

2022 年 1-4 月雅思口语 Part1 考题参考资料

(A 难度·1 月版)

感谢小伙伴使用雅思过过过淘宝店铺口语素材!

使用资料前，请您仔细阅读以下几点 (^ _ -)

1. 提供 Part1 素材的目的，旨在帮助大家尽快掌握高频考题动态，并在短期内积累可用的地道口语表达，以及通过素材启发考生回答思路。由于 Part1(以及 Part3)考官提问数量、给出的回答时长各有不同；同时，任何素材思路无法全部完美适合所有人，因此建议练习中结合个人理解方式，做内容的删减、扩充等调整。以达到更高效复习的状态。调整内容时，如有疑问欢迎联系 Penny 解答。
2. 接下来仍会继续跟进核实考生动态，做必要的内容调整或题目增补。
3. 第二页的表格中黄色高亮的 Topic 是本学期出现的新主题。右侧的“是否已复习”帮助大家对自己复习进度做整理，以避免漏掉应复习的话题。
4. 标注“高频”的题目，是根据考生反馈频繁被考到的题（高频题会根据考生反馈动态核实，如有需要会随时变化，请关注群通知或私信通知）。
5. 文中含下划线的内容是高分地道表达。
6. 注意 Part1 和 Part3 考官可以即兴提问（尤其 Part3），并无法覆盖全部考题。
！！ 以下均为真实考生回忆高频考题。复习过程中尽可能多的练习各种题目，增强表达能力。
7. 复习时，请根据自己喜好和个人情况，灵活运用参考答案及加分表达，切勿逐字逐句死记硬背；
8. 口语练习方法很重要，复习过程中对练习方法、素材语法词汇等有疑问，欢迎随时联系 Penny。

—————雅思过过过淘宝店铺

2022 年 1-4 月 Part1 高频考题 Topic 列表

主题 (题号=页码)	是否 已 复习	主题 (题号=页码)	是否 已 复习
Topic 1 Study(含 School)		Topic 19 Lost and found	
Topic 2 Work		Topic 20 Memory	
Topic 3 Major		Topic 21 Headphones	
Topic 4 Home(含 The area you live in)		Topic 22 Shoes	
Topic 5 Hometown(Countryside / City)		Topic 23 Handwriting	
Topic 6 Daily routine		Topic 24 Science	
Topic 7 Mirrors		Topic 25 Lost (New places)	
Topic 8 Dreams		Topic 26 APP	
Topic 9 Taking photos		Topic 27 Pets	
Topic 10 E-mail		Topic 28 Color	
Topic 11 Sports		Topic 29 Public gardens and parks	
Topic 12 Cinemas		Topic 30 Weather	
Topic 13 Art		Topic 31 Concentration	
Topic 14 Cars		Topic 32 Watch TV (TV program)	
Topic 15 Street market		Topic 33 Spending time with others	
Topic 16 Websites		Topic 34 Barbecue	
Topic 17 Mobile phone		Topic 35 Weekend	
Topic 18 Time management			

Topic 1 Study¹ (含 school) (建议重点复习高频题;工作族可以不复习该主题)

1. Do you work or study?(高频)

I'm currently a senior student at Hunan University, and I'm studying computer science at the moment.

2. What's your routine like in your everyday study? /What's your daily study routine? (高频)

I try to wake up at a decent time² in the morning. If I don't have class, I spend the morning organizing my notes from the day before³. I also like going to a café with my friends to go over our study materials⁴. In the evening, I'll go over my notes in more detail and memorize important information.

3. Is it difficult for you to organize your time to study? (高频)

Sometimes it can be hard. When I have a lot of tasks to do, it's difficult to decide which ones to do first. I can get overwhelmed⁵ and feel like I don't have enough time. But it's helpful to list everything and organize my time based on importance and urgency⁶.

4. Who helps you study the most? Who do you like to study with? (高频)

I think my friend Amy is the most helpful. She has a great system for organizing her notes⁷. She shared it with me and now I can study a lot better. I really like studying with her and our other friends. We all keep each other motivated.

5. Which university do you go to? (高频)

The university I go to is called XXX University, which is a top-level university in China. I'm really proud to be a student there and honestly, I was so close to being rejected⁸ because I thought my grade for the University Entrance Exam was subpar⁹ compared to the enrollment requirement of the previous year.

¹ Study: 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

² at a decent time: 在一个合适的时间

³ organizing my notes from the day before: 整理前一天的笔记

⁴ go over our study materials: 过一遍我们的学习资料；看一遍我们的学习资料

⁵ get overwhelmed: 变得不知所措；变得

⁶ organize my time based on importance and urgency: 根据重要性和紧迫性来安排我的时间

⁷ has a great system for organizing her notes: 有很好的组织笔记的（系统性）方法

⁸ so close to being rejected: 差点就上不了

⁹ subpar: ['sʌb'pɑ:] 低于...标准，次于... (美剧《生活大爆炸》11季中的台词哦~)

6. How do you usually spend your school day? (高频)

I usually spend my school day with a combination of¹⁰ homework, class, and spending time with friends. I also sometimes like to participate in a club or other extracurricular activity¹¹ during lunch or after school. Most of my day I spend doing schoolwork because I don't want to fall behind¹².

7. What technology can help you learn better? (高频)

There are lots of websites and apps that can quiz you and test your knowledge. All you have to do is input your terms¹³ and then you can use online flashcards¹⁴. I've used a couple of them to memorize important terms before an exam. They're definitely a life-saver¹⁵ when you're in a rush to catch up on¹⁶ some class content.

8. Why did you choose your school / university?

Well, when I was a high school student, I heard my university has a really good undergraduate program for Computer Science¹⁷, which is really what I'm passionate about and love to study. Besides, my parents also rooted for¹⁸ me to go there as they believe four years of study there would be a big help for my future career.

9. Is it good to study in the morning or in the afternoon? / Do you prefer to study in the morning or in the afternoon?

I think it's good to study in the morning. You have to wake up earlier, but when you get through the work¹⁹, you have the rest of the day off. And the afternoon is usually a better time of day to enjoy yourself. So it's best to get studying over with²⁰ as early as possible.

10. Who is more important for you at school, teachers or students?

I think the students are more important. I mean, the teachers are obviously playing a key role at school. But who you're in a class with makes a world of difference²¹. It's much easier to be excited about school if you're friends with the other students. You should at least be able to get along with them.

见下页

¹⁰ with a combination of: 结合着....; 此处指我一边上学一边工作

¹¹ extracurricular activity: 课外活动

¹² fall behind: 落后; 掉队

¹³ input your terms: 输入你的词条

¹⁴ online flashcards: 在线的教学卡片 (知识闪卡或者单词卡之类)

¹⁵ a life-saver: 救命稻草

¹⁶ in a rush to catch up on: 急于赶上...的进度

¹⁷ Computer Science: 注意科目根据自己的情况来调整, 有疑问联系 Penny

¹⁸ rooted for somebody: 支持某人

¹⁹ get through the work: 完成了工作

²⁰ get something over with: 做完/完成...

²¹ makes a world of difference: 有很大不同

11. Do you like your school?

Yes, I do like my school. I mean, even though I'm often swamped with all the assignments and exams²², I often have a blast²³ studying there. The teachers are all nice and cool. None of them have ever given me a hard time. And most importantly, I have some really awesome friends at school who I hang out with all the time.

12. Which part of your school do you like?

I really like the campus. There are tons of really old buildings, which gives the whole place a serious feel²⁴. But there's also lots of nature around. There are big trees in front of some of the buildings, and there are even a few garden areas to walk around in. It's such a lovely place to hang out.

13. How do you improve your study efficiency?

When it comes to studying efficiently, I try to make sure there aren't any major distractions around me. For example, I turn off my phone and I avoid listening to music. It helps me focus on my study so that I stay on track²⁵ and avoid wasting all my time.

14. Which part do you hope your school to change? /Which part of your school needs an improvement?

Well, off the top of my head, the most urgent part of my school that needs to be improved is the gym on our campus. I mean, the whole place should be flipped²⁶ because everything in the gym is literally worn out²⁷. The basketball court doesn't even have a hoop. It's ridiculous, isn't it? I really hope our school can do something about it.

15. Are you looking forward to working?

Yes, I am. I've been studying as a student for almost 16 years of my life. I really expect to have a proper job after graduating from college. It will be a huge change of lifestyle²⁸ and I will be able to support myself financially²⁹, which will make my parents proud as well. I can't wait to find a good job.

(Copyrights to 雅思过过过淘宝店铺)

²² often swamped with all the assignments and exams: 忙于学业和考试

²³ have a blast: 很开心...

²⁴ gives the whole place a serious feel: 给整个地方一种严肃的感觉

²⁵ stay on track: 一直保持(学习的)状态

²⁶ the whole place should be flipped: 整个应该翻修重建

²⁷ worn out: 破损, 破旧

²⁸ a huge change of lifestyle: 生活方式发生巨大的变化

²⁹ support myself financially: 养活我自己, 经济独立

Topic 2 Work³⁰(建议重点复习高频题;学生族可以不复习该主题)

1. Do you work or study? What work do you do? (高频)

I'm currently working fulltime as a programmer at Baidu; I've been working there for 5 years.

2. Do you like your job? (高频)

Yes, I am really happy with what I do. Most of the time, it's very rewarding to be able to help people every day. Besides, it's a really good company to work for. The pay is good and they even hand out bonuses³¹ twice a year!

3. Do your coworkers help you at work? Who is the most helpful co-worker? (高频)

I work for an IT company as a HR specialist³², so I often need my coworkers to help me with the group tasks. When I was new at the job, my co-worker Penny was really helpful. She often reminded me how to process the files. She also worked on³³ hiring tasks with me. I'm so grateful to her because she taught me everything I know.

4. How do you manage your time when working? (高频)

Well, it totally depends on my agenda for the day³⁴. I usually make my own schedule of the tasks accordingly³⁵, especially when it's a busy day. Plus, I often set a timer for each task to help myself keep track of the time³⁶, which is really helpful for me to manage my time well at work.

5. Do you want to change your job? Will you do the same job in the future? (高频)

No, I don't want to hop my job³⁷ right now. It's mainly because the pay is not bad. I mean, it's not way higher than others but I'm pretty comfortable with it. Plus, it's not easy to find a proper job in today's job market, is it? Sometimes, it's better to appreciate what you have now³⁸.

见下页

³⁰work: 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

³¹ hand out bonuses: 发奖金

³² work for an IT company as a HR specialist: 在一家 IT 公司担任 HR 专员(可以个人实际情况做调整)

³³ worked on: 做...工作; 负责...工作

³⁴ it totally depends on my agenda for the day: 这取决于我一天的工作计划安排

³⁵ accordingly: 相应的

³⁶ keep track of the time: 掌握时间

³⁷ hop my job: 跳槽

³⁸ it's better to appreciate what you have now: 感激当下你所拥有的东西

6. What technologies do you often use at work? (高频)

I don't use anything super complex³⁹ at work. There's an online application that we use to chat with each other. But it's not difficult to use. I'm not a tech wizard by any means⁴⁰. I just use standard word-processors⁴¹ and other typical office software. Most of my job involves phone calls and emails. It's nothing fancy⁴².

7. What is the most interesting part of your job?

I work at a coffee shop, so I think the most interesting part of my job is the people. I get to meet so many people during my shift⁴³. Some of them have fascinating personalities. Sometimes I even strike up a chat with⁴⁴ them and learn something random. One time a customer showed me photos of his cat.

8. Which part is difficult in your job?

I think the most challenging part of my job is communication within a team. It's often difficult to communicate with someone who didn't finish their part of the work in time. They may think you're pushing⁴⁵ them, which can even create conflict.

9. How do you spend your work day?

I usually arrive at the office before 9am and start my day with⁴⁶ a morning meeting with my boss and co-workers, which really helps me and others know the agenda of the day⁴⁷ as well as keep everyone on the same page⁴⁸. Then the long day of work begins and I need to work overtime until 8pm⁴⁹ most days.

10. Is it better to work in the morning or in the afternoon?

I think it's better to work in the morning. Even though you have to wake up early, when you get through the work⁵⁰ you have the rest of the day off. And the afternoon is usually a better time of day to enjoy yourself. So it's best to get work over with⁵¹ as early as possible.

见下页

³⁹ super complex: 特别复杂的

⁴⁰ I'm not a tech wizard by any means: 无论如何(不管怎么说)我都不是个技术达人

⁴¹ standard word-processors: 正规文字处理软件

⁴² It's nothing fancy: 没什么特别的(高级的)

⁴³ during my shift: 在我上班时

⁴⁴ strike up a chat with: 和某人攀谈起来

⁴⁵ pushing: 逼迫

⁴⁶ start my day with: 以.....开始我的一天

⁴⁷ the agenda of the day: 当天的日程安排

⁴⁸ keep everyone on the same page: 让大家(工作)步调保持一致

⁴⁹ work overtime until 8pm: 加班到晚上八点

⁵⁰ get through the work: 完成了工作

⁵¹ get something over with: 做完/完成...

11. Have you ever changed your job? / Why did you choose to do that type of job?

I've changed my job a couple times. Before working at this company, I had full-time jobs at an IT company and a glass shop. But neither of them is bigger than the company I'm working for right now in terms of business scale. And most importantly, I get paid more for my current job, which is the main reason I job-hopped⁵².

12. What did you gain the most from your job? / What do you learn from work?

Well... The most valuable lesson I learned from work is how to collaborate with⁵³ my coworkers. It's not something that I really understood back in school. But in a real job, a ton of tasks need good teamwork and can't be done on your own. For instance, when I coordinated a marketing event with my colleagues, it was of the essence to⁵⁴ make sure everyone was on the same page⁵⁵, or else we might've messed up⁵⁶ the whole thing.

13. Which do you think is more important, colleagues or work itself?

I think that colleagues are more important. You could be doing your dream job, but if it's with people you can't stand⁵⁷, you aren't going to enjoy it as much. You end up seeing your coworkers more than anyone else in your life⁵⁸, so it's important that you can get along with them.

14. What do you do to improve your productivity?

Whenever I feel like I've lost focus on work and started slacking⁵⁹, I take a 5-minute break and make a cup of instant coffee. It sounds simple but it works like a charm for me⁶⁰. After I've had some coffee, I feel pumped up⁶¹ and have more energy.

见下页

⁵² job-hopped: 跳槽

⁵³ collaborate with: 与...合作

⁵⁴ it was of the essence to: ...是非常重要的

⁵⁵ everyone was on the same page: 每个人步调一致, 齐心协力

⁵⁶ messed up: 搞砸

⁵⁷ people you can't stand: (与) 无法忍受的人 (一起工作)

⁵⁸ end up seeing your coworkers more than anyone else in your life: 我们终归见同事要比见别人的次数多得多。

⁵⁹ slacking: 懈怠

⁶⁰ it works like a charm for me: 对我来说很奏效

⁶¹ pumped up: 兴奋起来

15. Do you think your company needs to make some changes? Which part of your working environment needs an improvement?

Well...As far as I'm concerned, I really wish my company wasn't so strict about the dress code⁶². It really bugs me⁶³ to have to wear a uniform day in and day out⁶⁴. Plus, I have to be really careful keeping the uniform clean otherwise I might get fined⁶⁵ at my workplace. It would be great if we could have a casual Friday⁶⁶.

16. Is this job a good opportunity? / Is it good for your future development?

Yes, it's a wonderful job. Even though I'm swamped with⁶⁷ the tasks at work sometimes and have to work overtime⁶⁸, overall, I believe it's a good career for me. I'm very passionate about⁶⁹ my job and I really know what to do. Plus, doing this job right now will definitely help me build my resume⁷⁰ later, since it requires excellent workmanship.

17. Do you miss being a student?

No, I don't really miss being a student. It was fun to study something that I liked. But it was also a lot of work⁷¹. Going to school isn't exactly a piece of cake⁷². There were tons of assignments and exams to do. I like being more independent now that I've graduated.

(Copyrights to 雅思过过过淘宝店铺)

⁶² dress code: 着装要求

⁶³ It really bugs me: 让我很烦

⁶⁴ day in and day out: 每一天

⁶⁵ get fined: 被罚款

⁶⁶ have a casual Friday: 星期五便装日 (能有一天随便穿便装)

⁶⁷ I'm swamped with: 被...包围, 很忙碌

⁶⁸ work overtime: 加班

⁶⁹ passionate about: 热衷于...

⁷⁰ build my resume: 充实简历, 给简历增加特色

⁷¹ it was also a lot of work: 也需要大量的工作; 作业很多

⁷² a piece of cake: 轻松的事情

Topic 3 Major⁷³(建议重点复习高频题；工作族和学生族都建议复习)

1. What is your major? (高频)

I'm studying computer science at Hunan University. It's an undergraduate major, and it usually takes four years to earn the degree. I feel happy being enrolled in this program, because coding is one thing I'm passionate about. Plus, I think I have a knack for⁷⁴ it since my math is good.

2. Do you like your major? (高频)

Yes, I do like my major. But you know... there will always be parts you like and parts you don't like. For example, the field training is very interesting, but the theoretical courses are about as fun as watching paint dry⁷⁵ because some abstract concepts are quite difficult to understand.

3. Why did you choose to study that (major)? (高频)

Well, as for the reasons why I decided to study computer science, I think the main one is that I have lots of passion in that field. I never feel bored and I always enjoy studying and researching things about it, and I've noticed that since I was still in high school. So, I told myself that if I went to a college, I would take computer science as my major.

4. What's the interesting part of your major? (高频)

版本 1: I'm majoring in computer science, and I really like what I'm studying, especially when I take coding courses related to game design. They give me a lot of fun through the learning curve because becoming a game designer is kind of my dream. So I always have a blast⁷⁶ learning about coding.

版本 2: I study literature, so I get to read tons of different books. It's really interesting to see how many different perspectives are out there. Plus, storytelling is a really big part of culture, I like reading books from other countries and learning about the culture there. It's definitely expanded my horizons⁷⁷.

见下页

⁷³ Major: 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

⁷⁴ have a knack for: 擅长...

⁷⁵ as fun as watching paint dry: 形容很无聊

⁷⁶ have a blast: 很开心

⁷⁷ expanded my horizons: 开阔视野

5. What kinds of help can this major bring to your future job? (高频)

I believe this major will help me communicate well with others in a future job. For instance, knowing how to write well means that I can make my points to them and not create any confusion. That helps us work together better as a team. Studying literature also helps you be more detail-oriented⁷⁸, which is always helpful.

6. Will you continue doing what you're studying in the future? (高频)

Yes, I will. It's mainly because I have a lot of passion for computer science and Web developing. I don't think I will be bored if I make a living off of it. Plus, the income level of specialists in this field is also higher than average, so I can have a comfortable life by working as a programmer.

7. What is your plan after finishing your school? (高频)

It's hard to say right now⁷⁹. Everything feels like it's up in the air⁸⁰. But after I graduate from school, I'd like to have a job that's somehow related to my major. You know, it's cool to apply what you've learned at college in the real world. I'm not sure what kind of job I want to have, but I'm sure I'll figure it out soon.

8. When did you decide to choose your major?

If memory serves correctly⁸¹, I chose my major in high school. As a kid, I wasn't quite sure what I wanted to do for a living. But after I took some science classes in high school, I found that I really loved them and was passionate about⁸² science. So that's when I decided to pick biology as my major⁸³.

见下页

⁷⁸ detail-oriented: 注重细节的

⁷⁹ It's hard to say right now: 现在还很难说

⁸⁰ it's up in the air: 悬而未决, 还不确定

⁸¹ If memory serves correctly: 如果没记错的话

⁸² was passionate about: 热衷于; 对...很有热情

⁸³ pick biology as my major: 选择生物学作为我的专业

9. Which subjects are more difficult? / Do you think your major is difficult?/ What do you dislike about your major?

Personally, I think subjects in the sciences are more difficult. I can't seem to wrap my head around⁸⁴ stuff like chemistry or physics. There are just so many facts and rules to memorize. I can't make heads or tails of it⁸⁵, honestly. Arts subjects are easier by a long shot⁸⁶, in my opinion.

10. What have you learned from the courses?

I've basically learned how to think and write critically. It sounds kind of vague⁸⁷. But it basically means I can explain my thoughts in a way that makes sense and is based on evidence. It's actually a very useful skill. It helps with communication and making your point in the best way possible.

(Copyrights to 雅思过过过淘宝店铺)

⁸⁴ wrap my head around: 努力理解，想明白（很难理解的事情）

⁸⁵ make heads or tails of it: 搞清楚为什么

⁸⁶ by a long shot: 绝对的

⁸⁷ vague: 模糊的，含糊的

Topic 4 Home⁸⁸ (含 The area you live in) (建议重点复习高频题)

1. What kind of house or apartment did you live in when you were a child? (高频)

When I was a kid, I lived in a bungalow in the suburbs. My parents and I barely fit into it⁸⁹, but that just made it cozy⁹⁰. I remember we filled our home with lots of antique furniture⁹¹. It gave the house a nice atmosphere. We moved to an apartment later, but I always missed our first home.

2. What kind of house or apartment are you living in right now? / Do you live in a house or an apartment? / What kinds of accommodation do you live in? (高频)

Right now, I'm living in an apartment by my university. It's not that big; it only has two bedrooms. But it's cozy enough for me. Plus, the apartment is part of a newly developed high rise⁹². It has a really nice view of the city.

3. What kind of house or apartment do you want to live in in the future? / Do you want to live in a house or an apartment in the future? (高频)

I'd really love to live in a big house in the middle of nowhere⁹³. It might sound a little lonely, but I think having a family there would be awesome. You would have tons of privacy because you don't have any nosy neighbours. And if it was somewhere nice, you could probably have a great view of the stars.

4. What's the outside appearance of your house or your apartment? (高频)

I live in a high-rise⁹⁴ apartment in an older part of the city. So the front of it is actually old-fashioned. It has these⁹⁵ really antique bricks⁹⁶ and even some ivy⁹⁷ growing over it. It's so pretty and makes me feel like I live in a castle! I love coming home to it every day⁹⁸.

见下页

⁸⁸ Home: 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

⁸⁹ barely fit into it: 勉强能挤着住

⁹⁰ made it cozy: 使它舒适一些

⁹¹ antique furniture: 古董家具，古典家具

⁹² part of a newly developed high rise: 新开发的高层建筑的一部分

⁹³ in the middle of nowhere: 在偏僻的地方

⁹⁴ high-rise: 高楼；高层建筑

⁹⁵ these: 这些（这里含有一种针对性指向某物的语义，是一种口语中语气性的用法）

⁹⁶ antique bricks: 古董式的墙砖

⁹⁷ ivy: 常春藤

⁹⁸ I love coming home to it every day: 我很喜欢每天回到在那的家（的感觉）；这里 come home to 是一个地道表达的用法，在这里的语义是“回到...的家”

5. Do you think the place you are living at right now is suitable for a family with children? (高频)

Yes I do think so. I believe my neighbourhood is fairly safe⁹⁹ and I live around the corner from a great elementary school. It's a top-notch school district¹⁰⁰. So there are a lot of families with kids in this neighbourhood already. I moved here when I was a child myself. There are also beautiful parks near the neighborhood which are awesome for kids.

6. Do you think the place you are living at right now is suitable for elders? (高频)

No. I live on a steep hill¹⁰¹ and I'm not too close to any stores. I would worry about elderly people being able to navigate the neighbourhood safely¹⁰², as the school nearby creates a lot of traffic on weekdays and the loud kids may become a nuisance¹⁰³. If an elderly person decided to move here, I'm sure they would make it work, but I think there are better alternatives.

7. Where are you living now? / Why do you live there? / Do you like your living place?

I'm living in an apartment in downtown Shanghai. I have two roommates sharing the same apartment with me. It's a nice place to live since the rent is dirt cheap¹⁰⁴ for a young guy like me. Plus, my workplace is literally a stone's throw away from¹⁰⁵ there, which is the main reason why I've been living there for a long time. I really hit the jackpot¹⁰⁶ finding this place.

8. How is the area surrounding your home like? / Are there any good facilities near your home? / Do you like the area that you live in?

My living place is in the city's downtown area. Well, there are several tasty restaurants around my apartment, which is great for a foodie¹⁰⁷ like me. And we also have a giant grocery store across the street and a small park nearby. So I have to say it's a pretty liveable¹⁰⁸ place.

见下页

⁹⁹ fairly safe: 相当安全

¹⁰⁰ a top-notch school district: 一流的学区

¹⁰¹ live on a steep hill: 住在陡峭的山坡上; 我住在山上, 比较陡

¹⁰² navigate the neighbourhood safely: 在附近一带安全的散步

¹⁰³ the loud kids may become a nuisance: 吵闹的孩子可能会令人讨厌

¹⁰⁴ dirt cheap: 非常便宜

¹⁰⁵ a stone's throw away from: 距离某地很近

¹⁰⁶ hit the jackpot: 赚到了, 很幸运

¹⁰⁷ foodie: 吃货

¹⁰⁸ liveable: 适于居住的

9. What's the difference between where you are living now and where you have lived in the past?

Well, I used to live in a smaller city for college, but now I live in a big city. I moved to the city just a few months ago for a job I found here. One significant advantage of this big city is that there are more job opportunities than the city I moved from. There are a lot more differences between them like public facilities, traffic, and lifestyles. It's been a big change to adjust to¹⁰⁹. But I really like living in the city. It's pretty exciting.

10. Are there any shops or facilities around there? /Where do you like to go in that area?

There's actually a mall that's not too far from my house. It's only a ten-minute drive for me, which isn't bad at all. I like going there to hang out with my friends. Other than that, there's a gym just down the road¹¹⁰. I definitely don't go there as often as I should though.

11. What are the changes of surroundings around your living place?

Well...When it comes to the changes to my neighborhood over the past few years, I think there've been more high-rise buildings built nearby so the area is denser¹¹¹ than before. Besides, my favorite improvement of this area is the building of an outdoor gym where I work out¹¹² on a regular basis.

12. What changes do you think your neighborhood/living area needs? / Are the transport facilities to your home very good?

Um...my neighborhood is pretty close to perfect, but it would be better if there was a subway station within walking distance of my home. Now the closest subway station is about 3 kilometers away, which isn't exactly a hop, skip, and a jump away. I heard the city has a plan of extending a subway line to the street next to my home in the next few years. I hope it's true.

见下页

¹⁰⁹ It's been a big change to adjust to: 这是一个需要调整自己去适应的巨大的变化

¹¹⁰ down the road: 在路边，在附近

¹¹¹ denser: 稠密，密集

¹¹² work out: 锻炼身体

13. Do you know any famous people in the area you live in?

No, I don't know any famous people who live near me. It would be so cool to live near a celebrity. But as far as I know, there aren't any famous people around me. I'll have to keep an eye out¹¹³ though. I would definitely love to hang out with a celebrity.

14. Do you know anyone who lives nearby? / Are you familiar with your neighbors?

Yes, I'm familiar with my neighbours because they're very friendly. And the Lees, who live across the hall from us¹¹⁴, are the ones I'm most familiar with. Our families are pretty close with each other. And I've been inside their apartment a lot¹¹⁵ since we moved into this home.

15. How long have you lived there?

I've been living there for over three years and I love it. Even though I have to share a room with three roommates, luckily they're all easy-going¹¹⁶ and nice, so we get along really well with each other.

16. Will you move home in the near future? / Will you live there in the future? / Will you live there for a long time? / Do you plan to live there for a long time?

Well, it's hard to tell¹¹⁷. Right now I live here because I go to school nearby. But after I'm done with school, I might find a job that's far away. If that happens, I would move without a second thought. But I do like this area, so it might be a tough choice.

17. Please describe the place where you live.

I live in the quieter part of a big city. Meaning¹¹⁸ I can take transit downtown very easily but all the hustle and bustle isn't part of my normal day to day¹¹⁹. There are lots of grade schools and bakeries in my neighborhood. And a lot of families live here too.

见下页

¹¹³ keep an eye out: 留意

¹¹⁴ live across the hall from us: 住在我们家对面

¹¹⁵ I've been inside their apartment a lot: 我去过他们家很多次

¹¹⁶ easy-going: 很好相处，很随和

¹¹⁷ it's hard to tell: 很难讲，很难说

¹¹⁸ Meaning: 也就是说

¹¹⁹ all the hustle and bustle isn't part of my normal day to day: 我的日常生活中不存在熙熙攘攘的喧闹

18. What is your favorite room? / What part of your home do you like the most? / Please describe the room you live in.

My favorite room in my home is definitely my bedroom. I think it's where I spend most of my time. It has all my favorite stuff in it, like my books, and I got to decorate it myself. That really makes me feel at home – literally¹²⁰! It's important to have somewhere you can blow off steam¹²¹ and just relax.

19. What are your roommates like? / Who do you live with?

Well, currently, I have two roommates sharing the same apartment with me. They are pretty cool. And I'd say I'm glad to live with them since all three of us love playing video games, so we have a lot to talk about and do together. It's really a blast for us having a game night together every Saturday.

20. What do you usually do in your flat?

Well, when I have some time to myself¹²², I like hanging out in my room. It's probably where I feel most at home¹²³. After all, I got to decorate it myself. So everything is to my taste¹²⁴. I usually just sit and read, or scroll through social media on my phone. It's a nice way to kill time.

21. What room does your family spend most of the time in?

I think we spend the most time in the living room. It's a comfortable place where we all have room to kick back and relax¹²⁵. My mom and dad sit on the couch together. I like sitting in the loveseat. We all watch TV or just have quiet time¹²⁶ as a family.

(Copyrights to 雅思过过过淘宝店铺)

¹²⁰ literally: 不夸张的说, 说真的

¹²¹ blow off steam: 释放自己的情绪

¹²² have some time to myself: 清闲; 有时间的时候

¹²³ feel most at home: 最感到舒服自在 (的地方)

¹²⁴ everything is to my taste: 一切我都喜欢; 一切都合我的口味

¹²⁵ kick back and relax: 放松

¹²⁶ have quiet time: 有一段闲暇安静的时光

Topic 5 Hometown¹²⁷ (Countryside / City) (建议重点复习高频题)

1. Where are you from? / Where is your hometown? / Which city are you living in? (高频)

My hometown is Jinan, which is a city in Shandong province. I really love it because there're tons of amazing attractions in the inner-city¹²⁸, and people living in Jinan are very warm and friendly.

2. Do you like your hometown? / Which part of your hometown attracts you the most? / Where is the most impressive place in your hometown? (高频)

Yes, I do. I'm from Harbin, which is a city in the northeast of China. It's famous for the Ice & Snow Festival there, which is a really cool annual event in my hometown. Tons of visitors come to my city to see it every year. I love being a tour guide and showing my friends from other cities this tourist attraction.

3. Can you tell me some of the history (history story) of your hometown? (高频)

Well, it's a shame that¹²⁹ I really don't know much about the local history of my hometown, but I remember my grandpa told me that a hill in my hometown was named after a war¹³⁰ that happened there 2000 years ago during the Han Dynasty, which was a major historical event in the history of my hometown.

4. What is your hometown famous for? (高频)

Well, my hometown is well-known for¹³¹ many things, but I think the most famous feature is the hot springs¹³² there. There are always tons of tourists coming to my hometown for a hot spring bath. A lot of people who've been there give glowing reviews of¹³³ the hot springs on the internet, which make them more popular.

见下页

¹²⁷ Hometown 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

¹²⁸ inner-city: 内陆城市

¹²⁹ it's a shame that: 真可惜

¹³⁰ a hill in my hometown was named after a war: 我的家乡的一座山是以一场战争命名的

¹³¹ is well-known for: 因...而闻名

¹³² the hot springs: 温泉

¹³³ give glowing reviews of: 给了很棒的评价

5. Is there any famous person in your hometown? (高频; 按照考生目前的反馈, 建议从历史人物的角度讲)

There're tons of well-known historical figures¹³⁴ who were born in my hometown. I think the most famous one would be Fan Zhongyan, who was a great politician and a writer with many legacies in literature¹³⁵ in the Song Dynasty. And one of his works is even included in high school textbooks nowadays.

6. How long have you lived in your hometown? / Do you think you will continue living there for a long time? (高频)

I've been living in my hometown since I was born. I've never thought about leaving my hometown because my entire social circle¹³⁶ is there and the cost of living is pretty low. However, I also want to work in a different city for a few years to broaden my horizons¹³⁷.

7. Is your hometown suitable for children to grow up in? (高频)

Well, I think everything is good¹³⁸ except the air pollution. There are tons of parks and museums in my hometown, so children can do tons of interesting and educational activities. But the air quality...you know, I often see the buildings outside my window looming in the smog¹³⁹...It really threatens children's health.

8. Do you prefer to live in the country or in the city? (高频)

I prefer living in the city. Don't get me wrong¹⁴⁰, the country has beautiful views. But the city is way more¹⁴¹ exciting to me. There are always cool things going on, and everything is convenient and close by¹⁴². Plus, there are more job opportunities and things to see and do in cities, especially big ones.

9. Do you want to live in the country in the future? (高频)

I'm not sure. But I don't think I would rule out¹⁴³ living in the country. Maybe when I'm ready to settle down, I could move to the country and enjoy the peace and quiet¹⁴⁴ there. It's really hard to tell where life will take me¹⁴⁵. I might want to just keep living in the city.

见下页

¹³⁴ historical figures: 历史人物

¹³⁵ a writer with many legacies in literature: 一个留下了很多文学遗产的文学家

¹³⁶ my entire social circle: 社交圈

¹³⁷ broaden my horizons: 拓宽眼界, 增长见识

¹³⁸ 还可以说: all aspects of my hometown are good

¹³⁹ looming in the smog: 在烟雾中朦朦胧胧看不清

¹⁴⁰ Don't get me wrong: 不要误会我

¹⁴¹ way more: 更多...

¹⁴² close by: 在附近

¹⁴³ rule out: 排除

¹⁴⁴ enjoy the peace and quiet: 享受那里的和平与宁静

¹⁴⁵ It's really hard to tell where life will take me: 很难预测我的生活会是怎样的

10. Is that a big city or a small place?

My hometown isn't a major city in China but it's not small either. As far as I know, it has a population of 5 million people. So the urban area is always crowded with people. It's also the largest city of the province by land area¹⁴⁶.

11. Do you like the city you are living in now?

Yeah, I really love it. When I moved here, I thought it was overwhelming¹⁴⁷. But now I can't imagine living anywhere else. There are always cool things happening here. For example, a lot of singers come to our city for their concerts. It definitely keeps me on my toes¹⁴⁸.

12. How long are you going to stay there?

I have no idea. It really depends on¹⁴⁹ where I can work. I'll stick around¹⁵⁰ if I can find a decent job after graduation. Otherwise, I won't be able to stay there and I'll have to go back to my hometown, since living in Jinan practically costs an arm and a leg¹⁵¹.

13. Is there anything you dislike in your city?

I love the city I live in. But of course, every rose has its thorn¹⁵². Sometimes, the buses are really slow here. So as a commuter, I often get fed up with¹⁵³ having to wait for long periods of time. I just want to get places on time, but the public transportation can make that easier said than done.

14. Is there anything that you dislike about your hometown?

Yes, I suppose so. One thing I'm not satisfied about with my hometown is the traffic there. Lots of drivers don't follow the traffic rules and often have road rage¹⁵⁴, so road accidents in my hometown are common and often fatal.

(Copyrights to 雅思过过过淘宝店铺)

¹⁴⁶ by land area: 从土地面积来说

¹⁴⁷ overwhelming: 有一点失落

¹⁴⁸ keeps me on my toes: 对某事保持警觉; 这里指我会一直关注有哪个喜欢的明星来看演唱会

¹⁴⁹ It really depends on: 取决于...

¹⁵⁰ stick around: 就待在这里

¹⁵¹ costs an arm and a leg: 花销相当的大

¹⁵² every rose has its thorn: 每朵玫瑰都带刺, 事物都有优缺点

¹⁵³ get fed up with: 对...感到厌烦

¹⁵⁴ road rage: 路怒症

Topic 6 Daily routine

1. Do you have a daily routine? / what's your daily routine? (高频)

Yes, I have a daily routine. In the morning, I get up and have a nice breakfast. Then I start work. I work from home¹⁵⁵, so I can take a break and make lunch for myself. After work, I like relaxing by watching TV or hanging out with friends¹⁵⁶. At night, I'll read a book and then go to bed.

2. What do you usually do in the mornings? /What's your morning routine? (高频)

Well, mornings really aren't my cup of tea¹⁵⁷, so usually I stay in bed for a while and scroll through social media¹⁵⁸ until I feel more awake. After that, I take a shower, get dressed, eat breakfast, brush my teeth, and make sure I look put together¹⁵⁹ before I start the day.

3. What part of your day do you like best? (高频)

I think my favorite part of the day is when I'm done work. I can make a nice dinner for myself, or maybe even go out with friends. It's just nice to know that I'm off the clock¹⁶⁰ and I don't have to report to anyone. I can enjoy my free time before the next work day begins¹⁶¹.

4. Have you ever changed your routine?

Yes, I've had to change my routine a lot of times. When I was a student, I changed my routine based on my classes and how much homework I had. Then, the first time I got a job, I had to rearrange my personal life¹⁶². I had to get used to waking up early for morning shifts¹⁶³.

5. Do you think it is important to have a daily routine for your study?

Yes, I think it's really helpful to make a daily routine for studies. It helps you stay focused and get things done. If you just wing it every day¹⁶⁴, you might get distracted and unmotivated. Having a daily routine makes your studies easier to get through. It keeps you on track¹⁶⁵.

(Copyrights to 雅思过过过淘宝店铺)

¹⁵⁵ work from home: 家中工作

¹⁵⁶ relaxing by watching TV or hanging out with friends: 看看电视或者和朋友玩来放松

¹⁵⁷ aren't my cup of tea: 不是我喜欢的

¹⁵⁸ scroll through social media: (直白翻译就是醒在床上翻手机看) 浏览社交媒体

¹⁵⁹ look put together: 看起来打扮的整齐漂亮

¹⁶⁰ I'm off the clock: 我下班了; off the clock 有打卡下班的意思

¹⁶¹ enjoy my free time before the next work day begins: 在第二个工作日开始之前好好享受我的自由时间

¹⁶² rearrange my personal life: 重新安排我的个人生活

¹⁶³ get used to waking up early for morning shifts: 要让自己习惯早起去上早班

¹⁶⁴ wing it every day: 每天随意的过日子; wing it 有毫无准备或练习, 即兴而为的意思

¹⁶⁵ keeps you on track: 让你保持在(生活的)正轨上

Topic 7 Mirrors

1. Do you like looking at yourself in the mirror? How often? (高频)

Well, I'm not a vain person¹⁶⁶. I don't really like looking at myself in the mirror very often. Of course, I'll check to make sure that I look okay¹⁶⁷ before leaving the house. But I don't spend a lot of time looking at my own reflection¹⁶⁸.

2. Have you ever bought mirrors? (高频)

Yes, I actually bought a small compact mirror¹⁶⁹ a few years ago. It's helpful for when you go out and you want to quickly check your reflection. I also bought a tall antique mirror¹⁷⁰ for my room. It looks so fancy. It's a very classy mirror that I really enjoy.

3. Would you use mirrors to decorate your room? (高频)

Yes, I would for sure. I love having mirrors, especially big ones in my bedroom. I think mirrors can make the room feel bigger than it actually is¹⁷¹. Besides, I love how mirrors make my room brighter since they reflect light instead of absorbing it¹⁷².

4. Do you use mirrors in clothing stores when you buy clothes? (高频)

Yes, I like to look at the mirror when I try on clothes. It's important to see if the clothes fit my body right¹⁷³. It's also good to see if the colour matches your skin tone¹⁷⁴. Checking my reflection helps me decide if I should buy the clothes or not.

5. Do you usually take a mirror with you?

No, I don't usually take a mirror with me. Sometimes, if I remember¹⁷⁵, I'll bring a small compact mirror. That's only if I think I need to check my reflection while I'm out. But most of the time, I'm not too worried about my appearance¹⁷⁶. So I don't need to have a mirror with me¹⁷⁷.

(Copyrights to 雅思过过过淘宝店铺)

¹⁶⁶ I'm not a vain person: 我不是一个虚荣的人（爱炫耀的，注重表面的）

¹⁶⁷ I look okay: 看起来还不错的样子

¹⁶⁸ looking at my own reflection: （照镜子等）看自己的样子

¹⁶⁹ small compact mirror: 随身携带小镜子

¹⁷⁰ antique mirror: 古董镜子

¹⁷¹ make the room feel bigger than it actually is: 空间比实际看上去感觉更大

¹⁷² reflect light instead of absorbing it: 反射光线，而不是吸收光线

¹⁷³ if the clothes fit my body right: 如果衣服合身的话

¹⁷⁴ if the colour matches your skin tone: 如果这个颜色和你的肤色很搭

¹⁷⁵ if I remember: 如果我能记得的话（意指不一定天天带）

¹⁷⁶ I'm not too worried about my appearance: 我不太在意外表

¹⁷⁷ have a mirror with me: 随身带镜子

Topic 8 Dreams

1. Can you remember the dreams you had? /Do you often remember your dreams? (高频)

Yeah, I can remember my dreams pretty often. They usually don't make any sense¹⁷⁸, though. It always makes my friends laugh when I share the details. They definitely make for interesting conversation topics. But usually I have to write my dreams down as soon as I wake up, or I won't be able to remember them in full¹⁷⁹.

2. Do you think dreams have special meanings? (高频)

Yes, I think that in some cases¹⁸⁰, dreams have special meanings. They may represent people's fears or desires¹⁸¹. For example, many students have dreams about failing exams during finals season¹⁸². Besides, some people have dreams of becoming rich or marrying someone they have a crush on¹⁸³. Those types of dreams can be very revealing.

3. Why do people have dreams? (高频)

Well, I don't know a lot about the human brain. But I think that people have dreams as a way of dealing with all the emotions and memories they have¹⁸⁴. Dreaming is just your body's way of expressing thoughts and feelings¹⁸⁵. A lot of people dream about things they want as well.

4. Have you studied any subjects or courses about dreams? (高频)

No, I've never studied anything related to dreams. I think it would be really interesting to take a course about dreams. I would love to know why we have dreams in the first place¹⁸⁶. It would also be fun to learn how to interpret dreams¹⁸⁷. It'd be great to know what my dreams mean.

见下页

¹⁷⁸ usually don't make any sense: 通常（这些梦境）没有任何意义

¹⁷⁹ remember them in full: 完整的把所有细节都记住

¹⁸⁰ in some cases: 在一些情况下

¹⁸¹ represent people's fears or desires: 代表了人们的恐惧或欲望

¹⁸² during finals season: 在期末考试期间

¹⁸³ marrying someone they have a crush on: 嫁（娶）喜欢的人

¹⁸⁴ people have dreams as a way of dealing with all the emotions and memories they have: 人们做梦是一种（大脑）处理所有情感和记忆的方式

¹⁸⁵ just your body's way of expressing thoughts and feelings: 只是一种你身体来自我表达思想和感受的方式

¹⁸⁶ in the first place: 起初；一开始

¹⁸⁷ how to interpret dreams: 如何解梦

5. Do you share your dreams with others?

I don't usually share my dreams with other people. Sometimes, if I have a really weird or funny dream, I might tell my family or friends. But in general, my dreams are pretty random¹⁸⁸. They don't make a lot of sense. So I don't take up people's time by¹⁸⁹ talking about my dreams.

6. Are you interested in others' dreams?

Yeah, it's very interesting to hear about other people's dreams. Sometimes dreams reveal hidden secrets or desires¹⁹⁰. I think that you can learn a lot about a person depending on their dream. But most of the time, dreams are just really funny and strange. So they're fun to hear about.

7. Do you want to make your dreams come true?

Well, sometimes my dreams are really weird. And they don't make any sense. So I don't think they should come true. I've had a couple cool dreams where I get to talk to celebrities¹⁹¹. So I guess it would be fun if those dreams came true. But otherwise¹⁹², I think they should stay dreams¹⁹³.

(Copyrights to 雅思过过过淘宝店铺)

¹⁸⁸ my dreams are pretty random: 我的梦比较乱;
random 此处指“随机; 不固定”

¹⁸⁹ take up people's time by: 让别人花时间来...; 花别人的时间来...

¹⁹⁰ reveal hidden secrets or desires: 揭示出隐藏的秘密或个人的欲望

¹⁹¹ I've had a couple cool dreams where I get to talk to celebrities: 我曾经做过几个很酷的梦, 梦里我在和名人们聊天。

¹⁹² otherwise: 除此之外

¹⁹³ they should stay dreams: 梦就只是梦就好 (不需要成为现实)

Topic 9 Taking photos

1. Do you like taking photos? (高频)

Yes, I really like taking photos. It's a fun way to document my day¹⁹⁴. If I see something interesting, like a cool flower or a pretty building, I can take a picture so I'll remember later on. It's also great to take photos with friends. You can capture a lot of happy memories that way¹⁹⁵.

2. Do you want to improve your picture taking skills? (高频)

It would be great to improve my picture-taking skills sometime. I don't think I have the time to hire a professional to teach me. But I think that watching some online tutorials¹⁹⁶ would make a world of difference¹⁹⁷. It'd be great to learn about different camera settings¹⁹⁸ and tips for good lighting¹⁹⁹.

3. Do you like taking selfies? (高频)

Yes, sometimes I like taking selfies. When I get dressed up, I like to take a picture of myself to capture the moment²⁰⁰. It's just nice to have good photos of yourself. It can make you feel more confident. But I try not to take too many selfies. Otherwise, it makes you vain²⁰¹.

4. What is your favorite family photo? (高频)

I really like a family photo we took on vacation. My family and I went to a beautiful town by the sea²⁰². We all went to the beach and someone offered to take a photo of us²⁰³. In the picture, you can see the ocean in the background. We all look very happy together.

(Copyrights to 雅思过过过淘宝店铺)

¹⁹⁴ document my day: 记录我的一天

¹⁹⁵ capture a lot of happy memories that way: 用这种方式把很多快乐的回忆拍了下来

¹⁹⁶ online tutorials: 在线教程

¹⁹⁷ make a world of difference: 有非常大的不同；大不相同

¹⁹⁸ different camera settings: 不同的相机设置

¹⁹⁹ tips for good lighting: 很棒的用光的技巧

²⁰⁰ take a picture of myself to capture the moment: 拍一张自己的照片来捕捉那一刻

²⁰¹ Otherwise, it makes you vain: 否则的话会让你看上去很虚荣（贪图外表的人）

²⁰² a beautiful town by the sea: 一个美丽的海边小镇

²⁰³ someone offered to take a photo of us: 有人主动提出要给我们拍张照片

Topic 10 E-mail

1. How often do you write an email? / Do you often send emails? (高频)

I don't really write emails that often, to be honest. My friends and I mostly chat freely through WeChat, or we'll even call each other once in a blue moon²⁰⁴. I get tons of emails as a student, but other than²⁰⁵ asking teachers about assignments, I don't tend to write them.

2. Do you prefer contacting others by text messages or emails? (高频)

I definitely prefer text messages. Most of my friends don't even check their emails that often, so it's a lot easier to get a hold of²⁰⁶ them over text. Plus, emails are really formal. I feel like texts can get to the point²⁰⁷ a lot quicker and they don't have to be as serious²⁰⁸.

3. When would you send emails to others? (高频)

I usually send emails if it's for professional reasons²⁰⁹. As a student I mostly just emailed my teachers about assignments²¹⁰. And I have a part-time job, so I also email coworkers if I'm trying to communicate with them at work. For example, I often need to email my boss to report my work.

4. Do you prefer contacting others by talking on the phone or sending emails? (高频)

I prefer talking on the phone. It's easier to connect with someone when you can hear their voice. Sometimes, email can be too formal. It's good for professional purposes²¹¹. But if I want to talk to a friend, I like having a conversation over the phone²¹². So phone calls are nicer and more personal²¹³.

见下页

²⁰⁴ once in a blue moon: 频率低，很罕见

²⁰⁵ other than: 除了...

²⁰⁶ get a hold of: 联系、联络

²⁰⁷ get to the point: 直奔主题

²⁰⁸ as serious: 注意这里 as 是修饰程度的(发短信不需要很严肃正式)

²⁰⁹ if it's for professional reasons: 如果是出于职业(专业)原因

²¹⁰ assignments: 作业；任务

²¹¹ It's good for professional purposes: 这(电邮)对于一些出于职业的目的来说很好

²¹² having a conversation over the phone: 在电话里交谈聊天

²¹³ more personal: 更私人

5. Is sending emails popular in China?

No, I don't think that sending emails is very popular in China. I think people prefer to talk over instant-messaging²¹⁴, or even phone calls. It's a lot easier, and sometimes it's quicker too. In general, emails are sent for professional purposes. They're much more formal than other modes of communication²¹⁵.

6. Do you think sending emails will be more or less popular in the future?

I would say²¹⁶ sending emails will be less popular in the future. People usually just text, instant-message, or call each other. And I think that in the future, that'll be even more common. Even in the workplace, things are getting more casual when it comes to communication²¹⁷. So I don't think emails will get more popular.

(Copyrights to 雅思过过过淘宝店铺)

²¹⁴ talk over instant-messaging: 用即时通讯软件聊天

²¹⁵ other modes of communication: 其他交流方式

²¹⁶ I would say: 我会说; 可以同意替换 I think

²¹⁷ things are getting more casual when it comes to communication: 在沟通交流方面, 正变得越来越随意 (也变得不那么正式)

Topic 11 Sports

1. Do you like watching sports programs on TV? (高频)

I'm not a big sports fan²¹⁸. But sometimes I enjoy watching basketball. It's such an interesting, fast-paced sport²¹⁹. I always prefer watching games on my big flat-screen TV²²⁰ over laptops or cellphones. The picture is way better, which means you can see a lot more details. And it's just so cozy to sit on my comfy couch and watch a good game.

2. Do you watch live sports games? (高频)

I don't usually watch live sports games. Tickets to those kinds of events can be very expensive. Sometimes I watch a live game if it's streaming online²²¹ or if it's on TV. I always have a blast²²² watching a game with a bunch of friends in front of a screen. But I'm sure it would be really cool to go to a game²²³ sometime.

3. Do you like to watch live sports games alone or with others? (高频)

I definitely like watching live sports games with others. I don't know a ton about sports, so I don't really enjoy watching them when I'm by myself. But when I'm with people who love the game and get really invested²²⁴, it makes it more entertaining. It's really fun to cheer along with your friends²²⁵.

4 Who do you like to watch sports games with? (高频)

I really like watching sports games with my brother. He's a huge fan of²²⁶ sports, so he knows all the rules and he can explain what's going on. He gets very passionate when he thinks the referee has made the wrong call²²⁷. It's fun to watch him get excited about the game.

5. What kinds of games do you expect to watch in the future?

I've started getting more interested in²²⁸ football. So I think I'll watch some games on TV. It's fun to pick a team to support²²⁹ and watch their games. Plus, the football team in my hometown has always been one of the best in China. So I will definitely try to watch more of their games.

(Copyrights to 雅思过过过淘宝店铺)

²¹⁸ I'm not a big sports fan: 我不是一个铁杆体育迷

²¹⁹ fast-paced sport: 快节奏的运动

²²⁰ big flat-screen TV: 大平板电视

²²¹ streaming online: 在线直播

²²² have a blast: 过的(玩的)很开心

²²³ go to a game: 去现场看比赛

²²⁴ get really invested: 非常投入

²²⁵ cheer along with your friends: 和朋友一起欢呼

²²⁶ a huge fan of: ...的大粉丝; 指非常喜欢...的人

²²⁷ the referee has made the wrong call: 裁判做出错判; 裁判吹错哨

²²⁸ I've started getting more interested in: 我对...越来越感兴趣了

²²⁹ pick a team to support: 选择一个支持的球队

Topic 12 Cinemas

1. Did you usually go to the cinema when you were a kid? (高频)

Yeah, as a kid I went to the cinema with my parents a lot. It was nice to go to the movies as a family²³⁰. On the way home²³¹, we talked about our favourite parts of the movie and bonded that way²³². Sometimes, they even let me invite my friends so we could all go together.

2. Do you usually go to the cinema with your friends? (高频)

Yes, I really like going to the cinema with my friends. It's a fun bonding experience²³³. We always get into heated debates²³⁴ after the movie. We'll argue about if the plot was good or if we liked the acting. It's always a good time watching the latest movie with them.

3. Do you still like watching the movies you liked when you were a kid? (高频)

There are some movies that I still enjoy. When I was a kid, I liked a lot of animated movies. Most of them are still fun to watch. But I think it's because I'm nostalgic about them²³⁵. My taste in movies has definitely changed a lot, so I've outgrown²³⁶ some of the movies I liked as a kid.

4. Do you prefer watching movies at home or at the cinema? (高频)

I usually prefer watching movies at the cinema. Sometimes the other audience members can be distracting. But overall²³⁷, it's a better experience as a viewer. The sound system and the huge screen make the movie come to life²³⁸. Plus, sometimes the audience reactions²³⁹ actually make the viewing experience more fun.

²³⁰ go to the movies as a family: 一家人一起去看电影

²³¹ On the way home: 在回家路上

²³² bonded that way: 以那种方式来（交流）增进感情

²³³ a fun bonding experience: 一个有趣的增进感情的经历

²³⁴ get into heated debates: 陷入激烈的争论

²³⁵ I'm nostalgic about them: 我对它们（那些动画片）很怀念；怀念小时看的那些动画片

²³⁶ outgrown: (年龄)太大了不适合；注意 out 是一个常用的前缀，可以系统性的查阅学习

²³⁷ But overall: 但是总的来说

²³⁸ make the movie come to life: 让电影（画面）变得像真的一样

²³⁹ audience reactions: 观众的反应

Topic 13 Art

1. Do you like drawing? (高频)

Yes, I really enjoy drawing. It's a great way for me to relax and get away from the stress of work for a while²⁴⁰. I wouldn't say²⁴¹ I'm the most talented artist. But I really enjoy the pieces that I've made. I put a few of them on the walls in my room. It makes the space feel special.

2. Do you like to go to the gallery? (高频)

Yeah, I like going to galleries. I don't always understand every piece of art²⁴² that I see. But I don't think you have to understand art in order to enjoy looking at it. I think it's really fun to go with a friend and have conversations about the different paintings and sculptures. You can end up with some interesting observations²⁴³.

3. Did you learn drawing/painting when you were a kid? (高频)

Yes, I learned to draw when I was a kid. My mom is really good at it. She taught me everything I know. We would always spend time drawing things together. Drawing birds was my favourite. It was a fun way for us to bond²⁴⁴. I'm glad I got to learn from her.

4. Do you want to learn more about art? (高频)

Yes, I'd love to learn more about art. I never took any art classes in high school or university. So I would be interested in learning about different art styles and techniques²⁴⁵. It would even be fun to learn about art history. It's something I hope I have time for one day.

(Copyrights to 雅思过过过淘宝店铺)

²⁴⁰ get away from the stress of work for a while: 暂时摆脱工作的压力

²⁴¹ I wouldn't say: 我不会说..., 我不认为...

²⁴² every piece of art: 每一件艺术品

²⁴³ end up with some interesting observations: 得到一些有趣的观察结果; 观察到一些有趣的值得讨论的点

²⁴⁴ bond: 增进感情

²⁴⁵ learning about different art styles and techniques: 学习不同的艺术风格和技巧

Topic 14 Cars

1. Did you like traveling by car when you were a kid? (高频)

Yes, I really liked traveling by car when I was a kid. It always felt really exciting, especially if we were going somewhere far away. I liked staring out the window²⁴⁶ and watching everything go by²⁴⁷. Sometimes I got carsick²⁴⁸, which wasn't fun. But most of the time I liked going for car rides.

2. Do you prefer to be a driver or a passenger? (高频)

I prefer being a passenger. Sometimes it's nice to drive because you have control over the car²⁴⁹. But driving can also be very stressful, especially if there's a lot of traffic²⁵⁰. So I like to be a passenger and just relax.

3. What types of cars do you like? /What type of cars would you like to buy in the future? (高频)

I really like hybrid or electric cars²⁵¹. I think it's so cool that you don't need gas. You can just charge your car, pretty much the way you charge a phone. On the downside²⁵², those cars are super expensive. But they're good for the environment, so I would love to buy one.

4. Which color do you prefer for a car? (高频)

I really like dark blue or black for a car. Some people like flashier colors²⁵³, like red or yellow. But I think those are too attention-grabbing²⁵⁴. Darker colors are better for everyday use. It's just a matter of being practical. If you get your car dirty, it won't be as noticeable.

5. What do you usually do when there is a traffic jam?

Whenever there's a traffic jam, I usually listen to music and sing along to keep myself occupied²⁵⁵. Sometimes it's embarrassing if the other drivers can see or hear me. But I think it's a good way to keep myself from getting too worked up²⁵⁶. After all, there's not much you can do when you're stuck in traffic²⁵⁷.

(Copyrights to 雅思过过过淘宝店铺)

²⁴⁶ staring out the window: 盯着窗外; 看着窗外

²⁴⁷ watching everything go by: 看着路过的一切

²⁴⁸ got carsick: 晕车

²⁴⁹ have control over the car: 能控制汽车

²⁵⁰ there's a lot of traffic: 交通很拥挤

²⁵¹ hybrid or electric cars: 混合动力或电动汽车

²⁵² On the downside: 缺点是

²⁵³ flashier colors: 更闪亮的颜色

²⁵⁴ too attention-grabbing: 太引人注目

²⁵⁵ keep myself occupied: 让自己有事可做; 让自己不闲着

²⁵⁶ keep myself from getting too worked up: 让自己不要太烦

²⁵⁷ stuck in traffic: 堵车

Topic 15 Street Market

1. What do people usually buy at a street market? (高频)

I think it's common to buy special dishes at a street market. There are usually lots of food stalls²⁵⁸ where you can try amazing snacks. People also find unique objects at a street market. You can find antique items²⁵⁹, as well as handmade crafts. Sometimes you can also get vintage clothing²⁶⁰.

2. Do you prefer to go shopping at a shopping mall or at a street market? (高频)

I prefer shopping at a street market. Shopping malls may have brand-name stores²⁶¹, but street markets have unique items. I love finding antique or handmade objects. Plus, you can often barter²⁶² at a street market. So you can get a good deal on your purchase²⁶³. But at a shopping mall, the prices are fixed²⁶⁴.

3. When was the last time you went to a street market? (高频)

If memory serves correctly²⁶⁵, the last time I went to a street market was three or four years ago. I went with my friends. We decided we wanted to try some cool snacks. So we checked out all the food stalls²⁶⁶. We each picked something different. Then we shared all the food. Everything was so delicious.

4. Are there many street markets in China? (高频)

Yes, there are tons of street markets in China. China is a huge country with thousands of cities and towns. As far as I know, even the smallest towns have more than one street market, not to mention the cities²⁶⁷. You can't imagine how many street markets there are in total in China²⁶⁸.

(Copyrights to 雅思过过过淘宝店铺)

²⁵⁸ food stalls: 小吃摊

²⁵⁹ antique items: 古董玩意儿

²⁶⁰ vintage clothing: 旧式服装

²⁶¹ brand-name stores: 名牌商店

²⁶² barter: 讨价还价

²⁶³ get a good deal on your purchase: 买东西时买个好价钱

²⁶⁴ the prices are fixed: 价格是固定的

²⁶⁵ If memory serves correctly: 如果记得没错

²⁶⁶ checked out all the food stalls: 看了所有的小吃摊

²⁶⁷ not to mention the cities: 更不用说城市了

²⁶⁸ You can't imagine how many street markets there are in total in China: 你无法想象中国总共多少个街市

Topic 16 Websites

1. What kinds of websites do you usually use? (高频)

I tend to use social networking sites. I also use search engines²⁶⁹, of course. But when I'm online, I'm usually either checking my email or looking through social media²⁷⁰. Sometimes I like reading online magazines, so I also like to visit sites that have articles about the newest trends and topics in pop culture.

2. Are there any changes in the websites you usually use? (高频)

Well, there have definitely been²⁷¹ changes in which websites I use. For example, there are a lot more advertisements than there used to be. Besides, video websites have all added the bullet chatting function²⁷² in recent years, which allows users to send comments that fly across the screen like bullets²⁷³. It's really entertaining.

3. What is your favorite website? (高频)

Honestly, I spend the most time on Bilibili, which is a Chinese video sharing website²⁷⁴. There are so many interesting videos to check out. You can find cute animals, movie reviews, and tutorials for pretty much anything you can think of²⁷⁵. I could spend hours just clicking through different videos²⁷⁶.

4. What kinds of websites are popular in your country? (高频)

I think that social media sites are really popular. People spend a lot of time on sites like Weibo and Douban. They just want to stay connected with each other, and with everything going on in the world²⁷⁷. People also check the news online, so some major news sites are also pretty commonly used.

(Copyrights to 雅思过过过淘宝店铺)

²⁶⁹ search engines: 搜索引擎

²⁷⁰ looking through social media: 查看（浏览）社交媒体

²⁷¹ there have definitely been: 肯定（已经）有

²⁷² the bullet chatting function: 弹幕功能

²⁷³ fly across the screen like bullets: 像子弹一样穿过屏幕

²⁷⁴ video sharing website: 视频分享网站

²⁷⁵ tutorials for pretty much anything you can think of: 你能想到的任何方面的教程

²⁷⁶ clicking through different videos: 浏览不同的视频

²⁷⁷ stay connected with each other, and with everything going on in the world: 彼此保持联系，并能和世界上发生的一切保持联系；这句话是指社交网络提供的不仅是人与人的连接，并且能与社会和世界上发生的事情互动并且产生联系

Topic 17 Mobile phone

1. Do you remember your first phone? /What was your first mobile phone? (高频)

Yes, I do. I got my first phone, a Nokia N95²⁷⁸, when I was a teenager. It wasn't the newest model²⁷⁹. But I was really excited because I could finally text my friends. It's pretty old-fashioned by today's standards²⁸⁰. But it was perfect for me at the time.

2. Do you often use your mobile phone for texting or for calls? (高频)

I usually use my mobile phone for texting. I think that phone calls are more common among the older generations²⁸¹. For example, my parents almost never text. They just call me when they want to talk to me. But my friends and I always text. It feels more natural than a phone call²⁸².

3. Will you buy a new mobile phone in the future? (高频)

Yes, I think I'll buy a new smartphone in the future. I've had my current phone for a few years. It still works well, but I'd like to get a phone with a more advanced camera²⁸³. Since I take most of my photos on my phone, it would be nice to have a camera that can take higher-quality shots²⁸⁴.

4. How has your mobile phone changed your life?

My mobile phone is basically involved with every aspect of my life²⁸⁵. I communicate with everyone I know by using my phone, whether I'm texting them or messaging them over social media. So my phone has made staying in touch a lot easier²⁸⁶. It also helps me organize my day, do online shopping, and a million other things²⁸⁷.

(Copyrights to 雅思过过过淘宝店铺)

²⁷⁸ Nokia N95: 每个人手机不一样，请根据个人情况改动内容

²⁷⁹ It wasn't the newest model: 这不是最新的款式

²⁸⁰ It's pretty old-fashioned by today's standards: 以今天的标准来看，已经是非常过时的了

²⁸¹ among the older generations: 在老人中

²⁸² It feels more natural than a phone call: 这比打电话感觉更自然随意

²⁸³ get a phone with a more advanced camera: 买一部有高级摄像头的手机

²⁸⁴ take higher-quality shots: 拍出高质量的照片；拍出高清晰度的照片

²⁸⁵ is basically involved with every aspect of my life: 基本上和我生活的方方面面都有关系

²⁸⁶ made staying in touch a lot easier: 让我们更容易保持联系

²⁸⁷ and a million other things: 和其他无数的事情

Topic 18 Time management

1. How do you plan your time in a day? (高频)

Usually, I make a list of everything I need to do. Then I decide what needs to be done first. I also figure out how much time each task will take. Then I work my way through the list. It's a very helpful system²⁸⁸. It helps me get through²⁸⁹ each day.

2. Is it easy to manage time? (高频)

No, it's not always easy to manage time. Even if you have a list of things to do, you might get distracted and end up wasting time. So you have to stay very focused and dedicated. Sometimes things come up²⁹⁰ and you have to manage your time differently. It's not always easy to stick to the plan²⁹¹.

3. When do you find it hard to allocate time?

I find it hard to allocate time when I have a lot going on²⁹². For example, when I was in university, I was also working a part-time job. So it was hard to split my time between shifts at work and my homework²⁹³. It's difficult to figure out what part of your life deserves the most time²⁹⁴.

4. Do you like being busy?

For the most part²⁹⁵, I enjoy being busy. Whenever I have too much free time, I get really bored. Then I get lazy. I end up just lying around the house doing nothing. But when I'm busy, I feel like I have a purpose²⁹⁶. I have something to get me up in the morning²⁹⁷ and keep me motivated.

(Copyrights to 雅思过过过淘宝店铺)

²⁸⁸ It's a very helpful system: 这是个非常有用的方法

²⁸⁹ get through: 度过

²⁹⁰ things come up: 事情突然冒出来

²⁹¹ stick to the plan: 坚持计划

²⁹² have a lot going on: 事情很多; 有很多事情要做

²⁹³ split my time between shifts at work and my homework: 把时间分配到工作和作业之间

²⁹⁴ what part of your life deserves the most time: 你生活的哪一部分(哪些事)值得花最多的时间

²⁹⁵ For the most part: 在大多数情况下

²⁹⁶ I feel like I have a purpose: 我觉得我是有目标的

²⁹⁷ get me up in the morning: 让我早上能一下子起来; 这是一个比喻用法, 是指让自己有生活动力

Topic 19 Lost and found

1. What will you do if you find something lost by others? (高频)

It depends on the situation. If I find someone's things in a public place like a mall, I'll leave it with the lost and found²⁹⁸. Or I can give it to security. But if it's on the street, I tend to just leave the stuff there in case²⁹⁹ the person comes back looking for it.

2. Have you ever lost things? (高频)

Yes, I've lost lots of things before. The most frustrating thing to lose is³⁰⁰ a house key. I've lost that a couple times and had to get it replaced³⁰¹. One time, I even lost my phone while I was shopping at the mall. Luckily, someone turned it in³⁰² and I got it back.

3. Do you report to the police when finding something lost by others? Why? (高频)

It depends on the value of the lost items. If it's something replaceable or not that valuable³⁰³, like a key or a coin, I usually just leave it there. But if it's something valuable, like a cellphone or a wallet, I would definitely report it to the police. They can take care of finding and contacting the person who lost their stuff³⁰⁴.

4. Will you post on social media if you lose your item? (高频)

Normally³⁰⁵, I wouldn't post on social media if I lost something because I don't have many followers³⁰⁶ on social media platforms. So, if I lost something, like a wallet at a mall, I would check the lost and found³⁰⁷ instead of asking my followers.

(Copyrights to 雅思过过过淘宝店铺)

²⁹⁸ leave it with the lost and found: 把他放在失物招领处

²⁹⁹ in case: 以防万一

³⁰⁰ The most frustrating thing to lose is: 我丢过的最让我觉得懊恼的东西是...

³⁰¹ get it replaced: 换新的; 把它换了

³⁰² turned it in: 交上去了

³⁰³ not that valuable: 没那么有价值的

³⁰⁴ can take care of finding and contacting the person who lost their stuff: 能去找到并联系东西的失主

³⁰⁵ Normally: 一般来说

³⁰⁶ followers: 关注者; 加我好友的人

³⁰⁷ check the lost and found: 看看失物招领处

Topic 20 Memory

1. Why do some people have good memory while others just don't? (高频)

Well, some people keep their brains active³⁰⁸. They like doing things like learning a new language or playing a new instrument. That helps you keep your memory sharp³⁰⁹. Others are really busy and have too much going on in their brain. So they can't remember as much as other people.

2. Why do more people rely on cellphones to memorize things? (高频)

I think it's because cell phones are much more convenient. Unlike our brains, they don't get overwhelmed very easily. They can record information for much longer than we can. Also, people are just getting more dependent on technology³¹⁰. We're at risk of³¹¹ getting too lazy and depending too much on our phones³¹².

3. Are you good at memorizing things?

Well, I'm okay at memorizing things. I wouldn't say I have the sharpest memory³¹³. But I can always remember song lyrics, even if I've only heard the song a couple times. But I'm terrible at remembering people's names, especially when I'm just getting to know them.

4. Have you ever forgotten something that was important?

Yes, I've done this quite a few times. I can never remember people's birthdays. My mom had an important birthday coming up, and it totally slipped my mind³¹⁴. The day of³¹⁵, she was a little upset that I forgot to call and wish her a happy birthday. I felt really bad.

(Copyrights to 雅思过过过淘宝店铺)

³⁰⁸ keep their brains active: 保持他们的大脑活跃；这里是指有的人大脑很活跃

³⁰⁹ keep your memory sharp: 保持敏锐的记忆力

³¹⁰ getting more dependent on technology: 越来越依赖科技

³¹¹ We're at risk of: 面临...的风险

³¹² depending too much on our phones: 做什么事情都靠手机

³¹³ I wouldn't say I have the sharpest memory: 我不能说我记忆力特别好

³¹⁴ it totally slipped my mind: 我完全忘了

³¹⁵ The day of: 那天

Topic 21 Headphones

1. Do you use headphones? (高频)

Yes, I use headphones pretty often. It's a great way to help me tune out any distractions³¹⁶. Plus, listening to music is a much better experience when you have headphones on. You can hear everything more clearly. When I have headphones on, I can also turn up the music as loud as I want without bugging anyone³¹⁷.

2. What type of headphones do you use? (高频)

I really like using wireless headphones³¹⁸. When I use the ones with wires, they always get tangled up³¹⁹ and sometimes they fall out. So I have earbuds that I can use with Bluetooth³²⁰. It's so convenient. I also find that the sound quality is better. They're more expensive than I would like, but I think it's worth it overall.

3. When would you use headphones? What do you use headphones for? (高频)

I use headphones whenever I want to listen to music without bothering anyone³²¹. For example, I usually commute to school, so I use headphones so that I don't disturb the other passengers. I also like to use headphones for phone calls. I can walk around while talking on the phone without having to hold my phone next to my ear³²².

4. In what conditions will you not use headphones? (高频)

I don't use headphones if I really need to focus. Sometimes, listening to music can be more distracting than helpful³²³. So I'll take out my headphones and just work in silence³²⁴. Other times, I don't use headphones if I'm in public because I want to be aware of my surroundings³²⁵.

见下页

³¹⁶ tune out any distractions: 排除其他干扰

³¹⁷ without bugging anyone: 打扰不到任何人

³¹⁸ wireless headphones: 无线耳机

³¹⁹ get tangled up: (线)缠在一起

³²⁰ I have earbuds that I can use with Bluetooth: 我可以用蓝牙连接的耳机

³²¹ listen to music without bothering anyone: (想要)在不打扰别人的情况下听音乐

³²² without having to hold my phone next to my ear: 不用一直举着手机放在耳边

³²³ be more distracting than helpful: 更容易让人分心，而不是会有什么帮助

³²⁴ work in silence: 在安静的环境中工作

³²⁵ be aware of my surroundings: 注意周围的环境，留意周围会发生什么

5. Are headphones popular in your country?

Yeah, I think that headphones are pretty popular in my country. A lot of people commute to work and school every day. So they listen to music on their way. Headphones are great because you can listen to whatever you want, as loudly as you want, without bothering other people.

6. How long do you wear headphones a day?

I usually wear headphones on my commute³²⁶, which is an hour each way³²⁷. Sometimes I use them when I go for a walk at night. It's nice to listen to music while I walk around the neighborhood. So I would say that I probably spend three hours wearing headphones a day.

7. Do you think it's healthy to wear headphones or earphones?

I don't think you should have headphones on for too long. When you use headphones a lot, you can get used to listening to music at a loud volume. That might eventually damage your eardrums³²⁸. You might end up having hearing problems later on. But as long as you don't use headphones too often, you should be safe.

(Copyrights to 雅思过过过淘宝店铺)

³²⁶ on my commute: 在上下班路上

³²⁷ which is an hour each way: 单程一小时

³²⁸ damage your eardrums: 伤害你的耳鼓（耳膜）

Topic 22 Shoes

1. Do you like buying shoes? How often? (高频)

Honestly, I don't really like buying shoes that much. Finding the right style and size can take a long time. I always feel tired after I've been browsing for an hour. So I don't buy them that often, maybe a couple times per year. I get a few pairs and then I'm good for a long time³²⁹.

2. Have you ever bought shoes online? (高频)

Yes, I've bought shoes online. I wouldn't recommend it, since you can't try on the shoes and every website's sizing chart³³⁰ can be different. It can be hard to find which shoes will actually suit you. But a nice thing about online shoe shopping is that you have more choices.

3. How much money do you usually spend on shoes? (高频)

I want to get good-quality shoes, so I usually spend a hundred dollars on a pair. It's worth it for shoes that will last a long time. Cheaper shoes are more budget-friendly³³¹, but they wear out a lot quicker³³². When you have to replace them pretty often, it's actually more expensive in the long run³³³.

4. Which do you prefer, fashionable shoes or comfortable shoes? (高频)

I definitely prefer comfortable shoes. I don't really care that much about fashion. So even though it might be cool to have a certain style of shoe³³⁴, I would much rather have shoes that are comfy to walk in. In the long run, comfortable shoes are better for your feet anyways.

(Copyrights to 雅思过过过淘宝店铺)

³²⁹ I'm good for a long time: 很长一段时间我都不需要再买鞋

³³⁰ sizing chart: 鞋子的尺码表

³³¹ budget-friendly: 划算的

³³² wear out a lot quicker: 很快就会磨损，坏掉

³³³ in the long run: 从长远来看

³³⁴ have a certain style of shoe: 有某种特定风格的鞋

Topic 23 Handwriting

1. Do you like handwriting? / When do you write by hand? (高频)

I prefer typing most of the time, but I think there's something nice about handwriting. When I'm trying to plan something out³³⁵, I'll always write my thoughts down in a notebook. It makes me feel more organized. Plus, handwriting is a nice personal touch³³⁶ when you're giving someone a card for their birthday or another occasion.

2. Did you write more when you were a child? (高频)

Yes, I definitely wrote more when I was a kid. I used to write letters to my grandparents all the time. It was really fun to write the letters and get replies back³³⁷. Sometimes I wrote to my friends, but they didn't write as many letters as I did. It was a more old-fashioned way to talk³³⁸.

3. What needs to be written by hand these days? (高频)

I think that most cards and personal letters need to be written by hand. When it comes to special occasions like birthdays or graduation, it's much nicer to get a handwritten card than a text or an email. Some people even handwrite their wedding invitations, which I think is classy³³⁹ and wonderful.

4. Do you think handwriting is important?

I think handwriting is somewhat important³⁴⁰. When you're giving someone a gift, it's nice to handwrite a card so they feel special. Handwritten letters are also a great way to show someone that you care. I've also heard that handwriting your notes will help you memorize the content better. So for some purposes³⁴¹, it's definitely important.

见下页

³³⁵ plan something out: 为...做计划

³³⁶ personal touch: 个人的风格, 个性化

³³⁷ get replies back: 得到回复; 得到回信

³³⁸ a more old-fashioned way to talk: 一种更老式的谈话方式

³³⁹ classy: 有品位; 高级

³⁴⁰ somewhat important: 是比较重要的

³⁴¹ for some purposes: 在某些情况下

5. Which do you prefer, handwriting or typing?

I usually prefer typing. I like handwriting, but for the most part³⁴², using a computer is way faster and more convenient. For example, if I'm writing an essay for school, it would take me way too long to try and write it out. My hand gets cramps³⁴³ when I try to write for that long. Typing is a lot easier.

6. What's the difference between handwriting and typing?

Well, handwriting is definitely more personal³⁴⁴. Everyone has a unique style of handwriting, so it's kind of like putting your personality on a page³⁴⁵. Typing is much more efficient though. Even if you're slow at typing, chances are that³⁴⁶ you'll get more done than if you were writing by hand.

(Copyrights to 雅思过过过淘宝店铺)

³⁴² but for the most part: 但是大多数情况下

³⁴³ My hand gets cramps: 我的手会抽筋

³⁴⁴ more personal: 更个人; 更私人; 更个性

³⁴⁵ putting your personality on a page: 把你的个性展示在纸上

³⁴⁶ chances are that: ...是有可能的

Topic 24 Science

1. Do you like science? Do you think it is difficult? (高频)

I'm not a huge fan of³⁴⁷ science, to be honest. I think it's interesting, but I can never seem to wrap my head around³⁴⁸ the more complicated concepts. In high school, science was one of my weaker subjects. I'm definitely glad that other people are doing important work in that field.

2. When did you start to learn about science? (高频)

Like most people, I started learning about science in elementary school. The first thing I can remember learning about is magnets³⁴⁹. The teacher showed us how magnets could attract and repel each other³⁵⁰. I remember that it was really fun to play around with magnets and feel the magnetic force between them.

3. Which science subject is interesting to you? (高频)

I think that out of all the subjects³⁵¹, biology is the most interesting to me. It's so fascinating to learn how the human body works. I also like hearing facts about animal biology. It's really fun to learn about. Plus, we have much more in common with³⁵² animals than one might think!

4. What kinds of interesting things you have done with science? (高频)

Well, when I was in high school, we actually got to do a dissection of a frog³⁵³. It might sound gross, but it was helpful for educational purposes. And I actually did learn a lot about the different body parts. I remember that my partner was really freaked out³⁵⁴. But I found it really interesting.

5. Have you ever attended a science lecture? Do you feel it's easy or difficult?

I took one science class in university. It wasn't too hard to follow along with³⁵⁵ because it was about psychology. Psychology is surprisingly easy to understand³⁵⁶. A lot of it is common sense³⁵⁷. But there are definitely some parts about the human mind that are difficult to learn about. It's a really cool subject though.

(Copyrights to 雅思过过过淘宝店铺)

³⁴⁷ I'm not a huge fan of: 我不是很喜欢...

³⁴⁸ wrap my head around...: 理解某个特别难懂的事情

³⁴⁹ magnets: 磁性

³⁵⁰ how magnets could attract and repel each other: 磁铁是如何相互吸引和排斥的

³⁵¹ out of all the subjects: 在所有科目中

³⁵² have much more in common with: 和...有很多共同之处

³⁵³ do a dissection of a frog: 解剖青蛙

³⁵⁴ freaked out: 吓坏了的

³⁵⁵ follow along with: 跟不上(课程内容); 能理解(课程内容)

³⁵⁶ surprisingly easy to understand: 非常容易理解

³⁵⁷ common sense: 常识

Topic25 Lost (New places)

1. Have you ever been lost? (高频)

Yes, I've definitely been lost before. Once, I was visiting my friend in a different city. Even though they gave me really specific directions, I ended up going the wrong way. Instead of just turning around, I tried to find a different route. But I got way in over my head³⁵⁸. I had no idea where I was.

2. Have you ever helped someone who got lost? (高频)

Yes, I've done that a couple of times³⁵⁹. Since I live in a major city, it's common for tourists to ask for directions. A few weeks ago, I helped a couple find the museum they were looking for. I could tell³⁶⁰ they were really nervous to approach me³⁶¹, but I didn't mind at all.

3. Will you read a map if you get lost (or if you go to a new place)? (高频)

I don't usually read maps. I'm definitely used to my phone's map app³⁶² leading me places. Whenever I feel I can't figure out directions, I just look up the address and use my smartphone to navigate. So technically³⁶³, I won't need to read the map, I could just follow the instructions and get to the destination.

4. What do you do if you get lost? (高频)

The first thing I do when I get lost is to retrace my steps³⁶⁴. I try to work backwards³⁶⁵ so that I can eventually find the place I started from. If I can't remember where I was before, I'll look up where I am on my maps app. Or I might ask someone to point me in the right direction³⁶⁶.

见下页

³⁵⁸ I got way in over my head: in over my head 意为“让自己处在困境中”

³⁵⁹ a couple of times: 一两次

³⁶⁰ I could tell: 我可以感受到，我可以辨别出

³⁶¹ to approach me: 接近我

³⁶² used to my phone's map app: 习惯了（用）手机上的地图应用

³⁶³ technically: 技术上来说；严格意义上来说

³⁶⁴ retrace my steps: 走回头路；往回走

³⁶⁵ work backwards: 反推；倒推（注意这里不是 walk）；意指

³⁶⁶ point me in the right direction: 给我指出正确的方向

5. Do you feel nervous when you travel to new places?

Yes, I definitely feel nervous when I'm travelling somewhere new. If it's a country where I don't speak the language, I feel really out of place³⁶⁷. It's hard to feel comfortable when you don't know what people are saying around you. But it's really exciting to explore a new place. It's worth feeling uncomfortable from time to time³⁶⁸.

6. What places do people get lost easily?

I think people usually get lost in major cities. Sometimes it can be hard to tell the streets apart³⁶⁹, especially when there's so much going on around you. They can also get lost in the countryside since the roads aren't always marked very clearly³⁷⁰. It's even harder to navigate at night.

7. What was the last new place you visited?

The last new place I visited was a small town an hour away from the city I live in³⁷¹. I decided to go on a day trip³⁷² with my friends. There were lots of little shops that we visited. They all had really unique items. Plus, there was a beautiful park that we hung out at for a while.

8. How is it different from other places?

This town was definitely very different from the major cities close by³⁷³. It wasn't as crowded or noisy³⁷⁴. There were lots of little shops instead of big chain stores. And there was also a lot more nature. I saw tons of trees and flowers, which you don't get to see in big cities as much³⁷⁵.

(Copyrights to 雅思过过过淘宝店铺)

³⁶⁷ feel really out of place: 感觉很不自在

³⁶⁸ from time to time: 有时候

³⁶⁹ it can be hard to tell the streets apart: 很难把街道区分开来

³⁷⁰ the roads aren't always marked very clearly: 道路并不总是标记得很清楚:

³⁷¹ an hour away from the city I live in: 离我住的城市有一小时的路程

³⁷² go on a day trip: 进行一个一日游

³⁷³ close by: 在附近的

³⁷⁴ wasn't as crowded or noisy: 没有那么拥挤或嘈杂:

³⁷⁵ as much: 这么多的; 如此多

Topic26 APP

1. Have you downloaded any new apps recently? Why did you download it? (高频)

I just downloaded a new photo-editing app. I don't use it to do any big changes. I think it looks weird when you edit too many things about your appearance³⁷⁶. But it's nice trying out different filters³⁷⁷. I like posting on social media, but I want to make sure that my pictures look good before I share them.

2. What kinds of apps do you often use? (高频)

Well, I have plenty of different kinds of apps on my smartphone. But the app I use the most is Weibo, which is kind of the Chinese version of Twitter but way more entertaining³⁷⁸. It's very fun and easy to use. I basically check the updates on it³⁷⁹ every five minutes.

3. What was the first App you used? (高频)

I think the first app I ever used was an instant messaging app³⁸⁰ called QQ. You could basically just friend others with³⁸¹ their QQ number. I had a ton of fun friends on QQ who I got acquainted with on the internet³⁸². Back when smartphones weren't popular, everyone, mostly young people, used QQ as their first choice for online messaging.

4. What kinds of apps are you usually interested in? (高频)

I usually like apps that involve pictures³⁸³. It's fun to edit your own photos, or to take pictures and have the app identify what's in them³⁸⁴. For example, I downloaded a nature app that will tell you what kind of plant you've taken a picture of. I think that's a cool way to learn about the world around you.

见下页

³⁷⁶ edit too many things about your appearance: 对外表做过度修图

³⁷⁷ filters: 滤镜

³⁷⁸ way more entertaining: 更具有娱乐性，更好玩；way 起强调修饰的作用

³⁷⁹ check the updates on it: (到微博上) 看看有什么更新了的新闻

³⁸⁰ instant messaging app: 即时通讯软件

³⁸¹ friend others with: 加别人为好友

³⁸² got acquainted with on the internet: 在网上认识的

³⁸³ apps that involve pictures: 和图片相关的应用

³⁸⁴ to take pictures and have the app identify what's in them: 拍照识别的应用程序；拍好照片让应用软件识别所拍的东西是什么

5. What kind of apps do you want to see in the future?

I want to see more apps that change the way you look at your surroundings. It would be cool if you could open your camera and the app would project images or even videos onto what you're seeing³⁸⁵. There was a version of that with Pokémon Go³⁸⁶, which was really viral³⁸⁷ because everyone loved seeing the Pokémon around them.

6. How do you find different apps?

I have a ton of different apps on my phone. Some of them are recommended to me by friends. For example, my best friend showed me a cool study app that helps you memorize your notes. Other times³⁸⁸, an ad will show me an app and I'll actually be interested in it.

(Copyrights to 雅思过过过淘宝店铺)

³⁸⁵ project images or even videos onto what you're seeing: 将图像甚至视频投射到你所看的东上

³⁸⁶ There was a version of that with Pokémon Go: 有一种 Pokémon Go 这样的版本

³⁸⁷ viral: 流行' 迅速走红

³⁸⁸ Other times: 其他时候, 还有的时候

Topic27 Pets

1. Have you ever had a pet before? (高频)

Yes, I've had a pet before. When I was little, my family got a cat. It was a really sweet cat that loved getting attention³⁸⁹. Now that I'm living on my own, I have a small dog. He only comes up to my knees³⁹⁰. He's really energetic and loves going for walks. I spend a lot of my day with him.

2. What animal would you like to keep as a pet? (高频)

Well, I'd like to have a pet snake. Some people are freaked out by snakes, but I think they're cute. It's just hard to take care of them. They require a lot of care and effort. But it would be really cool to have an exotic pet³⁹¹.

3. What's the most popular animal in China? (高频)

I think cats and dogs are probably the most popular animals in China. They're the most common household pets³⁹² because they're pretty easy to take care of. Cats don't require a lot except for food and a place to sleep. Dogs might take up more of your time³⁹³ but they make great companions³⁹⁴.

4. Where do you prefer to keep your pet, indoors or outdoors? (高频)

I prefer having my pet indoors. Some people have outdoor cats, but I would be too worried about the cat getting stolen or lost. Having a pet inside means that they can keep you company throughout the day³⁹⁵. It's so nice to bond with³⁹⁶ an animal. I really love spending time with my own dog.

5. What's your favorite animal? Why?

Well, I'm crazy about pandas. They look like giant teddy bears, but with striking³⁹⁷ black and white markings. And they have black eye patches³⁹⁸ that make them look pretty funny. I mean, no animals are more adorable than pandas, are they?

(Copyrights to 雅思过过过淘宝店铺)

³⁸⁹ loved getting attention: 喜欢被关注

³⁹⁰ comes up to my knees: (它高度只)到我的膝盖

³⁹¹ have an exotic pet: 养一只不同寻常的宠物

³⁹² household pet: 家养宠物

³⁹³ take up more of your time: 占用你很多时间

³⁹⁴ make great companions: (狗狗)可以成为你很好的陪伴

³⁹⁵ keep you company throughout the day: 全天陪伴你

³⁹⁶ bond with: 与...建立亲密的关系

³⁹⁷ striking: 明显的, 引人注目的

³⁹⁸ black eye patches: 黑眼圈

Topic28 Color

1. Which color do you like best? (高频)

I really like blue. It's a very calming colour³⁹⁹, and it comes in so many different shades⁴⁰⁰. Blue also reminds me of lots of things in nature, like the sky and the ocean. Plus, it's a good colour to wear because it matches with a lot of different ones⁴⁰¹.

2. Are there any colors you dislike? Why? (高频)

I don't like orange that much. I don't think that it looks good with many other colours⁴⁰². And personally, it doesn't look good with my skin tone⁴⁰³. So in a practical sense⁴⁰⁴, orange is kind of useless to me. But I also don't think it's that nice to look at.

3. What color of the room would make you feel uncomfortable? (高频)

I don't think I would like a room that was painted lime green⁴⁰⁵. To me, it's too bright and bold. It's harsh on the eyes⁴⁰⁶ and it would be uncomfortable to see that everywhere. Another bad colour for a room would be black. I think that would feel really dark and creepy⁴⁰⁷.

4. What colors do your friends like? (高频)

My friends tend to like bright, warm colours. They like red, green, and yellow, which are usually summery colours⁴⁰⁸. During the fall, they like to wear clothes in neutral tones⁴⁰⁹ like black, brown, and white. But they decorate their rooms with all kinds of colours. They're not very picky when it comes to that sort of thing⁴¹⁰.

(Copyrights to 雅思过过过淘宝店铺)

³⁹⁹ very calming colour: 非常容易令人安静放松的颜色

⁴⁰⁰ it comes in so many different shades: 有非常多不同的色度的蓝色

⁴⁰¹ it matches with a lot of different ones: 它可以和很多不同的颜色都能搭配

⁴⁰² I don't think that it looks good with many other colours: 我认为它配其他颜色不好看

⁴⁰³ it doesn't look good with my skin tone: 它和我的肤色不搭

⁴⁰⁴ in a practical sense: 在实际意义上; 实际上来说

⁴⁰⁵ lime green: 石灰绿

⁴⁰⁶ It's harsh on the eyes: 看起来很刺眼; 看起来会让眼睛很不舒服

⁴⁰⁷ creepy: 恐怖; 令人毛骨悚然

⁴⁰⁸ summery colours: 夏天的颜色

⁴⁰⁹ neutral tones: 中性色调

⁴¹⁰ They're not very picky when it comes to that sort of thing: 在这类事情上, 他们不是很挑剔

Topic29 Public gardens and parks

1. What do you like to do when visiting a park? /Do you like parks? (高频)

I usually like walking around with my friends. It's not that exciting⁴¹¹, but it's a nice way for us to be surrounded by nature⁴¹². Some of my friends have dogs, so we have a good time walking around with them. It's so cute when they get to run around the park.

2. Did you like to go to the park as a child? (高频)

Yeah, I really liked going to the park when I was a kid. My parents let me run around in the grass and just let loose⁴¹³. It was a great way to get all my energy out before bedtime⁴¹⁴. Sometimes my friends and I went together and played games. I made a lot of good memories at the park.

3. How are the parks today different from those you visited as a kid? (高频)

Well, I have to say parks today are way better than⁴¹⁵ the parks I usually went to when I was a child. I still remember the park where I used to hang out with my friends. It only had a slide and a couple of swings⁴¹⁶. But the parks I've been to lately all have big playgrounds with tons of recreational equipment⁴¹⁷.

4. Would you like to hang out in a public garden or a park?

I think I'd rather hang out in a park. Public gardens are beautiful, but sometimes it's not easy to relax there. I'd be worried about accidentally ruining⁴¹⁸ the plants or something. Public parks are usually more spacious. You have room to walk around⁴¹⁹. You can also do more activities, like a fun game of catch⁴²⁰.

5. Would you prefer to hang out in a personal garden or a public garden?

I think I'd like to hang out in a public garden. A personal garden would be nice because you'd have a lot more privacy. But I would be too worried about accidentally messing something up⁴²¹. Being in a public garden comes with less pressure⁴²². Plus, you can hang out with other people in a public garden.

(Copyrights to 雅思过过过淘宝店铺)

⁴¹¹ It's not that exciting: 不是那么让人兴奋

⁴¹² be surrounded by nature: 被大自然包围

⁴¹³ run around in the grass and just let loose: 在草地上跑来跑去, 放松一下

⁴¹⁴ get all my energy out before bedtime: 睡觉前把我所有的精力都释放出来

⁴¹⁵ way better than: 比...好得多

⁴¹⁶ a slide and a couple of swings: 一个滑梯和几个秋千

⁴¹⁷ recreational equipment: 游乐设施

⁴¹⁸ accidentally ruining: 不小心毁掉; 不小心破坏

⁴¹⁹ You have room to walk around: 你有地方(空间)可以走一走

⁴²⁰ a fun game of catch: 有趣的接球游戏

⁴²¹ messing something up: 搞砸事情

⁴²² comes with less pressure: 有更小的压力; 在花园会压力更小

Topic 30 Weather

1. What kind of weather do you like most? (高频)

I really love rainy weather. It's so nice when it's cool outside and there's a little bit of rain. I also feel so cozy staying inside and watching a storm roll in⁴²³. It's so fascinating to watch lightning. But I also like sunny weather. It's really nice to just sit and soak up some rays⁴²⁴.

2. What's the weather like in your hometown? Do you like that? (高频)

My hometown has pretty consistent weather⁴²⁵. It's usually warm in the summer and cold in the winter. Sometimes there can be dry spells⁴²⁶, but we get a normal amount of rain and snow⁴²⁷. I like that we go through all the seasons. It's nice to have a change every once in a while⁴²⁸.

3. Do you want to live in another place with a different climate in the future? (高频)

I think it would be nice to try living in a place where it's sunny all the time. I really love the beach, so if I could live somewhere by the ocean⁴²⁹, that would be amazing. I'm not sure if I'd want to stay forever, but it could be cool for a while⁴³⁰.

4. Have you ever been to a foreign country where the weather is different from your country? (高频)

Yes, I've been to a few foreign countries where the weather was really different. Last year, I went on vacation to an island where it was constantly sunny⁴³¹. The city where I live often has rainy weather, so it was a huge shock⁴³². I really enjoyed all the sunshine though!

5. Do you think people will be happy living in a place with sunny seasons? (高频)

Yeah, I think that most people would enjoy living in a sunny place. It can be really nice and relaxing to just sit on a beach and get a tan⁴³³. There are also lots of activities you can do when it's nice and sunny out⁴³⁴. So I don't think people would mind every day being warm and bright.

见下页

⁴²³ watching a storm roll in: 看着暴风雨滚滚而来

⁴²⁴ just sit and soak up some rays: 坐着晒太阳

⁴²⁵ pretty consistent weather: 天气一直很稳定

⁴²⁶ dry spells: 干旱期

⁴²⁷ get a normal amount of rain and snow: 有正常的降雨量和降雪量

⁴²⁸ every once in a while: 每隔一段时间；有时

⁴²⁹ live somewhere by the ocean: 住在海边的什么地方

⁴³⁰ it could be cool for a while: 待一段时间也挺好的；能待一段时间也是挺酷的

⁴³¹ constantly sunny: 总是阳光明媚

⁴³² it was a huge shock: 对我来说是很大的冲击；让我很惊讶

⁴³³ get a tan: 晒黑

⁴³⁴ when it's nice and sunny out: 当天气晴朗阳光充足的时候

6. Do you prefer dry or wet weather?

喜欢潮湿一点的地方：

I prefer a humid place over a dry one. Even though that weather can really get under your skin⁴³⁵, it's way better than a totally dry area. I'm the type that loves rainy days, so I like living in a place where they come more often than once in a blue moon⁴³⁶.

喜欢干燥一点的地方：

I prefer a dry place over a humid one. Even though low humidity⁴³⁷ can really be annoying sometimes, it's way better than a totally humid area. The humid weather always makes me sweat and feel like I'm sticky⁴³⁸, while dry days are more comfortable for me.

(Copyrights to 雅思过过过淘宝店铺)

⁴³⁵ get under your skin: 很烦人

⁴³⁶ once in a blue moon: 极为罕见；非常少见

⁴³⁷ low humidity: 低湿度

⁴³⁸ sticky: 粘粘的，黏黏的

Topic 31 Concentration

1. Can you concentrate in a noisy environment? (高频)

No, it's really hard for me to focus in a noisy environment. I prefer to work in silence⁴³⁹. So if people are talking around me, or if I can hear traffic noises, I won't be able to pay attention to my work. It's just too tempting to⁴⁴⁰ focus on what's going on around me instead of my tasks.

2. Is it difficult for children to concentrate? (高频)

Yes, I think that in general, children have a hard time concentrating. They're just so full of energy that they find it difficult to sit still⁴⁴¹. They would rather be running around or playing. But children can learn to focus over time⁴⁴². They just need to be patient and learn how to pay attention to a task.

3. How can we help kids focus? (高频)

I think kids can learn how to focus by getting into the habit of doing tasks⁴⁴³. For one, unlike adults, most children aren't capable of multitasking. So letting them do one task at a time is a good way to improve their concentration. Besides, parents can teach children how to break big tasks into smaller and more manageable pieces⁴⁴⁴, which makes it easier for them to concentrate.

4. What do you do to help you concentrate? (高频)

I usually put on music. I try not to pick songs with words⁴⁴⁵ because they can be distracting. Instead, I listen to classical music. It helps me tune out any distractions⁴⁴⁶ and stay focused on the task at hand. Sometimes, if that doesn't work, I'll just do my work in silence.

5. Is it difficult for you to stay focused on something? (高频)

Yes, I get distracted pretty easily. I feel like nowadays, there are tons of things that steal our focus⁴⁴⁷. Even our phones can have a million things⁴⁴⁸ that we'd rather look at instead of the task at hand. I can get off track⁴⁴⁹ if I see a text and then start a conversation instead of doing my work.

见下页

⁴³⁹ work in silence: 安静地工作

⁴⁴⁰ too tempting to: 太有诱惑了

⁴⁴¹ find it difficult to sit still: 发现很难静坐不动; 很难安静坐着

⁴⁴² over time: 随着时间的推移

⁴⁴³ getting into the habit of doing tasks: 养成做任务的习惯

⁴⁴⁴ break big tasks into smaller and more manageable pieces: 把大任务分成更小、更容易处理的小任务

⁴⁴⁵ not to pick songs with words: 不选有歌词的乐曲

⁴⁴⁶ tune out any distractions: 排除任何干扰

⁴⁴⁷ steal our focus: 偷走我们的注意力

⁴⁴⁸ have a million things: 这里是一种形容式表达, 指“有非常多的东西”

⁴⁴⁹ get off track: 脱离正轨

6. What may distract you when you're trying to stay focused?

There are so many things that distract me when I'm trying to focus. My phone is a huge distraction⁴⁵⁰. I have to turn it off so that I don't see texts or notifications coming in⁴⁵¹. I can also be distracted by the people around me, like my friends or family.

7. When do you need to be focused?

I need to stay focused whenever I'm preparing for an important test. For example, I had a big exam coming up a while ago⁴⁵². I really had to buckle down and stay on task⁴⁵³ so I could do well.

(Copyrights to 雅思过过过淘宝店铺)

⁴⁵⁰ a huge distraction: 很容易让人分心的东西

⁴⁵¹ texts or notifications coming in: 收到短信或通知

⁴⁵² a while ago: 前段时间

⁴⁵³ buckle down and stay on task: 倾尽全力专注在需要做的事情上面

Topic 32 Watch TV (TV program)

1. Do you still watch TV? (高频)

Yes, I definitely still watch TV. After a long day of work, it's nice to sit on the couch and put a show on. Sometimes my friends and I even watch TV together. Last year, we watched an entire show from start to finish⁴⁵⁴. We would get together one night a week⁴⁵⁵ until we had watched all the episodes⁴⁵⁶.

2. Did you watch TV when you were a child? (高频)

Yes, I did, but my parents limited how much time I could spend watching shows. They didn't want my brain to rot⁴⁵⁷. So they made sure that I spent more time playing outside. That being said⁴⁵⁸, I had lots of favourite TV shows that I really enjoyed.

3. Do you think children watch too much TV nowadays? (高频)

Yeah, I think kids spend too much time watching TV nowadays. It's not healthy for them to just sit on the couch and watch something mindlessly⁴⁵⁹. They should play outside more or hang out with their friends. That's the best way to spend your childhood⁴⁶⁰. Too much TV can make kids lazy.

4. What are the impacts of TV programs on children? (高频)

Well, I think TV programs can be very educational and informative⁴⁶¹ for children, especially when they watch cartoons and documentaries about nature and science. That's definitely one positive impact of children watching TV⁴⁶². But watching TV for a long time can be bad for their eyes.

5. What about the current TV programs do you think could be improved?/What kinds of TV programs do you think should be broadcast more? (高频)

I think that current TV programs should be more educational. I don't mean that⁴⁶³ they should feel like a lecture. But they should be focused on more serious things. There are way too many reality TV shows⁴⁶⁴. Those shows are a total waste of time and resources⁴⁶⁵.

见下页

⁴⁵⁴ watched an entire show from start to finish: 从头到尾看完了整个节目

⁴⁵⁵ get together one night a week: 每周有一个晚上聚一下

⁴⁵⁶ episodes: 剧集

⁴⁵⁷ They didn't want my brain to rot: 他们不想让我脑子变傻

⁴⁵⁸ That being said: 虽然这么说

⁴⁵⁹ mindlessly: 漫无目的的

⁴⁶⁰ the best way to spend your childhood: 度过童年的最好方式

⁴⁶¹ informative: 增长见闻的

⁴⁶² one positive impact of children watching TV: 儿童看电视的一个积极影响

⁴⁶³ I don't mean that: 我并不是说

⁴⁶⁴ way too many reality TV shows: 有太多电视真人秀了

⁴⁶⁵ a total waste of time and resources: 完全是浪费时间和资源

6. What kind of TV programs do you like? (高频)

I like comedy television. I don't like any serious dramatic TV shows, or daytime television. I like to be entertained and laugh when I'm watching TV. My favourite comedy show is My Own Swordsman⁴⁶⁶. That show always makes me bust a gut⁴⁶⁷. The script is very witty⁴⁶⁸ and I've binge-watched⁴⁶⁹ it several times.

(Copyrights to 雅思过过过淘宝店铺)

⁴⁶⁶ *My Own Swordsman*: 《武林外传》(请根据个人喜好调整喜欢的节目内容)

⁴⁶⁷ *makes me bust a gut*: 让我捧腹大笑

⁴⁶⁸ *witty*: 诙谐的

⁴⁶⁹ *binge-watched*: 一口气看完; 刷剧, 煲剧

Topic 33 Spending time with others

1. Do you prefer to study alone or together with others? (高频)

I prefer studying alone. Sometimes it can be helpful to work in a study group, especially when it's for a big test. You can share your study notes and help each other out. But for the most part⁴⁷⁰, I find other people too distracting. I would rather just do my own thing⁴⁷¹.

2. What do you like to do in your spare time? (高频)

Whenever I have some free time, I really like to read or watch a movie. When I read a good book, I can picture what's going on in my head⁴⁷² and get lost in a good story⁴⁷³. Similarly, movies are a nice way to kick back and relax⁴⁷⁴. I like watching them with my friends as well.

3. What leisure activities do you do with your friends? (高频)

I like going for walks with my friends. Sometimes we go to a park and just shoot the breeze⁴⁷⁵. Other times, we go to the mall and check out the stores⁴⁷⁶. We mostly just window-shop⁴⁷⁷, but it's still a good time. It's also fun to go to the movies together. It always gives us something to talk about afterwards⁴⁷⁸.

4. What activities need teamwork or collaboration? (高频)

I think a good example is a team sport like basketball or soccer. When you're playing a sport like that, you have to depend on your fellow teammates⁴⁷⁹ to win the game. Sports are great for collaboration because it encourages people to work together to achieve a goal. It can help improve communication as well.

5. Could you describe a time when you studied with others?

In my first year of university, I joined a study group for one of my classes. We had a big test coming up⁴⁸⁰, so we all brought our study notes and discussed the class material⁴⁸¹ together. It was really great because we could help fill in what other people were missing⁴⁸².

见下页

⁴⁷⁰ for the most part: 在大多数情况下

⁴⁷¹ would rather just do my own thing: 宁愿自己做自己的事

⁴⁷² picture what's going on in my head: 在脑海中描绘出(书中)正在发生的事情

⁴⁷³ get lost in a good story: 沉浸在精彩的故事中

⁴⁷⁴ kick back and relax: 放松休息

⁴⁷⁵ shoot the breeze: 吹牛; 闲聊

⁴⁷⁶ check out the stores: 逛逛商店

⁴⁷⁷ window-shop: 逛街

⁴⁷⁸ afterwards: 之后; 后面

⁴⁷⁹ depend on your fellow teammates: 依靠你的队友

⁴⁸⁰ had a big test coming up: 有一个重要的考试即将到来

⁴⁸¹ class material: 课堂材料

⁴⁸² help fill in what other people were missing: 帮助填补其他人所遗漏的东西; 帮助彼此查缺补漏

6. Do you like talking with people?

Yes, I do. I think that everyone has something interesting to share with you. I've had some really good conversations with strangers as we waited in line. Plus, it's always great to chat with a good friend or a family member. I just like talking with whoever's around⁴⁸³. I always end up learning something new.

7. Do you remember a time when you needed to cooperate with others?

Yes, for sure. When I was in high school, I often had to do group projects. For one of them, we all had to work together to make a model of a cell⁴⁸⁴. It was pretty difficult since it required making tiny shapes. But we did a good job by cooperating and dividing up the work⁴⁸⁵.

(Copyrights to 雅思过过过淘宝店铺)

⁴⁸³ talking with whoever's around: 和周围的人聊天

⁴⁸⁴ make a model of a cell: 做一个细胞的模型

⁴⁸⁵ dividing up the work: 分工

Topic 34 Barbecue

1. Did you have barbecues when you were a child? (高频)

Yes, my family loves having barbecues. So when I was a kid, we had them pretty regularly⁴⁸⁶ during the summer. I have lots of fond memories⁴⁸⁷ of my family hanging out at our place. We loved to eat great food and catch up with each other⁴⁸⁸. It was always a good time.

2. What kind of food do you like to eat for barbecue? (高频)

I really love ribs⁴⁸⁹. You know, it's a pretty messy type of food⁴⁹⁰. You usually eat them with your hands, and there's typically a lot of sauce on them. So I wouldn't recommend eating them if you're trying to impress someone. But they taste amazing. The meat is always so tender⁴⁹¹ and juicy.

3. Would you like to have barbeque with your family or your friends? (高频)

I prefer having a BBQ with my friends! I mean, I love my family. But I can relax a lot more when I'm with my friends. I don't have to worry about being proper⁴⁹² as much. So it's nice to kick back and relax⁴⁹³ on the weekend with my friends.

4. Do people in your country like barbecue?

Yes people in my country love to have barbecues in the summer. Barbecues are a great, easy way to bring together family and friends. The food is always loved by everyone, even small children who are picky eaters⁴⁹⁴. Barbecues also encourage people to eat and socialize outside⁴⁹⁵ and get fresh air.

(Copyrights to 雅思过过过淘宝店铺)

⁴⁸⁶ had them pretty regularly: 经常吃烤肉

⁴⁸⁷ fond memories: 美好的回忆

⁴⁸⁸ catch up with each other: 小聚一番, 彼此聊聊近况

⁴⁸⁹ ribs: 排骨

⁴⁹⁰ a pretty messy type of food: 一种吃起来很麻烦的食物; 这里 messy 是指容易吃的时候把手, 脸或身上弄脏, 或者吃的满手满身都是

⁴⁹¹ tender: 软嫩的; 嫩滑的

⁴⁹² being proper: 举止得当

⁴⁹³ kick back and relax: 放松休息

⁴⁹⁴ picky eaters: 吃饭挑剔的人; 挑食的人

⁴⁹⁵ eat and socialize outside: 在户外吃饭和社交

Topic 35 Weekend

1. What do you often do on weekends? (高频)

On weekends, I usually sleep in⁴⁹⁶ and try to hang out with my friends. We all get pretty busy with work and school, so weekends are sometimes our only chance to spend time together⁴⁹⁷. We like going to the mall or seeing a movie together. It's always a blast and makes the weekends a fun time.

2. Did you do anything special last weekend? (高频)

No, not really. I had a pretty quiet weekend⁴⁹⁸. I just hung out by myself at home. It might sound boring, but it was actually really relaxing. I get so busy with work and school that I don't often have time to just kick back and relax. So I'm glad I had a chill weekend⁴⁹⁹.

3. What do you want to do next weekend? (高频)

I'd really like to hang out with my friends next weekend. We haven't seen each other in a while⁵⁰⁰, so it would be nice to have a meal together. We always have a ton of fun when we try to cook something. Even though we're not great at cooking, it's the effort that counts⁵⁰¹.

4. Do you like playing alone or with others?

I like playing with others. If I'm doing a fun activity, it's always more fun with friends. For example, going to the beach by yourself can allow you to reflect and enjoy some quiet time⁵⁰². But I have way more fun when I go with my friends. We get to bond⁵⁰³ and do lots of activities together.

见下页

⁴⁹⁶ sleep in: 睡懒觉

⁴⁹⁷ our only chance to spend time together: 我们唯一能在一起(玩)的机会

⁴⁹⁸ had a pretty quiet weekend: 过了一个很平静的周末

⁴⁹⁹ had a chill weekend: 过了一个很放松的周末

⁵⁰⁰ in a while: 一段时间了

⁵⁰¹ it's the effort that counts: 努力(试一试)才是最重要的

⁵⁰² allow you to reflect and enjoy some quiet time: 可以让你反思和享受一些安静的时间

⁵⁰³ get to bond: 可以增进关系, bond 在这里做动词, 指发展与人之间的关系, 建立关系

5. What are the activities you want to do in the future?

I'd really like to try parasailing⁵⁰⁴. It's when you lift off in a parachute attached to a boat⁵⁰⁵. It sounds crazy, but I've seen pictures and videos and it looks like a blast. I also want to go hiking. I've never done it before, and it seems like a really good way to burn some fat and get in shape.

6. What do other people in your hometown usually do on weekends?

Usually, people hang out at the mall or go to bars on the weekends. Those are probably the two most popular places to chill with friends and just shoot the breeze⁵⁰⁶. Some people also like doing outdoor activities, like Tai chi in the park. Others go for runs and exercise a lot.

7. What are the differences of family activities between now and in the past?

I think that in the past, family activities were more low-key⁵⁰⁷. You know, families would just sit around playing card games or something. But nowadays, lots of families like doing outings together⁵⁰⁸. They might go to a nice restaurant or go for a walk in the park. I think it's a nice change.

(Copyrights to 雅思过过过淘宝店铺)

⁵⁰⁴ parasailing: 驾帆船滑翔

⁵⁰⁵ lift off in a parachute attached to a boat: 用连在船上的帆伞(降落伞)飞起来

⁵⁰⁶ shoot the breeze: 闲聊闲扯

⁵⁰⁷ low-key: 低调

⁵⁰⁸ doing outings together: 一起出去玩; 一起出去活动