

直播课 Day1

今日直播课内容摘要：

1. 雅思考试误区修正；学习方法建议。
2. P1 真题解析 (**meeting places, doing sports, art**)
 - 录播课第一节：考试流程时间介绍、打分标准详细解析、经典误区修正
 - 录播课第二节，必考题逐一攻克（工作或学习、住宅、家乡）

一、 雅思口语主要误区

雅思考试的误区，我们来通过做真题来感受一下，认识上的错误。

- ① 误解一 (**Memorizing the script in large chunks before the exam**) :

认为雅思口语考试就是背素材大比拼。于是：狂背素材，考场上疯狂输出，不求甚解，浮于表面
结果反被扣分惩罚（往往 6 分以下），因为不是真实水平的体现（所谓的“压分”）

② 误解二（Translating everything from Chinese to English）

把想到的中文内容，机械翻译成英文。导致：逻辑不通，表达不地道，照样低分

- 怎么办：输入→输出。
- 要学会用 思维 迁就 语言水平。“所说即所想”。
- 从今天起，只说自己会说的，而不是去说自己想说的。“打好手里的牌”。

（把整套课程的语料消化掉一半都足够支撑口语考试）

详情见今日 Day1 大礼包 附件.8：视频 “学习口语的秘密”

③ 误解三：

认为考试时回答“是”和“否”就行，一两个词干巴巴地打发考官，而且认为必须“就事论事”，不能编内容。 你需要在自然的、顺应语境的前提下，稍微延展一些内容。给考官更多机会打分。当内容太复杂的时候，也要学会简化内容，增强可理解性。

- 怎么办：输入→输出。学习如何收放自如地说话。

- **Where is your favourite place to meet with your friends?**

- 误解一回答：

Well, talking about a place to meet with friends, it is very essential for people to spend time with their friends in order to strengthen ties. Meeting with friends can relive stress and increase people's mood. Therefore, it is very essential to visit friends

every once in a while. And I'm no exception. When it comes to my favourite place to meet with my friends, it is at school.

- Part 1 大部分情况下是在问“你”，扯远了算跑题。考官不耐烦的原因之一。
- 说了半天也没提到的具体内容，迟迟不肯开始答题
- 华丽而不接地气的表达，把自己掌握的最“高大上”的书面表达生硬地堆砌在一起。

比如 **strengthen ties** 一般只有在形容国家、合作机构、战略伙伴之间，才用到(bond with)

- 误解二回答：

KTV 怎么说？电玩中心怎么说？

I like meeting my friends at KTV...and...piu piu piu center.

Karaoke bar; arcade center

- 打好手里的牌，考试时候会说什么就说什么
- 转述的意识 paraphrasing

比如，The book was thought-provoking 不会说，改成 The book made me think a lot.

- 误解三回答：

I meet my friends at parks very often. I like parks.

还是要说一些可以展示语言水平的表达。

更好版本的回答（参考）：

① **My favourite place to meet up with my friends is this park in my city called Yuyuan Tan. It's a place where we can take a walk together, get some sun (晒晒太阳), and get**

some fresh air (透透气). It's such a peaceful place that helps us blow off the steam, get away from the hustle and bustle (远离喧嚣), and also we can have a nice heart-to-heart conversation (来一场心贴心的对话). It's my favourite spot to meet up. (原因, 细节)

喜欢这个公园的原因，以及细节性描述。

可以同时回答以下几个问题（“通用型语料”的积累）：

- Where is your favourite place to sit? (p1 Sitting down)
- What kinds of things are boring to you? (p1 boring things)
- What sports do you like? (p1 doing sports)

(参考 QQ 群文件 0 号文件夹，公开课“懒人备考秘籍”1 和 2)

② I love meeting up with my friends at Hou Hai. It's an area in Beijing. This place is

full of relaxing dive bars (慢摇酒吧) and quiet hole-in-the-wall restaurants (很小的不好找的低调的小馆儿) . Night life in this area is mainly about outdoor beers and street food, and accompanied by/with live music (伴有很多现场音乐) . It's the perfect place to chill out with some friends. (原因, 细节)

A. 素材怎么学 (以上题素材为例):

第一步: 总结素材里实用的表达 (拿到更多牌)

1. 关于“放松”的表达: **blow off the steam, get away from the hustle and bustle, chill out**
2. 关于“休闲娱乐”的表达: **take a walk, get some sun, get some fresh air, have a nice (heart-to-heart) conversation, dive bars, hole-in-the-wall, night life, outdoor beer,**

street food, live music

3. 动词和名词搭配: GET some sun, GET some fresh air, HAVE a conversation,
4. 地道且“小众”(less common)的表达: heart-to-heart, spot, hole-in-the-wall
5. 介词使用: meet up with

第二步: 内化。通过造句练习, 自言自语, 开练!

1. 针对“单词、词组”进行内化练习: 例如 chill out, blow off the steam, hole-in-the-wall, ...
(看着这些词组片段, 脑海中想象着画面)
 - 你说: I've been so busy lately. I feel swamped and stuck in my life. Sometimes I force myself to go to the gym, to blow off the steam and chill out a little.

- 你又说: I really need to chill out. I've been working non-stop for hours.

增加对单词、词组运用的灵活性,做到举一反三。

2. 针对“句型”进行内化练习: 例如 “It's a place where we can take a walk together, get some sun (晒晒太阳), and get some fresh air (透透气) .

- 分析句型结构: It's a place where you can.../we can.../people can...
- 你说: This café is a place where people can have a delicious cup of coffee, listen to the music and have a heart-to-heart conversation with their friends.
- 你又说: Our school library is the perfect place where I can read and study for hours without getting distracted.

第三步：举一反三，延展学习（更上一个台阶的自主式学习）：

1. 收集放松的其他表达：unwind, wind down, slow down, rest, have a rest, put my feet up, let my hair down, take my mind off things, mellow out, decompress, take a breather, loosen up, chill, chillax, ...

...relieve stress（中国学生最爱用的） It's indeed a stress reliever.

（拓展学习的内容，可以通过在整套课程里别处总结提炼，平日看各种视频、资料的整理、收集、归纳、逆向笔记；也可以在网上寻找(www.Bing.com) 搜索现成的答案。如 “synonyms for XXX”, “different ways to say XXX”, “English vocab for XXX”)

2. “放松”的表达学会了，那么类似的“重启/获得能量/焕然一新”怎么说呢：

- 休息后重启: reboot/ rejuvenate/ recover/ reenergize/ revitalize/ recharge (one's batteries) / boost energy/ gain my energy back/ ...
- 自我保养宠爱: take good care of myself/ practice self-care/ take some “me” time/ spoil myself/ pamper myself

<https://www.wikihow.com/Main-Page> 学地道表达的推荐网站/app

YouGlish 发音和表达学习

B 站: English with Lucy; Rachel's English; EngVid; Learn English with TV series;

我的微博频道: 张延 tara; B 站: Tara 阿姨; 小红书: Tara 阿姨/张延 Tara

答疑来微信找我

B. 表达思路怎么学：

从一开始就通过学习语料，培养英语的思路语感。思路是寄托在语料里的。

- “我不上相”： *I'm not photogenic. (6 million)*

I look bad in photos! (9 billion)

I never look good on camera! My camera hates me!

- “我跳舞跳得不好”： *I don't dance very well.*

I'm a terrible dancer! I'm not a good dancer at all!

- “他可能不会来了”： *I think maybe he will not come.*

I don't think he's coming.

从根儿上去除中文的方法其实就是大量输入西式表达，模仿背后的思路。

C. 直播和录播怎么学（或者任何英语视频学习资源）：

How to improve your oral English?

1. 听 model answers

2. 跟读+复述（注意力放在节奏、语音语调、逻辑重音上，努力模仿）

Goal: better intonation and fluency 发音和流利度的提升

3. 研究 model answers 的素材+造句练习

Goal: learn new words in context 词汇和表达的提升

4. 带着理解，再次复述，这一次改变其中的一些关键词，尝试加入自己的灵魂

Goal: become more flexible and fluent 灵活度提升

My favourite spot in the city to hang out with my friends is this bar near school. It's like a dive bar, nothing fancy. But it's a relaxing environment. **It's a place where I can**

blow off the steam after a long day, and just chill out with my friends. Sometimes they have live music there. It's a nice place to kill the time.

5. 录音自己的语音，并回听。

Goal: self-correction and improve 自我纠正的能力提高

Listen->repeat->practise->listen back

D. 英语学习的重要态度：“repetition”

反复回看+反复说 (to build a long-term memory)

①增加流利度 (muscle memory) ②解决句型问题 ③语法错率会降低 ④培养语感

前期练习时，速度可以放下来。野心放低 **Don't be too ambitious.**

- **Do you think there are some places more suitable for meeting with people?**

① **It really depends on what you want.** If you want tranquility, a park, a garden would be **a more suitable location**; but if you want fun, excitement and energy, a bar, a restaurant, a mall would be **an ideal place**. I don't think there's one perfect place that suits everybody. (分情况)

1. **It depends on XXX 要远好过 It depends.**

It depends on the situation; on the individual...

2. **I don't think (that)....**

- I don't think there's one perfect place that suits everybody.
- I don't think there's pure friendship between men and women.
- I don't think soulmates exist.

② For me, places like a bar, a café or a restaurant are more suitable for meeting up. Those places are designed for social gatherings. You can have a nice conversation, accompanied with food and drinks/while having food and drinks. It's fun. Places that are too quiet and serious are not for meeting people. Like, a library, a book store, something like that. (原因, 举例子)

1. social gathering 社交聚会; get-together 比较不正式的聚会, 小小的 party; party 派对;
social setting 社交场合; social circle 社交圈; circle of friends 朋友圈子

"Are you having a party?" "Nah, just a few people over. it's just a little get-

together."

2. be accompanied with 一般加物品（伴随、附赠）

be accompanied by 一般加人（陪同）

3. too 和 very/so 的区别

This house so big! I love it!

This house is too big for my taste. It's hard to clean up.

（特殊语气）You look stunning tonight, too beautiful to be true.

- **Are there any differences between your favourite meeting places in the present and in your childhood?**

Yeh, for sure. When I was little, I always met my friends at the school playground or the mall. We didn't have too much money to spare, so we just killed our time (消磨时光) on the playground, or browsed around (闲逛) the mall; but now, of course I can't go to the school playground anymore, and I feel embarrassed to just roam around (闲逛) the mall without spending any money. So, I normally go to a bar or a restaurant with my friends nowadays. (时间分层)

1. Have time/money to spare

2. kill (the) time 消磨时光; 打发时间 (在等待某事的时候)

while away the time; pass the time 同上

3. browse 浏览, 随意看看 browse around; look around/ roam around; wander around

"Can I help you with anything?" "No thank you, I'm just browsing!"

***再来看关于其他 P1 的题，积累一些日常语料并学习举一反三**

***Doing sports**

- What sports do you like?

① I love playing all sorts of ball games (球类运动). Tennis, badminton, Ping pong, you name it. **I find them so interesting.** They are physically challenging (很消耗挑战体能) and involve a lot of skills and techniques. I get fully relaxed and drained by playing ball games. (原因)

1. ball game 球类运动

2. You name it. 诸如此类的，你随便举例子吧，说一个是一个

3. **physically** 动词 ing/动词被动式; **mentally** 动词 ing/动词被动式

physically challenging 充满生理挑战的

physically challenged 生理被挑战的 (往往指的是残疾人)

mentally draining 精神上透支他人的, 劳神的

mentally drained 精神被榨干

4. 句型一: **I find +adj. = personally I think** 但是语气更柔和, 更有情商

I find Tara's course a little difficult.

I find Justin Bieber a little ugly.

I find it hard to make a conversation with Tara.

② I don't know if it counts, but I go to the gym to work out on a regular basis (规律性健身) . That's the best way for me to stay in shape (保持好的状态) and keep fit.

Working out definitely helps me blow off the steam (减压) after work/after school. It definitely boosts my confidence (让我自信激增) . Each time after a workout, I always feel like the hottest guy/girl in the world (每次健身之后, 我都感觉自己是最辣的人儿!) . And plus, I get to make new friends at the gym. A gym is a perfect place to meet new people. (原因, 补充)

1. on a regular basis 定期地 on a daily basis/on a day-to-day basis
2. stay in shape; keep fit; keep in shape; out of shape; get back in shape
3. boost/build/increase confidence 增加信心的 collocation 搭配

4. meet new people 结识新人 很有气质的说法

5. guy (~~boy~~) & girl; man, guy, a young gentleman, ~~dude~~ (考试别用)

6. 句型二: is the best way for someone to ...

Reading is the best way for me to improve my vocabulary.

③ I love running. I go for a run every day in the morning before going to work. My favourite place for running is the botanical garden near home. Each time when I run there, I could get some sun, listen to birds singing, smell the flower fragrance in the air, just get closer to nature. It's the best way for me to start the day. (WH

法)

1. go for a run/walk/hike

2. 一系列休闲娱乐相关的“通用型：语料：

get some sun; listen to birds singing; smell the flower fragrance; get closer to nature...

-Where did you learn how to do it?

①My parents used to love playing Ping Pong and badminton. They taught me how to play those games when I was very young. We used to play on the playground, near my home, in the evening after dinner. **My passion for ball games started from there,** and now, I love all of them. (WH 法，时间分层)

1. Be used to sth.习惯于 / used to do sth.曾经常常做

2. 句型三: My passion/love/obsession for ...started...

My passion for art started relatively late.

② Nobody taught me how to run. I guess it's like a human instinct, right? When I was little, I used to run with my best friend all the time. It was like, we didn't know how to walk properly. In stead of walking, **we ran to places, as if there was some animal running behind us** (我们当时好像不会好好走路一样, 去哪儿都是跑着去, 仿佛有动物在追我们)。(细节)

3. As if...就好像是.....一样

She behaved as if he wasn't there.

③ **My best buddy (好哥们) / best friend introduced me to the world of fitness** (带我走去了健身世界) . He took me to his gym, and helped me sign up (帮我注册了会员) . He showed me how to do weight-lifting (作力量训练) , how to train my legs, shoulders, and arms, how to use different machines, things like that. Thanks to him, I became a gym freak as well. (细节)

1. 句型四: Someone introduces someone to the world of...

Tara introduced me to the world of English!

2. sign up (for)注册 and sign in 登录

I want to sign up for your course.

3. go weight-lifting 去举铁; do weight-lift 做举铁训练; 还有一系列和健身有关的表达在

qq 群文件 (音频词汇集 2 号文件夹)

gym freak/ gym rat/ fitness freak

***Art (美术) (9 月之后考试的学生可不听)**

- Do you like drawing?

① No, not really. I know my limits (我知道我的限制与不足) : art is not my thing. I have 0 talent in drawing (画画 0 天赋) . I draw like a 5-year-old (画画像五岁小孩子) . So, no, I definitely don't enjoy drawing, as I feel frustrated and a little humiliated by myself.

(原因)

1. 句型五: XXX is not my thing. 特长

This is my thing.

I have a thing. I don't like people being late.

This is a thing in China. You exchange red pockets during Spring Festival.

2. Have talent in...

② I like drawing because I'm quite good at it, and **I find it really relaxing for me.** Every week, I'll draw a little something for fun. Sometimes I draw a little watercolour (水彩), sometimes I do a little colour pencil (彩铅). It depends on my mood. (分情况, 细节)

③ I've always loved drawing and sketching things. But sadly, I've been too busy to keep/enjoy this hobby. I haven't done it in ages. One day, when I have more time on

my hands, I would draw more often for sure. There's something special about drawing that can really lift my mood, and cheer me up. (先抑后扬)

1. Too...to...太.....以至于不能.....
2. Haven't done sth. in years/in ages/forever
3. 句型六: There's something about ...一种说不清道不明的特质

"used for saying that someone or something has a particular quality but you are not certain what it is

There was something about his face that reminded me of my uncle. But I couldn't put a finger on what it was.

There's something about Christmas that makes everyone behave like children.

there is something strange/peculiar/funny etc about:

There was something rather strange about the way he talked."

4. Lift one's mood/ cheer one up 提升情绪

- Do you like going to the gallery?

①No, not at all. I'm 0 artistic (一点艺术家气质都没有). I just don't get art (不理解美术).
I don't get it. I don't feel it (感受不到), and I don't feel connected to it (连系不起来).
It doesn't click with me (没有正向感应). I feel like an outsider (外来人) when I'm in
a gallery. (原因)

一系列“没感觉”的表达

②I don't really go to galleries that often, but I enjoyed my time being there each
time. However, I'd like to go to art museums more, as there I can see a lot of famous
art pieces all at once, and learn more about art. Galleries are cool, I like them. But it
depends a lot on the taste of the owner. Therefore, I would say, galleries are more

personal. (原因)

1. Art museum 与 gallery

2. I would say...

① I love galleries!!! **I love the fact that** I can find some really unique artists and their art pieces in small galleries. Sometimes I can even afford to buy some paintings and add them to my collection (加入我的收藏里). **I'm the kind of person who** can spend all day in different galleries and trying to find artists that I like. (原因)

1. 句型七: I love (the fact) that+从句

I love that I live really close to where I work.

I hate the fact that I live really far.

2. 句型八: I'm the kind of person who...自我定义 “我是那一类人”

I'm the kind of person who has to eat breakfast every day.

I'm the kind of person who can't stand things being messy.

- Do you want to learn more about art?

① For sure. I always want to learn more about art even though I don't know much about it. Still, being knowledgeable about art is a very cool thing. You can understand and enjoy art in a better way, you can talk about art and make more art friends. It's always a good thing to know more about art. (原因)

1. It's a cool thing/ it's a good thing to...

② Always! There're always new things to learn about art. It never ends. Stay humble,

stay foolish. That's my motto (人生名言) . As an art lover, I'll always be curious about art. (原因)

1. XXX lover: art lover/nature lover/ meat lover/ animal lover

- Did you learn drawing when you were a kid?

I guess, everybody did, right? When we were little, every school had art classes. It was part of the compulsory courses (必修课) . I still remember how my primary school art teacher taught us how to draw all kind of animals, a lion, a tiger, a horse, and a dog. Everybody learned drawing when they were kids, no matter it was in-school art classes or extra-curricular classes (课外班) . (细节)

今日总结

短期内提分的本质是什么？通俗来讲：

说话逻辑合理、思维切题，针对话题有地道表达。能说人话。Easier said than done

- ① 话题语料的收集，减少口语表达的盲区。
- ② 针对话题的观点+输出观点时的逻辑框架；
- ③ 思维降级的意识，用思维去迁就语言。打好手里现有的牌，而不是去创造语言。（整套课提供了大量的简单表达，你需要细心收集，学会借鉴如何化繁为简，内化+模仿。学会举一反三，灵活出牌）；
- ④ 练习的部分必不可少。

整套课程直播+录播反复观看之后，如何拿着素材练习？（直播+直播录像+录播赠课+公开课录像看完之后）

- A. 理解基础上，参照思路和语料，局部背诵（固定搭配）+局部脱稿 现场组织语言。前期可以写关键词
- B. 实在做不到 A，可以背，但请尝试改变每段话的语序，以此来加强印象和理解