

Part2

人

印象深刻的童年朋友

Describe a friend from childhood who you remember very well.

Some instructions you can follow:

Who the friend is

How you met him/her

What you used to do together

And explain why you remember this childhood friend so well.

His name is CongMingXueZhang, which can be loosely translated as Mr. Smart. He is an influencer on DouYin, the Chinese version of TikTok. He creates videos about his studying methods and experience.

Actually, he used to be my neighbor in my childhood. We went to the same English **cram school**, studied in the same English class, and would always go back home together. At that time, he was really **proficient in** English and often shared in class **how to memorize difficult vocabulary in English**. It was so interesting, so intriguing, and it captivated me a lot.

I haven't seen him for ten years and it was when I almost forgot him, one day I saw his videos on Douyin. **The video was about how he managed to remember 1000 words in three days. I mean, come on, that's more than difficult, it's very difficult, it's a daunting task. But, he did it! He shared how he divided these words into different groups, and how he adopted various ways to memorize them, and even how he took advantage of different locations to consolidate the memories. I was surprised to see this, no, I was more than surprised, I was stunned.** It seems the English **genius** is back.

Last month, I managed to **reach** him and we are not chatting almost every day. It is amazing to **re-bond with someone** from your childhood.

主题词汇和亮眼表达：

cram school: 补习学校

proficient in sth: 精通 XX

genius: 天才

reach sb: 联系上某人

re-bond with someone: 和某人再次加深感情

来自异文化的人

Describe someone from another culture (e.g. a friend, a teacher) who you enjoy spending time with.
Some instructions you can follow:
Who this person is
What his/her cultural background is
When and where you met this person
And explain why you enjoy spending time with this person from another culture

His name is CongMingXueZhang, which can be loosely translated as Mr. Smart. He is British, graduated from Oxford, and is also an influencer on DouYin, the Chinese version of TikTok. He creates videos about his studying methods and experience. Last month, he was invited to my college to give a speech, that's how I met him in person.

In the speech, he shared his studying experiences, studying methods, and even life lessons. It's so cool to hear a native English speaker talking about Chinese studying. From his words, you can totally tell that he is so smart, it's like everything in studying is just a piece of cake to him, he is almost, how to put it, omniscient, I guess. The most impressive part was his sharing about how he managed to remember 1000 Chinese words in three days. I mean, come on, that's more than difficult, it's very difficult, it's a daunting task. But, he did it! He shared how he divided these words into different groups, and how he adopted various ways to memorize them, and even how he took advantage of different locations to consolidate the memories. I was surprised to see this, no, I was more than surprised, I was stunned.

This is him, a superman in the academic field, and from a totally different culture. I can learn so many different things from him, not only the authentic English expressions, but also how a foreigner views China and Chinese.

主题词汇和亮眼表达：

Oxford：牛津大学

authentic：正宗的

喜欢打扮的人

Describe a person you know who enjoys dressing well.
Some instructions you can follow:
Who the person is
What job/studies the person does
What sort of clothes the person wears
And explain why you think this person enjoys dressing well.

His name is ChuanDaGeGe, which can be loosely translated as Mr. Fashion. He is an influencer on DouYin, the Chinese version of TikTok. He creates videos about his fashion advice and dressing tips.

Actually, I found out about him by accident. My friend was browsing videos on DouYin the other day, and shared his videos with me. The video, I still remember, was about how to make yourself look much taller, just by wearing different kinds of pants and shoes. It was so interesting, so intriguing, and it captivated me at once, and I started following him since then.

Basically, he shares videos about his comments on different types of clothes, dressing tips, and even life lessons, sometimes. From his video, you can totally tell that he is so fancy, it's like everything in fashion is a piece of cake to him, he is almost, how to put it, a fashion master, I guess. The most impressive video was how he managed to design 10 outfits for 10 different occasions. I mean, come on, that's more than difficult, it's very difficult, it's a daunting task. But, he did it! He shared how he divided these occasions into different groups: formal, neutral, and casual, and how he selected different shirts, pants, and shoes for different occasions, and even how he took advantage of small accessories to light up the whole outfit. I was surprised to see this, no, I was more than surprised, I was stunned.

This is him, a superman in the dressing field. I guess I followed him not only because he is fashionable, but also because deep deep down, he resonates with me, I want to become fashionable, become trendy, and become chic as well. And I believe his videos are going to

go viral on DouYin very soon.

主题词汇和亮眼表达：

fancy/trendy/chic: 时尚的

master: 大师

occasion: 场合

neutral: 中性（程度中等）

casual: 随意的

accessory: 小配件

light up: 点亮；点缀

喜欢种植的人

Describe a person you know who enjoys growing plants (e.g. flowers, vegetables, fruit trees).

Some instructions you can follow:

How you know this person

What plants this person enjoys growing

Where this person grows plants

And explain why you think this person enjoys growing these plants.

His name is ZhongHuaXueZhang, which can be loosely translated as Mr. Flower. He is an influencer on DouYin, the Chinese version of TikTok. He creates videos about his growing flower methods and experience.

How I knew him? Actually, I found out about him by accident. My friend was browsing videos on DouYin the other day, and shared his videos with me. The video, I still remember, was about how to distinguish ten different kinds of flowers. It was so interesting, so intriguing, and it captivated me at once, and I started following him since then.

Basically, he shares videos about his growing flower experiences and methods, and even life lessons, sometimes. From his video, you can totally tell that he is so smart, it's like everything in flower planting is just a piece of cake to him, he is almost, how to put it, omniscient in this field, I guess. The most impressive video was how he planted over 30 kinds of flowers in his

garden, according to different seasons. I mean, come on, that's more than difficult, it's very difficult, it's a daunting task. But, he did it! He shared how he bought different seeds in advance, and how he took care of the flowers day and night, and even how he took advantage of artificial light to provide special care. I was surprised to see this, no, I was more than surprised, I was stunned.

This is him, a superman in the flower planting field. I guess he plants flowers not only because they are a treat to the eyes, but also because they make you feel closer to nature. And I believe his videos are going to go viral on DouYin very soon.

主题词汇和亮眼表达：

distinguish：区分

in advance：提前

artificial light：人造光

a treat to the eyes：视觉盛宴

鼓励你做有趣事情的人

Describe a person who inspired you to do something interesting.

Some instructions you can follow:

Who the person is

What interesting thing you did

How this person inspired you to do this thing

And explain how you felt after this person inspired you to do something interesting.

His name is ZhongHuaXueZhang, which can be loosely translated as Mr. Flower. He is an influencer on DouYin, the Chinese version of TikTok. He creates videos about his growing flower methods and experience. He inspired and instructed me to plant flowers.

Last year, I had this impulse/urge to plant some flowers at home, but I had no expertise/knowledge in that field, not at all. And I found his video. The video, I still remember, was about how to distinguish ten different kinds of flowers. It was so interesting, so intriguing, and it captivated me at once, and I started following him since then.

I was deeply inspired and then followed his videos to plant flowers. The most impressive video was how he planted over 30 kinds of flowers in his garden, according to different seasons. I mean, come on, that's more than difficult, it's very difficult, it's a daunting task. But, he did it!

I followed his instruction: bought different seeds in advance, and took care of the flowers day and night, and even took advantage of artificial light to provide special care. After the jasmine sprouted, I was surprised to see this, no, I was more than surprised, I was stunned.

I felt so glad I started growing plants and followed his instruction. I guess I planted flowers not only because they are a treat to the eyes, but also because they make you feel closer to nature.

主题词汇和亮眼表达：

instruct sb to do sth: 指导某人做某事

impulse: 冲动

expertise: 专业知识

jasmine: 茉莉花

sprout: 开花

喜欢的节目

Describe a programme that you enjoyed very much (e.g. on TV or the internet).

Some instructions you can follow:

What the programme was about

Where you watched this programme

Who you watched it with

And explain why you enjoyed this programme so much.

I really enjoy an English-learning program on the internet, its name is Serendipity. It is hosted by an Internet celebrity. His name is CongMingXueZhang, which can be loosely translated as Mr. Smart. He is an influencer on DouYin, the Chinese version of TikTok. He creates videos in the program about his studying methods and experience.

Actually, I found out about this program by accident. My friend was browsing videos on DouYin the other day, and shared the program with me. The first video, I still remember, was about how to memorize difficult vocabulary in English. It was so interesting, so intriguing, and it captivated me at once, and I started following the program since then.

Basically, the program shares videos about the influencer's studying experiences, studying

methods, and even life lessons, sometimes. From the program, you can totally tell that the influencer is so smart, it's like everything in studying is just a piece of cake to him, he is almost, how to put it, omniscient, I guess. The most impressive video was how he managed to remember 1000 words in three days. I mean, come on, that's more than difficult, it's very difficult, it's a daunting task. But, he did it! He shared how he divided these words into different groups, and how he adopted various ways to memorize them, and even how he took advantage of different locations to consolidate the memories. I was surprised to see this, no, I was more than surprised, I was stunned.

I guess I followed the program not only because the influencer is smart, but also because deep deep down, the program resonates with me, I want to become smart, become brilliant, and become omniscient as well. And I believe this program is going to go viral on DouYin very soon.

主题词汇和亮眼表达：

serendipity:: 奇遇

be hosted by: 被 XX 主持

Internet celebrity: 网络红人

地

朋友的家

Describe the home of somebody who you know well.
Some instructions you can follow:
Whose home this is
How often you go there
What this home looks like
And explain how you feel about this person's home.

Actually, most of my friends live in the city like I do, but I have several relatives; they live in the countryside, and their homes in the countryside are quite appealing.

They live in a country cottage. It's not a super large one, but is a cozy place. It is located in a village; actually, I have always been very attached to the countryside. It is just so peaceful and quiet, or you may say, it is tranquil. It slows everything down and blocks out all the hustle and bustle of the city.

Their home has a yard as well. There I can be surrounded by the beauty of nature. And I can always find peace there. It's not a cliché, I really feel so. I do. In addition, you don't need someone else to tell you spring is here. Instead, you get to see the little buds and the sprouting flowers. I mean, you can see the change of seasons, and it's with your own eyes. Everything can be so natural, so real, and so tangible.

I like their country cottage also because I cherish the bonds between people. I mean, people living in the city are always so busy. They are always buzzing around, never willing to spare a second to say hi. You can feel the distance between people. We are separated by endless traffic jams, by all the tall, fancy but boring buildings. But when I was in the countryside, things were totally different. The community there is small but close-knit. People know each other, care about each other, and sympathize each other. It's good to know there is always a place for you.

会推荐给其他游客的我国的地方

Describe a part of your country that you would recommend to visitors.

Some instructions you can follow:

Which part of your country you would recommend

How you know about this part of your country

Whether many visitors go there

And explain why you would recommend this part of your country to visitors.

Well, I would recommend a modern city: Chengdu. My grandparents live there and I went there last summer. It is just so modern and fashionable, or you may say, it is cosmopolitan. It makes everything special, and you want to linger once you go there, especially because of the great food.

I go to Chengdu every summer. It is easier for me to feel the beauty of food when I am there. You can always feed your soul there. It's not a cliché, I really feel so. I do. In Chengdu, you don't need someone else to tell you dinner is ready. Instead, you get to see the various food and drinks along the streets. I mean, you can feel your saliva dropping. Everything can be so yummy, so delicious, and so palatable.

A lot of visitors go to Chengdu every year. Last summer, when I was in Chengdu, I found something even more meaningful: the bonds between people. I mean, people living in other big cities are always so busy. They are always buzzing around, never willing to spare a second to say hi. You can feel the distance between people. They are separated by endless traffic jams, by all the tall, fancy but boring buildings. But when I was in Chengdu, things were totally different. The community there is small but close-knit. People know each other, care about each other, and sympathize each other. It's good to know there is always a place for you.

主题词汇和亮眼表达：

cosmopolitan: 大都市的

linger: 常驻久留

feed your soul: 喂养你的灵魂

saliva: 唾液

palatable: 玉盘珍馐式的

受欢迎的运动场所

Describe a popular place for playing sport (e.g. a stadium, a sports centre) that you know about.
Some instructions you can follow:
Where this place for playing sport is
How you know about this place
Whether you have visited this place
And explain why you think this place for playing sport is popular.

Actually, this place I know is not a **regular** sports area; it's a **track**, a very long track starting at the center of the city, and going to the countryside, and finally back to the city. It's a track for long-distance **jogging**.

I found out about this track by accident. **I have always been very attached to the countryside. My grandparents live there and I went there last summer.** And at that time, I found this track, as well as a lot of people jogging.

I guess people enjoy using this track because **it is just so peaceful and quiet, or you may say, it is tranquil. It slows everything down, and blocks out all the hustle and bustle of the city.**

Last month, I joined the jogging team as well. It feels so good to jog in the countryside. **You can always find peace there. It's not a cliché, I really feel so. I do. In the countryside, you don't need someone else to tell you spring is here. Instead, you get to see the little buds and the sprouting flowers while you are jogging.** I mean, you can see the change of seasons, and it's with your own eyes. Everything can be so natural, so real, and so tangible.

Jogging on this track is a very good experience: you can exercise, and at the same time, the scenery along the way is also **a treat to the eyes**.

主题词汇和亮眼表达：

regular: 常规的

track: 道路

jogging: 慢跑

a treat to the eyes: 视觉盛宴

户外活动的场所

Describe a place you went to do an outdoor activity.

Some instructions you can follow:

Where you went and when

What outdoor activity you did at this place

Why you did this outdoor activity

And explain how you felt about doing the outdoor activity at this place.

Actually, this place I know is not a regular place for outdoor activities; it's a track, a very long track starting at the center of the city, and going to the countryside, and finally back to the city. It's a track for long-distance jogging.

I found out about this track by accident. I have always been very attached to the countryside. My grandparents live there and I went there last summer. And at that time, I found this track, as well as a lot of people jogging.

I guess I did jogging on this track because it is just so peaceful and quiet, or you may say, it is tranquil. It slows everything down, and blocks out all the hustle and bustle of the city.

Last month, I joined the jogging team as well. It feels so good to jog in the countryside. You can always find peace there. It's not a cliché, I really feel so. I do. In the countryside, you don't need someone else to tell you spring is here. Instead, you get to see the little buds and the sprouting flowers while you are jogging. I mean, you can see the change of seasons, and it's with your own eyes. Everything can be so natural, so real, and so tangible.

Jogging is a refreshing outdoor activity; jogging on this track is a better experience: you can exercise, and at the same time, the scenery along the way is also a treat to the eyes.

物

美丽的物品

Describe an object that you think is very beautiful.
Some instructions you can follow:
What the object is
Where you first saw the object
What it looks like
And explain how you feel about this beautiful object.

We Chinese have that kind of little thing, made by ourselves, and can protect us...how to say...like an **amulet**? That's very traditional, and almost everyone likes it. My mother made one for me.

I think it was my 19th birthday. My mother was being mysterious all day. She told me she had a big surprise for me. We met at a nice little restaurant as planned. She gave me a beautiful **bracelet made of string**, very beautiful. The string is brown, a very **noble and classic color**. She told me, she spent the whole day making it. I felt so excited, so happy, so, how to say, exhilarated to receive such a present.

She was not a professional **handicraftsman**. But this is a unique present. One of a kind! Think about it, she had to **search for the string**, design the look, and all the other stuff! After all, she could just buy one, right? But she did not. That made the present so special and so precious.

I think this is the point of giving handmade amulet. It's for protection, of course, but it also **represents** sincere relationship. **When you think about relationship between parents and kids**, or any other interpersonal relationships, it is always about loving and caring for each other. I mean, no one is an island. Sending a handmade **amulet** is the best way to say: we are bonding. When someone receives something so kind, so personal, so genuine, they will be touched.

主题词汇和亮眼表达：

amulet：护身符

string: 绳子

noble and classic color: 高贵而经典的颜色

handicraftsman: 手艺人

bracelet: 镯子

represent: 代表

自豪的照片

Describe a photo you took that you are proud of.
Some instructions you can follow:
Who or what was in your photo
When you took the photo
Why you took it
And explain why you are proud of this photo you took.

Actually this question is kind of tricky I guess, because I like all my photos, of course, but if I have to say which one I am proud of, there are not so many.

There is one photo I am proud of, and there is a cake in the photo. It was a handmade mousse cake, my girlfriend's favorite flavor! Actually, I made the cake for the second anniversary of her and me. I spent the whole day making the cake, and she felt so excited, so happy, so, how to say, exhilarated to receive such a present. And this is when I took the photo, to commemorate the moment.

And I still remember the end of that day, we talked a lot, from the cake to other stuff, it seems that there used to be a line, I mean, a boundary, between us, but because of the cake, the boundary was gone. We became much closer, and that's great. Actually, we took a lot of photos that day, her, me, and the cake.

When you think about friendship, or any other interpersonal relationships, it is always about loving and caring for each other. I mean, no one is an island. Sending a handmade gift is the best way to say: we are bonding. When someone receives something so kind, so personal, so

genuine, they will be touched. That's why I am proud of the cake I made, and also proud of the photo I took: they represent the relationship between me and my girlfriend.

主题词汇和亮眼表达：

commemorate: 纪念

represent: 代表

有趣的小说或故事

Describe a novel or a story you have read that you thought was particularly interesting.
Some instructions you can follow:
Why you read the novel story
What the novel/story was about
How long it took you to read it
And explain why you thought this novel/story was so interesting.

(如果背了 B 站哈利波特的例子的同学，也可以用那个)

Last year, I read a love story on the Internet. It was about a couple who broke up, but promised to meet once a year; the story documents their meetings over ten years.

I still remember one of the meetings. It was the 9th meeting. The heroine was being mysterious all day. She told the hero she had a big surprise for him. They met at a nice little restaurant as planned. She carefully placed a beautiful cake on the table. It was a handmade mousse cake, his favorite flavor! She told him, she spent the whole day making it. He felt so excited, so happy, so, how to say, exhilarated to receive such a present.

At the end of that day, they talked a lot, from the cake to other stuff, it seems that there used to be a line, I mean, a boundary, between them, but because of the cake, the boundary was gone. They became much closer, and that's great.

And the most interesting and shocking part was: the heroine was actually an AI robot, an identical version of the human being heroine. The human being heroine made it just to make sure the hero would not be very lonely after she dies.

The story was actually very short, and I spent just 2 hours reading it. But I love it, short, but romantic, and has a surprising plot twist.

主题词汇和亮眼表达：

document：记录（作为动词）

identical version：完全一样的版本

heroine：女主角

hero：男主角

plot twist：剧情反转

想再看一次的电影

Describe a film/movie you enjoyed and would like to see again.

Some instructions you can follow:

What the film/movie was

When and where you saw the film/movie

What the film/movie was about

And explain why you would like to see this film/movie again.

Last year, I watched a short film on the Internet. It was very low-budget and not that famous, but it deeply touched me. It was about a couple who broke up, but promised to meet once a year; the film documents their meetings over ten years.

I still remember one of the meetings. It was the 9th meeting. The heroine was being mysterious all day. She told the hero she had a big surprise for him. They met at a nice little restaurant as planned. She carefully placed a beautiful cake on the table. It was a handmade mousse cake, his favorite flavor! She told him, she spent the whole day making it. He felt so excited, so happy, so, how to say, exhilarated to receive such a present.

At the end of that day, they talked a lot, from the cake to other stuff, it seems that there used to be a line, I mean, a boundary, between them, but because of the cake, the boundary was gone. They became much closer, and that's great.

And the most interesting and shocking part was: the heroine was actually an AI robot, an identical version of the human being heroine. The human being heroine made it just to make sure the hero would not be very lonely after she dies.

The film was actually very short, and there was no fancy visual effect. But I love it and want to watch it again: it's short, but romantic, and has a surprising plot twist.

主题词汇和亮眼表达：

low-budget: 低成本的

document: 记录（作为动词）

identical version: 完全一样的版本

heroine: 女主角

hero: 男主角

fancy visual effect: 炫酷的视觉特效

plot twist: 剧情反转

事

享受的英文课

Describe an English lesson that you really enjoyed.

Some instructions you can follow:

Where the lesson took place

What the lesson was about

What the teacher did

And explain why you enjoyed this lesson so much.

Actually I don't really like the English lessons in my school, they are too normal, or, how to say, **dull**. But I did enjoy one lesson, it was given/**delivered** by an Internet celebrity: **his name is CongMingXueZhang**, which can be loosely translated as Mr. Smart. He is an influencer on DouYin, the Chinese version of TikTok. He creates videos about his studying methods and experience. He was invited to my school to give a lesson about English vocabulary learning.

In the lesson, he shared his studying experiences, studying methods, and even life lessons. From his words, you can totally tell that he is so smart, it's like everything in studying is just a piece of cake to him, he is almost, how to put it, omniscient, I guess. The most impressive **part of the lesson was about his personal experience/anecdote of memorizing words**: how he managed to remember 1000 words in three days. I mean, come on, that's more than difficult, it's very difficult, it's a daunting task. But, he did it! He shared how he divided these words into different groups, and how he adopted various ways to memorize them, and even how he took advantage of different locations to consolidate the memories. I was surprised to see this, no, I was more than surprised, I was stunned.

I enjoyed the lesson not only because the methods he shared were very **practical**, but also because, you know, since he is a celebrity on the Internet, that gives me **a sense of authority**, making me want to believe him.

主题词汇和亮眼表达：

dull：无聊的

deliver: 给（演讲）、上（课程）

anecdote: 故事、经历

practical: 有用的

a sense of authority: 权威感

成功完成的困难事情

Describe a time when you succeeded in doing something that was difficult.
Some instructions you can follow:
What you succeeded in doing
Why it was difficult to do
How much help you needed
And explain how you felt when you succeeded in doing this difficult thing.

In the past year, I guess the most difficult thing was preparing for the IELTS examination. And the difficulty started from the trouble in memorizing all the **essential words**.

Actually, I don't like memorizing words at all, and I think words hate me as well, so, at the very beginning, I had big trouble memorizing all the words. Until one day, **when I was browsing videos on DouYin and found out about an influencer's video. It was about how to memorize difficult vocabulary in English. It was so interesting, so intriguing, and it captivated me at once, and I started following him since then.**

From then on, I found memorizing English words not that difficult. I followed his **guidance** in the video and was able to memorize more and more words. **The most impressive video was how he managed to remember 1000 words in three days. I mean, come on, that's more than difficult, it's very difficult, it's a daunting task. But, he did it! He shared how he divided these words into different groups, and how he adopted various ways to memorize them, and even how he took advantage of different locations to consolidate the memories. I was surprised to see this, no, I was more than surprised, I was stunned.**

At last, I managed to memorize over 2000 words with the help of his video. I feel sincerely **grateful** to him and his video.

主题词汇和亮眼表达:

essential words: 核心单词

guidance: 指导

grateful: 感恩的

校外学到的东西

Describe something important that you learned, not in school or college.
Some instructions you can follow:
What you learned
How you learned it
How easy/difficult it was to learn
And explain why learning this was important to you.

The thing I learned has been very useful: it is about memorizing things, **all sorts of things**; it helped a lot in my study.

I learned it from a stranger. **His name is CongMingXueZhang, which can be loosely translated as Mr. Smart. He is an influencer on DouYin, the Chinese version of TikTok. He creates videos about his studying methods and experience.**

Actually, I still remember the first video I saw about him, it was about how to memorize difficult vocabulary in English. It was so interesting, so intriguing, and it captivated me at once, and I started following him since then.

Then I began to train myself to memorize all kinds of things. At first, it was really difficult, but things got better when I got familiar with it. His videos also provided a lot of tips. **The most impressive video was how he managed to remember 1000 words in three days. I mean, come on, that's more than difficult, it's very difficult, it's a daunting task. But, he did it! He shared how he divided these words into different groups, and how he adopted various ways to memorize them, and even how he took advantage of different locations to consolidate the memories. I was surprised to see this, no, I was more than surprised, I was stunned.**

So I applied this method into a lot of fields and it worked very well. Now it's not only English words, but also some other **stuff**, they can all be memorized in an easy way.

主题词汇和亮眼表达:

all sorts of things: 各种东西

stuff: 东西 (很口语化的说法)

分享某物

Describe a time when you had to share something with another person or other people

Some instructions you can follow:

What you had to share

Who you had to share with

Why you had to share

And explain how you felt about sharing something with another person other people.

This reminds me of last year: I had to give a presentation to share my English studying methods.

I said "I HAD TO share my methods" for some reasons. First of all, it was an obligation: everyone had to share their own methods; secondly, I really didn't want to, because I thought my methods were so lame. A student shared how to memorize difficult vocabulary in English. It was so interesting, so intriguing, and it captivated me at once, and I lost my confidence. From his sharing, you can totally tell that he is so smart, it's like everything in studying is just a piece of cake to him, he is almost, how to put it, omniscient, I guess.

The sharing was only three minutes, but I spent three weeks preparing for it. At last, I chose the most memorable experience to share with other students. I shared how I managed to remember 1000 words in three days. I mean, come on, that's more than difficult, it's very difficult, it's a daunting task. But, I did it! I think this was worth sharing. I shared how I divided these words into different groups, and how I adopted various ways to memorize them, and even how I took advantage of different locations to consolidate the memories. After my sharing, I found many students were surprised to hear this, no, they were more than surprised, they were stunned.

I was glad that they liked my sharing, and was grateful for the chance: it pushed me to break my limit and make a breakthrough.

主题词汇和亮眼表达:

obligation: 义务

lame: 很挫，很逊（是很口语的词）

break one's limit: 打破束缚

make a breakthrough: 做出突破

需要寻找信息

Describe a time when you had to find some information.
Some instructions you can follow:
What kind of information you had to find
Where you looked for the information
How much you enjoyed looking for the information
And explain why you needed the information.

This reminds me of last year: I had to give a presentation to share my English studying methods.

At that time, I was so nervous because my own methods were so **lame** and not worth mentioning, so I had to search on the Internet and **check out** what other people have in this **field**. I found a person sharing **how to memorize difficult vocabulary in English**. It was so interesting, so intriguing, and it captivated me at once. From his sharing, you can totally tell that he is so smart, it's like everything in studying is just a piece of cake to him, he is almost, **how to put it, omniscient, I guess**. At that time, I decided to quote his methods in my presentation.

I kept digging and found more information about his English studying methods. Actually, I really enjoyed the process, it was like my English had become better all of a sudden. I still remember the most **striking** information I found. It was about **how he managed to remember 1000 words in three days**. I mean, come on, that's more than difficult, it's very difficult, it's a daunting task. But, he did it! He shared how he divided these words into different groups, and how he adopted various ways to memorize them, and even how he took advantage of different locations to consolidate the memories. I was surprised to hear this, no, I was more than surprised, I was stunned.

Thanks to all the information I found, I gave a very **enlightening** presentation.

主题词汇和亮眼表达：

lame：很挫，很逊（是很口语的词）

check out：瞅一眼（是很口语的词）

striking：让人吃惊的

enlightening：具有启发性的

不同意某人

Describe a time when you disagreed with somebody about something.

Some instructions you can follow:

Who you disagreed with

What you disagreed about

What the result of this disagreement was

And explain how you felt about disagreeing with this person.

Actually, last month, I had a huge disagreement with my friend about how to memorize English words, specifically, the IELTS words.

The **trigger** was that my friend was browsing videos on DouYin the other day, and shared a video with me. The video, I still remember, was about how to memorize difficult vocabulary in English. It was so interesting, so intriguing, and it captivated me at once.

After watching the video, my friend said it was the **PERSISTENCE** that matters most in word memorizing. But I disagreed; I said: persistence is important, but we also need some skills, or the efficiency would be low.

She **insisted on** her claim and I did, as well. I also found another video to support mine. The video was about how a person managed to remember 1000 words in three days. I mean, come on, that's more than difficult, it's very difficult, it's a daunting task. But, he did it! He shared how he divided these words into different groups, and how he adopted various ways to memorize them, and even how he took advantage of different locations to consolidate the memories. I was surprised to see all the skills he used, no, I was more than surprised, I was stunned.

At last, my friend **caved** a little bit, and I was pretty happy about that. And we began to use the methods in the video to memorize English words from then on.

主题词汇和亮眼表达：

trigger: 诱因

persistence: 持之以恒，毅力

insist on one's claim: 坚持某人的观点

cave: 屈服

忘记的约定

Describe a time when you forgot an appointment
Some instructions you can follow:
When and where the appointment was
Why you forgot the appointment
What happened after you forgot the appointment
And explain how you felt about forgetting the appointment.

Actually it was last year, **more precisely**, it was my birthday, I forgot the appointment with my boyfriend/girlfriend.

On the previous day, my boyfriend/girlfriend **was being mysterious all day**. She told me she **had a big surprise for me**. The next day, we **were supposed to meet at a nice little restaurant as planned**. But I totally forgot about it, I guess it was because I was too busy with my schoolwork. When I arrived there, I was one hour late.

She was so **pissed**, and there was **a beautiful cake on the table**. It was a handmade mousse cake, my favorite flavor! She told me, she spent the whole day making it. I felt so excited, so happy, so, how to say, **exhilarated to receive such a present**. But because I was **horribly late**, she ate half of the cake.

And I still remember the end of that day, we talked a lot, from the cake to other stuff. **And she gave me a very long speech**. She said when you think about friendship, or any other interpersonal relationships, it is always about loving and caring for each other. **And most importantly, to remember every promise and appointment.**

Actually, I was glad it was my birthday that I was late for; if it had been his/her birthday, I

would have lost more than a cake.

主题词汇和亮眼表达：

more precisely: 更加准确地说

on the previous day: 在前一天

be so pissed: 生气到爆炸的程度

be horribly late: 严重迟到

收到钱作为礼物

Describe a time when someone gave you some money as a gift.

Some instructions you can follow:

Who gave you the money

Why they gave it to you

What you did with it

And explain how you felt about receiving this money.

I think it was five years ago. You know we Chinese have a tradition that when the New Year comes, the elder people would give money to the younger ones as a gift.

On that day, all my family members met at a nice little restaurant as planned. And my grandmother carefully placed a beautiful red envelope on the table. She told me, she spent the whole year preparing for it. I felt so excited, so happy, so, how to say, exhilarated to receive such a present. And I know for sure, there was money in the envelope.

As expected, it was some cash in it. But my grandmother said, it would be the last time that she gave me money as a gift—since I would turn 18 years old the next year and become a real adult, so the duty shifted to me to give money to others.

And I still remember the end of that day, we talked a lot, from the money to other stuff, it seems that there used to be a line, I mean, a boundary, between us, but because of the last money I received, the boundary was gone. We became much closer, and that's great.

When you think about family relationship, or any other interpersonal relationships, it is always

about loving and caring for each other. I mean, no one is an island. In China, giving money to the young is a good way to say: we are bonding.

I kept the money all the time. For me, it was more than a gift, it also represents love and responsibility.

主题词汇和亮眼表达：

know for sure: 确信

the duty shift to sb: 责任转到了某人身上

represent: 代表

自然界中看到塑料垃圾

Describe a time when you saw a lot of plastic waste in a natural environment (e.g. a park, a beach, a river).

Some instructions you can follow:

When and where you saw this plastic waste

How you think this plastic waste got there

Why you noticed it

And explain how you felt about seeing plastic waste in this natural environment.

This reminds me of last year when I went to the countryside and saw a huge amount of plastic waste.

I have always been very attached to the countryside. My grandparents live there and I went there last summer. It is just so peaceful and quiet, or you may say, it is tranquil. It slows everything down, and blocks out all the hustle and bustle of the city.

But last year, when I went there, it was so striking: I saw tons of plastic waste in the field, on the road, and some even in the river. The waste came from a factory. The factory was built several months ago and was not officially approved. It was totally profit-driven so it disposed of the waste everywhere.

The waste totally ruined my feeling for the countryside. I go to the countryside every summer. It is easier for me to feel the beauty of nature when I am there. You can always find peace there. It's not a cliché, I really feel so. I do. In the countryside, you don't need someone else to tell you spring is here. Instead, you get to see the little buds and the sprouting flowers. But now, because of the waste, all I can see is a mess, chaos, and disorder. I sincerely hope the factory will be shut down and all the waste can be handled in a good way.

主题词汇和亮眼表达：

a huge amount of: 大量的（加不可数名词）

striking: 让人吃惊的

tons of: 大量的（加可数或不可数名词）

be officially approved: 被官方批准

profit-driven: 被利益驱使

dispose of: 处理

chaos: 混乱

disorder: 无序

be shut down: 被关闭

handle: 处理

决定等待的时刻

Describe a time when you made a decision to wait for something.

Some instructions you can follow:

What you decided to wait for

What you did while you were waiting

How you felt while you were waiting

And explain why deciding to wait was a good/bad decision.

This reminds me of my 19th birthday. My best friend was being mysterious all day. She told me she had a big surprise for me. We promised to meet at a nice little restaurant. I arrived on time but she didn't show up, and that's how I started waiting for her.

During the waiting, I recalled the previous year, how I made a cake for her birthday. I carefully placed a beautiful cake on the table. It was a handmade mousse cake, her favorite flavor! I told her, I spent the whole day making it. She felt so excited, so happy, so, how to say, exhilarated to receive such a present.

When I was done with my **recollection/memory**, she was still on her way. I became kind of upset. But I persuaded myself not to **freak out/get angry**. **When you think about friendship, or any other interpersonal relationships, it is always about loving and caring for each other, and also waiting and mutual understanding.**

After one hour, she showed up, with a cake made by herself. She was late because the cake-making was too **time-consuming**. **She was not a professional chef but she had to search for the recipe, collect all the ingredients, and all the mixing and stirring! After all, she could just buy one, right? But she did not. That made the cake so special and so precious, and made all the waiting worthwhile.**

主题词汇和亮眼表达：

recollection: 回忆

freak out: 生气

mutual understanding: 双向理解

time-consuming: 费时间的

购物时发生的问题

Describe a problem you had when you bought something in a shop/store or online.

Some instructions you can follow:

What you bought

Where and when you bought it

What problem you had with it

And explain how you felt about having this problem.

This reminds me of the 19th birthday of my girlfriend. Something went wrong with the cake shop, and the whole event was ruined.

I bought a cake-DIY project in the shop and was able to make a cake by myself. I thought this idea was brilliant and would surprise my girlfriend. **I was not a professional chef. But this is a unique present. One of a kind! Think about it, I had to search for the recipe, collect all the ingredients, and all the mixing and stirring! After all, I could just buy one, right? But I did not. That made the cake so special and so precious.**

At last, I made it. The cake was not **gorgeous**, but it means a lot. **Sending a handmade gift is**

the best way to say: we are bonding. When someone receives something so kind, so personal, so genuine, they will be touched.

But the problem **came up**. My girlfriend and I met at a **nice little restaurant as planned**, and waited for the cake to be **delivered** to us. However, the delivery man was one hour late, and what's worse, he fell on the way and the cake **got smashed**. When we finally opened the box, the cake was like a **melted** ice-cream...

I got a **refund** from the cake shop at last, but I would rather have a perfect cake and my girlfriend's smile.

主题词汇和亮眼表达：

gorgeous: 极其美丽的

come up: 发生

deliver: 配送

smashed: 碎成渣渣的

melted: 融化的

refund: 退款