

## 2022 年 5-8 月雅思口语 Part3 高频考题参考资料 (B 难度·初版)

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使用资料前，请您先仔细阅读以下内容●(^\_-)

1. 资料会根据考生反馈动态做调整；每个主题下随时有新题目补充更新，请关注群公告或私信、朋友圈消息。如有疑问请联系 Penny。
2. 提供 Part3 素材的目的，旨在帮助大家了解 Part3 高频考题，并在短期内积累可用的地道口语表达，以及通过素材启发考生回答思路。由于 Part3 考官可以即兴提问，并且提问数量、给出的回答时长各有不同；同时，任何素材思路无法全部完美适合所有人，因此建议练习中结合个人理解方式，做内容的删减、扩充等调整。以达到更高效复习的状态。调整内容时，如有疑问欢迎在售后微信中联系 Penny 解答。
3. Topic 序号=页码（您可按照 Topic 序号查找对应主题素材）
4. 文中含下划线的内容是高分地道表达。
5. 注意 Part1 和 Part3 考官可以即兴提问（尤其 Part3），并无法覆盖全部考题。  
**!! 以下均为真实考生回忆高频考题。**复习过程中尽可能多的练习各种题目，增强表达能力。
6. 复习时，请根据自己喜好和个人情况，灵活运用参考答案及加分表达，切勿逐字逐句死记硬背；
7. 口语练习方法很重要，复习过程中对练习方法、素材语法词汇等有疑问，欢迎随时联系 Penny。

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## 2022 年 5-8 月雅思口语 Part 3 高频考题列表

<b>Part3 Topic（与第一套 part2 题号相同）</b> <b>★ Topic 序号=页码（您可按照 Topic 序号查找对应主题素材）</b>	
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Topic 2 忙碌的经历	Topic 27 用手机做重要的事
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Topic 6 想要送朋友的礼物	Topic 31 喜欢一起聊天的朋友（享受的聊天对象）
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Topic 8 特别的蛋糕	Topic 33（国家/家乡）有名的人
Topic 9 困难但有好结果的决定	Topic 34 别人讲述的故事
Topic 10 别人向你寻求意见	Topic 35 一见且想再见的人
Topic 11 积极改变	Topic 36 有趣的讨论
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Topic 13 想参加的比赛	Topic 38 帮助小孩
Topic 14 一个去过的地方	Topic 39 传统产品
Topic 15 有趣的城市	Topic 40 社交媒体上常刷的人
Topic 16 推荐他人居住的地方	Topic 41 有趣的歌曲
Topic 17 乡村一隅	Topic 42 帮助学习语言的工具
Topic 18 远距离步行	Topic 43 坏掉又修好的东西
Topic 19 安静的地方	Topic 44 向长者学习技能
Topic 20 外出花费甚少的一天	Topic 45 想要的公寓或房子
Topic 21 重要河流/湖泊	Topic 46 生活中不可或缺的东西
Topic 22 不喜欢的规则	Topic 47 免费物品
Topic 23 帮助提高专注力的东西	Topic 48 小时候喜欢的玩具
Topic 24 丢失东西	Topic 49 工作/学习中的积极建议
Topic 25 让生活变得更好的发明	Topic 50 节约时间的方法

## Topic 1 未实现的志向

### 1. Is it important for children to have ambitions?

Yes, I think it's important for children to have ambitions. They should have a goal that they can work towards<sup>1</sup>. It helps keep them motivated through everyday life. In the process of pursuing their dreams, they can also learn how to stick to their goals and not be afraid of challenges. Plus, it gives them a sense of achievement<sup>2</sup> when they accomplish their goals.

### 2. Are all ambitions good in life?

No, I don't think all ambitions are good in life. Sometimes, ambitions can be too self-centred<sup>3</sup>. For example, some people only want to get rich. They don't care about what it might cost them. I think those kinds of goals are too vain<sup>4</sup>. So there are definitely some ambitions that are toxic<sup>5</sup>.

### 3. What are the important qualities to achieve our ambitions?

I think you need to be hard-working and patient. For one, you should make a realistic plan and work hard to follow it. You have to put your best effort into<sup>6</sup> making your dreams come true. Besides, you have to be persistent, even if you fail a couple times. If you don't have the dedication<sup>7</sup>, you might quit before you make it.

### 4. What ambitions do children usually have?

Children usually have big ambitions about<sup>8</sup> what their future will look like. Adults like to ask children, what do you want to be when you grow up? Children always have really exciting answers like astronaut or famous athlete. They also may have ambitions about their personal lives, like when they will get married and have their own families. I think it's a reflection of<sup>9</sup> different kids' personalities.

见下页

<sup>1</sup> work towards: 为...努力

<sup>2</sup> gives them a sense of achievement: 给他们一种成就感

<sup>3</sup> self-centred: 自我中心的

<sup>4</sup> too vain: 太过虚无

<sup>5</sup> toxic: 有毒的

<sup>6</sup> put your best effort into: 尽你最大的努力去...

<sup>7</sup> dedication: 奉献; 全身心的投入

<sup>8</sup> have big ambitions about: 对...有很大的抱负

<sup>9</sup> a reflection of: 反映了...

## 5. Why are some people very ambitious in their work?

I suppose that it's mainly because they want to get promoted<sup>10</sup>. They might start as an intern<sup>11</sup>, but they want to become a manager or CEO. Some people become more ambitious because they're insecure. They are often worried that they aren't good enough and might be laid off<sup>12</sup> some day. It's really normal in China because our society is so competitive.

## 6. Why don't some people have dreams?

Some people don't have dreams because they're unsure of what to do with their lives<sup>13</sup>. They haven't found out what they're passionate about. But others are too afraid to dream something big. They're worried about how much time and effort they'll have to put into pursuing the dream<sup>14</sup>. For example, a lot of people love reading or listening to music. But they don't dream of being professional writers or musicians.

## 7. How do people balance work and life?

Well, I think one strategy is to ensure that your work life and your home life are physically separated<sup>15</sup>. It allows you to be more focused at work and be more productive, so you will have more spare time for your family. Another strategy is to set boundaries with your work<sup>16</sup>. For example, you can set a rule to not check your work email after 7pm everyday so that you can enjoy more family time at night.

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<sup>10</sup> get promoted: 被升职

<sup>11</sup> start as an intern: 从实习生做起

<sup>12</sup> be laid off: 被下岗; 被解雇

<sup>13</sup> they're unsure of what to do with their lives: 他们不知道他们的人生该做些什么

<sup>14</sup> how much time and effort they'll have to put into

pursuing the dream: 要花多少时间和付出多少努力去追求梦想

<sup>15</sup> physically separated: 在物理上分隔开; 指不要在家办公

<sup>16</sup> set boundaries with your work: 给你的工作设定规矩界限

## Topic 2 忙碌的经历

### 1. Are you often busy?

Yes, I'm usually pretty busy. I work full-time, so I'm very busy during the work-day<sup>17</sup>. When I get home, I try to hang out with my friends or do something active. I also like to visit my family and spend time with them on the weekends. Plus, I have a dog that keeps me busy as well.

### 2. What are the advantages and disadvantages when people keep busy?

One big advantage is that people can be more active. They can work out, hang out with friends, and do other things that make them happy. But people can get too busy and forget to relax. They might get overly stressed<sup>18</sup> and suffer from bad physical or mental health<sup>19</sup>.

### 3. Do you think children should learn through playing games or under pressure?

I think that children should learn by playing games. They can learn new things without feeling overly stressed. Plus, they can have fun through the game itself. But if they're under pressure<sup>20</sup>, they'll feel anxious. They might have a really bad experience. Then they might not want to learn things anymore.

### 4. What kind of pressure people may experience at work?

At work, people might feel the pressure to do better than their coworkers. Some companies make you feel like you have to compete against others in order to stand out<sup>21</sup>. Depending on the job, people might also feel pressure to perform a certain way<sup>22</sup>. For example, salespeople often have to sell a certain number of products per day.

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<sup>17</sup> during the work-day: 在工作日期间

<sup>18</sup> get overly stressed: 会压力过大

<sup>19</sup> suffer from bad physical or mental health: 受糟糕的身体健康或精神健康的之苦

<sup>20</sup> if they're under pressure: 如果他们面临压力

<sup>21</sup> compete against others in order to stand out: 要和别人竞争才能脱颖而出

<sup>22</sup> feel pressure to perform a certain way: 对做某种特定任务感到有压力

### Topic 3 准备过的开心活动

#### 1. How can you be a well-prepared person?

I think you need to manage your time well. You should be organized so that you don't get overwhelmed by all your tasks. For example, you should make plans or budgets for the tasks beforehand<sup>23</sup>. That way, you can be prepared for anything. You should also be flexible. You have to be able to handle challenges whenever they come up<sup>24</sup>.

#### 2. How can parents help children get organized?

I suppose that parents can help children get organized by listing their daily tasks. Then, children can focus on doing one task at a time. Parents can also help children manage their time well. They can divide the day into sections<sup>25</sup> and help their kids plan what to do for each hour.

#### 3. On what occasions do people need to be organized?

People need to be organized for important events, like vacations. When you go on a trip, you need to keep track of all the details<sup>26</sup>, like your flight and hotel. Besides, people have to be organized in their day-to-day life, especially at work. For example, many people deal with countless<sup>27</sup> emails, files and calls in the office during the day, so they have to know how to manage their work efficiently.

#### 4. Does everything need to be well prepared?

Well, yes, I suppose that everyone can benefit from being more prepared and organized in their lives. When people are well-prepared, they feel more confident. Being organized also helps with time management. If you are well-organized, you can complete more tasks in a day. Also, people in your life will think of you as reliable and trustworthy<sup>28</sup> if you're always prepared.

#### 5. Do people need others' help when organizing things?

Well, yes. If some people are bad at time management, or if they are just new in a professional field<sup>29</sup>, then, I think it's really nice to have someone to help them get organized. There are a lot of professions that help people become organized, including accountants, travel agents, and teachers. Family and friends can also help each other become more organized by giving advice when needed.

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<sup>23</sup> beforehand: 事先; 在...之前

<sup>24</sup> handle challenges whenever they come up: 无论什么时候有挑战, 都能应对它们

<sup>25</sup> divide the day into sections: 把一天分成几部分

<sup>26</sup> keep track of all the details: 清楚明了一切细枝末节

的事情

<sup>27</sup> countless: 数不清的

<sup>28</sup> think of you as reliable and trustworthy: 认为你是可靠的和值得信赖的人

<sup>29</sup> they are just new in a professional field: 是一个专业领域的新人

## Topic 4 庆祝过的活动

### 1. Do you like to celebrate important events? Why?

Yes, I love to celebrate important events. It helps people feel close to each other. Sometimes, it can be hard to make time for your friends<sup>30</sup>. If there is an important event to celebrate, then everyone can see each other and have fun together.

### 2. What kinds of events do people usually celebrate?

People usually celebrate events like weddings, graduations, and birthdays. Birthday and anniversary celebrations happen every year, but weddings and graduations happen less often. So they usually involve a bigger party. Anyway, I think people usually celebrate big successes in life to encourage each other. It makes people feel proud of their accomplishments<sup>31</sup>.

### 3. Do people often celebrate events with a large group of people or just a few people?

I think it depends on the type of event. Larger events like weddings usually have a lot of people at them<sup>32</sup>. The bride and groom want to invite all of their family and friends. Smaller events like birthdays might not have as many people<sup>33</sup>. Sometimes people want to celebrate with their closest friends rather than everyone they know.

### 4. Do people often celebrate festivals with families?

Yes, I think that some people really enjoy celebrating festivals with families. In my country the biggest festivals are spring festival and Mid-Autumn festival. It's common to celebrate these occasions with your family. After all, these festivals are about being grateful<sup>34</sup> and celebrating your love for other people. You can also celebrate festivals with friends as well as with family.

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<sup>30</sup> it can be hard to make time for your friends: 很难腾出时间和朋友在一起

<sup>31</sup> It makes people feel proud of their accomplishments: 这会使人自己的成就感到自豪

<sup>32</sup> have a lot of people at them: 会有很多人参加它们 (庆祝活动)

<sup>33</sup> might not have as many people: 可能不会有这么多人

<sup>34</sup> being grateful: 感恩



## Topic 5 让你惊讶的事情

### 1. How do people express happiness in your culture?

I would say that people usually express happiness by celebrating together<sup>35</sup>. For example, a lot of people will go to a nice restaurant or do something more fun like karaoke. When people are happy, they tend to be very friendly and generous as well. They might smile at strangers and leave extra big tips at restaurants<sup>36</sup>.

### 2. Do you think happiness has any effect on people? How?

Yes, it seems to me that happiness has a huge effect on people. When you're in a good mood, you tend to have a good appetite, be more active and even sleep better. I believe happiness has a positive impact on people's health. Happiness also makes people more open-minded. If someone's happy, they're more likely to try new activities.

### 3. How can people be happy?

I think people can be happy in lots of ways. One of the biggest ways is<sup>37</sup> by spending quality time with their loved ones. Spending time with friends and family can help us feel content<sup>38</sup>. People can also be happy by accomplishing their goals<sup>39</sup>. For example, people are happy when they do well at work or improve their health.

### 4. Is it good for people to be unhappy? Why?

I don't think it's good for people to be unhappy. Sometimes it might motivate people to change things in their life so they'll be happier. But it's not usually good to be unhappy. Being unhappy can make you have a very negative attitude<sup>40</sup>. It might even cause you to treat others poorly<sup>41</sup> because you don't feel good about yourself.

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<sup>35</sup> express happiness by celebrating together: 通过一起庆祝来表达快乐

<sup>36</sup> leave extra big tips at restaurants: 在餐馆给额外很多小费

<sup>37</sup> One of the biggest ways is: 其中一个最好的方法就是

<sup>38</sup> feel content: 感到充实满足

<sup>39</sup> accomplishing their goals: 实现他们的目标

<sup>40</sup> have a very negative attitude: 有一种非常消极的态度

<sup>41</sup> treat others poorly: 对别人不好



## Topic 6 想要送朋友的礼物

### 1. When do people normally send gifts to others?

People normally send each other gifts on special occasions, like birthdays or holidays. Anniversaries are also a good occasion for gifts<sup>42</sup>. For example, people give their partners gifts on the anniversary of when they got married<sup>43</sup>. Sometimes they give gifts to celebrate special achievements, like someone's graduation.

### 2. Do people give gifts or red packets during traditional festivals?

Yes, a lot of people give both gifts and red packets during traditional festivals<sup>44</sup>. For example, Chinese New Year is a very important celebration. People usually hand out red envelopes to bring happiness and blessings<sup>45</sup>. I think it's a nice tradition. It's also common to give gifts like fruit baskets, tea, and candy or chocolate. It helps the festival feel special.

### 3. Is it hard to choose a gift?

Yes, I think that sometimes it can be stressful. If you don't know the person well, you might not know what they like. It can be difficult finding something that they'll want to have. It can still be hard if you know the person well. You might have a lot of ideas for a gift, but it can be challenging to<sup>46</sup> pick the best one.

### 4. Is clothing a good gift? Is it easy to choose a piece of clothing as a gift?

Well, sometimes clothing can be a good gift. If you know the person's style, it'll probably be easy to find something they'll like. But it can be hard to choose a piece of clothing as a gift. You have to know their size as well as their style. It can be awkward if<sup>47</sup> you get them something too big or too small.

见下页

<sup>42</sup> a good occasion for gifts: 送礼的好时机; 送礼物的好场合

<sup>43</sup> on the anniversary of when they got married: 在他们结婚纪念日那天

<sup>44</sup> give both gifts and red packets during traditional festivals: 在 Part3 聊天的过程中越灵活的回答越好,

比如题目问人们喜欢 A 还是 B, 你也可以回答 AB 都喜欢, 并不是必须只能选择一项。

<sup>45</sup> bring happiness and blessings: 带来幸福和保佑; 这句话是指送红包祝福他人

<sup>46</sup> it can be challenging to: 很难的...; 很有挑战性的...

<sup>47</sup> It can be awkward if: 如果...会很尴尬

### 5. Will people feel happy when receiving an expensive gift?

I think most people feel happy when they get an expensive gift. Gifts are a way of showing someone that you care about them. When that gift is expensive, people feel special because they realize that it cost a lot to give<sup>48</sup>. But not everyone cares about the cost of a gift. Some people might even feel overwhelmed by getting something too expensive, especially if the gift-giver is not very well off<sup>49</sup>.

### 6. What do people usually consider when choosing gifts?

People usually consider price first. I would say most people have a budget<sup>50</sup> when they buy a gift. In most cases, people won't break their budget<sup>51</sup> and buy things that are too expensive. Besides, people will also consider if the gift will be useful or attractive to the person who receives it. After all, people give gifts to make others happy, right?

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<sup>48</sup> it cost a lot to give: 送这个礼物要花很多钱

<sup>49</sup> well off: 有钱的; 富有的

<sup>50</sup> have a budget: 有一个预算

<sup>51</sup> break their budget: 超出预算

## Topic 7 别人送你的衣服

### 1. Have you ever given clothes to others?

Yes, I give my friends and my cousins clothes all the time. We usually exchange clothes if we get tired of wearing them<sup>52</sup>, or if they don't fit anymore. Giving people clothes is much more helpful than just throwing the clothes away<sup>53</sup>. It's very wasteful if you only wear something a couple times.

### 2. Why do people dress casually in everyday life but dress formally at work?

Well, in everyday life, you're just hanging out with friends or family. Or you might even be by yourself. You don't have to impress anyone. But when you're at work, you're doing serious business. You need to look professional. In most cases<sup>54</sup>, it's actually considered rude to wear casual clothes to the workplace. It shows a lack of respect for<sup>55</sup> your coworkers and boss.

### 3. What are the advantages and disadvantages of wearing uniforms at work and school?

One advantage of uniforms is that it makes everyone equal. Especially in school, people can get very focused on appearances. But if everyone has a uniform on, then no one can be judged<sup>56</sup>. Uniforms also make everyone feel like part of the same team. But a disadvantage is that people can't express themselves. You don't get as much individuality<sup>57</sup>.

### 4. Why do people from different countries wear different clothing?

Well, fashion is very connected to culture. It represents different cultural values and is influenced by trends in society<sup>58</sup>. Different countries have different values and traditions, so their fashion is very different as well. Besides, clothing depends on the environment. For example, countries with cold climates wear warmer, heavier clothing. But in tropical countries<sup>59</sup>, it's more common to wear loose, bright clothing.

### 5. Do you think dressing formally makes people look more professional?

Yes, I think that dressing formally makes you look more professional. If you're wearing a T-shirt and jeans, you come across as a more relaxed person. But if you're wearing a fancy dress, or a nice suit, then you look confident and mature. It helps you appear professional to others<sup>60</sup>. Formal clothes make a huge difference when it comes to self-presentation<sup>61</sup>.

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<sup>52</sup> get tired of wearing them: 穿烦了, 不想穿了

<sup>53</sup> throwing the clothes away: 把衣服扔掉

<sup>54</sup> In most cases: 大部分情况下

<sup>55</sup> It shows a lack of respect for: 这会看起来不尊重...

<sup>56</sup> no one can be judged: 没人会被说三道四

<sup>57</sup> You don't get as much individuality: 你就没有那么

多个性化的地方了

<sup>58</sup> trends in society: 社会潮流

<sup>59</sup> tropical countries: 热带国家

<sup>60</sup> It helps you appear professional to others: 会让人看起来你很专业

<sup>61</sup> self-presentation: 自我展示

## Topic 8 特别的蛋糕

### 1. What is the difference between special food in China and foreign countries?

Well, a lot of special foods in China use more unique parts of the animal<sup>62</sup>. It means that every part of the animal can be eaten. For example, rabbit heads and duck necks are so popular in China. In contrast, some foreign countries have special dishes that avoid using meat altogether<sup>63</sup>. They're always known for different kinds of desserts.

### 2. Do people usually cook special food in China?

We usually cook special foods for certain occasions<sup>64</sup>. I mean, special foods like mooncakes or rice dumplings can be bought at grocery stores. But lots of Chinese people still enjoy the process of making them at home. For example, it's a tradition for the whole family to make dumplings together on the Spring Festival Eve. It's an important bonding time<sup>65</sup> for the family every year.

### 3. Should special food be easily available?

I think that if the special food requires an ingredient that's seasonal, it doesn't need to be easily available. It's worth it to only make something when it's in season<sup>66</sup>. For example, hairy crabs<sup>67</sup> are only available in the autumn, which is a special food for Mid-Autumn Day in China. It helps make the dish feel truly special.

### 4. When do people have special food? (like festival food or food for special events)

I think people eat special food when they have something to celebrate. For example, you usually get to eat cake when it's someone's birthday. Many people also like to celebrate a new house or graduation with a fancy feast<sup>68</sup>. Besides, you can cook and enjoy traditional foods during certain festivals.

见下页

<sup>62</sup> unique parts of the animal: 动物的特殊部位

<sup>63</sup> avoid using meat altogether: 完全不使用肉类

<sup>64</sup> for certain occasions: 为某些特定场合

<sup>65</sup> bonding time: 增进感情的时间

<sup>66</sup> It's worth it to only make something when it's in season: 值得去做一些应季的东西 (美食)

<sup>67</sup> hairy crabs: 大闸蟹

<sup>68</sup> a fancy feast: 一顿大餐

### 5. Is there any food in your country that is eaten at special times or on special occasions?

Yes, Chinese people eat lots of specialties<sup>69</sup> during festivals, important events or special days. For example, mooncakes are made and eaten for the mid-autumn day. It's also a tradition in China to eat dumplings on the spring festival eve. And in many regions of China, people love having a bowl of long life noodles<sup>70</sup> on their birthday.

### 6. Why are some people willing to spend a lot of money on meals on special days?

For them, it's worth it to spend a lot of money to celebrate something. It's nice to take your family or significant other<sup>71</sup> to a fancy restaurant to celebrate their birthdays or anniversaries, or even an engagement. It might be really expensive. But the memories and joy from the meal will make it worth it<sup>72</sup>.

### 7. Do you think it's good to communicate when eating with your family?

Yes, communicating during mealtimes with family is very important. Family members might not be able to spend a lot of time together because of work or school. But they can talk and see how everyone is doing over a meal<sup>73</sup>. Actually dinner is really important for me and my family. It's a rare chance for us all to talk<sup>74</sup>.

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<sup>69</sup> specialties: 特色食品

<sup>70</sup> having a bowl of long life noodles: 吃一碗长寿面

<sup>71</sup> significant other: 配偶; 另一半

<sup>72</sup> make it worth it: 让它物有所值

<sup>73</sup> talk and see how everyone is doing over a meal: 吃饭的时候聊天和了解每个人过得怎么样

<sup>74</sup> a rare chance for us all to talk: 对我们来说是一个难得的聊天机会

## Topic 9 困难但有好结果的决定

### 1. What decisions do people usually make in their daily lives?

People make lots of decisions in their daily lives. For example, they have to choose what to eat every day. Sometimes they might have to choose between cooking a meal or ordering food. People also have to decide how they'll spend their free time. There are lots of options to choose from.

### 2. Which is easier, making a decision by yourself or making a decision after group discussion?

It depends. Sometimes it's better to make a decision by yourself. If everyone's giving their opinion, it might be harder to figure out<sup>75</sup> what you really want. But in other cases, you might actually want other people's advice. That's helpful when the decision is something you're unsure about.

### 3. Why are many young people unwilling to follow their parents' advice?

I think that young people are unwilling to follow their parents' advice because they want to make their own choices. Young people grow up having to do everything their parents say<sup>76</sup>. Once they become teenagers or young adults, they want to be independent. They want to show that they can make their own decisions about their life.

### 4. Why would middle-aged people tend to second-guess their own decisions?

Middle-aged people usually have to make more important decisions than younger people. They have a lot of family and work responsibilities. This means that any decision they make will affect other people. So they spend more time doubting themselves<sup>77</sup> than a young person would. Plus, when you're older, you realize that your instinct isn't always right<sup>78</sup>. So middle-aged people have to think carefully before making a decision.

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<sup>75</sup> figure out: 弄清楚

<sup>76</sup> Young people grow up having to do everything their parents say: 年轻人在成长过程中，父母怎么说他们就怎么做；意指人小的时候，要完全听父母的话

<sup>77</sup> doubting themselves: 怀疑自己

<sup>78</sup> your instinct isn't always right: 你的直觉并不总是正确的

## Topic 10 别人向你寻求意见

### 1. Do children like to change their opinion?

I don't think children like to change their opinion. Children like to do things in their own ways<sup>79</sup> and sometimes it's hard to persuade them to change opinion. For example, some children hate taking baths. They won't want to change their opinion because they don't enjoy it. So you might have to explain why baths are helpful in order for them to like them.

### 2. What kinds of jobs require people to frequently give opinions?

If you work in advertising or marketing, you have to give your opinion a lot. That type of work is very subjective<sup>80</sup> and depends on creative ideas. You have to share your ideas about how to make the campaign successful. Or if you work in management, you have to give your opinion on the campaign and suggest changes<sup>81</sup>.

### 3. What reasons might people have for not wanting to give their opinions?

People might be worried that they'll be judged for their opinions<sup>82</sup>. If everyone around you likes a movie, but you didn't enjoy it, you might feel excluded<sup>83</sup>. Plus, you don't want to make people feel bad for their opinions. Besides, sometimes people don't like giving their opinions because they don't want others to know about their thoughts.

### 4. Do you think it would be a good idea for schools to ask students their opinions about lessons?

It could be helpful if schools asked students for their opinions about lessons. For one<sup>84</sup>, it would make the students feel important. That can make them feel better about learning. For another<sup>85</sup>, schools could use this information to improve the learning experience. This could make students more satisfied, which means they'll do better in school.

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<sup>79</sup> in their own ways: 按他们自己的方式

<sup>80</sup> subjective: 主观的

<sup>81</sup> suggest changes: 提出改变的建议

<sup>82</sup> be judged for their opinions: 因为他们的观点而被

指摘

<sup>83</sup> excluded: 被排斥

<sup>84</sup> For one: 一方面

<sup>85</sup> For another: 此外; 另外一方面



## Topic 11 积极改变

### 1. Is it easier for young people to change?

Yes, I think that it's easier for young people to change because they're more flexible than older people. Older people get used to doing things a certain way<sup>86</sup>. So it is harder for them to change. Young people are still figuring out who they are and what their values are. So change comes much easier to them.

### 2. Is it easy for old people to change?

I suppose that old people have a much harder time changing than young people. They're used to a certain way of doing things. They can sometimes have trouble changing their ways or trying new things. Old people may even get upset if they are asked to change. That's why some old people are called stubborn<sup>87</sup>.

### 3. What are the disadvantages when people keep making changes?

When people keep making changes, they might find it hard to establish a regular routine<sup>88</sup>. For example, if you change jobs a lot, it's hard to have a routine because your hours might change. Or you might have a different commute each time. Plus, it's hard to form good relationships with neighbours and coworkers if you move around a lot.

### 4. How can people change their daily routine if they want to?

I think that people can change their daily routine in lots of little ways. They could try biking to work instead of driving or taking public transportation. Or they could start the day by exercising. They can also change how and what they eat. It's surprising how much cooking versus picking up breakfast can change your routine<sup>89</sup>.

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<sup>86</sup> get used to doing things a certain way: 习惯于以某种方式做事

<sup>87</sup> stubborn: 固执的

<sup>88</sup> find it hard to establish a regular routine: 很难建立

一个固定的生活规律

<sup>89</sup> It's surprising how much cooking versus picking up breakfast can change your routine: 令人惊讶的是，自己做饭比买早餐更能改变你的生活规律

## Topic 12 保持健康的方法

### 1. How do children and old people keep fit and healthy?

I think both children and old people like to do physical activities to keep fit and healthy. Children like fast-paced<sup>90</sup> games and sports, such as tag<sup>91</sup> or playing baseball or soccer. But old people like to do more relaxing activities, such as yoga or tai-chi.

### 2. What do people normally do to keep fit and healthy in your country?

In my country, people can do lots of activities to keep fit and healthy. People can either walk or run every day, work out at a gym<sup>92</sup>, or join a fitness class. Many people also like to do their physical activity outdoors. They can go on hikes or go swimming. It's also good to eat healthy foods.

### 3. How can parents help and guide their kids to keep healthy?

Parents can help keep their kids healthy by encouraging them to eat healthy foods and get lots of exercise. Parents should be good role models for<sup>93</sup> their kids by making healthy meals at home. They should also get their kids involved in<sup>94</sup> some kind of sport or fitness activity.

### 4. Do you think it is a good way for governments to use the power of idol to help people build health awareness?

I think that it can be somewhat effective<sup>95</sup> if the government uses celebrities to help people learn more about their health. It can be especially effective with young people, since they listen to celebrities more than others. If their favorite celebrity encourages them to do more exercise and be aware of what they eat<sup>96</sup>, they might change their habits.

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<sup>90</sup> fast-paced: 快节奏的

<sup>91</sup> tag: 抓人游戏

<sup>92</sup> work out at a gym: 在健身房锻炼

<sup>93</sup> be good role models for: 做一个好的榜样

<sup>94</sup> get their kids involved in: 让孩子参加...

<sup>95</sup> somewhat effective: 会有些效果

<sup>96</sup> be aware of what they eat: 注意、关注他们的饮食

## Topic 13 想参加的比赛

### 1. What are the contests commonly seen on TV programs?

There are definitely lots of singing contests on TV. People love to watch talented singers compete against each other<sup>97</sup>. Most of us also like contests where people have to do intense physical challenges<sup>98</sup>. It can be very entertaining to watch. Sometimes, they even have to do things like eating unusual foods.

### 2. Why are competition shows popular?

I think competition shows are popular because people love the drama that comes from it. It's really entertaining to watch. People choose favourites and even bet on who they think will win<sup>99</sup>. Plus, depending on the contest, you might get to see really cool things. You can watch amazing dancers or see people do tough physical challenges.

### 3. What kinds of industries need competition? Why?

I suppose that competition is important in almost every industry. It encourages people to be their best<sup>100</sup>. Competing with other people in your industry can make you be more creative and develop new ideas. In my opinion, the food service industry, the fashion industry and the acting industry<sup>101</sup> are probably the most competitive.

### 4. Do you think it is necessary to encourage people to compete with others in companies?

I don't think it's necessary, but sometimes it can help. If people know they're competing against others, it can motivate them to try harder. But if people get too competitive, it might create a toxic work environment<sup>102</sup>. They might just see their coworkers as obstacles they need to overcome<sup>103</sup>.

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<sup>97</sup> compete against each other: 互相竞争

<sup>98</sup> do intense physical challenges: 进行激烈的身体挑战

<sup>99</sup> bet on who they think will win: 打赌他们认为谁会赢；打赌押注他们认为会赢的人

<sup>100</sup> It encourages people to be their best: 它鼓励人们做到最好

到最好

<sup>101</sup> the acting industry: 演艺行业

<sup>102</sup> create a toxic work environment: 创造一个有害的工作环境

<sup>103</sup> see their coworkers as obstacles they need to overcome: 把他们的同事看做需要克服的障碍

## Topic 14 一个去过的地方

### 1. Which do you prefer, living in a city or only visiting it as a tourist?

I prefer living in a city. A lot of people get overwhelmed<sup>104</sup> by how fast-paced<sup>105</sup> cities are. But I really enjoy living in a city because there are so many exciting opportunities there. Whether it's a cool job or something fun to do on the weekend, the city has a lot to offer<sup>106</sup>. Plus, there's always a ton of amazing restaurants.

### 2. How do young children react when they go to school for the first time?

I believe most young children are pretty excited to go to school for the first time. Of course, Some kids are anxious about a new environment. So they may feel nervous on the first day of school. But most kids are curious about school. They're eager to<sup>107</sup> be with their friends and learn about the world. So the first day at school can be really fun for them.

### 3. What might young people feel at their first workplace after they just graduated from college?

I suppose that a lot of young people feel overwhelmed at their first workplace. Getting a job can be a scary process. For example, a lot of young people are worried about not getting along with their boss or coworkers. Others might not think they're ready or qualified to have their job. It's hard to adjust to big life changes<sup>108</sup>.

### 4. How do young and old people react differently to new things?

It seems to me that young people are a lot more open to new things<sup>109</sup>. When they encounter something new, they're curious and willing to try it. Old people, on the other hand, might be too overwhelmed by new things. They might feel hesitant or even suspicious<sup>110</sup> if it's too different from what they're used to.

见下页

<sup>104</sup> get overwhelmed: 精神上压力很大

<sup>105</sup> fast-paced: 快节奏

<sup>106</sup> the city has a lot to offer: 这座城市能提供给人们的东西有很多

<sup>107</sup> They're eager to: 他们渴望去...

<sup>108</sup> adjust to big life changes: 适应生活中的重大变化

<sup>109</sup> a lot more open to new things: 对新事物有更加开放的心态; 对新事物更容易接受

<sup>110</sup> suspicious: 感到可疑

### 5. Why do some people want to go to college far away from home?

I think that some people move far away for college because they want to have brand-new experiences<sup>111</sup>. If you stay in the same area your whole life, you won't get exposed to new things. By going somewhere far away, people get to be a part of a new community and broaden their horizons<sup>112</sup>.

### 6. What are the advantages and disadvantages of studying abroad or working abroad?

Well, one big advantage is that you get to experience a new place. You can learn about the local culture and try new foods. Plus, you can enjoy the natural scenery and do some sightseeing<sup>113</sup>. However, it can be very lonely if you don't know the language. You might feel isolated<sup>114</sup> because you don't know anyone.

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<sup>111</sup> brand-new experiences: 全新的经历; 全新的体验

<sup>112</sup> broaden their horizons: 开阔眼界

<sup>113</sup> do some sightseeing: 观光; 观景

<sup>114</sup> feel isolated: 感到孤独; 感到孤单

## Topic 15 有趣的城市

### 1. What advantages can tourism bring to a city?

Tourism can help improve a city's economy. Tourists spend lots of money at local restaurants and other businesses. So that helps support the city's finances. Another benefit is that tourism creates more jobs. Local citizens can get jobs as tour guides and work with visitors. Plus, with lots of tourists coming, the city can invest in improving the infrastructure<sup>115</sup>.

### 2. Why do some young people like to live in cities?

I think some young people like living in cities because there are more opportunities. If they're looking for jobs in something like technology or finance, a city has lots of options. Plus, cities offer great food and entertainment. There's always something exciting or cool going on in the city<sup>116</sup>, especially late at night and on the weekends.

### 3. Do most elderly people live in the city or in the countryside?

Well, most elderly people live in the countryside. Cities have a lot of resources for older people, such as good healthcare in major hospitals<sup>117</sup>. But cities are also very fast-paced<sup>118</sup>. They can be overwhelming for the elderly. So I think that as people get older, they tend to move out to the countryside. Things are much more relaxed there.

### 4. Do you think well-developed tourism will have negative effects on local people?

Well, yes. I mean, tourism can bring a lot of great benefits. But there are definitely some drawbacks<sup>119</sup>. Too many tourists might disturb or even damage the natural scenery. That can be a disadvantage for the people who live there and want to enjoy that scenery for themselves. Besides, some tourists might disrespect the local culture<sup>120</sup>. They may annoy the local citizens.

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<sup>115</sup> invest in improving the infrastructure: 为改善基础设施拨款，也就是政府有钱改善基础设施了

<sup>116</sup> There's always something exciting or cool going on in the city: 城里总是有很多有趣好玩的事情；城里的生活总是很精彩的

<sup>117</sup> good healthcare in major hospitals: 大医院的良好医疗保健服务

<sup>118</sup> fast-paced: 快节奏的

<sup>119</sup> there are definitely some drawbacks: 当然是有缺点的

<sup>120</sup> disrespect the local culture: 不尊重当地文化

## Topic 16 推荐他人居住的地方

### 1. What kinds of places do people like to live in?

Some people like living in exciting, busy places. So they like to live in big cities. Others like a more relaxed environment, so they stay in the countryside. But I think that in general, people like places where they can be part of a good community<sup>121</sup>. Everyone wants to feel safe and comfortable in their home.

### 2. Why do some people prefer to move to other cities?

I think some people prefer moving to other cities because they can't find a sense of community<sup>122</sup> in the city they're currently in. Or they might not be happy with the types of jobs available in that city<sup>123</sup>. They also might prefer a city with different scenery or weather.

### 3. What do people need to do before moving to a new place?

Before moving, people should make sure that the new place can meet their needs. They should know about the weather in all different seasons. If they hate the cold, they shouldn't move to a place with long winters<sup>124</sup>. They should also know what they can and can't afford<sup>125</sup> in the new place.

### 4. Why do some people live close to work?

I suppose the main reason that some people live close to work is convenience. If you can walk or bike to work, it saves you a lot of time in the mornings. Others live close to work because their job is their main focus<sup>126</sup>. They want to be able to work long hours without having a long commute<sup>127</sup>.

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<sup>121</sup> people like places where they can be part of a good community: 人们喜欢他们可以成为一个很好的社区一员的地方; 这句话意指人们喜欢对他们来说有社区归属感的地方

<sup>122</sup> can't find a sense of community: 找不到社区归属感

<sup>123</sup> not be happy with the types of jobs available in that city: 不喜欢那个城市里可以找到的工作的类型

<sup>124</sup> long winters: 很长的冬天

<sup>125</sup> what they can and can't afford: 他们能负担什么, 不能负担什么

<sup>126</sup> their job is their main focus: 工作是他们的主要关注点; 意指工作是对他们来说最重要的事

<sup>127</sup> without having a long commute: 不用通勤很长时间



## Topic 17 乡村一隅

### 1. Is there anything special about the villages in your country?

Well, of course I think that the villages in my country are special in their own way<sup>128</sup>. Lots of villages have beautiful and unique scenery. Many people love visiting the farms in spring for the views. Plus, the local communities there usually have unique traditions and customs. For example, many villages have ancestry temples<sup>129</sup> where the local villagers worship their ancestors<sup>130</sup>.

### 2. What do people usually do when going to a village?

Emm...some people like visiting family, and some enjoy travelling to villages. Sometimes villages have unique scenery that you can't find in major cities. So people might be travelling to see an ancient temple<sup>131</sup> or a natural wonder<sup>132</sup> like a waterfall. But it's also common for people to visit family or friends who live in villages.

### 3. Do you think people will live in the village in the future?

Yes, I think more and more people want to live in cities. There are usually more job opportunities there, especially in fields like finance or technology. But villages are more relaxed than cities. So I'm sure some people prefer living in villages. Those who love living a simple and slow life would rather<sup>133</sup> live somewhere more relaxed.

### 4. Do you think everyone likes the countryside?

No, I don't think everyone enjoys the countryside. Some people need to live in a busy environment like a city in order to be happy. So they might hate living in the countryside. They might get bored with the slower pace of life<sup>134</sup>. Plus, the countryside doesn't have many job opportunities. So that might be frustrating as well<sup>135</sup>.

### 5. Why do people want to go to the countryside?

I think people want to go to the countryside so they can relax. In the city, everything is so fast-paced<sup>136</sup>. Plus, it's super crowded. It's very easy to get overwhelmed. But in the countryside, there's much more space. You can enjoy the natural scenery without getting stuck in a crowded area<sup>137</sup>. Life is more relaxed there, which can be a nice change.

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<sup>128</sup> special in their own way: 有自己特别的地方

<sup>129</sup> ancestry temples: 祠堂; 宗祠

<sup>130</sup> the local villagers worship their ancestors: 当地村民祭拜他们祖先

<sup>131</sup> an ancient temple: 一座古庙

<sup>132</sup> natural wonder: 自然景观

<sup>133</sup> would rather: 宁愿; 宁可

<sup>134</sup> the slower pace of life: 慢节奏的生活

<sup>135</sup> as well: 也会

<sup>136</sup> fast-paced: 快节奏的

<sup>137</sup> without getting stuck in a crowded area: 不会被困在拥挤的地方

## Topic 18 远距离步行

### 1. What outdoor activities do people like?

I think people like getting exercise and socializing at the same time. So going for a walk is a great outdoor activity. You can enjoy the scenery<sup>138</sup> and also talk with your friends. Besides, people also like doing something more active like biking. It can be a good bonding experience if you do it with others.

### 2. What are the differences between the outdoor activities children did in the past and now?

I would say that kids were much more active in the past. They liked activities like climbing trees or catching bugs<sup>139</sup> in nature. But nowadays, kids are addicted to video games. They still do outdoor activities, like riding a scooter or playing with a frisbee<sup>140</sup>. But lots of kids watch cartoons or play games on their phones when they are in a park. It's not good for their health.

### 3. Is leisure time important to everyone? Why?

Yes, leisure time is important to everyone. Even if people like being busy, it's healthy for them to have a break. You can exercise, hang out with friends or family, and enjoy doing whatever you like<sup>141</sup>. That can help you avoid getting too stressed out<sup>142</sup>. You can only be productive at work or study if you get enough rest. It's important to not work all the time.

### 4. Do women have more leisure time than men?

No, I don't think so. Now that men and women are often both in the workforce, society should treat them equally. In fact, women are often busier than men because a lot of them also do more household chores<sup>143</sup> than men. Besides, in some families, the women are still expected to do more of the parenting<sup>144</sup>. For these reasons, I don't believe women can have more leisure time than men.

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<sup>138</sup> enjoy the scenery: 欣赏风景

<sup>139</sup> catching bugs: 抓虫子

<sup>140</sup> playing with a frisbee: 玩飞盘

<sup>141</sup> enjoy doing whatever you like: 做任何你喜欢做的

事

<sup>142</sup> avoid getting too stressed out: 避免压力太大

<sup>143</sup> household chores: 家务

<sup>144</sup> parenting: 育儿方式

## Topic 19 安静的地方

### 1. Is it easy to find quiet places in your country?

Well, my country has a pretty big population<sup>145</sup>. So our major cities are usually very crowded. It's not impossible to find quiet places, but it can be a challenge<sup>146</sup>. There are still some rural areas where it's not too crowded. So they're nice to visit when life in the city gets too busy.

### 2. Why do old people prefer to live in quiet places?

I suppose that old people prefer living somewhere quiet because it's less overwhelming<sup>147</sup>. When you're in a crowded city, it's always noisy. Old people can feel overstimulated<sup>148</sup> because they're very sensitive to noise. So it can get tiring for them when it's always loud outside. Living in quiet places can help them feel more relaxed.

### 3. Why are there more noises made at home now than in the past?

I think that's due to the rise of technology. For example, in the past, not every house had a TV. But nowadays, it's very common for families to have multiple TVs, plus other devices<sup>149</sup>. So when you have people watching TV or watching videos on their phone, it can easily get really noisy.

### 4. Which place is quieter, the city or the countryside?

The countryside is definitely quieter. In cities, there's always a lot going on<sup>150</sup>. You can hear noise from cars, public transportation, and crowds of people. In the countryside, there are less people so there's automatically less noise<sup>151</sup>. You probably don't have a lot of traffic or other noisy things. So life in the countryside is very peaceful.

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<sup>145</sup> has a pretty big population: 人口众多

<sup>146</sup> it can be a challenge: ...是很难的

<sup>147</sup> less overwhelming: 给人感觉压力小一些

<sup>148</sup> overstimulated: 过度刺激的

<sup>149</sup> have multiple TVs, plus other devices: 有很多电视以及其他各种电子设备

<sup>150</sup> there's always a lot going on: 总是有很多事情在发生; 意指城市中总是有很多人和正在发生的事, 是非常喧闹的

<sup>151</sup> there's automatically less noise: 自然而然就少了噪音

## Topic 20 外出花费甚少的一天

### 1. Do people like to spend their leisure time out in your country?

Yes, I think people like to go out during their free time. It's very common to go to a nice restaurant with friends. There are lots of other fun activities people love to do, like going out to bars or doing karaoke<sup>152</sup>. It's important to make sure you have enough time to relax. Otherwise, you can get too stressed out<sup>153</sup>.

### 2. How do people spend their leisure time in your country?

There are lots of activities that people can do during their leisure time in my country. Some people like going to parks, hiking trails<sup>154</sup>, or outdoor sporting events<sup>155</sup>. Others prefer to stay indoors, so they might go to cinemas or shopping malls. Also, there're lots of great leisure activities for people who enjoy art, like painting classes.

### 3. How does technology affect the way people spend their leisure time?

I would say that technology can limit the way people spend their leisure time<sup>156</sup>. Nowadays, many people just look at their phones instead of doing anything active. That being said<sup>157</sup>, technology can sometimes help people bond. For example, if you can't hang out with your friends in person, you can do a video call<sup>158</sup> and spend time that way.

### 4. Do you think only old people have time for leisure?

Well, I suppose that old people probably have the most time for leisure. They are usually retired, so they can do whatever they want. But they're definitely not the only ones who have time for leisure<sup>159</sup>.

If young people have a good work-life balance<sup>160</sup>, they can find time to relax.

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<sup>152</sup> doing karaoke: 唱卡拉 OK

<sup>153</sup> too stressed out: 压力太大

<sup>154</sup> hiking trails: 徒步旅行的路线

<sup>155</sup> outdoor sporting events: 户外体育活动

<sup>156</sup> limit the way people spend their leisure time: 会限制人们休闲的方式

<sup>157</sup> That being said: 话虽这么说

<sup>158</sup> do a video call: 进行视频通话

<sup>159</sup> not the only ones who have time for leisure: 绝对不是唯一有闲暇时间的人

<sup>160</sup> have a good work-life balance: 有良好的工作与生活平衡

## Topic 21 重要河流/湖泊

### 1. How can rivers/lakes benefit local people?

I think rivers and lakes offer locals a lot of benefits. People can spend their leisure time swimming in the water or just relaxing on the shore. Plus, rivers and lakes bring in tourists<sup>161</sup>. This can help to boost the local economy<sup>162</sup>.

### 2. Do you think rivers/lakes attract tourists?

Yes, rivers and lakes definitely attract tourists. When a river or lake is particularly beautiful, people will come to take photos and enjoy the scenery<sup>163</sup>. Besides, there are lots of activities people can do on or around the water, such as fishing and sailing. I think that's what lots of tourists go there for.

### 3. How do rivers/lakes affect local tourism?

Well, firstly, people will drive for hours just to enjoy some natural beauty. Plus, local businesses can cater to tourists<sup>164</sup> through different activities and events. So tourists will come for those activities, then they'll spend money at local restaurants and businesses. Because of this, lots of industries can benefit from having more tourists.

### 4. Are rivers/lakes good for transport? Why?

I suppose that rivers and lakes can be good for transport. Firstly, rivers mark boundaries in a city<sup>165</sup>. Highways and other roads can be built along the rivers in a pattern<sup>166</sup>. Besides, lakes can make transportation easier by having a ferry or a boat that crosses the lake a few times a day. Overall, lakes and rivers can be very useful in terms of transport.

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<sup>161</sup> bring in tourists: 带来了游客;吸引游客

<sup>162</sup> boost the local economy: 促进当地经济的发展

<sup>163</sup> enjoy the scenery: 欣赏风景

<sup>164</sup> cater to tourists: 迎合、满足游客

<sup>165</sup> mark boundaries in a city: 在城市中标出边界

<sup>166</sup> built along the rivers in a pattern: 按一定模式沿河而建

## Topic 22 不喜欢的规则

### 1. What are the rules students should follow at school?

I think that a good rule is respecting everyone at school. Whether it's their teachers or their peers<sup>167</sup>, students need to be polite. They shouldn't be rude or disrespectful to people. Students should also try to avoid interrupting lessons<sup>168</sup>. It can be very distracting to the other students who are trying to learn.

### 2. Are the rules at school good or bad? Why?

I think that most rules at school are good. They remind students of<sup>169</sup> what behaviour is appropriate. For example, rules that forbid bullying<sup>170</sup> are important because it helps keep students safe and happy. However, some rules can be ridiculous. For example, some schools forbid female students from having long hair. Rules like that can make students frustrated.

### 3. What rules should children follow at home?

I think children should follow some basic rules. For example, they should go to bed on time; and they should only watch TV when their parents allow them to. Generally speaking, parents know what's best for them. The rules at home are there to encourage the children's growth<sup>171</sup>, both mentally and physically. So children need to listen to their parents and follow their rules.

### 4. How are people punished when parking in a wrong spot?

People usually get punished for parking in the wrong spot by getting a ticket. That ticket usually comes with an expensive fine. Most people think parking tickets are ridiculous. But in some cases, it's deserved<sup>172</sup>. If you park in front of a fire hydrant<sup>173</sup>, for instance, you might make it harder for the firefighters in case of an emergency.

### 5. Do people in your country often break rules?

Most people in my country obey the law<sup>174</sup>. But of course, there are always exceptions<sup>175</sup>. I think whenever people break the law regularly, it's usually a traffic law. Lots of drivers speed, especially during the work week. But for serious things like the lockdowns and mandatory testing for Covid-19<sup>176</sup>, Chinese people rarely break the rules.

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<sup>167</sup> peers: 同龄人

<sup>168</sup> avoid interrupting lessons: 避免课堂捣乱; 避免打扰老师上课

<sup>169</sup> remind students of: 提醒学生...

<sup>170</sup> bullying: 霸凌; 欺负人

<sup>171</sup> encourage the children's growth: 促进孩子们的成长

<sup>172</sup> it's deserved: 这是活该的; 这是应当的

<sup>173</sup> a fire hydrant: 一个消防栓

<sup>174</sup> obey the law: 遵守法律法规

<sup>175</sup> of course, there are always exceptions: 当然, 凡事都有例外

<sup>176</sup> the lockdowns and mandatory testing for Covid-19: 封城和强制新冠检测

## Topic 23 帮助提高专注力的东西

### 1. Why is it more difficult for children to concentrate nowadays than in the past?

I think it's harder for children to concentrate nowadays because there are more distractions. In the past, children didn't have access to digital devices<sup>177</sup>. But nowadays, lots of children have tablets or mobile phones. I've seen tons of children who like to scroll on their cellphones from time to time<sup>178</sup> when they study. It makes it hard for them to focus.

### 2. Do you think technology will harm children's ability to concentrate?

Yes, I definitely think technology has a negative effect on<sup>179</sup> children's ability to concentrate. Nowadays, children like to play games on their tablets or cellphones instead of focusing on conversation. So it's hard for them to focus on the person in front of them for a long time. Plus, a lot of children have grown a bad habit of scrolling on their cellphones while studying or doing homework.

### 3. What kinds of jobs require high concentration at work?

I suppose any job that affects other people requires a lot of concentration. For example, any job in the medical field<sup>180</sup> requires you to be very focused. You can't get distracted while you're operating on someone<sup>181</sup>. You also need a lot of concentration if you work in construction. If you get distracted while operating heavy machinery, you might hurt someone.

### 4. Can exercise help people improve concentration?

Yes, I think exercise can help improve concentration. Take yoga as an example<sup>182</sup>, when you have to slow down and focus on your breathing, it helps you become more focused in general. Swimming is also a good sport to help people focus on what they are doing. After all, when you are swimming, there is nothing else you can do at the same time.

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<sup>177</sup> didn't have access to digital devices: 没有数字设备

<sup>178</sup> scroll on their cellphones from time to time: 时不时的玩手机

<sup>179</sup> has a negative effect on: 对...有负面影响

<sup>180</sup> in the medical field: 在医疗领域

<sup>181</sup> operating on someone: 给某人做手术

<sup>182</sup> Take yoga as an example: 以瑜伽为例



## Topic 24 丢失东西

### 1. What kinds of things do people usually lose?

Well, people often lose small objects, like their phones, wallets, or keys. These things are easy to lose because they can easily fall out of people's pockets<sup>183</sup>. Plus, since we use them so often, we don't always pay much attention to them. So sometimes we can't remember where we left them.

### 2. What do people often do when losing things?

People can try to go back to places they visited throughout the day. If that doesn't work<sup>184</sup>, people can call friends to help them look. Plus, if they lose something like keys or wallets, they can use mobile trackers that attach to their keys or wallets<sup>185</sup>. That way, they can find them through a GPS system.

### 3. Is it an effective way to use rewards to find lost things?

Yes, I think offering rewards can be a good way to find lost things. For example, many people will put up signs offering a cash reward<sup>186</sup> if they have lost a pet. This motivates people to look for the lost pet and return it to its proper owner. I don't think people should return things they found for money, but it's true that rewards increase the chances of getting things back.

### 4. What kinds of people may lose things often?

I would say that distracted people<sup>187</sup> are most likely to lose things often. It's hard for them to stay organized. So they may be more likely to lose things. Older people with memory issues<sup>188</sup> are also more likely to lose things. They often forget where they left them.

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<sup>183</sup> fall out of people's pockets: 掉出人们的口袋

<sup>184</sup> If that doesn't work: 如果这不管用 (如果这样还是没找到)

<sup>185</sup> mobile trackers that attach to their keys or wallets: 安装在钥匙或钱包上的移动追踪器

<sup>186</sup> offering a cash reward: 提供现金奖励

<sup>187</sup> distracted people: 不容易集中注意力的人, 容易分心的人

<sup>188</sup> Older people with memory issues: 记忆力退化的老年人

## Topic 25 让生活变得更好的发明

### 1. What is the most helpful innovation at home(kitchen)?

I think the most helpful innovation at home is the microwave. Honestly, I use it all the time. I love using the microwave to make quick, easy meals<sup>189</sup>. It's not always the healthiest, but it saves a lot of time. Plus, it's great for heating leftover food<sup>190</sup>.

### 2. What household appliances make us lazy?

The first one I can think of is automatic can openers<sup>191</sup>. It doesn't take a lot of energy to open a can with a manual opener<sup>192</sup>. The battery-powered ones can make you lazy if you rely on them all the time. Another one I can think of is robot vacuums<sup>193</sup>. They help people clean the floors automatically. Lots of people who bought the robot vacuums don't sweep floors anymore.

### 3. What kind of invention can be used at school?

There are lots of modern inventions that can be used at school. One of the most obvious ones is a handheld calculator<sup>194</sup>. Obviously, it's good for students to learn how to do simple calculations without a calculator. But for harder types of math<sup>195</sup>, a calculator is very helpful.

### 4. Do you think AI will replace human teachers? Why?

No, I don't think so. Being a teacher involves building relationships with students. Teachers are an essential part of their students' childhood. With their guidance and support, kids can grow up into happy, independent adults. AI can teach concepts, but it can't teach life skills or empathy. So I don't think that AI will replace human teachers.

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<sup>189</sup> make quick, easy meals: 做简单快捷的饭菜

<sup>190</sup> leftover food: 剩菜; 剩饭

<sup>191</sup> automatic can openers: 自动开罐器

<sup>192</sup> a manual opener: 手动开瓶器

<sup>193</sup> robot vacuums: 扫地机器人

<sup>194</sup> a handheld calculator: 一个手持计算器

<sup>195</sup> for harder types of math: 对于更难的数学计算

## Topic 26 堵车的经历

### 1. How can we solve the traffic jam problem?

One way to improve traffic is to make changes to the roads. For example, more lanes could be added to major highways<sup>196</sup>. There could also be more alternative routes<sup>197</sup> so that the highways don't get too busy. Besides, motivating people to find other ways of commuting can help reduce traffic on major roads and highways.

### 2. Do you think developing public transport can solve traffic jam problems?

Yes, I think developing public transportation is a great way to solve traffic jam problems. If there are less people driving on the roads, there will be less traffic. So it could help to expand bus and subway systems<sup>198</sup>. It's also good to make fare less expensive<sup>199</sup>. Then people will want to commute instead of driving their own car.

### 3. Do you think the highways will help reduce traffic jams?

I suppose that highways can help reduce traffic jams a little bit. When there are highways with lots of lanes, there are less cars in each lane. That helps prevent traffic jams. However, highways can also encourage traffic jams<sup>200</sup>. Everyone will take the highway instead of other routes. So highways can't reduce traffic jams on their own<sup>201</sup>.

### 4. What are good ways to manage traffic?

Improving public transportation helps manage traffic. People are motivated to commute<sup>202</sup> instead of driving their own cars. That reduces the number of cars on the road, which prevents more traffic jams. Spacing out intersections<sup>203</sup> is also helpful, since it prevents too many cars from being in one place.

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<sup>196</sup> more lanes could be added to major highways: 在高速公路上增加更多的车道

<sup>197</sup> alternative routes: 替代路线

<sup>198</sup> expand bus and subway systems: 扩建公共汽车和地铁系统

<sup>199</sup> make fare less expensive: 把票价降低

<sup>200</sup> encourage traffic jams: 促使交通堵塞

<sup>201</sup> highways can't reduce traffic jams on their own: 高速公路本身并不能减少交通堵塞

<sup>202</sup> People are motivated to commute: 人们会被激励去(乘坐公共交通工具)通勤

<sup>203</sup> Spacing out intersections: 把十字路口分隔开; 指在一个区域内, 不要只有一个十字路口, 而是有多个十字路口, 形成一个交通网络, 这样避免在一个主要路口有大量的车辆堆积等待

## Topic 27 用手机做重要的事

### 1. What are the differences between young people and old people when using a cellphone?

I would say that young people depend more on their cellphones. They use their phones for everything. Lots of them are anxious when they're away from their cellphones. However, old people don't trust cellphones as much. They tend to just use them to make phone calls or send texts.

### 2. Which one is more important, using a cellphone to make phone calls or to read messages?

I suppose that using a cellphone to read messages is more important. Even though making phone calls is the most basic function of cellphones, people don't use their phones to call as much<sup>204</sup>. They usually prefer texting because it gives them more time to respond. It's less stressful than making phone calls. So from people's cellphone habits, I can see that<sup>205</sup> texting is more important than making phone calls.

### 3. Do you think there should be a law to stop people from making phone calls in public?

No, I think that would be a very restrictive law<sup>206</sup>. I mean, most of us have been annoyed by someone talking loudly on the phone in a public space. It's especially uncomfortable when it's in a closed space like a bus or a subway. However, making those calls shouldn't be illegal. It doesn't actively harm other people<sup>207</sup>. So I don't think it's necessary to make such a law.

### 4. What are the functions of mobile phones? / What do you usually do with a cellphone?

Mobile phones have lots of different functions. One of the main functions is communication. You can use mobile phones to call, text, and email others. Another function is entertainment. People can watch videos, check social media<sup>208</sup>, and play games on their phones. Mobile phones can also take photos. Most phones have good cameras to take good photos with.

<sup>204</sup> don't use their phones to call as much: 很少用手机打电话

<sup>205</sup> from people's cellphone habits, I can see that: 所以从人们的手机习惯来看，我可以看出...

<sup>206</sup> I think that would be a very restrictive law: 我认为

那会是一个非常严苛的法律

<sup>207</sup> It doesn't actively harm other people: 它（打电话）不会对其他人有损害

<sup>208</sup> check social media: 看社交媒体

### 5. Why can't we live without mobile phones?

I would say that it's because mobile phones help us do lots of different tasks. We use our phones to talk to our loved ones, take pictures of important moments, and even handle our bank accounts<sup>209</sup>. We've become dependent on mobile phones<sup>210</sup> because they make our lives convenient. Without them, we wouldn't know how to do our daily tasks.

### 6. Is it rude to make a phone call late at night?

I think it depends. If it's a friend that you know well, it's probably safe to call them late at night. They won't mind if it's important<sup>211</sup>. But if it's someone you don't know very well, you might rudely wake them up<sup>212</sup>. So you'd better wait until the next day.

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<sup>209</sup> handle our bank accounts: 操作我们的银行账户

<sup>210</sup> dependent on mobile phones: 依赖手机

<sup>211</sup> They won't mind if it's important: 如果是很重要的

的(电话), 他们不会介意

<sup>212</sup> rudely wake them up: 无礼的吵醒他们

## Topic 28 想共事的家人

### 1. What kinds of family businesses are common in your country?

There are lots of family businesses in my country, including grocery stores, coffee shops, restaurants, movie theaters, and other recreational businesses<sup>213</sup>. Family businesses are usually much smaller than bigger chain businesses<sup>214</sup>. So they have a very welcoming atmosphere. In my town growing up<sup>215</sup>, several of the smaller grocery stores were run by families. People liked to shop at those businesses in order to support the families.

### 2. Why do people want to have a family business?

I think people like the idea of a family business because it's nice to work with the people you're closest to. You get to work as a team and feel closer to each other. Plus, you can pass down the business to the next generation<sup>216</sup>.

### 3. Is it good to work with family members? Why?

I think that it can be good to work with family members. Your family are the people that you love and trust the most in the world. So it's very comfortable to work with them. However, sometimes it can add more stress<sup>217</sup> when you work with your family. People can take business decisions very personally<sup>218</sup>.

### 4. What benefits are there when working for big companies?

Working for big companies can provide many benefits. Most big companies are very well established<sup>219</sup>, so you probably won't lose your job. It's nice to have job security<sup>220</sup>. Plus, since big companies earn a lot of money, they can afford to give their employees things like health and dental insurance.

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<sup>213</sup> recreational businesses: 娱乐企业

<sup>214</sup> chain businesses: 连锁企业

<sup>215</sup> In my town growing up: 在我长大的地方

<sup>216</sup> pass down the business to the next generation: 把生意传给下一代

<sup>217</sup> it can add more stress: 会增加更多的压力

<sup>218</sup> take business decisions very personally: 指在做商业决策时加入很多个人情感，不够客观理性

<sup>219</sup> well established: 建设的很成熟

<sup>220</sup> have job security: 有工作保障

## Topic 29 有趣的邻居

### 1. Do you think people are familiar with their neighbors?

I suppose that people are usually familiar with their neighbors. Most people at least know their neighbors. It's hard not to interact with your neighbors when you literally live side by side<sup>221</sup>. I think it's important to try to have a good relationship with your neighbors. That way, there's always someone close by<sup>222</sup> if you need help or need to borrow something.

### 2. How can people improve the relationship with neighbors in a community?

Whenever possible<sup>223</sup>, people should try to help them out. For example, if they need to borrow an ingredient<sup>224</sup> or something, it's important to be generous. That can help improve your relationship with them. Plus, you should be friendly whenever you see your neighbours. You can ask them how they're doing.

### 3. How do children build relationships with others in a community?

Well, firstly, parents can host events so kids in the community can get to know each other. Besides, I think children are very social. They love to play with other kids, even if they don't know them very well. So, even if they're just playing a simple game like hide-and-seek<sup>225</sup>, that can bring them together as a group<sup>226</sup>.

### 4. Is it beneficial to get along well with neighbors?

Yes, it's really beneficial to get along well with neighbors. In case of an emergency<sup>227</sup>, neighbors can help you out. You know, a good neighbor is better than a brother who lives far away<sup>228</sup>. Plus, making friends with neighbors can make you like the place more. Overall, getting along with your neighbors definitely has more benefits than drawbacks.

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<sup>221</sup> live side by side: 挨着住

<sup>222</sup> close by: 在附近

<sup>223</sup> Whenever possible: 只要有可能

<sup>224</sup> borrow an ingredient: 借一个食材或调味料

<sup>225</sup> hide-and-seek: 捉迷藏

<sup>226</sup> bring them together as a group: 把他们结合成一个团体

<sup>227</sup> In case of an emergency: 在紧急情况下

<sup>228</sup> a good neighbor is better than a brother who lives far away: 远亲不如近邻



## Topic 30 想共度时光的人

### 1. What kind of people are easy to get along with?

I think people who are easygoing and agreeable<sup>229</sup> are the easiest to get along with. You can trust them to be kind to whoever they meet<sup>230</sup>. Plus, it's also easy to be around optimistic people. They like looking on the bright side of things<sup>231</sup>, so they are always nice to friends and hardly argue with them.

### 2. How do leaders get along with their subordinates?

I suppose that in general, leaders try to connect with their subordinates. Leaders want to get to know<sup>232</sup> the people who work for them. Of course, they still need to be professional and earn their employees' respect<sup>233</sup>. But I think they try to make their employees feel respected and cared for. That way, their workers feel happy and satisfied with their jobs.

### 3. Do people have time for themselves nowadays?

Well, most adults work full-time jobs, and they also need to take care of their families. So it can be very difficult for them to find time to relax. It's hard for them to establish a good work-life balance. Actually I think that as the cost of living continues to increase<sup>234</sup>, it becomes more challenging to find time for themselves.

### 4. Do you like talking with older people? Why?

Yes, I like talking with older people. They can share lots of details about what life used to be like. I always love talking with my grandparents. They usually tell me some fun stories from when they were my age<sup>235</sup>. Plus, older people have more life experience. So they can always give you great advice.

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<sup>229</sup> easygoing and agreeable: 随和的, 和蔼可亲的

<sup>230</sup> You can trust them to be kind to whoever they meet: 你可以相信他们会对遇到的任何一个人友善

<sup>231</sup> looking on the bright side of things: 看事物光明的一面; 看事物积极的一面

<sup>232</sup> get to know: 去了解

<sup>233</sup> earn their employees' respect: 赢得员工的尊重

<sup>234</sup> as the cost of living continues to increase: 随着生活费用的不断增加

<sup>235</sup> fun stories from when they were my age: 他们像我这么大时发生的趣事

### Topic 31 喜欢一起聊天的朋友 (享受的聊天对象)

#### 1. Where do young people like to meet?

I would say that young people like to meet in places with a fun, energetic atmosphere. For example, they might like meeting in a popular café or restaurant. They might even go to the mall to walk around. Some young people may like to meet in more private places. But I think that in general they go to fun places.

#### 2. What do young people talk about when they meet up?

Well, young people are usually very interested in each other's personal lives. So they like to talk about who they're dating and who they're friends with. As a young person, life can be very overwhelming. So it's very helpful to talk to people experiencing similar things<sup>236</sup>. They can talk about any friendship or relationship issues with each other.

#### 3. Do you think people should be honest when talking with friends?

Yes, I suppose that it's important to be honest when talking with friends. You should feel comfortable sharing how you really feel with them<sup>237</sup>. Of course, you should try not to be mean. If your honest opinion will hurt their feelings, you need to be gentle when sharing it. But I still don't think you should lie to your friends.

#### 4. On what occasions do people talk with strangers?

I think people talk with strangers when they're having a shared experience. For example, it's very common to talk to a stranger when you're both waiting in line. You might also chat with a stranger if you're on a bus that's stuck in traffic<sup>238</sup>. It definitely helps to pass the time.

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<sup>236</sup> talk to people experiencing similar things: 和经历过类似事情的人交谈

<sup>237</sup> feel comfortable sharing how you really feel with

them: 和他们分享你的真实感受时要感到自在

<sup>238</sup> a bus that's stuck in traffic: 一辆堵在路上的公交车

## Topic 32 对社会有贡献的人

### 1. What jobs are well-paid?

There are lots of jobs that pay well. For example, nowadays coding is a very valuable skill. So programmers can easily find high-paying jobs. That's why lots of college graduates apply at IT companies. Besides, being a lawyer is a profession that pays really well. After all, lawyers have to deal with tons of complicated legal issues<sup>239</sup>.

### 2. What are the changes in working conditions?

It seems to me that in general, working conditions have improved. A lot of jobs are more accommodating for any special needs<sup>240</sup>. For example, more and more companies have started allowing workers to take a nap after lunch. Some of them even provide lounge chairs<sup>241</sup>. I think it's mainly because workers have more rights than they used to.

### 3. What are the impacts of the epidemic on the work environment?

Well, one impact of the epidemic is that lots of people are working from home<sup>242</sup> now. That's great for some people but more challenging for others, like parents with young children at home. In the future, a majority of<sup>243</sup> jobs might move online. So unfortunately, jobs that can't be done remotely might disappear.

### 4. Which jobs in your country have low wages? Why are their wages low?

Unfortunately, a lot of essential jobs<sup>244</sup> have low wages. People who work in the service industry don't get paid a lot. People who do manual labour<sup>245</sup> also have low wages. For example, factory workers and labourers are some of the lowest-paying jobs. I think it's mainly because those jobs don't require much skills and education. So the workers doing these jobs can be easily replaced.

见下页

<sup>239</sup> deal with tons of complicated legal issues: 处理大量复杂的法律问题

<sup>240</sup> more accommodating for any special needs: 更能适应一些特殊需求；意思是更能满足员工的一些特殊需求

<sup>241</sup> lounge chairs: 躺椅

<sup>242</sup> working from home: 在家工作

<sup>243</sup> a majority of: 大部分

<sup>244</sup> essential jobs: 必不可少的工作

<sup>245</sup> People who do manual labour: 从事体力劳动的人

### 5. What working skills or skills useful for work should be taught to high school students?

I think high school students should have to study accounting. Learning how to do that kind of math is really helpful for lots of jobs in business or finance. High school students should also learn some basic technology skills. They should learn about different software and learn how to use a computer well. Those skills are a must<sup>246</sup> when entering the job market.

### 6. What working skills or skills useful for work should be taught to college students?

Well, college students should learn how to write well. They should learn how to communicate well and make a persuasive argument<sup>247</sup>. It will help them become more successful at work, no matter what field they go into. Besides, it would be helpful for them to learn coding. It might seem weird, but<sup>248</sup> coding is useful in lots of different jobs.

### 7. Do you think younger people should be lower-paid than older people?

In some cases<sup>249</sup>, I think younger people should be paid the same as old people. For example, if they're doing the same job with the same level of experience, they should get equal pay<sup>250</sup>. However, if an older person has been working at a company for longer, they might get paid more because of their experience. That's pretty normal.

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<sup>246</sup> a must: 必不可少的东西

<sup>247</sup> make a persuasive argument: 做出有说服力的论点

<sup>248</sup> It might seem weird, but: 这可能看起来很奇怪，但

是...

<sup>249</sup> In some cases: 在某些情况下

<sup>250</sup> get equal pay: 得到同等的报酬

### Topic 33 (国家/家乡) 有名的人

#### 1. What kinds of people are popular at work?

I think people who take charge and get things done<sup>251</sup> are popular at work. People are drawn to<sup>252</sup> them because of their confidence. Some people who have a good sense of humour<sup>253</sup> are also popular at work. When they make jokes that make you feel less stressed, it makes you appreciate them.

#### 2. Are bosses more popular than employees at work?

No, I don't think bosses are more popular than employees at work. Nobody wants to get too close with the boss. They don't want to risk getting on their boss's bad side<sup>254</sup>, so they tend to avoid them. It's easier to bond with employees because they're all equals<sup>255</sup>. So there are usually more friendships among employees.

#### 3. Which one is more important, keeping a good relationship with colleagues or doing well at work?

Obviously, it's good to do well at your job. But I think it's more important to have good relationships with your coworkers because you spend a lot of time with them. But if you don't get along with your coworkers, you might hate going to work and become less satisfied with<sup>256</sup> your job.

#### 4. What are the advantages and disadvantages of being popular in school?

One main advantage is that you'll have a lot of friends if you're popular. School can be very hard to get through without friends. But a disadvantage is that being popular might make you treat others with less care and respect. If you're really popular, you might start looking down on people who aren't<sup>257</sup>.

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<sup>251</sup> take charge and get things done: 负起责, 把事情干好; 意指“踏实负责”的人

<sup>252</sup> are drawn to: 被...所吸引

<sup>253</sup> have a good sense of humour: 有幽默感

<sup>254</sup> They don't want to risk getting on their boss's bad side: 他们不想冒得罪老板的风险

<sup>255</sup> It's easier to bond with employees because they're all equals: 与员工建立联系更容易, 因为他们都是平等的

<sup>256</sup> less satisfied with: 对...不太满意

<sup>257</sup> looking down on people who aren't: 瞧不起不受欢迎的人

## Topic 34 别人讲述的故事

### 1. Do young children like the same stories as older children?

No, I don't think they like the same stories. Preschoolers<sup>258</sup> and even older children like stories that have a lot of action. They also love stories with complicated plots<sup>259</sup>. But toddlers like stories that are simple and fun. They like stories that aren't too scary or thrilling. Anything that's light and entertaining<sup>260</sup> is good for them.

### 2. How has technology changed storytelling?

Well, I believe technology has made storytelling more entertaining. Animation is a great example. In the past, animation looked very plain<sup>261</sup> and wasn't very impressive. But now, with new software, animation can look almost as convincing as real life<sup>262</sup>. There are so many different art styles that can be used in animation. So filmmakers can create really interesting and beautiful stories.

### 3. How do people tell stories to children?

I think people usually simplify things<sup>263</sup> when they tell stories to children. It can help children understand the stories easily. Besides, adults don't want to tell their kids about anything too mature. So they tell stories that are just fun and entertaining. Sometimes, they even use silly voices to make the kids laugh<sup>264</sup>.

见下页

<sup>258</sup> Preschoolers: 学龄前儿童, 一般两岁半以后的孩子

<sup>259</sup> complicated plots: 复杂的情节

<sup>260</sup> light and entertaining: 轻松有趣

<sup>261</sup> looked very plain: 看起来很平淡; 看起来很一般

<sup>262</sup> look almost as convincing as real life: 看起来以假乱真; 看起来像真的

<sup>263</sup> simplify things: (把故事内容) 简化

<sup>264</sup> use silly voices to make the kids laugh: 用傻乎乎的声音逗孩子笑

#### 4. Why do children like stories?

Children like stories because they're entertaining. When you listen to a really good story, you get totally immersed in it<sup>265</sup>. Stories can make you laugh, or they can even make you cry. Besides, when children listen to stories, they can learn about the world. Stories help them understand some more serious topics. For example, the story of the rabbit and the turtle helps children understand the meaning of perseverance<sup>266</sup>.

#### 5. Some children watch TV for a long time; do you think that is good or not?

I think it's a bad thing because children might become addicted to<sup>267</sup> TV and never get any physical exercise or social interaction<sup>268</sup>. Generally speaking, kids need to spend more face to face time with their family and friends. Spending more time outside instead of watching TV is very helpful to their physical development as well.

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<sup>265</sup> get totally immersed in it: 完全沉浸其中

<sup>266</sup> perseverance: 毅力

<sup>267</sup> become addicted to: 沉迷于...

<sup>268</sup> social interaction: 社交互动



## Topic 35 一见且想再见的人

### 1. What are the ways to make new friends?

People usually make new friends by going to parties or social events. Or they make friends with the people who are around them all the time<sup>269</sup>. For instance, they might become friends with their coworkers. Or if they're at school, they can become friends with their classmates. Some people even make friends online<sup>270</sup>. It sounds funny, but it's very common nowadays.

### 2. What qualities make a good friend?

I think a good friend is someone who is patient and kind. They can stay calm, even when you're in an argument. They should also be reliable. You can depend on them, no matter what<sup>271</sup>. Besides, a good friend should have some common interests. It can be hard to bond<sup>272</sup> if you don't share any interests or hobbies.

### 3. How do you maintain friendships?

Friendships can be very hard to maintain. Nowadays, people get really busy with work or school. They might start to neglect their personal relationships. But in order to maintain a friendship, both people need to make an effort<sup>273</sup>. For example, when your friends are in need of help, you should help them even when you have lots of other things to do. You should also communicate your needs<sup>274</sup>. If you start to feel neglected, you have to express that to the other person.

见下页

<sup>269</sup> all the time: 一直; 总是

<sup>270</sup> make friends online: 网上交朋友

<sup>271</sup> no matter what: 无论如何

<sup>272</sup> It can be hard to bond: 很难去增进感情; 很难建

立深厚友情

<sup>273</sup> make an effort: 努力去

<sup>274</sup> communicate your needs: 传达你的需求、告诉别人你的需求

#### 4. On what occasions do people like to make friends?

I think people like making friends when they're in a new environment. For example, when young people go to university, they like making friends in their classes. It's also nice to make friends outside of class<sup>275</sup>. That way, their friends can help them adjust to university life. People also like making friends at their jobs. Getting along with your coworkers makes the job better.

#### 5. Is it important to have the same hobbies and interests when making friends?

I think having some similar hobbies as your friends is important, but not essential<sup>276</sup>. Many people become friends because they're similar. Then they stay friends for a long time because of those interests. But some people have best friends who are really different from them. People can actually enjoy each other's interests and learn a lot from each other.

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<sup>275</sup> make friends outside of class: 交班级外的朋友

<sup>276</sup> is important, but not essential: 是重要的，但不是

必要的

## Topic 36 有趣的讨论

### 1. When do children normally form their own views?

I would say that children usually form their own views when they're in elementary school. As they grow up<sup>277</sup> and start learning about the world in class, they begin to form opinions. For example, they might think about how they want to treat people. They may also form opinions on other cultures<sup>278</sup> when they learn about them in school.

### 2. Do children have strong opinions?

Yes, I think children have strong opinions. As kids grow up, they may feel very strongly about their opinions because it's all they know. They just focus on what they're familiar with. So they can be very passionate about what they believe, even if they don't know why they believe it. For example, sometimes you can't talk children down<sup>279</sup> when they want to play on a snowy day, even if you tell them it's unsafe to be in the snow.

### 3. Should parents request their kids to obey them?

Yes, I think parents should ask their kids to listen to them. Sometimes, parents might demand too much. Children might lose their confidence in decision-making<sup>280</sup>. But for the most part<sup>281</sup>, it's good for kids to listen to their parents. Most of the time, parents know what's best. For example, children need to listen to their parents when they're doing something risky, like crossing a street without looking.

### 4. In what industries do you think communication is a necessary skill?

Well, communication is a necessary skill in most industries. Actually I think it's most important in business and other fields where you deal with customers. You know, you need to be a good communicator if you're trying to make transactions with people<sup>282</sup>. Communication is also really important if you work in education. After all, effective learning comes from good communication.

见下页

<sup>277</sup> As they grow up: 随着他们长大

<sup>278</sup> form opinions on other cultures: 形成对其他文化的看法

<sup>279</sup> you can't talk children down: 你无法说服孩子

<sup>280</sup> lose their confidence in decision-making: 失去做决

定的信心

<sup>281</sup> for the most part: 在大多数情况下

<sup>282</sup> make transactions with people: 与人进行交易; 和人做买卖

## 5. How can you be a good listener?

Being a good listener is a difficult skill. Many people listen in order to give advice. Or they might connect it to their own lives in some way<sup>283</sup>. This technique can be helpful, but it doesn't always work<sup>284</sup>. Some people want to be listened to, but they don't want advice. They just want to say how they feel and be supported. So I think you should ask the person if they want your opinion, or if they just want to talk.

## 6. At what age do kids start picking up a hobby or interest?

I think kids usually find a hobby or interest when they're five or six. Around that age, they've developed their personality more. So they know more about what they're interested in. They also have more options. You can't do that many activities<sup>285</sup> when you're super young. But as you get older, you can try out different things, and start finding what suits you.

## 7. What is the importance of listening?

Listening is very important because communication is dependent on it. You can't have good relationships without strong listening skills. If someone feels like they're not being listened to, they might get upset. So, listening is how we show people that we care about their views<sup>286</sup>. Being a good listener can help you in your relationships with others.

## 8. Do children often express and share their views with others?

I don't think every kid does that. It's true that some kids naturally love sharing their thoughts with others. But shy kids often hate talking about their opinions. Plus, strict parenting<sup>287</sup> can cause children to be afraid of expressing their views. Some parents are harsh with<sup>288</sup> their kids whenever they speak. So those kids might not want to express themselves.

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<sup>283</sup> in some way: 以某种方式

<sup>284</sup> it doesn't always work: 并不总是有效

<sup>285</sup> You can't do that many activities: 你不可能做那么多活动; 你做不了那么多活动

<sup>286</sup> listening is how we show people that we care about

their views: (认真) 倾听是我们向人们展示我们关心、在意他们看法的方式

<sup>287</sup> strict parenting: 严格的家教

<sup>288</sup> are harsh with: 对...严厉

### Topic 37 印象深刻的一节课

#### 1. Which can help you remember things better, words or photos?

It depends on the person. Some people learn better through photos. But others memorize things by reading about them. It also depends on what you're trying to memorize. If you're trying to remember what someone looks like, a photo would be better. But if you're trying to remember a classic poem<sup>289</sup>, you'd have to read it a lot of times.

#### 2. Why do some people have better memory? / What may affect people's memory?

I think that in some cases, it can be due to genetics<sup>290</sup>. But a good memory also depends on other factors. For example, you can remember things better when you have a healthy diet and you exercise regularly. Plus, people who try new activities, like learning a language or an instrument, have a better memory because it keeps their brain active<sup>291</sup>.

#### 3. Why can some people remember some little things in life?

I believe that some people pay attention to the little things because they matter to them<sup>292</sup>. Little things can be important depending on the person. For example, detectives and police officers are very good at recalling small details of crime scenes<sup>293</sup>. But for some other people, they can remember the little things just because they have a great memory.

#### 4. Are young people better at memorizing things than old people? Do young people have a better memory than old people?

No, I don't think so. I actually read in an article that the human brain stays young even as we age<sup>294</sup>. So I don't think that the aging of the brain<sup>295</sup> affects your memory. If someone has a healthy brain when they are old, they will be as good at memorizing things as young people.

见下页

<sup>289</sup> a classic poem: 一首古诗

<sup>290</sup> in some cases, it can be due to genetics: 在某些情况下, 这可能是由于基因的原因

<sup>291</sup> keeps their brain active: 能让他们的大脑保持活跃

<sup>292</sup> they matter to them: 它们(那些小事)对他们很重

要

<sup>293</sup> recalling small details of crime scenes: 回忆犯罪现场的小细节

<sup>294</sup> the human brain stays young even as we age: 在我们变老的时候大脑可以依旧保持年轻

<sup>295</sup> the aging of the brain: 大脑的老化

### 5. Do men and women have differences in memory?

Yes, there are actually some differences in memory when it comes to men and women. I read an article not long ago. It says that in general, women are better at remembering things like names, faces, and conversations. They also have better short-term memory<sup>296</sup> than men. Men are usually better at things like navigation<sup>297</sup>. So they can remember directions to a place even if they only went there once.

### 6. Do people like things with sentimental value?

Yes, people like keeping things that are associated with certain memories<sup>298</sup>. It's very common to keep items from your childhood so you can remember it when you're older. Some people save their favorite toys, while others keep things like sports medals. People also like keeping things from important occasions like graduations and weddings. It helps them preserve special memories<sup>299</sup>.

### 7. Can technology help people remember things better? How?

Yeah, definitely. One good example is photography. In the past, not many people owned a camera because they were really expensive. But nowadays, basically every cell phone has a camera. You can take pictures and videos of a moment instead of only preserving it in your mind. Then, later on, you can look back at those pictures and videos to fully remember the occasion<sup>300</sup>.

### 8. How to forget a bad memory?

Well, people can forget a negative memory<sup>301</sup> in a few different ways. First, it might help to talk to someone about it, like a friend or family member. It's a good way to relieve your pain<sup>302</sup>. It can also help make you less sad or scared. Besides, you can try to think of some good memories instead. For example, if the bad memory happened at your school, think of a good memory from school instead.

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<sup>296</sup> have better short-term memory: 有更好的短期记忆

<sup>297</sup> navigation: 寻路; 导航; 这里是指男的擅长记路

<sup>298</sup> associated with certain memories: 与特定记忆相关的

<sup>299</sup> preserve special memories: 保留住特殊的记忆

<sup>300</sup> fully remember the occasion: 充分记住当时的情景

<sup>301</sup> a negative memory: 一个负面的或消极的记忆

<sup>302</sup> relieve your pain: 减轻你的痛苦

## Topic 38 帮助小孩

### 1. Do you often help kids? How?

I try to help kids when possible. I have some younger cousins who often ask me for advice. I try to give them helpful suggestions when they need them. For example, my younger cousin asked me how to make friends. She's in elementary school and she's very shy. I gladly gave her some advice and encouragement<sup>303</sup>.

### 2. Why is it necessary to do volunteer service?

I think it's necessary to volunteer because it teaches you to be a better citizen. If you never help others, it makes you less kind and sympathetic<sup>304</sup>. Plus, volunteer service teaches you about the needs of others in your community. That helps you understand and care more about the people that you meet.

### 3. What can schools do to develop students' awareness of volunteering?

I suppose that schools can help develop students' awareness by giving them opportunities to volunteer. For example, schools could create a program where students volunteer within the local community<sup>305</sup>. They could volunteer wherever help is needed most<sup>306</sup>. This could show them the importance of serving others.

### 4. Who benefits more from the volunteer services, the volunteers or the people helped?

I think that the people who are being helped benefit more from volunteering. They get what they need from people who are there to help them<sup>307</sup>. However, I do think that volunteers also benefit a lot from volunteering. It definitely makes you feel better when you help others.

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<sup>303</sup> I gladly gave her some advice and encouragement:  
我很高兴地给了她一些建议和鼓励

<sup>304</sup> sympathetic: 富有同情心

<sup>305</sup> volunteer within the local community: 在当地社区  
做志愿者

<sup>306</sup> wherever help is needed most: 在最需要帮助的地  
方

<sup>307</sup> They get what they need from people who are there  
to help them: 他们(可以)从帮助他们的人那里得  
到他们需要的东西



## Topic 39 传统产品

### 1. Why are traditional products important?

Well, traditional products are important because they preserve history and culture. If you get rid of traditional products, a country might start to lose its identity<sup>308</sup>. Traditional products hold a lot of cultural knowledge<sup>309</sup> that would otherwise be lost. Plus, they can attract people from other countries who want to learn more about certain traditions.

### 2. Do you think tradition is important for a country? (问题 1 和 2 答案可以关联起来)

Yes, I think tradition is really important for a country. Tradition is linked to a country's history and culture. If tradition is completely cast away<sup>310</sup>, a country might start to lose its identity. It might not be easily distinguishable<sup>311</sup> from other countries. That results in less diversity<sup>312</sup> in the world.

### 3. What are the traditional Chinese products?

Well, China is known for many things. One big example is its traditional clothing. One of the most famous pieces of traditional clothing is the qipao. It's a formal dress that has a distinct and beautiful style. China is also known for craft items<sup>313</sup> like bamboo furniture, lanterns, and kites.

### 4. Why is it important for children to learn about traditional products?

It's important for children to learn about traditional products because it helps them appreciate their country's history and culture. Without knowing about traditional products, children may feel that there's nothing special or unique about their country. As a result, they may lose interest in<sup>314</sup> their culture.

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<sup>308</sup> lose its identity: 失去（文化上的）身份认同

<sup>309</sup> hold a lot of cultural knowledge: 包含着很多文化方面的知识信息

<sup>310</sup> cast away: 抛弃；扔掉

<sup>311</sup> distinguishable: 区别得开的

<sup>312</sup> less diversity: 更少的（文化）多样性

<sup>313</sup> craft items: 工艺品

<sup>314</sup> lose interest in: 失去对...的兴趣

## Topic 40 社交媒体上常刷的人

### 1. What can people do on social media?

People use social media for lots of different things. A lot of people use it to post updates from their life<sup>315</sup>. They'll show pictures of their pets, their relationships, and all kinds of personal things. Others just use it to follow their favourite celebrities, so that they can see updates of their favorite singers or actors.

### 2. Do you think older people and younger people will use the same kind of social media software?

No, I don't think they use the same kind of social media sites. Young people usually like using social media apps like Weibo or TikTok. Those apps let you look at lots of posts very quickly. But older people like social media that lets them talk with others more. So they prefer communication-based apps<sup>316</sup> like WeChat and QQ.

### 3. Do older people spend much time on social media?

No, I don't think older people spend a lot of time on social media. For one<sup>317</sup>, social media moves very quickly. There's always a new post to look at. Some older people might think scrolling through posts on social media<sup>318</sup> is just a waste of time and staring at a cellphone screen could make their eyes sore easily<sup>319</sup>. Besides, older people prefer having face-to-face talks and longer conversations with others. So they don't use social media as much.

### 4. Are non-social media like television and newspapers still useful?

Yes, I definitely think that television and newspapers are still useful. It's mainly because they go through a lot more fact-checking<sup>320</sup>. Social media is popular but it's not always reliable when it comes to reporting the truth. For example, if you want to learn about the latest government policies, TV and newspapers are a better bet<sup>321</sup>. There are always lots of false information and rumors on social media.

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<sup>315</sup> post updates from their life: 发一些生活中的新鲜事

<sup>316</sup> communication-based apps: 通讯应用

<sup>317</sup> For one: 首先，一则...

<sup>318</sup> scrolling through posts on social media: 在社交媒体上浏览帖子；刷社媒

<sup>319</sup> make their eyes sore easily: 使他们的眼睛很容易酸痛

<sup>320</sup> go through a lot more fact-checking: 它们会经过更多的事实核查；会做很多事实背景调查

<sup>321</sup> a better bet: 一个更好的选择

## Topic 41 有趣的歌曲

### 1. Why are many music competitions popular in China?

I think it's because it's fun to support people who are really good at singing. Competitions are always interesting because people pick favourites. Music is something that mostly everyone can enjoy. So combining those two elements definitely makes for fun television<sup>322</sup>. Plus, sometimes the next major singer can come out of those competitions<sup>323</sup>.

### 2. What kinds of music do young people like?

In general, young people like fun, upbeat music with a really good beat<sup>324</sup>. They want something they can sing along<sup>325</sup> or dance to. For young people who enjoy going to clubs, they need exciting music. Besides, as far as I know, many young people like pop and rock music. Some of them enjoy hip-hop and rap as well.

### 3. What kinds of people like traditional music?

I would say that older people tend to like traditional music. Some young people listen to it, but I think it's just more enjoyable for the older generations. Most of the classic songs are elegant and slow-tempo<sup>326</sup>. So they're more suitable for the elderly to listen to. But they aren't popular with young people.

### 4. What are the differences between live concerts and online concerts?

I suppose that the energy levels are pretty different<sup>327</sup>. When it's online, you can't interact with any of the other audience members. And the sound and visuals<sup>328</sup> are pretty different too. On the other hand, when you watch an online concert, you save a lot of money on tickets and travel. But if you want to go see live music<sup>329</sup>, it's super expensive.

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<sup>322</sup> combining those two elements definitely makes for fun television: 这两种元素的结合绝对会让电视节目变得有趣

<sup>323</sup> come out of those competitions: 从这些比赛中脱颖而出

<sup>324</sup> upbeat music with a really good beat: 欢快、有节奏感的音乐

<sup>325</sup> sing along: 跟着唱歌

<sup>326</sup> slow-tempo: 慢节奏的

<sup>327</sup> the energy levels are pretty different: 活动的能量水平是非常不同；这里的 energy 指的是活动的热烈气氛

<sup>328</sup> visuals: 视觉效果

<sup>329</sup> go see live music: 去看现场音乐（表演）

## Topic 42 帮助学习语言的工具

### 1. What difficulties do people face when learning a language?

I think the main difficulty in learning a language is memorizing vocabulary. You have to know so many different words. For some languages like Japanese, you have to memorize characters. It's also really hard to get used to a different kind of grammar. Some languages organize sentences in a completely different way<sup>330</sup>. So that's difficult to adjust to.

### 2. Do you think language learning is important? Why?

Yes, it's important to learn other languages. For one, it helps you connect with people from different countries. Learning foreign languages helps you learn about different cultures and expand your worldview<sup>331</sup>. Plus, being bilingual or trilingual<sup>332</sup> makes you more competitive when it comes to job hunting<sup>333</sup>.

### 3. Which is better, to study alone or to study in a group? Why?

It seems to me that the best way to study is to do both. Studying alone is better for memorization and review<sup>334</sup>. But studying in a group is better for understanding new, complex topics because you can learn from each other. Actually, when learning a language, you should definitely have a study group. That way, you can practice speaking the language with other people.

### 4. What's the best way to learn a language?

I suppose that everyone learns better by living in a country where the language is spoken. That way, they can hear it every day and practice speaking it as well. But sometimes you can't do that. So it might be better to listen to the radio in the target language<sup>335</sup>. You can also watch TV and movies in that language.

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<sup>330</sup> organize sentences in a completely different way: 以完全不同的方式组织句子

<sup>331</sup> expand your worldview: 扩展你的世界观; 扩大眼界

<sup>332</sup> being bilingual or trilingual: 会说两种或三种语言的

的

<sup>333</sup> job hunting: 找工作; 求职

<sup>334</sup> memorization and review: 记忆和复习

<sup>335</sup> listen to the radio in the target language: 听目标(你要学的)语言的广播

## Topic 43 坏掉又修好的东西

### 1. Are IT-related jobs valued more by society?

Well, yes. People working in the IT industry are getting paid more than ever<sup>336</sup>. So that shows how valuable those jobs are. Plus, IT jobs make big contributions to society<sup>337</sup>. We basically can't live without technology. Even all the traditional jobs, like doctors, teachers, and police, depend on IT workers. I believe IT jobs will be even more valuable in the future.

### 2. Is the quality of products worse than before?

Yes, I think the quality of products has declined<sup>338</sup>. Since there are more people than before, the demand for goods is also bigger. To meet the huge demand, most products are mass-produced<sup>339</sup> in factories. So you don't see the same attention to detail<sup>340</sup> as before. But it doesn't mean it's bad for society. In fact, goods manufactured on production lines are usually cheaper.

### 3. What kinds of things do people like to repair by themselves?

I think it depends on the person. Some people are good at repairs. But others aren't. People who are handy<sup>341</sup> can have a lot of fun repairing things, like home appliances, furniture or even the house itself. For those who think repairing something is too hard, they might just glue something together<sup>342</sup> if it breaks. They would rather have bigger and more valuable items repaired by professionals.

### 4. Why do people like to get their mobile phones repaired in specialized stores?

Mobile phones are really hard to repair by yourself. If you try to repair your phone and you make a mistake, that could become an even bigger problem. However, if you go to a phone store, they have trained specialists<sup>343</sup>. They can fix the problem quickly<sup>344</sup>. That is why many people prefer to go to a special store.

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<sup>336</sup> getting paid more than ever: 比以往任何时候的薪水都高

<sup>337</sup> make big contributions to society: 给社会做巨大的贡献

<sup>338</sup> the quality of products has declined: 产品的质量下降了

<sup>339</sup> mass-produced: 大规模生产

<sup>340</sup> attention to detail: 关注细节

<sup>341</sup> handy: 手巧的; 善于维修的

<sup>342</sup> glue something together: 把东西粘起来

<sup>343</sup> trained specialists: 受过训练的专业人士

<sup>344</sup> fix the problem quickly: 快速的解决问题

## Topic 44 向长者学习技能

### 1. What can children learn from their parents or grandparents? (也可能针对 parents 和 grandparents 分开提问)

Children's parents usually teach them what values they should have<sup>345</sup>. They also teach their kids basic skills, like how to cook a meal or how to do housework. Besides, Children can learn a lot from their grandparents, like their family history. Actually I think children can also learn empathy from their grandparents. They can help them with chores<sup>346</sup>. Helping the elderly can make children kinder and more compassionate<sup>347</sup>.

### 2. From whom can children learn more, parents or grandparents?

I think that in general, children can learn more from their parents. Grandparents have a lot of important information to share with children. But parents spend the most time with their children. So they can teach them important life skills, like how to manage their time well and how to communicate with others. More importantly, they can teach their kids to have good values<sup>348</sup>.

### 3. What kind of help do you think older people need?

I would say that older people usually need help adjusting to changes in modern society<sup>349</sup>. For example, older people might need help with new technology. They might not know how to use their phones or social media. So the younger generation can help out with that. As people get old, they also need help with everyday tasks<sup>350</sup>, like eating, dressing and bathing.

### 4. What skills can young people learn from older people?

I think young people can learn lots of practical skills from older people. For example, a lot of young people don't know how to fix things when they break down<sup>351</sup>. So older people can teach them some technical skills. Actually so many young people don't know how to use a screwdriver<sup>352</sup> or do other household tasks.

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<sup>345</sup> teach them what values they should have: 教导他们应该拥有什么价值观

<sup>346</sup> chores: 家务活

<sup>347</sup> compassionate: 有同情心

<sup>348</sup> have good values: 有良好的价值观

<sup>349</sup> adjusting to changes in modern society: 适应现代社会的变化

<sup>350</sup> everyday tasks: 日常任务

<sup>351</sup> break down: 发生故障

<sup>352</sup> screwdriver: 螺丝刀

## Topic 45 想要的公寓或房子

### 1. What kinds of apartments are the most popular?

I think that condos<sup>353</sup> are probably the most popular. Those buildings have great views. There are also lots of benefits. For example, most modern condos have a gym or even a pool. They have good security so you don't have to worry about getting robbed. They also have nice common areas<sup>354</sup>. You can usually go on the roof and enjoy a great view of the city.

### 2. What are the differences between houses that young people and old people like?

I think young people like apartments because they have better views. If they pick a house, they'll probably like a house in a more modern style. But many old people prefer living in a single home<sup>355</sup> with a big yard. That way, they can plant flowers and vegetables in the yard. Plus, they don't have to worry about stairs in tall buildings.

### 3. What are the differences between apartments and houses?

Well, apartments can fit multiple families. They are in buildings, either high-rise or low-rise. And most people in cities live in apartments. It's the best way to deal with big populations. Houses, on the other hand, are the most common in the countryside. Families in rural areas have enough space to build their own house. And they are usually designed for one or two families at most<sup>356</sup>.

### 4. Do people usually rent or buy a house? Why?

People usually save up to buy a house. Some people like to rent, especially if they're young. But it's cheaper to buy a house. I mean, you have to make big mortgage payments<sup>357</sup>. But it's worth it to own a property instead of paying rent forever. That being said<sup>358</sup>, it's getting more common to rent. Most people just don't have enough money to buy.

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<sup>353</sup> condos: 独立产权公寓

<sup>354</sup> common areas: 公用区域

<sup>355</sup> a single home: 一个独立的房子；一个单独的房子

<sup>356</sup> at most: 最多

<sup>357</sup> make big mortgage payments: 支付大笔的房贷

<sup>358</sup> That being said: 虽然这么说；虽说如此



## Topic 46 生活中不可或缺的东西

### 1. Why do children always bring toys with them wherever they go?

I think it's because toys give children a sense of comfort and security<sup>359</sup>. When they leave the house, it makes them feel safe and secure. Toys also keep children entertained. Children love playing with toys while they're out<sup>360</sup>. I always see kids playing with toys while they wait in line at the store.

### 2. Why do many people have difficulty throwing things away?

Well, some people have really good memories associated with an object, which makes it tough to throw it away. For example, someone may keep something just because it was a gift from their best friend when they were young. It might seem silly to some people, but lots of items hold treasured memories<sup>361</sup>.

### 3. Why are children attracted to new things (such as electronics)?

I would say that it's mainly because they want to be like their friends. As they get older, children feel pressure to be like others around them<sup>362</sup>. They can become very competitive, so they always want to have the newest thing. Children also get bored of things more quickly than adults. So they want new stuff more often.

### 4. What do you think influences people to buy new things?

I think one of the biggest influences is advertising. People see ads everywhere they look<sup>363</sup>, from their phone, to their emails and magazines. As far as I know, a lot of companies will track your purchases on their website<sup>364</sup>, and then send you targeted ads based on what you like to buy. This can make it hard to resist.

见下页

<sup>359</sup> give children a sense of comfort and security: 给孩子们一种舒适感和安全感

<sup>360</sup> while they're out: 当他们外出的时候

<sup>361</sup> lots of items hold treasured memories: 许多物品都珍藏着珍贵的回忆

<sup>362</sup> children feel pressure to be like others around

them: 孩子们会感到压力，让他们像周围的人一样

<sup>363</sup> see ads everywhere they look: 目光所及之处都是广告

<sup>364</sup> track your purchases on their website: 在他们的网站上跟踪你的购物记录

### 5. Do people have more choices now when they are shopping?

Well, I don't think people have more choices in terms of what they buy. But they definitely have more choices in terms of how they shop. Thanks to online shopping<sup>365</sup>, people can choose to have their items shipped to them<sup>366</sup>. Or they can order them to be ready for pick up at the store.

### 6. Does social media increase sales?

Yes, social media can increase a company's sales. Many companies have a marketing department that focuses on increasing sales through social media. They can advertise their products directly or work with social media influencers<sup>367</sup>. Plus, you can see new purchases that your friends share on Weibo or WeChat. It might get you interested in<sup>368</sup> buying those things as well.

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<sup>365</sup> Thanks to online shopping: 多亏了网上购物

<sup>366</sup> have their items shipped to them: 把他们买的商品寄给他们

<sup>367</sup> work with social media influencers: 和社媒大 V (网红) 合作

<sup>368</sup> get you interested in: 让你有兴趣

## Topic 47 免费物品

### 1. Do you think people should pay for higher education? Why?

No, I don't think people should pay for higher education. Most jobs require a degree in higher education. But young people from poor families might not be able to get a college education, and it might cause them to miss out on<sup>369</sup> jobs and have a hard life. So universities should be sponsored by the government<sup>370</sup>. There should still be requirements to get in. But money should not be an issue<sup>371</sup>.

### 2. Is it good or bad for people to have free education in the future?

I think free education would be good because it can help people get out of poverty<sup>372</sup>. The people who can't get higher education are usually from poor families. Then, without higher education, they can't get a high paying job. So it becomes a cycle<sup>373</sup>. Free education would make things more equal for everyone. Then, more people can get the careers they want.

### 3. What free gifts do companies usually give to their customers?

A lot of companies give their customers gifts to encourage them to buy more products or services. They might send a holiday gift to their regular customers, or a discount code<sup>374</sup> that they can use on a purchase. These gifts are great for marketing<sup>375</sup>. They're also a good way to encourage customers to recommend the company to their friends. So many large companies give gifts regularly.

### 4. Why do customers like to receive free gifts from companies?

Well, everyone likes free stuff. When a company gives out free samples or trials<sup>376</sup>, you can try their products without paying money. Besides, some companies like giving out free coupons<sup>377</sup> at events. It helps you spend less on their products. So, all customers like all kinds of free gifts from companies.

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<sup>369</sup> miss out on: 错过...

<sup>370</sup> be sponsored by the government: 由政府财政支持

<sup>371</sup> money should not be an issue: 钱不应该是被争论的问题

<sup>372</sup> get out of poverty: 脱贫

<sup>373</sup> it becomes a cycle: 变成一种循环

<sup>374</sup> a discount code: 一个折扣码

<sup>375</sup> These gifts are great for marketing: 这些礼物对市场营销很有帮助

<sup>376</sup> trials: 免费试用

<sup>377</sup> giving out free coupons: 发放免费优惠券

## Topic 48 小时候喜欢的玩具

### 1. What are the differences when choosing toys for boys and girls? Do boys and girls like the same toys?

I think boys usually like toys that they can be more active with. For example, they might like kites because they can run around with them<sup>378</sup>. Girls, on the other hand, like toys that they can pretend to talk to. For example, girls like dolls because they can dress them up and use their imagination to play with them<sup>379</sup>.

### 2. What's the difference between the toys kids play with now and those they played with in the past?

Well, in the past, toys were a lot simpler. Kids played with things like blocks or puzzles. Some kids had dolls, but they weren't fancy. Nowadays, dolls are super customizable<sup>380</sup> and come with lots of outfits and accessories<sup>381</sup>. Kids also have more advanced toys, like remote cars, electronic toys and even smart toys that can connect to smartphones<sup>382</sup>.

### 3. What's your opinion when choosing a gift for kids?

When you get a gift for a kid, you should think about their interests. For example, if a kid really likes dinosaurs, a robotic dinosaur toy would be a thoughtful gift<sup>383</sup>. Besides, you don't want to get them anything too complicated or expensive. They might break it, or get frustrated with it<sup>384</sup> and not enjoy it.

### 4. What do parents usually buy for their children to make them happy?

I think parents like to buy toys for their kids to make them happy. Actually a lot of parents give their kids toys that they know they'll enjoy. Their kids feel happy because they know their parents care about their interests<sup>385</sup>. For example, active kids are definitely happier to get a skateboard from their parents than something else like a plush toy<sup>386</sup>.

见下页

<sup>378</sup> run around with them: 带着它们(风筝)到处跑

<sup>379</sup> use their imagination to play with them: 用她们的想象力和它们(娃娃)玩

<sup>380</sup> customizable: 可定制的

<sup>381</sup> come with lots of outfits and accessories: 搭配很多服饰和配饰

<sup>382</sup> smart toys that can connect to smartphones: 可以连接智能手机的智能玩具

<sup>383</sup> a thoughtful gift: 一个贴心的礼物

<sup>384</sup> get frustrated with it: 对礼物感到沮丧

<sup>385</sup> care about their interests: 关心他们的兴趣

<sup>386</sup> a plush toy: 毛绒玩具

### 5. Can girls play with toys that boys like to play with?

Yes, absolutely. Nowadays, most toys can be enjoyed by both girls and boys. But when it comes to toys that are specifically designed for boys, there's nothing wrong with<sup>387</sup> girls enjoying them as well. If girls find those toys fun, then they should be able to play with them.

### 6. Do you think parents should buy more toys for their kids or spend more time with them?

It seems to me that parents should spend more time with their kids. Buying toys for their kids is nice. But quality time is more valuable. I think the best solution is playing with them. They get to bond and build up their relationship with their kids. Nothing is more valuable than<sup>388</sup> spending time with your family.

### 7. Should advertising aimed at kids be prohibited?

I don't think it should be prohibited, but it should definitely be limited. There are some good examples of kids' advertising. For example, museums might have advertisements that show kids how fun educational content can be. But advertising for toys and other things can make kids too obsessed with having things. So that should be limited to some extent<sup>389</sup>.

### 8. How do advertisements influence children?

Advertisements can appeal to kids very effectively. They make the kids think that they need whatever product is being advertised. They might even influence kids to ask their parents for a certain toy<sup>390</sup>. It can make kids greedy and obsessed with having the newest thing<sup>391</sup>. Kids can be affected by advertisements very easily since they're so young.

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<sup>387</sup> there's nothing wrong with: ...没有什么错

<sup>388</sup> Nothing is more valuable than: 没有什么比...更有价值

<sup>389</sup> to some extent: 在某种程度上来说

<sup>390</sup> for a certain toy: (要) 某个特定的玩具

<sup>391</sup> greedy and obsessed with having the newest thing: 贪婪和痴迷于拥有最新款(玩具)

## Topic 49 工作/学习中的积极建议

### 1. When should parents encourage their children?

I think parents should encourage their children when they're having a hard time. If their children are having difficulty in school, parents should give them support<sup>392</sup>. Children should also be encouraged when they're doing things well. If they've been succeeding, parents should congratulate them and tell them to keep going<sup>393</sup>.

### 2. Should parents always encourage their children?

Yes, I suppose that parents should always encourage their children. I don't really see what the problem with constant encouragement is<sup>394</sup>. It helps children be more confident. It makes them feel loved by their parents. Life can be tough. Encouragement from loved ones can help them get through challenges<sup>395</sup>.

### 3. Do you think negative feedback is more important than positive feedback? Why?

No, I don't think negative feedback is more important than positive feedback. Focusing too much on negative feedback can be very discouraging<sup>396</sup>. It might make you want to give up. So it's better to have a balance<sup>397</sup>. Positive feedback is equally important because it can encourage people and improve their performance.

### 4. Why is negative feedback as important as positive feedback at work?

Well, people need to know how they can improve. If you only get positive feedback, you won't know how to do things better. So people need to listen to negative feedback as well. However, it's important to present negative feedback in a helpful way<sup>398</sup>. It shouldn't make people feel too bad about themselves<sup>399</sup>.

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<sup>392</sup> give them support: 给他们支持

<sup>393</sup> keep going: 继续努力

<sup>394</sup> I don't really see what the problem with constant encouragement is: 我不明白鼓励会有什么问题

<sup>395</sup> get through challenges: 克服挑战

<sup>396</sup> discouraging: 令人沮丧

<sup>397</sup> it's better to have a balance: 最好保持平衡

<sup>398</sup> present negative feedback in a helpful way: 以一种有益的方式呈现负面反馈

<sup>399</sup> feel too bad about themselves: 对自己感觉太糟糕

## Topic 50 节约时间的方法

### 1. What can people do to save time?

I think people can make lots of little changes to save time. Instead of taking a bus or subway to work, they could try biking instead. That can make their commute shorter. If they want to save time on getting food<sup>400</sup>, they can use an app to order their meals. Then they can pick up their food when it's ready<sup>401</sup>.

### 2. Does technology help people save time? How and why?

Yes, I suppose that technology often helps people save time. For example, food-delivery apps help people save a lot of time. You can just place an order on the app<sup>402</sup> and wait for the food to be shipped to your door. Technology also helps people quickly talk to others. Instead of calling someone and having to wait if they're on the phone with someone else, you can text them.

### 3. Do you think parents should be responsible for teaching students to save time?

Well, parents can help teach their kids how to save time. But I don't think they have to be responsible for that. Students can learn how to be efficient in school as well. For example, teachers will often show students how to quickly do things like memorization and calculations<sup>403</sup>. So I think teachers and parents share the responsibility<sup>404</sup>.

### 4. Do people who can manage time well become successful more easily?

Yes, I definitely think that people who are good at time management can become successful more easily. They know how to organize their time well. So they can stay focused on their tasks. That helps them to work harder and smarter. Because of this, they can easily get promotions and do well at work.

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<sup>400</sup> save time on getting food: 节省点餐的时间

<sup>401</sup> pick up their food when it's ready: 在食物准备好时去取了; 意指在食物送到了, 可以取的时候去取餐

<sup>402</sup> place an order on the app: 在应用程序上下单

<sup>403</sup> how to quickly do things like memorization and calculations: 如何去做一些例如快速记忆和计算的这种事

<sup>404</sup> share the responsibility: 分担责任