honestly 实话说

… from now …之后

keep sth in mind 记住…

for the rest of one’s life 在某人的余生

the only thing that doesn’t change is change itself 唯一不变的事物就是变化本身

come across sth 偶然碰到…

be passionate about sth 对…很有热情

the course of sth …的进程

take a dramatic turn 戏剧性的变化、转弯