



"石马上登机!"





# 零基础全科雅思课

土豆教育出品

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# Part1 口语话题之服装和周末-课程讲义

## 第一部分 核心内容

### 一、Clothing

#### 1. 话题常见问题

- 1) What's your favourite colour for clothes?
- 2) What kind of clothes do you usually wear?
- 3) Do you wear the same style of clothes on weekdays and weekends?
- 4) How often do you go shopping for clothes?

#### Tips:

- 运用逻辑架构法则并结合提问类型组织答案
- 积累话题相关表达

#### 1) What's your favourite colour for clothes?

[观点] My favourite colour at the moment is black, but I have to say that my **taste** changes **from time to time**. [细节-故事叙述] I have just bought some black items recently, which I find **surprisingly suit my complexion**. It feels like I become more mature and mysterious when wearing a black jacket.

#### 2) What kind of clothes do you usually wear?

[观点句] I usually wear casual clothes made of **stretch fabric**, [细节-解释原因] because I am always **chasing** comfort and ease of movement. I can't stand **feeling trapped** in my clothes. **Plus**, casual clothes don't draw so much attention to me, and I prefer **keeping a low profile** in my daily life.

#### 3) Do you wear the same style of clothes on weekdays and weekends?

[观点] No, I don't. I actually follow different **routines of life** throughout the week.

[细节-具体描述:平时和周末] During weekdays, I prefer wearing **business casual**, which helps me **maintain a professional image**. **But** when it comes to the weekend, I won't miss any opportunities to engage in outdoor activities to release my pressure, so I usually wear **tracksuits** on weekends.

#### 4) How often do you go shopping for clothes?

[观点] Honestly, there's hardly any regular **frequency** that I follow to shop for clothes. [细节-具体情况] Most of the time, it happens pretty **accidentally**. I mean, whenever I **come across** a nice piece that is really **to my liking**, I'll quite probably pay for it. **Besides**, there are also shopping festivals, during which most brands would **offer significant discounts**. **And** it would seem to **be a loss** if I didn't buy anything.

## 2. 亮点表达

### 1) 个人感受&想法

|                               |                    |
|-------------------------------|--------------------|
| taste                         | suit my complexion |
| feel trapped                  | keep a low profile |
| routine of life               | come across        |
| be a loss                     | to my liking       |
| maintain a professional image |                    |

### 2) 服装类型&材质

|                |                 |
|----------------|-----------------|
| stretch fabric | business casual |
| tracksuit      |                 |

### 3) 表示频率、时间

|           |                   |
|-----------|-------------------|
| frequency | from time to time |
|-----------|-------------------|

### 4) 其他

|                             |              |
|-----------------------------|--------------|
| offer significant discounts | surprisingly |
|-----------------------------|--------------|



### 3. 亮点表达拓展

#### 1) 服装的风格、类型、元素

|                                    |                       |
|------------------------------------|-----------------------|
| blazer                             | tassel                |
| hoodies/sweatshirts                | floral patterns       |
| accessories                        | strip/check/polka dot |
| a knee-length skirt                | sporty                |
| a short-sleeved/long-sleeved shirt | vintage clothes       |

#### 2) 形容服装&人

|                                 |                    |
|---------------------------------|--------------------|
| loose-fitting/baggy             | dressy             |
| oversized                       | elegant            |
| conservative                    | flattering         |
| chic/fashionable/stylish/classy | smart              |
| formal/casual                   | be back in fashion |

#### 3) 个人感受和活动

fashion-conscious  
 be named as ... with the expectation of  
 have unique meanings  
 characters with beautiful meanings  
 represent  
 be proud of

## 二、Weekends

### 1. 常见问题

- 1) What do you usually do on weekends?
- 2) Did you do anything special last weekend?
- 3) What will you do next weekend?
- 4) What do other people in your hometown usually do on weekends?

**Tips:**

- 运用逻辑架构法则并结合提问类型组织答案
- 积累话题相关表达

### 1) What do you usually do on weekends?

[观点] I spend most of my time **chilling out** at the weekend. [细节描述-具体做什么]

The first thing I'll do, of course, is to **lie in** till lunchtime. After that, I may either meet up with my friends in a nearby restaurant or just **kick back and relax** at home with a good movie.

### 2) Did you do anything special last weekend?

[观点] To be honest, I didn't do anything **spectacular** last weekend, [细节-解释

原因+具体活动] since recently I've just completed some **laborious tasks** at work and therefore felt a little exhausted. So I just lay on my bed for hours, watching my favourite show and **treating myself to** a big meal.

### 3) What will you do next weekend?

[观点] I've **made an appointment** with my roommates to visit the Beijing Universal Studios together, which has become one of the most popular weekend **destinations** since it was opened to the public. [细节-具体活动] Both of us are great fans of Harry Potter and we plan to **check out** the Hogwarts School. Quite probably, we would buy a magic wand home as a **souvenir**.

### 4) What do other people in your hometown usually do on weekends?

[观点] As far as I know, people have a lot of things to do on weekends. [细节-

分人群展开] For elderly people with **green fingers**, gardening is a **much-loved pastime**. Some may also join a club in the community to **develop their hobbies**. Meanwhile, the young usually **immerse themselves in** beautiful landscapes on a short road trip to **escape the hustle and bustle of city life**.

## 2. 亮点表达



### 1) 活动&感受

|                                           |                       |
|-------------------------------------------|-----------------------|
| chill out                                 | laborious tasks       |
| lie in/sleep in                           | treat myself to ...   |
| meet up with friends                      | make an appointment   |
| kick back and relax                       | destination           |
| spectacular                               | check out             |
| souvenir                                  |                       |
| as far as I know                          | green fingers         |
| much-loved                                | pastime               |
| develop their hobbies                     | immerse themselves in |
| escape the hustle and bustle of city life |                       |

### 3. 亮点表达拓展

#### 1) 周末活动-宅家

cook a dish I've been intending to experiment  
 spend quality time with my family  
 invite my friends over for an awesome dinner party  
 enjoy a movie night  
 prepare a to-do list for the upcoming week  
 learn a new language

#### 2) 周末活动-外出

hit the gym/take vigorous exercise  
 go on a weekend camping trip  
 go for a lovely morning/evening walk  
 experience a manicure session  
 go for a massage  
 go on a shopping spree

#### 3) 感受&收获

make the most of my time  
 enjoy a bit of downtime

keep me refreshed

help with mental and physical fitness

establish and maintain a special bond among family members

## 第二部分 语言知识

### 一、单词

surprisingly / sə'praɪzɪŋli / adv. 惊人地, 出人意料地

complexion /kəm'plekʃn/ n. 面色; 肤色; 气色; (事物的) 性质, 特性

mysterious /mɪ'stəriəs/ adj. 神秘的; 奇怪的; 不易解释的

stretch fabric 松紧织物; 延伸织物

keep a low profile 保持低姿态; 避免引人注目

tracksuit /'træksu:t/ n. 宽松暖和的衣裤; 运动服

accidentally /,æksɪ'dentəli/ adv. 意外地, 偶然地; 意外失误地

blazer /'bleɪzə(r)/ n. 夹克

tassel /'tæsl/ n. 流苏, 穗, 缨

hoodie /'hudi/ n. 连帽运动衫

sweatshirt /'swetʃɜ:t/ n. (长袖) 运动衫

accessory /ək'sesəri/ n. (衣服的) 配饰

polka dot 圆点花样的布料

dressy /'dresi/ adj. 漂亮雅致的; 讲究的; 正式的

presentable /prɪ'zentəbl/ adj. 像样的; 体面的

laborious /lə'bo:riəs/ adj. 耗时费力的; 辛苦的

wand /wɒnd/ n. 魔杖

the hustle and bustle 喧嚣气氛

vigorous /'vɪɡərəs/ adj. 充满活力的; 果断的; 精力充沛的

manicure /'mæɪnkjʊə(r)/ n. 修剪指甲; 指甲护理

downtime /'daʊntaɪm/ n. 停工; 休息

refreshed /rɪ'freʃt/ adj. 恢复精神的, 使清凉, 精神焕发, 神清气爽的

## 二、语法

1. I've **made an appointment** with my roommates to visit the Beijing Universal Studios together, which has become one of the most popular weekend **destinations** since it was opened to the public.

主句部分 I've made an appointment 为主谓宾结构, 后面加 with 的介词短语, 不定式修饰宾语部分; which 引导非限制性定语从句对 the Beijing Universal Studios 进行修饰限定, 定语从句为主谓宾结构 (现在完成时态); since 引导时间状语从句, 从句中为被动语态。

2. To be honest, I didn't do anything **spectacular** last weekend, since recently I've just completed some **laborious tasks** at work and therefore felt a little exhausted.

To be honest 独立成分, 表示评论或附加说明; 主句部分 I didn't do anything **spectacular** last weekend 主谓宾结构; since 引导原因状语从句, 从句中为主谓宾结构, and 后面并列另外一个系表结构。