

2022 年 1-4 月雅思口语 Part1 在考旧题参考资料 (A 难度)

感谢小伙伴使用雅思过过过淘宝店铺口语素材！

使用资料前，请您仔细阅读以下几点🍀(^_-)

1. 提供 Part1 素材的目的，旨在帮助大家尽快掌握高频考题动态，并在短期内积累可用的地道口语表达，以及通过素材启发考生回答思路。**由于 Part1(以及 Part3)考官提问数量、给出的回答时长各有不同；同时，任何素材思路无法全部完美适合所有人，因此建议练习中结合个人理解方式，做内容的删减、扩充等调整。以达到更高效复习的状态。调整内容时，如有疑问欢迎联系 Penny 解答。**
2. **标注“高频”的题目**，是根据考生反馈频繁被考到的题**(高频题会根据考生反馈动态核实，如有需要会随时变化，请关注群通知或私信通知)**。标注“疑似低频主题”指的是考生反馈较少的主题。
3. 文中含下划线的内容是高分地道表达。
4. 注意 Part1 和 Part3 考官可以即兴提问（尤其 Part3），并无法覆盖全部考题。
!! 以下均为真实考生回忆高频考题。复习过程中尽可能多的练习各种题目，增强表达能力。
5. 复习时，请根据自己喜好和个人情况，灵活运用参考答案及加分表达，切勿逐字逐句死记硬背；
6. 口语练习方法很重要，**复习过程中对练习方法、素材语法词汇等有疑问，欢迎随时联系 Penny。**

2022 年 1-4 月 Part1 在考旧题 Topic 列表

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注：请根据个人实际情况适当调整或删除内容，素材不需要完全背诵。

Topic 1 Study¹ (含 school) (工作族可以不复习该主题)

1. Do you work or study?(高频)

I'm currently a senior student at Hunan University, and I'm studying computer science at the moment.

2. Which university do you go to? (高频)

The university I go to is called XXX University, which is a top-level university in China. I'm really proud to be a student there and honestly, I was so close to being rejected² because I thought my grade for the University Entrance Exam was subpar³ compared to the enrollment requirement of the previous year.

3. How do you usually spend your school day? (高频)

I usually spend my school day with a combination of⁴ homework, class, and spending time with friends. I also sometimes like to participate in a club or other extracurricular activity⁵ during lunch or after school. Most of my day I spend doing schoolwork because I don't want to fall behind⁶.

4. What technology can help you learn better? (高频)

There are lots of websites and apps that can quiz you and test your knowledge. All you have to do is input your terms⁷ and then you can use online flashcards⁸. I've used a couple of them to memorize important terms before an exam. They're definitely a life-saver⁹ when you're in a rush to catch up on¹⁰ some class content.

见下页

¹ Study: 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

² so close to being rejected: 差点就上不了

³ subpar: ['sʌb'pɑ:] 低于...标准，次于... (美剧《生活大爆炸》11 季中的台词哦~)

⁴ with a combination of: 结合着....; 此处指我一

边上学一边工作

⁵ extracurricular activity: 课外活动

⁶ fall behind: 落后; 掉队

⁷ input your terms: 输入你的词条

⁸ online flashcards: 在线的教学卡片 (知识闪卡或者单词卡之类)

⁹ a life-saver: 救命稻草

¹⁰ in a rush to catch up on: 急于赶上...的进度

5. Why did you choose your school / university? (高频)

Well, when I was a high school student, I heard my university has a really good undergraduate program for Computer Science¹¹, which is really what I'm passionate about and love to study. Besides, my parents also rooted for¹² me to go there as they believe four years of study there would be a big help for my future career.

6. Is it good to study in the morning or in the afternoon? / Do you prefer to study in the morning or in the afternoon? (高频)

I think it's good to study in the morning. You have to wake up earlier, but when you get through the work¹³, you have the rest of the day off. And the afternoon is usually a better time of day to enjoy yourself. So it's best to get studying over with¹⁴ as early as possible.

7. Who is more important for you at school, teachers or students?

I think the students are more important. I mean, the teachers are obviously playing a key role at school. But who you're in a class with makes a world of difference¹⁵. It's much easier to be excited about school if you're friends with the other students. You should at least be able to get along with them.

8. Do you like your school?

Yes, I do like my school. I mean, even though I'm often swamped with all the assignments and exams¹⁶, I often have a blast¹⁷ studying there. The teachers are all nice and cool. None of them have ever given me a hard time. And most importantly, I have some really awesome friends at school who I hang out with all the time.

见下页

¹¹ Computer Science: 注意科目根据自己的情况来调整, 有疑问联系 Penny

¹² rooted for somebody: 支持某人

¹³ get through the work: 完成了工作

¹⁴ get something over with: 做完/完成...

¹⁵ makes a world of difference: 有很大不同

¹⁶ often swamped with all the assignments and exams: 忙于学业和考试

¹⁷ have a blast: 很开心...

9. Which part of your school do you like?

I really like the campus. There are tons of really old buildings, which gives the whole place a serious feel¹⁸. But there's also lots of nature around. There are big trees in front of some of the buildings, and there are even a few garden areas to walk around in. It's such a lovely place to hang out.

10. How do you improve your study efficiency?

When it comes to studying efficiently, I try to make sure there aren't any major distractions around me. For example, I turn off my phone and I avoid listening to music. It helps me focus on my study so that I stay on track¹⁹ and avoid wasting all my time.

11. Which part do you hope your school to change? /Which part of your school needs an improvement?

Well, off the top of my head, the most urgent part of my school that needs to be improved is the gym on our campus. I mean, the whole place should be flipped²⁰ because everything in the gym is literally worn out²¹. The basketball court doesn't even have a hoop. It's ridiculous, isn't it? I really hope our school can do something about it.

12. Are you looking forward to working?

Yes, I am. I've been studying as a student for almost 16 years of my life. I really expect to have a proper job after graduating from college. It will be a huge change of lifestyle²² and I will be able to support myself financially²³, which will make my parents proud as well. I can't wait to find a good job.

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¹⁸ gives the whole place a serious feel: 给整个地方一种严肃的感觉

¹⁹ stay on track: 一直保持(学习的)状态

²⁰ the whole place should be flipped: 整个应该翻修重建

²¹ worn out: 破损, 破旧

²² a huge change of lifestyle: 生活方式发生巨大的变化

²³ support myself financially: 养活我自己, 经济独立

Topic 2 Work²⁴(学生族可以不复习该主题)

1. Do you work or study? What work do you do? (高频)

I'm currently working fulltime as a programmer at Baidu; I've been working there for 5 years.

2. Do you like your job? (高频)

Yes, I am really happy with what I do. Most of the time, it's very rewarding to be able to help people every day. Besides, it's a really good company to work for. The pay is good and they even hand out bonuses²⁵ twice a year!

3. Do you want to change your job? Will you do the same job in the future? (高频)

No, I don't want to hop my job²⁶ right now. It's mainly because the pay is not bad. I mean, it's not way higher than others but I'm pretty comfortable with it. Plus, it's not easy to find a proper job in today's job market, is it? Sometimes, it's better to appreciate what you have now²⁷.

4. What is the most interesting part of your job? (高频)

I work at a coffee shop, so I think the most interesting part of my job is the people. I get to meet so many people during my shift²⁸. Some of them have fascinating personalities. Sometimes I even strike up a chat with²⁹ them and learn something random. One time a customer showed me photos of his cat.

5. What technologies do you often use at work? (高频)

I don't use anything super complex³⁰ at work. There's an online application that we use to chat with each other. But it's not difficult to use. I'm not a tech wizard by any means³¹. I just use standard word-processors³² and other typical office software. Most of my job involves phone calls and emails. It's nothing fancy³³.

见下页

²⁴work: 注意该类话题, 都需要按照自身实际做调整, 参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整, 有改动疑问请联系 Penny.

²⁵ hand out bonuses: 发奖金

²⁶ hop my job: 跳槽

²⁷ it's better to appreciate what you have now: 感激当下你所拥有的东西

²⁸ during my shift: 在我上班时

²⁹ strike up a chat with: 和某人攀谈起来

³⁰ super complex: 特别复杂的

³¹ I'm not a tech wizard by any means: 无论如何(不管怎么说)我都不是个技术达人

³² standard word-processors: 正规文字处理软件

³³ It's nothing fancy: 没什么特别的(高级的)

6. Which part is difficult in your job? (高频)

I think the most challenging part of my job is communication within a team. It's often difficult to communicate with someone who didn't finish their part of the work in time. They may think you're pushing³⁴ them, which can even create conflict.

7. How do you spend your work day?

I usually arrive at the office before 9am and start my day with³⁵ a morning meeting with my boss and co-workers, which really helps me and others know the agenda of the day³⁶ as well as keep everyone on the same page³⁷. Then the long day of work begins and I need to work overtime until 8pm³⁸ most days.

8. Is it better to work in the morning or in the afternoon?

I think it's better to work in the morning. Even though you have to wake up early, when you get through the work³⁹ you have the rest of the day off. And the afternoon is usually a better time of day to enjoy yourself. So it's best to get work over with⁴⁰ as early as possible.

9. Have you ever changed your job? / Why did you choose to do that type of job?

I've changed my job a couple times. Before working at this company, I had full-time jobs at an IT company and a glass shop. But neither of them is bigger than the company I'm working for right now in terms of business scale. And most importantly, I get paid more for my current job, which is the main reason I job-hopped⁴¹.

10. What did you gain the most from your job? /What do you learn from work?

Well...The most valuable lesson I learned from work is how to collaborate with⁴² my coworkers. It's not something that I really understood back in school. But in a real job, a ton of tasks need good teamwork and can't be done on your own. For instance, when I coordinated a marketing event with my colleagues, it was of the essence to⁴³ make sure everyone was on the same page⁴⁴, or else we might've messed up⁴⁵ the whole thing.

见下页

³⁴ pushing: 逼迫

³⁵ start my day with: 以.....开始我的一天

³⁶ the agenda of the day: 当天的日程安排

³⁷ keep everyone on the same page: 让大家（工作）步调保持一致

³⁸ work overtime until 8pm: 加班到晚上八点

³⁹ get through the work: 完成了工作

⁴⁰ get something over with: 做完/完成...

⁴¹ job-hopped: 跳槽

⁴² collaborate with: 与...合作

⁴³ it was of the essence to: ...是非常重要的

⁴⁴ everyone was on the same page: 每个人步调一致，齐心协力

⁴⁵ messed up: 搞砸

11. Which do you think is more important, colleagues or work itself?

I think that colleagues are more important. You could be doing your dream job, but if it's with people you can't stand⁴⁶, you aren't going to enjoy it as much. You end up seeing your coworkers more than anyone else in your life⁴⁷, so it's important that you can get along with them.

12. What do you do to improve your productivity?

Whenever I feel like I've lost focus on work and started slacking⁴⁸, I take a 5-minute break and make a cup of instant coffee. It sounds simple but it works like a charm for me⁴⁹. After I've had some coffee, I feel pumped up⁵⁰ and have more energy.

13. Do you think your company needs to make some changes? Which part of your working environment needs an improvement?

Well...As far as I'm concerned, I really wish my company wasn't so strict about the dress code⁵¹. It really bugs me⁵² to have to wear a uniform day in and day out⁵³. Plus, I have to be really careful keeping the uniform clean otherwise I might get fined⁵⁴ at my workplace. It would be great if we could have a casual Friday⁵⁵.

14. Is this job a good opportunity? / Is it good for your future development?

Yes, it's a wonderful job. Even though I'm swamped with⁵⁶ the tasks at work sometimes and have to work overtime⁵⁷, overall, I believe it's a good career for me. I'm very passionate about⁵⁸ my job and I really know what to do. Plus, doing this job right now will definitely help me build my resume⁵⁹ later, since it requires excellent workmanship.

15. Do you miss being a student?

No, I don't really miss being a student. It was fun to study something that I liked. But it was also a lot of work⁶⁰. Going to school isn't exactly a piece of cake⁶¹. There were tons of assignments and exams to do. I like being more independent now that I've graduated.

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⁴⁶ people you can't stand: (与) 无法忍受的人 (一起工作)

⁴⁷ end up seeing your coworkers more than anyone else in your life: 我们终归见同事要比见别人的次数多得多。

⁴⁸ slacking: 懈怠

⁴⁹ it works like a charm for me: 对我来说很奏效

⁵⁰ pumped up: 兴奋起来

⁵¹ dress code: 着装要求

⁵² It really bugs me: 让我很烦

⁵³ day in and day out: 每一天

⁵⁴ get fined: 被罚款

⁵⁵ have a casual Friday: 星期五便装日 (能有一天随便穿便装)

⁵⁶ I'm swamped with: 被...包围, 很忙碌

⁵⁷ work overtime: 加班

⁵⁸ passionate about: 热衷于...

⁵⁹ build my resume: 充实简历, 给简历增加特色

⁶⁰ it was also a lot of work: 也需要大量的工作; 作业很多

⁶¹ a piece of cake: 轻松的事情

Topic 3 Major⁶²(工作族和学生族都建议复习)

1. What is your major? (高频)

I'm studying computer science at Hunan University. It's an undergraduate major, and it usually takes four years to earn the degree. I feel happy being enrolled in this program, because coding is one thing I'm passionate about. Plus, I think I have a knack for⁶³ it since my math is good.

2. Do you like your major? (高频)

Yes, I do like my major. But you know... there will always be parts you like and parts you don't like. For example, the field training is very interesting, but the theoretical courses are about as fun as watching paint dry⁶⁴ because some abstract concepts are quite difficult to understand.

3. Why did you choose to study that (major)? (高频)

Well, as for the reasons why I decided to study computer science, I think the main one is that I have lots of passion in that field. I never feel bored and I always enjoy studying and researching things about it, and I've noticed that since I was still in high school. So, I told myself that if I went to a college, I would take computer science as my major.

4. What's the interesting part of your major? (高频)

版本 1: I'm majoring in computer science, and I really like what I'm studying, especially when I take coding courses related to game design. They give me a lot of fun through the learning curve because becoming a game designer is kind of my dream. So I always have a blast⁶⁵ learning about coding.

版本 2: I study literature, so I get to read tons of different books. It's really interesting to see how many different perspectives are out there. Plus, storytelling is a really big part of culture, I like reading books from other countries and learning about the culture there. It's definitely expanded my horizons⁶⁶.

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⁶² Major: 注意该类话题, 都需要按照自身实际做调整, 参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整, 有改动疑问请联系 Penny.

⁶³ have a knack for: 擅长...

⁶⁴ as fun as watching paint dry: 形容很无聊

⁶⁵ have a blast: 很开心

⁶⁶ expanded my horizons: 开阔视野

5. What kinds of help can this major bring to your future job? (高频)

I believe this major will help me communicate well with others in a future job. For instance, knowing how to write well means that I can make my points to them and not create any confusion. That helps us work together better as a team. Studying literature also helps you be more detail-oriented⁶⁷, which is always helpful.

6. Will you continue doing what you're studying in the future? (高频)

Yes, I will. It's mainly because I have a lot of passion for computer science and Web developing. I don't think I will be bored if I make a living off of it. Plus, the income level of specialists in this field is also higher than average, so I can have a comfortable life by working as a programmer.

7. What is your plan after finishing your school? (高频)

It's hard to say right now⁶⁸. Everything feels like it's up in the air⁶⁹. But after I graduate from school, I'd like to have a job that's somehow related to my major. You know, it's cool to apply what you've learned at college in the real world. I'm not sure what kind of job I want to have, but I'm sure I'll figure it out soon.

8. When did you decide to choose your major?

If memory serves correctly⁷⁰, I chose my major in high school. As a kid, I wasn't quite sure what I wanted to do for a living. But after I took some science classes in high school, I found that I really loved them and was passionate about⁷¹ science. So that's when I decided to pick biology as my major⁷².

见下页

⁶⁷ detail-oriented: 注重细节的

⁶⁸ It's hard to say right now: 现在还很难说

⁶⁹ it's up in the air: 悬而未决, 还不确定

⁷⁰ If memory serves correctly: 如果没记错的话

⁷¹ was passionate about: 热衷于; 对...很有热情

⁷² pick biology as my major: 选择生物学作为我的专业

9. Which subjects are more difficult? / Do you think your major is difficult?/ What do you dislike about your major?

Personally, I think subjects in the sciences are more difficult. I can't seem to wrap my head around⁷³ stuff like chemistry or physics. There are just so many facts and rules to memorize. I can't make heads or tails of it⁷⁴, honestly. Arts subjects are easier by a long shot⁷⁵, in my opinion.

10. What have you learned from the courses?

I've basically learned how to think and write critically. It sounds kind of vague⁷⁶. But it basically means I can explain my thoughts in a way that makes sense and is based on evidence. It's actually a very useful skill. It helps with communication and making your point in the best way possible.

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⁷³ wrap my head around: 努力理解，想明白（很难理解的事情）

⁷⁴ make heads or tails of it: 搞清楚为什么

⁷⁵ by a long shot: 绝对的

⁷⁶ vague: 模糊的，含糊的

Topic 4 Home⁷⁷ (含 The area you live in)

1. What kind of house or apartment did you live in when you were a child? (高频)

When I was a kid, I lived in a bungalow in the suburbs. My parents and I barely fit into it⁷⁸, but that just made it cozy⁷⁹. I remember we filled our home with lots of antique furniture⁸⁰. It gave the house a nice atmosphere. We moved to an apartment later, but I always missed our first home.

2. What kind of house or apartment are you living in right now? / Do you live in a house or an apartment? / What kinds of accommodation do you live in? (高频)

Right now, I'm living in an apartment by my university. It's not that big; it only has two bedrooms. But it's cozy enough for me. Plus, the apartment is part of a newly developed high rise⁸¹. It has a really nice view of the city.

3. What kind of house or apartment do you want to live in in the future? / Do you want to live in a house or an apartment in the future? (高频)

I'd really love to live in a big house in the middle of nowhere⁸². It might sound a little lonely, but I think having a family there would be awesome. You would have tons of privacy because you don't have any nosy neighbours. And if it was somewhere nice, you could probably have a great view of the stars.

4. What's the outside appearance of your house or your apartment? (高频)

I live in a high-rise⁸³ apartment in an older part of the city. So the front of it is actually old-fashioned. It has these⁸⁴ really antique bricks⁸⁵ and even some ivy⁸⁶ growing over it. It's so pretty and makes me feel like I live in a castle! I love coming home to it every day⁸⁷.

见下页

⁷⁷ Home: 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

⁷⁸ barely fit into it: 勉强能挤着住

⁷⁹ made it cozy: 使它舒适一些

⁸⁰ antique furniture: 古董家具，古典家具

⁸¹ part of a newly developed high rise: 新开发的高层建筑的一部分

⁸² in the middle of nowhere: 在偏僻的地方

⁸³ high-rise: 高楼；高层建筑

⁸⁴ these: 这些（这里含有一种针对性指向某物的语义，是一种口语中语气性的用法）

⁸⁵ antique bricks: 古董式的墙砖

⁸⁶ ivy: 常春藤

⁸⁷ I love coming home to it every day: 我很喜欢每天回到在那的家（的感觉）；这里 come home to 是一个地道表达的用法，在这里的语义是“回到...的家”

5. Do you think the place you are living at right now is suitable for a family with children? (高频)

Yes I do think so. I believe my neighbourhood is fairly safe⁸⁸ and I live around the corner from a great elementary school. It's a top-notch school district⁸⁹. So there are a lot of families with kids in this neighbourhood already. I moved here when I was a child myself. There are also beautiful parks near the neighborhood which are awesome for kids.

6. Do you think the place you are living at right now is suitable for elders? (高频)

No. I live on a steep hill⁹⁰ and I'm not too close to any stores. I would worry about elderly people being able to navigate the neighbourhood safely⁹¹, as the school nearby creates a lot of traffic on weekdays and the loud kids may become a nuisance⁹². If an elderly person decided to move here, I'm sure they would make it work, but I think there are better alternatives.

7. Where are you living now? / Why do you live there? / Do you like your living place? (高频)

I'm living in an apartment in downtown Shanghai. I have two roommates sharing the same apartment with me. It's a nice place to live since the rent is dirt cheap⁹³ for a young guy like me. Plus, my workplace is literally a stone's throw away from⁹⁴ there, which is the main reason why I've been living there for a long time. I really hit the jackpot⁹⁵ finding this place.

8. How is the area surrounding your home like? / Are there any good facilities near your home? / Do you like the area that you live in?

My living place is in the city's downtown area. Well, there are several tasty restaurants around my apartment, which is great for a foodie⁹⁶ like me. And we also have a giant grocery store across the street and a small park nearby. So I have to say it's a pretty liveable⁹⁷ place.

见下页

⁸⁸ fairly safe: 相当安全

⁸⁹ a top-notch school district: 一流的学区

⁹⁰ live on a steep hill: 住在陡峭的山坡上; 我住在山上, 比较陡

⁹¹ navigate the neighbourhood safely: 在附近一带安全的散步

⁹² the loud kids may become a nuisance: 吵闹的孩子

可能会令人讨厌

⁹³ dirt cheap: 非常便宜

⁹⁴ a stone's throw away from: 距离某地很近

⁹⁵ hit the jackpot: 赚到了, 很幸运

⁹⁶ foodie: 吃货

⁹⁷ liveable: 适于居住的

9. What's the difference between where you are living now and where you have lived in the past?

Well, I used to live in a smaller city for college, but now I live in a big city. I moved to the city just a few months ago for a job I found here. One significant advantage of this big city is that there are more job opportunities than the city I moved from. There are a lot more differences between them like public facilities, traffic, and lifestyles. It's been a big change to adjust to⁹⁸. But I really like living in the city. It's pretty exciting.

10. Are there any shops or facilities around there? /Where do you like to go in that area?

There's actually a mall that's not too far from my house. It's only a ten-minute drive for me, which isn't bad at all. I like going there to hang out with my friends. Other than that, there's a gym just down the road⁹⁹. I definitely don't go there as often as I should though.

11. What are the changes of surroundings around your living place?

Well...When it comes to the changes to my neighborhood over the past few years, I think there've been more high-rise buildings built nearby so the area is denser¹⁰⁰ than before. Besides, my favorite improvement of this area is the building of an outdoor gym where I work out¹⁰¹ on a regular basis.

12. What changes do you think your neighborhood/living area needs? / Are the transport facilities to your home very good?

Um...my neighborhood is pretty close to perfect, but it would be better if there was a subway station within walking distance of my home. Now the closest subway station is about 3 kilometers away, which isn't exactly a hop, skip, and a jump away. I heard the city has a plan of extending a subway line to the street next to my home in the next few years. I hope it's true.

见下页

⁹⁸ It's been a big change to adjust to: 这是一个需要调整自己去适应的巨大的变化

⁹⁹ down the road: 在路边, 在附近

¹⁰⁰ denser: 稠密, 密集

¹⁰¹ work out: 锻炼身体

13. Do you know any famous people in the area you live in?

No, I don't know any famous people who live near me. It would be so cool to live near a celebrity. But as far as I know, there aren't any famous people around me. I'll have to keep an eye out¹⁰² though. I would definitely love to hang out with a celebrity.

14. Do you know anyone who lives nearby? /Are you familiar with your neighbors?

Yes, I'm familiar with my neighbours because they're very friendly. And the Lees, who live across the hall from us¹⁰³, are the ones I'm most familiar with. Our families are pretty close with each other. And I've been inside their apartment a lot¹⁰⁴ since we moved into this home.

15. How long have you lived there?

I've been living there for over three years and I love it. Even though I have to share a room with three roommates, luckily they're all easy-going¹⁰⁵ and nice, so we get along really well with each other.

16. Will you move home in the near future? / Will you live there in the future? / Will you live there for a long time? /Do you plan to live there for a long time?

Well, it's hard to tell¹⁰⁶. Right now I live here because I go to school nearby. But after I'm done with school, I might find a job that's far away. If that happens, I would move without a second thought. But I do like this area, so it might be a tough choice.

17. Please describe the place where you live.

I live in the quieter part of a big city. Meaning¹⁰⁷ I can take transit downtown very easily but all the hustle and bustle isn't part of my normal day to day¹⁰⁸. There are lots of grade schools and bakeries in my neighborhood. And a lot of families live here too.

见下页

¹⁰² keep an eye out: 留意

¹⁰³ live across the hall from us: 住在我们家对面

¹⁰⁴ I've been inside their apartment a lot: 我去过他们家很多次

¹⁰⁵ easy-going: 很好相处, 很随和

¹⁰⁶ it's hard to tell: 很难讲, 很难说

¹⁰⁷ Meaning: 也就是说

¹⁰⁸ all the hustle and bustle isn't part of my normal day to day: 我的日常生活中不存在熙熙攘攘的喧闹

18. What is your favorite room? / What part of your home do you like the most? / Please describe the room you live in.

My favorite room in my home is definitely my bedroom. I think it's where I spend most of my time. It has all my favorite stuff in it, like my books, and I got to decorate it myself. That really makes me feel at home – literally¹⁰⁹! It's important to have somewhere you can blow off steam¹¹⁰ and just relax.

19. What are your roommates like? / Who do you live with?

Well, currently, I have two roommates sharing the same apartment with me. They are pretty cool. And I'd say I'm glad to live with them since all three of us love playing video games, so we have a lot to talk about and do together. It's really a blast for us having a game night together every Saturday.

20. What do you usually do in your flat?

Well, when I have some time to myself¹¹¹, I like hanging out in my room. It's probably where I feel most at home¹¹². After all, I got to decorate it myself. So everything is to my taste¹¹³. I usually just sit and read, or scroll through social media on my phone. It's a nice way to kill time.

21. What room does your family spend most of the time in?

I think we spend the most time in the living room. It's a comfortable place where we all have room to kick back and relax¹¹⁴. My mom and dad sit on the couch together. I like sitting in the loveseat. We all watch TV or just have quiet time¹¹⁵ as a family.

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¹⁰⁹ literally: 不夸张的说, 说真的

¹¹⁰ blow off steam: 释放自己的情绪

¹¹¹ have some time to myself: 清闲; 有时间的时候

¹¹² feel most at home: 最感到舒服自在 (的地方)

¹¹³ everything is to my taste: 一切我都喜欢; 一切都合我的口味

¹¹⁴ kick back and relax: 放松

¹¹⁵ have quiet time: 有一段闲暇安静的时光

Topic 5 Hometown¹¹⁶ (Countryside / City)

1. Where are you from? / Where is your hometown? / Which city are you living in? (高频)

My hometown is Jinan, which is a city in Shandong province. I really love it because there're tons of amazing attractions in the inner-city¹¹⁷, and people living in Jinan are very warm and friendly.

2. Do you like your hometown? / Which part of your hometown attracts you the most? / Where is the most impressive place in your hometown? (高频)

Yes, I do. I'm from Harbin, which is a city in the northeast of China. It's famous for the Ice & Snow Festival there, which is a really cool annual event in my hometown. Tons of visitors come to my city to see it every year. I love being a tour guide and showing my friends from other cities this tourist attraction.

3. How long have you lived in your hometown? / Do you think you will continue living there for a long time? (高频)

I've been living in my hometown since I was born. I've never thought about leaving my hometown because my entire social circle¹¹⁸ is there and the cost of living is pretty low. However, I also want to work in a different city for a few years to broaden my horizons¹¹⁹.

4. Is your hometown suitable for children to grow up in? (高频)

Well, I think everything is good¹²⁰ except the air pollution. There are tons of parks and museums in my hometown, so children can do tons of interesting and educational activities. But the air quality...you know, I often see the buildings outside my window looming in the smog¹²¹...It really threatens children's health.

见下页

¹¹⁶ Hometown 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

¹¹⁷ inner-city: 内陆城市

¹¹⁸ my entire social circle: 社交圈

¹¹⁹ broaden my horizons: 拓宽眼界，增长见识

¹²⁰ 还可以说: all aspects of my hometown are good

¹²¹ looming in the smog: 在烟雾中朦朦胧胧看不清

5. Do you prefer to live in the country or in the city? (高频)

I prefer living in the city. Don't get me wrong¹²², the country has beautiful views. But the city is way more¹²³ exciting to me. There are always cool things going on, and everything is convenient and close by¹²⁴. Plus, there are more job opportunities and things to see and do in cities, especially big ones.

6. Do you want to live in the country in the future? (高频)

I'm not sure. But I don't think I would rule out¹²⁵ living in the country. Maybe when I'm ready to settle down, I could move to the country and enjoy the peace and quiet¹²⁶ there. It's really hard to tell where life will take me¹²⁷. I might want to just keep living in the city.

7. Is that a big city or a small place?

My hometown isn't a major city in China but it's not small either. As far as I know, it has a population of 5 million people. So the urban area is always crowded with people. It's also the largest city of the province by land area¹²⁸.

8. Do you like the city you are living in now?

Yeah, I really love it. When I moved here, I thought it was overwhelming¹²⁹. But now I can't imagine living anywhere else. There are always cool things happening here. For example, a lot of singers come to our city for their concerts. It definitely keeps me on my toes¹³⁰.

9. How long are you going to stay there?

I have no idea. It really depends on¹³¹ where I can work. I'll stick around¹³² if I can find a decent job after graduation. Otherwise, I won't be able to stay there and I'll have to go back to my hometown, since living in Jinan practically costs an arm and a leg¹³³.

见下页

¹²² Don't get me wrong: 不要误会我

¹²³ way more: 更多...

¹²⁴ close by: 在附近

¹²⁵ rule out: 排除

¹²⁶ enjoy the peace and quiet: 享受那里的和平与宁静

¹²⁷ It's really hard to tell where life will take me: 很难预测我的生活会是怎样的

¹²⁸ by land area: 从土地面积来说

¹²⁹ overwhelming: 有一点失落

¹³⁰ keeps me on my toes: 对某事保持警觉; 这里指我会一直关注有哪个喜欢的明星来看演唱会

¹³¹ It really depends on: 取决于...

¹³² stick around: 就待在这里

¹³³ costs an arm and a leg: 花销相当的大

10. Is there anything you dislike in your city?

I love the city I live in. But of course, every rose has its thorn¹³⁴. Sometimes, the buses are really slow here. So as a commuter, I often get fed up with¹³⁵ having to wait for long periods of time. I just want to get places on time, but the public transportation can make that easier said than done.

11. Is there anything that you dislike about your hometown?

Yes, I suppose so. One thing I'm not satisfied about with my hometown is the traffic there. Lots of drivers don't follow the traffic rules and often have road rage¹³⁶, so road accidents in my hometown are common and often fatal.

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¹³⁴ every rose has its thorn: 每朵玫瑰都带刺, 事物都有优缺点

¹³⁵ get fed up with: 对...感到厌烦

¹³⁶ road rage: 路怒症

Topic6 Headphones

1. Do you use headphones? (高频)

Yes, I use headphones pretty often. It's a great way to help me tune out any distractions¹³⁷. Plus, listening to music is a much better experience when you have headphones on. You can hear everything more clearly. When I have headphones on, I can also turn up the music as loud as I want without bugging anyone¹³⁸.

2. What type of headphones do you use? (高频)

I really like using wireless headphones¹³⁹. When I use the ones with wires, they always get tangled up¹⁴⁰ and sometimes they fall out. So I have earbuds that I can use with Bluetooth¹⁴¹. It's so convenient. I also find that the sound quality is better. They're more expensive than I would like, but I think it's worth it overall.

3. When would you use headphones? What do you use headphones for? (高频)

I use headphones whenever I want to listen to music without bothering anyone¹⁴². For example, I usually commute to school, so I use headphones so that I don't disturb the other passengers. I also like to use headphones for phone calls. I can walk around while talking on the phone without having to hold my phone next to my ear¹⁴³.

4. In what conditions will you not use headphones? (高频)

I don't use headphones if I really need to focus. Sometimes, listening to music can be more distracting than helpful¹⁴⁴. So I'll take out my headphones and just work in silence¹⁴⁵. Other times, I don't use headphones if I'm in public because I want to be aware of my surroundings¹⁴⁶.

见下页

¹³⁷ tune out any distractions: 排除其他干扰

¹³⁸ without bugging anyone: 打扰不到任何人

¹³⁹ wireless headphones: 无线耳机

¹⁴⁰ get tangled up: (线) 缠在一起

¹⁴¹ I have earbuds that I can use with Bluetooth: 我可以用蓝牙连接的耳机

¹⁴² listen to music without bothering anyone: (想要) 在不打扰别人的情况下听音乐

¹⁴³ without having to hold my phone next to my ear: 不用一直举着手机放在耳边

¹⁴⁴ be more distracting than helpful: 更容易让人分心, 而不是会有什么帮助

¹⁴⁵ work in silence: 在安静的环境中工作

¹⁴⁶ be aware of my surroundings: 注意周围的环境, 留意周围会发生什么

5. Are headphones popular in your country?

Yeah, I think that headphones are pretty popular in my country. A lot of people commute to work and school every day. So they listen to music on their way. Headphones are great because you can listen to whatever you want, as loudly as you want, without bothering other people.

6. How long do you wear headphones a day?

I usually wear headphones on my commute¹⁴⁷, which is an hour each way¹⁴⁸. Sometimes I use them when I go for a walk at night. It's nice to listen to music while I walk around the neighborhood. So I would say that I probably spend three hours wearing headphones a day.

7. Do you think it's healthy to wear headphones or earphones?

I don't think you should have headphones on for too long. When you use headphones a lot, you can get used to listening to music at a loud volume. That might eventually damage your eardrums¹⁴⁹. You might end up having hearing problems later on. But as long as you don't use headphones too often, you should be safe.

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¹⁴⁷ on my commute: 在上下班路上

¹⁴⁸ which is an hour each way: 单程一小时

¹⁴⁹ damage your eardrums: 伤害你的耳鼓(耳膜)

Topic7 Shoes

1. Do you like buying shoes? How often? (高频)

Honestly, I don't really like buying shoes that much. Finding the right style and size can take a long time. I always feel tired after I've been browsing for an hour. So I don't buy them that often, maybe a couple times per year. I get a few pairs and then I'm good for a long time¹⁵⁰.

2. Have you ever bought shoes online? (高频)

Yes, I've bought shoes online. I wouldn't recommend it, since you can't try on the shoes and every website's sizing chart¹⁵¹ can be different. It can be hard to find which shoes will actually suit you. But a nice thing about online shoe shopping is that you have more choices.

3. How much money do you usually spend on shoes? (高频)

I want to get good-quality shoes, so I usually spend a hundred dollars on a pair. It's worth it for shoes that will last a long time. Cheaper shoes are more budget-friendly¹⁵², but they wear out a lot quicker¹⁵³. When you have to replace them pretty often, it's actually more expensive in the long run¹⁵⁴.

4. Which do you prefer, fashionable shoes or comfortable shoes? (高频)

I definitely prefer comfortable shoes. I don't really care that much about fashion. So even though it might be cool to have a certain style of shoe¹⁵⁵, I would much rather have shoes that are comfy to walk in. In the long run, comfortable shoes are better for your feet anyways.

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¹⁵⁰ I'm good for a long time: 很长一段时间我都不需要再买鞋

¹⁵¹ sizing chart: 鞋子的尺码表

¹⁵² budget-friendly: 划算的

¹⁵³ wear out a lot quicker: 很快就会磨损, 坏掉

¹⁵⁴ in the long run: 从长远来看

¹⁵⁵ have a certain style of shoe: 有某种特定风格的鞋

Topic8 Handwriting

1. Do you like handwriting? / When do you write by hand? (高频)

I prefer typing most of the time, but I think there's something nice about handwriting. When I'm trying to plan something out¹⁵⁶, I'll always write my thoughts down in a notebook. It makes me feel more organized. Plus, handwriting is a nice personal touch¹⁵⁷ when you're giving someone a card for their birthday or another occasion.

2. Did you write more when you were a child? (高频)

Yes, I definitely wrote more when I was a kid. I used to write letters to my grandparents all the time. It was really fun to write the letters and get replies back¹⁵⁸. Sometimes I wrote to my friends, but they didn't write as many letters as I did. It was a more old-fashioned way to talk¹⁵⁹.

3. What needs to be written by hand these days? (高频)

I think that most cards and personal letters need to be written by hand. When it comes to special occasions like birthdays or graduation, it's much nicer to get a handwritten card than a text or an email. Some people even handwrite their wedding invitations, which I think is classy¹⁶⁰ and wonderful.

4. Do you think handwriting is important?

I think handwriting is somewhat important¹⁶¹. When you're giving someone a gift, it's nice to handwrite a card so they feel special. Handwritten letters are also a great way to show someone that you care. I've also heard that handwriting your notes will help you memorize the content better. So for some purposes¹⁶², it's definitely important.

见下页

¹⁵⁶ plan something out: 为...做计划

¹⁵⁷ personal touch: 个人的风格, 个性化

¹⁵⁸ get replies back: 得到回复; 得到回信

¹⁵⁹ a more old-fashioned way to talk: 一种更老式的

谈话方式

¹⁶⁰ classy: 有品位; 高级

¹⁶¹ somewhat important: 是比较重要的

¹⁶² for some purposes: 在某些情况下

5. Which do you prefer, handwriting or typing?

I usually prefer typing. I like handwriting, but for the most part¹⁶³, using a computer is way faster and more convenient. For example, if I'm writing an essay for school, it would take me way too long to try and write it out. My hand gets cramps¹⁶⁴ when I try to write for that long. Typing is a lot easier.

6. What's the difference between handwriting and typing?

Well, handwriting is definitely more personal¹⁶⁵. Everyone has a unique style of handwriting, so it's kind of like putting your personality on a page¹⁶⁶. Typing is much more efficient though. Even if you're slow at typing, chances are that¹⁶⁷ you'll get more done than if you were writing by hand.

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¹⁶³ but for the most part: 但是大多数情况下

¹⁶⁴ My hand gets cramps: 我的手会抽筋

¹⁶⁵ more personal: 更个人; 更私人; 更个性

¹⁶⁶ putting your personality on a page: 把你的个性展示在纸上

¹⁶⁷ chances are that: ...是有可能的

Topic9 Science

1. Do you like science? Do you think it is difficult? (高频)

I'm not a huge fan of¹⁶⁸ science, to be honest. I think it's interesting, but I can never seem to wrap my head around¹⁶⁹ the more complicated concepts. In high school, science was one of my weaker subjects. I'm definitely glad that other people are doing important work in that field.

2. When did you start to learn about science? (高频)

Like most people, I started learning about science in elementary school. The first thing I can remember learning about is magnets¹⁷⁰. The teacher showed us how magnets could attract and repel each other¹⁷¹. I remember that it was really fun to play around with magnets and feel the magnetic force between them.

3. Which science subject is interesting to you? (高频)

I think that out of all the subjects¹⁷², biology is the most interesting to me. It's so fascinating to learn how the human body works. I also like hearing facts about animal biology. It's really fun to learn about. Plus, we have much more in common with¹⁷³ animals than one might think!

4. What kinds of interesting things you have done with science? (高频)

Well, when I was in high school, we actually got to do a dissection of a frog¹⁷⁴. It might sound gross, but it was helpful for educational purposes. And I actually did learn a lot about the different body parts. I remember that my partner was really freaked out¹⁷⁵. But I found it really interesting.

5. Have you ever attended a science lecture? Do you feel it's easy or difficult?

I took one science class in university. It wasn't too hard to follow along with¹⁷⁶ because it was about psychology. Psychology is surprisingly easy to understand¹⁷⁷. A lot of it is common sense¹⁷⁸. But there are definitely some parts about the human mind that are difficult to learn about. It's a really cool subject though. (Copyrights to 雅思过过过淘宝店铺)

¹⁶⁸ I'm not a huge fan of: 我不是很喜欢...

¹⁶⁹ wrap my head around...: 理解某个特别难懂的事情

¹⁷⁰ magnets: 磁性

¹⁷¹ how magnets could attract and repel each other: 磁铁是如何相互吸引和排斥的

¹⁷² out of all the subjects: 在所有科目中

¹⁷³ have much more in common with: 和...有很多共

同之处

¹⁷⁴ do a dissection of a frog: 解剖青蛙

¹⁷⁵ freaked out: 吓坏了的

¹⁷⁶ follow along with: 跟得上 (课程内容); 能理解 (课程内容)

¹⁷⁷ surprisingly easy to understand: 非常容易理解

¹⁷⁸ common sense: 常识

Topic10 Lost (New places)

1. Have you ever been lost? (高频)

Yes, I've definitely been lost before. Once, I was visiting my friend in a different city. Even though they gave me really specific directions, I ended up going the wrong way. Instead of just turning around, I tried to find a different route. But I got way in over my head¹⁷⁹. I had no idea where I was.

2. Have you ever helped someone who got lost? (高频)

Yes, I've done that a couple of times¹⁸⁰. Since I live in a major city, it's common for tourists to ask for directions. A few weeks ago, I helped a couple find the museum they were looking for. I could tell¹⁸¹ they were really nervous to approach me¹⁸², but I didn't mind at all.

3. Will you read a map if you get lost (or if you go to a new place)? (高频)

I don't usually read maps. I'm definitely used to my phone's map app¹⁸³ leading me places. Whenever I feel I can't figure out directions, I just look up the address and use my smartphone to navigate. So technically¹⁸⁴, I won't need to read the map, I could just follow the instructions and get to the destination.

4. What do you do if you get lost? (高频)

The first thing I do when I get lost is to retrace my steps¹⁸⁵. I try to work backwards¹⁸⁶ so that I can eventually find the place I started from. If I can't remember where I was before, I'll look up where I am on my maps app. Or I might ask someone to point me in the right direction¹⁸⁷.

见下页

¹⁷⁹ I got way in over my head: in over my head 意为“让自己处在困境中”

¹⁸⁰ a couple of times: 一两次

¹⁸¹ I could tell: 我可以感受到, 我可以辨别出

¹⁸² to approach me: 接近我

¹⁸³ used to my phone's map app: 习惯了(用)手机上的地图应用

¹⁸⁴ technically: 技术上来说; 严格意义上来说

¹⁸⁵ retrace my steps: 走回头路; 往回走

¹⁸⁶ work backwards: 反推; 倒推 (注意这里不是 walk); 意指

¹⁸⁷ point me in the right direction: 给我指出正确的方向

5. Do you feel nervous when you travel to new places?

Yes, I definitely feel nervous when I'm travelling somewhere new. If it's a country where I don't speak the language, I feel really out of place¹⁸⁸. It's hard to feel comfortable when you don't know what people are saying around you. But it's really exciting to explore a new place. It's worth feeling uncomfortable from time to time¹⁸⁹.

6. What places do people get lost easily?

I think people usually get lost in major cities. Sometimes it can be hard to tell the streets apart¹⁹⁰, especially when there's so much going on around you. They can also get lost in the countryside since the roads aren't always marked very clearly¹⁹¹. It's even harder to navigate at night.

7. What was the last new place you visited?

The last new place I visited was a small town an hour away from the city I live in¹⁹². I decided to go on a day trip¹⁹³ with my friends. There were lots of little shops that we visited. They all had really unique items. Plus, there was a beautiful park that we hung out at for a while.

8. How is it different from other places?

This town was definitely very different from the major cities close by¹⁹⁴. It wasn't as crowded or noisy¹⁹⁵. There were lots of little shops instead of big chain stores. And there was also a lot more nature. I saw tons of trees and flowers, which you don't get to see in big cities as much¹⁹⁶.

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¹⁸⁸ feel really out of place: 感觉很不自在

¹⁸⁹ from time to time: 有时候

¹⁹⁰ it can be hard to tell the streets apart: 很难把街道区分开来

¹⁹¹ the roads aren't always marked very clearly: 道路并不总是标记得很清楚:

¹⁹² an hour away from the city I live in: 离我住的城

市有一小时的路程

¹⁹³ go on a day trip: 进行一个一日游

¹⁹⁴ close by: 在附近的

¹⁹⁵ wasn't as crowded or noisy: 没有那么拥挤或嘈杂:

¹⁹⁶ as much: 这么多的; 如此多

Topic11 APP

1. Have you downloaded any new apps recently? Why did you download it? (高频)

I just downloaded a new photo-editing app. I don't use it to do any big changes. I think it looks weird when you edit too many things about your appearance¹⁹⁷. But it's nice trying out different filters¹⁹⁸. I like posting on social media, but I want to make sure that my pictures look good before I share them.

2. What kinds of apps do you often use? (高频)

Well, I have plenty of different kinds of apps on my smartphone. But the app I use the most is Weibo, which is kind of the Chinese version of Twitter but way more entertaining¹⁹⁹. It's very fun and easy to use. I basically check the updates on it²⁰⁰ every five minutes.

3. What was the first App you used? (高频)

I think the first app I ever used was an instant messaging app²⁰¹ called QQ. You could basically just friend others with²⁰² their QQ number. I had a ton of fun friends on QQ who I got acquainted with on the internet²⁰³. Back when smartphones weren't popular, everyone, mostly young people, used QQ as their first choice for online messaging.

4. What kinds of apps are you usually interested in? (高频)

I usually like apps that involve pictures²⁰⁴. It's fun to edit your own photos, or to take pictures and have the app identify what's in them²⁰⁵. For example, I downloaded a nature app that will tell you what kind of plant you've taken a picture of. I think that's a cool way to learn about the world around you.

见下页

¹⁹⁷ edit too many things about your appearance: 对外表做过度修图

¹⁹⁸ filters: 滤镜

¹⁹⁹ way more entertaining: 更具有娱乐性, 更好玩; way 起强调修饰的作用

²⁰⁰ check the updates on it: (到微博上) 看看有什么更新了的新闻

²⁰¹ instant messaging app: 即时通讯软件

²⁰² friend others with: 加别人为好友

²⁰³ got acquainted with on the internet: 在网上认识的

²⁰⁴ apps that involve pictures: 和图片相关的应用

²⁰⁵ to take pictures and have the app identify what's in them: 拍照识别的应用程序; 拍好照片让应用软件识别所拍的东西是什么

5. What kind of apps do you want to see in the future?

I want to see more apps that change the way you look at your surroundings. It would be cool if you could open your camera and the app would project images or even videos onto what you're seeing²⁰⁶. There was a version of that with Pokémon Go²⁰⁷, which was really viral²⁰⁸ because everyone loved seeing the Pokémon around them.

6. How do you find different apps?

I have a ton of different apps on my phone. Some of them are recommended to me by friends. For example, my best friend showed me a cool study app that helps you memorize your notes. Other times²⁰⁹, an ad will show me an app and I'll actually be interested in it.

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²⁰⁶ project images or even videos onto what you're seeing: 将图像甚至视频投射到你所看的东上

²⁰⁷ There was a version of that with Pokémon Go: 有

一种 Pokémon Go 这样的版本

²⁰⁸ viral: 流行' 迅速走红

²⁰⁹ Other times: 其他时候, 还有的时候

Topic12 Pets

1. Have you ever had a pet before? (高频)

Yes, I've had a pet before. When I was little, my family got a cat. It was a really sweet cat that loved getting attention²¹⁰. Now that I'm living on my own, I have a small dog. He only comes up to my knees²¹¹. He's really energetic and loves going for walks. I spend a lot of my day with him.

2. What animal would you like to keep as a pet? (高频)

Well, I'd like to have a pet snake. Some people are freaked out by snakes, but I think they're cute. It's just hard to take care of them. They require a lot of care and effort. But it would be really cool to have an exotic pet²¹².

3. What's the most popular animal in China? (高频)

I think cats and dogs are probably the most popular animals in China. They're the most common household pets²¹³ because they're pretty easy to take care of. Cats don't require a lot except for food and a place to sleep. Dogs might take up more of your time²¹⁴ but they make great companions²¹⁵.

4. Where do you prefer to keep your pet, indoors or outdoors? (高频)

I prefer having my pet indoors. Some people have outdoor cats, but I would be too worried about the cat getting stolen or lost. Having a pet inside means that they can keep you company throughout the day²¹⁶. It's so nice to bond with²¹⁷ an animal. I really love spending time with my own dog.

5. What's your favorite animal? Why?

Well, I'm crazy about pandas. They look like giant teddy bears, but with striking²¹⁸ black and white markings. And they have black eye patches²¹⁹ that make them look pretty funny. I mean, no animals are more adorable than pandas, are they?

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²¹⁰ loved getting attention: 喜欢被关注

²¹¹ comes up to my knees: (它高度只)到我的膝盖

²¹² have an exotic pets: 养一只不同寻常的宠物

²¹³ household pet: 家养宠物

²¹⁴ take up more of your time: 占用你很多时间

²¹⁵ make great companions: (狗狗)可以成为你

好的陪伴

²¹⁶ keep you company throughout the day: 全天陪伴你

²¹⁷ bond with: 与...建立亲密的关系

²¹⁸ striking: 明显的, 引人注目的

²¹⁹ black eye patches: 黑眼圈

Topic13 Color

1. Which color do you like best? (高频)

I really like blue. It's a very calming colour²²⁰, and it comes in so many different shades²²¹. Blue also reminds me of lots of things in nature, like the sky and the ocean. Plus, it's a good colour to wear because it matches with a lot of different ones²²².

2. Are there any colors you dislike? Why? (高频)

I don't like orange that much. I don't think that it looks good with many other colours²²³. And personally, it doesn't look good with my skin tone²²⁴. So in a practical sense²²⁵, orange is kind of useless to me. But I also don't think it's that nice to look at.

3. What color of the room would make you feel uncomfortable? (高频)

I don't think I would like a room that was painted lime green²²⁶. To me, it's too bright and bold. It's harsh on the eyes²²⁷ and it would be uncomfortable to see that everywhere. Another bad colour for a room would be black. I think that would feel really dark and creepy²²⁸.

4. What colors do your friends like? (高频)

My friends tend to like bright, warm colours. They like red, green, and yellow, which are usually summery colours²²⁹. During the fall, they like to wear clothes in neutral tones²³⁰ like black, brown, and white. But they decorate their rooms with all kinds of colours. They're not very picky when it comes to that sort of thing²³¹.

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²²⁰ very calming colour: 非常容易令人安静放松的颜色

²²¹ it comes in so many different shades: 有非常多不同的色度的蓝色

²²² it matches with a lot of different ones: 它可以和很多不同的颜色都能搭配

²²³ I don't think that it looks good with many other colours: 我认为它配其他颜色不好看

²²⁴ it doesn't look good with my skin tone: 它和我的肤色不搭

²²⁵ in a practical sense: 在实际意义上; 实际上来说

²²⁶ lime green: 石灰绿

²²⁷ It's harsh on the eyes: 看起来很刺眼; 看起来会让眼睛很不舒服

²²⁸ creepy: 恐怖; 令人毛骨悚然

²²⁹ summery colours: 夏天的颜色

²³⁰ neutral tones: 中性色调

²³¹ They're not very picky when it comes to that sort of thing: 在这类事情上, 他们不是很挑剔

Topic14 Public gardens and parks

1. What do you like to do when visiting a park? /Do you like parks? (高频)

I usually like walking around with my friends. It's not that exciting²³², but it's a nice way for us to be surrounded by nature²³³. Some of my friends have dogs, so we have a good time walking around with them. It's so cute when they get to run around the park.

2. Did you like to go to the park as a child? (高频)

Yeah, I really liked going to the park when I was a kid. My parents let me run around in the grass and just let loose²³⁴. It was a great way to get all my energy out before bedtime²³⁵. Sometimes my friends and I went together and played games. I made a lot of good memories at the park.

3. How are the parks today different from those you visited as a kid? (高频)

Well, I have to say parks today are way better than²³⁶ the parks I usually went to when I was a child. I still remember the park where I used to hang out with my friends. It only had a slide and a couple of swings²³⁷. But the parks I've been to lately all have big playgrounds with tons of recreational equipment²³⁸.

4. Would you like to hang out in a public garden or a park?

I think I'd rather hang out in a park. Public gardens are beautiful, but sometimes it's not easy to relax there. I'd be worried about accidentally ruining²³⁹ the plants or something. Public parks are usually more spacious. You have room to walk around²⁴⁰. You can also do more activities, like a fun game of catch²⁴¹.

5. Would you prefer to hang out in a personal garden or a public garden?

I think I'd like to hang out in a public garden. A personal garden would be nice because you'd have a lot more privacy. But I would be too worried about accidentally messing something up²⁴². Being in a public garden comes with less pressure²⁴³. Plus, you can hang out with other people in a public garden.

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²³² It's not that exciting: 不是那么让人兴奋

²³³ be surrounded by nature: 被大自然包围

²³⁴ run around in the grass and just let loose: 在草地上跑来跑去, 放松一下

²³⁵ get all my energy out before bedtime: 睡觉前把我所有的精力都释放出来

²³⁶ way better than: 比...好得多

²³⁷ a slide and a couple of swings: 一个滑梯和几个秋千

²³⁸ recreational equipment: 游乐设施

²³⁹ accidentally ruining: 不小心毁掉; 不小心破坏

²⁴⁰ You have room to walk around: 你有地方(空间)可以走一走

²⁴¹ a fun game of catch: 有趣的接球游戏

²⁴² messing something up: 搞砸事情

²⁴³ comes with less pressure: 有更小的压力; 在花园会压力更小

Topic 15 Weather

1. What kind of weather do you like most? (高频)

I really love rainy weather. It's so nice when it's cool outside and there's a little bit of rain. I also feel so cozy staying inside and watching a storm roll in²⁴⁴. It's so fascinating to watch lightning. But I also like sunny weather. It's really nice to just sit and soak up some rays²⁴⁵.

2. What's the weather like in your hometown? Do you like that? (高频)

My hometown has pretty consistent weather²⁴⁶. It's usually warm in the summer and cold in the winter. Sometimes there can be dry spells²⁴⁷, but we get a normal amount of rain and snow²⁴⁸. I like that we go through all the seasons. It's nice to have a change every once in a while²⁴⁹.

3. Do you want to live in another place with a different climate in the future? (高频)

I think it would be nice to try living in a place where it's sunny all the time. I really love the beach, so if I could live somewhere by the ocean²⁵⁰, that would be amazing. I'm not sure if I'd want to stay forever, but it could be cool for a while²⁵¹.

4. Have you ever been to a foreign country where the weather is different from your country? (高频)

Yes, I've been to a few foreign countries where the weather was really different. Last year, I went on vacation to an island where it was constantly sunny²⁵². The city where I live often has rainy weather, so it was a huge shock²⁵³. I really enjoyed all the sunshine though!

5. Do you think people will be happy living in a place with sunny seasons? (高频)

Yeah, I think that most people would enjoy living in a sunny place. It can be really nice and relaxing to just sit on a beach and get a tan²⁵⁴. There are also lots of activities you can do when it's nice and sunny out²⁵⁵. So I don't think people would mind every day being warm and bright.

见下页

²⁴⁴ watching a storm roll in: 看着暴风雨滚滚而来

²⁴⁵ just sit and soak up some rays: 坐着晒晒太阳

²⁴⁶ pretty consistent weather: 天气一直很稳定

²⁴⁷ dry spells: 干旱期

²⁴⁸ get a normal amount of rain and snow: 有正常的降雨量和降雪量

²⁴⁹ every once in a while: 每隔一段时间；有时

²⁵⁰ live somewhere by the ocean: 住在海边的什么地方

²⁵¹ it could be cool for a while: 待一段时间也挺好的；能待一段时间也是挺酷的

²⁵² constantly sunny: 总是阳光明媚

²⁵³ it was a huge shock: 对我来说是很大的冲击；让我很惊讶

²⁵⁴ get a tan: 晒黑

²⁵⁵ when it's nice and sunny out: 当天气晴朗阳光充足的时候

6. Do you prefer dry or wet weather?

喜欢潮湿一点的地方：

I prefer a humid place over a dry one. Even though that weather can really get under your skin²⁵⁶, it's way better than a totally dry area. I'm the type that loves rainy days, so I like living in a place where they come more often than once in a blue moon²⁵⁷.

喜欢干燥一点的地方：

I prefer a dry place over a humid one. Even though low humidity²⁵⁸ can really be annoying sometimes, it's way better than a totally humid area. The humid weather always makes me sweat and feel like I'm sticky²⁵⁹, while dry days are more comfortable for me.

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²⁵⁶ get under your skin: 很烦人

²⁵⁷ once in a blue moon: 极为罕见；非常少见

²⁵⁸ low humidity: 低湿度

²⁵⁹ sticky: 粘粘的，黏黏的

Topic 16 Concentration

1. Can you concentrate in a noisy environment? (高频)

No, it's really hard for me to focus in a noisy environment. I prefer to work in silence²⁶⁰. So if people are talking around me, or if I can hear traffic noises, I won't be able to pay attention to my work. It's just too tempting to²⁶¹ focus on what's going on around me instead of my tasks.

2. Is it difficult for children to concentrate? (高频)

Yes, I think that in general, children have a hard time concentrating. They're just so full of energy that they find it difficult to sit still²⁶². They would rather be running around or playing. But children can learn to focus over time²⁶³. They just need to be patient and learn how to pay attention to a task.

3. How can we help kids focus? (高频)

I think kids can learn how to focus by getting into the habit of doing tasks²⁶⁴. For one, unlike adults, most children aren't capable of multitasking. So letting them do one task at a time is a good way to improve their concentration. Besides, parents can teach children how to break big tasks into smaller and more manageable pieces²⁶⁵, which makes it easier for them to concentrate.

4. What do you do to help you concentrate? (高频)

I usually put on music. I try not to pick songs with words²⁶⁶ because they can be distracting. Instead, I listen to classical music. It helps me tune out any distractions²⁶⁷ and stay focused on the task at hand. Sometimes, if that doesn't work, I'll just do my work in silence.

见下页

²⁶⁰ work in silence: 安静地工作

²⁶¹ too tempting to: 太有诱惑了

²⁶² find it difficult to sit still: 发现很难静坐不动;
很难安静坐着

²⁶³ over time: 随着时间的推移

²⁶⁴ getting into the habit of doing tasks: 养成做任务的

习惯

²⁶⁵ break big tasks into smaller and more manageable pieces: 把大任务分成更小、更容易处理的小任务

²⁶⁶ not to pick songs with words: 不选有歌词的乐曲

²⁶⁷ tune out any distractions: 排除任何干扰

5. Is it difficult for you to stay focused on something? (高频)

Yes, I get distracted pretty easily. I feel like nowadays, there are tons of things that steal our focus²⁶⁸. Even our phones can have a million things²⁶⁹ that we'd rather look at instead of the task at hand. I can get off track²⁷⁰ if I see a text and then start a conversation instead of doing my work.

6. What may distract you when you're trying to stay focused?

There are so many things that distract me when I'm trying to focus. My phone is a huge distraction²⁷¹. I have to turn it off so that I don't see texts or notifications coming in²⁷². I can also be distracted by the people around me, like my friends or family.

7. When do you need to be focused?

I need to stay focused whenever I'm preparing for an important test. For example, I had a big exam coming up a while ago²⁷³. I really had to buckle down and stay on task²⁷⁴ so I could do well.

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²⁶⁸ steal our focus: 偷走我们的注意力

²⁶⁹ have a million things: 这里是一种形容式表达, 指“有非常多的东西”

²⁷⁰ get off track: 脱离正轨

²⁷¹ a huge distraction: 很容易让人分心的东西

²⁷² texts or notifications coming in: 收到短信或通知

²⁷³ a while ago: 前段时间

²⁷⁴ buckle down and stay on task: 倾尽全力专注在需要做的事情上面

Topic 17 Watch TV (TV program)

1. Do you still watch TV? (高频)

Yes, I definitely still watch TV. After a long day of work, it's nice to sit on the couch and put a show on. Sometimes my friends and I even watch TV together. Last year, we watched an entire show from start to finish²⁷⁵. We would get together one night a week²⁷⁶ until we had watched all the episodes²⁷⁷.

2. Did you watch TV when you were a child? (高频)

Yes, I did, but my parents limited how much time I could spend watching shows. They didn't want my brain to rot²⁷⁸. So they made sure that I spent more time playing outside. That being said²⁷⁹, I had lots of favourite TV shows that I really enjoyed.

3. Do you think children watch too much TV nowadays? (高频)

Yeah, I think kids spend too much time watching TV nowadays. It's not healthy for them to just sit on the couch and watch something mindlessly²⁸⁰. They should play outside more or hang out with their friends. That's the best way to spend your childhood²⁸¹. Too much TV can make kids lazy.

4. What about the current TV programs do you think could be improved? (高频)

I think that current TV programs should be more educational. I don't mean that²⁸² they should feel like a lecture. But they should be focused on more serious things. There are way too many reality TV shows²⁸³. Those shows are a total waste of time and resources²⁸⁴.

5. What kind of TV programs do you like? (高频)

I like comedy television. I don't like any serious dramatic TV shows, or daytime television. I like to be entertained and laugh when I'm watching TV. My favourite comedy show is My Own Swordsman²⁸⁵. That show always makes me bust a gut²⁸⁶. The script is very witty²⁸⁷ and I've binge-watched²⁸⁸ it several times.

见下页

²⁷⁵ watched an entire show from start to finish: 从头到尾看完了整个节目

²⁷⁶ get together one night a week: 每周有一个晚上聚一下

²⁷⁷ episodes: 剧集

²⁷⁸ They didn't want my brain to rot: 他们不想让我脑子变傻

²⁷⁹ That being said: 虽然这么说

²⁸⁰ mindlessly: 漫无目的的

²⁸¹ the best way to spend your childhood: 度过童年的最好方式

²⁸² I don't mean that: 我并不是说

²⁸³ way too many reality TV shows: 有太多电视真人秀了

²⁸⁴ a total waste of time and resources: 完全是浪费时间和资源

²⁸⁵ My Own Swordsman: 《武林外传》(请根据个人喜好调整喜欢的节目内容)

²⁸⁶ makes me bust a gut: 让我捧腹大笑

²⁸⁷ witty: 诙谐的

²⁸⁸ binge-watched: 一口气看完; 刷刷, 煲剧

注：以下列出的 5 个小题，是该主题在前两季出现过的其他考题

旧题 1. Do you often watch programs on the TV or on your cellphone?

I'm used to watching TV shows on my cellphone rather than on the TV. I love watching all kinds of programs, but honestly, I never have time to sit down and relax on the couch in front of the TV. So watching shows on my cellphone is a good alternative and it's really convenient.

旧题 2. Do you talk with your friends about the program you watched?

Yes, and I think I talk to my friends a little too much about the TV programs that I've watched. I just love sharing the TV shows I like with people. Sometimes I even talk too much about a show and give spoilers²⁸⁹. My friends have to ask me to stop.

旧题 3. Do you like watching TV alone?

No, I like watching TV with my friends. We usually have the same interest in TV shows and can always have a blast watching them together. For example, when *Game of Thrones*²⁹⁰ was still playing, I watched all the episodes²⁹¹ with my buddies. It would be a pity if I watched it all by myself.

旧题 4. Have you ever thought about making your own TV show?

Yes, I've thought about that when I was daydreaming²⁹². I'm a huge fan of variety shows²⁹³. So I've come up with a few different ideas for variety shows that I would absolutely love to make. I even designed games that the celebrities in the show could play. It was silly.

旧题 5. Do you like watching the same kind of program all the time?

Yes, I actually like to rewatch the shows that I'm very fascinated by over and over again. I could finish watching an entire series and then restart it that same night, no problem whatsoever²⁹⁴. For example, I can't even remember how many times I've binge-watched *Breaking Bad*. I just find it very soothing²⁹⁵ to watch it again.

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²⁸⁹ give spoilers: 剧透

²⁹⁰ Game of Thrones: 权力的游戏

²⁹¹ episodes: 电视剧集

²⁹² daydreaming: 做白日梦

²⁹³ a huge fan of variety shows: 超级喜欢看综艺节目

²⁹⁴ no problem whatsoever: 完全没有任何问题

²⁹⁵ soothing: 令人抚慰；让人感到舒服

Topic 18 Spending time with others

1. Do you prefer to study alone or together with others? (高频)

I prefer studying alone. Sometimes it can be helpful to work in a study group, especially when it's for a big test. You can share your study notes and help each other out. But for the most part²⁹⁶, I find other people too distracting. I would rather just do my own thing²⁹⁷.

2. What do you like to do in your spare time? (高频)

Whenever I have some free time, I really like to read or watch a movie. When I read a good book, I can picture what's going on in my head²⁹⁸ and get lost in a good story²⁹⁹. Similarly, movies are a nice way to kick back and relax³⁰⁰. I like watching them with my friends as well.

3. What leisure activities do you do with your friends? (高频)

I like going for walks with my friends. Sometimes we go to a park and just shoot the breeze³⁰¹. Other times, we go to the mall and check out the stores³⁰². We mostly just window-shop³⁰³, but it's still a good time. It's also fun to go to the movies together. It always gives us something to talk about afterwards³⁰⁴.

4. What activities need teamwork or collaboration? (高频)

I think a good example is a team sport like basketball or soccer. When you're playing a sport like that, you have to depend on your fellow teammates³⁰⁵ to win the game. Sports are great for collaboration because it encourages people to work together to achieve a goal. It can help improve communication as well.

见下页

²⁹⁶ for the most part: 在大多数情况下

²⁹⁷ would rather just do my own thing: 宁愿自己做自己的事

²⁹⁸ picture what's going on in my head: 在脑海中描绘出(书中)正在发生的事情

²⁹⁹ get lost in a good story: 沉浸在精彩的故事中

³⁰⁰ kick back and relax: 放松休息

³⁰¹ shoot the breeze: 吹牛; 闲聊

³⁰² check out the stores: 逛逛商店

³⁰³ window-shop: 逛街

³⁰⁴ afterwards: 之后; 后面

³⁰⁵ depend on your fellow teammates: 依靠你的队友

5. Could you describe a time when you studied with others?

In my first year of university, I joined a study group for one of my classes. We had a big test coming up³⁰⁶, so we all brought our study notes and discussed the class material³⁰⁷ together. It was really great because we could help fill in what other people were missing³⁰⁸.

6. Do you like talking with people?

Yes, I do. I think that everyone has something interesting to share with you. I've had some really good conversations with strangers as we waited in line. Plus, it's always great to chat with a good friend or a family member. I just like talking with whoever's around³⁰⁹. I always end up learning something new.

7. Do you remember a time when you needed to cooperate with others?

Yes, for sure. When I was in high school, I often had to do group projects. For one of them, we all had to work together to make a model of a cell³¹⁰. It was pretty difficult since it required making tiny shapes. But we did a good job by cooperating and dividing up the work³¹¹.

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³⁰⁶ had a big test coming up: 有一个重要的考试即将到来

³⁰⁷ class material: 课堂材料

³⁰⁸ help fill in what other people were missing: 帮助

填补其他人所遗漏的东西；帮助彼此查缺补漏

³⁰⁹ talking with whoever's around: 和周围的人聊天

³¹⁰ make a model of a cell: 做一个细胞的模型

³¹¹ dividing up the work: 分工