

2022 年 5-8 月雅思口语 Part1 考题参考资料

(A 难度·初版)

感谢小伙伴使用雅思过过过淘宝店铺口语素材！

使用资料前，请您仔细阅读以下几点🐼(^_-)

1. 提供 Part1 素材的目的，旨在帮助大家尽快掌握高频考题动态，并在短期内积累可用的地道口语表达，以及通过素材启发考生回答思路。由于 Part1(以及 Part3)考官提问数量、给出的回答时长各有不同；同时，任何素材思路无法全部完美适合所有人，因此建议练习中结合个人理解方式，做内容的删减、扩充等调整。以达到更高效复习的状态。调整内容时，如有疑问欢迎联系 Penny 解答。
2. 接下来仍会继续跟进核实考生动态，做必要的内容调整或题目增补。
3. 第二页的表格中黄色高亮的 Topic 是本学期出现的新主题。右侧的“是否已复习”帮助大家对自己复习进度做整理，以避免漏掉应复习的话题。
4. 标注“高频”的题目，是根据考生反馈频繁被考到的题（高频题会根据考生反馈动态核实，如有需要会随时变化，请关注群通知或私信通知）。
5. 文中含下划线的内容是高分地道表达。
6. 注意 Part1 和 Part3 考官可以即兴提问（尤其 Part3），并无法覆盖全部考题。
！！以下均为真实考生回忆高频考题。复习过程中尽可能多的练习各种题目，增强表达能力。
7. 复习时，请根据自己喜好和个人情况，灵活运用参考答案及加分表达，切勿逐字逐句死记硬背；
8. 口语练习方法很重要，复习过程中对练习方法、素材语法词汇等有疑问，欢迎随时联系 Penny。

—————雅思过过过淘宝店铺

2022 年 5-8 月 Part1 考题 Topic 列表

主题 (题号=页码)	是否 已 复习	主题 (题号=页码)	是否 已 复习
Topic 1 Study(含 School)		Topic 19 Mirrors	
Topic 2 Work		Topic 20 Dreams	
Topic 3 Major		Topic 21 Taking photos	
Topic 4 Home(含 The area you live in)		Topic 22 E-mail	
Topic 5 Hometown(Countryside / City)		Topic 23 Sports programs	
Topic 6 Boring things		Topic 24 Cinemas	
Topic 7 Collecting things		Topic 25 Art	
Topic 8 Talents		Topic 26 Cars	
Topic 9 Watch		Topic 27 Street market	
Topic 10 Meeting places		Topic 28 Websites	
Topic 11 Advertisements		Topic 29 Mobile phone	
Topic 12 Evening time		Topic 30 Time management	
Topic 13 Old buildings		Topic 31 Lost and found	
Topic 14 Computer		Topic 32 Memory	
Topic 15 Sitting down		Topic 33 Weekend	
Topic 16 Books/Reading habits		Topic 34 Science	
Topic 17 Doing sports		Topic 35 TV program	
Topic 18 Daily routine			

注：请根据个人实际情况适当调整或删除内容，素材不需要完全背诵。

Topic 1 Study¹ (含 school) (建议重点复习高频题;工作族可以不复习该主题)

1. Do you work or study?(高频)

I'm currently a senior student at Hunan University, and I'm studying computer science at the moment.

2. What's your routine like in your everyday study? /What's your daily study routine? (高频)

I try to wake up at a decent time² in the morning. If I don't have class, I spend the morning organizing my notes from the day before³. I also like going to a café with my friends to go over our study materials⁴. In the evening, I'll go over my notes in more detail and memorize important information.

3. Is it difficult for you to organize your time to study? (高频)

Sometimes it can be hard. When I have a lot of tasks to do, it's difficult to decide which ones to do first. I can get overwhelmed⁵ and feel like I don't have enough time. But it's helpful to list everything and organize my time based on importance and urgency⁶.

4. Who helps you study the most? Who do you like to study with? (高频)

I think my friend Amy is the most helpful. She has a great system for organizing her notes⁷. She shared it with me and now I can study a lot better. I really like studying with her and our other friends. We all keep each other motivated.

5. Which university do you go to? (高频)

The university I go to is called XXX University, which is a top-level university in China. I'm really proud to be a student there and honestly, I was so close to being rejected⁸ because I thought my grade for the University Entrance Exam was subpar⁹ compared to the enrollment requirement of the previous year.

见下页

¹ Study: 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

² at a decent time: 在一个合适的时间

³ organizing my notes from the day before: 整理前一天的笔记

⁴ go over our study materials: 过一遍我们的学习资料；看一遍我们的学习资料

⁵ get overwhelmed: 变得不知所措；变得

⁶ organize my time based on importance and urgency: 根据重要性和紧迫性来安排我的时间

⁷ has a great system for organizing her notes: 有很好的组织笔记的（系统性）方法

⁸ so close to being rejected: 差点就上不了

⁹ subpar: ['sʌb'pɑ:] 低于...标准，次于... (美剧《生活大爆炸》11季中的台词哦~)

6. What technology can help you learn better? /What technology do you use when you study?
(高频)

There are lots of websites and apps that can quiz you and test your knowledge. All you have to do is input your terms¹⁰ and then you can use online flashcards¹¹. I've used a couple of them to memorize important terms before an exam. They're definitely a life-saver¹² when you're in a rush to catch up on¹³ some class content.

7. Is it good to study in the morning or in the afternoon? / Do you prefer to study in the morning or in the afternoon?

I think it's good to study in the morning. You have to wake up earlier, but when you get through the work¹⁴, you have the rest of the day off. And the afternoon is usually a better time of day to enjoy yourself. So it's best to get studying over with¹⁵ as early as possible.

8. Are you looking forward to working?

Yes, I am. I've been studying as a student for almost 16 years of my life. I really expect to have a proper job after graduating from college. It will be a huge change of lifestyle¹⁶ and I will be able to support myself financially¹⁷, which will make my parents proud as well. I can't wait to find a good job.

(Copyrights to 雅思过过过淘宝店铺)

¹⁰ input your terms: 输入你的词条

¹¹ online flashcards: 在线的教学卡片 (知识闪卡或者单词卡之类)

¹² a life-saver: 救命稻草

¹³ in a rush to catch up on: 急于赶上...的进度

¹⁴ get through the work: 完成了工作

¹⁵ get something over with: 做完/完成...

¹⁶ a huge change of lifestyle: 生活方式发生巨大的变化

¹⁷ support myself financially: 养活我自己, 经济独立

Topic 2 Work¹⁸(建议重点复习高频题;学生族可以不复习该主题)

1. Do you work or study? What work do you do? (高频)

I'm currently working fulltime as a programmer at Baidu; I've been working there for 5 years.

2. Do you like your job?/Why did you choose to do that type of job? (高频)

Yes, I am really happy with what I do. Most of the time, it's very rewarding to be able to help people every day. Besides, it's a really good company to work for. The pay is good and they even hand out bonuses¹⁹ twice a year!

3. Do your coworkers help you at work? Who is the most helpful co-worker? (高频)

I work for an IT company as a HR specialist²⁰, so I often need my coworkers to help me with the group tasks. When I was new at the job, my co-worker Penny was really helpful. She often reminded me how to process the files. She also worked on²¹ hiring tasks with me. I'm so grateful to her because she taught me everything I know.

4. How do you manage your time when working? (高频)

Well, it totally depends on my agenda for the day²². I usually make my own schedule of the tasks accordingly²³, especially when it's a busy day. Plus, I often set a timer for each task to help myself keep track of the time²⁴, which is really helpful for me to manage my time well at work.

5. Do you want to change your job? Will you do the same job in the future? (高频)

No, I don't want to hop my job²⁵ right now. It's mainly because the pay is not bad. I mean, it's not way higher than others but I'm pretty comfortable with it. Plus, it's not easy to find a proper job in today's job market, is it? Sometimes, it's better to appreciate what you have now²⁶.

见下页

¹⁸work: 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

¹⁹ hand out bonuses: 发奖金

²⁰ work for an IT company as a HR specialist: 在一家 IT 公司担任 HR 专员(可以个人实际情况做调整)

²¹ worked on: 做...工作; 负责...工作

²² it totally depends on my agenda for the day: 这取决于我一天的工作计划安排

²³ accordingly: 相应的

²⁴ keep track of the time: 掌握时间

²⁵ hop my job: 跳槽

²⁶ it's better to appreciate what you have now: 感激当下你所拥有的东西

6. What technologies do you often use at work? (高频)

I don't use anything super complex²⁷ at work. There's an online application that we use to chat with each other. But it's not difficult to use. I'm not a tech wizard by any means²⁸. I just use standard word-processors²⁹ and other typical office software. Most of my job involves phone calls and emails. It's nothing fancy³⁰.

7. What is the most interesting part of your job? /Is it very interesting?

I work at a coffee shop, so I think the most interesting part of my job is the people. I get to meet so many people during my shift³¹. Some of them have fascinating personalities. Sometimes I even strike up a chat with³² them and learn something random. One time a customer showed me photos of his cat.

8. Is it better to work in the morning or in the afternoon?

I think it's better to work in the morning. Even though you have to wake up early, when you get through the work³³ you have the rest of the day off. And the afternoon is usually a better time of day to enjoy yourself. So it's best to get work over with³⁴ as early as possible.

9. Do you miss being a student?

No, I don't really miss being a student. It was fun to study something that I liked. But it was also a lot of work³⁵. Going to school isn't exactly a piece of cake³⁶. There were tons of assignments and exams to do. I like being more independent now that I've graduated.

(Copyrights to 雅思过过过淘宝店铺)

²⁷ super complex: 特别复杂的

²⁸ I'm not a tech wizard by any means: 无论如何 (不管怎么说) 我都不是个技术达人

²⁹ standard word-processors: 正规文字处理软件

³⁰ It's nothing fancy: 没什么特别的 (高级的)

³¹ during my shift: 在我上班时

³² strike up a chat with: 和某人攀谈起来

³³ get through the work: 完成了工作

³⁴ get something over with: 做完/完成...

³⁵ it was also a lot of work: 也需要大量的工作; 作业很多

³⁶ a piece of cake: 轻松的事情

Topic 3 Major³⁷(建议重点复习高频题；工作族和学生族都建议复习)

1. What is your major? (高频)

I'm studying computer science at Hunan University. It's an undergraduate major, and it usually takes four years to earn the degree. I feel happy being enrolled in this program, because coding is one thing I'm passionate about. Plus, I think I have a knack for³⁸ it since my math is good.

2. Do you like your major? Is it very interesting? (高频)

Yes, I do like my major. But you know... there will always be parts you like and parts you don't like. For example, the field training is very interesting, but the theoretical courses are about as fun as watching paint dry³⁹ because some abstract concepts are quite difficult to understand.

3. Why did you choose to study that (major)? (高频)

Well, as for the reasons why I decided to study computer science, I think the main one is that I have lots of passion in that field. I never feel bored and I always enjoy studying and researching things about it, and I've noticed that since I was still in high school. So, I told myself that if I went to a college, I would take computer science as my major.

4. What's the interesting part of your major? (高频)

版本 1: I'm majoring in computer science, and I really like what I'm studying, especially when I take coding courses related to game design. They give me a lot of fun through the learning curve because becoming a game designer is kind of my dream. So I always have a blast⁴⁰ learning about coding.

版本 2: I study literature, so I get to read tons of different books. It's really interesting to see how many different perspectives are out there. Plus, storytelling is a really big part of culture, I like reading books from other countries and learning about the culture there. It's definitely expanded my horizons⁴¹.

见下页

³⁷ Major: 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

³⁸ have a knack for: 擅长...

³⁹ as fun as watching paint dry: 形容很无聊

⁴⁰ have a blast: 很开心

⁴¹ expanded my horizons: 开阔视野

5. What kinds of help can this major bring to your future job? (高频)

I believe this major will help me communicate well with others in a future job. For instance, knowing how to write well means that I can make my points to them and not create any confusion. That helps us work together better as a team. Studying literature also helps you be more detail-oriented⁴², which is always helpful.

6. Will you continue doing what you're studying in the future?

Yes, I will. It's mainly because I have a lot of passion for computer science and Web developing. I don't think I will be bored if I make a living off of it. Plus, the income level of specialists in this field is also higher than average, so I can have a comfortable life by working as a programmer.

7. What is your plan after finishing your school?

It's hard to say right now⁴³. Everything feels like it's up in the air⁴⁴. But after I graduate from school, I'd like to have a job that's somehow related to my major. You know, it's cool to apply what you've learned at college in the real world. I'm not sure what kind of job I want to have, but I'm sure I'll figure it out soon.

(Copyrights to 雅思过过过淘宝店铺)

⁴² detail-oriented: 注重细节的

⁴³ It's hard to say right now: 现在还很难说

⁴⁴ it's up in the air: 悬而未决, 还不确定

Topic 4 Home⁴⁵ (含 The area you live in) (建议重点复习高频题)

1. What is your favorite room? / What part of your home do you like the most? / Please describe the room you live in. (高频)

My favorite room in my home is definitely my bedroom. I think it's where I spend most of my time. It has all my favorite stuff in it, like my books, and I got to decorate it myself. That really makes me feel at home – literally⁴⁶! It's important to have somewhere you can blow off steam⁴⁷ and just relax.

2. How do you think decorating your room can make you feel happier?/What makes you feel pleasant in your home? (高频)

I think that decorating my room can make me feel happier because it makes me feel more at home⁴⁸. When I paint my room with the color I like, I feel more comfortable in the space⁴⁹. I can also hang things I enjoy on the walls, like my favorite movie posters or nice artwork.

3. What kind of house or apartment did you live in when you were a child? (高频)

When I was a kid, I lived in a bungalow in the suburbs. My parents and I barely fit into it⁵⁰, but that just made it cozy⁵¹. I remember we filled our home with lots of antique furniture⁵². It gave the house a nice atmosphere. We moved to an apartment later, but I always missed our first home.

4. What kind of house or apartment are you living in right now? / Do you live in a house or an apartment?/ What kinds of accommodation do you live in? (高频)

Right now, I'm living in an apartment by my university. It's not that big; it only has two bedrooms. But it's cozy enough for me. Plus, the apartment is part of a newly developed high rise⁵³. It has a really nice view of the city.

见下页

⁴⁵ Home: 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

⁴⁶ literally: 不夸张的说，说真的

⁴⁷ blow off steam: 释放自己的情绪

⁴⁸ feel more at home: 更有像在家的感觉；更有家的感觉

⁴⁹ feel more comfortable in the space: 在这个空间（房间）里感觉更舒服

⁵⁰ barely fit into it: 勉强能挤着住

⁵¹ made it cozy: 使它舒适一些

⁵² antique furniture: 古董家具，古典家具

⁵³ part of a newly developed high rise: 新开发的高层建筑的一部分

5. What kind of house or apartment do you want to live in in the future? / Do you prefer living in a house or an apartment in the future? (高频)

I'd really love to live in a big house in the middle of nowhere⁵⁴. It might sound a little lonely, but I think having a family there would be awesome. You would have tons of privacy because you don't have any nosy neighbours. And if it was somewhere nice, you could probably have a great view of the stars.

6. Do you think the place you are living at right now is suitable for a family with children? (高频)

Yes I do think so. I believe my neighbourhood is fairly safe⁵⁵ and I live around the corner from a great elementary school. It's a top-notch school district⁵⁶. So there are a lot of families with kids in this neighbourhood already. I moved here when I was a child myself. There are also beautiful parks near the neighborhood which are awesome for kids.

7. Do you think the place you are living at right now is suitable for elders? (高频)

No. I live on a steep hill⁵⁷ and I'm not too close to any stores. I would worry about elderly people being able to navigate the neighbourhood safely⁵⁸, as the school nearby creates a lot of traffic on weekdays and the loud kids may become a nuisance⁵⁹. If an elderly person decided to move here, I'm sure they would make it work, but I think there are better alternatives.

8. What are your roommates like? /Who do you live with?

Well, currently, I have two roommates sharing the same apartment with me. They are pretty cool. And I'd say I'm glad to live with them since all three of us love playing video games, so we have a lot to talk about and do together. It's really a blast for us having a game night together every Saturday.

见下页

⁵⁴ in the middle of nowhere: 在偏僻的地方

⁵⁵ fairly safe: 相当安全

⁵⁶ a top-notch school district: 一流的学区

⁵⁷ live on a steep hill: 住在陡峭的山坡上; 我住在山上, 比较陡

⁵⁸ navigate the neighbourhood safely: 在附近一带安全的散步

⁵⁹ the loud kids may become a nuisance: 吵闹的孩子可能会令人讨厌

9. What do you usually do in your flat?

Well, when I have some time to myself⁶⁰, I like hanging out in my room. It's probably where I feel most at home⁶¹. After all, I got to decorate it myself. So everything is to my taste⁶². I usually just sit and read, or scroll through social media on my phone. It's a nice way to kill time.

10. What room does your family spend most of the time in?

I think we spend the most time in the living room. It's a comfortable place where we all have room to kick back and relax⁶³. My mom and dad sit on the couch together. I like sitting in the loveseat. We all watch TV or just have quiet time⁶⁴ as a family.

11. How is the area surrounding your home like? / Are there any good facilities near your home? / Do you like the area that you live in?

My living place is in the city's downtown area. Well, there are several tasty restaurants around my apartment, which is great for a foodie⁶⁵ like me. And we also have a giant grocery store across the street and a small park nearby. So I have to say it's a pretty liveable⁶⁶ place.

12. What's the difference between where you are living now and where you have lived in the past?

Well, I used to live in a smaller city for college, but now I live in a big city. I moved to the city just a few months ago for a job I found here. One significant advantage of this big city is that there are more job opportunities than the city I moved from. There are a lot more differences between them like public facilities, traffic, and lifestyles. It's been a big change to adjust to⁶⁷. But I really like living in the city. It's pretty exciting.

见下页

⁶⁰ have some time to myself: 清闲; 有时间的时候

⁶¹ feel most at home: 最感到舒服自在 (的地方)

⁶² everything is to my taste: 一切我都喜欢; 一切都合我的口味

⁶³ kick back and relax: 放松

⁶⁴ have quiet time: 有一段闲暇安静的时光

⁶⁵ foodie: 吃货

⁶⁶ liveable: 适于居住的

⁶⁷ It's been a big change to adjust to: 这是一个需要调整自己去适应的巨大的变化

13. Are there any shops or facilities around there? /Where do you like to go in that area?

There's actually a mall that's not too far from my house. It's only a ten-minute drive for me, which isn't bad at all. I like going there to hang out with my friends. Other than that, there's a gym just down the road⁶⁸. I definitely don't go there as often as I should though.

14. What are the changes of surroundings around your living place?

Well...When it comes to the changes to my neighborhood over the past few years, I think there've been more high-rise buildings built nearby so the area is denser⁶⁹ than before. Besides, my favorite improvement of this area is the building of an outdoor gym where people can work out⁷⁰.

15. What changes do you think your neighborhood/living area needs? / Are the transport facilities to your home very good?

Um...my neighborhood is pretty close to perfect, but it would be better if there was a subway station within walking distance of my home. Now the closest subway station is about 3 kilometers away, which isn't exactly a hop, skip, and a jump away. I heard the city has a plan of extending a subway line to the street next to my home in the next few years. I hope it's true.

16. Do you know any famous people in the area you live in?

No, I don't know any famous people who live near me. It would be so cool to live near a celebrity. But as far as I know, there aren't any famous people around me. I'll have to keep an eye out⁷¹ though. I would definitely love to hang out with a celebrity.

17. How long have you lived there?

I've been living there for over three years and I love it. Even though I have to share a room with three roommates, luckily they're all easy-going⁷² and nice, so we get along really well with each other.

见下页

⁶⁸ down the road: 在路边，在附近

⁶⁹ denser: 稠密，密集

⁷⁰ work out: 锻炼身体

⁷¹ keep an eye out: 留意

⁷² easy-going: 很好相处，很随和

18. Will you move home in the near future? / Will you live there in the future? / Will you live there for a long time? / Do you plan to live there for a long time?

Well, it's hard to tell⁷³. Right now I live here because I go to school nearby. But after I'm done with school, I might find a job that's far away. If that happens, I would move without a second thought. But I do like this area, so it might be a tough choice.

19. Please describe the place where you live.

I live in the quieter part of a big city. Meaning⁷⁴ I can take transit downtown very easily but all the hustle and bustle isn't part of my normal day to day⁷⁵. There are lots of grade schools and bakeries in my neighborhood. And a lot of families live here too.

(Copyrights to 雅思过过过淘宝店铺)

⁷³ it's hard to tell: 很难讲, 很难说

⁷⁴ Meaning: 也就是说

⁷⁵ all the hustle and bustle isn't part of my normal day to day: 我的日常生活中不存在熙熙攘攘的喧闹

Topic 5 Hometown⁷⁶ (Countryside / City) (建议重点复习高频题)

1. Where are you from? / Where is your hometown? / Which city are you living in? (高频)

My hometown is Jinan, which is a city in Shandong province. I really love it because there're tons of amazing attractions in the inner-city⁷⁷, and people living in Jinan are very warm and friendly.

2. Do you like your hometown? / What do you like most about your hometown? / Please describe your hometown a little. (高频)

Yes, I do. I'm from Harbin, which is a city in the northeast of China. It's famous for the Ice & Snow Festival there, which is a really cool annual event in my hometown. Tons of visitors come to my city to see it every year. I love being a tour guide and showing my friends from other cities this tourist attraction.

3. Can you tell me some of the history (history story) of your hometown? / Did you learn about the history of your hometown at school? (高频)

Well, it's a shame that⁷⁸ I really don't know much about the local history of my hometown, but I remember my grandpa told me that a hill in my hometown was named after a war⁷⁹ that happened there 2000 years ago during the Han Dynasty, which was a major historical event in the history of my hometown.

4. What is your hometown famous for? (高频)

Well, my hometown is well-known for⁸⁰ many things, but I think the most famous feature is the hot springs⁸¹ there. There are always tons of tourists coming to my hometown for a hot spring bath. A lot of people who've been there give glowing reviews of⁸² the hot springs on the internet, which make them more popular.

见下页

⁷⁶ Hometown 注意该类话题，都需要按照自身实际做调整，参考答案没有专门根据一种情况写。大家在复习中注意结合个人实际调整，有改动疑问请联系 Penny.

⁷⁷ inner-city: 市中心区域

⁷⁸ it's a shame that: 真可惜

⁷⁹ a hill in my hometown was named after a war: 我的家乡的一座山是以一场战争命名的

⁸⁰ is well-known for: 因...而闻名

⁸¹ the hot springs: 温泉

⁸² give glowing reviews of: 给了很棒的评价

5. Is there any famous person in your hometown? (高频; 按照考生的反馈, 建议从历史人物的角度讲)

There're tons of well-known historical figures⁸³ who were born in my hometown. I think the most famous one would be Fan Zhongyhan, who was a great politician and a writer with many legacies in literature⁸⁴ in the Song Dynasty. And one of his works is even included in high school textbooks nowadays.

6. How long have you lived in your hometown? / Do you think you will continue living there for a long time? (高频)

I've been living in my hometown since I was born. I've never thought about leaving my hometown because my entire social circle⁸⁵ is there and the cost of living is pretty low. However, I also want to work in a different city for a few years to broaden my horizons⁸⁶.

7. Do you prefer to live in the country or in the city?

I prefer living in the city. Don't get me wrong⁸⁷, the country has beautiful views. But the city is way more⁸⁸ exciting to me. There are always cool things going on, and everything is convenient and close by⁸⁹. Plus, there are more job opportunities and things to see and do in cities, especially big ones.

8. Do you want to live in the country in the future?

I'm not sure. But I don't think I would rule out⁹⁰ living in the country. Maybe when I'm ready to settle down, I could move to the country and enjoy the peace and quiet⁹¹ there. It's really hard to tell where life will take me⁹². I might want to just keep living in the city.

见下页

⁸³ historical figures: 历史人物

⁸⁴ a writer with many legacies in literature: 一个留下了很多文学遗产的文学家

⁸⁵ my entire social circle: 社交圈

⁸⁶ broaden my horizons: 拓宽眼界, 增长见识

⁸⁷ Don't get me wrong: 不要误会我

⁸⁸ way more: 更多...

⁸⁹ close by: 在附近

⁹⁰ rule out: 排除

⁹¹ enjoy the peace and quiet: 享受那里的和平与宁静

⁹² It's really hard to tell where life will take me: 很难预测我的生活会是怎样的

9. Is that a big city or a small place?

My hometown isn't a major city in China but it's not small either. As far as I know, it has a population of 5 million people. So the urban area is always crowded with people. It's also the largest city of the province by land area⁹³.

10. Do you like the city you are living in now? /Do you like living there?

Yeah, I really love it. When I moved here, I thought it was overwhelming⁹⁴. But now I can't imagine living anywhere else. There are always cool things happening here. For example, a lot of singers come to our city for their concerts. It definitely keeps me on my toes⁹⁵.

11. Is there anything that you dislike about your hometown?

Yes, I suppose so. One thing I'm not satisfied about with my hometown is the traffic there. Lots of drivers don't follow the traffic rules and often have road rage⁹⁶, so road accidents in my hometown are common and often fatal.

(Copyrights to 雅思过过过淘宝店铺)

⁹³ by land area: 从土地面积来说

⁹⁴ overwhelming: 有一点失落

⁹⁵ keeps me on my toes: 对某事保持警觉; 这里指我会一直关注有哪个喜欢的明星来看演唱会

⁹⁶ road rage: 路怒症

Topic 6 Boring things

1. What kinds of things are boring to you?/ When are you bored? (高频)

I don't like things that take a lot of time. Whenever I watch long movies, I usually need to multitask to avoid getting bored⁹⁷. It's hard for me to sit in one place and listen to one thing for hours on end⁹⁸.

I also get bored when I have to wait, like when I'm standing in line for something.

2. What will you do when you feel bored? (高频)

Whenever I feel bored, I like to chat with my friends. Sometimes, I'll go meet up with them⁹⁹ and we can hang out for a few hours. If my friends are busy, I try to entertain myself¹⁰⁰ by watching TV or reading a book. It's also fun to scroll through social media for a while¹⁰¹.

3. What was the most boring thing you did when you were young? (高频)

As a kid, I was really obsessed with¹⁰² counting things. So I think the most boring thing I did when I was young was counting things around my house. There was no point to it¹⁰³. Once, I even went outside and counted the blades of grass¹⁰⁴. I guess I really had nothing better to do.

4. Do you think school is boring?

I think that it depends on the subject. Sometimes when you're in school, you have to learn about things you don't care about. So that can be really boring. But other times, you might learn something that's genuinely interesting to you¹⁰⁵. Some classes can hold your attention and make you eager to learn¹⁰⁶.

(Copyrights to 雅思过过过淘宝店铺)

⁹⁷ need to multitask to avoid getting bored: 需要同时做一些其他的事情以避免自己无聊

⁹⁸ on end: 连续地

⁹⁹ go meet up with them: 去见他们

¹⁰⁰ entertain myself: 娱乐自己; 自己找乐子

¹⁰¹ scroll through social media for a while: 刷一会社交媒体

¹⁰² was really obsessed with: 非常痴迷于...

¹⁰³ There was no point to it: 这是没有意义的

¹⁰⁴ the blades of grass: 草的叶子

¹⁰⁵ genuinely interesting to you: 真正对你来说感兴趣的

¹⁰⁶ hold your attention and make you eager to learn: 吸引你的注意力并且让你渴望去学

Topic 7 Collecting things

1. Do you collect things? (高频)

肯定回答: Yes, I love to collect coins. I collect all types of currencies¹⁰⁷ from different countries. It's really fun to look for coins with special designs. It's also cool to find coins that are really old. I have some that are a couple hundred years old. They're really interesting pieces of history¹⁰⁸.

否定回答: No, I don't collect things. Some people collect things as a hobby¹⁰⁹, but I really don't have the time. There isn't anything that interests me enough to start a collection. I think that in the end, it just becomes clutter¹¹⁰. I try to only keep things that are essential for my everyday life.

2. Would you keep old things for a long time? Why? (高频)

肯定回答: Yes, I like to hang onto old things¹¹¹ for a long time. I think that they represent history. If they're personal items that have been passed down through generations¹¹², they can preserve important family memories. Things like old coins and old clothes can also show you what life was like in the past. So they're valuable in that way¹¹³.

否定回答: No, I don't keep old things for a long time. I don't like to have clutter around my house¹¹⁴. I only keep things that are important for everyday use¹¹⁵. Sometimes it can be nice to have old things for sentimental reasons¹¹⁶. But it's better to focus on the present. You don't need to hang onto things from the past¹¹⁷.

见下页

¹⁰⁷ currencies: 货币

¹⁰⁸ They're really interesting pieces of history: 它们（硬币）是非常有趣的历史碎片（是见证历史的一部分）

¹⁰⁹ collect things as a hobby: 把收集东西作为一种爱好

¹¹⁰ in the end, it just becomes clutter: 最后，它们只会变成一堆杂乱的东西

¹¹¹ hang onto old things: 保留旧物

¹¹² passed down through generations: 代代相传

¹¹³ they're valuable in that way: 它们在这方面很有价值

¹¹⁴ have clutter around my house: 家里到处都是杂物

¹¹⁵ everyday use: 日常使用

¹¹⁶ for sentimental reasons: 出于情感原因

¹¹⁷ You don't need to hang onto things from the past: 你不需要执着于过去的事物

3. Are there any things you keep from childhood? (高频)

Yeah, I have a few things from childhood. I've held onto some trophies¹¹⁸ that I won when I played sports. I also have a stuffed animal¹¹⁹ that I loved to play with as a kid. It has a lot of sentimental value to me¹²⁰. It reminds me of the good times in my childhood.

4. Where do you usually keep things you need? (高频)

I usually keep important things in a drawer in my room. For example, all my important documents are in a folder in that drawer. But if they're things that I need to use every day, like my car keys, I keep those in plain sight¹²¹ so I can find them quickly. It's important to have easy access to them¹²².

(Copyrights to 雅思过过过淘宝店铺)

¹¹⁸ trophies: 奖杯

¹¹⁹ a stuffed animal: 毛绒玩具

¹²⁰ It has a lot of sentimental value to me: 它对我来说很有情感价值

¹²¹ keep those in plain sight: 把它们放在显眼的地方

¹²² have easy access to them: 很容易拿到它们

Topic 8 Talents

1. Do you have a talent, or something you are good at? (高频)

Yes, I think I have a talent for photography. I'm good at taking nice photos with good composition¹²³. Friends have asked me to take photos of them to post on social media. It's always fun to capture their happy moments¹²⁴. Plus, it gives me a lot of satisfaction¹²⁵.

2. Was it mastered recently or when you were young?

Well, I actually grasped this skill just a couple of years ago. I used to take photos with my cellphone, but once I borrowed my friend's digital camera, I took a liking to¹²⁶ photography immediately. And people around me all say I have a knack for it¹²⁷.

3. Do you think your talent can be useful for your future work?

Yes, I do think so. Even if I'm not taking photos for a living¹²⁸, photography teaches you to pay attention to details. I think that's important when it comes to doing a good job, no matter what field you're in. Plus, being creative is always a strength¹²⁹.

4. Do you think anyone in your family has the same talent? (高频)

肯定回答: Yes, my sister is also really good at photography and always takes very unique shots¹³⁰. She takes photos at angles that I wouldn't have thought of¹³¹. She actually won a prize in a photography competition. So, she's a very artistic person. I feel like I can learn a lot from her.

否定回答: No, my family isn't very creative. So they aren't good at photography or anything artistic. They're more talented in other areas. For example, my dad is very handy¹³². He can basically fix anything. But if you gave him a camera, he wouldn't know how to take an interesting photo. The rest of my family is the same way¹³³.

(Copyrights to 雅思过过过淘宝店铺)

¹²³ taking nice photos with good composition: 拍摄构图很好的照片

¹²⁴ capture their happy moments: 捕捉到他们开心快乐的时刻

¹²⁵ gives me a lot of satisfaction: 给了我很大的满足感

¹²⁶ took a liking to: 喜欢上

¹²⁷ have a knack for it: 有这方面天赋

¹²⁸ taking photos for a living: 以摄影为生

¹²⁹ a strength: 一个长处; 优势

¹³⁰ takes very unique shots: 拍出独特的照片

¹³¹ takes photos at angles that I wouldn't have thought of: 她拍摄找的角度我都没想过

¹³² handy: 手巧的

¹³³ The rest of my family is the same way: 我家里其他人也都是类似的情况

Topic 9 Watch

1. Do you wear a watch? (高频)

肯定回答: Yes, I wear a watch. It's a very helpful way to keep track of the time¹³⁴. Some people depend on their phones for that. But I think watches are better because they aren't as distracting¹³⁵. You can just check the time without having to see a bunch of notifications on your screen¹³⁶. Plus, watches are very stylish.

否定回答: No, I don't wear a watch. Watches are stylish, but they're also pretty expensive. I wouldn't want to pay for a watch when I can just check the time using my phone. Plus, I don't like the feeling of something on my wrist¹³⁷. It feels very heavy and it always bumps into things¹³⁸.

2. Have you ever gotten a watch as a gift? (高频)

肯定回答: Yes, I've gotten a watch as a gift before. My dad gave me one for my birthday. It was a well-designed watch. I was shocked by how detailed the clock face was¹³⁹. Plus, it had a leather strap¹⁴⁰. It must've cost my dad a fortune¹⁴¹. I thanked him a ton¹⁴² and made sure to wear the watch every day.

否定回答: No, I've never gotten a watch as a gift. Most people in my life know that I don't usually wear watches. I just find them clunky¹⁴³. Plus, if I want to check the time, I can look at my phone. So I don't know why someone would buy me a watch. I probably wouldn't wear it that often¹⁴⁴.

见下页

¹³⁴ keep track of the time: 看时间; 掌握时间; 记住时间

¹³⁵ they aren't as distracting: 不会如此令人分心

¹³⁶ see a bunch of notifications on your screen: 在(手机)屏幕上看到一堆消息通知

¹³⁷ I don't like the feeling of something on my wrist: 我不喜欢手腕上带着东西的感觉

¹³⁸ it always bumps into things: 它(手表)经常会撞到东西

¹³⁹ how detailed the clock face was: 表盘竟然如此精致; 注意此处是 how 引导的感叹句

¹⁴⁰ a leather strap: 皮革表带

¹⁴¹ It must've cost my dad a fortune: 它肯定花了我爸爸很多钱

¹⁴² thanked him a ton: 非常非常感谢他; 注意此处是口语化的表达方式, 类似于 thank him a lot 的结构

¹⁴³ clunky: 笨重的

¹⁴⁴ wouldn't wear it that often: 不会那么经常佩戴

3. Why do some people wear expensive watches? (高频)

I think that some people wear luxury watches to show off their wealth¹⁴⁵. They want to show people that they can afford all kinds of expensive items. Some people wear those kinds of watches because they believe luxury watches are very durable¹⁴⁶ and can last for a lifetime. It really depends on the person.

4. Do you think it is important to wear a watch? Why? (高频)

(如果是肯定回答, 可以参考第一题的素材)

No, having a watch isn't important for me. It might be nice to have something to keep track of the time¹⁴⁷. But honestly, I can just use my phone for that. I've never really seen the point of¹⁴⁸ having a watch. It doesn't seem like a must-have item¹⁴⁹ for most people.

(Copyrights to 雅思过过过淘宝店铺)

¹⁴⁵ show off their wealth: 炫富

¹⁴⁶ durable: 经久耐用

¹⁴⁷ have something to keep track of the time: 有个看时间的东西

¹⁴⁸ I've never really seen the point of: 我从来都不明白...的意义

¹⁴⁹ a must-have item: 一个必须拥有的东西

Topic 10 Meeting places

1. Where do you usually meet with your friends?/Where is your favorite place to meet with your friends? (高频)

I usually meet with my friends at a coffee shop, or sometimes at a restaurant. We all have busy schedules. So it's nice to meet up for coffee or a meal together. It's good to catch up with each other¹⁵⁰ while sharing some food. It always helps us feel close.

2. Do you think there are some places more suitable for meeting with others?/Why are some meeting places better than others? (高频)

Yes, definitely. If you're meeting up with friends, you want to avoid places that are noisy and crowded, like malls. You should also avoid places that are supposed to be quiet¹⁵¹, like libraries. So my friends and I prefer to hang out somewhere cozy and easy to talk, like a coffee shop, a park or a restaurant.

3. Have the meeting places changed now from when you were young?/ Are there any differences between your favorite meeting places in the present and in your childhood? (高频)

Yes, I think meeting places have changed a lot. When I was a kid, I often hung out with my friends either at my home or their homes. We loved to share our toys with each other. But nowadays, I prefer to go to recreational places¹⁵² like coffee shops and karaoke bars¹⁵³, where I can talk with my friends while having some fun.

(Copyrights to 雅思过过过淘宝店铺)

¹⁵⁰ catch up with each other: 聊天，和朋友聊聊近况

¹⁵¹ are supposed to be quiet: 应该安静（的地方），
在这里有责任保持安静

¹⁵² recreational places: 娱乐场所

¹⁵³ karaoke bars: K 歌的地方，KTV

Topic 11 Advertisements

1. What kind of advertisements do you dislike? (高频)

I really don't like advertisements for luxury items. I think they're usually a waste of money. For example, why would I want to spend a fortune on¹⁵⁴ perfume or a fancy watch? It just seems very silly to me¹⁵⁵. The ads make it seem like you need these products. But in reality¹⁵⁶, there are better things to buy.

2. What kinds of advertisements do you watch? (高频)

Well, I don't go out of my way to¹⁵⁷ watch advertisements. But the ones I tend to see on videos I watch¹⁵⁸ are usually for things like clothes or books, since that is the bulk of¹⁵⁹ my online shopping habits. The internet then shows me ads based on my browsing history¹⁶⁰.

3. Can you often remember the ads you see? (高频)

No, I usually forget ads after I see them. Only a few of them stand out¹⁶¹. I tend to remember ones with cute animals or funny jokes. But for the most part¹⁶², I don't remember what happens in ads. If they pop up on my screen¹⁶³, I'll usually ignore them until they go away¹⁶⁴.

4. Do you share advertisements with others? (高频)

I don't usually share advertisements with others. I might share a commercial if it's really funny or has cute animals in it. My friends tend to enjoy those kinds of ads. But in general, I don't go out of my way to¹⁶⁵ watch advertisements in the first place¹⁶⁶. So I don't usually send them to other people.

见下页

¹⁵⁴ spend a fortune on: 在...花一大笔钱

¹⁵⁵ It just seems very silly to me: 我觉得这样做太傻了

¹⁵⁶ in reality: 事实上，实际上

¹⁵⁷ I don't go out of my way to: 我不会特意去

¹⁵⁸ the ones I tend to see on videos I watch: 我在看的视频里喜欢看的是...

¹⁵⁹ the bulk of: 大部分的

¹⁶⁰ based on my browsing history: 根据我的浏览历史

¹⁶¹ Only a few of them stand out: 其中只有少数引人注目

¹⁶² for the most part: 在大多数情况下

¹⁶³ pop up on my screen: 在我的屏幕上跳出来

¹⁶⁴ ignore them until they go away: 不管它们，直到它们消失

¹⁶⁵ go out of my way to: 特意去做...

¹⁶⁶ in the first place: 一开始

5. Do you want to work in advertising in the future? (高频)

肯定回答: Yes, I'd love to work in advertising in the future. It may not be everyone's cup of tea¹⁶⁷. But you know, advertising requires creativity and problem-solving skills. You have to convince people that they should want your product. I think I would be really engaged by a job in this field.

否定回答: No, I don't want to work in advertising in the future. It's definitely not my cup of tea. I don't think I'd be good at talking people into¹⁶⁸ wanting things they probably don't need. There may be a lot of opportunities in advertising, but they don't seem that appealing to me¹⁶⁹.

6. Do you like watching TV advertisements or internet advertisements?

Well honestly, I don't like watching any kinds of ads. I usually just ignore or skip them. But if I have to make a choice between two evils¹⁷⁰, I'd rather watch online ads because they are normally funnier. You know, most online ads target young people like me and are designed to catch our attention.

(Copyrights to 雅思过过过淘宝店铺)

¹⁶⁷ It may not be everyone's cup of tea: 这可能不是每个人都喜欢的

¹⁶⁸ talking people into: 说服人们去...

¹⁶⁹ they don't seem that appealing to me: 它们似乎对我没有吸引力

¹⁷⁰ make a choice between two evils: 形容“两害相权取其轻”或“矮子里面拔将军”

Topic 12 Evening time

1. Do you like the morning or evening? (高频)

喜欢早上：I like the morning better. I'm an early riser¹⁷¹. I like to get up at a decent time¹⁷² so I can make the most of the day¹⁷³. I know not everyone is a morning person¹⁷⁴. But I think it's a relaxing time of day. It's quiet compared to how busy the afternoon and evening can get.

喜欢晚上：I definitely prefer the evening. I'm more of a night owl¹⁷⁵. I like to stay up late and enjoy the quiet. Not everyone is awake late. It's really nice to have some time to myself, especially since I live with other people. So I enjoy being awake long into the night¹⁷⁶.

2. What do you usually do in the evening? (高频)

I usually try to unwind¹⁷⁷ in the evening. I tend to be really busy in the day, so it's nice to kick back and relax. I like to do that by reading a book or just scrolling through social media. Sometimes I like to hang out with my friends if I have enough energy.

3. What did you do in the evening when you were little? Why? (高频)

When I was little, I liked to have my mom read a story to me. It was really calming and it helped me fall asleep. Other times, I liked to make up little games to play by myself¹⁷⁸. I think it was just because I was an imaginative kid. I liked to entertain myself¹⁷⁹.

4. Are there any differences between what you do in the evening now and what you did in the past? (高频)

Well, my options were more limited in the past¹⁸⁰. I didn't have my own income, so I couldn't do fun things like eating at nice restaurants or doing karaoke¹⁸¹. But now that I have my own salary, I can afford to do fun things in the evening. So I like going out with my friends and having a good time.

(Copyrights to 雅思过过过淘宝店铺)

¹⁷¹ an early riser: 一个早起的人

¹⁷² at a decent time: 在一个合适的时间；在对的时间；此处意指“早早起床”

¹⁷³ make the most of the day: 充分利用这一天

¹⁷⁴ a morning person: 早起的人

¹⁷⁵ I'm more of a night owl: 我更像是个夜猫子

¹⁷⁶ being awake long into the night: 熬夜不睡

¹⁷⁷ unwind: 放松休息

¹⁷⁸ make up little games to play by myself: 瞎编一些小游戏自己玩

¹⁷⁹ entertain myself: 娱乐自己；自娱自乐

¹⁸⁰ my options were more limited in the past: 过去我没什么太多选择；过去我的选择更有限

¹⁸¹ doing karaoke: 唱卡拉 OK

Topic 13 Old buildings

1. Have you ever seen some old buildings in the city? (高频)

Yes, there are lots of old buildings that I see every day on my way to work/school. I really admire the style of the buildings. They seem to preserve a lot of history¹⁸². They look outdated compared to the modern buildings around them. But I think that makes them stand out in an interesting way¹⁸³.

2. Do you think we should preserve old buildings in cities?

Yes, I definitely think we should keep old buildings in cities. For one¹⁸⁴, those buildings represent a city's history. They show people what designs were popular in the past¹⁸⁵. For another, old buildings add character to a city¹⁸⁶. Modern buildings tend to look the same. It's nice to have some buildings that stand out.

3. Do you prefer living in an old building or a modern house? (高频)

喜欢住老楼: I prefer living in an old building. I think old buildings have a sense of character¹⁸⁷. The architectural style¹⁸⁸ is so beautiful and detailed. Sometimes it feels like I've stepped into the past¹⁸⁹ when I go into an old building. It's a very cool effect¹⁹⁰.

喜欢住现代化的楼: I prefer living in a modern house. Old buildings can be charming. But they often lack some basic facilities like air conditioning or good plumbing¹⁹¹. Modern houses offer a lot more. Plus, old buildings are often worn out or even get mold¹⁹² in some places, which makes me want to live in a newly built building.

4. Are there any old buildings you want to see in the future? Why?

I think it would be interesting to see some old temples. They don't have to be famous landmarks or anything¹⁹³. Even the more common ones have a lot of history. They usually have beautiful, intricate designs¹⁹⁴ as well. So I'd love to check them out¹⁹⁵ someday. I think I would learn a lot.

(Copyrights to 雅思过过过淘宝店铺)

¹⁸² preserve a lot of history: 保留了很多历史文化信息

¹⁸³ makes them stand out in an interesting way: 让它们以一种有趣的方式脱颖而出。

¹⁸⁴ For one: 举个例子来说

¹⁸⁵ what designs were popular in the past: 在过去什么样的设计是流行的

¹⁸⁶ For another, old buildings add character to a city: 另一方面，老建筑给城市增添了特色

¹⁸⁷ have a sense of character: 有一种个性

¹⁸⁸ architectural style: 建筑风格

¹⁸⁹ stepped into the past: 回到了过去；步入过去的时光之中

¹⁹⁰ It's a very cool effect: 这是一种非常酷的（感官）效果

¹⁹¹ plumbing: 水管；管道

¹⁹² get mold: 发霉

¹⁹³ They don't have to be famous landmarks or anything: 它们不必是地标之类的

¹⁹⁴ intricate designs: 复杂的图案

¹⁹⁵ check them out: 看一看它们

Topic 14 Computer

1. In what conditions would you use a computer? (高频)

I would use a computer for anything that would take too long to do by hand. For example, if I had to write a long essay or an article, I would prefer to type it up on a computer¹⁹⁶. Computers are also helpful for doing research. It's more efficient to search for something online instead of going through a library¹⁹⁷.

2. When was the first time you used a computer? (高频)

I first used a computer when I was a little kid. My mom was showing me how our family computer worked¹⁹⁸. She let me click all kinds of things on the screen. She was very patient and explained how to use the computer properly. That helped me get used to computers at a very young age.

3. What would your life be like without computers? (高频)

I think my life would be pretty difficult without computers. Computers make so many tasks easy and efficient. For example, it's way faster to type an essay on a computer instead of writing it out by hand¹⁹⁹. Computers are also entertainment devices. If I didn't have a computer, I would miss having a lot of fun playing computer games.

4. In what conditions would it be difficult for you to use a computer? (高频)

I think it would be hard to use a computer if I was trying to do something artistic²⁰⁰. For example, some people can create amazing artworks using computer programs²⁰¹. But I don't know how to do that. So I would have to rely on drawing by hand in order to make some art²⁰².

(Copyrights to 雅思过过过淘宝店铺)

¹⁹⁶ type it up on a computer: 在电脑上打出来

¹⁹⁷ going through a library: 去图书馆查阅

¹⁹⁸ how our family computer worked: 我们家的电脑是如何运作的; 此处意指妈妈教我怎么去使用电脑

¹⁹⁹ writing it out by hand: 手写出来

²⁰⁰ do something artistic: 做一些艺术相关的事情

²⁰¹ create amazing artworks using computer programs: 使用电脑程序创作令人惊叹的艺术品

²⁰² make some art: 创作一些艺术作品

Topic 15 Sitting down

1. Where is your favorite place to sit? (高频)

I really like sitting on my apartment balcony. It's not very big, but it has a beautiful view of the city. It's especially pretty at night. You can watch the sunset and enjoy all the city lights when it gets dark out²⁰³. Sitting on my balcony makes me feel at peace²⁰⁴.

2. Do you always sit down for a long time? (高频)

肯定回答: Honestly, I'm not a very active person. So I usually sit around at home²⁰⁵. I can spend hours watching TV or just scrolling through social media on my phone²⁰⁶. It's not a very good habit. But I feel calm and relaxed when I'm sitting on my couch. So I don't mind it.

否定回答: No, I don't usually sit for a long time. I like to keep busy. If I have free time, I don't want to waste it by sitting on the couch and watching TV. I like to exercise or hang out with my friends. I definitely hate having a sedentary lifestyle²⁰⁷.

3. Do you feel sleepy when you are sitting down? (高频)

Yes, I usually feel sleepy when I'm sitting down for too long. If I'm sitting down after a long day's work, it's easy for me to get too relaxed and fall asleep²⁰⁸. I've had lots of naps just sitting on my couch. It sounds lazy but it's actually a good way to recharge my mind and my body²⁰⁹.

4. When you were a kid, did you usually sit on the floor? (高频)

肯定回答: Yes, I usually sat on the floor as a kid. Sometimes my parents would encourage me to sit properly on the couch²¹⁰. But I often marched to the beat of my own drum²¹¹ and liked being on the floor. It felt more fun and interesting to me. I could play with my toys on the floor and nobody would bother me²¹².

否定回答: No, I didn't usually sit on the floor as a kid. My parents always encouraged me to sit on the couch. They said it was more proper than being on the floor²¹³. Plus, the floor got dirty very quickly²¹⁴. So it wasn't good for my clothes if I sat on the floor a lot.

(Copyrights to 雅思过过过淘宝店铺)

²⁰³ enjoy all the city lights when it gets dark out: 当夜幕降临时，尽情享受城市的灯光

²⁰⁴ makes me feel at peace: 让我感到平静

²⁰⁵ sit around at home: 坐在家

²⁰⁶ scrolling through social media on my phone: 用手机刷社交媒体

²⁰⁷ having a sedentary lifestyle: 有一个久坐不动的生活方式

²⁰⁸ get too relaxed and fall asleep: 太放松就睡着了

²⁰⁹ recharge my mind and my body: 给大脑和身体重新充电

²¹⁰ sit properly on the couch: 好好坐在沙发上

²¹¹ marched to the beat of my own drum: 按照自己的想法来做事；按照自己的心意行事

²¹² nobody would bother me: 没人会打扰我

²¹³ it was more proper than being on the floor: 这（坐沙发上）比坐在地上好多了；proper 此处是“正确的，合适的”意思

²¹⁴ the floor got dirty very quickly: 地板脏得很快

Topic 16 Books/Reading habits

1. Do you often read books? When? (高频)

Yes, I really enjoy reading books. Books are really entertaining, but they also help me keep my mind active²¹⁵. Reading a book is sometimes a better option than just scrolling through social media²¹⁶. So I like to read books whenever I have the time. It's fun to imagine the characters in my head.

2. Are your reading habits now different than before? (高频)

肯定回答: Yes, my reading habits are really different. When I was younger, I had a lot of free time. I didn't have a lot of responsibilities²¹⁷. So I could spend my time reading books. But now that I'm busy with work/study, I don't get to read as often as I would like.

否定回答: No, my reading habits haven't changed that much. Even when I get busy with work/study, I still make time to read books. It's important to have some time to relax. Reading helps me do that. So I'm glad that I can still read a book every once in a while²¹⁸.

3. Have you ever read a novel that has been adapted into a film? (高频)

Yes, I've read lots of novels that have been turned into films²¹⁹. One of my favorites is The Hunger Games²²⁰. It's a dystopian trilogy²²¹ about a girl called Katniss fighting against the dictatorship²²². Anyway, the novel was adapted into a film about ten years ago. It was really popular, even with people who didn't read the novel first.

4. Which do you prefer, reading books or watching movies?

I prefer watching movies. Reading books can be entertaining, but they aren't as impressive as movies, in my opinion. When you watch a movie, you don't have to do the work of imagining the plot²²³. You can see it acted out right in front of your eyes²²⁴. Plus, movies have lots of cool visual effects.

见下页

²¹⁵ keep my mind active: 让我大脑保持活跃

²¹⁶ a better option than just scrolling through social media: 这是比玩手机玩更好的选择

²¹⁷ I didn't have a lot of responsibilities: 不需要承担很多责任(需要做的事不多)

²¹⁸ every once in a while: 有时, 时常

²¹⁹ have been turned into films: 被拍成了电影

²²⁰ Hunger Games: 《饥饿游戏》(此处只是举例, 请大家根据个人实际情况改动成自己看过的喜欢的小说)

²²¹ a dystopian trilogy: 一个反乌托邦三部曲

²²² dictatorship: 独裁, 专政

²²³ you don't have to do the work of imagining the plot: 你不需要想象情节

²²⁴ see it acted out right in front of your eyes: 看到它(电影情节)就在你眼前表演出来

5. How often do you buy books?

I don't buy books that often. I prefer borrowing them from friends or going to a library. So I probably buy books maybe once every couple months. I don't have a lot of time to read, so there's no point in²²⁵ spending money on books on a more regular basis²²⁶.

(Copyrights to 雅思过过过淘宝店铺)

²²⁵ there's no point in: ...是没有意义的

²²⁶ on a more regular basis: 更有规律的

Topic 17 Doing sports

1. What sports do you like? (高频)

I really like basketball and badminton. Those sports require you to be quick on your feet. It's a lot of back and forth²²⁷, especially badminton, but I think that makes it entertaining. There's such a small space to play in. You have to make every move count²²⁸. I love how fast-paced both of those sports are.

2. Where did you learn how to do it? (高频)

It was actually my uncle who got me into sports²²⁹. I would go over to his house and we would play basketball on his driveway. He taught me lots of techniques. Then I joined a basketball team when I was in elementary school. It was lots of fun. I still remember it fondly.

3. Did you do some sports when you were young? (高频)

Yes, I was involved in lots of sports when I was young. I joined a basketball team when I was in elementary school. We weren't the best, but we still did pretty well for a group of amateurs. I also played badminton and soccer a lot. I enjoyed any sports that kept me on my toes²³⁰.

4. Do you think students need more exercise? (高频)

Yes, students need more exercise. Nowadays, students prefer to spend their time sitting around and scrolling on their phones. I think they're in danger of being too lazy. So they should definitely try to do more exercise. Group sports are a great way for them to be active while bonding with others²³¹.

(Copyrights to 雅思过过过淘宝店铺)

²²⁷ It's a lot of back and forth: 打的来来回回; 意思是有很多回合

²²⁸ There's such a small space to play in. You have to make every move count: 打羽毛球的场地很小。你必须让每一招一步都有所意义; 此处是指羽毛球场地很小, 所以你不能无头苍蝇一样乱打

²²⁹ got me into sports: 让我喜欢上运动

²³⁰ kept me on my toes: 让我保持活跃; 注意此处并非指让我保持警觉之意

²³¹ bonding with others: 和他人增进关系

Topic 18 Daily routine

1. Do you have a daily routine? / what's your daily routine? (高频)

Yes, I have a daily routine. In the morning, I get up and have a nice breakfast. Then I start work. I work from home²³², so I can take a break and make lunch for myself. After work, I like relaxing by watching TV or hanging out with friends²³³. At night, I'll read a book and then go to bed.

2. What do you usually do in the mornings? /What's your morning routine? (高频)

Well, mornings really aren't my cup of tea²³⁴, so usually I stay in bed for a while and scroll through social media²³⁵ until I feel more awake. After that, I take a shower, get dressed, eat breakfast, brush my teeth, and make sure I look put together²³⁶ before I start the day.

3. What part of your day do you like best? (高频)

I think my favorite part of the day is when I'm done work. I can make a nice dinner for myself, or maybe even go out with friends. It's just nice to know that I'm off the clock²³⁷ and I don't have to report to anyone. I can enjoy my free time before the next work day begins²³⁸.

4. Have you ever changed your routine?

Yes, I've had to change my routine a lot of times. When I was a student, I changed my routine based on my classes and how much homework I had. Then, the first time I got a job, I had to rearrange my personal life²³⁹. I had to get used to waking up early for morning shifts²⁴⁰.

5. Do you think it is important to have a daily routine for your study?

Yes, I think it's really helpful to make a daily routine for studies. It helps you stay focused and get things done. If you just wing it every day²⁴¹, you might get distracted and unmotivated. Having a daily routine makes your studies easier to get through. It keeps you on track²⁴².

(Copyrights to 雅思过过过淘宝店铺)

²³² work from home: 家中工作

²³³ relaxing by watching TV or hanging out with friends: 看看电视或者和朋友玩来放松

²³⁴ aren't my cup of tea: 不是我喜欢的

²³⁵ scroll through social media: (直白翻译就是醒在床上翻手机看) 浏览社交媒体

²³⁶ look put together: 看起来打扮的整齐漂亮

²³⁷ I'm off the clock: 我下班了; off the clock 有打卡下班的意思

²³⁸ enjoy my free time before the next work day begins: 在第二个工作日开始之前好好享受我的自由时间

²³⁹ rearrange my personal life: 重新安排我的个人生活

²⁴⁰ get used to waking up early for morning shifts: 要让自己习惯早起去上早班

²⁴¹ wing it every day: 每天随意的过日子; wing it 有毫无准备或练习, 即兴而为的意思

²⁴² keeps you on track: 让你保持在(生活的)正轨上

Topic 19 Mirrors

1. Do you like looking at yourself in the mirror? How often? (高频)

Well, I'm not a vain person²⁴³. I don't really like looking at myself in the mirror very often. Of course, I'll check to make sure that I look okay²⁴⁴ before leaving the house. But I don't spend a lot of time looking at my own reflection²⁴⁵.

2. Have you ever bought mirrors? (高频)

Yes, I actually bought a small compact mirror²⁴⁶ a few years ago. It's helpful for when you go out and you want to quickly check your reflection. I also bought a tall antique mirror²⁴⁷ for my room. It looks so fancy. It's a very classy mirror that I really enjoy.

3. Would you use mirrors to decorate your room? (高频)

Yes, I would for sure. I love having mirrors, especially big ones in my bedroom. I think mirrors can make the room feel bigger than it actually is²⁴⁸. Besides, I love how mirrors make my room brighter since they reflect light instead of absorbing it²⁴⁹.

4. Do you use mirrors in clothing stores when you buy clothes? (高频)

Yes, I like to look at the mirror when I try on clothes. It's important to see if the clothes fit my body right²⁵⁰. It's also good to see if the colour matches your skin tone²⁵¹. Checking my reflection helps me decide if I should buy the clothes or not.

5. Do you usually take a mirror with you?

No, I don't usually take a mirror with me. Sometimes, if I remember²⁵², I'll bring a small compact mirror. That's only if I think I need to check my reflection while I'm out. But most of the time, I'm not too worried about my appearance²⁵³. So I don't need to have a mirror with me²⁵⁴.

(Copyrights to 雅思过过过淘宝店铺)

²⁴³ I'm not a vain person: 我不是一个虚荣的人（爱炫耀的，注重表面的）

²⁴⁴ I look okay: 看起来还不错的样子

²⁴⁵ looking at my own reflection: （照镜子等）看自己的样子

²⁴⁶ small compact mirror: 随身便携小镜子

²⁴⁷ antique mirror: 古董镜子

²⁴⁸ make the room feel bigger than it actually is: 空间比实际看上去感觉更大

²⁴⁹ reflect light instead of absorbing it: 反射光线，而不是吸收光线

²⁵⁰ if the clothes fit my body right: 如果衣服合身的话

²⁵¹ if the colour matches your skin tone: 如果这个颜色和你的肤色很搭

²⁵² if I remember: 如果我能记得的话（意指不一定天天带）

²⁵³ I'm not too worried about my appearance: 我不太在意外表

²⁵⁴ have a mirror with me: 随身带镜子

Topic 20 Dreams

1. Can you remember the dreams you had? /Do you often remember your dreams? (高频)

Yeah, I can remember my dreams pretty often. They usually don't make any sense²⁵⁵, though. It always makes my friends laugh when I share the details. They definitely make for interesting conversation topics. But usually I have to write my dreams down as soon as I wake up, or I won't be able to remember them in full²⁵⁶.

2. Do you think dreams have special meanings? (高频)

Yes, I think that in some cases²⁵⁷, dreams have special meanings. They may represent people's fears or desires²⁵⁸. For example, many students have dreams about failing exams during finals season²⁵⁹. Besides, some people have dreams of becoming rich or marrying someone they have a crush on²⁶⁰. Those types of dreams can be very revealing.

3. Why do people have dreams? (高频)

Well, I don't know a lot about the human brain. But I think that people have dreams as a way of dealing with all the emotions and memories they have²⁶¹. Dreaming is just your body's way of expressing thoughts and feelings²⁶². A lot of people dream about things they want as well.

4. Have you studied any subjects or courses about dreams? (高频)

No, I've never studied anything related to dreams. I think it would be really interesting to take a course about dreams. I would love to know why we have dreams in the first place²⁶³. It would also be fun to learn how to interpret dreams²⁶⁴. It'd be great to know what my dreams mean.

见下页

²⁵⁵ usually don't make any sense: 通常（这些梦境）没有任何意义

²⁵⁶ remember them in full: 完整的把所有细节都记住

²⁵⁷ in some cases: 在一些情况下

²⁵⁸ represent people's fears or desires: 代表了人们的恐惧或欲望

²⁵⁹ during finals season: 在期末考试期间

²⁶⁰ marrying someone they have a crush on: 嫁（娶）喜欢的人

²⁶¹ people have dreams as a way of dealing with all the emotions and memories they have: 人们做梦是一种（大脑）处理所有情感和记忆的方式

²⁶² just your body's way of expressing thoughts and feelings: 只是一种你身体来自我表达思想和感受的方式

²⁶³ in the first place: 起初；一开始

²⁶⁴ how to interpret dreams: 如何解梦

5. Do you share your dreams with others?

I don't usually share my dreams with other people. Sometimes, if I have a really weird or funny dream, I might tell my family or friends. But in general, my dreams are pretty random²⁶⁵. They don't make a lot of sense. So I don't take up people's time by²⁶⁶ talking about my dreams.

6. Are you interested in others' dreams?

Yeah, it's very interesting to hear about other people's dreams. Sometimes dreams reveal hidden secrets or desires²⁶⁷. I think that you can learn a lot about a person depending on their dream. But most of the time, dreams are just really funny and strange. So they're fun to hear about.

7. Do you want to make your dreams come true?

Well, sometimes my dreams are really weird. And they don't make any sense. So I don't think they should come true. I've had a couple cool dreams where I get to talk to celebrities²⁶⁸. So I guess it would be fun if those dreams came true. But otherwise²⁶⁹, I think they should stay dreams²⁷⁰.

(Copyrights to 雅思过过过淘宝店铺)

²⁶⁵ my dreams are pretty random: 我的梦比较乱;
random 此处指“随机; 不固定”

²⁶⁶ take up people's time by: 让别人花时间来...; 花别人的时间来...

²⁶⁷ reveal hidden secrets or desires: 揭示出隐藏的秘密或个人的欲望

²⁶⁸ I've had a couple cool dreams where I get to talk to celebrities: 我曾经做过几个很酷的梦, 梦里我在和名人们聊天。

²⁶⁹ otherwise: 除此之外

²⁷⁰ they should stay dreams: 梦就只是梦就好 (不需要成为现实)

Topic 21 Taking photos

1. Do you like taking photos? (高频)

Yes, I really like taking photos. It's a fun way to document my day²⁷¹. If I see something interesting, like a cool flower or a pretty building, I can take a picture so I'll remember later on. It's also great to take photos with friends. You can capture a lot of happy memories that way²⁷².

2. Do you want to improve your picture taking skills? (高频)

It would be great to improve my picture-taking skills sometime. I don't think I have the time to hire a professional to teach me. But I think that watching some online tutorials²⁷³ would make a world of difference²⁷⁴. It'd be great to learn about different camera settings²⁷⁵ and tips for good lighting²⁷⁶.

3. Do you like taking selfies? (高频)

Yes, sometimes I like taking selfies. When I get dressed up, I like to take a picture of myself to capture the moment²⁷⁷. It's just nice to have good photos of yourself. It can make you feel more confident. But I try not to take too many selfies. Otherwise, it makes you vain²⁷⁸.

4. What is your favorite family photo? (高频)

I really like a family photo we took on vacation. My family and I went to a beautiful town by the sea²⁷⁹. We all went to the beach and someone offered to take a photo of us²⁸⁰. In the picture, you can see the ocean in the background. We all look very happy together.

(Copyrights to 雅思过过过淘宝店铺)

²⁷¹ document my day: 记录我的一天

²⁷² capture a lot of happy memories that way: 用这种方式把很多快乐的回忆拍了下来

²⁷³ online tutorials: 在线教程

²⁷⁴ make a world of difference: 有非常大的不同; 大不相同

²⁷⁵ different camera settings: 不同的相机设置

²⁷⁶ tips for good lighting: 很棒的用光的技巧

²⁷⁷ take a picture of myself to capture the moment: 拍一张自己的照片来捕捉那一刻

²⁷⁸ Otherwise, it makes you vain: 否则的话会让你看上去很虚荣 (贪图外表的人)

²⁷⁹ a beautiful town by the sea: 一个美丽的海边小镇

²⁸⁰ someone offered to take a photo of us: 有人主动提出要给我们拍张照片

Topic 22 E-mail

1. How often do you write an email? / Do you often send emails? (高频)

I don't really write emails that often, to be honest. My friends and I mostly chat freely through WeChat, or we'll even call each other once in a blue moon²⁸¹. I get tons of emails as a student, but other than²⁸² asking teachers about assignments, I don't tend to write them.

2. Do you prefer contacting others by text messages or emails? (高频)

I definitely prefer text messages. Most of my friends don't even check their emails that often, so it's a lot easier to get a hold of²⁸³ them over text. Plus, emails are really formal. I feel like texts can get to the point²⁸⁴ a lot quicker and they don't have to be as serious²⁸⁵.

3. When would you send emails to others? (高频)

I usually send emails if it's for professional reasons²⁸⁶. As a student I mostly just emailed my teachers about assignments²⁸⁷. And I have a part-time job, so I also email coworkers if I'm trying to communicate with them at work. For example, I often need to email my boss to report my work.

4. Do you prefer contacting others by talking on the phone or sending emails? (高频)

I prefer talking on the phone. It's easier to connect with someone when you can hear their voice. Sometimes, email can be too formal. It's good for professional purposes²⁸⁸. But if I want to talk to a friend, I like having a conversation over the phone²⁸⁹. So phone calls are nicer and more personal²⁹⁰.

见下页

²⁸¹ once in a blue moon: 频率低，很罕见

²⁸² other than: 除了...

²⁸³ get a hold of: 联系、联络

²⁸⁴ get to the point: 直奔主题

²⁸⁵ as serious: 注意这里 as 是修饰程度的(发短信不需要很严肃正式)

²⁸⁶ if it's for professional reasons: 如果是出于职业(专业)原因

²⁸⁷ assignments: 作业; 任务

²⁸⁸ It's good for professional purposes: 这(电邮)对于一些出于职业的目的来说很好

²⁸⁹ having a conversation over the phone: 在电话里交谈聊天

²⁹⁰ more personal: 更私人

5. Is sending emails popular in China?

No, I don't think that sending emails is very popular in China. I think people prefer to talk over instant-messaging²⁹¹, or even phone calls. It's a lot easier, and sometimes it's quicker too. In general, emails are sent for professional purposes. They're much more formal than other modes of communication²⁹².

6. Do you think sending emails will be more or less popular in the future?

I would say²⁹³ sending emails will be less popular in the future. People usually just text, instant-message, or call each other. And I think that in the future, that'll be even more common. Even in the workplace, things are getting more casual when it comes to communication²⁹⁴. So I don't think emails will get more popular.

(Copyrights to 雅思过过过淘宝店铺)

²⁹¹ talk over instant-messaging: 用即时通讯软件聊天

²⁹² other modes of communication: 其他交流方式

²⁹³ I would say: 我会说; 可以同意替换 I think

²⁹⁴ things are getting more casual when it comes to communication: 在沟通交流方面, 正变得越来越随意 (也变得不那么正式)

Topic 23 Sports programs

1. Do you like watching sports programs on TV? (高频)

I'm not a big sports fan²⁹⁵. But sometimes I enjoy watching basketball. It's such an interesting, fast-paced sport²⁹⁶. I always prefer watching games on my big flat-screen TV²⁹⁷ over laptops or cellphones. The picture is way better, which means you can see a lot more details. And it's just so cozy to sit on my comfy couch and watch a good game.

2. Do you watch live sports games? (高频)

I don't usually watch live sports games. Tickets to those kinds of events can be very expensive. Sometimes I watch a live game if it's streaming online²⁹⁸ or if it's on TV. I always have a blast²⁹⁹ watching a game with a bunch of friends in front of a screen. But I'm sure it would be really cool to go to a game³⁰⁰ sometime.

3. Do you like to watch live sports games alone or with others? (高频)

I definitely like watching live sports games with others. I don't know a ton about sports, so I don't really enjoy watching them when I'm by myself. But when I'm with people who love the game and get really invested³⁰¹, it makes it more entertaining. It's really fun to cheer along with your friends³⁰².

4 Who do you like to watch sports games with? (高频)

I really like watching sports games with my brother. He's a huge fan of³⁰³ sports, so he knows all the rules and he can explain what's going on. He gets very passionate when he thinks the referee has made the wrong call³⁰⁴. It's fun to watch him get excited about the game.

5. What kinds of games do you expect to watch in the future?

I've started getting more interested in³⁰⁵ football. So I think I'll watch some games on TV. It's fun to pick a team to support³⁰⁶ and watch their games. Plus, the football team in my hometown has always been one of the best in China. So I will definitely try to watch more of their games.

(Copyrights to 雅思过过过淘宝店铺)

²⁹⁵ I'm not a big sports fan: 我不是一个铁杆体育迷

²⁹⁶ fast-paced sport: 快节奏的运动

²⁹⁷ big flat-screen TV: 大平板电视

²⁹⁸ streaming online: 在线直播

²⁹⁹ have a blast: 过的(玩的)很开心

³⁰⁰ go to a game: 去现场看比赛

³⁰¹ get really invested: 非常投入

³⁰² cheer along with your friends: 和朋友一起欢呼

³⁰³ a huge fan of: ...的大粉丝; 指非常喜欢...的人

³⁰⁴ the referee has made the wrong call: 裁判做出错判; 裁判吹错哨

³⁰⁵ I've started getting more interested in: 我对...越来越感兴趣了

³⁰⁶ pick a team to support: 选择一个支持的球队

Topic 24 Cinemas

1. Did you usually go to the cinema when you were a kid? (高频)

Yeah, as a kid I went to the cinema with my parents a lot. It was nice to go to the movies as a family³⁰⁷. On the way home³⁰⁸, we talked about our favourite parts of the movie and bonded that way³⁰⁹. Sometimes, they even let me invite my friends so we could all go together.

2. Do you usually go to the cinema with your friends? (高频)

Yes, I really like going to the cinema with my friends. It's a fun bonding experience³¹⁰. We always get into heated debates³¹¹ after the movie. We'll argue about if the plot was good or if we liked the acting. It's always a good time watching the latest movie with them.

3. Do you still like watching the movies you liked when you were a kid? (高频)

There are some movies that I still enjoy. When I was a kid, I liked a lot of animated movies. Most of them are still fun to watch. But I think it's because I'm nostalgic about them³¹². My taste in movies has definitely changed a lot, so I've outgrown³¹³ some of the movies I liked as a kid.

4. Do you prefer watching movies at home or at the cinema? (高频)

I usually prefer watching movies at the cinema. Sometimes the other audience members can be distracting. But overall³¹⁴, it's a better experience as a viewer. The sound system and the huge screen make the movie come to life³¹⁵. Plus, sometimes the audience reactions³¹⁶ actually make the viewing experience more fun.

(Copyrights to 雅思过过过淘宝店铺)

³⁰⁷ go to the movies as a family: 一家人一起去看电影

³⁰⁸ On the way home: 在回家路上

³⁰⁹ bonded that way: 以那种方式来（交流）增进感情

³¹⁰ a fun bonding experience: 一个有趣的增进感情的经历

³¹¹ get into heated debates: 陷入激烈的争论

³¹² I'm nostalgic about them: 我对它们（那些动画片）很怀念；怀念小时看的那些动画片

³¹³ outgrown: (年龄)太大了不适合；注意 out 是一个常用的前缀，可以系统性的查阅学习

³¹⁴ But overall: 但是总的来说

³¹⁵ make the movie come to life: 让电影（画面）变得像真的一样

³¹⁶ audience reactions: 观众的反应

Topic 25 Art

1. Do you like drawing? (高频)

Yes, I really enjoy drawing. It's a great way for me to relax and get away from the stress of work for a while³¹⁷. I wouldn't say³¹⁸ I'm the most talented artist. But I really enjoy the pieces that I've made. I put a few of them on the walls in my room. It makes the space feel special.

2. Do you like to go to the gallery? (高频)

Yeah, I like going to galleries. I don't always understand every piece of art³¹⁹ that I see. But I don't think you have to understand art in order to enjoy looking at it. I think it's really fun to go with a friend and have conversations about the different paintings and sculptures. You can end up with some interesting observations³²⁰.

3. Did you learn drawing/painting when you were a kid? (高频)

Yes, I learned to draw when I was a kid. My mom is really good at it. She taught me everything I know. We would always spend time drawing things together. Drawing birds was my favourite. It was a fun way for us to bond³²¹. I'm glad I got to learn from her.

4. Do you want to learn more about art? (高频)

Yes, I'd love to learn more about art. I never took any art classes in high school or university. So I would be interested in learning about different art styles and techniques³²². It would even be fun to learn about art history. It's something I hope I have time for one day.

(Copyrights to 雅思过过过淘宝店铺)

³¹⁷ get away from the stress of work for a while: 暂时摆脱工作的压力

³¹⁸ I wouldn't say: 我不会说..., 我不认为...

³¹⁹ every piece of art: 每一件艺术品

³²⁰ end up with some interesting observations: 得到一些有趣的观察结果; 观察到一些有趣的值得讨论的点

³²¹ bond: 增进感情

³²² learning about different art styles and techniques: 学习不同的艺术风格和技巧

Topic 26 Cars

1. Did you like traveling by car when you were a kid? (高频)

Yes, I really liked traveling by car when I was a kid. It always felt really exciting, especially if we were going somewhere far away. I liked staring out the window³²³ and watching everything go by³²⁴. Sometimes I got carsick³²⁵, which wasn't fun. But most of the time I liked going for car rides.

2. Do you prefer to be a driver or a passenger? (高频)

I prefer being a passenger. Sometimes it's nice to drive because you have control over the car³²⁶. But driving can also be very stressful, especially if there's a lot of traffic³²⁷. So I like to be a passenger and just relax.

3. What types of cars do you like? /What type of cars would you like to buy in the future? (高频)

I really like hybrid or electric cars³²⁸. I think it's so cool that you don't need gas. You can just charge your car, pretty much the way you charge a phone. On the downside³²⁹, those cars are super expensive. But they're good for the environment, so I would love to buy one.

4. Which color do you prefer for a car? (高频)

I really like dark blue or black for a car. Some people like flashier colors³³⁰, like red or yellow. But I think those are too attention-grabbing³³¹. Darker colors are better for everyday use. It's just a matter of being practical. If you get your car dirty, it won't be as noticeable.

5. What do you usually do when there is a traffic jam?

Whenever there's a traffic jam, I usually listen to music and sing along to keep myself occupied³³². Sometimes it's embarrassing if the other drivers can see or hear me. But I think it's a good way to keep myself from getting too worked up³³³. After all, there's not much you can do when you're stuck in traffic³³⁴.

(Copyrights to 雅思过过过淘宝店铺)

³²³ staring out the window: 盯着窗外; 看着窗外

³²⁴ watching everything go by: 看着路过的一切

³²⁵ got carsick: 晕车

³²⁶ have control over the car: 能控制汽车

³²⁷ there's a lot of traffic: 交通很拥挤

³²⁸ hybrid or electric cars: 混合动力或电动汽车

³²⁹ On the downside: 缺点是

³³⁰ flashier colors: 更闪亮的颜色

³³¹ too attention-grabbing: 太引人注目

³³² keep myself occupied: 让自己有事可做; 让自己不闲着

³³³ keep myself from getting too worked up: 让自己不要太烦

³³⁴ stuck in traffic: 堵车

Topic 27 Street Market

1. What do people usually buy at a street market? (高频)

I think it's common to buy special dishes at a street market. There are usually lots of food stalls³³⁵ where you can try amazing snacks. People also find unique objects at a street market. You can find antique items³³⁶, as well as handmade crafts. Sometimes you can also get vintage clothing³³⁷.

2. Do you prefer to go shopping at a shopping mall or at a street market? (高频)

I prefer shopping at a street market. Shopping malls may have brand-name stores³³⁸, but street markets have unique items. I love finding antique or handmade objects. Plus, you can often barter³³⁹ at a street market. So you can get a good deal on your purchase³⁴⁰. But at a shopping mall, the prices are fixed³⁴¹.

3. When was the last time you went to a street market? (高频)

If memory serves correctly³⁴², the last time I went to a street market was three or four years ago. I went with my friends. We decided we wanted to try some cool snacks. So we checked out all the food stalls³⁴³. We each picked something different. Then we shared all the food. Everything was so delicious.

4. Are there many street markets in China? (高频)

Yes, there are tons of street markets in China. China is a huge country with thousands of cities and towns. As far as I know, even the smallest towns have more than one street market, not to mention the cities³⁴⁴. You can't imagine how many street markets there are in total in China³⁴⁵.

(Copyrights to 雅思过过过淘宝店铺)

³³⁵ food stalls: 小吃摊

³³⁶ antique items: 古董玩意儿

³³⁷ vintage clothing: 旧式服装

³³⁸ brand-name stores: 名牌商店

³³⁹ barter: 讨价还价

³⁴⁰ get a good deal on your purchase: 买东西时买个
好价钱

³⁴¹ the prices are fixed: 价格是固定的

³⁴² If memory serves correctly: 如果记得没错

³⁴³ checked out all the food stalls: 看了所有的小吃摊

³⁴⁴ not to mention the cities: 更不用说城市了

³⁴⁵ You can't imagine how many street markets there
are in total in China: 你无法想象中国总共有多少个
街市

Topic 28 Websites

1. What kinds of websites do you usually use? (高频)

I tend to use social networking sites. I also use search engines³⁴⁶, of course. But when I'm online, I'm usually either checking my email or looking through social media³⁴⁷. Sometimes I like reading online magazines, so I also like to visit sites that have articles about the newest trends and topics in pop culture.

2. Are there any changes in the websites you usually use? (高频)

Well, there have definitely been³⁴⁸ changes in which websites I use. For example, there are a lot more advertisements than there used to be. Besides, video websites have all added the bullet chatting function³⁴⁹ in recent years, which allows users to send comments that fly across the screen like bullets³⁵⁰. It's really entertaining.

3. What is your favorite website? (高频)

Honestly, I spend the most time on Bilibili, which is a Chinese video sharing website³⁵¹. There are so many interesting videos to check out. You can find cute animals, movie reviews, and tutorials for pretty much anything you can think of³⁵². I could spend hours just clicking through different videos³⁵³.

4. What kinds of websites are popular in your country? (高频)

I think that social media sites are really popular. People spend a lot of time on sites like Weibo and Douban. They just want to stay connected with each other, and with everything going on in the world³⁵⁴. People also check the news online, so some major news sites are also pretty commonly used.

(Copyrights to 雅思过过过淘宝店铺)

³⁴⁶ search engines: 搜索引擎

³⁴⁷ looking through social media: 查看（浏览）社交媒体

³⁴⁸ there have definitely been: 肯定（已经）有

³⁴⁹ the bullet chatting function: 弹幕功能

³⁵⁰ fly across the screen like bullets: 像子弹一样穿过屏幕

³⁵¹ video sharing website: 视频分享网站

³⁵² tutorials for pretty much anything you can think of: 你能想到的任何方面的教程

³⁵³ clicking through different videos: 浏览不同的视频

³⁵⁴ stay connected with each other, and with everything going on in the world: 彼此保持联系，并能和世界上发生的一切保持联系；这句话是指社交网络提供的不仅是人与人的连接，并且能与社会和世界上发生的事情互动并且产生联系

Topic 29 Mobile phone

1. Do you remember your first phone? /What was your first mobile phone? (高频)

Yes, I do. I got my first phone, a Nokia N95³⁵⁵, when I was a teenager. It wasn't the newest model³⁵⁶. But I was really excited because I could finally text my friends. It's pretty old-fashioned by today's standards³⁵⁷. But it was perfect for me at the time.

2. Do you often use your mobile phone for texting or for calls? (高频)

I usually use my mobile phone for texting. I think that phone calls are more common among the older generations³⁵⁸. For example, my parents almost never text. They just call me when they want to talk to me. But my friends and I always text. It feels more natural than a phone call³⁵⁹.

3. Will you buy a new mobile phone in the future? (高频)

Yes, I think I'll buy a new smartphone in the future. I've had my current phone for a few years. It still works well, but I'd like to get a phone with a more advanced camera³⁶⁰. Since I take most of my photos on my phone, it would be nice to have a camera that can take higher-quality shots³⁶¹.

4. How has your mobile phone changed your life?

My mobile phone is basically involved with every aspect of my life³⁶². I communicate with everyone I know by using my phone, whether I'm texting them or messaging them over social media. So my phone has made staying in touch a lot easier³⁶³. It also helps me organize my day, do online shopping, and a million other things³⁶⁴.

(Copyrights to 雅思过过过淘宝店铺)

³⁵⁵ Nokia N95: 每个人手机不一样，请根据个人情况改动内容

³⁵⁶ It wasn't the newest model: 这不是最新的款式

³⁵⁷ It's pretty old-fashioned by today's standards: 以今天的标准来看，已经是非常过时的了

³⁵⁸ among the older generations: 在老人中

³⁵⁹ It feels more natural than a phone call: 这比打电话感觉更自然随意

³⁶⁰ get a phone with a more advanced camera: 买一部有高级摄像头的手机

³⁶¹ take higher-quality shots: 拍出高质量的照片；拍出高清晰度的照片

³⁶² is basically involved with every aspect of my life: 基本上和我生活的方方面面都有关系

³⁶³ made staying in touch a lot easier: 让我们更容易保持联系

³⁶⁴ and a million other things: 和其他无数的事情

Topic 30 Time management

1. How do you plan your time in a day? (高频)

Usually, I make a list of everything I need to do. Then I decide what needs to be done first. I also figure out how much time each task will take. Then I work my way through the list. It's a very helpful system³⁶⁵. It helps me get through³⁶⁶ each day.

2. Is it easy to manage time? (高频)

No, it's not always easy to manage time. Even if you have a list of things to do, you might get distracted and end up wasting time. So you have to stay very focused and dedicated. Sometimes things come up³⁶⁷ and you have to manage your time differently. It's not always easy to stick to the plan³⁶⁸.

3. When do you find it hard to allocate time?

I find it hard to allocate time when I have a lot going on³⁶⁹. For example, when I was in university, I was also working a part-time job. So it was hard to split my time between shifts at work and my homework³⁷⁰. It's difficult to figure out what part of your life deserves the most time³⁷¹.

4. Do you like being busy?

For the most part³⁷², I enjoy being busy. Whenever I have too much free time, I get really bored. Then I get lazy. I end up just lying around the house doing nothing. But when I'm busy, I feel like I have a purpose³⁷³. I have something to get me up in the morning³⁷⁴ and keep me motivated.

(Copyrights to 雅思过过过淘宝店铺)

³⁶⁵ It's a very helpful system: 这是个非常有用的方法

³⁶⁶ get through: 度过

³⁶⁷ things come up: 事情突然冒出来

³⁶⁸ stick to the plan: 坚持计划

³⁶⁹ have a lot going on: 事情很多; 有很多事情要做

³⁷⁰ split my time between shifts at work and my homework: 把时间分配到工作和作业之间

³⁷¹ what part of your life deserves the most time: 你生活的哪一部分(哪些事)值得花最多的时间

³⁷² For the most part: 在大多数情况下

³⁷³ I feel like I have a purpose: 我觉得我是有目标的

³⁷⁴ get me up in the morning: 让我早上能一下子起来; 这是一个比喻用法, 是指让自己有生活动力

Topic 31 Lost and found

1. What will you do if you find something lost by others? (高频)

It depends on the situation. If I find someone's things in a public place like a mall, I'll leave it with the lost and found³⁷⁵. Or I can give it to security. But if it's on the street, I tend to just leave the stuff there in case³⁷⁶ the person comes back looking for it.

2. Have you ever lost things? (高频)

Yes, I've lost lots of things before. The most frustrating thing to lose is³⁷⁷ a house key. I've lost that a couple times and had to get it replaced³⁷⁸. One time, I even lost my phone while I was shopping at the mall. Luckily, someone turned it in³⁷⁹ and I got it back.

3. Do you report to the police when finding something lost by others? Why? (高频)

It depends on the value of the lost items. If it's something replaceable or not that valuable³⁸⁰, like a key or a coin, I usually just leave it there. But if it's something valuable, like a cellphone or a wallet, I would definitely report it to the police. They can take care of finding and contacting the person who lost their stuff³⁸¹.

4. Will you post on social media if you lose your item? (高频)

Normally³⁸², I wouldn't post on social media if I lost something because I don't have many followers³⁸³ on social media platforms. So, if I lost something, like a wallet at a mall, I would check the lost and found³⁸⁴ instead of asking my followers.

(Copyrights to 雅思过过过淘宝店铺)

³⁷⁵ leave it with the lost and found: 把他放在失物招领处

³⁷⁶ in case: 以防万一

³⁷⁷ The most frustrating thing to lose is: 我丢过的最让我觉得懊恼的东西是...

³⁷⁸ get it replaced: 换新的; 把它换了

³⁷⁹ turned it in: 交上去了

³⁸⁰ not that valuable: 没那么有价值的

³⁸¹ can take care of finding and contacting the person who lost their stuff: 能去找到并联系东西的失主

³⁸² Normally: 一般来说

³⁸³ followers: 关注者; 加我好友的人

³⁸⁴ check the lost and found: 看看失物招领处

Topic 32 Memory

1. Why do some people have good memory while others just don't? (高频)

Well, some people keep their brains active³⁸⁵. They like doing things like learning a new language or playing a new instrument. That helps you keep your memory sharp³⁸⁶. Others are really busy and have too much going on in their brain. So they can't remember as much as other people.

2. Why do more people rely on cellphones to memorize things? (高频)

I think it's because cell phones are much more convenient. Unlike our brains, they don't get overwhelmed very easily. They can record information for much longer than we can. Also, people are just getting more dependent on technology³⁸⁷. We're at risk of³⁸⁸ getting too lazy and depending too much on our phones³⁸⁹.

3. Are you good at memorizing things?

Well, I'm okay at memorizing things. I wouldn't say I have the sharpest memory³⁹⁰. But I can always remember song lyrics, even if I've only heard the song a couple times. But I'm terrible at remembering people's names, especially when I'm just getting to know them.

4. Have you ever forgotten something that was important?

Yes, I've done this quite a few times. I can never remember people's birthdays. My mom had an important birthday coming up, and it totally slipped my mind³⁹¹. The day of³⁹², she was a little upset that I forgot to call and wish her a happy birthday. I felt really bad.

(Copyrights to 雅思过过过淘宝店铺)

³⁸⁵ keep their brains active: 保持他们的大脑活跃；这里是指有的人大脑很活跃

³⁸⁶ keep your memory sharp: 保持敏锐的记忆力

³⁸⁷ getting more dependent on technology: 越来越依赖科技

³⁸⁸ We're at risk of: 面临...的风险

³⁸⁹ depending too much on our phones: 做什么事情都靠手机

³⁹⁰ I wouldn't say I have the sharpest memory: 我不能说我记忆力特别好

³⁹¹ it totally slipped my mind: 我完全忘了

³⁹² The day of: 那天

Topic 33 Weekend

1. What do you often do on weekends? (高频)

On weekends, I usually sleep in³⁹³ and try to hang out with my friends. We all get pretty busy with work and school, so weekends are sometimes our only chance to spend time together³⁹⁴. We like going to the mall or seeing a movie together. It's always a blast and makes the weekends a fun time.

2. Did you do anything special last weekend? (高频)

No, not really. I had a pretty quiet weekend³⁹⁵. I just hung out by myself at home. It might sound boring, but it was actually really relaxing. I get so busy with work and school that I don't often have time to just kick back and relax. So I'm glad I had a chill weekend³⁹⁶.

3. What do you want to do next weekend? (高频)

I'd really like to hang out with my friends next weekend. We haven't seen each other in a while³⁹⁷, so it would be nice to have a meal together. We always have a ton of fun when we try to cook something. Even though we're not great at cooking, it's the effort that counts³⁹⁸.

4. What do other people in your hometown usually do on weekends?

Usually, people hang out at the mall or go to bars on the weekends. Those are probably the two most popular places to chill with friends and just shoot the breeze³⁹⁹. Some people also like doing outdoor activities, like Tai chi in the park. Others go for runs and exercise a lot.

(Copyrights to 雅思过过过淘宝店铺)

³⁹³ sleep in: 睡懒觉

³⁹⁴ our only chance to spend time together: 我们唯一能在一起（玩）的机会

³⁹⁵ had a pretty quiet weekend: 过了一个很平静的周末

³⁹⁶ had a chill weekend: 过了一个很放松的周末

³⁹⁷ in a while: 一段时间了

³⁹⁸ it's the effort that counts: 努力（试一试）才是最重要的

³⁹⁹ shoot the breeze: 闲聊闲扯

Topic 34 Science

1. Do you like science? Do you think it is difficult? (高频)

I'm not a huge fan of⁴⁰⁰ science, to be honest. I think it's interesting, but I can never seem to wrap my head around⁴⁰¹ the more complicated concepts. In high school, science was one of my weaker subjects. I'm definitely glad that other people are doing important work in that field.

2. When did you start to learn about science? (高频)

Like most people, I started learning about science in elementary school. The first thing I can remember learning about is magnets⁴⁰². The teacher showed us how magnets could attract and repel each other⁴⁰³. I remember that it was really fun to play around with magnets and feel the magnetic force between them.

3. Which science subject is interesting to you? (高频)

I think that out of all the subjects⁴⁰⁴, biology is the most interesting to me. It's so fascinating to learn how the human body works. I also like hearing facts about animal biology. It's really fun to learn about. Plus, we have much more in common with⁴⁰⁵ animals than one might think!

4. Have you ever visited a science museum? (高频)

肯定回答: Yes, I have. I've been to the science museum in my hometown a few times. I was a little kid when I visited there the first time. My parents took me there for a tour and I was blown away⁴⁰⁶ by the exhibits. It's always a blast touring a science museum. I learn a lot about science every time I go there.

否定回答: No, it's a shame that⁴⁰⁷ I've never been to a science museum. There is a science museum in my hometown. But I have no idea why I've never visited it. If I have time and some company⁴⁰⁸, I'd love to have a tour there. I've heard it's a fun place to visit.

见下页

⁴⁰⁰ I'm not a huge fan of: 我不是很喜欢...

⁴⁰¹ wrap my head around...: 理解某个特别难懂的事情

⁴⁰² magnets: 磁性

⁴⁰³ how magnets could attract and repel each other: 磁铁是如何相互吸引和排斥的

⁴⁰⁴ out of all the subjects: 在所有科目中

⁴⁰⁵ have much more in common with: 和...有很多共同之处

⁴⁰⁶ was blown away: 令我非常惊喜

⁴⁰⁷ it's a shame that: 很可惜

⁴⁰⁸ company: 同伴

5. What kinds of interesting things you have done with science?

Well, when I was in high school, we actually got to do a dissection of a frog⁴⁰⁹. It might sound gross, but it was helpful for educational purposes. And I actually did learn a lot about the different body parts. I remember that my partner was really freaked out⁴¹⁰. But I found it really interesting.

6. Have you ever attended a science lecture? Do you feel it's easy or difficult?

I took one science class in university. It wasn't too hard to follow along with⁴¹¹ because it was about psychology. Psychology is surprisingly easy to understand⁴¹². A lot of it is common sense⁴¹³. But there are definitely some parts about the human mind that are difficult to learn about. It's a really cool subject though.

(Copyrights to 雅思过过过淘宝店铺)

⁴⁰⁹ do a dissection of a frog: 解剖青蛙

⁴¹⁰ freaked out: 吓坏了的

⁴¹¹ follow along with: 跟得上 (课程内容); 能理解 (课程内容)

⁴¹² surprisingly easy to understand: 非常容易理解

⁴¹³ common sense: 常识

Topic 35 TV program

1. What kind of TV programs do you like? /What kinds of TV programs do you often watch? (高频)

I like comedy television. I don't like any serious dramatic TV shows, or daytime television. I like to be entertained and laugh when I'm watching TV. My favourite comedy show is My Own Swordsman⁴¹⁴. That show always makes me bust a gut⁴¹⁵. The script is very witty⁴¹⁶ and I've binge-watched⁴¹⁷ it several times.

2. What about the current TV programs do you think could be improved?/What kinds of TV programs do you think should be broadcast more? (高频)

I think that current TV programs should be more educational. I don't mean that⁴¹⁸ they should feel like a lecture. But they should be focused on more serious things. There are way too many reality TV shows⁴¹⁹. Those shows are a total waste of time and resources⁴²⁰.

3. Do you think children watch too much TV nowadays? (高频)

Yeah, I think kids spend too much time watching TV nowadays. It's not healthy for them to just sit on the couch and watch something mindlessly⁴²¹. They should play outside more or hang out with their friends. That's the best way to spend your childhood⁴²². Too much TV can make kids lazy.

4. What are the impacts of TV programs on children? (高频)

Well, I think TV programs can be very educational and informative⁴²³ for children, especially when they watch cartoons and documentaries about nature and science. That's definitely one positive impact of children watching TV⁴²⁴. But watching TV for a long time can be bad for their eyes.

(Copyrights to 雅思过过过淘宝店铺)

⁴¹⁴ *My Own Swordsman*: 《武林外传》(请根据个人喜好调整喜欢的节目内容)

⁴¹⁵ *makes me bust a gut*: 让我捧腹大笑

⁴¹⁶ *witty*: 诙谐的

⁴¹⁷ *binge-watched*: 一口气看完; 刷刷, 煲剧

⁴¹⁸ *I don't mean that*: 我并不是说

⁴¹⁹ *way too many reality TV shows*: 有太多电视真人秀了

⁴²⁰ *a total waste of time and resources*: 完全是浪费时间和资源

⁴²¹ *mindlessly*: 漫无目的的

⁴²² *the best way to spend your childhood*: 度过童年的最好方式

⁴²³ *informative*: 增长见闻的

⁴²⁴ *one positive impact of children watching TV*: 儿童看电视的一个积极影响