安娜口语素材 第四套 Part2 (简单版非串联)

1-4 月的题库素材更新完了吗?

完了。

雅思口语题目该信谁家

雅思机构千千万,每个机构搜集到的口语题目多多少少有点出入。有些同学只信雅 X 哥,有些则会看 X 站雅思、土 X 雅思等等、还有些大机构比如新 X 方,X 阁等等会给自己学员发口语题库。

<mark>市面上绝大部分的口语题目都是根据考生反馈来整理的</mark>,有些机构也不会自己整理,直接化身搬运工。这就是口语题库的鱼龙 混杂的原因。

而我们家的题库是完整的考官题本,可以说是做到了 99.9%的准确。只要你所面对的雅思口语考官职业素养正常的话,那 Part1 和 Part2 可以做到每个小问题都 100%一模一样,Part3 一开始的 3-6 个问题也肯定从我们这个题库里出。

我知道很多同学至此还是不相信我给的题目,退一步说,为了图方便,我也可以完全按照雅思哥的口语题库写答案。这样又省事又不会被考生质疑。但是我明明能提供一份正确的题库,我为何要发一份有错的给大家呢?

这年头要证明自己不容易,所以我也只能说一句: 考完了之后对照看看市面上的题库和我的,你就知道我是不是在胡扯

关于答疑和其他讯息

店主开通的福利微信公众号: 安娜雅思

公众号会在每场考试后发布考试答案回忆,还有最新考试资讯,雅思技巧等等福利哦!

店主个人微信提供素材售后服务,有疑问都可以在微信上询问哦!

其他考试相关服务

我们背后有强大的前雅思考官团队,提供<mark>前考官口语模考</mark>,<mark>资深考官写作批改</mark>,<mark>前考官口语小班课程</mark>,还有 21 天打 卡团(提供重点词汇及真题,每日复习计划,监督打卡,还有口语点评)</mark>详情请关注我们的"安娜雅思"微信公众 号,或者在<mark>淘宝联系客服,微信联系店主</mark>均可。

Part2 素材使用方法!!!

划重点!店主不太建议直接背诵 Part2 哦。建议大家熟悉素材的答题思路,然后把素材中的关键点 (When, Where, Who, Why, your feeling) 和<mark>关键语句</mark>记清楚,然后考试的时候在这个框架内自由发挥,说流利即可。

以下内容皆是我跟<mark>高级雅思考官(负责培训新考官和做口语写作复试的资深考官)</mark>交流所得,很可能会颠覆其他机构老师的说法,但请相信我哦。如果不信的话,也可以参加我们的前考官口语模考,您亲自询问考官的。

(1)如果考生<mark>回答不够 2 分钟</mark>,那考官会<mark>再追问 1-2 个问题</mark>。 比如: Do you still meet this person recently? Do you go to this place recently? 但这些问题都是<mark>不计入考试成绩的</mark>,不用在意。话说回来,<mark>如果说不够 1 分 50 秒,考官很有可能会给你扣一点分数!所以,最好是 keep talking,就算讲的内容跟主题无关,你也得讲到考官打断你为止。</mark>

(2) Part2 无需完全按照题目下面列出的 4 个小问题回答,可以自由发挥。但这些小问题一般都是时间地点人物原因,就按照这些点准备即可。而且就算 Part2 <mark>跑题了也没关系! 真的没关系! 考官在意的是回答的 quality!</mark>。考官不会仔细听你是否回答了这些小问题,而是通过通篇的观感和表达来评分。所以遇到你不太熟悉的话题,你千万不要说 I am not familiar with this topic and can I change another one? 一旦这么说你就死翘翘了。

如果你实在没话说,你就擦边地回答,比如题目问《你小时候喜欢玩的智力游戏》,你想不到怎么回答,那你可以说你小时候喜欢的体育运动,或者小时候玩的电脑游戏。而且不要害臊,要 keep talking,尽可能说够两分钟,让考官打断你为止。

(3) 如果你在 Part2 回答不够两分钟,那么考官将会给你追加提问 1-2 个问题,但注意,这 1-2 个问题是不计入成绩的,只是为了凑时间。因为雅思口语规定是 15 分钟,每个 Part 都有固定的时间。

重点来了,在这些追加的问题当中,有一个常见的问题会把大家心态搞崩。那就是<mark>问你: Have you ever shared this story to others?</mark> 也就是问你是否分享过故事。<mark>这时候不要慌!这就是纯属追加提问的。至于你背没背,考官心里有数,也不会这么直接的跟你说!</mark>有好一些烤鸭跟我反馈说他们没<mark>有背素材,但也被提问了</mark>。所以大家只需要冷静地<mark>回答 No.</mark>就可以了。

这一点是我反复跟高级考官确认过的,毋庸置疑。

Thank you.

(At the end of the candidate's long turn, you may choose to ask one, both or neither of the rounding-off questions, as appropriate.)

Have you told other people about this situation? Do you generally tell your friends the truth?

Thank you. Can I have the booklet and the paper and pencil back, please?

(Take back Part 2 Candidate booklet and paper and pencil.)

(4) 无论你是背诵还是自由发挥,安娜建议你都跟考官有眼神交流,或者加上一些肢体动作。切忌一直低头说说说。同时注意 句子间的停顿,以及单词的重读变化。

更多的考试注意事项请看文件夹里面的使用说明。

如果我觉得素材有错怎么办?

我们的素材都是经过店主 Anna 和外教一起编写和检查过的哦! 您可以放心!

其实外国人在生活中有一些常用的口头上的表达,看起来很奇怪但实际并没有错的,国内老师也不会懂这些。所以呀!如果你觉得素材有错,我们是非常欢迎您来询问我们滴!千万不要觉得不好意思哦!下面举两个例子:

"<mark>Anna is two years my elder.</mark>"安娜比我大两岁。"<mark>She is four months my younger</mark>"她比我小四个月。

这是一种比较现代的说法,当然我们平时都会讲"Anna is two years older than me"和"She is four months younger than me."但其实外国人都会用前者多一些的。

"the majority of the girls were content discussing about how handsome or how affluent their boyfriends were." 女孩子们都在热烈地讨论他们的男朋友有多帅。

这是现代英语的另一个特征,就是外国人在口头上都常常会省略掉介词。这里就把 were content with discussing 的 with 去掉了。这在口语上是没问题的,但大家在写作中就尽量要避免哦。

关于口语考试流程

安娜曾通过自己的渠道拿到<mark>考官的绝密提问小本本</mark>,也就是口语考试中,考官手上拿的小本本的图片版。里面有详细的口语考试流程,考官需要说的话,以及每个部分的具体提问内容。

需要 2020 年 1-4 月完整版题本的童鞋,请转发我们口语小本本的推文至朋友圈集 8 个赞或者转发至 100 人以上的雅思学习群(保

留3分钟以上)

在我们的公众号:安娜雅思。对话框回复:口语小本本。即可收到相应的推文。

操作好了之后把截图记录在微信发给店主,店主会给您发 2020 年 1-4 月完整版题本。

没错,就是 2020 年的,题目跟现在不一样的。想了解口语考试中考官提问的秘密的话,可以看看这本。

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1: 想共度时光的人(1-4月新题)

更多雅思视频网课备考资料南大学姐一手更新,唯一微信: abckg525 如果此素材不是从此微信购买,从其他卖家买。其他买家均为转卖,资料随时有更新补充,请务必加微信abckg525

Describe a person that you enjoy spending time with. Some instructions that you can follow:

How you met this person

What type of person he/she is

What you have done together

And explain why you enjoy spending time with this person.

Anna was my college roommate. I first met her at college soon after enrolling. We hit it off immediately. Her personality is very straightforward, a bit boyish. Anna is always a joy to be with. We lived in the same dorm and studied the same major.

Anna was a perfect roommate. A warmth and kindness resonated from her when we first met. She would often treat me to lunch or collect my postal deliveries. We would usually attend class together, go shopping together, and share secrets with each other. She treats me sincerely and often bends over backwards to help me. When I was down, she was always there for me and supported me.

She is frank and always states her true opinions. Once, I accidentally shattered her glass. She told me directly that she was furious, instead of being polite to my face but unhappy behind my back. Of course, I was persistent in my apologies, and she soon forgave me.

To have met Anna, and become close friends with her, is the finest achievement of my college life. Being with her makes me feel relaxed and easy. I enjoy being with her very much. I even suspect that we will still get on well with each other when we are both old and grey.

中文思路: (跟《想买给朋友的礼物》有部分内容相似)

Anna 是我的大学室友,我上大学之后才认识她的。但我跟她一见如故,成了最好的朋友。她的性格非常直爽,有点像男孩子。和 Anna 相处总是很轻松愉快。我们住在一个宿舍,学得也是相同的专业。

Anna 是一位很棒的室友,第一次见面,她就帮我拿行李和收拾宿舍。让我感到非常温暖。之后的生活里,她经常请我吃饭或者帮我拿快递。平时我们一起上课,一起逛街,一起分享秘密。她对我很真诚,当我遇到困难的时候,他从来不吝啬自己的帮助。在我低落的时候,她总会陪伴我,鼓励我。

她性格直率,常常是想到什么就说什么,有一次我不小心摔碎了他的水杯,她直接告诉我他很生气。我不停的给她道歉,她也很快原谅了我。

能遇到她并且和她成为好朋友,是我大学里最大的收获。和 anna 在一起让我觉得舒服和自在。我很享受跟她在一起的时光。有时候我会想,等我们都变成了白发苍苍的老奶奶,还是要和现在一样做彼此的好朋友。

2: 想买给朋友的礼物(1-4月新题)

Describe a gift you would like to buy for a friend Some instructions that you can follow:
How well you know this friend
How much time you spend with him/her
What type of gift you would like to buy him/her
And explain why you would like to buy this gift for your friend

Anna was my college roommate. I first met her at college soon after enrolling. We didn't know each other as well as our old friends back home, but she became the person I knew best in college. Her personality is very straightforward; a bit boyish. Anna is always a joy to be with. We lived in the same dorm and studied the same major, so saw each other every day. She has helped me a lot in life, so I always want to buy her a present for her birthday.

Anna is a placid and refined girl. She spends most of her spare time reading books, so I would like to give her a set of Harry Potter novels. Harry Potter is a series of seven fantasy novels written by the British author JK Rowling. The film is full of crazy magic, beautiful friendships, and exciting events.

The reason why I would like to give this set of books to her is that Anna and I are big fans of Harry potter. As of such, this gift will make a great addition to her collection. I hope that our friendship lasts forever. We can share with each other the sorrows and happiness of our lives just as Harry and his friends did. I believe Anna will definitely love my gift!

中文思路: (跟《想共度时光的人》和《令人兴奋的书》的内容有部分相似)

Anna 是我的大学室友,我上大学之后才认识她的。比起家乡的老朋友,我们彼此算不上特别了解,但她是我在大学里最熟悉的人了。她的性格非常直爽,有点像男孩子。和 Anna 相处总是很轻松愉快。我们住在一个宿舍,学得也是相同的专业。所以我们每天都会见面。她在生活中给了我很多帮助,因此我一直想在他过生日的时候买件礼物送给她。

Anna 是个很文静的女孩,大多数课余时间她都会用来看书。因此我想送她一套哈利波特的原版小说。哈利波特是由英国的 JK 罗琳创作的魔幻系列小说。这部小说充满了各种神奇的魔法,动人的友谊,和令人兴奋的事件。

我选择送这套书给她的原因是我非常喜欢哈利波特这个系列,同时她也是哈利波特的超级粉丝。对于 Anna 来说这套书会还会成为一个很棒的的收藏品。我希望我们的友谊能长长久久。在生活中可以分享 各自的喜悦和哀愁,就像哈利和他的朋友那样。我想 Anna 也一定会喜欢这个礼物的。

3: 享受的一次远足(1-4月新题)

Describe a long walk that you enjoyed.

Some instructions that you can follow:

Where and when you went on the walk

Who you went with

What you saw on the walk

And explain why you enjoyed this long walk

中文思路:(本文跟《有趣的谈话》有部分相似)

Anna, my classmate at university, is a bestie of mine and we always chat with each other without reserve. On a weekend about one month ago, the weather was fine, and I proposed to have a walk around the university town where we have studied and lived for four years. Anna was very interested in it, and we began this three-hour walk.

Our school is located in a university town, which is surrounded by other universities. We walked along the path from our school to the university next door, and finally almost covered the whole of the university town. We took pictures in front of the gate of each university before we came back to our school.

As graduation was around the corner, after which we would go our separate ways, almost all of us had to face great pressure, and an emotion mixed with anxiety and sentiment welled up in our hearts. On that day, we talked about our future work and life. I told Anna that I was preparing to study abroad, but I was still struggling to get a decent IELTS score. I was stressed out and often lost sleep, and I was so jealous of Anna who had already got a job and had a lot of time to do what she wanted.

Along the way, we walked and talked, exchanged a lot of ideas and feelings, and encouraged and comforted each other. This walk eased our nervous emotions and rekindled the momentum of learning and hope for the future. I really enjoyed the walk and was glad to have Anna as my closest friend.

中文思路:

最近,我和我的好朋友 Anna 进行了一次没有事先计划过的、长时间的散步,我们都非常享受这次经历。 大约是一个月前的某个周末,天气特别好,我提议我俩出去散散步。再好好逛逛我们生活了四年的大学城。Anna 十分感兴趣,于是就开始了这趟长达三小时的散步之旅。

我们学校位于大学城里,附近都是其他大学。我们沿着小路走,从我们学校走到了隔壁的大学,最后几乎把大学城走了一圈。我们在每个大学的校门前都拍了照,才回到我们学校。

最近因为快毕业了,大家的压力都非常大,而且毕业也意味着大家要离开学校各奔东西了,所以我们既 焦虑又伤感。我们两就开始了关于以后如何工作和生活的讨论。我告诉 anna 我正准备出国留学。但是 我的雅思还没有考到理想的分数,申请学校的资料也还没准备好。我感到压力非常大,经常焦虑到失眠

一路上我们边走边聊,交换了非常多的想法和感想,也互相鼓励和安慰。这次的散步让我两紧张的情绪舒缓了下来,重新燃起了学习的冲劲以及对未来的希望。我真的很享受这次散步,也很庆幸有 Anna 这样的知心好友。

4: 有趣的谈话(1-4月新题)

Describe an interesting discussion that you had with friends.

Some instructions that you can follow:

What the discussion was about

What opinions you and your friends expressed

What the result of the discussion was

And explain why you found this discussion was.

中文思路:(本文跟《享受的一次远足》有部分相似)

Anna, my classmate at university, is a bestie of mine and we always chat with each other without reserve. On a weekend about one month ago, the weather was fine, and I proposed to have a walk around the university town where we have studied and lived for four years. Anna agreed and we had an in-depth talk during the trip.

As graduation was around the corner, after which we would go our separate ways, almost all of us had to face great pressure, and an emotion mixed with anxiety and sentiment welled up in our hearts. On that day, we talked about our future work and life. I told Anna that I was preparing to study abroad, but I was still struggling to get a decent IELTS score and with various application documents. I was stressed out and often lost sleep, and I was so jealous of Anna who had already got a job and had a lot of time to do what she wanted. Surprisingly, Anna told me that she also faced great pressure and she was just trying to put on a relaxed air. She was going to begin her internship in a new company and would not be able to attend the graduation trip. She envied me that I could continue my studies. We exchanged many ideas and encouraged each other all the way. The talk gave us a big relief. Most of the time, we envy the wonderful life of others and fall into the trap of pressure. However, everyone has challenges to deal with. It is, as a matter of fact, an interesting thing that, for a long time, Anna and I admired each other's life.

中文思路: 更多雅思视频网课备考资料南大学姐一手更新,唯一微信: abckg525 如果此素材不是从此微信购买,从其他卖家买。其他买家均为转卖,资料随时有更新补充,请务必加微信abckg525

Anna 是我的大学同学,我们两关系特别好,平时无话不说。大约是一个月前的某个周末,天气特别好,我提议我俩出去散散步。再好好逛逛我们生活了四年的大学城。Anna 十分感兴趣。途中我们进行了一次很深入的交谈。

最近因为快毕业了,大家的压力都非常大,而且毕业也意味着大家要离开学校各奔东西了,所以我们既焦虑又伤感。我们两就开始了关于以后如何工作和生活的讨论。我告诉 anna 我正准备出国留学。但是我的雅思还没有考到理想的分数,申请学校的资料也还没准备好。我感到压力非常大,经常焦虑到失眠。我很羡慕她已经找到工作了,可以有很多时间做自己想做的事。没想到 anna 告诉我她同样压力很大,她只是努力让自己看起来很轻松。她很快就要去新公司实习了,可能连毕业旅行都无法参加。她很羡慕我还能继续上学。一路上我们边走边聊,交换了非常多的想法和感想,也互相鼓励和安慰。这次的散步让我两紧张的情绪舒缓了下来,

很多时候,我们都在羡慕别人。觉得别人的生活很精彩,自己却生活在压力之中。但事实上每个人都有必须要面对的困难。很久以来,我和 anna 都在默默羡慕对方的生活,其实这也是一件蛮有趣的事情。

5: 收到的免费物品/服务(1-4月新题)

Describe a time when you received something without having to pay for it (e.g. a free ticket, a free service, a free product).

Some instructions that you can follow:

What this free thing was

Why it was free

What you did to get this free thing

And explain how you felt about receiving this free thing.

As a hotpot restaurant, Hi Di Lao is renowned in China for its astonishing high-quality services. All its staff members behave politely. They bow to customers and receive them with hot towels and lemon water in a hospitable manner. As customers wait for a table, manicure and shoe-shining services are offered. During the meal, you will also be offered a glasses cleaning cloth and waterproof phone cases. You can even find disposable toothbrushes and combs in the bathroom. What matters more is that everything mentioned above is free. I went for dinner at Hi Di Lao with my family on my birthday this year. They prepared free fruit and birthday noodles for me, and sang me a birthday song. They were just so considerate and all-embracing with their service which surprised and moved me deeply.

I believe the reason why Haidilao provides such a variety of free services is to give customers a different experience, of which high-quality free services are a distinctive high point. Of course, the price of Haidilao is much higher than that of ordinary hotpot restaurants. For better service, I may have to pay a higher price.

Though Hi Di Lao may not be the best tasting restaurant, it's definitely the restaurant with the best service. So, it's always the perfect place for family gatherings.

中文思路: (跟本套素材的第 42 篇《优质服务》有较多相似的内容)

海底捞是国内非常著名的一家火锅店。之所以他很著名,很大一部分的原因是海底捞提供了令人惊讶的 优质服务。

海底捞的员工都异常地有礼貌,见面会给客人鞠躬,主动递上热毛巾和柠檬水。在客人排队等位置的时候,海底捞还会提供美甲和擦鞋服务;用餐时会给您递上眼镜布和手机防水套;甚至在洗手间都备有一次性的牙刷和梳子。重要的是,这一切都是免费的!今年我生日的时候,我们全家人就是去海底捞吃饭的。就在我们正在吃火锅的时候,他们免费赠送了果盘和长寿面,然后全场的店员都一起给我唱生日歌。这一切让我非常惊喜和感动。

我认为海底捞提供多种免费服务,是为了给顾客一种不一样的体验,优质的免费服务将成为海底捞与众不同的标签。当然,海底捞火锅的价格,比一般的火锅店要高不少,为了优质的服务,我可能要付出更高的价格。

虽然海底捞不一定是每个人心目中最好吃的餐厅,但是它绝对是服务最好的餐厅。因此这里总是我们家庭聚会的不二选择。

6: 最近第一次见且想了解更多的人(1-4月新题)

Describe a person you only met recently who you would like to get to know better.

Some instructions that you can follow:

Who this person is

Where you met him/her

What you talked about

And explain why you would like to get to know this person better.

Deng Lun is a superstar I have seen recently and for the first time in person. I am eager to meet him again and know more about him. He is a very famous and popular superstar in China. He is tall and handsome. He has acted in so many famous TV shows that I'm sure many people know him.

I clearly remember that it was before this year's Spring Festival, and I was alone, pushing my suitcase, waiting for the plane in the terminal of Daxing Airport. Suddenly, I heard a commotion in the distance. I was a little flustered at first because I was worried that something bad had happened. But within minutes, I saw a crowd of people running towards me. That's when I finally knew what had happened, because they were all shouting Denglun! That's when I realized I was so lucky that I properly met a celebrity at the airport.

Sure enough, I saw Deng Lun in the distance. Although he wore a hat, a pair of black sunglasses and a mask, I recognized him at once. But there were so many people at the time that I could only watch him from a distance as he entered the departure lounge. I didn't get the chance to talk to him or take any pictures, but I was happy enough. It was the first time I saw a star up close. And he's my favorite star. If I can, I want to meet him once again so that I can take a photo with him, chat with him and know more about him!

邓伦是我最近见过的,而且是第一次<mark>亲眼见到</mark>的超级明星,我很想再见到他,了解他更多。邓伦是国内非常有名,非常受欢迎的超级明星。<mark>他很高,很帅。他</mark>演过非常多著名的电视剧,我相信很多人都认识他。

我清晰地记得那是今年春节前,我独自一人推着我的行李箱,在大兴机场的候机楼等飞机。突然,我听见远处传来一阵骚动。一开始我有点心慌,担心是发什么突发事情了。但没过几分钟,我看见一大堆人往我这边跑过来。这时候我终于知道发生了什么事情了,因为他们都在喊邓伦邓伦!这时候我意识到我应该是撞上大运了,竟然能在机场遇见明星了。

果然,我远远地就看见了邓伦。虽然他把自己裹得严严实实,但我还是一眼就认出他来了。但是当时人实在太多了,我只能隔着一段距离看着他进入登机廊。虽然我没能跟他说上话,也没有拍到任何照片,但我已经很开心了。这是我第一次在如此近的距离见到明星。而且他是我最喜欢的明星。如果有机会的话,我非常希望我能跟他合影,聊天,了解他更多!

7: 童年玩具 (1-4 月新题)

Describe a toy that you often played with as a child.

Some instructions that you can follow:

What kind of toy it was

How old you were when you got it

Whether you played with the toy by yourself or with other people

And explain how you felt about this toy

Ultraman and his monsters were childhood toys of mine. These action figures are of different sizes. The most common ones are roughly larger than the palm of a hand and can be adjusted to various poses.

Ultraman, a giant from a distant planet, is actually the hero of a Japanese cartoon series also named Ultraman. They fought against huge monsters to protect the earth. I believe that all boys have been fans of Ultraman in their youth, and dreamed of becoming a hero like him.

I owned several Ultraman and monster toys when I was in elementary school. What I liked most was to arrange Ultraman and monsters together in various fighting scenes. When I was a child, I was always imagining that I was Ultraman, and it was me who combated the monsters. I would indulge myself in such games for half a day. Of course, I would also have fun in the Ultraman game with friends. We could fight a monster with Ultraman toys together. Alternatively, one kid would hold Ultraman, and the other the monster, and then we would make them do battle.

Ultraman has accompanied me through a happy childhood. Though on one hand, I consider myself at that time to be really naive and foolish, imagining myself as a cartoon character, on the other hand, Ultraman represents the courage to fight against dark forces and the spirit of persistence, which sets a good example for us all.

中文思路:

奥特曼和他的怪兽们是我儿时经常玩的玩具,他们是人形的塑料玩偶,有大有小,常见的大概比人的手掌大一些,能摆出各种姿势。

奥特曼其实是一系列源自日本的动画片,奥特曼是来自于遥远星球的巨人。他们跟巨大的怪兽们战斗保护地球,旨在保护地球。我相信所有男孩子小时候都看过奥特曼,也梦想着自己成为跟奥特曼一样的英雄。

我记得我小学的时候我就拥有了好几只奥特曼玩具和怪兽。我最喜欢的就是把奥特曼和怪兽放在一起,做出各种打斗的模样。我那时候还是个小孩,总觉得自己就是奥特曼,跟怪兽玩具打的就是我。自己在家里摆弄各种姿势都能玩上半天时间。当然,奥特曼也能跟朋友一起玩,我们一起拿着奥特曼玩偶打怪兽,也可以一人拿奥特曼,一人拿怪兽互相装作在打架。

其实从现在看来,小时候的我的确很幼稚也很傻,竟然把自己想象成奥特曼。但从另一方面想,奥特曼 代表的是一种跟黑暗力量斗争的精神和一种永不认输的精神,这是值得我们坚持的正能量精神。

8: 筹办的活动(1-4月新题)

Describe a time when you were preparing for a happy event.

Some instructions that you can follow:

What the event was

How you prepare for this event

Who helped you prepare for it.

And explain how successful your preparations for this happy event were.

Earlier this year, I arranged a group dinner with my roommates after our final exam. It was a chilly Friday, but since we had just finished the exhausting finals, we decided to buy some ingredients to cook up a celebratory hotpot back at the dorm.

Every now and again we would enjoy hotpot in our dormitory. This is partly because it is much cheaper to cook ourselves than to dine out in restaurants. Four people usually cost at least CNY200 at a hotpot joint, but meat and vegetables, self-purchased and stewed, would halve the expenses. Not to mention that the feasts we made for ourselves were arguably tastier and more diverse than the dishes at restaurants.

So, after a brief discussion, we divided up our work. I was responsible for going to the grocery store since I was the only one with an electric bicycle in the dormitory and could head to the market quickly! Other housemates were in charge of chopping vegetables and cleaning up the mess. I asked them what they needed, made a shopping list, and bought those items accordingly. I ended up getting beef meatballs, a few stalks of lettuce, enoki mushrooms and many other ingredients economically selected to cost just a little over CNY 100.

The hearty hotpot really lifted everyone's spirits since we all got to eat our favorite food at such an affordable cost. After finishing the hotpot, we started playing cards and stayed up late past midnight.

今年年初刚考完期末考的时候,我组织了我的几个舍友一起在宿舍聚餐。我记得那是一个星期五,天气非常寒冷。而我们刚刚结束了令人疲惫的期末考,于是我其他几个舍友商量了下,决定自己去买点肉菜回来宿舍吃火锅庆祝一下。

其实我们时不时都会在宿舍吃火锅吃。一方面因为自己做菜比在外面餐厅便宜多了,四个人在外面火锅店起码要吃两百块钱以上,但自己买肉菜回来做的话,可能只需 100 元,而且吃得还比外面丰富,味道也很好。

我们简单做了下分工,我负责去买菜,因为我拥有全宿舍唯一一部电动自行车,可以迅速地往返菜市场! 其他几个舍友就负责切菜和打扫卫生。出发前我询问了他们想吃的食物,列了个清单,到了菜市场我就按照清单买了。我还记得我买了牛肉丸,生菜,金针菇等待,满满一大包才 100 多块钱。回到宿舍后我们就开始吃火锅了。

大家都对这顿火锅特别满意,每个人都吃到了自己喜欢的菜,还没花多少钱。吃完了火锅我们就开始打牌,一直玩到深夜才结束此次聚餐。

9: 对社会做出贡献的人(1-4月新题)

Describe a person you know who does a job which is useful to society.

Some instructions that you can follow:

Who this person is

What job this person does

What skills this person needs to do the job

And explain why you think this job is useful to society.

I believe Lei Jun does a job useful to society. He is not tall, and is indeed somewhat ordinary looking, but he is a very talented entrepreneur. He is the founder of XiaoMi, which is one of China's largest electronics manufacturers. He is currently still the CEO of Xiao Mi.

Lei Jun must be far more sensitive to changes in the market than his competitors. He is also remarkably creative. Many people say he is the Steve Jobs of China. The products of Xiao Mi are designed in a modern style and good to use, which is the reason why young people are crazy for its products.

The reason why I reckon his job is beneficial to society is that he led his team in designing cost-effective mobile phones in China. Though the iPhone is still the best-selling mobile phone in the world, it's XiaoMi that showed the world how to create a new market between luxury and affordability, and to define a new style of mobile phone which is cost-effective. An iPhone may cost anywhere between 5,000 and 7,000 yuan, while with XiaoMi, you can buy a very good phone for around 3,000 yuan. Lei Jun offers a chance for minimum wage-earners and students to buy a powerful cellphone at a very low price.

中文思路: (跟本套素材的第49篇《感兴趣的名人》有较多相似)

我认为雷军是个对社会有用的人,他不高,长得很大众脸,但是他绝对是一个优秀的企业家。他是小米的创始人,而小米是中国最大的电子设备制造商之一。雷军现在仍担任小米公司的 CEO。

雷军对市场的敏锐度一定远远超过其他人,并且他还有突出的创造力。很多人都说他是中国的乔布斯。 小米的产品不但设计得很新潮而且还很好用。每年小米公司都会推出很多全新设计的商品。非常受年轻 人的喜爱。

我之所以觉得雷军对社会有贡献,是因为他带领他的团队为中国做出了又便宜又好的手机。虽然 iPhone 依然是世界上最畅销的手机,但正是小米向世界展示了如何在奢华和劣质之间创造一个新市场,以及如何定义一种具有成本效益的新型手机。之前,一部好看的苹果手机可能要五千到八千元,而在小米,三千元就可以买到一部很不错的手机。雷军让很多收入工薪阶层和学生也能用上性能强大的手机。

10:帮助你学外语的事情(1-4月新题)

Describe something you did that helped you to learn another language.

Some instructions that you can follow:

What you did

Where you did it

Who you did it with

And explain how doing this helped you to learn another language.

I think listening to English news is very helpful for learning the English language. Every morning when I get up, I will listen to the English news of the BBC or VOA by myself at home. Actually, when I was in high school, it was a good way to improve my English listening skills. I can't remember whether it was recommended to me first by my teacher or other classmates, but I have to say it's a very useful resource.

I get up at about 6:30am every day. As soon as I get up, I will turn on my mobile phone and play BBC or VOA news. To be honest, I didn't understand it all at first, because as a high school student, my English vocabulary was very limited. Forget the news, there are a lot of things I didn't understand in the English listening test alone. Later, I found that VOA has a slow version, which was good news for me. The relatively slow speed of this version is similar to the English listening exercises of my English class. After a while, I began to understand more of it.

Until I graduated from high school, I still could not fully understand the content of VOA, but I was sure that I had made considerable progress in English and got a good score in the college entrance examination. That was an inspiration to me. That is, if I keep doing something, even if it's difficult to do at first, it will pay off in the end.

中文思路:

我认为听英语新闻是一件对学外语很有帮助的事。每天早上起床的时候,我都会在家自己听 BBC 或者 VOA 的英语新闻。事实上这是我高中时候提高英语听力的一个好方法。具体我也不记得是老师还是同学推荐的了。但我不得不说这个方法非常有用。

我每天大概六点半起床,一起床我就会打开手机,播放 BBC 或者 VOA 的新闻。说实话,一开始我是完全听不懂的。因为作为一个高中生,我的英语词汇量非常有限。别说新闻了,考试的英语听力卷子里我都有好多听不懂的地方。后来我发现了 VOA 出了慢速新闻,这对我来说是个好消息。慢速新闻的语速比较慢,跟我们英语课上做的英语听力差不多。一段时间后,我渐渐能听懂其中的一些内容了。

直到高中毕业,我还是做不到能完全听懂 VOA 的慢速新闻内容。但我在高考中也取得了不错的英语成绩。这对我来说是一个启发。那就是只要坚持做某件事情,即便一开始很难坚持下去,只要找准方法持之以恒,最终必将有所收获。

11: 特殊的蛋糕(1-4月新题)

Describe an occasion when you had a cake that was special.

Some instructions that you can follow:

What kind of cake it was

Why you had this cake

Who you were with

And explain how you felt about having this special cake.

My family has a dog named Momo who literally grew up with me. My mother has raised her for nine years. She has turned ten years old this year so I ordered a special pet cake and we held a small birthday party for her.

Pet cake is a cake for dogs. It is made of chicken, beef, and purple potato. The frosting on top is made from flour and milk rather than cream. This cake was very small, only half the size of an ordinary cake. There were many decorations on top, as well as a picture of our dog. I was quite satisfied with it.

Only my parents and I attended Momo's birthday party. I put a birthday hat on her and sang her a birthday song. We took a lot of good photos. Though we were all enjoying ourselves, Momo didn't seem interested in any of it. She only cared about when she could start eating.

I think the pet cake was very special and the birthday party left a deep impression on me. Dogs are also important family members. We can celebrate some special days with them as well. The only problem is that the pet cake was too expensive. The small one I bought cost me more than 200 yuan. I will try to make a cake for my dog myself on next her birthday.

我们家养了一只狗狗,她的名字叫 momo。这只狗几乎是和我一起长大的。我妈妈已经养了她九年了。 今年她就要满十岁了,因此我预订了一款特别的宠物蛋糕。我们为 momo 办了一个小型生日会。

宠物蛋糕就是给狗狗吃的蛋糕。它是用鸡肉,牛肉和紫薯做成的。上面白色的部分并不是常见的奶油,而是面粉和牛奶。这个蛋糕很小,只有普通蛋糕的一半大。顶上插了很多装饰物。还有画着我们家狗狗的头像。对此我非常的满意。

Momo 的生日会只<mark>有我们家三个人参加</mark>,我给狗狗带了生日帽,还给她唱了生日歌。我们拍了很多好看的照片。所有人都非常开心。但 Momo 对这一切似乎并不感兴趣,她只关心什么时候能吃饭。

我觉得宠物<mark>蛋糕非常特别,这</mark>次生日会给我留下了深刻的印象。狗狗也是家庭的重要成员,在一些特别的日子里,我们同样可以为他们庆祝。唯一的问题就是宠物蛋糕实在是太贵了,很小的一个就要两百多元。明年我家狗狗生日的时候,我会尝试自己给她做一个蛋糕。

12: 尝试修复的家中坏物件(1-4月新题)

Describe a time when something in your home broke and you tried to repair it.

Some instructions that you can follow:

What thing broke

Why this thing broke

What you did to try to repair it

And explain how successful you were at trying to repair this thing.

At the end of last semester, when I was preparing materials for my paper, my laptop suddenly broke down. No matter how I clicked the mouse, the screen didn't respond. In a hurry I had to reboot the system but it didn't work. Microsoft Word had crashed, and I couldn't open any documents. I felt a little anxious and worried that I would lose the paper I had written half of 1.

Although I am not majoring in computer science, I have learnt how to use computers and have often played computer games since childhood. The computer that I am using now is built by me, and I installed all of the software by myself too. So, reinstalling the system and solving the computer lag is a piece of cake to me. Then, I reinstalled my computer and recovered back the documents quickly and perfectly.

Although computer failure is not a common thing in daily life, I think it is very necessary to learn some basic knowledge of hardware and software. Fixing a computer, like driving a car, is a practical skill. After all, the computer is a necessity in everyone's life. If it is not operated properly, you may lose some important documents. So, if we can solve some basic problems by ourselves, it definitely will save us time and money.

中文思路:

上学期期末,当我正在为论文准备资料的时候,我的笔记本电脑突然死机了。不论我怎么点击鼠标,屏幕都没有反应。情急之下我只能强制重新启动。我以为这样就能解决。但重新打开电脑之后,WORD软件坏掉了,我点开任何文件都会闪退。我感到很着急,担心自己写了一半的论文会因此丢失。

虽然我不是学计算机技术的,但是我从小就会用电脑,平常时常打游戏。我正在用的电脑也是我亲自买部件组装的。所以一般的重装系统和解决电脑卡顿对我来说都不在话下。生活中经常有朋友让我帮他修理电脑,这对我来说并不算什么难题。我很快重装了软件,文件也完好无损的保存了。问题完美的得到解决。

电脑坏<mark>掉这种事在生活中虽</mark>然不常发生,但我认为学习一些基本的软硬件知识是非常必要的。修电脑就像开汽车一样,都是很实用的技能。毕竟电脑是每个人生活中的必需品,一旦操作不当,可能会导致一些重要文件的丢失。一些小问题如果能够自己解决的话,很大程度上可以节约自己的时间和金钱。

¹ 也可以这么说: "lose the paper of which I had written half". 但大多数人不会在在口语场合上这么说

13: 别人告诉你的故事(1-4月新题)

Describe a story someone told you that you remember well.

Some instructions that you can follow:

Who told you the story

When this person told you the story

What the story was about

And explain why you remember this story well

I still remember that, when I was in primary school, our science teacher told us a story about how Newton formulated gravitational theory. The story goes that Newton was sitting under a tree one day and an apple fell from the tree and hit his head. He subsequently wondered why the apple fell down instead of flying up. So, through constant research, he discovered the famous law of gravitation.

It's a well-known story, and I'm sure everyone knows it. However, the reason why our teacher told us this story is not just to let us know of the story itself, but to teach us that if we are persistently curious about the things around us, we might find something interesting.

When I grew up, I also remembered this story clearly and I found what my teacher said made sense. I was born with a very curious nature. I am always curious about everything around me. Although I did not discover great laws like Newton, this story has always urged me to keep learning and improving. People with a natural curiosity have a strong thirst for knowledge. On the contrary, people who are uncurious remain resistant to all change. If we are constantly curious about what is going on around us, we will all become better people.

中文思路:

我还记得在我小学的时候,我们自然课上老师给我们讲了一个故事,那就是牛顿是怎样发现万有引力。故事大概说的是有一天,牛顿坐在树下,被树上掉下来的一颗苹果砸中了脑袋。于是他就思考为什么苹果会往下落,而不是往上飞。于是通过不断的研究,他发现了著名的万有引力定律。

这个故事很经典,我相信每个人都知道这个故事。但老师跟我们讲这个故事的原因不单单是让我们知道这个故事本身,而是想告诉我们,如果我们对身边的事物时常保持有好奇心,那么我们就有可能发现一些有趣的事情。

长大后,我发现老师说的话很有道理。这个故事我也一直记得很清楚,我天生是个好奇心很强的人。生活中我非常喜欢问为什么。虽然我没有像牛顿一样发现伟大的定律,但这个故事一直督促我不断学习和进步。好奇心强的人都有很强的求知欲,相反好奇心弱的人对一切变化都保持着抗拒的态度。如果我们时常对身边的发生的事情保持有好奇心并钻研下去,我们都将变得更加优秀。

14: 理想之家(1-4月新题)

Describe the kind of house or apartment you would like to live in.

Some instructions that you can follow:

Where this house or apartment would be What it would look like

What would be special about the house or apartment?

And explain why you would like to live in this house or apartment

I have always loved the sea and being by the beach. Therefore, if I was to describe my ideal house it would definitely be a quaint beach house by the sea. I hope it would be a big house decorated in modern style with a garden where I can plant flowers. I think the perfect location for this house would be Sanya. Sanya is a tropical island so the environment is very idyllic. The temperatures are mild and the air is clean so it would be the perfect place to live all year long.

I want to live there with my family members and have a dog in the yard during the holidays just like what happens in TV shows. Since the house is so close to the sea, I can often go to the beach to do some activities. I can even go swimming in the sea on a nice day. When I am free, I can watch movies with my mother in the video room or have a barbecue in the yard.

The reason I like this place is not only its weather. I do not like the noise of big cities or the air pollution. Sanya is a brilliant place to escape these things. Furthermore, Sanya has loads of fun and exciting activities, such as driving speedboats, swimming in the ocean, and even going scuba diving. The food in Sanya is very delicious and the people are very hospitable. I wish to play such water sports every day. It would be the perfect type of life for me.

中文思路:

我一直很喜欢大海和海滩。因此,我<mark>理想中</mark>的房子<mark>肯定是</mark>一栋雅致的海边别墅。它最好看起来现代又摩登,有着大大的院子和很多花草。我想这个房子最好是在三亚。三亚是一个热带岛屿,所以环境更加怡人。这里气候温和,空气清新,是全年最佳的居住地。

假期的时候,我想和我的家人一起去那里度假,还想在院子里养一条狗。这样的生活看起来幸福极了,像电视剧里面一样。因为这座房子离海很近,我可以随时去沙滩边玩耍。天气好的时候我甚至可以去海里游泳。有空的时候我可以和妈妈一起在影音室里面看电影,或者在院子里烧烤。

我喜欢三亚这个地方,不仅仅是因为它的天气好。我不喜欢大城市的噪音和空气污染。三亚是一个远离这些干扰的好地方。岛上的食物非常好吃,人也非常热情好客。它还有很多有趣和令人兴奋的活动,比如驾驶快艇,在海里游泳,甚至去潜水。我希望每天都能这样做,这样的生活对我来说将是完美的。

15: 新地方(1-4月新题)

Describe a time that you remember being in a new place.

Some instructions that you can follow:

Where you were

Why you were in the new place

What you remember about it

And explain how you felt about being in this new place.

Last summer holiday, my friends and I went on a trip to the famous Mount Tai. This was the first time to go to this place. Mount Tai, located in Shandong Province, is one of the five most famous mountains in China. Mount Tai is famous for the magnificent sunrise. I had read some poems and articles describing the sunrise on Mount Tai in books when I was young, so I decided to go to Mount Tai to see how beautiful the sunrise is there.

We took the cable car up the mountain to the halfway point. To my surprise, unlike Mountain Hua and Mountain Huang, Mount Tai has very gentle paths. We reached the summit with little difficulty. Since we were going to see the sunrise on Mount Tai, we needed to stay there for one night. The next morning we needed to get up at 5am. The sunrise was quite early and there were a lot of people waiting there. We had to get up early to get a good place so we could appreciate the beauty of sunrise. Since I usually wake up late in the morning, it was difficult for me to wake up at 5am. Not until my friends yelled at me, could I wake up in time. To be honest, I was in a daze when I walked to the observation point.

As I got to the observation point, the sun began to come out. The dark sky brightened gently and the sun seemed to appear through the clouds. At this moment I thought it was totally worth it because the sunrise on Mount Tai was really astonishing! The scene was so beautiful that I couldn't put it into words. It was such an amazing and unforgettable experience and it is the perfect place where I would like to recommend to all of my friends to visit.

中文思路:

就在去年暑假,我和我的朋友们一起去了著名的泰山旅游。这是我第一次去泰山旅行。泰山坐落在山东省,是中国最有名的五座山峰之一。泰山以日出的壮丽景观闻名,我小时候就在书本上看到过一些描述泰山的日出的诗词文章,所以我决定去泰山亲身看看那里的日出有多美。

我们乘坐缆车到了半山腰。出乎我的意料,泰山跟华山和黄山不一样,山路修得十分平缓。我们几乎不怎么费劲就上了峰顶。因为我们准备看泰山的日出,所以我们需要在山上住一晚。第二天早上我们 5 点就起床了,山上日出时间较早,而且人很多。我们必须早起才能在观景台占个好位置。因为我平时喜欢睡懒觉,这次还是我朋友喊了我好几次我才清醒过来。实话说我走到观景台都是迷迷糊糊的。

渐渐的,太阳开始慢慢出来了。我觉得这一切都是值得的,因为泰山的日出真的是太美了!黑漆漆的天空慢慢变亮,太阳貌似在云层中出现一般,这幅景色美的让我无法用语言表达。这次旅行让我非常难忘,我会向我所有的朋友推荐泰山这个完美的旅游景点!

16: 有趣的歌(1-4月新题)

Describe a song that you think is interesting.

Some instructions that you can follow:

What country the song is from

How you know about the song

What the song is about

And explain why you think this song is interesting.

The theme song of MXBC is the most interesting one I have ever heard. Actually, MXBC, as a national milk tea chain brand, will play this song in its stores repeatedly. So, whenever I hear this song, I know there is a MXBC store nearby.

This song might be adapted from an English song. I don't know which country this song initially came from, but it must have been popular first in China. If I remember rightly, there is only one line that is repeated throughout the song. The lyrics are so catchy that people can remember it totally after listening to it several times. When you listen to it more, you will find that you can't help humming the tune over the next few days. This is the funny thing about this song!

In addition, the milk tea store had once held a promotional event before. As long as you sang this song to its employees, you could buy a cup of its signature milk tea at the price of one yuan! It sounded simple, but it was very hard! The chain milk tea store is so popular that many people are queuing up to buy milk tea all the time. It needs the courage to sing aloud in front of a crowd. Several of my classmates wanted to gain the benefit, but finally, they all left in embarrassment because they were too shy to sing in public.

中文思路:

蜜雪冰城的主题曲是我听过的最有趣<mark>的歌曲。事实上</mark>,蜜雪冰城是一家全国连锁的奶茶店,这家奶茶店 会在店里循环播这首歌。所以只要听到这首歌,我就知道有一家"蜜雪冰城"在附近了。

这首歌应该是由一首英文歌改编的。我不清楚这首歌最初是源自于哪个国家,但它一定是在中国最先流行起来的。如果我没记错的话,整首歌只有一句歌词反反复复的循环,歌词实在是太朗朗上口了,一般人听几遍就可以完全记住。当你听多几次的时候,你就会发现在接下来的一段时间里,你就会情不自禁地哼出这句词。这就是这首歌有趣的地方!

除此之外,之前这家奶茶店还搞过一次活动。只要你对着这家奶茶店的员工唱出这首歌,你就可以以一块钱的代价买到一杯它的招牌奶茶!这听起来很简单,但实际上是很难的!因为这家连锁奶茶店非常火爆,每时每刻都有很多人在排队买奶茶。在人群中大声唱歌是需要勇气的事情,我的好几个同学本想去蹭一下福利,但最后都因为害羞无法开口而狼狈而走。

17: 未实现的目标(1-4 月新题)

Describe an ambition you haven't achieved yet.

Some instructions that you can follow:

What your ambition is

Why you want to achieve this ambition

How long you have had this ambition

And explain why you haven't achieved this ambition yet.

Since I entered university, I have been attempting (试图) to earn the first-class scholarship at my university. The first-class scholarship is based on the academic performance and social practice of each semester, and the students whose average score are in the top ten of the whole grade are awarded a scholarship of 5,000 yuan. It is a great honor to win this prize because the students who win the prize will be praised by the school and their names will be published in the campus bulletin (公告). This is the reason why I want to win this prize

However, it is a difficult goal for me since there are at least 600 people in my grade and many of them are excellent at their studies. So, I tried my best to achieve my goal. Last semester, I took every classwork and homework seriously. I would write down every knowledge point and spend most of my time in the library studying. I have to say, this is the period of time that I studied most earnestly and assiduously. The results haven't been announced until next semester, so I don't know whether I have succeed or not.

At first, I wanted to win the scholarship just to prove myself, even a little bit for my vanity. But I gained a lot from the whole process, including the knowledge and the understanding of myself. It makes me feel that I am actually a person with great potential. If I fail this year, I think it's probably because I'm not good enough. I will try again next year.

自从上大学以来,我一直想获得学校的一等奖学金。一等奖学金以每学期的学习成绩和社会实践为基础,成绩平均在年级前十的学生可获得 5000 元的奖学金。获得这个奖将是一个巨大的荣誉,因为赢得这个奖的学生将受到学校的公开表扬,他们的名字将在校园公告上公布。这是我想赢得这个奖的原因之一。

然而,这对我来说是一个困难的目标,因为在我的年级至少有 600 人,他们中的许多人在学习上很优秀。为了实现自己的目标,我拼尽了全力。老师布置的作业,或是小组展示我都非常认真的完成。我把老师说的每个知识点都记下来,空闲时间几乎都泡在图书馆里。我似乎从未如此努力做一件事。虽然现在结果还没有公布,但我觉得我已经超越了自己。我似乎从未如此努力做一件事。今年的评选结果需要下学期才公布,所以我也不清楚自己能否成功。

一开始我想赢得奖学金只是为了证明自己,甚至有点为了自己的虚荣心。但整个过程让我收获了很多,包括课堂上的知识和对自我认识。这让我觉得我其实是一个很有潜力的人,如果今年失败了,我想大概率是因为我还不够优秀。明年我还是会继续努力。

18: 学校/工作中不喜欢的规定(1-4月新题)

Describe a rule (e.g. at school or work) you dislike and would like to change.

Some instructions that you can follow:

What the rule is

What the reason for the rule is

Why you dislike the rule

And explain how you would like to change the rule.

One of the rules I don't like about my school is that the school forces the dorm to cut off electricity and the Internet at 11pm, and the dorm doors will be locked too. This means that after 11 o 'clock at night, if we are not back to the dormitory, we will be locked out, and after 11 o 'clock the dormitory will be dark and we can do nothing but sleep. I believe the reason why they carry out this rule is to force students to form a regular routine.

But I think this is a very unreasonable rule. I'm a late sleeper, and I get more energetic as the evening progresses. Sometimes in order to prepare for the final exam, I would study late into the night, often the night before the exam. But since the electricity was cut off in the dormitory, I had to buy a small lamp with batteries. When the power is cut off, I read and do homework by a dim light which will have a bad effect for my eyes. In addition, I often go shopping and have dinner downtown. If I encounter a traffic jam or something else, I will have no access to enter my dorm.

I really hope the school can abolish this rule and give us students more freedom in life. As a college student, we are already adults with independent consciousness and cognitive ability. We should have the right to choose our own life and work.

我不喜欢的一项学校规定就是学校强制宿舍在晚上 11 点的时候准时断电断网,宿舍门也会被锁起来。 这意味着晚上 11 点后,如果我们还没回到宿舍,我们将无家可归,同时 11 点后宿舍将变得漆黑一片, 我们什么都做不了,只能睡觉。我相信这是<mark>学校</mark>为了让学生形成早睡早起的作息规律而实行的规定。

但我觉得这是一项非常不合理的规定。我是个夜猫子,越到晚上我就越精神。有时候为了准备期末考试,考试前的几晚我都会复习到深夜。但由于宿舍断电了,我只能买了个用电池的小台灯。宿舍断电后借着昏暗的灯光看书复习。这对我的眼睛伤害是很大的。另外,我还经常会去市区逛街吃东西。晚上万一遇见堵车或者其他意外的事情,回来晚了就完蛋了,过了11点就没法上楼了。

我真的希望学校能废除该项规定,给予我们学生更多的生活自由。作为一个大学生,我们已经是成年人了,有着自主的意识和认知能力。我们应该有自主选择生活作息的权利。

19: 除了手机电脑外离不开的东西(1-4月新题)

Describe something you can't live without – not a mobile/cell phone or computer.

Some instructions that you can follow:

What this thing is

What you used for it

How long you have had it

And explain why you can't live without this thing.

When I went to college, I bought a pair of Air Pods. I find it is so useful that it has become a necessity in my life. The Air Pods are very easy to use. All I had to do was push the cover off and they would automatically connect to my phone. These headphones have been with me for nearly three years, and so far, they work perfectly. I'm glad I was able to buy them.

As for why I can't live without headphones, for one thing, it's good manners to use them in public places or in the dormitory. If I use headphones, people around me will not be disturbed by the sound of my device. In subways and libraries, I've seen a lot of people playing audio, watching videos, and making phone calls. I think it is very impolite and this kind of behavior will seriously disturb other people.

On the other hand, I like listening to music very much. Listening to music is something I do almost every day, it is an important way for me to relax. Headphones are my instrument for listening to music. My Air Pods have excellent noise cancellation, which means they block out most outside noise and allow me to concentrate on what I need to listen to. Ambient noise doesn't stop me from talking on the phone or listening to music, whether it's a commute or a noisy place. My headphones are as important as my phone, and I would be very uncomfortable without them.

上大学后,我买了一副 Air Pods 耳机。我发现它实在是太好用了,它成为了我生活和学习中的一个必需品。Air Pods 使用起来非常方便。我只要推开耳机盖子,手机就会自动和我的手机连接,完全不需要任何复杂的操作过程。这副耳机陪伴了我将近三年的时间,至今功能一切正常。我很庆幸我能买到它。

至于说为什么我生活中<mark>离不开</mark>耳机,一方面,在公共场所或者在宿舍使用耳机是一种礼貌。如果我使用耳机的话,周围的人就不会被我的设备发出的声音所干扰。在地铁和图书馆里,我见到过很多人外放声音看视频和打电话。我认为这是非常不礼貌的,这种行为会严重干扰其他人。

另一方面,我非常喜欢听音乐。听音乐是我几乎每天都会做的事情,这是我的放松身心的重要方式。而耳机则是我听音乐的工具。我的 Air Pods 有非常棒的降噪功能,这意味着耳机能隔绝绝大部分的外界噪音,让我能专心聆听我需要听取的内容。无论在通勤和嘈杂的地方,周围的噪音都不会影响我打电话或者听音乐。我的耳机就像我的手机一样重要,如果离开它,我会非常不习惯。

20: 从长辈学到的技能(1-4月新题)

Describe a useful skill you learned from an older person. Some instructions that you can follow:

Who the other person was

What skill you learned from this older person

How easy or difficult it was to learn this skill

And explain why it was useful for you to learn this skill

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I still remember that when I was in primary school, my dad bought me a mini-bicycle one day, which was smaller than most bicycles and suited me just fine. My dad asked me to go downstairs to learn how to ride a bike, for cycling is a very useful skill in our life.

At first, I kept falling off the bike soon after I started riding. Although it didn't hurt much, I developed a kind of fear. At that time, I remember, my dad told me a tip that the faster I rode, the less likely I would fall. Hearing that, I plucked up courage again to try as my dad told me. Miraculously, I felt it was easier for me to keep balance when riding with all my strength. So, I practiced riding back and forth for a long time, and gradually I was able to go farther and farther. After an afternoon's learning, I felt that I had mastered the riding skills. I had to say that the skills that my dad taught me were really great. They enabled me to cycle in a short time. Maybe I was gifted. I didn't think it hard to learn how to cycle.

Cycling is very useful to me since now I cycle to attend a class every day. It usually takes me only ten minutes to ride from my dormitory to the classroom building, but it would take twice the time to walk there. All in all, cycling saves me a lot of commuting time and brings ease to my life.

中文思路:

我还记得我小学的时候,我爸爸某天给我买了一部小自行车,这部自行车比一般的自行车要小一些,刚 好适合那时候的我。爸爸让我下楼跟他学如何骑自行车。骑自行车是一项非常有用的生活技能。

一开始学的时候,我没骑多远就从车上摔下来了。虽然摔得不疼,但我还是害怕。我还记得那时候我爸爸告诉我,骑得越快就越不容易摔。于是我鼓起勇气按照爸爸的方法再来一次。神奇地,当我用尽力气骑车后,我感觉自己更容易保持平衡了。我来来回回的练习了很久,我能骑车的距离也变得越来越远。经过一下午的学习,我感觉自己已经学会骑车了。不得不说我爸爸教我骑自行车的方法真的很棒,我花了很短的时间就学会了如何骑自行车。也许是我很有天分,我认为这项技能并不难学。

骑自行车是很有用的技能,现在我每天都骑自行车去上学。一般只需 10 分钟,我就能从宿舍骑到教学楼。如果我步行的话,可能需要多花一倍的时间。自行车极大地节省我通勤的时间,方便了我的生活。

21: 印象深刻的一堂课(1-4月新题)

Describe a lesson that you remember well.

Some instructions that you can follow:

What the lesson was about

When and where this lesson took place

What happened during this lesson

And explain why you remember this lesson so well

I still remember that I made a mistake in class when I was in senior high school. As a result, I was severely criticized by the teacher and had to stand in the class. To this day, the affair has left a deep impression on me

It was a biology class. Honestly, I was not interested in this course at all. Every time I had a biology class, I would feel bored. So, I took out my smartphone and secretly read novels by putting my head on the desk. At that time, I especially loved reading novels. I thought they were much more interesting than textbooks because they had all kinds of thrilling plots, such as "a hero rescuing a beauty in danger" or "Every Jack has his Jill".

But I was in bad luck this time. While I started to read a novel with relish, the teacher noticed my odd behaviour. He asked me to answer a question. Of course, I answered nothing. He came straight over and confiscated my smartphone, scolded me severely, and then forced me to stand up for the rest of class. I felt my cheeks hot and dared not face the teacher and other students. Without any choice, I had to stand upright with my head down.

After class, I took the initiative to write a self-criticism with hundreds of words to the teacher and sincerely apologized to him. This class left a deep impression on me. It was a shame to be criticized by the teacher in front of all the students. Since then, I dare not read novels on my phone in class anymore.

我还记得在我上高中的时候,我在课堂上犯了错,被老师严厉批评,并罚站了一堂课。这件事至今让我印象深刻。

那是一节生物课。说实话,我对这门课实在没有一点兴趣,每次上生物课我都觉得很无聊。于是我就拿出手机,偷偷在书桌下面来看武侠小说。那段时间我特别爱看小说。我觉得小说比课本要有趣多了。小说有各种惊心动魄的情节,比如英雄救美,亦或者有情人终成眷属等等。

但这一次我就倒大霉了。正当我趴在书桌上看得津津有味的时候,老师发现了我的异样。他让我回答问题。当然我什么也答不出来。他径直走过来没收了我的手机,狠狠地训斥了我,然后让我在接下来的整堂课都罚站。我感到脸颊发烫,不敢正视老师和其他同学,只敢低着头站正了。

课后我主动写了几百字的检讨给老师,并诚挚地跟老师道歉。这堂课让我印象非常深刻。在全班同学的 面前被老师批评是一件很丢脸的事情,从那时起,我再也不敢在课堂上玩手机了。

22: 别人给你的一件衣服(1-4月新题)

Describe an item of clothing that someone gave you.

Some instructions that you can follow:

What the item of clothing was and who gave it to you

What it looked like

When you wore it

And explain why this person gave you this item of clothing

My girlfriend gave me a T-shirt on the Children's Day as she believed it was very suitable for me. But in fact, I thought it was terrible.

It is a golden T-shirt with an oversized Astro Boy print on the front. For one thing, I don't like such a bright color; for the other, the huge cartoon print makes it seem like those worn by primary school students, which is very childish. Usually, I like to wear solid colors such as black and gray. I never buy clothes in bright colors and most of my T-shirts are bought from UNIQLO.

My girlfriend gave me this lovely T-shirt because she likes such lovely styles a lot. She thought I would look young and energetic in it. Of course, I'm happy to receive a gift yet it would have been better if she had communicated with me before buying it.

I felt awkward wearing the T-shirt on the street and thus I didn't wear it for a long time until my girlfriend realized that I had never worn the T-shirt she bought me. Then she was angry. She thought I didn't like her gift and I had to wear the cartoon T-shirt on a date. That was the only time I wore it as far as I can remember.

中文思路:

今年 61 儿童节的时候,我的女朋友送了我一件 T 恤,她觉得这件衣服非常适合我。但事实上我觉得这件衣服糟透了。

这是一件金黄色的 T 恤,胸前有一个超大的阿童木印花。一方面我并不喜欢这么亮丽的颜色,另一方面,巨大的卡通印花看起来就像小学生穿的,非常的幼稚。通常我喜欢穿一些纯色的衣服,比如黑色和灰色。我买衣服从不买颜色鲜艳的,我大部分的 T 恤都是优衣库的。

我女朋<mark>友送我这件可爱的衣</mark>服,因为她很喜欢可爱的风格。她认为我穿这件衣服会显得很年轻,很有活力。收<mark>到礼物的我当然</mark>很开心,但如果她能在买之前跟我沟通一下,那就再好不过了。

只不过我认为穿这件衣服上街是一件丢脸的事情。因此很长一段时间我都没有穿过这件衣服,直到我的女朋友某天才反应过来我从没穿过她买的衣服,于是就生气了。她认为我不喜欢她送给我的礼物。在一次约会中,我不得已穿上了那件卡通 T 恤。在我印象中我只穿过那一次。

23: 社交网络上常关注的人(1-4月新题)

Describe a person you follow regularly on social media or other media.

Some instructions that you can follow:

Who this person is

How you know about this person

What kinds of things he/she talks about

And explain why you follow this person regularly on social media or other media.

Li Jiaqi is an internet celebrity that I follow on social media. He has a lot of fans and is currently the most popular anchorman in China. I like him very much.

I discovered him about two years ago when my friend Anna shared his live broadcast with me. Li Jiaqi usually recommends a variety of good products in his live broadcast. When he finishes the introduction of the products, he will provide the purchasing links. Most importantly, the price he offers is very favorable, and he usually provides some additional gifts.

His social media content is very plentiful. In addition to sharing his daily life and work details, he also shares knowledge of skincare products, which is my favorite part. He will analyze the ingredients of the popular skincare products on social media and explain to fans what people are suitable to use this product. What's more, he also recommends lipsticks. Every lipstick he recommends is of super gorgeous color and has never let me down.

The reason why I follow Li Jiaqi is that I can buy the products I need at a lower price through his live broadcast while makeup in the mall is too expensive for me. Li Jiaqi often recommends products that are fair-price and of good quality, which are very suitable for students. Through his video, I also learned a lot about the ingredients of skincare products, which helps me a lot in choosing products that are more suitable for me.

中文思路:

李佳琦是我常常在社交媒体上关注的网红。他拥有非常多的粉丝,是当下全中国最火的主播,我非常喜欢他。

大概是两年前认识李佳琦的,我的好朋友 anna 经常看他的直播,并把他分享给了我。李佳琦在直播中通常会推荐很多好用的产品,经过一番介绍之后,他会提供产品的购买链接。最重要的是他给出价格是非常优惠的,通常还会有很多额外的赠品。

他的社交媒体内容非常丰富,除了分享生活的日常,工作的细节,我最喜欢的就是他有关护肤品的分析。 他会在社交媒体上认真的分析当红护肤品的成分,并且解释这个产品适合什么样的人使用。除此之外, 他还会推荐口红。他推荐的每一只颜色都超级好看,从来没有让我失望。

我关注李佳琦是因为通过他的直播间,我可以用更低的价格买到我需要的产品。商场里的彩妆对我来说太贵了。李佳琦经常会推荐一些平价又好用的产品,非常适合学生党。通过他的视频,我还学到了很多关于护肤品成分的知识,这将帮助我挑选到更适合自己的产品。

24: 有趣的著名城市(1-4月新题)

Describe a famous city that you find interesting. Some instructions that you can follow:
Where the city is
How you know about the city
Why the city is famous
And explain why you find this city interesting.

My favorite city must be Xiamen, a coastal southern city in Fujian Province. As one of the most popular cities on the internet, videos about Xiamen went viral on TikTok years ago. The scenery there is beautiful and the city itself is fun.

Xiamen is a famous tourist city, famous for Gulangyu island and satay noodles. Satay noodles are served as a local specialty, they are a kind of seafood noodles consisting of noodles, a thick soup base and various seafood ingredients. I've had it so many times. It's so yummy. Gulangyu is another noted tourist attraction. The island is very lively, with large and small stores selling a range of snacks. Collecting stamps is also a highlight. Walking into a store, you'll see their specific stamp. You can buy a stamp book and collect stamps as you shop around. It's a unique kind of fun that you can't find in other cities. Gulangyu Island is also a perfect place to take photos. The buildings there have a special sense of age, which easily make for beautiful photos.

Xiamen is distinct from other cities in China. While it lacks the grandeur of nature, there are countless gourmet and craft shops tucked away in the alleys. I find new interesting or delicious shops every time I go there, which makes the city more fascinating in my mind!

中文思路:

厦门是一个有趣的,非常著名的城市。我非常喜欢厦门这个城市,尤其是鼓浪屿。厦门属于福建省,是一个南方的沿海城市。确切来说,厦门是一个离海岸线不远的岛屿,而鼓浪屿则是离厦门很近的又一个岛屿。

厦门是一座著名的旅游城市,以鼓浪屿和沙茶面著称。沙茶面是当地的特色海鲜面,是浓浓的汤底加上各种海鲜小料和面做成的。我吃过好多回了,特别好吃。鼓浪屿是另一个著名的旅游景点。岛上十分的热闹,大大小小的店铺,卖着各种各样的小零食。收集图章也是一大亮点,走进店铺你就会看到,带有他们特色的图章,你可以买一本图章本,一边逛店铺,一边收集图章。这是一种在其他城市见不到的别样的乐趣。鼓浪屿也是一个非常适合拍照的地方,因为岛上的建筑都特别有年代感,随手一拍就是一张美照。

厦门相对于<mark>国内其</mark>他城市来说是与众不同的。因为它没有气势磅礴的自然风景,但有着数不尽的、藏在小巷子里面的美食店和工艺品店。每次去我都能发现新的好玩的店铺或者好吃的小店,这使得这座城市在我心中变得更加有趣!

25: 乡下一隅 (1-4 月新题)

Describe a place in the countryside that you enjoyed visiting.

Some instructions that you can follow:

Where you went in the countryside

Why you went to this place in the countryside

What you saw and did there

And explain why you enjoyed visiting this place in the countryside.

There is one spot in a rural area that particularly appeals to me, namely my hometown. As a remote county, it is far from any large city. Although it stands no chance to match the metropolitan prosperity, my hometown features its unique lifestyle, and I truly enjoy my time there.

My parents are usually occupied by work, and it had been years since we celebrated our Spring Festival back in my hometown. My grandparents also miss their relatives back home. For that reason, my whole family went back to my hometown during the last Spring Festival.

The Spring Festival in the village is a huge contrast to that of the city. With almost all the malls closed, the city is empty during the Spring Festival. By contrast, the Spring Festival in the village is full of vitality and vigor. A bustling market was set up on the main street of the county, selling all sorts of Spring Festival goods, daily necessities, and, most important of all, various fireworks. Big cities had banned fireworks for a long time, so it was the first time I witnessed such a huge variety of fireworks in my hometown. I bought a bag full of fireworks for less than \$100. In the evening I lit fireworks with my parents, totally lost in sheer joy.

Last year, we also had dinner together with our relatives, and the elders would give red envelopes to the younger generation. I received thousands of yuan of red envelopes last year, for which I was overjoyed!

中文思路:

我享受的一处乡下地方就是我的老家,那是远离大城市的一个偏僻的小县城。虽然比不上大城市的繁华,但那里的生活还是很有特色的,我很享受在那里的日子。

平时爸爸妈妈的工作非常忙碌,我的爸爸已经很多年没有回老家过春节了。爷爷奶奶也很挂念老家的亲 人。因此去年春节假期,我和全家人一起回了一趟老家。

村里过年和城市里很不一样,春节期间的大城市总是空荡荡的。所有的商场都几乎都停业了。但在村里过年才是最热闹的时候。县城的主街道上摆起了热闹的集市。售卖各种年货和生活用品。最重要的是还有各种烟花售卖。大城市已经禁止放烟花很久了,在老家我第一次知道烟花竟然有这么多种类。我买了满满一大包,才花了不到 100 块钱。晚上我和父母一起放了烟花,别提有多开心了。

去年我们的亲戚还一起聚餐,聚餐上长辈们都会给晚辈发红包。我去年足足收了几千块钱的红包,这真的让我高兴坏了!

26: 令你兴奋的书

Describe an exciting book that you enjoy reading Some instructions that you can follow What type of book it was Why you read the book What the book was about And explain why the book was so exciting.

Talking about books that excite me?! It has to be "Harry Potter." I'm a crazy fan of Harry Potter. The Harry Potter Series was extremely popular and the whole world already loved the story. When I was in primary school, I first read this book. I still remember that I was so excited that I could hardly sleep the day before. I couldn't wait to see what happens next!

Harry Potter is a series of seven fantasy novels written by the British author JK Rowling. This series is a about a young orphan boy named Harry who finds out he is a wizard and has to go to a magical wizard school called Hogwarts. The film is full of crazy magic, beautiful friendships, and exciting events.

This book is very exciting to me because this book is full of all kinds of wild imaginings and ups and downs of the plot. It also talks about friendship and trust. In this book, Harry tries to be kind and honorable to everybody he meets, but sadly, not everybody is so kind in return. The book taught me that it is important to know who you can trust and who you can rely upon. Furthermore, the book taught me how important it is to have good friends that support and protect you.

中文思路: (跟《想送给朋友的礼物》内容有部分相似)

谈到令我兴奋的书!那必须是『哈利波特』,我可是一个标准的哈迷。哈利波特的书非常受欢迎,全世界都喜欢这个故事。在我小学的时候,我第一次读到这本书。我记得我看得时候非常兴奋,事实上,那一晚我几乎都兴奋地失眠了,我追不及待的想知道后面发生了什么!

哈利波特是由英国的 JK 罗琳创作的魔幻系列小说,一共有 7 部。这部小说是一部关于一个名叫哈利的 孤儿的故事,他发现自己是一名巫师,于是去了一所叫做霍格沃兹的魔法学校。这部电影充满了各种神 奇的魔法,动人的友谊,和令人兴奋的事件。

我觉得这本书非常让我兴奋,因为这本书充满了各种天马行空的想象和跌宕起伏的情节。在这本书中,哈里试图对他遇到的每一个人都友好而尊敬,但遗憾的是,并不是每个人都回报他。这本书告诉我,知道你可以信任谁,可以依靠谁是很重要的。此外,这本书让我懂得了拥有支持和保护你的好朋友是多么重要。=

27: 机智地解决问题的人

Describe a time when someone you know found a clever solution to a problem.

Some instructions that you can follow

Who the person is

What the problem was

What the person did

And explain why you think this was a clever solution to the problem.

I would like to talk about my cousin Mike. Although he is only 14 years old, he is a very clever boy with good academic performance. He is an enthusiast of astronomy and physics, who can often apply some wonderful wisdom in his life.

One day I saw Grandma sewing buttons in her room. After a while, she suddenly called me over and said she couldn't find the sewing needle. If the needle fell on the bed, it could be really dangerous, so I turned on the flashlight and began to look for it carefully, but I couldn't find anything.

After a while, Mike came back from school and asked us what we were looking for. After hearing about it, he quickly brought a magnet, searched around the room, and soon found it near the bedside. I think Mike is extraordinary, and Grandma was very delighted and said that he is really clever. With simple knowledge, he solved the initially difficult problem. I think intelligent people need to make good use of the knowledge learned in books. The knowledge of physics and chemistry is not only facts printed in books, but also the wisdom in life. Making good use of the knowledge can make life easier and simpler.

中文思路:

我想谈谈我的表弟迈克,虽然他才 14 岁,但他是个非常聪明的小孩。学习成绩很好,特别喜欢天文和物理。在生活中经常能会发挥出一些奇妙的智慧。

某天我看到奶奶在她的屋里缝扣子,过了一会,她突然叫我过去,说自己找不到缝衣针了。如果针掉在了床上,实在是一件很危险的事,于是我打开手电筒开始认真的寻找,结果什么也没找到。淘宝店铺:安娜雅思。

过了一会儿迈克放学回来,问我们在找什么。我告诉他后,他迅速拿来了一块磁铁,在附近四处探测,不一会儿就在床头附近找到了。我觉得迈克厉害极了,奶奶也高兴的说我的孙子真聪明。他用一个简单的知识,解决了生活中原本很困难的问题。我认为聪明的人,需要善用书本上学到的知识,一些物理和化学知识不仅是印在书本上的定律,更是生活中的智慧。善用这些知识,能让生活变得更加轻松和简单。

28: 浪费时间的场合

Describe an activity you usually do that wastes your time
Some instructions that you can follow
What it is
How long you have been doing it
When do you usually do it
And explain why you are still doing it knowing it is a waste of time

I've recently managed to get a satisfactory internship downtown. The company is located in the Central Business District of our city with good working conditions. My section chief is a res ponsible man who teaches with great patience when I encounter problems that I can't solve. The only part that troubles me is the commute, which takes me a lot of time.

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The company is quite far away from our school. I go to work by subway each day, taking two transfers, after which I still need to walk for over ten minutes before I finally reach the company. Usually, the commute takes me one and a half hours. This means that I need to get up at half past six and leave the house in thirty minutes. Only by doing this can I reach the company before half past eight. I've been commuting like this for about a month, and I find it quite exhausting.

Since I have yet to graduate, I still need to live on campus, so I can't do anything to change the situation. After graduation, I will rent an apartment near my company. After all, once I start working, I will be left with a very limited amount of spare time. By living near the company, I will be able to spare some time for things I want to do. I can choose to do some reading to improve myself, or I can entertain myself with movies and games.

中文思路:

最近我在市区找到了一份我很满意的实习机会。公司坐落在我们城市的 CBD 里,工作环境很好。而我的组长是一个很负责的人。每当我遇到不会的难题,他都会很耐心地教我。但我唯一感觉不满意的地方就是我每天花费了大量的时间在通勤上。

我们学校里公司很远,我每天做地铁上班,期间还得换乘两次,然后我还得步行十几分钟才到公司。我 通常要花一个半小时才能到达公司。这意味着我每天需要 6 点半起床,七点出门。这样才能在 8 点半前 到达公司。我已经上班大概一个月了,我感到这样的生活很疲惫。

但是我现在还没毕业,只能继续住在学校里。所以我目前还不能改变现状。但以后如果我真正要工作了,我会选择租一套离公司近的公寓居住。毕竟上班了之后,每天的个人自由时间就会很少。这样的话我能节省下来非常多的个人时间来做我想做的事情。我可以看看书提升自我修养,也可以进行一些休闲活动比如看电影玩游戏。

29: 早起

Describe a time when you had to get up very early.

Some instructions that you can follow:

Where you were

What time you had to get up

Why you had to get up so early

And explain how you felt about getting up very early.

Last summer, my college organized the annual final exams. The exams which are scheduled in the morning usually began at 8:30am and therefore I had to wake up very early to be ready for them in time. I had to wake up at 6am so that I had time to wash my face, get dressed and eat a proper breakfast before I went to my exam. It was important that I got up this early because if I did not give myself time to wake up properly, then I would be tired in my exam and not perform well. Also, I was accustomed to have a review on the key points about the exams before the exams began so that I could remember them well.

At first, I was not very happy about having to wake up this early. I like to sleep in normally, so waking up this early was difficult for me. I am normally very grumpy when I first wake up and am irritable for the first few hours of the morning until I feel less tired. However, I had to wake up this early every day for a couple weeks during my examination period, and each day it became easier for me to wake up early. By the end of the examination period, I would wake up at 6am and feel wide awake and well rested. Going to bed early and waking up early is a great habit because it makes you more productive and focused throughout the day. it makes me feel like I have more time in my day.

中文思路:

上学期期末学校组织了一年一度的期末考试。早上的考试通常都在 8.30 开始,所以我不得不很早起床为它们做准备。我必须在早上 6 点起床,这样我就有时间洗脸,穿好衣服,并且在考试前吃一顿像样的早餐。我起得这么早是很重要的,因为如果我没有给自己足够的时间醒来,那么我就会在考试中很累,表现不好。我习惯于在考试前把不熟悉的知识点再看一遍,这样能让我记得更牢固。

一开始,我对这么早起床不太高兴。我平时喜欢睡懒觉,所以这么早起对我来说是一件不太容易的事。。 当我第一次醒来的时候,我脾气很暴躁,在早上的头几个小时里,我都会很生气,直到我感觉不那么累为止。然而,在考试期间的几周里,我每天都要这么早起床,每一天我都觉得更容易一些。在考试结束时,我会在早上6点醒来,感觉清醒并且休息的很好。早睡早起是一个很棒的习惯,早起让我觉得每天可以利用的时间变的更多了。

30: 敬佩的商人

Describe a businessman you admire
Some instructions that you can follow:
Who this person is
What his or her business is
What you know about this person's business career
And explain why you admire this businessperson.

The person I want to talk about is my dad. He runs in an internet technology company. His company focuses on developing apps and small programs, and sometimes does web technology consulting. Although the company is not so big, I admire him very much and regard him as a superman.

My father majored in computer science. When I was young, he was just an ordinary programmer. He got where he is today through his years of effort. He is nearly 50 years old, but he still keeps learning new information. Though he is busy with his work in the daytime, he will find the time to do some reading at night. It is one of the reasons I admire him. Not many people at his age can do this, but my father can.

I think another reason why he works so well is that he has a good enthusiasm for work and speaks English very well, so he can work and communicate with people from different cultural backgrounds. At the same time, as a business man, he has the ability to manage a large number of employees and deal with the many affairs of the company. So, I think he's very good at his job and want to be a person like him. Copyright by Annayasi.

中文思路:

我想谈论的人是我的父亲。他经营一家互<mark>联网科</mark>技公<mark>司。他</mark>的公司主要从事 app 和小程序的开发,有时候也做一些网络技术咨询的工作虽然公司规模不大,但在我眼里爸爸就像超人一样,我非常敬佩他。

我爸爸是学计算机的。我小时候他只是一名<mark>普通的</mark>程序员,通过自己不断地努力才有今天的成就。他已经快 50 岁了,但每年仍然在不<mark>断进</mark>修和学习。虽然他白天的时候很忙,但是晚上他总能偷出点时间来读书。这是我觉得钦佩他的其中一个原因。不是所有人在他这个年级都能做到这样的,但他做到了。

我认为他的工作出色的另外一个原因是因为他有很好的工作热情,英语说得很好,并且善于交流。所以他可以与来自不同文化背景的人工作和交流。同时,作为一名商人,他有能力管理大量的员工,处理公司的许多事务。所以,我认为他非常擅长他的工作。我很敬佩我的爸爸,我很希望将来成为像像爸爸一样的人。

31: 咖啡馆

Describe a café you've been to.

Some instructions you can follow:

Where this café is and what it looks like

Why you went there

What you drank or ate there

And explain what you liked or disliked about this cafe.

Speaking of a café that I like to visit, I guess that would be Luckin coffee. Luckin coffee is the leading brand in the coffee industry in China. I think everyone knows it and most of us have tasted it.

You can find Luckin coffee in many places such as office buildings and shopping malls. Luckin also has a takeaway service, which makes it easier for people to buy its products. Besides, it sells a variety of coffee flavors, from traditional Americano to innovative coconut coffee. It also sells a variety of bakery products, such as cakes and caramel pudding.

Luckin's stores are generally small, much smaller than its rival Starbucks, but it still offers a handful of tables for guests to rest. This is because Luckin promotes a "take-away culture" which means that it encourages people to choose takeaway service. So I don't usually drink coffee in their store, I usually take it back home or get takeout from them in the library.

I like to buy Luckin coffee because its coffee is cheap and good. Their coffee tastes like Starbucks but costs almost half as much. As a student, I don't have much money, so I choose Luckin coffee.

中文思路:

你可以在很多地方找到瑞幸咖啡,比如在写字楼下面,在商场。瑞幸咖啡还开通了外卖,这更加方便了人们购买它的咖啡了。淘宝店铺:安娜雅思。瑞幸咖啡卖各种各样口味的咖啡,比如有传统的美式咖啡,也有创新的椰汁咖啡。同时它也卖各种点心产品,比如蛋糕和焦糖布丁。

一般来说瑞幸咖啡的店面不大,比他的竞争对手星巴克要小得多,但是它还是会提供少数的桌子让客人歇息。因为跟星巴克不同的是,瑞幸咖啡提倡的是一种"带走文化",也就是说他提倡大家都选择打包带走,不在店面就餐。所以我一般都不会在他们店里喝咖啡,都是打包回家或者在图书馆叫他们的外卖。

我喜欢买瑞幸咖啡喝,因为它家的咖啡物美价廉性价比高。它们的咖啡味道跟星巴克差不多,但价格几乎是星巴克的一半。作为学生的我并没有很多钱,所以我选择喝瑞幸咖啡。

32: 搬到新家/新学校

Describe a time when you moved to a new home/school Some instructions you can follow:
When you moved
Where you moved
Why you moved

And how you felt about it

I think the last time I moved was when I first started college. I needed to move my things from home to the school dormitory. That included my mattress, clothing, and groceries. It was the first time for me to leave home and live alone, and it took me a long time to pack all I needed together. I packed three suitcases, not including the mattress and comforter.

I underestimated the difficulty of moving since I had no experience. Even though my mother came to help me, it was very difficult for both of us to carry my stuff. What even worse was that there was no elevator in the dormitory, so I had to go upstairs with my heavy suitcases. At that time, I regretted not calling my father to help.

By the time we had carried everything upstairs, we were exhausted. My clothes were soaked through as if I had just come out of a swimming pool. But the difficulties were far from over. The dormitory had not been cleaned so that there was a thick layer of dust on the table and also the floor. When I finished cleaning my room, it was already seven o 'clock in the evening. We had been working for five hours.

I think moving is a real pain in the neck, and if I have another chance, I think I will only carry the necessities of life with me. More important, I will call my dad to help.

中文思路:

我最近一次搬家,应该是刚上大学的时候。我需要把我的东西从家里搬到学校宿舍。包括我的床垫,衣物和生活用品。这是我第一次离开家独自生活,我花了很长时间收拾一切我认为必要的东西。我收拾了整整三个行李箱,这还不包括床垫和被子。

因为没有经验,我低估了搬家的难度。虽然妈妈也专程过来帮我,但我的东西实在是太多了。我们两个都感到非常吃力。宿舍是没有电梯的,我必须提着沉重的行李箱走楼梯。那时候我非常懊悔没有叫上我爸爸。

等我们把所有东西搬上楼,我感到筋疲力尽。我的衣服全部都湿透了,仿佛刚从游泳池上来一般。然而困难还远远没结束。宿舍的卫生还没有打扫。桌子上和地上都有厚厚的一层灰尘。等我搞完一切坐下来的时候,已经是晚上七点钟了,我们整整弄了五个小时。

我认为搬家是一件非常痛苦的事,如果再给我一次机会,我想我会少带一些东西。还有最重要的,叫上 爸爸。

33: 花费超过预期的物品

Describe a time when you had to pay more than you expected for something.

Some instructions that you can follow

What you were paying for

How you felt when you saw the price

What you did about it

And explain why the amount of money you had to pay was unexpected.

Recently, I bought a new pair of earphones—AirPods on JD.com for RMB 1300 which I am very thrilled to own it. Actually, I hesitated when I saw its price because it cost me far more than my budget.

I needed it because my old traditional wired earphones broke down recently after my using them for about two years. Apart from that, I'd also been thinking about getting one of the latest Bluetooth earphones. Wired earphones are inconvenient to use, because the wires get entangled way too easily.

Initially, I only set my budget to a few hundred Yuan, that is, until I tried my good friend Anna's AirPods. It was love at first sight. It is simply too convenient for pairing with an iPhone: push the cover lid open and you are connected. But it wouldn't be a pair of earphones without a pleasing sound quality. In this aspect, AirPods deliver as well.

Earphones top the list of frequently-used necessities for me, perfect for listening to music in noisy public places. That explained why I still ended up buying it despite being hesitant for a week. Now that everything's sorted out, I think being frugal for the next few months would be a good idea considering I spent quadruple my initial budget for my AirPods.

中文思路:

最近我在京东上花了1300元买了一台新耳机 Airpods,花费了超过我预算,但拥有新耳机是一件令人开心的事。

我大概花了 1300 元在京东上买的,对我来说,这实在是一笔不小的数目。之所以我要买新耳机,是因为我的旧耳机不久前坏了。我的旧耳机是传统的带线的耳机,已经用了大约两年了。同时我也想换一副现在最新潮的蓝牙耳机。有线耳机使用起来不太方便,因为它的线总是会缠在一块。

原本我的预算只有几百块钱。直到我试用了好朋友 anna 的 airpods 耳机。它一下就吸引了我。这副耳机和 iphone 连接实在是太方便了。只要推开耳机盖子,手机就会自动连接,完全不需要任何复杂的操作过程。不仅如此,airpods 的音质也让我满意。

我认为耳机<mark>是我使</mark>用频率很高的物品,在一些吵闹的公共场所,我很喜欢带着耳机听音乐。因此,我犹豫了一周的时间,还是决定买下它。它的价格是我原本预算的四倍,我想接下来的几个月我都得省吃俭用了。

34: 有趣的外国人

Describe a foreign person who you have heard on known that you think is interesting Some instructions that you can follow
Who the person is
How you knew him/her
What kind of person he/she is
And explain why you think he/she is interesting

I can still well remember the experience of going to OCT East, Shenzhen at a young age with my parents. I met an interesting foreigner at that time. OCT East is a large amusement park with a great many recreational facilities such as a roller coaster and cable car, as well as a European style commercial town.

My parents drove me there one weekend during a summer vacation. We had a wonderful morning going on thrilling rides. At noon, we went to have a meal at the Interlaken Town. At the entrance of the town, I saw a copper-colored "statue". At first, I thought that was a person with copper-colored paints from head to foot. But with a closer look, I started to think it was a statue, because it was still, without a blink. Just as I approached, trying to touch him, it suddenly blinked to me. I was totally freaked out. You know I was still a little kid and had never seen this trick before.

It turned out that he was a foreigner, with paints all over, sitting there still, and pretending to be a statue. Later, he came to me and told me he was an actor in this amuse park. Then he took a photo with me and evened asked what my name was and wished me to have fun. I suspect that he is really fun person because he disguises himself as a statue and sits there without any movement for such a long time. I guess he must have fooled a lot of people.

中文思路:

我还记得我小时候和爸妈去深圳的东部华侨城游玩。我在那里见到一个有趣的外国人。东部华侨城是一个游乐园,里面很大,有非常多的游乐设施,有过山车,有缆车,也有欧洲风情的商业小镇。

那是暑假的一个周末,爸妈带着我开车去那里玩。早上我们玩了很多刺激的机动游戏。中午的时候,我和爸爸妈妈去了因特拉根小镇吃饭。就在小镇的门口,我看见一个古铜色的"雕像"。一开始我还以为是一个浑身涂满古铜色颜料的人,但是仔细一看,我又觉得他是一个雕像。因为他一动不动的,连眼睛都不眨一下。正当我走前想摸摸他时,他突然对着我眨了一下眼睛!当时我真的被吓到了!要知道那时候我还小,没见过这种把戏。

原来他是个外国人,只是全身涂满了颜料,然后坐在凳子上一动不动,装作是一个雕像而已。后来他主动地找我合照,告诉我他是这里的演员,还问了我的名字并祝我玩的开心。我觉得他真的是很有趣的一个人,竟然能长时间地一动不动扮成雕像。想必他肯定已经骗了不少人!

35: 希望养成的习惯

Describe a good habit a friend has that you would like to develop. Some instructions that you can follow
Who the friend is
What the habit is
What made you notice this good habit

And explain why you would like to develop this habit.

I have been living with Anna, my roommate, for almost four years. She has a good habit of keeping early hours. However, I am a night owl, unlike Anna, and I enjoy watching TV shows or playing video games until the wee hours of the morning, often going to bed at two or three o'clock. Though playing games in the dead of night makes me excited, I feel exhausted the next day and waking up early usually leaves me feeling lethargic for the whole day. Copyright by Annayasi.

I noticed Anna's habit a long time ago. When it comes to almost twelve o'clock every day, she will put an end to all the things in hand immediately and go to bed. She will turn off the light in the room as well so that I can only turn on the desk lamp to move around. At first, I used to laugh at her for acting like an elderly person. But over time, I have realized that keeping early hours is truly a good habit, and it will allow a person to be healthier.

Anna is always energetic and efficient in her studies, and seems to have more time to spare. When I wake up from slumber, she has already finished her morning study and returned to the dorm after lunch. Staying up late for long periods of time has messed up my biological clock, and sometimes I get drowsy suddenly during the day, and sometimes I lose sleep at night. I am starting to worry about my health, and I have decided to learn from my friend Anna and get into the good habit of being an early sleeper and early riser.

中文思路:

我和我的室友 anna 已经住在一起将近四年了,她有一个非常好的生活习惯,那就是早睡早起。不同于 anna,我是个夜猫子。我喜欢在凌晨看电视剧或者打游戏,经常两三点才睡觉。虽然在夜深人静的时候 打游戏令我很兴奋,但随之而来的是第二天的疲惫不堪。早起通常让我一整天都无精打采。

我很早就注意到 anna 的习惯了。每天到了快 12 点的时候,她就会立刻结束手里所有的事情,然后上床睡觉。她还会关掉房间里的灯,这时候我只能开着台灯活动。一开始我还经常嘲笑她像个老人家。但时间久了,我发现早睡早起确实是个好习惯,他能让一个人更健康。

Anna 总是精力充沛,学习效率很高,而且她似乎拥有更多可安排的时间。当我从睡梦中醒来,anna 已经结束一早上的学习,并且吃完午饭回到宿舍了。长时间的熬夜让我的生物钟很混乱,有时候我会在白天突然范困,有时候又会在夜里失眠。我开始担心自己的健康。我决定要像我的朋友 anna 学习,养成早睡早起的好习惯

36: 等待特殊事情

Describe a time when you had to wait for something special to happen.

Some instructions that you can follow

What this special thing was

Why you had to wait for it

What you did while you were waiting

And explain how you felt about waiting for this special thing to happen.

A special and meaningful moment in my life as a student still exists in my mind. It is the moment when I waited for my result of Gaokao. It is widely known that Gaokao is quite important for our Chinese students. It may decide if we can enter an excellent university or even find a well-paid job in the future.

Because I did not think that I did very well in the exam, abnormal anxiety and tension swept over me while waiting for the result. I still remember that my Gaokao result would be published on an official website at noon. On that day, all of my family members and I sat at home and waited for the result. I started inquiring about my scores starting at 11 a.m., again and again. Finally, I got my result punctually at noon. The result was far better than my expectation and my family was also crazy for that. I couldn't help but hug my grandpa at that time.

The moment was unforgettable because the experience was insufferable. Years of effort were made for it and I couldn't imagine what I would have done if I had failed the exam. Luckily, I got a good result. However, I never want to have that experience again as it was such an excruciating experience.

中文思路:

我的学习生涯中,有一个特殊的而又意义<mark>非凡的时刻让我至</mark>今难忘。那就是我在等高考成绩出炉的那一刻。我们都知道,高考对于我们中国学生来说非常之重要。高考成绩的好坏决定了我是否能上好大学,而好大学又关乎到我们是否能找到好工作。

我觉得我高考考的不是很理想,所以在高考成绩出炉的那一天,我感到异常的焦虑和紧张。淘宝店铺:安娜雅思。我还记得高考成绩是在中午 12 点出炉的。那一天,我们全家人都坐在家里关注着这件事情。从 11 点开始,我就开始不断地、一遍又一遍地查询。终于到了 12 点,我查到了我的成绩。出乎意料的,我考的还不错!我的家人们也很开心,我情不自禁地跟我爷爷抱在了一起!

这一刻让我<mark>至今难忘,因为这个</mark>经历实在是太煎熬了。多年的学习只为了这个成绩,我无法想象要是我 考砸了该怎么办。辛亏我考的还不错!不过我不想再经历类似的经历,这太折磨人了!

37: 有名的运动员

Describe a sportsperson who did very well at an event. Some instructions that you can follow

Who the sportsperson was

What the sports event was

Why the sportsperson did well

And explain how you felt when the sportsperson did very well.

The athlete I want to talk about is Su Bingtian. He is the most famous sprinter in our country after Liu Xiang.

Su set a record of 9.83 seconds in the 100-meter race at the Tokyo Olympics. It is the best record which has been achieved by a Chinese, or Asian race, in any international competitions. I still remember that day when Su attended the 100-meters Olympic Games, my family and I were all cheering for him, even my old grandpa joined in. We shouted out when he started to run and became insane when he broke the record. What an impressive and memorable moment it was! Nearly all the social media were promoting Su's achievements. Although he did not win the Olympic gold medal, he won the respect and admiration of all Chinese people and even the world.

Su Bingtian is also famous for his inspirational story. He is not tall, only about 1.7 meters, which means his athletic talent is obviously much poorer than that of the other players all over the world. But Su focused on improving his competitive level and has been training diligently for a decade. Finally he made great and unbelievable achievements. Su Bingtian deserves our respect for his humble but inspiring history of struggle.

中文思路:

我想说的运动员就是苏炳添,他是继刘翔之后,我们国家最著名的短跑运动员了。

在东京奥运会上,苏以 9 秒 83 的成绩创造了 100 米的世界纪录。这是中国黄种人在国际比赛中取得的最好成绩。我仍然记得苏炳添参加 100 米奥运会的那天,我和我的家人都在为他加油,甚至我的老爷爷也加入了。当他开始跑的时候,我们都开始呐喊加油! 当他打破记录的时候,我们都疯了。这是多么令人印象深刻和难忘的时刻啊!几乎所有的社交媒体都在宣传苏的成就。虽然他没有赢得奥运金牌,但他赢得了全中国人民甚至全世界的尊敬和钦佩。

苏炳添之所以这么著名也是因为他的励志故事。他身材不高,大概只有1米7,运动天赋明显比身高马大的欧美和非洲选手差很多。但苏炳添非常专注于提高竞技水平,十年如一日地勤奋训练。终于在大家都不看好的情况下脱颖而出,取得了骄傲的成绩。平凡而又励志的奋斗史是真正令人敬佩的,苏炳添值得我们尊敬。

38: 善待不喜欢的人

Describe a time you were friendly to someone you didn't like

You should say

When and where it happened

Who he/she was

Why you didn't like this person

And explain why you were friendly to him/her on that occasion

Last summer holiday, I worked as an intern in a company, where I met a colleague who made me very uncomfortable. We all called her Anna and she was an intern who entered the company at the same period as me.

In fact, I wasn't the only one who disliked her. There were also other colleagues in our group who expressed the same feeling. The reason why we didn't like her was her incapability to work and extreme laziness. She often secretly watched TV drama and Tiktok during work time. And she only worked very hard in front of our company leaders.

Once we needed to complete a group project and I was divided into the same group with her. It was just her and I² working together. Despite the fact that she was such a depressing person that made me dislike her a lot, I reminded myself to be patient. I tried to calm down and talked to her. I also invited her to join me at lunch and told her the importance of finishing the task, which would directly influence the marks of our internship. We had a nice conversation and she wasn't like that kind of person I heard of before. After the meal, we could even talk in a much more comfortable way. Copyright by Annayasi.

At first, I forced myself to treat her nicely, but I later found that one's kindness will be paid back by others. This experience taught me a lesson that one should know how to get along well with others, especially at work, as you have no chance to choose your partners.

中文思路:

去年暑假,我去了一家公司实习,在那里我遇到一个非常不喜欢的同事。她的名字叫 anna,是和我同一批进入公司的实习生。

确切的说不光是我,小组里的其他几个同事也不怎么喜欢她。因为她不仅工作能力一般,而且非常懒惰。 她经常在工作时间偷偷看电视剧或者刷抖音,只有在领导面前他才会表现的异常勤奋。

直到一次小组任务,我和她被分到了一个小组,而且只有我们两个人。虽然他让我很沮丧,我个人也不喜欢他,但我不得不告诉自己要有耐心。我努力冷静下来,然后主动找她沟通。我友好的请她吃中午饭,告诉她这次任务很重要,汇报的成果会直接影响我们实习的评分。那天我们聊的还算愉快,她也没有传说中那么讨厌。在这顿午饭之后,我们似乎可以用一种更舒服的方式说话了。

起初我友善的对待她是迫不得已的,但后来我发现,自己的一些好意也能换来对方同样的好意。这件事让我学到了如何与他人更好的相处。尤其是在工作中,很多时候你无法选择自己的合作伙伴。

² 这个说法需要再确认

39: 有创造力的人

Describe a creative person (egg. an artist, a musician or an inventor) whose work you admire.

Some instructions that you can follow

Who this person is

What you know about this person

What you consider his or her greatest success

And explain why you admire this person's work.

I would like to talk about my grandma who is a very creative person. The reason why I think she is very creative is that she is good at paper cutting.

Chinese paper cutting is a traditional Chinese art. Usually we make Chinese paper cuttings and stick them on windows or doors to decorate our homes and to celebrate the festivals. Nowadays, many people like to buy ready-made paper-cuts to decorate their houses, but my grandmother always sticks to the traditional technique. I think it's very creative.

I still remember one day when I came home, grandma decided to teach me how to create paper cuttings. She told me I needed to fold the red paper in half for three to four times, and then cut the pattern on the folded red paper with scissors. After spreading out the red paper, we got a paper cutting with symmetrical patterns! Grandma also demonstrated how to cut the simplest patterns of snowflakes. Then she told me to try it myself. It sounded simple, but I had to say, paper-cutting was really difficult! I tried for a long time but failed to complete a successful work. But while I was trying, she had already made several beautiful paper-cuts. What surprised me most was that she was able to create several unique patterns by herself in such a short time, and they were all beautiful.

Perhaps everyone is good at something, and my grandma is a creative person with an incomparable gift for paper cutting.

中文思路:

我想谈下我的奶奶,她是个非常有创造力的人。之所以我认为她很有创造力,是因为她特别会剪纸。

剪纸是一项中国传统艺术,通常我们会在庆祝节日的时候进行剪纸,然后贴在窗户或者门上,以此来装饰家居或者增添节日气氛。现在很多人都喜欢购买现成的窗花来装饰房子,但我的奶奶一直坚持着这样传统技艺。我认为这非常有创造力。

在我某次回家的时候,奶奶决定教我如何剪纸。她告诉我首先要把红纸对半折叠 3-4 次,然后用剪刀在对折后的红纸上剪出图案。剪好后把红纸铺开,我们就得到了一幅有着左右对称图案的剪纸了!奶奶还示范了如何剪出最简单的雪花图案。紧接着他让我自己试试。听起来很简单,但我不得不说,剪纸实际操作起来实在是太难了!我尝试了很久,都没完成一幅成功的作品。而在我尝试的这段时间里,奶奶已经制作了好几副很漂亮的剪纸。最让我惊讶的是他自创了几个图案。

也许每个人都有自己擅长的事情,而奶奶就一个具有创造力的人,对剪纸有着无与伦比的天赋。

40: 困难的决定

Describe a decision that was difficult for you to make.

Some instructions that you can follow

What you hard to make a decision about

Where and when you made the decision

How long it took you to decide

And explain why this was a difficult decision for you to make.

Several months ago, there was something seriously wrong with my stomach. My parents took me to a doctor of traditional Chinese medicine, since they believed Chinese medicine could regulate the body's metabolism and cure my stomach pain. The doctor of Chinese medicine prescribed me a dose of medicine to take for three months, which meant I needed to take the decoction for a long time.

I have to say it was a difficult decision for me to make because the Chinese herbal decoction tasted very bitter, which definitely would be an unpleasant experience for me. Besides, I was not allowed to eat spicy food, seafood, or beef, so all I could eat every day would be vegetables with little salt. It took me a whole day to convince myself to do it. In order to cure my illness, I made the decision to follow the doctor's advice immediately.

I'm a totally foodie and my favorite food is spicy hot pot. However, during the treatment of my stomachache, I could only watch my friends go out to parties, while I could only stay at home having the unpleasant Chinese medicine. It was such a depressing experience for me. I think I couldn't have made a more difficult decision than that. I had to convince myself again and again that I was making the right choice. As long as I kept at it, my stomachache would be cured.

However, I had to admit that Chinese medicine was very effective. After three months of drinking the decoction, I felt much better. My decision was correct and so from the experience of taking Chinese medicine, I decided to live a healthier lifestyle because I really don't want to take the bitter Chinese medicine anymore.

中文思路:

大概几个月前,我<mark>的胃出了毛病。我的</mark>父母带我去看中医,因为他们相信中医可以调节身体的新陈代谢,治疗胃痛。中医给我开了三个月的药,这意味着我需要服很长时间的药。

我不得不说,这对我来说是一个艰难的决定,因为中药尝起来很苦,这对我来说无疑是一个可怕的经历。此外,我不允许吃辣的食物,海鲜和牛肉,所以我每天吃的都是少盐的蔬菜。我用了一天时间说服自己,为了治好我的病,我决定听从医生的建议。

我是个非常热爱美食的人,没有什么比吃一顿麻辣火锅更过瘾的事了。然而治疗胃痛的这段时间,我只能看着我的朋友出去聚会,自己一个人在家面对难喝的中药。这真的是一次沮丧的经历。我想没有比这更困难的决定了,我需要一次又一次的劝说自己,我做了个正确的选择。只要我坚持下去,我的胃痛就能被治愈。

我不得不承认中药是有效的;喝了三个月的汤,我感觉好多了。,而且从中医的经验来看,我决定过一种健康的生活方式。因为我真的不想再吃中药了。

41: 自行车/摩托车/汽车旅行

Describe a bicycle/motorbike/car trip that you think would be interesting.

Some instructions that you can follow:

Where you could go

Who you could go with

How easy/difficult the trip would be

And explain why you think using a bicycle/motorbike/car for this trip would be interesting.

Not far from our house, a new riverside park has been built recently. I often find related videos on Tiktok. There are long promenades along the river, large lawns and beautiful sculptures. At night people can enjoy the night view by boat from the dock. I really want to go on a bike trip there with my boyfriend.

I don't want to go during the weekend because it's usually crowded. There will be a lot of children running around and it will feel very noisy. The park is built along the river and covers a large area. It will take lots of time to walk around it. Although there are electric scooters for sightseeing in the park, they are very expensive.

I think riding a bike will be a brilliant idea since it is more environmentally friendly and healthier. I enjoy riding a bike because I can go wherever I want and don't have to worry about parking. As I ride, the wind blows in my face, and I can smell the scents of grass along the way. My boyfriend and I can ride along the river and can stop at any time to take pictures of me. I don't think anything could be more romantic and interesting than this. Not to mention it's all free.

中文思路:

在离我们家不远的地方,最近新修了一个临江公园。我经常在抖音上刷到相关的视频。那里修了很长的沿江步道,不仅有很大的草坪和精美的雕塑,夜晚还可以在码头乘船欣赏夜景。我非常想和我男朋友去那里来一次单车旅行。

我并不想选在周末前往,因为周末通常会很多人。还会有特别多的小朋友跑来跑去,这会让我觉得很嘈杂。公园本身是沿江修建的,占地面积很大。步行会非常吃力。虽然公园里有观光的电瓶车,但是非常贵。

而骑自行车就刚刚好。既环保又健康。我非常喜欢骑自行车的感觉,我可以随心所欲的去任何地方,也不用担心停车问题。骑车的时候风会一直吹向我的脸,我甚至可以闻到周围青草的味道。我们可以骑着车沿着江边欣赏风景,男朋友可以随时停下来帮我拍照。我想没有什么比这更浪漫的事了。而且这一切都是免费的。

42: 优质服务

Describe an occasion when you received very good service from a company or shop/store.

Some instructions that you can follow:

What kind of company/shop/store it was

What you needed from the company/shop/store

Who in the company/shop/store helped you

And explain why you thought the service was very good.

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As a hotpot restaurant, Hi Di Lao is renowned in China for its astonishing high-quality services which are not only an innovation but also an advantage compared with other hotpot restaurants and even all restaurants nationwide. Copyright by Annayasi. Besides, the dishes Hi Di Lao sells are pretty delicious, making itself rather popular in China. Every time I have to wait for quite a long while before it's my turn.

All staff members behave politely. They bow to customers and receive customers with hot towels and lemon water in a hospitable manner. As customers wait for their turn, manicure and shoe-shining services are offered. During the dinner, you will also be served a glasses cleaning cloth (眼镜布) and waterproof phone cases. You can even find disposable toothbrushes and combs in their bathroom. What matters more is that everything mentioned above is for free. I went for dinner at Hi Di Lao with my family on my birthday this year. I think my mom must have told the staff that it was my birthday, so they prepared special fruit and birthday noodles and sang a birthday song for me. They were just so considerate and all-embracing with their service.

Hi Di Lao may not be the best restaurant, but it's definitely a restaurant with the best service.

中文翻译:

海底捞是国内非常著名的一家火锅店。之所以他很著名,很大一部分的原因是海底捞提供了令人惊讶的优质服务。这对于火锅店甚至所有餐饮店来说都是一项创新和优势。与此同时,海底捞的食物也非常美味,这使得海底捞在中国非常火爆,我每次去都要排很久的队才能吃上。

海底捞的员工都异常地有礼貌,见面会给客人鞠躬,主动递上热毛巾和柠檬水。在客人排队等位置的时候,海底捞还会提供美甲和擦鞋服务;用餐时会给您递上眼镜布和手机防水套;甚至在洗手间都备有一次性的牙刷和梳子。重要的是,这一切都是免费的!今年我生日的时候,我们全家人就是去海底捞吃饭的。可能是我妈妈提前跟告诉了他们员工那天是我生日。就在我们正在吃火锅的时候,他们给我们送来了果盘和长寿面,然后全场的店员都一起给我唱生日歌。这种服务真的是太周到了!

虽然海底捞不一定是每个人心目中最好吃的餐厅,但是它绝对是服务最好的餐厅。

43: 假期旅行

Describe a place you went to on holiday/vacation that you would recommend.

Some instructions that you can follow:

Where you went for your holiday/vacation

Why you went to this place

What you did while you were there

And explain why you would recommend this place for a holiday/vacation.

Last Spring Festival, my family and I went for a trip to Sanya which was very interesting for us as it is a tropical island. It was unusual because it is very cold in my hometown during the winter, but in Sanya it was sunny and beautiful. While we were there, we did lots of fun activities. We went for walks along the beach, ate at lovely restaurants, and we even went diving since Sanya is famous for its diving. We were able to observe lots of beautiful fish and coral reefs close up, which was very impressive. We also went to Atlantis Water World, which is a very famous water park. I had watched some of its videos on Tiktok, but hadn't been there yet. When I got there, I found it was such a thrilling and interesting place to visit. My only regret was that there were too many tourists during the holidays so there were long lines for each attraction.

The reason why I chose to go to Sanya was that my hometown is very cold and dark in the winters. It is often rainy and cold so we spend most of our time indoors. Therefore, to go to a warmer place in winter was an extremely interesting experience for me. It was wonderful to be able to escape the cold and dreary (沉闷的) weather of our hometown. I have recommended this place to my friends and suggested them have a visit to Sanya!

中文思路:

去年春节,我和我的我的父母去三亚旅游,因为三亚是一个热带岛屿,这对我们来说是与众不同的。我家乡的冬天很冷,但三亚阳光明媚又美丽。在那里,我们做了很多有趣的活动。我们沿着海滩散步,在优美的餐厅吃饭,我们甚至去潜水,因为三亚以潜水而闻名。我第一次近距离观察到美丽的鱼和珊瑚礁,这是非常令人印象深刻的。我们还去了亚特兰蒂斯水世界,那是一个非常出名的水上乐园。我经常在抖音上看到相关的视频。那里就和网上说拌一样,实在是太好玩了!唯一的遗憾是节假日游客太多,每个项目都需要排很久的队。

我选择来三亚是因为我家乡的冬天非常寒冷和黑暗。经常下雨而且很冷,所以我们大部分时间都呆在室内。因此,对我来说,在冬天去一个温暖的地方是一种很棒的经历。能够逃离家乡寒冷沉闷的天气真是太好了。我已经把这个地方推荐给我的朋友,建议他们都去三亚旅游!

44: 难学的技能

Describe a skill that was difficult to learn
Some instructions that you can follow:
When and why you learnt this skill
How you learnt this skill
Why it was difficult to learn
And explain how you felt about learning this skill.

A skill which is difficult for me to learn must be photography. Not long ago, I bought an expensive SLR camera in order to take better pictures. But after I bought it, I found it wasn't as easy as I thought. There are several capture modes on the camera which are very complicated to handle. I only knew how to use the automatic mode at first. The pictures I took were so different from what I imagined it should be.

So, I made up my mind to learn how to use it. I spent days reading some books about photography which introduce the use of the SLR camera and how to set complex parameters (参数). Of course, it is also important to practice so I went to the park and other places to take pictures. I gradually learned how to use an SLR camera and was able to take some good pictures.

Though photography is a very difficult skill, it allows me to record memorable moments during my daily life and travels. It's also a social skill because I've made a lot of good friends through my photography. My friends usually ask me to take pictures of them while we are out. We then upload the pictures to social media to share to others. Photography greatly enriches my extracurricular life (课余生活).

We are accustomed to considering new things to be difficult. But everything becomes much easier when you try to learn and understand it.

中文思路:

对我来说,一个难学的技能肯定就是摄影了。不久前,为了拍出好看的照片,我买了一部很贵的单反相机。但是买回来之后,我发现拍照并没有想象中那么容易。单反有很多复杂的摄影模式。而我只会使用自动模式。拍出来的照片和想象中差距很大。

于是我花了几天的时间学习了几本关于摄影的书籍,书籍里面详细的介绍了单反相机的使用方法和如何设置复杂的参数。当然,实战也是很重要的,所以我去了附近的公园和其他地方去练习拍照。大概用了一个月的时间,我终于掌握了一些基本的方法。我逐渐学会了怎么使用单反,现在可以拍出一些很好的照片了。我的同学都觉得我拍的照片好看,出门的时候都让我给她们拍照。

虽然摄影是一项难学的技能,但它能让你在生活和旅行中记录美好的时刻。而且还有社交属性,因为摄影我交到了非常多的好朋友。我的朋友经常让我给她们拍照,上传到社交网络分享给其他人。摄影极大地丰富了我的课余生活。

对于自己不懂的新事物,我们总是习惯性的觉得难。当认真学习和了解之后,一切就变得简单多了。

45: 为家人骄傲

Describe a time when you felt very proud of something a family member did.

Some instructions that you can follow:

Who the family member was

What he/she did

Where and when this happened

And explain why you felt so proud of what your family member did.

Several years ago, my parents took a trip to Europe by themselves, and I was so proud of them. My mom and dad didn't speak English, but they were able to buy their own flights, book hotels and go to tourist sites. This is truly a remarkable achievement.

If my memory serves me correctly, they must have gone on this trip four years ago. They went to France and England for two weeks. I remember how shocked I was when they told me about their plans to travel to Europe! Because they knew nothing about English, I was very worried that they wouldn't be able to live abroad. They had a strong desire to go on this trip and I couldn't stop them.

To my surprise, my mother made a detailed plan in advance, from booking flights and hotels to transportation and dining information. Copyright by Annayasi. They even bought a translator online. It is a phone-like device that can translate Chinese into English on the screen by typing in Chinese. In this way, they can communicate with foreigners freely!

It was a 14-day trip and they had a great time. They even bought me a lot of souvenirs when they came back. Although I found that many things they bought were more expensive than in China, I didn't disclose the truth to them, after all, they came back safely.

中文思路:

好几年前,我爸爸妈妈独自去了欧洲旅行,我很是为他们骄傲。我爸爸妈妈其实都不会说英语,但他们 竟然能自己在当地买机票订酒店去景点旅游。这的确是一件了不起的事情。淘宝店铺:安娜雅思。

如果我没记错的话,他们应该是四年前去的。他们去了法国和英国两个国家,一共两周的时间。我还记得当他们告诉我他们要去欧洲旅游的计划时,我是有多么的震惊!因为他们不会讲英语,我非常担心他们无法在国外生活。但他们执意要去,我也拦不住。

出乎我意料的是,我妈妈在不会英语的情况下做好了详细的旅游攻略。从订机票和订酒店,到交通和餐饮信息,他们都提前计划好了。他们还在网上买了一个翻译器。这是一个类似手机的设备,输入中文后就可以在屏幕上翻译成英文。这样一来,他们就可以自如地跟外国人沟通了!

一共 14 天的旅行,他们玩得非常开心。回来的时候还给我买了很多纪念品。虽然我发现他们买的很多东西都比国内贵,但是我也不说破,毕竟他们能平安回来就好。

46: 完成的难事

Describe a time when you had to do something difficult, and you succeeded.

Some instructions that you can follow:

What you had to do

Why you had to do it

Why it was difficult to do

And explain how you felt about succeeding in doing this.

When I was young, I accomplished a very difficult thing, which was learning to swim. If my memory serves me right, it happened when I was in junior high school. My family believed it was very useful and important to learn swimming, so they enrolled me in a swimming class during the summer vacation. To be honest, I didn't want to learn swimming during the holiday. I wanted to go shopping with my classmates or go to the amusement park. But my parents had signed me up, so I had to learn.

It was not until I began to learn swimming that I found it was a very difficult task. I learned breaststroke, which is a relatively easy stroke in swimming. But when I first started, I couldn't coordinate my arms and my legs, which meant I could only use my arms without moving my feet, or I could only use my feet without moving my hands. It sounds like a strange thing, but I realized that I didn't have the knack for swimming.

Fortunately, with constant practice, I was able to learn breaststroke before the end of the class. Though I wasn't able to swim long distances, I could swim! Also, it meant that I did have a survival skill which I still felt very relieved about.

在我小时候,我完成了一件很困难的事情,那就是学游泳。如果我没记错的话,那是发生在我初中的时候。我的家里人认为学游泳是一件很有用而且很重要的事情,所以他们在暑假的时候给我报了一个学游泳的班级,让我去学游泳。淘宝店铺:安娜雅思。其实说实话,我并不想在假期里去学游泳。我想跟我的同学去逛街,去游乐园玩。但是爸妈已经给我报名了,我不得不去学。

直到我开始学游泳,我才发现学游泳竟然是一件非常困难的事情。我学的是蛙泳,是游泳姿势里面相对简单的一项。但在刚开始学的时候,我无论如何都不能做到手脚协调,也就是说,我只能在保持脚不动的情况下,用手划水,或者说在保持手不动的情况下,用脚划水。这听起来是一件奇怪的事情,但我的确在学习游泳方面没有一点天赋。

幸运的是,通过不断地练习,我终于在课程结束前学会了蛙泳。虽然我并不能游很长的距离,但我毕竟是掌握了一项求生技能。我还是感到很欣慰的。

47: 小学印象最深的人

Describe a person from your primary/elementary school that you have good memories of.

Some instructions that you can follow:

Who this person was

What you remember about him/her

How often you think about him/her

And explain why you have good memories of this person from your primary/ elementary school

My math teacher, Mr. Lee, impressed me deeply when I was in primary school. He was tall and a little bit fat, so he looked very strong. Most of the time he was serious, but when he smiled, he seemed much more friendly. He began to teach me math in the grade 3 in primary school, and I got to know him from that time.

I've graduated from primary school now, but the lessons I learned from Mr. Lee have stayed with me. I could tell that Mr. Lee enjoyed his job teaching mathematics. He always taught me with a smile on his face. Every lesson was important because in his eyes, it wasn't just for passing the end-of-term exam. The lessons he taught were to understand our world, to give ourselves more confidence, and to make us feel curious enough to find answers on our own.

If a teacher can make you enjoy studying, then I think they are doing a great job. Mr. Lee's love for mathematics was infectious. There are many rules of mathematics I can remember now, not because I was taught them many times – but because I enjoyed the one time I was taught them by Mr. Lee. If more people have the same positive attitude towards their jobs, I'm sure they would enjoy their working lives a lot more too.

He taught me a lot in primary school and I still feel grateful to him now. So, he was the one who impressed me most at that time.

我的小学数学李老师对是我在小学印象最深的人,他很高大,而且有点胖,所以看起来壮壮的。很多时候他都很严肃,但当他笑起来的时候,就显得很友好。他是从三年级开始教我们数学的,我也是从那时候开始了解他。

我现在已经小学毕业很久了,但是我从李先生那里学到的东西一直伴随着我。淘宝店铺:安娜雅思。我看得出来李先生很喜欢他教化学的工作。他总是面带微笑地教我。每一节课都很重要,因为在他看来,这不仅仅是为了通过期末考试。他教给我们的课程是了解我们的世界,给我们更多的信心,让我们感到足够好奇,去寻找自己的答案。

如果老师能让你享受学习,那么我认为他们做得很好。李先生对化学的热爱是有感染力的。我现在能记住许多科学规律,不是因为我学过很多次,而是因为李先生的那一节课给我的印象非常深刻。如果更多的人对他们的工作有同样积极的态度,我相信他们也会更享受他们的工作生活。

他在小学教了我很多, 我至今都对他很感激。所以他是我小学期间对我印象最深的人。

48: 给别人建议

Describe a time when you gave advice to others Some instructions that you can follow: When it was To whom you gave the advice What the advice was And explain why you gave the advice

Last summer vacation, I went to an accounting firm as an intern. That's where I met my colleague Anna. The day before our internship started, the company informed us to wear formal clothes to work. Copyright by Annayasi. But Anna didn't follow the company's instructions but chose to wear a T-shirt with cartoon characters since she is an anime fan. For this reason, the intern supervisor had a conversation with her specifically to make sure that she would abide by the company's rules.

Anna felt aggrieved because she thought it was her personal freedom to choose the clothes she wore. But I seriously advised her to wear a formal suit because it was not an unreasonable requirement of the company, but our profession's requirement.

Some industries with high professional requirements, such as lawyers, doctors, and accountants, have a similar requirement of dressing. It's not about looking good and personal bias. It's a kind of professional attitude towards your clients. In other words, if you go to the hospital and see the doctor wearing a colorful T-shirt instead of a white coat, would you not³ doubt whether the doctor is professional or not?

Anna seemed to become less angry after she received my suggestion. It's embarrassing to encounter such a problem on the first day of the internship, but I think only by sincerely proposing the reason and suggestions, can we solve the problems.

中文思路:

去年暑假,我去一所会计<mark>师事</mark>务所实习。在那里我遇到了同事 anna。在我们实习前一天,公司就要求我们穿正装上班。但 Anna 没有按照公司的要求做。她是一个动漫迷,所以穿了印着卡通人物的 T 恤来。为此,实习主管专门找她谈话,希望她能遵守公司的规定。

Anna 感到很委屈,她认为穿衣服是个人的自由。于是我很认真的建议她还是穿正装更为合适。这并不是公司的无理要求,而是工作需要。

一些专业度要求较高的行业,比如律师,医生,会计师,都会有穿衣的要求。这并不是为了好看,也不是个人偏见。而是为了在客户面前显得更专业。试想以下如果你去医院看病,医生没有穿着白大褂,而是穿着一件彩色 T 恤,你难道不会怀疑这个医生的专业性呢?

安娜听了我的建议之后,显得没那么生气了。也许是我说服了她。实习第一天就遇到这种问题是很尴尬的,但我认为只有真诚的说出问题,提出建议,才能解决问题,

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³ would you not ······ 固定搭配。"你难道不会······"

49: 感兴趣的名人

Describe a famous person you are interested in Some instructions that you can follow:
Who this person is
How you knew about this person
What this person was like before this person became famous
And explain why you are interested in this person

A famous person I am interested in is Lei Jun. He is the founder of XiaoMi, which is one of China's biggest electronics makers. He is not tall, and indeed a plain Jane, but he is a very talented entrepreneur. I often see his news on Weibo or on Douyin. If my memory serves me right, Lei Jun worked for a company called Kingsoft for decades before founding XiaoMi.

The reason why I am interested in him is that he led his team to design cost-effective mobile phones in China. Though iPhone is still the best-selling mobile phone in the world, it's XiaoMi that showed the world how to create a new market between luxurious and crappy, and to define a new style of mobile phone which is cost-effective. An iPhone may cost 5,000 or 7,000 yuan, while in XiaoMi, you can buy a very good one for around 3,000 yuan.

Lei Jun must be far more sensitive to the market than his other competitors. The products of XiaoMi are designed in a modern style and good to use, which is the reason why young people are crazy for its products. Xiaomi stores tend to give customers an immersive experience, where you can try out almost all of their products. I am very interested about how Lei Jun makes such a dynamic and creative enterprise.

中文思路:

我感兴趣的一个名人是雷军,他是小米的创始人,小米是中国最大的电子设备制造商之一。他不高,长得很大众脸,但是他绝对是一个优秀的企业家。我经常会在微博或者抖音看到他的消息。雷军在创建小米之前,在一家叫金山的公司工作了 16 年。

之所以我对他很感兴趣是因为他带领他的团队为中国做出了又便宜又好的手机。虽然 iPhone 依然是世界上最畅销的手机,但正是小米向世界展示了如何在奢华和劣质之间创造一个新市场,以及如何定义一种具有成本效益的新型手机。之前,一部好看的苹果手机可能要五千到八千元,而在小米,三千元就可以买到一部很不错的手机。

雷军对市场的敏锐度一定远远超过其他人。小米的产品不但设计得很新潮而且还很好用。非常受年轻人的喜爱。小米的店往往会给顾客一种沉浸式的体验,在店铺里你可以试用几乎所有的商品。我很好奇雷军是如何做出这么一家有活力和创造力的企业。

50: 感兴趣的想学的技能/事

Describe something you think it would be interesting to learn more about Some instructions you can follow:

What it is

How you first became interested in this

How you could learn more about it

And explain why you think it would be interesting to learn more about this.

I want to talk about learning French, which is a complicated and romantic language. French is the official language of many regions and organizations. Because of its strict characteristics, formal and important documents, such as the legal provisions, are written in French. My teacher once told me that the United Nations has set English as its first speaking language, but French as its first written language.

I watched a foreign film last year, when I heard the characters in the film speaking French. I was touched by the beautiful voice. It makes me feel very elegant to speak and hear this language, so I want to learn French. I have learned some conversational phrases from the movie, but in order to learn it in a proper way, I chose a course at my campus this semester to learn French from the beginning.

I think French is one of the most difficult languages in the world because the pronunciation of French and the use of oral muscles is completely different from that of English. Some nasal and lingual sounds, in particular, are big challenges for me. But I believe there is no shortcut to language learning except listening, speaking, and practicing more. Copyright by Annayasi. I'm looking forward to mastering this language well one day so that I can read some original books and watch French movies.

中文思路:

我想谈谈学习法语,这是一门复杂而又浪漫的语言。法语是许多区域和组织的官方语言。由于它非常严谨,正式且重要的法律条文等都是用法语书写的。我曾经听老师说过,联合国将英语作为第一交流用语,而将法语作为第一书面用语。

我去年看了一部外国电影,当我听到电影里的人物说法语的时候,,我被这美妙的声音打动了。法语让我觉得非常优雅,所以我想学习法语。我从电影里学到了一些会话短语,但是为了用更适当的方法学习它,这学期我在学校选修了法语课程,希望能从头学起。

我想学<mark>习法语应该很难,法语</mark>的发音与口腔肌肉的使用方式与英语完全不同。尤其是一些鼻音和舌音,对中国人来说是一个巨大的挑战。但我相信语言学习没有捷径可走,无非就是多听多说多练。我很期待有一天能学好法语,然后去看一些原版的书籍和电影。