

安娜口语素材 Part3 串联模板

写在前面的话

考官在 **Part3** 的阶段会先顺着 **Part2** 问几个问题，然后会再随机提问一些问题。所以 **Part3** 不可能完全靠背答案的形式来准备的。

虽然问题千变万化，但是雅思口语的问题主要是跟生活学习相关的。我们研究雅思口语考试多年，总结出了一套通用的 **Part3** 串联模板，提供了以下几个思路给大家使用。也就是说，针对大部分的口语 **Part3** 问题，你都可以按照以下的思路回答，不至于被考官问的哑口无言。

模板的作用是：无论考官问什么问题，你都按照我们给出的方向上回答。比如无论问什么社会类问题，你都往生活压力大这个方向上回答；问生活类问题，你都说现在人与人之间的关系越来越疏远上回答。

还需要说明的是，我们的串联模板只是提供了思路，并不是完整的答案。所以这个串联思路适合考试前时间非常紧张的考生使用。想要纯靠这个模板得 7 分以上是比较困难的，但是串联思路会让你的在 **Part3** 阶段的表现不至于被考官扣分，或者扣太多的分数。

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思路一：压力 - Pressure

这是我们串联模板中最核心的思路，对于社会类的问题基本上都可以运用这一思路来回答
也就是说无论考官问什么问题，你都往这个方向回答。

逻辑主线就是：

（由于）现在社会压力巨大 → （导致）人们需要非常努力地工作 → （所以）需要释放压力

人们没有时间去娱乐

需要向他人倾诉

很多人处于压抑状态

提高抗压能力

很多人易怒、情绪不稳

The logical line (Key words) :

People are now faced with much greater pressure than the past → Have to push themselves to work hard →

→ Have no time for entertainment

→ Often under depression

→ Easy to get angry and mad

→ Share your pressure with others

→ Release pressure

→ Enhance the ability to resist pressure

Some expressions about this topic:

现状:

People are now facing with much greater pressure than the past. There are some reasons as below.

(1) Expensive houses;

The high price of housing is another burden to people who have just graduated from university. The price of housing is amazingly high that even a second-hand house will cost five million Yuan in the first tier cities like Shanghai. It may take people 20 years to save enough money so that they can buy a house.

高房价对刚从大学毕业的人来说是另一个负担。像上海这样的一线城市房价高得惊人，即使是一套二手房也要 500 万元。人们可能需要攒 20 年的钱来买房子。

(2) Fierce competition;

We are now facing fierce competition. Now there are too many highly educated students and it will lead to a

glut of employees. Many graduates may be compelled to work at positions that are far below their level of education, which means they take opportunities from people from lower class families.

我们正面临激烈的竞争。现在有太多受过高校毕业生，这将导致市场上的雇员过剩。许多毕业生可能会被迫从事远低于他们教育水平的工作，这意味着他们会从来自底层家庭的人那里获得机会。

(3) Heavy living cost;

The living cost is much heavier than the past. Though people's salary rises every year, the price of food, transportation and products is going up every year. For example, you may spend 200 Yuan to buy an Adidas T-shirt now but it was 50% cheaper two years ago.

生活成本比过去要高得多。虽然人们的工资每年都在上涨，但是食品、交通和产品的价格每年都在上涨。例如，你现在可能需要花 200 元买一件阿迪达斯的 t 恤，但它两年前的价格只是现在的一半。

(4) Busy life pace;

As the society and economy develop at a fast pace, we are burdened and exhausted under great pressure in our strained, busy life. Most of us are now living a busy life, so it's hard to make time for leisure activities even on special days.

随着社会和经济的快速发展，我们在紧张、忙碌的生活中承受着巨大的压力。我们大多数人现在都过着忙碌的生活，所以即使在特殊的日子也很难抽出时间来做休闲活动。

导致：

(1) Have to push themselves to work hard;

Expensive houses and heavy living cost have become a huge burden to people, especially young people. We have to push ourselves to work hard so that we can earn a living in society.

高昂的房价和沉重的生活成本已经成为人们，尤其是年轻人的巨大负担。我们必须强迫自己努力工作，这样我们才能在社会上谋生。

(2) Have no time for entertainment;

Nowadays, working over-time has become a normal trend in our country. We are often busy going to work all day long and lack time for leisure activities.

如今，加班已成为我国的一种正常趋势。我们经常整天忙于工作，没有时间做休闲活动。

(3) Often under depression;

Nowadays we are often depressed because they have no time for entertainment and the expensive price of house is far out of their reach.

现在我们经常感到沮丧，因为他们没有时间娱乐，也负担不起昂贵的房价

(4) Easy to get angry and mad

Under such a depressed society, we are very easily to get angry and mad which may cause a series of social

problems.

在这样一个压抑的社会环境里，我们很容易变得易怒和生气，这可能会导致一系列的社会问题。

解决：

(1) Share your pressure with others;

Share your thoughts with your parents. They love you and know you the most. Also they have gone through lots of difficult times so they certainly can give you some good and helpful advice.

与父母多交流。他们爱你，最了解你。他们也经历了很多困难的时期，所以他们当然可以给你一些好的和有用的建议。

Share your thoughts with your friends. Sometimes parents can't have the same sense as ours but our friends do. We are at the same age and thus we may encounter the same difficulties. So, they could provide you with some good and helpful advice. Also, you can go through those difficulties with them.

与你的朋友分享你的想法。有时父母跟我们有代沟，但我们的朋友有。我们处在同样的年龄，因此我们可能会遇到同样的困难。所以，他们可以为你提供一些好的和有用的建议。而且，你可以和他们一起度过这些困难。

(2) Release pressure;

Playing computer games; listening to music; planting flowers; travel; reading; do sports. Etc

All of this is a good way to forget about the pressure in reality for a while and it is also an efficient way to release pressure. We would rather play computer games or listen to music when we have free time than study or do house work.

玩电脑游戏;听音乐;种花;旅行;阅读;做运动。等等

所有这些都是暂时忘记现实压力的好方法，也是释放压力的有效方法。当我们有空闲时间的时候，与其学习或做家务，我们更愿意玩电脑游戏或听音乐。

(3) Enhance the ability to resist pressure

Making a proper work plan is conducive to improve work efficiency. Also, the way of working and working ability is very important. When your working ability has improved, you will no longer feel your work is difficult. Thus, your working pressure has been released.

制定适当的工作计划有助于提高工作效率。此外，工作方式和工作能力也很重要。当你的工作能力提高了，你就不会觉得工作难了。这样，你的工作压力就得到了释放。

Examples:

1: What do people do online in their free time?

I think people tend to play online games or watch movies in their free time. Nowadays, people are faced with much greater pressure than in the past. They usually have to work overtime and are often depressed. So, they have to find outlets of pressure. Thus, they would rather play online games or watch movies than browse the

latest news or do some further education in their free time. I think it is a good way to forget about the pressure in reality for a while and it is also an efficient way to release pressure.

2: What's the difference between the things people did in their free time in the past and the things they do nowadays?

In the past, people had a lot of free time to accompany their families or do what they liked. However, nowadays people are too busy with their work every day. They have much less free time. With more and more work load and pressure, they have to work overtime more often than before. So, they seldom cook at home, but order meals online after work. Also, they would like to find outlets of pressure, such as going travelling, watching movies online or doing some sports with their friends.

3: How do you like taking care of animals?

I like to take care of animals. When I was younger, my family got a pet dog and it was my responsibility to look after the dog. I had to feed him every day, take him for walks and keep him clean, which was all a lot of hard work. I enjoyed doing it because we are now facing with much greater pressure than the past. Thus, we need to find outlets of pressure. Having a pet is a good way to forget about the pressure in reality. Being with my pet dog always fill me with great sense of happiness.

思路二：金钱 – Money

这条思路主要是讲事物的价值以及挣钱的多少。

因为要减少背诵量，所以遇见金钱的问题，我们只谈昂贵和奢侈，不谈便宜。

这样东西很贵 → 挣钱不易 → 人们会很珍惜它

这种行为很奢侈 → 挣钱不易 → 人们如非必要，不然不会这样做

社会压力大 → 挣钱不易（这里可以用到思路一的“压力思路”，在这里我们就不展开了）

The logical line (Key words) :

This item is expensive → making money is difficult → people won't buy it frequently or lend it to others

It is kind of exclusive behavior → making money is difficult → people won't do this unless necessary

Facing greater pressure now → making money is difficult → pushing people to earn more money

Some expressions about this topic:

It is rare for students or graduates to buy something expensive, like an iPhone or a Gucci handbag. Since they just entered into society and earn only a small salary. It costs a lot of money to cover living expenses and house rental. So, buying something expensive will be a huge burden to their life.

学生或毕业生很少会购买昂贵的东西，比如 iPhone 或古驰(Gucci)手袋。因为他们刚进入社会，收入微薄，要花很多钱来支付各种生活费用和房屋租金。所以，买一些昂贵的东西对他们的生活来说是一个巨大的负担。

On some special occasions like their friend's birthday, they will buy some expensive gifts for them. Because they want to give the perfect gift that will make the recipient happy and feel special.

在一些特殊的场合，比如他们朋友的生日，他们会买一些昂贵的礼物给他们。因为他们想送出完美的礼物，让收礼者感到高兴和特别。

With more and more work load and pressure, people have to work overtime more often than before. So, they seldom cook at home, but order meals online after work. But students or graduates can't afford to order every meal online because it is far more expensive to order meals online than to cook for themselves. Money doesn't grow on trees.

随着越来越多的工作负荷和压力，人们不得不比以前更经常加班。因此，他们很少在家做饭，而是在下班后在网上订餐。但学生或毕业生无法负担网上订餐，因为网上订餐比自己做饭贵得多。钱不是从天上掉下来的。

Examples:

1: How do you like taking care of animals? (这一道题目也在前一条思路中出现, 这里我们换个角度来说)

Well, actually I don't want to take care of animals. For one, pets are often very expensive, if I have a pet, I will have to pay for vet (兽医) bills and also feed them and get them toys. So it costs a lot of money to keep a pet. For graduates, our salary is not high. Apart from the living expenses and house rental money, we don't have much personal disposable money. Keeping pets will cause great burdens to our life. Furthermore, a pet like a dog takes a lot of time and energy to look after which can be stressful for me.

2: What factors should people take into consideration when choosing jobs?

I think salary is the priority factor that people take into consideration when choosing jobs. Because we are now facing much greater pressure than the past. The heavy price of houses and living cost are a great burden to people. Without a sufficient income, people can't lead a free and happy life. Moreover, the promotion opportunity is another factor that people should take into consideration. It is impossible for people to get the same salary or stay in a position for his or her whole life. Society is developing and people are getting older and older every year, so a good promotion opportunity is very important. It can guarantee a well-paid position and a bright future.

3: What's the most popular means of transportation in your country?

Well, the subway is the most popular means of transportation in my country. First of all, it is cheap. It usually costs me several Yuan to take the subway to every corner in my city. You know, it is kind of rare for students or graduates to call for a taxi and the same is true for other young people. Since we just entered into society and earn only a small salary. It costs a lot of money to cover living expenses and house rental. So, taking the subway is the majority choice for citizens.

4: Can money make people happy?

Money plays an important role in people's lives. We need enough money not only to pay for our daily living such as food, clothing, utilities, but also need money to pay for our entertainment. In this way, we have a better quality of life. And people obtain happiness through enjoying high quality of life. So, I think money can make people happy.

5: What are the things that people do not choose to lend to others?

I think people don't want to loan money or expensive items to others. If you loan someone money and they cannot pay you back like you had agreed, the relationship will become strained and even ruined. Other things that people don't like to lend are expensive things like electronics or sentimental items like family heirlooms. If something happened to them while they were in the possession of someone else, they could be expensive or even impossible to repair. Money doesn't grow on trees, so people are careful with their expensive items.

思路三：方便 – Convenience

这个思路的中心思想就是：

由于社会工作压力大，现代人的工作、生活节奏原来越快，所以导致了人们会因为图方便或者省时间，而去……

生活节奏快 → 时间宝贵 → 选择便捷的交通工具

→ 科技产品方便人们工作生活

→ 选择叫外卖而不做饭

The logical line (Key words) :

Crazy tempo of life → time is valuable → choose fast and convenient transportation

→ technology products aim at bringing convenience to the users

→ choose to order meals online rather than cook by themselves

→

Some expressions about this topic:

As we are now facing much greater pressure than the past, we lead a very busy life nowadays. Young people often have stressful and busy lives, and many have to work overtime to afford rent and the cost of living.

由于我们现在面临着比过去更大的压力，我们现在过着非常忙碌的生活。年轻人经常倍感压力和过着忙碌的生活，很多人不得不加班来支付房租和生活费用。

Convenience and speed of preparation are important to people with busy lifestyles. More and more people have more or less adopted this quick-fix society. People try to eat fast food, work with little leisurely conversation and participate in a wide variety of crash courses.

对于生活忙碌的人来说，方便和省事是很重要的。越来越多的人或多或少地采用了这种权宜之计。人们试着吃快餐，工作时很少有轻松的谈话或者参加各种速成班。

Society is changing, and there is now a crazy tempo of life, and products must adapt to this new way of life. Therefore, we need new products that are quick and easy to use for people who do not have a lot of free time.

社会在变化，现在的生活节奏非常快，产品必须适应这种新的生活方式。因此，我们需要为那些没有很多空闲时间的人提供快速、易用的新产品。

Examples:

1: Do you think it is necessary to produce many new products nowadays?

I think it is very necessary to produce many new products nowadays. Society is changing, and there is now a crazy tempo of life, and products must adapt to this new way of life. Therefore, we need new products that are quick and easy to use for people who do not have a lot of free time. For example, there is a growing market for food that does not take a long time to cook and prepare. There are new ready to eat meals that do not require much preparation and even new electronic applications for delivering food to your house.

2: What kinds of products do young people think are useful but old people may not?

I think a particular product that young people think is useful but old people may not is online food delivery service. Young people often have stressful and busy lives, and many have to work overtime to afford rent and the cost of living. Therefore, time is valuable and products that offer food delivery and prepared meals are incredibly useful. In contrast, older people are often retired or work less hours with high salaries, therefore they have the time to cook for themselves, so these products are not as useful.

3: Should governments encourage people to use public transportation?

The government should encourage people to use public transportation for a number of reasons. For one, public transportation is better for the environment and we have a duty to try and protect the climate. Furthermore, life is very busy nowadays and time is valuable but there is very bad traffic in major cities. If more people took public transport there would be fewer cars on the road and so less traffic. So, the government should encourage people to choose fast and convenient transportation.

4: Do you think traditional letters are a good way to send messages?

Personally, I do not think traditional letters are a good way to send messages. There have been huge developments in communication technologies over the past few decades and now traditional letters seem inconvenient. Technological products aim on bringing convenience to the user, and so modern mobile phones and messaging services are far superior to traditional letters. Text messages and phone calls allow people to have instant communication without having to wait for the reply. Traditional letters are only really useful for sentimental and special messages, such as birthday wishes.

思路四：健康 – Health

这个思路的中心思想就是：

The logical line (Key words) :

too much pressure makes people unhealthy → need to do things that make people healthy

→ make a good work and rest schedule

→ participate in healthy activities

→ self-discipline, pay attention to personal hygiene

过度的社会压力损害人们的健康 → 需要做一些健康的活动 → 制定合适的工作休息计划

→ 参加更多的健康活动

→ 自律以及注重个人卫生

Some expressions about this topic:

A successful person must be clearheaded, efficient, and positive about their work. The best way for somebody to achieve these qualities is to make a good work and rest schedule. It is important for people not to be overworked and to have a balanced lifestyle. This will keep them calm and unstressed, which gives them the mental strength to be clearheaded, efficient and positive.

一个成功的人必须头脑清楚、效率高、对工作积极。获取这些品质的最好方法就是制定一个良好的工作和休息计划。重要的是人们不要过度劳累，要有一个平衡的生活方式。这将使他们保持冷静和轻松，这会使得他们头脑清晰，高效和积极。

People should often do some sports and participate in healthy activities. It is also important to master proper life skills to live healthily such as healthy diets and good hygiene practices.

人们应该经常做一些运动，参加健康的活动。掌握适当的生活技能也很重要，如健康的饮食和良好的卫生习惯。

In the modern world there is a lot of stress and life can be very hard. People are often overworked and busy all the time. Too much pressure makes people unhealthy, as stress can lead to many health problems. Therefore, people need to do things that make them healthy

在现代社会有很多压力，生活可能会很艰难。人们经常工作过度，总是很忙。太多的压力会使人不健康，因为压力会导致许多健康问题。因此，人们需要做的事情，使他们健康

Examples:

1: What kinds of qualities should a successful businessman have?

A successful businessman must be clearheaded, efficient, and positive about their work. The best way for somebody to achieve these qualities is to make a good work and rest schedule. It is important for people not to be overworked and to have a balanced lifestyle. This will keep them calm and unstressed, which gives them the mental strength to be clearheaded, efficient and positive. Without these qualities businessmen often make the wrong decision or engage in bad practices which can ruin their businesses and careers.

2: What activities can school organize for children to keep fit?

There are many activities a school can organize to keep children fit. The most effective of these are competitive sports events. Creating school football teams, basketball teams and other sports teams encourages children to play games and participate in healthy activities. But it is also important to teach them proper life skills to live healthily such as healthy diets and good hygiene practices. Having lessons on life skills will teach children self-discipline, and encourage them to pay attention to personal hygiene.

3: Do you think people are healthier now than in the past?

I do not think that people are healthier now than in the past. In the modern world there is a lot of stress and life can be very hard. People are often overworked and busy all the time. Too much pressure makes people unhealthy, as stress can lead to many health problems. Therefore, people need to do things that make them healthy but they often do not have the time. I think that in the past life was slower and people had more time to engage in healthy activities and relax.

4: What are popular activities in a community?

Popular activities in a community are usually group events such as festivals, concerts or sports games. These are popular in the community because it brings us all together and is an event that everyone can enjoy. I think it is important for communities to do activities together because this will increase the well-being of all the members of the community. Sports events and music concerts are good ways to get excited and happy as a large group.

思路五：独立 – Independent

The logical line (Key words) :

The relationship between people becomes estranged → people are getting more likely to focus on themselves

→ we should learn to work and live independently

→ enhance the ability of independent learning

人们之间的关系变得疏远 → 人们更多地关注自身 → 我们应该要学会自己工作和生活

→ 提高独立生活的能力

Some expressions about this topic:

The modern world is becoming a very different place, cities are becoming much larger and communities less connected. So, the relationship between people is becoming estranged. This means that people are getting more likely to focus on themselves and less likely to act in a community.

现代世界正在改变，城市变得越来越大，但社区之间的联系越来越少。所以，人与人之间的关系变得越来越疏远。这意味着人们会更多地关注自己，而不太可能在和社区为单位一起行动。

Cities offer many opportunities to people and new ways of life. This lets people learn to work and live independently and so they feel they have greater control over their life.

城市为人们提供了许多工作机会和新的生活方式。这让人们学会独立工作和生活，因此他们觉得自己对生活有更大的控制权。

The intention of homework is to enhance the ability of independent learning. If parents help their kids with their homework, then children will not learn how to figure things out for themselves. We should learn to work and live independently, and homework teaches children how to do that.

家庭作业的目的是提高学生的自主学习能力。如果父母帮助他们的孩子做家庭作业，那么孩子们就不会学会自己解决问题。我们应该学会独立工作和生活，家庭作业教孩子们如何做到这一点。

Examples:

1: What quality do you think a good teacher should have? (思路六里面有相同问题，可以对照看看)

I believe that teachers should be confident people with strong characters. Teachers should be good role models to the children that they teach so it is important that teachers are independent and courageous people. This is because in modern society the relationship between people is becoming estranged, therefore people are getting more likely to focus on themselves. This means it is important for children to become confident, strong and independent adults, and the best way to achieve this is through the good example of a teacher.

2: Should parents help their kids with their homework? (思路六里面有相同问题，可以对照看看)

Personally, I do not think that parents should help their kids with their homework. Homework is set by the school for children to develop their personal skills when they are away from the teacher. Therefore, the intention of homework is to enhance the ability of independent learning. If parents help their kids with their homework, then children will not learn how to figure things out for themselves. We should learn to work and live independently, and homework teaches children how to do that.

3: What challenges do you think children might have to face up to?

I think one of the challenges children face up to today is isolation. The modern world is becoming a very different place, cities are becoming much larger and communities less connected. So, the relationship between people is becoming estranged. This means that people are getting more likely to focus on themselves and less likely to act in a community. So many young people may have to face up to the challenge of isolation and loneliness as our society becomes more distanced from each other.

4: Do people nowadays like to leave their hometown to work in other cities? Why?

A lot of people nowadays like to leave their hometown to work in other cities because it lets them take their life into their own hands. Cities offer many opportunities to people and new ways of life. This lets people learn to work and live independently and so they feel they have greater control over their life. Young people want to be successful and live life to the fullest. Cities offer a range of exciting jobs as well as loads of new activities for people to participate in.

思路六：社交 – Social connection

The logical line (Key words) :

The relationship between people becomes estranged → people are getting more likely to focus on themselves

- Join in more social or community activities
- Strengthen family relationship
- Share our feelings and thoughts with others

Some expressions about this topic:

When people live in a community, they are friendly with each other because this increases quality of life and makes living in the community more enjoyable. Humans are social creatures as it is important for our mental health to have friends and groups of people who can support us.

当人们生活在一个社区，他们彼此友好，因为这提高了生活质量，使生活在社区更愉快。人类是有着社会属性的，拥有一群支持我们的朋友对我们的心理健康很重要。

During important personal events, people like to share these special moments with the people that they love and care about. So, for birthdays, graduations, weddings and other such events people often throw parties or celebratory dinners to share the special event with everyone they care about.

在重要的个人活动中，人们喜欢与他们爱和关心的人分享这些特殊的时刻。因此，在生日、毕业、婚礼和其他类似的活动中，人们经常举办派对或庆祝晚宴，与他们关心的每个人分享这一特殊的活动。

Examples:

1: Should parents help their kids with their homework?

I think it is important for parents to help their kids with their homework. Life is full of challenges and homework, for many children, is the first challenge that people face in life. If parents are there to help their children overcome this challenge it will strengthen family relationships and give the child confidence. If a child struggles with their homework and there is no one to offer them help, then they can often feel alone and become despondent. So it is important for parents to help their children.

2: What quality do you think a good teacher should have?

A good teacher should be empathetic and good at communicating with people. Often teachers have many students in their classes, and it can be a very daunting task to control so many children and be responsible for their education. If a teacher is empathetic and good at communication, then they will be able to control the class and teach their students important life skills as well as their education. An empathetic teacher teaches students to be confident, and to share their feelings and thoughts with others.

3: Why are people living in a community friendly with others?

When people live in a community, they are friendly with each other because this increases quality of life and makes living in the community more enjoyable. Humans are social creatures and it is important for our mental health to have friends and groups of people who can support us. Therefore, when living in a community people are encouraged to join in more social or communal activities and strengthen the bonds within the community. This way, people feel closer to each other and feel like they have friends they can turn to in times of need.

4: How do people celebrate their personal events?

Most people like to celebrate their personal events with a group activity with all their friends and family invited. During important personal events, people like to share these special moments with the people that they love and care about. So, for birthdays, graduations, weddings and other such events people often throw parties or celebratory dinners to share the special event with everyone they care about. At these events there is normally a lot of fun and merriment. Sometimes there are even games and dancing to make the day even more special.