exciting, thrilling 刺激的、令人兴奋的

reality 现实

couldn’t be further from the truth 大错特错

on the ground 在现场、在实际生活中

middle-aged 中年的

elderly people=old people

pay well 薪水高

earn a big salary 赚高薪

go on a trip 去旅行

quality of life 生活质量

provide sb with sth 给某人提供...

lifestyle 生活方式

sad 悲哀的