



## • Part3练习





# • What are the negative effects of not getting enough sleep?

• Well, there are tons of negative effects. Um, good sleep allows people to better retain information, so those who are sleep deprived can't absorb as much information as they want. This is particularly a problem for students who sacrifice their sleep to study. Their hope is to perform better in the classroom and in exams, but the reality is, they are not reaching their full potential because of the lack of sleep. So I think teachers have to play a larger role in encouraging students to get more sleep every day, for their health and also for their academic performance.





• What words and phrases have you learned?





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#### • What can be used to show someone's social status?

• If we're talking about someone having a great amount of wealth, well, it can be shown through the house they live in, the car they drive, and ... perhaps also the watch they wear. I think houses and cars are obvious, but as for watches ... people wear them to tell the time, but now that we have our phones for that, watches have become fashion accessories and um, having a really expensive branded watch can make someone look like that they're wealthy and come from a higher social status, I think.





• What words and phrases have you learned?





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- P1
- P1\*4=P2
- *longer P1=P3*





### •回答+扩展

- •原因
- 具体
- •过去/未来
  - Make it personal
  - •能扩展则充分扩展,不能扩展则自信停下
    - 主动扩展





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- 主动谈论过去, 证明观点
- •注意时态
  - Like a couple of days ago/a few weeks ago/several years ago ...
  - For example/instance, last weekend/month/summer ...
  - Actually/In fact ...
  - The last time I did sth was ...
  - I remember clearly/vividly that ...





- 主动谈论,进行对比
- 注意时态
  - But/However; ..., whereas ...
  - when I was younger/a kid/a child/in high school ...
  - back in the day
  - I used to ...
  - I would always ...; I would ... every day/twice a week
  - Things have changed a lot now
  - My life is very different now





• Is it easy for you to focus?





• When do you usually take public transportation, in your everyday life or when you are travelling?





### • What makes you happy?





• Are there shops selling ice cream where you live?





- 主动谈论未来, 证明观点
- 注意时态
  - Speaking of ...; Oh, by the way; Oh, this reminds me ...
  - Actually/In fact ...
  - I'm going to ...; I will ...; It's likely that I will ...
  - Hopefully ...
  - I'm really looking forward to it/doing sth





- 主动谈论未来, 进行对比
- 注意时态
  - But/However; ..., whereas ...
  - in the future, in the near future, in the foreseeable future
  - in the years to come, I imagine/I guess .../maybe/perhaps ...
  - when I'm older, I might ...





• Have you ever been to a zoo?





• Do you usually spend your days off with your parents or with your friends?





• Does it rain much in your city?





• Are you interested in films concerning outer space?





#### • *Part2?*





• Describe a website you often visit

- You should say:
  - how you found this website
  - what it is about
  - how often you visit it
- and explain why you often visit it