

2022 年 9-12 月雅思口语 Part1 考题参考资料 (A 难度·10 月版)

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使用资料前，请您仔细阅读以下几点🐼(^_-)

1. 提供 Part1 素材的目的，旨在帮助大家尽快掌握高频考题动态，并在短期内积累可用的地道口语表达，以及通过素材启发考生回答思路。**任何素材思路无法全部完美适合所有人，因此建议练习中结合个人理解方式，做内容的删减、扩充等调整。以达到更高效复习的状态。调整内容时，如有疑问欢迎联系 Penny 解答。**
2. 直到 12 月底都会**一直跟进核实考题动态。**
3. 第二页的表格中**黄色高亮的 Topic 是本学期出现的新主题。**右侧的“是否已复习”帮助大家对自己复习进度做整理，以避免漏掉应复习的话题。
4. **标注“高频”的题目，**是根据考生反馈频繁被考到的题。
5. 文中**含下划线的内容**是高分地道表达。
6. 复习时，请根据自己喜好和个人情况，灵活运用参考答案及加分表达，**切勿逐字逐句死记硬背；**
7. 口语练习方法很重要，**复习过程中对练习方法、素材语法词汇等有疑问，欢迎随时联系 Penny。**

2022 年 9-12 月 Part1 考题 Topic 列表

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注：请根据个人实际情况适当调整或删除内容，有需要改动的内容请直接私信 Penny。

Topic 1 Study¹ (含 school) (建议重点复习高频题; 工作族可以不复习该主题)

本主题每个人情况不同，如有需要，可私信 Penny 根据个人情况做内容的免费私人订制。

1. What do you do? / Do you work or study? (高频)

I'm currently a senior student at Hunan University, and I'm studying computer science at the moment.

2. Do you study best in the morning or the afternoon? / Do you prefer to study in the morning or in the afternoon? (高频)

I think it's good to study in the morning. I have to wake up earlier, but when I get through the work², I have the rest of the day off. And the afternoon is usually a better time of day to enjoy myself. So it's best to get studying over with³ as early as possible.

3. Do you sometimes feel that you have to study too hard? (高频)

Yeah, I've had that feeling before. My program can be very demanding⁴. It definitely takes up a lot of my time. And I find that I don't always get the grade that I want. So I put in hours and hours of work to try and do better. It can be really exhausting. Sometimes I wonder if it's worth it.

4. What do you like to do just after you finish class every day? (高频)

I really like to go for a walk or do something else to relax. Going for a walk is great because I can enjoy the fresh air and take my mind off of school for a while⁵. If I'm not able to go for a walk somewhere, I'll just chill at home⁶ and scroll through social media on my phone⁷.

见下页

¹ Study: 本主题每个人情况不同，如有需要，可私信 Penny 根据个人情况做内容的免费私人订制

² get through the work: 完成了工作

³ get something over with: 做完/完成...

⁴ My program can be very demanding: 我的专业要求很高

⁵ take my mind off of school for a while: 让我暂时不去想学校的事情

⁶ chill at home: 在家里放松

⁷ scroll through social media on my phone: 刷手机上的社交媒体

5. Which university do you go to?

The university I go to is called XXX University, which is a top-level university in China. I'm really proud to be a student there and honestly, I was so close to being rejected⁸ because I thought my grade for the University Entrance Exam was subpar⁹ compared to the enrollment requirement of the previous year.

6. What technology can help you learn better? /What technology do you use when you study?

There are lots of websites and apps that can quiz you and test your knowledge. All you have to do is input your terms¹⁰ and then you can use online flashcards¹¹. I've used a couple of them to memorize important terms before an exam. They're definitely a life-saver¹² when you're in a rush to catch up on¹³ some class content.

7. Are you looking forward to working?

Yes, I am. I've been studying as a student for almost 16 years of my life. I really expect to have a proper job after graduating from college. It will be a huge change of lifestyle¹⁴ and I will be able to support myself financially¹⁵, which will make my parents proud as well. I can't wait to find a good job.

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⁸ so close to being rejected: 差点就上不了

⁹ subpar: ['sʌb'pɑ:] 低于...标准, 次于...

¹⁰ input your terms: 输入你的词条

¹¹ online flashcards: 在线的教学卡片 (知识闪卡或者单词卡之类)

¹² a life-saver: 救命稻草

¹³ in a rush to catch up on: 急于赶上...的进度

¹⁴ a huge change of lifestyle: 生活方式发生巨大的变化

¹⁵ support myself financially: 养活我自己, 经济独立

Topic 2 Work¹⁶(建议重点复习高频题;学生族可以不复习该主题)

本主题每个人情况不同，如有需要，可私信 Penny 根据个人情况做内容的免费私人订制。

1. What do you do? / Do you work or study?/ What's your job? (高频)

I'm currently working fulltime as a programmer at Baidu; I've been working there for 5 years.

2. Do you like your job?/Why did you choose to do that type of job? (高频)

Yes, I am really happy with what I do. Most of the time, it's very rewarding to be able to help people every day. Besides, it's a really good company to work for. The pay is good and they even hand out bonuses¹⁷ twice a year!

3. Have you always wanted to do this kind of work? (高频)

No, I haven't always wanted to do this kind of work. When I was little, I wanted to be an astronaut. That's a pretty popular dream job for young children. Now I'm working full-time in a much more realistic job. I think it's a good fit for me¹⁸, even though it's not what I expected to be doing.

4. Do you sometimes feel that you have to work too hard? (高频)

Yes, I sometimes get that feeling. I put in a lot of effort at my job. Sometimes it feels like no matter how much work I put in, I'm still behind¹⁹. So that can be really stressful. I just have to remind myself to do my best, and to not worry about doing a perfect job.

5. What do you like to do just after you finish work every day? (高频)

When I finish work, I like to go for a run or do some kind of exercise. I get stressed very easily at my job. So it's important for me to blow off some steam²⁰. Going for a run helps me relieve the pressure of my job very quickly. Plus, the runner's high is really nice²¹.

见下页

¹⁶ Work: 本主题每个人情况不同，如有需要，可私信 Penny 根据个人情况做内容的免费私人订制

¹⁷ hand out bonuses: 发奖金

¹⁸ it's a good fit for me:这个工作很适合我

¹⁹ no matter how much work I put in, I'm still behind: 不管我怎么努力，始终还是落后

²⁰ blow off some steam:排解压力

²¹ the runner's high is really nice: 跑步带来的兴奋感很棒

6. Do you work best in the morning or the afternoon? (高频)

I think it's better to work in the morning. Even though I have to wake up early, when I get through the work²² I have the rest of the day off. And the afternoon is usually a better time of day to enjoy myself. So it's best to get work over with²³ as early as possible.

7. Do your coworkers help you at work? Who is the most helpful co-worker?

I work for an IT company as a HR specialist²⁴, so I often need my coworkers to help me with the group tasks. When I was new at the job, my co-worker Penny was really helpful. She often reminded me how to process the files. She also worked on²⁵ hiring tasks with me. I'm so grateful to her because she taught me everything I know.

8. What technologies do you often use at work?

I don't use anything super complex²⁶ at work. There's an online application that we use to chat with each other. But it's not difficult to use. I'm not a tech wizard by any means²⁷. I just use standard word-processors²⁸ and other typical office software. Most of my job involves phone calls and emails. It's nothing fancy²⁹.

9. Do you miss being a student?

No, I don't really miss being a student. It was fun to study something that I liked. But it was also a lot of work³⁰. Going to school isn't exactly a piece of cake³¹. There were tons of assignments and exams to do. I like being more independent now that I've graduated.

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²² get through the work: 完成了工作

²³ get something over with: 做完/完成...

²⁴ work for an IT company as a HR specialist: 在一家 IT 公司担任 HR 专员(可以个人实际情况做调整)

²⁵ worked on: 做...工作; 负责...工作

²⁶ super complex: 特别复杂的

²⁷ I'm not a tech wizard by any means: 无论如何(不

管怎么说)我都不是个技术达人

²⁸ standard word-processors: 正规文字处理软件

²⁹ It's nothing fancy: 没什么特别的(高级的)

³⁰ it was also a lot of work: 也需要大量的工作; 作业很多

³¹ a piece of cake: 轻松的事情

Topic 3 Major³² (建议重点复习高频题；工作族和学生族都建议复习)

本主题每个人情况不同，如有需要，可私信 Penny 根据个人情况做内容的免费私人订制。

1. What is your major? /What are you studying? (高频)

I'm studying computer science at Hunan University. It's an undergraduate major, and it usually takes four years to earn the degree. I feel happy being enrolled in this program, because coding is one thing I'm passionate about. Plus, I think I have a knack for³³ it since my math is good.

2. Do you like your major? Is it very interesting? (高频)

Yes, I do like my major. But you know... there will always be parts you like and parts you don't like. For example, the field training is very interesting, but the theoretical courses are about as fun as watching paint dry³⁴ because some abstract concepts are quite difficult to understand.

3. Why did you choose to study that (major)? /Have you always wanted to study this(major)? (高频)

Well, as for the reasons why I decided to study computer science, I think the main one is that I have lots of passion in that field. I never feel bored and I always enjoy studying and researching things about it, and I've noticed that since I was still in high school. So, I told myself that if I went to a college, I would take computer science as my major.

4. What kinds of help can this major bring to your future job?

I believe this major will help me communicate well with others in a future job. For instance, knowing how to write well means that I can make my points to them and not create any confusion. That helps us work together better as a team. Studying literature also helps you be more detail-oriented³⁵, which is always helpful.

5. What is your plan after finishing your school?

It's hard to say right now³⁶. Everything feels like it's up in the air³⁷. But after I graduate from school, I'd like to have a job that's somehow related to my major. You know, it's cool to apply what you've learned at college in the real world. I'm not sure what kind of job I want to have, but I'm sure I'll figure it out soon.

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³² Major: 本主题每个人情况不同，如有需要，可私信 Penny 根据个人情况做内容的免费私人订制

³³ have a knack for: 擅长...

³⁴ as fun as watching paint dry: 形容很无聊

³⁵ detail-oriented: 注重细节的

³⁶ It's hard to say right now: 现在还很难说

³⁷ it's up in the air: 悬而未决，还不确定

Topic 4 Home³⁸ (含 The area you live in) (建议重点复习高频题)

本主题每个人情况不同，如有需要，可私信 Penny 根据个人情况做内容的免费私人订制。

1. Where are you living at the moment? / Please describe the place where you live. (高频)

I live in the quieter part of a big city. Meaning³⁹ I can take transit downtown very easily but all the hustle and bustle isn't part of my normal day to day⁴⁰. There are lots of grade schools and bakeries in my neighborhood. And a lot of families live here too.

2. What kind of house or apartment are you living in right now? / Do you live in a house or an apartment? / What kinds of accommodation do you live in? (高频)

Right now, I'm living in an apartment by my university. It's not that big; it only has two bedrooms. But it's cozy enough for me. Plus, the apartment is part of a newly developed high rise⁴¹. It has a really nice view of the city.

3. What is your favorite room? / What part of your home do you like the most? / Please describe the room you live in. (高频)

My favorite room in my home is definitely my bedroom. I think it's where I spend most of my time. It has all my favorite stuff in it, like my books, and I got to decorate it myself. That really makes me feel at home – literally⁴²! It's important to have somewhere you can blow off steam⁴³ and just relax.

4. What things make your home pleasant to live in? (高频)

My house has lots of big windows, which means there's a ton of natural light⁴⁴. I think that's one of the best features. Plus, there are also lots of comfy places to sit. I have a really nice couch and a loveseat as well. I also try to keep fresh flowers around so it smells nice.

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³⁸ Home: 本主题每个人情况不同，如有需要，可私信 Penny 根据个人情况做内容的免费私人订制

³⁹ Meaning: 也就是说

⁴⁰ all the hustle and bustle isn't part of my normal day to day: 我的日常生活中不存在熙熙攘攘的喧闹

⁴¹ part of a newly developed high rise: 新开发的高层建筑的一部分

⁴² literally: 不夸张的说，说真的

⁴³ blow off steam: 释放自己的情绪

⁴⁴ there's a ton of natural light: 有很多自然光

5. Do you know many other people who live nearby? /Do you know any of your neighbors? (高频)

Yes: Yes, I know someone who lives close to me. Her name is Sarah. She lives in an apartment building just a couple blocks away from me⁴⁵. We both have dogs, so we like to meet in the middle⁴⁶ and take our dogs for a walk together. It's a great way to socialize and get some exercise.

No: No, I don't know anyone who lives close to me. I live in an apartment by myself. And I don't really know my neighbours because I haven't even made a small talk⁴⁷ with them yet, even though I have to share an elevator with others in the building from time to time⁴⁸. It gets a little lonely sometimes, but I can handle it okay⁴⁹.

6. What do you like about the area you're living in? /Where do you like to go in that area? (高频)

There's actually a mall that's not too far from my house. It's only a ten-minute drive for me, which isn't bad at all. I like going there to hang out with my friends. Other than that, there's a gym just down the road⁵⁰. I definitely don't go there as often as I should though.

7. What kind of house or apartment do you want to live in in the future? / Do you prefer living in a house or an apartment in the future?

I'd really love to live in a big house in the middle of nowhere⁵¹. It might sound a little lonely, but I think having a family there would be awesome. You would have tons of privacy because you don't have any nosy neighbours. And if it was somewhere nice, you could probably have a great view of the stars.

见下页

⁴⁵ a couple blocks away from me: 离我只有一两个街区远

⁴⁶ meet in the middle: 在（我们两个人的家）中间某地见面

⁴⁷ made a small talk: 闲聊一下;聊个闲天

⁴⁸ from time to time: 不时的; 有时

⁴⁹ I can handle it okay: 我能接受

⁵⁰ down the road: 在路边, 在附近

⁵¹ in the middle of nowhere: 在偏僻的地方

8. What's the difference between where you are living now and where you have lived in the past?

Well, I used to live in a smaller city for college, but now I live in a big city. I moved to the city just a few months ago for a job I found here. One significant advantage of this big city is that there are more job opportunities than the city I moved from. There are a lot more differences between them like public facilities, traffic, and lifestyles. It's been a big change to adjust to⁵². But I really like living in the city. It's pretty exciting.

9. What changes do you think your neighborhood/living area needs? / Are the transport facilities to your home very good?

Um...my neighborhood is pretty close to perfect, but it would be better if there was a subway station within walking distance of my home. Now the closest subway station is about 3 kilometers away, which isn't exactly a hop, skip, and a jump away. I heard the city has a plan of extending a subway line to the street next to my home in the next few years. I hope it's true.

10. What are your roommates like? /Who do you live with?

Well, currently, I have two roommates sharing the same apartment with me. They are pretty cool. And I'd say I'm glad to live with them since all three of us love playing video games, so we have a lot to talk about and do together. It's really a blast for us having a game night together every Saturday.

11. What do you usually do in your flat?

Well, when I have some time to myself⁵³, I like hanging out in my room. It's probably where I feel most at home⁵⁴. After all, I got to decorate it myself. So everything is to my taste⁵⁵. I usually just sit and read, or scroll through social media on my phone. It's a nice way to kill time.

见下页

⁵² It's been a big change to adjust to: 这是一个需要调整自己去适应的巨大的变化

⁵³ have some time to myself: 清闲; 有时间的时候

⁵⁴ feel most at home: 最感到舒服自在(的地方)

⁵⁵ everything is to my taste: 一切我都喜欢; 一切都合我的口味

12. What room does your family spend most of the time in?

I think we spend the most time in the living room. It's a comfortable place where we all have room to kick back and relax⁵⁶. My mom and dad sit on the couch together. I like sitting in the loveseat. We all watch TV or just have quiet time⁵⁷ as a family.

13. How long have you lived there?

I've been living there for over three years and I love it. Even though I have to share a room with three roommates, luckily they're all easy-going⁵⁸ and nice, so we get along really well with each other.

14. Will you move home in the near future? / Will you live there in the future? / Will you live there for a long time? / Do you plan to live there for a long time?

Well, it's hard to tell⁵⁹. Right now I live here because I go to school nearby. But after I'm done with school, I might find a job that's far away. If that happens, I would move without a second thought. But I do like this area, so it might be a tough choice.

15. Do you think it is important to live in a comfortable environment?

Yes, it's very important to live in a comfortable environment. Your mental health is greatly affected by your surroundings. So in order to have a positive mindset⁶⁰, you should live in a place that you feel safe and secure in. It's important to feel at home. It improves your quality of life.

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⁵⁶ kick back and relax: 放松

⁵⁷ have quiet time: 有一段闲暇安静的时光

⁵⁸ easy-going: 很好相处, 很随和

⁵⁹ it's hard to tell: 很难讲, 很难说

⁶⁰ have a positive mindset: 保持乐观的心态

Topic 5 Hometown⁶¹（建议重点复习高频题）

本主题每个人情况不同，如有需要，可私信 Penny 根据个人情况做内容的免费私人订制。

1. Where are you from? / Where is your hometown? / Which city are you living in?（高频）

My hometown is Jinan, which is a city in Shandong province. I really love it because there're tons of amazing attractions in the inner-city⁶², and people living in Jinan are very warm and friendly.

2. Do you like your hometown? / What do you like most about your hometown? / Please describe your hometown a little.（高频）

Yes, I do. I'm from Harbin, which is a city in the northeast of China. It's famous for the Ice & Snow Festival there, which is a really cool annual event in my hometown. Tons of visitors come to my city to see it every year. I love being a tour guide and showing my friends from other cities this tourist attraction.

3. Can you tell me some of the history (history story) of your hometown? / Did you learn about the history of your hometown at school?

Well, it's a shame that⁶³ I really don't know much about the local history of my hometown, but I remember my grandpa told me that a hill in my hometown was named after a war⁶⁴ that happened there 2000 years ago during the Han Dynasty, which was a major historical event in the history of my hometown.

4. What is your hometown famous for?

Well, my hometown is well-known for⁶⁵ many things, but I think the most famous feature is the hot springs⁶⁶ there. There are always tons of tourists coming to my hometown for a hot spring bath. A lot of people who've been there give glowing reviews of⁶⁷ the hot springs on the internet, which make them more popular.

见下页

⁶¹ Hometown: 本主题每个人情况不同，如有需要，可私信 Penny 根据个人情况做内容的免费私人订制

⁶² inner-city: 市中心区域

⁶³ it's a shame that: 真可惜

⁶⁴ a hill in my hometown was named after a war: 我家乡的一座山是以一场战争命名的

⁶⁵ is well-known for: 因...而闻名

⁶⁶ the hot springs: 温泉

⁶⁷ give glowing reviews of: 给了很棒的评价

5. Is there any famous person in your hometown?

There're tons of well-known historical figures⁶⁸ who were born in my hometown. I think the most famous one would be Fan Zhongyan, who was a great politician and a writer with many legacies in literature⁶⁹ in the Song Dynasty. And one of his works is even included in high school textbooks nowadays.

6. How long have you been living in your hometown? / Do you think you will continue living there for a long time?

I've been living in my hometown since I was born. I've never thought about leaving my hometown because my entire social circle⁷⁰ is there and the cost of living is pretty low. However, I also want to work in a different city for a few years to broaden my horizons⁷¹.

7. Is that a big city or a small place?

My hometown isn't a major city in China but it's not small either. As far as I know, it has a population of 5 million people. So the urban area is always crowded with people. It's also the largest city of the province by land area⁷².

8. Do you like the city you are living in now? /Do you like living there?

Yeah, I really love it. When I moved here, I thought it was overwhelming⁷³. But now I can't imagine living anywhere else. There are always cool things happening here. For example, a lot of singers come to our city for their concerts. It definitely keeps me on my toes⁷⁴.

9. Is there anything that you dislike about your hometown?

Yes, I suppose so. One thing I'm not satisfied about with my hometown is the traffic there. Lots of drivers don't follow the traffic rules and often have road rage⁷⁵, so road accidents in my hometown are common and often fatal. (Copyrights to 雅思过过过淘宝店铺)

⁶⁸ historical figures: 历史人物

⁶⁹ a writer with many legacies in literature: 一个留下了很多文学遗产的文学家

⁷⁰ my entire social circle: 社交圈

⁷¹ broaden my horizons: 拓宽眼界, 增长见识

⁷² by land area: 从土地面积来说

⁷³ overwhelming: 有一点失落

⁷⁴ keeps me on my toes: 对某事保持警觉; 这里指我会一直关注有哪个喜欢的明星来看演唱会

⁷⁵ road rage: 路怒症

Topic 6 Puzzles

1. Did you enjoy doing puzzles when you were a child? (高频)

Yes, I really enjoyed doing puzzles when I was a kid. I sometimes had trouble staying focused. But when I started working on a puzzle, I got totally sucked into it⁷⁶. It was like the rest of the world didn't exist⁷⁷. I was completely focused on putting the pieces together⁷⁸. I wouldn't rest until I finished.

2. Would you ever do a puzzle when you're travelling?/When do you do puzzles, during your trip or when you feel bored? (高频)

Trip:

I usually play puzzle games on my cellphone when I'm travelling. I find that it's a good way to help me pass the time. Honestly, I could spend hours on those puzzle games. They're just so addictive. When I'm on a train ride and I don't have anything else to do, playing these games makes the time fly by⁷⁹.

Bored:

I usually do puzzles when I feel bored. Puzzles are a great activity to do when you just want to kill some time. Solving a puzzle doesn't require too much attention. But it's just engaging enough⁸⁰ to keep you focused for a few hours at a time. So I think it's a great way to stave off boredom⁸¹.

见下页

⁷⁶ I got totally sucked into it: 我会完全沉浸其中

⁷⁷ It was like the rest of the world didn't exist: 就像是世界上其他地方都不存在一样

⁷⁸ putting the pieces together: 把拼图拼起来

⁷⁹ makes the time fly by: 打发时间，让时间过得很快

⁸⁰ engaging enough: 足够有吸引力

⁸¹ stave off boredom: 打发无聊时间

3. Which do you find easier to do: word puzzles or number puzzles? (高频)

Word puzzles:

I definitely find word puzzles easier to do. I'm not very good at number puzzles. My brain just doesn't work like that. Word puzzles come much more naturally to me⁸². I also find them more satisfying. They require a lot of creativity. You also have to have a pretty good vocabulary, especially with crosswords.

Number puzzles:

I think number puzzles are easier for me to do. I'm not much of a wordsmith⁸³. You know, I don't have the extensive vocabulary that you need to be successful at those puzzles. So I prefer number puzzles. I've always been good at math and arranging numbers. So number puzzles come very easily to me.

4. Do you think doing puzzles is a good way for older people to spend their free time? (高频)

Yes, definitely. Puzzles are a relaxing activity because they don't require a lot of physical energy. But they're just engaging enough that they stimulate your mind⁸⁴. I think for old people especially, that's a valuable benefit. It keeps old people active, but it doesn't tire them out⁸⁵.

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⁸² come much more naturally to me: ...是我更擅长的事情

⁸³ I'm not much of a wordsmith: 我不擅长舞文弄墨
(词汇积累没那么丰富)

⁸⁴ stimulate your mind: 激发你的思维

⁸⁵ tire them out: 使他们疲惫; 让他们感到很累

Topic 7 Social media

1. How often do you use social media?/ Do you or your friends like using social media? (高频)

I use social media pretty often. I'm active on lots of different platforms, so I like to go through⁸⁶ each one and see what's new. I love to check in with my friends in particular. They're also pretty active on social media, so they often post about what's going on in their lives. It's a good way to stay connected.

2. Did you use media more in the past? (高频)

No, I think I used media less in the past. I wasn't as involved with social media or anything like that. When I was in high school, I wasn't allowed to use a cellphone, which restricted my access to social media⁸⁷. But now social media platforms have become a big part of my life.

3. Do you think your friends use social media too much? (高频)

Yes: Yeah, I think my friends definitely use too much social media. In theory, social media is a great way to destress⁸⁸ and connect with others. But in practice⁸⁹, it often becomes an overwhelming distraction that people waste too much time on. I know my friends are on social media almost constantly. I don't think it's good for them.

No: No, I don't think my friends use too much social media. They only have a couple of different social media accounts. And they don't check them constantly. They manage to spend a healthy amount of time offline⁹⁰. So I think they have their usage in check⁹¹. That's good because social media can quickly become a huge time-waster⁹².

见下页

⁸⁶ go through: 浏览，挨个翻看

⁸⁷ restricted my access to social media: 限制了我接触社交媒体

⁸⁸ destress: 减压

⁸⁹ But in practice: 但是实际上，...

⁹⁰ spend a healthy amount of time offline: 在一个（健康）适当的时间长度保持下线

⁹¹ they have their usage in check: 能控制自己使用社交媒体；指不会一直毫无限制的玩社媒

⁹² a huge time-waster: 一个很浪费时间的东西

4. Would you like to work in social media in the future? (高频)

Yes: Yes, I'd love to work in social media. I think it's a very interesting field that involves a lot of flexibility and creativity. After all, social media is always changing. There are always new trends to jump on⁹³. So I think that makes it a really unique area to work in. I hope to learn more about it.

No: No, I don't want to work in social media. Social media is so unpredictable, and everything moves at such a fast pace. I think I'd get overwhelmed very quickly if my job revolved around tracking new trends⁹⁴. They come and go so fast⁹⁵. It's really hard to keep track of things⁹⁶ when you're working in such an unstable field.

5. What's the most popular social media in China? Why?

WeChat: I think the most popular social media in China is WeChat. It's basically the Chinese version of Facebook. You can text and video-call people. Plus, you can upload photos and share your posts with your friends. It's really versatile⁹⁷. Basically everyone I know is on it, which is pretty impressive.

Weibo: The most popular social media in China is definitely Weibo. It's basically the Chinese version of Twitter. You can share your thoughts on anything, from news and politics to your personal life to celebrity gossip. I can waste hours scrolling through people's posts⁹⁸. Everyone likes Weibo because it has posts and updates on the latest trends⁹⁹.

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⁹³ new trends to jump on: 有新的潮流、动向可以赶上, 表示总会有新的热点内容出来

⁹⁴ if my job revolved around tracking new trends: 如果我的工作是和跟踪新热点话题有关

⁹⁵ come and go so fast: 来去匆匆; 来的快去的也快

⁹⁶ keep track of things: 跟得上事情; 这里指跟的上热门话题的变化

⁹⁷ versatile: 有很多用途的

⁹⁸ waste hours scrolling through people's posts: 浪费几个小时刷别人的微博帖子

⁹⁹ it has posts and updates on the latest trends: 它有最新热门话题的帖子和更新

Topic 8 Geography

1. Did/Do you study geography at school?/ Have you ever studied geography at school? (高频)

Yes, I once took a geography class in high school. I honestly didn't do that well. I found it hard to grasp some of the concepts¹⁰⁰. For instance, we had to learn about the physical properties of the earth¹⁰¹.

I was so confused about some of the natural processes we discussed.

2. How good are you at reading maps? /Are you good at reading a map? (高频)

Good: I'm pretty good at reading a map. It's not that hard to understand if you know what you're looking at. So I could definitely help someone navigate in a pinch¹⁰². Paper maps may be going out of style, but I think it's good to know how to read them just in case electronics fail¹⁰³.

Bad: I'm not good at reading a map. I'm already pretty bad with directions. But maps are really confusing to me. I don't know how to orient myself¹⁰⁴, especially when I'm looking at a paper map. So I mostly rely on my phone's GPS to get around. I would be so lost¹⁰⁵ without it.

3. Is there a country you'd like to visit because of its geography? (高频)

Yes: Yes, there are some countries I'd love to travel to due to their geography. For instance, Scotland is a beautiful country with lots of rolling hills and mountains¹⁰⁶. I think it would be really breathhtaking¹⁰⁷ to see those sights. I would love to go for a long hike and enjoy the gorgeous scenery.

No: No, I don't really think about geography when it comes to what countries I want to visit. I'd rather go to a country because of the cultural aspects¹⁰⁸. For instance, I really want to visit India because there are lots of beautiful temples. I'm more interested in manmade things¹⁰⁹ than natural scenery.

见下页

¹⁰⁰ grasp some of the concepts: 掌握或理解一些概念

¹⁰¹ the physical properties of the earth: 地球的物理性质

¹⁰² navigate in a pinch: 在必要时给人引路

¹⁰³ in case electronics fail: 以防电子设备故障

¹⁰⁴ I don't know how to orient myself: 我不知道如何确定自己的方位

¹⁰⁵ so lost: 非常一筹莫展; 不知所措

¹⁰⁶ rolling hills and mountains: 连绵起伏的山丘和山脉

¹⁰⁷ breathtaking: 壮丽的; 非常美丽的

¹⁰⁸ the cultural aspects: 文化方面

¹⁰⁹ manmade things: 人造的东西

4. Do you enjoy learning about the geography of other countries? (高频)

Yes: Yes, it's really fascinating to learn about other countries' geographies. The Earth is such a diverse place. No two countries are alike¹¹⁰. They all have different environments, which leads to different weather patterns¹¹¹ and landscapes. It's so interesting to see how nature comes in all different forms. I love seeing pictures and videos in particular.

No: No, I don't like learning about the geography of other countries. It's cool to look at pictures, but I wouldn't want to do any further investigation¹¹². I'm more focused on other countries' cultures. I think that's a lot more interesting than whatever their landscapes look like. I just find that stuff really dry¹¹³.

5. Do you like Geography?

Yes: Yes, I find geography really fascinating. So I love studying it. It's really cool to learn about different environments. For instance, I'm fascinated by the Arctic tundra¹¹⁴. I also like learning about things like all the layers of the Earth¹¹⁵, such as the core and the mantle¹¹⁶. I could study that stuff all day long¹¹⁷.

No: No, I really don't like geography. None of that stuff sticks in my head¹¹⁸. It just seems so boring to me. I would rather study more artistic things, like literature or drama. I find that a lot more interesting than studying where different countries are. That subject has no use to me¹¹⁹.

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¹¹⁰ No two countries are alike: 没有两个国家是相同的

¹¹¹ weather patterns: 气候的模式; 天气模式

¹¹² but I wouldn't want to do any further investigation: 但我不想做进一步的研究; 不想再多学什么

¹¹³ I just find that stuff really dry: 我只是觉得那些东西太枯燥了

¹¹⁴ the Arctic tundra: 北极的苔原

¹¹⁵ all the layers of the Earth: 地球的每一层; 指地球的内部结构

¹¹⁶ the core and the mantle: 地核和地幔

¹¹⁷ all day long: 一整天

¹¹⁸ None of that stuff sticks in my head: 形容我根本记不住那些东西

¹¹⁹ has no use to me: 对我毫无用处

Topic 9 Singing

1. Did you learn to sing when you were at school? (高频)

Yes, I did. When I was in elementary school, I had two or three music classes a week in my curriculum. The music teacher taught us how to read sheet music¹²⁰ and how to play some instruments. They also taught us different singing techniques¹²¹. I got all my music knowledge from those music classes.

2. Would you ever sing with other people now? (高频)

Yes, I would love to sing with other people. Honestly, it's more fun when you share the experience. Whether it's in a professional choir¹²² or just a night of karaoke with your friends, I think that singing with others is a great way to spend your time.

3. Do you like listening to other people sing? (高频)

Yes, I love listening to other people sing. I'm not the most talented singer, so I really enjoy hearing professionals because they're so amazing at what they do. I listen to music all the time just to appreciate others' natural talent¹²³. Especially, I love going to concerts and seeing a singer perform live.

4. Do you think singing can make people feel happy? (高频)

Yes, I definitely think singing can make people happy. It can help you relax. If you let yourself cut loose and jam with the music¹²⁴, you'll usually feel a lot better. Singing is also lots of fun, especially with friends or family.

¹²⁰ read sheet music: 读乐谱

¹²¹ different singing techniques: 不同的唱歌技巧

¹²² in a professional choir: 在专业的合唱团

¹²³ appreciate others' natural talent: 欣赏他人的才能

¹²⁴ let yourself cut loose and jam with the music: 让你自己放松下来，与音乐融为一体

见下页

5. Do you like singing? Why?

Yes: Yeah, I really love singing. I may not be the best singer in the world. But I have a lot of fun singing along to my favourite songs. I find that it helps me destress a lot. Whenever I'm feeling really uptight¹²⁵ or anxious, I blast music¹²⁶ and sing along. It makes me feel way better after.

No: No, I don't like singing. It draws way too much attention to me. Plus, I'm definitely not a gifted singer¹²⁷. I can't carry a tune to save my life¹²⁸. In general, I try to avoid doing things I'm not good at. Singing is not one of my strong suits¹²⁹, which I'm totally okay with.

6. Who do you want to sing for?

I just like singing for myself, honestly. But if I had to sing for an audience, I'd pick my family and friends. I'd love to have a karaoke party¹³⁰ and just have everyone jam out to their favourite songs¹³¹.

I think singing is something casual that can bring lots of people together.

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¹²⁵ uptight: 焦躁

¹²⁶ blast music: 大声播放音乐

¹²⁷ a gifted singer: 一个有天赋的歌手

¹²⁸ I can't carry a tune to save my life: 我五音不全的简直要命

¹²⁹ strong suits: 强项; 特长

¹³⁰ have a karaoke party: 开个卡拉 OK 派对

¹³¹ have everyone jam out to their favourite songs: 让每个人都能大声歌唱他们喜欢的歌曲

Topic 10 Snacks

1. When you were a child, did you have a favorite snack?/ Did you often eat snacks when you were young? (高频)

When I was young, I really liked fruit snacks. They're just cute little fruit gummies¹³² that are usually made with real fruit juice. I thought they were semi-healthy¹³³. So I told my friends that I was basically eating vitamins as a snack. But looking back¹³⁴, I realize that they were probably full of sugar.

2. When do you eat snacks now? (高频)

I usually eat snacks between meals especially when I'm starving. So I'll just have a handful of¹³⁵ chips, or I might have a granola bar¹³⁶. It's nice and convenient to just snack on something instead of going through the trouble of cooking food¹³⁷.

3. Would you choose a snack that is healthy, or a snack that tastes good? (高频)

To be honest, I'm more likely to choose a snack that tastes good. I try to be healthy in my daily life. But most of the time, healthy snacks rarely taste good. When I eat a snack, I want it to taste great. I don't want to struggle to eat something because it tastes bad, but it's technically good for me¹³⁸.

4. Do people in your country often eat snacks between meals? (高频)

Yes, it's pretty common to eat snacks between meals in my country. Sometimes we have a long gap between meals¹³⁹, so you need a little bite in-between. Of course, you have to be careful not to ruin your appetite¹⁴⁰. But in general, a snack is a great way to feed your appetite.

见下页

¹³² fruit gummies: 水果软糖

¹³³ semi-healthy: 有点健康 (不是完全健康的)

¹³⁴ looking back: 回想起来

¹³⁵ a handful of: 一把

¹³⁶ have a granola bar: 吃 granola 棒; granola 是一种燕麦坚果零食, 经常做成条形

¹³⁷ going through the trouble of cooking food: 不用经历做饭的麻烦

¹³⁸ I don't want to struggle to eat something because it tastes bad, but it's technically good for me: 我不想非得挣扎着去吃一个健康但不好吃的东西。

¹³⁹ have a long gap between meals: 两顿饭之间隔得时间长

¹⁴⁰ ruin your appetite: 不要破坏了胃口, 不要吃坏了

5. What snacks do you like to eat?

I like to eat lots of sweet and salty snacks. For instance, I love chocolate bars and gummy worms¹⁴¹. I also love all kinds of ice cream. It really hits the spot, especially on a hot summer day¹⁴². But I also love salty snacks like chips and pretzels¹⁴³. Those can satisfy my cravings¹⁴⁴ on most days.

6. Do you think it is healthy to eat snacks?

I think it can be healthy to eat snacks, depending on what the snacks are and how often you're snacking on them¹⁴⁵. For example, a snack of plain almonds can be healthy since it's low in calories¹⁴⁶ and fills your appetite quickly¹⁴⁷. It's also great to have a bowl of fruit. But if you're eating unhealthy snacks, like chips and popcorns, obviously that's not great for you.

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¹⁴¹ gummy worms: 毛毛虫软糖

¹⁴² It really hits the spot, especially on a hot summer day: 它特别合我的胃口，特别是在炎热的夏天

¹⁴³ pretzels: 咸脆饼干

¹⁴⁴ satisfy my cravings: 满足我的渴望（食欲）

¹⁴⁵ snacking on them: 把它们当零食吃

¹⁴⁶ it's low in calories: 它的卡路里很低

¹⁴⁷ fills your appetite quickly: 很快让你饱腹

Topic 11 Names

1. Does your name have any (special) meaning? (高频)

Girls: Yeah, it does. My name came from a poem from a work of ancient Chinese literature¹⁴⁸ that refers to a young lady who is clever and beautiful. I think my parents wished for me to be as good-looking and intelligent as the girl in the poem.

Boys: (和女生角度一致，做适当替换即可) Yeah, definitely. My name came from a poem from a work of ancient Chinese literature that refers to a general¹⁴⁹ who is brave and clever. I think my parents wished for me to be a man with courage and intelligence like the general in the poem.

2. What name would you choose to give a child? (高频)

Well, I've never thought about it yet. But I think I would definitely choose names that will carry my best wishes for their future¹⁵⁰. And I'd like to select a name from ancient Chinese literature. That would be both meaningful and unique.

3. Does anyone in your family have the same name as you? (高频)

No, I don't have any family member who has the same name. In Chinese culture, we tend to avoid giving babies the same name as other family members, especially the elderly ones. Otherwise, it might be considered as being disrespectful to¹⁵¹ the elders and other family members. So you rarely see Chinese parents name their children after other people in the family.

4. Are some names more popular than others in your country? (高频)

Yes, even though Chinese people tend to give their children unique names and avoid giving them the same name as others, lots of people do have similar preferences¹⁵². So some names are more popular than others. For example, Xuan is one of the most common given names for males, while Yuan is a popular name for females.

见下页

¹⁴⁸ a poem from a work of ancient Chinese literature:

中国古代文学作品中的一首诗

¹⁴⁹ general: 将军

¹⁵⁰ carry my best wishes for their future: 带着我对他们未来的祝福

¹⁵¹ being disrespectful to: 对...不尊重

¹⁵² lots of people do have similar preferences: 很多人偏好一致

5. Are there any differences between how Chinese name their children now and in the past?

Yeah, the naming culture changes over time and names can be a mark of an era¹⁵³. Like dozens of years ago, for my parents' generation, newborn babies in China were often given names related to revolution and our country, like Jianguo(建国), which means founding of the country. But nowadays, parents prefer stylish names, especially the ones that mean happiness and health.

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¹⁵³ a mark of an era: 一个时代的标志

Topic 12 Writing

1. What kinds of things do you write during a typical day?/What do you like to write? Why?/Do you write a lot? (高频)

Version A: I like writing in my journal about how my day went. It's nice to look back on later as a record of all my memories. I also like making up stories. It's a good way to exercise my imagination. Writing as a way to escape into fantasy worlds¹⁵⁴ is really fun for me.

Version B: Well, I'm not creative, so I don't know what I would write about. The most I write is when I'm texting my friends about how my day was. I think writing is a great activity, but it's not something I enjoy doing. I prefer to just read books instead of trying to write them.

2. Did you like writing when you were a child? (高频)

Yes: Yes, I really enjoyed writing when I was a child. I liked to write little stories about my life. I even shared them with my family and friends. They were very kind about my writing. They gave me lots of encouragement to keep it up. It was great to have a creative outlet¹⁵⁵ like that.

No: No, I didn't like writing when I was a child. I was very active, so I preferred to play sports instead. I found writing boring. I didn't even want to keep a journal¹⁵⁶ and write about my own life. It seemed like a waste of time to me. I liked playing basketball or soccer instead.

3. Do you think the kinds of things you write will change in the future? (高频)

Yes: Yes, I guess so. Right now, I keep a pretty detailed journal of everything that goes on in my life. But I think that as time goes on, I'll probably outgrow that habit¹⁵⁷. I might write about just the important things.

No: No, I think the things I write about will stay the same. I've always loved writing down every detail of my day. It's a great way to preserve my memories so I can look back at them later. It captures what my life is like¹⁵⁸, which I think is really valuable.

见下页

¹⁵⁴ escape into fantasy worlds: 遁入幻想的世界

¹⁵⁵ have a creative outlet: 让情绪有一个创造性的宣泄方式

¹⁵⁶ keep a journal: 写日记

¹⁵⁷ outgrow that habit: 改掉这个习惯

¹⁵⁸ It captures what my life is like: 它描绘记录了我的生活

4. Do you prefer typing or writing things by hand? (高频)

Handwriting: I prefer handwriting. If it's for other people, like a letter or a card, handwriting is much more personal¹⁵⁹ and shows that you care. But in general¹⁶⁰, handwriting can help you remember things better. If you're taking notes for class, handwriting is more effective than typing on your phone or computer. As the saying goes, the palest ink is better than the best memory¹⁶¹.

Typing: I prefer typing. It's a lot quicker and way more convenient than handwriting. Instead of getting cramps in your hand¹⁶², you can just type and save yourself a lot of trouble. Plus, typing makes for neater writing. Handwriting can get sloppy¹⁶³, especially if you've been writing for a long time.

5. Do you think people will write more by hand in the future?

No, I don't think people will write more by hand in the future. As technology develops, handwriting becomes increasingly redundant. Why would you want to waste your time writing by hand when you can type it up, or even dictate it to a computer to write for you? I think that handwriting is honestly a thing of the past¹⁶⁴.

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¹⁵⁹ much more personal: 更个人; 更私人; 更个性

¹⁶⁰ But in general: 不过总体来说 (注意这里的 but 并不是对前一句意思的否定)

¹⁶¹ As the saying goes, the palest ink is better than the best memory: 俗话说得好, 好记性不如烂笔头

¹⁶² getting cramps in your hand: 手抽筋

¹⁶³ sloppy: 潦草的

¹⁶⁴ a thing of the past: 已经成为过去式了

Topic 13 Birthday

1. What do you normally do on your birthday? (高频)

Male: On my birthday, I like to hang out with my friends. We'll go out to a restaurant and enjoy a nice meal together. Afterwards¹⁶⁵, I usually invite them over for a beer. It's great to sit around and shoot the breeze¹⁶⁶. It's fun to just stay up late¹⁶⁷ and have a few drinks together.

Female: I really like treating myself on my birthday. I'll normally go get my nails done¹⁶⁸ with some of my friends. Or we might go on a shopping spree¹⁶⁹. It's fun to get pampered and feel like royalty for a day¹⁷⁰. I also like ending the day by¹⁷¹ going to a nice restaurant and sharing a meal with my family.

2. What did you like to do on your birthday when you were a child? (高频)

Male: When I was young, my parents would take me to the zoo for my birthday. I loved seeing the big animals, like the lions and tigers. For a special treat¹⁷², they would let me pick out a toy from the gift store. I had a ton of fun running around¹⁷³ and looking at all the exhibits.

Female: When I was little, my parents always threw me a birthday party¹⁷⁴ with all my friends. It would usually be like a tea party¹⁷⁵. Everyone would bring their stuffed animals and we pretended they were special guests. I remember that my mom always made little snacks for us. It was so special.

见下页

¹⁶⁵ Afterwards: 之后

¹⁶⁶ shoot the breeze: 闲扯; 闲聊

¹⁶⁷ stay up late: 熬夜不睡; 这里指和朋友在外面玩的很晚不回家

¹⁶⁸ go get my nails done: 做做指甲

¹⁶⁹ go on a shopping spree: 去逛街大买特买

¹⁷⁰ get pampered and feel like royalty for a day: 形容“好好享受一番，像个公主一样开心一天”

¹⁷¹ ending the day by: 以...结束这一天

¹⁷² For a special treat: 作为一个特别的待遇

¹⁷³ running around: 跑来跑去; 到处玩

¹⁷⁴ threw me a birthday party: 给我办个生日派对

¹⁷⁵ a tea party: 茶话会

3. How important are birthdays to you now? (高频)

Honestly, birthdays aren't that important to me now. When I was a kid, I was always so excited about my birthday. But as I've gotten older, I've realized that it doesn't need to be a huge occasion. Instead of big parties with all my friends and family, I usually just treat myself to a nice meal¹⁷⁶ on my birthday.

4. Which birthdays are most important in your country? (高频)

18 岁:

I would say that a person's 18th birthday is the most important in my country. It marks becoming an adult¹⁷⁷, which is a really exciting milestone. You have a lot more privileges as a citizen, which is very important. It also marks more responsibility. 18 is the age when most people go to university and start making their own decisions.

80 岁:

I think that a person's 80th birthday is the most important in my country. It's a significant milestone¹⁷⁸ because it marks that you've lived a long and healthy life. Reaching that age means that you have a lot to look back on and be thankful for. It's important to also respect the elderly and make sure that they're celebrated.

5. Whose birthday do you think is more important to celebrate in China?

I think it's more important to celebrate children's birthdays. They're so young that every year is truly a huge milestone for them. Plus, children are easily excitable¹⁷⁹. They love to celebrate things. When you're older, your birthdays don't mean as much. But as a kid, your birthday feels like the best day of the year.

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¹⁷⁶ treat myself to a nice meal: 犒劳自己一顿好吃的

¹⁷⁷ It marks becoming an adult: 标志着自己成年了

¹⁷⁸ a significant milestone: 有重要的里程碑意义

¹⁷⁹ excitable: 容易激动的; 容易兴奋的

Topic 14 Public transportation

1. Do you often travel on public transport?/What kind of public transportation do you usually take? (高频)

Yes: Yes, I take public transport all the time. I commute to work, so on the weekdays I take a subway and a bus. On the weekends, I like to go to different places around the city. So I often take multiple buses or subways¹⁸⁰. I've never bothered to get a car¹⁸¹ because my city has great public transport.

No: No, I don't often take public transport. I have a car, so there's no need for it. I only drive to work on the weekdays. Then, on the weekends, I like to stick around my neighbourhood¹⁸². I only take public transport if parking is too much of a hassle¹⁸³, like if I'm going somewhere downtown.

2. Do many people use public transport in your country? (高频)

Yes: Yeah, I think most people prefer public transport. It's really convenient. And it's cheaper than buying a car and paying for gas¹⁸⁴. Instead of driving and looking for a place to park, you can just take a bus or a subway. Plus, it's better for the environment, which makes people feel better about their choice¹⁸⁵.

No: No, I don't think most people prefer public transport. Public transport can be very crowded, especially during rush hour. Plus, buses and subways often have delays¹⁸⁶, which can make you late for work or school. It adds a lot of stress¹⁸⁷ to your daily routine. So I think most people prefer driving themselves.

见下页

¹⁸⁰ take multiple buses or subways: 乘坐公交车或地铁

¹⁸¹ I've never bothered to get a car: 我从来没有想过要一辆车

¹⁸² stick around my neighbourhood: 呆在我家附近

¹⁸³ parking is too much of a hassle: 停车非常麻烦

¹⁸⁴ paying for gas: 付汽油费

¹⁸⁵ feel better about their choice: 感觉做出了正确的决定; 意思指感觉做的是对的事情

¹⁸⁶ have delays: 有延迟

¹⁸⁷ adds a lot of stress: 增加了很多压力

3. Did you use public transport when you were a child? (高频)

Yes: Yes, I took public transport as a child¹⁸⁸. My parents didn't have a car because they commuted to work every day. So on the weekends, when we went to different parts of the city, we would just take the bus together. I remember being nervous on¹⁸⁹ my first bus ride. But I quickly got used to it.

No: No, I didn't take public transport as a child. My parents had a car, so they just drove everywhere. I only started taking the bus when I started a part-time job. My parents were too busy to drive me all the time, so I had to commute there by myself.

4. Will you use public transport more in the future? (高频)

Yes: Yes, definitely. Right now, I just walk to work because it's so close. But I'm going to be moving soon, so I'll need to commute¹⁹⁰. I think I'll enjoy taking the bus. It might be crowded, especially during rush hour¹⁹¹, but it'll be nice not to walk everywhere.

No: No, I don't think so. Actually I just got a new job that's within walking distance of¹⁹² my apartment. So I don't need to commute anymore, which saves me a lot of time in the mornings especially. It's a really nice step up from¹⁹³ taking a crowded bus every day.

见下页

¹⁸⁸ as a child: 在小的时候

¹⁸⁹ I remember being nervous on: 我记得（当时）很紧张...

¹⁹⁰ I'll need to commute: 我会需要（日常）通勤

¹⁹¹ rush hour: 上下班高峰时间

¹⁹² within walking distance of: 在步行距离之内，形容距离很近

¹⁹³ It's a really nice step up from: 这是一个很好的进步

5. Will there be more people taking public transportation?

Yes: Yes, I think more people will be taking public transportation in the future. The price of gas has skyrocketed recently. So I think that even people who own cars will opt to¹⁹⁴ take public transportation instead. Overall, it's cheaper and more efficient, especially considering how backed-up¹⁹⁵ the roads can get during rush hour.

No: No, I don't think more people will be taking public transportation in the future. Public transportation is great in theory, but it becomes crowded very easily and there are always delays. Especially after the pandemic¹⁹⁶, people are nervous about being on crowded trains or buses. So I think a lot of people still prefer driving by themselves.

6. Do you take public transport when you travel?/When do you usually take public transportation, in your everyday life or when you are travelling?(第二个问题，如果选择回答 in your everyday life,可直接用前一页第 1 题 Yes 的参考答案)

Yes: Yes, I love taking public transport while travelling. Sometimes it can be confusing to navigate in a new city. But it's always an interesting experience. Instead of paying for cabs, I just look up bus routes¹⁹⁷ and figure out how to get from place to place. I'm very independent that way.

No: No, I don't take public transport when I travel. It's really confusing when you're in a new city and trying to figure out how to get around¹⁹⁸. Sometimes the signs are even in another language. So I just save myself the trouble¹⁹⁹ and get a taxi if I need to go anywhere.

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¹⁹⁴ opt to: 选择

¹⁹⁵ backed-up: 堵塞，交通拥堵

¹⁹⁶ pandemic: 疫情大流行

¹⁹⁷ look up bus routes: 查公交线路

¹⁹⁸ get around: 出行；从某处到某处

¹⁹⁹ save myself the trouble: 省得麻烦自己

Topic 15 Weather

1. How often do you check the weather forecast?/Do you get in the habit of checking the weather forecast? When/How often? (高频)

Since I go outdoors a lot, I try to check the weather every few hours or so. I check it at the start of the day, then I look again to see if the weather's changed. It might be sunny in the morning, but raining later in the afternoon. So it's good to stay up to date.

2. Do you generally prefer hot weather or cold weather? (高频)

Hot: I definitely prefer hot weather. I hate being chilly. When the sun's out, you can enjoy some fresh air and exercise outside. It's nice to go for a walk or a run. Then you can cool off²⁰⁰ by going swimming. Warm weather makes me feel more active and energetic.

Cold: I definitely prefer cold weather. I hate being sweaty, so hot weather is not my cup of tea²⁰¹. Cold weather is nicer because you can stay cozy inside. Or you can enjoy a nice brisk walk²⁰² in the cold air. I think it's a lot more refreshing²⁰³ than hot weather.

3. Has the weather changed much in recent years in your country? (高频)

No, I don't think the weather has changed too much in recent years. My country has pretty average weather patterns. If anything, I would say that²⁰⁴ the summers have gotten hotter and they last longer than they used to. That's definitely due to climate change, which is a worldwide phenomenon.

4. Would you like to live in/visit a place that has a very different climate from your country? (高频)

Yes, I think that could be interesting. My country doesn't have very exciting weather. It has four main seasons, but it could be fun to live somewhere where the weather doesn't change as often. For example, in some countries in Europe, they pretty much have summer all year round²⁰⁵. I love the heat, so I might enjoy that.

见下页

²⁰⁰ cool off: (游泳)让自己凉快下来

²⁰¹ not my cup of tea: 我不喜欢...

²⁰² brisk walk: 快步走

²⁰³ refreshing: 让人清爽，提神

²⁰⁴ If anything, I would say that: 如果一定要说(有什么变化)的话，我觉得是...; 这个表述方式在 P1 和 P3 中很万能。

²⁰⁵ they pretty much have summer all year round: 他们几乎全年都是夏天

5. What's the weather like where you live? Do you like the weather where you live?

Dry: The weather is pretty dry where I live. We hardly get any rain²⁰⁶. Instead, we mostly have warm and sunny days. Sometimes the heat can get overwhelming²⁰⁷, especially since it's so constant. But I don't mind it. I like spending lots of time outside soaking up the sun²⁰⁸. It's relaxing for me.

Wet: The weather is pretty damp²⁰⁹ and rainy where I live. Some people get sick of it²¹⁰, but I really like it. It's so fun to sit inside and watch the rain. I especially love it when we get big thunderstorms. It makes me feel cozy to watch it from my bedroom.

6. What do you think are the effects of climate change in recent years?

There have been plenty of effects of climate change. For one, the heat has gotten worse in the summer. There have been heat waves all over the world, which has caused power outages²¹¹ and all kinds of problems. There have also been more natural disasters, such as hurricanes and tsunamis²¹².

7. Do you prefer dry or wet weather?

Wet: I prefer a humid place over a dry one. Even though that weather can really get under your skin²¹³, it's way better than a totally dry area. I'm the type that loves rainy days, so I like living in a place where they come more often than once in a blue moon²¹⁴.

Dry: I prefer a dry place over a humid one. Even though low humidity²¹⁵ can really be annoying sometimes, it's way better than a totally humid area. The humid weather always makes me sweat and feel like I'm sticky²¹⁶, while dry days are more comfortable for me.

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²⁰⁶ We hardly get any rain: 我们这里很少下雨

²⁰⁷ the heat can get overwhelming: 高温天热的让人受不了

²⁰⁸ soaking up the sun: 沐浴阳光, 晒太阳

²⁰⁹ damp: 潮湿的

²¹⁰ get sick of it: 讨厌、厌倦 (这样的天气)

²¹¹ power outages: 断电

²¹² hurricanes and tsunamis: 飓风和海啸

²¹³ get under your skin: 很烦人

²¹⁴ once in a blue moon: 极为罕见; 非常少见

²¹⁵ low humidity: 低湿度

²¹⁶ sticky: 粘粘的, 黏黏的

Topic 16 Technology

1. What types of technology do you use most? / What technology do you often use, computers or mobile phones? (高频)

Computer: I use my computer a lot. It has everything I could need on it. Plus, I use it for school. So I basically can't be separated from my computer for even a single day²¹⁷. I can use it for research, talking to my friends, and everything in-between²¹⁸. It's really convenient.

Phone: I often use my mobile phone. In fact, I have it with me at all times. I use it to stay up to date with²¹⁹ the latest news, chat with my friends and family, and even pay my bills with it. Mobile phones are just so light and convenient to use.

2. What electronic devices have you bought lately? What made you choose the last piece of technology you bought? (高频)

I just moved to a new apartment, so I've bought some basic electronic devices like a printer and a scanner. Those are pretty essential for a home office. Even though most things are online, you still need paper copies²²⁰ from time to time²²¹. So I think those devices come in handy²²².

3. Is there a piece of technology that you would like to buy? (高频)

Yes: Yes, I'd really love to get a new laptop with the most up-to-date software. I've had my current laptop for seven years. It still works, but it's definitely slower than the newer models out there²²³. And it doesn't have as many features. I'd love to get a laptop with touch-screen technology²²⁴. That stuff is so fancy.

No: No, there's no technology that I want to buy. I'm pretty satisfied with the devices I already have. All I really need is a cell phone and a laptop. Beyond that²²⁵, I can't really think of anything that I need. Plus, technology is so expensive. I don't have that kind of money.

见下页

²¹⁷ I basically can't be separated from my computer for even a single day: 哪怕是只有一天，我基本也离不开电脑

²¹⁸ everything in-between: (工作和娱乐) 之间的任何事情

²¹⁹ stay up to date with: 了解最新的...; 保持对最新...的了解

²²⁰ paper copies: 纸质版文件; 纸件拷贝; 复印件

²²¹ from time to time: 不时; 有时

²²² come in handy: 用得着

²²³ out there: 外面(那里)的

²²⁴ get a laptop with touch-screen technology: 买一台带有触摸屏技术的笔记本电脑

²²⁵ Beyond that: 除此之外

4. Is technology important in your life?/ Do you like using technology? (高频)

Yes, definitely. There are so many benefits of technology. For me, the most important one is that it helps us stay connected with each other. Through phones and computers, we can message people from all over the world. We can stay in touch with family and friends, and we can keep track of what they're up to over social media²²⁶.

5. Is there any technology you don't like?

Yeah, I really don't like home assistants. You can control appliances in your home by talking to those devices. They're cool, but I don't like them because they feel very invasive²²⁷. It's weird that a device is always listening to you. It makes me feel like my house is bugged²²⁸, which is so creepy.

6. What do you think are the trends in technology (digital products like cellphones and computers) today compared to when you were young?

I think that cellphones are increasingly becoming more and more like computers. I mean, they started as portable phones. But now you can do everything from sending emails to paying bills. In contrast, computers are becoming simpler. They're more like extensions of your phone²²⁹, just on a bigger screen.

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²²⁶ keep track of what they're up to over social media:

通过社交媒体了解他们在忙什么

²²⁷ invasive: 有入侵性的

²²⁸ bugged: 装有窃听器的

²²⁹ extensions of your phone: 手机的扩充

Topic 17 Housework and cooking

1. Do you do a lot of cooking at home now? (高频)

Yes: Yes, I love to cook! It's a great way for me to express some creativity. When you cook, you can usually be flexible with the ingredients you use. I love trying new combinations of flavours. It makes eating a really fun occasion.

No: No, I don't like cooking. I find it really tedious. I mean, you have to eat every day. It gets boring when you have to prepare food for yourself all the time. Plus, I get stressed out²³⁰ when I have to follow a recipe. If I don't get it exactly right, I feel like I've failed at it.²³¹

2. Do you help your family cook at home now? (考生年龄不同，可根据个人情况，在第 1 和 2 俩题中选练一个即可)

Yes: Yes, I love to help my family cook at home. It's a fun activity for us all to do together. When it's time to make dinner, we cook together and talk about how the day was. It's a great way to catch up with each other²³² while we're making food.

No: No, unfortunately I'm usually too busy to help my family cook at home. I don't get home until late because of my work. So by the time I get there, food is usually ready. It would be fun to help cook, but if they had to wait for me, we would never eat at a decent time²³³.

3. Did you do anything to help at home when you were younger? (高频)

Yes: Yes, I often helped clean the house when I was a kid. My parents gave me a couple chores to do every week. It helped keep me busy. Plus, it taught me about the importance of maintaining a nice household²³⁴. It was good for me to have some responsibility.

No: No, I didn't really help with chores when I was a kid. I probably should've taken on some responsibility²³⁵. But my parents really wanted me to focus on my homework. They said that as long as I kept up my good grades²³⁶, I didn't have to worry too much about doing chores.

见下页

²³⁰ get stressed out: 有很大压力

²³¹ If I don't get it exactly right, I feel like I've failed at it: 如果我做得不是完全正确，我会觉得我做失败了

²³² catch up with each other: 聊天了解彼此近况

²³³ at a decent time: 在合适的时间

²³⁴ the importance of maintaining a nice household: 保持家庭整洁的重要性

²³⁵ should've taken on some responsibility: 应该承担一些责任

²³⁶ kept up my good grades: 保持我的好成绩

4. Do you like everything to be very tidy at home? /Do you think your home is clean and tidy?

（高频）

Yes, I really like to keep things very tidy at home. I get overwhelmed when things are messy. So I like to keep my home clean and tidy. Sometimes it can get tiring to constantly maintain a high standard of cleanliness²³⁷. But I think that it pays off²³⁸. It definitely improves my mental state when my house is clean.

5. Is there a job at home that you really don't enjoy doing?/What housework do you like or dislike doing? （高频）

I really don't like doing the laundry. It feels like it takes up so much of my time. First you have to put your clothes in the washing machine, then you have to switch them over to the dryer²³⁹. And then after all that, you still have to fold your clothes and put them away. It's really tedious.

6. Do you want to learn how to cook well?

Yes: Yes, I'd love to take cooking lessons. It would be great to be able to cook well. I could definitely impress my friends and family by making them delicious meals. Plus, I'm always interested in trying new things. Cooking lessons would be a great way to try different flavours and learn important techniques²⁴⁰.

No: No, I'm not interested in it. Honestly, cooking is one of the least important tasks in my life. I don't really put that much effort into it. I know how to make a few basic meals, and I'm happy to stick to those. I don't need to make anything fancy.

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²³⁷ constantly maintain a high standard of cleanliness:
一直保持非常干净

²³⁸ I think that it pays off: 我认为这是值得的

²³⁹ switch them over to the dryer: 把它们换到烘干机里

²⁴⁰ try different flavours and learn important
techniques: 尝试不同的口味和学习重要的技法

Topic 18 Morning time

1. Do you like getting up early in the morning? (高频)

Yes: Yes, I really like getting up early in the morning. It's a great way to make the most of your day²⁴¹.

It might be hard to wake up early, but then you have the whole day in front of you²⁴². You don't waste half the day by sleeping in.

No: No, I don't like getting up early in the morning. I'm more of a night owl²⁴³. I do all my best work at night. So I prefer staying up late, and then sleeping in late as well. It may not be the most productive cycle²⁴⁴ for everyone. But it really works for me.

2. Do you have breakfast at home every morning? (高频)

Yes: Yes, I always eat breakfast at home. It saves me money. Instead of buying a bagel²⁴⁵ or a snack on my way to work/school, I just prepare breakfast at home every day. It's a nice way to start my day. I even have time to enjoy a cup of coffee before heading out²⁴⁶.

No: No, I don't eat breakfast at home every day. Most of the time, I buy something on my way to work/school. It may not be the best financial decision²⁴⁷. But it honestly saves me a lot of time in the morning. It's nice to just buy something instead of making food at home.

见下页

²⁴¹ make the most of your day: 充分利用一天

²⁴² you have the whole day in front of you: 你有一整天的时间

²⁴³ I'm more of a night owl: 我更像是一个夜猫子

²⁴⁴ the most productive cycle: 最高效的时间

²⁴⁵ bagel: 面包圈

²⁴⁶ before heading out: 出门前

²⁴⁷ It may not be the best financial decision: 在财务方面，这可能不是最好的决定；意思是这样会多花不少钱

3. Do you have the same morning routine every day of the week?/What do you usually do in the morning? (高频)

Yes(工作族): Yes, I have the same morning routine every day. I get up at seven in the morning, then I make breakfast for myself and get ready for work. I usually take a shower, since it helps me wake up for the day. Even on weekends, I like to get up early so that I can make the most of the day.

No(学生族): No, my morning routine varies every day²⁴⁸. I'm a college student living in a dorm on campus. Depending on my schedule for the day, I'll either get up early and get ready to go to class, or I might sleep in and go to a study room in the library later in the day. On the weekends, I definitely sleep in late²⁴⁹.

4. Are there any differences between what you do in the morning now and what you did in the past? / Are your mornings very different now from when you were younger? (高频)

In the past, I didn't like to get up in the morning because I didn't like to go to school. So I was always tired and cranky. I didn't have much of a routine. I just got up, got dressed, and went about my day²⁵⁰. But now that I'm older, I enjoy waking up early. I like to make myself coffee and check social media or the news over breakfast²⁵¹.

5. What did you do in the morning when you were little? Why?

I was a pretty early riser²⁵² when I was a kid. So once I woke up, I liked to play with my toys. I would often wake my parents up by running into their room and jumping on the bed. It wasn't the politest thing for me to do. But my parents had a lot of patience with me.

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²⁴⁸ my morning routine varies every day: 我每天早上的安排都不一样

²⁴⁹ sleep in late: 睡懒觉

²⁵⁰ went about my day: 开始了我的一天

²⁵¹ over breakfast: 吃早餐的时候

²⁵² a pretty early riser: 起得很早的人

Topic 19 Boring things

1. Do you often feel bored? (高频)

Yes: Yes, it's easy for me to get bored. I find that I get tired of the same routine. And now that I'm working a full-time job, I don't really get to change up my daily routine too often. So I wind up feeling really bored in life²⁵³. It's hard to shake things up²⁵⁴.

No: No, I don't often feel bored. I try to get involved in new activities so that I don't get stuck in a rut²⁵⁵. I've found that changing up my daily routine, even in small ways, can keep me from getting bored. It's important to keep finding ways to be excited about life.

2. What sort of things do you find most boring now?/ When are you bored? (高频)

I don't like things that take a lot of time. Whenever I watch long movies, I usually need to multitask to avoid getting bored²⁵⁶. It's hard for me to sit in one place and listen to one thing for hours on end²⁵⁷.

I also get bored when I have to wait, like when I'm standing in line for something.

3. What do you do to stop yourself feeling bored?/What will you do when you feel bored? (高频)

Whenever I feel bored, I like to chat with my friends. Sometimes, I'll go meet up with them²⁵⁸ and we can hang out for a few hours. If my friends are busy, I try to entertain myself²⁵⁹ by watching TV or reading a book. It's also fun to scroll through social media for a while²⁶⁰.

见下页

²⁵³ wind up feeling really bored in life: 最后总是会感觉生活很无聊

²⁵⁴ shake things up: 做出改变

²⁵⁵ get stuck in a rut: 陷入千篇一律的生活状态中

²⁵⁶ need to multitask to avoid getting bored: 需要同时做一些其他的事情以避免自己无聊

²⁵⁷ on end: 连续地

²⁵⁸ go meet up with them: 去见他们

²⁵⁹ entertain myself: 娱乐自己; 自己找乐子

²⁶⁰ scroll through social media for a while: 刷一会社交媒体

4. Did you ever find school boring when you were a child?/ Do you think school is boring? (注意两个提问方式的时态不同，回答第二问时，换成一般现在时即可) (高频)

Yes: Yes, I often found school boring when I was a child. I often had to learn about things that I had no interest in. For example, I never really liked geography. But I had to take classes and learn about different landscapes and countries. So I would often zone out and lose focus²⁶¹.

No: No, I didn't find school boring when I was a child. I was really interested in learning about as much as I possibly could. So every day was interesting because I got to learn something new. I was a very avid²⁶² student. I was happy to get all this new information.

5. What was the most boring thing you did when you were young?

As a kid, I was really obsessed with²⁶³ counting things. So I think the most boring thing I did when I was young was counting things around my house. There was no point to it²⁶⁴. Once, I even went outside and counted the blades of grass²⁶⁵. I guess I really had nothing better to do.

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²⁶¹ zone out and lose focus: 走神，不集中注意力

²⁶² avid: 这里是指对学习充满热情的

²⁶³ was really obsessed with: 非常痴迷于...

²⁶⁴ There was no point to it: 这是没有意义的

²⁶⁵ the blades of grass: 草的叶子

Topic 20 Collecting things

1. Do you prefer to keep things for a long time, or to throw them away? / Would you keep old things for a long time? Why? (高频)

Yes: Yes, I like to hang onto old things²⁶⁶ for a long time. I think that they represent history. If they're personal items that have been passed down through generations²⁶⁷, they can preserve important family memories. Things like old coins and old clothes can also show you what life was like in the past. So they're valuable in that way²⁶⁸.

No: No, I don't keep things for a long time. I don't like to have clutter around my house²⁶⁹. I only keep things that are important for everyday use²⁷⁰. Sometimes it can be nice to have old things for sentimental reasons²⁷¹. But it's better to focus on the present. You don't need to hang onto things from the past²⁷².

2. Have you kept a lot of things from your childhood? / Are there any things you keep from childhood? (高频)

Yeah, I have a few things from childhood. I've held onto some trophies²⁷³ that I won when I played sports. I also have a stuffed animal²⁷⁴ that I loved to play with as a kid. It has a lot of sentimental value to me²⁷⁵. It reminds me of the good times in my childhood.

见下页

²⁶⁶ hang onto old things: 保留旧物

²⁶⁷ passed down through generations: 代代相传

²⁶⁸ they're valuable in that way: 它们在这方面很有价值

²⁶⁹ have clutter around my house: 家里到处都是杂物

²⁷⁰ everyday use: 日常使用

²⁷¹ for sentimental reasons: 出于情感原因

²⁷² You don't need to hang onto things from the past: 你不需要执着于过去的事物

²⁷³ trophies: 奖杯

²⁷⁴ a stuffed animal: 毛绒玩具

²⁷⁵ It has a lot of sentimental value to me: 它对我来说很有情感价值

3. Where do you usually keep things you need? /Where do you usually keep things that you need every day, like money or keys? (高频)

I usually keep things that I need in a drawer in my room. For example, all my important documents are in a folder in that drawer. But if they're things that I need to use every day, like my car keys, I keep those in plain sight²⁷⁶ so I can find them quickly. It's important to have easy access to them²⁷⁷.

4. Do you like to keep all the photos you take? (高频)

Yes: Yes, I like keeping all the photos I take. I love to see memories from a certain day or occasion. And I think that photos help capture those memories the best. I also love taking photos of everyday experiences, like sunsets and other pretty things in nature. It's great to look back at those photos later on.

No: No, I don't like to keep all the photos I take. I don't have that much storage on my phone, so I have to get rid of some from time to time. I like cleaning out my photo album²⁷⁸. I only keep the most important photos. The other ones stop mattering after a certain amount of time²⁷⁹.

5. Do you collect things?

Yes: Yes, I love to collect coins. I collect all types of currencies²⁸⁰ from different countries. It's really fun to look for coins with special designs. It's also cool to find coins that are really old. I have some that are a couple hundred years old. They're really interesting pieces of history²⁸¹.

No: No, I don't collect things. Some people collect things as a hobby²⁸², but I really don't have the time. There isn't anything that interests me enough to start a collection. I think that in the end, it just becomes clutter²⁸³. I try to only keep things that are essential for my everyday life.

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²⁷⁶ keep those in plain sight: 把它们放在显眼的地方

²⁷⁷ have easy access to them: 很容易拿到它们

²⁷⁸ cleaning out my photo album: 清理相册

²⁷⁹ stop mattering after a certain amount of time: 过一段时间就不在意了

²⁸⁰ currencies: 货币

²⁸¹ They're really interesting pieces of history: 它们(硬币)是非常有趣的历史碎片(是见证历史的一部分)

²⁸² collect things as a hobby: 把收集东西作为一种爱好

²⁸³ in the end, it just becomes clutter: 最后, 它们只会变成一堆杂乱的东西

Topic 21 Talents

1. Do you have a talent, or something you are good at? /What sort of things do you think you're good at? (高频)

Yes, I think I have a talent for photography. I'm good at taking nice photos with good composition²⁸⁴.

Friends have asked me to take photos of them to post on social media. It's always fun to capture their happy moments²⁸⁵. Plus, it gives me a lot of satisfaction²⁸⁶.

2. Was it mastered recently or when you were young?

Well, I actually grasped this skill just a couple of years ago. I used to take photos with my cellphone, but once I borrowed my friend's digital camera, I took a liking to²⁸⁷ photography immediately. And people around me all say I have a knack for it²⁸⁸.

3. Do you think you will use your talents in a future job? (高频)

Yes, I do think so. Even if I'm not taking photos for a living²⁸⁹, photography teaches you to pay attention to details. I think that's important when it comes to doing a good job, no matter what field you're in. Plus, being creative is always a strength²⁹⁰.

见下页

²⁸⁴ taking nice photos with good composition: 拍摄构图很好的照片

²⁸⁵ capture their happy moments: 捕捉到他们开心快乐的时刻

²⁸⁶ gives me a lot of satisfaction: 给了我很大的满足感

²⁸⁷ took a liking to: 喜欢上

²⁸⁸ have a knack for it: 有这方面天赋

²⁸⁹ taking photos for a living: 以摄影为生

²⁹⁰ a strength: 一个长处; 优势

4. Do you have the same talents as anyone else in your family? / Do you think anyone in your family has the same talent? (高频)

Yes: Yes, my sister is also really good at photography and always takes very unique shots²⁹¹. She takes photos at angles that I wouldn't have thought of²⁹². She actually won a prize in a photography competition. So, she's a very artistic person. I feel like I can learn a lot from her.

No: No, my family isn't very creative. So they aren't good at photography or anything artistic. They're more talented in other areas. For example, my dad is very handy²⁹³. He can basically fix anything. But if you gave him a camera, he wouldn't know how to take an interesting photo. The rest of my family is the same way²⁹⁴.

5. Is there a talent you already have that you'd like to improve? (高频)

Yes, for sure. I'm good at drawing, but there's definitely room to improve²⁹⁵. I think I need to learn more drawing techniques. I need to get better at things like lighting and composition²⁹⁶. To improve my drawings on that level, I think it would be helpful to get some lessons.

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²⁹¹ takes very unique shots: 拍出独特的照片

²⁹² takes photos at angles that I wouldn't have thought of: 她拍摄找的角度我都没想过

²⁹³ handy: 手巧的

²⁹⁴ The rest of my family is the same way: 我家里其他人也都是类似的情况

²⁹⁵ there's definitely room to improve: 当然还有改进的空间

²⁹⁶ composition: 构图

Topic 22 Watch

1. Did you wear a watch when you were a child? (高频)

Yes: Yes, I wore a watch when I was a child. I was really proud of owning a watch. I liked to clean it every day when I got home. It also helped me keep track of time²⁹⁷ so that I could make sure I was home by curfew²⁹⁸. I was always very punctual.

No: No, I didn't wear a watch when I was a child. I was really active and I played a lot of sports. So I think I would've broken a watch if I had been wearing one. Besides, there wasn't really a need for me to²⁹⁹ have my own watch. I normally just looked at a clock when I wanted to know the time.

2. Do you usually wear a watch now? (高频)

Yes: Yes, I wear a watch. It's a very helpful way to keep track of the time. Some people depend on their phones for that. But I think watches are better because they aren't as distracting³⁰⁰. You can just check the time without having to see a bunch of notifications on your screen³⁰¹. Plus, watches are very stylish.

No: No, I don't wear a watch. Watches are stylish, but they're also pretty expensive. I wouldn't want to pay for a watch when I can just check the time using my phone. Plus, I don't like the feeling of something on my wrist³⁰². It feels very heavy and it always bumps into things³⁰³.

见下页

²⁹⁷ keep track of the time: 看时间；掌握时间；记住时间

²⁹⁸ I was home by curfew: 在宵禁（爸妈要求的时间）前到家

²⁹⁹ there wasn't really a need for me to: 没必要做...

³⁰⁰ they aren't as distracting: 不会如此令人分心

³⁰¹ see a bunch of notifications on your screen: 在（手机）屏幕上看到一堆消息通知

³⁰² I don't like the feeling of something on my wrist: 我不喜欢手腕上带着东西的感觉

³⁰³ it always bumps into things: 它（手表）经常会撞到东西

3. Have you ever received a watch as a gift? (高频)

Yes: Yes, I've gotten a watch as a gift before. My dad gave me one for my birthday. It was a well-designed watch. I was shocked by how detailed the clock face was³⁰⁴. Plus, it had a leather strap³⁰⁵. It must've cost my dad a fortune³⁰⁶. I thanked him a ton³⁰⁷ and made sure to wear the watch every day.

No: No, I've never gotten a watch as a gift. Most people in my life know that I don't usually wear watches. I just find them clunky³⁰⁸. Plus, if I want to check the time, I can look at my phone. So I don't know why someone would buy me a watch. I probably wouldn't wear it that often³⁰⁹.

4. Why do you think some people like to wear expensive watches? (高频)

I think that some people wear luxury watches to show off their wealth³¹⁰. They want to show people that they can afford all kinds of expensive items. Some people wear those kinds of watches because they believe luxury watches are very durable³¹¹ and can last for a lifetime. It really depends on the person.

5. Do you think it is important to wear a watch? Why?

(如果是肯定回答, 可以参考第 2 题的素材)

No, having a watch isn't important for me. It might be nice to have something to keep track of the time³¹². But honestly, I can just use my phone for that. I've never really seen the point of³¹³ having a watch. It doesn't seem like a must-have item³¹⁴ for most people.

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³⁰⁴ how detailed the clock face was: 表盘竟然如此精致; 注意此处是 how 引导的感叹句

³⁰⁵ a leather strap: 皮革表带

³⁰⁶ It must've cost my dad a fortune: 它肯定花了我爸很多钱

³⁰⁷ thanked him a ton: 非常非常感谢他; 注意此处是口语化的表达方式, 类似于 thank him a lot 的结构

³⁰⁸ clunky: 笨重的

³⁰⁹ wouldn't wear it that often: 不会那么经常佩戴

³¹⁰ show off their wealth: 炫富

³¹¹ durable: 经久耐用

³¹² have something to keep track of the time: 有个看时间的东西

³¹³ I've never really seen the point of: 我从来都不明白...的意义

³¹⁴ a must-have item: 一个必须拥有的东西

Topic 23 Meeting places

1. Where do you like to go to meet your friends? / Where is your favorite place to meet with your friends? (高频)

I usually meet with my friends at a coffee shop, or sometimes at a restaurant. We all have busy schedules. So it's nice to meet up for coffee or a meal together. It's good to catch up with each other³¹⁵ while sharing some food. It always helps us feel close.

2. Why are some places better than others for meeting friends? / Do you think there are some places more suitable for meeting with others? (高频)

I think some places are better than others for meeting friends because they're more casual. For example, you wouldn't want to have a hangout at a library because it's a public place where you're expected to stay quiet and be professional. Hanging out at a café or an outdoor park is great because you can chat amongst yourselves without disturbing others³¹⁶.

3. Have the types of places where you meet friends changed since you were younger? / Are there any differences between your favorite meeting places in the present and in your childhood? (高频)

Yes, I think meeting places have changed a lot. When I was a kid, I often hung out with my friends either at my home or their homes. We loved to share our toys with each other. But nowadays, I prefer to go to recreational places³¹⁷ like coffee shops and karaoke bars³¹⁸, where I can talk with my friends while having some fun.

见下页

³¹⁵ catch up with each other: 聊天，和朋友聊聊近况

³¹⁶ chat amongst yourselves without disturbing others:

大家可以在不打扰别人的情况下聊天

³¹⁷ recreational places: 娱乐场所

³¹⁸ karaoke bars: K 歌的地方，KTV

4. Do you prefer to meet just one friend or a group of friends together? (高频)

One friend: I like hanging out with just one friend. In a group, you don't always get to have good conversations. It's nicer to just talk to someone one-on-one. You don't have to worry about entertaining other people. Plus, you don't have to work around other people's schedules³¹⁹ when you're trying to make plans.

Group: I like hanging out with a group of friends. It's nicer to see everyone at once so you can all catch up with each other. Plus, I find that it's more natural when you hang out with multiple friends. You don't have as many awkward breaks in the conversation³²⁰. Group dynamics³²¹ can be really fun.

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³¹⁹ work around other people's schedules: (不需要) 考虑其余人的时间表 (来安排计划)

³²⁰ don't have as many awkward breaks in the conversation: 不会在聊天中有太多尴尬的沉默

³²¹ Group dynamics: 在这里指的是团体成员之间的互动

Topic 24 Advertisements

1. Do you often remember advertisement or commercials that you've seen? (高频)

No, I usually forget ads after I see them. Only a few of them stand out³²². I tend to remember ones with cute animals or funny jokes. But for the most part³²³, I don't remember what happens in ads. If they pop up on my screen³²⁴, I'll usually ignore them until they go away³²⁵.

2. What do you usually do when an advertisement or a commercial comes on TV or the internet? (高频)

Usually, I just ignore it. I don't tend to watch advertisements or commercials. Some of them can be funny or interesting. But in general, I know they're just trying to sell me something that I don't need to buy. So I'll just go on my phone and scroll on social media until the commercial's over. I don't bother paying attention³²⁶.

3. Have you ever seen an advertisement or a commercial that you really didn't like? (高频)

Yes, I have. If memory serves correctly, a few years ago I saw a commercial for a new brand of gum. It had a really annoying jingle³²⁷ that got stuck in my head for months after. I was so fed up with that commercial. I wanted to get it out of my head so badly.

4. Would you like to be in an advertisement/a commercial one day? (高频)

Yes: Yes, I'd really like to be in an advertisement one day. I like acting, and I think it would be cool to be on camera³²⁸. I would feel famous for a day or two. Of course, I doubt that it would actually make me a celebrity. It would just be a fun experience.

No: No, I don't want to be in a commercial one day. I don't like having a lot of people looking at me. So I definitely wouldn't want to be filmed. I think I would get too nervous in front of a camera. I wouldn't want to be known to the public³²⁹.

见下页

³²² Only a few of them stand out: 其中只有少数引人注目

³²³ for the most part: 在大多数情况下

³²⁴ pop up on my screen: 在我的屏幕上跳出来

³²⁵ ignore them until they go away: 不管它们，直到它们消失

³²⁶ I don't bother paying attention: 我懒得看

³²⁷ annoying jingle: 很烦人的广告曲

³²⁸ it would be cool to be on camera: 能上镜是件很酷的事

³²⁹ to be known to the public: 被公众所知

5. Are you interested in watching TV advertisements or internet advertisements?

Well honestly, I don't like watching any kinds of ads. I usually just ignore or skip them. But if I have to make a choice between two evils³³⁰, I'd rather watch online ads because they are normally funnier. You know, most online ads target young people like me and are designed to catch our attention.

6. What kind of advertisements do you dislike?

I really don't like advertisements for luxury items. I think they're usually a waste of money. For example, why would I want to spend a fortune on³³¹ perfume or a fancy watch? It just seems very silly to me³³². The ads make it seem like you need these products. But in reality³³³, there are better things to buy.

7. Do you share advertisements with others?

I don't usually share advertisements with others. I might share a commercial if it's really funny or has cute animals in it. My friends tend to enjoy those kinds of ads. But in general, I don't go out of my way to³³⁴ watch advertisements in the first place³³⁵. So I don't usually send them to other people.

8. Do you want to work in advertising in the future?

Yes: Yes, I'd love to work in advertising in the future. It may not be everyone's cup of tea³³⁶. But you know, advertising requires creativity and problem-solving skills. You have to convince people that they should want your product. I think I would be really engaged by a job in this field.

No: No, I don't want to work in advertising in the future. It's definitely not my cup of tea. I don't think I'd be good at talking people into³³⁷ wanting things they probably don't need. There may be a lot of opportunities in advertising, but they don't seem that appealing to me³³⁸.

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³³⁰ make a choice between two evils: 形容“两害相权取其轻”或“矮子里面拔将军”

³³¹ spend a fortune on: 在...花一大笔钱

³³² It just seems very silly to me: 我觉得这样做太傻了

³³³ in reality: 事实上，实际上

³³⁴ go out of my way to: 特意去做...

³³⁵ in the first place: 一开始

³³⁶ It may not be everyone's cup of tea: 这可能不是每个人都喜欢的

³³⁷ talking people into: 说服人们去...

³³⁸ they don't seem that appealing to me: 它们似乎对我没有吸引力

Topic 25 Evening time

1. What do you usually do in the evening? (高频)

I usually try to unwind³³⁹ in the evening. I tend to be really busy in the day, so it's nice to kick back and relax. I like to do that by reading a book or just scrolling through social media. Sometimes I like to hang out with my friends if I have enough energy.

2. How did you spend your evenings when you were younger? / What did you do in the evening when you were little? Why? (高频)

When I was little, I liked to have my mom read a story to me. It was really calming and it helped me fall asleep. Other times, I liked to make up little games to play by myself³⁴⁰. I think it was just because I was an imaginative kid. I liked to entertain myself³⁴¹.

3. Do you spend your evenings in the same way on weekdays and on weekends? (高频)

Yes: Yes, I pretty much spend my evenings the same way, whether it's during the week or on the weekend. I like to cook dinner for myself, then I watch a movie or a TV show. I'll take a shower before I go to bed, then I'll spend some time in bed scrolling through social media on my phone.

No: No, I usually spend my evenings differently during the week than I do on the weekends. On weeknights, I make dinner for myself and then watch some TV before going to bed. On the weekends, I try to go out with my friends. I like trying new restaurants or doing karaoke. It's good to vary my evenings like that³⁴².

4. Is there anything you don't like to do in the evenings? (高频)

I really don't like to clean in the evenings. When I get home from work, I'm often tired from the day. So I just make food for myself and try to relax. Having to clean when I don't have much energy³⁴³ is really annoying. So I try to do that on the weekends.

见下页

³³⁹ unwind: 放松休息

³⁴⁰ make up little games to play by myself: 瞎编一些小游戏自己玩

³⁴¹ entertain myself: 娱乐自己; 自娱自乐

³⁴² vary my evenings like that: 像那样改变我晚上的活动安排

³⁴³ Having to clean when I don't have much energy: 没精力时候还不得不打扫

5. Do you like the morning or evening?

Morning : I like the morning better. I'm an early riser³⁴⁴. I like to get up at a decent time³⁴⁵ so I can make the most of the day³⁴⁶. I know not everyone is a morning person³⁴⁷. But I think it's a relaxing time of day. It's quiet compared to how busy the afternoon and evening can get.

Evening: I definitely prefer the evening. I'm more of a night owl³⁴⁸. I like to stay up late and enjoy the quiet. Not everyone is awake late. It's really nice to have some time to myself, especially since I live with other people. So I enjoy being awake long into the night³⁴⁹.

6. Are there any differences between what you do in the evening now and what you did in the past?

Well, my options were more limited in the past³⁵⁰. I didn't have my own income, so I couldn't do fun things like eating at nice restaurants or doing karaoke³⁵¹. But now that I have my own salary, I can afford to do fun things in the evening. So I like going out with my friends and having a good time.

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³⁴⁴ an early riser: 一个早起的人

³⁴⁵ at a decent time: 在一个合适的时间；在对的时间；此处意指“早早起床”

³⁴⁶ make the most of the day: 充分利用这一天

³⁴⁷ a morning person: 早起的人

³⁴⁸ I'm more of a night owl: 我更像是个夜猫子

³⁴⁹ being awake long into the night: 熬夜不睡

³⁵⁰ my options were more limited in the past: 过去我没什么太多选择；过去我的选择更有限

³⁵¹ doing karaoke: 唱卡拉 OK

Topic 26 Old buildings

1. Have you ever visited any important old buildings? (高频)

Yes, I love to travel and I've visited tons of historical buildings. I think all of them mean a lot in our history. The most well-known one among them would be the Great Wall. It was a must-see³⁵² when I traveled to Beijing. I've also visited the Forbidden City, which is stunning as well.

2. Do you think it's important to look after old buildings? / Do you think we should preserve old buildings in cities? (高频)

Yes, I definitely think we should keep old buildings in cities. For one³⁵³, those buildings represent a city's history. They show people what designs were popular in the past³⁵⁴. For another, old buildings add character to a city³⁵⁵. Modern buildings tend to look the same. It's nice to have some buildings that stand out.

3. Where would you prefer to live: in an old building or a modern building? / Do you prefer living in an old building or a modern house? (高频)

Old building: I prefer living in an old building. I think old buildings have a sense of character³⁵⁶. The architectural style³⁵⁷ is so beautiful and detailed. Sometimes it feels like I've stepped into the past³⁵⁸ when I go into an old building. It's a very cool effect³⁵⁹.

Modern house: I prefer living in a modern house. Old buildings can be charming. But they often lack some basic facilities like air conditioning or good plumbing³⁶⁰. Modern houses offer a lot more. Plus, old buildings are often worn out or even get mold³⁶¹ in some places, which makes me want to live in a newly built building.

4. Is there any old buildings you'd like to visit in the future? (高频)

I think it would be interesting to see some old temples. They don't have to be famous landmarks or anything³⁶². Even the more common ones have a lot of history. They usually have beautiful, intricate designs³⁶³ as well. So I'd love to check them out³⁶⁴ someday. I think I would learn a lot.

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³⁵² a must-see: 必须去拜访的 (地方)

³⁵³ For one: 举个例子来说

³⁵⁴ what designs were popular in the past: 在过去什么样的设计是流行的

³⁵⁵ For another, old buildings add character to a city: 另一方面，老建筑给城市增添了特色

³⁵⁶ have a sense of character: 有一种个性

³⁵⁷ architectural style: 建筑风格

³⁵⁸ stepped into the past: 回到了过去；步入过去的时间之中

³⁵⁹ It's a very cool effect: 这是一种非常酷的 (感官) 效果

³⁶⁰ plumbing: 水管；管道

³⁶¹ get mold: 发霉

³⁶² They don't have to be famous landmarks or anything: 它们不必是地标之类的

³⁶³ intricate designs: 复杂的图案

³⁶⁴ check them out: 看一看它们

Topic 27 Computer/Tablet

1. What do you most often use a computer or a tablet for? / In what conditions would you use a computer? (高频)

I would use a computer for anything that would take too long to do by hand. For example, if I had to write a long essay or an article, I would prefer to type it up on a computer³⁶⁵. Computers are also helpful for doing research. It's more efficient to search for something online instead of going through a library³⁶⁶.

2. Can you remember when you first started using a computer or tablet? (高频)

I first used a computer when I was a little kid. My mom was showing me how our family computer worked³⁶⁷. She let me click all kinds of things on the screen. She was very patient and explained how to use the computer properly. That helped me get used to computers at a very young age.

3. How would your life be different if there were no computers? (高频)

I think my life would be pretty difficult without computers. Computers make so many tasks easy and efficient. For example, it's way faster to type an essay on a computer instead of writing it out by hand³⁶⁸. Computers are also entertainment devices. If I didn't have a computer, I would miss having a lot of fun playing computer games.

4. Do you sometimes find computers or tablets difficult to use? (高频)

I think it would be hard to use a computer if I was trying to do something artistic³⁶⁹. For example, some people can create amazing artworks using computer programs³⁷⁰. But I don't know how to do that. So I would have to rely on drawing by hand in order to make some art³⁷¹.

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³⁶⁵ type it up on a computer: 在电脑上打出来

³⁶⁶ going through a library: 去图书馆查阅

³⁶⁷ how our family computer worked: 我们家的电脑是如何运作的; 此处意指妈妈教我怎么去使用电脑

³⁶⁸ writing it out by hand: 手写出来

³⁶⁹ do something artistic: 做一些艺术相关的事情

³⁷⁰ create amazing artworks using computer programs: 使用电脑程序创作令人惊叹的艺术品

³⁷¹ make some art: 创作一些艺术作品

Topic 28 Sitting down

1. Do you have favorite place where you like to sit?/Where is your favorite place to sit? (高频)

Yes, I really like sitting on my apartment balcony. It's not very big, but it has a beautiful view of the city. It's especially pretty at night. You can watch the sunset and enjoy all the city lights when it gets dark out³⁷². Sitting on my balcony makes me feel at peace³⁷³.

2. Do you often have to sit for long periods of time? / Do you always sit down for a long time? (高频)

Yes: Honestly, I'm not a very active person. So I usually sit around at home³⁷⁴. I can spend hours watching TV or just scrolling through social media on my phone³⁷⁵. It's not a very good habit. But I feel calm and relaxed when I'm sitting on my couch. So I don't mind it.

No: No, I don't usually sit for a long time. I like to keep busy. If I have free time, I don't want to waste it by sitting on the couch and watching TV. I like to exercise or hang out with my friends. I definitely hate having a sedentary lifestyle³⁷⁶.

3. Can you easily fall asleep when you are sitting in a chair? (高频)

Yes, I usually feel sleepy when I'm sitting down for too long. If I'm sitting down after a long day's work, it's easy for me to get too relaxed and fall asleep³⁷⁷. I've had lots of naps just sitting on my couch. It sounds lazy but it's actually a good way to recharge my mind and my body³⁷⁸.

见下页

³⁷² enjoy all the city lights when it gets dark out: 当夜幕降临时，尽情享受城市的灯光

³⁷³ makes me feel at peace: 让我感到平静

³⁷⁴ sit around at home: 坐在家里

³⁷⁵ scrolling through social media on my phone: 用手机刷社交媒体

³⁷⁶ having a sedentary lifestyle: 有一个久坐不动的生活方式

³⁷⁷ get too relaxed and fall asleep: 太放松就睡着了

³⁷⁸ recharge my mind and my body: 给大脑和身体重新充电

4. When you were a child, did you like sitting on the floor? (高频)

Yes: Yes, I usually sat on the floor as a kid. Sometimes my parents would encourage me to sit properly on the couch³⁷⁹. But I often marched to the beat of my own drum³⁸⁰ and liked being on the floor. It felt more fun and interesting to me. I could play with my toys on the floor and nobody would bother me³⁸¹.

No: No, I didn't usually sit on the floor as a kid. My parents always encouraged me to sit on the couch. They said it was more proper than being on the floor³⁸². Plus, the floor got dirty very quickly³⁸³. So it wasn't good for my clothes if I sat on the floor a lot.

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³⁷⁹ sit properly on the couch: 好好坐在沙发上

³⁸⁰ marched to the beat of my own drum: 按照自己的想法来做事; 按照自己的心意行事

³⁸¹ nobody would bother me: 没人会打扰我

³⁸² it was more proper than being on the floor: 这(坐沙发上)比坐在地上好多了; proper 此处是“正确的, 合适的”意思

³⁸³ the floor got dirty very quickly: 地板脏得很快

Topic 29 Books/Reading habits

1. Are your reading habits now different than before?/Do you read more or less now than when you were younger? /Do you often read books? When? (高频)

Yes: Yes, my reading habits are really different. When I was younger, I had a lot of free time. I didn't have a lot of responsibilities³⁸⁴. So I could spend my time reading books. But now that I'm busy with work/study, I don't get to read as often as I would like.

No: No, my reading habits haven't changed that much. Even when I get busy with work/study, I still make time to read books. It's important to have some time to relax. Reading helps me do that. So I'm glad that I can still read a book every once in a while³⁸⁵.

2. Have you ever watched a film/movie and then read the book? (高频)

Yes, I did that recently actually. I watched the first *Harry Potter* movie a few weeks ago. It was so good. My friends told me that the book was even better. So I read it and really enjoyed it. Now, I'm working my way through the whole series³⁸⁶. I'm so invested in the characters and the plot.

3. When do you have the most time to read? (高频)

I usually have the most time to read in the evenings. When I get home from work/school, there's nothing I love more than sitting down with a good book. I could spend the whole evening reading. Sometimes it's nice to go to the park on the weekends and read during the afternoon.

4. How often do you buy books? (高频)

I don't buy books that often. I prefer borrowing them from friends or going to a library. So I probably buy books maybe once every couple months. I don't have a lot of time to read, so there's no point in³⁸⁷ spending money on books on a more regular basis³⁸⁸.

5. Which do you prefer, reading books or watching movies?

I prefer watching movies. Reading books can be entertaining, but they aren't as impressive as movies, in my opinion. When you watch a movie, you don't have to do the work of imagining the plot³⁸⁹. You can see it acted out right in front of your eyes³⁹⁰. Plus, movies have lots of cool visual effects.

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³⁸⁴ I didn't have a lot of responsibilities: 不需要承担很多责任 (需要做的事不多)

³⁸⁵ every once in a while: 有时, 时常

³⁸⁶ working my way through the whole series: 我正在看整个系列

³⁸⁷ there's no point in: ...是没有意义的

³⁸⁸ on a more regular basis: 更有规律的

³⁸⁹ you don't have to do the work of imagining the plot: 你不需要想象情节

³⁹⁰ see it acted out right in front of your eyes: 看到它 (电影情节) 就在你眼前表演出来

Topic 30 Doing sports

1. Which sports do you enjoy watching or playing?/ What sports do you like? (高频)

I really like basketball and badminton. Those sports require you to be quick on your feet. It's a lot of back and forth³⁹¹, especially badminton, but I think that makes it entertaining. There's such a small space to play in. You have to make every move count³⁹². I love how fast-paced both of those sports are.

2. Where did you learn how to do it?

It was actually my uncle who got me into sports³⁹³. I would go over to his house and we would play basketball on his driveway. He taught me lots of techniques. Then I joined a basketball team when I was in elementary school. It was lots of fun. I still remember it fondly.

3. Did you learn to play any sports as a child? (高频)

Yes, I was involved in lots of sports when I was young. I joined a basketball team when I was in elementary school. We weren't the best, but we still did pretty well for a group of amateurs. I also played badminton and soccer a lot. I enjoyed any sports that kept me on my toes³⁹⁴.

4. Do you think all children should do sports at school? (高频)

Yes, definitely. Actually I think all students need more exercise. Nowadays, students prefer to spend their time sitting around and scrolling on their phones. They're in danger of being too lazy. So they should definitely try to do more exercise. Group sports are a great way for them to be active while bonding with others³⁹⁵.

5. Are there any sports you would like to try in the future? (高频)

Yes, I'd love to try badminton in the future. It's a sport that requires you to think fast and keep on your toes. So I would have to spend some time training. I would also have to learn the proper techniques. But it's a really fun, fast-paced sport that I think I would enjoy.

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³⁹¹ It's a lot of back and forth: 打的来来回回; 意思是有很多回合

³⁹² There's such a small space to play in. You have to make every move count: 打羽毛球的场地很小。你必须让每一招一步都有所意义; 此处是指羽毛球场地很小, 所以你不能无头苍蝇一样乱打

³⁹³ got me into sports: 让我喜欢上运动

³⁹⁴ kept me on my toes: 让我保持活跃; 注意此处并非指让我保持警觉之意

³⁹⁵ bonding with others: 和他人增进关系

Topic 31 Science

1. Do you like science? / Do(Did) you enjoy science lessons at school? (高频)

I'm not a huge fan of³⁹⁶ science, to be honest. I think it's interesting, but I can never seem to wrap my head around³⁹⁷ the more complicated concepts. In high school, science was one of my weaker subjects. I'm definitely glad that other people are doing important work in that field.

2. Would you like to know more about science? (高频)

Yes, I'd definitely like to know more about science. It's not a subject I know the most about. There are so many different areas in science that you can study. I think biology and chemistry sound the most interesting. They definitely have so many applications in everyday life³⁹⁸, and I'd love to learn about them.

3. Do you watch science programmes on TV? (高频)

Yes: Yes, I really like watching science programs on TV. There's one program where a couple of scientists explain how science works in everyday life. They show you the scientific processes behind everyday items³⁹⁹, like how plastic is made and other things like that. It's fascinating to learn about how many applications science has.

No: No, I don't like watching science programs on TV. I don't really care for science, to be honest. It's not an interesting subject to me. If I'm going to watch something educational, I prefer nature documentaries⁴⁰⁰. I'd rather watch animals in the wild instead of having to learn about scientific processes.

见下页

³⁹⁶ I'm not a huge fan of: 不是很喜欢...

³⁹⁷ wrap my head around...: 理解某个特别难懂的事情

³⁹⁸ have so many applications in everyday life: 它们能应用在日常生活中的方方面面

³⁹⁹ the scientific processes behind everyday items: 日常用品背后的科学原理

⁴⁰⁰ nature documentaries: 自然类纪录片

4. Are science museums popular in your country?/Do people in your country often visit science museums? (高频)

Science museums are somewhat popular in my country. People like going there on the weekends or whenever they have a free afternoon. They probably aren't the most-visited places⁴⁰¹ in my country, since there are lots of other touristy things to do. But it's a great activity for families who have curious kids, or for class field trips⁴⁰².

5. When did you start to learn about science?

Like most people, I started learning about science in elementary school. The first thing I can remember learning about is magnets⁴⁰³. The teacher showed us how magnets could attract and repel each other⁴⁰⁴. I remember that it was really fun to play around with magnets and feel the magnetic force between them.

6. Which science subject is interesting to you?

I think that out of all the subjects⁴⁰⁵, biology is the most interesting to me. It's so fascinating to learn how the human body works. I also like hearing facts about animal biology. It's really fun to learn about. Plus, we have much more in common with⁴⁰⁶ animals than one might think!

7. What kinds of interesting things you have done with science?

Well, when I was in high school, we actually got to do a dissection of a frog⁴⁰⁷. It might sound gross, but it was helpful for educational purposes. And I actually did learn a lot about the different body parts. I remember that my partner was really freaked out⁴⁰⁸. But I found it really interesting.

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⁴⁰¹ the most-visited places: 最经常拜访的地方

⁴⁰² class field trips: 学校户外教学

⁴⁰³ magnets: 磁性

⁴⁰⁴ how magnets could attract and repel each other: 磁铁是如何相互吸引和排斥的

⁴⁰⁵ out of all the subjects: 在所有科目中

⁴⁰⁶ have much more in common with: 和...有很多共同之处

⁴⁰⁷ do a dissection of a frog: 解剖青蛙

⁴⁰⁸ freaked out: 吓坏了的

Topic 32 Daily routine(疑似考题)

1. What's your daily study/work routine?

Study: I usually get up early in the morning so I can make the most of the day⁴⁰⁹. In my major, you have to memorize a lot of terms. So I write terms on flashcards and then I quiz myself. Then I spend the afternoon reading from textbooks. The next day I start all over again.

Work: I work full-time now. So I get up early and shower to start the day. I make myself breakfast at home. Then I drive to work. I usually go out for lunch with some coworkers. Then I spend the afternoon either in meetings or doing work in my office. Then I head home⁴¹⁰ and relax for the rest of the day.

2. Do you prefer to go to bed early or late?

Early: I prefer going to bed early. I'm a morning person, which means that I like to get up at the crack of dawn⁴¹¹. It makes me feel energetic and excited for the rest of the day. But it also means that I need to go to bed at a decent time⁴¹² so I'm not too tired in the morning.

Late: I like going to bed late at night. I'm definitely more of a night owl than a morning person⁴¹³. So I have much more energy and brain-power when it's late at night. Of course, it helps to be able to sleep in late. Otherwise I'm too tired in the morning.

3. Do you like to do the same things every weekend?

No, I like to switch things up⁴¹⁴. If I do the same thing every weekend, I find that I get bored very easily. So one weekend I might go out with my friends, and then the next weekend I'll stay at home and enjoy some quiet time. It's good to have variety in your life⁴¹⁵.

见下页

⁴⁰⁹ make the most of the day: 充分利用好一天

⁴¹⁰ head home: 回家

⁴¹¹ get up at the crack of dawn: 天一亮就起床

⁴¹² at a decent time: 在合适的时候

⁴¹³ I'm definitely more of a night owl than a morning person: 我绝对是个夜猫子，而不是一个早起的人

⁴¹⁴ switch things up: 转换一下，变化一下要做的事

⁴¹⁵ have variety in your life: 生活多样化

4. Is your daily routine going to change in the future?

Yes: Yes, my daily routine will definitely change in the future. Right now I'm in school, but when I get a full-time job I'll have to get used to waking up early every day. I can sleep in⁴¹⁶ when I don't have class, but I won't be able to do that anymore.

No: No, I can't see my daily routine changing in the future. I have a full-time job that I really enjoy and plan on staying in⁴¹⁷. So I'm basically set⁴¹⁸. I go to work during the weekdays, then I enjoy my time off on the weekends. I'm very happy with my routine right now.

5. What do you usually do in the mornings? /What's your morning routine?

Well, mornings really aren't my cup of tea⁴¹⁹, so usually I stay in bed for a while and scroll through social media⁴²⁰ until I feel more awake. After that, I take a shower, get dressed, eat breakfast, brush my teeth, and make sure I look put together⁴²¹ before I start the day.

6. What part of your day do you like best?

I think my favorite part of the day is when I'm done work. I can make a nice dinner for myself, or maybe even go out with friends. It's just nice to know that I'm off the clock⁴²² and I don't have to report to anyone. I can enjoy my free time before the next work day begins⁴²³.

7. Have you ever changed your routine?

Yes, I've had to change my routine a lot of times. When I was a student, I changed my routine based on my classes and how much homework I had. Then, the first time I got a job, I had to rearrange my personal life⁴²⁴. I had to get used to waking up early for morning shifts⁴²⁵.

8. Do you think it is important to have a daily routine for your study?

Yes, I think it's really helpful to make a daily routine for studies. It helps you stay focused and get things done. If you just wing it every day⁴²⁶, you might get distracted and unmotivated. Having a daily routine makes your studies easier to get through. It keeps you on track⁴²⁷.

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⁴¹⁶ sleep in: 睡懒觉

⁴¹⁷ plan on staying in: 打算一直留在那里

⁴¹⁸ I'm basically set: 基本上日常生活方式固定不会, 不会发生变化

⁴¹⁹ aren't my cup of tea: 不是我喜欢的

⁴²⁰ scroll through social media: (直白翻译就是醒了在床上翻手机看) 浏览社交媒体

⁴²¹ look put together: 看起来打扮的整齐漂亮

⁴²² I'm off the clock: 我下班了; off the clock 有打卡下班的意思

⁴²³ enjoy my free time before the next work day begins:

在第二个工作日开始之前好好享受我的自由时间

⁴²⁴ rearrange my personal life: 重新安排我的个人生活

⁴²⁵ get used to waking up early for morning shifts: 要让自己习惯早起去上早班

⁴²⁶ wing it every day: 每天随意的过日子; wing it 有毫无准备或练习, 即兴而为的意思

⁴²⁷ keeps you on track: 让你保持在(生活的)正轨上

Topic 33 Sports programs(疑似考题)

1. Do you like watching sports programs on TV?

I'm not a big sports fan⁴²⁸. But sometimes I enjoy watching basketball. It's such an interesting, fast-paced sport⁴²⁹. I always prefer watching games on my big flat-screen TV⁴³⁰ over laptops or cellphones. The picture is way better, which means you can see a lot more details. And it's just so cozy to sit on my comfy couch and watch a good game.

2. Do you watch live sports games?

I don't usually watch live sports games. Tickets to those kinds of events can be very expensive. Sometimes I watch a live game if it's streaming online⁴³¹ or if it's on TV. I always have a blast⁴³² watching a game with a bunch of friends in front of a screen. But I'm sure it would be really cool to go to a game⁴³³ sometime.

3. Do you like to watch live sports games alone or with others?

I definitely like watching live sports games with others. I don't know a ton about sports, so I don't really enjoy watching them when I'm by myself. But when I'm with people who love the game and get really invested⁴³⁴, it makes it more entertaining. It's really fun to cheer along with your friends⁴³⁵.

4. Who do you like to watch sports games with?

I really like watching sports games with my brother. He's a huge fan of⁴³⁶ sports, so he knows all the rules and he can explain what's going on. He gets very passionate when he thinks the referee has made the wrong call⁴³⁷. It's fun to watch him get excited about the game.

5. What kinds of games do you expect to watch in the future?

I've started getting more interested in⁴³⁸ football. So I think I'll watch some games on TV. It's fun to pick a team to support⁴³⁹ and watch their games. Plus, the football team in my hometown has always been one of the best in China. So I will definitely try to watch more of their games.

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⁴²⁸ I'm not a big sports fan: 我不是一个铁杆体育迷

⁴²⁹ fast-paced sport: 快节奏的运动

⁴³⁰ big flat-screen TV: 大平板电视

⁴³¹ streaming online: 在线直播

⁴³² have a blast: 过的(玩的)很开心

⁴³³ go to a game: 去现场看比赛

⁴³⁴ get really invested: 非常投入

⁴³⁵ cheer along with your friends: 和朋友一起欢呼

⁴³⁶ a huge fan of: ...的大粉丝; 指非常喜欢...的人

⁴³⁷ the referee has made the wrong call: 裁判做出错判; 裁判吹错哨

⁴³⁸ I've started getting more interested in: 我对...越来越感兴趣了

⁴³⁹ pick a team to support: 选择一个支持的球队