新，但是附近没有任何商业设施。只有待开发的荒地和城中村。不得不承认我有点失望。

进了校园之后，我的心情才有所好转。除了传统的教学楼，学校甚至修建了室内体育馆和图书馆。这对于一所高中来说是很奢侈的。面对崭新的校园和陌生的同学，我更多的感到紧张和不安。直到我在班里找到了熟悉的初中同学，我的心情才平静下来。

后来，我在这所学校度过了愉快的三年高中生活。我不仅有了越来越多的好朋友，还亲眼看着学校周围一点一点发展起来。荒地变成了大型购物中心。我自己也在这所学校迅速成长起来。虽然我已经毕业很久了，但我总会怀念起开学第一天。

17: 想短暂停留的城市（新题）

Describe a city you would like to visit for only a short time.

Some instructions you can follow:

Where the city is

Who you would visit the city with

What you would like to do there

And explain why you would like to visit this city for only a short time.

Lhasa is a very well renowned city and I have always wanted to take a short trip to Lhasa.

Long time ago, I had heard about this beautiful place on the Internet because it is called the Sunshine City. Many friends of mine who have been there have also recommended it to me. Located on the Tibetan Plateau, Lhasa is one of the highest cities in the world. Lhasa owns the world-famous Potala Palace, and it is also the holy land of Buddhist believers.

I wish to go to Lhasa with my family. Most scenic spots in Lhasa need to be reached by car, and my dad is an experienced driver. If I have the chance, I definitely will go to Namtso. This is one of the three holy lakes in Tibet. Aside from the clear lake, visitors can see the snow-capped mountains in the distance. I want to go to the famous Potala Palace, which is the landmark of Lhasa.

Lhasa is a magical and interesting city, where the air is thin, but the people are full of faith. Although I have been wanting to go Lhasa for long, I only want to stay there for a short time. 5 days may be enough. The altitude of Lhasa is very high and I would probably get altitude sickness. My parents are no longer young and I am afraid they would not be able to handle the altitude sickness either.

中文翻译:

拉萨是一座非常著名的城市，更是很多中国人心中此生必去的旅游目的地之一。我一直想去拉萨进行一场短途旅行。

很久之前，我就在网上听说过这个美丽的城市，因为它被称为日光之城。很多去过的朋友也跟我推荐它。拉萨位于青藏高原，是世界上海拔最高的城市之一。这里不仅有全世界闻名的布达拉宫，更是许多佛教信徒心中的圣地。

我希望和我的家人一起去拉萨。拉萨的大多数景点都需要自驾才能到达，而我的爸爸是一名有经验的司机。如果我去拉萨旅游，那我一定不会错过纳木错。这里是西藏的三大圣湖之一。除了清澈的湖水，远处还可以看到雪山。我想去著名的布达拉宫，这是拉萨标志性的建筑。

拉萨是一个神奇又有趣的城市，这里的空气稀薄，但是这里的人却充满了信仰。虽然拉萨是个很吸引我的地方，但是我只想短暂停留。我计划呆 5 天左右。拉萨的海拔很高，我很可能会有高原反应。我的父母也年纪大了，我同样担心他们的身体健康。

18: 教朋友或亲戚的时刻（新题）

Describe a time when you were teaching a friend or a relative to do something.

Some instructions you can follow:

Who you taught

What you taught him/her to do

How easy it was to teach him/her

And explain how you felt about teaching this friend/relative.

Not long ago, I taught my brother Mike how to reinstall the computer system. Although I am not majoring in computer science, I have learnt how to use computers and have often played computer games since childhood. The computer that I am using now is built by me, and I installed all of the software by myself too. So, reinstalling the system and solving the computer lag is a piece of cake to me. Also, I often help my friends maintain their computers.

Though I could reinstall the system for Mike directly, he can do it by himself instead if I have taught him the process. Although he is only 15 years old, he has a talent for it. It will be quite easy to teach him how to reinstall the system. All I had to do was to give him a disk and tell him the process, then he knew how to do the procedure.

I was glad to teach him how to fix the computer problem. Although computer failure is not a common thing in daily life, I think it is very necessary to learn some basic knowledge of hardware and software. Fixing a computer, like driving a car, is a practical skill. After all, the computer is a necessity in everyone's life. If it is not operated properly, you may lose some important documents. So, if we can solve some basic problems by ourselves, it could save us considerable time and money.

中文思路:

不久前，我教会了我表弟 mike 如何重装电脑系统。虽然我不是学计算机技术的，但是我从小就会用电脑，平常时常打游戏。我正在用的电脑也是我亲自买部件组装的。所以一般的重装系统和解决电脑卡顿对我来说都不在话下。生活中经常有朋友让我帮他修理电脑。

虽然我可以直接帮 mike 重装系统，但是如果我能教会他自己动手重装的话，下次遇到这种问题，他就可以自己解决了。Mike 虽然只有 15 岁，但他是个很有天分的人。教他重装系统是一件非常容易的事。我只是给了他一张光盘，然后简单的告诉他操作步骤，他就完美的解决了自己的电脑故障。

我很开心我能教会 mike 重装系统，电脑坏掉这种事在生活中虽然不常发生，但我认为学习一些基本的软硬件知识是非常必要的。修电脑就像开汽车一样，都是很实用的技能。毕竟电脑是每个人生活中的必需品，一旦操作不当，可能会导致一些重要文件的丢失。一些小问题如果能够自己解决的话，很大程度上可以节约自己的时间和金钱。

19: 派对里交谈甚欢的人（新题）

Describe a person who you enjoyed talking to at a party.

Some instructions you can follow:

Who the person was

When and where the party was

What you talked about

And explain why you enjoyed talking to this person at the party.

During the summer break not long ago, I attended a high school reunion organized by our former class president and held at a restaurant next to our school campus.

It had been almost three years since I last saw my classmates on the day of our graduation. I got to meet Anna and we had a lot to talk about since we are in college in the same city. She shared with me a lot of gossip and great dining places which I found really interesting.

I didn't get along with her before, but I found out there was a lot in common between us throughout this conversation. Anna is an outgoing and social girl who is well informed about the latest breaking news and trends, take, for example, the latest memes and newly opened restaurants. I bet you she'll be the first to know nine times out of ten. It's interesting listening to her ramble, and I would accredit that to her expertise in delicacies. I may be a foodie myself, but I would never be able to reach such great lengths when it comes to knowing how to locate the best outlets in town.

Anna often shares her newfound diner at some nook of the city to me. As a lover of food, it is all I ever wanted to make a friend with whom I can talk and together share our hearts out. Anna is a blessing to my life and it is such an honor to have such a fun and kindhearted friend. I am glad to have met her again in this party and we have become close friends ever since.

中文翻译:

不久前的暑假，我参加了一场高中同学聚会。这场聚会是我们班长组织的，地点选在我们学校旁边的一家餐厅。

自从毕业后，我和高中同学已经快三年没有见面了。在这次聚会上，我见到了 anna。我们目前在同一所城市上大学，这让我们有了不少共同话题。在和 anna 聊天的过程中，她和我分享了很多八卦消息，还推荐了几家餐厅给我，这让我非常感兴趣。

之前我和 anna 并不熟悉，但是这次聚会让我发现我们两个非常聊得来。淘宝店铺：安小雅留学。anna 是个非常开朗的人，喜欢交朋友。她对当下热点和潮流特别了解。最近发生了什么有趣的事，又或是哪里又开了新餐厅。他都能第一时间发现。和她聊天的过程中我听到了很多有趣的事。最重要的是她对美食很有研究。我也喜欢美食，但我并不知道去哪里找到那些好吃的餐厅。她经常能发现好吃的餐厅并且分享给我。对于热爱美食的人，能找到一个志同道合的朋友一起分享和讨论，真的是一件非常愉快的事。我很庆幸这次同学聚会，让我重新认识了 anna，我们从此成为了非常好的朋友。

20: 收到急需品的时刻（新题）

Describe a time when someone gave you something that you really wanted.

Some instructions you can follow:

Who this person was

What this person gave you

Why you wanted this thing

And explain how you felt when you got this thing.

I am extremely grateful to Anna, my roommate, for showing up when I needed help the most.

It was on a morning several weeks ago when I was getting ready to go to class. I stepped out of the dorm to check the weather so that I could decide what shoes to wear for the day. A strong wind came all of a sudden and before I could react, the door slammed shut behind me with a loud bang.

My mind went blank. All I knew at that moment was that I had been locked outside with my pajamas and slippers on. To make matters worse, I did not have my cellphone with me.

Luckily, I was able to borrow a phone from a classmate next door and get in touch with Anna. She was having breakfast in the school cafeteria and told me she was on her way back after hearing what had just happened to me. There she was, 15 minutes later, handing me the key with a smile like an angel.

It was winter and the temperature was low. Had it not been for Anna, my whole day would have been ruined and I could very well have fallen ill. I couldn't have thanked Anna enough. A friend in need is a friend indeed. By putting aside whatever she was doing to bring me the key, Anna had proven herself a truly worthy friend. Should she be in trouble someday, I would not hesitate to do whatever I can to help her out.

中文思路：

我非常感谢我的舍友 anna，她在我非常无助的时候给予了我帮助。

就在几周前，有一天早上我准备去上课。当我出门想看看今天穿什么鞋子的时候，突然一阵风吹来，伴随着巨大的声响，宿舍的门瞬间锁上了。根本没有给我反应的机会。

那时候我的大脑一片空白。我只知道自己穿着睡衣和拖鞋，被锁在了门外。更惨的是我的手机还没有带在身上。

万幸的是，我跟隔壁同学借到了手机，成功联系到了我的舍友。接到电话的时候，Anna 正在食堂吃早饭。听说我被锁在门外，她立刻赶了回来。大约 15 分钟后，我见到了 anna，她微笑着把钥匙递给我，那一刻我觉得她仿佛是我的天使。

我被锁在门外的时候是冬天，室外的温度很低。如果没有 anna，不仅我当天的计划会被全部打乱，我很可能还会因此生病。我对 anna 充满了感激。真正的朋友是在我有需要时，能够放下自己的手头的东西来给我送钥匙。如果之后 anna 遇到了困难，我也会尽自己最大的努力去帮助她。

21: 跟别人一起做事的经历（新题）

Describe something you did with one or more people (e.g. an activity, a piece of work).

Some instructions you can follow:

What you did

Who you did it with

How long it took

And explain how you felt about doing something with one or more people.

My final presentation last semester was highly valued by my teacher. She said that it was a perfect presentation. What's more, I also gained extraordinarily good academic results for the term.

The final presentation was collectively carried out by our group of six. In the group, we assumed different roles with some responsible for developing PowerPoint slides and some for research. I was responsible for delivering the presentation. I started to practice my presentation two weeks in advance in order to achieve a perfect outcome. Whenever I was free, I would rehearse my presentation in front of a mirror in the dorm. Every day I would spend at least 1 hour practicing in order to be able to give the speech without the script.

The reason our group was so highly acclaimed by our teacher was that, compared with other groups, we were the most well-prepared one. Our PPT slides were exquisitely designed with rich content and well-researched sources. Prior to the presentation, I'd already been confident about myself.

Team work is the most efficient way to complete a complex task. Everyone in my team is amazing. It is a pleasure to work with them. We not only successfully completed the presentation and became close since then.

中文思路:

上学期末，对于我的期末汇报，我的老师给予了高度评价。她说这是一场完美的汇报。最后我也获得了非常好的期末成绩。

这项期末汇报是我们小组六个人共同完成的。我们每个人都有不同的分工，有的人负责做 ppt，有的负责查找资料。而我负责演讲。为了使演讲更加完美，我提前两周就开始练习了。有空的时候我就在宿舍对着镜子不停的练。为了脱稿演讲，我每天至少都会练习一个小时。

老师之所以对我们小组有很高的评价，是因为和其他人相比，我们的准备是最充分的。我们的 PPT 制作精美，内容丰富并且有充足的数据支撑。演讲前，我就对自己充满了信心。

当面对一项复杂的工作时，团队合作是最高效的方式。我们小组的每个成员都非常棒，和他们合作让我感到非常愉快。在这次合作中，我们不仅收获了好成绩，也让我们几个人成为了很好的朋友。

22: 喜欢的演员（新题）

Describe an actor who you admire for playing a particular character in a film/movie.

Some instructions you can follow:

Who the actor is

Where and when you watched this person

What kind of character this person played

And explain why you admire the actor for playing this character in a film/movie.

Robert Downey Jr., an actor, is my cup of tea. Maybe some haven't even heard of his real name and only know the famous role he has played — Tony Stark, or Iron Man. I was first introduced to him when I watched a superhero movie with my school friends in the cinema. I can't remember when it was now, but I've been crazy about Iron Man from then on!

Robert portrayed a charming and humorous billionaire in the series. Unlike his rich peers, Tony Stark pursued the lofty ideal of fighting for justice and saving the world. For this purpose, he developed a suit of high-tech armor that enabled him to fly into the sky and defended him from any attacks. In his day to day life, he is a charming guy with humor and pizzazz. When the suit is on, he turns into a superhero who fights persistently against all evil.

I adore Robert Downey Jr.'s portrayal of Iron Man. He is incredibly awesome! I believe every boy has a dream of becoming a superhero, and Iron Man is the very sort of idol I'd imagine myself to be in my childhood dreams!

中文思路:

我喜欢的演员是小罗伯特唐尼。其实可能很多人都不认识他的名字，只认识他所扮演的角色，那就是钢铁侠。我第一次知道它就是在电影《钢铁侠》里。我记得我是在电影院跟我的同学一起看的，具体已经不记得是什么时候了。我只记得我当时就迷上了钢铁侠！

在电影里，他扮演了一个富有魅力且幽默的百万富翁。跟一般的富豪不一样，他有着拯救世界，伸张正义的理想。于是他制作了一身高科技铠甲，穿上后就他就可以飞天下海，任何武器都伤害不了他。没穿上铠甲的他是一个风度翩翩，幽默有趣的帅气男人。穿上铠甲后，他则是一个坚韧不拔，尽全力和恶势力斗争的超级英雄。

我非常喜欢唐尼扮演的钢铁侠这个角色，因为我觉得他是在是太酷了！我相信所有男生都有一个成为超级英雄的梦。而钢铁侠则完完全全是我小时候的梦想里想成为的那一个超级英雄

23: 去过的一个空气不好的地方（新题）

Describe a place you went to where the air was not clean.

Some instructions you can follow:

Where the place was

When and Why you went there

Why the air was not clean

And explain how you felt about being in a place where the air was not clean.

A little while ago, a few of us held a birthday celebration for Anna, a good pal of mine, at a barbeque shop. What struck me the most about the diner was its terrible air.

As everyone knows, a good ventilation system is crucial for a barbeque restaurant. That is because, if not removed in time, the smoke produced while barbequing could quickly make the air in the place insufferable. It might have just so happened that something went wrong with their exhaust system on that day, or it may have always been the case with the shop, but the smoke was so heavy that I couldn't help but keep shedding tears. I tried to get the problem solved by making a complaint to the waiters, but things did not get any better.

As someone with an acutely sensitive respiratory system, the poor air quality had the additional effect of making me cough uncontrollably. As soon as we finished eating, I proposed that we go somewhere else to continue our little gathering since the dining spot had become practically unbearable. Perhaps because the rest of the group also had a problem with the air there, my proposal gained instant support. We later settled ourselves in an outdoor café with nice air and, with that change of environment, I found myself in a much better mood. No sensible person would enjoy having dinner in a room filled with smoke. I, for one, would never go back to that barbeque shop ever.

中文思路:

不久前，为了庆祝我的好朋友 anna 的生日，我们几个朋友一起来到了一家烤肉店聚餐。那家餐厅给我留下最深刻的印象就是，那里的空气非常不好。

要知道对于一家烤肉店而言，换气系统是非常重要的。烤肉本身就会产生大量的油烟，如果不能将油烟及时排出，淘宝店铺，整个餐厅的空气就会非常差安小。雅而那天，不知道是餐厅的抽风系统坏了，还是这家店本来就如此，在吃饭的过程中，我被油烟熏的一直流眼泪。我尝试向服务员投诉，然而情况并没有得到改善。

我是个呼吸系统非常敏感的人，不干净的空气会让我一直咳嗽。当大家都用餐完毕后，我立刻提议我们换个地方聊天。因为呆在那里实在是太难受了。其他人似乎也觉得餐厅的空气很差，我的提议立刻得到了大家的支持。后来，我们去了一家空气很好的户外咖啡厅，我的心情也跟着好起来。没有人愿意在充满油烟的房间里吃饭，我想我再也不会光顾那家烤肉店了。

24: 难用的科技产品（新题）

Describe a piece of technology that you find difficult to use.

Some instructions you can follow:

What you use it for

When you got it

How often you need to use it

And explain why you find this piece of technology difficult to use.

Not long ago, I bought an expensive SLR camera in order to take better pictures. I like to record the memorable moments of my life, and I thought this camera would be the best tool to record them. But after I bought it, I found it wasn't as easy as I thought. There are several capture modes on the camera which are very complicated to handle. I only knew how to use the automatic mode at first. The pictures I took were so different from what I imagined it should be.

So, I spent days reading some books about photography which introduced the use of the SLR camera and how to set complex parameters. Of course, it is also important to practice so I went to the park and other places to take pictures. I devoted myself to learning it, and finally it took me about a month to master some basic skills of photography. From then on, I often go out to take some photo with my camera. I gradually learned how to use an SLR camera and was able to take some good pictures. My classmates all thought I was very good at photography and usually asked me to take pictures of them when we went out.

Although I have made great progress now, I have to admit that there is still a big gap between me and professional photographers. I still struggle to make good use of the light and shadow when capturing. A professional SLR is a really hard thing to use.

中文思路:

不久前，为了拍出好看的照片，我买了一部很贵的单反相机。我喜欢记录生活中值得记录的时刻，所以我觉得这部相机会是记录生活的好工具。但是买回来之后，我发现拍照并没有想象中那么容易。单反有很多复杂的摄影模式。而我只会使用自动模式。拍出来的照片和想象中差距很大。

于是我花了几天的时间学习了几本关于摄影的书籍，书籍里面详细的介绍了单反相机的使用方法和如何设置复杂的参数。大概用了一个月的时间，我终于掌握了一些基本的方法。之后每逢周末，我都会带着相机出去拍照。我逐渐学会了怎么使用单反，现在可以拍出一些很好的照片了。我的同学都觉得我拍的照片好看，出门的时候都让我给她们拍照。

虽然现在我有了很大的进步，但是我不得不承认，我和专业的摄影师还是有着很大的差距。在一些光线不好的地方，我依然感到吃力。专业的单反相机真是一件很难使用的东西。

25: 家里舒服的某处地方（新题）

Describe the part of your home where you most enjoy relaxing.

Some instructions you can follow:

What part of your home this is

When you usually relax there

How you relax there

And explain why you find this part of your home an good place to relax in.

My bedroom is the place where I feel most at ease at home. It is not big but is large enough to accommodate everything I need. Since it comes with its own wardrobe and bathroom, it saves me the hassle of storing my personal belongings in the shared space in the house. It is also equipped with a desk so that I can study in the room without being disturbed.

I live in a dormitory at college and only return home during the summer and winter breaks. I am an avid reader and find it most enjoyable to read a book by the window by myself. In my spare time, I can go through a thick novel in just two or three days. Occasionally, I will spend time taking care of the plants on the windowsill, watering them and letting them take a sun bath. Doing these activities fills me with a true sense of relaxation.

I love the comfort of my bedroom not just because I am free to do whatever I like there, but more importantly because I only get to stay at home during school vacations. And that's the only time when I can temporarily put aside all the stresses of school and life. I don't need to worry about getting up early for a morning class or rack my brains trying to solve a math problem. I can even sleep till noon. This may sound ridiculous, but I often wish that I could curl up at home all the time and never have to go to school again.

中文思路:

我的卧室是我觉得家里面最让我放松的地方。我的房间不大，但足够装下我所需的所有东西。我房间里有独立的衣柜和独立的厕所。这意味着我的私人物品不用放在我们家的公共区域。我在房间里也摆着我的书桌，这让在学习的时候，不受家里其他人的干扰。

平时上大学我都住在学校宿舍。只有寒暑假的时候，我才会回到家里住。我是个喜欢看书的人。因此我最享受的就是一人坐在窗边看书的时光。没什么事的时候，两三天我就能读完厚厚一本小说。偶尔我也会摆弄窗台上的植物，给它们浇水和晒太阳。这都是让我觉得很放松的事。

我喜欢呆在卧室里，不只因为在那里我可以做任何我喜欢的事。更重要的原因是，通常只有放假的时候，我才能一直呆在家里。这个时候，学习和生活的压力似乎都离我越来越远了。我不必担心明天是否需要早起上课，也不需要思考令人头痛的数学题。我甚至可以睡到中午再起床。虽然这很荒谬，但我经常梦想者可以一直呆在家里，再也不去学校上课。

26: 喜欢打扮的人

Describe a person you know who enjoys dressing well.

Some instructions you can follow:

Who the person is

What job/studies the person does

What sort of clothes the person wears

And explain why you think this person enjoys dressing well.

Michael, my roommate, is quite a chic guy. We are in the same class, with our majors in finance. He is tall, lean, and extremely charming, I must say. Part of the reason for his stylish image, as I see it, is that he is an expert at dressing well and gets his outfit right.

Michael always prepares himself well every day before going to class. He will style his hair with hairspray, and from what I can tell, he changes his hairstyle almost every week. Also, he owns a lot of clothes and shoes in various styles. Basically, it takes him over 10 minutes every morning to decide on his OOTD, that is, outfit of the day.

As guys, we typically don't pay much attention to our appearance. Many of my classmates, including myself, are usually sloppy, and we just go to class wearing flip-flops and a T-shirt. Michael, however, will always put on the latest trendy T-shirt and limited-edition Nike sneakers. And it seems to me that he also has a great eye for color, because how he is dressed always leaves people with a brighter impression.

Though I am his roommate, I am still a little embarrassed to ask him why he cares so much about his clothing. It is probably to do with his family background or personal habits, or maybe he dresses properly just to impress girls. After all, Michael is the guy I know who has had the most girlfriends.

中文思路:

我的舍友 Michael 是一个非常喜欢打扮的人。我跟他是同班同学，我们的专业是金融学的。不得不说 Michael 长得高高瘦瘦的，非常帅气。在我看来，之所以他形象好，有一部分的原因得归功于他非常会打扮，穿衣很得体。

Michael 每天出门上课前都会用心打扮。他会用发胶给头发搞一个造型，据我观察，他几乎每个星期都会换个发型。同时他有很多不同风格的衣服和鞋子。每天早上他基本上都要花费十几分钟来挑选今天要穿的衣服。

其实对于绝大部分的男生来说，我们都不会专注于个人形象的。包括我在内的很多同学平时都是邋邋塌塌的，踢个拖鞋，穿个 T 恤就去上课了。而 Michael 都会穿当下最新款的潮牌 T 恤，限量版的 Nike 运动鞋。而在我看来，他也非常擅长颜色搭配。他的穿着总让人觉得眼前一亮。

作为舍友，我也不好意思去询问他为什么这么注重穿衣打扮。大概是因为家庭环境和个人习惯的原因。也可能穿着得体会使他容易受女生的欢迎，毕竟 Michael 是我认识的女朋友最多的男孩

27: 忘记约定的时刻

Describe a time when you forgot an appointment (e.g. a doctor's appointment or meeting a friend).

Some instructions you can follow:

When and where the appointment was

Why you forgot the appointment

What happened after you forgot the appointment

And explain how you felt about forgetting the appointment.

About half a month ago, I had inflammation around one of my wisdom teeth. A lot of the time, the pain was so bad I couldn't even eat. That was when I decided to have the tooth removed. I managed to make a doctor's appointment online but was only able to book a time slot that was two weeks in the future (because of the doctors' tight schedules).

A couple of days ago while out shopping with a friend, I received a call from the hospital and was asked to go see the doctor as fast as I could since it was already past our agreed timeslot. I panicked. As the toothache had gradually subsided and because it had been quite some time since I scheduled the appointment, the whole thing had completely slipped my mind.

There was just no way for me to make it to the hospital in time since it was already four o'clock in the afternoon and the doctor was supposed to get off work in an hour. I explained the situation to the nurse on the line and apologized. The nurse helped me cancel the appointment and advised me that this would count as a default on my part, and that after three defaults, I would be banned from making appointments with doctors at their hospital.

There was no denying that it was my mistake for not keeping the appointment and I felt ashamed for having caused others inconvenience and wasting valuable medical resources. I made another doctor's appointment that night, but this time I took the extra step of setting a reminder on my phone. I am confident that I won't repeat the same mistake this time around.

大约半个月前，我的智齿发炎了，我经常因为牙痛而无法吃饭。那时候我下定决心要去拔掉这颗智齿。我打开市口腔医院的预约网站，谁知道近期所有的时间都已经约满了，无奈之下我只能预约两周以后的时间。

直到前几天，当我和朋友在外面逛街的时候，我突然接到了医院打来的电话，告诉我现在已经过了预约时间，请尽快过来。我懵了。因为在我预约了看病时间后，我的牙渐渐不疼了，加上时间过去太久，我已经完全忘了这件事。

当时已经下午四点多，医院还有一个小时就要下班。即使我立刻赶去医院，时间也来不及了。我告诉护士我不小心忘记了这件事，我感到很抱歉。护士帮取消了预约，并且告诉我她会在医院的系统上记录这次违约。一旦我爽约超过三次，以后就不能挂号了。

事实上，忘记约定确实是我的过错，我的行为给他人带来了不便，浪费了医疗资源。我感到很羞愧。晚上，我在网上重新预约了看医生的时间，并且用手机设置了提醒事项。相信这次一定不会再发生类似的事情了。

28: 户外看到塑料污染的时刻

Describe a time when you saw a lot of plastic waste in a natural environment (e.g. a park, a beach, a river).

Some instructions you can follow:

When and where you saw this plastic waste

How you think this plastic waste got there

Why you noticed it

And explain how you felt about seeing plastic waste in this natural environment.

Not long ago, on a weekend, I went to the beach with my family for a vacation. There were many tourists at the seaside since it was a holiday. Later in the afternoon, when we went out for a walk, I found tons of plastic waste left on the beach, like plastic bottles, plastic bags and some food packages. Honestly, at that moment I was disappointed.

When the tide went out at night, some plastic bottles were washed back to the shore by waves. It was hard to ignore that. Most plastic waste was left by tourists in the day. They came to the beach to have a good time on their vacation, but they forgot to take their own garbage away with them when they left. I believe most tourists are conscientious, but unfortunately, there are always selfish people. They may have just forgotten and probably didn't mean to, but I still think this act was unpardonable.

All the plastic waste we litter will pollute nature. I watched a documentary, and it told me that plastic waste is fatal to ocean life. Some hungry marine creatures will gnaw at plastics, putting their lives at risk. Some big marine creatures are also affected by plastic waste. Whales, dolphins and sea turtles are severely injured once they are entangled in discarded plastic fishing nets. The earth is not an exclusive possession of human beings. We should protect the environment like we protect our homes.

中文思路:

不久前的一个周末，我和家人一起去海边度假。由于是节假日，海边的游客很多。到了傍晚，我们一家人出门散步时，我发现沙滩上残留了大量的塑料垃圾。比如塑料水瓶，塑料袋以及一些食品的包装袋。实话说，那一刻我感到很失望。

当晚上退潮时，一些塑料瓶就会随着海浪被冲回岸边，这很难不让人注意到。这些塑料垃圾大多是白天的游客留下的。他们来海边享受度假的快乐时光，走的时候却忘了把自己生产的垃圾带走。我相信大部分的游客还是自觉的，无奈的是总有一些自私的人。他们也许只是忘了并不是故意的，但我依然觉得这种行为是不可原谅的。

我们随手丢弃的塑料垃圾，都会对大自然造成污染。我曾经看过一部纪录片，塑料垃圾对海洋的危害是致命的。一些饥饿的海洋生物会啃食塑料，这可能会给它们带来生命危险。一些大型的海洋生物也同样遭受着塑料垃圾的侵害，鲸鱼，海豚和海龟一旦被废弃的塑料捕鱼网缠住，会导致它们严重受伤。地球不是人类专属的，我们应该像爱护自己家一样保护环境。

29: 印象深刻的童年朋友

Describe a friend from childhood who you remember very well.

Some instructions you can follow:

Who the friend is

How you met him/her

What you used to do together

And explain why you remember this childhood friend so well.

My desk mate, Michael, impressed me the most during primary school and I still think about him from time to time. He was very naughty and talkative, often made fun of classmates, and talked loudly and nonsense all the time. To be honest, I did not like to deal with him at first. But he was my desk mate. I had no choice but to sit beside him every day. We didn't talk much other than while discussing during the class and working on the homework.

Michael just kept running his mouth and rattled on and on. In front of others, he always pretended that he knew everything, was a real show-off, and was constantly boasting about himself. He seemed to have an uncontrollable urge to tease others. For example, he often pulled the pigtails of other girls. He did similar things almost every day.

I still remember that one day he lost the math textbook that he borrowed from me. At first, I thought he did it on purpose and had a big fight with him over it. To my surprise, he bought me a new one and gave me a pencil case as a gift on the next day. Things went well since then, I felt he was not as irritating as he looked. Even though he loved to make trouble and was a braggart, he might just have wanted to attract the attention of others. Deep down, he was essentially a nice person. Though we haven't seen each other for a long time, I still recall him very well because of such memorable experiences.

我的同桌 Michael 是我在小学期间印象最深的人，我至今还时不时会想起他。他是个非常爱捣乱爱说话的人，经常戏弄同学，而且天天在班级里大声嚷嚷，胡说八道。说实话我不太喜欢跟他相处，但他又是我的同桌，我不得不天天跟他坐到一块去。

Michael 是个话痨，他能跟你谈天论地。他整天假装自己什么都知道，然后在同学面前谈天说地，吹嘘自己很厉害。同时，他还非常爱作弄同学，例如经常揪女同学的辫子。这样的事情他几乎每天都要做，

我至今记得某一天，他把我借给他的数学书弄不见了。一开始我还以为是他故意的，于是我还跟他吵了一架。但让我吃惊的是，第二天他竟然重新买了一本数学书还给我，然后还给我买了一个文具盒作为礼物。从那以后我们之间的关系缓和了许多，我觉得他并不像表面看起来那么讨厌。虽然他爱捣乱爱说话，但他可能只是想引起同学的关注而已。他本身还是一个善良的人。虽然我们很多年没有见面了，但由于这些特别的经历，他依然给我留下了很深的印象。

30: 美丽的物品

Describe an object that you think is very beautiful.

Some instructions you can follow:

What the object is

Where you first saw the object

What it looks like

And explain how you feel about this beautiful object.

I bought a music box not long ago and it has to be one of the most beautiful pieces of craftsmanship I have seen in a while.

The first time I set my eyes on it was in a boutique at a mall. The store specialized in toys and had a section dedicated to a variety of music boxes; dozens of them. The collection was somewhat untraditional, as all the boxes were made entirely of wood. A music box with a merry-go-round structure immediately caught my eye. It had a burlywood base and a colorful merry-go-around on top of it. On the backs of the horses were a little girl and some small animals. The base was fitted with several small bulbs so that the box would light up when turned on at night. The music box was exquisitely crafted and all the animals looked lifelike. Even though it was a bit pricey, I paid for it without the least hesitation.

I think the music box would make a perfect gift and intend to give it to my girlfriend. I even had my girlfriend's name inscribed on the bottom of the box, an idea I borrowed from the shop assistant. My girlfriend used to complain that my gifts to her were dull and unoriginal, but I bet she will love this one because no girl, and I mean no girl, could resist a present that is so pretty and so lovely.

中文思路:

不久前，我买了一个很漂亮的音乐盒。它是我这段时间内见过最好看的工艺品了。

我第一次看到它是在一个商场里，那是一家专门售卖各种玩具的精品店。店里有一个区域，专门售卖各种各样的音乐盒，大约有几十上百个。这些音乐盒不同于老式音乐盒，它们的所有部件是用木头制作的。我逛了一圈，一眼就被一个小木马的音乐盒所吸引。它的底座是原木色的，上面有一座彩色的旋转木马，木马上坐着一个小女孩和一些小动物。它的底部装有几个小灯泡，夜晚的时候打开开关整个音乐盒就会亮起来。这个音乐盒做工精美，所有的小动物都看起来栩栩如生。即使它的价格有些昂贵，我还是毫不犹豫的买了下来。

我认为这个音乐盒是个非常好的礼物，我准备把它送给我的女朋友。在服务员的建议下，我还在音乐盒的底部刻上了她的名字。以前她经常抱怨我送的礼物很没创意，相信这次她一定会喜欢的。我认为没有女孩子会拒绝这么精美和可爱的工艺品。

31: 与其他文化的人共度时光

Describe someone from another culture (e.g. a friend, a teacher) who you enjoy spending time with.

Some instructions you can follow:

Who this person is

What his/her cultural background is

When and where you met this person

And explain why you enjoy spending time with this person from another culture.

On my last summer break, I went on a trip to Tibet with my parents. While there, I embarked on a one-day tour of Lhasa organized by a local travel agency, which was how I got to know my tour guide, Kelsang.

Born and raised in Tibet, Kelsang came from a completely different cultural background than mine. He didn't speak fluent Chinese and his pronunciation even sounded strange at times, but he was able to communicate well. He had dark skin, which made his teeth look particularly white. I was impressed by Kelsang's sincerity and infectious smile, and really enjoyed spending time with him.

On the day of the tour, Kelsang came to our hotel early in the morning to pick us up. He greeted us in the lobby with his signature smile and then spent the whole day guiding us around attractions with patience and care. He also recommended local specialties and even helped plan our routes for the next few days, which proved to be quite a time saver.

I had always considered Tibetans a mysterious people and was concerned that they might be aggressive and difficult to get along with. But Kelsang had shown himself to be extremely warm and friendly. We had a great day with Kelsang and I count myself lucky to have met him.

中文思路:

去年暑假，我和我的父母一起去西藏旅游。到达目的地后，我在当地的旅行社报名了拉萨的一日游。因为这次机会，我认识了我的导游格桑。

他是一名土生土长的藏族小伙，和我来自完全不同的文化背景。他的汉语说的并不流畅，一些词的发音甚至听起来有些奇怪。但这并不妨碍我们之间的交流。他的皮肤很黑，因此笑起来显得牙齿特别白。格桑质朴的笑容给我留下了深刻的印象，和他相处让我感到非常愉快。

约定那天的一大早，格桑就来到我们所在的酒店接我们。第一眼见到他是在酒店大堂，他微笑着冲我们打招呼。之后的一整天，他非常细心的给我们介绍每一个景点。还给我们推荐了当地特色的美食。他甚至帮我们规划了后面几天的路线，让我节省了非常多的时间。

一直以来，我都觉得藏族是个神秘的民族。没见到格桑之前，我对他们这个民族还是有点担忧，可能是担心他们会很凶，很不好沟通。但认识格桑后，我发现藏族人是热情友善的。他带我们度过了美好的一天，我很庆幸我能遇到他。

32: 朋友的家

Describe the home of somebody who you know well.

Some instructions you can follow:

Whose home this is

How often you go there

What this home looks like

And explain how you feel about this person's home.

To be honest, I barely visit my friends at home. This is because my buddies and I will usually hang out at the mall or other public places rather than at someone's house. But I do recall going to the home of Michael, a classmate of mine from elementary school, and it was indeed a pleasant experience.

One day, Michael told me that his dad had just bought him the latest PS4 console, and he invited me to come over to his place and play it with him after school. I said yes, of course. After school, I happily went to his home, which was only maybe a ten-minute walk from the school. It was a really big house, and if my memory serves me right, there were 4 bedrooms rooms and several bathrooms. And what's more, it was luxuriously decorated.

Well, none of the rooms could hold the attention of a young boy like me, as I went there solely for the console! Never had I ever tried a PS4 before, and it was something completely new to me. As I recall, I got hooked on it that first time at Michael's house, and stayed there until it got dark. From that point on, every weekend, we would meet up at his place to play games while his parents were working overtime! What a lovely memory!

中文思路:

说实话，我几乎没怎么去过朋友的家里。因为一般我和朋友们都会约在商场或者其他公共地方聚会，而不会选择去别人的家里。但我记得在我小的时候，我去过我小学同学 Michael 的家里，那的确是一次愉快的经历。

我记得那是某一天，Michael 说他爸爸刚给他买了一部最新的 PS4 游戏机，他邀请我放学后去他家跟他一起玩。对此我当然一口答应。放学后我就兴高采烈地去了他们家。他们家在离学校不远的地方，从学校走过去大概 10 分钟就到了。他们家很大，如果我没记错的话应该是有 4 个房间，好几个厕所。而且他们家装修地非常豪华。

但这一切对于年少的我来说没有吸引力，我去他们家完全是为了游戏机！我以前从来没玩过 PS4，这对我来说非常新鲜。我记得我第一次去他们家就沉迷进去了，直到天黑才走。自此，每逢周末，我们都会趁他爸妈加班的时候约在他家玩游戏机！这真是一段美好的回忆。

33: 想再看一次的电影

Describe a film/movie you enjoyed and would like to see again.

Some instructions you can follow:

What the film/movie was

When and where you saw the film/movie

What the film/movie was about

And explain why you would like to see this film/movie again.

When it comes to a film that I want to watch again, I would like to talk about my favorite film, The Pursuit of Happiness. I have actually already watched it at least ten times, but I still want to see it again. I first watched this movie alone on my laptop back when I was a teenager.

The film tells a story of a man named Chris and his inspirational experience. At first, he earned his living by selling a kind of old fashion medical equipment, but it didn't sell well. Then, his wife divorced him because he was too poor. So, he had to start a new life with his little son. At their worst, he and his son spent some nights in the restroom of the railway station. Luckily, he found a job selling stocks over the telephone. He worked much harder and avoided missing any phone calls. Step by step, he earned his first fortune, and then set up a securities company named after himself.

This film is so inspiring that whenever I am in bad mood or tired of study, I will watch it again, since it reminds me that life is difficult, and success is not as easy as it sounds. Only when we put all our effort into working hard and seek out every chance to promote ourselves, then, with a little bit of luck, can we get a better salary and live a happier life. Every time after watching I feel full of fighting spirit!

中文思路:

说起让我想再看一次的电影,我想说一下我最喜欢的电影,《当幸福来敲门》,我看了这部电影不下十次。但现在我依然想抽空再看一次。我是在小时候在自己家里第一次看的。

这个电影讲述了男主角的励志经历。他最初是一个的医疗器械推销员,但是不太挣钱。所以,他的妻子由于他过于贫穷而跟他离婚了,他不得不带着几岁大的孩子开始新生活。最潦倒时,父子俩甚至要跑到火车站的澡堂里捱过漫长的黑夜。然而他非常努力地寻找其他工作,不放过任何一个机会。他从一个电话证券推销员做起,终于经过不断的努力,最终成立了用自己名字命名的证券公司

这部电影非常激励人心。每当我心情低落或者厌倦了学习的时候,我都想再看一次这部电影。因为这部电影告诉我,生活是困难的,成功并不容易。我只有付出全部的努力去工作,寻找每一个提升自己的机会,再加上一点点运气,我才能得到更好的薪水,过上更幸福的生活。每次看完我都觉得自己又充满了斗志!

34: 拍过的一张满意的照片

Describe a photo you took that you are proud of.

Some instructions you can follow:

Who or what was in your photo

When you took the photo

Why you took it

And explain why you are proud of this photo you took.

Not long ago, I took a picture of myself. I just love that photo so much. I've set it as my phone's wallpaper. I'm a little proud of it every time I see it.

This photo was taken on a weekend last month when I went to a popular cafe with my good friend Anna. I'm a big fan of selfies, and whenever I buy a new outfit or put on nice makeup, I like to take pictures of myself with my phone. Perhaps my makeup looked a little better than usual that day, or maybe the light was just right in that cafe. As soon as I sat down, I couldn't help but start taking pictures. I took one of my most captivating photos of the year. In the photo, I was fair-skinned and looked very thin. I even felt like a star.

After dinner, I posted the series of photos I took that day on social media. Some friends I hadn't seen in a long time complimented me on how much better I looked. On top of that, I got a lot of likes. Every girl wants to be praised, and I have to admit, I was in a great mood that whole night. I think good-looking photos not only make me proud, but also make me more confident and attractive.

中文思路:

不久前，我给自己拍过一张照片。我实在是太喜欢那张照片了。我已经把它设置成了我的手机桌面。每次看到我都有些自豪。

这张照片是上个月的一个周末，我和好朋友 anna 一起去一个网红咖啡馆的时候拍的。我是个非常喜欢自拍的人，每当我买了新衣服或者化了好看的妆，我都喜欢用手机给自己拍照。或许是那天我的妆化的比平时更好看一些，也可能是那家咖啡馆的光线刚刚好。一坐下我就忍不住开始拍照。紧接着我拍出了今年我最满意的一张照片。照片里的我皮肤白皙，并且看起来很瘦。我甚至觉得自己有点像明星。

吃完饭后，我把那天拍的一系列照片发在了社交媒体上。一些很久没见的朋友都夸我变得更好看了。除此之外我还收获到了非常多的点赞。每个女孩子都是渴望被赞美的，不得不承认，那一整晚，我的心情都非常美妙。我认为好看的照片不仅能让我感到自豪，也会让我变得更自信和有魅力。

35: 读过的有趣书籍或故事

Describe a novel or a story you have read that you thought was particularly interesting.

Some instructions you can follow:

Why you read the novel story

What the novel/story was about

How long it took you to read it

And explain why you thought this novel/story was so interesting.

Throughout the National Day holiday last year, I decided to remain at home for a week because I was frightened of embarking upon a crowded vacation. During that period, I read a book that certainly thrilled me, which was a translation of a popular foreign book, entitled *THIS IS GOING TO HURT*.

It was initially endorsed to me by a companion who informed me it was hilarious and full of suspense. I've been under an immense amount of pressure at work lately, and I sought to read a book that would dispel my feelings of discontent. Well, it didn't disappoint me. This is a bestselling novel in the UK since I discovered it sold out in Amazon in a very short time. The content of the novel is comprised of the private diary of a male gynecologist, in which he muses upon the difficulties he faced, as well as all sorts of bizarre and humorous patients. The author conveys many poignant stories in an amusing language. I also witnessed Adam's composure and compassion and his optimistic attitude towards life.

This book is very exciting and abounds with British humor. Also, it records numerous private problems that occur in his hospital, which makes it more captivating. I am unable to put the book down once I have started reading it, and on one occasion I read the book nonstop until midnight. I was taken aback by Adam's compassion and respect for his profession. Sure enough, as the author says, obstetrics and gynecology are the only places where patients are excited and really look forward to it.

中文思路:

今年国庆假期，因为惧怕外面的人山人海，我选择了在家休息一周。在这段时间我读到了一本非常令我兴奋的书。那就是英国的 Adam Kay 所著的 *THIS IS GOING TO HURT*。

最初这本书是我的朋友推荐给我的，他告诉我这本书笑点爆炸，非常令人兴奋。我最近工作压力很大，想看一本能驱散心中不快的书，果然它没有让我失望。这是一本在英国非常畅销的书，听说在英国亚马逊上架三小时就被抢购一空。他是一个男妇产科医生的私密日记，里边记录了医生的艰辛，还有各种奇葩的患者。作者用风趣幽默的语言表达了很多动人的故事。我也从中看到了亚当的沉稳和善良以及他的人生态度。

这本书很令人兴奋，全书充满了英式幽默，知识科普配合三句话一个笑点，让我一度脸红心跳无法自拔，幽默又有深意。我曾经看到凌晨一点还舍不得放下。亚当对职业的热爱和尊重又令我感动。果然，就像作者说的那样，妇产科是唯一让人兴奋，并且真的有所期待的地方。

36: 与某人意见不合的时刻

Describe a time when you disagreed with somebody about something.

Some instructions you can follow:

Who you disagreed with

What you disagreed about

What the result of this disagreement was

And explain how you felt about disagreeing with this person.

I remember a disagreement that happened at the end of last term. My classmates Alex and I quarreled during a basketball match. It was a basketball knockout match between our economic school and the literature school, which meant that the team who lost the game would be eliminated. We were the champions of last year's competition, but we performed very terribly in this match.

Near the end of the match, I accidentally made a mistake and passed the ball out of bounds. This was definitely a fatal turnover and we probably would lose the match. At this time Alex complained to me for this turnover. He thought I shouldn't have made a mistake at this critical moment. But I didn't agree with him as I considered I shouldn't be responsible for this turnover.

We were usually intimate friends, but we were both quick-tempered and fiery. Maybe it was because we were anxious and desired to win the match, we could not control our anger and then quarreled. Although our teammates calmed us down in time, the quarrel still affected our performance. Finally, we lost the match.

When I calmed down after the match, I felt very regretful about it. When there is a disagreement with others, communication is the only way to solve the problem. If we could stay calm and make the best out of the situation, we would have been likely to snatch a victory out of defeat. This was a lesson for all of us!

中文思路:

我记得那是上学期末发生的事情。我和我的同学 Alex 在一场篮球比赛中吵了起来。那是我们班和隔壁学院进行的一场篮球淘汰赛，这意味着输掉比赛的一方将会被淘汰。我们班是上一届的冠军，但是我们在这场比赛中表现得非常差，全场比赛都在落后。

在接近比赛结束的时候，我一不小心失误了，把球传出了界外。这对我们队来说无疑是致命的失误。于是 Alex 就对着我抱怨一通。他认为我不应该在这个关键时刻犯错。而我并不同意他的观点，因为我认为这不是我的责任。

我和 Alex 平时是很要好的朋友，但我俩都是急性子，性格比较火爆。可能是当时大家都比较着急，想要赢下比赛，所以就控制不住火气吵了起来。虽然队友及时把我俩安抚下来，但这场争吵还是影响到我以及其他队员的发挥，我们最终还是输掉了比赛。

赛后当我都冷静下来时，我都对此很后悔。当遇到与他人意见不一致的时刻，沟通是解决问题的唯一方法。如果当时我们冷静下来，发挥我们平时的实力，我们是非常有可能反败为胜的。这对我们来说都是一个教训！

37: 需要寻找信息的时刻

Describe a time when you had to find some information.

Some instructions you can follow:

What kind of information you had to find

Where you looked for the information

How much you enjoyed looking for the information

And explain why you needed the information.

Lately, I've been busy with my thesis. In order to finish it, I spent almost every day looking up all kinds of information.

At first, in order to determine the topic of my thesis, I searched the Internet for lots of relevant information. After quite a few days, I finalized my research direction. After that, I had to write an outline. It was not so easy as the first step. Besides searching the Internet for wanted information, I had to consult books in the library. I've been up to my neck in work in the past month. But I've not finished the outline so far. What a pity! I worked so hard because the thesis is necessary for me to successfully graduate from college. And a thesis is different from the compositions we're often asked to write. It is academical. A thesis needs to be supported by professional knowledge and related data. And an excellent thesis needs to be supported by large amount of information. So, I must earnestly seek useful information.

In fact, I don't like looking for academic information. It's really boring. I have to find out the parts that are useful to me from the vast sea of literature and data. It's very time-consuming. I often felt dizzy when I read books. I prefer fun and creative work. If it's seeking gourmet information, I believe I will be very glad to do it.

中文思路:

最近，我一直忙于我的毕业论文。为了完成我的论文，我几乎每天都在查找各种资料。

一开始，为了确定论文的选题。我在网上搜索了大量相关的信息。好几天以后，我终于确定自己的研究方向。之后需要确定的就是我的论文提纲了。这一步就没有之前那么容易了，除了上网找资料，我还得去图书馆查阅书籍，寻找相关的数据。我已经忙了一个多月，遗憾的是我到现在还没有完成我的论文。我之所以需要这些信息，是因为作为一个学生，如果想要顺利毕业，就必须完成自己的毕业论文。而论文和我们平时写的作文不一样，它是学术性质的。需要有专业知识和相关数据的支持。而一篇优秀的毕业论文，更是需要大量信息的支持。因此，我必须认真的寻找有用的信息。

事实上，我并不喜欢寻找学术相关的信息。这是一件十分枯燥的事。我必须在大量文献和数据中找出对我来说有用的部分。这非常费时间。我经常觉得自己看书看的头晕眼花。我更喜欢有趣和有创造力的工作。如果是我喜欢的事情，比如寻找美食信息，相信我会很乐意去做。

38: 享受的一节英语课

Describe an English lesson that you really enjoyed.

Some instructions you can follow:

Where the lesson took place

What the lesson was about

What the teacher did

And explain why you enjoyed this lesson so much.

I would like to discuss an English lesson I attended in primary school. Back when we had graduated to the fourth grade, we were introduced to a new English teacher, Mike, who originates from Britain. After we were introduced to Mike, we had weekly lessons taught by him. His lessons made a long-lasting impression on me.

Encountering Mike was actually the first time I had met a foreigner. His method of teaching was completely dissimilar from our former English teacher. As well as using the textbook, he enjoyed conversing with us in English, and frequently made utterly exaggerated facial expressions and gestures. Mike was the type of man who wore his heart on his sleeve. His face beamed when he was joyful. When he was puzzled, his eyes and eyebrows would scrunch together until they were almost closed! He is an incredibly enthusiastic person who often broke out into laughter. No matter what we said in class, he would always praise us unreservedly. What's more, he also spoke a small amount of Chinese. However, due to his strange accent, he repeatedly caused the class to burst into laughter.

I can still recall this English lesson now. Even though I didn't exactly know every word he said at that time, I could understand the topic by his facial expressions and body language. He brought me to the realization that English is not simply written in books. It is essential to converse with others in order to learn English properly.

中文思路:

说到这个话题，我想谈谈我很久以前上过的一堂英语课。小学四年级的时候，我们的英语课上多了一位新老师。他叫迈克，是一个英国人。从那以后，我们每周都有一节课由迈克老师来上。他的课堂给我留下了深刻的印象。

那是我第一次见外国人，他的教学方式和原本的英语老师完全不同。他没有讲课本上的内容，而是用英语和我们聊天，还经常做出一些非常夸张的表情和动作。我觉得他心情都写在了脸上，他高兴的时候会咧开嘴大笑，在感到困惑的时候，眼睛眉毛几乎都皱在一起了，非常与众不同。他是个非常乐观和爱笑的人，课堂上不管学生说了什么，他都会非常大声的表扬他。不仅如此，他还会说一点点中文，由于口音奇怪，常常会惹得同学们哈哈大笑。

我至今还清楚地记得这堂英语课。虽然我没有听懂他说的每句话。但是结合它丰富的表情和肢体语言，我能很好的理解他想表达的意思。他让我明白了英语不是写在书本上的文字，必须要开口和人交流，才能学好英语。

39: 完成的难事

Describe a time when you succeeded in doing something that was difficult.

Some instructions you can follow:

What you succeeded in doing

Why it was difficult to do

How much help you needed

And explain how you felt when you succeeded in doing this difficult thing.

I often see bungee jumping on TV and reality shows. There is no doubt that it is a kind of dangerous but super cool extreme sport.

It was not until last year's summer holiday that I finally made up my mind to try this extreme sport. I went to Macau Tower, which is a famous bungee jumping place. Although I'm not afraid of heights, I still felt frightened when I looked down from more than 200 meters in the air. It was windy at the top of the tower and my mind went blank. It was definitely a difficult choice for me. I stayed alone for a while, going upstairs and downstairs again and again, very confused. I finally summoned up my courage and was ready to jump. Well, since I had come, I thought I should leave with no regret. I spent a lot of time hesitating at the top of the tower, but it only took me a second to decide to jump.

When I did jump, I felt nothing but the sense of weightlessness. Of course, I kept screaming during the whole process, but I have to say it was very, very thrilling and awesome! In fact, fear always springs from our imagination. Bungee jumping is a safe sport, only a few accidents occur every year. So, there is nothing we have to fear, just do it!

中文思路:

我经常在电视和真人秀节目中看到蹦极。毫无疑问，这是一项相当危险但令人难以置信的迷人的极限运动。

就在去年暑假，我终于成功挑战了这项极限运动。我去了著名的蹦极地点澳门塔。虽然我不恐高，但当我从 200 多米高的塔顶上往下看时，我仍然感到害怕。塔顶狂风大作，波涛汹涌，我的大脑一片空白。我的朋友一直在鼓励我，希望给我一些帮助。然而这并没有很大作用。我一个人呆了一会儿，上了楼又下了楼，很困惑。我终于鼓起勇气，准备跳下去。嗯，既然我到了这里，我想我应该无怨无悔地离开。我在塔尖上犹豫了很长时间，但我只花了一秒钟就下定决心要跳下去。

当我跳起来的时候，除了失重的感觉之外什么都没有。当然，在整个过程中我一直在尖叫，但我必须承认这是非常，非常刺激和棒极了！其实，恐惧总是来源于我们的想象。所以，我们没有什么可怕的，只要抓住机会！

40: 收到钱作为礼物

Describe a time when someone gave you some money as a gift.

Some instructions you can follow:

Who gave you the money

Why they gave it to you

What you did with it

And explain how you felt about receiving this money.

The last time I remember someone giving me money as a gift was during Chinese New Year. So, I got lucky money from my parents, which happens every year because I am not married yet. After I got it, I thanked them, and greeted them with traditional Chinese New Year four letter idioms. Yet, I have received lucky money for many years and I usually save it in a special red box under my bed. I have to say that it has become a large amount of money as each envelope contained at least 100 yuan. Besides, I don't want to spend it yet, as I want to buy a Macbook Pro which is quite expensive.

I consider this tradition a good thing because it brings much joy to children in the Chinese New Year. On the other hand, it is such a burden for their parents because they have to give a large amount of money to other children, especially in the north of China. This tradition varies from the north of China to the south. People from the north of China, such as Beijing and Tianjin usually place 500 yuan in each envelop while the southern people give 20 yuan. It is such an interesting topic that Chinese people will argue about this every Chinese New Year, attempting to prove that their own tradition is the right one.

中文思路:

我记得上一次有人给我钱是在中国的春节期间。因为我还没有结婚，我每年都从我的父母那里拿到了压岁钱。之后我做跟他们说谢谢，我用的是中国传统四字成语。然而，我每年都收到压岁钱，我通常把它们保存在一个特殊的红色盒子然后放在我的床下。我不得不说，这是一大笔钱，因为每个信封至少有 100 元，而且我已经存了很多年了。此外，我还不想花钱，因为我想买一台比较贵的 Macbook Pro。

我认为发压岁钱是一种非常好的传统，因为这给孩子们带来了快乐。相反，这对他们的父母来说是一个负担，因为他们必须给其他孩子一大笔钱，尤其是在中国北方。这个传统从中国的北方到南方各不相同。北方的人，比如北京和天津，通常每个信封里放 500 元以上，而南方的人会给 20 元左右。这是一个非常有趣的话题，每年春节我们中国人都会讨论这个问题，试图证明他们自己地方的传统是正确的。

41: 分享某物的时刻

Describe a time when you had to share something with another person or other people

Some instructions you can follow:

What you had to share

Who you had to share with

Why you had to share

And explain how you felt about sharing something with another person other people.

I remember one of the most unusual times I shared something with another person was when I had just arrived Beijing from Shanghai.

It was a very busy day at the airport and many people were trying to grab a taxi. Eventually I got one of my own, but just before I was about to enter the taxi a woman rushed up to me. She asked me where my destination was and I told her Sanlitun. She was so happy and begged me to let her share my taxi as she was meant to be attending her brother's birthday celebrations in Sanlitun and was almost late. She seemed so sad that I immediately agreed and allowed her to share my taxi.

At first, I was a bit annoyed by this because I thought it was a very impolite request to make of a stranger. However, we got to talking in the taxi and she was an incredibly lovely woman full of warmth and kindness. I was suddenly very happy I was able to aid such a thoughtful and friendly woman in her time of need. Moreover, when we arrived to Sanlitun she insisted upon paying the entire taxi fare. It tells us that sharing with people is always the right thing to do.

中文思路:

我记得我的一次不同寻常的分享，这事发生在我刚从上海度假回到北京的时候。

这是机场非常忙碌的一天，非常多人在等出租车。最后我很幸运地拦下了一部出租车，但就在我要进出租车之前，一位女士冲到我面前。她问我要去哪里，我告诉她是三里屯。她高兴得跳了起来，求我让她和我共用一辆出租车，因为她本来是要去三里屯参加她哥哥的生日派对的，却迟到了。她看起来很绝望，我心软了就同意了她的请求，允许她和我共用一辆出租车。

一开始，我有点恼火，因为我认为这是来自一个陌生人的非常不礼貌的要求。然而，我们在出租车上聊了起来，她是一个非常可爱的女人，充满了温暖和善良。我突然非常高兴，我能够帮助这样一个体贴和友好的女人。而且，当我们到达三里屯时，她坚持要付全部的车费。这件事告诉我们，与人分享永远是正确的事情。

42: 喜欢的节目

Describe a programme that you enjoyed very much (e.g. on TV or the internet).

Some instructions you can follow:

What the programme was about

Where you watched this programme

Who you watched it with

And explain why you enjoyed this programme so much.

When I am free, I like to watch television programmes at home because there are lots of punchlines in the variety shows that help me blow off some steam. My favourite things to watch are quiz programs and games shows. I like these because I think competitions and challenges are a very exciting thing to watch. One of my favourite game shows is 'Running Man'. Most of the time I will watch it alone. Sometimes I will do it with my mum. 'Running Man' is the most popular variety show in China, people love watching it because there are loads of fun and interesting tasks the contestants have to complete. Some of the tasks include a bike race in which the slowest rider is the winner, playing jump rope on a Shiatsu sheet, attempting to tear nametags off other contestants and other absurd tasks. Therefore, Running Man is not like the conventional game show which tests strength or intelligence, the tasks are always unusual so often the outcome is unexpected. I think this is what makes it such an interesting and brilliant television program.

The program makes me feel very happy and excited. My favourite thing is the way the people interact with each other on the show. The silliness of the tasks makes all the contestants act in very ridiculous ways which always makes me laugh a lot. The show also makes me feel good and I feel that watching Running Man is a lovely way to relax after a hard day's work.

中文翻译:

当我空闲的时候，我很喜欢在家看综艺节目。综艺节目总是充满笑点，这能让我感到开心和放松。我最喜欢看的是智力竞赛节目和游戏节目。我喜欢这些是因为我认为比赛和挑战是一件非常令人兴奋的事情。我最喜欢的游戏节目之一是《跑男》。大多数时候我是自己一个人看的，偶尔也会和家人一起。《奔跑吧兄弟》是中国最受欢迎的综艺节目，人们喜欢看它，因为参赛者要完成许多有趣的任务。其中一些任务包括自行车比赛，最慢的选手获胜，在指压板上玩跳绳，试图撕掉其他选手的名牌，以及其他一些荒谬的任务。因此，《跑男》不像传统的测试力量或智力的游戏节目，任务总是不寻常的，所以结果往往出人意料。我认为这就是为什么它是一个如此有趣和精彩的电视节目。

这个节目让我感到非常高兴和兴奋。我最喜欢的是人们在节目中相互交流的方式。任务的愚蠢让所有的参赛者都以非常可笑的方式表演，这总是让我哈哈大笑。节目让我感觉很好，我觉得看《跑男》是一天辛苦工作后放松的好方法。

43: 会推荐给游客的我国某处地方

Describe a part of your country that you would recommend to visitors.

Some instructions you can follow:

Which part of your country you would recommend

How you know about this part of your country

Whether many visitors go there

And explain why you would recommend this part of your country to visitors.

Among the numerous places of interest in China, I think the Imperial Palace in Beijing is well worth a visit.

The Imperial Palace is an architectural complex which used to be the residence and office of the ancient Chinese emperors; and nowadays, something of a treasure trove. The magnificent and perfectly preserved historical building is prestigious for its vast holdings of paintings, calligraphy, ceramics, and antiquities of the imperial collections. For each young Chinese student learning history in school, they will be introduced to the history of the Imperial Palace.

The Imperial Palace, as a scenic spot, appeals to all. Hundreds of thousands of people pay a visit each year, me included. I travelled here with my family when I was a child.

The reason for my recommendation is that the Imperial Palace is the history of China in miniature, which has seen a tumultuous decade of warfare and revolution. In the Imperial Palace, visitors cannot only learn the history of China, but also appreciate the advanced technology of ancient architecture and numerous rare cultural relics as well. Meanwhile, it is sort of a wake-up call for all the Chinese, as it represents revolutionary transformation through political turmoil. As you can see here, a wide range of cultural relics from before 1949 is still missing.

中文思路:

我国有数不清的名胜古迹，其中，我认为最值得一看的是北京的故宫。

故宫有多重身份，在数百年前，他是中国古代皇帝的住所和办公之地，是倾全国之力建造的伟大建筑群。在现代，他是一个保存完好的历史建筑和保存着非常多文物的博物馆。每个孩子在学校学习历史的时候，老师都会介绍故宫，所以我相信每一个中国人都知道它。

故宫是一个非常热门的景点，每年都有上百万的游客去游览。我很小的时候，我们家就去故宫旅游。

之所以我会推荐故宫给游客，是因为故宫是我国历史的一个缩影，它体现了我国几百年来历史变迁。通过游览故宫，游客既能学习到我国的历史，也可以了解我国古代建筑的最高技术，以及欣赏各类珍稀文物。同时，它也是对我们的一种警醒。因为故宫曾经遭受过各种战争和动乱的破坏。一个很好的例子就是，故宫里 1949 年以前的所有文物都遗失了。

44: 校外学习的某种重要东西

Describe something important that you learned, not in school or college.

Some instructions you can follow:

What you learned

How you learned it

How easy/difficult it was to learn

And explain why learning this was important to you.

I have enjoyed doodling ever since I was a young child. My mother noticed my talent for drawing and thought that I have a knack for it, so she enrolled me in a drawing course for a few years.

My drawing teacher was Mrs. Anna. She was a good teacher and had a knack for teaching students how to draw. She told me that Drawing requires patience. It takes time to draw a good picture, and this is due to the fact that the colors need to be coordinated perfectly, and any errors in the process require a long time to correct.

Yet, despite the patience required, I find that drawing is therapeutic, which really helps to calm me down. So often, when I feel stressed in my study, I like to use my spare time to draw and paint. Drawing is not only relaxation, but I can also earn some pocket money by drawing for others. So far, I have made more than 1,000 Yuan by drawing manga profile pictures for others online. Although painting is difficult to learn and I have suffered a lot in the process of learning, I think it's all worth it.

中文思路:

从我小时候开始，我就喜欢乱涂乱画。我妈妈觉得我喜欢画画，并看起来有点天赋。所以她就让我学了几年的画画。

我的老师是 Anna，她是一个好老师，非常擅长教学，我的画画能力在她的指导下有着飞速的提升。她告诉我，画画需要耐心，而且一般需要画一些时间才能画出一幅好画。各种颜色之间需要完美地混合，任何错误都需要很长时间才能纠正。

与此同时，我发现它有治愈作用，它真的帮助我平静下来。通常在学习紧张的时候，我喜欢用空余时间去画画。另一方面，画画不单单能放松身心，而且我还能帮别人画画，挣一点零花钱！到目前为止我已经在网上帮别人画漫画头像挣了超过一千块钱了。虽然画画很难学，学习的途中我也吃过很多苦。但我认为这都是值得的。

45: 喜欢种植的人

Describe a person you know who enjoys growing plants (e.g. flowers, vegetables, fruit trees).

Some instructions you can follow:

How you know this person

What plants this person enjoys growing

Where this person grows plants

And explain why you think this person enjoys growing these plants.

If there is one person that I know who likes planting, it is my childhood neighbor Ms. Liu, whom I affectionately call Grandma Liu. I have known Grandma Liu for as long as I can remember and we used to both live on the first floor. Most elderly people seem to enjoy planting flowers, but not Grandma Liu. She grew a variety of vegetables in the open space in front of her door.

Grandma Liu's vegetables were mostly cabbages and small onions, along with some peppers and loofahs. The loofahs in particular were a pretty sight. They climbed up Grandma's window as if adorning it with a green painting that was very pleasing to the eye. When harvest seasons came, Grandma Liu would bring us some of her vegetables and proudly announced to my mom that she had grown them herself.

I reckon Grandma Liu must love her vegetable garden a lot. On the one hand, growing vegetables can make her life fuller by taking up some of the free time elderly people normally have and serve as a source of pleasure that she could not get otherwise. On the other hand, most senior people do not find vegetables on the market to be fresh or healthy. When mass production is involved, pesticides are unavoidable. The satisfaction one can get from eating vegetables grown with one's own hands must be unparalleled.

中文思路:

谈到喜欢种植的人，我印象最深的就是小时候住在我家隔壁的刘奶奶。她是我的邻居，当时我们两家都住在一楼，我从有记忆起就认识她了。印象中大多数的老人家都是喜欢种花的，但是刘奶奶非常与众不同。她门口的空地上种了各种各样的蔬菜。

她家门口种的最多的就是青菜和小葱，除此之外还有一些辣椒和丝瓜。不得不说丝瓜是一种很好看的植物，它顺着刘奶奶家的窗户一直向上生长。整个窗户看上去绿油油的，十分赏心悦目。每当蔬菜成熟的时候，刘奶奶都会给我们家送上一些。并且非常骄傲的告诉我妈妈，这是她自己种的蔬菜。

我认为刘奶奶非常喜欢她的菜园，一方面，老年人有非常多的空闲时间，种菜可以让她的生活变得充实起来。对她来说，这是一种别样的生活乐趣。另一方面，很多年纪大的人会觉得外面买的菜不新鲜，大批量种植蔬菜的时候难免会使用农药，这是对健康不利的。能吃到自己亲手种的菜，那种满足感是无与伦比的。

46: 受欢迎的运动场

Describe a popular place for playing sport (e.g. a stadium, a sports centre) that you know about.

Some instructions you can follow:

Where this place for playing sport is

How you know about this place

Whether you have visited this place

And explain why you think this place for playing sport is popular.

Old Trafford is a world-famous stadium and is also known for its nickname, that is, the Theatre of Dreams. Located in the city of Manchester, England, it is the home of the well-known Manchester United Football Club. I got to know it when I was very young as a big fan of Manchester United.

The stadium is so vast that it may be among the largest in the world. Every weekend, there are Premier League games held there. And on other occasions, the venue also hosts music festivals, concerts, and other entertainment events.

Unfortunately, I have not yet had the opportunity to visit. I have always dreamed of going to a Manchester United game at Old Trafford ever since I was a kid. If one day I make it to the UK, then I'll definitely spare the time to see a game there! And maybe I could take a picture with Cristiano Ronaldo if I should ever get the chance!

Manchester United is a team with a long history and millions of fans, and it is home to numerous superstars including David Beckham and Cristiano Ronaldo. To my knowledge, the Club has the largest number of fans among all soccer teams in the world, so its home, Old Trafford, is certainly a famous venue. Every soccer fan, I believe, must have heard of this place.

中文思路：（热爱其他球队的话，把名字一换即可。）

老特拉福德足球场是一个全球闻名的运动场，同时他还有一个昵称，那就是梦剧场。它坐落在英国曼彻斯特市里，是著名的曼联足球队的主场。我很小的时候就知道了它，因为我是曼联的球迷。

他的场地非常大，是世界上数得上号的大型体育场。每逢周末，老特拉福德足球场都会举办英超足球比赛。在其他时候，这个场地也会举办音乐节，演唱会等等的娱乐活动。

很遗憾的是我至今还没有去过这个地方。我从小就有一个梦想，那就是去老特拉福德球场看一次曼联的比赛。如果我成功留学英国，那我肯定会腾出时间去那里看比赛！如果有机会的话，我还可以跟 C 罗合影！

曼联是一只有着悠远历史和无数球迷的球队，诞生过非常多的足球明星，比如贝克汉姆，C 罗。据我所知，曼联是全球众多足球队里粉丝最多的一个队伍。所以它的主场老特拉福德绝对是非常著名的。我相信每一个足球迷都听说过这个地方。

47: 鼓励你做有趣事情的人

Describe a person who inspired you to do something interesting.

Some instructions you can follow:

Who the person is

What interesting thing you did

How this person inspired you to do this thing

And explain how you felt after this person inspired you to do something interesting.

I love taking photos. I believe it is very interesting. Whenever I see delicious food or beautiful scenery, I would like to record them.

Recently, my mother bought me a SLR camera that I had been asking for. I feel very grateful for that because she always supports my hobbies and interests. After that, I frequently visited some internet famous restaurants and coffee shops with my friends and took photos there. I have to say that both in terms of color and quality, photos taken by the camera are much better than those taken by a mobile phone. Whenever I post photos taken by me on social media, many of my friends would like the photos. This makes me feel very proud.

At this point, I must thank my mother for supporting and encouraging me each time when I have some new ideas. Recently, I became obsessed with photography, so she bought me the most expensive camera and signed me up for an online photography training course in summer vacation. She usually tells me that besides study, youngsters should have things they like to do.

I think the encouragement from my mother is very important to me. She not only supports me economically but also gives me great confidence. She makes me feel I am a gifted person and so I become more confident.

中文思路:

我是个很喜欢拍照的人，我认为拍照是和一件很有趣的事。每当我遇到美食或者美景，我都希望把它们记录下来。

最近，我在我的恳求下，妈妈给我买了一部单反相机。这让我非常感激，她总是很支持我的兴趣爱好。之后，我经常和我的朋友一起，去一些网红餐厅和咖啡馆拍照。不得不说，照相机拍的照片，无论是色彩还是质感，都比手机好得多。每当我把自己拍的照片发在社交媒体上，总会有很多朋友为我点赞。这让我非常骄傲。

在这里我必须感谢我的妈妈，每次我有一些新奇的想法，她总是会支持并鼓励我。最近我迷上了摄影，她立刻给我购买了昂贵的相机，并且还同意我在暑期参加一个线上摄影培训课程。她经常告诉我，除了学习以外，年轻人应该有自己喜欢做的事情。

我认为妈妈的鼓励对我来说是非常重要的。她不仅在经济上支持我，更给了我很大的信心。她让我觉得我是个有天赋的人，也让我变得更加自信。

48: 决定等待的时刻

Describe a time when you made a decision to wait for something.

Some instructions you can follow:

What you decided to wait for

What you did while you were waiting

How you felt while you were waiting

And explain why deciding to wait was a good/bad decision.

Not long ago, there was a new outbreak of novel coronavirus in my city due to a few out-of-town visitors. Unlike before, this time the virus spread very fast. In order to reduce the risk of transmission, the government required everyone to go do a nucleic acid test.

The inspection point was right at the gate of my community. When I went downstairs, I found there was already a sea of people waiting in line to get a test. Anxiously, I joined the queue as fast as possible.

Summer evenings were sultry and the heat wave was unbearable. At first, I didn't feel bored. I chatted with my mother while standing in line. But as time went by, I gradually lost my patience. My clothes were soaking wet and I looked like I had just got out of a swimming pool. In the end, I waited for more than two hours to get my nucleic acid test done. I hope I will never have to experience this again.

I think it's a bad decision to line up for nucleic acid tests. I had been waiting for a long time to get the acid test done before I planned to give up. It was foolish to leave at that moment. If I can swing it, I think I will go to a nearby hospital or a testing site with fewer people to do it. Although the testing point of my community is far closer, it takes a far longer time than other places.

中文思路:

不久前,因为几个从外地来的游客,我所在的城市爆发了新一轮的新冠病毒。这次的病毒传播速度非常快,为了降低传播的风险,政府要求我们每个人都去进行一次核酸检测。

检测点就在我们小区门口,我一下楼就发现前面已经排起了长长的队伍。人多到我根本看不清队伍的头在哪里。我焦急的加入了排队的人群。

夏天的傍晚是闷热的,起初半个小时,我并没有感觉无聊。我一边排队一边和妈妈聊天。但随着时间一点点过去,我渐渐失去了耐心。我的衣服已经湿透了,像刚从游泳池里爬出来一样。最后我等了两个多小时才做完核酸,我希望以后再也不要有这样的经历了。

我认为排队做核酸是个错误的决定。当我想放弃的时候,我已经等待了很长时间了。这时候选择离开无疑是愚蠢的。如果再给我一次机会,我想我会选择附近的医院或者人少一点的检测点做核酸。小区的检测点虽然方便,但长时间的等待真的让人难以接受。

49: 去过的一个户外活动场所

Describe a place you went to do an outdoor activity.

Some instructions you can follow:

Where you went and when

What outdoor activity you did at this place

Why you did this outdoor activity

And explain how you felt about doing the outdoor activity at this place.

Each spring, all of our classmates will go for a spring outing. This year is no exception. After a round of voting, we chose Baiyun Mountain as the destination this year. Our goal is to climb to the top of Baiyun Mountain.

On the morning of one weekend, we started off with great strength and vigour. Baiyun Mountain is not so high and is more like a park. You may choose to walk to the mountain top or take a cable car. We carried food and water in our backpacks and walked all the way up. We walked and talked along the way and took photos of each other. Although the mountain is not high, it took us 3 hours to get to the top.

As to why we choose to climb the mountain, one reason is that it has no sporting risk and it's a relatively safe outdoor activity, the other is most of our classmates have not been to Baiyun Mountain, so they were curious about this famous scenic spot in Guangzhou city.

The fact showed that our outing plan was very successful. All of our classmates had great fun. We chatted and enjoyed with songs and laughter along the way. Though we attended classes every day, we had little chance to have a trip together. I think it's very interesting to take a trip with classmates.

中文思路:

每年春天，我们全班同学都会一起去春游，今年也不例外。经过一番投票，大家选择了白云山作为今年春游的目的地。我们的目标就是爬到白云山的山顶。

在某个周末的早上，我们一群人浩浩荡荡的出发了。白云山是一座不太高的山，更像是一座公园。除了步行上山，也可以选择坐缆车。我们背着食物和水，一路从山脚往上走。大家一边走一边聊，互相拍照，虽然这座山不高，但我们用了三个小时才爬到山顶。

至于我们为什么要选择爬山这项活动，一方面是因为这是一项没有运动风险和相对安全的户外活动。另一方面是因为我们班上大多数的同学都没去过白云山，对这个著名的广州景点好奇。

事实证明我们这个出游计划非常成功，同学们都玩得非常开心。我们一路上谈天说地，欢歌笑语。虽然我们每天都在一起上课，但是很少有机会一起出行。我认为和班里的同学一起短途旅行是一件很有趣的事。

50: 购物时发生的问题

Describe a problem you had when you bought something in a shop/store or online.

Some instructions you can follow:

What you bought

Where and when you bought it

What problem you had with it

And explain how you felt about having this problem.

A few weeks ago, I bought a dress online. Then, I ran into some problems. This made the shopping experience unpleasant for me.

I had seen a similar style of dress at the mall before, only the brand at the mall was expensive. I even asked the salesperson if there were some discounts. The answer was no. The next day, I was surprised to find the same style online, but it was only a third of the price of the mall. I immediately placed an order for the dress on Taobao.

After I received it, I carefully looked at the dress and it was more or less the same as the one in the mall. However, I found some problems shortly afterwards. After I washed it, the dress started to shrink and it became smaller than before. And it no longer fits. After a while, the fabric of the dress also started to become wrinkled. All this made me very unhappy.

I contacted the seller online and unfortunately, the seller did not admit his fault. The owner told me that the problem was caused by my improper maintenance. He said it was not a quality problem. The clothes that have been worn cannot be returned or exchanged. This made me very mad. From this, I understand the truth that you get what you pay for. Although the price of things online is good, the after-sales service is far worse than at the mall.

中文思路:

几个星期前，我在网上买了一件衣服。然后，我遇到了一些问题。这使我觉得这次购物经历并不愉快。

之前我有在商场看到过类似款式的衣服，只不过商场的品牌价格昂贵。我甚至询问过售货员是否有一些折扣。答案是否定的。第二天，我惊喜的在网上发现了相同的款式，然而它的售价只有商场的三分之一。我立刻在淘宝网下单购买了这件衣服。

收到货之后，我认真观察了那件衣服，它大致和商场的没有区别。然而不久后我还是发现了一些问题。在我洗过之后，衣服开始缩水，它变得比以前小，这导致它不再合身。一段时间过后，这件衣服的面料也开始变得褶皱。这一切让我非常不满。

我联系了网上的卖家，遗憾的是卖家并不承认自己的过错。老板告诉我出现这样的问题是由于我保养不当造成的，并不是衣服有质量问题。已经穿过的衣服是不能退换的。这让我非常生气。这件事让我明白了一分钱一分货的道理。网上的东西虽然价格划算，但是售后服务是远远不如商场的。