

## 直播课 Day 5

今日摘要：

1. Part2 迷思
2. 总体答题思路
3. 语言组织技巧
4. 具体每一段落展开思路
5. 人物类、经历类和事物类话题素材解析

一、 关于 P2 的几点迷思。（课前预习，day5 大礼包 附件1 必看）

### 二、P2 总体答题思路

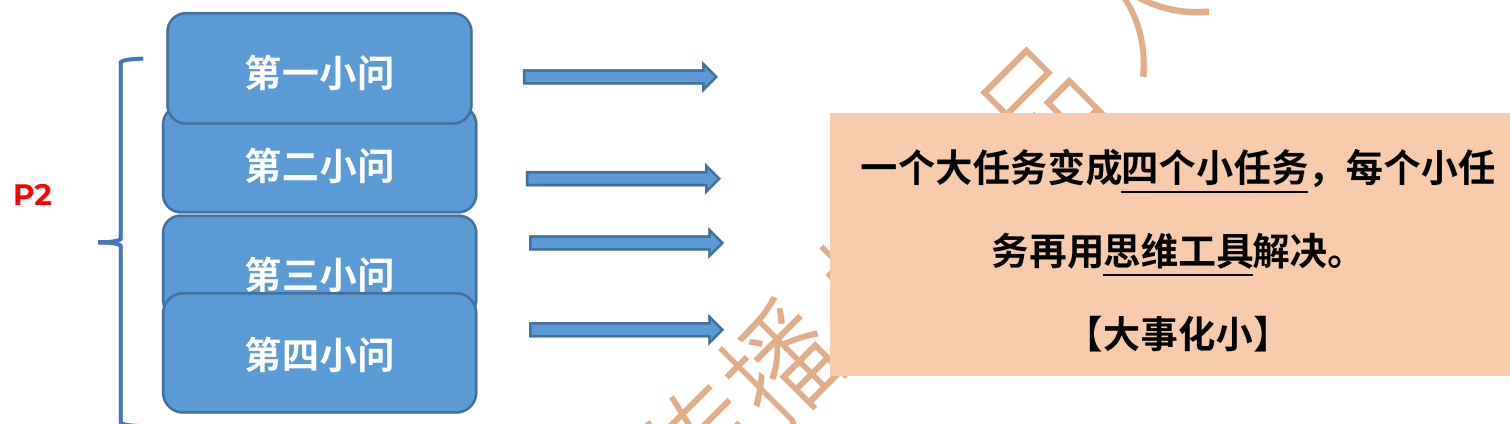
1. 按照故事顺序来自然展开
2. 四转大法 （适合“干燥”的话题）

既，结合 cue card 上四个小问进行逐一回答。

注意：无须四问都覆盖；更无须按照顺序回答。

选择方法 2 的几点原因：

- 逻辑结构清晰，考官听着很舒服
- 避免自己忘记要说什么，避免无话可说
- 简化工作，同时真实性提高很多



### 三、具体语言组织技巧：提示语，方便考官理解内容，非常重要

#### 1. 开头（开门见山最好，不要铺垫他人/这个社会的大背景）：

Ok, so...I'd like to / I'm gonna talk about ....

I'd like to tell you about...

I'd like to share (with you) the story of...

I'd like to share with you a story happened last year.

也可以直接: So, last year, ... (经历题)

## 2. 中间段开头:

As for/ to...+名词/问句/动名词;

In terms of... 就.....而言; Regarding...; talking about...;

Moving on to...;

The reason why...is that...; To answer the question of...;

Finally, +以上开头...

Anyway, ... (用于转话题) 用一次差不多了

当然你也不一定非要强制性使用以上开头方式。记得避免特别生硬的效果。“去痕迹”贯穿始终。

## 3. 结尾:

**So yeah, that was/is the story/ experience/ the person/ the time/ the place...., thanks for listening/ thank you (for your time).**

**That's pretty much everything/ the story/ it, thank you!**

**四、每一段展开思路（前四天的 p1+p3 联合打法都可以借鉴）**

**1. WH 法：**

例如：

**As for where this restaurant is, it's located in the south of my city (地点), not far from the city centre. I always go to this restaurant with my parents, on weekends, on birthdays, or on some special occasions, like traditional festivals or my parents' wedding anniversary. It's got a really nice and inviting environment, and food is amazing. It's our favorite spot in the city.**

**2. 阐述原因 + 分层展开**

**We did ... because...**

**The reason why ... is that...**

例如：

**The reason why I want to grasp cooking skills is that I'm planning to study in the UK this year, and I want to be able to**

feed myself when I'm there. Growing up as the only child in my family, my parents have been spoiling me (宠爱) **so much** **to the point that** I've never cooked in my life. All I know about cooking is making instant noodles (泡面) and ordering takeout (点外卖).

The reason why I loved this show was that, **first**, I learned a lot through watching it. I got to learn so many things that I wouldn't be able to learn from school. Some of the questions were so random (随机) and bizarre (怪异). It was really informative and educational. **And then**, at the same time, it was entertaining, as the TV host was very funny and witty (诙谐). And also, seeing those contestants falling down and just disappeared was very fun. I always laughed when I saw that happen. **And finally**, each time when I watched this show with my parents, we really enjoyed each other's company (享受彼此陪伴) and the quality family time (高质量家庭时光) together. It was like our little schedule every week. That was something really beautiful to have.

**3. 列举、举例子、讲故事** (通过故事表述某个人物的性格或者某个事物的属性)

例如:

**(讲故事)** She was a kind and generous person. She had a heart of gold (金子般的心). She was the kind of person that I

could count on (我能指望得上的人) . I remember one time (举例子) , my mom went on a business trip (出差) , and I didn't have my snacks for school as she was the one who prepared it. So, Wei got extra snacks for me every day for two weeks. I was very touched by that gesture (举措、姿态) .

(具体讲故事还是要短小, “人物题”里面通过具体例子展现性格特色, 篇幅不宜太大, 否则就变成了“事件题”)

#### 4. 思维分层 (尤其用在最后一问, 很好上手)

我们先来看看 P2 的最后一问都长什么样。

You should say:

How you felt about it? How you like it? Why it is important?

Why you think it is interesting? 感受、观点类的

如果前三小问没有太多的可说的, 可以在最后一问的回答上大做文章。

具体展开思路:

① 具体感受, 细节描述内心戏, 也可以讲述原因..I felt...because....1,2,3... (罗列原因)

例如：I felt very moved and loved when I received the gift. First, I could tell that my boyfriend must have spent a lot of time and effort making this gift. I really appreciated his romantic gesture. For me, a handmade gift like this is so much better than a gift bought from the store. It's not about the price tag, but about the love and thought behind the gift. And then, nowadays people are losing their patience for making DIY gifts, because it's too time-consuming and energy-consuming. Therefore, in a time like this, my boyfriend's romantic gift seemed to be even more precious and rare.

② I felt that I learned so much, (what did I exactly learned?) 1,2,3... (罗列)

First, I learned public speaking skills and PowerPoint slide skills from her. Her PowerPoint design was simple, professional, and powerful. And her presentation skills blew me away. And then, I paid a lot of attention to the way she communicated with our team members. She really inspired me with her strong interpersonal skills. I learned how to be a better communicator in teamwork. And finally, I saw a lot of perseverance in her. She never gave up on making things better and improving the quality of the outcome. She was a perfectionist.

③ 想法、状态的改变：before this experience, I thought....after this, I thought....I changed my mind. (时间分层)

例如：Before I started doing yoga, I used to be so out of shape (体能状态很差) . I was overweight, feeling tired all day long, and couldn't concentrate well. I forgot things easily... I'm now feeling so much lighter and stronger. I'm in great shape, and my mood is always good.

Finally, in terms of how I felt about it, well, I was feeling bored to death in the first 30 mins. I almost fell asleep. And I hated being stuck in a small space. My neck, my back and my arms were so sore (酸痛) . But later I felt happy that I called my

friend. I wouldn't have called her if there hadn't been this traffic. And because of this experience, I decided that in the future, I would call old friends each time when I get stuck in traffic.

④ From this experience, I realize that... I think I would... in the future. 现在想到了什么, 决定未来要改变什么 (时间分层, 现在 VS 未来)

⑤ Sometimes, ...; sometimes, ...有时候.....有时候..... (分情况讨论)

In terms of what I would normally do in that cafe, well, when I have an exam coming up, I will go there on my own and throw myself into the task. Sometimes I even spend all night there, pull an all-nighter and hit the books. This café opens 24/7, which is really good; sometimes when I'm in a social mode, I will meet up with my friends at the café, you know, just while away the time, enjoy some nice coffee and kick back (放松, 扯淡) .

⑥ 有时候和 XX 人.....有时候和 XX 人 (分群体)

例如: In terms of what I normally do in that cafe, well, sometimes I go there by myself, just to spend some quality time with myself/take some "me" time. This café has a lot of books and magazines, so I'll always select an interesting book and give it a read. The café has an outdoor patio, sometimes I'll sit on the patio, sipping my coffee, and watching the world go by. Sometimes I visit this place with a couple of friends. We will catch up with each other, and gossip about all kinds of things.

⑦ 大众的看法, 对比我的看法: (主流观点 VS 自己观点)

例如: As a matter of fact, she's famous for writing her love stories into her music. Some people hate it because they think



it's over-sharing (过度分享) . I personally love it because that's just who she is. She's open and honest like that.

(这不就是思维分层法么? !是的!!)

**【人物题】答题要点:**

1. 不需要提长相 (除非像是“一个好看的人”那样, 和长相关系密切的主题);
2. “四转大法”是最简单的答题结构, 越是没可说的时候越是要充分利用题卡。

**3. 人物题主题细节各不相同, 重复率比较高的小问分别是:**

① Who this person is

② How you got to know this person

\*展开思路:

- 这个人是谁, 往往会在第一段开门见山就介绍, 如:

Today, I'd like to talk about XXX, he/she was my classmate back in university/ is my cousin, and we've known each other for many years/ since forever.

- 之后, 可以介绍两个人的交情, 展开思路之一, 如:

女生: We were really close back in the days. At that time, we spent every day together. We were like twins/sisters, inseparable. She was there when I was pouring my eyes out after a bad breakup. I was there for her when she was going through the darkest time in her life. We had an amazingly strong connection/bond.

男生: We were like brothers, inseparable. I remember we spent so much time together after school, shooting some hoops, joking/clowning around on the street, playing pool in bars. We really enjoyed each other's company.

- 如果有相识的特别故事，也可以介绍一下，尤其是能突显当事人性格的细节：

We met each other in university. The first time I saw her, I saw bright colours. She's the kind of person who's not afraid of trying bold colours, even sometimes it might be a little over the top. I remember she was wearing neon yellow, bright orange and green, and the colour contrast (撞色) really made her stand out from the crowd (鹤立鸡群).

(如果是名人，还可以介绍你当时接触其作品时的感受)

The first time when I heard Billie Eilish, I was driving my car and listening to the radio. And then suddenly her song came out. It captured/grabbed my attention, and touched my heart. Her voice is very unique, a little husky (沙哑), a little sad. I like the beautiful melody and lyrics. I feel that I can relate to her lyrics. Sometimes when I listen to her music, I feel like we can become best friends because we really think alike.

### ③ What this person is like (这是一个什么样的人，性格特色)

\*展开思路：要挑选针对主题的内容来说，而不是想哪儿说哪儿，无用信息满天飞。

一般使用“罗列法”

### ④ How you feel about this person

\*展开思路：最后一问最好办了，借鉴之前说到的思维分层法展开方式。不赘述。

**Describe a person who inspired you to do something interesting (激励你做有趣事情的人)**

**You should say:**

**Who he/ she is**

**How you knew him/her**

**What interesting thing you did**

**And explain how he/she inspired you to do something interesting**

可以是某个有趣的人启发你也去做了有趣的事，可以是小事比如潜水、蹦极、滑雪、上台表演，也可以是人生事件，出国上学、辞职、跨国搬家。

知识点：

启发他人的人的形容词：

- **Inspirational/inspiring** adj.启发人心的
- **Motivational** adj.给人提供动力的
- **Source of inspiration** 启发的来源
- **Motivator** n.给人带来动力的人
- **Mentor** n. 同上。人生导师，启发着。（也值得是研究生博士生导师）
- **Muse** n.缪斯，灵感来源
- **Role model** 榜样

So, today I want to talk about my cousin. She is a few years older than me, and she has always been my source of inspiration.  
I look up to (仰视) her a lot.

We've been best friends since very little. And when we were little, she was always the braver one (更勇敢的那个), the daredevil (冒险鬼). She was never afraid of taking risks. For example, she loves sports, including extreme sports (极限运动). So, she is good at skateboarding, skiing, surfing, all kinds of cool sports. And she was the reason why I went Bungee

**jumping** (蹦极) . She's truly **motivational and inspirational** for me.

And, one thing she inspired me to do which was truly interesting and brave was, traveling alone. So, my cousin travels by herself **from time to time**, and one time, she told me that “Only when you are on the road alone, can you truly learn things about yourself. Traveling is a journey inward. (内在方向的精神世界旅行)” That speech really hit me (打击点击到我) . I never saw it that way. Traveling for me, was always about being with family and friends, and going to places. But **the way she put it** was so cool (她当时的形容方式真的很酷) . And that's why I decided to **go on a trip on my own!**

I went to Yunnan Province alone, and spent 1 month there. During that time, I talked to so many people. Travellers like me, local people, so many of them. **I found it easier to make friends with people** when I traveled alone, as I was lonelier, more desperate and thereby braver. And through those conversations and interactions, I did learn more about myself. I learned things I enjoyed talking about and didn't enjoy talking about. What kind of people I liked and disliked. My cousin was right, it WAS a journey inward.

So, yeh, that's my cousin, and that was the interesting thing I did **thanks to her**. Thank you!

**Describe a family member who you want to work with in the future (未来想要一起共事的家人)**

**You should say:**

- Who he/she is

- **Whether you worked together before**
- **What kind of work you would like to do with him/her**
- **And explain how you feel about this family member**

这个家庭成员可能是一个很有责任心的人、很有创造能力的人、很有艺术细胞、很会处理解决事物，可以挑选一个或者多个特质来进行深入阐述

知识点：

#### 1. 有责任感、靠谱的人：

- **a responsible, reliable, countable, honourable, sound person**
- **a person with great integrity**
- **a person you can trust**
- **a person you can count on**
- **a model citizen**
- **set good example for other citizens**
- **a standup guy**
- **a man of good character**
- **socially responsible**

#### 2. 有创造力的人

- 有想象力的：**imaginative, full of imagination**
- 有创造力的：**creative, inventive, ingenious, innovative**

- 有原创力的: **original**
- 很有艺术创造力的: **artistic**
- 有才华的: **talented, gifted**
- **have a creative/unique mind**
- **have a light-bulb moment:** 恍然大悟的一刻 (灯泡时刻)

### 3. 很会处理问题的人

- **rational** 理智的
- **resourceful** 足智多谋的, 资源丰富的
- **a problem solver/fixer** 一个解决问题的专家
- **a person who can think outside the box:** 发散思维的人
- **a person with endless ideas:** 有各种层出不穷的点子的人
- **a person who can always find the root of the problem** 一个总是能看到问题本质的人
- **a person who can see the bigger picture** 一个有全局观的人

- **the go-to person** 一有问题，大家第一个求助的人（go-to 表示首选，my go-to snack 我的首选小零食，my go-to music 我的首选音乐）
- **wizard (a computer wizard, math wizard...)** 巫师，很聪明很会处理事情的人
- **a can-do person** 一个愿意做事、愿意解决事情的人
- **a troubleshooter** 能把问题都射下来的人，解决问题小能手
- **He can always make it happen** 他能让一切发生

So, I would love to work with my cousin one day. I'm pretty sure I could learn a lot from working with her.

She's a very artistic person, definitely a person with a unique mind. She is studying Visual Art (视觉艺术) in university.

I've seen her works (作品), they are mind blowing. She's so talented and original in art. It's like she knows exactly how to use art as a tool to express her inner emotions and thoughts. I really enjoy talking to her about art, music and life in general. Her way of seeing the world is always so different from mine, which is definitely an interesting thing for me. During COVID, when we were all under the lockdown, she created several paintings to document this whole process. You see how artistic she is? People complain and complain, she just paints and paints.



We've never worked together before, this is just something I'd like to experience one day. One day, if we could work together, it would be the most fun experience. Since I'm studying Advertising, and she's studying Visual Art, our fields definitely could cross paths (道路相遇) somewhere. I can definitely pick her brain (从他人那里获取信息、想法、灵感) and get some inspiration.

And you might assume that working with her might be a painful experience as many artists are very irresponsible and untrustworthy, but not with my cousin. She is like the perfect combo (完美的套餐), creative and reliable, talented but not cheeky (得意洋洋, 有点目中无人的感觉), she can definitely think out of the box, but she doesn't daydream (做白日梦), definitely someone you can count on.

On top of that, she's a problem solver! Not like some artists who only know how to create art but very clumsy in other things in life, my cousin is a fixer. She's a creative engineer, always can see the root of the problem.

Now, I guess, after my description, everybody wants to work with my cousin! Haha! She's the best!

**Describe a friend you like to talk with (喜欢一起聊天的朋友)**

**You should say:**

Who he/she is

What you like to talk about

Why you like to talk with him/her

**And explain how you feel about this person**

**I want to talk about my best friend Jessica. We met each other over a party, and hit it off immediately.**

**She's a few years older than me. I see her as my best friend, and also someone who can inspire me and teach me about many things, like a teacher. I like this kind of friendship. I feel that I can learn a lot from our conversations.**

**In terms of what Jessica and I like to talk about, well, basically anything! We are on the same wavelength (同一个频道),**

**and we totally get each other (特别懂彼此). Talking to her is like the easiest thing in the world. We both love working out,**

**so we talk about fitness, diet, how to train better, and also different sportswear brands (运动服品牌), things like that. We**

**both are members of the same gym, so sometimes we work out together at our gym. I really enjoy those chitchats at the gym. And what else, we are foodies and love cooking, so sharing recipes and talking about the food we like, is another thing we love to do. Sometimes, we talk about our future, our career goals, and life, She really inspires me with her wisdom**

**and rationality (理智). I really admire the fact that she knows what she wants, and what she doesn't want, so self-collected**

**(自持力, 主心骨), so confident. Sometimes she can really open my mind (打开我的眼界头脑) with her ideas. And what else**

**do me talk about? Oh yeh, of course, we talk about boys. That's like the most universal topic that girls would love to talk about. Jessica is so cool with boys. She made me realize that "you need to love yourself first before loving others". When**

**we talk about boys, she can always crack me up with her sense of humour (她的那份幽默感). She definitely helped me become more confident in front of boys.**

**I feel so lucky to have her in my life. Thank you!**

**【经历题】答题：**

**1.大结构展开思路：**

①可以不用四转大法的方式来解构回答。

真实发生的故事，在脑海中按照故事的发展顺序来真实讲述就好。只要包含到四小问的关键信息点就好（who, when, where, what..）

简单开头第一段之后，可以说：So, the story was, many years ago...之后顺序介绍

（之后会有示范）

②依然按照四转大法来分层展开,不赘述。

**2.具体每段展开思路：**

①故事也可以有背景故事，background story,如：

（工作学习中的建议）I was in a “party mode” every day（每天都是派对模式），and I didn't want to put any effort into my studies.  
I felt that I had a burn-out in high school when I was preparing for the college entrance exam（高考）. So, in the first year  
in university, I didn't try at all, and then my grades were terrible（分数都很糟糕） in the second year. I freaked out（吓坏了），

didn't know what to do. I felt very clueless (没有头绪) and helpless. Eventually, I turned to (求助于) my father for some advice.

② 万能“回忆录”口吻:

I was doing...and suddenly XXXX happened.

如, 社交媒体趣事:

One day I was just scrolling on my phone on a social media app, and I saw someone doing social eating live stream on his account. I was very intrigued, so I clicked on it.

③ 思维分层法里的时间点分层法非常适用:

经历某事之前怎么想, 之后怎么想, 改变是什么。

**Describe a time when you forgot/missed an appointment (失约)**

**You should say:**

**What the appointment was for**

**Who you made it with**

**Why you forgot/missed it**

**And explain how you felt about the experience**

知识点:

形容很丢三落四的人:

- forgetful 健忘的

My dad is such a forgetful person. He's always looking for his car keys.

- unmindful 不注意的; mindful 是注意的
- absent-minded 大脑不在场, 表示很心不在焉的

I'm sorry, I'm a little absent-minded today. What did you say?

- distracted 被分散注意力的

I'm always distracted, and that's why I keep losing things.

Why are you so distracted today? What has got into you? 你吃错药了?

- disorganized 没有组织条理性的, 乱七八糟的
- scatterbrain 名词·表示头脑乱七八糟的人

I'm such a scatterbrain. I always leave my bag behind.

- always loses things 总是丢东西: She always loses her things.

- **forget things easily** 总是忘东西

**I'm the kind of person who forgets things easily.**

- **messy** 乱糟糟的

**I'm such a messy person.**

**My life is a mess.**

**I remember one time I missed a dental appointment (预约), and that was an embarrassing experience.**

也可以说各种预约

**-massage appointment** 按摩预约,

**-appointment with a specialist to solve my hair loss issue** 脱发咨询,

**-facial treatment appointment** 美容预约

**As for what the appointment was for, well, it was just a regular check-up (常规检查) for the teeth and plus a teeth cleaning**

**(洗牙). I had reserved the date with my dentist (牙医) and hygienist (洗牙师) one month prior to the appointment. But then, I completely forgot about it!**

**Normally, I'm not a super forgetful person. I mean, sometimes I get a little distracted but I'm a responsible person in**

general. I almost never miss those important appointments and events. But the reason why I completely forgot about that dental appointment was that I didn't set the reminder on my phone.

That same month, I was extra busy with my work/studies. I was completely snowed under with all the tasks. Therefore, I wasn't mindful enough to set a reminder on the phone in the first place. And then of course I would miss the appointment. I'm not a computer!

On that day, I almost jumped out of my skin (吓到诧异到灵魂出窍) when getting a phone call from the dental clinic. "Oh shoot!!!" I said on the phone. I felt so embarrassed and guilty as I kept the doctor and the hygienist waiting for me. That is the last thing I want to do, which is wasting other people's time.

So, that was the story, thank you.

**Describe a problem you had while shopping online or in a store (糟糕的购物)**

**You should say:**

**When it happened**

**What you bought**

**What problem you had**

**And explain how you felt about the experience**

讲网上购物比较容易一些。比如物品寄来和照片不符合、质感很差、或者大小尺寸都不对，等。

**知识点:**

- **come across a website** 偶遇一个网站
- **click on the website** 点击了网站
- **leave the website** 离开网站
- **order** 下订单
- **confirmation email** 下单确认邮件
- **parcel/package** 包裹
- **branded clothes** 有牌子的衣服
- **looks nothing like the picture.** 一点都不像照片里的

**This shirt looks nothing like the picture on the retailer's website.**

- **The quality of fabric is so disappointing.** 布料的质量很令人失望
- **The shirt is stiff and uncomfortable.** 衬衫很硬很不舒服
- **receive the wrong thing** 收到错误的商品
- **receive the wrong size** 收到错误的尺寸



- shipping fee 运费
- free shipping 免运费
- true to size 尺码很正

Clothes on that website are all true to size.

- ask for a refund. 申请退款
- return 寄回
- ask for an exchange. 申请换货
- review 客户评价
- customer service 客服

That retailer's official website has really poor customer service.

- customer service representative 客服代表

So, I consider myself an expert on online shopping (我把自己视为在线购物的小专家) . It's easy, fast and convenient. You can order almost anything you like at your fingertips and have it delivered to your door just in a few days. But even an expert

like me could get burned (吃亏、上当、受损、受骗) sometimes.

(get burned 也有在恋爱里受伤的意思。I got burned so many times in relationships. 另外 get burned out 是工作上透支、燃烧殆尽、累觉不爱的状态)

It was a month ago. I was browsing online and trying to find some clothes for work. I came across an online shop that seemed legit (正规的), and I loved everything they were selling. I very quickly ordered some shirts/blouses/pants for work.

The prices were incredible. It was like a steal (便宜得跟偷来的似的)! And what was even better was that it was free shipping! I love websites with a free shipping policy!

The package arrived at my door in two days, which made me very happy. I tore the package open (tear sth. open 撕开) with my bare hands (不用工具, 纯粹用手撕). Yeh! That was how excited I was! And I started to try the clothes on. However, I was very disappointed.

All of the clothes were of bad quality. The shirts/blouses were stiff and uncomfortable. The fabric looked and felt cheap (布料看着和摸着很廉价). They look nothing like the pictures online. And the pants were not true to size at all. I mean I usually wear size L, and I couldn't fit in their size L at all.

Luckily, I called their customer service and asked for a full refund, they said no problem. So, I returned everything, and got my money back eventually. This experience told me that I need to be more careful when shopping online. It's not always

**a good experience.**

**That was the story, thank you!**

总结:

**Part2 考点 (得分点):**

1. 结构清晰 (题示语的作用)
2. 相应的话题语料 (collocations, phrasal verbs, idiomatic expressions, natural English...)
3. 时态准确性
4. 可懂性
5. 切题 (最忌讳半天无法切入正题, 算作跑题)