

2022 年 1-4 月雅思口语 Part1 考题参考资料 (B 难度·初版)

感谢小伙伴使用雅思过过过淘宝店铺口语素材！

使用资料前，请您仔细阅读以下几点🐼(^_-)

1. 提供 Part1 素材的目的，旨在帮助大家尽快掌握高频考题动态，并在短期内积累可用的地道口语表达，以及通过素材启发考生回答思路。**由于 Part1(以及 Part3)考官提问数量、给出的回答时长各有不同；同时，任何素材思路无法全部完美适合所有人，因此建议练习中结合个人理解方式，做内容的删减、扩充等调整。以达到更高效复习的状态。调整内容时，如有疑问欢迎联系 Penny 解答。**
2. 接下来仍会**继续跟进核实考生动态**，做必要的内容调整或题目增补。
3. 第二页的表格中**黄色高亮的 Topic 是本学期出现的新主题**。右侧的“是否已复习”帮助大家对自己复习进度做整理，以避免漏掉应复习的话题。
4. **标注“高频”的题目**，是根据考生反馈频繁被考到的题**(高频题会根据考生反馈动态核实，如有需要会随时变化，请关注群通知或私信通知)**。
5. 文中**含下划线的内容**是高分地道表达。
6. 注意 Part1 和 Part3 考官可以即兴提问（尤其 Part3），并无法覆盖全部考题。
!! 以下均为真实考生回忆高频考题。复习过程中尽可能多的练习各种题目，增强表达能力。
7. 复习时，请根据自己喜好和个人情况，灵活运用参考答案及加分表达，**切勿逐字逐句死记硬背；**
8. 口语练习方法很重要，**复习过程中对练习方法、素材语法词汇等有疑问，欢迎随时联系 Penny。**

2022 年 1-4 月 Part1 高频考题 Topic 列表

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注：请根据个人实际情况适当调整或删除内容，素材不需要完全背诵。

Topic 1 Study¹ (含 school) (建议重点复习高频题；上班族可以不复习该主题)

1. Do you work or study?(高频)

I'm a senior student at Hunan University, and I'm studying computer science now.

2. What's your routine like in your everyday study? /What's your daily study routine? (高频)

I try to wake up early in the morning. If I don't have class, I spend the morning organizing my notes².

In the evening, I usually go over my notes in more detail³ and memorize important information.

3. Is it difficult for you to organize your time to study? (高频)

Sometimes it can be hard. When I have a lot of tasks to do, it's hard to choose which ones to do first.

But it's helpful to list everything and organize my time accordingly⁴.

4. Who helps you study the most? Who do you like to study with? (高频)

I think my friend Amy is the most helpful⁵. She always takes good notes in class. She shared them with me and now I can study a lot better.

5. Which university do you go to? (高频)

The university I go to is called XXX University. It's a very good university in China. I'm really proud to be a student there. Honestly, I was so close to being rejected because I thought my grade couldn't meet the enrollment requirement⁶ of my university.

见下页

¹ Study: 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

² organizing my notes: 整理我的笔记

³ go over my notes in more detail: 仔细的过一遍我

的笔记；仔细的复习一遍我的笔记

⁴ list everything and organize my time accordingly: 列出所有的需要做的事情并相应地安排我的时间

⁵ is the most helpful: 是（对我）最有帮助的

⁶ the enrollment requirement: 入学要求

6. How do you usually spend your school day? (高频)

My school day usually involves homework, class, and spending time with friends. I also sometimes like doing an extracurricular activity⁷ during lunch or after school. Actually, I spend most of my time doing schoolwork because I don't want to fall behind⁸.

7. What technology can help you learn better? (高频)

There are lots of websites and apps that can test your knowledge. You just input your terms⁹ and then you can use online flashcards¹⁰. I've used them to memorize important terms before an exam. They help a lot when you're in a rush to¹¹ study class content.

8. Why did you choose your school / university?

Well, when I was a high school student, I heard my university was the best university for Computer Science¹², which is really what I love to study. Besides, my parents also supported me to go there because they believe four years of study there would be a big help for my future career.

9. Is it good to study in the morning or in the afternoon? / Do you prefer to study in the morning or in the afternoon?

I think it's good to study in the morning. You have to wake up earlier, but when you finish your daily list¹³, you have the rest of the day off. And the afternoon is usually a better time of day to enjoy yourself.

10. Who is more important for you at school, teachers or students?

I think the students are more important. I mean, the teachers are great. But the other students change your experience of the classes. It's easier to be excited about school if you're friends with them¹⁴. You should at least be able to get along with them.

见下页

⁷ extracurricular activity: 课外活动

⁸ fall behind: 落后; 掉队

⁹ input your terms: 输入你的词条

¹⁰ online flashcards: 在线的教学卡片 (知识闪卡或者单词卡之类)

¹¹ in a rush to: 急着去

¹² Computer Science: 注意科目根据自己的情况来调整, 有疑问联系 Penny

¹³ daily list: 一天需要完成的任务 (清单)

¹⁴ if you're friends with them: 如果你和他们是朋友的话

11. Do you like your school?

Yes, I do like my school. I mean, even though I'm often busy with all the assignments and exams¹⁵, I really enjoy studying there. The teachers are all nice and cool. And most importantly, I have some really awesome friends at school. We hang out with each other all the time.

12. Which part of your school do you like?

I really like the campus. There are lots of really old buildings. It makes the whole place seem serious¹⁶. But there's also lots of nature around¹⁷. There are a few garden areas to walk around in¹⁸. It's such a lovely place to hang out.

13. How do you improve your study efficiency?

Well, I usually try to make sure there aren't any distractions around me. For example, when I'm studying, I always turn off my phone and I avoid listening to music. It helps me focus on my study more easily.

14. Which part do you hope your school to change? /Which part of your school needs an improvement?

Well, I think the gym on our campus needs to be improved. I mean, all the facilities at the gym should be replaced because everything is literally worn out¹⁹. The basketball court doesn't even have a hoop²⁰. It's ridiculous, isn't it? I really hope our school can do something about it.

15. Are you looking forward to working?

Yes, I am. I've been a student for almost 16 years. I really hope to get a good job after graduating from college. It'll be a big change for me. I want to support myself financially²¹, which will make my parents proud. I can't wait to find a good job.

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¹⁵ busy with all the assignments and exams: 忙于学业和考试

¹⁶ It makes the whole place seem serious: 给周围环境一种严肃庄重的感觉

¹⁷ lots of nature around: 周围自然（环境）丰富

¹⁸可以走走的花园区域

¹⁹ worn out: 破损，破旧

²⁰ hoop: 篮筐

²¹ support myself financially: 经济独立；自己养活自己

Topic 2 Work²²(建议重点复习高频题; 学生族可以不复习该主题)

1. Do you work or study? What work do you do? (高频)

Now I'm working fulltime as a programmer at Baidu; I've been working there for 5 years. (注意根据实际情况调整, 有改动疑问联系 Penny)

2. Do you like your job? (高频)

Yes, I love my job. I'm happy to help people every day. Besides, it's a really good company to work for. The pay²³ is good and they even hand out bonuses²⁴ twice a year!

3. Do your coworkers help you at work? Who is the most helpful co-worker? (高频)

I work as an HR specialist. So my coworkers often help me with the group tasks. When I was new at the job, my co-worker Penny was really helpful. She taught me everything I know.

4. How do you manage your time when working? (高频)

I usually make my own schedule, especially when it's a busy day. Plus, I often set a timer for each task to stay focused. It helps me manage my time well at work.

5. Do you want to change your job? Will you do the same job in the future? (高频)

No, I don't want to hop my job²⁵ right now. It's mainly because the pay is not bad. I mean, it's not much higher than others but I'm pretty comfortable with it. Plus, it's not easy to find a good job in today's job market, is it?

6. What technologies do you often use at work? (高频)

I don't use any complicated technologies at work. We use an online application to chat with each other. But it's not hard to use. Plus, I use typical office software²⁶. Most of my job involves phone calls and emails. It's nothing fancy²⁷.

见下页

²²work: 注意该类话题, 都需要按照自身实际做调整, 参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整, 有改动疑问请联系 Penny.

²³ The pay: 工资, 薪酬

²⁴ hand out bonuses: 发奖金

²⁵ hop my job: 跳槽

²⁶ typical office software: 典型的常用的办公软件

²⁷ It's nothing fancy: 没什么特别的 (高级的)

7. What is the most interesting part of your job?

I work at a coffee shop, so I think the most interesting part of my job is the people. I get to meet so many people during my shift²⁸. Some of them are really interesting. Sometimes I even talk to them.

8. Which part is difficult in your job?

I think a hard part of my job is communicating with a team. It's often difficult to communicate with someone who doesn't do their work on time. They might think you're being controlling²⁹. That can create conflict.

9. How do you spend your work day?

I usually arrive at the office before 9am. Then I start my day with³⁰ a meeting with my boss and co-workers. That helps me know the agenda of the day³¹ and makes sure the team knows what to do. Then the long day of work begins. I need to work overtime until 8pm³² most days.

10. Is it better to work in the morning or in the afternoon?

I think it's better to work in the morning. You have to wake up earlier, but when you finish your daily list³³, you have the rest of the day off. And the afternoon is usually a better time of day to enjoy yourself.

11. Have you ever changed your job? / Why did you choose to do that type of job?

I've changed my job a couple times. Before working at this company, I worked at an IT company and a glass shop. But this current company is the biggest. I also get paid more there. It's the main reason I changed jobs.

12. What did you gain the most from your job? /What do you learn from work?

Well, the most important thing I learned from work is how to cooperate with my coworkers. Even if you don't like them, it's important to treat them well³⁴. After all, there's a lot of teamwork required, and you can't do everything all by yourself.

见下页

²⁸ during my shift: 在我上班时

²⁹ They might think you're being controlling: 他们可能会认为你在控制他们

³⁰ start my day with: 以.....开始我的一天

³¹ the agenda of the day: 当天的日程安排

³² work overtime until 8pm: 加班到晚上八点

³³ daily list: 一天需要完成的任务（清单）

³⁴ treat them well: 和善的对待他人

13. Which do you think is more important, colleagues or work itself?

I think that colleagues are more important. Even your dream job could be hard if you don't like the people you work with³⁵. You end up seeing your coworkers more than anyone else in your life³⁶. So it's important to get along with them.

14. What do you do to improve your productivity?

When I find that I can't focus on my work, I usually take a 5- minute break and drink a cup of coffee. It sounds simple but it helps me a lot. After I've had some coffee, I can be more energetic.

15. Do you think your company needs to make some changes? Which part of your working environment needs an improvement?

Yes, actually I wish my company wasn't so strict about the uniforms. We have to wear the same thing to work every day, it's so boring. I really hope that we can have a casual Friday³⁷.

16. Is this job a good opportunity? / Is it good for your future development?

Yes, it's a wonderful job. Even though I'm often busy with the tasks at work sometimes and have to work overtime³⁸, overall, I believe it's a good career for me. I'm very passionate about³⁹ my job and I really know what to do. Plus, doing this job right now will definitely help me build my resume⁴⁰ later.

17. Do you miss being a student?

No, I don't really miss being a student. It was fun to study something that I liked. But it was hard. Going to school isn't always easy. I had to do lots of assignments and exams to do. I like being more independent now that I've graduated.

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³⁵ Even your dream job could be hard if you don't like the people you work with: 如果你不喜欢周围共事的人, 那么工作再好你也会觉得很难做。

³⁶ end up seeing your coworkers more than anyone else in your life: 我们终归见同事要比见别人的次数多得多。

³⁷ have a casual Friday: 星期五便装日 (能有一天穿便装)

³⁸ work overtime: 加班

³⁹ passionate about: 热衷于...

⁴⁰ build my resume: 充实简历, 给简历增加特色

Topic 3 Major⁴¹(建议重点复习高频题；工作族和学生族都建议复习)

1. What is your major? (高频)

I'm studying computer science at Hunan University. I feel happy being enrolled in this program, because I'm interested in coding. Plus, I think I'm good at it since my math is good.

2. Do you like your major? (高频)

Yes, I like my major. But you know... there will always be parts you like and parts you don't like. For example, the field training is very interesting, but the theoretical courses are boring because some of them are difficult to understand.

3. Why did you choose to study that (major)? (高频)

Well, the main reason is that I have lots of passion in that field. I never feel bored, and I always enjoy studying it. Actually I noticed that when I was still in high school. So, I told myself that if I went to a college, I would take computer science as my major.

4. What's the interesting part of your major? (高频)

版本 1: I'm majoring in computer science, and I really like what I'm studying. I especially like coding courses related to game design⁴². They're fun to study because becoming a game designer is kind of my dream.

版本 2: I study literature, so I get to read⁴³ lots of different books. I like all the different perspectives. Plus, storytelling is a really big part of culture. I like reading books from other countries and learning about the culture there.

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⁴¹ Major: 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

⁴² coding courses related to game design: 与游戏设计相关的编程课

⁴³ get to read: 有机会读到（很多书）

5. What kinds of help can this major bring to your future job? (高频)

I believe this major will help me communicate well with others. Knowing how to write well means that I can explain myself clearly. That helps us work together better as a team. Studying literature also helps me be more detail-oriented⁴⁴. That's always helpful.

6. Will you continue doing what you're studying in the future? (高频)

Yes, I will. I don't think I will be bored if I make a living from it. Plus, the income level in this field is also higher than average, so I believe I can have a comfortable life by working as a programmer.

7. What is your plan after finishing your school? (高频)

After I graduate from school, I want a job that's related to my major. You know, it's cool to apply what you've learned at college in the real world⁴⁵. I'm not sure what kind of job I want to have, but I'm sure I'll figure it out soon.

8. When did you decide to choose your major?

Well, I chose my major in high school. As a kid, I didn't know what I wanted to do for a living. But then I took some science classes in high school. I found out that I was passionate about science. So that's when I decided to pick biology as my major⁴⁶.

9. Which subjects are more difficult? / Do you think your major is difficult? / What do you dislike about your major?

I think subjects in the sciences are more difficult. There are just so many facts and rules to memorize. To be honest⁴⁷, they're hard to learn. Arts subjects are easier in my opinion.

10. What have you learned from the courses?

I learned how to think and write critically. It means I can explain my thoughts based on evidence⁴⁸. It's actually a very useful skill. It helps a lot with communication.

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⁴⁴ detail-oriented: 注重细节的

⁴⁵ in the real world: 在实际生活中

⁴⁶ pick biology as my major: 选择生物学作为我的

专业

⁴⁷ To be honest: 老实说

⁴⁸ based on evidence: 基于事实的，有理有据的

Topic 4 Home⁴⁹ (含 The area you live in) (建议重点复习高频题)

1. What kind of house or apartment did you live in when you were a child? (高频)

When I was a kid, I lived in a bungalow⁵⁰ in the suburbs. There wasn't a lot of room, but that just made it cozy⁵¹. I remember we filled our home with lots of antique furniture⁵². It gave the house a nice look.

2. What kind of house or apartment are you living in right now? / Do you live in a house or an apartment? / What kinds of accommodation do you live in? (高频)

I'm living in an apartment by my university. It's not big. It only has two bedrooms. But it's cozy enough for me. Plus, the apartment is part of a newly developed high rise⁵³. It has a really nice view of the city.

3. What kind of house or apartment do you want to live in in the future? / Do you want to live in a house or an apartment in the future? (高频)

I'd love to live in a big house in the middle of nature⁵⁴. It might sound a little lonely, but I think having a family there would be awesome. You would have lots of privacy. And if it was somewhere nice, you could probably have a great view of the stars⁵⁵.

4. What's the outside appearance of your house or your apartment? (高频)

I live in an apartment in an older part of the city. The front of the building is actually old-fashioned. It has antique bricks⁵⁶ and even some ivy⁵⁷ growing over it. It makes me feel like I live in a castle! I love seeing it every day.

见下页

⁴⁹ Home: 注意该类话题, 都需要按照自身实际做调整, 参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整, 有改动疑问请联系 Penny.

⁵⁰ bungalow: 平房

⁵¹ cozy: 舒服

⁵² antique furniture: 古董家具; 古典家具

⁵³ part of a newly developed high rise: 新开发的高层建筑的一部分

⁵⁴ in the middle of nature: 在大自然中

⁵⁵ have a great view of the stars: 有很棒的星空景色

⁵⁶ antique bricks: 古董式的墙砖

⁵⁷ ivy: 常春藤

5. Do you think the place you are living at right now is suitable for a family with children? (高频)

Yes I think so. My neighbourhood is pretty safe. Plus, I live near a great elementary school. It's really a good school district⁵⁸. So there're a lot of families with kids in this neighbourhood already. There are also beautiful parks near the neighborhood as well. They're awesome for kids.

6. Do you think the place you are living at right now is suitable for elders? (高频)

No. I live on a steep hill⁵⁹. And the school nearby creates a lot of traffic on weekdays. So elderly people might have problems walking around safely. Plus, there are loud kids that might bother old people. I think there are better alternatives⁶⁰ for the elderly.

7. Where are you living now? / Why do you live there? / Do you like your living place? (高频)

不住宿舍:

I'm living in an apartment in downtown Shanghai. I have two roommates. They share the same apartment with me. It's a nice place to live because the rent is very cheap for a young guy like me. Plus, it's close to my workplace. That's the main reason why I've been living there for a long time.

住宿舍 (学生):

I'm living in a dorm at my university now. I have 3 roommates. We share the same room together. It's a nice place to live because the rent for students is very cheap.

8. How is the area surrounding your home like? / Are there any good facilities near your home? / Do you like the area that you live in?

Well, you know, I'm living in a university dorm, so the building I live in is part of the campus. There's a cafeteria⁶¹ building near our dorm, and it also has a supermarket inside. So it's really convenient for me to live there.

见下页

⁵⁸ a good school district: 一个好的学区

⁵⁹ live on a steep hill: 住在陡峭的山坡上; 我住在山上, 比较陡

⁶⁰ better alternatives: 更好的其他选择

⁶¹ cafeteria: [kæfi'tɛəriə] 食堂

9. What's the difference between where you are living now and where you have lived in the past?

Well, I used to live in a smaller city for college. Now I live in a big city. I moved there for a job. The city is great because it has more job opportunities than the city I moved from. There are more differences like public facilities, traffic, and lifestyles. It's been a big change. But I really like living in the city. It's pretty exciting.

10. Are there any shops or facilities around there? /Where do you like to go in that area?

There's actually a mall close to my house. It's only a ten-minute drive for me. I like going there to hang out with my friends. There's also a gym nearby, but I don't go there very often.

11. What are the changes of surroundings around your living place?

Well...over the past few years⁶², there have been lots of high-rise buildings built in my neighborhood. Besides, an outdoor gym was built about two years ago near my home. I always work out there.

12. What changes do you think your neighborhood/living area needs? / Are the transport facilities to your home very good?

Um...I think my neighborhood is good, but it would be better if there was a subway station near my home. Now the closest subway station is about 3 kilometers away, so it's a little far from me. I heard the city plans to extend a subway line⁶³ to the street next to my home. I hope it's true.

13. Do you know any famous people in the area you live in?

No, I don't know any famous people who live near me. It would be so cool to live near a celebrity. But I don't think there are any around me. I'll have to look for one⁶⁴. I would definitely love to hang out with a celebrity.

见下页

⁶² over the past few years: 在过去几年中

⁶³ extend a subway line: 延长地铁线路

⁶⁴ I'll have to look for one: 我需要找找看

14. Do you know anyone who lives nearby? /Are you familiar with your neighbors?

Yes, I know some of my neighbours because they're very friendly. And the Lees, who live across from us⁶⁵, are the ones I'm the most familiar with. Our families are pretty close with each other.

15. How long have you lived there?

I've been living there for over three years and I love it. Even though I have to share a room with three roommates, luckily they're all easy-going⁶⁶ and nice, so we get along really well with each other.

16. Will you move home in the near future? / Will you live there in the future? / Will you live there for a long time? /Do you plan to live there for a long time?

Well, I don't know if I will be moving anytime soon. But I hope not. I've been living in an apartment for several years. It's a comfortable place and the rent is also very low. But sometimes it's not up to me⁶⁷, I might need to work somewhere far away later. Who knows, right?

17. Please describe the place where you live.

I live in the quieter part of a big city⁶⁸. It's easy to take transit downtown⁶⁹. But it's not very busy where I live. There are lots of grade schools and bakeries in my neighborhood. And a lot of families live here too.

18. What is your favorite room? / What part of your home do you like the most? /Please describe the room you live in.

My favorite room in my home is definitely my bedroom. I spend most of my time in my bedroom. It has all my favorite stuff in it, like my books, and I decorated it by myself. That really makes me feel at home – literally⁷⁰! It's important to have somewhere you can just relax.

见下页

⁶⁵ live across from us: 住在我们家对面

⁶⁶ easy-going: 很好相处, 很随和

⁶⁷ it's not up to me: 并不取决于我

⁶⁸ in the quieter part of a big city: 一个大城市中相对

安静的地方

⁶⁹ take transit downtown: 乘坐公共交通就可以去市中心

⁷⁰ literally: 不夸张的说, 说真的

19. What are your roommates like? /Who do you live with?

Well, now I have two roommates sharing the same apartment with me. They are pretty cool. And I'd say I'm glad to live with them. All three of us love playing video games, so we have a lot to talk about and do together. For example, we have a game night together every Saturday.

20. What do you usually do in your flat?

Well, when I have time alone, I like hanging out in my room. I feel really comfortable there. After all, I got to decorate it myself. I usually just sit and read, or scroll through social media⁷¹ on my phone. It's a nice way to spend time.

21. What room does your family spend most of the time in?

I think we spend the most time in the living room. It's a comfortable place where we can hang out. My mom and dad sit on the couch together. I like sitting in the loveseat⁷². We all watch TV or just relax as a family.

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⁷¹ scroll through social media: 浏览社交媒体

⁷² loveseat: 双人沙发

Topic 5 Hometown⁷³ (Countryside / City) (建议重点复习高频题)

1. Where are you from? / Where is your hometown? / Which city are you living in? (高频)

My hometown is Jinan. It's a city in Shandong province. I really love it because there're lots of amazing attractions in the city, and people are very warm and friendly.

2. Do you like your hometown? / Which part of your hometown attracts you the most? / Where is the most impressive place in your hometown? (高频)

Yes, I do. I'm from Harbin. It's famous for the Ice & Snow Festival there. Many visitors come to my city to see it every year. I love being a tour guide and showing my friends from other cities this tourist attraction.

3. Can you tell me some of the history (history story) of your hometown? (高频)

Well, my grandpa told me that a hill in my hometown was named after a war⁷⁴ that happened there. It was 2000 years ago during the Han dynasty. It was a major historical event.

4. What is your hometown famous for? (高频)

My hometown is famous for its hot springs⁷⁵. Tons of tourists go there for a hot spring bath⁷⁶. A lot of people post good reviews of the hot springs on the internet.

5. Is there any famous person in your hometown? (高频; 按照考生目前的反馈, 建议从历史人物的角度讲)

The most famous one is Fan Zhongyan. He was a great politician and writer from the Song Dynasty⁷⁷. One of his works is even included in high school textbooks nowadays.

见下页

⁷³ Hometown 注意该类话题, 都需要按照自身实际做调整, 参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整, 有改动疑问请联系 Penny.

⁷⁴ a hill in my hometown was named after a war: 我

家乡的一座山是以一场战争命名的

⁷⁵ hot springs: 温泉

⁷⁶ go there for a hot spring bath: 去那里泡个温泉

⁷⁷ a great politician and writer from the Song Dynasty: 一位宋朝的伟大的政治家和文学家

6. How long have you lived in your hometown? / Do you think you will continue living there for a long time? (高频)

I've been living in my hometown since I was born. Honestly, I've never thought about leaving my hometown because all my friends and family members are there, and the cost of living is very low.

7. Is your hometown suitable for children to grow up in? (高频)

Well, I think everything is good⁷⁸ except the air pollution. There are many parks and museums in my hometown, so children can do lots of interesting activities. But the air quality is poor...It's really bad for children's health.

8. Do you prefer to live in the country or in the city? (高频)

I prefer living in the city. I mean, the country has beautiful views. But the city is more exciting to me. There are always cool things going on⁷⁹. Plus, there are also more job opportunities and things to do in cities.

9. Do you want to live in the country in the future? (高频)

I'm not sure. Maybe when I'm ready to settle down⁸⁰, I could move to the country. It would be nice and relaxing. But it's hard to say what I'll want to do later on⁸¹. I might want to just keep living in the city.

10. Is that a big city or a small place?

My hometown isn't a major city in China. But it's still pretty big. The population is about 5 million people. So the urban area is always crowded with people. It's also the largest city of the province by land area.

见下页

⁷⁸ 还可以说: all aspects of my hometown are good

⁷⁹ There are always cool things going on: 总是有很有趣的事情在发生; 城市里总是有意思的事情

⁸⁰ settle down: 定居; 安家...

⁸¹ it's hard to say what I'll want to do later on: 很难说我以后想做什么

11. Do you like the city you are living in now?

Yeah, I really love it. At first it was overwhelming. But now I can't imagine living anywhere else. There are always cool things happening here. For example, a lot of singers come to our city for their concerts. It's really exciting.

12. How long are you going to stay there?

I don't know. It really depends on where I can work. I'll stay here if I can find a good job after graduation. But if I can't find a suitable job, I'll go back to my hometown because the cost of living in Beijing is high.

13. Is there anything you dislike in your city?

I love the city I live in. But sometimes, the buses are really slow. So as a commuter⁸², I get frustrated having to wait for long periods of time. I just want to get places on time. But public transportation doesn't always make that easy.

14. Is there anything that you dislike about your hometown?

Yes, Jinan's commute is so bad. Lots of drivers don't follow the traffic rules, and they often have road rage⁸³, so road accidents in my hometown are common.

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⁸² commuter: 通勤的人，经常乘坐公共交通的人

⁸³ road rage: 路怒症

Topic 6 Daily routine

1. Do you have a daily routine? / What's your daily routine? (高频)

Yes, I have a daily routine. In the morning, I have a nice breakfast. Then I start work. I work from home⁸⁴, so I can take a break and make lunch. After work, I like watching TV or hanging out with friends⁸⁵.

2. What do you usually do in the mornings? /What's your morning routine? (高频)

I don't like mornings that much. So usually I stay in bed for a while⁸⁶ and look at social media. After that, I take a shower, get dressed, and get ready for the day⁸⁷.

3. What part of your day do you like best? (高频)

I think my favorite part of the day is when I'm done work⁸⁸. I can make a nice dinner for myself, or go out with friends. I can relax and enjoy my free time⁸⁹.

4. Have you ever changed your routine?

Yes, I've changed my routine a lot of times. When I was a student, I changed my routine based on my classes. Then, when I got a job, I had to start waking up early for morning shifts⁹⁰.

5. Do you think it is important to have a daily routine for your study?

Yes, I think a daily routine helps you stay focused and get things done⁹¹. Without a schedule, you might lose focus. Having a routine makes your studies easier to handle⁹².

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⁸⁴ work from home: 家中工作

⁸⁵ hanging out with friends: 和朋友玩

⁸⁶ stay in bed for a while: 在床上躺一会儿

⁸⁷ get ready for the day: 收拾妥当迎接一天

⁸⁸ when I'm done work: 当我工作结束的时候

⁸⁹ enjoy my free time: 享受我的自由时间

⁹⁰ start waking up early for morning shifts: 开始早起上早班

⁹¹ get things done: 把事情做好

⁹² makes your studies easier to handle: 让学习更容易; 让你更容易去学习

Topic 7 Mirrors

1. Do you like looking at yourself in the mirror? How often? (高频)

Well, I don't like looking at myself in the mirror very often. I just check how I look⁹³ before leaving the house.

2. Have you ever bought mirrors? (高频)

Yes, I actually bought a small compact mirror⁹⁴ a few years ago. It's helpful for quickly checking your reflection⁹⁵. I also bought a tall antique mirror⁹⁶ for my room. It looks so fancy.

3. Would you use mirrors to decorate your room? (高频)

Yes, I would. I love having mirrors, especially big ones in my bedroom. I think mirrors can make the room feel bigger. I also love how mirrors make my room brighter since they reflect light⁹⁷.

4. Do you use mirrors in clothing stores when you buy clothes? (高频)

Yes, I like to look at the mirror when I try on clothes. It's important to see if the clothes fit right⁹⁸. It's also good to see if the colour matches your skin tone⁹⁹.

5. Do you usually take a mirror with you?

No, I don't usually take a mirror with me. Sometimes I bring a compact mirror to check my reflection. But I don't often worry about my appearance¹⁰⁰. So I don't need a mirror.

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⁹³ check how I look: 检查一下自己的仪容仪表

⁹⁴ small compact mirror: 随身携带小镜子

⁹⁵ checking your reflection: 检查一下自己的样子;
此处 reflection 指镜像

⁹⁶ antique mirror: 古董镜子

⁹⁷ reflect light: 反射光线

⁹⁸ to see if the clothes fit right: 看看衣服是否合身

⁹⁹ if the colour matches your skin tone: 如果这个颜色和你的肤色很搭

¹⁰⁰ I don't often worry about my appearance: 我一般不太在意自己的外表

Topic 8 Dreams

1. Can you remember the dreams you had? /Do you often remember your dreams? (高频)

Yeah, I can remember my dreams pretty often. They're usually full of weird details¹⁰¹. So they make my friends laugh when I share them. It's definitely interesting to talk about them.

2. Do you think dreams have special meanings? (高频)

Yes, I think that dreams may represent people's fears or desires¹⁰². For example, many students have dreams about failing exams 😊. Those types of dreams can be very revealing¹⁰³.

3. Why do people have dreams? (高频)

I don't know a lot about the human brain. But I think that people have dreams to deal with all their emotions and memories. Dreaming is just your body's way of expressing thoughts and feelings¹⁰⁴.

4. Have you studied any subjects or courses about dreams? (高频)

No, I've never studied anything related to¹⁰⁵ dreams. I think it would be interesting to take a course about dreams. I would love to know why we have dreams. It would also be great to know what my dreams mean.

5. Do you share your dreams with others?

No, I don't usually share my dreams with other people. Sometimes, if I have a funny dream, I might tell my friends. But my dreams can be pretty random¹⁰⁶. So I don't talk about them often.

6. Are you interested in others' dreams?

Yeah, it's very interesting to hear about other people's dreams. Sometimes dreams show hidden secrets or desires¹⁰⁷. I think that you can learn a lot about a person depending on their dream¹⁰⁸.

7. Do you want to make your dreams come true?

Well, sometimes my dreams are really weird. But I've had some cool dreams where I get to talk to celebrities¹⁰⁹. So I guess it would be fun if those dreams came true 😊.

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¹⁰¹ full of weird details: 充满了奇奇怪怪的细节

¹⁰² represent people's fears or desires: 代表了人们的恐惧或欲望

¹⁰³ revealing: 很能说明问题; 很有启迪作用

¹⁰⁴ just your body's way of expressing thoughts and feelings: 只是一种你身体来自我表达思想和感受的方式

¹⁰⁵ I've never studied anything related to: 我从来没研究过关于....这方面

¹⁰⁶ my dreams can be pretty random: 我的梦很乱; 我梦可能很随意

¹⁰⁷ show hidden secrets or desires: 展示隐藏(在潜意识中)的秘密和欲望

¹⁰⁸ depending on their dream: 通过(靠)他们的梦; 注意此处 depending on 是“依靠于/通过...”的意思

¹⁰⁹ I've had some cool dreams where I get to talk to celebrities: 我做过一些很酷的梦, 梦到和名人聊天

Topic 9 Taking photos

1. Do you like taking photos? (高频)

Yes, I like taking photos. If I see something interesting, like a cool flower or a pretty building, I take a picture to remember it later¹¹⁰. It's also really fun to take photos with friends.

2. Do you want to improve your picture taking skills? (高频)

Yes, I'd love to. I really want to learn about different camera settings¹¹¹ and how to get good lighting¹¹². I think watching some online tutorials¹¹³ would be super helpful.

3. Do you like taking selfies? (高频)

Yes, sometimes I like taking selfies. It's nice to have good photos of yourself. It can make you feel more confident. But I try not to take too many selfies. Otherwise, it makes you vain¹¹⁴.

4. What is your favorite family photo? (高频)

I really like a family photo we took on vacation. We all went to a beach and someone offered to take a photo of us¹¹⁵. We all look very happy together.

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¹¹⁰ take a picture to remember it later: 拍一张照片留作纪念

¹¹¹ different camera settings: 不同的相机设置

¹¹² how to get good lighting: 怎么去找绝佳的（照明）光线

¹¹³ online tutorials: 在线教程

¹¹⁴ Otherwise, it makes you vain: 否则的话会让你看上去很虚荣（贪图外表的人）

¹¹⁵ someone offered to take a photo of us: 有人主动提出要给我们拍张照片

Topic 10 E-mail

1. How often do you write an email? / Do you often send emails? (高频)

I don't write emails that often¹¹⁶. My friends and I mostly chat through WeChat. Sometimes we even call each other.

2. Do you prefer contacting others by text messages or emails? (高频)

I prefer text messages. Most of my friends don't even check their emails quite often, so it's easier to contact them over text. Plus, emails are really formal. I feel like texts are more personal and you don't have to be as serious¹¹⁷.

3. When would you send emails to others? (高频)

I usually send emails if it's for professional reasons¹¹⁸. At my part-time job, I email coworkers about work. For example, I often need to report to my boss through email.

4. Do you prefer contacting others by talking on the phone or sending emails? (高频)

I prefer talking on the phone. It's easier to connect with someone when you can hear their voice. Plus, if I want to talk to a friend, I like having a conversation over the phone¹¹⁹. Phone calls are more personal¹²⁰.

5. Is sending emails popular in China?

No, I don't think that sending emails is very popular in China. People prefer to talk over instant-messaging or phone calls¹²¹. It's a lot easier, and sometimes it's quicker too. Emails can be too formal.

6. Do you think sending emails will be more or less popular in the future?

I think sending emails will be less popular in the future. People usually just text, instant-message, or call each other. Things are getting more casual when it comes to communication¹²². So I don't think emails will get more popular.

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¹¹⁶ don't write emails that often: 不那么经常写电邮

¹¹⁷ as serious: 注意这里 as 是修饰程度的(发短信不需要像发邮件那么严肃正式)

¹¹⁸ if it's for professional reasons: 如果是出于职业(专业)原因

¹¹⁹ having a conversation over the phone: 在电话里交谈聊天

¹²⁰ more personal: 更私人

¹²¹ talk over instant-messaging or phone calls: 用即时通讯(比如微信)或电话交谈

¹²² Things are getting more casual when it comes to communication: 在沟通交流方面, 正变得越来越随意(也变得不那么正式)

Topic 11 Sports

1. Do you like watching sports programs on TV? (高频)

I don't like sports that much¹²³. But sometimes I enjoy watching basketball. It's a very exciting sport. I love watching games on my TV. It's so cozy¹²⁴ sitting on my couch and enjoying the game.

2. Do you watch live sports games? (高频)

I don't usually watch live sports games because the tickets are expensive. But sometimes I watch a live game if it's streaming online¹²⁵. I always enjoy watching a game with friends in front of a screen.

3. Do you like to watch live sports games alone or with others? (高频)

I like watching live sports games with others. I don't know much about sports, so I don't enjoy watching them alone. But when I'm with people who love the game¹²⁶, it makes it more entertaining¹²⁷.

4. Who do you like to watch sports games with? (高频)

I really like watching sports games with my brother. He loves sports, so he knows all the rules and he can explain what's going on. It's fun to watch him get excited about the game.

5. What kinds of games do you expect to watch in the future?

I became interested in¹²⁸ football recently. So I'll probably watch some games on TV. Plus, the football team in my hometown is one of the best in China. It'll be fun to watch more of their games.

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¹²³ I don't like sports that much: 我没有那么喜欢体育运动

¹²⁴ cozy: 舒服

¹²⁵ streaming online: 在线直播

¹²⁶ when I'm with people who love the game: 当我和热爱运动比赛的人在一起时

¹²⁷ entertaining: 有意思; 有娱乐性

¹²⁸ became interested in: 开始对...感兴趣

Topic 12 Cinemas

1. Did you usually go to the cinema when you were a kid? (高频)

Yeah, as a kid¹²⁹ I went to the cinema with my parents a lot. It was nice to go to the movies together. Sometimes, I brought my friends¹³⁰. That was always fun too.

2. Do you usually go to the cinema with your friends? (高频)

Yes, I really like going to the cinema with my friends. We always talk about the movie after¹³¹. We'll argue about if the plot was good or if we liked the acting. It's really fun.

3. Do you still like watching the movies you liked when you were a kid? (高频)

Yes, I do. There are some movies that I still enjoy. The animated movies¹³² are fun to watch, like Dragon Ball and Doraemon¹³³. Honestly, I've re-watched them many times and I never get tired of them¹³⁴.

4. Do you prefer watching movies at home or at the cinema?(高频)

I prefer watching movies at the cinema. The sound system¹³⁵ and the huge screen make the movie more entertaining. Plus, sometimes the audience reactions¹³⁶ make the viewing experience more fun.

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¹²⁹ as a kid: 当我还是个孩子的时候

¹³⁰ brought my friends: 带朋友一起去

¹³¹ talk about the movie after: (看完)之后讨论电影

¹³² The animated movies: 动画电影

¹³³ Dragon Ball and Doraemon: 龙珠和哆啦 A 梦

¹³⁴ never get tired of them: 从来不会厌倦它们; 这里指看这些动画从来都不烦

¹³⁵ sound system: 音响系统

¹³⁶ audience reactions: 观众的反应

Topic 13 Art

1. Do you like drawing? (高频)

Yes, I really enjoy drawing. It's a great way for me to relax. I like the pieces that I've made¹³⁷. I even put some on the walls in my room.

2. Do you like to go to the gallery? (高频)

Yeah, I really like going to galleries. It's a lot of fun to go with a friend and talk about the different paintings and sculptures¹³⁸. You can definitely have some interesting conversations.

3. Did you learn drawing/painting when you were a kid? (高频)

Yes, I learned to draw when I was a kid. My mom is really good at it. We would always spend time drawing things together. I'm glad I got to learn from her.

4. Do you want to learn more about art? (高频)

Yes, I'd love to learn more about art. It would be really cool to learn about different art styles and techniques¹³⁹. I hope I get the chance to¹⁴⁰ take some art classes.

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¹³⁷ the pieces that I've made: 我画的作品

¹³⁸ sculptures: 雕塑

¹³⁹ learn about different art styles and techniques: 学

习不同的艺术风格和技巧

¹⁴⁰ get the chance to: 有机会去...

Topic 14 Cars

1. Did you like traveling by car when you were a kid? (高频)

Yes, I loved traveling by car. It was always exciting, especially if we were going somewhere far away. Sometimes I got carsick¹⁴¹. But most of the time I enjoyed it.

2. Do you prefer to be a driver or a passenger? (高频)

I prefer being a passenger. Sometimes it's nice to drive because you have control over the car¹⁴². But driving can also be very stressful. So I like to be a passenger and just relax.

3. What types of cars do you like? /What type of cars would you like to buy in the future? (高频)

I really like electric cars. I think it's so cool that you don't need gas. You can just charge your car¹⁴³. They're good for the environment, so I would love to buy one.

4. Which color do you prefer for a car? (高频)

I really like dark blue or black for a car. Darker colors are better for everyday use. If you get your car dirty, it won't be as noticeable¹⁴⁴.

5. What do you usually do when there is a traffic jam?

Whenever there's a traffic jam, I usually sing along to some music¹⁴⁵. It's a good way to avoid getting frustrated. After all, there's not much you can do when you're stuck in traffic¹⁴⁶.

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¹⁴¹ got carsick: 晕车

¹⁴² have control over the car: 能控制汽车

¹⁴³ charge your car: 给车充电

¹⁴⁴ it won't be as noticeable: 不会那么显眼

¹⁴⁵ sing along to some music: 跟着歌一起唱

¹⁴⁶ stuck in traffic: 堵车

Topic 15 Street Market

1. What do people usually buy at a street market? (高频)

I think it's common to buy special dishes from food stalls¹⁴⁷. There are lots of amazing snacks available¹⁴⁸. People also find unique objects at a street market. For example, you can often buy handmade crafts.

2. Do you prefer to go shopping at a shopping mall or at a street market? (高频)

I prefer shopping at a street market. Street markets have more unique items. Plus, you can barter¹⁴⁹ at a street market. But at a shopping mall, the prices are fixed¹⁵⁰.

3. When was the last time you went to a street market? (高频)

I went with my friends three or four years ago. We decided we wanted to try some cool snacks. We each picked something different¹⁵¹. Then we shared all the food. Everything was so delicious.

4. Are there many street markets in China? (高频)

Yes, there are tons of¹⁵² street markets in China. China is a huge country with thousands of cities and towns. Even the smallest towns have more than one street market. So there are countless¹⁵³ street markets.

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¹⁴⁷ food stalls: 小吃摊

¹⁴⁸ available: 此处意指“可以买到”

¹⁴⁹ barter: 讨价还价

¹⁵⁰ the prices are fixed: 价格是固定的

¹⁵¹ We each picked something different: 我们每个人都选择了不同的东西（小吃）

¹⁵² tons of: 很多

¹⁵³ countless: 数不清的

Topic 16 Websites

1. What kinds of websites do you usually use? (高频)

I tend to use social networking sites¹⁵⁴. I also use search engines¹⁵⁵, of course. Sometimes I like reading online magazines. So I visit sites that have articles about the newest trends and topics in pop culture.

2. Are there any changes in the websites you usually use? (高频)

Well, there're a lot more advertisements than before. Besides, video websites have all added the bullet chatting function¹⁵⁶. It allows users to send comments that fly across the screen like bullets. It's really entertaining.

3. What is your favorite website? (高频)

My favorite website is Bilibili. It's a Chinese video sharing website¹⁵⁷. There are so many interesting videos to check out. You can find cute animals, movie reviews, and tutorials for lots of things.

4. What kinds of websites are popular in your country? (高频)

I think that social media sites are really popular. People spend a lot of time on sites like Weibo and Douban. People also check the news online, so major news sites are popular too.

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¹⁵⁴ social networking sites: 社交网站

¹⁵⁵ search engines: 搜索引擎

¹⁵⁶ the bullet chatting function: 弹幕功能

¹⁵⁷ video sharing website: 视频分享网站

Topic 17 Mobile phone

1. Do you remember your first phone? /What was your first mobile phone? (高频)

Yes, I do. I got my first phone, a Nokia N95¹⁵⁸, when I was a teenager. I was excited to finally text my friends¹⁵⁹. It was perfect for me at the time.

2. Do you often use your mobile phone for texting or for calls? (高频)

I usually use my mobile phone for texting. Phone calls are more common for older people. For example, my parents always call me to talk¹⁶⁰. But my friends and I always text.

3. Will you buy a new mobile phone in the future? (高频)

Yes, I think I'll buy a new smartphone in the future. I'm hoping to get a phone with a better camera. It would be nice to have a camera that can take higher-quality shots¹⁶¹.

4. How has your mobile phone changed your life?

My mobile phone helps me communicate with people better. I can text or message them over social media. I can also organize my life by making lists and doing online shopping.

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¹⁵⁸ Nokia N95: 每个人手机不一样，请根据个人情况改动内容

¹⁵⁹ finally text my friends: 用于（可以）和朋友发短信了

¹⁶⁰ call me to talk: 打电话和我聊

¹⁶¹ take higher-quality shots: 拍出高质量的照片；
拍出高清晰度的照片

Topic 18 Time management

1. How do you plan your time in a day? (高频)

I make a list of everything I need to do. Then I decide what needs to be done first. I also figure out how much time each task will take. Then I start doing tasks.

2. Is it easy to manage time? (高频)

No, it's not always easy to manage time. You can get distracted and end up wasting time. So you have to stay very focused.

3. When do you find it hard to allocate time?

I find it hard to allocate time when I'm really busy. When I was in university, I was also working a part-time job. So it was hard to balance shifts at work and my homework.

4. Do you like being busy?

Yes, I usually enjoy being busy. Whenever I have too much free time, I get really bored. But when I'm busy, I feel like I have a purpose¹⁶². I have something to keep me motivated.

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¹⁶² I feel like I have a purpose: 我觉得我是有目标的

Topic 19 Lost and found

1. What will you do if you find something lost by others? (高频)

If I find a lost object in a public place like a mall, I'll leave it with the lost and found¹⁶³. But if it's on the street, I'll just leave it there in case the person comes back¹⁶⁴.

2. Have you ever lost things? (高频)

Yes, I've lost lots of things before 😞. The most frustrating thing to lose is¹⁶⁵ a house key. You have to replace that right away. One time, I even lost my phone at the mall.

3. Do you report to the police when finding something lost by others? Why? (高频)

Well, if it's something replaceable, like a key, I usually just leave it there. But if it's something valuable, like a cellphone, I would report it to the police. They can find the person who lost it.

4. Will you post on social media if you lose your item? (高频)

No, I don't think I'll do that. I don't have many followers¹⁶⁶ on social media platforms. So if I lost something, like a wallet at a mall, I would probably just check the lost and found¹⁶⁷ instead of asking my followers.

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¹⁶³ leave it with the lost and found: 把他放在失物招领处

¹⁶⁴ in case the person comes back: 以防那个（丢东西的）人回来

¹⁶⁵ The most frustrating thing to lose is: 我丢过的最让我觉得懊恼的东西是...

¹⁶⁶ followers: 关注者；加我好友的人

¹⁶⁷ check the lost and found: 看看失物招领处

Topic 20 Memory

1. Why do some people have good memory while others just don't? (高频)

Well, some people keep their brains active¹⁶⁸. They improve their memory by learning a new language or playing a new instrument. So they have better memory than others.

2. Why do more people rely on cellphones to memorize things? (高频)

I think it's mainly because cell phones are much more convenient. Unlike our brains, they don't get overwhelmed very easily¹⁶⁹. They can record information for much longer than we can.

3. Are you good at memorizing things?

I'm okay at¹⁷⁰ memorizing things. I always remember song lyrics, even if I've only heard the song a couple times¹⁷¹. But I'm bad at remembering people's names, especially if I don't know them very well.

4. Have you ever forgotten something that was important?

Yes, I've done this a few times¹⁷². Once, I forgot my mom's birthday. She was a little upset that I forgot to call and wish her a happy birthday. I felt really bad.

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¹⁶⁸ keep their brains active: 保持他们的大脑活跃；这里是指有的人大脑很活跃

¹⁶⁹ they don't get overwhelmed very easily: 它们不会

那么容易崩溃（被压垮）

¹⁷⁰ I'm okay at: 我对于...还行

¹⁷¹ a couple times: 一两次

¹⁷² I've done this a few times: 我有忘过一两次

Topic21 Headphones

1. Do you use headphones? (高频)

Yes, I use headphones pretty often. It helps me stay focused. Plus, listening to music is much better when you have headphones on¹⁷³. You can hear everything more clearly.

2. What type of headphones do you use? (高频)

I really like using wireless headphones¹⁷⁴. Headphones with wires can get tangled in things¹⁷⁵. So I have earbuds that I can use with Bluetooth¹⁷⁶. It's so convenient.

3. When would you use headphones? What do you use headphones for? (高频)

I use headphones to listen to music without bothering anyone¹⁷⁷. For example, when I'm on the bus, I use headphones to avoid bothering the other passengers. I also like to use headphones for phone calls. I can walk around while talking on the phone¹⁷⁸.

4. In what conditions will you not use headphones? (高频)

I don't use headphones if I really need to focus. Sometimes, listening to music can be distracting. So I'll take out my headphones¹⁷⁹ and work quietly.

5. Are headphones popular in your country?

Yeah, headphones are popular in my country. A lot of people commute to work and school¹⁸⁰ every day. So they listen to music on their way. You can listen to whatever you want without bothering other people¹⁸¹.

见下页

¹⁷³ when you have headphones on: 当你戴着耳机的时候

¹⁷⁴ wireless headphones: 无线耳机

¹⁷⁵ get tangled in things: 缠绕在东西上

¹⁷⁶ I have earbuds that I can use with Bluetooth: 我可以用蓝牙连接的耳机

¹⁷⁷ listen to music without bothering anyone: (想

要) 在不打扰别人的情况下听音乐

¹⁷⁸ talking on the phone: 打电话; 在电话上交谈

¹⁷⁹ take out my headphones: 拿出去我的耳机; take out 在此处有“去掉; 移除”之意

¹⁸⁰ commute to work and school: 上班和上学通勤

¹⁸¹ without bothering other people: 不会打扰到其他人

6. How long do you wear headphones a day?

I usually wear headphones on my commute¹⁸². Sometimes I use them when I go for a walk at night. It's nice to listen to music while I walk around the neighborhood. So I probably spend three hours wearing headphones a day.

7. Do you think it's healthy to wear headphones or earphones?

I don't think you should have headphones on for too long¹⁸³. Listening to loud music a lot might eventually damage your eardrums¹⁸⁴. You might get hearing problems later on. But as long as you don't use headphones too often, you should be safe.

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¹⁸² on my commute: 在上下班路上

¹⁸³ have headphones on for too long: 戴耳机太久

¹⁸⁴ damage your eardrums: 伤害你的耳鼓 (耳膜)

Topic22 Shoes

1. Do you like buying shoes? How often? (高频)

I don't like buying shoes that much¹⁸⁵. Finding the right pair can take a long time. I always feel tired after shoe shopping¹⁸⁶. So I don't buy shoes a lot. I only do it a couple times per year.

2. Have you ever bought shoes online? (高频)

Yes, I've bought shoes online. It's hard because you can't try them on¹⁸⁷. Sometimes the shoes will be the wrong size¹⁸⁸. But when you shop online, you have more choices.

3. How much money do you usually spend on shoes? (高频)

I want to get good-quality shoes. So I usually spend a hundred dollars on a pair. Cheaper shoes don't last as long¹⁸⁹. When you have to replace them pretty often, it's actually more expensive.

4. Which do you prefer, fashionable shoes or comfortable shoes? (高频)

I definitely prefer comfortable shoes. I don't care that much about¹⁹⁰ fashion. I prefer shoes that are nice to walk in. In the long run¹⁹¹, comfortable shoes are better for your feet anyways.

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¹⁸⁵ that much: 那么; 形容程度

¹⁸⁶ after shoe shopping: 逛街买鞋之后

¹⁸⁷ try them on: 试穿

¹⁸⁸ the shoes will be the wrong size: 鞋子的尺码会不对

¹⁸⁹ Cheaper shoes don't last as long: 便宜的鞋子穿不了这么久

¹⁹⁰ I don't care that much about: 我不太在乎

¹⁹¹ In the long run: 从长远来看

Topic23 Handwriting

1. Do you like handwriting? / When do you write by hand? (高频)

I prefer typing most of the time. But handwriting is nice too. Sometimes I write my thoughts down in a notebook. It makes me feel more organized¹⁹². Plus, handwriting is better for when¹⁹³ you're giving someone a personal card.

2. Did you write more when you were a child? (高频)

Yes, definitely. I used to write letters to my grandparents all the time. It was really fun to write the letters and get replies back¹⁹⁴. Sometimes I wrote to my friends, but they preferred talking in person¹⁹⁵ or calling on the phone.

3. What needs to be written by hand these days? (高频)

I think that most cards and personal letters need to be written by hand. Handwritten cards are especially nice for¹⁹⁶ special occasions like birthdays or graduation. Some people even handwrite their wedding invitations. I think that's really sweet.

4. Do you think handwriting is important?

Yes, I think so. When you're giving someone a gift, it's nice to handwrite a card¹⁹⁷ so they feel special. Handwritten letters¹⁹⁸ can show someone that you care. Plus, if you write your notes, you can remember things better. So it's definitely important for some things.

5. Which do you prefer, handwriting or typing?

Well... I like handwriting, but using a computer is faster and more convenient. If I'm writing an essay for school, it would take too much time to write it out¹⁹⁹. My hand hurts when I try to write for that long. Typing is a lot easier.

6. What's the difference between handwriting and typing?

Well, handwriting is more personal²⁰⁰. Everyone has a unique style of handwriting. Your writing can say a lot about you²⁰¹. Typing is more efficient though. Even if you're slow at typing, you'll get more done than if you were writing by hand.

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¹⁹² makes me feel more organized: 让我感觉更有条理

¹⁹³ is better for when: 在...的时候会更好

¹⁹⁴ get replies back: 得到回信

¹⁹⁵ talking in person: 面谈; 面对面聊

¹⁹⁶ Handwritten cards are especially nice for: 手写贺卡尤其适合

¹⁹⁷ handwrite a card: 亲手写一张卡片

¹⁹⁸ Handwritten letters: 手写信

¹⁹⁹ take too much time to write it out: 花太多时间写出来

²⁰⁰ more personal: 更个人; 更私人; 更个性

²⁰¹ Your writing can say a lot about you: 你写的字会透露出很多关于你的信息; 通过你的字能了解你

Topic24 Science

1. Do you like science? Do you think it is difficult? (高频)

Well, I don't like science that much²⁰². I think it's interesting, but I find it hard to understand some of the complicated concepts. In high school, I didn't get the best grades in science.

2. When did you start to learn about science? (高频)

I started learning about science in elementary school. I remember that we learned about magnets²⁰³. The teacher showed us how magnets could attract and repel each other²⁰⁴. It was really fun to play around with magnets.

3. Which science subject is interesting to you? (高频)

I think that biology is the most interesting to me. It's cool to learn how the human body works. I also like hearing facts about animal biology. Humans and animals actually have a lot in common²⁰⁵.

4. What kinds of interesting things you have done with science? (高频)

When I was in high school, we dissected a frog²⁰⁶. It might sound gross²⁰⁷, but I actually learned a lot about the different body parts. I remember that my partner was really freaked out²⁰⁸. But I found it really interesting.

5. Have you ever attended a science lecture? Do you feel it's easy or difficult?

I took one science class in university. It wasn't too hard to understand because it was about psychology. A lot of concepts in psychology are common sense²⁰⁹. But there are some parts of the human mind that are difficult to learn about. It's a really cool subject though.

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²⁰² I don't like science that much: 我不太喜欢理科

²⁰³ magnets: 磁性

²⁰⁴ how magnets could attract and repel each other:
磁铁是如何相互吸引和排斥的

²⁰⁵ have a lot in common: 有很多共同点

²⁰⁶ dissected a frog: 解剖一只青蛙

²⁰⁷ gross: 恶心

²⁰⁸ freaked out: 吓坏了的

²⁰⁹ common sense: 常识

Topic25 Lost (New places)

1. Have you ever been lost? (高频)

Yes, definitely. Once, I was visiting my friend in a different city. I made a couple wrong turns²¹⁰ and got very lost²¹¹. Instead of just turning around, I tried to find a different route. But I had no idea where I was.

2. Have you ever helped someone who got lost? (高频)

Yes. I live in a major city. So tourists often ask for directions²¹². A few weeks ago, I helped a couple find the museum they were looking for. They seemed nervous to talk to me. But I didn't mind helping.

3. Will you read a map if you get lost (or if you go to a new place)? (高频)

I don't usually read maps. I just use my phone's map app to go places²¹³. Whenever I feel lost, I just look up the address and use my smartphone to navigate. So I wouldn't really need to read the map.

4. What do you do if you get lost? (高频)

First I try to retrace my steps²¹⁴. That helps me find the place I started from. If I can't remember where I was before, I'll look up my location on my maps app²¹⁵. Or I might ask someone to give me directions.

见下页

²¹⁰ made a couple wrong turns: 转错了几个弯

²¹¹ got very lost: 彻底迷路了

²¹² ask for directions: 问路; 询问方向

²¹³ use my phone's map app to go places: 我用手机

的地图应用(导航)去某个地方

²¹⁴ retrace my steps: 走回头路; 往回走

²¹⁵ look up my location on my maps app: 在我的地图应用上查我的位置

5. Do you feel nervous when you travel to new places?

Yes, I do. It's stressful especially if I don't speak the same language as everyone else. It's hard to feel comfortable when you don't know what people are saying. But it's really exciting to explore a new place²¹⁶.

6. What places do people get lost easily?

I think people usually get lost in major cities. Sometimes it can be hard to tell the streets apart²¹⁷. The countryside is also confusing. The roads aren't marked very clearly²¹⁸. It's even harder to navigate at night.

7. What was the last new place you visited?

Several weeks ago, my friends and I visited a small town an hour away from us²¹⁹. We visited lots of little shops. They all had really unique items. Plus, there was a beautiful park that we hung out at for a while²²⁰.

8. How is it different from other places?

This town was very different from the major cities close by²²¹. It was not so crowded. There were lots of little shops instead of big chain stores²²². And there was also a lot more nature. I saw tons of trees and flowers.

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²¹⁶ explore a new place: 探索一个新地方

²¹⁷ it can be hard to tell the streets apart: 很难把街道区分开来

²¹⁸ The roads aren't marked very clearly: 道路标得不是很清楚

²¹⁹ an hour away from us: 距离一小时的路程

²²⁰ hung out at for a while: 一起玩了一会

²²¹ close by: 在附近的

²²² big chain stores: 大型连锁商店

Topic26 APP

1. Have you downloaded any new apps recently? Why did you download it? (高频)

I just downloaded a new photo-editing app. It's fun because you can add different filters²²³ to your pictures. I like posting on social media²²⁴. So I want to make sure that my pictures look good first.

2. What kinds of apps do you often use? (高频)

Well, I use Weibo the most. It's like the Chinese version of Twitter but way more entertaining²²⁵. It's very fun and easy to use. I check it pretty often during the day.

3. What was the first App you used? (高频)

I think the first app I ever used was QQ. It was a simple instant messaging app²²⁶. You could add other people with their QQ number. I had a lot of fun friends on QQ who I met on the internet.

4. What kinds of apps are you usually interested in? (高频)

I really like apps that tell you facts based on the photos you upload²²⁷. For example, I downloaded a nature app that will tell you what kind of plant you've taken a picture of. I think that's a cool way to learn about the world.

5. What kind of apps do you want to see in the future?

I want to see more apps that add effects to your surroundings²²⁸. It would be cool if the app could project images or even videos onto what you're seeing²²⁹. A popular app that did that was Pokémon Go²³⁰. It was really popular because it showed Pokémon through the camera.

6. How do you find different apps?

I have lots of apps on my phone. Sometimes my friends share them with me. Other times²³¹, an ad will show me an app, and I'll download it if I'm interested in it.

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²²³ filters: 滤镜

²²⁴ posting on social media: 在社交媒体上发帖

²²⁵ way more entertaining: 更具有娱乐性, 更好玩; way 起强调修饰的作用

²²⁶ instant messaging app: 即时通讯软件

²²⁷ apps that tell you facts based on the photos you upload: 根据你上传的照片告诉你事实的应用程序

²²⁸ add effects to your surroundings: 给你周围的环境加上视觉效果

²²⁹ project images or even videos onto what you're seeing: 将图像甚至视频投射到你所看的东西上

²³⁰ Pokémon Go: 宠物小精灵 Go 游戏; 宝可梦精灵 Go

²³¹ Other times: 其他时候, 有的时候

Topic27 Pets

1. Have you ever had a pet before? (高频)

Yes, I've had a pet before. When I was little, my family got a cat. It was a really sweet pet. Now that I'm living on my own²³², I have a small dog. He's really energetic and loves going for walks. I spend a lot of my day with him.

2. What animal would you like to keep as a pet? (高频)

Well, I'd like to have a pet snake. Some people don't like snakes, but I think they're cute. It's just hard to take care of them. But it would be really cool to have an exotic pet²³³.

3. What's the most popular animal in China? (高频)

I think cats and dogs are the most popular animals in China. They're really easy to take care of. Cats don't require a lot except for food and a place to sleep. Dogs need to be walked²³⁴, but they make great companions²³⁵.

4. Where do you prefer to keep your pet, indoors or outdoors? (高频)

I prefer having my pet indoors. Some people have outdoor cats, but I would worry about the cat getting stolen or lost. Having a pet inside also means that they can keep you company²³⁶. It's so nice to bond with²³⁷ an animal.

5. What's your favorite animal? Why?

Well, I really like pandas. They look like giant teddy bears, but with black and white markings. They even have black eye patches²³⁸ that make them look pretty funny. Pandas are definitely the cutest animals.

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²³² living on my own: 独自生活

²³³ have an exotic pet: 养一只不同寻常的宠物

²³⁴ Dogs need to be walked: 狗需要遛

²³⁵ make great companions: (狗狗)可以成为你很好

好的陪伴

²³⁶ keep you company: 陪伴你

²³⁷ bond with: 与...建立亲密的关系

²³⁸ black eye patches: 黑眼圈

Topic28 Color

1. Which color do you like best? (高频)

I really like blue. It's very calming²³⁹. It also reminds me of lots of things in nature, like the sky and the ocean. Plus, it looks good with a lot of other colours²⁴⁰.

2. Are there any colors you dislike? Why? (高频)

I don't like orange. It doesn't look good with many other colours²⁴¹. And personally, it doesn't look good with my skin tone²⁴². So I avoid orange most of the time.

3. What color of the room would make you feel uncomfortable? (高频)

I don't think I would like a lime green²⁴³ room. It would be too bright. It would be uncomfortable to see that everywhere. Black would also be a bad choice. I think that would feel really dark and creepy²⁴⁴.

4. What colors do your friends like? (高频)

My friends like bright, warm colours. They like red, green, and yellow, which are usually summery colours²⁴⁵. During the fall, they like to wear clothes in black, brown, and white. But they decorate their rooms with all kinds of colours.

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²³⁹ calming: 令人安静放松的

²⁴⁰ it looks good with a lot of other colours: 它和很多其他颜色搭配起来都很好看

²⁴¹ It doesn't look good with many other colours: 它配其他很多颜色不好看

²⁴² it doesn't look good with my skin tone: 它和我的肤色不搭

²⁴³ lime green: 石灰绿

²⁴⁴ creepy: 恐怖; 令人毛骨悚然

²⁴⁵ summery colours: 夏天的颜色

Topic29 Public gardens and parks

1. What do you like to do when visiting a park? /Do you like parks? (高频)

I like walking around with²⁴⁶ my friends. It's a nice way for us to enjoy nature. Some of my friends have dogs, so we walk around with them. It's so cute when they get to run around the park²⁴⁷.

2. Did you like to go to the park as a child? (高频)

Yeah, I loved going to the park when I was a kid. My parents let me run around²⁴⁸ and have fun. Sometimes my friends and I went together and played games. I made a lot of good memories at the park²⁴⁹.

3. How are the parks today different from those you visited as a kid? (高频)

Well, parks today are way better than²⁵⁰ the parks I went to when I was a child. I still remember the park I went to with my friends. It only had a slide and a couple of swings²⁵¹. But newer parks have big playgrounds with lots of recreational equipment²⁵².

4. Would you like to hang out in a public garden or a park?

I think I'd rather hang out in a park. Public gardens are beautiful. But I would be worried about accidentally ruining²⁵³ the plants or something. Public parks usually have more room. You can also do more activities, like soccer or a game of catch²⁵⁴.

5. Would you prefer to hang out in a personal garden or a public garden?

I think I'd like to hang out in a public garden. A personal garden would be nice because you'd have more privacy. But I would be too worried about accidentally messing something up²⁵⁵. Being in a public garden is more relaxing. Plus, you can hang out with other people there.

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²⁴⁶ walking around with: 和...散步走走

²⁴⁷ run around the park: 在公园里跑来跑去

²⁴⁸ run around: 到处玩耍游逛

²⁴⁹ I made a lot of good memories at the park: 我在公园留下了很多美好的回忆

²⁵⁰ way better than: 比...好得多

²⁵¹ a slide and a couple of swings: 一个滑梯和几个秋千

²⁵² recreational equipment: 游乐设施

²⁵³ accidentally ruining: 不小心毁掉; 不小心破坏

²⁵⁴ a game of catch: 接球游戏

²⁵⁵ messing something up: 把事情搞砸

Topic 30 Weather

1. What kind of weather do you like most? (高频)

I really love rainy weather. It's so nice when it's cool outside and raining a little. It's cozy²⁵⁶ to stay inside and watch a storm²⁵⁷. But I also like sunny weather. It's really nice to enjoy the warm sun.

2. What's the weather like in your hometown? Do you like that? (高频)

It's usually warm in the summer and cold in the winter. We also get a normal amount of rain and snow²⁵⁸. I like that we go through all the seasons²⁵⁹. It's nice to have a change.

3. Do you want to live in another place with a different climate in the future? (高频)

I think it would be nice to live where it's sunny all the time. I really love the beach. So it would be great to live by the ocean²⁶⁰. I'm not sure if I'd want to stay forever. But it could be cool for a while²⁶¹.

4. Have you ever been to a foreign country where the weather is different from your country? (高频)

Yes, a few years ago, I went on vacation to an island where it was always sunny. My city often has rainy weather, so it was a huge shock²⁶². I really enjoyed all the sunshine though!

5. Do you think people will be happy living in a place with sunny seasons? (高频)

Yes, I think so. There are lots of activities to do when it's nice and sunny out²⁶³. I don't think people would mind if²⁶⁴ it was warm and bright all the time.

见下页

²⁵⁶ cozy: 舒适的;舒服的

²⁵⁷ watch a storm: 观赏暴风雨

²⁵⁸ get a normal amount of rain and snow: 有正常的降雨量和降雪量

²⁵⁹ go through all the seasons: 经历所有的季节

²⁶⁰ live by the ocean: 住在海边

²⁶¹ it could be cool for a while: 待一段时间也挺好

的; 能待一段时间也是挺酷的

²⁶² it was a huge shock: 对我来说是很大的冲击; 让我很惊讶

²⁶³ when it's nice and sunny out: 当天气晴朗阳光充足的时候

²⁶⁴ I don't think people would mind if: 我想大家不会介意的

6. Do you prefer dry or wet weather?

喜欢潮湿一点的地方：

I prefer a humid place. Even though that weather can really be annoying²⁶⁵ sometimes, it's better than a totally dry area²⁶⁶. I actually love rainy days very much, so I like living in a place where it rains often.

喜欢干燥一点的地方：

I prefer a dry place. The humid weather always makes me feel like I'm sticky²⁶⁷. So I feel dry days are more comfortable for me.

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²⁶⁵ annoying: 讨厌的；烦人的

²⁶⁶ a totally dry area: 完全干燥的地区

²⁶⁷ sticky: 粘粘的，黏黏的

Topic 31 Concentration

1. Can you concentrate in a noisy environment? (高频)

No, it's really hard for me to focus in a noisy environment. I like working when it's quiet. If it's too loud, I won't be able to pay attention to my work. Noise makes me want to focus on the things around me instead of my tasks²⁶⁸.

2. Is it difficult for children to concentrate? (高频)

Yes, I think that children find it hard to concentrate. They're just so full of energy. They would rather be running around or playing²⁶⁹. But children can learn to focus. They just need to learn how to pay attention to a task.

3. How can we help kids focus? (高频)

I think kids can learn how to focus by doing tasks. Most children can't multitask²⁷⁰. Letting them do one task at a time helps improve their concentration. Besides, parents can teach children how to break big tasks into smaller pieces²⁷¹. That makes it easier for kids to concentrate and manage them.

4. What do you do to help you concentrate? (高频)

I usually put on music. I like listening to classical music because it doesn't have any words. It helps me stay focused on the task at hand²⁷². Sometimes, if that doesn't work²⁷³, I'll just work in silence.

5. Is it difficult for you to stay focused on something? (高频)

Yes, I get distracted pretty easily. There are many things that can distract us. Our phones have lots of things we'd rather look at instead²⁷⁴. If I see a text, I'll usually start a conversation instead of doing my work.

见下页

²⁶⁸ focus on the things around me instead of my tasks: 专注于我周围的事情, 而不是我的任务

²⁶⁹ would rather be running around or playing: 更愿意跑来跑去或玩耍

²⁷⁰ multitask: 一心多用; 同时做多个任务

²⁷¹ break big tasks into smaller pieces: 把大任务分成

小任务

²⁷² stay focused on the task at hand: 专注于手头的任务

²⁷³ if that doesn't work: 如果这样不行的话

²⁷⁴ Our phones have lots of things we'd rather look at instead: 反而我们手机里有很多我们愿意看的东西

6. What may distract you when you're trying to stay focused?

There are so many things that distract me. My phone is a huge distraction²⁷⁵. I have to turn it off so that I don't see texts or notifications. I can also be distracted by the people around me, like my friends or family.

7. When do you need to be focused?

I need to stay focused when I'm studying for an important test. When I was preparing for an exam, I tried to study in quiet places and avoid being distracted by anything²⁷⁶, especially my cellphone.

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²⁷⁵ a huge distraction: 很容易让人分心的东西

²⁷⁶ avoid being distracted by anything: 避免被任何

东西打扰

Topic 32 Watch TV (TV program)

1. Do you still watch TV? (高频)

Yes, I do. After a long day of work, it's nice to sit on the couch and watch a show. Sometimes my friends and I even watch TV together. Last year, we watched an entire show together²⁷⁷.

2. Did you watch TV when you were a child? (高频)

Yes, I did. But my parents limited how much time I could spend watching shows²⁷⁸. They didn't want me to get lazy. So they made sure that I spent more time playing outside.

3. Do you think children watch too much TV nowadays? (高频)

Yeah, I think kids spend too much time watching TV nowadays. They should play outside more²⁷⁹ or hang out with²⁸⁰ their friends. Too much TV can make kids lazy.

4. What are the impacts of TV programs on children? (高频)

Well, I think TV programs can be very educational and informative²⁸¹ for children. For example, cartoons and documentaries²⁸² can teach them about nature and science. But watching too much TV can be bad for their eyes.

5. What about the current TV programs do you think could be improved?/What kinds of TV programs do you think should be broadcast more? (高频)

I think that current TV programs should be more educational. They shouldn't feel like a lecture. But they should focus on more serious things. There are too many reality TV shows²⁸³. Those shows are a total waste of time²⁸⁴.

6. What kind of TV programs do you like? (高频)

I like comedy shows. I like to be entertained and laugh when I'm watching TV. My favourite comedy show is My Own Swordsman²⁸⁵. That show is hilarious. The script is very witty²⁸⁶. I've watched the whole show several times.

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²⁷⁷ watched an entire show together: 一起看了整个节目

²⁷⁸ limited how much time I could spend watching shows: 但是我的父母限制了我可以看电视节目的时间

²⁷⁹ play outside more: 多在外面玩

²⁸⁰ hang out with: 和...一起玩

²⁸¹ informative: 增长见闻的

²⁸² documentaries: 纪录片

²⁸³ reality TV shows: 真人秀

²⁸⁴ a total waste of time: 纯粹是浪费时间

²⁸⁵ *My Own Swordsman*: 《武林外传》(请根据个人喜好调整喜欢的节目内容)

²⁸⁶ witty: 诙谐的

Topic 33 Spending time with others

1. Do you prefer to study alone or together with others? (高频)

I prefer studying alone. Sometimes it can be helpful to work in a study group²⁸⁷. You can share your study notes and help each other out. But I usually find other people too distracting. I would rather work on my own²⁸⁸.

2. What do you like to do in your spare time? (高频)

I really like to read or watch a movie. When I read a good book, I can use my imagination to think about and enjoy the story²⁸⁹. Movies are also a nice way to relax. I like watching them with my friends.

3. What leisure activities do you do with your friends? (高频)

I like going for walks with my friends. Sometimes we go to a park and hang out. Other times²⁹⁰, we go to the mall and have lunch or dinner together.

4. What activities need teamwork or collaboration? (高频)

I think a good example is²⁹¹ a team sport like basketball or soccer. You have to depend on your teammates to win the game. Sports encourage people to work together to achieve a goal. It can help improve communication as well.

5. Could you describe a time when you studied with others?

Well, I joined a study group for one of my classes last semester. We had a big test coming up²⁹². So we shared our study notes, and we discussed the class material²⁹³ together. It was really great because we could help each other out.

见下页

²⁸⁷ work in a study group: 在学习小组中工作（指学习或做作业之类）

²⁸⁸ would rather work on my own: 我更愿意自己做

²⁸⁹ I can use my imagination to think about and enjoy the story: 我会幻想沉浸其中，享受着这个精彩的故事。

²⁹⁰ Other times: 其他时候

²⁹¹ I think a good example is: 有一个很好的例子是...（举例时可以用很好的表达方式，可以做积累）

²⁹² had a big test coming up: 有一个重要的考试即将到来

²⁹³ class material: 课堂材料

6. Do you like talking with people?

Yes, I do. It's always interesting to talk to different people. I've even had good conversations with strangers in line²⁹⁴. I also love talking to friends and family. I always learn something new.

7. Do you remember a time when you needed to cooperate with others?

I had to cooperate a lot when I was in high school. One time, we had to work together on a class presentation²⁹⁵. Each of us did a different task. Then we coordinated to make sure all the parts went together²⁹⁶.

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²⁹⁴ had good conversations with strangers in line: 排队等待的时候和陌生人有过很愉快的交谈

²⁹⁵ work together on a class presentation: 一起做一

个课堂讲演，课堂报告

²⁹⁶ make sure all the parts went together: 确保所有的部分都能拼合起来（因为是每人做一部分）

Topic 34 Barbecue

1. Did you have barbecues when you were a child? (高频)

Yes, my family loves having barbecues. When I was a kid, we had a barbecue almost every weekend during the summer. We loved to eat great food and chat. It was always a good time²⁹⁷.

2. What kind of food do you like to eat for barbecue? (高频)

I really love ribs. It's a pretty messy type of food²⁹⁸. You usually eat them with your hands, and there's a lot of sauce on them. The meat is always so tender²⁹⁹ and juicy.

3. Would you like to have barbeque with your family or your friends? (高频)

I prefer having a BBQ with my friends! I love my family. But I can relax a lot more when I'm with my friends. I don't have to worry about being proper as much³⁰⁰.

4. Do people in your country like barbecue?

Yes, people in my country love to have barbecues³⁰¹ in the summer. Barbecues are a great, easy way to hang out with friends and family. Plus, everyone loves the food, even small children who are picky eaters³⁰².

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²⁹⁷ It was always a good time: (吃烧烤时候) 总是特别开心

²⁹⁸ a pretty messy type of food: 一种吃起来很麻烦的食物; 这里 messy 是指容易吃的时候把手, 脸或身上弄脏, 或者吃的满手满身都是

²⁹⁹ tender: 软嫩的; 嫩滑的

³⁰⁰ I don't have to worry about being proper as much: 我不用担心是否举止得体

³⁰¹ have barbecues: 吃烧烤

³⁰² picky eaters: 吃饭挑剔的人; 挑食的人

Topic 35 Weekend

1. What do you often do on weekends? (高频)

On weekends, I usually sleep in late³⁰³ and hang out with my friends. We all get pretty busy with work and school³⁰⁴. So weekends are sometimes our only chance to spend time together³⁰⁵. We like going to the mall or seeing a movie together. It's always really fun.

2. Did you do anything special last weekend? (高频)

No, not really. I just stayed home by myself. It might sound boring, but it was actually relaxing. I get so busy with work and school that I don't often have time to relax. So I'm glad I had a quiet time³⁰⁶.

3. What do you want to do next weekend? (高频)

I'd really like to hang out with my friends next weekend. We haven't seen each other in a while³⁰⁷, so it would be nice to have a meal together.

4. Do you like playing alone or with others?

I like playing with others. If I'm doing a fun activity, it's always more fun with friends. For example, going to the beach by yourself can allow you to enjoy some quiet time. But I have way more fun³⁰⁸ when I go with my friends. We do lots of cool activities together.

5. What are the activities you want to do in the future?

I'd really like to try parasailing³⁰⁹. It sounds crazy, but I've seen pictures and videos and it looks really fun. I also want to go hiking. I've never done it before. It seems like a really good way to burn some fat and get healthy.

见下页

³⁰³ sleep in late: 睡懒觉, 起的很晚

³⁰⁴ get pretty busy with work and school: 忙于工作和学习

³⁰⁵ our only chance to spend time together: 我们唯一能在一起(玩)的机会

³⁰⁶ had a quiet time: 过了一段安静的时光

³⁰⁷ in a while: 一段时间了

³⁰⁸ way more fun: 有意思多了; 有趣多了

³⁰⁹ parasailing: 驾帆船滑翔

6. What do other people in your hometown usually do on weekends?

Usually, people hang out at the mall or go to bars on the weekends. Those are good places to hang out with friends. Some people also like doing outdoor activities, like tai chi³¹⁰ in the park.

7. What are the differences of family activities between now and in the past?

Well, in the past, family activities were more low-key³¹¹. Families would just play card games or something. But nowadays, lots of families like going out together. They might go to a nice restaurant or go for a walk in the park. I think it's a nice change.

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³¹⁰ tai chi: 太极

³¹¹ low-key: 低调