



"石马上登机!"



零基础全科雅思课

土豆教育出品



土豆教育

逻辑架构法组织 Part1 答案-1 课程讲义

第一部分 核心内容

一、逻辑架构法则



二、细节——解释原因

1. 3E+3F 公式

3F+3E 公式——六大万能层面	
Feelings	Environment
Family & Friends	Economy
Fitness	Efficiency

2. 3E+3F 关键词

Family & Friends 家人&朋友	关键词：加强/疏离关系
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Feelings 感受/心情	关键词：喜怒哀乐
Fitness 健康	关键词：促进/有害
Economy 经济	关键词：高低
Environment 环境	关键词：好坏
Efficiency 效率	关键词：快慢

3. “Do you like travelling?” 3E+3F 词汇及表达

Family & Friends 家人&朋友	<ul style="list-style-type: none"> strengthen family bond/friendship create lasting memories
Feelings 感受/心情	<ul style="list-style-type: none"> relaxed and delighted recharge my batteries get me away from my daily grind
Fitness 健康	<ul style="list-style-type: none"> decrease the risks of heart attacks make me physically healthier
Economy 经济	<ul style="list-style-type: none"> cost lots of money/expensive boost the economy
Environment 环境	<ul style="list-style-type: none"> damage the environment drop litter
Efficiency 效率	<ul style="list-style-type: none"> transportation time-consuming get behind on my work

4. 逻辑串联

并列&递进关系	转折关系
<ul style="list-style-type: none"> besides moreover 	<ul style="list-style-type: none"> but however

<ul style="list-style-type: none"> • furthermore • additionally • in addition • what's more 	<ul style="list-style-type: none"> • while • whereas
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5. 完整答案

Q: Do you like travelling?

Family & Friends 家人&朋友 + Feelings 感受/心情

Yes, I do, especially with my family. Travelling is a good way to strengthen the family bond. When enjoying a family trip, the smallest occurrences may become lasting memories. What's more, It can easily make me relaxed and get me away from my daily grind.

三、话题应用练习

1. Q: Do you like cycling? Fitness 健康 + Efficiency 效率

Definitely, I am a big fan of cycling. Because it's a great way to keep fit. Riding enables me to exercise every part of my body, especially my legs and abdominal muscles. Moreover, cycling can take me to places very quickly and I'm able to enjoy beautiful landscapes.

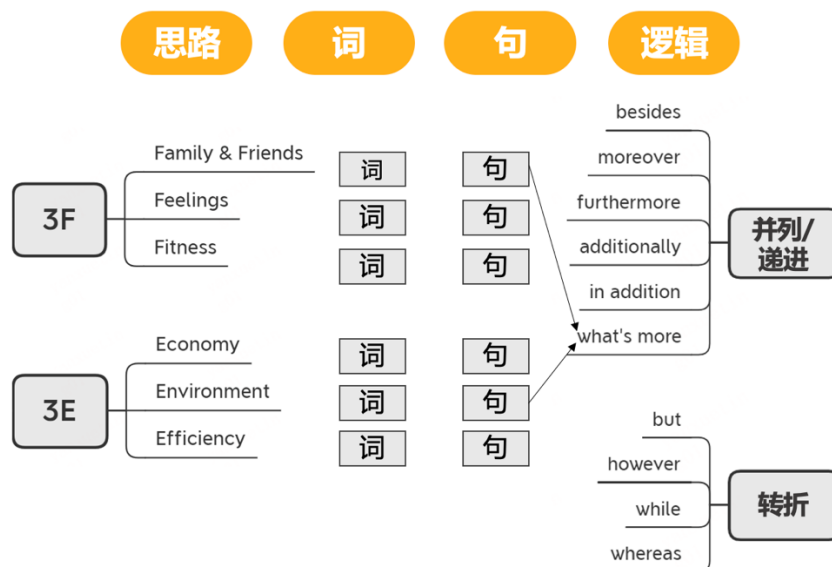
2. Q: Do you like outdoor activities? Feelings 感受/心情 + Fitness 健康

Yes, I'm passionate about outdoor activities. They could reduce my pressure so that I can take a short break from my tight schedule. Furthermore, engaging in outdoor activities is a good way of exercising, which can improve my stamina and reduce the risk of getting cardiovascular disease.

四、小结

1. 使用 3E+3F 公式解释原因，拓展答案细节。

2. 回答逻辑：



第二部分 语言知识

一、单词

strength /streŋθ/ n. 体力；力气；力量；实力

daily grind /'deɪli graɪnd/ n. 日常工作

occurrence /ə'kʌr.əns/ n. 发生的事；事件；遭遇

entertainment /en.tə'teɪn.mənt/ n. 娱乐，娱乐节目；娱乐表演

abdominal /æb'dɒm.i.nəl/ adj. 腹部的

muscle /'mʌs.əl/ n. 肌肉

landscape /'lænd.skeɪp/ n. 乡间，野外；(尤指乡村的) 风景，景色

passionate /'pæʃ.ən.ət/ adj. 情绪激昂的，热情的

schedule /'ʃedʒ.u:l/ n. 计划表；日程安排表；进度表

engage /ɪnˈɡeɪdʒ/ v. 雇用；聘用

stamina /ˈstæm.ɪ.nə/ n. 耐力；耐性；持久力

cardiovascular /ˌkɑː.di.əʊˈvæs.kjə.lər/ adj. 心血管的