



"石马上登机!"



零基础全科雅思课

土豆教育出品

高途

T.

土豆教育

Part1 口语话题之运动和读书-课程讲义

第一部分 核心内容

一、Sports

1. 话题常见问题

- 1) What sports do you like?
- 2) Where did you learn how to do it?
- 3) Did you do some sports when you were young?
- 4) Do you think students need more exercise?

Tips:

- 运用逻辑架构法则并结合提问类型组织答案
- 积累话题相关表达

1) What sports do you like?

[观点] My favourite sport is basketball. [细节-解释原因&举例子] The main reason is that it's a team sport, which provides more opportunities for me to learn meaningful things such as responsibility, unity, teamwork and bravery.

2) Where did you learn how to do it?

[观点句] It was in my primary school that I learnt to play basketball. [细节-故事叙述] My P.E. teacher was a young man who **was** quite **passionate about** this sport, **and** he used to teach us the basic skills. **As far as I can recall**, playing basketball became the most popular sport in our school **under his influence**.

3) Did you do some sports when you were young?

[观点] Yes. I preferred team sports when I was little, [细节-解释原因] mainly because team sports encourage **interaction** and **cooperation** with other players, **thus** improving the skill level of an individual team member further, which wouldn't be possible **otherwise**.

4) Do you think students need more exercise?

[观点] I have to say that's more of a **personal choice**. But generally speaking, it doesn't seem so necessary. [细节-具体情况] Chinese schools hold regular P.E. classes and some even have strict rules that require students to do sports for a certain length of time **on a daily basis**. Students who have a greater interest in particular sports can **devote** more time. While for the others, what they are doing is pretty enough.

2. 亮点表达

1) 运动相关

responsibility

unity

interaction

teamwork

cooperation

bravery

on a daily basis

2) 个人活动相关

be passionate about

as far as I can recall

under his influence

a personal choice

devote

otherwise

have a closer look at

The main reason is that...

3. 亮点表达拓展

1) 运动类型&特点

do yoga/Pilates
aerobic/cardio exercise
strength training
work out/hit the gym

take a brisk walk
go jogging/cycling
play Frisbee
break a sweat

2) 感受和影响

a sporty person
a fitness fanatic
be a big part of my life
athletic talent
improve my stamina/balance/flexibility
lower the risk of heart attack/diabetes

let off steam
get rid of muffin-top
get into shape
increase immunity

二、Reading

1. 常见问题

- 1) Do you often read?
- 2) Are your reading habits now different from before?
- 3) Have you ever read a novel that has been adapted into a film?
- 4) Which do you prefer, reading books or watching movies?

Tips:

- 运用逻辑架构法则并结合提问类型组织答案
- 积累话题相关表达

1) Do you often read?

[观点] Yes, indeed. **[解释原因-1]** As a student who is majoring in English Literature, my courses require me to do quite a lot of reading. So **literally** I read all the time. **[解释原因-2]** Besides, I'm a **bookworm** and **particularly keen on** reading **detective novels**. **[进一步补充说明]** Those **well-constructed plots** can always **catch my attention** and keep me reading every day.

2) Are your reading habits now different from before?

[观点] Yes, sure. The **genres** that I'm interested in have changed a lot. [对比比

较: 过去] I used to be more fascinated with **fairytales** and sci-fi, which tend to be more romantic and **imaginary**. [现在] As I grew up, I turned to be more easily attracted by the **suspense-hanging plots** of detective novels.

3) Have you ever read a novel that has been adapted into a film?

[观点] Yes, I have. But I have to say **in most cases**, it's the film that **sparks my interest** and **stimulates** me to read the original work. [细节-描述感受] If it's **the other way around**, I often go to the cinema with too much **expectation** and end up with some disappointment, as **either** the story has been **over-adapted** **or** the actors fail to match my own imagination.

4) Which do you prefer, reading books or watching movies?

[观点] Watching movies is definitely a better choice. [对比比较-看电影] Within 2 hours, I can experience great **visual and audio enjoyment**, which comes easier and more direct. [对比比较-读书] I have to admit that it's more demanding to hold a book to read **page after page**. **Although** I can often have more thinking while reading, it costs me more time and requires a lot of concentration.

2. 亮点表达

1) 类型和特点

genres

detective novels

well-constructed plots

visual and audio enjoyment

fairytales

over-adapted

suspense-hanging plots

2) 影响&感受

spark my interest	catch my attention
stimulate	bookworm
expectation	imaginary
I have to admit that...	in most cases
the other way around	literally

3. 亮点表达拓展

1) 书籍类型&特点

non-fiction	mystery
current affairs	thriller
poetry	romance
biography/autobiography	literature
storyline	protagonist/character

2) 描述&评价

informative	gripping
enchanting	intriguing
thought-provoking	unrealistic
a real page-turner	adventurous
a tearjerker	whimsical

3) 阅读习惯&感受

a big reader/an avid reader	develop empathy
self-exploration	boost creativity
couldn't put it down	foster imagination
I see myself a bit in the character of...	
Books can be both an escape and an adventure.	

第二部分 语言知识

一、单词

bravery /'breɪvəri/ n. 勇敢之举; 勇敢

interaction /,ɪntər'ækʃ(ə)n/ n. 互动, 交流; 相互影响, 相互作用

Pilates /prɪ'lɑːtiːz/ n. 普拉提

brisk /brɪsk/ adj. 快的; 敏捷的; 忙碌的

aerobic /eə'reʊbɪk/ adj. 有氧的

cardio /'kɑːdiəʊ/ n. 有氧运动

play Frisbee 玩飞盘

muffin-top 腰腹赘肉

diabetes /,daɪə'biːtiːz/ n. 糖尿病; 多尿症

bookworm /'bʊkwɜ:m/ n. 极爱读书的人; 书迷; 书虫

well-constructed adj. 结构合理的

genre /'ʒɒnrə/ n. (文学、艺术、电影或音乐的) 体裁, 类型

detective /dɪ'tektɪv/ n. 侦探; 警探

visual /'vɪʒuəl/ adj. 视力的; 视觉的

audio /'ɔːdiəʊ/ adj. 声音的; 录音的

thriller /'θrɪlə(r)/ n. 惊险小说 (或戏剧、电影)

biography /baɪ'ɒgrəfi/ n. 传记

autobiography /,ɔːtəbaɪ'ɒgrəfi/ n. 自传

literature /'lɪtrətʃə(r)/ n. 文学

storyline /'stɔːrilaɪn/ n. 故事情节

protagonist /prə'tæɡənɪst/ n. (戏剧、电影、书的) 主要人物, 主人公, 主角

informative /ɪn'fɔːmətɪv/ adj. 信息丰富的

gripping /'ɡrɪpɪŋ/ adj. 引人入胜的

enchancing /ɪn'tʃɑːntɪŋ/ adj. 迷人的

intriguing /ɪn'trɪːɡɪŋ/ adj. 有趣的

thought-provoking /'θɔːt prəvəʊkɪŋ/ adj. 发人深省的; 引人深思的

unrealistic /ˌʌnrɪə'lɪstɪk/ adj. 不现实的

a real page-turner 一本真正引人入胜的书

adventurous /əd'ventʃərəs/ adj. 有冒险精神的; 大胆开拓的

tearjerker /'tiədʒɜːkə/ n. 催人泪下的书或电影

whimsical /'wɪmzɪk(ə)/ adj. 离奇古怪的, 异想天开的

avid /'ævɪd/ adj. 热切的

二、语法

1. I preferred team sports when I was little, mainly because team sports encourage **interaction** and **cooperation** with other players, **thus** improving the skill level of an individual team member further, which wouldn't be possible **otherwise**.

主句部分 I preferred team sports 为主谓宾结构; when 引导时间状语从句, 从句为主系表结构; 后面跟 because 引导原因状语从句, 从句为主谓宾结构, with 介词短语; thus 后面跟动词 ing 形式, 表示结果; which 引导非限制性定语从句, which 在从句中作主语, 主系表结构。

2. If it's **the other way around**, I often go to the cinema with too much **expectation** and end up with some disappointment, as **either** the story has been **over-adapted** **or** the actors fail to match my own imagination.

If 引导条件状语从句，从句为主系表结构；主句部分为主谓宾结构，两个并列的谓宾结构 go to the cinema 和 end up with some disappointment；as 引导原因状语从句，从句为 either...or...连接的两个并列句，前一个句子 the story has been over-adapted, 现在完成时的被动语态；后一个句子 the actors fail to match my own imagination 为主谓宾结构。