

# 2022 年 9-12 月雅思口语 Part2 保留题参考资料

## (第四套故事<共五套>)



感谢小伙伴使用雅思过过过淘宝店铺口语素材！

在您使用过程中，有以下几点注意事项，请您在复习中留意：

1. 提供素材的目的，旨在帮助大家高效积累可用的地道口语表达，以及帮助各位同学扩展回答思路。我们在编写素材时，原则是接地气、符合大众生活情境。但是，任何素材无法全部完美适合所有人，因此建议练习中结合自身实际情况做素材调整，达到更高效复习的状态。调整内容时，如有疑问欢迎联系 Penny 解答。
2. 2022 年 9-12 月 Part2 保留题共 25 个。请您注意通过列表查询自己需要的话题和相关素材。复习时建议同一条主线的题目放在一起复习，提高复习效率；
3. 每一版本的故事角度不同，请大家根据个人喜好选择参考；第四套为非串题版，可通过第二页表格查询每个考题的故事简介。
4. 文中黄色高亮的内容，是高分地道表达；加粗内容则是建议重读的地方；
5. 所有口语题目均为多次核实确定的考题，接下来我们仍将继续跟进核实，如有需补充题目或有需要更新的资料，会及时补充添加至“补充更新文件夹”。您在复习中有对题目的疑问，也欢迎随时联系 Penny 解答；
6. Part2 题目四小问有参考考生回忆和雅思哥来写。但请注意，Part2 题卡四小问是在考场上引导考生现场组织答案用的，不是必须回答的。你如果在准备 Part2 过程中，有自己想说的内容，不必在意是否和四小问内容完全一致，只要和主 Topic 相关即可；
7. 复习时，请您根据自己喜好来灵活运用故事及加分表达，切勿逐字逐句死记硬背；
8. 口语练习方法很重要，复习过程中对练习方法、素材语法词汇等有疑问，欢迎随时联系 Penny。
9. 您现在打开的口语素材全部为雅思过过过淘宝店铺原创，已作国家知识产权登记保护，禁止盗版转卖，如有侵权将走法律程序。

## 2022 年 9-12 月雅思口语 Part2 保留题故事列表（第 4 套故事）

类别	题目 Topic	故事简介
事件类	1. 忙碌的经历	给姐姐当伴娘的经历
	2. 庆祝过的活动	和家人庆祝自己获得奖学金
	3. 让你惊喜的事情	朋友为我准备惊喜生日派对
	4. 困难但有好结果的决定	留在家乡工作还是去大城市工作
	5. 别人向你寻求意见	朋友工作中遇到困难不知如何处理
	6. 积极改变	让自己逐渐变得更自律
	7. 想参加的比赛	马拉松比赛
	8. 外出花费甚少的一天	去郊区小镇旅游和野餐几乎没有花钱
	9. 丢失东西	在去旅游的火车上丢了墨镜
	10. 堵车的经历	大堵车困在路上吃吃喝喝和他人聊天
	11. 用手机做重要的事	用手机给学校新年晚会拍视频
	12. 帮助小孩	教小侄子系鞋带
	13. 工作/学习中收到的正面评价	学校领导公开表扬我的课堂管理能力
事物类	14. 保持健康的方法	学习搏击
	15. 帮助提高专注力的东西	听纯乐器演奏的音乐
	16. 让生活变得更好的发明	飞机
	17. 传统产品	筷子
	18. 节约时间的方法	同时做多个家务活节约时间
地点类	19. 推荐他人居住的地方	青岛
	20. 安静的地方	乡下爷爷奶奶住的地方
	21. 重要河流/湖泊	太湖
人物类	22. 想共事的家人	希望和表姐一起做国际商务谈判工作
	23. 有趣的邻居	兴趣广泛的夜店歌手
	24. 享受的聊天对象/喜欢一起聊天的朋友	认识多年有很多共同爱好的朋友
	25. （国家/家乡）有名的人	毛不易



**Describe a time when you were very busy.**

You should say:

When it was;

What you had to do during that time;

How you managed it;

And explain how you felt about being so busy.

**1. 忙碌的经历**

I'm going to talk about the day when my sister got **married**. It was **May 1st**. I was my sister's **maid of honor**<sup>1</sup>. And I was asked to get up before **6 am** because there were **tons of** things that we needed to **prepare** for the wedding, and my **whole** family **had a tight schedule**<sup>2</sup> on that day. So it was a **super** busy day.

As a **bridesmaid**<sup>3</sup>, I had to do **whatever** my sister asked me to do, like helping her to get **ready** and welcoming the **guests**. What's more, the **wedding planner**<sup>4</sup> said that we had to arrive at the wedding hall at **exactly 12 pm**.

So it means that I had to finish lots of little things **on time**. I was so **afraid** that I might **screw it up**<sup>5</sup>. So, a **week** before the wedding, I started to **plan** everything for the wedding ceremony with my sister. We **wrote out the schedule in details**, like **getting up** at 6am, taking the bride's **photo** at 8am and so on.

Actually, I still **felt rushed**<sup>6</sup> when it came to the wedding day. **There was little time to rest** between all the tasks that needed to be completed. But the **good** news is that **everything went smoothly**<sup>7</sup> that day. Honestly, I **hate** being busy because it makes me so **exhausted**. But I **didn't** feel tired that day because it was the most **important** day of my sister's life. As her little **sister**, I wanted to help her do **anything**!

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<sup>1</sup> maid of honor: 伴娘

<sup>2</sup> had a tight schedule: 日程安排的很紧张，很忙

<sup>3</sup> bridesmaid: 伴娘

<sup>4</sup> wedding planner: 婚礼策划师

<sup>5</sup> screw it up: 把它搞砸

<sup>6</sup> felt rushed: 感觉到很匆忙，感到做事情是急急忙忙地

<sup>7</sup> everything went smoothly: 一切进行的都很顺利



**Describe an important event you celebrated.**

You should say:

What the event was;

When it happened;

Who attended the event;

And explain how you feel about the event.

**2. 庆祝过的活动**

I'm going to talk about the time I celebrated winning a **scholarship**<sup>8</sup>. It was **one of the best days of my life, to be honest**. If I remember right, this happened **two** years ago. I was in my **second** year of university and I had just gotten news that I won a **fancy** scholarship. **It turns out that** I was among a **handful of students**<sup>9</sup> who achieved very **high** marks the year before. The scholarship was worth a **hefty amount of money**<sup>10</sup>, so I was **over the moon**<sup>11</sup> when I won it. Plus, it looks **great** on a resume.

My parents were also **thrilled** when they heard about my **big win**. They decided to take me out for a **nice** dinner. They even said I could **invite** a **friend** to come along with us. So I asked my best friend **Emma**, who said yes right away. She **cleared her schedule**<sup>12</sup> just so she could **make it**. I was really **touched** that they all **made such an effort to** celebrate with me.

**The dinner itself was to die for**<sup>13</sup>. It's such a **treat** to **enjoy a high-quality meal** with your **loved** ones. My parents also ordered a fancy **dessert**. I don't remember what it was **called**, but it was basically a really **elaborate cake**. It tasted **amazing**.

I felt really **grateful** that night, not just for the **scholarship** but for my **family** and my best **friend**. I appreciated their **support** so much. It made winning the scholarship **all the more exciting**<sup>14</sup>.

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<sup>8</sup> scholarship : 奖学金

<sup>9</sup> a handful of students: 极少数的学生

<sup>10</sup> a hefty amount of money : 一大笔钱

<sup>11</sup> over the moon: 非常开心

<sup>12</sup> cleared her schedule : 取消了她的日程安排

<sup>13</sup> The dinner itself was to die for: 那顿晚餐超级好吃

<sup>14</sup> all the more...: 更加的...



**Describe a surprise that made you happy.**

You should say:

What it is;

How you found out about it;

What you did;

And explain whether it made you happy.

**3. 让你惊喜的事情**

Well, speaking of things I've experienced that have **surprised** me and made me **happy**, the **first** one that **comes to mind** is the time my friends **threw me a surprise party** for my **birthday** a few years ago. In order to keep it a **surprise**, they had to **lie** to me about it. At the time I was really **confused**, but it all **worked out in the end**<sup>15</sup>.

Basically, my friends had been **planning** this party for a few **weeks** before my birthday. On the day of my birthday, I asked my best friend **Sarah** if she could come over, but she said she was busy with **homework**. I tried not to get **too upset** about it. After all, people **lead busy lives**<sup>16</sup>.

Anyway, Sarah's **mom** is **friends with my mom**, which is **how** I heard that Sarah was planning to **have people over**<sup>17</sup>. That really **came as a blow to me**<sup>18</sup>. I was really **hurt**, to be honest. I didn't understand why she would **blow me off**<sup>19</sup> and **lie** about what she was doing. It was my **birthday**, after all.

But **it turns out that** Sarah was actually getting the **surprise party** ready at her home. While I was upset with her, one of my friends **invited** me over, and I found that **all** my friends were at Sarah's house. That's **how** the party began, and I was **over the moon** when I figured out the **whole** truth. I'm really **thankful** to have such amazing friends. They really **made my day**<sup>20</sup>.

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<sup>15</sup> worked out in the end : 最后都搞明白了

<sup>16</sup> lead busy lives : (每个人) 生活都很忙碌

<sup>17</sup> have people over : 邀请人到 (她家)

<sup>18</sup> came as a blow to me : 对我来说是个打击

<sup>19</sup> blow me off : 回绝我

<sup>20</sup> made my day : 让我很开心



**Describe a difficult decision that you once made but had a good result.**

You should say:

What the decision was;

When you made your decision;

How long it took to make the decision;

And explain why it was difficult to make.

**4. 困难但有好结果的决定**

One **difficult** decision I made that had a **good** result is when I decided to move to **Shanghai** to teach for **two** years. This decision was difficult because I **had the option to**<sup>21</sup> stay in my **hometown** and get a job near my friends and family, or go to Shanghai where I had **never** been before. I made this decision **shortly after**<sup>22</sup> graduating from my education degree about **5** years ago. I had been offered a job at a school just in the **downtown** of Shanghai, and I decided to **take** it.

It took me a couple of **weeks** to really **consider all my options** and make this decision. **The biggest con**<sup>23</sup> for me was being so **far** away from my family for **an extended period of time**<sup>24</sup>. I was also very **worried** about how I would meet **new** people and make friends. **In terms of the pros**<sup>25</sup>, I knew that teaching in a **bigger** city with more **educational** resources would be an **amazing** opportunity and would **improve** my teaching skills overall.

Anyway, this decision was difficult to make because it **wasn't** a small decision like what to order or **dinner** or what to do on my next **holiday**; I was deciding where I would **live** for the next **2-3 years** of my life, **a decision that carried a lot of weight**<sup>26</sup>. In the end, the years I spent in **Shanghai** were some of the **best** of my life. My teaching skills were **greatly enhanced** there, and it became **a great resume component for my subsequent job search**<sup>27</sup> back home. So I'm very **glad** that I went.

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<sup>21</sup> had the option to: 我可以在(A 和 B 中间)做选择

<sup>22</sup> shortly after: 在...不久之后

<sup>23</sup> The biggest con: 最大的弊端

<sup>24</sup> an extended period of time: 在很长一段时间里

<sup>25</sup> In terms of the pros: 至于优点...

<sup>26</sup> a decision that carried a lot of weight: 是一个很有分量的决定

<sup>27</sup> a great resume component for my subsequent job search: (这段经历成为了) 我之后找工作写简历时候一个重要的(出彩的)部分





**Describe a time when you were asked to give your opinion.**

You should say:

When it was;

Why you were asked to give your opinion;

What opinion you gave

And explain how you felt about giving your opinion.

**5. 别人向你寻求意见**

Honestly, I've given my opinions to others **a ton of times** in my life. But one time I can think of right now is the time I gave my friend **Tom** a piece of advice.

It was about **a year** ago. When we were **hanging out** at a mall, he mentioned that he was really **frustrated** about work. I was **surprised** because he often says he **loves** his job of being a **programmer** at a big company. But he said he had a very **difficult** problem. He **was promoted to be**<sup>28</sup> a **team leader** of a project, which **was supposed to be** good. But he had to make the team **work overtime** very often for the project. So lots of the members were **pretty passive aggressive**<sup>29</sup> to him, which caused the project to be **behind schedule**<sup>30</sup>.

I genuinely felt really **sorry** for him because I've experienced a **similar** situation before. So I told him that all of the **conflicts** actually **derived from**<sup>31</sup> the **tight** schedule. I suggested that he should **stand up for**<sup>32</sup> **himself** and his **team members** and talk with his boss about having a **less** stressful deadline. Otherwise, the **whole** team would **burn out**<sup>33</sup>. I even helped him **plan out** how he should **present** the problem to his boss.

The **next** week when we met again, he told me **happily** that my advice **worked** and his boss agreed to **postpone the deadline**<sup>34</sup>. So the team chemistry improved **a lot** as well. I was **over the moon** that I **could** help him out.

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<sup>28</sup> was promoted to be: 被提升为...

<sup>29</sup> passive aggressive: 消极攻击性的, 消极对抗性的

<sup>30</sup> behind schedule: 落后于预定计划

<sup>31</sup> derived from: 来源于

<sup>32</sup> stand up for: 站出来坚持、支持

<sup>33</sup> burn out: (精力) 耗尽

<sup>34</sup> postpone the deadline: 推迟截止日期



### Describe a positive change in your life

You should say:

What the change was about;

When it happened;

Who helped you;

And explain how it affected you later in life.

### 6. 积极改变

Well, I have to say that I used to **lack self-control**<sup>35</sup>, which was an obvious **weakness** of mine before. So the **positive** change I would like to talk about is that I started being **more self-disciplined**<sup>36</sup>.

In the past, I **couldn't** control my **emotions** and **behavior** **in the face of**<sup>37</sup> temptations and impulses. For example, I love **online shopping**, but I **was always easily addicted to it**, which actually led me to waste a **great** deal of money. What's **worse**, I was bad at **time management**. As a result, I spent too much time on **entertainment** rather than **studying**. So the exam results were often **not** very satisfactory. **It really became a headache for me**<sup>38</sup>.

Because of this, my parents used to **remind** me to **improve my willpower**<sup>39</sup>, and I gradually noticed that I had to **change things up**<sup>40</sup>. So I decided to do something **different** and **positive**. I began to work hard on **changing** myself **bit by bit**<sup>41</sup>. For example, I started to make a specific **daily schedule** every morning, and I also checked whether I'd **finished** all scheduled tasks every night.

I think it's a really **positive** change because I'm **way more productive** now. I have the ability to **focus** my mind and energy on my **goals** and **persevere until they are accomplished**<sup>42</sup>. And I became more **confident** as well. I believe I can do things **well**. You know, self-control is one of the most **important** factors for **achieving** my goals, whether they're **big** or **small**.

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<sup>35</sup> lack self-control: 缺乏自制力

<sup>36</sup> self-disciplined: 自律的, 严格要求的

<sup>37</sup> in the face of: 面对...

<sup>38</sup> It really became a headache for me: 这真的让我很头疼

<sup>39</sup> improve my willpower: 提高意志力

<sup>40</sup> change things up: 做出一些改变

<sup>41</sup> bit by bit: 一点一点, 逐渐地

<sup>42</sup> persevere until they are accomplished: 保持 (这个状态) 直到做完该做的事情





### Describe a contest/competition you would like to participate in

You should say:

What the contest/competition is about;

Where the contest/competition will take place;

When it will be held;

And explain why you would like to participate in it.

### 7. 想参加的比赛

Well, I'm not a **super** competitive person, but **when it comes to** a **competition** I'd like to take part in, I'd have to say the **marathon** at my university **is my top choice**.

It takes place every **September**, when the weather's still **nice** outside, and even though it's open to **amateur**<sup>43</sup> runners, the competition is pretty **fierce**. My university is also by a local **gym**, so the invitation is open to **anyone** who works out there. That means you get **a wide variety of** people participating. For example, some are just **normal, everyday people**<sup>44</sup>, but others are basically **professional** athletes. Plus, there are **tons** of people at my university who **love** running, so they can be pretty **ruthless**<sup>45</sup> when it comes to getting **first** place.

Anyway, I've **never** participated in a marathon before, but I know that to **prepare** for one, you have to practice **running** every day. You run a little farther **every time** so that you can **build up your endurance**<sup>46</sup>. It's also a good idea to **do some strength training**<sup>47</sup>.

As for **why** I'd like to take part in it...it's mainly because I'd love to experience what it's like to stick with a **group** of people on a **long** run. **It should be a thrill**<sup>48</sup>. Besides, in order to participate in this **competition**, I have to keep **exercising** every day. Whether I will eventually **win** or not, it will definitely help me to **develop a good fitness routine**<sup>49</sup>.

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<sup>43</sup> amateur: 业余的

<sup>44</sup> everyday people: 小市民

<sup>45</sup> ruthless : (说到夺冠)冷酷无情, 毫不退让

<sup>46</sup> build up your endurance : 锻炼 (提高) 忍耐力

<sup>47</sup> do some strength training : 做力量训练

<sup>48</sup> It should be a thrill: 应该会很刺激

<sup>49</sup> develop a good fitness routine: 养成良好的健身习惯



**Describe a special day that you went out but didn't spend much money**

You should say:

What day it was;

Where you went;

What you did;

And explain how you felt about it.

**8. 外出花费甚少的一天**

One day I went out but **didn't** spend much money was when two of my **friends** and I went to a **small town** about **forty minutes outside the city**<sup>50</sup> for the day. We **drove** so we didn't need to **pay** for a train or a bus, and we went on the **weekend** so **parking was half-price**<sup>51</sup>. We spent **most** of the day walking around the very **picturesque**<sup>52</sup> little town, and we had **packed a picnic lunch**<sup>53</sup> to have in the park. We did pay for **coffees** when we arrived, but **beyond that**<sup>54</sup> we **didn't** need to spend any money at all.

Anyway, this town is called **Dongyi**. Although it was very **close** to where we lived, we had **never** visited before. We decided to make a **day** trip of it since we all had **no** plans on the weekend, and it was a **great** trip. We **started out by getting coffees** and going for a **walk** along the lakefront. It was the beginning of **summer**, so the weather was **perfect** for a walk. Then we **headed to**<sup>55</sup> the park for our **picnic lunch**. The park had a **big gazebo**<sup>56</sup> as well as a piano, which was **really** cool. Finally, we headed to the **main street** and **did some window shopping**<sup>57</sup> and **people-watching**<sup>58</sup> and just relaxed.

I felt very **happy** that we decided to take this day trip. I was also **impressed** that we did so without spending **too much** money. All in all, I had a **great** time and **I'd go back in a heartbeat**<sup>59</sup>.

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<sup>50</sup> forty minutes outside the city : 出城到那里需要花 40 分钟

<sup>51</sup> parking was half-price : 停车费半价

<sup>52</sup> picturesque : 风景如画的, 独特的

<sup>53</sup> packed a picnic lunch : 提前打包好了野餐 (带过去吃)

<sup>54</sup> beyond that : 除此之外

<sup>55</sup> headed to : 前往

<sup>56</sup> gazebo : 眺望台

<sup>57</sup> did some window shopping : 随便逛逛 (只看不买)

<sup>58</sup> people-watching : 闲看, 看来来往往的人们

<sup>59</sup> I'd go back in a heartbeat : 我会想要很快再去那里玩



**Describe an occasion that you lost something in a public place.**

You should say:

What you lost;

When and where you lost it;

What you did to find it;

And explain how you felt about it.

**9. 丢失东西**

Speaking of a time that I **lost** something in a **public** place, the first one I can think of is when I lost my favorite pair of **sunglasses** while I was traveling through **Xinjiang**. I was on **summer** vacation and had **booked a trip through the south of Xinjiang by train**<sup>60</sup> with my sister. We were **in the last stretch of our journey**<sup>61</sup>, which was a **train** ride from Ürümqi to Kashgar where we would stay for **four** days. When we **boarded the train**<sup>62</sup>, I had my **sunglasses** on. During the train ride, I **took them off to take a nap**<sup>63</sup>, and **at some point**<sup>64</sup> they must have **fallen** to the floor because I **couldn't** find them as we were leaving.

These sunglasses were not only my **favorite** pair, but they also **cost me an arm and a leg**<sup>65</sup>. I was **really** upset when we had to leave the train **without** them. I ended up calling the **train station** after we arrived at our hotel, and they said that they would **report** any found sunglasses to me. Unfortunately, **I never got a call**, so someone else on the train must have **taken** my sunglasses.

I felt very **disappointed** when I lost my sunglasses. I had to buy **new** ones **for the remainder of my trip**<sup>66</sup>. I also **felt disappointed in myself**, because I'd **never** lost something that **expensive** or **important** before. **From that point on**, I have been a lot **more** careful about where I leave things when I travel.

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<sup>60</sup> booked a trip through the south of Xinjiang by train : 预定了一趟穿越新疆南部的旅程

<sup>61</sup> in the last stretch of our journey : 在旅途的最后一段

<sup>62</sup> boarded the train : 登上火车

<sup>63</sup> took them off to take a nap : 把眼镜摘下来打个盹

<sup>64</sup> at some point : 在某个时候

<sup>65</sup> cost me an arm and a leg : 花了我很多钱

<sup>66</sup> for the remainder of my trip : 在接下来的旅程



**Describe a time when you had to wait in a traffic jam.**

You should say:

When and where it happened;

How long you were stuck due to bad traffic;

What you did while waiting;

And explain how you felt when you were stuck in that traffic jam.

**10. 堵车的经历**

One time I had to wait in a **traffic jam** is when I was returning **home** from a **festival** I had attended in the **downtown** area of my city. My friends and I were there for the **whole weekend** and traveled back **Sunday afternoon**. There was an **accident** on the highway where a large truck had **jackknifed across four lanes**<sup>67</sup>. Traffic was at a complete **standstill**<sup>68</sup> for miles while medical and emergency teams worked to **help** those involved in the accident and **clear the vehicle**<sup>69</sup>.

We were stuck for about **three** and a **half** hours, so **what should have been a two-hour drive home became a five-hour drive**. Luckily, this was in the **summer**, so the weather was very **nice** and we were able to **turn the car off to save gas and sit outside**. Since everyone was **stuck**, we ended up **chatting** with the people in the cars stopped around us. We played some **music**, shared **drinks** and **snacks** and tried to **make the best of a bad situation**<sup>70</sup>.

After around **two** hours, people started to get **tired** and **antsy**<sup>71</sup>. I felt quite **frustrated** but I also realized that **there was nothing to be done**<sup>72</sup>; we just had to **wait** for the traffic jam to clear. My friends and I tried to play **games** and talk to **pass** the time, but **we were all exhausted by the time we were finally able to continue our drive**. The **rest** of the trip home was **uneventful**<sup>73</sup>, and we needed a **lot** of coffee to stay awake, but we **made it** home.

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<sup>67</sup> jackknifed across four lanes : 横冲直撞穿过四条车道

<sup>68</sup> standstill : 停顿 ; 停止

<sup>69</sup> clear the vehicle : 清理车道

<sup>70</sup> make the best of a bad situation : 在最坏的情况下要做到最好 ; 意指接受一个糟糕的情况，并以最好的方式处理它

<sup>71</sup> antsy : 坐立不安

<sup>72</sup> there was nothing to be done : 没有什么可做的

<sup>73</sup> uneventful : 平安无事



**Describe a time you used your cellphone to do something important.**

You should say:

What happened;

When it happened;

How important the cellphone was;

And explain how you felt about the experience.

**11. 用手机做重要的事**

One time I used my cellphone to do something **important** is when I was **filming videos of the New Year show**<sup>74</sup> at school last year. The **gym** teacher Andrew usually does all the **filming** and **takes all the yearbook photos**<sup>75</sup>, but at the **last** minute he **had a family emergency**<sup>76</sup> and **couldn't** come to the show. Luckily I had my **phone** and offered to **help out**. It was a **new** phone with a very **high-quality** camera, so **it worked out very well**<sup>77</sup>. The end-of-year show involves performances from **every** grade level as well as **speeches** from the teachers. For **each** performance, I took 3-5 **pictures** and one **video**. Once we were **back** at school, I sent the files to **Andrew** and he **edited them into a short video of highlights**<sup>78</sup>.

The phone was **important** because it was necessary to **document the show**<sup>79</sup>. **Without** it, **I don't know what we would have done**, since some teachers **didn't** bring their phones to the event and others had **older phones with poor quality cameras**<sup>80</sup>. Recording the end-of-year show is **very** important, because there are some **parents** and **family members** who **can't** attend **due to work or other commitments**<sup>81</sup>. The recording is a **way** to make people feel like they were **there** even if they couldn't be. I'm very **glad** that I had my cellphone on **me** and was **able to help out in this way**. The families and students were also very **pleased** when they **received** the videos.

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<sup>74</sup> filming videos of the New Year show : 拍摄新年晚会的视频

<sup>75</sup> takes all the yearbook photos : 拍摄所有 (人) 的年鉴照片

<sup>76</sup> had a family emergency : 家里有急事

<sup>77</sup> it worked out very well : 效果非常好

<sup>78</sup> edited them into a short video of highlights: 剪成一段简短的精彩集锦视频

<sup>79</sup> document the show: 记录这个演出

<sup>80</sup> older phones with poor quality cameras: 相机效果很不好的旧手机

<sup>81</sup> due to work or other commitments: 因为工作或其他事情



### Describe a time when you helped a child

You should say:

When it was;

How you helped him/her;

Why you helped him/her;

And how you felt about it.

### 12. 帮助小孩

One time I helped a child is when I was looking after my **4-year-old nephew**, Freddie. At the time, I was about to **take him out to play**. Then he said he **needed help tying his shoes**<sup>82</sup>. Actually, his parents had been trying to **teach** him to **tie his shoes** at home, but he **couldn't** remember exactly **how** to do it. I helped him by teaching him a **method** that my mom taught me when I was a child, which basically just involves **making bunny ears with the laces**<sup>83</sup> and then **having one lace go down the rabbit hole**<sup>84</sup>. This is a **great** way to teach kids because it's **easy** for them to **remember**. **It took a few tries**<sup>85</sup>, but after about **two weeks** Freddie was an **expert** and he could tie his shoes **without** help.

I **helped** Freddie because he needed someone to explain tying his shoes to him **in a way that is easy to understand** and **easy to remember**. I knew that if I **didn't** help him, he would **lose confidence in himself**, but by helping him I allowed him to feel **successful** and **confident** in his skills. Actually, I believe that **teaching** someone how to do something is always better than just **doing it for** them. I felt **happy** that I was able to **help** Freddie with this task. I also felt very **proud** of him when he **showed me just a short time later**<sup>86</sup> that he was **able** to do it **all** by himself.

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<sup>82</sup> needed help tying his shoes: 需要别人帮忙给他系鞋带

<sup>83</sup> making bunny ears with the laces: 用鞋带做（两个）兔子耳朵

<sup>84</sup> having one lace go down the rabbit hole: 让一条鞋带跳进兔子洞

<sup>85</sup> It took a few tries: 试过几次

<sup>86</sup> just a short time later: 没过几天，没过多久





**Describe a time someone gave you positive comments about your work**

You should say:

What you did(work/study);

When it was;

Who gave you the positive feedback;

And explain how you felt about it.

**13. 工作或学习中收到的正面评价**

One person who gave me a **positive** comment about my work was **Zoey**, my first **teaching mentor**<sup>87</sup>. Zoey was my **supervisor**<sup>88</sup> when I taught at the **first** school I worked at in Shanghai. She was **head of the languages department**<sup>89</sup> and I **worked under her**<sup>90</sup> when I taught French. Actually she was everyone's **favorite** teacher at that school. She could always **see the good in others**<sup>91</sup>, whether they were a **student** or a **co-worker**.

At that time, I was **assigned** to be the teacher of a class. Since I was an **inexperienced rookie**<sup>92</sup> there, I often **felt in over my head**<sup>93</sup> when I **didn't** know how to handle a situation. I thought I **dropped the ball**<sup>94</sup> a few times. But to my **surprise**, Zoey publicly **praised** me at a meeting. She **gave me a lot of credit on**<sup>95</sup> how **organized** the students of my class were and said she thought **highly** of my management skills. She also asked me to **share** my experience with other teachers and told me to **keep up** my good work.

You know, as a **new** employee, her **encouragement** and **good** reviews were **a game changer**<sup>96</sup> for me. I'm very **grateful** for her recognition and it made me become more **confident**. Now, whenever I have a **new class**, I always **hear Zoey's voice in my head**<sup>97</sup> telling me to be **myself** at work. Those words helped me be **less** stressed at work, and I **love** my job even more. (Copyrights to 雅思过过过淘宝店铺)

<sup>87</sup> teaching mentor: 教学指导老师

<sup>88</sup> supervisor: (教学) 主管

<sup>89</sup> head of the languages department: 语言系主任

<sup>90</sup> worked under her: 在她手下工作

<sup>91</sup> see the good in others: 看到别人的优点

<sup>92</sup> rookie: 新手

<sup>93</sup> felt in over my head: 迷茫的，感到一头雾水

<sup>94</sup> dropped the ball: 犯错

<sup>95</sup> gave me a lot of credit on: 对我(某行为)表示赞赏和肯定

<sup>96</sup> a game changer: (她的话)影响和改变了我

<sup>97</sup> hear Zoey's voice in my head: 她所教会我的一直萦绕在我耳边



### Describe something you do to keep fit and healthy

You should say:

- what it is
- how often you do it
- how you do it (or, how easy or difficult it is to do)
- and explain how it helps to keep you fit.

#### 14. 保持健康的方法

One thing I do to keep fit and healthy is **kickboxing**<sup>98</sup>. I started taking kickboxing classes **three** years ago. I used to go **as often as 2-3 times a week**, but now I am so **busy** at work that I only go **once** every two weeks. I **first** started taking kickboxing classes because I wanted something **fun** to do to keep fit that was also **a form of self-defense**. Kickboxing seemed like **the perfect fit**<sup>99</sup>.

Kickboxing can be **difficult**, but I signed up for a **beginner** class where everyone **works at their own level**<sup>100</sup>. Every exercise they teach you **has modifications available**<sup>101</sup>, so that if something is too **advanced** or too **easy** for you, there is **another** option readily available. The classes did get more **challenging** **as time went on**, but I **appreciated** this because it helped me get **stronger** and more **skilled**.

Kickboxing helps keep you fit because **it incorporates aspects of both cardio and weight training**<sup>102</sup>. The classes **get your heart rate up**<sup>103</sup>, but they also teach you how to work your **muscles**. When I was doing it **multiple** times a week, **I was probably the most fit I have ever been in my life**<sup>104</sup>. Now that I do it **less often**, **I don't feel the effects as much**<sup>105</sup>, but I really **enjoy** it nonetheless. I also really like the **structure** of the class; I don't know a lot about **personal fitness**, so having an **instructor** tell me exactly what to do and how is **super** helpful.

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<sup>98</sup> kickboxing : 搏击

<sup>99</sup> the perfect fit : 最适合的, 最佳选择

<sup>100</sup> works at their own level : 每个人根据个人实际水平进行不同等级的学习和锻炼

<sup>101</sup> has modifications available : 都有修改的余地, 有可调整的余地

<sup>102</sup> it incorporates aspects of both cardio and weight training : 将有氧运动和力量训练结合了起来

<sup>103</sup> get your heart rate up : 让你心跳加速

<sup>104</sup> I was probably the most fit I have ever been in my life : 我觉得那时候我的身体状态是最佳的

<sup>105</sup> I don't feel the effects as much : 那种 (最佳的) 身体状态我感觉得不是那么明显了



**Describe something that can help you concentrate on work/study.**

You should say:

What it is;

How does it help you;

What do you think about it;

And explain why you think it is helpful

**15. 帮助提高专注力的东西**

One thing that helps me **concentrate** on work and studying is **instrumental music**. I find that if I try to **study in complete silence**<sup>106</sup>, **my thoughts start racing**<sup>107</sup> and I get **easily** distracted. If I listen to the **radio** or **regular** music, I get **too** distracted and I end up **singing along to the words**<sup>108</sup> instead of focusing on what I am studying. So, instrumental music is the **perfect** solution because **it fills the silence**<sup>109</sup> but it is **not** distracting.

I usually choose an instrumental music **track** that **creates ambiance**<sup>110</sup>, such as **classical** music or modern music in a **classical** style. I also like to choose a track that includes either **rainfall** sounds or **ocean** sounds. I like to create a very **relaxing** atmosphere when I'm working or studying because it makes me feel **less** stressed. If I **have a big deadline coming up**<sup>111</sup> and a **lot** of work to do, I feel better about it in a **calm** environment. Instrumental music helps me create **that** environment.

I think that music is helpful because it **activates an important part of your brain**<sup>112</sup>. **There are even studies that have been done that** indicate the **benefits** of listening to **classical** music while studying. For me, it is something that I have been doing for **years** and will **continue** to do, because as **far** as I can tell, **it works like a charm**<sup>113</sup>. It helps me concentrate **when my mind might like to wander elsewhere**<sup>114</sup>.

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<sup>106</sup> study in complete silence: 在完全安静的环境下学习

<sup>107</sup> my thoughts start racing: 我思想开始开小差

<sup>108</sup> singing along to the words: 听着歌词跟着开始一起唱

<sup>109</sup> it fills the silence: 它填补了沉默，意指不会让你觉得周围环境太过于安静

<sup>110</sup> creates ambiance: 营造氛围

<sup>111</sup> have a big deadline coming up: 有很重要的事情需要收尾

<sup>112</sup> activates an important part of your brain: 激活大脑的某个重要的部分

<sup>113</sup> it works like a charm: 效果很好，起到了很好的作用

<sup>114</sup> when my mind might like to wander elsewhere: 当我心不在焉的时候



**Describe an invention that has changed the world in a positive way.**

You should say:

What it is;

What benefits it has brought;

How it influences people of different ages;

And explain how it changed people's lives.

**16.让生活变得更好的发明**

One **invention** that changed the world in a positive way is the **airplane**. I don't think that when they were playing around with **the first ever prototype of the modern airplane<sup>115</sup>**, the **Wright brothers<sup>116</sup>** could have imagined the **impact** that their invention would have on the world. Airplanes have **made a huge impact in<sup>117</sup>** both the **military** and **public** sectors. They **have been a huge asset in<sup>118</sup>** both **world wars**, and they can also **provide disaster relief and evacuations<sup>119</sup>**.

In our **daily** life, everyone knows someone who flies **frequently** or works for an **airline**. Traveling by **plane** has **become the norm<sup>120</sup>** these days. In the past, crossing an **ocean** would take **months** by ship, and often the journey **was wrought with shipwrecks<sup>121</sup>**, storms, and disease. Now, crossing an ocean takes just one **short** plane ride. So, since the **invention** of the airplane, life has become **very** convenient.

Anyway, people of **all ages** can benefit from planes, because they are a way to **bring people together**. Families who live **far apart** can visit each other **whenever** they want. People can also **take vacations to far off locations**. Although there are some **drawbacks** to air travel, such as the **environmental** impact and the spread of **disease**, overall I think **there are more benefits than drawbacks<sup>122</sup>**. Many people now rely on **air travel** for business, study, or travel, and cannot imagine their lives **without** it. It is definitely one of the most **important** inventions in the **history** of humankind.

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<sup>115</sup> the first ever prototype of the modern airplane: 第一架现代飞机的原型机

<sup>116</sup> Wright brothers: 莱特兄弟

<sup>117</sup> made a huge impact in: 在...产生了巨大的影响

<sup>118</sup> have been a huge asset in: 在...是非常有价值的东西

<sup>119</sup> provide disaster relief and evacuations: 提供救灾和疏散撤离人员方面 (的帮助)

<sup>120</sup> become the norm: 成为常态; 变成常事

<sup>121</sup> was wrought with shipwrecks...: 伴随着沉船 (等其他灾难事故)

<sup>122</sup> there are more benefits than drawbacks: 好处多过缺点



### Describe a traditional product in your country

You should say:

What it is;

When you tried this product for the first time;

What it is made of;

And explain how you feel about it.

### 17. 传统产品

One traditional product in my country is **chopsticks**. Chopsticks are made of **wood, bamboo** or **plastic**. Traditionally, they were also made of **ivory** and precious **metals**, and could be very **valuable**. Chopsticks are **used for many different types of cuisine** in China. They are a **staple**<sup>123</sup> in many **households**, and, if used **properly**, are much more **efficient** than **the fork and knife method**<sup>124</sup> used by many **Western** countries.

**If memory serves correctly**, the **first** time I tried this product, I was only **4** years old. My mother had made a **huge** dinner to **celebrate the Lunar New Year**<sup>125</sup>, and I wanted to **be like the grown-ups**<sup>126</sup> and use chopsticks. My older **brother** had been using chopsticks for **years**, and I felt **ashamed** that I didn't know **how** to use them. My mother warned me that it might be **difficult** at first, but I was determined to try as **soon** as possible. **As it turns out**<sup>127</sup>, she was **right**; it was really **tough** to use them. To use chopsticks, you **hold** them between your **thumb** and **fingers**, and open and close them to **pick up** food. Although it is very **easy** to do once you're **used to** it, sometimes **it takes a while** to learn. For me, **I wasn't fully comfortable** using them until I was about **five**.

Now chopsticks are the **cutlery**<sup>128</sup> I use the **most**. I basically use chopsticks for **every** meal. They are very important in my **culture**, and they are now a part of my **everyday** life.

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<sup>123</sup> staple : 主要物品 ; 常用品

<sup>124</sup> the fork and knife method : 刀叉法 ; 指用刀叉吃饭的方法

<sup>125</sup> celebrate the Lunar New Year : 庆祝农历新年

<sup>126</sup> be like the grown-ups : 像大人一样

<sup>127</sup> As it turns out : 结果证明

<sup>128</sup> cutlery : 餐具



### Describe a way/change that helps you save a lot of time

You should say:

What it is;

How you implement it;

How it helps you save time;

And explain how you feel about the way (about your change)

### 18. 节约时间的方法

One **shortcut**<sup>129</sup> that I have come up with to save **time** is **doing multiple household chores at once**<sup>130</sup> in order to get **more** done. It's basically just **multitasking**<sup>131</sup>, but **for whatever reason**<sup>132</sup>, I had **never** thought to do it until **recently**. It used to take me **all day** to do my chores, or even **two days**, but now I do them more **efficiently**. One way that I save time on chores is to **have the dishwasher running**<sup>133</sup> while **cleaning** the kitchen. That way when the **dishes** are finished and ready to **put away**<sup>134</sup>, the whole kitchen is **already** clean. I will also **do the laundry** while I'm cleaning the **bathroom** or **mopping the floors** to save time. Finally, if I'm **taking out the garbage**<sup>135</sup>, I will take out the **recycling** at the same time. All of these **little** things help me save time.

I started **implementing**<sup>136</sup> this change a few **weeks** ago when I moved into a **new apartment on my own**. Before, when I lived with **roommates**, we would always **share** the chores and housework so it **didn't** feel too **overwhelming**<sup>137</sup>. Once I started living **alone**, I found that I was spending more of my **free time** than I would like on **housework**. I needed to find a more **efficient** way to do things, and I'm **glad** I did. Overall, this way of doing things has saved me **countless** hours and helped me reduce a **lot** of stress.

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<sup>129</sup> shortcut: 捷径

<sup>130</sup> doing multiple household chores at once: 同时做多件家务

<sup>131</sup> multitasking: 多任务处理；一心多用；同时处理几件事

<sup>132</sup> for whatever reason: 不管什么原因

<sup>133</sup> have the dishwasher running: 让洗碗机运作起来

<sup>134</sup> put away: (把洗好的碗筷)收起来

<sup>135</sup> taking out the garbage: 扔垃圾

<sup>136</sup> implementing: 实施；使用

<sup>137</sup> overwhelming: 繁重；(心理)疲劳





**Describe a place (not your hometown) where you would like to recommend living in.**

You should say:

Where it is;

How you know there;

What people can do there;

And explain why you would like to recommend the place.

**19. 推荐他人居住的地方**

One place I would **recommend** living in that is not my hometown is **Qingdao**. It is a big city in the **north** of China that **is renowned for**<sup>138</sup> its **beaches** and **relaxed** lifestyle. I first went to Qingdao on **holiday** about **ten** years ago, and since then **I have been back three times** because I love it **so much**. I even considered **moving** there **at one point**<sup>139</sup> as well.

Qingdao is a **great** place for people who like the **beach**, and for people who want to live a more **relaxed** lifestyle. It's just **a short train ride away from** **major** cities like Beijing and Tianjin. It is a **great** spot for **people** who are looking for a **summer** home or **cottage**. Plus, Qingdao **has all the charm of northern China**<sup>140</sup>; people are **friendly**, **the cost of living**<sup>141</sup> is pretty **affordable**, and the **food** is amazing. I ate so many types of **seafood** and drank so much **beer** when I was there.

Anyway, I would recommend that people live here because this town has a really **nice atmosphere** and even **nicer people**. Everyone I met was **so** friendly and helpful. I think it would be very **easy** for someone new to town to make **friends** right away. **Add to that the amazing ocean views and delicious food**, and **you couldn't ask for a better place to live**<sup>142</sup>. I definitely think that anyone who is **looking for a change of scenery**<sup>143</sup> should consider **Qingdao** as an ideal place to live.

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<sup>138</sup> is renowned for: 以... 而闻名

<sup>139</sup> at one point: 一度;在某一时刻

<sup>140</sup> has all the charm of northern China: 拥有中国北方所有的魅力

<sup>141</sup> the cost of living: 生活费用; 生活成本

<sup>142</sup> you couldn't ask for a better place to live: 你真的找不到其他比这个更好的地方了

<sup>143</sup> looking for a change of scenery: 想换换环境; 寻求生活环境改变



### Describe a quiet place.

You should say:

Where it is;

How you knew it;

What you do there;

And explain how you feel about the place.

### 20. 安静的地方

Finding a quiet place in a **busy** city **isn't** exactly **a piece of cake**<sup>144</sup>. But **when it comes to** a perfectly quiet place I **visited**, **off the top of my head**, the first one I can think of is the **small village** where my **grandparents** live. It's located in the **mountains** not far from the city where I live.

The **last** time I went to the village was last **July**, when I went back to see my grandparents during the **summer** holiday. **Unlike** the **city**, **not only is it** a **quiet** place, **but the weather** there is also much **cooler**.

I stayed with my grandparents for about **a month**. I was **really fond of** doing **farm chores** for them. In fact, a lot of them were actually **intriguing**<sup>145</sup> to me. For instance, they have several **cows** and **a bunch of**<sup>146</sup> **chickens** on the farm. I was **never tired of** feeding them.

What I love about the village the **most** is definitely how **quiet** and **peaceful** it is. It's an obvious **contrast** to **the hustle and bustle of the city**<sup>147</sup>. I found out that when you're **surrounded by nature**, you can hear **different** kinds of sound that you **wouldn't** hear in the city. During the days I lived in the **village**, the most frequent sound I heard everyday was the **mooing**<sup>148</sup> of the cows and the **tweets**<sup>149</sup> of the birds, which were actually very **pleasing** to me.

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<sup>144</sup> a piece of cake : 小菜一碟, 很简单的事情

<sup>145</sup> intriguing : 吸引我兴趣的

<sup>146</sup> a bunch of : 一群...

<sup>147</sup> the hustle and bustle of the city: 城市的喧嚣

<sup>148</sup> mooing : 牛叫声

<sup>149</sup> tweets : 小鸟叫声



### Describe an important river/lake in your country

You should say:

- Where it is located;
- How big/long it is;
- What it looks like;
- And explain why it is important.

## 21. 重要河流/湖泊

Well, one **important** lake in my country is **Taihu Lake**, or Lake **Tai**. It's **one of the largest freshwater lakes**<sup>150</sup> in China and **stretches across over three hundred kilometers**<sup>151</sup>. As far as I know, there are **five** major freshwater lakes in China, but **the cities around Taihu Lake have the most developed economies**. Taihu Lake is also an important **habitat** for all kinds of birds, fishes and other wild animals.

The lake itself is very **beautiful**, with many **beaches** and **hiking trails** nearby, as well as **picturesque boardwalks in the heart of the cities that border the lake**<sup>152</sup>. Many people also have **cottages** on the more **remote parts of the lake**<sup>153</sup>, where they can go **swimming, canoeing, kayaking**<sup>154</sup>, or **paddleboarding**<sup>155</sup>. The views are very **beautiful** and you can often **hear the peaceful call of a seagull** as it swims by. Actually, almost everyone in my country loves the **outdoors**, so living on a lake is **the ideal situation** for most people.

Anyway, I think that Taihu Lake is important because it brings a **lot** of people together. It is **an iconic part of the landscape**<sup>156</sup>, and there is even a **highway** that you can drive across for hours **alongside** the lake to **enjoy** the view. It's also a great place to take **children** for summer camping **trips**, or to teach them about **nature**. Honestly, our country is full of **rivers** and **lakes**, but Taihu Lake is definitely **one of the most easily recognizable**<sup>157</sup>.

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<sup>150</sup> one of the largest freshwater lakes: 最大的淡水湖之一

<sup>151</sup> stretches across over three hundred kilometers: 绵延三百多公里

<sup>152</sup> picturesque boardwalks in the heart of the cities that border the lake: 在沿湖的城市中还有（湖边）风景如画的木板路

<sup>153</sup> remote parts of the lake: 沿湖较偏远的地方

<sup>154</sup> kayaking: 划皮划艇；划船

<sup>155</sup> paddleboarding: 桨板冲浪

<sup>156</sup> an iconic part of the landscape: 是当地风景中最具有标志性的一部分

<sup>157</sup> one of the most easily recognizable: 最为人熟知的一个



**Describe a family member who you want to work with in the future.**

You should say:

Who he/she is;

What kind of person he/she is;

What kind of work you would like to do with him/her;

And explain how you felt about this family member.

**22. 想共事的家人**

One **family member** who I would like to work with in the future is my cousin, **Kate**. Kate works for the government as **a negotiator for international business relations**<sup>158</sup>. She is one of the most **intelligent** and **confident** people I know. She speaks **five** languages fluently and has worked for **multiple international companies** before she ended up working for the **government**. She **is an expert in**<sup>159</sup> both **finances** and **education**, and **her job involves many** different aspects of both sectors<sup>160</sup>.

I would like to work with her because her job sounds **amazing**. She **travels** all the time, and she gets to work with really **important** people. **Personally**, I would like to **work with her on the international business side of things**<sup>161</sup>. I think it would be very **cool** to be her **assistant** and go **around** the world with her to **deal with various business negotiations**. I don't know much about **finances**, but I know how to **negotiate** and I'm **great** at working with **customers**.

Anyway, **I've known my cousin Kate my whole life**<sup>162</sup>, but I just moved to the city where **she** lives recently. So I'm really **glad** that we got to know each other **better**. We spend a **lot** of time together now and I think that we would work **well** together. Working with family can be really **hard** and **stressful**, but Kate and I **are a lot alike**<sup>163</sup> and have very **similar** interests. So I think that we would **be a really good fit**<sup>164</sup> if we ever decided to work **together** one day.

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<sup>158</sup> a negotiator for international business relations: 国际商务关系谈判代表

<sup>159</sup> is an expert in: 在...方面是专家

<sup>160</sup> her job involves many different aspects of both sectors: 她的工作涉及这两个领域的许多不同方面

<sup>161</sup> work with her on the international business side of things: 与她一起做国际商业方面的工作

<sup>162</sup> I've known my cousin Kate my whole life: 我已经认识我表姐凯特一辈子了；我一直都认识她

<sup>163</sup> are a lot alike: 有很多相似之处

<sup>164</sup> be a really good fit: 会是非常合适的



**Describe an interesting neighbor.**

You should say:

Who he/she is;

How you knew him/her;

What you do together;

And explain why he/she is interesting.

**23. 有趣的邻居**

One interesting neighbor I have is named **Victor**. He lives in an apartment **a few floors above me**<sup>165</sup>. We first met **three** years ago when **I was out for a walk** and I saw him outside with his new **puppy**, Bingo. I **played** with Bingo for a while and Victor and I started talking. He's a **musician** who graduated from **The Central Conservatory of Music**, and he's also a **nightclub singer**. He just got his puppy Bingo a few **weeks** before moving to my neighborhood. He seemed like a really **cool** guy and we decided to be **friends**. I offered to **dog-sit**<sup>166</sup> Bingo whenever he had to go to another city for **gigs**<sup>167</sup>.

**Bingo** is really what brought Victor and I **together**<sup>168</sup>, since I love **dogs**, but after our **initial meeting**<sup>169</sup> we became friends. I **don't** see him very often because we are both **working** all the time, but when we **do** hang out, we usually take Bingo for a **walk** to the coffee shop on the corner, get a **coffee** and walk and talk. Victor has invited me to see his **performance** at the club but I **haven't** gone yet as I **don't** really like going to concerts.

I think Victor is **interesting** because he has a **lot** of different interests; **in addition to singing at a club**<sup>170</sup>, he also **juggles in badminton tournaments**<sup>171</sup> and plays in a **volleyball** league. He is always out doing something **exciting** and I like talking to him about **his various interests**. He is definitely one of the most **intriguing**<sup>172</sup> people I know.

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<sup>165</sup> a few floors above me : 住在我楼上几层

<sup>166</sup> dog-sit : 照顾狗

<sup>167</sup> gigs : 表演

<sup>168</sup> Bingo is really what brought Victor and I together : Bingo 是我和 Victor 能彼此认识走到一起的原因

<sup>169</sup> initial meeting : 初次见面

<sup>170</sup> in addition to singing at a club : 除了在俱乐部唱歌 ; 在俱乐部唱歌以外

<sup>171</sup> juggles in badminton tournaments : 尽力同时参加羽毛球比赛 (锦标赛) ; juggle in 是指尽力对付, 特别是在语境中指想办法同时要做几件事的时候

<sup>172</sup> intriguing : 有趣的 ; 吸引人的



### Describe a friend you like to talk with

You should say:

Who he/she is;

What you like to talk about;

Why you like to talk with him/her;

And explain how you feel about him/her.

### 24. 享受的聊天对象/喜欢一起聊天的朋友

One friend I really like to talk with is my friend **Ava**. Ava and I went to **university** together, and **for a while after graduation**<sup>173</sup> we **worked together** as well. **These experiences have given us a lot to talk about**, since we **have lots in common**<sup>174</sup>.

Anyway, I **like** Ava because she is very **kind** and **adventurous**. She always wants to do some **new** activity, which also **influences** me. For example, she's the one who **convinced** me to **go to a paint night**<sup>175</sup>, where you learn to do a **specific** type of painting in a big group. I'm not **artistic** at all, but she convinced me that it would be **fun** and she was **right**.

Ava and I **have the same taste in**<sup>176</sup> **music** and **books**, and we both love to **travel**. We can talk for **hours** about our favorite **singers**, or about new **books** we are reading. We also love to talk about **traveling** and plan **trips** and **holidays** together. Even if it's a holiday that we are **never** actually going to be able to take, we still have **fun coming up with the plan**. I feel very **lucky** to have met Ava because she is now one of my **closest** friends. I feel like I can talk to her about **anything**. She's always **a good listener**<sup>177</sup>. We can also **talk about nothing at all and somehow not get bored**<sup>178</sup>. So being with her makes me **feel very at home and relaxed**<sup>179</sup>.

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<sup>173</sup> for a while after graduation : 毕业后一段时间

<sup>174</sup> have lots in common : 有很多共同点

<sup>175</sup> go to a paint night: 参加一个绘画之夜 (的活动)

<sup>176</sup> have the same taste in: 在...方面品味相同

<sup>177</sup> a good listener: 一个很好的倾听者

<sup>178</sup> talk about nothing at all and somehow not get bored: 我们即使什么都不聊, (彼此呆在一起) 不知为何也不会无聊

<sup>179</sup> feel very at home and relaxed: 感觉很自在和放松





**Describe someone who is well known/popular in your town, area or country.**

You should say:

What s/he does;

How you know him/her;

Why this person is well known/popular;

And explain whether you like this person or not, and why.

**25. (国家/家乡) 有名的人**

When it comes to famous people I know, the first person that comes to mind is one of my idols named **Mao Buyi**. He's a famous singer and songwriter in our country. Since we are from the same city, I know a little more about him.

I discovered him about three years ago when one of his songs called "A Normal Day" went viral on the internet<sup>180</sup>. The song is about his pursuit of a normal life as he struggles to escape his fast-paced and stressful lifestyle<sup>181</sup>. I became obsessed with the song because of its appealing melody<sup>182</sup> and its touching lyrics.

It was after hearing that song that I began to familiarize myself with Mao. What really piques my interest about Mao is that he isn't really known for anything but his songs<sup>183</sup>. In fact, he's far from handsome. He looks a little chubby<sup>184</sup> and wears glasses. If you don't know him, you might think he's an ordinary IT guy and wouldn't think of him as a musician.

Despite his regular looks, his works are outstanding. This is the main reason for his fame. He's extremely creative and has written tons of beautiful and touching songs, which has helped him gain a following of true die-hard fans<sup>185</sup>. I consider myself a loyal fan of his, too, because of his talents. I must say that he's one of the most innovative figures in the field of entertainment. He works hard and always comes up with fantastic ideas, which will definitely help him become the best of the best in the long haul<sup>186</sup>.

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<sup>180</sup> went viral on the internet : 在网上走红

<sup>181</sup> escape his fast-paced and stressful lifestyle : 摆脱快节奏和充满压力的生活方式

<sup>182</sup> appealing melody : 吸引人的旋律

<sup>183</sup> he isn't really known for anything but... 除了 (唱歌) 出名, 没什么其他出名的地方

<sup>184</sup> chubby : 圆润, 胖胖的

<sup>185</sup> gain a following of true die-hard fans : 获得一群真正的死忠粉

<sup>186</sup> in the long haul : 从长远来看