

安娜口语素材 第四套 Part2 (简单版非串联)

5-8 月的题库素材更新完了吗？

完了

串联版 Part2 目录以及使用说明

串联版 Part2 指的是一篇范文回答多个话题。具体分类看看以下目录就知道了。但是有些话题问的方向不一样，如果用同一篇范文来回答的话会有跑题嫌疑。所以有些串联的话题我们还是写了 2-3 篇范文，根据问题的问法稍作了一些修改。但是大体上的内容和思路都是一致的~ 中文思路里，画着下划线的，就是串联话题中共用的部分哦！

外教一对一陪练及模考

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如果我觉得素材有错怎么办？

我们的素材都是经过店主 Anna 和外教一起编写和检查过的哦！您可以放心！

其实外国人在生活中有一些常用的口头上的表达，看起来很奇怪但实际并没有错的，国内老师也不会懂这些。所以呀！如果你觉得素材有错，我们是非常欢迎您来询问我们滴！千万不要觉得不好意思哦！下面举两个例子：

“Anna is two years my elder.” 安娜比我大两岁。“She is four months my younger” 她比我小四个月。

这是一种比较现代的说法，当然我们平时都会讲 “Anna is two years older than me” 和 “She is four months younger than me.” 但其实外国人都会用前者多一些的。

“the majority of the girls were content discussing about how handsome or how affluent their boyfriends were.” 女孩子们都在热烈地讨论他们的男朋友有多帅。

这是现代英语的另一个特征，就是外国人在口头上都常常会省略掉介词。这里就把 were content with discussing 的 with 去掉了。这在口语上是完全没问题的，但大家在写作中就尽量要避免哦。

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1: 想共度时光的人

Describe a person that you enjoy spending time with.

Some instructions that you can follow:

How you met this person

What type of person he/she is

What you have done together

And explain why you enjoy spending time with this person.

Anna was my college roommate. I first met her at college soon after enrolling. We hit it off immediately. Her personality is very straightforward, a bit boyish. Anna is always a joy to be with. We lived in the same dorm and studied the same major.

Anna was a perfect roommate. A warmth and kindness resonated from her when we first met. She would often treat me to lunch or collect my postal deliveries. We would usually attend class together, go shopping together, and share secrets with each other. She treats me sincerely and often bends over backwards to help me. When I was down, she was always there for me and supported me.

She is frank and always states her true opinions. Once, I accidentally shattered her glass. She told me directly that she was furious, instead of being polite to my face but unhappy behind my back. Of course, I was persistent in my apologies, and she soon forgave me.

To have met Anna, and become close friends with her, is the finest achievement of my college life. Being with her makes me feel relaxed and easy. I enjoy being with her very much. I even suspect that we will still get on well with each other when we are both old and grey.

中文思路：（跟《想买给朋友的礼物》有部分内容相似）

Anna 是我的大学室友，我上大学之后才认识她的。但我跟她一见如故，成了最好的朋友。她的性格非常直爽，有点像男孩子。和 Anna 相处总是很轻松愉快。我们住在一个宿舍，学得也是相同的专业。

Anna 是一位很棒的室友，第一次见面，她就帮我拿行李和收拾宿舍。让我感到非常温暖。之后的生活里，她经常请我吃饭或者帮我拿快递。微信公众号：安娜雅思。平时我们一起上课，一起逛街，一起分享秘密。她对我很真诚，当我遇到困难的时候，他从来不吝啬自己的帮助。在我低落的时候，她总会陪伴我，鼓励我。

她性格直率，常常是想到什么就说什么，有一次我不小心摔碎了他的水杯，她直接告诉我他很生气。我不停的给她道歉，她也很快原谅了我。

能遇到她并且和她成为好朋友，是我大学里最大的收获。和 anna 在一起让我觉得舒服和自在。我很享受跟她在一起的时光。有时候我会想，等我们都变成了白发苍苍的老奶奶，还是要和现在一样做彼此的好朋友。

2: 想买给朋友的礼物

Describe a gift you would like to buy for a friend

Some instructions that you can follow:

How well you know this friend

How much time you spend with him/her

What type of gift you would like to buy him/her

And explain why you would like to buy this gift for your friend

Anna was my college roommate. I first met her at college soon after enrolling. We didn't know each other as well as our old friends back home, but she became the person I knew best in college. Her personality is very straightforward; a bit boyish. Anna is always a joy to be with. We lived in the same dorm and studied the same major, so saw each other every day. She has helped me a lot in life, so I always want to buy her a present for her birthday.

Anna is a placid and refined girl. She spends most of her spare time reading books, so I would like to give her a set of Harry Potter novels. Harry Potter is a series of seven fantasy novels written by the British author JK Rowling. The film is full of crazy magic, beautiful friendships, and exciting events.

The reason why I would like to give this set of books to her is that Anna and I are big fans of Harry Potter. As of such, this gift will make a great addition to her collection. I hope that our friendship lasts forever. We can share with each other the sorrows and happiness of our lives just as Harry and his friends did. I believe Anna will definitely love my gift!

中文思路：（跟《想共度时光的人》和《令人兴奋的书》的内容有部分相似）

Anna 是我的大学室友，我上大学之后才认识她的。比起家乡的老朋友，我们彼此算不上特别了解，但她是我在大学里最熟悉的人了。她的性格非常直爽，有点像男孩子。和 Anna 相处总是很轻松愉快。我们住在一个宿舍，学得也是相同的专业。所以我们每天都会见面。她在生活中给了我很多帮助，因此我一直想在他过生日的时候买件礼物送给她。

Anna 是个很文静的女孩，大多数课余时间她都会用来看书。因此我想送她一套哈利波特的原版小说。哈利波特是由英国的 JK 罗琳创作的魔幻系列小说。这部小说充满了各种神奇的魔法，动人的友谊，和令人兴奋的事件。

我选择送这套书给她的原因是我非常喜欢哈利波特这个系列，同时她也是哈利波特的超级粉丝。对于 Anna 来说这套书还会成为一个很棒的收藏品。我希望我们的友谊能长长久久。在生活中可以分享各自的喜悦和哀愁，就像哈利和他的朋友那样。我想 Anna 也一定会喜欢这个礼物的。

3: 享受的一次远足

Describe a long walk that you enjoyed.

Some instructions that you can follow:

Where and when you went on the walk

Who you went with

What you saw on the walk

And explain why you enjoyed this long walk

中文思路：（本文跟《有趣的谈话》有部分相似）

Anna, my classmate at university, is a bestie of mine and we always chat with each other without reserve. On a weekend about one month ago, the weather was fine, and I proposed to have a walk around the university town where we have studied and lived for four years. Anna was very interested in it, and we began this three-hour walk.

Our school is located in a university town, which is surrounded by other universities. We walked along the path from our school to the university next door, and finally almost covered the whole of the university town. We took pictures in front of the gate of each university before we came back to our school.

As graduation was around the corner, after which we would go our separate ways, almost all of us had to face great pressure, and an emotion mixed with anxiety and sentiment welled up in our hearts. On that day, we talked about our future work and life. Copyright by Annayasi. I told Anna that I was preparing to study abroad, but I was still struggling to get a decent IELTS score. I was stressed out and often lost sleep, and I was so jealous of Anna who had already got a job and had a lot of time to do what she wanted.

Along the way, we walked and talked, exchanged a lot of ideas and feelings, and encouraged and comforted each other. This walk eased our nervous emotions and rekindled the momentum of learning and hope for the future. I really enjoyed the walk and was glad to have Anna as my closest friend.

中文思路：

最近，我和我的好朋友 Anna 进行了一次没有事先计划过的、长时间的散步，我们都非常享受这次经历。大约是一个月前的某个周末，天气特别好，我提议我俩出去散散步。再好好逛逛我们生活了四年的大学城。Anna 十分感兴趣，于是就开始了这趟长达三小时的散步之旅。

我们学校位于大学城里，附近都是其他大学。我们沿着小路走，从我们学校走到了隔壁的大学，最后几乎把大学城走了一圈。我们在每个大学的校门前都拍了照，才回到我们学校。

最近因为快毕业了，大家的压力都非常大，而且毕业也意味着大家要离开学校各奔东西了，所以我们既焦虑又伤感。我们两就开始了关于以后如何工作和生活的讨论。我告诉 anna 我正准备出国留学。但是我的雅思还没有考到理想的分数，申请学校的资料也还没准备好。我感到压力非常大，经常焦虑到失眠

一路上我们边走边聊，交换了非常多的想法和感想，也互相鼓励和安慰。这次的散步让我两紧张的情绪舒缓了下来，重新燃起了学习的冲劲以及对未来的希望。我真的很享受这次散步，也很庆幸有 Anna 这样的知心好友。

4: 有趣的谈话

Describe an interesting discussion that you had with friends.

Some instructions that you can follow:

What the discussion was about

What opinions you and your friends expressed

What the result of the discussion was

And explain why you found this discussion was.

中文思路：（本文跟《享受的一次远足》有部分相似）

Anna, my classmate at university, is a bestie of mine and we always chat with each other without reserve. On a weekend about one month ago, the weather was fine, and I proposed to have a walk around the university town where we have studied and lived for four years. Anna agreed and we had an in-depth talk during the trip.

As graduation was around the corner, after which we would go our separate ways, almost all of us had to face great pressure, and an emotion mixed with anxiety and sentiment welled up in our hearts. On that day, we talked about our future work and life. I told Anna that I was preparing to study abroad, but I was still struggling to get a decent IELTS score and with various application documents. I was stressed out and often lost sleep, and I was so jealous of Anna who had already got a job and had a lot of time to do what she wanted. Surprisingly, Anna told me that she also faced great pressure and she was just trying to put on a relaxed air. She was going to begin her internship in a new company and would not be able to attend the graduation trip. She envied me that I could continue my studies. We exchanged many ideas and encouraged each other all the way. The talk gave us a big relief. Most of the time, we envy the wonderful life of others and fall into the trap of pressure. However, everyone has challenges to deal with. It is, as a matter of fact, an interesting thing that, for a long time, Anna and I admired each other's life.

中文思路：

Anna 是我的大学同学，我们两关系特别好，平时无话不说。大约是一个月前的某个周末，天气特别好，我提议我俩出去散散步。再好好逛逛我们生活了四年的大学城。Anna 十分感兴趣。途中我们进行了一次很深入的交谈。

最近因为快毕业了，大家的压力都非常大，而且毕业也意味着大家要离开学校各奔东西了，所以我们既焦虑又伤感。我们两就开始了关于以后如何工作和生活的讨论。我告诉 anna 我正准备出国留学。但是我的雅思还没有考到理想的分数，申请学校的资料也还没准备好。我感到压力非常大，经常焦虑到失眠。我很羡慕她已经找到工作了，可以有很多时间做自己想做的事。没想到 anna 告诉我她同样压力很大，她只是努力让自己看起来很轻松。她很快就要去新公司实习了，可能连毕业旅行都无法参加。她很羡慕我还能继续上学。一路上我们边走边聊，交换了非常多的想法和感想，也互相鼓励和安慰。这次的散步让我两紧张的情绪舒缓了下来，

很多时候，我们都在羡慕别人。觉得别人的生活很精彩，自己却生活在压力之中。但事实上每个人都有必须要面对的困难。很久以来，我和 anna 都在默默羡慕对方的生活，其实这也是一件蛮有趣的事情。

5: 收到的免费物品/服务

Describe a time when you received something without having to pay for it (e.g. a free ticket, a free service, a free product).

Some instructions that you can follow:

What this free thing was

Why it was free

What you did to get this free thing

And explain how you felt about receiving this free thing.

As a hotpot restaurant, Hi Di Lao is renowned in China for its astonishing high-quality services. All its staff members behave politely. They bow to customers and receive them with hot towels and lemon water in a hospitable manner. As customers wait for a table, manicure and shoe-shining services are offered. During the meal, you will also be offered a glasses cleaning cloth and waterproof phone cases. You can even find disposable toothbrushes and combs in the bathroom. What matters more is that everything mentioned above is free. I went for dinner at Hi Di Lao with my family on my birthday this year. They prepared free fruit and birthday noodles for me, and sang me a birthday song. They were just so considerate and all-embracing with their service which surprised and moved me deeply.

I believe the reason why Haidilao provides such a variety of free services is to give customers a different experience, of which high-quality free services are a distinctive high point. Of course, the price of Haidilao is much higher than that of ordinary hotpot restaurants. For better service, I may have to pay a higher price.

Though Hi Di Lao may not be the best tasting restaurant, it's definitely the restaurant with the best service. So, it's always the perfect place for family gatherings.

中文思路：（跟本套素材的第 42 篇《优质服务》有较多相似的内容）

海底捞是国内非常著名的一家火锅店。之所以他很著名，很大一部分的原因是海底捞提供了令人惊讶的优质服务。微信公众号：安娜雅思。

海底捞的员工都异常地有礼貌，见面会给客人鞠躬，主动递上热毛巾和柠檬水。在客人排队等位置的时候，海底捞还会提供美甲和擦鞋服务；用餐时会给您递上眼镜布和手机防水套；甚至在洗手间都备有一次性的牙刷和梳子。重要的是，这一切都是免费的！今年我生日的时候，我们全家人就是去海底捞吃饭的。就在我们正在吃火锅的时候，他们免费赠送了果盘和长寿面，然后全场的店员都一起给我唱生日歌。这一切让我非常惊喜和感动。

我认为海底捞提供多种免费服务，是为了给顾客一种不一样的体验，优质的免费服务将成为海底捞与众不同的标签。当然，海底捞火锅的价格，比一般的火锅店要高不少，为了优质的服务，我可能要付出更高的价格。

虽然海底捞不一定是每个人心目中最好吃的餐厅，但是它绝对是服务最好的餐厅。因此这里总是我们家庭聚会的不二选择。

6: 最近第一次见且想了解更多的人

Describe a person you only met recently who you would like to get to know better.

Some instructions that you can follow:

Who this person is

Where you met him/her

What you talked about

And explain why you would like to get to know this person better.

Deng Lun is a superstar I have seen recently and for the first time in person. I am eager to meet him again and know more about him. He is a very famous and popular superstar in China. He is tall and handsome. He has acted in so many famous TV shows that I'm sure many people know him.

I clearly remember that it was before this year's Spring Festival, and I was alone, pushing my suitcase, waiting for the plane in the terminal of Daxing Airport. Suddenly, I heard a commotion in the distance. I was a little flustered at first because I was worried that something bad had happened. But within minutes, I saw a crowd of people running towards me. That's when I finally knew what had happened, because they were all shouting Denglun! That's when I realized I was so lucky that I properly met a celebrity at the airport.

Sure enough, I saw Deng Lun in the distance. Although he wore a hat, a pair of black sunglasses and a mask, I recognized him at once. But there were so many people at the time that I could only watch him from a distance as he entered the departure lounge. I didn't get the chance to talk to him or take any pictures, but I was happy enough. It was the first time I saw a star up close. And he's my favorite star. If I can, I want to meet him once again so that I can take a photo with him, chat with him and know more about him!

邓伦是我最近见过的，而且是第一次亲眼见到的超级明星，我很想再见到他，了解他更多。邓伦是国内非常有名，非常受欢迎的超级明星。他很高，很帅。他演过非常多著名的电视剧，我相信很多人都认识他。

我清晰地记得那是今年春节前，我独自一人推着我的行李箱，在大兴机场的候机楼等飞机。突然，我听见远处传来一阵骚动。一开始我有点心慌，担心是发什么突发事情了。但没过几分钟，我看见一大堆人往我这边跑过来。这时候我终于知道发生了什么事情了，因为他们都在喊邓伦邓伦！这时候我意识到我应该是撞上大运了，竟然能在机场遇见明星了。

果然，我远远地就看见了邓伦。虽然他把自己裹得严严实实，但我还是一眼就认出他来了。但是当时人实在太多了，我只能隔着一段距离看着他进入登机廊。虽然我没能跟他说上话，也没有拍到任何照片，但我已经很开心了。这是我第一次在如此近的距离见到明星。而且他是最喜欢的明星。如果有机会的话，我非常希望我能跟他合影，聊天，了解他更多！

7: 童年玩具

Describe a toy that you often played with as a child.

Some instructions that you can follow:

What kind of toy it was

How old you were when you got it

Whether you played with the toy by yourself or with other people

And explain how you felt about this toy

Ultraman and his monsters were childhood toys of mine. These action figures are of different sizes. The most common ones are roughly larger than the palm of a hand and can be adjusted to various poses.

Ultraman, a giant from a distant planet, is actually the hero of a Japanese cartoon series also named Ultraman. They fought against huge monsters to protect the earth. I believe that all boys have been fans of Ultraman in their youth, and dreamed of becoming a hero like him.

I owned several Ultraman and monster toys when I was in elementary school. What I liked most was to arrange Ultraman and monsters together in various fighting scenes. Copyright by Annayasi. When I was a child, I was always imagining that I was Ultraman, and it was me who combated the monsters. I would indulge myself in such games for half a day. Of course, I would also have fun in the Ultraman game with friends. We could fight a monster with Ultraman toys together. Alternatively, one kid would hold Ultraman, and the other the monster, and then we would make them do battle.

Ultraman has accompanied me through a happy childhood. Though on one hand, I consider myself at that time to be really naive and foolish, imagining myself as a cartoon character, on the other hand, Ultraman represents the courage to fight against dark forces and the spirit of persistence, which sets a good example for us all.

中文思路:

奥特曼和他的怪兽们是我儿时经常玩的玩具，他们是人形的塑料玩偶，有大有小，常见的大概比人的手掌大一些，能摆出各种姿势。

奥特曼其实是一系列源自日本的动画片，奥特曼是来自于遥远星球的巨人。他们跟巨大的怪兽们战斗保护地球，旨在保护地球。我相信所有男孩子小时候都看过奥特曼，也梦想着自己成为跟奥特曼一样的英雄。

我记得我小学的时候我就拥有了好几只奥特曼玩具和怪兽。我最喜欢的就是把奥特曼和怪兽放在一起，做出各种打斗的模样。我那时候还是个小孩，总觉得自己就是奥特曼，跟怪兽玩具打的就是我。自己在家里摆弄各种姿势都能玩上半天时间。当然，奥特曼也能跟朋友一起玩，我们一起拿着奥特曼玩偶打怪兽，也可以一人拿奥特曼，一人拿怪兽互相装作在打架。

其实从现在看来，小时候的我的确很幼稚也很傻，竟然把自己想象成奥特曼。但从另一方面想，奥特曼代表的是一种跟黑暗力量斗争的精神和一种永不认输的精神，这是值得我们坚持的正能量精神。

8: 筹办的活动

Describe a time when you were preparing for a happy event .

Some instructions that you can follow:

What the event was

How you prepare for this event

Who helped you prepare for it.

And explain how successful your preparations for this happy event were.

Earlier this year, I arranged a group dinner with my roommates after our final exam. It was a chilly Friday, but since we had just finished the exhausting finals, we decided to buy some ingredients to cook up a celebratory hotpot back at the dorm.

Every now and again we would enjoy hotpot in our dormitory. This is partly because it is much cheaper to cook ourselves than to dine out in restaurants. Four people usually cost at least CNY200 at a hotpot joint, but meat and vegetables, self-purchased and stewed, would halve the expenses. Not to mention that the feasts we made for ourselves were arguably tastier and more diverse than the dishes at restaurants.

So, after a brief discussion, we divided up our work. I was responsible for going to the grocery store since I was the only one with an electric bicycle in the dormitory and could head to the market quickly! Other housemates were in charge of chopping vegetables and cleaning up the mess. I asked them what they needed, made a shopping list, and bought those items accordingly. I ended up getting beef meatballs, a few stalks of lettuce, enoki mushrooms and many other ingredients economically selected to cost just a little over CNY 100.

The hearty hotpot really lifted everyone's spirits since we all got to eat our favorite food at such an affordable cost. After finishing the hotpot, we started playing cards and stayed up late past midnight.

今年年初刚考完期末考的时候，我组织了我的几个舍友一起在宿舍聚餐。我记得那是一个星期五，天气非常寒冷。而我们刚刚结束了令人疲惫的期末考，于是我其他几个舍友商量了下，决定自己去买点肉菜回来宿舍吃火锅庆祝一下。

其实我们时不时都会在宿舍吃火锅吃。一方面因为自己做菜比在外面餐厅便宜多了，四个人在外面火锅店起码要吃两百块钱以上，但自己买肉菜回来做的话，可能只需 100 元，而且吃得还比外面丰富，味道也很好。

我们简单做了下分工，我负责去买菜，因为我拥有全宿舍唯一一部电动自行车，可以迅速地往返菜市场！其他几个舍友就负责切菜和打扫卫生。出发前我询问了他们想吃的食物，列了个清单，到了菜市场我就按照清单买了。我还记得我买了牛肉丸，生菜，金针菇等待，满满一大包才 100 多块钱。回到宿舍后我们就开始吃火锅了。

大家都对这顿火锅特别满意，每个人都吃到了自己喜欢的菜，还没花多少钱。吃完了火锅我们就开始打牌，一直玩到深夜才结束此次聚餐。

9: 对社会做出贡献的人

Describe a person you know who does a job which is useful to society.

Some instructions that you can follow:

Who this person is

What job this person does

What skills this person needs to do the job

And explain why you think this job is useful to society.

I believe Lei Jun does a job useful to society. He is not tall, and is indeed somewhat ordinary looking, but he is a very talented entrepreneur. He is the founder of XiaoMi, which is one of China's largest electronics manufacturers. He is currently still the CEO of Xiao Mi.

Lei Jun must be far more sensitive to changes in the market than his competitors. He is also remarkably creative. Many people say he is the Steve Jobs of China. The products of Xiao Mi are designed in a modern style and good to use, which is the reason why young people are crazy for its products.

The reason why I reckon his job is beneficial to society is that he led his team in designing cost-effective mobile phones in China. Though the iPhone is still the best-selling mobile phone in the world, it's XiaoMi that showed the world how to create a new market between luxury and affordability, and to define a new style of mobile phone which is cost-effective. An iPhone may cost anywhere between 5,000 and 7,000 yuan, while with XiaoMi, you can buy a very good phone for around 3,000 yuan. Lei Jun offers a chance for minimum wage-earners and students to buy a powerful cellphone at a very low price.

中文思路：（跟本套素材的第 49 篇《感兴趣的名人》有较多相似）

我认为雷军是个对社会有用的人，他不高，长得很大众脸，但是他绝对是一个优秀的企业家。他是小米的创始人，而小米是中国最大的电子设备制造商之一。雷军现在仍担任小米公司的 CEO。

雷军对市场的敏锐度一定远远超过其他人，并且他还有突出的创造力。很多人都说他是中国的乔布斯。小米的产品不但设计得很新潮而且还很好用。每年小米公司都会推出很多全新设计的商品。非常受年轻人的喜爱。

我之所以觉得雷军对社会有贡献，是因为他带领他的团队为中国做出了又便宜又好的手机。虽然 iPhone 依然是世界上最畅销的手机，但正是小米向世界展示了如何在奢华和劣质之间创造一个新市场，以及如何定义一种具有成本效益的新型手机。之前，一部好看的苹果手机可能要五千到八千元，而在小米，三千元就可以买到一部很不错的手机。雷军让很多收入工薪阶层和学生也能用上性能强大的手机。

10: 帮助你学外语的事情

Describe something you did that helped you to learn another language.

Some instructions that you can follow:

What you did

Where you did it

Who you did it with

And explain how doing this helped you to learn another language.

I think listening to English news is very helpful for learning the English language. Every morning when I get up, I will listen to the English news of the BBC or VOA by myself at home. Actually, when I was in high school, it was a good way to improve my English listening skills. I can't remember whether it was recommended to me first by my teacher or other classmates, but I have to say it's a very useful resource.

I get up at about 6:30am every day. As soon as I get up, I will turn on my mobile phone and play BBC or VOA news. To be honest, I didn't understand it all at first, because as a high school student, my English vocabulary was very limited. Forget the news, there are a lot of things I didn't understand in the English listening test alone. Later, I found that VOA has a slow version, which was good news for me. The relatively slow speed of this version is similar to the English listening exercises of my English class. After a while, I began to understand more of it.

Until I graduated from high school, I still could not fully understand the content of VOA, but I was sure that I had made considerable progress in English and got a good score in the college entrance examination. That was an inspiration to me. That is, if I keep doing something, even if it's difficult to do at first, it will pay off in the end.

中文思路:

我认为听英语新闻是一件对学外语很有帮助的事。每天早上起床的时候，我都会在家自己听 BBC 或者 VOA 的英语新闻。事实上这是我高中时候提高英语听力的一个好方法。具体我也不记得是老师还是同学推荐的了。但我不得不说这个方法非常有用。

我每天大概六点半起床，一起床我就会打开手机，播放 BBC 或者 VOA 的新闻。说实话，一开始我是完全听不懂的。因为作为一个高中生，我的英语词汇量非常有限。别说新闻了，考试的英语听力卷子里我都有好多听不懂的地方。后来我发现了 VOA 出了慢速新闻，这对我来说是个好消息。慢速新闻的语速比较慢，跟我们英语课上做的英语听力差不多。一段时间后，我渐渐能听懂其中的一些内容了。

直到高中毕业，我还是做不到能完全听懂 VOA 的慢速新闻内容。但我在高考中也取得了不错的英语成绩。这对我来说是一个启发。那就是只要坚持做某件事情，即便一开始很难坚持下去，只要找准方法持之以恒，最终必将有所收获。

11: 特殊的蛋糕

Describe an occasion when you had a cake that was special.

Some instructions that you can follow:

What kind of cake it was

Why you had this cake

Who you were with

And explain how you felt about having this special cake.

My family has a dog named Momo who literally grew up with me. My mother has raised her for nine years. She has turned ten years old this year so I ordered a special pet cake and we held a small birthday party for her.

Pet cake is a cake for dogs. It is made of chicken, beef, and purple potato. The frosting on top is made from flour and milk rather than cream. This cake was very small, only half the size of an ordinary cake. There were many decorations on top, as well as a picture of our dog. I was quite satisfied with it.

Only my parents and I attended Momo's birthday party. I put a birthday hat on her and sang her a birthday song. We took a lot of good photos. Though we were all enjoying ourselves, Momo didn't seem interested in any of it. She only cared about when she could start eating.

I think the pet cake was very special and the birthday party left a deep impression on me. Dogs are also important family members. We can celebrate some special days with them as well. The only problem is that the pet cake was too expensive. The small one I bought cost me more than 200 yuan. I will try to make a cake for my dog myself on next her birthday.

我们家养了一只狗狗，她的名字叫 momo。这只狗几乎是和我一起长大的。我妈妈已经养了她九年了。今年她就要满十岁了，因此我预订了一款特别的宠物蛋糕。我们为 momo 办了一个小型生日会。

宠物蛋糕就是给狗狗吃的蛋糕。它是用鸡肉，牛肉和紫薯做成的。上面白色的部分并不是常见的奶油，而是面粉和牛奶。这个蛋糕很小，只有普通蛋糕的一半大。顶上插了很多装饰物。还有画着我们家狗狗的头像。对此我非常满意。

Momo 的生日会只有我们家三个人参加，我给狗狗带了生日帽，还给她唱了生日歌。我们拍了很多好看的照片。所有人都非常开心。但 Momo 对这一切似乎并不感兴趣，她只关心什么时候能吃饭。

我觉得宠物蛋糕非常特别，这次生日会给我留下了深刻的印象。狗狗也是家庭的重要成员，在一些特别的日子，我们同样可以为它们庆祝。唯一的问题就是宠物蛋糕实在是太贵了，很小的一个就要两百多元。明年我家狗狗生日的时候，我会尝试自己给她做一个蛋糕。

12: 尝试修复的家中坏物件

Describe a time when something in your home broke and you tried to repair it.

Some instructions that you can follow:

What thing broke

Why this thing broke

What you did to try to repair it

And explain how successful you were at trying to repair this thing.

At the end of last semester, when I was preparing materials for my paper, my laptop suddenly broke down. No matter how I clicked the mouse, the screen didn't respond. In a hurry I had to reboot the system but it didn't work. Microsoft Word had crashed, and I couldn't open any documents. I felt a little anxious and worried that I would lose the paper I had written half of¹.

Although I am not majoring in computer science, I have learnt how to use computers and have often played computer games since childhood. The computer that I am using now is built by me, and I installed all of the software by myself too. So, reinstalling the system and solving the computer lag is a piece of cake to me. Then, I reinstalled my computer and recovered back the documents quickly and perfectly.

Although computer failure is not a common thing in daily life, I think it is very necessary to learn some basic knowledge of hardware and software. Fixing a computer, like driving a car, is a practical skill. After all, the computer is a necessity in everyone's life. If it is not operated properly, you may lose some important documents. So, if we can solve some basic problems by ourselves, it definitely will save us time and money.

中文思路:

上学期期末, 当我正在为论文准备资料的时候, 我的笔记本电脑突然死机了。不论我怎么点击鼠标, 屏幕都没有反应。情急之下我只能强制重新启动。我以为这样就能解决。但重新打开电脑之后, WORD 软件坏掉了, 我点开任何文件都会闪退。我感到很着急, 担心自己写了一半的论文会因此丢失。

虽然我不是学计算机技术的, 但是我从小就会用电脑, 平常时常打游戏。我正在用的电脑也是我亲自买部件组装的。所以一般的重装系统和解决电脑卡顿对我来说都不在话下。生活中经常有朋友让我帮他修理电脑, 这对我来说并不算什么难题。我很快重装了软件, 文件也完好无损的保存了。问题完美的得到解决。

电脑坏掉这种事在生活中虽然不常发生, 但我认为学习一些基本的软硬件知识是非常必要的。修电脑就像开汽车一样, 都是很实用的技能。毕竟电脑是每个人生活中的必需品, 一旦操作不当, 可能会导致一些重要文件的丢失。一些小问题如果能够自己解决的话, 很大程度上可以节约自己的时间和金钱。

¹ 也可以这么说: "lose the paper of which I had written half". 但大多数人不会在在口语场合上这么说

13: 别人告诉你的故事

Describe a story someone told you that you remember well.

Some instructions that you can follow:

Who told you the story

When this person told you the story

What the story was about

And explain why you remember this story well

I still remember that, when I was in primary school, our science teacher told us a story about how Newton formulated gravitational theory. The story goes that Newton was sitting under a tree one day and an apple fell from the tree and hit his head. He subsequently wondered why the apple fell down instead of flying up. So, through constant research, he discovered the famous law of gravitation.

It's a well-known story, and I'm sure everyone knows it. However, the reason why our teacher told us this story is not just to let us know of the story itself, but to teach us that if we are persistently curious about the things around us, we might find something interesting.

When I grew up, I also remembered this story clearly and I found what my teacher said made sense. I was born with a very curious nature. I am always curious about everything around me. Although I did not discover great laws like Newton, this story has always urged me to keep learning and improving. People with a natural curiosity have a strong thirst for knowledge. On the contrary, people who are uncurious remain resistant to all change. If we are constantly curious about what is going on around us, we will all become better people.

中文思路:

我还记得在我小学的时候，我们自然课上老师给我们讲了一个故事，那就是牛顿是怎样发现万有引力。故事大概说的是有一天，牛顿坐在树下，被树上掉下来的一颗苹果砸中了脑袋。于是他就思考为什么苹果会往下落，而不是往上飞。于是通过不断的研究，他发现了著名的万有引力定律。

这个故事很经典，我相信每个人都知道这个故事。但老师跟我们讲这个故事的原因不单单是让我们知道这个故事本身，而是想告诉我们，如果我们对身边的事物时常保持有好奇心，那么我们就有可能发现一些有趣的事情。

长大后，我发现老师说的话很有道理。微信公众号：安娜雅思。这个故事我也一直记得很清楚，我天生是个好奇心很强的人。生活中我非常喜欢问为什么。虽然我没有像牛顿一样发现伟大的定律，但这个故事一直督促我不断学习和进步。好奇心强的人都有很强的求知欲，相反好奇心弱的人对一切变化都保持着抗拒的态度。如果我们时常对身边的发生的事情保持有好奇心并钻研下去，我们都将变得更加优秀。

14: 理想之家

Describe the kind of house or apartment you would like to live in.

Some instructions that you can follow:

Where this house or apartment would be What it would look like

What would be special about the house or apartment?

And explain why you would like to live in this house or apartment

I have always loved the sea and being by the beach. Therefore, if I was to describe my ideal house it would definitely be a quaint beach house by the sea. I hope it would be a big house decorated in modern style with a garden where I can plant flowers. I think the perfect location for this house would be Sanya. Sanya is a tropical island so the environment is very idyllic. The temperatures are mild and the air is clean so it would be the perfect place to live all year long.

I want to live there with my family members and have a dog in the yard during the holidays just like what happens in TV shows. Since the house is so close to the sea, I can often go to the beach to do some activities. I can even go swimming in the sea on a nice day. When I am free, I can watch movies with my mother in the video room or have a barbecue in the yard.

The reason I like this place is not only its weather. I do not like the noise of big cities or the air pollution. Sanya is a brilliant place to escape these things. Furthermore, Sanya has loads of fun and exciting activities, such as driving speedboats, swimming in the ocean, and even going scuba diving. The food in Sanya is very delicious and the people are very hospitable. I wish to play such water sports every day. It would be the perfect type of life for me.

中文思路:

我一直很喜欢大海和海滩。因此,我理想中的房子肯定是一栋雅致的海边别墅。它最好看起来现代又摩登,有着大大的院子和很多花草。我想这个房子最好是在三亚。三亚是一个热带岛屿,所以环境更加怡人。这里气候温和,空气清新,是全年最佳的居住地。

假期的时候,我想和我的家人一起去那里度假,还想在院子里养一条狗。这样的生活看起来幸福极了,像电视剧里面一样。因为这座房子离海很近,我可以随时去沙滩边玩耍。天气好的时候我甚至可以去海里游泳。有空的时候我可以和妈妈一起在影音室里面看电影,或者在院子里烧烤。

我喜欢三亚这个地方,不仅仅是因为它的天气好。我不喜欢大城市的噪音和空气污染。三亚是一个远离这些干扰的好地方。岛上的食物非常好吃,人也非常热情好客。它还有很多有趣和令人兴奋的活动,比如驾驶快艇,在海里游泳,甚至去潜水。我希望每天都能这样做,这样的生活对我来说将是完美的。

15: 新地方

Describe a time that you remember being in a new place.

Some instructions that you can follow:

Where you were

Why you were in the new place

What you remember about it

And explain how you felt about being in this new place.

Last summer holiday, my friends and I went on a trip to the famous Mount Tai. This was the first time to go to this place. Mount Tai, located in Shandong Province, is one of the five most famous mountains in China. Mount Tai is famous for the magnificent sunrise. I had read some poems and articles describing the sunrise on Mount Tai in books when I was young, so I decided to go to Mount Tai to see how beautiful the sunrise is there.

We took the cable car up the mountain to the halfway point. To my surprise, unlike Mountain Hua and Mountain Huang, Mount Tai has very gentle paths. We reached the summit with little difficulty. Since we were going to see the sunrise on Mount Tai, we needed to stay there for one night. The next morning we needed to get up at 5am. The sunrise was quite early and there were a lot of people waiting there. We had to get up early to get a good place so we could appreciate the beauty of sunrise. Copyright by Annayasi. Since I usually wake up late in the morning, it was difficult for me to wake up at 5am. Not until my friends yelled at me, could I wake up in time. To be honest, I was in a daze when I walked to the observation point.

As I got to the observation point, the sun began to come out. The dark sky brightened gently and the sun seemed to appear through the clouds. At this moment I thought it was totally worth it because the sunrise on Mount Tai was really astonishing! The scene was so beautiful that I couldn't put it into words. It was such an amazing and unforgettable experience and it is the perfect place where I would like to recommend to all of my friends to visit.

中文思路:

就在去年暑假，我和我的朋友们一起去了著名的泰山旅游。这是我第一次去泰山旅行。泰山坐落在山东省，是中国最有名的五座山峰之一。泰山以日出的壮丽景观闻名，我小时候就在书本上看到过一些描述泰山的日出的诗词文章，所以我决定去泰山亲身看看那里的日出有多美。

我们乘坐缆车到了半山腰。出乎我的意料，泰山跟华山和黄山不一样，山路修得十分平缓。我们几乎不怎么费劲就上了峰顶。因为我们准备看泰山的日出，所以我们需要在山上住一晚。第二天早上我们5点就起床了，山上日出时间较早，而且人很多。我们必须早起才能在观景台占个好位置。因为我平时喜欢睡懒觉，这次还是我朋友喊了我好几次我才清醒过来。实话说我走到观景台都是迷迷糊糊的。

渐渐的，太阳开始慢慢出来了。我觉得这一切都是值得的，因为泰山的日出真的是太美了！黑漆漆的天空慢慢变亮，太阳貌似在云层中出现一般，这幅景色美的让我无法用语言表达。这次旅行让我非常难忘，我会向我所有的朋友推荐泰山这个完美的旅游景点！

16: 有趣的歌

Describe a song that you think is interesting.

Some instructions that you can follow:

What country the song is from

How you know about the song

What the song is about

And explain why you think this song is interesting.

The theme song of MXBC is the most interesting one I have ever heard. Actually, MXBC, as a national milk tea chain brand, will play this song in its stores repeatedly. So, whenever I hear this song, I know there is a MXBC store nearby.

This song might be adapted from an English song. I don't know which country this song initially came from, but it must have been popular first in China. If I remember rightly, there is only one line that is repeated throughout the song. The lyrics are so catchy that people can remember it totally after listening to it several times. When you listen to it more, you will find that you can't help humming the tune over the next few days. This is the funny thing about this song!

In addition, the milk tea store had once held a promotional event before. As long as you sang this song to its employees, you could buy a cup of its signature milk tea at the price of one yuan! It sounded simple, but it was very hard! The chain milk tea store is so popular that many people are queuing up to buy milk tea all the time. It needs the courage to sing aloud in front of a crowd. Several of my classmates wanted to gain the benefit, but finally, they all left in embarrassment because they were too shy to sing in public.

中文思路:

蜜雪冰城的主题曲是我听过的最有趣的歌曲。事实上，蜜雪冰城是一家全国连锁的奶茶店，这家奶茶店会在店里循环播这首歌。所以只要听到这首歌，我就知道有一家“蜜雪冰城”在附近了。

这首歌应该是由一首英文歌改编的。我不清楚这首歌最初是源自于哪个国家，但它一定是在中国最先流行起来的。如果我没记错的话，整首歌只有一句歌词反反复复的循环，歌词实在是太朗朗上口了，一般人听几遍就可以完全记住。当你听多几次的时候，你就会发现在接下来的一段时间里，你就会情不自禁地哼出这句词。这就是这首歌有趣的地方！

除此之外，之前这家奶茶店还搞过一次活动。只要你对着这家奶茶店的员工唱出这首歌，你就可以以一块钱的代价买到一杯它的招牌奶茶！这听起来很简单，但实际上是很难的！因为这家连锁奶茶店非常火爆，每时每刻都有很多人在排队买奶茶。在人群中大声唱歌是需要勇气的事情，我的好几个同学本想去蹭一下福利，但最后都因为害羞无法开口而狼狈而走。

17: 未实现的目标

Describe an ambition you haven't achieved yet.

Some instructions that you can follow:

What your ambition is

Why you want to achieve this ambition

How long you have had this ambition

And explain why you haven't achieved this ambition yet.

Since I entered university, I have been attempting (试图) to earn the first-class scholarship at my university. The first-class scholarship is based on the academic performance and social practice of each semester, and the students whose average score are in the top ten of the whole grade are awarded a scholarship of 5,000 yuan. It is a great honor to win this prize because the students who win the prize will be praised by the school and their names will be published in the campus bulletin (公告). This is the reason why I want to win this prize

However, it is a difficult goal for me since there are at least 600 people in my grade and many of them are excellent at their studies. So, I tried my best to achieve my goal. Last semester, I took every classwork and homework seriously. I would write down every knowledge point and spend most of my time in the library studying. I have to say, this is the period of time that I studied most earnestly and assiduously. The results haven't been announced until next semester, so I don't know whether I have succeed or not.

At first, I wanted to win the scholarship just to prove myself, even a little bit for my vanity. But I gained a lot from the whole process, including the knowledge and the understanding of myself. It makes me feel that I am actually a person with great potential. If I fail this year, I think it's probably because I'm not good enough. I will try again next year.

自从上大学以来,我一直想获得学校的一等奖学金。一等奖学金以每学期的学习成绩和社会实践为基础,成绩平均在年级前十的学生可获得 5000 元的奖学金。获得这个奖将是一个巨大的荣誉,因为赢得这个奖的学生将受到学校的公开表扬,他们的名字将在校园公告上公布。这是我想赢得这个奖的原因之一。

然而,这对我来说是一个困难的目标,因为在我的年级至少有 600 人,他们中的许多人在学习上很优秀。为了实现自己的目标,我拼尽了全力。老师布置的作业,或是小组展示我都非常认真的完成。我把老师说的每个知识点都记下来,空闲时间几乎都泡在图书馆里。我似乎从未如此努力做一件事。虽然现在结果还没有公布,但我觉得我已经超越了自己。我似乎从未如此努力做一件事。今年的评选结果需要下学期才公布,所以我也不清楚自己能否成功。

一开始我想赢得奖学金只是为了证明自己,甚至有点为了自己的虚荣心。但整个过程让我收获了很多,包括课堂上的知识和对自我认识。这让我觉得我其实是一个很有潜力的人,如果今年失败了,我想大概率是因为我还不够优秀。明年我还是会继续努力。

18: 学校/工作中不喜欢的规定

Describe a rule (e.g. at school or work) you dislike and would like to change.

Some instructions that you can follow:

What the rule is

What the reason for the rule is

Why you dislike the rule

And explain how you would like to change the rule.

One of the rules I don't like about my school is that the school forces the dorm to cut off electricity and the Internet at 11pm, and the dorm doors will be locked too. This means that after 11 o'clock at night, if we are not back to the dormitory, we will be locked out, and after 11 o'clock the dormitory will be dark and we can do nothing but sleep. I believe the reason why they carry out this rule is to force students to form a regular routine.

But I think this is a very unreasonable rule. I'm a late sleeper, and I get more energetic as the evening progresses. Sometimes in order to prepare for the final exam, I would study late into the night, often the night before the exam. But since the electricity was cut off in the dormitory, I had to buy a small lamp with batteries. When the power is cut off, I read and do homework by a dim light which will have a bad effect for my eyes. In addition, I often go shopping and have dinner downtown. If I encounter a traffic jam or something else, I will have no access to enter my dorm.

I really hope the school can abolish this rule and give us students more freedom in life. As a college student, we are already adults with independent consciousness and cognitive ability. We should have the right to choose our own life and work.

我不喜欢的一项学校规定就是学校强制宿舍在晚上 11 点的时候准时断电断网，宿舍门也会被锁起来。这意味着晚上 11 点后，如果我们还没回到宿舍，我们将无家可归，同时 11 点后宿舍将变得漆黑一片，我们什么都做不了，只能睡觉。我相信这是学校为了让学生形成早睡早起的作息规律而实行的规定。

但我觉得这是一项非常不合理的规定。我是个夜猫子，越到晚上我就越精神。有时候为了准备期末考试，考试前的几晚我都会复习到深夜。但由于宿舍断电了，我只能买了个用电池的小台灯。宿舍断电后借着昏暗的灯光看书复习。这对我的眼睛伤害是很大的。另外，我还经常会去市区逛街吃东西。晚上万一遇见堵车或者其他意外的事情，回来晚了就完蛋了，过了 11 点就没法上楼了。

我真的希望学校能废除该项规定，给予我们学生更多的生活自由。作为一个大学生，我们已经是成年人了，有着自主的意识和认知能力。我们应该有自主选择生活作息的权利。

19: 除了手机电脑外离不开的东西

Describe something you can't live without – not a mobile/cell phone or computer.

Some instructions that you can follow:

What this thing is

What you used for it

How long you have had it

And explain why you can't live without this thing.

When I went to college, I bought a pair of Air Pods. I find it is so useful that it has become a necessity in my life. The Air Pods are very easy to use. All I had to do was push the cover off and they would automatically connect to my phone. These headphones have been with me for nearly three years, and so far, they work perfectly. I'm glad I was able to buy them.

As for why I can't live without headphones, for one thing, it's good manners to use them in public places or in the dormitory. If I use headphones, people around me will not be disturbed by the sound of my device. In subways and libraries, I've seen a lot of people playing audio, watching videos, and making phone calls. I think it is very impolite and this kind of behavior will seriously disturb other people.

On the other hand, I like listening to music very much. Listening to music is something I do almost every day, it is an important way for me to relax. Headphones are my instrument for listening to music. My Air Pods have excellent noise cancellation, which means they block out most outside noise and allow me to concentrate on what I need to listen to. Ambient noise doesn't stop me from talking on the phone or listening to music, whether it's a commute or a noisy place. My headphones are as important as my phone, and I would be very uncomfortable without them.

上大学后，我买了一副 Air Pods 耳机。我发现它实在是太好用了，它成为了我生活和学习中的一个必需品。Air Pods 使用起来非常方便。我只要推开耳机盖子，手机就会自动和我的手机连接，完全不需要任何复杂的操作过程。这副耳机陪伴了我将近三年的时间，至今功能一切正常。我很庆幸我能买到它。

至于说为什么我生活中离不开耳机，一方面，在公共场所或者在宿舍使用耳机是一种礼貌。如果我使用耳机的话，周围的人就不会被我的设备发出的声音所干扰。在地铁和图书馆里，我见到过很多人外放声音看视频和打电话。我认为这是非常不礼貌的，这种行为会严重干扰其他人。

另一方面，我非常喜欢听音乐。微信公众号：安娜雅思。听音乐是我几乎每天都会做的事情，这是我的放松身心的重要方式。而耳机则是我听音乐的工具。我的 Air Pods 有非常棒的降噪功能，这意味着耳机能隔绝绝大部分的外界噪音，让我能专心聆听我需要听取的内容。无论在通勤和嘈杂的地方，周围的噪音都不会影响我打电话或者听音乐。我的耳机就像我的手机一样重要，如果离开它，我会非常不习惯。

20: 从长辈学到的技能

Describe a useful skill you learned from an older person.

Some instructions that you can follow:

Who the other person was

What skill you learned from this older person

How easy or difficult it was to learn this skill

And explain why it was useful for you to learn this skill

I still remember that when I was in primary school, my dad bought me a mini-bicycle one day, which was smaller than most bicycles and suited me just fine. My dad asked me to go downstairs to learn how to ride a bike, for cycling is a very useful skill in our life.

At first, I kept falling off the bike soon after I started riding. Although it didn't hurt much, I developed a kind of fear. At that time, I remember, my dad told me a tip that the faster I rode, the less likely I would fall. Hearing that, I plucked up courage again to try as my dad told me. Miraculously, I felt it was easier for me to keep balance when riding with all my strength. So, I practiced riding back and forth for a long time, and gradually I was able to go farther and farther. After an afternoon's learning, I felt that I had mastered the riding skills. I had to say that the skills that my dad taught me were really great. They enabled me to cycle in a short time. Maybe I was gifted. I didn't think it hard to learn how to cycle.

Cycling is very useful to me since now I cycle to attend a class every day. It usually takes me only ten minutes to ride from my dormitory to the classroom building, but it would take twice the time to walk there. All in all, cycling saves me a lot of commuting time and brings ease to my life.

中文思路:

我还记得我小学的时候,我爸爸某天给我买了一部小自行车,这部自行车比一般的自行车要小一些,刚好适合那时候的我。爸爸让我下楼跟他学如何骑自行车。骑自行车是一项非常有用的生活技能。

一开始学的时候,我没骑多远就从车上摔下来了。虽然摔得不疼,但我还是害怕。我还记得那时候我爸爸告诉我,骑得越快就越不容易摔。于是我鼓起勇气按照爸爸的方法再来一次。神奇地,当我用尽力气骑车后,我感觉自己更容易保持平衡了。我来来回回的练习了很久,我能骑车的距离也变得越来越远。经过一下午的学习,我感觉自己已经学会骑车了。不得不说我爸爸教我骑自行车的方法真的很棒,我花了很短的时间就学会了如何骑自行车。也许是我很有天分,我认为这项技能并不难学。

骑自行车是很有用的技能,现在我每天都骑自行车去上学。一般只需 10 分钟,我就能从宿舍骑到教学楼。如果我步行的话,可能需要多花一倍的时间。自行车极大地节省我通勤的时间,方便了我的生活。

21: 印象深刻的一堂课

Describe a lesson that you remember well.

Some instructions that you can follow:

What the lesson was about

When and where this lesson took place

What happened during this lesson

And explain why you remember this lesson so well

I still remember that I made a mistake in class when I was in senior high school. As a result, I was severely criticized by the teacher and had to stand in the class. To this day, the affair has left a deep impression on me

It was a biology class. Honestly, I was not interested in this course at all. Every time I had a biology class, I would feel bored. So, I took out my smartphone and secretly read novels by putting my head on the desk. At that time, I especially loved reading novels. I thought they were much more interesting than textbooks because they had all kinds of thrilling plots, such as "a hero rescuing a beauty in danger" or "Every Jack has his Jill".

But I was in bad luck this time. While I started to read a novel with relish, the teacher noticed my odd behaviour. He asked me to answer a question. Of course, I answered nothing. He came straight over and confiscated my smartphone, scolded me severely, and then forced me to stand up for the rest of class. I felt my cheeks hot and dared not face the teacher and other students. Without any choice, I had to stand upright with my head down.

After class, I took the initiative to write a self-criticism with hundreds of words to the teacher and sincerely apologized to him. This class left a deep impression on me. It was a shame to be criticized by the teacher in front of all the students. Since then, I dare not read novels on my phone in class anymore.

我还记得在我上高中的时候，我在课堂上犯了错，被老师严厉批评，并罚站了一堂课。这件事至今让我印象深刻。

那是一节生物课。说实话，我对这门课实在没有一点兴趣，每次上生物课我都觉得很无聊。于是我就拿出手机，偷偷在书桌下面来看武侠小说。那段时间我特别爱看小说。我觉得小说比课本要有趣多了。小说有各种惊心动魄的情节，比如英雄救美，亦或者有情人终成眷属等等。

但这一次我就倒大霉了。正当我趴在书桌上看得津津有味的时候，老师发现了我的异样。他让我回答问题。当然我什么也答不出来。他径直走过来没收了我的手机，狠狠地训斥了我，然后让我在接下来的整堂课都罚站。我感到脸颊发烫，不敢正视老师和其他同学，只敢低着头站正了。

课后我主动写了几百字的检讨给老师，并诚挚地跟老师道歉。这堂课让我印象非常深刻。在全班同学的面前被老师批评是一件很丢脸的事情，从那时起，我再也不敢在课堂上玩手机了。

22: 别人给你的一件衣服

Describe an item of clothing that someone gave you.

Some instructions that you can follow:

What the item of clothing was and who gave it to you

What it looked like

When you wore it

And explain why this person gave you this item of clothing

My girlfriend gave me a T-shirt on the Children's Day as she believed it was very suitable for me. But in fact, I thought it was terrible.

It is a golden T-shirt with an oversized Astro Boy print on the front. For one thing, I don't like such a bright color; for the other, the huge cartoon print makes it seem like those worn by primary school students, which is very childish. Usually, I like to wear solid colors such as black and gray. I never buy clothes in bright colors and most of my T-shirts are bought from UNIQLO.

My girlfriend gave me this lovely T-shirt because she likes such lovely styles a lot. She thought I would look young and energetic in it. Of course, I'm happy to receive a gift yet it would have been better if she had communicated with me before buying it.

I felt awkward wearing the T-shirt on the street and thus I didn't wear it for a long time until my girlfriend realized that I had never worn the T-shirt she bought me. Then she was angry. She thought I didn't like her gift and I had to wear the cartoon T-shirt on a date. That was the only time I wore it as far as I can remember.

中文思路:

今年 61 儿童节的时候，我的女朋友送了我一件 T 恤，她觉得这件衣服非常适合我。但事实上我觉得这件衣服糟透了。

这是一件金黄色的 T 恤，胸前有一个超大的阿童木印花。一方面我并不喜欢这么亮丽的颜色，另一方面，巨大的卡通印花看起来就像小学生穿的，非常的幼稚。通常我喜欢穿一些纯色的衣服，比如黑色和灰色。我买衣服从不买颜色鲜艳的，我大部分的 T 恤都是优衣库的。

我女朋友送我这件可爱的衣服，因为她很喜欢可爱的风格。她认为我穿这件衣服会显得很年轻，很有活力。收到礼物的我当然很开心，但如果她能在买之前跟我沟通一下，那就再好不过了。

只不过我认为穿这件衣服上街是一件丢脸的事情。因此很长一段时间我都没有穿过这件衣服，直到我的女朋友某天才反应过来我从没穿过她买的衣服，于是就生气了。她认为我不喜欢她送给我的礼物。在一次约会中，我不得已穿上了那件卡通 T 恤。在我印象中我只穿过那一次。

23: 社交网络上常关注的人

Describe a person you follow regularly on social media or other media.

Some instructions that you can follow:

Who this person is

How you know about this person

What kinds of things he/she talks about

And explain why you follow this person regularly on social media or other media.

Li Jiaqi is an internet celebrity that I follow on social media. He has a lot of fans and is currently the most popular anchorman in China. I like him very much.

I discovered him about two years ago when my friend Anna shared his live broadcast with me. Li Jiaqi usually recommends a variety of good products in his live broadcast. When he finishes the introduction of the products, he will provide the purchasing links. Most importantly, the price he offers is very favorable, and he usually provides some additional gifts.

His social media content is very plentiful. Copyright by Annayasi. In addition to sharing his daily life and work details, he also shares knowledge of skincare products, which is my favorite part. He will analyze the ingredients of the popular skincare products on social media and explain to fans what people are suitable to use this product. What's more, he also recommends lipsticks. Every lipstick he recommends is of super gorgeous color and has never let me down.

The reason why I follow Li Jiaqi is that I can buy the products I need at a lower price through his live broadcast while makeup in the mall is too expensive for me. Li Jiaqi often recommends products that are fair-price and of good quality, which are very suitable for students. Through his video, I also learned a lot about the ingredients of skincare products, which helps me a lot in choosing products that are more suitable for me.

中文思路:

李佳琦是我常常在社交媒体上关注的网红。他拥有非常多的粉丝，是当下全中国最火的主播，我非常喜欢他。

大概是两年前认识李佳琦的，我的好朋友 anna 经常看他的直播，并把他分享给了我。李佳琦在直播中通常会推荐很多好用的产品，经过一番介绍之后，他会提供产品的购买链接。最重要的是他给出价格是非常优惠的，通常还会有很多额外的赠品。

他的社交媒体内容非常丰富，除了分享生活的日常，工作的细节，我最喜欢的就是他有关护肤品的分析。他会在社交媒体上认真的分析当红护肤品的成分，并且解释这个产品适合什么样的人使用。除此之外，他还会推荐口红。他推荐的每一只颜色都超级好看，从来没有让我失望。

我关注李佳琦是因为通过他的直播间，我可以用更低的价格买到我需要的产品。商场里的彩妆对我来说太贵了。李佳琦经常会推荐一些平价又好用的产品，非常适合学生党。通过他的视频，我还学到了很多关于护肤品成分的知识，这将帮助我挑选到更适合自己的产品。

24: 有趣的著名城市

Describe a famous city that you find interesting.

Some instructions that you can follow:

Where the city is

How you know about the city

Why the city is famous

And explain why you find this city interesting.

My favorite city must be Xiamen, a coastal southern city in Fujian Province. As one of the most popular cities on the internet, videos about Xiamen went viral on TikTok years ago. The scenery there is beautiful and the city itself is fun.

Xiamen is a famous tourist city, famous for Gulangyu island and satay noodles. Satay noodles are served as a local specialty, they are a kind of seafood noodles consisting of noodles, a thick soup base and various seafood ingredients. I've had it so many times. It's so yummy. Gulangyu is another noted tourist attraction. The island is very lively, with large and small stores selling a range of snacks. Collecting stamps is also a highlight. Walking into a store, you'll see their specific stamp. You can buy a stamp book and collect stamps as you shop around. It's a unique kind of fun that you can't find in other cities. Gulangyu Island is also a perfect place to take photos. The buildings there have a special sense of age, which easily make for beautiful photos.

Xiamen is distinct from other cities in China. While it lacks the grandeur of nature, there are countless gourmet and craft shops tucked away in the alleys. I find new interesting or delicious shops every time I go there, which makes the city more fascinating in my mind!

中文思路:

厦门是一个有趣的，非常著名的城市。我非常喜欢厦门这个城市，尤其是鼓浪屿。厦门属于福建省，是一个南方的沿海城市。确切来说，厦门是一个离海岸线不远的岛屿，而鼓浪屿则是离厦门很近的又一个岛屿。

厦门是一座著名的旅游城市，以鼓浪屿和沙茶面著称。沙茶面是当地的特色海鲜面，是浓浓的汤底加上各种海鲜小料和面做成的。我吃过好多回了，特别好吃。鼓浪屿是另一个著名的旅游景点。岛上十分的热闹，大大小小的店铺，卖着各种各样的小零食。收集图章也是一大亮点，走进店铺你就会看到，带有他们特色的图章，你可以买一本图章本，一边逛店铺，一边收集图章。这是一种在其他城市见不到的别样的乐趣。鼓浪屿也是一个非常适合拍照的地方，因为岛上的建筑都特别有年代感，随手一拍就是一张美照。

厦门相对于国内其他城市来说是与众不同的。因为它没有气势磅礴的自然风景，但有着数不尽的、藏在小巷子里面的美食店和工艺品店。每次去我都能发现新的好玩的店铺或者好吃的小店，这使得这座城市在我心中变得更加有趣！

25: 乡下一隅

Describe a place in the countryside that you enjoyed visiting.

Some instructions that you can follow:

Where you went in the countryside

Why you went to this place in the countryside

What you saw and did there

And explain why you enjoyed visiting this place in the countryside.

There is one spot in a rural area that particularly appeals to me, namely my hometown. As a remote county, it is far from any large city. Although it stands no chance to match the metropolitan prosperity, my hometown features its unique lifestyle, and I truly enjoy my time there.

My parents are usually occupied by work, and it had been years since we celebrated our Spring Festival back in my hometown. My grandparents also miss their relatives back home. For that reason, my whole family went back to my hometown during the last Spring Festival.

The Spring Festival in the village is a huge contrast to that of the city. With almost all the malls closed, the city is empty during the Spring Festival. By contrast, the Spring Festival in the village is full of vitality and vigor. A bustling market was set up on the main street of the county, selling all sorts of Spring Festival goods, daily necessities, and, most important of all, various fireworks. Big cities had banned fireworks for a long time, so it was the first time I witnessed such a huge variety of fireworks in my hometown. I bought a bag full of fireworks for less than \$100. In the evening I lit fireworks with my parents, totally lost in sheer joy.

Last year, we also had dinner together with our relatives, and the elders would give red envelopes to the younger generation. I received thousands of yuan of red envelopes last year, for which I was overjoyed!

中文思路:

我享受的一处乡下地方就是我的老家，那是远离大城市的一个偏僻的小县城。虽然比不上大城市的繁华，但那里的生活还是很有特色的，我很享受在那里的日子。

平时爸爸妈妈的工作非常忙碌，我的爸爸已经很多年没有回老家过春节了。爷爷奶奶也很挂念老家的亲人。因此去年春节假期，我和全家人一起回了一趟老家。

村里过年和城市里很不一样，春节期间的大城市总是空荡荡的。所有的商场都几乎都停业了。但在村里过年才是最热闹的时候。县城的主街道上摆起了热闹的集市。售卖各种年货和生活用品。最重要的是还有各种烟花售卖。大城市已经禁止放烟花很久了，在老家我第一次知道烟花竟然有这么多种类。我买了满满一大包，才花了不到 100 块钱。晚上我和父母一起放了烟花，别提有多开心了。

去年我们的亲戚还一起聚餐，聚餐上长辈们都会给晚辈发红包。我去年足足收了几千块钱的红包，这真的让我高兴坏了！

26: 近期改善生活的变动（5-8 月新题）

Describe a change you made in your life recently that was positive.

Some instructions that you can follow:

What the change was

Why you decided to make this change

Whether anyone helped you to make this change

And explain why it was a positive change to make.

I've developed a habit of staying up late in recent years. On a daily basis, it wasn't until the early morning that I was able to go to bed. This caused me to have low spirits during the day. Worse, it even gave me a trance-like feeling after getting up on days when I had classes to attend in the morning. I was left with no other option but to secretly take naps in class. Burning the mid-night oil had not only affected my mood, but also my weight. I tended to feel hungry if I hadn't gone to bed before midnight, which prompted me to go out and have some night snacks. This summer, I even found that I struggled to put on my clothes; a truly depressing realization. Thus, I decided to make positive changes - I started to go to bed early and get up early.

Such changes couldn't have been possible without the support of my roommate Anna, to whom I am very grateful. Anna maintains a strict daily routine and reminds me when it is time to sleep every night. Thanks to her supervision, I have successfully changed my bad habits.

It's been nearly a month since I started to keep in the habit of early sleeping and early rising. If my cellphone is at hand, I will involuntarily pick it up and start playing. However, I quickly fall asleep without a cellphone. Now, I am feeling that I am heading towards a better state. I am more energetic and getting up early is no longer a difficult thing for me. Even on weekends, I naturally wake up at 8 or 9 in the morning. Going to bed early has also improved my skin conditions and it's been a long time since I had acne. It is a positive change to develop good living habits and I am prepared to stick to these habits in the future.

中文思路:

最近几年，我习惯于晚睡。每天都是凌晨才睡觉。这使我白天精神很差。如果早上有课，起床后我整个人都是恍惚的。上课的时候我只能偷偷睡觉。熬夜不只让我的精神变差，还让我的体重增加。如果凌晨十二点我还没睡觉，我通常会觉得饿。然后我就会出门吃宵夜。今年夏天，我发现去年买的衣服都穿不上了。这让我觉得很沮丧。因此，最近我做出了积极的改变，我开始早睡早起。

我要感谢我的舍友 Anna，他帮助我完成了这个积极的改变。Anna 拥有良好的作息习惯，每天晚上她都会提醒我该睡觉了。朋友的监督使我更容易改掉坏习惯。

我坚持早睡早起已经快一个月了，秘诀就是不要带手机上床。只要手机在我身边，我就会不自觉的开始玩。没有手机会让我很快入睡。我觉得自己的状态有在慢慢变好。我变得精力充沛，早起对我来说不再是一件困难的事。即使到了周末，早晨八九点我也会自己醒来。早睡也让我的皮肤变好了，我已经很久没有长痘痘了。养成良好的作息习惯是一项积极的改变，以后我也会继续坚持下去。

27: 有趣的邻居 (5-8 月新题)

Describe an interesting neighbor.

Some instructions that you can follow:

Who the neighbor

How you met this neighbor

How often you see this neighbor

And explain why you find this neighbor interesting.

I feel that I have to talk about my friend Anna, who is an interesting person. In addition, she has also made my life more enjoyable.

Anna is one of my classmates who lives next to my dorm. I've known her ever since we started school. She is a cheerful girl who always actively greets me when we meet in the corridor. We see each other every day since we often take classes together. The reason I find her so much fun is that she does not toe the line - she always has some novel ideas and puts them into action.

For example, she recently bought a set of mahjong, one of the most popular leisure games in China, and invited me to play with her. When my roommates and I still played mahjong on cellphones, she bought a set of real Mahjong and even a foldable mahjong table. Ever since then, Anna's dorm has become the most cheerful place on the floor. Anna would invite girls in the dorm to play at 7 every evening. Over time, everybody came to enjoy going there to play mahjong. Every time I pass by her door, I would hear the cheerful voices of mahjong players.

Apart from that, she is passionate about food and drama series, and often recommends some of the best snack stores and shows to me. Being with her is always an enjoyable experience full of pleasant surprises.

中文思路:

我必须要谈谈我的朋友 anna，她是个有趣的人。同时，她也让我的生活变得更加有趣。

Anna 是我的同班同学，住在我的隔壁宿舍。刚开学的时候我就认识她了，她很开朗，每次在楼道遇见，他都会主动给我打招呼。我们经常一起上课，所以每天都会见面。我之所以觉得她有趣，是因为她不是一个循规蹈矩的人，她总会有一些新奇的想法，并且会马上付诸行动。

麻将是中国人的休闲游戏之一，最近她买了一副麻将。并且经常叫我过去一起玩。当我和我的舍友还在用手机玩麻将游戏的时候，她买了一副真实的麻将，甚至还买了一个可折叠的麻将桌。自此以后，anna 的宿舍成为了整层楼最热闹的地方。每天晚上 7 点，Anna 就会准时在宿舍号召周围的同学过来打麻将。久而久之，大家都喜欢去她们宿舍玩麻将。每当我从她门口经过，都会听到里面传来麻将的声音。

除此之外，她还热爱美食和看连续剧，她经常会向我推荐一些好吃的小吃店和好看的电视剧。跟她在一起总是充满了快乐和惊喜。

28: 帮助小孩 (5-8 月新题)

Describe a time when you helped child.

Some instructions that you can follow:

Who the child was

When and where you helped the child

How you helped the child

And explain how you felt about helping this child.

The other day, I helped my cousin complete his homework for winter vacation. I have to admit that it was a wonderful experience.

It all happened at a family dinner. Before we finished our meal, my cousin was urged by his mother to do his homework. Because there was less than one week left before the start of school and my cousin had just begun his homework. Given the nearing deadline, he turned to me for help.

For a college student, primary school students' homework is just a piece of cake. I agreed immediately and started to help him with a hand-written newspaper, a kind of hands-on task that nearly every Chinese elementary school student has tried. I took out a sheet of blank paper and drew some patterns that I like on it, and finally added some excerpted Tang poems in the margin. It is easier said than done: I spent more than one hour completing just a single assignment. Furthermore, I also helped him complete a handmade New Year's greeting card.

What struck me about this experience was that homework assigned to pupils today is totally different from that of my time. When I was an elementary school student, I only had homework for subjects like mathematics, English and Chinese. Schools now put more emphasis on cultivating all aspects of a student's qualities. In addition to academic tasks, pupils are also given some hands-on assignments. This is a very positive change. But I still wish that my cousin could complete his homework earlier instead of asking someone else to help him.

中文思路:

不久前, 我帮助我的表弟写完了他的寒假作业。不得不说这是个奇妙的经历。

那是一次家庭聚餐, 我们还没吃完饭, 表弟就被他妈妈催着写作业。还有不到一周就要开学了, 表弟才刚刚开始写寒假作业。因此, 他请求我帮帮他。

对于一个大学生来说, 小学生的作业不是一件难事。我立刻答应了他, 并开始帮他做手抄报。手抄报是每个中国小学生都做过的作业。我拿来一张白纸, 在纸上画上我喜欢的图案, 最后在空白处摘抄了我喜欢的唐诗。说起来简单, 这份东西花了我一个多小时才做好。除此之外, 我还帮他做了一张手工新年贺卡。

做完之后我最深的感受是, 现在小学生的作业和我小时候完全不一样。我自己上小学的时候, 大概只有数学, 英语和语文有作业。现在的学校更注重孩子的综合素质。除了文化课之外, 还会布置一些动手的作业。这是一项非常好的改变。只是希望表弟之后能自己早点完成, 不要再让我帮他写作业了。

29: 别人询问你意见 (5-8 月新题)

Describe a time when someone asked you for your opinion.

Some instructions that you can follow:

Who asked you for your opinion?

Why this person wanted to know your opinion

What opinion you gave this person

And explain how you felt when this person asked for your opinion.

I recently gave a good opinion to my dad and I felt very proud of it. A few weeks ago, it was my mother's birthday. My father came to me and asked me for some advice. He had planned a lovely day to celebrate her birthday and had bought her a fantastic present. However, he was having trouble with choosing a place to take her for a special dinner.

My father wanted to take her somewhere they had not been to before, that served great food and had a good atmosphere. But he wasn't good at this and he asked me for opinion. So, I thought about it and made the decision that they should go to Da Dong Roast Duck. He loved the decision! He told me they had often thought of going there as it is well renowned, but they never managed to find the time. On the day of my mother's birthday, they went to the restaurant and later that night my father told me they had a brilliant time. He said I had made the perfect decision and that my mother thought it was the best birthday dinner she had ever had! I felt very proud that I was able to help my parents and make a decision that brought them so much joy. Sometimes, it can be stressful making decisions. But in this case, I knew exactly what the right choice was to make.

中文思路:

最近我做了一个很好的决定，我为此感到非常自豪。几个星期前，是我妈妈的生日。我父亲来找我，问我一些建议。他计划了一个美好的日子来庆祝她的生日，并给她买了一份奇妙的礼物。然而，他在选择一个地方带她去一顿特别的晚餐时遇到了麻烦。

父亲想带她去一个他们以前没去过的地方，那里的食物很棒，气氛也很好。我爸爸不擅长找餐馆，所以来寻求我的帮忙。所以，我想了想，决定让他们去大董烤鸭店。微信公众号：安娜雅思。他喜欢这个决定！他告诉我，他们经常想去那里，因为那里很有名，但他们一直没有抽出时间。在我妈妈生日那天，他们去了餐厅，那天晚上晚些时候，我爸爸告诉我他们玩得很开心。他说我做了一个完美的决定，我妈妈也认为这是她吃过的最好的生日晚餐！我感到非常自豪，我能够帮助我的父母，做出一个给他们带来这么多快乐的决定。有时候，做决定会很有压力。但在这种情况下，我知道正确的选择是什么。

30: 帮助你集中注意力的事物 (5-8 月新题)

Describe something that helps you to concentrate on work/study.

Some instructions that you can follow:

What it is you do

Where and when you do this

Whether you always do the same thing

And explain how much this helps you to concentrate on work/study.

Every morning, I would make a to-do list of things that must be done during the day. Whenever I feel distracted and want to play with my cellphone or just do nothing, the list always pulls me back to reality and forces me to re-focus on my studies or work.

Honestly, I am a person easily distracted by external disturbances. That has caused a huge disruption to my life and studies because I find that I frequently get distracted for no reason at all. My mind may start to wander not 10 minutes after I sit in the classroom. A class lasts only 40 minutes, however, and though I am probably very attentive for the first 20 minutes, I then spend the rest of the time staring into space.

When I realized I had such a problem, I decided to make a change. I started to make a to-do list every morning when I got up and carry the notebook around with me. With constraints of the list, I am able to voluntarily remind myself of the need to stay concentrated throughout the day because I've got a lot of things to do. I must admit that such an approach is very effective. My life and studies have become more organized and I am more focused on the tasks at hand.

Whenever my thoughts start to wander, the list always magically pulls me back to reality. Each time I finish a task, I would mark a tick on the list, and it gives me a sense of accomplishment when I find that all my tasks have been achieved by the time I go to bed. It helps improve my efficiency in a very effective manner.

我会每天早上制定每天必须要做的事情清单。当我感到注意力不集中想玩玩手机或者发呆的时候，这个清单都会让重新专注于学习或工作。

说实话，我是个非常容易收到外界干扰而无法集中注意力的人。这对我的生活和学习造成了很大困扰，因为我常常莫名其妙地走神。在课室坐下不够 10 分钟，我可能就开始胡思乱想，一堂课 40 分钟，我可能只有前 20 分钟能认真听课，剩余的时间都在发呆。

当我我认识到这个问题，我下定决心改变。我开始在每天早上起床后，列一个必做的事情清单，并写在本子上随身携带。有了这个清单的约束，我会时常暗示自己我得专注下来，我今天还有很多事情要做。我不得不说这个方法真的非常管用。我的生活和学习开始变得有条理，我也能更加专注于我手头上的事情。

每当我走神的时候，这个清单都会把我拉回现实。我每做完一件事情就会在清单上打一个勾，当晚上睡觉前看见我的清单上的任务全完成了，我就会感到这一天过得非常充实，非常有效率。

31: 经济实惠的外出（5-8 月新题）

Describe a special day out which didn't cost very much.

Some instructions that you can follow:

Where and when you went

What you did

What the you spent money on

And explain why you enjoyed this special day out.

Recently, camping has become one of the most popular outdoor activities among young people. On my last holiday, a few friends and I went to a park to camp, which turned out to be an unforgettably wonderful experience.

It was the weekend. My friends and I took a tent, some beverage and lots of snacks to the park. After we selected an appropriate spot, the boys started to put up the tent in the meadow while we girls were responsible for preparing food. I took with me a variety of fresh fruits, milk tea and crisps. In no time, the table was piled with different foods. It was hot, but we immediately had access to some refreshing coolness after the tent was set up. We had a picnic, played board games and took photos in the meadow. It was a fun day.

Camping is really suitable for young people as it is both fun and affordable. The venues are freely available and all you need to do is to find friends with a tent and buy some food. The total cost for a whole day's fun is just several hundred yuan, or mere dozens of yuan per person. Compared with eating out, going shopping or playing escape rooms, camping is truly inexpensive.

Due to the COVID-19 pandemic, it's been a long since the last time I traveled. On occasions where residential buildings were quarantined, I even couldn't get out of my home. Enjoying the sunshine, blue sky and getting close to nature is a rare luxury for me now. It was a beautiful sunny day with green meadows and a blue sky, and I took many amazing photos. I still cherish the good memories of that special day.

最近一段时间，露营成为了年轻人最喜欢的户外活动之一。微信公众号：安娜雅思。上个假期，我和几个朋友一起去公园露营，那真是奇妙又美好的一天。

那是一个周末，我和几个朋友一起带着帐篷，饮料还有很多零食来到了公园。找好地方后，男生在草地上开始搭帐篷，我们几个女生负责准备食物。我带了各种新鲜的水果，奶茶，薯片，不一会桌子上就堆满了食物。虽然天气很热，帐篷搭好之后立刻凉爽了不少。我们一群人在草地上野餐，玩桌游，拍照。度过了非常开心的一天。

露营真的非常适合年轻人，好玩并且花费不高。场地是免费的，我只需要找一个有帐篷的朋友，然后买一些食物。几百元就可以玩上一整天。平均下来一个人才几十元。比起吃饭，逛街或者是玩密室，露营实在是太便宜了。

因为疫情的关系，我已经很长时间没有旅游了。有时候小区封闭，我甚至连家门都出不了。能够在周末享受阳光和蓝天，亲近大自然，对我来说是一件非常难得的事。那天阳光超好，绿色的草地加上蓝色的天空，我拍了超多好看的照片。我非常怀念这特别的一天。

32: 交通拥堵的时刻（5-8 月新题）

Describe a situation when you had to spend a long time in a traffic jam.

Some instructions that you can follow:

When and where the traffic jam happened

What you did while you were in the traffic jam

How you felt about having to spend time in the traffic jam

And explain what problems the delay caused you.

On an afternoon not long ago, I decided to take a taxi instead of the metro due to the hot weather. Unexpectedly, I was stuck in a huge traffic jam. After driving along the viaduct for some time, the car became slower and slower.

I did not mind that at all in the beginning because taking a taxi was much more comfortable than taking a bus. I even took out my cellphone and played a level of a game. But when I returned from the game to reality, I found I was still on the same viaduct. I started to become anxious. On the one hand, I was bored; on the other hand, the taxi kept the meter running when stationary, and so the traffic jam would cost me more than a dozen yuan extra. After a while, the taxi had moved only a few hundred meters forward. There was a time when I even wanted to get out of the car and walk. However, it was a dangerous thing to walk on high-speed lanes given the fact that the congestion had occurred on a viaduct. Ultimately, I had no other option but to wait. My anxiety started to grow and time seemed to go by more slowly.

It wasn't until half an hour later that the taxi managed to exit from the viaduct. It turned out that a serious accident had occurred around the exit: a truck rolled over at the middle of the lane, causing a serious traffic jam. Finally, I arrived at my destination one hour later than expected, at a doubled taxi fare. The dual loss in time and money made me frustrated. It seems, after all, that the subway is a more appropriate means of transportation for me. It costs only one-tenth of a taxi's fare, without causing concerns about traffic congestion.

不久前的一个下午，因为天气太热，我放弃了坐地铁，选择了打车出门。令我没有想到的是路上遇到了大塞车。当车进入高架桥行驶了一段路后，车速变得越来越缓慢。

起初我并不着急，因为出租车比公交车要舒适的多，我甚至拿手机打了一把游戏。打完游戏回过神来，我竟然还在高架桥上。我开始有些着急了。一方面是因为无聊，另一方面出租车等待也是需要付费的，交通拥堵已经让我多花了十几块钱车费。时间又过去了一阵，我的车大概只前进了几百米。我一度想下车步行，但拥堵发生在高架桥上，在高速路上步行是一件危险的事。最后我只能选择继续等待。我开始变得焦虑，时间仿佛也过的越来越慢。

大约过了半个小时，出租车才驶出高架桥。高架桥的出口处发生了严重的事故，一辆货车侧翻在路中央，因此导致了严重的交通问题。最后，我比计划时间迟了一小时才到达目的地。车费也多花了两倍。时间和金钱的双重损失让我非常懊恼，看来还是地铁更适合我。地铁的花费只有打车的十分之一，还不用担心堵车。

33: 安静的地方 (5-8 月新题)

Describe a quiet place where you like to spend time.

Some instructions that you can follow:

Where this quiet place is

How you found this quiet place

How often you spend time in this quiet place

And explain why you like spending time in this quite place.

A quiet place that I enjoy spending time in is the Donghu Park which is not too far from where I live. This is another advantage as I do not have to travel far to see the lovely park. Because of this I visit the park at least once a week.

The Donghu Park was built many years ago, and it has always been one of the parks that locals often go to. The park is large, with pavilions, promenades, meadows and several lakes. On weekends, the park is very crowded. Many families would have a picnic on its grass land. There are also many tourists boating on the lake. The park also has a long jogging path, and many nearby residents often jog in the park in the early morning and late afternoon.

I like visiting the park because it is a place where I can get away from the crowds and hectic lifestyle of Guangzhou. Donghu Park can be very busy, as it is a popular tourist attraction, but I know where there are quiet and serene areas. Therefore, at the weekend, I love to go there for a jog to relieve myself of all my stresses. I find it is very enjoyable to be surrounded by beautiful nature. In these quiet areas, I can often hear the birds singing and the wind rushing through the trees. Copyright by Annayasi.

Donghu Park is filled with my good memories, so I enjoy spending my leisure time there.

中文思路:

我最喜欢待在的安静的地方是我家附近的东湖公园，它离我住的地方不远。我不用走很远就可以看到这个公园，这是一个很大的优点。正因如此，我每周至少去一次。

东湖公园在很多年前就建造好了，它一直是我们当地人经常去的公园之一。公园很大，里面有亭子，长廊，草地还有几个湖。周末的时候公园人很多，很多家庭会去草地上野餐，也有很多游客在湖上划船。公园里还有长长的专用慢跑道路，每天清晨和傍晚的时候，很多附近的居民都会在公园里跑步。

我喜欢参观公园，因为它是一个让我可以远离人群和繁忙生活方式的地方。东湖公园可以很热闹，因为它是一个受欢迎的旅游景点，但我知道那里有安静和宁静的地区。因此，在周末，我喜欢去那里慢跑，以减轻我所有的压力。我发现被美丽的大自然包围是很愉快的。在这些安静的地方，我经常能听到鸟儿歌唱，风吹过树林。

东湖公园充满了美好的回忆，所以我喜欢在休闲时候呆在那里。

34: 被赞扬的时刻（5-8 月新题）

Describe an occasion when somebody said something positive about some work that you did.

Some instructions that you can follow:

Who said something positive?

What kind of work you did

Why this person was positive about your work

And explain how you felt when you heard this positive comment.

My final presentation last semester was highly valued by my teacher. She said that it was a perfect presentation. What's more, I also gained extraordinarily good academic results for the term.

The final presentation was collectively carried out by our group of six. In the group, we assumed different roles with some responsible for developing PowerPoint slides and some for research. I was responsible for delivering the presentation. I started to practice my presentation two weeks in advance in order to achieve a perfect outcome. Whenever I was free, I would rehearse my presentation in front of a mirror in the dorm. Every day I would spend at least 1 hour practicing in order to be able to give the speech without the script.

The reason our group was so highly acclaimed by our teacher was that, compared with other groups, we were the most well-prepared one. Our PPT slides were exquisitely designed with rich content and well-researched sources. Prior to the presentation, I'd already been confident about myself.

I am extremely happy about getting the teacher's affirmation that we'd done a great job. This is not vanity, as we were praised because of our hard work. Most importantly, I got a great academic result thanks to my good performance. Undeniably, the honor is not mine alone because the other five group members have also contributed a lot behind the scenes. I like my Economics teacher very much and have decided to continue my efforts in this discipline.

上学期末，对于我的期末汇报，我的老师给予了高度评价。她说这是一场完美的汇报。最后我也获得了非常好的期末成绩。

这项期末汇报是我们小组六个人共同完成的。我们每个人都有不同的分工，有的人负责做 ppt，有的负责查找资料。而我负责演讲。为了使演讲更加完美，我提前两周就开始练习了。有空的时候我就在宿舍对着镜子不停的练。为了脱稿演讲，我每天至少都会练习一个小时。

老师之所以对我们小组有很高的评价，是因为和其他人相比，我们的准备是最充分的。我们的 PPT 制作精美，内容丰富并且有充足的数据支撑。演讲前，我就对自己充满了信心。

能得到老师的肯定，我感到非常高兴。这不是因为虚荣，而是因为老师的赞扬是对我辛勤付出的肯定。最重要的是我因此得到了一个好成绩。当然这并不是我一个人的功劳，其他五个同学在背后默默付出了很多。我非常喜欢我的经济学老师，今后我会继续好好学习这门课程。

35: 喜欢的传统物品（5-8 月新题）

Describe a traditional product made in your country which you like.

Some instructions that you can follow:

What this product is

When you first tried this product

How this product is made

And explain why you like this traditional product.

I want to talk about a very interesting traditional product called Lao Gan Ma. It is a very popular sauce made of chili and soybean in China. Its usage is versatile. It can be either directly consumed or used to cook dishes. The majority of Chinese people have a bottle of Lao Gan Ma chili sauce in their fridges.

The first time I tried it was when I was still in elementary school. At that time, I was not a fan of chili and I found its flavor really odd. Over time, my liking for the sauce has grown. If mom forgets to add some La Gan Ma to a dish, I will immediately tell her that something is missing.

With years of development, Lao Gan Ma is now a well-known large company in China. The varieties of its products have also increased from one offering to dozens of chili sauces. All products are produced in specialized factories. Industrialization has led to reduced product cost, so now I can buy a bottle of Lao Gan Ma at a price of less than 10 yuan.

I like it not because of its unique flavors, but because of a dietary habit and nostalgia, just like how foreigners like butter. Any ingredient immediately produces a wonderful taste once the chili sauce is applied. It is of constant appeal to me. The chili sauce is also sold in some Chinese grocery stores overseas, a sufficient proof of how popular the product is among the Chinese people.

我想谈谈一个十分有趣的传统产品，它叫做老干妈。这是在中国十分流行的一种调味品，它是用辣椒和黄豆制成的酱。用途多种多样。它可以直接食用，也可以用来炒菜。对于大部分的中国人而言，每家的冰箱里都会有一瓶老干妈。

我第一次吃应该是小学的时候了，那时候我不吃辣椒，我觉得它的味道实在是太奇怪了。但随着年龄的增长，我越来越喜欢吃老干妈。如果妈妈炒菜的时候忘了放老干妈，我就会觉得少了一点味道。

老干妈经过很多年的发展，现在已经是全国知名的大企业。产品也从最初的一种发展到了几十种。所有的产品都是由专业化的工厂生产的。工业化使得产品成本降低，现在只要不到十块钱，我就可以买到一瓶老干妈。

我喜欢老干妈不仅因为它独特的口味，更是一种饮食习惯和情感的寄托。微信公众号：安娜雅思。就像外国人喜欢吃黄油一样。任何东西加上老干妈，立刻就有了一种奇妙的味道。非常吸引我。在海外的一些华人超市，都可以买到老干妈，这足以证明中国人都多喜欢这个调味品。

36: 聊得来的朋友（5-8 月新题）

Describe a friend you enjoy talking with.

Some instructions that you can follow:

How you first met this friend

What kind of person this friend is

What you talk about with this friend

And explain why you enjoy talking with this friend.

Anna is my college classmate. She lives in the dormitory next to mine. We had already been acquainted with each other at the beginning of the first semester, and have remained friends for more than three years. We are on good terms and always chat with each other without reserve. She is a girl with an excellent personality, always carrying a smile on her face no matter what happens. I also admire her optimism and positivity. I always feel so much better after talking to Anna about my unpleasant experiences.

I am mentally sensitive to a point that I get easily nervous from even the slightest bit of pressure. I also tend to lose my temper over trivial matters.

As graduation was around the corner, after which we would go our separate ways, almost all of us were under great pressure, and an emotion mixing anxiety with sentimentality welled up in our hearts. On that day, we talked about our future work and life.

Anna told me that this was the Senior Year and to go for a walk if I felt stressed. Besides, exercise is also a good way to blow off some steam. We exchanged a lot of ideas and feelings, and encouraged and comforted each other. This conversation eased our nervous emotions and rekindled our motivation to learn and hope for the future. I was glad to have Anna as my closest friend.

中文思路:

Anna 是我的大学同学，住在我隔壁宿舍，我们刚开学的时候就认识了，至今已经三年多。我们两关系特别好，平时无话不说。微信公众号：安娜雅思。她是个性格特别好的女孩，不论发生什么事，她总是笑嘻嘻的。她乐观又积极，每次我有不开心的事，和 Anna 聊天都会让我舒缓很多。

我是个容易紧张的人，每当压力来袭，我就会变得很敏感。一点小事就会让我发脾气。最近因为快毕业了，升学和就业让我感到压力很大。而且毕业也意味着大家要离开学校各奔东西了，所以我既焦虑又伤感。一个周末的下午，我决定找 Anna 聊一聊。

Anna 告诉我毕业季都是这样的，如果觉得压力大，可以出去散散步，运动也是很好的舒缓压力的方式。我们交换了非常多的想法和感想，也互相鼓励和安慰。这次的交谈让我两紧张的情绪舒缓了下来，重新燃起了学习的冲劲以及对未来的希望。我很庆幸有 Anna 这样的知心好友。

37: 节省时间的改变 (5-8 月新题)

Describe a change you made in your daily life that saved you a lot of time.

Some instructions that you can follow:

What the change was

When you made this change

How easy it was to make this change

And explain how making this change in your daily life saved you a lot of time.

Last semester, I bought an electric bike. This has changed my life because the bike helps me save a lot of time.

Located in the university city, our campus covers a vast area. It takes at least 15 minutes for one to walk from the teaching area to the living area. Most roads around the university are uneven, and there are many slopes to climb. Therefore, it is necessary for me to choose an appropriate means of transport. Previously, I had always ridden a bike to commute, and when I encountered an upward slope, I had to push the bike, which wastes not only time but energy. An e-bike travels faster than traditional bikes and is more convenient to use. Riding on my e-bike, I can easily climb over any slope. More importantly, just like traditional bikes, riding an e-bike does not require a driver's license. Copyright by Annayasi. Ever since I purchased the e-bike, I have never been late for class, and it only takes me 10 minutes to get to my classroom from dormitory.

The purchase process was also quite simple, only taking me half an hour to pick the e-bike after making the payment, though this was months of my savings. An e-bike costs about 2,000 yuan, which is not a small sum for students like me. Thus, I don't think such a change is an easy thing to do.

The e-bike saves time in other aspects too. If I wanted to travel to a distant place before, I had to take the bus. That may take a lot of time if I encounter traffic. Now, I opt to ride an e-bike because it helps me to reach my destination in the shortest time possible, completely eliminating my worries about traffic jams.

上学期，我买了一部电动自行车。这让我的生活发生了一些改变，电动车帮助我节约了很多时间。

我们学校位于大学城，校园面积非常大。如果只靠步行，往返教学区与生活区就需要至少十五分钟时间。学校周围的路大多数不是平坦的，经常需要上坡和下坡。所以，选择一个适合自己的代步工具就非常有必要。以前我都是骑自行车，遇到上坡只能推着自行车走，不仅浪费时间还很费力。电动车比自行车速度快，使用起来更方便，骑着电动车我可以轻松的爬上任何一个斜坡。最重要的是电动车和自行车一样不需要驾照。自从买了电动车，我上课再也没有迟到过。十分钟就可以从宿舍赶到教室。

买电动车很简单，从付钱到提车只需要半个小时。但这笔钱我存了好几个月。一部电动车需要大约两千元，这对学生来说并不是一笔小数目。所以我认为这样的改变并不容易。

电动车还在其他很多方面为我节省时间。以前我去远一些的地方，只能选择公交车。有时候遇到塞车，会耗费很多时间。现在我都会选择骑电动车，电动车帮助我用最短的时间到达目的地，完全不用担心堵车。

38: 改变世界的发明（5-8 月新题）

Describe an invention which you think has changed the world in a good way.

Some instructions that you can follow:

What this invention is

What it does

How popular it is with people of different ages

And explain how you think this invention has changed the world in a good way.

Smart phones are an invention that have changed the world. The availability of smart phones has fundamentally changed people's lives. When I was a kid, cellphones were just a single-function communication device with which people made phone calls to contact their relatives living afar. Today's cellphones, however, are not only a communication tool, but more importantly, they are our mobile assistants. With a smartphone, we even don't have to carry our wallets with us.

Apparently, smartphones are more popular among young people. They consider the latest models to be synonymous with trendiness. Many young men and women simply must have the newest iPhone regardless of their staggering retail prices. Older people have also gradually accepted the conveniences brought by smartphones. My mother, for example, has learned not only how to watch videos and news on cellphones, but also how to make payments via WeChat with my guidance.

Smart phones are pushing the world towards in a more advanced direction from all angles. If you ask me what the most indispensable thing in my life is, I would unhesitatingly tell you it is my cellphone. In the old days, we had to subscribe newspapers if we wanted to read news, turn on the TV to watch videos and carry a camera when we traveled. Now, the only thing we need to carry is a smart phone because it offers alternatives for all of the above functions. Smartphones have made communications throughout the world unprecedentedly efficient, which is also why they have changed the world.

智能手机是一项改变世界的发明。在有了智能手机之后，人们的生活发生了巨大的变化。在我小的时候，手机只是单一的通讯工具，人们用手机打电话，和远方的亲人取得联系。但现在手机不仅是通讯工具，更是我们的移动管家。有了手机甚至出门连钱包都不用带。

很显然智能手机在年轻人中更受欢迎。他们认为最新款的智能手机是时尚的代名词。很多年轻人无论如何都要购买最新款的 iPhone 手机，尽管这款手机的售价惊人。老年人也在逐渐接受智能手机带来的便利。比如我妈妈，在我的影响下，她现在不仅会用手机看视频和新闻，甚至还会使用微信支付。

智能手机正在全方位的让这个世界朝着更先进的方向发展。如果你要问我生活中最离不开的东西是什么，那一定是我的手机。以前我们看新闻需要订阅报纸，看视频需要打开电视，出门旅行需要携带照相机。但是现在，只需要一部智能手机，以上的所有都可以被代替。智能手机让整个世界的沟通与交流前所未有的高效，正是这个高效，改变了世界。

39: 用手机做重要的事 (5-8 月新题)

Describe a time when you used a phone to do something important.

Some instructions that you can follow:

When and where you used the phone

What you used the phone for

Why it was important to do this

And explain what happened as a result of using the phone.

Last year, I used the navigation software of my phone when I had gotten lost to successfully arrive at my destination.

When my friend Anna and I were travelling in Xiamen, we decided to go to a famous satay noodle restaurant called Wutang. Anna and I went there and searched for more than half an hour without finding it. What's worse, I found that we had lost our way. It was hot and the restaurant we wanted to go to was closing. Just when I was worried, Anna suggested we use mobile navigation, hoping it would help us.

The app showed that we were still a few hundred meters from our destination, and it also indicated which directions we should take. So, we followed its suggestions and found the snack bar soon after.

Mobile navigation is so useful and important, especially for those like me who have no sense of direction. Unlike traditional maps, I can not only see my location, but also the fastest way to my destination. If I take a wrong turn, the navigation software will immediately alert me. Xiamen's road networks are complex, and if one is not careful, they will lose their way. My phone helped me this time, otherwise we would never have made it to the restaurant before it closed. This is also a lesson for me, I must use mobile phone navigation in the future when going out, so as not to get lost and waste time again.

中文思路:

去年在我迷路的时候使用我手机上的导航软件，成功到达了我想去的地方。

那时候，我和舍友 anna 在厦门旅游。我在网上找到一家著名沙茶面，准备去尝尝。我和 anna 按着网上给的地址，找了半个多小时都没找到，更糟糕的是，我发现我们迷路了。那时候天气很热，而我们想去的小吃店就快要下班了。正在我着急的时候，anna 建议我试下手机导航，希望它能帮助我们。

手机导航软件指示我们距离目的地还有大概几百米的路程，同时也指出了我们应该往哪个方向走。微信公众号：安娜雅思。于是我们顺着导航走，不久，我们顺利找到了小吃店。

手机导航真的太有用太重要了，尤其是对于我这种路痴来说更是如此。它不同于传统地图，我不仅能看到目的地的位置，手机还会通过 GPS 实时定位。一旦我走错路，导航软件会立刻提醒我。厦门的路况复杂，一不小心就会失去方向。我的手机在重要的时候帮助了我，如果单纯靠门牌号码，我们肯定不能在这家店关门到达。这对我来说也是一次教训，以后出门的时候一定要多使用手机导航，以免迷路浪费时间。

40: 令你惊喜而又开心的事物（5-8 月新题）

Describe something that surprised you and made you happy.

Some instructions that you can follow:

What the surprise was

How you found out about the surprise

What you did after you found out

And explain why the surprise made you happy.

Recently, I have been so happy about getting an offer from my dream school! It is surprising and exciting.

It was late at night on the last Sunday of April. This is still fresh in my mind. I had insomnia that night, unable to fall asleep in bed. All of a sudden, my phone buzzed and I saw that I had received an email in English. My heart began to race. I was wondering: No way! Could it be my offer? I was so thrilled and clicked on the email. Indeed, it was the offer from my dream school!

I was ecstatic and felt like I was the Chosen One! I jumped out of bed immediately and gave my parents a call to let them know the great news. I was so excited that my hands were shaking. It took me a long time to calm down. It was such a surprise. I have been making preparation for studying abroad for a year. I applied to numerous schools but failed to receive a response from any one of them. I was under a lot of pressure. I had been through a lot of anxiety and insomnia and even thought that I had depression.

Now I have finally got an offer. And it is from my dream school. I will officially be a graduate student as long as I follow their instructions and submit my language results before the deadline! This is surely the biggest surprise I have had in a very long time.

中文翻译:

最近的一件令我惊喜而又开心的事情就是，我收到了梦想中的学校的 offer 了！

我清楚的记得那是 4 月的最后一个星期天的深夜。我有点失眠，在床上辗转反侧无法入睡。突然我的手机响了，我收到了一封英文邮件。那一刻，我心跳瞬间加速，心想，不会吧！难道是 Offer 来了？我怀揣着激动的心情点开了邮件。竟然真的是我梦想中学校的 offer！

我瞬间狂喜，感觉我就是那个天选之子！我立刻激动跳下床，打电话告诉了我爸妈这个令人喜悦的消息。我兴奋地手都有点发抖，过了很久我才平静下来。这个消息真的令人太惊喜了。因为最近一年以来，我一直做出国留学的准备。我向非常多的学校递交了申请，但没有任何一个学校回复我。我感到压力非常大，经常焦虑到失眠。我感觉最近我都有点抑郁了。

如今我终于申请上了一间学校，而且还是我梦想中的学校。只要我在规定时间内提交合格的语言成绩，我就能在正式成为一名研究生了！这真是近一段时间我收到的最大的惊喜了。

41：未来想一起工作的家人（5-8 月新题）

Describe a family member you might like to work with in the future.

Some instructions that you can follow:

Who this person is

Whether you have worked with this person before

What kind of work you might like to do with this person

And explain why you might like to work with this family member in the future.

If possible, I would like to work with my cousin. My cousin is three years older than me. He is tall, thin, and good-looking. Our families have been living in the same neighborhood since we were little. He and I had been playmates in our childhood. He has been working for a while and is now a bank clerk.

We have not been colleagues, but the two of us are responsible for shopping and cleaning every year during the Chinese New Year. Before each and every purchase, my cousin would ask about the items that our family members need in a detailed way, and then write them down. This shows his consideration and organizational skills. He is a person that people can trust and rely on. If we can work together, he will certainly be a reliable colleague.

Since I major in finance, I am likely to work in a bank after graduation. Working with my cousin would enable me to ask him questions in case I ever find things confusing. I believe that he would explain everything to mend that his help will allow me to accustom myself to the work faster. It is always rewarding to have a mentor who is patient to provide us with instructions at work.

Finally, as the age difference between my cousin and me is not huge, we will have a great rapport. I imagine that if I had to work with my parents, it probably will not work out because of our huge generational differences.

如果有机会的话，我希望能和我的表哥在未来一起工作。我的表哥比我大三岁，是一个高高瘦瘦的帅气小伙。我们两家人从小就住在同一个小区里，我和他从小玩到大。他已经工作了一段时间了，现在在银行工作。

虽然我们没一起工作过，但每年过年的时候，我们都会一起购买过年需要用到的物品和打扫卫生。每次采购物资前，他都会仔细问清楚家里人需要什么，然后详细登记在册，然后一并采购。他是个很有条理的人，做事很认真仔细，令人放心。所以如果未来我们一起工作的话，他肯定是一个靠谱的工作伙伴。

另外，我学的也是金融学，未来很可能也会在银行工作。那如果我们能一起工作，我有什么不懂的地方都可以请教他。他肯定会耐心指导我。这样的话我应该能尽快地融入工作的环境，做得更加出色。有一个耐心的前辈指导我的工作，这是非常非常有益的和有幫助的事情。

还有最后一点是，我们年纪相差不大，沟通起来很方便。假如我和我爸爸妈妈一起工作，那我们是非常有可能闹崩的！因为我们之间有很大的代沟。

42: 宜居之地（5-8 月新题）

Describe a place you have visited – not your home town – that you would recommend as a good place to live.

Some instructions that you can follow:

Where this place is

How well you know this place

What people can do in this place

And explain why you would recommend this place as a good place to live.

Shenzhen, in my opinion, is a very livable southern Chinese city. It is the economic center of Guangdong Province and one of China's four first-tier cities. I traveled to Shenzhen last year and I was deeply attracted.

In fact, I have limited knowledge about Shenzhen because I haven't lived there for a long time. However, its charm just felt very apparent thanks to its fashionable and futuristic CBDs, which are the most modern in the country. There is also this incredible seaside arterial road that allows you to see the ocean near one of the CBDs. Moreover, Shenzhen also boasts the highest greening rate in China, and parks make for a ubiquitous sight therein. Citizens not only take family outings and camp in the park on weekends, but also go beachside cycling. Shenzhen is also home to an actual coastal tourist site with golden beaches and five-star resorts — Dameisha Beach. It is certainly comparable to the renowned Sanya, and lies only a few hours away by car during holidays.

One of the reasons I think Shenzhen is highly livable is a climate so excellent that down jackets are not a clothing necessity. It is also a vibrant city and a melting pot of numerous large enterprises. Many well-known Chinese enterprises are headquartered in Shenzhen, to name a few, Tencent, Huawei, BYD, etc. These enterprises provide a sea of job opportunities for young people to learn and thrive — an opportunity I am certainly looking very much forward to after graduation.

中文思路:

我认为深圳是一个很适合居住的地方。它位于中国的南部，是广东省的经济中心，也是中国的四座一线城市之一。去年我曾经去深圳旅游，这座城市非常吸引我。

事实上，我对深圳了解的不算多。我没有在那里长期生活过。但是这座城市真的非常有魅力。他有着中国最现代化的 CBD 区域，看起来摩登又时尚。深圳有一条主干道就是沿着海边修建的，在 cbd 的不远处竟然可以看到大海，非常不可思议。深圳有着全中国最高的绿化率，这座城市到处都可以看到公园。居住在这里的人，周末不但可以全家去公园露营或者踏青，还可以沿着海边骑自行车。节假日的时候，只需要开车几个小时，就可以到达深圳大梅沙，这里是真正的大海边，拥有金黄的沙滩和五星级的度假村。和著名的旅游胜地三亚并没有什么区别。

我认为深圳宜居，因为这里拥有绝佳的气候。住在这里的人甚至连羽绒服都不需要准备。深圳更是一座充满活力的城市，拥有有非常多的大企业，很多中国知名企业的总部都在深圳。比如腾讯，华为，比亚迪等。这些企业提供大量的工作机会。年轻人在这里可以快速的学习和成长。如果有机会的话，我希望毕业后能去深圳工作。

43: 庆祝重要事件（5-8 月新题）

Describe an important event in your life that you celebrated.

Some instructions that you can follow:

What this event was

Who celebrated the event with you

How you celebrated the event

And explain why the event was important to you.

Last summer, my friends and I won the first prize of the university's entrepreneurship competition as a result of our team efforts. With such an ideal outcome, we decided to celebrate with a bountiful dinner.

As the team leader, I chose a western restaurant which we had rarely visited due to its extravagant prices. I ordered steaks, salads and other delicious dishes. The restaurant offers not only a first-class environment, but also decent food. Everyone was satisfied with the dinner. After our meal, we went to an outdoor cafeteria where I suggested playing Werewolf, a highly popular game on campus. We played such a vibrant and thrilling game as we enjoyed our desserts. It was a beautiful and cool summer night. Our joyful laughter completely replaced all the tiredness we had accrued during the competition, and we had a pleasant, happy and brilliant night together.

We had prepared for this competition for a long time. Every afternoon after class, we would practice and discuss tactics together. Copyright by Annayasi. Especially since we lost in the final last year, we were all desperate to win the trophy. What's more is that we will graduate soon, and so this was the last opportunity for us to participate in the competition together. This experience will be a good memory for everyone.

中文思路:

去年夏天，我和我的同学获得了学校创业比赛的一等奖（这个可以自行替换为得到奖学金、社团活动拿奖之类的活动）这个比赛是我们团队努力很久久的成果。终于获得了理想的成绩。我们决定用一顿丰盛的晚餐来庆祝胜利。

作为队长，我选了一家小贵的西餐厅，平常是舍不得来这里吃饭的。我们点了牛排，沙拉以及其他美味的菜。这里不但环境好，食物也非常美味。每个人都对晚餐非常满意。饭后我们又来到了一家户外咖啡馆，我建议大家可以玩“狼人杀”，这是校园里最受欢迎的游戏。微信公众号：安娜雅思。我们在吃甜点的时候玩了个充满活力和刺激的游戏。那是一个美丽的夏夜，天气凉爽。伴随着我们欢乐的笑声，之前备战的辛苦都不存在了，大家度过了一个充满喜悦和欢乐的灿烂夜晚。

我们团队的成员都很看重这场比赛。每天下午下课后，我们都会集中讨论，研究方案。尤其是我们去年在决赛中被淘汰了，所以我们今年都无比渴望胜利。更重要的是，我们就快要毕业了，这是我们最后一次一起参加比赛，这次经历会成为每个人心中的美好回忆。

44: 在公共场所遗失物品（5-8 月新题）

Describe an occasion when you lost something in a public place

Some instructions that you can follow:

What you lost

When and where you lost this thing

What you did to try and find it

And explain how you felt about losing this thing in a public place.

I lost a newly purchased iPhone a few years ago. It was the newest model back then and I had had it for only less than a month. The incident has left a permanent scar on me since.

It was the weekend, and I had gone shopping with a few close friends. I clearly remember that I bought a cup of milk tea and paid with my cellphone after a meal. I put my cellphone casually in the pocket of my hoodie and then continued shopping. About ten minutes later, I realized that I couldn't find my phone. I thought I had left it in the milk tea shop, but the clerk told me they hadn't seen it. I tried to call myself with my friend's phone but unfortunately, I was met with a message that it had been turned off. I then realized that my phone might have been stolen.

I tried every possible means to find my phone after going home. I kept calling, yet it was turned off all the time. I resorted to iCloud to locate my phone, but that failed too. No words could describe how frustrated I was at that moment.

Ultimately, I never found it, and it troubled me gravely. I reapplied for the SIM card but still lost all the data on the phone as it never occurred to me to back it all up. I spent a lot of money on buying a new phone too. I have been taking better care of my belongings in public places since then as I have learned that placing them carelessly may bring serious consequences.

中文思路:

几年前，我曾经把自己新买的手机弄丢了，那是一部我刚刚购买不到一个月的新款 iPhone。这件事让我印象非常深刻。

那是一个周末，我和好朋友一起去商场逛街。我清楚地记得，吃完饭后，我买了一杯奶茶，当时还用手机付款了款。喝完奶茶后，我顺手把手机放在了我的卫衣口袋里，然后继续逛街。大约十分钟后，我发现我的手机找不到了。我以为自己把手机忘在了奶茶店，但店员告诉我并没有捡到一部手机。我尝试用朋友的手机给自己打电话，不幸的是，已经提示关机了。这时候我才开始意识到，我可能遇到小偷了。

回到家后，我尝试用各种方法找回我的手机。不停的打电话，但是一直提示关机。我尝试用 iCloud 定位我的手机，然而也无济于事。那一刻，我非常沮丧。

最后，我的手机也没有找回来。丢手机是一件非常麻烦的事。我重新补办了电话卡，因为忘记备份，手机里所有的资料都找不回来了。买新手机也花费了一大笔钱。从那以后，在公共场合我都会看好自己的随身物品，随手乱放可能造成非常严重的后果。

45: 国内重要水域（5-8 月新题）

Describe an important river, lake or area of water in your country.

Some instructions that you can follow:

Where in your country it is

How big it is

What it looks like

And explain why this river, lake or area of water is important for your country.

中文思路：（第一套是长江，第二套写的是珠江，第三套是黄河，第四套是阳澄湖）

The Yangcheng Lake is a very famous lake in China. Most people have heard its name because of the Dazha crabs it produces. Dazha crabs are a widely known cuisine.

The lake is located in Jiangsu Province, not far away from Suzhou City. I had no idea of how big the lake was. A few years ago, I visited there, finding that it was a rectangular lake with many parks distributed along its shore. There was a big green by the lakeside, where many people were fishing and children were flying kites. The lake area offers beautiful scenery in good weather, and is very suitable for families seeking pleasure during spring weekends.

Despite not being the largest lake in China, Yangcheng Lake is nevertheless a sizeable one. It has a long history and local residents have been relying on the lake's resources since ancient times. People use water from the lake to irrigate grain crops and farm fish. In modern times, the Dazha crabs produced by the Yangcheng Lake have obtained nationwide popularity, making it an important economic resource for nearby residents. On September 10th every year, Dazha crabs are harvested from the Yangcheng Lake; large numbers of crabs are packaged and shipped to the entire country for sale. Dazha crabs are a favorite cuisine for the Chinese people despite their high prices, and they are constantly in short supply. Yangcheng Lake has played a significant role in the economic development of Jiangsu province in both ancient and modern times.

阳澄湖是我国非常著名的一个重要湖泊，大部分人听说过阳澄湖，是因为这里盛产大闸蟹。大闸蟹是中国家喻户晓的美食。

这座湖泊位于江苏省，离苏州市不远。我不知道阳澄湖具体有多大。几年前我曾到那里旅游，它大概是一个长条形的湖，沿湖两岸建了很多公园。湖边有很大的草坪，不仅有人钓鱼，还会有小孩放风筝。天气好的时候风景非常秀丽。非常适合一家人周末踏青。

阳澄湖虽然不是中国最大的湖泊，但在当地算是比较大的了。微信公众号：安娜雅思。它有着悠久的历史，自古周围居住的人们都以湖泊的资源为生。人们用阳澄湖的水灌溉粮食和养鱼。到了现代，阳澄湖出产的大闸蟹风靡全国，成为了周围居民的重要经济来源。每年的 9 月 10 月是阳澄湖大闸蟹丰收的时刻，大量的大闸蟹被包装好运至全国售卖。大闸蟹是中国人非常喜欢的食物，即使价格昂贵，依然供不应求。无论是古代亦或者现代，阳澄湖都是对江苏的经济发展起到了重要作用。

46: 国内的名人（5-8 月新题）

Describe a well-known person in your country who is very popular.

Some instructions that you can follow:

Who this person is

What you know about this person

Why he/she is so popular

And explain how you feel about this person being so popular.

Concerning the celebrities I am interested in, I would like to talk about my favorite actor, Wang Yibo. He is one of the hottest stars in the entertainment industry today. Not only is he particularly handsome, but he has a very charismatic personality. He has a lot of fans.

Wang Yibo started out as a singer. He participated in many variety shows and starred in several TV Series, but it was not until he starred in the Chen Qingling TV series that he began to go viral. Wang became unbelievably famous, which is when I became a fan of his.

I was interested in Wang Yibo at first, of course, because of his handsome appearance. Wang is very tall and has an absolutely charming figure. I was obsessed with him for a long time. As a star of the Chinese variety show, *Street Dance of China*, he has proved to be a versatile talent underneath his good looks. He's basically the best dancer among all the male stars I know. He's super hardworking despite his talent. He constantly strives for perfection with every single dance movement. Every time he's exhausted from dance practice, he'll pull himself together, and continue so as to ensure his performance at the competition.

I think he's a very authentic person whom I'll always support.

中文思路:

谈到感兴趣的名人，我想说说我最喜欢的男演员王一博。他是当今娱乐圈的最红的男明星之一。不仅拥有帅气的外形，性格也非常讨人喜欢。他拥有非常多的粉丝。

王一博起初是以歌手的身份出道的。他参加过很多综艺节目，还主演了几部电视剧。但直到 2019 年，他主演了电视剧陈情令，他才真正地爆火。王一博也因此走进了大众视野。我就是从那时候成为了他的粉丝。

我对王一博感兴趣，起初当然是因为他英俊的外形。王一博拥有完美的身高和绝对迷人的身材。很长时间里我都对他非常着迷。后来我看了他主演的综艺节目这就是街舞，我发现他帅气的外表下藏着无尽的才华。他几乎是我认识的所有男明星中，舞跳的最好的。他是天生的舞者。每当舞台上音乐响起，他整个人都在闪闪发光。它不仅拥有天赋，同时也十分努力。他对于每个舞蹈动作都精益求精，即使累的筋疲力尽，也会为了比赛爬起来继续练习。

我觉得他是个非常真实的人，我想我会一直支持他的。

47: 保持健康的方法（5-8 月新题）

Describe something you do that you think is important for keeping fit and healthy.

Some instructions that you can follow:

What you do

How often you do it

Who you do it with

And explain why you think this activity is important for keeping fit and healthy.

I've developed a habit of staying up late in recent years. On a daily basis, it wasn't until the early morning that I was able to go to bed. This caused me to have low spirits during the day. Worse, it even gave me a trance-like feeling after getting up on days when I had classes to attend in the morning. I was left with no other option but to secretly take naps in class. Burning the mid-night oil had not only affected my mood, but also my weight. I tended to feel hungry if I hadn't gone to bed before midnight, which prompted me to go out and have some night snacks. This summer, I even found that I struggled to put on my clothes; a truly depressing realization. Thus, I decided to make positive changes - I started to go to bed early and get up early.

Such changes couldn't have been possible without the support of my roommate Anna, to whom I am very grateful. Anna maintains a strict daily routine and reminds me when it is time to sleep every night. Copyright by Annayasi. Thanks to her supervision, I have successfully changed my bad habits.

It's been nearly a month since I started to keep in the habit of early sleeping and early rising. If my cellphone is at hand, I will involuntarily pick it up and start playing. However, I quickly fall asleep without a cellphone. Now, I am feeling that I am heading towards a better state. I am more energetic and getting up early is no longer a difficult thing for me. Even on weekends, I naturally wake up at 8 or 9 in the morning. Going to bed early has also improved my skin conditions and it's been a long time since I had acne. It is a positive change to develop good living habits and I am prepared to stick to these habits in the future.

最近几年，我习惯于晚睡。每天都是凌晨才睡觉。这使我白天精神很差。如果早上有课，起床后我整个人都是恍惚的。上课的时候我只能偷偷睡觉。熬夜不只让我的精神变差，还让我的体重增加。如果凌晨十二点我还没睡觉，我通常会觉得饿。然后出门吃宵夜。今年夏天，我发现去年买的衣服都穿不上了。这让我觉得很沮丧。因此，最近我做出了积极的改变，我开始每天早睡早起。

我要感谢我的舍友 anna，他帮助我完成了这个积极的改变。Anna 拥有良好的作息习惯，每天晚上她都会提醒我该睡觉了。朋友的监督使我更容易改掉坏习惯。

我坚持早睡早起已经快一个月了，秘诀就是不要带手机上床。只要手机在我身边，我就会不自觉的开始玩。没有手机会让我很快入睡。我觉得自己的状态有在慢慢变好。我变得精力充沛，早起对我来说不再是一件困难的事。即使到了周末，早晨八九点我也会自己醒来。早睡也让我的皮肤变好了，我已经很久没有长痘痘了。养成良好的作息习惯是一项积极的改变，这对我的健康和身材都有帮助。

48: 困难的决定 (5-8 月新题)

Describe a difficult decision you made that had a very good result.

Some instructions that you can follow:

What the decision was

Why it was difficult to make the decision

What helped you to decide

And explain why the decision you made had such a good result.

I recently made a difficult yet important decision, which was to have my wisdom teeth extracted. Over the past year, I have suffered a lot from toothaches. They are very painful and unbearable. The gums around my wisdom teeth were often inflamed and swollen, making it difficult to open my mouth, let alone biting down on food.

Then last month, I finally went to see a dentist. After he examined the affected teeth position, he recommended that I remove two wisdom teeth as soon as possible, preferably on that day. Maybe it was because I had suffered from it for too long, I agreed without a second thought. But while I was waiting, I searched a bit on the Internet and found that many people said it was very uncomfortable after wisdom teeth extraction. Once the anesthetic has worn off, some had swelling and discomfort for days and could not eat at all. Sitting in the operating room, I suddenly became nervous, hesitating whether I really wanted to continue. I called my mom, who comforted me and said that it was a minor operation. She told me it's okay and asked me not to worry too much. With the calming words from her, my anxiety and tension eased a little bit. Soon after, the doctor called me. I managed to pull myself together and went into the operating room.

The whole process was very fast, and it was done in less than half an hour. The doctor applied an anesthetic to my gums, and I felt pretty good. It didn't hurt at all, but there was still a bit of bleeding in my mouth. Well, tooth extraction is not as terrible or scary as some people said on the Internet. I fully recovered in about two days, and I could eat and drink as other people do. I am glad that I made the right decision.

最近我做了一个困难且重要的决定，那就是我决定去拔智齿。最近一年以来，我经常犯牙疼。牙疼真的是很难受的一件事情，因为我不但会遭受牙疼，而且我的牙龈会肿起来，使得我难以吃饭。

大概是上个月，我去了医院看医生。医生在给我做完检查后跟我建议立刻把智齿拔了，最好今天就拔。可能是这几天被智齿折磨的太惨，我想都没想立刻就答应了。但是在我等待的时候，我上网搜了搜，发现很多人说拔完智齿非常难受，好几天都无法吃饭，而且半边脸都会肿起来。坐在手术室外的我顿时紧张了起来，犹豫着是否真的要去拔智齿。于是我给妈妈打了个电话，妈妈安慰我说这是个小手术，没事的，别担心。在妈妈的安慰下我的紧张情绪稍微舒缓了一些，不久后，医生喊我进去拔牙了，我鼓起勇气就去了。

拔牙的过程很快，半小时不到就结束了。医生给我敷了麻药，我感觉挺好的，不疼，就是牙齿里还是有点出血。其实拔牙没有网上说的那么可怕，过两天我就完全康复了，跟正常人一样该吃吃该喝喝。我很庆幸我做了个正确的决定。

49：想参加的比赛（5-8 月新题）

Describe a competition (e.g. music, cooking, sport) you would like to take part in.

Some instructions that you can follow:

What the competition is

Where and when it happens

What you have to do to win the competition

And explain why you would like to take part in this competition.

A campus entrepreneurship competition is held by my school in May every year. It is my hope to participate in the competition. As it is one of the most important competitions, the school's leadership pays a lot of attention to the competition. Copyright by Annayasi. Winners will be able to represent the school at a municipal level competition. If a team can win the municipal competition, it will be a remarkable achievement for the team members.

The entrepreneurship competition requires participants to team up and submit a business plan that is both feasible and likely to succeed in the market. The business plan should be designed to make investors (i.e., judges) interested in the project and willing to invest. The team that gets the most votes from the judges wins.

Participants are supposed to conduct market research that is detailed and broad. Thus, I need to first search the Internet to collect information and identify the project that I am interested in. Next, I will proceed to conduct field research. Suppose that I plan to open a bubble tea store. I should find a target area and gather information such as the rent and the consumer flow of that area, as well as the profit margin of similar stores.

Although it is just a simulation, I should take it seriously like a real entrepreneur. I need to collect all kinds of information and submit a reasonable project analysis report.

The competition is of great significance. Winning the competition will certainly make my resume look much better, whether I choose to pursue further education or to go to work.

每年的 5 月我们学校都会举办校园创业大赛，我很想参加这个比赛。创业大赛是全校范围内最大型的比赛之一，学校非常重视。冠军队伍还会代表学校参加市级的创业比赛。如果能从中脱颖而出，这将会是一个非常棒的成就。

创业大赛的内容是参赛者以小组为单位，提出一项具有可行性和市场前景的创业计划书，从而吸引投资者，也就是评委，给你出资创业。最后，获得最多评委支持的队伍获胜。微信公众号：安娜雅思。

参加比赛首先要进行深入和广泛的市场调查，我需要在网上搜索资料，找到自己想要做的项目。之后就是进行实地调研，比如我想开一家奶茶店。我需要了解目标地段店铺的租金，客流量，以及利润率等信息。虽然是模拟创业，但是我需要像真实的创业者一样，调研各种数据，然后提交一份项目分析报告。

这是一场含金量很高的比赛。如果我能够获奖，将来无论是深造还是就业，这都将使我的简历更有分量。

50: 忙碌的时刻（5-8 月新题）

Describe a time when you were very busy.

Some instructions that you can follow:

When this time was

Why you were so busy

What you did to deal with the situation

And explain how you felt about being so busy.

Since last month, I have been more occupied than I have in a long time. I have to not only attend classes on campus, but also allocate some time in between breaks to review English, since after all, I have decided to study abroad. While I normally unwind during the weekend, now I'm receiving English tuition. To be honest, I even dream of myself reciting words in my sleep.

I have typically been quite relaxed since starting my college life. I can almost do whatever I want every day except when final exams are around the corner. But recently, I'm actually getting déjà vu of the spell prior to the college entrance examination. I wake up around seven every morning and then shuttle between classrooms and the library depending on the timetable. I created a strict review to-do list for myself, jotting down the number of exercises completed and vocabularies memorized every day on a piece of paper, hoping to pass IELTS as quickly as I possibly can. The to-do list has certainly raised my productivity, and looking at a fully completed list each night can feel very satisfying.

This fast-paced life has also brought me some challenges. Waking up early has made me feel sleepy during the day, not to mention the frequent backache from the protracted sedentary lifestyle. However, the busyness really curbs any random or distracting thoughts. Despite the occasional pressure, time seems to pass quickly when I devote myself to those books. This feeling fulfills me, and thankfully I'm now very used to navigating life at such a pace.

中文思路:

最近一个月是我这一段时间来最忙的时候了。因为决定出国留学，我不仅需要在学校上课，课余时间还要复习英语。周末原本是我的休息日，现在也要用来上英语培训班。说实话，我现在做梦都会梦到自己在背单词。

上大学以来，我的状态一直是很放松的。除了期末考之前忙一些，平时几乎想干什么就干什么。但最近，一切仿佛回到了高考前。每天早上七点多我就起床了。有课的日子我回去教室上课，没有课就去图书馆复习英语。为了让自己快速的通过雅思考试，我给自己制订了严格的复习计划，每天完成多少练习题，背多少个单词。并且全部写在一张纸上。每完成一项就在前面打勾。不得不说，这样确实让我的效率提高了不少。如果今天的任务全部完成了，晚上看着计划单，我会非常有成就感。

快节奏的生活也给带来了一些困扰。因为睡眠时间减少，白天我经常会觉得很困。长时间坐着看书，我感到腰酸背痛。不过，忙碌的生活让我没有时间胡思乱想。虽然偶尔也会感觉到压力，但当我全身心的投入到书本中后，时间会过得很快。忙碌的感觉让我觉得很充实。我已经越来越习惯这种生活节奏了。