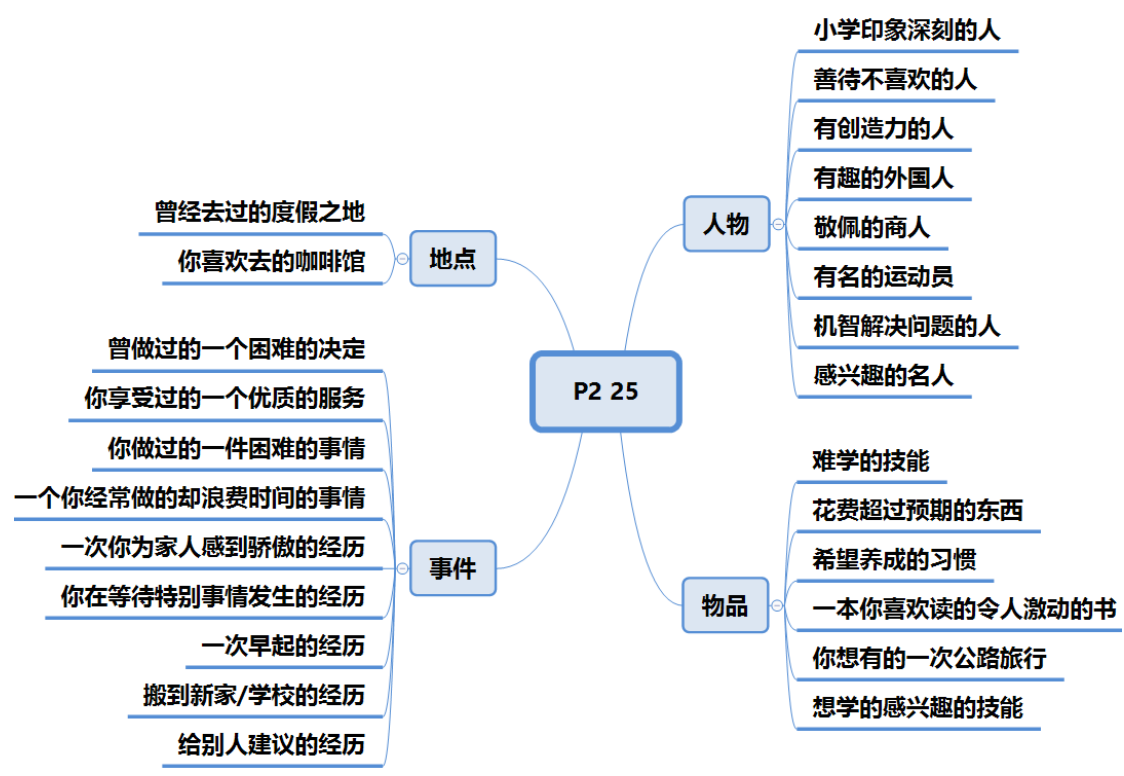


Part2 全部题目素材

一级准备



二级准备



场景 1 Shared bikes:

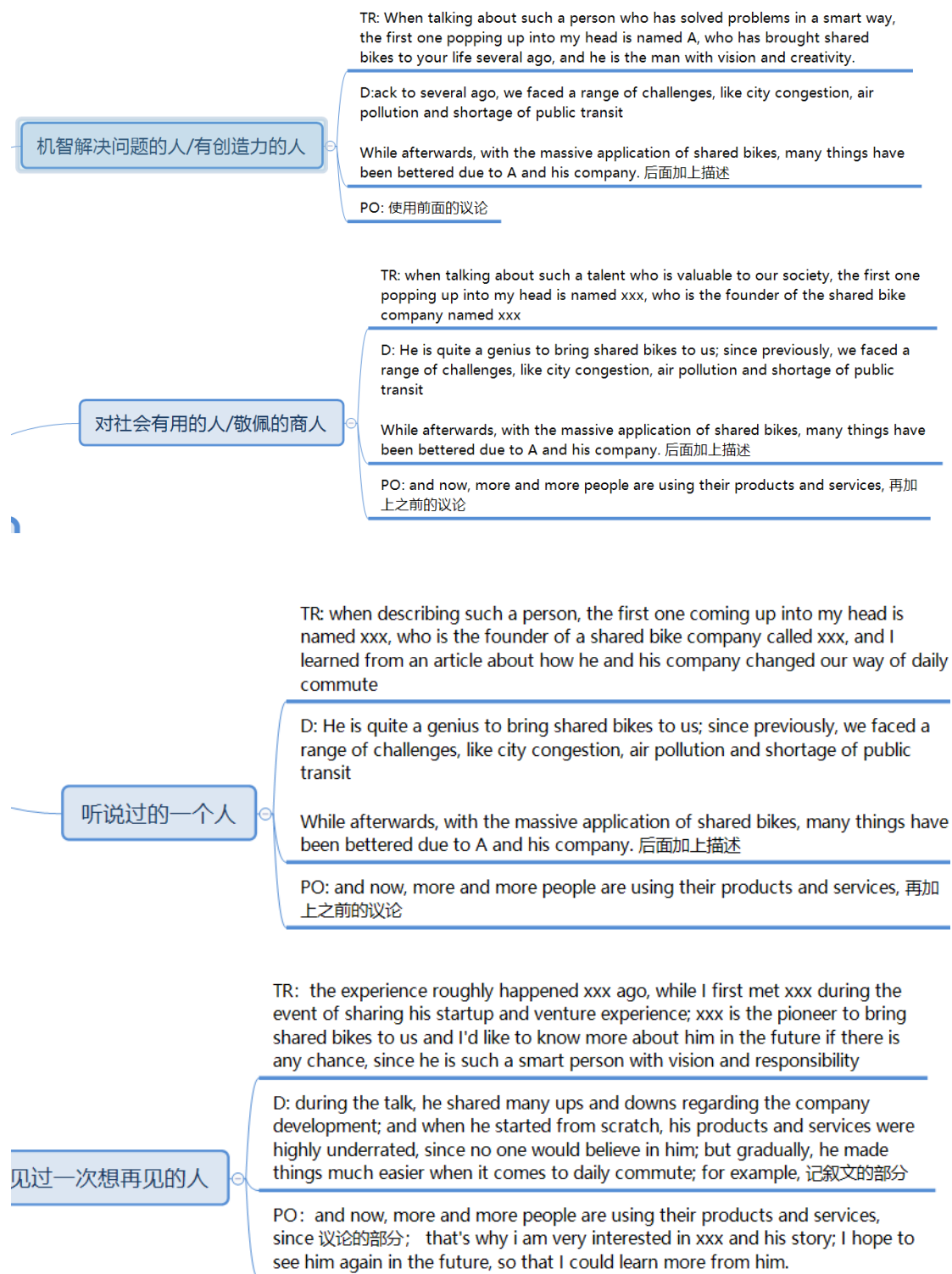
机智解决问题的人/有创造力的人
对社会有用的人
敬佩的商人
想再见一次的一个人

介绍: by scanning the QR code (二维码全称是quick response)with our phone, we could borrow and return a bike like a piece of cake

议论: For example, two major issues have been improved, including traffic jam and air pollution; since if more and more people use shared bikes, less private cars would be on streets, and everyone could do their share 尽一份力to make our city a better place to live/protect our environment.

Besides, cycling can be viewed as a way of doing aerobics; especially given that nowadays we are used to living a sedentary lifestyle, and cycling encourages us to burn calories during daily commute 日常通勤

核心知识



场景 2：一个好老师

一个小学印象深刻的人/有趣的外国人
想共享时光的人

Basically, he has many traits as a good teacher.

知识渊博和有智慧

For example, he is quite knowledgeable, experienced and wise, he could always explain something difficult and complicated in an easy and simple way that we could understand, especially when we came across difficult terms. (for example, we learnt how to use original words by playing stage-show)

风趣和有才华

Besides, he is also versatile and amusing; apart from being excellent in teaching, he is also good at playing instruments, singing, dancing and drawing; that's why our class was always full of joy and laughs. (when felt tired, he would cheer us up by making fun of us)

耐心有责任心

Last but not least, we all gave credits to his patience and responsibility; even if we made mistakes from time to time, he would explain and teach us again and again until we got the hang and made things right, so we were all grateful.

一个好老师的核心知识点

When talking about such an impressive person in my primary school, the first one coming up is my class adviser named Ms Liu, who used to teach us Chinese literature and music, she left me a lasting impression.

Basically, she has many traits as a good teacher.

知识渊博和有智慧

For example, she is quite knowledgeable, experienced and wise, she could always explain something difficult and complicated in an easy and simple way that we could understand, especially when we came across difficult terms. (we learnt how to use original words by playing stage-show)

风趣和有才华

Besides, she is also versatile and amusing; apart from being excellent in teaching, she is also good at playing instruments, singing, dancing and drawing; that's why our class was always full of joy and laughs. (when felt tired, he would cheer us up by making fun of us)

耐心有责任心

Last but not least, we all gave credits to her patience and responsibility; even if we made mistakes from time to time, she would explain and teach us again and again until we got the hang and made things right, so we were all grateful. That's why she is really impressive.

小学印象深刻的人/有趣的外国人

TR: when talking about such a person, the first one popping up into my head is called Mike, who used to teach us English when I was in xxx, and there is any chance in the future, I'd like to spend more time with him

D: basically, Mike is from the US/UK; and after retiring as a writer, he began to teach English in China; even if we only spent one semester in xxx, he left me a lasting impression.

想共享时光的人

PO: 用到之前的议论文的部分

That's why I would like to meet him again.

场景 3: Elon Musk



He has inspired many of us;

If something is important, you will find solutions; or if its not, you will find excuses.

That's why he would always hang in there until he made it even if he failed rocket launching many times.



He is the man to put words into action; for example,

社交媒体关注的人

令人兴奋的书
做过困难的事情/难学的技能/希望养成的习惯/常做浪费时间
能够帮助你学习语言

介绍: Basically, he is the founder and operator of a variety of enterprises in the world, like paypal, Tesla, SpaceX, Hyperloop and so on. Now he is ranked as one of the wealthiest people in the world.

He is admirable for some reasons; I look up to him/give credits to him xxx
 创业的故事To begin with, he is the man to put words into action; for example, due to the fact that he wanted to drive an electric car, so founded Tesla motors; similarly, he has the ambition to go to space and colonize Mars, so he created SpaceX and so on; that's why he has set good examples to inspire many of us, since he doesn't complain how bad the world is, he just does everything he can to change the world.
 鼓舞人心的品质Besides. He is a courageous person; and he once said: if something is important or you believe something is important enough, even if you are scared, you will keep going; which is really inspirational.
 That's why I look up to him as a successful businessman.

TR: when talking about such a social media celebrity, the first one popping up into my head is named Elon Musk, who is a world-renowned philanthropist and entrepreneur; and I followed him on twitter and facebook.

Description: 用一下的介绍

PO: 用以下的议论文部分; 最有加一句, that's why he is very influential and I'd like to know more about him.

社交媒体关注的人/听说过的人

一本令人激动的书

TR: when talking about such an exciting book, the first thing in my head is a biography about Elon Musk, which is really inspiring and impressive, and I read it several months ago; basically, it talks about the legendary life journey of Elon Musk, it comes like this; and I like this book for some reasons:

你做过的困难的事情/难学的技能/希望养成的习惯/常做却浪费时间的事情

TR when talking about such an experience of doing something difficult, the first popping up in my head is about reading an entire English book for the first time, and it is really challenging for me. 过程: it roughly happened several months ago, while My friend recommended the biography of Elon Musk to me, since he told me that I could kill two birds with one stone; by reading English book of my favorite figure, I could also improve my vocabulary and reading ability, so I did it. 感受: but it was not as easy as what I thought, since there were so many unfamiliar words that I had to look them up all the time, sometimes It took me one hour to finish just one page, and i really wanted to give up; but gradually, I began to understand the story line of his legendary life story and journey, and i was very excited when i made progress; eventually, i did it by finishing the whole book, and the experience is really impressive; 收获: not only did I understand more about him, but I also hone my english ability; thats why it is worthwhile. be used to it 习惯适应 (浪费时间的事情but on second thought, Rome isn't built in a day, i should hang in there and make progress gradually, so that in the future, i could be used to reading all textbooks in English when i study abroad, and it is worthwhile, even if it is challenging now, i will keep doing it; since it is a matter of time for me to speed up reading.)

能够帮助你学语言

TR: when talking about such a thing that helps my language learning, the first one popping up into my head is about reading original books of English, which is really instrumental.

Description: several months ago, I was recommended by my teacher to improve my English ability by reading biographies of celebrities, and I chose my favorite one of Elon Musk, who is a famous entrepreneur and philanthropist. and I found this way of learning very efficient and engaging.

PO: to begin with, given that I am interested in such a subject, I can understand the context very quickly; so that my reading ability could be honed. Besides, the books comes with an audio version, and I could listen to the audio book when I am on daily commute, which helps me practise my listening skill; more importantly, with the notes I took from reading, I could enrich my vocabulary and phrases from this book, which can be applied in my own essays; thats why this method is awesome; since I could kill two birds with one stone, which is to acquire knowledge and improve my langauge level at the same time.

场景 4： 地点类 Multisensory feeling



有趣城市/度假之地/新地方/乡村/理想居所
去过的远足
优质服务
早起经历
组织过的快乐活动/准备过的重要事情
公路之旅

View is stunning and Scenic: See color, like blue sky, crystal-blue ocean, cotton-like clouds, white-sand beach, green trees, tropical flowers and fruits, blue mountain in the distance, which is refreshing

ear: Natural and peaceful/tranquil/serene, in the morning, we could only hear sounds like bird’ s chirping and wind’ s whistling, which could give me a peaceful mindset;

Nose+body: We can breathe fresh air and smell fragrance, which is good for health/boost mood, meanwhile, it is also ideal for outdoor activities, like surfing, swimming, boating, playing sand, diving and basking

Mouth: As a foodie, this place is a haven/paradise of seafood and fruit, which is fresh and cheap; while children run around on the playground; adults can drink, talk, laugh, enjoy each other's company

Person to person: Perfect for family activities, for example, when parents barbeque and talk, children will play around and have fun

描述

度假之地/新地方/城市/乡村/理想居所

TR: The experience roughly happened xxx ago, while I spent a wonderful vacation with my family in a seaside place, and the trip was really impressive

Description: Basically, we did a range of things by the seaside, like barbequing, picnicking, waling on the beach, doing water sports, shopping and tasting local delicacies

PO: First of all, the place is surrounded by trees, flowers and plants, and we saw a variety of colors, like blue sky, cotton-like clouds, crystal-blue ocean and blue mountain in the distance. Plus, the place is really peaceful, we could only hear natural sounds like bird' s chirping and wind' s whistling when we get up in the morning.

Besides, the place is ideal for outdoor activities, like all kinds of water activities; so that we had a chance to step out and stretch, which is good for our health.

More amazingly, I spent quality time with my family, doing things like chatting with each other and cooking together, which is good to boost ties. That' s why the vacation is memorable. endless views and colorful sunset.

去过的远足

TR: the experience roughly happened xxx ago, while I took a bush walk with my parents when we traveled to xxx, which is located in the north of my city, and the trip left me a lasting impression

D: basically,given that the village is very rustic, we had to walk along the trail to explore the beauty of the countryside, and it almost took us 5 hours to finish the excursion.

PO: and we were lucky enough to see the beautiful views and colorful sunsets, which is totally different from city's concrete jungle vibe. besides, along the trip, we could only hear natural sounds like bird's chirping and wind's whistling. more amazingly, the trip is like an escape from the bustling city, so that we could burn calories and do aerobics; thats why it is really impressive.

优质服务

TR: the experience roughly happened xxx ago, while I spent a wonderful holiday with my family in a seaside resort, the service we received is awesome

Description: basically, the resort is surrounded by trees and flowers, and it only takes us 1 min to the shore/beach; and facilities there are well-rounded, like playground, gym, swimming pool and so on.

PO: the trip is really impressive; firstly, staff there are very friendly and hospitable; they are willing to show us around and offer any help we need

besides, the resort is quiet xxx xxx

one more to add, the view is awesome, we saw different colors, like xxx and xxx

thats why the hotel experience is terrific

早起的经历

TR: the experience roughly happened xxx ago, while I got up very early in the morning to attend a team building activity that was organized by our school/company

Description: at first, I was really drowsy when I got up around 6 am and I fell asleep during the trip; but afterwards, while we got there, we were so refreshed, since the activity site was surrounded by trees and flowers, which was quite natural and scenic; and then we did a range of things there, like rock climbing, playing games and boating

PO: eventually, I spent a wonderful day with my classmates/colleagues; since we boosted ties and enjoyed each other's company; more importantly, we had a chance to step out and stretch; even if the whole day was tiring, the trip was really impressive.

TR: the experience roughly happened xxx ago, while I organized a team-building activity in my school/company, which is really joyful and impressive

D: to be frank, it is not as easy as it sounds as the organizer, since I needed to be considerate to cater to everyone's preference; and I decided to bring them to a picnic park and we did a range of things there, like barbequing, playing games, doing sports and camping;

PO: it was very successful and everyone had a blast; since firstly, the place is so scenic and picturesque, which offered us a chance to step out and stretch; otherwise, we all might be stuck at home and be homebodies; besides, we enjoyed each other's company by doing heaps of activities together, which helped us boost ties and strengthen relationship; Finally, they all gave me credits for organizing such an awesome event to bring everyone together; that's why it is memorable

你组织过的快乐活动/准备过的重要事情

TR: the experience roughly happened xxx ago, while I traveled to xxx with my friends; but unfortunately, the trip was not as good as what I expected, and I think I won't go there ever again.

D: at first, I was very excited when I was invited by friends to this place, since it is a popular travel destination on social media. and then it took us 5-hour drive to be there; but frankly, I was quite disappointed

PO: since firstly, the place was really noisy and crowded during the holiday, and I was not in the mood of getting around; plus the weather was very humid and hot, I'd rather stay in the hotel room; besides, the must-see scenic spot was overrated, and it had nothing to do with the appealing short video that I watched on tiktok; last but not least, the local food was too spicy and salty for me and I ended up having the instant noodle as my dinner; that's why I am not interested in paying a second visit.

不想再去的地方（反向操作）

想有的一次公路旅行/去过的公路之旅

TR: When talking about such a road trip in the coming holiday, my dream is to drive to sanya with my friends/family in a caravan/trailer/minivan; and I believe that the road trip will be awesome.

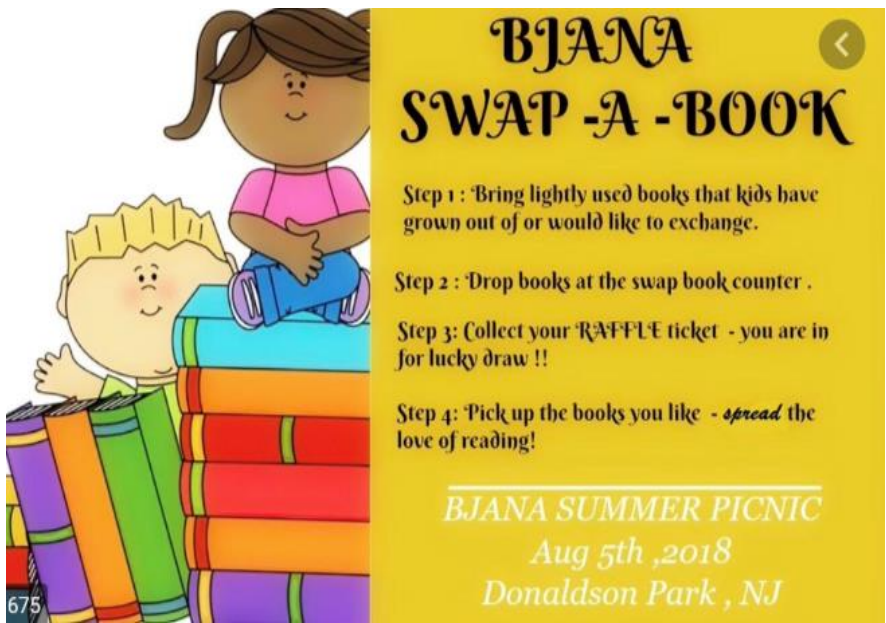
Description: Throughout the trip, we could do a range of things there, like sightseeing, chatting and telling stories, tasting local delicacies, shopping and trying different kinds of activities like swimming, diving, surfing and so on.

PO: 逃离之旅escape, 接近自然 To begin with, road trip can offer us a chance to escape from the bustling city, and we can be closer to the nature like trees, flowers and plants; I believe that we could see colors of all kinds like blue sky, cotton-like clouds, crystal-blue ocean and white-sand beach. The experience will be totally different from cities, and we can also have a peaceful mindset.

共同战胜未知的困难, 促进情感 Besides, it is rewarding to boost ties if I go on such a road trip with my friends, since we will have to be prepared for challenges of all kinds; while we can still enjoy each other's company along the trip.

踏出户外活动 One more to add, such a road trip will involve with heaps of activities, and we can be encouraged to step out and stretch, instead of being stuck at home all day long; That's why this car trip plan is so exciting.

场景 5: Bookswap 换书场景



喜欢去的咖啡馆
收到的免费东西
为家人感到骄傲的经历

记叙的部分： A: Basically, the idea is to bring five qualified books to a nearby book station, and after dropping books at the swap book counter, we would collect a raffle ticket that is the lucky draw for another five books from other online participants.

议论的部分： this campaign/initiative is brilliant B: First of all, it is an awesome way to spread the love of reading, and we could make the best /make full use of books by sharing and exchanging with each other, and another benefit is to socialize with other bookworms/book lovers ; C: Similarly, it also allows us to save money and protect environment at the same time, we can do our share and make a difference, since it is quite a pity to pile those unused books with dust. But now, thanks to this initiative, we could kill two birds with one stone.

That' s why this idea is so awesome

描述



场景 6 meditation 冥想

有趣的谈话/向老人学习技能
印象深刻的一节课/希望养成的习惯

怎么做: first, we could comfortably sit in a chair or lay on the ground, and by focusing on my breath pace and awareness, I could gradually train my attention/ mindfulness/inner peace;

为什么: when we meditate, part of our brain for anxiety and stress will shrink, while part for joy and empathy will grow, so that the more we meditate, the more calm we will become; my brain is like a muscle, and meditation is the exercise

核心知识点

有趣的谈话/向老人学习的技能

TR: the experience roughly happened xxx ago, while I had an interesting conversation with my grandpa, who taught how to do meditation; and it is the first time I tried such a skill that helped me better my life quality

D: at first, given the stress from my work and study, I experienced a range of issues, like frustration, insomnia, irregular life routine, procrastination and so on. and my grandpa shared his skill of meditation with me; at first, he told me to 记叙的部分; and then he also told me how it worked, 议论的部分

PO: gradually i got the hang, and I couldn't wait to put theory into practise; after trying that several time, I thought that I made progress regarding emotion management and time management; thats why it is very useful and engaging.

印象深刻的一节课/养成的习惯

TR: the experience roughly happened xxx ago, while I attended a special class about meditation, and it is really useful and impressive

D: D: at first, given the stress from my work and study, I experienced a range of issues, like frustration, insomnia, irregular life routine, procrastination and so on. and a friend of mine recommended me to such a class a about meditation that was held in a studio; and I learnt a lot from such a class; at first, the teacher told me to 记叙的部分; and then he also told me how it worked, 议论的部分

PO: PO: gradually i got the hang, and I couldn't wait to put theory into practise; after trying that several time, I thought that I made progress regarding emotion management and time management; thats why it is very useful and engaging.

场景 7: 胶囊咖啡机 Capusle coffee machine

生活中离不开的

想送朋友的东西

花费超预期

only with the click of a button, a cup of tasty coffee can be made with the mix of coffee capsule and hot water within 10 seconds.

如何用

1. handy to use 2 many flavors 3 easy to wash 4 original taste 5 more economical than buying coffee

为什么喜欢

TR: when talking about such an item, the first thing in my head is a capsule coffee machine, which is a must-have thing in my life, and i use it almost every day.

生活离不开的东西

D: at first, I was very tempted when I saw such a product, since it is very handy to use; for example, only with the click of a button, a cup of tasty coffee can be made with the mix of coffee capsule and hot water, so I bought it without any hesitation.

PO: afterwards, I have become addicted to drinking two cups of coffee everyday, especially given that currently I am busy with my exam prep, and coffee is like a morning wake-up call to energize me; besides, I have many options to choose capsules with different flavors, like americano, latte, cappuccino and so forth, which is really amazing; thats why it is something that i cant live without.

TR: when talking about such a thing, the first thing in my head is a capsule coffee machine, which I bought several months ago

坏了又修好

Description: at first, I was really tempted when I saw such a product; since i am a big fan of drinking coffee; and it is very handy to make coffee of different flavors ; thats why I bought it without hesitation But afterwards, only one month later, The coffee machine didn't function well, and I had no choice but to call the customer service, and they promised me to fix it as soon as possible, after hearing that, i was relieved.

PO: eventually, the problem was solved, and they repaired it for free as part of the warranty, which made me feel satisfied; and just like that, I could enjoy a cup of coffee like before; and the experience is impressive.

TR: when talking about such a gift, the first thing in my head is a capsule coffee machine, which is really an amazing product, and I bought one several months ago.

想送朋友的礼物

D: basically, it is handy to use such a coffee machine; for example, just by pressing the button, a cup of original coffee can be made with the mix of coffee capsule and water, and it only takes 10 seconds to make one coffee, which is really convenient and tasty.

PO: I'd like to send it to my friend as a housewarming gift; since firstly, it is affordable, and it only costs me around 800 kuai to buy one, which is cheaper than buying coffee on a daily basis; besides, my friend has many flavors to choose regarding making coffee, like latte, cappuccino, americano and so forth; given that we are all big fans of drinking coffee, I believe that my friend will dig it.

TR: when talking about such an item, the first one popping up into my head is the excessive spending on a capsule coffee machine, which I bought several months ago,
 一开始, 心动就买了
 At first, I was very tempted to buy such a machine after tasting how delicious the machine could produce, and I bought it without any hesitation by paying only 1000 kuai; and I thought I could save money on coffee by doing it yourself.
 后来上瘾了, 每天至少喝两杯
 But afterwards, I gradually became addicted to drinking at least two cups of coffee per day, and the capsule ran out very quickly on a daily basis; in order to satisfy my tastebud, I had to buy more boxes to refill my coffee machine.
 时不时推出新品
 More than that, given that the coffee company would launch new flavor of coffee capsule from time to time, I would have to follow in to have a taste of it in a timely manner; and just like that, the spending on coffee is beyond my expectation.
 And that's why the experience is impressive.

花费超预期

场景 8：出国留学

壮志未酬
做的困难的决定
做的困难的事情
等待特别事情发生的经历

TR: the experience roughly happened several months ago, while I made up my mind to study abroad, and I went through a range of difficult situations, but eventually I made it by receiving my conditional offer from my dream university; (如果是等待特殊的事情: and I was really anxious and nervous when waiting for my conditional offer from my dream university.)

一开始背景, 面临两个选择项 pursue the pursuit of happiness
At first, I was quite puzzled/confused about my future direction; since I faced two options, the first one is to stay in China and find a stable job, while the other one is to further my study in xxx for another 2 years;

后来, 我的表哥鼓励我make a difference, 我下了决心, 也面临很多困难: lifelong benefit;

While afterwards, my cousin encouraged me to hold fast to my dream and study abroad; his words were convincing since he was very experienced about studying and working abroad; he told me that I could make a difference and lay a solid foundation if I study abroad; after hearing that, and I took his advice and began to work hard; but it was not as easy as what I thought, since I ran into a series of difficulties, like frustration, confusion, poor foundation of language, stress and even loneliness/insomnia.

But no matter how bumpy the road is, I will hang in there and actualize my dream.

最终, 努力得到了汇报, 战胜了困难和焦虑等待后, 看到了希望和提升了信心

But eventually, I made it/my hard work paid off; the moment I received the conditional offer from the university of xxx, I was really delighted and confident; since I had waited that moment for a long time and my hard work paid off; I also became confident that as long as I put all my mind and soul into one thing, I would achieve anything. (no pain, no gain; no sweat, no sweet)

That' s why the experience is impressive.

其他题目:

别人给的衣服

不喜欢的规则
别人讲的故事
特殊蛋糕
出名运动员
善待不喜欢的人
有趣的歌曲 are the lyrics that are brainwashing, it is an internet Meme; tune/melody is uplifting 欢快的;

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PPAP (Pen-Pineapple-Apple-Pen)

From Wikipedia, the free encyclopedia

It has been suggested that this article be merged into *Daimaou Kosaka*. (Discuss) Proposed since October 2016.

“PPAP (Pen-Pineapple-Apple-Pen)” (Japanese: ペンパイナッポーアッポーペン Hepburn: *Penpainappōappōpen*[?]) is the first single by **Pikotaro**, a fictional **singer-songwriter** created by Japanese comedian **Daimaou Kosaka**.^{[1][2]} The song originated as a **music video** released on YouTube on 25 August 2016, and has since gone **viral**, being titled the “new **Gangnam Style**” by the media.^{[3][4][5]} **Justin Bieber** shared the video on **Twitter**, captioning it as his “favorite video on the Internet”.^[6] “PPAP”, alongside three other works by Pikotaro, were released to digital storefronts through **Avex Music Creative** on 7 October 2016.^[7] An **instrumental version** of the song was made available on 12 October 2016.^[8]

“PPAP (Pen-Pineapple-Apple-Pen)”



英文

PPAP

I have a pen,I have an apple.

(Eh~)Apple-pen!

I have a pen,I have pineapple.

(Eh~)Pineapple-pen!

Apple-pen~Pineapple-pen(Eh~)

Pen-Pineapple-Apple-pen!

Pen-Pineapple-Apple-pen! ^[3]

17

TR: well, the interesting song I'd like to talk about is called PPAP, with the full name of Pen-Pineapple-Apple-Pen, which is one of the most famous and widespread song on the Internet.

D: Actually, the first time I heard this song is about several years ago, since the song and music video went viral on the Internet, and even today I remember the song very well with its brainwashing tune. basically, the lyrics come like this: I have a pen, I have an apple, apple pen; I have a pen, I have pineapple, pineapple pen

PO: the song is interesting for some reasons, firstly, the lyrics are simple and catchy/brainwashing, impressive/hilarious/meaningless; I even couldn't get it out of my brain; it is in my head over and over again; 或者说: Tune is easygoing, I will sing along with it naturally; beat is strong, I couldn't help moving my body with it;

moreover, people's creativity and imagination has been inspired, for example, we can create our own version of the song, such as "I have a toilet, I have a toothbrush, ummm, toilet brush" and so forth;

有趣的歌曲

TR: when talking about such a topic, the first thing in my head is a set of suit that was given by my mum, which is really awesome

D: basically, it happened xxx ago, while i was preparing for a job interview, and it is very considerate of my mum who sent me such a precious gift, and i like it very much (this suit is the confidence booster)

PO: first of all, when I am in such a formal suit, I look very professional and confident, since it helped me leave a good impression on other's mind; besides, given it is customized/tailor-made, the suit fits my body shape perfectly; and since it is made of premium wool, the suit is very expensive; and my mum believes that the higher the price, the better the quality; last but not least, this piece of clothes is my lucky charm, which helped me pass the job interview, and every time I see it, I could be reminded of that experience; thats why it is impressive.

别人给的衣服

TR: when talking about such a rule that I am not in favor of, the first thing popping up into my head is about the denial of accessing to the international apps on our smart phone, which is confusing and inconvenient.

D: basically, according to the rule, we could only download certain apps that are available in China's app store, which prevents us from using more apps from other countries; and as a result, we miss many opportunities of using those amazing apps regarding social media, entertainment, news, lifestyle, fashion and so on.

PO: I hope in the future, this situation could be bettered; since firstly, if there is no such a barrier, we could take advantage of more useful and even free apps that could help us enrich knowledge and broaden horizons; besides, such a rule might discourage app developers from introducing their services internationally, which is not fair and inefficient; probably my understanding is biased, but I believe I am not the only one who hold such an opinion.

不喜欢的规则

共享单车: according to the rule, all shared bikes have to be parked outside of the community, and any violator will be warned or even fined. in that way, our community could be more organized and neat; and this rule was effective after a bike accident in the community several months ago. and i am very against it given that my community is very huge and it is labor-saving to walk around;

TR: the experience roughly happened several years ago while I was in high school, and our teacher told us a very impressive story that I remember very well.

D: at first, we faced a lot of pressure regarding the college entrance exam, and we were so frustrated by the anxiety and uncertainties; but one day our teacher told us such a story named empty well; basically, there is a chubby girl in a village who is always mocked by others of being overweight, and one day her grandma told her that if the empty well in village is full with water, the god will show up and satisfy any dream of hers; after hearing that, she was so determined and began to fetch water from river again and again; just like that, by the time the well was full, she became a slim and beautiful girl by working out every day;

别人讲的故事

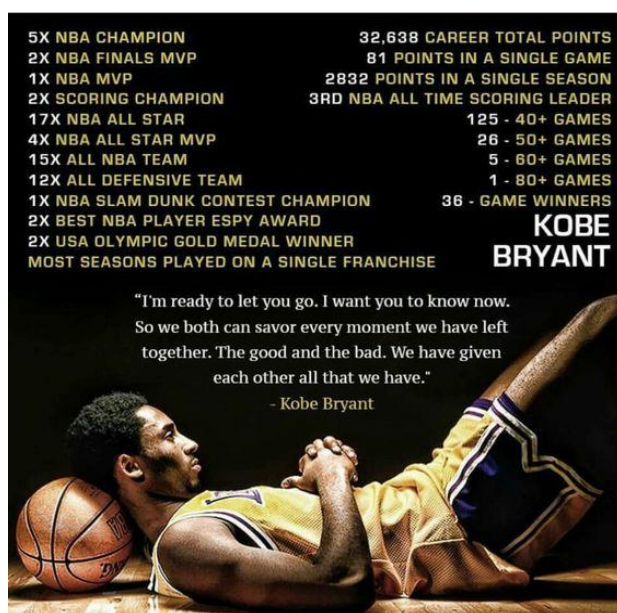
PO: we were so inspired by the story; since we learnt a lesson from it, which is about determination and courage, since the future lies on us and as long as we put all our soul and mind into one thing, we could achieve anything; thats why it is impressive.

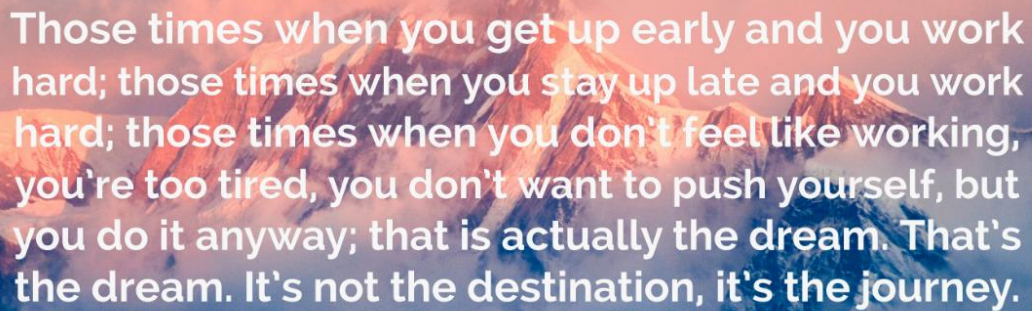
TR: the experience roughly happened several years ago, while I began my college life as a freshman; while I received a very special cake during my birthday celebration.

D: at first, I was lonely and homesick, since it was my first time living in a dorm with my new classmates; and given that i was not used to living away from my parents, i missed my home and old friends all the time; and even when it comes to my birthday, I decided to be low-key without any celebration; but surprisingly, my roommates somehow discovered my secret, and they prepared a very special birthday cake that was made of a full plate of cupcakes with different flavors, which was really touching; and the moment they began to sing happy birthday to me, I even had tears in my eyes. that is the most special cake that i have ever had.

特殊的蛋糕

PO: eventually, we all became good friends, and since that special day, we had been through all kinds of ups and downs together; every time when i think of that birthday cake, our precious moments could be reminded.





Those times when you get up early and you work hard; those times when you stay up late and you work hard; those times when you don't feel like working, you're too tired, you don't want to push yourself, but you do it anyway; that is actually the dream. That's the dream. It's not the destination, it's the journey.

Kobe Bryant

这个人是科比 Well, the athlete/leader I would like to share with you is Kobe Bryant, who is one of the most well-known basketball players from NBA; 一直追随他 I came to know him from watching NBA live shows on TV ever since I was in my primary school; throughout these years, I have become a die-hard fan of him; meanwhile, I would collect all kinds of things about him, like posters, cards, jersey and sneakers. World tournament; world cup, 他的成绩 As an athlete, he has reached the level that only few can touch; to be more detailed (specific/to illustrate/simply put/in other words/to clarify/by this I mean/by saying this, what I mean is that) , he is the NBA title winner for 5 times and All-star for 12 times, let alone his winning of MVPs and the Olympic championships.

He is the one I look up to for some reasons

永不放弃 Firstly, he is quite tenacious and tough, it is his quote that If I give up, I will pass my opportunity of winning to someone else, I'd rather be the person who can win in the end. In many ways, we are so inspired by that fighting will and spirit. /his fighting spirit is really contagious

早上四点起床 On top of that, his diligence is one of the biggest reason to leave us a lasting impression; it is heard that he is always the first one to come to stadium and the last one to leave, which can be as early as 4 am in the morning; so that's why he one said: love what you do, do it great, and everything you wish for will follow, it is just as easy as it sounds.

And I am really thankful for all those things that have been brought to our life by him.

出名运动员

TR: The experience roughly happened several weeks ago, while I did my neighbor a favor by taking care of her son, and I tried to be patient and gentle when he was really naughty and disobedient/annoying

D: At the beginning, I thought it would be fun and interesting to take care of her son for several hours, since I am fond of kids and I happened to have spare time at home (i said yes without hesitation, since I was fond of playing with kids, and I happened to have spare time at home.)

后来: But afterwards, I realized that I was wrong about my judgment, since her son was really naughty and fidgety, and he wouldn't sit or stand still for just one moment, meanwhile, I felt frustrated, since no matter how hard I tried to play with him, it made no difference, he would be impatient and grumpy不耐烦; gradually, I grew my grudge厌恶 towards him and I almost lost my temper; but on second thought, probably he was just too nervous and unsettled staying with unfamiliar person, and I decided to let my negativity go by being friendly with him.

最后: Eventually, we finally had peace with each other, and my friendliness paid off, we did a range of things together, like playing board game, drawing together and watching TV. And it was such a relief when he was picked up by his mom, and the whole experience is really impressive.

My bottom line was that he wouldn't get himself hurt, and I just kept an eye on him.

I was finally off the hook 摆脱了困境

善待不喜欢的人