

# 安小雅 雅思口语素材

第一套 Part2  
(高分版串联)  
适合学生党使用

## 9-12 月的口语考试该怎么准备呢？

目前你所看到的 25 个话题是 9-12 月的必考题，另外还会有 25 个新话题。新题会在 9 月 1 号左右开始更新，15 号左右更新完毕。最新素材和更新进度请留意交流群的群公告哦！

## 特殊说明

高分版串联素材的词汇和句型比较难，为了避免大家无法使用，所以我们同时会提供这套素材的简单版本，烤鸭可以在网盘里面找到，但这套素材的简单版就没有录音了。

## 串联版 Part2 目录以及使用说明

串联版 Part2 指的是一篇范文回答多个话题。具体分类看看以下目录就知道了。但是有些话题问的方向不一样，如果用同一篇范文来回答的话会有跑题嫌疑。所以有些串联的话题我们还是写了 2-3 篇范文，根据问题的问法稍作了一些修改。但是大体上的内容和思路都是一致的~

## 如果我觉得素材有错怎么办？

我们的素材都是经过店主和外教一起编写和检查过的哦！您可以放心！

其实外国人在生活中有一些常用的口头上的表达，看起来很奇怪但实际并没有错的，国内老师也不会懂这些。所以呀！如果你觉得素材有错，我们是非常欢迎您来询问我们滴！千万不要觉得不好意思哦！下面举两个例子：

“Anna is two years my elder.” 安娜比我大两岁。“She is four months my younger” 她比我小四个月。

这是一种比较现代的说法，当然我们平时都会讲 “Anna is two years older than me” 和 “She is four months younger than me.” 但其实外国人都会用前者多一些的。

“the majority of the girls were content discussing about how handsome or how affluent their boyfriends were.” 女孩子们都在热烈地讨论他们的男朋友有多帅。

这是现代英语的另一个特征，就是外国人在口头上都常常会省略掉介词。这里就把 were content with discussing 的 with 去掉了。这在口语上是完全没问题的，但大家在写作中就尽量要避免哦。

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## (一) 丢饭卡

### 1-2: 令你惊喜而又开心的事物 & 在公共场所遗失物品

Describe something that surprised you and made you happy. Some instructions that you can follow: What the surprise was How you found out about the surprise What you did after you found out And explain why the surprise made you happy.	Describe an occasion when you lost something in a public place Some instructions that you can follow: What you lost When and where you lost this thing What you did to try and find it And explain how you felt about losing this thing in a public place.
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I recently lost my student ID card in the canteen. Thankfully, it was discovered by a kind soul and found its way back to me.

I strolled to the canteen after a class on Wednesday before going straight back to the dormitory to do my laundry. That was when I realized I lost my student ID, which also doubled as a pay-by-swipe IC card. I flipped my room upside down and still couldn't find it. What's worse, neither did I have the slightest idea of where it could be, I could also not declare it lost and have it deactivated because the service center was already closed at around 7 p.m.

Early the next morning, I got right to the entrance of the service center in time to declare the student ID lost, but who would have thought that a pleasant surprise had long been waiting for me. The anonymous kind soul not only handed my student ID in to the service center, but he/she also went so far as to not touch a single cent. I wanted to thank the benevolent student in person but sadly this person never identified themselves. I would not put a student ID under the category of crucial credentials, but being able to have it back was still a fulfilling outcome since it hadn't been long since I last topped it up with 200 yuan, which, considering my status, was not at all a small sum. Also worth noting is the fact that IC cards are not password-protected, meaning the decision to spend the prepaid balance was literally at the finder's mercy. So to have my balance untouched and my student ID returned to the service center in time are testaments to the prevalence of benevolence in this world. From my perspective, of course, to regain what was lost is an amazing feeling in and of itself.

不久前，我在学校饭堂丢失了我的饭卡，但幸运的是，有个好心人捡到了我的饭卡并还给我了。

那是一个星期三，下课后我步行去饭堂，吃完饭我就回宿舍了。就在我准备洗衣服的时候，我发现我的饭卡不见了。我翻遍了我的宿舍，但是一无所获，我完全不记得丢在哪里。更糟糕的是，这时候已经是晚上 7 点了，挂失卡片的服务中心已经下班了。

第二天早上，我准时的在学校服务中心门口等待挂失卡片。令我惊喜而又开心的是，有个好心人捡到了我的饭卡并交给了服务中心，里面的钱竟然一点没少！我想亲自向这个热心的同学致谢，但服务中心的人告诉我他并没有留下个人信息。领回饭卡后我感到很开心，饭卡虽然不是重要的证件，但我刚往里面充了 200 块钱。这对我来说不算是一笔小钱。重要的是，饭卡并没有密码，这意味着任何人只要捡到我的饭卡都可以随便支付。捡到我饭卡的同学没有用它买东西，而是及时交给了服务中心，这个世界还是善良的人多，失而复得的感觉实在是太好了。

## (二) 洗衣机

### 3-4: 节省时间的改变 & 改变世界的发明

Describe a change you made in your daily life that saved you a lot of time. Some instructions that you can follow: What the change was When you made this change How easy it was to make this change And explain how making this change in your daily life saved you a lot of time.	Describe an invention which you think has changed the world in a good way. Some instructions that you can follow: What this invention is What it does How popular it is with people of different ages And explain how you think this invention has changed the world in a good way.
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#### 《节省时间的改变》

I recently suggested to my dorm-mates that we get a washing machine for ourselves in our room and split the cost between us. There is no doubt that the washing machine has completely changed my life. I no longer need to handwash my clothes, thereby saving me a lot of precious time.

Without a washing machine, I would have no choice but to handwash my clothes. The stack of classes I have to attend daily always drains me at the end of the day, so hand washing, especially during summer, when the laundry load increases, is simply too time wasting and exhausting. At first, my roommates disagreed. First, they thought buying a washing machine was redundant and unaffordable spending.

The other reason was that we only have a narrow balcony that would become even narrower with a washing machine. It was not an easy task to convince them to buy a washing machine. I had to coerce them almost every day with the advantages of getting a washing machine and the time we would be able to save. After three weeks of relentless coaxing, they finally agreed.

Ever since we bought the washing machine, I have become a much happier person. Throw your clothes in, pour a bit of detergent and disinfectant, and there you have it — a bucket of clean clothes in an hour, which, by the way, I could spend to my heart's content. Take, for instance, practicing spoken English or reading. Just imagine the improvement I can accumulate from those saved hours. What a useful tool a washing machine is!

最近，在我的提议下，我和我的舍友集资买了一台洗衣机。不得不说，这台洗衣机简直改变了我的生活，我再也不需要自己洗衣服了。这为我节约了大量的时间。

在没有洗衣机之前，我只能用手洗衣服。每天下课我已经很累了，回到宿舍还要洗衣服，尤其是炎热的夏天，脏衣服很多。这让我感到费时费力。一开始我的其他几个舍友并不同意买洗衣机，一方面是因为这是一笔额外的支出，对于她们来说负担不起。另一方面是因为我们宿舍阳台很小，洗衣机会让阳台变得更加拥挤。说服我的舍友买洗衣机并不是一件容易的事，我几乎每天都会告诉他们洗衣机有多好用，一台洗衣机能为我们节约多少时间。几个星期后，他们经不住我的软磨硬泡，终于同意了。

自从有了洗衣机，我的幸福指数直线上升。我只需要要把衣服放进去，加上洗衣液和消毒液，一小时后我就能得到一筐干净的衣服。我可以用这个时间去做任何我想做的事。如果我每天都用这一小时来开口说英语，或者读一些书，那我将会得到很大的个人提升。所以，洗衣机真是一个好东西！

## 《改变世界的发明》

I recently suggested to my roommates that we get a washing machine for ourselves and split the cost between us. It is so useful that I consider it to be one of the most important inventions in the world.

Without a washing machine, I would have no choice but to handwash my clothes. The timetable of classes I have to attend daily always leaves me drained by the end of the day, so handwashing, especially during summer when the laundry load increases, is simply too time-consuming and exhausting

Throw the clothes in, pour in a bit of detergent and conditioner, and there you have it — a fresh load of laundry in an hour, which, by the way, I can spend however I choose. Take, for instance, practicing spoken English or reading. Just imagine the improvement I can accumulate from those saved hours. What a useful tool a washing machine is!

I believe everyone needs a washing machine, regardless of age. Washing machines are not so much a convenience for young people, who are too lazy to do their household chores, as they are reliable inventions of the modern era for the elderly, whose energy levels are simply incomparable to their younger counterparts. In fact, my friends, family members, and I all deem the washing machine as a necessity in life.

As commonplace an object as the washing machine has become nowadays, it is undeniably a breakthrough invention and the epitome of simplicity and efficiency.

最近，在我的提议下，我和我的室友集资买了一台洗衣机。不得不说，这台洗衣机简直改变了我的生活，它实在是太有用了。洗衣机真是一项伟大的发明！

在没有洗衣机之前，我只能用手洗衣服。每天下课我已经很累了，回到宿舍还要洗衣服，尤其是炎热的夏天，脏衣服很多。这让我感到费时费力。自从有了洗衣机，我只需要要把衣服放进去，加上洗衣液和消毒液，一小时后我就能得到一筐干净的衣服。我可以用这个时间去做任何我想做的事。如果我每天都用这一小时来开口说英语，或者读一些书，那我将会得到很大的个人提升。

我认为所有人都需要洗衣机，无论是年轻人还是长者。年轻人通常很懒，他们不愿意做家务。上了年纪的人，他们的体力和精力都在下降，更需要使用一些现代化的工具。我和我的朋友，家人都认为洗衣机是生活中的必需品。

虽然洗衣机现在已经是很普及的家用电器，但不可否认，它是一项伟大的发明。它让人们以一种更简单，更高效的方式生活。

## (三) 迷路孩子找妈妈

### 5-6: 帮助小孩 & 被赞扬的时刻

Describe a time when you helped child. Some instructions that you can follow: Who the child was When and where you helped the child How you helped the child And explain how you felt about helping this child.	Describe an occasion when somebody said something positive about some work that you did. Who said something positive? What kind of work you did Why this person was positive about your work And explain how you felt when you heard this positive comment.
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#### 《帮助小孩》

I helped a lost girl find her mother in a mall last summer. It was very memorable.

It was a weekend, and it could not have been more ordinary. My roommate Anna and I went to a mall to window-shop and I saw a little girl sitting on the ground, crying. I did not give it much thought at first, but when I realized that she was still there, crying, after we did our round in a store, it suddenly occurred to me that the girl might have been lost and separated from her parents. So, I approached her and asked what had happened.

She indeed had got separated from her mother, so I immediately took her to the mall's information desk. The staff responded quickly and tried to help the girl find her mother through the Tannoy. Soon, her mother came rushing to the information desk. She was thrilled to have her daughter back and could not stop thanking me. She even offered me some cash as a token of gratitude.

I did not help her for the reward, I simply did because it was the right thing to do. While helping this little girl out felt only like a simple act of decency, to the mother, however, it was a big favor. I could see that from how grateful she was, she almost ran out of superlatives for me. Helping others has really given me so much joy, and I was really proud of what I did then.

大约是去年夏天，我在商场里面帮助一个迷路的孩子找到了她的妈妈，这件事给我留下了深刻的印象。

那是一个寻常的周末，我和我的舍友 Anna 一起在商场里面逛街。突然我看见了一个坐在地上哭泣的小孩。一开始我不以为意。但当我们逛完一家商店出来后，发现他还在原地哭。这时候我觉得这个小孩可能是迷路了，跟他父母走散了。于是我上前询问究竟发生了什么事情。

果不其然，小孩就是跟她妈妈走散了。于是我赶紧带她去商场的服务中心寻求帮助。服务中心的经理行动很迅速，立刻就在商场广播找小孩妈妈。很快，他妈妈就赶到了服务中心。找回孩子让她非常激动，连声向我致谢并主动要给我一些钱作为报答。

我认为这是我应该做的事情，并不是为了有所回报。帮助这个孩子对我来说只是举手之劳，但是对于她妈妈来说，我帮助她解决了一个大麻烦。她妈妈对我非常感激，并且不停的赞扬我，帮助别人自己也会快乐，那一刻我感到很骄傲。

## 《被赞扬的时刻》

When I was working a parttime job in a mall last summer, I helped a lost girl find her mother. Her mother thanked me sincerely for this.

It was a weekend which could not have been more ordinary. My roommate Anna and I were handling some affairs in the mall when I saw a little girl sitting on the ground, crying. I did not give it much thought at first, but when I realized that she was still there, crying, after I finished my work, it suddenly occurred to me that the girl might have been lost and separated from her parents. So, I approached her and asked what had happened.

She indeed had got separated from her mother, so I immediately took her to the mall's information desk. The staff responded quickly and tried to help the girl find her mother through the Tannoy. Soon, her mother came rushing over to the information desk. She was thrilled to have her daughter back and could not stop thanking me. She even offered me some cash as a token of gratitude.

I did not help her for the reward, I simply did so because it was the right thing to do. While helping this little girl out felt only like a simple act of decency, to the mother, however, it was a big favor. I could see that from how grateful she was, she almost ran out of superlatives for me. Helping others has really given me so much joy, and I was really proud of what I did then.

中文思路：

大约是去年夏天，我在商场做兼职的时候，帮助一个迷路的孩子找到了她的妈妈，孩子妈妈对我和商场的其他员工都表示了感谢。

那是一个寻常的周末，我和我的舍友 Anna 一起在商场里做兼职。突然我看见了一个坐在地上哭泣的小孩。一开始我们不以为意。但当我忙完自己的工作，发现他还在原地哭。这时候我觉得这个小孩可能是迷路了，跟他父母走散了。于是我上前询问究竟发生了什么事情。

果不其然，小孩就是跟她妈妈走散了。于是我赶紧带她去商场的服务中心寻求帮助。服务中心的经理行动很迅速，立刻就在商场广播找小孩妈妈。很快，他妈妈就赶到了服务中心。找回孩子让她非常激动，连声向我致谢并主动要给我一些钱作为报答。

我认为这是我应该做的事情，并不是为了有所回报。帮助这个孩子对我来说只是举手之劳，但是对于她妈妈来说，我帮助她解决了一个大麻烦。她妈妈对我非常感激，并且不停的赞扬我，帮助别人自己也会快乐，那一刻我感到很骄傲。

## (四) 邻居

### 7-8: 有趣的邻居 & 聊得来的朋友

Describe an interesting neighbor. Some instructions that you can follow: Who the neighbor How you met this neighbor How often you see this neighbor And explain why you find this neighbor interesting.	Describe a friend you enjoy talking with. Some instructions that you can follow: How you first met this friend What kind of person this friend is What you talk about with this friend And explain why you enjoy talking with this friend.
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Anna is my best friend on campus and she lives just next door to my room in the girls' dormitory. We have plenty of common interests, one of which is food and delicacies, so there's no stopping it once the conversation starts.

We became friends not long after the new semester started. Because we live close to each other, we often go to classes and have meals together. It's almost a guarantee that we'll see each other's faces before the day ends.

Anna is an outgoing and social girl who is always well informed about the latest breaking news and trends, take, for example, the latest memes and newly opened restaurants. I bet you she'll be the first to know nine times out of ten. It's always interesting listening to her ramble, and I would accredit that to her expertise in delicacies. I may be a foodie myself, but I would never be able to reach such great lengths when it comes to knowing how to locate the best outlets in town. Anna trumps me by a mile in this aspect, she just never fails to bring me surprises, sharing her newfound diner at some nook of the city. What's even more amazing is her ability to sniff out discount coupons better than the best detection dog in the police squad, wondrously allowing us to buy two gourmet dishes for the price of one. Weekend food exploration at the newly opened online eatery is always on our menu when we're free. As a lover of food, it is all I ever wanted to make a friend with whom I can talk and share our hearts out. Anna is a blessing to my life and it is such an honor to have such a fun and kindhearted neighbor. Anna, you have no idea how much joy you've given me.

Anna 是我最好的大学朋友，她住在我隔壁宿舍。我们有着共同的兴趣爱好，这让我们非常聊得来。我们都喜欢美食，因此我们之间总有说不完的话题。

我在开学不久就认识她了。我们住的很近，经常一起上课和吃饭。我几乎每天都会见到她。

anna 是个非常开朗的人，喜欢交朋友。她总是对当下热点和潮流特别了解。最近发生了什么有趣的事，又或是哪里又开了新餐厅。他都能第一时间发现。和她聊天我总能听到很多有趣的事。最重要的是她对美食很有研究。我也喜欢美食，但我并不知道去哪里找到那些好吃的餐厅。Anna 和我完全不一样，她总能带给我惊喜，她总能发现好吃的餐厅并且分享给我。不仅如此，她还擅长于找折扣券，我们经常可以用一半的价格吃到各种美食。我们有空就会在一起讨论这周末去吃什么，最近又有哪些新开业的网红店。对于热爱美食的人，能找到一个志同道合的朋友一起分享和讨论，真的是一件非常愉快的事。Anna 给我的生活带来了乐趣。

## (五) 组织毕业旅游

### 9-10: 忙碌的时刻 & 庆祝重要事件

Describe a time when you were very busy. Some instructions that you can follow: When this time was Why you were so busy What you did to deal with the situation And explain how you felt about being so busy.	Describe an important event in your life that you celebrated. Some instructions that you can follow: What this event was Who celebrated the event with you How you celebrated the event And explain why the event was important to you.
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#### 《庆祝重要事件》

Graduation is an event worth celebrating. To this end, our circle of four were recently planning a graduation trip. We had been looking forward to this trip for a long time, so it was imperative that we select a time when everyone is unoccupied.

For the destination, we settled on Xiamen, a coastal city we unanimously love. As the first to propose this trip, I felt obliged to spend the most effort planning our itinerary, train tickets, hotel reservations, tour guidebook — you name it. It was not easy to prepare for a trip for four as I had to consider each of our different preferences. The hotel reservation, in particular, took me the most time.

We eventually had a great time in Xiamen. We strolled by the sea and went deep into the local alleys in search of the best finger-lickers. We also took lots of nice pictures and had the biggest blast in a very long while.

Graduating from college is an important milestone and rite of passage for every person. This implies that it has come to a stage where I need to wean off my naiveté, become independent, and shoulder my own portion of the responsibility in this society. At the end of this trip, I would embark on another journey, one in which this circle of best friends will inevitably get “disbanded” following graduation. Who knows when we’ll meet again. It is my greatest wish that that we retain this beautiful memory until the time has come for us to wear the mortarboard, so that we each have something to look back upon and cherish in the coming years.

毕业是最近一段时间来，我生活中最值得庆祝的事了。为了庆祝顺利毕业，不久前，我和几个最好的朋友，挑了一个大家都有空的时间，一起进行了一场期待已久的毕业旅行。

我们选择了大家都喜欢的海滨城市厦门，作为我们的目的地。这场毕业旅行是我提出来的，因此我做了很多准备工作，比如买火车票，订酒店，还有制定旅行攻略等等。四个人的旅行并不容易，我需要考虑每个人的喜好。酒店的选择就花了我非常多的时间。

后来，我们在厦门度过了一段非常快乐的时光。我和好朋友一起在海边漫步，去小巷子里寻找当地特色美食，还拍了超多好看的照片。我已经很久没有那么开心过了。

大学毕业对一个人来说是很重要的。这意味着我不再是孩子，需要独立到社会中去承担责任。我将开始一段全新的旅程。另外，毕业意味着我和这群最好的朋友将会各奔东西，以后可能很难聚在一起。我希望能快要毕业的时候，一起留下一段美好的回忆。哪怕很多年以后想起，我都能回忆起当时的那份喜悦。

## 《忙碌的时刻》

Graduation is an event worth celebrating. To this end, our circle of four were recently planning a graduation trip. We had been looking forward to this trip for a long time, so it was imperative that we select a time when everyone is unoccupied.

As the first to propose this trip, I felt obliged to spend the most effort planning our itinerary, train tickets, hotel reservations, tour guidebook — you name it. I was so busy at that time coordinating different kind of issues every day. It was not easy to prepare a trip for four as I had to consider each of our different preferences. The hotel reservation, in particular, took me the most time.

I find it necessary to ask for help when feeling overwhelmed. Take for instance our graduation trip preparation. There was a point in time when the departure date was nearing and I decided to ask Anna for help with the itinerary planning. She agreed without hesitation, as can be expected from my best friend. She ended up being very supportive, helping me complete not only the details of the tour guidebook, but also talking to other members of our circle. With Anna's helping hand, the preparation became much more productive.

We eventually had a great time in Xiamen. We strolled by the sea and went deep into the local alleys in search of the best delicacies. We also took lots of nice pictures and just had a real blast. Although the preparation was strenuous, it was all worth it in the end.

中文思路：

毕业是最近一段时间来，我生活中最值得庆祝的事了。为了庆祝顺利毕业，不久前，我和几个最好的朋友，挑了一个大家都有空的时间，一起进行了一场期待已久的毕业旅行。

这场毕业旅行是我提出来的，因此我做了很多准备工作，比如买火车票，订酒店，还有制定旅行攻略等等。那段时间我实在是太忙了。每天都在协调各种问题。四个人的旅行并不容易，我需要考虑到每个人的喜好。酒店的选择就花了我非常多的时间。

当我自己忙不过来的时候，寻求朋友的帮助是很有必要的！离出发的日子越来越近了，我请求 anna 一起加入毕业旅行的策划。她非常爽快的同意了，不仅帮我一起做旅行的攻略，还帮助我和其他几个朋友沟通。有了 anna 的帮助后，我的效率有了很大的提高。

后来，我们在厦门度过了一段非常快乐的时光。我和好朋友一起在海边漫步，去小巷子里寻找当地特色美食，还拍了超多好看的照片。我已经很久没有那么开心过了。虽然前期的准备让我感到忙碌，但这一切都是值得的

## (六) 手机导航

### 11-13: 用手机做重要的事 & 交通拥堵的时刻 & 困难的决定

Describe a time when you used a phone to do something important. Some instructions that you can follow: When and where you used the phone What you used the phone for Why it was important to do this And explain what happened as a result of using the phone.	Describe a situation when you had to spend a long time in a traffic jam. When and where the traffic jam happened What you did while you were in the traffic jam How you felt about having to spend time in the traffic jam And explain what problems the delay caused you.	Describe a difficult decision you made that had a very good result. Some instructions that you can follow: What the decision was Why it was difficult to make the decision What helped you to decide And explain why the decision you made had such a good result.
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#### 《用手机做重要的事》

When I cast my mind back over recent memories, I recall when I was commuting to a crucial interview, and I was caught in a traffic jam. I was to attend an internship interview with a renowned Global Fortune 500 company which I had eagerly anticipated for quite some time.

My heart was torn with anxiety since it was likely I would miss the interview if the situation didn't improve soon. I had to consult Baidu Maps on my phone for the most expedient route to my interview. It revealed to me that there was a traffic accident ahead, and it was estimated to take over 30 minutes to pass through by bus. Alternatively, I could walk to the nearest metro station within 10 minutes and commute there by subway.

Logically, I decided to go by foot to the metro station. Fortunately, I arrived there on time. Baidu Maps has helped me to better plan my travel routes and get to the destination within the shortest possible time.

I have learned a lesson from this experience: with important appointments, early is always better than late, and the subway is a preferred way over the bus.

我记得不久前，我去参加一个重要的面试时，路上遇到了堵车。那是我期待已久的一次实习面试，对方公司是一家著名的 500 强企业。

我当时心急如焚，虽然我提前了一些时间出发，但如果继续堵车，我最终可能会错过面试时间。我拿出手机打开百度地图查询如何更快地到达面试的地点。导航软件显示前方发生了交通事故，预计通行时间超过 30 分钟。我可以选择步行 10 分钟前往最近的一个地铁站，然后可以坐地铁直达目的地。

于是我立刻下车跑步去地铁站。这次意外多亏了我的手机。如果我没有用手机导航，坐在公交车上傻傻的等下去，我一定会因此错过面试。

庆幸的是，我最终准时到达了面试地点。手机地图帮助我更合理的安排出行，用最短的时间到达目的地。这件事是一个教训，但凡以后有重要的事，地铁是比公交更好的选择。还有，提前多早出发都不为过！

#### 《交通拥堵的时刻》

When I cast my mind back over recent memories I recall when I was commuting to a crucial interview, and I was caught in a traffic jam. I was to attend an internship interview with a renown Global Fortune 500 company which I had eagerly anticipated for quite some time. My appointment was scheduled for 10 o'clock in the morning in a downtown office building quite a distance from my school.

I researched routes to the office buildings the day preceding the interview and was informed that it should take no longer than an hour by bus. Therefore, I decidedly set out with a half hour to spare on the day of my interview, however out of nowhere the traffic was chock-a-block and my bus came to a standstill without moving a single inch for almost 20 minutes.

My heart was torn with anxiety since it was likely I would miss the interview if the situation didn't improve soon. I had to consult Baidu Map on my phone for the most expedient route to my interview. It revealed to me that there was a traffic accident ahead and it was predicted to take over 30 minutes to pass through by bus, alternatively I could walk to the nearest metro station within 10 minutes and commute there by subway.

Logically, I decided to pace it to the metro station and fortunately I arrived there with ample time to catch the train. This experience has imparted on me a valuable lesson: when one has important appointments, early is always preferential to late, and the subway is a more reliable mode of transport than the bus.

我记得不久前，我去参加一个重要的面试时，路上遇到了堵车。那是我期待已久的一次实习面试，对方公司是一家著名的 500 强企业。面试时间是早上 10 点，地点在离我们学校很远的市中心写字楼里。

我提前一天就查询好了交通方式，我从学校坐公交大概 1 个小时左右就能到达面试的地方。于是第二天我特意提前半小时出发。但意外还是发生了，我在路上遇到了严重的堵车，公交车停滞不前了快 20 分钟。

我当时心急如焚，虽然我提前了一些时间出发，但如果继续堵车，我最终可能会错过面试时间。于是我拿出手机打开百度地图查询如何更快地到达面试的地点。导航软件显示前方发生了交通事故，预计通行时间超过 30 分钟。我可以选择步行 10 分钟前往最近的一个地铁站，然后可以坐地铁直达目的地。

于是我立刻下车跑步去地铁站。庆幸的是，我最终准时到达了面试地点，堵车让我差点错过了面试。这件事是一个教训，但凡以后有重要的事，地铁是比公交更好的选择。还有，提前多早出发都不为过！

## 《困难的决定》

When I cast my mind back over recent memories I recall when I was commuting to a crucial interview, and I was caught in a traffic jam. I was to attend an internship interview with a renown Global Fortune 500 company which I had eagerly anticipated for quite some time. My heart was torn with anxiety since it was likely I would miss the interview if the situation didn't improve soon. I had to consult Baidu Map on my phone for the most expedient route to my interview. It revealed to me that there was a traffic accident ahead.

In this moment, I found I was at a crossroads, one option was to be patient and trust the traffic would clear, the other was to immediately depart the bus and sprint as fast as my legs could carry me to the nearby subway station, and then continue my commute via subway. This was a challenging decision because the traffic jam could be resolved at any moment, moreover, there could be unexpected delays on the subway. The incorrect decision could have easily resulted in my failure to attend the interview. I wrestled with this decision for some time, but finally opted to take the subway instead, because the subway can be relied upon to arrive on time, so if I ran with all my might, I would probably make it.

Logically, I decided to pace it to the metro station and fortunately I arrived there with ample time to catch the train. When I am confronted with obstacles, it's necessary to keep calm and be swift in my decision making, as hesitation will do nothing but waste my time, and thus cause me to miss important opportunities.

我记得不久前，在我去参加一个重要的面试时，在路上遇到了堵车。那是我期待已久的一次实习面试，对方公司是一家著名的 500 强企业。我当时心急如焚，因为虽然我提前了一些时间出发，但要是继续堵车，我最终还是会错过我的面试时间。我拿出手机打开百度地图查询如何更快地到达面试的地点。导航软件显示前方发生了交通事故，

这时候我有两个选择，一就是继续等下去，二就是立刻下车用最快的速度跑到附近的地铁站，然后改坐地铁。这是个困难的选择，因为前方堵塞随时可能会通车，但转乘地铁的话则或许要花费比原定计划更长的时间。错误的决定很可能会让我错过面试。我纠结了一阵，最终还是决定改坐地铁。地铁时间更可控，只要我跑快一点，或许还来得及。

于是我立刻下车跑步去地铁站。庆幸的是，我最终准时到达了面试地点。当我面临困难的选择，最重要的是不要着急，一定要冷静下来分析，然后用最快的速度做出选择。犹豫只会浪费时间，也有可能因此错过了重要的机会。

## (七) 打羽毛球

### 14-15: 近期改善生活的变动 & 保持健康的方法

Describe a change you made in your life recently that was positive. Some instructions that you can follow: What the change was Why you decided to make this change Whether anyone helped you to make this change And explain why it was a positive change to make.	Describe something you do that you think is important for keeping fit and healthy. Some instructions that you can follow: What you do How often you do it Who you do it with And explain why you think this activity is important for keeping fit and healthy.
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#### 《近期改变生活的变动》

Since the start of this year, I have endeavored to practice badminton 2-3 times per week, which was an idea proposed by my roommate Anna. She has made a habit of playing badminton, and in recent days she has repeatedly asked me to participate in the sport with her. I came to this decision because I have encountered great pressure recently and have been vulnerable to fatigue, and I was informed that participating in sports can assist the release of pressure and invigorate me.

Badminton was the natural choice because it happens to be a widespread sport in China and therefore it is very straightforward to locate spots to practice badminton and opponents to play with. Anna invites me to play with her practically every week. I find there are less obstacles preventing me from participating in exercise when I am encouraged by my friends, so I must offer my gratitude to Anna, who has transformed me in a positive way.

Since I set out to practice badminton, I have undergone a transformation into a more vigorous person. Despite the sweltering weather in summer, which makes me sweaty and overheated during exercise, I feel refreshed after showering. Whenever I feel weary or lack enthusiasm, a simple 30-minute workout helps me rejuvenate. This new style of living has been remarkably beneficial to my daily mental state, moreover, I have shed a few pounds and become healthier than before.

今年以来，我做出了一个改变（我为了保持健康），开始每周打 2-3 次羽毛球。这是我的舍友 Anna 提议的。她一直以来都有打羽毛球的习惯，现在她都会叫上我一起去打羽毛球。之所以最近我做出了这个改变，是因为最近我的学习压力比较大，经常感到疲惫。听说运动能够释放压力，并且让人更有精神，所以我决定试一试。

在众多运动中，羽毛球是一个很好的选择，羽毛球在中国是一项非常受欢迎的运动，因此我很容易找到一起打球的伙伴。Anna 几乎每周都会喊我一起打球，有了朋友的督促，坚持运动变得容易了很多。我很感谢 Anna，她帮助我做出了积极的改变（这句可删掉）。

自从我开始打羽毛球后，我整个人都变得更有活力了。虽然夏天运动会很热，但运动后洗完澡，我整个人就会觉得焕然一新。每当我感到疲倦或缺乏激情时，只要 30 分钟的简单运动就能使我恢复活力。我现在每天都能保持一个良好的精神状态。而且自从开始运动后，我感觉我变瘦了，变得更健康了。

## 16: 帮助你集中注意力的事物

Describe something that helps you to concentrate on work/study.

Some instructions that you can follow:

What it is you do

Where and when you do this

Whether you always do the same thing

And explain how much this helps you to concentrate on work/study.

Something I do to help me focus on study is to engage in light exercise. My friend taught me this a few years ago when I was struggling to focus on my studies. He told me that we are easy to become sluggish, because our bodies are restless, and our blood has not been pumping fast enough. Therefore, he suggested that I should often do some sports which will help me concentrate on my studies.

Badminton was a good choice because it is a very popular sport in China and therefore it is very easy to find places to play badminton and people to play with. Secondly, badminton is also not a very physically demanding sport. This means it is an easy way to exercise and get the blood pumping without the risk of over exerting myself. So, I would go to an open space and play a short round of badminton after supper or on the weekend. After this, I feel much more energized which helps me focus on my studies.

I think this is a fantastic method to concentrate on my studies because it works every time. Whenever I feel tired or unenthusiastic, just thirty minutes of light exercise revitalizes and encourages me. Ever since my friend taught me this technique, I have been more determined with my studies. I think it is a method that everyone should use to improve their own study behavior. I try to recommend it to all my friends and fellow students.

中文思路:

从事轻运动能够帮助我的学习。几年前，当我在课堂上试图集中精力学习时，我的朋友教会了我这一方法。他告诉我，我们经常反应迟钝的，因为我们的休息的不够，血液流动不够快。因此，他建议我做一些运动，这有助于集中精力。

羽毛球是一个很好的选择，因为在中国，它是一项非常受欢迎的运动，因此我们很容易跟朋友找到地方一起打羽毛球。其次，羽毛球也是一项体力要求不高的运动。这意味着这是一个简单的方式来让血液加快流动和锻炼身体，而没有过度劳累的风险。因此，如果我专注学习了一段时间，晚饭后或者周末，我会和我的朋友在宿舍楼下打羽毛球。每周我都会运动 2-3 次。在这之后，我会感到更加地专注和精力充沛，这有助于我集中精力学习。

我认为这是一个很好的方法来集中注意力。这方法每次都很管用。每当我感到疲倦或缺乏激情时，只要 30 分钟的简单运动就能使我恢复活力。自从我的朋友教我这个技巧，我的注意力变得更集中，我的学习也得到了促进。我认为这是每个人都应该用来改善自己学习行为的方法。我试着把它推荐给我所有的朋友和同学。

## 17: 别人询问你意见

Describe a time when someone asked you for your opinion.

Some instructions that you can follow:

Who asked you for your opinion?

Why this person wanted to know your opinion

What opinion you gave this person

And explain how you felt when this person asked for your opinion.

Recently my best friend Anna told me that she had discovered herself to be 5 kilograms heavier than before! She was aware that I had successfully lost weight last year, so she asked me for my opinion on what she should do. Of course, I was happy to offer my opinions to a friend. So, we discussed the situation and then made a plan for her to lose 5 kilograms in three months. In order to achieve this goal, I encouraged her to take part in some exercise every day, such as playing badminton, And, moreover, I also suggested she should simultaneously adjust her diet

Compared to many sports, playing badminton is a very healthy and undemanding kind of sport. Due to the fact that badminton is an immensely popular sport in China, it is very easy to find locations to play badminton and people to compete against. Furthermore, badminton is also not a very physically demanding sport. Thus, it is an uncomplicated way for her to exercise without risk of overexerting or injuring herself.

Proper exercise at the conclusion of a hectic day of study can be very relaxing and enjoyable. At the same time, I also advised her to make proper dietary adjustments to aid her in her weight loss, such as eating fewer late-night snacks and junk food. Otherwise, all her exercise will be in vain! Anna is now on a strict regime of working out and dieting, the result of which is she has lost some weight so far. I am more than delighted that my suggestion worked!

中文思路:

前不久我的好朋友 anna 告诉我她发现自己长胖了将近 5kg, 这真是一个让人沮丧的消息。因为我在去年曾经成功减肥, 所以他希望我能帮助她。对此我非常乐意! 所以, 我们讨论了一下, 给她设定了一个目标, 希望她能在 3 个月内减重 5kg。为了实现这个目标, 我建议她每天都做一些运动, 比如打羽毛球, 同时她要调整饮食。

在众多的运动项目中, 打羽毛球则是一项非常好的运动。为它在中国很受欢迎, 因此很容易跟朋友找到地方一起打羽毛球。此外, 羽毛球也不是一项对身体要求很高的运动。这意味着, 这是一个人们更容易进行锻炼的方式, 而没有过度劳累或伤害自己的风险。

在结束了一天忙碌的学习后进行适当的运动将会是非常令人放松且愉快的。于此同时, 我也建议她进行适当的饮食调整来帮忙减肥, 例如少吃宵夜和零食。不然她的运动都白费了! Anna 目前正在坚持运动和节食, 目前已经减了一些体重了。我很庆幸我的意见帮助了 anna, 没有比这更快乐的事了。

## 《未实现的目标》

A couple of months ago, I had an ambition to lose weight in a short period of time. To be honest, this is a difficult goal for me to achieve, because I am the kind of person who easily becomes fat. I seldom do exercise, and enjoy all kinds of junk foods and high calorie bubble teas. It is quite tough for me to form healthy habits and lose weight.

However, considering I was overweight, which was not only unattractive, but also a serious health risk, I made up my mind to lose weight as quickly as possible. So, I began to play badminton several times a week and follow a strict, healthy diet.

Badminton is a very healthy yet undemanding sport. It is easy to find locations to play badminton and friends to compete against. Badminton is also not a very physically demanding sport. Thus, it is an uncomplicated way for me to exercise without risk of overexerting or injuring myself. Meanwhile, I have to make proper dietary adjustments to aid me in my weight loss, such as eating fewer late-night snacks and junk food.

I've actually been dieting for a couple of months now, but I haven't been exercising as much as I had planned because of my laziness. Although I kept myself from eating late night snacks and high-calorie foods, I still didn't lose much weight, maybe just a kilo or two. I have to say, losing weight is really a very difficult thing!

中文思路：

大概一两个月前，我下定决心要实现一个目标，那就是短时间内减肥，因为我自己超重了。之所以说减肥很困难，原因是我是个特别容易变胖的人。我很少做运动，而且我喜欢吃垃圾食品和喝高热量的奶茶。

但是考虑到我现在真的很胖，这样不仅难看，对健康也有很大的风险。我还是下定决心去减肥。而减肥的方式就是每周打几次羽毛球和严格遵循一个健康的饮食方式。

打羽毛球则是一项非常好的运动。我很容易就能在学校里约上几个同学朋友一起打羽毛球。此外，羽毛球也不是一项对身体要求很高的运动。这意味着，这是一个人们更容易进行锻炼的方式，而没有过度劳累或伤害自己的风险。同时，我也进行适当的饮食调整来帮忙减肥，例如少吃宵夜和零食。

其实我已经开始实施计划一两个月了，但因为我的懒惰，我没能按照计划经常运动。虽然我控制住自己不吃宵夜和高热量的食物，但我还是没瘦下来，可能只瘦了一两斤。不得不说，减肥真的是一件很困难的事情！

## (八) 网红小镇

### 18-19: 安静的地方 & 经济实惠的外出

Describe a quiet place where you like to spend time. Some instructions that you can follow: Where this quiet place is How you found this quiet place How often you spend time in this quiet place And explain why you like spending time in this quite place.	Describe a special day out which didn't cost very much. Some instructions that you can follow: Where and when you went What you did What the you spent money on And explain why you enjoyed this special day out.
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#### 《安静的地方》

Not long ago, I went on a short trip with some of my friends. The destination was a famous old town nearby. As we went on a weekday, there were few tourists there. The whole village was tranquil and beautiful. We enjoyed spending our time wandering there.

This town is a few kilometers away from our school. It's been recommended to me by friends a long time ago, but this was my first time visiting. We voyaged there by bike and after arriving to its gates we walked into the village. There were countless ancient buildings within the village and a small river surrounding the whole town. Aside from the beautiful scenery, there are some interesting boutique shops in the village. My boyfriend, Michael, and I started wandering around the town. When we passed stalls with delicious food, we would purchase snacks and have a taste! We walked throughout the afternoon and ventured down every street in the town.

Aside from the hustle and bustle of downtown, this town is very tranquil. There are a few people in the street. Motor and electric vehicles are also forbidden there. Wandering along the path, I could clearly hear the sound of the river running. So, it is romantic to stroll in such a beautiful and quiet place. I love it.

中文思路:

不久前，我和我的几个朋友进行了一次短途旅行。目的地是附近著名的一座古镇。因为我们是工作日去的，那里的游客很少。整个古村显得安静又美丽，我享受在那里漫步的感觉。

这个古镇在离我们学校几公里外的地方。很久以前我就听朋友推荐过，但这是我第一次去。我们一行人先是骑车到了小镇的大门口，然后步行进去这个镇。镇子里有很多年代久远的古建筑群，还有一条小河包围着整个古镇，村里除了美景，还有一些很有创意的精品小店。我和我的男朋友 Michael 就开始在小镇里乱逛，看见好吃的就买点尝尝，看见某处风景不错就停下来拍照。我们走了整整一个下午，几乎把小镇里每条街道都走过了。

不同于市中心的喧闹，我们学校旁边的这个小镇很宁静。路上人不多，也没有摩托车和电动车在小路上来往。沿着小路闲逛，我可以清晰的听到小河的流水声。和男朋友一起所以在这么一个美丽的，安静的地方漫步是一件很浪漫的事情。我太喜欢那里了。

## 《经济实惠的外出》

Not long ago, I went on a short trip with some of my friends. The destination was a famous old town nearby. As we went on a weekday, there were few tourists there. The whole village was tranquil and beautiful. We enjoyed spending our time wandering there and it didn't cost us an arm and a leg to visit this town.

This town is a few kilometers away from our school. It's been recommended to me by friends a long time ago, but this was my first time visiting. We voyaged there by bike and after arriving to its gates we walked into the village. There were countless ancient buildings within the village and a small river surrounding the whole town. Aside from the beautiful scenery, there are some interesting boutique shops in the village. My boyfriend, Michael, and I started wandering around the town. When we passed stalls with delicious food, we would purchase snacks and have a taste! We walked throughout the afternoon and ventured down every street in the town.

It's not overly commercialized, so everything is cheap. Snacks costs only several Yuan and some of the milk tea cost just more than ten Yuan. Moreover, It is free to visit and there is no requirement to spend anything there. The town is a great weekend getaway, and I'll be back again.

中文思路：

不久前，我和我的几个朋友进行了一次短途旅行。目的地是附近很著名的一座古镇。因为我们是工作日去的，那里的游客很少。我们在那度过了美好的时光，而且还没花什么钱

这个古镇在离我们学校几公里外的地方。很久以前我就听朋友推荐过。但这是我第一次去。我们一行人先是骑车到了小镇的大门口，然后步行进去这个镇。镇子里有很多年代久远的古建筑群，还有一条小河包围着整个古镇。村里除了美景，还有一些很有创意的精品小店。我和我的男朋友 Michael 就开始在小镇里乱逛，看见好吃的就买点尝尝。我们走了整整一个下午，几乎把小镇里每条街道都走过了。

这里并没有过度商业化，所以东西都很便宜。小吃都是几块钱一份，一些现做的奶茶也是十几块钱而已。这是一趟很省钱的出行。风景是免费的，浪漫的氛围也是免费的。这个小镇是一个周末散心的好去处，我还会再来的。

## (九) 单独话题

### 20: 国内的名人

Describe a well-known person in your country who is very popular.

Some instructions that you can follow:

Who this person is

What you know about this person

Why he/she is so popular

And explain how you feel about this person being so popular.

I think Jack Ma is a very intelligent businessman and I admire him profusely. I imagine everyone in China is aware of who he is, and he gets lots of attention from the young and old. The online shopping platform Taobao and the online payment system Alipay he founded and developed have vastly influenced people's shopping habits in today's society.

Ma started Alibaba after quitting his job as an English teacher. Entrepreneurship requires not only courage, but also creativity and an accurate understanding of the market. Several years ago, online shopping was not a hit in China. People were still accustomed to purchasing items they required in the mall. On the one hand, people could see the actual goods when they shop instore, and on the other hand, people may be concerned that online shopping could not guarantee the quality of goods. However, Jack Ma devised an ingenious way to solve this, which was to build a third-party platform, Alipay. When people shop online, Alipay, as a trusted third party, will temporarily keep the money as escrow and informs the seller that the buyer has made the payment. At the time the money is neither directly controlled by the buyer nor the seller, which perfectly solves the problem of mistrust between the two parties.

At the current moment, online shopping has become an indispensable aspect of our daily lives, and Jack Ma has therefore become the wealthiest man in China and also a household name.

中文思路:

我认为马云是一个非常聪明的商人，我很钦佩他。我认为全中国没有人不认识他，马云很受欢迎，无论是年轻人还是老人，他创建的支付宝和网络购物方式影响了当今社会人们的购物习惯。

马云原本是一名英语老师，辞职后才创立了阿里巴巴。创业不仅需要勇气，更需要创造力和对市场的眼光。许多年以前，网上购物没在国内兴起。人们还是习惯于在商场购买自己需要的商品。一方面是因为现场购买商品可以看到商品实物，另一方面是担心网上购物容易发生货不对板的问题。但马云想到一个非常聪明的方法，那就是构建一个第三方平台，也就是支付宝。微信公众号：安娜雅思。人们在网上购物的时候，支付宝作为一个受信任的第三方，会将货款暂时保存，这样一来就完美地解决了双方的不信任问题。

现在，网购成为了我们日常生活中必不可缺的一部分，马云也因此一度成为中国首富以及一个家喻户晓的名人。

## 21: 宜居之地

Describe a place you have visited – not your home town – that you would recommend as a good place to live.

Some instructions that you can follow:

Where this place is

How well you know this place

What people can do in this place

And explain why you would recommend this place as a good place to live.

Shanghai is situated in China's most economically advanced region, the Yangtze River Delta region. It is not only rich in history but also abounds in modern architecture. In my heart, Shanghai shall always be an utterly incomparable city that is suitable for young people to live in.

I do not know that much about Shanghai. When I graduated from high school, I travelled to Shanghai for my first ever visit. My parents took me on a trip to the Yangtze River Delta region. During that visit, I was thoroughly impressed by the city of Shanghai.

Shanghai is renowned throughout the country for its robust and developed economy. In China, Shanghai has developed the epithet “magic city”, it has earned this title due to the cutting-edge fashion and modernization of the metropolis. There is a wealth of interest for young people to work in Shanghai because there are more opportunities and higher salaries there. Living in Shanghai, you can buy the most fashionable clothes and eat delicious snacks from all over the country.

Shanghai is not only a highly developed modern city but also a place of great interest. When one stands in Cheng Huang Temple, you can gaze upon the antique buildings and pavilions overhead. Yet also, when one looks far ahead from the same angle, the tall buildings in Lujiazui are clearly visible. Here, business and leisure also mix marvelously. Whilst you are surrounded by the hurried footsteps of white-collar workers, you may also witness an old couple walking by the Huangpu River. This magical collision makes the city full of charm and is the cause of my deep attraction to it.

上海位于中国经济最发达的长三角地区。这座城市即拥有丰厚的历史，同时也充满了摩登的建筑。在我心里，上海一直是一座无与伦比的城市。这里非常适合年轻人居住。

我对上海了解的不算多。我第一次去上海是高中毕业的时候，我的父母带我去长三角旅游。那时上海就给我留下了深刻的印象。

上海以发达的经济闻名全国。在中国人们往往喜欢称呼上海为魔都，足以见得这座城市的时尚和现代化。很多年轻人喜欢去上海工作，因为上海有更多的机遇，同时还有更高的薪酬。住在上海，你可以找到最时尚的大牌服装，也可以吃到全国各地的美味小吃。

上海不仅是一座现代化的城市，更是一座有趣的城市。站在城隍庙，你可以看到头顶的仿古建筑和凉亭。同一个角度望向远处，陆家嘴的高楼清晰可见。在这里忙碌和悠闲也会神奇的交汇。你可以看到白领匆忙的脚步，他们的背后也许有一对在江边散步的老人。这种神奇的碰撞让这座城市充满着魅力。也深深地吸引着我。

## 22: 喜欢的传统物品

Describe a traditional product made in your country which you like.

Some instructions that you can follow:

What this product is

When you first tried this product

How this product is made

And explain why you like this traditional product.

Kites are just one of those time-honored crafts I am intrigued about. Even as far back as ancient times, people were capable of making kites for recreation. Military generals even found ways to utilize them for transmitting signals and messages. Of course, this military application began to lose ground in the contemporary era, and so kites are merely used nowadays as toys liked by children and adults alike.

The first time I encountered real kites was in primary school when a teacher taught us how to make simple ones using white papers, wooden sticks, and strings.

By contrast, traditional kites were made using bamboo strips and papers, whereas the kites sold nowadays are mostly manufactured with fabrics in professional factories. These material upgrades are the main factors contributing to the newfound sturdiness and durability of kites. My grandpa often took me to fly some kites at the parks growing up. I was of course too small to fly a kite all by myself then; it was Grandpa who launched the kite for me before letting me run around holding the other end of the string. I won't forget how a morning kite-flying session with Grandpa would put on a smile on my face the entire day.

It feels like an eternity since I last flew a kite. To blame for that would be my studies and the sheer abundance of more fashionable playthings and amusements. However, kites will always remain deep down as one of my favorite traditional crafts, not so much that it is a toy, but more so as a symbol of childhood recollections.

我喜欢的一个传统物品就是风筝。古代的人们会制作纸风筝，用来娱乐消遣。甚至在古代，将军们还会使用风筝来传递消息。到了现代，风筝逐渐地变成了一种玩具，适合大人小孩玩。

我记得小学的时候老师就教过我们自制风筝，那是我第一次接触它。在课堂上，老师教我们用白纸，木棍和绳子做成简易的风筝。

传统的风筝是用竹条和纸做成的，现在我们能买到的风筝，大多都是专业的工厂生产的。它们大多数都是由布做成，材质的改变使风筝更加坚固耐用。我记得在我很小的时候，爷爷总会带我去公园里放风筝。但那时候我年纪太小，不会自己放风筝。每次都是我爷爷先把风筝放飞到空中，然后我再抓着绳子的一端到处乱跑。只要我爷爷带我去放风筝，我都能开心一整天！

其实现在我已经很久没有放风筝了，一方面是因为学生生活比较忙，另一方面是因为现在新潮的玩具和娱乐方式太多了。但风筝永远是我喜欢的一件传统物品，他不单单是一件玩具，还是我童年的回忆。

## 23: 未来想一起工作的家人

Describe a family member you might like to work with in the future.

Some instructions that you can follow:

Who this person is

Whether you have worked with this person before

What kind of work you might like to do with this person

And explain why you might like to work with this family member in the future.

Given the opportunity, I would like to work with my cousin. He's only a few months younger than me — we could almost be twins. He looks kind of chubby, but you shouldn't judge a book by its cover. He is highly intelligent but still carries himself with humility, and that hasn't changed for a long time.

We have not worked together before, but we once threw our grandpa a birthday party. From that party, I saw his remarkable organizational skills. His intelligence has always been reflected in his rank in the class exam score standings. When we were young, we went to the same math tuition classes and I could not help but notice how quickly he could come up with the right solutions. In addition, he is also an admirable independent learner. We will continually encounter new things to learn at the workplace, so I cannot stress the importance of that particular quality. I have developed a strong passion for accounting and to have such an outstanding person as him as a colleague would be a dream come true.

As I've mentioned before, his humility and amiability would make him the perfect colleague, unlike those narcissistic self-conceited snobs out there. I've always admired down-to-earth and friendly people, and those characteristics are what you can expect from my cousin. He is one of those humble and friendly people. He is never the one to brag about his achievements, and always tries his best to help out. For me, he will make a resourceful teacher and a reliable friend, that's why I think having a productive colleague like him would be a pleasant and constructive experience.

如果可以的话，未来我想和我的表弟一起工作。我表弟年纪跟我相仿，只比我小几个月。他看起来胖胖的，为人很谦虚。他最大的优点就是非常聪明，很久以前我就发现了这一点。

我们没有一起在公司工作过，但我们曾经一起给爷爷筹办生日聚会。这次合作中表弟表现出了超高的组织协调能力。他很聪明，他经常在班级考试中名列前茅。小时候我们经常一起上数学补习班，他总是能迅速地想到每道题的解题方法。另外，他的自学能力也很强，工作中将会有很多需要学习的新东西，这是一项很重要的能力。我希望未来能和他一起去会计事务所工作。我很喜欢会计这份工作，如果能跟他这样优秀的人一起工作那就更好了。

我想跟他一起工作的原因是他是个谦虚的，很好相处的人。我一直以来都很厌恶那些傲慢自大的人。相反，我很欣赏谦虚的，为人友善的人。我的表弟就是这样的一个人。他从不自夸，从不把自己的成就挂在嘴边。无论谁向他问问题，他都会虚心地尽其所能解答。他会成为我的良师益友，跟他一起工作肯定是一件愉悦的，高效的事情。

## 24: 国内重要水域

Describe an important river, lake or area of water in your country.

Some instructions that you can follow:

Where in your country it is

How big it is

What it looks like

And explain why this river, lake or area of water is important for your country.

Yangtze River is a river that carries an important connotation for China. I believe I can speak for all my fellow Chinese on that point. There are folk songs praising the majestic river, and I've learned some from a very young age.

Yangtze River is China's longest river. If my memory serves, its springhead lies on the renowned Qinghai-Tibet Plateau, from where it flows through more than half of China's provinces and connects with the Pacific Ocean in Shanghai.

To be frank, the Yangtze River is not the easiest thing to describe, but I can tell that it differentiates itself from the Yellow River in that it runs through a relatively straightforward path from the Qinghai-Tibet Plateau to the Pacific Ocean. In contrast, the Yellow River, touted as the cradle of the Chinese civilization, meanders much more intensively.

Yangtze River also plays a decisive role in China. Hydropower stations have been built in many regions along the river to supply electricity to the surrounding areas and farther provinces alike, ensuring continued development. Furthermore, the Yangtze River also serves as a key tourist destination, as more and more people buy into the idea of appreciating the views of both riverbanks from the comfort of a ferry. This tourism industry in turn creates more job opportunities for the local residents. To get an idea of just how important the Yangtze River is to China, look no further than the back of the ten-yuan note, printed thereon is the Three Gorges of the Yangtze River.

中文思路:

长江是中国非常重要的一条河,我相信所有中国人都同意这一点。很小的时候我就学过关于长江的歌曲。

长江是中国最长的河流。如果我没记错的话,长江起源于我国著名的青藏高原,然后几乎流经我国一半以上的省份,最终在上海汇入太平洋。

说实话,我很难描述长江长什么样,但不同于黄河,长江基本上是直直地从青藏高原流向大海。中国的另一条母亲河,黄河,则形状曲折得多。

长江在我国地位非常重要。现在我国在长江的多个区域都建设了水电站,为周围乃至更远的地方输送电力,为城市的发展提供充足的保障。另一方面,长江是我国重要的旅游景区。越来越多的人乘坐游轮欣赏长江两岸的美景。这也为当地居民提供了更多就业机会。我们每天使用的十元人民币,背后的图案正是著名的长江三峡,这也充分说明长江对我们国家的重要性。

## 25: 想参加的比赛

Describe a competition (e.g. music, cooking, sport) you would like to take part in.

Some instructions that you can follow:

What the competition is

Where and when it happens

What you have to do to win the competition

And explain why you would like to take part in this competition.

One of my aspirations is to take part in The Challenge Cup. The Challenge Cup is a very reputable biannual national academic competition. The upcoming iteration will take place in June this year.

The Challenge Cup differs itself from other competitions in that it entails a very high level of academic expertise. Participants are required to submit a collectively-written social survey report or natural science thesis. Each school is allowed to select six teams of delegates for the next round of elimination. Next, a national-level review committee will be commissioned to assess the works of all participants and determine the winners.

Due to the collective nature of the projects, it is impossible to complete the tasks individually. To enter the competition, I would need to put together and register a team of like-minded individuals, before proceeding with the division of labor determined according to each individuals' strengths. Moreover, it is important to note that a high-quality report can only be produced on the back of realistic and detailed data, which in turn requires a meticulous social survey and data mining — the most challenging task in the entire project.

The Challenge Cup is a competition prestigious enough to propel its winners past the postgraduate entrance examination and straight to a free Master's degree admission quota. So yes, I'd like to win the competition very much. Above all else, the social experience from the surveys and the personal development accumulated throughout the competition would constitute invaluable attainments as well.

中文思路:

挑战杯是我非常想参加的一个比赛。这是一个全国性的，非常有影响力的学术类比赛。它每两年举办一次，今年6月将会开始新一届的挑战杯竞赛。

挑战杯不同于其他竞赛，它是一个专业性很强的学术比赛。参赛者需要提交自己团队编写的社会调查类报告，或者是自然科学类的论文。每个学校都会选出六只优胜队伍。代表学校继续参赛。然后由国家级的部门评审，最终确定获奖者。

这是一个团队合作项目，一个人是不可能完成的。如果我想参加这个比赛，我必须找到一些志同道合的同学一起组队。确定成员后，我们还需要合理的分工。每个人都需要做自己最擅长的事。一份高质量的调查报告，必须要有真实且详细的数据支撑。我需要经过认真的社会调研和数据收集。这将是最困难的工作。

这是非常有分量的一个奖项，如果得到了这个奖项，那我就很有可能可以保送我们学校的研究生。所以我非常希望能得到它。同时，在做社会调查的过程中，我将收获一些社会经验。个人能力也会有所提升，这将是非常宝贵的经历。