

2022 年 1-4 月雅思口语 Part3 在考旧题高频考题参考资料 (B 难度)

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使用资料前,请您先仔细阅读以下内容 ▶ (^_-)

1.提供 Part3 素材的目的,旨在帮助大家了解 Part3 高频考题,并在短期内积累可用的地道口语表达,以及通过素材启发考生回答思路。由于 Part3 考官可以即兴提问,并且提问数量、 给出的回答时长各有不同;同时,任何素材思路无法全部完美适合所有人,因此建议练习中 结合个人理解方式,做内容的删减、扩充等调整。以达到更高效复习的状态。调整内容时, 如有疑问欢迎在售后微信中联系 Penny 解答。

2. Topic 序号=页码(您可按照 Topic 序号查找对应主题素材)

3. 文中含下划线的内容是高分地道表达。

4. 注意 Part1 和 Part3 考官可以即兴提问(尤其 Part3),并无法覆盖全部考题。

以下均为真实考生回忆高频考题。
 复习过程中尽可能多的练习各种题目,增强表达能力。

5. 复习时,请根据自己喜好和个人情况,灵活运用参考答案及加分表达,<u>切勿逐字逐句死</u> 记硬背;

6. 口语练习方法很重要,<mark>复习过程中对练习方法、素材语法词汇等有疑问,欢迎随时联系</mark> Penny。

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2022年1-4月雅思口语 Part 3 在考旧题高频考题列表

Part3 Topic(与第一套 part2 题号相同)

Topic 序号=页码(您可按照 Topic 序号查找对应主题素材)

Topic 1 等待特别的事情	Topic 13 搬到新家/学校
Topic 2 很难但成功完成的事	Topic 14 常做的浪费时间的活动
Topic 3 为家人骄傲	Topic 15 优质服务
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Topic 6 咖啡馆	Topic 18 有创造力的人
Topic 7 度假胜地	Topic 19 有趣的外国人
Topic 8 想拥有的自行车/摩托车/汽车旅行	Topic 20 喜欢的名人
Topic 9 机智解决问题的人	Topic 21 令人激动的书
Topic 10 小学印象最深的人	Topic 22 花费超过预期
Topic 11 敬佩的商人	Topic 23 善待不喜欢的人
Topic 12 困难的决定	Topic 24 运动员



Topic1 等待特别的事情

1. On what occasions do people usually need to wait?

People have to wait when they're $\underline{\text{lining up for}^1}$ something or waiting for an appointment. Sometimes people have to <u>wait in very long lines</u>² at stores, especially if it is a busy time to go shopping. Sometimes people need to wait in traffic. Waiting for a medical or dental appointment can also take a long time.

2. Who behaves better when waiting, children or adults?

Usually, adults behave better. Children often don't understand why they have to wait for something. So they <u>get restless very easily</u>³, and they usually have more energy than adults. So they don't like waiting for a long time in one spot. Adults are more patient because they have more experience and <u>better self-control</u>⁴.

3. Compared to the past, are people less patient now, why?

I think that people are less patient now because it's easier to do things without having to wait at all. People are <u>used to getting what they want right away⁵</u>. You can order packages online that arrive the next day. You can also order food from a restaurant delivered to your home. It's very easy to avoid waiting. So when people <u>do have to wait for something⁶</u>, they get impatient.

4. What are the positive and negative effects of waiting on society?

Well, a positive effect is that it can teach people patience. When they have to wait in a line for a long time, they learn how to be polite even when they're impatient. But a negative effect is that it can make people very <u>aggressive⁷</u>. Not everyone can keep calm. Drivers often get mad and act <u>recklessly⁸</u> just to get ahead.

5. Is it a good thing to be patient all the time? /Should people be patient all the time?

Yes, I think it's good to be patient all the time. <u>There might be some times where you should act</u> <u>instead of waiting around</u>⁹, like in an emergency. But patience is a good trait to have. You can't control the things that happen around you. And being impatient can just make you feel anxious. So it's good to be patient instead of getting upset.

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³ get restless very easily: 很容易焦躁不安

- ⁶ do have to wait for something: 需要为了什么等待 ⁷ aggressive: 好斗; 有戾气
- ⁸ recklessly: 鲁莽地; 不顾后果的
- ⁹ should act instead of waiting around: 应该采取行动 而不是等待

¹ lining up for: 排队

² wait in very long lines: 排长队等候

⁴ better self-control: 更好的自我控制

⁵ used to getting what they want right away: 习惯了立 刻得到他们想要的东西



Topic 2 很难但成功完成的事

1. What do children usually find difficult to do?

Children usually find it difficult to concentrate. They have a ton of energy. So they'd rather play with their friends than focus on their homework. They might even have trouble listening in class when their friends are around. <u>It's tempting to just talk to them¹⁰</u> instead of listening to the teacher. It can also be hard for children to master some social skills, like sharing and communicating.

2. How do kids solve problems?

Kids often solve problems by asking their parents for advice. If they're <u>stuck on a math problem¹¹</u>, they might ask their parents to explain it to them. Or they might even ask the teacher for more guidance in math class. <u>Bigger problems, like</u> issues in their friendships, can sometimes be handled by talking with each other. That helps them develop more independence.

3. How can parents guide or help their children to do things that seem difficult?

Parents can help children by encouraging them and showing them how to do certain tasks. If a child is learning to <u>tie their shoes¹²</u>, parents can help them by showing them how to do it, then guiding them to do it on their own. Parents can also help by <u>explaining each step of the process¹³</u> to make the task simpler.

4. Should children face difficult problems or challenges all by themselves?

I think it's important for children to face some problems on their own. It helps them develop more confidence. If they fight with their friend, they should try to <u>talk it out¹⁴</u> so they can learn to be more independent. But if there's a very difficult or confusing problem, they should ask an adult for help. Serious problems like <u>bullying or abuse¹⁵</u> should always be dealt with by a responsible adult. 见下页

- ¹³ explaining each step of the process:解释过程的每 一步
- ¹⁴ talk it out: 谈个明白;把事情讲透
- 15 bullying or abuse:霸凌和虐待

¹⁰ It's tempting to just talk to them: 和他们(同学) 交头接耳聊天是很有诱惑力的

¹¹ stuck on a math problem: 被一个数学问题难住了 ¹² tie their shoes:系鞋带



5. Is confidence important?

Yes, confidence is important <u>in every area of life¹⁶</u>. In order to be successful and to take risks in life, people need to be confident in themselves first. <u>This is true in¹⁷</u> school, work, or social environments. However, sometimes people can get too confident. It becomes a problem if they start thinking that they can never do anything wrong.

6. What jobs require confidence?

I think that every job requires confidence. But some require more confidence than others. For example, you have to have a lot of confidence if you're <u>leading a team of people¹⁸</u>. You have to <u>convince your</u> <u>team that¹⁹</u> you are the right person to take control. You also have to be confident if you're a performer. For example, singers and actors need to be comfortable performing in front of other people.

7. Is overconfidence good?

Overconfidence is usually a bad thing. People who are overconfident might misjudge their abilities. An overconfident driver is more likely to get into a car accident²⁰. An overconfident student might not study as hard as they should for an exam. Overconfidence can lead to <u>arrogance and rudeness²¹</u>. So it's important to be confident, but not too confident.

8. On what occasions should children be encouraged? How?

I think children should be encouraged when they're close to giving up. If they're struggling with something²², such as learning how to do a new task, then an adult can help them out. Plus, children should be encouraged when they do something good. Parents or teachers can give them praise to encourage them to keep up their good work²³.

²¹ arrogance and rudeness: 傲慢和无礼

¹⁶ in every area of life:在生活的各个领域

¹⁷ This is true in :在...方面都是如此

¹⁸ leading a team of people: 领导一个团队

¹⁹ convince your team that: 说服你的团队

²⁰ get into a car accident: 发生车祸

²² struggling with something:为某事所困;面对某些事的困难

²³ keep up their good work:继续保持现在的良好表现



9. How do you help children stay focused?

I think you can help children stay focused by being creative and <u>engaging²⁴</u>. If you're teaching a kid how to do something, you can make it fun by <u>turning it into a game²⁵</u> for them. Every child loves games. So it's fun for them to learn that way. Plus, it helps if children focus on one thing at a time. For example, children shouldn't be interrupted when they're doing homework.

10. What challenges do young people face today?

I think young people <u>deal with a lot of social pressure²⁶</u>. They want to seem fun and successful to their friends. Social media adds a lot of stress because it makes them compare themselves to others. It's also difficult for young people to find <u>stable jobs²⁷</u>. I saw reports saying that college graduates are having a hard time finding jobs because of the <u>pandemic²⁸</u>. So it's a big challenge for young people who are unemployed right now.

²⁴ engaging:有吸引力的;此处亦指"能吸引(学生)参与的"
²⁵ turning it into a game:(把学习)变成游戏



Topic3 为家人骄傲

1. When would parents feel proud of their children?

Parents are proud of their children after any kind of accomplishment, big or small. Whether they've learned a new word or learned to drive a car, parents would be proud. <u>Major life events²⁹</u> such as weddings and graduations also make parents very proud. Overall, parents are proud when their children are living a life that makes them happy.

2. Should parents reward children? Why and how?

Yes, I think parents should reward children when they accomplish something. For example, parents can reward children for personal accomplishments like doing something nice for someone else. If parents want their children to <u>have good values³⁰</u>, offering rewards can encourage good behaviour. <u>That being said³¹</u>, parents should not give too many rewards; it is better if children do good things because they want to, not because they expect a reward.

3. Do Chinese parents reward their children?

Actually, most Chinese parents don't reward their children that often. They don't want them to <u>depend</u> <u>on rewards to do their work³²</u>. Instead, they want their kids to be more <u>competitive³³</u>. If you reward a kid every time they do something right, they might just do things to get a reward for it. So Chinese parents don't tend to praise or reward their kids very often.

4. Is it good to reward children too often? Why?

No, I don't think parents should reward children too often. Children should want to be successful because it <u>brings them a sense of pride and purpose³⁴</u>. They shouldn't depend on getting a reward to do things. However, sometimes children deserve a reward if they <u>have accomplished something</u> <u>major³⁵</u>. Parents just need to be careful about how often they give rewards.

5. On what occasions would adults be proud of themselves?

Adults might be proud of themselves for lots of reasons. They may take pride in a new accomplishment or promotion at work. They also tend to be proud of themselves for <u>personal</u> <u>milestones³⁶</u>, like getting married or getting a new apartment. Finally, many adults <u>take pride in their</u> <u>children³⁷</u>, and consider their children's successes as their own.

- ³⁴ brings them a sense of pride and purpose: 给他们带 来自豪感和使命感
- ³⁵ have accomplished something major: 取得了重大成 就

²⁹ Major life events: 重要的生活事件; 生活中的大 事

³⁰ have good values: 有良好的价值观

³¹ That being said: 话虽这么说

³² depend on rewards to do their work: 完成工作(任

务)是因为有奖励才做

³³ competitive: 有好胜心的,有竞争意识的

³⁶ personal milestones: 人生里程碑

³⁷ take pride in their children: 为他们的孩子感到骄傲



Topic 4 希望养成的习惯

1. What habits should children have? How can they have these habits?

I think children should develop the habit of cleaning their rooms and <u>picking up after themselves³⁸</u>. They should <u>be aware of whatever mess they create³⁹</u>. It teaches them to be responsible. They can develop these habits by doing simple tasks, like making their bed every day. Once they have enough practice, they'll become more cleanly.

2. What are the common habits of adults?

Well, some common habits are <u>having a good sleep schedule</u>⁴⁰, eating balanced meals every day, and having good hygiene. Those are pretty important habits to have if you really want to act like an adult. Unlike young people, adults avoid staying out late and <u>partying all the time</u>⁴¹. Adults also do things like exercising regularly, <u>budgeting</u>⁴², and paying bills.

3. What should parents do to teach their children good habits?

I think that parents should <u>demonstrate the good habits themselves</u>⁴³. Children <u>learn from</u> <u>observation</u>⁴⁴. If they see their parents doing things like flossing or eating breakfast every day, then they'll be_motivated to do those same activities. Parents should also explain the importance of developing good habits to their kids. If children understand why the habits are good to have, they'll want to develop them as well.

4. Should adults encourage good habits in children by talking to them or by leading by example?

I think adults should do both. They should explain why having good habits is important. But they should also <u>demonstrate those habits</u>⁴⁵. Children learn from observing other people. So if they see their parents having good habits, they'll want to develop them as well. Children often copy their parents' behaviour, so parents need to <u>be very aware of this</u>.

见下页

⁴² budgeting: 做生活预算

³⁸ picking up after themselves: 收拾自己的东西

³⁹ be aware of whatever mess they create: 小心留意自己是否把某个地方搞的很脏很乱

⁴⁰ having a good sleep schedule: 有一个良好的睡眠时 间安排;有一个良好的睡眠习惯

⁴¹ partying all the time: 总是参加聚会

⁴³ demonstrate the good habits themselves: 亲自展示 好的习惯

⁴⁴ learn from observation: 从观察中学习

⁴⁵ demonstrate those habits: (向孩子)示范这些习惯



5. What influences do children with bad habits have on other children?

Children are strongly influenced by what their friends do. If they see their friends developing bad habits, like <u>skipping school⁴⁶</u>, they might copy them. Sometimes, children with good habits can be easily influenced by children with bad habits to develop poor behaviour. Plus, if kids with bad habits are seen as cool, children will be even more motivated to copy them. <u>It's definitely a big concern⁴⁷</u>.

6. Why do some habits change when people get older? How do people's habits change as they get older?

I think that some people change their habits because <u>they don't work with their lifestyle anymore</u>⁴⁸. For example, young people might stay up late and party a lot because they don't have a lot of responsibilities. But as they get older and have more responsibilities, they'll start going to bed early and <u>staying in on the weekends</u>⁴⁹.

⁴⁶ skipping school: 逃学

⁴⁷ It's definitely a big concern: 这绝对会是一个大问题

⁴⁸ they don't work with their lifestyle anymore: 它们

⁽老的生活习惯)不再对他们的生活方式有用了; 意为"随着生活方式的改变,曾经的生活习惯已经 不再合适"

⁴⁹ staying in on the weekends:周末待在家里



Topic5 早起的经历

1. What time do you usually get up? And do you like getting up early?

I usually get up at 7am so that I can be at work for 8:30. I like getting up early in the spring and summer. The sun usually wakes me up. But in the winter, it's dark in the mornings. So <u>I don't like to</u> get up too early then⁵⁰. Honestly, it's hard to get out of bed on dark and cold mornings.

2. Do you know anyone who likes to get up early?

My mom always wakes up early. <u>She's usually awake by 5am⁵¹</u>. She goes for a morning walk for about an hour. I think that she's able to wake up so early because she also goes to bed early, usually around 9pm. If she <u>went to bed any later⁵²</u>, she probably wouldn't be getting enough sleep.

3. Why do some people get up early? Why do some people hate getting up early?

Some people get up early because they <u>have to for work or for school⁵³</u>. And some others get up early because they enjoy it. These people might like having time to relax in the morning before they begin their day. But some people hate getting up early because they <u>stay up late⁵⁴</u>. So it's hard to wake up in the morning. They may feel tired all day if they get up early.

4. Why do some people like to stay up late?

I think some people like staying up late because they're more energetic at night. They just work better at that time. Personally, I like staying up late because it's quieter in my house. Everyone has gone to sleep. Other people like staying up late because of <u>exciting activities that happen at night⁵⁵</u>, like parties and concerts.

见下页

⁵⁰ I don't like to get up too early then: 那个时候我是 不喜欢起太早的

⁵¹ She's usually awake by 5am:她一般早上 5 点就起来了。

⁵² went to bed any later:晚一点上床睡觉

⁵³ have to for work or for school:为了上班或是上

学,不得不(早起)

⁵⁴ stay up late: 熬夜

⁵⁵ exciting activities that happen at night: 晚上会举办 的很多令人激动的活动



5. Do you think morning is the best time of day?

Well, I think that evening is the best time of day. It's the end of the work or school day, and you have time to relax. <u>I do like mornings, but⁵⁶</u> they can be really stressful. If you're getting ready for work or school and <u>you're running late⁵⁷</u>, then your morning isn't very enjoyable.

6. What kinds of occasions need people to arrive early?

Most people try to arrive early for formal ceremonies like weddings or <u>funerals⁵⁸</u>. Those events require a large amount of organization and planning. It's important that no one arrives late <u>in order to avoid interruptions⁵⁹</u>. People may also arrive early to an airport or train station. Many airlines suggest that passengers arrive three hours early to avoid missing a flight. So arriving early is a good idea for travelers.

7. What happens if you arrive early or late?

When you arrive somewhere early, <u>you have time to get settled⁶⁰</u>. For example, you have enough time to find a seat or use the bathroom if you need to. But if you arrive late, <u>it can be super stressful⁶¹</u>. It really depends on the event. Being late to a party is fine. But being late to a meeting or a class is rude. You should avoid being late if you can.

⁵⁶ I do like mornings, but: 我当然也喜欢早晨,但是...

⁵⁷ you're running late: 你要迟到了

⁵⁸ funerals: 葬礼

⁵⁹ in order to avoid interruptions: 以避免被干扰打断

⁶⁰ you have time to get settled: 有时间安顿好(提前 适应一下环境)

⁶¹ it can be super stressful: 这有可能会把你搞得压力 很大



Topic6 咖啡馆

1. What kind of people would like to go to a café?

I think young adults like going to a café. When you're a kid or a teenager, cafés are kind of boring. But when you're a young adult, they're a nice place to <u>meet up with your friends⁶²</u> after work or on the weekends. Plus, retired people also like going to cafés because the environment there is super relaxed. It's a nice place to <u>chat over coffee or tea⁶³</u>.

2. Why do young people like studying in a café instead of at home?

Well, young people like studying at a café because it's nice to leave their house sometimes. When you're studying at home, you might get sick of being in the same place all the time⁶⁴. Plus, you can get distracted by your roommates or family members. Cafés offer a nice, quiet atmosphere where you can focus. It also makes studying better because you can enjoy a nice tea or coffee while you work.

3. Do Chinese people like to go to a café? If not, what are their social places?

Well, not every Chinese person loves going to a café. But there are more young people who <u>are into</u> <u>coffee culture⁶⁵</u> and enjoy hanging out with their friends at coffee shops. But honestly, older people in China rarely go to a cafe. They're <u>used to having a meal with others⁶⁶</u> at a restaurant to socialize.

4. Do older people in China like drinking coffee?

No, I don't think so. Most middle-aged and senior people don't drink coffee. Very few of them like coffee. It's mainly because they <u>didn't grow up with a coffee culture⁶⁷</u>. Instead, they were surrounded by a strong tea culture. Plus, coffee is <u>fairly new⁶⁸</u> in China and just got popular. I bet that 30 or 40 years from now, there will be more regular coffee drinkers than today.

见下页



⁶² meet up with your friends: 和朋友们见面

⁶³ chat over coffee or tea: 边喝(咖啡或者茶)边聊 ⁶⁴ get sick of being in the same place all the time: 总

是呆在同一个地方会感到厌烦

⁶⁵ are into coffee culture: 热衷于喝咖啡, 喜欢咖啡文 化

⁶⁶ used to having a meal with others: 习惯和其他人 (去饭店)一起吃饭

⁶⁷ didn't grow up with a coffee culture: 没有在咖啡文

化中长大;长大的过程中没有咖啡文化

⁶⁸ fairly new: 相当的新



5. Do young people like to invite their friends to their home? Why?

Yes, I think so. Inviting friends over is a good way to build your friendship <u>outside of school⁶⁹</u>. Sometimes school is too busy to spend a lot of time with your friends. So inviting them to your home is <u>a great option⁷⁰</u>. Plus, many young people also like to <u>show their friends their space⁷¹</u> and get to know their families.

6. What do you usually do when you come to the house?

When I get home, I usually <u>change into comfortable clothes⁷²</u> if I don't have to go out again. Then I make a tea. I usually read or watch TV. If I have friends coming over, I clean the house and make a snack or meal for them. I may also study at home or do more work if I <u>didn't get it done during the</u> $\frac{day^{73}}{day^{73}}$.

7. What is the difference between a cafe and a restaurant?

Cafés are usually smaller. Besides, they're <u>designed more for casual hangouts⁷⁴</u>, like talking with a friend over a hot drink. But restaurants are usually <u>fancier places⁷⁵</u> where people go to enjoy a nice meal. Sometimes they celebrate special occasions like birthdays or graduations. Plus, restaurants are more expensive since they offer <u>full meals⁷⁶</u> instead of snacks.

8. Do people prefer to have parties at cafes or restaurants?

I think people prefer having parties at restaurants. Cafes are better for <u>casual hangouts⁷⁷</u>, like meeting up with a couple friends. But with restaurants, you can <u>make a reservation for⁷⁸</u> a larger group. Sometimes you can even reserve a whole room for your party. I know lots of people who've had birthday parties or graduation parties at a nice restaurant. It can be really fun.

见下页

- ⁷⁰ a great option: ... 是一个不错的选择
- ⁷¹ show their friends their space: 给他们的朋友展示 他们的空间(指私人生活空间)
- ⁷² change into comfortable clothes: 换上舒适的衣服
 ⁷³ didn't get it done during the day: 没能在白天完成
 的(工作或任务)
- ⁷⁴ designed more for casual outings: 专为在外休闲放 松而设计的地方
- ⁷⁵ fancier places:更高档的地方
- ⁷⁶ full meals: 正餐, 全餐
- ⁷⁷ casual hangouts: 休闲场所

⁶⁹ outside of school: 在校外

⁷⁸ make a reservation for: 预约,预定



9. Do coffee shops in China sell tea? Are coffee shops that different in different countries?

Yes, most coffee shops in China sell tea. In fact, selling tea or milk tea is a lot more profitable than selling coffee. China has a thousand-year tradition of drinking tea, so it's very popular in Chinese coffee shops. Plus, coffee shops in different countries have different features. They have to adapt to the local culture and <u>local people's preferences⁷⁹</u>. It shows respect to customers of the country and provides another source of revenue⁸⁰.

10. Do Chinese people like to drink coffee?

It really depends. Younger people like drinking coffee. They often enjoy a cup of coffee while taking a break from studying. Sometimes they get a huge cup of coffee to <u>stay awake for an all-nighter⁸¹</u>. But older people don't like coffee as much. They prefer tea, which is the more traditional <u>beverage⁸²</u> in China.

⁷⁹ local people's preferences: 当地人的喜好偏向

⁸⁰ provides another source of revenue: 提供了另一种



Topic7 度假胜地

1. What are some popular attractions that people usually like to visit in your country?

I think many people like visiting museums, shopping malls, and national parks. If you are visiting a new city, you'll want to <u>do a lot of exploring⁸³</u>. It is important to <u>research the things you'd enjoy</u> <u>doing⁸⁴</u>. Some people love history and visit lots of museums. Others love the outdoors and prefer to hike through national parks.

2. Do old people and young people choose different places to go on vacation? Why?

Yes, I suppose that old people pick more relaxing places. But young people want to <u>have adventures</u> <u>in an exciting setting⁸⁵</u>. Old people enjoy sitting on a beach and relaxing all day. Or they might choose places with a lot of history and just do walking tours⁸⁶. But young people like places where they can explore a lot and do exciting activities like diving. So they might choose exotic locations.

3. What do young people and old people think about when making travel plans?

I think old people focus on their <u>personal comfort⁸⁷</u>. They don't want to be exhausted at the end of each day. So they might not put a lot of activities on their <u>itinerary⁸⁸</u>. But young people are more interested in having adventures. So they pick somewhere that'll be exciting. They usually plan to do a lot of challenging activities.

4. How do people usually discover a new place to travel?

Most people find new places by talking to other travelers or reading reviews online. You can also start your trip in a major city, then speak to some of the locals there and <u>ask them for recommendations⁸⁹</u>. There are a lot of smaller towns that only locals know about. These places are usually less busy and less expensive than the popular tourist cities. So they can be <u>a great option to explore⁹⁰</u>.

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⁸⁶ just do walking tours: 徒步旅行; 步行游览

⁸³ do a lot of exploring: 想做很多游览探索

⁸⁴ research the things you'd enjoy doing: 研究你喜欢 做的事情

⁸⁵ have adventures in an exciting setting: 在激动人心 的环境中冒险; 在令人兴奋的环境中冒险

⁸⁷ personal comfort: 个人的舒适

⁸⁸ itinerary: 旅程

⁸⁹ ask them for recommendations: 让他们做一些推荐

⁹⁰ a great option to explore: 是一个很好的游览的选择



Topic 8 想拥有的自行车/摩托车/汽车旅行

1. Why do more and more people drive private cars?

I think it's because they're super convenient. Private cars offer more flexibility. You can <u>pack things</u> <u>into them⁹¹</u> if you're moving or going on a long trip. Or you can <u>fit multiple people in the car at once⁹²</u>. You can't do that with a motorcycle or a bike. Also, if you don't own a private car, you may have to rely on public transportation or taxis. Those are unreliable because you have to wait for them to come to you.

2. Which form of vehicle is more popular in your country, bikes, cars or motorcycles?

Due to <u>traffic conditions⁹³</u>, cycling is the most popular mode of transportation. A lot more Chinese families can afford cars. But a private car is inconvenient because of things like parking, insurance and the risk of accidents. But if you ride, you won't have most of those concerns. So most people still prefer using bikes. Plus, <u>bike sharing⁹⁴</u> is super popular in China. It's easy and cheap to rent a bike for a trip.

3. Do you think air pollution comes mostly from mobile vehicles?

No, I don't think that mobile vehicles are <u>the main cause of⁹⁵</u> air pollution. They definitely <u>contribute</u> <u>a lot to the problem⁹⁶</u>. But I think that a lot of air pollution comes from ships, trains, and other forms of transportation. Factories also cause a ton of air pollution. You can see all the dark smoke that comes out of them.

见下页

⁹⁶ contribute a lot to the problem: 造成现在这个问题 与...有很大的关系

⁹¹ pack things into them: 把东西打包装进车

⁹² fit multiple people in the car at once: 车上一次能 容纳很多人

⁹³ traffic conditions: 交通条件,交通状况

⁹⁴ bike sharing: 共享单车

⁹⁵ the main cause of: ...的主要原因



4. Do you think people need to change the way of transportation drastically to protect the environment?

No, I don't think people need to change a lot about how they go out. Even if we stopped using any form of transportation that consumes fossil fuels⁹⁷, global warming won't get better. The damage has already been done. It's better to make some minor improvements to reduce carbon dioxide emissions⁹⁸, like carpooling⁹⁹ more, taking more public transportation and buying electric cars.

5. How are the transportation systems in urban areas and rural areas different?

Well, urban and rural communities have very different transportation systems. Urban areas are very crowded and have more developed infrastructure¹⁰⁰. So urban residents have easy access to¹⁰¹ lots of public transit. But transportation systems are never that good in villages. The residential area of a rural neighborhood can be very small, so people in the countryside normally ride a bike or just walk places.

⁹⁷ consumes fossil fuels: 消耗化石燃料

⁹⁸ reduce carbon dioxide emissions: 减少二氧化碳排

⁹⁹ carpooling: 拼车

¹⁰⁰ infrastructure: 基础设施

¹⁰¹ have easy access to: 更容易利用, 使用



Topic9 机智解决问题的人

1.Do you think children are born smart or they learn to become smart?

Well, <u>there's a very interesting debate about¹⁰²</u> nature vs. nurture. The debate basically asks if children are born with their personality and skills, or if they develop those traits in life. Personally, I think that both are true. Some people are naturally very smart. Others <u>have learning disabilities¹⁰³</u> that may affect their intelligence. But any child can become more intelligent with the proper supports and education.

2. How do children become smart at school?

I think children usually become smart at school by working hard and <u>being open to learning new</u> <u>things¹⁰⁴</u>. They have to work hard at a subject <u>in order to master it¹⁰⁵</u>. But they also have to adapt to new material and ways of learning. For example, their teacher might teach them something using a hands-on method. So they have to learn with that method in order to get smarter.

3. Why are some people well-rounded and others only good at one thing?

It depends on their personality, as well as <u>the effort they put into things¹⁰⁶</u>. Some people find one thing that they are good at. Then they put all of their effort into that one thing and become experts. Others do not have one passion, <u>but rather prefer to¹⁰⁷</u> develop many different talents. <u>Either way¹⁰⁸</u>, most people focus on things they are good at.

4. Why does modern society need talents of all kinds?

Well, modern society needs talents of all kinds. That's the best way to <u>have a healthy workforce¹⁰⁹</u>. If everyone was good at science and became doctors, then no one would become an author or a teacher. It's better to have a society where everyone contributes something different. We need just as many artists as we need accountants.

见下页

¹⁰³ have learning disabilities: 有学习障碍

¹⁰⁸ Either way: 不管是哪一种情况

¹⁰² there's a very interesting debate about: 对于...有 一个特别有趣的争论

¹⁰⁴ being open to learning new things: 乐于学习新东西

¹⁰⁶ the effort they put into things: 他们所付出的努力 ¹⁰⁷ but rather prefer to: 而是更喜欢...

¹⁰⁹ have a healthy workforce: 拥有健康的劳动力(这 里是指社会的总体劳动力或人力)



5. Do you think clever people are bad at some things? What things can clever people be bad at?

I think that everybody has weaknesses. For clever people, it really depends on what they're clever at. Someone who's good at math might be bad at writing essays. Or someone who's very smart and witty might <u>be bad at being empathetic¹¹⁰</u>. There are different ways to measure intelligence.

6. What role can a good teacher play in a student's learning?

Well, a good teacher is very important to a student's education. If they can teach a lesson effectively, it'll help the student understand the material quickly. As a result, that student can get a good grade¹¹¹ and feel confident about learning. A good teacher can also encourage a student whenever they have problems. That helps the student become more motivated¹¹².

7. Do the people around you have special skills?

Well, <u>I'm friends with people who¹¹³</u> have studied other subjects. So it seems like they have special skills. My friends who study science know how to solve complex <u>equations¹¹⁴</u>. Besides, I have a friend who works in construction, so <u>they're very good with tools in a way that I'm not</u>. It's cool to know people with different specialties. It makes me appreciate everyone's differences.

¹¹⁰ be bad at being empathetic:不善于换位思考;不 太有同理心

¹¹¹ get a good grade: 学习上取得好成绩

¹¹² motivated: 有积极性的,有上进心的

¹¹³ I'm friends with people who: 我和...是朋友; 我的 朋友都是...¹¹⁴ equations: 方程式



Topic10 小学印象最深的人

1. Why do people always miss their childhood?

It seems to me that people miss their childhood because it's more stressful to be an adult. When you're older, you have more responsibilities. You have to pay bills, handle a full-time job, and <u>in some cases¹¹⁵</u> take care of your own children. So childhood seems like a much better time of life. It's easy for people to be <u>nostalgic¹¹⁶</u>.

2. Are kids happier than adults? Why?

I suppose that <u>in some ways¹¹⁷</u>, kids are happier than adults. When you're a kid, life is simple. You don't have to worry about paying bills or working at a full-time job. Kids <u>are content with¹¹⁸</u> simple things, like hanging out with their friends. As an adult, you have more responsibilities and more stress. So it's harder to find happiness.

3. What do people generally remember about elementary school?

I think that people usually remember the friends they made in elementary school. They might remember some cool experiences from a class. But <u>the thing that stands out the most is¹¹⁹</u> the people that they met. A lot of people remember the good friends they had in elementary school, and <u>keep a</u> <u>lifelong friendship with them¹²⁰</u>.

见下页

¹¹⁶ nostalgic: 怀旧的

¹¹⁵ in some cases: 在某些情况下; 有时候

¹¹⁷ in some ways: 在某些方面

¹¹⁸ are content with: 满足于

¹¹⁹ the thing that stands out the most is: 印象中最突出的还是
¹²⁰ keep a lifelong friendship with them: 和他们保持一生的友谊



4. Why do people still remember many of their friends from primary school?

I think it's because primary school is an important time in people's lives. When you're young, you're learning about the world for the first time. Most people can remember their childhood friends because they went through lots of important first experiences together¹²¹. It's really sweet how those childhood friendships can last a long time¹²².

5. What kinds of primary school teachers will impress students?

I suppose that students are most impressed by primary school teachers who are <u>engaging¹²³</u>, <u>enthusiastic¹²⁴</u>, and caring. Children in primary school are very young, and they can't focus for a long time. So the teacher needs to plan engaging activities to keep students focused. Teachers also need to be kind and caring so that students feel comfortable asking for help if they have a problem.

¹²¹ went through lots of important first experiences together: 一起经历了很多重要的第一次 ¹²² last a long time: 持续很长时间



Topic11 敬佩的商人

1. What kinds of qualities do people need to run their own business?

People need to be smart, hard-working, and enthusiastic in order to <u>run their own business¹²⁵</u>. They have to know what their <u>target market¹²⁶</u> is and design a business suitable for their customers. Plus, they need to be hard-working because running a business can be difficult. Finally, people need to be enthusiastic in order to inspire their employees and <u>come up with unique ideas¹²⁷</u>.

2. What fields do young people like to engage in when they start a business and why?

I think young people like <u>the art and technology sectors¹²⁸</u> when it comes to starting a business. A lot of young people are really creative and want to sell the things they make. If they have a unique style, it's easy for them to succeed. Technology is also a good area <u>to start a business in¹²⁹</u>, especially as people come up with more new apps.

3. Is it better to start a business alone or start as a team?

I suppose that it would be better to start a business as a team. You can <u>have twice as many ideas and</u> <u>resources¹³⁰</u> to make your business a success. <u>On your own¹³¹</u>, you have no one to talk to for advice. So it can be really hard to make decisions and take risks. Having a partner or a team also means that you can <u>divide up the workload¹³²</u>.

4. What do you think are the key factors that contribute to the success of a business?

It seems to me that creativity, determination, and flexibility make a business successful. <u>There are a</u> <u>lot of businesses out there</u>. So you have to be creative enough to <u>stand out¹³³</u>. Businesses also need to be led by people who are hard-working and determined to meet their goals. Plus, a business owner should be able to adapt to different situations and needs.

<mark>在下页</mark>

¹²⁷ come up with unique ideas: 想出独特的想法

- ¹³⁰ have twice as many ideas and resources: 拥有更多的点子和资源
- ¹³¹ On your own: 你一个人的话
- ¹³² divide up the workload:分配工作;把工作量分 开

¹²⁵ run their own business: 经营自己的企业

¹²⁶ target market: 目标市场

¹²⁸ the art and technology sectors: 艺术和科技领域
¹²⁹ to start a business in: 来创业; 一个创业的(好领域)

¹³³ stand out: 脱颖而出



5. If you had the opportunity to have your own business, what business would it be? Why?

I would love to open a small shop that sells books. It would include a café so that people can sit and enjoy a coffee and a snack. I love to read so I think I would <u>understand my target market very well</u>. I also think people always want more cafes, so I would have a lot of customers.

6. What do you think is the retirement age for men and women?

I would say that anyone between the ages of 60 to 75 can choose to retire. Around that time, people are <u>ready to settle down¹³⁴</u>. They usually have enough money to retire and live comfortably. I don't think it changes too much if it's a man or a woman retiring. We've made a lot of progress when it comes to <u>gender equality¹³⁵</u>. So it's normal for either a man or a woman to work until they're older.



Topic12 困难的决定

1. What decisions do people usually make in their daily lives?

People make lots of decisions <u>throughout the day¹³⁶</u>. For example, they have to choose what to eat every day. Sometimes they might pick between cooking a meal or <u>ordering take-out¹³⁷</u>. People also have to decide how they'll spend their time. There are lots of options for things to do during leisure time. So they have lots of choices to make.

2. Which is easier, making a decision by yourself or making a decision after group discussion?

I think that <u>it really depends on the decision¹³⁸</u>. Sometimes it's better to make a decision by yourself. If everyone's giving their opinion, it's hard to figure out what you really want. But <u>in other cases¹³⁹</u>, you might actually want other people's opinions. It's helpful when the decision is something you're unsure about.

3. Why are many young people unwilling to follow their parents' advice?

I suppose that young people are unwilling to follow their parents' advice because they want to be independent. Young people grow up having to do everything their parents say^{140} . So once they become teenagers or young adults, they don't like following advice. They want to show that they can make their own decisions. They may even try to do things <u>completely different from</u> what their parents suggest. 见下页

¹³⁶ throughout the day: 在一天中

¹³⁷ ordering take-out: 叫外卖吃

¹³⁸ it really depends on the decision: 这完全取决于你 的决定

¹³⁹ in other cases: 在其他情况下

¹⁴⁰ Young people grow up having to do everything their parents say: 年轻人在成长过程中不得不按照父母说的去做



4. Why would middle-aged people tend to second-guess their own decisions?

Middle-aged people usually have to make more important decisions than younger people. They have a lot of family and work responsibilities. Every decision they make affects other people. So they spend more time <u>doubting themselves¹⁴¹</u> than a young person would. Plus, when you're older, you realize that <u>your instinct isn't always right¹⁴²</u>. Middle-aged people know that they should think carefully before making a decision.

5. How do people usually make decisions?

People usually make decisions by <u>thinking about the pros and cons¹⁴³</u>. They'll think about what they might gain from the situation, and then judge <u>if it's worth the potential risks¹⁴⁴</u>. A lot of people also make decisions by talking to people they trust. They might ask their friends or family for advice before they decide.

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¹⁴¹ doubting themselves: 怀疑自己

¹⁴² your instinct isn't always right: 你的直觉并不总是 正确的



Topic13 搬到新家/学校

1. Why do people move to a new home?

People move to a new home for lots of reasons. Most of the time, they need more space. They might <u>have a new addition to the family¹⁴⁵</u>, like a pet or a child. It can be hard to have multiple kids and pets in a small house. Sometimes, people may also move to a new city for work. Plus, some people who live in a city might move to the country because they want more <u>outdoor space¹⁴⁶</u>.

2. What problems will people face after moving to a new place?

People can face many problems after moving to a new place. They might need to <u>do repairs¹⁴⁷</u>, or they might have a problem with the new neighbours. What's more, some people might realize that things are more expensive in a new city, especially rent and <u>utilities¹⁴⁸</u>. People might have to learn to spend their money differently.

3. How do people solve these problems?

Well, people can deal with new expenses by rearranging their budget or <u>saving up beforehand¹⁴⁹</u>. Besides, if people are struggling to <u>adjust to the new neighborhood¹⁵⁰</u>, they can <u>befriend the people¹⁵¹</u> who live close by. It's always helpful to get along with your neighbors. If you're new to the area, your neighbors can help you find the best restaurants and essential places like hospitals and grocery stores.

4. Is it good to move to a new place frequently? Why?

I don't think it's a good idea to move to a new place often. Moving is stressful and <u>takes up a lot of</u> $\underline{\text{time}^{152}}$. It requires a lot of research and preparation. Moving is also very expensive. If you're renting, you need to pay at least two months of rent at the start. If you're buying a house you have to <u>provide</u> a down payment¹⁵³. So, it is better to move less often.

5. What are the advantages and disadvantages of living in the same place?

If you stay in the same place, you can form good relationships with the people around you. It's hard to connect with people when you move from place to place. But if you stay in one place, you might get bored of your surroundings. Sometimes people feel frustrated if they never live anywhere else. Depending on where you live¹⁵⁴, it might also get too expensive to cover living costs¹⁵⁵.

- ¹⁴⁸ utilities:水电气费等公共设备或服务的费用
- ¹⁴⁹ saving up beforehand: 攒钱之前

- ¹⁵¹ befriend the people: 和...人交朋友
- ¹⁵² takes up a lot of time: 要花很多时间
- ¹⁵³ provide a down payment: 准备首付
- ¹⁵⁴ Depending on where you live: 取决于你住在哪里; 和 你住的地方有关系
- ¹⁵⁵ too expensive to cover living costs: 生活成本太高, 负 担不起生活费用

¹⁴⁵ have a new addition to the family: 有了新的家庭成员

¹⁴⁶ outdoor space: 户外空间

¹⁴⁷ do repairs: 修理

¹⁵⁰ adjust to the new neighborhood: 适应新环境



Topic 14 常做的浪费时间的活动

1. What are the activities that people must do in their daily lives?

Well, there are <u>the basic activities</u>, like eating and working. You have to choose what kind of food you'll eat, and you usually have to go to work to <u>support yourself</u>. But another activity that people should do every day is exercise. It's important to stay fit through working out.

2. What waste people's time in daily life?

A lot of things can waste people's time in daily life. For example, people could <u>get stuck behind a</u> <u>slow walker¹⁵⁶</u> or have to wait for a friend who's late. Those kinds of things are really frustrating. Another thing that wastes time is <u>scrolling on a cellphone¹⁵⁷</u>. People often spend too much time on apps like TikTok, Wechat and Weibo. They could be more productive if they put down their cellphones.

3. How do people balance life and work?

Finding a work-life balance is really difficult. People have to <u>figure out their priorities¹⁵⁸</u>. If work makes them neglect their family, they should try to <u>handle their responsibilities differently¹⁵⁹</u> so they can protect their relationships. Once you know what's really important to you, you can <u>base your</u> work-life balance around that¹⁶⁰.

4. What (time-wasting) things do people feel stressed out about?

People usually feel stressed out about their commutes. If they have to wait in traffic, they'll get frustrated. Waiting in a long line of cars is <u>a huge waste of time</u>. I don't know anyone who doesn't get stressed from <u>being stuck in traffic</u>. Actually, I think people hate waiting in line in general, whether it's on the highway or at a store.

5. Why do some people not follow their own plans?

Some people don't follow their plans because <u>they aren't motivated enough¹⁶¹</u>. They might set clear goals for themselves, but when things get hard, they'll give up. <u>In other situations</u>, people might change their plans because they realize it's not the right plan, or that there's a better choice for them.

见下页

- ¹⁵⁸ figure out their priorities: 分清轻重缓急
- ¹⁵⁹ handle their responsibilities differently: 以不同的 方式处理他们的(工作)职责;也可以理解为改变
- 工作方式

¹⁶¹ they aren't motivated enough: 他们没有足够的动力

¹⁵⁶ get stuck behind a slow walker: 被堵在一个走的很慢的人后面

¹⁵⁷ scrolling on a cellphone: 刷手机

¹⁶⁰ base your work-life balance around that : 以此为 基准来平衡你的工作和生活



6. Will you continue doing something when you are aware that it's a waste of time?

Yes, sometimes I'll <u>waste my time on purpose¹⁶²</u>. Whenever I'm <u>procrastinating¹⁶³</u>, I'll just <u>scroll</u> <u>through social media¹⁶⁴</u>. I know that it's totally unproductive, but it helps me relax. Plus, social media is designed to be super addictive, so it's fun. Even though it's a waste of time, I like being on my phone and <u>doing something mindless¹⁶⁵</u>.

7. Why do some people refuse to abide by rules?

Some people think <u>the rules don't apply to them¹⁶⁶</u> because they're smarter or special <u>in some way¹⁶⁷</u>. For example, you often see news about people who ignore the COVID-19 rules of wearing a mask in public areas. Sometimes, they might not understand the reason for the rule, so they decide not to follow it. I think that it's very selfish.

¹⁶² waste my time on purpose:故意浪费自己的时间

¹⁶³ procrastinating: 有拖延症的, 爱拖延的

¹⁶⁴ scroll through social media: 刷社交媒体

¹⁶⁵ doing something mindless: 做一些机械简单不需要思考



Topic 15 优质服务

1. What do you think of the relationship between companies and customers?

I think that customers feel like they deserve a good relationship with a company. And companies want to make customers feel valued because they want their business. Companies will work hard to show that they care about their customers' business. Sometimes they send personalized cards or emails. <u>In</u> return¹⁶⁸, customers usually develop loyalty to a certain company. They'll only do business with them because they feel important¹⁶⁹.

2. As a customer, what kinds of services would you expect to receive from a company?

I would expect some personalized things, like <u>having everything addressed to my name¹⁷⁰</u>, and not just "Dear Customer." When companies <u>add personal touches¹⁷¹</u>, it makes me feel like my business matters more to them. I would also expect to get great customer service. If I have a problem, I should be able to get in touch <u>in a quick and efficient manner¹⁷²</u>.

3. What kinds of jobs involve coping with the public?

There are lots of jobs <u>in the public sector¹⁷³</u> that involve dealing with the public. If you work in emergency services as a firefighter or a police officer, you have to work with the public a lot. It's the same for people who work at hospitals or <u>in service jobs¹⁷⁴</u>. Those jobs can be very hard because people can be unpredictable and hard to deal with.

4. What traits do people need to have if they need to provide service to the public?

I think patience is the most important trait to have if you provide service to the public. People can be very <u>demanding¹⁷⁵</u>, which might make you frustrated. But you have to be patient and professional anyways. People can also be unpredictable, so you have to be flexible. You have to be able to adapt to any situation.

见下页

- 的)个人元素
- ¹⁷² in a quick and efficient manner: 以一种快速而有效的方式
- ¹⁷³ in the public sector: 在公共服务领域
- ¹⁷⁴ in service jobs: 在服务性行业
- ¹⁷⁵ demanding: 苛刻的, 高要求的

¹⁶⁸ In return: 作为报答

¹⁶⁹ they feel important: 他们感觉到自己被受重视, 感觉到自己的重要性

¹⁷⁰ having everything addressed to my name: 写称呼 的时候都写我的名字(而不是亲爱的顾客)

¹⁷¹ add personal touches: 增添(符合不同顾客实际



5. Should people receive training before they provide service to the public?

Yes, people should definitely receive training for that kind of job. People usually aren't prepared for how hard it is to work with the public. Providing services to the public requires a lot of patience and flexibility. You need to be able to deal with lots of problems, which training can help you prepare for¹⁷⁶. Besides that¹⁷⁷, you might have to learn how to deal with emergency situations.

6. What are the common customer service problems that companies often need to deal with?

A major problem is when a customer wants to cancel something they've purchased from a company. For example, a lot of people might want to cancel or change their internet plans. So they have to spend a lot of time <u>talking to the internet company's customer service line¹⁷⁸</u>. Companies also have to deal with complaints about their products or services. That's often frustrating for customer service workers to <u>handle¹⁷⁹</u>.

7. Why should companies react quickly when customers have difficulties?

I think the main reason is that it helps <u>improve their brand¹⁸⁰</u>. If they're known for being fast and reliable, customers will probably stay with them. <u>Customer loyalty¹⁸¹</u> is super valuable to companies. So they want to make sure that they keep customers' business. If they're slow and unhelpful, customers will probably move on to another company.

8. Why do some companies respond to customers so slowly when they need to solve problems for customers?

I think that it depends on the situation. Sometimes a company wants to make sure that the customer gets the best service. So they'll <u>work extra hard to solve the problem¹⁸²</u>. However, the customer might have to wait for a long time for the issue to get resolved. <u>Other times¹⁸³</u>, the company might not be prepared for a certain issue. So it'll get fixed very slowly. They also might not have enough employees to deal with the problem.

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¹⁷⁸ talking to the internet company's customer service line: 与互联网公司客服热线通话¹⁷⁹ handle: 处理, 应对

- ¹⁸⁰ improve their brand: 提高他们的品牌影响力
- ¹⁸¹ Customer loyalty: 客户忠诚度
- ¹⁸² work extra hard to solve the problem: 更加努力
- 的、更用心的解决问题
- ¹⁸³ Other times: 其他情况下,其他时候

¹⁷⁶ which training can help you prepare for: 而这些通过培训是可以帮你准备到的

¹⁷⁷ Besides that: 除此之外



Topic 16 很难但想学习的技能

1. What skills do students /young people need to learn?

I suppose that students (young people) need to learn time management and organizational skills. When they're in school, they have to <u>balance lots of assignments and other responsibilities</u>. They need to <u>spend their time wisely¹⁸⁴</u> so they don't get too overwhelmed. Besides, they should learn how to communicate well with others. Being an effective communicator is one of the best qualities you can have, <u>especially when it comes to the workforce¹⁸⁵</u>.

2. Do you think parents nowadays really care about helping their children learn those skills?

Yes, I think most parents care about helping their children <u>gain those skills</u>. They want their kids to succeed. So parents try to teach their kids how to <u>develop these strengths¹⁸⁶</u>. Or they at least show them the right resources to get there. It's very important to them that their kids can acquire these important skills.

3. Is it hard for students to learn skills?

Well, I don't think it's too hard for students to learn skills. I mean, as a student, you have access to lots of resources and educators who can help you develop various types of skills. A student's job is to learn, and they can do that by <u>being open-minded and putting in the hard work¹⁸⁷</u>.

4. Is it hard for old people to learn new skills?

Yes, it can be hard for old people to learn new skills. Some of them might want to do things <u>the old-fashioned way¹⁸⁸</u>. For example, some old people don't want to learn any computer skills because the technology is too new to them. But I think that if they're willing to learn, they can <u>pick up new skills</u> and benefit from them.

见下页

¹⁸⁴ spend their time wisely: 合理安排时间;明智地使 用自己的时间

¹⁸⁵ especially when it comes to the workforce: 尤其是 涉及到团体工作的时候

¹⁸⁶ develop these strengths: 发展这些优势
¹⁸⁷ being open-minded and willing to put in the hard work: 保持心胸开阔并且愿意付出努力
¹⁸⁸ the old-fashioned way: 用传统的方式



5. Is a good teacher very important for students' learning experience? Why?

Yes, definitely. Having a good teacher is very important. Without a good teacher, students will <u>feel</u> <u>confused and overwhelmed¹⁸⁹</u> by all the things they have to learn. They might think that learning is just <u>a painful and difficult process¹⁹⁰</u>. A good teacher can guide students and make the learning experience a positive one.

6. Which way is faster for people to learn new skills, from books or from life?

I think it's faster to learn a new skill <u>in a real-life situation¹⁹¹</u>. Books can be very useful to review a new skill, but real life is the best way to learn. You can read all about <u>sewing¹⁹²</u>, but you can't sew until you actually try. Then, once you have learned a new skill, the best way to become an expert is to practice.

¹⁸⁹ feel confused and overwhelmed: 感到困惑和不知 所措

¹⁹⁰ a painful and difficult process: 一个痛苦和困难的



Topic 17 感兴趣想学的东西

1. Do you think learning new things is important?

Yes, learning new things is really important. If we stop trying to learn, we'll <u>become limited in our</u> <u>knowledge¹⁹³</u>. It's good to learn new things, even if it's something as simple as learning about a different cuisine. I just learned how to <u>kayak¹⁹⁴</u>. I never thought I'd enjoy it. But it turned out to be a really fun experience.

2. Who needs to learn new things?

I suppose that young people usually need to learn new things. Old people usually have a lot of knowledge and experiences. But young people are still discovering the world around them. So they should <u>seek out knowledge from¹⁹⁵</u> lots of different sources. They should be curious about the world and want to learn more about new things.

3. Where can old people learn new things?

Well, old people can learn new things from public places, like libraries or museums. Old people can learn lots of <u>interesting facts about other cultures¹⁹⁶</u> at museums. Besides, they can borrow books from libraries that will teach them about new subjects. They can also learn <u>everyday things¹⁹⁷</u> from friends or family. Some old people learn how to use technology by asking their younger relatives.

4. Should the government spend more money to help people learn new things?

Yes, the government should definitely <u>invest more money in¹⁹⁸</u> helping people learn new things. They can <u>set up more trade schools¹⁹⁹</u> that offer free training programs. It's a good way to create more skilled workers. If a country's population is more educated, it is more productive overall. That means a stronger economy and more <u>tax revenue²⁰⁰</u> for the government. Investing more in public education helps improve a country.

见下页

¹⁹⁵ seek out knowledge from: 从…中寻求知识

化的有趣事情

¹⁹³ become limited in our knowledge: 我们的知识就会 变得有限

¹⁹⁴ kayak: 皮船; 小船

¹⁹⁶ interesting facts about other cultures: 关于其他文

¹⁹⁷ everyday things: 日常事物

¹⁹⁸ invest more money in: 把更多的钱投入到

¹⁹⁹ set up more trade schools: 开办更多的职业学校

²⁰⁰ tax revenue: 税收

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5. Do you think retired people/people over 80 should learn new things?

Yes, I think it's good for people to learn new things, <u>no matter what their age is²⁰¹</u>. People who are retired or over 80 can <u>exercise their brains by²⁰²</u> picking up new information. They might choose to learn about countries they've never visited, or facts about ancient history. That'll help them spend their time in a fun way.

6. Is it difficult for adults to learn new things?

Well, yes, sometimes it can be hard for adults to learn new things. Adults have a lot of responsibilities to deal with. They have full-time jobs and other duties, like taking care of kids and <u>running a household²⁰³</u>. So it's often hard to find time to learn. Plus, it can also be difficult to focus on learning something new when they're <u>so stressed with other things²⁰⁴</u>.

7. Is it the government's responsibility to assist people to learn?

I think the government should help people learn. They should at least <u>make education accessible²⁰⁵</u>. The government can make public education free to everyone. They should improve the curriculum and make sure teachers have enough resources to <u>create a good learning experience for students²⁰⁶</u>. I don't think private companies will help people learn unless it's profitable.

8. What are the differences between education in the past and now?

I think that in the past, education was focused more on exams. <u>Getting higher marks on exams²⁰⁷</u> was the main purpose of study. I mean, students can learn something by studying for exams. But <u>they're</u> <u>limited in what they learn²⁰⁸</u>. And the exam skills are basically useless in real life. But nowadays, there are lots of options for school. Students can study lots of different subjects, even if they're not related to college entrance exams.

9. What are the advantages and disadvantages of distance learning?

Distance learning is really convenient. You can <u>learn from home instead of commuting²⁰⁹</u>. So you can save a lot of money on transportation. But it can be really distracting as well. <u>It's already hard to²¹⁰</u> focus in class. But at home, you might get distracted by family members or your phone.

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²⁰⁶ create a good learning experience for students:为学生创 造良好的学习体验

²⁰¹ no matter what their age is: 无论他们的年龄是多 少岁

²⁰² exercise their brains by: 通过...来锻炼他们的大脑 ²⁰³ running a household: 做家务;照顾家务

²⁰⁴ so stressed with other things: 在其他事情上压力太大

²⁰⁵ make education accessible:让教育变得更容易;人们 更容易受到教育

²⁰⁷ Getting higher marks on exams: 考试得高分

²⁰⁸ they're limited in what they learn: 所能学到的东西是有限的

²⁰⁹ learn from home instead of commuting:这里指的是坐

在家里就能上学,而不需要为了上学外出

²¹⁰ It's already hard to: ...已经是一件很难的事情了



Topic 18 有创造力的人

1.Do you think you are a creative person?

Yes, I think I'm a creative person. I have lots of new ideas and I like thinking of new ways to do things. It's a good way to keep work interesting. I also really like making art. It's not my job, but it's a really fun hobby. Plus, I like adding new decor and furniture to my apartment to reflect my personality and creativity²¹¹.

2. Is it good for children to learn arts? / Do drawing and music lessons in school help children develop creativity?

Yes, it's great for children to study the arts. Children can definitely develop their creativity through drawing and music lessons. Both of these activities teach children to express themselves. <u>With drawing</u>, they can use their imagination to create pieces of art. When they take music lessons, they can express themselves by playing a song. Through these activities, children can learn to interact with the world in new ways²¹².

3. Is children's doodling meaningful?

Well, it depends on the child. Some children doodle things that are meaningful to them, while other children just doodle for fun. I think doodling is a great way for children to practice their artistic skills and <u>fine motor skills²¹³</u>. They can also practice their handwriting. Doodling is also a good option for <u>hyperactive children²¹⁴</u> because it helps them focus.

4. Do you think music education at school is suitable for all children?

Yes, I think all children could benefit from music education. They should at least have one class. Learning about music or learning to play an instrument is really great for children's development. It gets them to use their brain in a different way. Studying music <u>has also been shown to improve children's math skills²¹⁵</u>.

见下页

能

²¹⁴ hyperactive children: 好动的孩子

²¹⁵ has also been shown to improve children's math skills: 也能提高孩子的数学能力

²¹¹ reflect my personality and creativity: 以反映我的个 性和创造力

²¹² to interact with the world in new ways:用新的方式 与世界互动

²¹³ fine motor skills: 精细运动技能; 小肌肉运动技



5. What kinds of jobs require people to be creative?

Many jobs require you to be creative. I think you can be creative <u>no matter what your job is</u>. Some jobs are very obviously creative, like being an artist or a writer. Your success depends on how creative and original you can be. <u>Some other examples are people who work in graphic design²¹⁶</u> or marketing. They have to figure out creative ways to advertise a product.

6. Do you think leaders need to have creative ability?

Yes, I would say that leaders need to be creative. They have to consider <u>every single member of their</u> <u>team²¹⁷</u>. Then they have to think of ideas and solutions that work for them. This often requires the leader to be creative to come up with ideas that work for everyone. The more creative a leader can be, the more <u>engaged²¹⁸</u> and happy their team will be.

7. What age should children start music lessons at school?

I think children should start music lessons when they're six or seven. <u>If they're any younger²¹⁹</u>, they might not be able to even hold an instrument in the correct position. But when they're around that age, they can understand simple instructions and begin to <u>read music notes²²⁰</u>. Plus, if they keep at it, they'll be able to become talented in a few years. That can help <u>build their confidence²²¹</u>.

8. Should teachers be creative?

Yes, definitely. They should be good at problem-solving, which requires creativity. Teachers have to deal with <u>lots of unpredictable situations²²²</u> when they're in the classroom. They also have to accommodate students who have different learning styles. So teachers need to be flexible when it comes to how they teach and help their students.

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²²⁰ read music notes: 读乐谱

²¹⁶ graphic design: 平面设计

²¹⁷ every single member of their team: 他们团队的每 一个成员

²¹⁸ engaged: 投入

²¹⁹ If they're any younger: 如果他们再年轻一点的话

²²¹ build their confidence: 建立他们的自信

²²² lots of unpredictable situations: 有很多不可预测的 情况


Topic 19 有趣的外国人

1. How do people know foreign friends?

People usually make foreign friends through travel. Sometimes it's easier to start a friendship while on a journey than in everyday life. After all, <u>being in a foreign land²²³</u> means you're more interesting to the people there. Besides, some people may meet new friends from other countries online. When you play an online game that is open to the world, it's easy to get to know <u>gamers²²⁴</u> from other countries.

2. What are the advantages of knowing foreigners?

Well, there are a lot of advantages to knowing foreigners. Firstly, you get to learn about a culture that is <u>different than your own²²⁵</u>. You might be introduced to new food, music, languages, or traditions. Plus, knowing someone from another country <u>gives you a good excuse to²²⁶</u> travel and visit that country someday.

3. What are the pros and cons of living abroad?

<u>One big pro is that</u>²²⁷ you get to experience a new culture. You might even learn a new language. I think that's a great way to learn more about the world, or even yourself in the process. You can also try new food and meet new people, which is exciting. <u>A con is that²²⁸</u> it might be hard to learn a new language and <u>fit into a new environment²²⁹</u>. It can also be very expensive to live abroad.

4. Do you have any foreign friends and do you think having foreign friends is a good way to know other countries?

Yes, I have some friends from other countries who I met on the internet. We met each other through an online game called <u>PUBG</u>²³⁰. It's a <u>trendy online shooting game</u>²³¹. Anyway, I know them pretty well after playing dozens of games together. And I've learned a lot about their countries through our chats. One of them is from the Philippines. <u>If it wasn't for her, I wouldn't know</u>²³² so many fun facts about the Philippines.

见下页

²²⁶ gives you a good excuse to:给了你一个很好的借□

²²⁸ A con is that: 一个缺点是

- 229 fit into a new environment: 适应新环境
- ²³⁰ PUBG: 绝地求生; 可以按字母读, 也可以读作 "pub-gee"
- ²³¹ trendy online shooting game: 流行的在线射击游戏
- ²³² If it wasn't for her, I wouldn't know: 如果不是 她,我不会知道...

²²³ being in a foreign land: 在异国他乡

²²⁴ gamers: 游戏玩家

²²⁵ different than your own:不同于你自己的

²²⁷ One big pro is that: 一个很大的好处是



5. Do you think it's important to know the culture and language before going to another country?

I think you should know a little bit about the country's culture, as well as some important phrases in their language before you visit. Some countries <u>have very different attitudes and customs</u>²³³. So you don't want to <u>offend someone because you don't know the proper attire or customs</u>²³⁴. Knowing some key phrases in the language is also very helpful. The locals will <u>appreciate your effort to²³⁵</u> speak their language.

6. What do you think of people who work in international companies?

Well, it's really cool for people to work in international companies. I respect them for it because they probably have to <u>deal with lots of challenges</u>. <u>Depending on their position</u>, they might have to go on business trips to different parts of the world. They might also have to learn about other cultures when dealing with people from different countries. So it takes a lot of hard work and determination to succeed at an international company.

7. What abilities do people need to have when working in an international company?

I think they need to have good language learning skills. International companies do business in more than one country. So their employees have to communicate with other co-workers from different countries. Employees who are <u>bilingual or trilingual</u> are definitely valuable. Besides, <u>people skills²³⁶</u> are also essential since communication makes up a big part of their job.

8. How can we promote international cultural exchanges?

I think that <u>study abroad programs</u> help promote international cultural exchanges. When students go to another country to learn, they <u>discover a totally new culture and way of life</u>. It gives them lots of knowledge that they can bring back to their own country. Besides, when they <u>have cool experiences</u> <u>abroad</u>, they can have more understanding for people from different places.

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²³⁶ people skills: 人际交往能力

²³³ have very different attitudes and customs: (对一些 事) 有着不同的看法和习俗

²³⁴ offend someone because you don't know the proper attire or customs:因为不知道正确的着装或习俗而

冒犯某人

²³⁵ appreciate your effort to: 欣赏你尝试做...的努力



Topic 20 喜欢的名人

1. What kinds of people are famous in your country?

There are a lot of famous singers and actors. People love <u>keeping up with²³⁷</u> those kinds of celebrities because they feel like they know them. When you listen to a song or watch a movie, you feel like you know the performer personally. So it's really easy to care a lot about their lives. Singers and actors are famous because <u>people get obsessed with them</u>²³⁸ and want to know everything about them.

2. Why do people care about the private lives of celebrities?

I think it's because a lot of people are curious. They want to <u>peek into other people's lives²³⁹</u> and know more about them. It's not cool to <u>invade people's privacy²⁴⁰</u> if you know them personally. But some people think it's okay to do with celebrities. After all, there's a whole industry based around celebrity gossip. I don't think it's healthy, but people definitely care. So it's really easy to become invested in the personal lives of celebrities.

3. Are international celebrities important to a country?

I think that <u>in some ways²⁴¹</u>, international celebrities are important to a country. They definitely shouldn't be valued more than people who do official work for a country. But they <u>bring attention to</u> <u>their country²⁴²</u> and they can <u>be representatives for their culture²⁴³</u>. When people see a celebrity from a different country, they might want to learn more about it.

见下页

²³⁸ people get obsessed with them: 人们对他们着迷

²⁴² bring attention to their country: 让人们注意到他 们的国家

²³⁷ keeping up with: 追...的动态

²³⁹ peek into other people's lives: 窥探别人的生活

²⁴⁰ invade people's privacy: 侵犯人们的隐私

²⁴¹ in some ways: 在某些方面

²⁴³ be representatives for their culture:成为他们文化的代表



4. Would people in the past become famous for doing good deeds? How about now?

I don't think that people got famous for doing good things in the past. There wasn't a lot of media attention, so not everyone would hear about people doing good deeds. Nowadays, if someone <u>catches</u> a good deed on camera²⁴⁴, they can share it on social media and <u>it might get millions of views</u>²⁴⁵. People can become famous for simply helping someone out when their good deed is posted online.

5. What kind of person becomes a star? Can you be a star by making videos?

Social media is so easy to use that basically anyone can be famous. You just have to get lucky by posting it at the right time. Lots of average people get famous for a short time by posting a video that goes viral²⁴⁶. Sometimes they can stay famous if they keep making similar videos, like people who do crazy stunts²⁴⁷ and post them online. But <u>it's hard to make fame last²⁴⁸</u>.

6. Why do people want to be famous? Do you want to be a celebrity?

I think people want to be famous because they really love attention. When you're a celebrity, everyone is obsessed with you. But it's actually stressful to <u>be constantly observed and talked about²⁴⁹</u>. That's why I would never want to be a celebrity. I want to <u>have my privacy²⁵⁰</u> and not worry about people taking pictures of me whenever I go out in public.

- ²⁴⁵ it might get millions of views: 可能会有数百万的 观看量(点击量)
- ²⁴⁶ goes viral: 火了; 走红

见下页

²⁴⁷ do crazy stunts: 疯狂的特技

- ²⁴⁸ it's hard to make fame last: 让名声持久很难; 一 直红下去是很难的
- ²⁴⁹ be constantly observed and talked about:不断的被 人观察和谈论
- ²⁵⁰ have my privacy: 有自己的隐私

²⁴⁴ catches a good deed on camera: 用相机拍下一件 好事

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7. What are the pros and cons of being a celebrity?

<u>One big pro is that</u>²⁵¹ you get access to really cool things. You get treated specially wherever you go. And you can go to <u>exclusive events</u>²⁵² in designer clothes. You obviously get a lot of money as well, so you can afford whatever you want. But <u>a big downside is that</u>²⁵³ you basically have no privacy. You get photographed wherever you go and people <u>gossip about you</u>²⁵⁴ all the time.

8. What are the disadvantages of being a child star?

Well, being a child star can be really bad for your mental health. When you make the most money in your family, you're under a lot of pressure to support your family. You might also have greedy relatives who try to <u>take advantage of you²⁵⁵</u>. Plus, if a kid always gets what they want, they'll probably grow up to <u>be vain and spoiled²⁵⁶</u>. If they stop being famous, they might not be able to adjust to a normal life.

注: 以下列出的 5 个小题,是该主题在前两季出现过的其他高频考题:

旧题 1. What are the differences between famous people today and those in the past?

I think famous people today may have more rights. <u>I've watched a few documentaries about²⁵⁷</u> actors and actresses in the past. <u>The industry treated them really badly²⁵⁸</u>. Most of them <u>had no rights over²⁵⁹</u> their own bodies. If they gained weight they would be fired. Some actresses weren't allowed to have children <u>until their contract was finished²⁶⁰</u>. So I think actors have more rights and are treated better than they were in the past.

见下页

- ²⁵² exclusive events: 独家活动
- ²⁵³ a big downside is that: 一个很大的缺点是

- ²⁵⁵ take advantage of you: 利用你
- ²⁵⁶ be vain and spoiled: 虚荣而骄纵
- ²⁵⁷ I've watched a few documentaries about: 我以前
- 看过关于...的纪录片(在 Part3 回答中可以引入这 类话术)
- ²⁵⁸ the industry treated actors really badly: (娱乐) 行 业对他们的待遇很差
- ²⁵⁹ had no rights over...: 对...没有权利
- ²⁶⁰ until their contract was finished: 直到合同结束

²⁵¹ One big pro is that: 一个很大的好处是...

²⁵⁴ gossip about you: 八卦你

针对资料中存在的任何语法、词汇疑问,请在售后微信联系 Penny 老师解答



旧题 2. Do you think famous people are necessarily good in their fields?

Well, <u>it depends on the person</u>. Some people are extremely talented. But others <u>simply got lucky</u> when they became famous. For example, Tom Cruise isn't a great actor. But he can <u>play a consistent</u> <u>character in his movie franchises²⁶¹</u>. He gets a lot of movie roles because he's famous. But people don't think his acting is good. Some actors are definitely better than others.

旧题 3. Do you think media are putting too much attention on famous people?

Yes, I think the media pays too much attention to famous people. <u>Celebrities are just humans like</u> <u>everyone else</u>. They don't need the whole world to know about their lives. New media, especially social media, often has lots of <u>celebrity gossip and scandals²⁶²</u>. I think <u>it's a bad trend²⁶³</u>. The media should focus more on real issues in society.

旧题 4. Do you think talent is important for fame?

Yes, talent is definitely important. Some people become famous online without any talent, but their fame doesn't usually last long. For someone to <u>have lasting fame²⁶⁴</u>, they need to be talented. The singers and actors who stay as <u>household names²⁶⁵</u> all keep creating good artworks. Talent ensures that they continue to get offered work, whether that's roles in movies, <u>record deals</u>, or <u>athletic contracts²⁶⁶</u>.

旧题 5. What do you think about celebrities making so much money?

I think it's weird that <u>celebrities make so much money</u>, but so many people in the world are suffering <u>from poverty and hunger²⁶⁷</u>. Some celebrities <u>donate to charities²⁶⁸</u>, which is good, but they still shouldn't get paid so much. I don't think they contribute to society more than scientists and doctors do. They have skills, but that doesn't make them better than other people.

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育合同

²⁶⁷ celebrities make so much money, but so many people in the world are suffering from poverty and hunger: 名人都赚的盆满钵满,但世界上很多人却 还遭受着贫困和饥饿

²⁶¹ play a consistent character in his movie franchises: 在他的系列电影中扮演始终如一的角色

住他的系列电影中仿俱知经如一的用巴

²⁶² celebrity gossip and scandals: 名人绯闻和丑闻

²⁶³ it's a bad trend: 这是一个很不好的趋势

²⁶⁴ have lasting fame: 名气长盛不衰

²⁶⁵ household names: 家喻户晓的

²⁶⁶ record deals, or athletic contracts: 唱片合约或体

²⁶⁸ donate to charities: 捐钱给慈善机构



Topic 21 令人激动的书

1. What kinds of books do Chinese people like reading?

Well, it really depends on the individual because <u>everyone has different tastes in²⁶⁹</u> books and movies. Generally speaking, Chinese literature <u>has a long history of folklore and legends²⁷⁰</u>, so many Chinese people like reading these traditional stories. Plus, children may prefer fiction books, while adults may prefer nonfiction books like biographies and history books.

2. Do boys and girls like the same kinds of books?

Well, it depends. Some girls love romantic comedies while others love horror novels. <u>The same is</u> <u>true for boys²⁷¹</u>. Honestly, boys are taught to avoid romantic or dramatic books. Instead they're encouraged to read nonfiction or action books. This really <u>limits the kind of things that they read²⁷²</u>. I think that both boys and girls should read a variety of <u>literary genres²⁷³</u>.

3. Do you think it is very important to read the book before watching the movie version of it?

No, I don't think so. Personally, I like reading the book before seeing the movie. But it's fine to just <u>watch the movie by itself²⁷⁴</u>. Sometimes it's better to watch a movie without knowing anything about the story. You can be disappointed if you watch the movie version because it might be worse than the

book.

下贞

²⁶⁹ everyone has different tastes in...: 每个人在...方面 的品味都不同

²⁷⁰ has a long history of folklore and legends: 有历史 悠久的民间传说和神话

²⁷¹ The same is true for boys: 男孩也是如此

²⁷² limits the kind of things that they read: 这确实限制 了他们阅读的内容

²⁷³ literary genres: 文学体裁; 文学类型

²⁷⁴ watch the movie by itself: 只看电影本身



4. Do you prefer books or movies?

I prefer books. Movies are fun to watch, but books are more interesting to me. When I'm reading a book, I can also <u>picture everything for myself²⁷⁵</u>. It takes a lot of imagination, which makes reading really fun. I think books are also a more relaxing way to spend time. Movies can be too loud and intense.

5. Did you read more magazines or books when you were a child?

I definitely read more magazines than books in my childhood. Honestly, I didn't like books until I grew up. They were just too complicated and boring for me. But reading magazines was a lot of fun when I was a student. I really loved sci-fi magazines <u>back then²⁷⁶</u>. I even subscribed to a magazine called The Sci-Fi World. I was really fascinated by it and could spend all day reading the issues²⁷⁷.

6. Do you think e-books will eventually replace paper books?

E-books are popular, but I don't think they'll completely replace paper books. People who love reading generally prefer paper books. Reading on paper is <u>easier on your eyes²⁷⁸</u>. It's also great for students because they can <u>highlight</u>, <u>underline</u>, or write notes in the margin²⁷⁹. Plus, paper books are great to give as gifts!

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- ²⁷⁸ easier on your eyes: 对你的眼睛更舒服
- ²⁷⁹ highlight, underline, or write notes in the margin:划
- 上高光、下划线或在页边空白处作笔记

²⁷⁵ picture everything for myself: 自己在脑海中想象 一切

²⁷⁶ back then: 那时候

²⁷⁷ reading the issues: 阅读这些期刊; 此处 issue 意

为杂志的一期



Topic 22 花费超过预期

1.Do you often buy more than you expected?

Yeah, I often buy more things than I was planning for. It usually happens when I'm grocery-shopping. I always make a list before I go shopping, but I get more than I planned for because all the food looks so good. It's hard to have any self-control²⁸⁰.

2. What do you think young people spend most of their money on?

I think that young people like spending their money on new clothes and new technology. A lot of young people care about what other people think of them. So they want to wear the newest clothes and <u>own the newest devices²⁸¹</u>. Plus, they don't usually have other responsibilities like <u>paying bills²⁸²</u>. So they can spend their money on luxury items as well.

3. Do you think it is important to save money? Why?

Yes, it's definitely important to save money. Anything could happen, and you might find that you need money to pay for a damaged car or laptop. <u>In case of emergencies²⁸³</u>, you should always <u>have</u> some extra money²⁸⁴. So it's good to make plans for your money and try to save it. It's also good to save money for fun things like vacations.

4. Why are some rich people reluctant to spend money on others or even themselves?

Well, sometimes, rich people don't want to spend money because they want to keep it all for themselves. I think that the more money you get, the more you want to <u>hold on to it²⁸⁵</u> so you can have even more. Plus, some people become rich <u>after being poor or middle-class²⁸⁶</u>. So they still feel like they have to save all their money.

5. Do people buy things they don't need?

Yes, people definitely buy things they don't need. Even when they go grocery shopping, they might get extra items because they look really appealing. Plus, some people go out and buy things they don't need as a way to relax- this is where the phrase retail therapy comes from²⁸⁷.

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²⁸³ In case of emergencies: 在紧急情况下; 以防万一

²⁸⁵ hold on to it: 抓紧(钱)

²⁸⁶ after being poor or middle-class: (成为富人之前)很穷或者是中产阶级
²⁸⁷ this is where the phrase retail therapy comes from: 这就是"购物疗法"这个短语的由来

²⁸⁰ It's hard to have any self-control: 很难有自制力; 很难控制住自己

²⁸¹ own the newest devices: 拥有最新的(电子)设备

²⁸² paying bills: 付各种账单

²⁸⁴ have some extra money: 有一些多余的钱

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Topic 23 善待不喜欢的人

1. Why are people friendly with people they don't like?

Some people are friendly with people they don't like because they <u>have to keep a polite relationship</u> <u>with them²⁸⁸</u>. There's always something more important to do, so you can't just <u>avoid people you</u> <u>dislike²⁸⁹</u>. For example, if a husband and wife get divorced, they will likely continue to be friendly towards each other because of their children. If two employees fight, they will continue to be polite since they work together.

2. What kinds of people are usually friendly?

Friendly people usually work in jobs where they have to deal with people every day. For example, teachers and nurses work with people of all ages every day. They need to be very friendly in order to make people feel welcomed and relaxed. Plus, some people are more <u>naturally friendly²⁹⁰</u> than others if they are outgoing. They really <u>enjoy being around people²⁹¹</u>.

3. What are the differences between being friendly and being polite?

I think the main difference between being friendly and being polite is enthusiasm. People who are being polite might have a nice conversation, but they won't discuss their personal lives or get too excited. If someone is being friendly, they'll probably <u>share personal details²⁹²</u> and <u>speak with enthusiasm and emotion²⁹³</u>. Being friendly means that you are more comfortable with whoever you're talking to.

见下页

²⁸⁸ have to keep a polite relationship with them:不得不和他们保持礼貌的关系

²⁸⁹ avoid people you dislike: 避开(不见到)你不喜欢的人

²⁹⁰ naturally friendly:天生的与人友好

²⁹¹ enjoy being around people: 喜欢和别人在一起

²⁹² share personal details: 分享个人生活细节(私事)

²⁹³ speak with enthusiasm and emotion: 说话时充满 热情和激情



4. What do you think of the people who are always straightforward?

I like people who are always straightforward because <u>I appreciate their honesty and efficiency²⁹⁴</u>. They always tell you the truth and share their honest opinion. Sometimes straightforward people might seem rude. But I think that's a misunderstanding. They <u>aren't trying to be rude²⁹⁵</u>. They just want to be honest.

5. What do you think of a person who seems so nice and friendly no matter what happens?

People who can be nice and friendly, <u>no matter what²⁹⁶</u>, are very respectable. Sometimes I wonder if they're actually that nice, or if they're just being polite. But I think <u>it takes a lot of strength to be like</u> <u>that²⁹⁷</u>, especially when you're dealing with rude people. So I really respect people who are always nice to everyone.

6. When would you be friendly to someone you don't like?

I think I would have to be friendly to someone I dislike if I was working. When you're at your job, you have to be nice to the people you interact with, <u>no matter what</u>. It's definitely not professional to get mad at someone and be rude to them while you're at work. I'd also be nice to someone I didn't like if I was trying to <u>make a good impression on the other people around us²⁹⁸</u>.

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²⁹⁴ I appreciate their honesty and efficiency: 我很欣赏 他们的诚实和有效率

²⁹⁵ aren't trying to be rude: 并不是要故意表现的无礼

²⁹⁶ no matter what: 无论怎样, 无论发生什么

²⁹⁷ it takes a lot of strength to be like that: 要一直那样(保持友好)是需要很大的毅力的
²⁹⁸ make a good impression on the other people around

us: 给周围其他的人留下好印象



Topic 24 运动员

1. What kinds of exercises do Chinese people like?

I think lots of Chinese people like to run or bike together. Others do tai-chi or go for a walk in public parks. It lets you <u>stay fit²⁹⁹</u> while also chatting with friends or even family. When it comes to sports, I think many Chinese people enjoy football. You get to run in a really large field and have fun <u>playing</u> against the other team³⁰⁰.

2. What's the difference between the sports liked by young people and those liked by the old?

I think young people like more intense sports, like basketball or soccer. They like activities where they have to constantly stay moving. Those kinds of sports require <u>fast reflexes³⁰¹</u> and lots of <u>endurance³⁰²</u>. But old people tend to like sports that are more relaxed. So they might play something like golf.

3. Why do some people like to work out at a gym?

Some people enjoy working out at a gym because there's professional equipment that they don't have at home. For example, not everybody can afford to get a <u>treadmill³⁰³</u>. But if they get a gym membership, they can use a treadmill and other types of workout equipment. Other people like going to the gym because they can work with personal trainers, especially if they want to learn a new exercise.

4. What characteristics do you think an athlete should have?

I think an athlete should be hard-working, patient, and confident. It <u>takes a lot of dedication to³⁰⁴</u> train and keep improving their skills as an athlete. They also need to be patient and not give up, even if it takes a long time to achieve their goals. Most importantly, they have to <u>believe in themselves</u>. They have to know that they're capable of working hard and doing well.

见下页

³⁰⁰ playing against the other team: 和其他队(另一个队)比赛

- ³⁰² endurance: 耐力
- ³⁰³ treadmill: 跑步机

²⁹⁹ stay fit: 保持健康

³⁰¹ fast reflexes: 快速反应能力

³⁰⁴ takes a lot of dedication to: 需要付出很大的努力



5. Why are there so few top athletes?

I think it's because sports are extremely competitive. Lots of people want to be athletes just because they're <u>decent at a sport³⁰⁵</u>. But <u>it takes a lot of dedication and hard work to³⁰⁶</u> make it as a professional athlete. Only one team or one athlete can be the champion. So even among professional athletes, there are only a few who can be the best.

6. What's the best way to become a top athlete?

I think the best way to become a top athlete is to keep training and setting new goals. You should <u>always try to improve and advance through the different levels</u>. Plus, you should definitely get a coach. You need someone to guide you as an athlete and help you stay focused.

7. Do people often do exercises or sports nowadays?

Yeah, nowadays, people pay more attention to their health. So a lot of people really like exercising, whether it's at the gym or through playing a sport. Young people <u>in particular³⁰⁷</u> like being active. They're always <u>looking for new ways to get fit</u>. A lot of older people enjoy sports as well, though they may pick more relaxed activities like golf.

8. What can the government do to encourage people to do exercise?

I think the government could <u>invest more money in³⁰⁸</u> sports facilities and gyms. It would be great if they could support gyms and help make memberships less expensive. The government can also support natural spaces like public parks so people can exercise in nature. <u>There's nothing nicer than³⁰⁹</u> doing yoga or tai-chi in the park.

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³⁰⁵ decent at a sport: 擅长一项运动

³⁰⁶ it takes a lot of dedication and hard work to: 需要积 极投入,努力付出才可以...