



"石马上登机!"



零基础全科雅思课

土豆教育出品

高途

T. 土豆教育

口语-Part1 口语话题之天气和做饭-课程讲义

第一部分 核心内容

一、Weather

1. 话题常见问题

- 1) What's the weather like where you live?
- 2) What kind of weather do you generally prefer?
- 3) Are you in the habit of checking the weather forecast? When/How often?
- 4) What do you think are the effects of climate change in recent years?

Tips:

- 运用逻辑架构法则并结合提问类型组织答案
- 积累话题相关表达

1) What's the weather like where you live?

[观点] It's the **typical** north China **weather pattern**. I mean **the 4 seasons are well-distinguished** where I live. [细节-分季节描述特点] It's hot in summer and cold in winter. **But** on spring and autumn days, it tends to be **moderate** and **slightly chilly**.

2) What kind of weather do you generally prefer?

[观点句] Mostly, I prefer hot weather, [解释原因-1] in which I usually feel more **energetic** and therefore more **active**. [解释原因-2] It's also more suitable for various outdoor activities. [细节-具体活动叙述] **Moreover**, it's a great enjoyment for me to **take a sunbath** while having a bottle of iced cola on a hot summer afternoon.

3) Are you in the habit of checking the weather forecast? When/How often?

[观点] Yeah, I **formed the habit of** checking the weather forecast when I was a high school student. [细节-故事叙述] **So now**, every day before I go to work, I just **check the updated info** on my cellphone. **So that** I can decide what clothes I should wear and whether I should bring an umbrella.

4) What do you think are the effects of climate change in recent years?

[观点] I reckon that climate change is **the underlying reason for** several other **phenomena** and changes. [细节-从环境和个人感受方面解释] **Most obviously**, global warming has become more serious. The temperature record has been broken repeatedly. **And** a pretty **heart-breaking** truth is that many species have become **endangered** and even **extinct**.

2. 亮点表达

1) 天气&气候相关

typical	slightly chilly
weather pattern	phenomena
the underlying reason for	endangered
moderate	extinct
the 4 seasons are well-distinguished	

2) 个人感受&活动

energetic	active
take a sunbath	I reckon ...
form the habit of ...	heart-breaking
check the updated info	

3. 亮点表达拓展

1) 形容天气特点

unpredictable	tropical storms
pretty consistent weather	typhoons
scorching/boiling	droughts
freezing cold/chilly	misty/gloomy

humid/damp/muggy

above/below zero

It tends to rain/snow a lot where I live.

The pollution is really bad.

2) 个人感受和活动

depressed/sluggish/sweaty/pessimistic

rejuvenated/in a good mood

bundle up/put on an extra layer/dress warm

wear comfortable clothing

go outdoors/take a walk/hang out with friends

stay indoors

二、Cooking

1. 常见问题

- 1) Do you like cooking?
- 2) Who usually does the cooking in your family?
- 3) Do you want to learn how to cook well?
- 4) Do you do some cooking/help your family cook at home now?

Tips:

- 运用逻辑架构法则并结合提问类型组织答案
- 积累话题相关表达

1) Do you like cooking?

[观点] Yes, I'm actually a fan of being in the kitchen. [细节-解释原因]

Preparing something to eat is always a pleasure for me. When I cook, I can **break up** the **routine** of my day and kick my **mental exhaustion**. **Besides**, I'm always **thrilled** to prepare special dishes or desserts for my family on weekends.

2) Who usually does the cooking in your family?

[观点] Both of my parents cook in my family, but I would say my mom is the chef. [细节-描述特点] **Though** my dad can make **a variety of dishes**, he is

quite busy and doesn't have enough time to prepare meals. On the other hand, my mom is keen on cooking. She loves **experimenting with** different ingredients and actively tries to **collect new recipes** on the internet.

3) Do you want to learn how to cook well?

[观点] Yes, I'd like to. [细节-解释原因] I'll **be studying** abroad in the future.

That is to say, I'll have to cook by myself when I **feel bored with exotic** food. I'll definitely miss the taste of my homemade food. If I could cook well, I can at least **soothe my homesickness**.

4) Do you do some cooking/help your family cook at home now?

[观点] Yes, I try to **share some responsibilities with** my parents and **help around the house**. [细节-举例说明做的事] But I should say that I'm not very **experienced in** cooking, so all I can do is some **prep work**, such as peeling potatoes and slicing onions, etc.

- **细节-举例说明**: 协助做一些准备工作: 削土豆、切洋葱等
- **其他相关表达**: set the table 布置餐桌

rinse the veggies 洗菜

2. 亮点表达

1) 个人感受、行为等

mental exhaustion

thrilled

exotic

feel bored with

soothe my homesickness

share some responsibilities with

experienced in

2) 做饭相关表达

break up the routine

a variety of dishes

experiment with

collect new recipes
help around the house
chef
prep work

3. 亮点表达拓展

1) 描述个人感受&行为

Cooking is my passion.
have a knack for cooking
learn some basic recipes/cook simple dishes
set the table
rinse the veggies
prepare various kinds of ingredients

Cooking is not my thing.
such a challenge for me
be occupied by personal affairs
eat out/order food delivery
time-consuming

2) 烹饪技巧&常见菜品【用于举例】

stir-fry some vegetables with sauces
blend/mix together all the ingredients
chop/slice/dice the carrots
boil the water/eggs
soft-boiled/poached/scrambled/ eggs
roast chicken/meat/lamb/duck
fried dumplings/rice/chicken

3) 做饭—影响

cultivate hands-on abilities
live independently
keep a balanced diet/live a healthy life
a must-have skill
bring me a sense of satisfaction

第二部分 语言知识

一、单词

sluggish /'slʌɡɪʃ/ adj. 缓慢的; 迟缓的; 懒洋洋的

sweaty /'sweti/ adj. 满是汗的; 汗津津的; 汗水湿透的

pessimistic /,pesɪ'mɪstɪk/ adj. 悲观的; 悲观主义的

bundle up 使穿暖; 把.....捆扎

slice /slaɪs/ v. 把...切成(薄)片

soothe /su:ð/ v. 安慰; 抚慰; 劝慰

homesickness /'həʊmsɪknəs/ n. 思乡, 乡愁

have a knack for 有本事.....

recipe /'resəpi/ n. 烹饪法; 食谱

rinse /rɪns/ v. (用清水) 冲洗, 洗刷

stir-fry /'stɜ: fraɪ/ v. 翻炒; 炒; 煸

sauce /so:s/ n. 调味汁; 酱

dice /daɪs/ v. 将(肉、菜等)切成小方块; 将...切成丁

poach /pəʊtʃ/ v. 小火煮的; n. 烹煮

scrambled eggs 炒蛋

independently /,ɪndɪ'pendəntli/ adv. 独立地; 自立地

二、语法

But I should say that I'm not very **experienced in** cooking, so all I can do is

some **prep work**, **such as** peeling potatoes and slicing onions, etc.

I should say that 主句部分，主谓宾结构，宾语为 that 引导的宾语从句，从句中为主系表结构。连词 so 后面的句子为主系表结构，主语部分为 all I can do，表语后面使用举例表达 such as 进行举例。